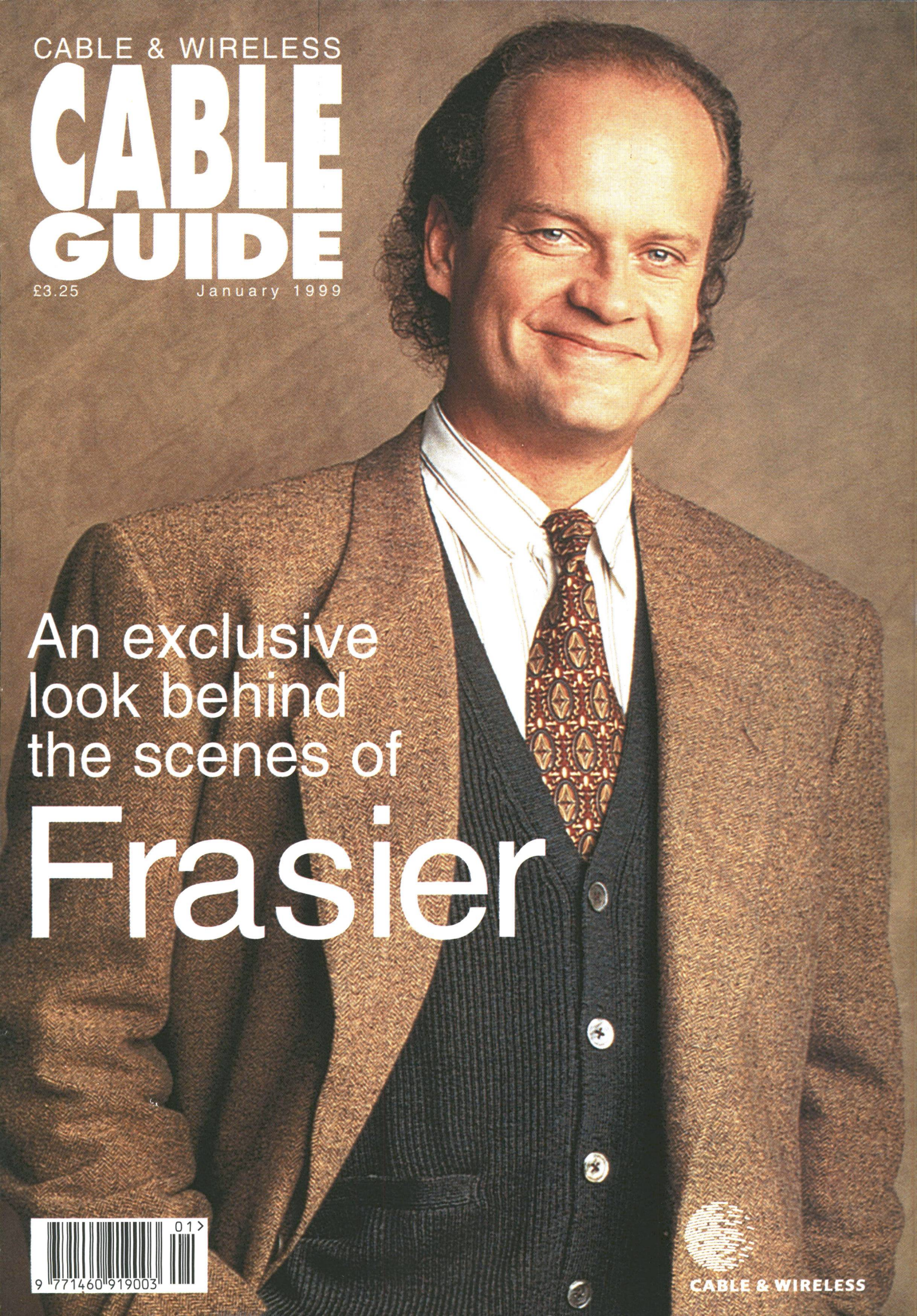

CABLE & WIRELESS
CABLE GUIDE
£3.25
January 1999
An exclusive look behind the scenes of
Frasier
01
9 771460 919003
CABLE & WIRELESS

Cut out and stick in your front window

GO AWAY!

Would all tea towel salesmen, Jehovah's Witnesses and unannounced visitors (including relatives) kindly refrain from knocking on our door on the evening of Thursday 7th January. We are watching the new series of Friends and ER on Sky One and do not wish to be disturbed under any circumstances.

Thank you for your co-operation.

SKY one

New series of Friends and ER
starts Thursday 7th January from 9pm.
First on Sky One.

CABLE & WIRELESS

Editor
ROBIN JAROSSI
Deputy Editor
WARD HELLEWELL
Art Editor
PETER WEST
Deputy Art Editor
PAUL BOOTHROYD
Assistant Editor, Features
CLARE DEVANE
Chief Sub, Features
GRAHAM OLIVER
Listings Editor
IAN MACPHAIL
Picture Editor
ANNY CHETTLEBOROUGH
Listings Sub Editor
CHRISTINE BETTS
Sub Editor
PHILIPPA BEGLIN
Production Manager
JUDI BLOCKHUYSEN
Production Assistant
SALLY WEBB
Advertisement Manager
SUE DAVISON
Managing Director
MIKE ROBERTS

Cable Guide is published by *Cable Guide* Limited at 172 Tottenham Court Road, London W1P 0JJ. Tel 0171-419 7300. Fax 0171-419 7299
Regrettably, *Cable Guide* cannot deal with service inquiries from Cable TV or telephone subscribers. Please call your local customer service office on the numbers listed below.
E-mail: cableguide@cablegde.demon.co.uk
Registered Office: Telewest Communications Group, Unit 1, Genesis Business Park, Albert Drive, Woking, Surrey GU21 5RW.
Registered in England No. 2025654.
ISSN 1460-9193.
Repro by Digital Response, London.
Printed by St Ives plc.
© *Cable Guide* Limited 1999

ABC AUDIT BUREAU OF CIRCULATIONS CONSUMER PRESS
1,603,006
Circulation January-June 98

CABLE & WIRELESS CONTACT NUMBERS
QUICK-FIND GUIDE TO YOUR CABLE & WIRELESS CUSTOMER SERVICE

London (formerly Bell Cable Media) 0171-363 3000
Leeds 0113-293 9393
Peterborough 01733 778899
Norwich 01603 445566
South Herts 01923 464646
Wearside 0645 111211
Ashford 0645 111211
London (formerly Videotron) 0181-244 1111
Southampton 01703 315315
Sussex, Wessex, Bromley, Surrey, Solent, North West, Bolton, East Lancs and Derby 0345 114455

Certain channels detailed in *Cable Guide* may not be available in your area. Please check your Channel Guide for details. All information correct at time of going to press and applicable to residential customers only. Cable & Wireless service available only at serviceable locations.

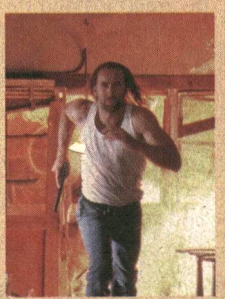
COVER PHOTO: NBC. CONTENTS PHOTOS: BSKYB, EUROSPORT, DISCOVERY, BRIAN RASIC/REX FEATURES.

Contents

Brian Viner This month's highlights on cable Pages 2, 3
Mercy Point We look at the new Sci-Fi Channel space drama Page 4
Friends A sneak preview of series five Pages 6, 7
Frasier Behind the scenes of the hit show Pages 8-10
ER It's goodbye to George Clooney as the medical drama returns Pages 12, 13
Xena: Warrior Princess Why she's an icon around the world Page 13
Emma B The model from Hastings gets a flying start Pages 16, 17
Sky Box Office January's movies on-demand Pages 18, 19
Film Planner – A-Z guide to this month's movies Pages 20-24
Sports Diary All the month's big sporting events Pages 25-28
Your Programme Guide – the day-by-day guide to January's Cable TV Pages 30-214
Prize Crossword Plus cable channel contacts Page 41
Power Cable What's on for younger viewers Page 71
Recipe and Love Stars Mouthwatering treats plus your month's horoscopes Page 95
Sci-Fi Zone Out-of-this-world viewing Page 101
Loud! The month's best music on cable Page 137
Viewers' Views Tell us what you think Page 216

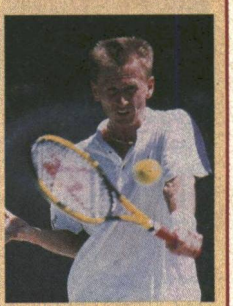
Films

CON AIR: Nicolas Cage stars on Sky Premier, Saturday 16th
ONE FINE DAY: romantic comedy on Sky Premier, Saturday 23rd
SWINGERS: cult comedy on Sky MovieMax, Sunday 31st



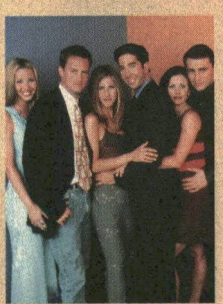
Sport

AUSTRALIAN OPEN TENNIS: Eurosport, starts Monday 18th
ARSENAL V CHELSEA: live on Sky Sports 1, Sunday 31st
CRICKET: fifth Ashes Test, live on Sky Sports 2 from Friday 1st



Comedy

FRIENDS: series five starts on Sky One, Thursday 7th
VERONICA'S CLOSET: new second series on Sky One, starts Thursday 7th
RHODA: Seventies sitcom new on UK Gold, from Monday 18th

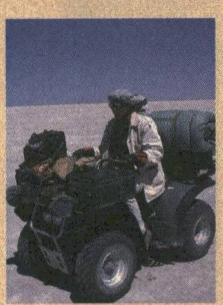


Drama

ER: new fifth series on Sky One, starts Thursday 7th
DYNASTY: classic American soap on UK Gold from Monday 4th
JAG: the new fourth series starts on Sky One, Saturday 16th

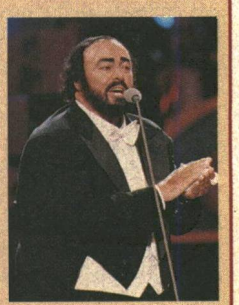
Factual/Talk Shows

UNCHARTED AFRICA: new series on Discovery, starts Friday 8th
LIVETIME WITH JULIE GOODYEAR: on Granada Breeze from Monday 4th
CHANGING ROOMS DAY: on UK Style, Friday 1st



Music

PAVAROTTI & FRIENDS: the legendary tenor in concert, VH1, Friday 1st
TOP 100 VIDEOS OF ALL TIME: on VH1 Sunday 3rd
REM UPLINK: premieres on MTV, Saturday 16th

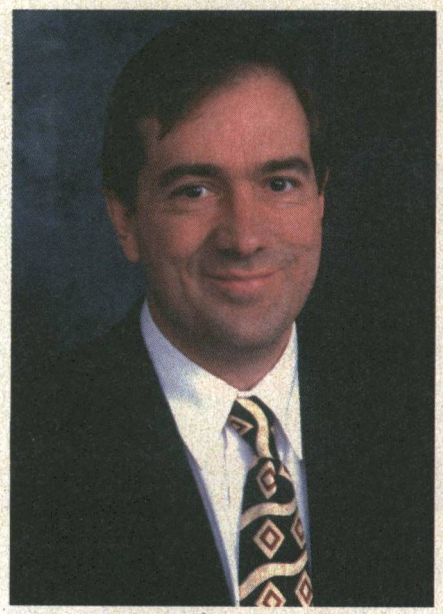


CORRECTION

Last month's *Cable Guide* featured an article referring to the Cable & Wireless Internet service. The call charges should have read 0.75p, (less than 1p per minute) and not 75 pence. *Cable Guide* apologises for any confusion.

Words: Brian Viner

Outrageous aliens, crushed feeling –



PHOTOS: NBC, BSKYB, UK GOLD, BEVERLY JOUBERT/NATIONAL GEOGRAPHIC

IMPROBABLY, Nick Halling is a follower of both Southampton FC and the Pittsburgh Steelers. He knew nothing about American football before 1982, but then Channel 4 started covering the sport and he got hooked. 'I knew that if I was going to get into it then I would have to support a team,' he explains. 'So I decided to follow the first team I saw win a game and it was the Steelers.' Now, Halling – who is currently *The Independent*'s American football correspondent – is about to become the first Englishman to commentate on a Superbowl. Channel 4 always used American coverage, but Sky Sports, who this year have the event exclusively for the first time, have asked Halling to take the microphone when battle commences on 31 January at the Pro Player Stadium in Miami.

In Britain, the popularity of American football peaked in 1986 when an NFL game took place in London between the Dallas Cowboys and Chicago Bears – whose defensive tackle, a man mountain called William Perry, otherwise known as 'The Refrigerator', briefly became the darling of the British media. Now, the sport has a small but enthusiastic following here, while in America, of course, it is huge. Apart from the odd interloper such as the 'Who Shot JR?' episode of *Dallas* and the final episode of *M*A*S*H*, the top 20 most-watched events on American TV are all Superbowls.

Halling compares the difference between football and baseball in America with that between football and cricket here. 'Baseball is somehow in the fabric of American consciousness, if that doesn't sound too posey, but they enjoy football more,' he says. 'People want to know how the Yankees are doing at baseball just as I like to know how the Surrey cricket team are getting on. But football is the one they go to watch.'

Superbowl, Sky Sports 1, Sunday 31st, 10.30pm – Live

The Thin Blue Line played a significant part in Stephen Fry's showbiz comeback, following his highly publicised nervous breakdown and subsequent flight to Belgium. Ben Elton, who wrote the police station sitcom, and its star Rowan Atkinson, both worked with Fry on *Blackadder* and spent a month trying to persuade him to take a role in the series. Eventually, he agreed to a cameo appearance as Brigadier 'Blaster' Stump, a kilt-wearing outdoor activities instructor, and it is said that the experience helped to convince him that his days as a performer were not numbered.

The Thin Blue Line was voted Best New Television Comedy at the 1996 British Comedy Awards, but has nonetheless been criticised for bad taste – even Atkinson is said to have taken issue with some of Elton's saucier scripts. 'There were moments when we thought Rowan would walk off the set,' said one insider, while Elton himself admitted that he might have occasionally ventured close to the line between what is and isn't acceptable in a pre-watershed comedy.

Much of the best innuendo (or the worst, depending on your point of view) comes from James Dreyfus, whose character, the highly camp Constable Goody, was described by one critic as 'a cross between Private Pike and Julian Clary'. Dreyfus was named Top Television Newcomer in those 1996 British Comedy Awards, and is a wonderful foil for Atkinson, who plays the grumpy and, dare one say it, decidedly Blackadder-esque Inspector Raymond Fowler. 'There is a place for fatuous, flippant, would-be humorous inanities,' says Fowler in episode one. 'And that place is *Noel's House Party*.'

UK Gold, from Saturday 16th, 9.35pm

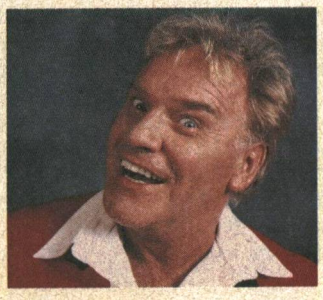
the Superbowl and that all on cable in January

DERECK and Beverly Joubert met at high school in South Africa, when they were both 17. In 1980 they went on holiday to Botswana, and were so excited by the sight of the lions at Savuti, a remarkable natural enclave just north of the Okavango Delta, that they joined the Chobe Lion Research Institute as researchers. The Jouberts, who married in 1983, subsequently became two of the world's most respected wildlife film-makers. Dereck operates the camera and Beverly takes care of sound. Not a frame is shot until they have spent up to eight weeks observing their subjects, be it a pride of lions or a herd of elephants. Their work is celebrated on National Geographic Channel in *African Diary*, a week-long season starting Monday 18th. Among their award-winning films to be shown are *Reflections on Elephants* (Wednesday 20th) and *Wildlife Warriors* (Friday 22nd).

MELINDA Messenger claims to have served a ferociously demanding apprenticeship as a TV presenter. 'I have worked,' she says, 'with children, animals and Freddie Starr. It can't get any tougher than that.' However, Freddie Starr, who is Messenger's co-host on the controversial game show *Beat the Crusher*, denies that he was difficult to work with. 'I let Melinda Messenger off very lightly, all three of her,' says the madcap comic. 'She got away with murder.'

Together, they got away with destruction, if not exactly murder. *Beat the Crusher* has been billed as '*It's a Knockout* meets *Endurance* meets *Don't Forget Your Toothbrush*'. The idea is that couples wager their car in a bid to win a spanking new £17,000 saloon, but some couples seem not to have understood the risks involved, notably David and Lesley Dunleavy of Port Talbot. When the show was recorded last summer, the tabloid press and even America's *National Enquirer* gleefully reported their horror at the sight of their Ford Fiesta being crushed into a 3ft cube.

Freddie Starr is unsympathetic. 'They signed a disclaimer form, and they should have known the rules,' he says, adding that he wouldn't particularly mind if anyone crushed his Lexus. The only horse-power he cares about is generated by four legs, not an engine, and on 9 April 1994 he watched his horse Minnehoma win the Grand National. 'That,' he says, 'was as exciting as watching a whole coach being crushed on *Beat the Crusher*.'



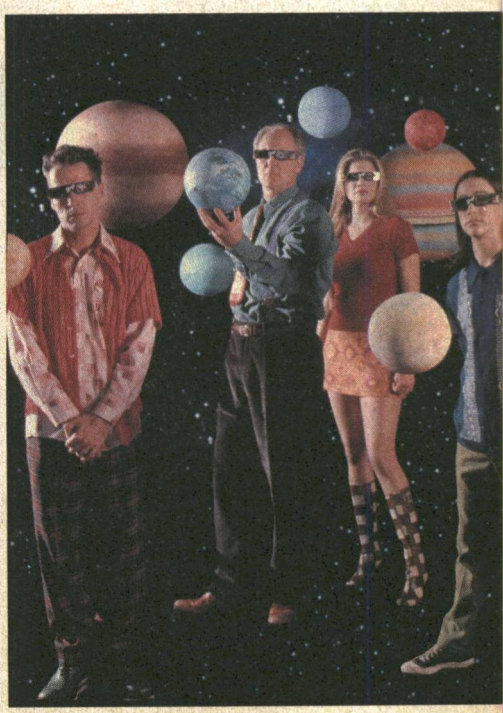
Sky One, starts Friday 8th, 8.00pm

STARTING this month is a new series of *3rd Rock from the Sun*, the US sitcom that has been blasted for its lavatorial humour, and for being, by American standards, extremely politically incorrect. Undaunted, actor John Lithgow says, 'I want to be offensive to at least somebody in every episode.' But crudity is not the reason why execs at the ABC network find the series too painful to watch. The reason is that ABC rejected it, even though it was made by Carsey-Werner, the production company responsible for hits such as *Roseanne* and *Cybill*.

NBC, however, reckoned *3rd Rock from the Sun* would be a winner, and indeed had such faith in it that it was launched with a promotion campaign worth an astonishing (even for America) $20 million. Since then the show has won countless awards and even received a Presidential endorsement when the cast performed a sketch in the White House at the request of Bill and Hillary Clinton.

Lithgow, who plays the alien high commander, disguised as physics professor Dick Solomon, thinks he knows why *3rd Rock* is such a hit. 'The jokes bounce back and forth between the brain and the groin, pausing now and then at the heart,' he says. 'Intellectual humour is all well and good, but people laugh harder at dirty jokes.' President Clinton did, anyway.

Sky One, Sundays 7.30pm



Docs in space

Sci-fi lovers should stand by for a new series offering a mix of aliens, humans, medical matters and lust in space

HUMAN doctors making house calls to neighbouring planets and patients who need their cracked antennae seeing to may seem hard to imagine. But tune into the futuristic medical drama *Mercy Point* and you'll find all things alien are simply part of everyday life.

The series takes place in the 23rd century and the setting is a hospital called Mercy Point, which is housed on Jericho, a flotilla of space stations a month's journey away from Earth.

Described as a kind of *ER* in space, *Mercy Point* features an ensemble cast led by Dr Grote Maxwell (Joe Morton), the emergency physician at the hospital. Joining Maxwell at this remarkable place is Dr Haylen Breslauer (Maria Del Mar), and her sibling rival Dr Dru Breslauer (Alexandra Wilson). Completing the team are Dr Caleb 'CJ' Jurado (Brian McNamara); ANI (Julia Pennington), a beautiful android nurse; Dr Rema Cook (Gay Thomas-Wilson), a respected surgeon; and Dr Batung (Jordan Lund), an alien surgeon who is none too fond of human beings.

NEW SERIES

Sci-Fi Channel

Mercy Point
Starts Thursday 7th
8.00pm

The show looks at the team's dilemmas and relationships and, despite its futuristic setting, the doctors have to confront some timeless medical and ethical matters. With human cloning and brain transplants now a reality, the team address such issues as the march of progress and the value of human life. Subjects tackled include everything from alien blood transfusions to a cure for AIDS.

Meanwhile, Earth has become known as the 'beachfront property', an exclusive enclave in the galaxy that has forced humans to move into colonies in outer space. Along with the moon, Jericho is one such place. Home to 50,000 humans and aliens, it's perched on the border between civilised and uncivilised space known as the Saharctic Divide. Despite the battles between the haves and have nots, the golden rule at Mercy Point hospital is 'heal all', forcing the medics to swallow their pride and forget their prejudices.

With its mix of moral dilemmas romance and good old fashioned feuds, the show could be described as a sci-fi soap, but it also promises an entertaining freak show of aliens and a good deal of gore!

PHOTO: SCI-FI CHANNEL

The Mercy Point medics: (l-r) Dr Caleb 'CJ' Jurado (Brian McNamara and Dr Grote Maxwell (Joe Morton)

WATCH OUT!

A sneak preview of what's coming to cable

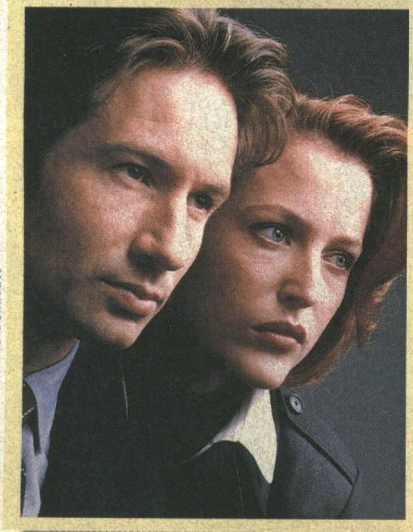


PHOTO: FOX BROADCASTING COMPANY

● David Duchovny says he wants to quit ***The X-Files***, but don't despair – he's signed up till the year 2000. 'I'd love to be off the TV show, but because of my greed I have to give them an extra two years,' he told reporters. Series six starts on Sky One in March.

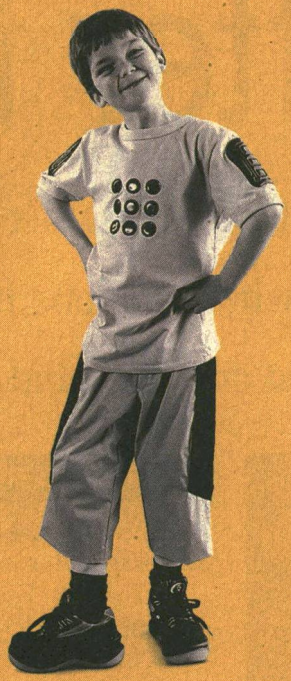
● The ***Five Nations*** tournament hots up in February, with Sky Sports' exclusive live coverage of England v Scotland, followed by England v France in March.

● Ed, Edd and Eddy are three adolescent boys whose adventures feature in Cartoon Network's new animated series called, appropriately, ***Ed, Edd and Eddy***. Its Canadian creator promises that unlike some other animated series involving teenage males, the show is suitable for all the family. It starts next month.

● Climbing the ratings in the US is ***The Montel Williams Show***, a talk show hosted by ex-navy intelligence officer and motivational speaker Williams. It starts on Granada Breeze next month.

● And the winner is ... Yes, it's almost that time of the year, when the Academy announces who's won ***The Oscars***. Tune in to Sky One in March for endless glamour, glitz and, naturally, speeches.

● Discovery Channel's epic series on the history of warfare, ***War and Civilization***, starts next month. The eight-part series took two years to film in 15 countries.



I'll always remember the day he took those first few steps.

Who would have thought it? At his age.

With Internet Lite anyone can use the Internet. Even grown-ups.

You can find information about anything. In seconds. At the click of a mouse you can book tickets for the theatre, view pictures from art galleries, shop, or watch a band playing live.

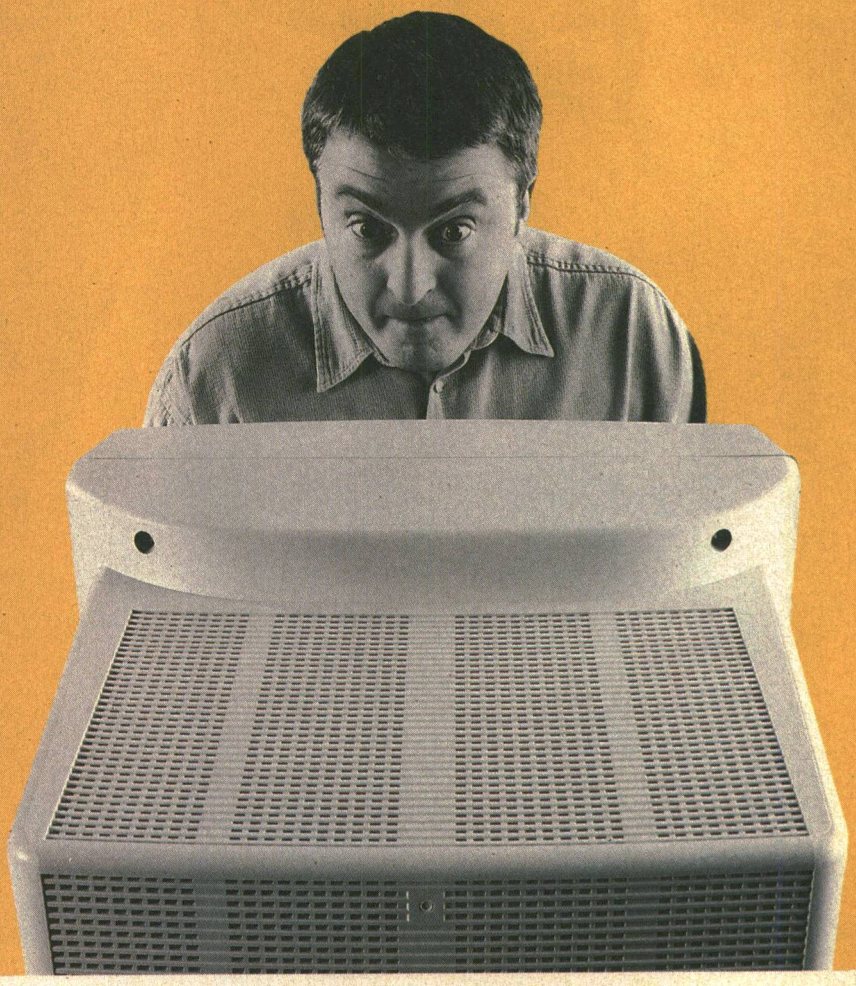
With Internet Lite there's no tie-in period. After your £10 registration, you just pay for calls at local type rates.

Now the Internet's really, really easy, you'll be up and running in no time.

To find out more about Internet Lite give us a call on 0800 092 9007 quoting ref: RRCFIR. If you like we can send you a free CD ROM.

What can we do for you?™

FreeCall 0800 092 9007



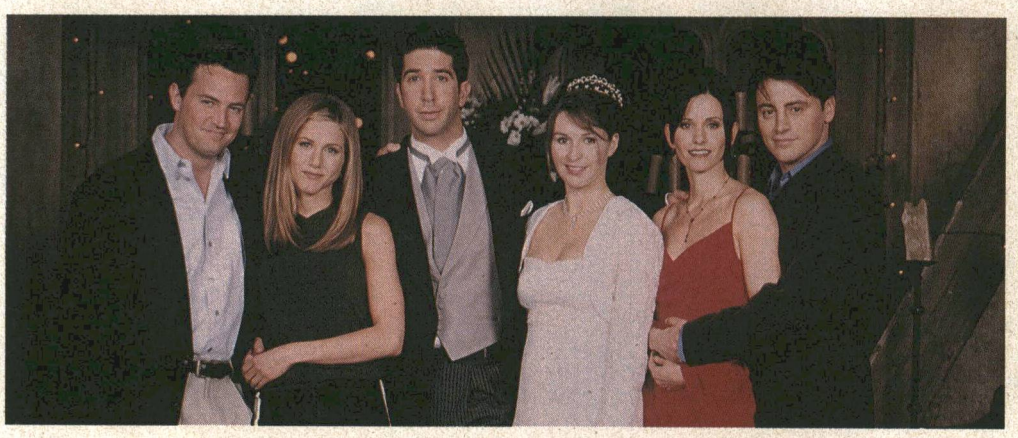
CABLE & WIRELESS

For quality of service purposes we may occasionally monitor or record your telephone calls to Cable & Wireless Call Centres. Cable & Wireless Communications Services Limited acts as agent for associated companies including those holding telecommunications licences. Its registered office address is at Caxton Way, Watford Business Park, Watford, Hertfordshire, WD1 8XH. Cable & Wireless pursues a policy of continuous improvement of its products and services. Details in this document are subject to change.

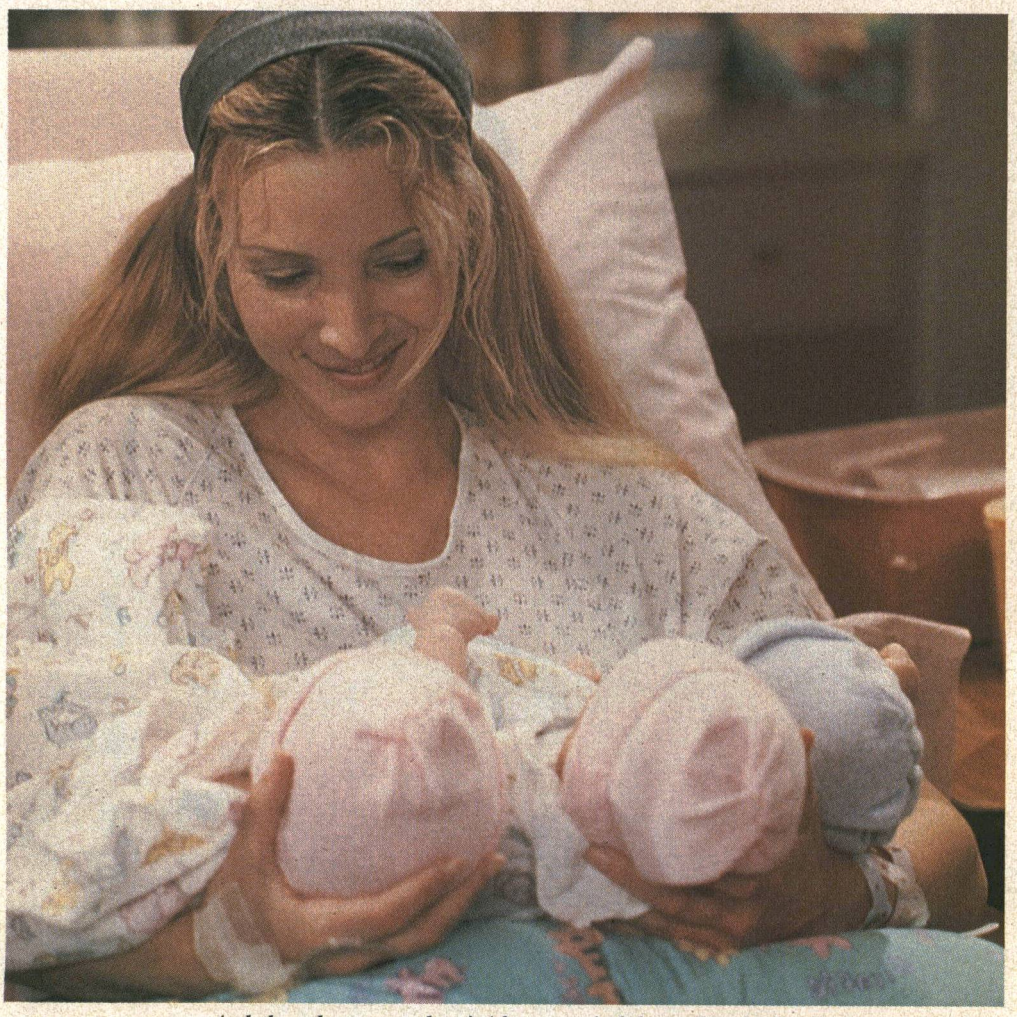
The one after the

The fifth series of *Friends* promises to be unmissable: there's the the Joey and Monica tryst and the one where Phoebe becomes a

Ivan Waterman keeps tabs on the latest comings and goings of



Wed alert! Chandler (Matthew Perry), Rachel (Jennifer Aniston), Ross (David Schwimmer), Emily (Helen Baxendale), Monica (Courteney Cox) and Joey (Matt LeBlanc)



PHOTOS: NBC

And then there were three! After an epic labour, Phoebe finally has the triplets. But how easily can she hand over the adorable trio?

NEW SERIES

Sky One

Friends: Starts Thursday 7th 9.00pm

THE story so far. Ross and his British sweetheart Emily are getting hitched but he still has Rachel on his mind. In the background at the church Monica and Chandler are giving each other those kinds of looks.

Meanwhile, in Manhattan, their chum Phoebe is preparing to have triplets, acting as a surrogate mum for her sister-in-law. But will she be able to part with her babies after the multiple birth?

Smart, sophisticated, slick and sexy. That's *Friends*. Even Fergie, alias the Duchess of York, and Richard Branson couldn't resist the temptation of taking cameo roles in the smash-hit series when the American stars filmed in London last spring.

So, where do we go from here? Let's let a few dangerous cats out of the bag as the fifth series gets under way. Distraught Ross (David Schwimmer) does head back to New York alone after uttering the Rachel word at a critical moment of his wedding to Emily (Helen Baxendale).

Emily's parents, played by Tom Conti and Jennifer Saunders, quietly fume while

wedding...

Ross, Emily and Rachel tangle, mum to triplets. New York's most stylish buddies

the reception rapidly becomes more and more of a debacle. The honeymoon is off and the bride's sole ambition is to tear the groom's head off. And so we return to The Big Apple.

Monica (Courteney Cox) and Chandler (Matthew Perry) swear to end their secret love affair but it's going to be tricky. And Rachel (Jennifer Aniston) is about to cause another storm by telling Ross she's still in love with him.

The 100th episode is a humdinger as Phoebe (Lisa Kudrow) finally gives birth. All goes well but her doc turns out to be a performing Fonz fan, which drives her crazy. Then Joey (Matt LeBlanc), who was busy directing a video of the happy event, takes a turn for the worse during the birth. He collapses in agony and is admitted as a patient.

Lisa Kudrow, 35, who gave birth to her first child, Julian, in May, believes the surrogacy issue will strike a chord with fans. She told *Cable Guide*: 'I think true surrogacy, where a woman can actually have a baby and give it away, is the greatest gift you can give somebody. I am in favour of it. Motherhood is just great.'

Back to the deeply disturbed Ross and Emily. They may be separated by 3,000 miles and The Pond but she agrees that she would like to work on their relationship ... if he agrees to join her in Blighty.

There are hilarious scenes as he tries to convince his ex-wife Carol (Jane Sibbett), who is the mother of his son, and her partner Susan (Jessica Hecht) that a move to Britain would be best for everyone. He prepares to move out and start a new life with his recently estranged fiancée, telling Rachel he can't see her any more.

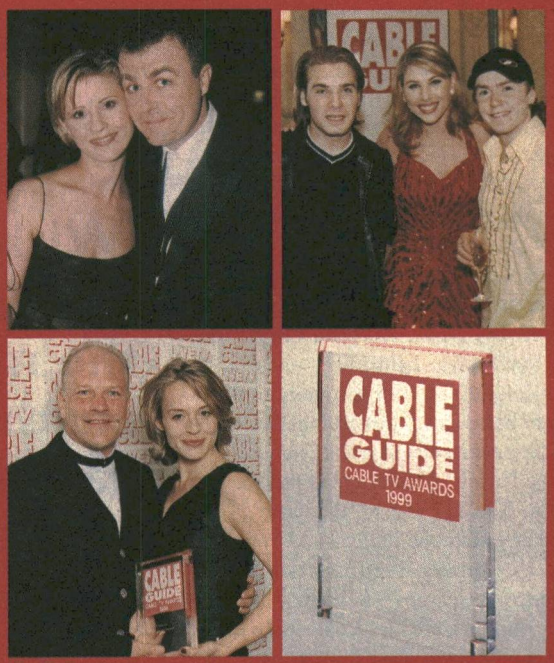
Then, there's a special Thanksgiving episode, in which the entire cast reminisce over their teen years and are seen in flashback re-living their worst ever Thanksgiving escapades. Enter ex-*Dallas* beauty Morgan Fairchild as Chandler's mother, Nora Tyler-Bing.

Executive producer David Crane was thrilled by the response to the cliff-hanger wedding episode and believes that *Friends* can surge on to achieve even higher ratings. He said, 'The story lines are not easy to come by so it is a question of pushing ourselves to make sure it is always kind of different, fresh and funny.'

The bad news for Fergie and the Royal family is that the masterminds behind the series have no plans to include them in future plot-lines. Or return to England to shoot more episodes here. As Jennifer Aniston put it: 'No way ... that was such hard work!'

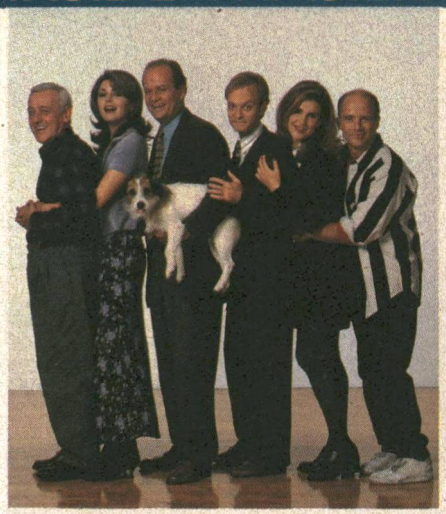
1999 Cable Guide Cable TV Awards

Vote for your favourite channels and personalities in the 1999 Cable Guide Cable TV Awards



See next month's issue of Cable Guide for your chance to vote – and win fantastic prizes

or log onto www.cableguide.co.uk to vote online



Left-right: Martin (John Mahoney), Daphne (Jane Leeves), Frasier (Kelsey Grammer), holding Eddie (Moose), Niles (David Hyde Pierce), Roz (Peri Gilpin), Bulldog (Dan Butler)

Putting the

Welcome to Stage 25, home of Paramount's hugely show's stars and creators to see how they make this

ODDLY enough, if you want to see perhaps the most famous slice of Seattle then you must head deep into the heart of Hollywood. It's here, after all, on Stage 25 of Paramount Studios (Mecca of the illusion industry) that they make the hugely successful Seattle-based comedy series, *Frasier*. Here is where, as they say, it's all done.

From the blank exterior of the aircraft hangar-size studio, you would never know, of course. But enter Stage 25 – once home to other great comedy series like *Here's Lucy*, *Happy Days*, *Taxi* and *Cheers* (the series that spawned *Frasier*) – and you see with a delightful jolt of recognition that it's all there before you, pieced together on one stage like the rooms of a doll's house.

On the far left of the stage is the glass booth of KACL 780 AM, the radio station at which one Dr Frasier Crane (aided by producer Roz Doyle) dispenses his weekly psychology wisdom. And on the far right is Cafe Nervosa, where the Crane brothers sip non-fat milk, half-caff, double cappuccinos and talk about life, opera and the more disastrous aspects of their existence.

Centre stage is Frasier's up-market living room, which reputedly cost Paramount $200,000 to build and furnish. Here you spot the grand piano, the pretentious pieces of obscure African tribal art and the high-rise view of Seattle seen through Frasier's window, which, as it turns out, is simply a 40ft photograph.

In the heart of the living room sits The Chair – the one so beloved by Martin Crane, Frasier's truculent but loveable, ex-cop father. It's a triumph of rat-chewed, black sticky-taped upholstery – a stunning visual joke that has never, in the six years since *Frasier* first came to our screens, lost its ability to amuse.

'The chair has come to have an almost human, emotional quality to it,' Kelsey Grammer tells you. 'If we lost the chair it would be like losing one of the cast.'

Speaking of the cast, all of them, from Kelsey Grammer himself to Eddie, the hilarious, staring dog, are here on the day of our visit. They all look familiar, yet, apart from the dog (real name, Moose), also different from their screen personae.

There again, at this stage, during the final read-through of what will be the ninth episode of the new 24-part series, they are still dressed in their own, rather than their characters', clothing. 'And, perhaps, none of us quite become the characters until the point when we put those clothes on,' says Kelsey. 'The clothes are part of the alchemy.'

So it is that, for now at least, rather than looking like their characters, the team look like, well, actors. Instead of the fastidiously suited look of the two uptight psychiatrists, Grammer and David Hyde Pierce are dressed in sweat shirts and jogging pants. The latter also wears specs, as does Jane Leeves, the English-born actress who plays the adorable, daffy, Northern and slightly psychic healthcare worker, Daphne Moon.

'With an actor like Kelsey in the mix, almost anything can happen during the recording'

It takes you by surprise that, when she speaks to her fellow actors during breaks, the accent is London rather than Lancs, and that her manner is self-assured and utterly un-fluffy. Today she's dressed in khakis and an elegant French raincoat, rather than the usual jumper and skirt-look favoured by Daphne.

'I don't think any of us really dresses off screen in the way that we do on it,' says Peri Gilpin (aka Roz). And, indeed, today, rather than Roz's sharp little suits, Peri is dressed for rehearsal in baggy blue jeans and a loose white shirt.

Though it's only hours before the final taping of the show, which takes place each Wednesday evening at 7.00pm, the actors are still reading from their scripts and the 12 writers on the script team are making last-minute adjustments to the lines. They're in the final stage of a process to produce a script whose length must be precisely 22 minutes and ten seconds long. A process that began a week ago and has been refined by writers on a daily basis.

'Usually, at this stage the process is very near completion,' says David Hyde Pierce. 'But on one occasion we had a script in which the entire second act was changed literally at the 11th hour. After the final read-through, the script writers rewrote it during the dinner break and we recorded the new version that night.

'That kind of flying-by-the-seat-of-your-pants has never happened since. But it's probably true to say that the script that we start out with at the beginning of the week is not entirely the one that we end up with on the night. It's also true to say that with an actor like Kelsey in the mix, almost anything can happen during the recording itself. That's all part of the fun.'

This episode, entitled *Roz, A Loan*, in which Frasier lends Roz $1000 … and, then regrets it, is a brilliant mishmash of humour and pathos, slapstick and subtlety. But, then, all episodes of *Frasier* are.

Christopher Lloyd, who is both a writer and an executive producer on the show, sums it up best: 'Let's put it like this. In one scene you might have Frasier talking about French wines and using words like "pettifogger" and in the next scene he can be putting his brother in a headlock and carrying on like a madman. That's a pretty broad canvas to paint on.'

Like all the best comedies, there is an illusion of effortless ease about *Frasier*. Yet on Stage 25 you see both the effort and the manpower required to put on a single episode.

There are four separate cameras at work and a man employed to tape measure the positions where the actors stand. There are extras waiting to simply stand or sit in one of the Cafe Nervosa scenes. And there's a tireless director (on this occasion Pam Fryman, though at other times the director might be one of the show's Grub Street

magic into Frasier

popular 'Frasier'. **DAPHNE LOCKYER** speaks to the Emmy award winning classic

There's an edginess in the studio – 'and that's when the magic occurs', says Kelsey Grammer, seen with his 'Frasier' co-star David Hyde Pierce

PHOTOS: NBC, CORBIS/EVERETT, PARAMOUNT PICTURES

Productions creators, David Lee, or, occasionally, Kelsey Grammer himself), honing each scene.

'All in all it takes around 100 people, from the director to Eddie's trainer, Mathilde DeCagny, to create a single episode of *Frasier*,' says David Hyde Pierce. 'But what happens on this show is not something that can be bought, or manufactured.

'It's about a certain kind of magic, a chemistry that happens when we all get together. If I knew what all the ingredients in the mix were, I'd bottle it and be a millionaire.'

Continued ▶

FRASIER WEEKEND

THE FRASIER WEEKEND ON PARAMOUNT COMEDY CHANNEL

Saturday 16th

9.00pm The Good Son
The very first episode.

9.30pm Death Becomes Him
Frasier considers his own mortality.

10.00pm Seat of Power
Niles comes face to face with a childhood bully.

10.30pm Travels with Martin
Daphne sets out on a road trip with the Cranes.

11.00pm Daphne Hates Sherry
Differences between Martin's girlfriend, Sherry, and Daphne come to a head.

11.30pm Beloved Infidel
Frasier and Niles discover some home truths about Martin.

Sunday 17th

9.00pm You Can Go Home Again
Frasier takes a trip down memory lane.

9.30pm Roz and the Schnoz
Roz is forced to meet her in-laws.

10.00pm Moondance
Daphne teaches Niles to dance.

10.30pm Adventures in Paradise
A romantic weekend away is on the horizon for Frasier.

11.00pm My Coffee with Niles
Exactly a year since Frasier moved to Seattle, Frasier and Niles have a long chat in Cafe Nervosa.

11.30pm Daphne's Room
Frasier creeps into Daphne's room and gets caught red handed.

DAVID HYDE PIERCE

WHEN Grub Street Productions first conceived *Frasier* as a sitcom, there was no brother – no Niles – in the equation. The role came about because a casting director, Sheila Guthrie, had seen pictures of David Hyde Pierce and was struck by his likeness to Kelsey Grammer.

'It's true that we do look as though we're genetically related,' David Hyde Pierce agrees. Guthrie set the wheels in motion. 'I'm grateful because without her insistence Niles would never have been created,' says David. 'I owe her, big time.'

Today, Frasier without Niles is unimaginable. They are a towering comedy duo who make each other laugh as much as they do the viewers.

'Sometimes it's difficult to get through a scene because we're laughing so much. There are a million things that Kelsey does that get to me, but it's especially hard to play it straight when we do scenes where we have to do

'Sometimes it's difficult to get through a scene because we're laughing so much

stuff right in each other's faces. Kelsey close up is so intense that it just cracks me up. Sometimes I feel I'm going to be sent off in disgrace if I can't pull myself together.'

Not, says David, that *Frasier* is all laughs. 'That would be very one dimensional. It has shadows and light and when you see the extremes that an actor like Kelsey can go to in the space of one sentence – from tenderness and sorrow to something outlandish and bizarre – then you start to see why this show works.'

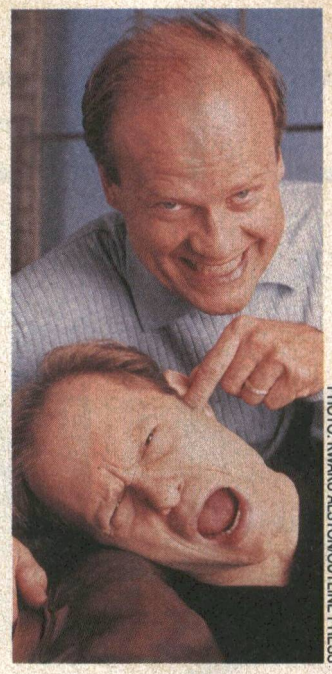


PHOTO: KWAKU ALSTON/OUTLINE PRESS

The achievement of *Frasier* is that it has pushed beyond the normal boundaries of sitcom.

'People say to me, "I love the show. It's so smart." But that upsets me a bit because it implies smugness and ignores that it's also so many other things. There's a lot of falling down, a lot of pie-in-the-face humour, too. There are a lot of times when you really don't know whether you ought to be laughing or crying.

'Niles, for example, is a snob, a tiresome opera buff and a wine connoisseur. But if that's all he was I'd be the first one to be bored. He's redeemed by his vulnerability, his flaws and his passions. He has great emotional resonance. All the characters do. That's why viewers care about them.'

They care for example, about whether Niles's love for Daphne will ever be requited. 'I get asked that all the time,' says David.

'Personally, I wouldn't want it to happen – it would destroy something that's so terribly innocent and poetic and pure.'

KELSEY GRAMMER

TO watch Kelsey Grammer at work during the final read-through is like watching corn popping in a pan. Even between scenes, he is constantly on the move, flapping around on comically flat feet, playing honky-tonk on the piano, keeping up a stream of banter with his co-stars and the crew.

'We're burning daylight, people,' is one of his favourite expressions; meaning, 'this is taking too long, let's get on with it!' It is a reflection of the fact that *Frasier* takes less rehearsal time than most other sitcoms.

'The slight rawness that that produces is an asset,' Kelsey explains during a break. 'If you over rehearse, if you know your lines too well, then you become a bit like an automaton. So I do myself a favour, I raise the stakes to a point where I'm not always entirely sure what I'm going to say.'

'Kelsey only seems to know his lines about ten seconds

'Kelsey only seems to know his lines about ten seconds before the director calls "Action"'

before the director calls "Action,"' says writer/executive producer Christopher Lloyd. 'It's insanity but it works.'

By the time the audience files in at 7.00pm there's an edginess in the studio. 'And that's when the magic occurs,' Kelsey says. 'We get out there and unpredictable things start to happen. There's a kind of mischief that we wouldn't have if we'd rehearsed to death.'

Kelsey's confidence comes from knowing his character back to front. If you include Frasier's incarnation in *Cheers*, the actor has been playing him for about 14 years.

'In *Cheers* he'd come in, say a few funny lines and leave, whereas in *Frasier*, he's the central character.

'His heart has grown a lot since then. He's not as dark, he's a lot more sympathetic than he was in *Cheers*. He has great qualities. His dad drives him nuts, but he loves him and he's a good son. He feels deeply for people and he's vulnerable.

'On the flip side, though, he can be the most appalling snob, pompous beyond belief. But the fact that he slips on the banana skins of life also makes him loveable.'

Kelsey says there are elements of his own character in *Frasier*. 'I've blended in bits of myself. But I'm quite different to him. I'm less affected than he is, my tastes are simpler. I'm less inclined to judge. I'm probably more screwed up than he is.'

The 'screwed up' bit refers, no doubt, to Grammer's colourful background. Alcoholism, drug abuse, marriages and divorces have all been in the mix.

'The problem with this kind of success,' he says, 'is that it's double-edged. On the one hand you do a job you love and get paid highly for it. On the other, even the minutiae of my life is public knowledge.'

Right now Grammer is married to ex-*Playboy* beauty Camille Donatacci. With the relationship has come peace. The kind he would not wish on Frasier.

'Frasier's trying to find happiness but it eludes him. That's where all the humour and pathos come from. If he was settled in a great relationship we wouldn't be able to have any fun with him. I feel sorry for the guy. But that's the way it is.'

Interviews: DAPHNE LOCKYER

WIN A TRIP TO LOS ANGELES TO VISIT THE SET OF 'FRASIER'

The prize includes a fascinating tour of Paramount's Los Angeles studios, where 'Frasier' and a host of other sitcoms are filmed

Ever dreamed of visiting Los Angeles to see how your favourite TV shows are put together? Here's your chance in this great competition exclusive to Cable & Wireless customers. You could win a fantastic trip for two to the City of Angels, complete with a tour of Paramount Studios, where *Frasier* is filmed. The lucky winner will fly to LA on Virgin Airlines for a ten-day stay at the Westward Marquee hotel and get $500 spending money!

For your chance to win, just answer this question:

What is the name of Martin's dog in Frasier?

Send your answer on a postcard to *Frasier*/Cable & Wireless Competition, *Cable Guide*, 172 Tottenham Court Road, London W1P 0JJ to reach us by 30 January 1999.

Terms and Conditions: This competition is open to Cable & Wireless customers only. Entrants must be over 18 years of age. The competition closing date is 30 January 1999. One entry per household. The winning couple will be randomly chosen from all the entries on 1 February 1999. The Paramount Comedy Channel's decision will be final and no correspondence will be entered into. The prizewinners will be notified within 28 days of the draw. No cash alternatives will be offered. The names of the prizewinners will be available after 1 February by sending a SAE to Paramount Cable Marketing, Paramount Comedy Channel, 15-18 Rathbone Place, London W1P 1DF.

As much nature as you can handle. For peanuts.

Do you worship Sir David Attenborough? Well, for another £3 a month (or less) you could be up to your ears in flora and fauna, just like him.

In fact our 'World' TV Pack is for anyone with a thirst for knowledge.

It gives you these channels: Animal Planet, Discovery Channel, The History Channel and UK Horizons – all showing excellent documentaries. Also included is Discovery Home and Leisure, Bloomberg (the business news channel) and Christian Channel Europe.

It's just one of a range of TV Packs we're offering to suit everyone's taste, from Music, News and Action, to Family and Lifestyle.

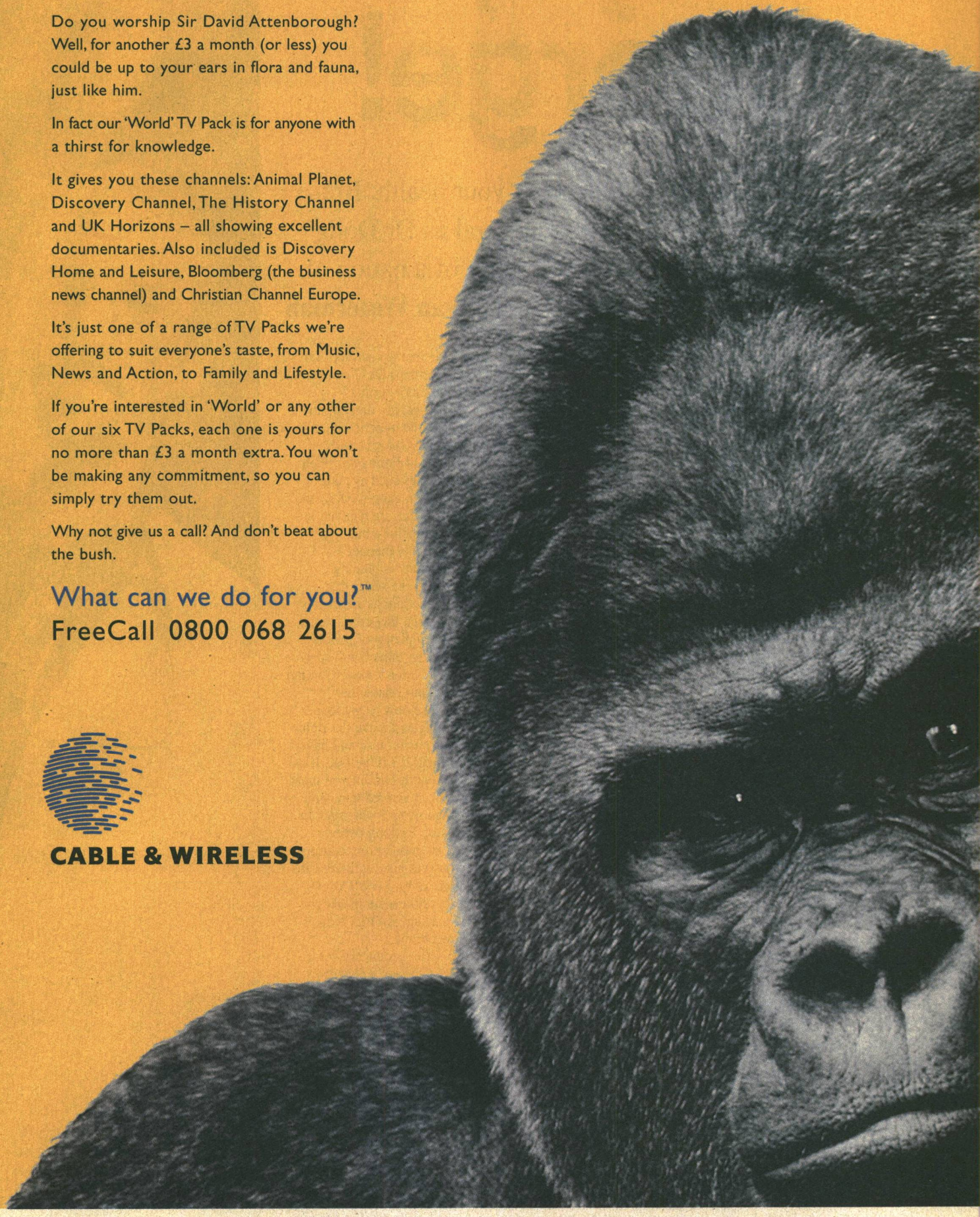
If you're interested in 'World' or any other of our six TV Packs, each one is yours for no more than £3 a month extra. You won't be making any commitment, so you can simply try them out.

Why not give us a call? And don't beat about the bush.

What can we do for you?™

FreeCall 0800 068 2615

CABLE & WIRELESS



For quality of service purposes we may occasionally monitor or record your telephone calls to Cable & Wireless Call Centres. Cable & Wireless Communications Services Limited acts as agent for associated companies including those holding telecommunications licences. Its registered office address is at Caxton Way, Watford Business Park, Watford, Hertfordshire, WD1 8XH. Cable & Wireless pursues a policy of continuous improvement of its products and services. Details in this document are subject to change.

Bye, George!

Warning: this feature could damage your health. Brace yourself for a sad day at County General as Dr Doug Ross, the man who raised the pulse rate of a nation of *ER* watchers, finally bows out. Words: **Ivan Waterman**

STEADY with those handkerchiefs! The inevitable is about to befall TV's most popular hospital series, *ER*. Heartthrob medic Dr Douglas Ross, played by George Clooney, will soon be making his exit.

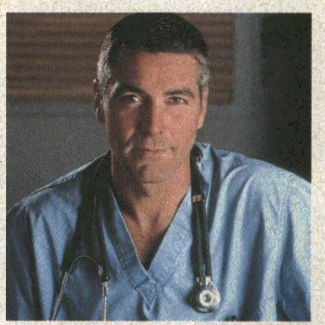
No matter that the producers of the show gave George a $1 million bonus last year for staying loyal to the boys and girls in white.

If he'd asked for another $5 million to carry on wearing his mask with pride at Chicago's County General Hospital, the word is that executive producer Lydia Woodward would have recommended that he got it.

As it is, actor Anthony Edwards, who plays Dr Mark Greene in the drama, is now the highest paid star on TV, earning a reported $400,000 an episode. Every episode costs $1.6 million to produce and a 30-second commercial during the show will set an advertiser back around $1 million.

But George, who's worth $10 million a movie even after flopping as Batman, was determined to hang up his stethoscope and concentrate on his big screen future. Dr Ross won't be killed off, though. Word is he'll make a more gentle departure in some tense scenes still to be shot.

And now for the good news. Enter lovely Lucy Knight, alias blonde actress Kellie Martin (once a regular in *Life Goes On*), to join the regulars. She's a by-the-book third year medical student whose stellar technical knowledge of medicine only serves to distance her from the human realities of her chosen field.



NEW SERIES

Sky One

ER: Starts Thursday 7th 9.30pm

Even before she appears in the ward on her first day she is confronted by a roadside injury that leaves her frozen with doubt, while her first assignment leads to her falling out with Dr John Carter (Noah Wyle).

The staff is getting used to change. With Dr Kerry Weaver (Laura Innes) no longer a candidate for chief of *ER*, Dr Anspaugh (John Aylward) takes on the role of interim chief. Emmy-winner Mare Winningham as Dr Amanda Lee also enters the world of hospital politics as another candidate for the job.

For pure lust and romance, all eyes are on super-cool Dr Peter Benton (Eriq La Salle) and Dr Elizabeth Corday (Alex Kingston). Will she be able to penetrate his icy surface? Or would perhaps Dr Greene make a better suitor for her?

As always, it's rugged, no holds-barred material from the writers who have already collected 14 Emmys for their work. Issues such as male prostitution, gang warfare and schizophrenia are handled in a stark, compelling but unsensational manner.

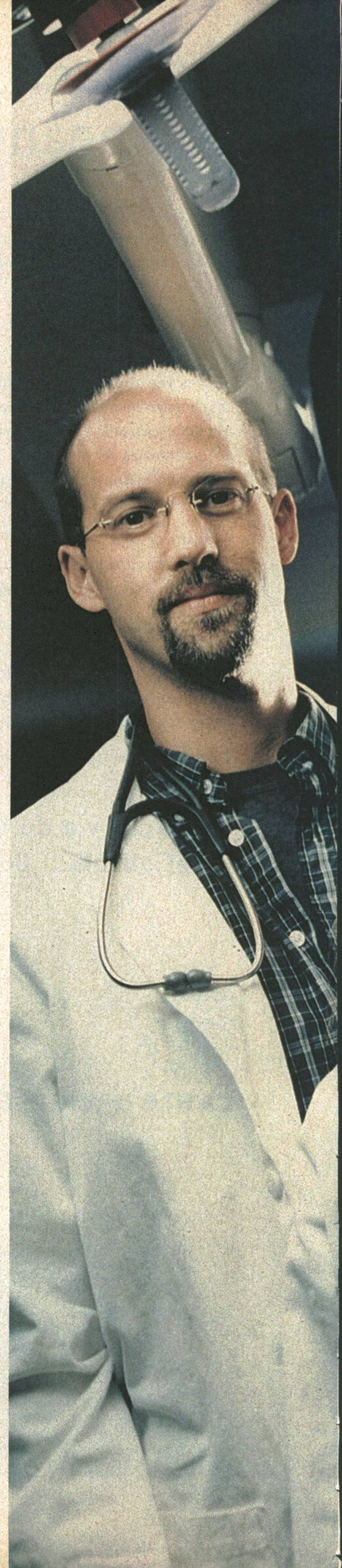
So Clooney is bidding farewell to the series that established him as a Nineties small-screen megastar. He says: 'There are plenty of people around who think I will survive after *ER*. I don't want to sound arrogant but I have the confidence now to get there.

'So long as I make the right choices movie-wise and have some luck, it will be OK. It has been great in *ER* but you must move on. I learned that some time ago when I was stuck in television for long periods.

'It's no good sitting waiting, you have to get out there. Life is about risks. I don't know why but folk seem to like me. That's a start isn't it? Now it is down to me.'

The series producers don't believe Clooney's departure will affect the ratings. Woodward says: 'George is a lovely man and a wonderful actor. But this has always been an ensemble piece. It never depended on one character. It never will. We have a class product.'

Guest stars in the new series include ex-*Dallas* favourite Ken Kercheval, British smoothy Paul Freeman and comedy icon Harvey Korman.



PHOTOS: TERRY DOYLE/OUTLINE PRESS, WARNER BROTHERS

Opposite page: Dr Mark Greene (Anthony Edwards), medical student Lucy Knight (Kellie Martin) and Dr John Carter (Noah Wyle)

Xena power

Forget squeaky-clean, the new role model for women is a gal with attitude

NEW SERIES

Sky One

Xena: Warrior Princess
Starts Saturday 9th 9.00pm

FEISTY, Amazonian and a crusader for good over evil, Xena is a Nineties icon who fights her own battles and boasts a fan club that runs the gamut of gender, age and sexuality. As her popularity grows, Xena looks set for global domination: not only is she a colossal hit in Turkey, she's even broadcast in Iran – although, allegedly, a curfew on cleavage forbids a glimpse of her signature gilded bodice.

New Zealand-born Lucy Lawless, the woman behind the copper corset, describes Xena as a 'badass pre-Mycenaean girl who traverses the time lines – finally a girl you can have a beer with'. Her iconic status is partly due to the fact that she is not squeaky clean. Unlike such heroines as The Bionic Woman and Wonder Woman, she wrestles with her conscience and struggles for some kind of redemption. Add to that her ability to snag arrows out of mid-air and hurl men across rooms and cult status is assured!

As testament to her success, Xena has now been immortalised as a 10-inch plastic doll – a toy Lawless's real-life 10-year-old daughter Daisy plays with. 'She thinks it's OK,' says Lawless, 'although she thinks it should be browner. She's very pragmatic. Oh, and the chakram [Xena's discus-like weapon] needs to be smaller!'

The new fourth series that begins on Sky One this month sees Xena confronting her dark past – something she has to do in order to save the spirit of her friend Gabrielle, who inadvertently killed Xena's son, and then herself as punishment.

Pretty serious stuff. However, lighter storylines are on their way – with rumours of an episode paying homage to *South Park* and also one that sees Xena inventing Irish dancing à la *Riverdance*. Unfortunately, the rumours remain unconfirmed – but fingers crossed for a laughter-filled fourth series or as Lawless herself puts it, some 'bloody straight-out fun'!

PHOTOS: DANA FINEMAN/SYGMA

A flexible approach to

Now it's easier to choose the TV you want to watch. You can personalise your choice of channels with Cable & Wireless Access – the gateway to all our services. Then add one or more from our range of TV Packs to suit every lifestyle.

For more information please call 0800 0682 617.

Access

Access includes:

Set Top Box rental, Line rental
BBC1, BBC2, ITV, C4 and C5
ITV2
BBC News 24*, Sky News, UK Horizons
Local Channel
'Free Bonus' Channel†

And gives you the choice of the following:

Access to our new flexible TV Packs
Access to TV on-demand services
Access to Sky Premium channels
Access to Add-On channels
Access to our range of tailored telephone packages
Access to Internet service

TV Packs

News & Sport

Eurosport
CNN
BBC Parliament*◊
Sky News
BBC News 24*

Music & Games

MTV
The Box
VH-1
Challenge TV

Family

TNT
Cartoon Network
Fox Kids
National Geographic Channel
Nickelodeon
Paramount Comedy

Action

Sky One
Granada Men & Motors
Granada Plus
L!VE TV††
Sci-Fi Channel

World

Animal Planet
Discovery Channel
Discovery Home & Leisure
The History Channel
Christian Channel Europe
UK Horizons
Bloomberg

Selection

UK Gold
Sky One
Eurosport
QVC
Shop!
Granada Breeze††

Lifestyle

UK Gold
Carlton Food Network
Carlton Select
Living, QVC,
Shop!
UK Arena, UK Style
Granada Breeze††, Sky Soap††, Sky Travel††

* As funded by your TV licence
†† Availability varies on a regional basis.
◊ BBC Parliament is available with any Pack, free of charge, on request.
† Cable & Wireless will from time to time offer 'Free Bonus' Channels in ACCESS. We reserve the right to change or withdraw these 'Free Bonus' Channels monthly.

Cable & Wireless may change its channel line up from time to time.

your viewing choices

Calculating your choice of viewing

Premium Channels	ACCESS	Access plus one Pack	Access plus two Packs	Access plus three Packs	Access plus four Packs	Access plus five Packs	Access plus six Packs
No Premium Channels	£9.99	£12.99	£14.99	£15.99	£17.99	£19.99	£20.99
Plus one Premium Channel	£24.99	£24.99	£26.99	£27.99	£29.99	£31.99	£31.99
Plus two Premium Channels	£28.99	£28.99	£30.99	£31.99	£33.99	£35.99	£35.99
Plus three Premium Channels	£31.99	£31.99	£33.99	£34.99	£36.99	£38.99	£38.99
Plus four Premium Channels	£33.99	£33.99	£35.99	£36.99	£38.99	£40.99	£40.99

Premium and Add-On Channels

Premium Channels

Sky Sports 1
Sky Sports 2
Sky Sports 3[Δ]
Sky Premier *(previously Sky Screen 2)*
Sky MovieMax *(previously Sky Screen 1)*
Sky Cinema *(previously Sky Movies Gold)*[ΔΔ]
Disney Channel[◊◊]

Add-On Channels

FilmFour	£5.99
Manchester United TV	£6.99
Disney Channel[◊◊]	£6.99
HVC/Adult Channel	£6.99
Television X	£6.99
The After Dark Pack (HVC, Adult Channel and Television X)	£9.99
Asian Language Channels[**]	£7.99
European Language Channels[**]	£1.00

[Δ] Sky Sports 3 is available as a 'Free Bonus' Channel if you take either Sky Sports 1 or Sky Sports 2.

[ΔΔ] Sky Cinema is available as a 'Free Bonus' Channel if you take both Sky Premier and Sky MovieMax

[**] See your Channel Guide for the Asian Language Channels and European Language Channels in your area or call Customer Services

[◊◊] Disney Channel is available as an Add-On channel at £6.99 or as a 'Free Bonus' Channel when you take both Sky Premier and Sky MovieMax.

These TV packs are not available in the New Ash Green service area.
Cable telephone services are not available in the Millharbour service area.

CABLE & WIRELESS

High flier

HAIR AND MAKE-UP: VIRGINIA NICHOLS FOR JO HANSFORD HAIR SALON. STYLIST: ANGELA BARNARD. CLOTHES: TOP, SKIRT & BOLERO BY VICKY MARTIN; TIARA BY MIKEY; SHOES BY KURT GEIGER

PHOTO: CARTLON SELECT

Emma B is a name to watch. Once a jetsetting model, she has re-routed her career and is now grounded in Blighty as front woman to Carlton Select's new holiday game show *Flying Start*. Words: **Jane Oddy**. Photograph: **Mark Harrison**

Left: beat the clock – Emma B with fellow presenter Ed Sanders

NEW SERIES

Carlton Select

Flying Start: starts Saturday 9th 7.00pm

THE fact that Emma B is fronting Carlton Select's new holiday game show, *Flying Start,* is kind of ironic. The 19-year-old media babe may have globe-trotted to virtually every country in her short but illustrious modelling career, but she says the last time she put her feet up on a sun lounger was four years ago.

Since hitting the headlines at the age of 15, Emma B has barely had time to draw breath. She admits she is desperate for a break and wistfully says that she considered hijacking one of the exotic trips herself.

'I said to the producers that if we make another series and get a bigger budget, we should insist that we all go along to film the contestants on holiday!'

Flying Start is a fast-paced game show that gives members of the public the chance to win an all-expenses paid holiday. Emma B's job is to approach people in the street and offer them the chance to compete.

'The programme is a race against the clock to win a holiday. Ed Sanders, the other presenter, and I are competing against each other to be the first to get our contestants to the airport or train station. We have to get people to their offices to get time off work, pack suitcases and sort out passports. It's very frantic and fun.'

On the subject of holidays, Emma's preferred choice of holiday companions are her girlfriends. 'I've been everywhere in the world. But my dream holiday is going to a little island somewhere really hot with my two best friends, Kim and Ayse, who I've known for years. They're my left and right arm. We could spend three weeks bumming around.'

Emma B began her ascent to stardom in her teens. With her mane of blonde hair and endless legs, it was impossible to go unnoticed in her home town of Hastings.

While at school, at the age of 15, she was voted The Elite Look of the Year, an accolade that kick-started the careers of supermodels Cindy Crawford and Karen Mulder – the latter is now a friend of Emma's.

'I know the model world is supposed to be bitchy but I haven't seen it. You always get the odd comment and some girls don't like other girls but it's never been bad for me.'

As for her looks, she is pretty vague about the effect that she has had on men over the years and insists that she felt gawky when she was growing up. But, at 5ft 10ins and with her curvy 34C-24-34 figure, Emma B was always going to stop traffic.

'I don't think of myself that way. I do get a lot of attention now but I put it down to the fact that people know who I am and what I'm doing.'

However, she was confident enough of her appearance to contact Elite Premier in London when she was still studying for her GCSEs. 'I always wanted to model and Mum and Dad were right behind me. I just happened to walk in when Elite were preparing for the Look of the Year competition and, as they liked me, they entered me into it.'

She was put on Elite's books after winning the contest and when photographers discovered her ease in front of the camera, her career was assured. After four years on the catwalk modelling for Gucci and Christian Dior and appearing on the covers of fashion bibles *Marie Claire, Vogue* and *Elle*, Emma B decided it was time to broaden her horizons.

Despite landing a £40,000 contract to model Debenhams' Ultimate lingerie range and fronting Lipsy and Joop! clothes campaigns, Emma looked to television for inspiration. Her role model is MTV presenter Jenny McCarthy: 'She's brilliant. So funny and professional and I love the energy she gives out.'

She is undaunted at being the new kid on the television block, and talks confidently about expanding her talents with acting lessons and presenting.

Giggling, she acknowledges that her one line in the Pizza Hut advert with Ronnie Corbett hardly makes her eligible for an Oscar nomination. 'I'm not sure what people think of me. But I've been lucky enough to work with people in the industry who do take me seriously.'

When filming *Flying Start,* the hardest thing for Emma was coping with unfriendly punters whom she approached in the street to take part in the show. 'I was shocked at how rude some people are when you have a microphone in your hand!' she complains. 'The worst are middle-aged women going to work.'

Despite her worldliness, Emma B is refreshingly childlike in some ways. These days, when she has to travel abroad on assignments, she takes a friend with her for company. 'When I was younger and went away, I would ring Mum and cry because I was lonely. I'm a really emotional person.'

She is reluctant to date any men in the fashion industry. 'It's nice to go home to people that have more interesting things to talk about than fashion and have a normal family life.'

Her success has bought her a flat in Hastings. She refuses to move to London and so she has to make the lengthy journey three or four times a week from East Sussex when she is filming or doing modelling assignments.

Despite putting distance between herself and London, she admits she still loves the glamorous side of modelling.

Emma is close to her mum, Sandra, and three younger sisters, Hannah, Kaya and Ula. 'I want to be near my friends and family. I like to be near people who are doing normal things. I'm more of a country girl than a city girl and I love being near the sea,' she explains.

Her parents split when she was three, but she remains close to both of them. She would like nothing more than to marry and have her own children.

'I want it all. But not yet. I'd like to have kids before I'm 30. I want to lead a normal happy family life. Career-wise, I'm concentrating on TV presenting and I'd love to be an actress. If I got offered a part in a movie, I would work really hard. But that's a long way down the line.'

This month's movies on-demand from Sky Box Office

Starship Troopers

Face/Off

FBI agent Sean Archer (John Travolta changes faces with terrorist Castor Troy (Nicolas Cage) to get vital information from Troy's brother. But Troy escapes and kills everyone who knows about the switch – so only they know who the real bad guy is. Action movie king John Woo directs this inventive thriller. Sky 18 (L,V,M)

Devil's Advocate

Keanu Reeves stars as Kevin Lomax, a hotshot lawyer recruited by a powerful legal firm owned by the charismatic John Milton (Al Pacino). Lured into the high-powered New York legal fraternity, Kevin becomes obsessed with work but his wife soon begins to suspect something sinister is afoot. Sky 18 (L,V,S) *Premiere*

George of the Jungle

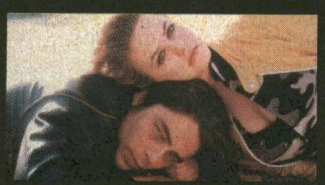
Family fun, and vine-swinging mayhem in this story of jungle-dweller George's attempts to woo Ursula, the beautiful explorer. Aided by his faithful gorilla retainer (who sounds suspiciously like John Cleese) George finally wins her over. But is San Francisco ready for a man whose main talent is swinging from trees? Sky U

Father's Day

Kings of comedy Billy Crystal and Robin Williams are both told by an old flame that they are the father of a son they never knew they had. Unfortunately the boy has gone missing. Even more unfortunately (for them) they manage to find him – and then the fun really begins. Sky 12

Volcano

Los Angeles finds itself sitting atop an erupting volcano, which spells disaster for the millions of people who call the City of Angels home. Emergency chief Mike Roark (Tommy Lee Jones) must save the day, with help from sassy scientist Dr Amy Barnes (Anne Heche). Sky 12 (L)

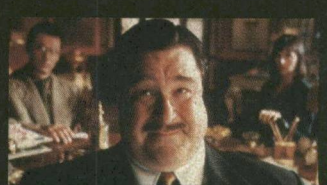


Excess Baggage

Neglected teenage heiress Emily (Alicia Silverstone) and unwilling kidnapper Vincent (Benicio Del Toro) hit the road in a comic cross-country romp. Emily fakes her own kidnapping but is accidentally driven away by Vincent. It is soon hard to tell who's the kidnapper and who's the victim! Sky 12 (V,S)

Starship Troopers

When Earth is threatened by an alien foe, teenager John Rico (Casper Van Dien) signs up to fight. Rico and his fellow troopers are primed for combat against their vicious bug-like alien enemies. Will they survive, or become just another helping of human bug bait? Sky 18 (L,V,S) *Premiere*



The Borrowers

John Goodman stars in this comic adventure for all the family based on the British novels by Mary Norton. The Borrowers are a small family who live under the floorboards of a human household and survive by 'borrowing' what they need from their human counterparts. Sky U *Premiere*

Term & Conditions: 1. Prices correct as at 1st September 1998 and inclusive of VAT at 17.5%. 2. The price of each movie/event will be added to your monthly bill. 3. For technical and operational reasons it is not possible to cancel any ordered movie. 4. You will be responsible for payment for all services ordered whether or not with your knowledge or consent. We therefore advise you to use the password facility to prevent unauthorised booking of these services. 5. Purchase of the movie/event is for broadcast on the set top box for which it has been ordered. It is not possible to transfer purchase from one set top box to another.

The next time you fancy a great night in, here's where to look – Sky Box Office, our movies on-demand service.

Only £2.95 per movie

You can see the best blockbusters months before they appear on any other UK channel, for just £2.95 a movie. You'll find all the films listed here every month – and there are exciting previews on TV Today on Channel 50. So take a look at what we've got to offer – and then get the best seat in the house.

How to order your movie

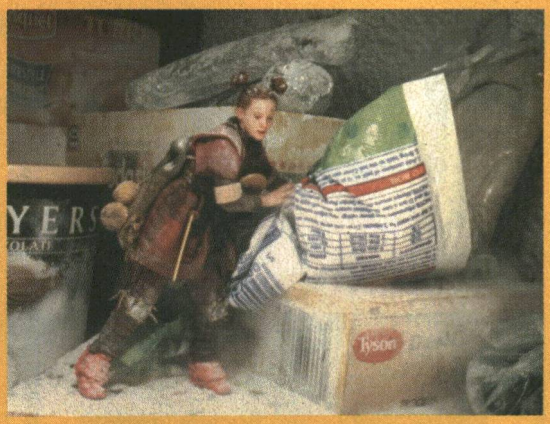
It's easy to order using your remote control. Simply tune in to Channel 50 and follow the instructions shown on TV Today.

(Remote control ordering is not yet available in all areas. It will be become available when the Cable & Wireless Digital Service is launched in 1999).

If you have any questions, you can phone the free TV on-demand helpline on **0500 60 10 50**.

Now all you have to do is choose what you want to watch.

Sky Box Office is not yet available in Millharbour, New Ash Green, Buckinghamshire and South Herts.



The Borrowers

SKY box office

G.I. Jane

A tough action movie with a difference – the hero is a woman. Demi Moore stars as Lt Jordan O'Neill, the first woman to train with the elite Navy SEALs. She needs every ounce of grit and determination – especially since it's not just the men who are against her. Sky 15 (L,V,M)

Buddy

This bizarre movie is based on the true story of 1920s New York socialite and eccentric animal lover Gertrude Lintz, played by Rene Russo. Lintz loves animals and fills her estate and mansion with all sorts of beloved creatures, including the gorilla of the title, which she treats as her own son. Sky U *Premiere*

One Night Stand

When Max (Wesley Snipes) visits Charlie (Robert Downey Jr), an old friend who has been diagnosed with HIV, he falls into bed with a beautiful stranger. He later discovers that the woman is Charlie's brother's wife and, unable to avoid her, Max must either come clean or control his passions. Sky 18 (L,S) *Premiere*

Trial and Error

This courtroom comedy stars Michael Richards (Seinfeld's Kramer) as Richard Rietti, an out-of-work actor who stands in for his lawyer friend during a trial. What was meant to be a five-minute appearance turns into a hilarious ordeal and Rietti finds himself posing as the lawyer for the duration of the trial. Sky 12 *Premiere*

The Wings of the Dove

Romantic period drama about a British girl, Kate (Helena Bonham Carter), her lover, a struggling journalist named Merton Densher (Linus Roache), and their desperate attempt to achieve wealth and prestige in Edwardian society. Sky 15 (S) *Premiere*

Crash

David Cronenberg's controversial film in which a young couple, played by Deborah Kara Unger and James Spader, discover a fascination with the connection between eroticism and automobile accidents. Sky 18 (L,V,M,S)

Jackie Chan's First Strike

Martial arts superstar Jackie Chan portrays a Hong Kong police officer contracted by the CIA and Russian intelligence to recover a stolen nuclear warhead in this high-energy action movie. Sky 12 (S,V)

Home Alone 3

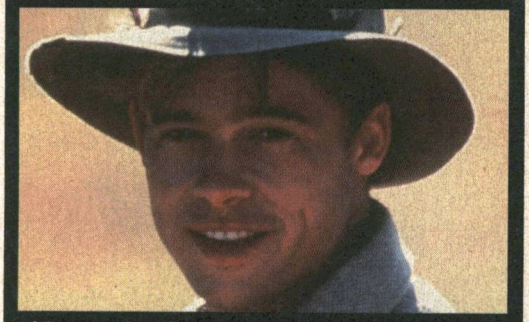
Alex D Linz steps into Macaulay Culkin's pyjamas as the chicken-pox stricken kid who is left alone to deal with a bunch of foreign spies searching for a computer chip. Guess who wins? Sky PG

L = Strong language M = Mature themes
S = Scenes of a sexual nature V = Violence

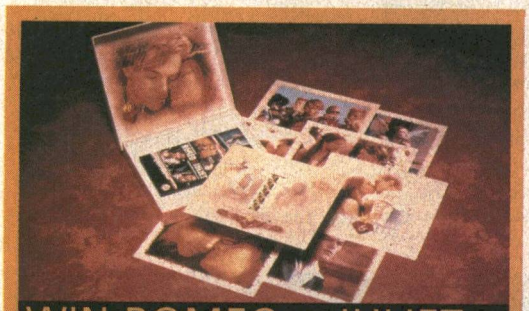
CABLE & WIRELESS

FILM PLANNER

FILMFOUR'S FREE WEEKEND INCLUDES ...



This month, FilmFour are laying on a free weekend, from Friday 22nd to Monday 25th, so that interested viewers who haven't yet subscribed to the channel can see some of the great movies they've been missing. Highlights include 'A River Runs Through It', starring Brad Pitt (above), the original 1955 'Godzilla' (right), and the brutal black comedy 'Man Bites Dog'



WIN ROMEO + JULIET VIDEO GIFT SETS

Aimed at those who prefer their Bard riddled with bullets and enwrapped in pop video packaging, the hugely successful *William Shakespeare's Romeo + Juliet* is an accessible modern-day makeover of the tragic romance – an exhilarating mixture of creative camerawork and energetic MTV-style editing. The star-crossed lovers of the title are tenderly fleshed out by Leonardo DiCaprio and Claire Danes. Twentieth Century Fox have released a luxuriously packaged, limited edition video gift set. Priced £24.99, the set includes the full-screen video, an exclusive *Romeo + Juliet* calendar, a 35mm film cell and six stills. We have ten copies of the video gift set to give away. To enter, simply send us the answer to the following question on a postcard by the 31 January: WHO DIRECTED DICAPRIO IN 'TITANIC'? Send your entry to ROMEO competition, *Cable Guide*, 172 Tottenham Court Road, London W1P OJJ. The first ten correct entries picked at random will win. The usual rules apply.

ANIMATION

ALADDIN AND THE KING OF THIEVES 3 Disney SUBTITLED ★★★
BABES IN TOYLAND 10 Disney SUBTITLED ★★★
BAD BABY 31 Disney SUBTITLED ★★★
BEAVIS AND BUTT-HEAD DO AMERICA 22, 27 Sky MovieMax SUBTITLED, PREMIERE ★★★★
THE BRAVE LITTLE TOASTER TO THE RESCUE 24 Disney SUBTITLED ★★★
GOLDILOCKS AND THE THREE BEARS 2, 10 Sky MovieMax ★★★
LEGEND OF THE OVERFIEND 9 FilmFour ★★★
ONE HUNDRED AND ONE DALMATIANS 31 Disney SUBTITLED ★★★★
PETE'S DRAGON Helen Reddy, Jim Dale **10, 19, 28 Sky Premier** ★★★
RACE FOR YOUR LIFE, CHARLIE BROWN 12, 24 Sky Premier ★★★

COMEDY

THE ADVENTURES OF FORD FAIRLANE 18 Sky Cinema DS ★★★
THE ADVENTURES OF SHERLOCK HOLMES' SMARTER BROTHER 10, 21 Sky MovieMax ★★★
AFRICA SCREAMS 8, 28 Sky Cinema ★★
AMORE! Jack Scalia **11, 25 Sky MovieMax** DS ★★★
ANGUS Charlie Talbert **23 Sky MovieMax** ★★★
ARTISTS AND MODELS 24 Sky Cinema ★★★
THE ASSOCIATE 9 Sky MovieMax SUBTITLED ★★★★
BACHELOR PARTY 7 Sky MovieMax ★★★★
BAD MEDICINE 4, 14, 29 Sky Cinema ★★★
BARCELONA Taylor Nichols **17 FilmFour** ★★★
BEAUTIFUL GIRLS 24 Sky MovieMax SUBTITLED ★★★★
BEDKNOBS AND BROOMSTICKS 23 Disney SUBTITLED ★★★★
THE BEST HOUSE IN LONDON 17 TNT ★★★
BIG TOP PEE-WEE 23 Sky Premier DS ★★★
BIG 6 Sky Premier ★★★★
THE BOMBER BOYS 8, 18 Sky Premier ★★★
BOTTLE ROCKET 9 Sky Premier ★★★
BRASSED OFF Ewan McGregor **5 FilmFour** ★★★★
BREAKING IN 4, 22 Sky Premier DS ★★★
BUCK PRIVATES COME HOME 5 Sky Cinema ★★★
BURY ME IN NIAGARA 29 Sky MovieMax ★★★★
CASPER: A SPIRITED BEGINNING 2 Sky Premier DS ★★★★★
CRACKING UP 3 HVC ★★★
CRIMES AND MISDEMEANORS 30 Sky Cinema ★★★★
CRY BABY Johnny Depp **17 Sky MovieMax** ★★★★
CURSE OF THE QUEERWOLF 11 HVC ★★
THE DEVIL AND MISS JONES Jean Arthur **3 Sky Cinema** ★★★
DIRTY DINGUS MAGEE Frank Sinatra **6 TNT** ★★★
MY DATE WITH THE PRESIDENT'S DAUGHTER SUBTITLED **12 Disney** ★★★
DREAM TRAP 29 HVC ★★★
THE DUCHESS AND THE DIRTWATER FOX George Segal **16 Sky Cinema** ★★★
EDDIE 9 Sky MovieMax SUBTITLED ★★
EDIE AND PEN 6, 16, 25 Sky Premier DS ★★★
EMPIRE RECORDS 27 Sky Premier SUBTITLED DS ★★★
THE ENGLISHMAN WHO WENT UP A HILL, BUT CAME DOWN A MOUNTAIN 4 FilmFour ★★★
ERIK THE VIKING 18 Sky MovieMax SUBTITLED ★★
ERNEST GOES TO AFRICA 21 Disney SUBTITLED ★★
EVERY GIRL SHOULD BE MARRIED Cary Grant, Franchot Tone **4 Sky Cinema** ★★★
FIERCE CREATURES 1 Sky Premier ★★
THE FIREMAN'S BALL 21 FilmFour ★★★★
FOUR WEDDINGS AND A FUNERAL Hugh Grant **1 FilmFour** ★★★★★
FRANKIE AND JOHNNY 19, 29 Sky Premier ★★★
FROG AND WOMBAT Ronny Cox, Lindsay Wagner **7, 18, 31 Sky Premier** ★★★
FROM NOON TILL THREE 19 Sky Cinema ★★★
THE GNOME MOBILE 3 Disney SUBTITLED ★★★
GODDESS OF LOVE 21, 31 Sky MovieMax ★★★
GOING MY WAY Bing Crosby **9 Sky Cinema** ★★★
GOVERNMENT GIRL 6 Sky Cinema ★★★
THE GREAT LOVER Bob Hope **12 Sky Cinema** ★★★
THE GREAT WHITE HYPE 18, 28 Sky Premier SUBTITLED ★★★
GREEN CARD 7, 29 Sky Premier ★★★
GRUMPIER OLD MEN Jack Lemmon, Walter Matthau **15 Sky MovieMax** SUBTITLED ★★★
HARRIET THE SPY 2 Sky Premier SUBTITLED DS ★★★
HELLO AGAIN Shelley Long **4, 14, 31 Sky Premier** ★★★
HOME FRONT Lynn Redgrave **19 Sky Premier** ★★★
HONKY TONK 12 TNT ★★★
HOW I WON THE WAR 24 Sky Cinema ★★★★
THE HOUSEHOLDER Shashi Kapoor, Leela Naidu **4 Sky Cinema** ★★★
HULLABALOO OVER GEORGE AND BONNIE'S PICTURES Peggy Ashcroft, Victor Bannerjee **11 Sky Cinema** ★★★
HURT PENGUINS Daniel Kash **14 HVC** ★★
IN THE BLEAK MIDWINTER 26 Sky MovieMax SUBTITLED ★★★★
IRMA LA DOUCE Shirley MacLaine **23 Sky Cinema** ★★★★
IT HAD TO BE YOU Joesph Bologna **27 HVC** ★★★
THE JERKY BOYS 15 Sky MovieMax PREMIERE ★★★
JOHNNY NITRATE Tony Nardi, Janet Laine-Green **7 HVC** ★★
JUNGLE 2 JUNGLE 24 Disney SUBTITLED ★★
KINDERGARTEN COP 17, 23 Sky Premier ★★★
LARGER THAN LIFE 8, 24 Sky Premier ★★★
THE LAST SUPPER 31 Sky Premier ★★★★
THE LEMON DROP KID 8, 17 Sky Cinema ★★★★
LIAR LIAR 2 Sky Premier SUBTITLED ★★★
M*A*S*H 3, 25 Sky Cinema ★★★★★
MAGIC TOWN James Stewart **13 Sky Cinema** ★★★
MANNEQUIN 14 Sky MovieMax ★★
MARCHING OUT OF TIME 30 HVC ★★
METROPOLITAN Edward Clements **17 FilmFour** ★★★
MICHAEL 25 Sky Premier DS SUBTITLED ★★★
MICKEY ONE Warren Beatty **19 FilmFour** ★★★
A MODERN AFFAIR Lisa Eichhorn, Stanley Tucci **2 Sky Premier** ★★★
MONACO FOREVER Charles Pitt **3, 16 HVC** ★★
MONEY TRAIN Wesley Snipes, Woody Harrelson **11 Sky Premier** SUBTITLED ★★★
MONKEY BUSINESS 27 Sky Cinema ★★★★
MONSIEUR BEAUCAIRE 30 Sky Cinema ★★★
MR AND MRS SMITH 30 Sky Cinema ★★
MR LUCKY Cary Grant, Laraine Day **16 Sky Cinema** ★★★
MUPPET TREASURE ISLAND 1, 10, 13, 17 Disney SUBTITLED ★★★
MY FELLOW AMERICANS Jack Lemmon **8 Sky MovieMax** SUBTITLED ★★★
MY LITTLE CHICKADEE 24 Sky Cinema ★★★★
THE NAKED GUN 21/2: THE SMELL OF FEAR Leslie Nielsen **22 Sky MovieMax** ★★★
NEVER TOO LATE 9 Sky Premier ★★★
NEXT STOP, GREENWICH VILLAGE 15, 24 Sky MovieMax ★★★
NOTHING BUT THE TRUTH 3 Sky Cinema ★★★
THE NUTTY PROFESSOR Jerry Lewis, Howard Morris **1, 26 Sky Cinema** ★★★★
OO LUCKY MAN! 19 Sky Cinema ★★★
ONE FINE DAY George Clooney **23, 26 Sky Premier** SUBTITLED PREMIERE ★★★
THE PERILS OF PAULINE Terry-Thomas **10 Sky Cinema** ★★★
PICTURE PERFECT 5, 21 Richard Karn, **Sky Premier** PREMIERE ★★★★
THE PINK PANTHER Peter Sellers, David Niven, Capucine **1 Sky Cinema** ★★★★★
PLAY IT AGAIN, SAM Woody Allen **23 Sky Cinema** ★★★★
POLISH VAMPIRE IN BURBANK 5 HVC ★
PRIVATE PARTS Howard Stern **15 Sky MovieMax** SUBTITLED ★★★
PROBLEM CHILD John Ritter **23 Sky Premier** ★★
PROBLEM CHILD 2 24, 30 Sky Premier ★
PRINCIPAL TAKES A HOLIDAY 8 Disney SUBTITLED ★★★★
THE RANCH Andrew Stevens **7 HVC** ★★
RED ROCK WEST 6 FilmFour ★★★★
RIFF-RAFF Robert Carlyle **21 FilmFour** ★★★★
ROAD TO ZANZIBAR 21 Sky Cinema ★★★★
ROMANOFF AND JULIET Peter Ustinov, John Gavin **14 Sky Cinema** ★★★★
ROOMMATES Peter Falk **10 Sky Premier** ★★★★

Here's our alphabetical at-a-glance planner to January's films on Sky Premier, Sky MovieMax, Sky Cinema, FilmFour, TNT, Disney and HVC. For full details and times, please refer to the daily listings. **PREMIERE:** first showing on British TV. **WIDESCREEN:** a film shown in letterbox format. **LAST PLAY:** last showing on the channel indicated. **SUBTITLES:** a film subtitled on Page 888 of SKYTEXT. **DS:** Dolby Surround. Figures denote date of the month.

★★★★★ Unmissable ★★★★ Good ★★★ Quite good ★★ Average ★ Awful

RUSTLERS' RHAPSODY 16 Sky Premier DS ★★★
SAFETY PATROL 18 Disney SUBTITLED ★★★
SAY ANYTHING John Cusack, Ione Skye 2 Sky Cinema ★★★
SEE NO EVIL, HEAR NO EVIL Richard Pryor, Gene Wilder 5 Sky MovieMax ★★★
SENIOR WEEK 21 HVC ★★
SHE'S THE ONE Jennifer Aniston, Cameron Diaz 2, 10 Sky MovieMax SUBTITLED ★★★★
SHE-DEVIL Roseanne Barr 2 Sky MovieMax DS ★★
SINGLES 16 FilmFour ★★★★
SIRENS Hugh Grant, Tara Fitzgerald 15 FilmFour ★★★★
SKIN DEEP John Ritter, Alyson Reed 3 Sky MovieMax ★★★
SLAM DUNK ERNEST 2 Disney SUBTITLED ★★
SOAPDISH Sally Field, Kevin Kline 3 Sky Premier ★★★
SPACE JAM 10, 16 Sky Premier SUBTITLED ★★★★
SPICEWORLD THE MOVIE 6, 16 Sky MovieMax ★★★
SPY HARD 30 Sky MovieMax SUBTITLED ★★★
STEPPING OUT Liza Minnelli 3 Sky Premier DS ★★★★
THE STUPIDS 27 Sky MovieMax SUBTITLED ★★
SWEET REVENGE Carrie Fisher, Rosanna Arquette 27 Sky MovieMax ★★★
SWIMMING WITH SHARKS Kevin Spacey, Frank Whaley 6, 15 Sky Premier ★★★★
SWINGERS Jon Favreau, Vince Vaughn, Patrick Van Horn 31 Sky MovieMax PREMIERE ★★★★
SWITCH IN TIME 3, 20 Sky MovieMax ★★★
THE TENDER TRAP Frank Sinatra 21 TNT ★★★
THEODORE REX 9 Sky MovieMax SUBTITLED ★★★
THREE MUSCATELS Richard Pryor 20 HVC ★★
TO DIE FOR Nicole Kidman 25 FilmFour ★★★★
A TOUCH OF LARCENY 3 Sky Cinema ★★★★
TRIGGER HAPPY Richard Dreyfuss, Burt Reynolds 11 Sky MovieMax ★★★★
TWO MUCH Melanie Griffiths, Antonio Banderas 29 Sky MovieMax PREMIERE ★★★★
UHF 'Weird Al' Yankovic 6 Sky MovieMax DS ★★★
THE UNDERCOVER KID 3, 14, 22 Sky MovieMax ★★★
UP YOUR ALLEY 17 HVC ★
VEGAS VACATION 22 Sky MovieMax SUBTITLED ★★★
WALK LIKE A MAN Howie Mandel, 7 Sky Premier ★★★
THE WEDDING Halle Berry 8 Sky Premier ★★★
WHAT A WAY TO GO! 26 Sky MovieMax ★★★
WHO'S GOT THE ACTION? 17 Sky Cinema ★★★
WIDOW'S PEAK Mia Farrow 7 FilmFour ★★★
THE WITCHES Anjelica Huston 1 Sky Premier DS ★★★★
WORKING GIRL Melanie Griffiths, Harrison Ford 23 Sky Premier ★★★★
YOU LUCKY DOG 2 Disney SUBTITLED ★★★★
YOU'RE TELLING ME 6 Sky Cinema ★★★

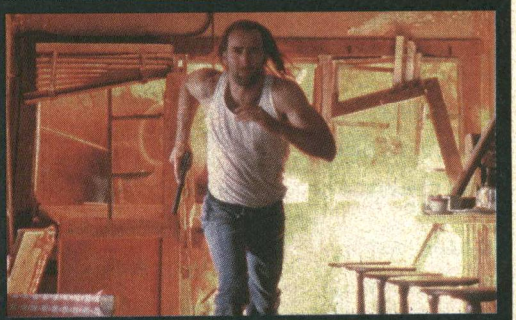
DOCUMENTARY

BACALL ON BOGART 23 TNT ★★★
THE FARM: ANGOLA, USA 7 FilmFour ★★★
GLASTONBURY: THE MOVIE The Verve, Omar, Spiritualised 23 FilmFour ★★★
THE HAMSTER FACTORY AND OTHER TALES OF 12 MONKEYS 13 FilmFour ★★★★
JIMI PLAYS MONTEREY 6 FilmFour ★★★★
THE KIDS ARE ALRIGHT The Who, Russell Harty 2 FilmFour ★★★★
THE TYPEWRITER, THE RIFLE & THE MOVIE CAMERA Tim Robbins 12 FilmFour ★★★★
WOODSTOCK The Who 6 Sky Cinema ★★★★
ZIGGY STARDUST AND THE SPIDERS FROM MARS 6 FilmFour ★★

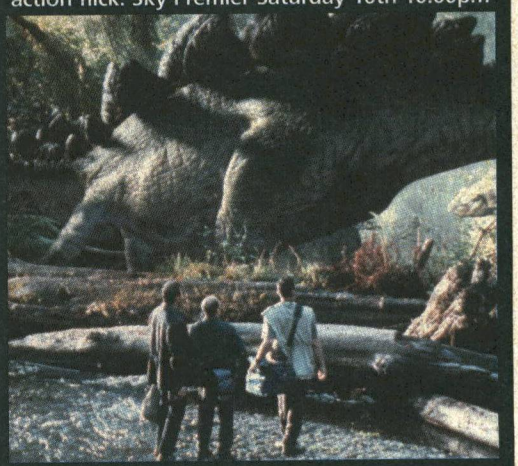
DRAMA

ABANDON SHIP 14, 30 Sky Cinema ★★★
ABOUT MRS LESLIE 15 Sky Cinema ★★★★
ACTION JACKSON Carl Weathers 6 Sky MovieMax SUBTITLED DS ★★★
ADA Dean Martin 21 TNT ★★★
ADRENALIN: FEAR THE RUSH Christopher Lambert 4 Sky MovieMax ★★★
ADVISE & CONSENT 30 Sky Cinema ★★★
AFTER JIMMY Meredith Baxter 22 Sky Premier ★★★
ALEX AND THE GYPSY 7 Sky Cinema ★★★
ALFRED THE GREAT David Hemmings 21 TNT ★★★★
ALICE DOESN'T LIVE HERE ANYMORE Ellen Burstyn 13 Sky Cinema ★★★★
ALL THE FINE YOUNG CANNIBALS 26 TNT ★★★
AMELIA EARHART: THE FINAL FLIGHT 20 TNT ★★★
AMERICAN HOT WAX 12, 20, 31 Sky MovieMax ★★★
AMORE! Jack Scalia 25 Sky MovieMax ★★★
AMY Jenny Agutter 9, 15, 27 Sky Premier ★★★★
AN UNEXPECTED FAMILY Christine Ebersole 26 Sky MovieMax ★★★
THE ANGEL OF PENNSYLVANIA AVENUE 26 Sky Premier ★★★
ANGELS WITH DIRTY FACES 18 TNT ★★★★
ANNE OF WINDY POPLARS 13 Sky Cinema ★★★
ANY PLACE BUT HOME Joe Lando 21 Sky MovieMax PREMIERE ★★★
AROUND THE WORLD IN 80 DAYS David Niven 10 Sky Cinema ★★★★
ARTURO'S ISLAND Reginald Kernan 27 TNT ★★★★
THE ASPHALT JUNGLE Sterling Hayden 5 TNT ★★★★
THE AVIATOR 27 Sky Premier DS ★★★
AWAKENINGS Robin Williams 7 Sky Premier DS ★★★★
BACK TO BATAAN 6 Sky Cinema SUBTITLED ★★★
BACKSTAGE 4 HVC ★★★★★
THE BANDIT OF SHERWOOD FOREST Cornel Wilde 4 Sky Cinema ★★★
BANG 17 Sky MovieMax PREMIERE ★★★★
BARTON FINK John Turturro 14 FilmFour ★★★★
BATTLE BENEATH THE EARTH 18 TNT ★★★★
BATTLE HYMN Rock Hudson 27 Sky Cinema ★★★
BEAUTIFUL THING Glen Berry 11 FilmFour ★★★★
THE BED YOU SLEEP IN 8 HVC ★★★
BEFORE AND AFTER 2 Sky MovieMax ★★★
BEFORE SUNRISE Ethan Hawke 30 FilmFour ★★★★
BETTY BLUE Beatrice Dalle 22 FilmFour ★★★★
BEYOND THE CLOUDS Fanny Ardant 2, 12, 28 Sky Cinema WIDESCREEN ★★★
BIG AND HAIRY 29 Disney PREMIERE ★★★
THE BIG BLUE Jean Reno 10 FilmFour ★★★
THE BIG GAME 13 Sky MovieMax ★★★★
THE BIG GAME 23 HVC ★★
THE BIG RED ONE Lee Marvin 20 Sky Cinema ★★★
THE BIG SKY Kirk Douglas 23 Sky Cinema ★★★★
BIG WEDNESDAY Gary Busey 9 FilmFour ★★★★
THE BIGGEST BUNDLE OF THEM ALL 5 TNT ★★★
BLOW-UP 26 TNT ★★★★
BLUE JUICE Sean Pertwee 1 FilmFour ★★★
BLUE RODEO Ann-Margret 1, 15 Sky MovieMax ★★★★
BLUE SKY 5 FilmFour ★★★
BLUME IN LOVE 14 Sky Cinema ★★★★
BODY COUNT 29 HVC ★★
BOMBAY TALKIE Shashi Kapoor 4 Sky Cinema ★★★
BORROWED HEARTS 1 Disney PREMIERE ★★★
THE BORROWERS 4, 13, 29 Sky Premier ★★★★
THE BOSTON STRANGLER 21 Sky Cinema ★★★★
BOUDOU SAVED FROM DROWNING 5 FilmFour ★★★
BOUNTY HUNTERS 8 Sky Premier ★★★★
BOX OF MOONLIGHT John Turturro, Sam Rockwell 31 Sky MovieMax SUBTITLED ★★★★
BRINK! Erik Von Detton 4 Disney SUBTITLED ★★★★
BROTHERLY LOVE Peter O'Toole 22 TNT ★★★★
BRUBAKER 7, 25 Sky Cinema ★★★★
BULLET Mickey Rourke 27 Sky MovieMax ★★★★
BUTTERFIELD 8 Elizabeth Taylor 28 TNT ★★★★
CAL John Lynch, Helen Mirren 4 FilmFour ★★★★
CALL NORTHSIDE 777 6 Sky Cinema ★★★★
CARLA'S SONG Robert Carlyle 15 FilmFour ★★★★
CARRIERS 5, 13, 30 Sky Premier ★★★
CASABLANCA Humphrey Bogart 24 TNT ★★★★★
CASPER: A SPIRITED BEGINNING 2 Sky Premier DS ★★★★
CATCH-22 Alan Arkin 24 Sky Cinema ★★★★★
CHALLENGERS 7, 16, 24 Sky MovieMax ★★★
THE CHAMP Jon Voight 31 TNT ★★★★
CHAMPION Kirk Douglas 1 Sky Cinema ★★★
A CHANGE OF HEART 1, 16, 28 Sky Premier ★★★★
CHASING THE DEER 18, 29 Sky MovieMax WIDESCREEN ★★★
CHE! 1 Sky Cinema ★★★★
CHEATERS Joseph Schildkraut 2 Sky Cinema ★★★
CHILDHOOD SWEETHEARTS 6 Sky MovieMax ★★★★
A CHRISTMAS CAROL 9 Sky Premier ★★★
CITY ON FIRE Chow Yun-Fat 10 FilmFour ★★★

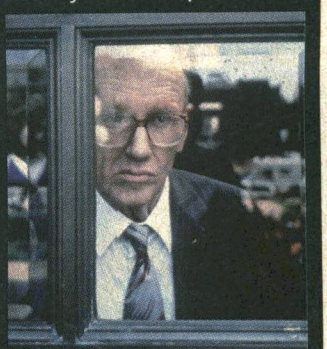
JANUARY PREMIERES



Nicolas Cage scorches the screen in the explosive adventure 'Con Air', a high-octane hybrid of the prison picture and the airborne action flick. Sky Premier Saturday 16th 10.00pm



More prehysteria. 'The Lost World: Jurassic Park', Steven Spielberg's thrilling sequel to his 1993 monster smash, stomps onto Sky Premier Saturday 30th 8.00pm



A reflective moment. James Woods contemplates his murderous actions of 30 years earlier in 'Ghosts from the Past'. Sky Premier Thursday 28th 8.00pm

Jon Favreau and Vince Vaughn cruise Las Vegas for 'babies' in the hip, endlessly quotable comedy 'Swingers'. Sky MovieMax Sunday 31st 9.00pm

CITY THAT NEVER SLEEPS 13 Sky Cinema ★★★★
COBRA Sylvester Stallone 13 Sky MovieMax ★★★
COME SEE THE PARADISE 16 Sky Premier ★★★
THE COMEDIANS 18 TNT WIDESCREEN ★★★★
CON AIR 16, 19, 25 Sky Premier PREMIERE ★★★★
CONTRABAND 16 Sky Cinema ★★★
CORNERED Dick Powell, Walter Slezak 18 Sky Cinema ★★★★
COURAGE UNDER FIRE 6 Sky Premier SUBTITLED ★★★★
COYOTE SUMMER 8 Sky MovieMax ★★★★
THE CROSSING GUARD Jack Nicholson 8, 20 Sky Premier SUBTITLED ★★★★
THE CRUCIBLE 3 Sky Premier SUBTITLED ★★★★
DANCE 'TIL DAWN 6 Disney SUBTITLED ★★★★
DANNY, CHAMPION OF THE WORLD 7 Disney SUBTITLED ★★★
THE DARK PAST 9, 22 Sky Cinema ★★★
DAYS OF GLORY 5, 20 Sky Cinema ★★★★
DAYS OF WINE AND ROSES 4 Sky Cinema ★★★★
DEAD MAN WALKING Susan Sarandon, Sean Penn 8, 20 Sky Premier SUBTITLED ★★★
DEAD SILENCE 14 Sky Premier SUBTITLED ★★★
DEADLOCK 24 HVC ★★★
DEADLY SPY GAMES Troy Donohue 5 HVC ★★
THE DEER HUNTER Robert De Niro 19 FilmFour ★★★★
DEFENDERS: THE PAYBACK Beau Bridges 11 Sky MovieMax ★★★★
DESPERATION HIGHWAY 15, 25 HVC ★★
DETOUR 2 FilmFour ★★★
DIRTY MARY, CRAZY LARRY Peter Fonda, Susan George 5 Sky Cinema ★★★★
DONNIE BRASCO 30 Sky Premier SUBTITLED DS ★★★
DRAGNET Jack Webb 12 Sky Cinema ★★★★
THE DUELLISTS 3 Sky Premier ★★★

EBIRAH – HORROR OF THE DEEP Akira Takarada 8 Sky MovieMax ★★★
THE EFFECT OF GAMMA RAYS ON MAN-IN-THE-MOON MARIGOLDS 13, 21, 31 Sky MovieMax ★★★
THE EIGHTH DAY 5 Sky Cinema ★★★
EMMA 20, 28 Sky MovieMax SUBTITLED ★★★
EMPIRE OF THE SUN Christian Bale 15 Sky Premier SUBTITLED DS ★★★
THE END OF THE GOLDEN WEATHER Stephen Fulford 13, 24 Sky MovieMax ★★★★
THE ENGLISH PATIENT Ralph Fiennes 1 Sky Premier SUBTITLED ★★★★
ENID BLYTON'S RIVER OF ADVENTURE 4 Disney SUBTITLED ★★★
ENID BLYTON'S SEA OF ADVENTURE 5 Disney SUBTITLED ★★★
ENID BLYTON'S SHIP OF ADVENTURE 6 Disney SUBTITLED ★★★
ENID BLYTON'S VALLEY OF ADVENTURE 7 Disney SUBTITLED ★★★
ENID BLYTON'S WOODS OF ADVENTURE 8 Disney SUBTITLED ★★★
ENTER THE BLOOD RING Robert Z'dar 18 HVC ★★★
ENTERTAINING ANGELS Moira Kelly, Heather Graham 14, 22 Sky Premier SUBTITLED PREMIERE ★★★
THE EUROPEANS 11, 25 Sky Cinema ★★★
EXCEPTION TO THE RULE 2 Sky MovieMax ★★★★
EXECUTIVE DECISION Kurt Russell 7 Sky MovieMax SUBTITLED ★★★★

FANDANGO Kevin Costner 5 Sky MovieMax ★★★★
FATHER BROWN 25 Sky Cinema ★★★★
FEAST OF JULY Ben Chaplin 9 Sky Premier DS ★★★★
A FIGHT FOR JUSTICE 24 Sky MovieMax ★★★
THE FIGHTING SEABEES 7, 23 Sky Cinema ★★★
FIRST DO NO HARM Meryl Streep 7, 18, 30 Sky Premier PREMIERE ★★★
THE FIXER Alan Bates, Dirk Bogarde 19 TNT ★★★★
FLASH 5 Disney ★★★
FLED 17 Sky Premier SUBTITLED ★★★
FLESH + BLOOD 13 Sky MovieMax DS ★★★★
FLESH AND FURY Tony Curtis 20 Sky Cinema ★★★
FLY AWAY HOME Jeff Daniels 3, 13, 26 Sky Premier SUBTITLED ★★★
FLYING TIGERS John Wayne 3, 29 Sky Cinema ★★★★
FOR HOPE Polly Bergen 5 Sky MovieMax ★★★
FRANKIE STARLIGHT 3 FilmFour ★★★★
FRENCH CONNECTION II 17 Sky Cinema ★★★★
FRENCHMAN'S CREEK 18 Sky Cinema ★★★★
FRIED GREEN TOMATOES AT THE WHISTLESTOP CAFE 4 FilmFour ★★★★

GATOR KING Jay Richardson 17, 30 HVC ★
THE GHOST AND THE DARKNESS 19 Sky Premier SUBTITLED ★★★★
GHOSTS FROM THE PAST Alec Baldwin 28 Sky Premier PREMIERE ★★★
GIRL 6 11, 24 Sky Premier SUBTITLED ★★★
THE GIRL AND THE GENERAL Rod Steiger 27 TNT ★★★
THE GIRL WITH BRAINS IN HER FEET Joanna Ward, Amanda Mealing 10 Sky MovieMax PREMIERE ★★★
THE GLASS MENAGERIE 27 Sky Cinema ★★★
GO ASK ALICE Andy Griffith 24 Sky MovieMax ★★★★
GOD IS MY CO-PILOT Dennis Morgan 8 TNT ★★★
THE GOLDEN ARROW Tab Hunter 31 TNT ★★★
GOLDILOCKS AND THE THREE BEARS 2, 10 Sky MovieMax ★★★
GOTTI Anthony Quinn 26 Sky Premier SUBTITLED ★★★
THE GREAT ESCAPE 31 Sky Cinema ★★★★★
THE GREAT WHITE HOPE James Earl Jones 26 Sky Cinema ★★★
GREEN 5 HVC ★★
GREGORY'S GIRL 1 FilmFour ★★★★
GRIDLOCK'D 3 Sky MovieMax PREMIERE ★★★★
GUESS WHO'S COMING TO DINNER? Sidney Poitier 19 Sky Cinema ★★★★
GUNCRAZY Drew Barrymore 8 FilmFour ★★★★
GUNGA DIN Cary Grant 16 Sky Cinema ★★★★
GUS Ed Asner, Tim Conway 14, 23 Sky MovieMax ★★★

HALLOWEENTOWN 27 Disney SUBTITLED ★★★★
HAMLET 6, 24 Sky Premier SUBTITLED DS ★★★★
HANG UP 28 HVC ★★
HANUSSEN 30 Sky MovieMax ★★★
HARD MEN 19 Sky MovieMax DS ★★★
HAWK'S VENGEANCE 25 Sky MovieMax DS ★★★★
HEART FULL OF RAIN Rick Schroder 11, 31 Sky MovieMax PREMIERE ★★★
HEARTS 1 Disney ★★★
HEAT AND DUST Julie Christie 18 Sky Cinema ★★★
HEAVY 3 FilmFour ★★★
THE HELL WITH HEROES 8, 29 Sky Cinema ★★★
THE HILL Sean Connery 16 TNT WIDESCREEN ★★★★
THE HIRED HEART 7, 26 Sky MovieMax ★★★★
HIS GIRL FRIDAY Cary Grant 14 FilmFour ★★★★★
HIS KIND OF WOMAN Robert Mitchum, Jane Russell 2 Sky Cinema ★★★★
HIT MAN Pam Grier 6 TNT WIDESCREEN ★★★★
A HOLIDAY FOR LOVE 6 Sky MovieMax ★★★
HOLLOW REED Sam Bould 18 FilmFour ★★★
HORSE WITH STRIPES 12, 20 HVC ★★★
HOSTILE INTENT Rob Lowe 30 Sky MovieMax ★★★
HOTEL SORRENTO Caroline Goodall, Caroline Gillmer 8 Sky Premier SUBTITLED ★★★
HOUSE OF SEVEN GABLES 9 Sky Cinema ★★★
HOW TO MAKE AN AMERICAN QUILT 27 Sky Premier SUBTITLED ★★★
HOWARDS END Emma Thompson, Vanessa Redgrave 25 Sky Cinema ★★★★
THE HUDSUCKER PROXY 14, 24 FilmFour ★★★★
THE HUSTLER Paul Newman 30 Sky Cinema ★★★★

I WALK THE LINE 10, 18, 29 Sky Cinema ★★★★
I'LL BE SEEING YOU 7 Sky Cinema ★★★★
IF LUCY FELL 14, 20 Sky Premier ★★★★
IN LOVE AND WAR Sandra Bullock, 5 Sky Premier SUBTITLED DS ★★★
IN NAME ONLY 11 Sky Cinema ★★★
IN THE NAME OF LOVE: A TEXAS TRAGEDY 6 Sky MovieMax ★★★★
THE INCREDIBLE GENIE 11 Disney SUBTITLED ★★★
THE INCREDIBLE JOURNEY Emile Genest, John Drainie 1, 16 Sky Premier ★★★★★
IT'S MY PARTY Eric Roberts 3, 22 Sky MovieMax ★★★
IVANHOE 11 TNT ★★★★

JACKNIFE Robert De Niro 23 Sky MovieMax ★★★
JAILBREAK Ally Sheedy 18 Sky MovieMax ★★★
JANE EYRE William Hurt, Charlotte Gainsbourg 4, 19 Sky MovieMax SUBTITLED ★★★
THE JANUARY MAN 16 Sky MovieMax DS ★★★
JERRY MAGUIRE Tom Cruise 6 Sky Premier ★★★
JITTERS Joely Fisher 1, 10, 21, 27 Sky Premier PREMIERE ★★★★★
JOAN OF ARC PART 1 Sandrine Bonnaire 26 Sky Cinema WIDESCREEN ★★★
JOAN OF ARC PART 2 Sandrine Bonnaire 27 Sky Cinema WIDESCREEN ★★★
JOSHUA THEN AND NOW 21 Sky Cinema ★★★
JULES VERNE'S 800 LEAGUES DOWN THE AMAZON Daphne Zuniga 20, 30 Sky MovieMax ★★★
JUST LIKE DAD 20 Disney SUBTITLED ★★

KTHE KARATE KILLERS 29 TNT ★★★
KEYS TO TULSA Eric Stoltz, Cameron Diaz 7 Sky MovieMax SUBTITLED ★★★
THE KID Rod Steiger 5, 16, 28 Sky MovieMax PREMIERE ★★
KING DAVID Richard Gere 3 Sky Cinema DS ★★★
KING OF NEW YORK Christopher Walken, Wesley Snipes 27 FilmFour ★★★★
KNIGHT IN CAMELOT 17, 22 Disney PREMIERE ★★★

L'ATALANTE Michel Simon 12 FilmFour ★★★
LA JETEE 13 FilmFour ★★
LABYRINTH 9 Disney SUBTITLED ★★★★
LADY JANE Helena Bonham Carter 13 Sky Premier ★★
THE LAST AMERICAN HERO 2 Sky Premier ★★★
THE LAST BATTLE Pierre Jolivet 10 FilmFour ★★
THE LAST DAYS OF FRANKIE THE FLY Dennis Hopper 23 Sky MovieMax SUBTITLED ★★★
THE LAST EMPEROR John Lone 7 FilmFour ★★★★
LAST MAN STANDING 5 Sky Premier ★★★
LAWS OF GRAVITY 28 Sky MovieMax ★★★
LE MEPRIS Brigitte Bardot 26 FilmFour ★★★
LE PETIT SOLDAT Michel Subor 5 FilmFour ★★★
LEAN ON ME Morgan Freeman 19 Sky MovieMax ★★★★★
LEGEND OF THE RUBY SILVER John Schneider 20, 30 Sky Premier PREMIERE ★★★
LEO TOLSTOY'S ANNA KARENINA Sophie Marceau, Sean Bean 25 Sky Premier SUBTITLED ★★★
LES CARABINIERS Marino Masé 19 FilmFour ★★★
LET ME CALL YOU SWEETHEART Meredith Baxter 21 Sky Premier ★★★
LETTERS TO THE FUTURE 15 HVC ★★
LIFE IS SWEET David Thewlis 3 FilmFour ★★★★
LIFE ON EARTH AS I KNOW IT 15 HVC ★★
THE LIGHTHORSEMEN 9, 26 Sky Cinema ★★★
LILITH 26 FilmFour ★★★
LITTLE BIGFOOT Matt McCoy 11, 21 Sky MovieMax ★★★
LITTLE GIRLS IN PRETTY BOXES Swoosie Kurtz 18, 28 Sky Premier PREMIERE ★★
LITTLE ODESSA Tim Roth 8 FilmFour ★★★★
LONE STAR Chris Cooper, Kris Kristofferson 21, 30 Sky Premier SUBTITLED ★★★★
LONG DAY'S JOURNEY INTO NIGHT Ralph Richardson 3 Sky Cinema ★★★
THE LONG HOT SUMMER 16 Sky Cinema ★★★★
THE LONG WALK HOME Whoopi Goldberg, Sissy Spacek 5, 14, 23 Sky Premier ★★
A LONG WAY HOME 8, 17, 25 Sky MovieMax ★★★
THE LOST WORLD: JURASSIC PARK 30 Sky Premier PREMIERE DS ★★★
LOVESTRUCK Cynthia Gibb 13 Sky MovieMax ★★
LUST FOR LIFE Kirk Douglas 6 TNT WIDESCREEN ★★★

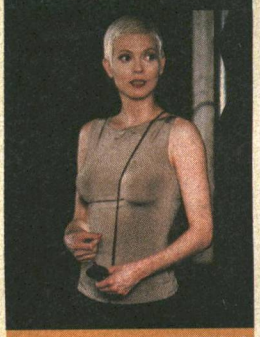
MTHE MADNESS OF KING GEORGE Nigel Hawthorne, Rupert Graves 13 FilmFour ★★★★★
MADNESS OF METHOD 13 HVC ★★
MAGIC IN THE WATER Mark Harmon, Joshua Jackson 17, 25 Sky Premier ★★★
THE MAGNIFICENT AMBERSONS 20 Sky Cinema SUBTITLED ★★★
THE MAGUS Anthony Quinn 13, 31 Sky Cinema ★★★★
MALAIKA John Laughlin 19, 30 Sky MovieMax ★★★
MAN BITES DOG Benoit Poelvoorde 23 FilmFour ★★★
THE MAN WHO WOULD BE KING Sean Connery, Michael Caine 30 Sky Cinema ★★★★
THE MAN WITHOUT A FACE Mel Gibson 20 FilmFour ★★★
MARRIED TO A STRANGER Jaclyn Smith 9, 19, 29 Sky MovieMax PREMIERE ★★★
MATERNAL INSTINCTS Delta Burke 1 Sky MovieMax ★★
MATILDA Danny DeVito, Rhea Perlman 4, 22 Sky Premier SUBTITLED ★★★★
THE MCFALLS 16 HVC ★★
MCLEOD'S DAUGHTERS Tammy MacIntosh 2, 10, 18, 27 Sky MovieMax PREMIERE DS ★★★
MERRILL'S MARAUDERS 13 Sky Cinema ★★★★
A MESSAGE FROM HOLLY Lindsay Wagner, Shelley Long 8, 17, 28 Sky MovieMax ★★
METAL SKIN Aden Young, Tara Morice 11 FilmFour ★★
MIAMI BEACH COPS Frankie Maldonatti 9 HVC ★★
MIAMI RHAPSODY Sarah Jessica Parker, Mia Farrow 16 FilmFour ★★★★
MIDNIGHT EMBERS 25 HVC ★★★
MILLER'S CROSSING Gabriel Byrne 14 FilmFour ★★★★
MINNIE AND MOSKOWITZ 3 Sky MovieMax ★★
MISTER BUDDWING James Garner 17 TNT ★★★
MOBY DICK 5, 20, 29 Sky Premier SUBTITLED ★★★★
MOGAMBO 10 TNT ★★★★
MOONSHINE HIGHWAY Kyle MacLachlan 19 Sky Premier SUBTITLED ★★★
MOTHER Albert Brooks 4 Sky Premier PREMIERE ★★★
MR MAJESTYK Charles Bronson 17 Sky Cinema ★★
MRS WINTERBOURNE 6, 17 Sky Premier ★★
MUTINY ON THE BOUNTY Marlon Brando, Trevor Howard 14 TNT WIDESCREEN ★★★★

NTHE NAKED KISS 12 FilmFour ★★★
NAPOLEON AND SAMANTHA Michael Douglas 11, 20, 29 Sky Premier ★★
THE NAVIGATOR: A MEDIEVAL ODYSSEY Hamish McFarlane 13 FilmFour ★★★
NECESSITY 26 HVC ★★
NELL Jodie Foster, Liam Neeson 5 FilmFour ★★★
NEVER LOOK BACK Nicole Freeman 8 HVC ★★
NEVER SO FEW Frank Sinatra, Gina Lollobrigida 16 TNT WIDESCREEN ★★★
NICK & EDDY (IN TROUBLE) Michael Thomas 19 HVC ★★
NICO THE UNICORN Anne Archer 31 Sky Premier PREMIERE ★★★
NIGHT MUST FALL 2 TNT ★★
THE NIGHT OF THE IGUANA Richard Burton 12 TNT WIDESCREEN ★★★
NIKITA Anne Parillaud, Jeanne Moreau 2 FilmFour ★★★★
NO HIGHWAY IN THE SKY James Stewart, Marlene Dietrich 27 Sky Cinema ★★★★
NO WAY BACK 14 Sky MovieMax ★★★
NONE BUT THE LONELY HEART Cary Grant, Jane Wyatt 26 Sky Cinema ★★★
NONE SHALL ESCAPE Marsha Hunt, Alexander Knox 24 Sky Cinema ★★★
NORTH DALLAS FORTY Nick Nolte 22 Sky Cinema ★★
NOTHING PERSONAL John Lynch 4 FilmFour ★★★

OOF LOVE AND SHADOWS Antonio Banderas, Jennifer Connelly 16 Sky Premier ★★★
OLD YELLER Dorothy McGuire 2, 12, 22 Sky Premier ★★★
ONCE A THIEF Alain Delon, Ann-Margret 3 TNT ★★★★
ONE IS A LONELY NUMBER Trish Van Devere 28 TNT ★★
OPERATION CROSSBOW 20 TNT WIDESCREEN ★★★
OUT OF DARKNESS Malcolm McDowell 25 HVC ★★★

PP'TANG, YANG, KIPPERBANG John Albasiny 3 FilmFour ★★★
PANTHER 27 FilmFour ★★★
THE PAPER BRIGADE 9 Disney SUBTITLED ★★★
PARTY GIRL Parker Posey 25 FilmFour ★★★
THE PASSION OF DARKLY NOON Brendan Fraser 2, 15, 25 Sky Premier ★★★
THE PASSWORD IS COURAGE 16 TNT ★★★
PATTY HEARST Natasha Richardson 4, 12, 21 Sky MovieMax ★★★
THE PEOPLE VS LARRY FLYNT Woody Harrelson 24 Sky Premier SUBTITLED ★★★
THE PERFECT MURDER 6 Sky Cinema ★★★

IN THE FRAME



ELIZABETH GRACEN

What is your favourite movie?
It's a toss-up between *Casablanca*, *Breakfast at Tiffany's* and *Ball of Fire*.

Who is your favourite actor and why?
Cary Grant, he sparkles.

Who are your favourite actresses?
Audrey Hepburn, Katharine Hepburn, Barbara Stanwyck, Jessica Lange.

What is your first movie memory?
Hush ... Hush, Sweet Charlotte. I remember my mum taking me. The images were so strong and the audience screamed.

What is your favourite movie memory?
Last year when I saw the Muhammad Ali documentary *When We Were Kings* with my boyfriend. It was our first film together on our first romantic trip together.

What is the scariest film you've seen?
The Exorcist. It scared me to death.

What is your favourite comedy?
The Philadelphia Story. Give me rapid-fire dialogue any day.

What's your favourite horror film?
The Shining. A great combination of ghost story, mystical insanity and Jack Nicholson!

What's your favourite sci-fi film and why?
2001: A Space Odyssey. It really conveys the scope of the future.

What's your favourite movie quote?
'You played it for her, you can play it for me.' Humphrey Bogart in *Casablanca*.

● Elizabeth Gracen stars in *Highlander: The Raven* on Sci-Fi, Fridays at 8.30pm

THE PETRIFIED FOREST Bette Davis 5 TNT ★★★
PHOENIX AND THE MAGIC CARPET Dee Wallace Stone 31 Sky Premier ★★★
THE PICK UP 30 HVC ★
PICKUP ON SOUTH STREET 12 FilmFour ★★★
PIERROT-LE-FOU Jean-Paul Belmondo 12 FilmFour ★★★
THE PILLOW BOOK Vivian Wu 29 FilmFour ★★★
THE PINK JUNGLE James Garner 15 Sky Cinema ★★★
PLACE IN THE SUN Shelley Winters 3 Sky Cinema ★★★
PLAYING TO WIN Shelley Fabares 19, 31 Sky MovieMax PREMIERE ★★★
POISON 31 FilmFour ★★
THE POPE OF GREENWICH VILLAGE Mickey Rourke 11 Sky Cinema ★★★
PORTRAITS CHINOIS Yvan Attal 25 FilmFour ★★★
POSTCARDS FROM THE EDIGE Meryl Streep 2 Sky MovieMax ★★★
THE PRISONER OF ZENDA Stewart Granger 18 TNT ★★★
PROJECT X Matthew Broderick 15 Sky Premier ★★★
THE PROTECTOR 8, 22 Sky MovieMax ★★
THE PUBLIC EYE Topol 9 Sky MovieMax ★★★
PURE 3 HVC ★★

QUARTET Alan Bates 18 Sky Cinema ★★★
QUIZ SHOW Ralph Fiennes 6 FilmFour ★★★★

THE RAINBOW 9, 24 Sky Cinema DS ★★★
RAINING STONES Bruce Jones 25 FilmFour ★★★
RAN 10 FilmFour ★★★
RANSOM 19 TNT ★★★
RATTLED William Katt, Shanna Reed 5 Sky MovieMax ★★★
RESERVOIR DOGS Harvey Keitel 31 FilmFour ★★★★
RETURN FROM WITCH MOUNTAIN 25 Disney SUBTITLED ★★★
RETURN TO SNOWY RIVER 29 Sky MovieMax ★★
THE RIGHT CONNECTIONS 4 Sky MovieMax ★★
RIKKI AND PETE 11 Sky MovieMax ★★★
A RIVER RUNS THROUGH IT 22 FilmFour ★★★
THE ROARING TWENTIES James Cagney 4 TNT ★★★★
A ROBOT CALLED GOLDDIGGER 22 HVC ★
A ROOM WITH A VIEW Maggie Smith 1, 17 FilmFour ★★★★
ROSEANNA'S GRAVE Paul Weiland 21, 27 Sky Premier PREMIERE ★★★
ROUGH MAGIC Bridget Fonda 1, 11 Sky Premier ★★★
RUMBLE FISH Matt Dillon 23 Sky MovieMax DS ★★★

SACRED HEARTS 12 HVC ★★
SALON KITTY Helmut Berger 30 FilmFour ★★★
SAVAGE MESSIAH Scott Antony 4 TNT ★★★
SCARAMOUCHE Stewart Granger 12 TNT ★★★★★
THE SCARLET EMPRESS 18 Sky Cinema ★★★★
SECOND CHANCE 12 Sky MovieMax PREMIERE ★★★
A SELF-MADE HERO Mathieu Kassovitz 14, 27 Sky MovieMax WIDESCREEN ★★★
SEX, LIES AND VIDEOTAPE 24 FilmFour ★★★
SHADOW MAKERS Paul Newman 17 Sky Premier ★★★
SHAUGHNESSY 3, 13, 22 Sky Premier ★★★
SHOOTDOWN 2, 12, 22 Sky MovieMax ★★★
SHOWDOWN IN LITTLE TOKYO Dolph Lundgren 4 Sky MovieMax ★★
SIMON, KING OF THE WITCHES 10, 19 HVC ★★
SIMPLE MEN Robert Burke 15 FilmFour ★★★
SINK THE BISMARCK! 10 Sky Cinema ★★★
SITTING TARGET Oliver Reed, Jill St John 7 TNT ★★★
SLITHER 19 TNT ★★★
SMOKE 16 Sky MovieMax SUBTITLED ★★★★
SOMEBODY UP THERE LIKES ME 13 TNT ★★★
SPANKING THE MONKEY 13 FilmFour ★★★★
THE STAIRCASE 23 Sky Premier ★★★
STARDUST David Essex 16 FilmFour ★★★
THE STAR MAKER 11, 27 Sky Premier ★★★
THE STARS LOOK DOWN 24 Sky Cinema ★★★
STEALING BEAUTY Liv Tyler 7, 19 Sky Premier SUBTITLED ★★★
STEEL MAGNOLIAS 25 Sky Premier SUBTITLED ★★★
STOLEN WOMEN Janine Turner 26 Sky Premier ★★
THE STORY OF QIU JU 14 FilmFour ★★★★
STORYBOOK 10 HVC ★★
STRAIGHT OUT OF BROOKLYN George T Odom 4 FilmFour ★★★
THE STRANGE AFFAIR OF UNCLE HARRY George Sanders 5 Sky Cinema ★★★
SUNDAY 31 FilmFour ★★★
SURE FIRE 1 HVC ★★
SUSIE Q Shelley Long 10, 22 Sky MovieMax ★★★
SWEET NOTHING Michael Imperioli PREMIERE 21, 31 Sky Premier ★★★
SWEET SWEETBACK'S BAAD ASSSSS SONG John Amos 2 FilmFour ★★★

TAKEN AWAY Michael Tucker 8 Sky Premier ★★
THE TAKING OF PELHAM ONE TWO THREE Walter Matthau 2 Sky Cinema ★★★★
TELEFON 8 TNT ★★★
TELL ME NO LIES 9, 17, 26 Sky MovieMax ★★
TERM OF TRIAL Laurence Olivier 10 Sky Cinema ★★★
THAT THING YOU DO! Tom Everett Scott, Liv Tyler, Tom Hanks 16, 29 Sky Premier SUBTITLED ★★★
THAT'LL BE THE DAY David Essex 16 FilmFour ★★★
36 HOURS 5 TNT ★★★
THREE FACES WEST 9, 29 Sky Cinema ★★★
THE THREE MUSKETEERS Gene Kelly 2 TNT ★★★
THREE COINS IN THE FOUNTAIN Clifton Webb 11 Sky Cinema ★★★★
THREE WISHES 6 Sky Premier SUBTITLED DS ★★
3 WOMEN Sissy Spacek 5 Sky MovieMax ★★★
THE THRILL 11 HVC ★★
TICK ... TICK ... TICK Jim Brown 26 TNT ★★★
THE TICKET Shannen Doherty 25 Sky MovieMax PREMIERE ★★★
TIGHT SPOT Ginger Rogers 28 Sky Cinema ★★★
TIME TO SAY GOODBYE Eva Marie Saint 3, 12 Sky MovieMax ★★★
TITANIC Peter Gallagher, Catherine Zeta Jones 17 Sky Premier SUBTITLED DS ★★★
TO BRAVE ALASKA Alyssa Milano 12 Sky MovieMax SUBTITLED ★★★
TO HAVE AND HAVE NOT Humphrey Bogart 23 TNT ★★★
TOURIST TRAP 14 Disney SUBTITLED ★★★
TOWER OF TERROR 26 Disney SUBTITLED ★★★
TO LOVE, HONOR AND DECEIVE Vanessa Marcil 18, 28 Sky Premier ★★★
TOKYO FIST Shinya Tsukamato 16 FilmFour ★★★
TORN BETWEEN TWO LOVERS Joseph Bologna 7 Sky MovieMax ★★★
THE TOWERING INFERNO Paul Newman, Steve McQueen 16 Sky Cinema ★★★★
TRAIL OF TEARS Katey Sagal 19 Sky MovieMax ★★
TRAVELS WITH MY AUNT Maggie Smith 25 TNT ★★★
THE TREASURE OF THE SIERRA MADRE Humphrey Bogart 23 TNT ★★★
TROJAN EDDIE Richard Harris, Stephen Rea 3 FilmFour ★★★
TRUE COLORS John Cusack 10 Sky MovieMax ★★★
THE 25TH HOUR Anthony Quinn 17 TNT ★★★
TWIN TOWN 9, 15 Sky MovieMax SUBTITLED ★★★
TWO FOR THE ROAD 20 Sky Cinema ★★★★
THE TWO JAKES 16 Sky MovieMax ★★★
THE TWO MRS CARROLLS Humphrey Bogart 23 TNT ★★★

UNCONQUERED 17 Sky Cinema ★★★★
UNDER THE VOLCANO Albert Finney 7 Sky Cinema SUBTITLED ★★★
UNDER WRAPS 28 Disney SUBTITLED ★★★★★
UNDERWATER! Jane Russell 31 Sky Cinema ★★★
UNWED FATHER 7 Sky MovieMax ★★★
UP CLOSE & PERSONAL 9 Sky MovieMax SUBTITLED DS ★★★

VANISHING POINT 1, 18 Sky MovieMax ★★★
A VERY PRIVATE AFFAIR Brigitte Bardot 14 TNT ★★★★
THE VISITANTS Marcus Vaughter 18 HVC ★★
VROOM 26 FilmFour ★★★

THE WALKING STICK 11 TNT ★★★
WALL STREET Michael Douglas 2 Sky Cinema SUBTITLED DS ★★★★
THE WATERDANCE Eric Stolz 3 FilmFour ★★★
WE THE JURY Kelly McGillis 11 Sky Premier ★★★
THE WEBBERS 28 HVC ★★
WETHERBY Vanessa Redgrave 18 FilmFour ★★★★
WHAT LOVE SEES 25 Sky Premier ★★★
WHAT'S EATING GILBERT GRAPE? 1 FilmFour ★★★★
WHERE THE RED FERN GROWS 24 HVC ★★
WHERE THE RED FERN GROWS – PART 2 31 HVC ★★★
WHERE THE SPIES ARE David Niven 11 TNT ★★★
WHERE'S THE MONEY, NOREEN? Julianne Phillips 18 Sky MovieMax ★★★
WHILE MY PRETTY ONE SLEEPS 29 Sky Premier SUBTITLED ★★★
WHISKEY DOWN 24 Sky MovieMax PREMIERE ★★★★
WHITE MAN'S BURDEN 22 Sky Premier ★★
WHITE PALACE 17 Sky MovieMax DS ★★★★
THE WHITE TOWER Glenn Ford 17 Sky Cinema ★★★
WHO FRAMED ROGER RABBIT Bob Hoskins 3, 9, 19, 27 Sky Premier ★★★★
THE WILD SEARCH 2 FilmFour ★★★
WILLIAM SHAKESPEARE'S ROMEO + JULIET Leonardo DiCaprio 3, 13 Sky Premier SUBTITLED ★★★★
THE WIND IN THE WILLOWS Steve Coogan, Eric Idle 15, 25 Sky MovieMax SUBTITLED ★★★★
WOMAN OF STRAW Sean Connery 24 Sky Cinema ★★
WONDERGUY 2, 28 HVC ★★

YOJIMBO Toshiro Mifune 4 FilmFour ★★★★
YOU AND ME 22 HVC ★★
YOUNG HEARTS UNLIMITED 19 Disney SUBTITLED ★★★
THE YOUNG LIONS 9 Sky Cinema ★★★★
YOUNGBLOOD Rob Lowe 30 Sky MovieMax ★★★

ZERO DE CONDUITE 11 FilmFour ★★★★
ZORBA THE GREEK Alan Bates 8 Sky Cinema ★★★★

EROTIC DRAMA

ABOVE THE KNEE Tera Heart 23 HVC ★★
BITTER MOON Peter Coyote 1 FilmFour ★★★★
BLUE MOVIES 21 HVC ★★
GO FISH Wendy McMilan 31 FilmFour ★★★★
INTIMATE OBSESSION Jodie Fisher, James Quarter 4 Sky MovieMax ★★★
JAMON JAMON Penelope Cruz 22 FilmFour ★★★★
KAMA SUTRA: A TALE OF LOVE Indira Varma 15 FilmFour ★★★★
LOVE AND ROMANCE Toni James 13 HVC ★★★
PARADISE CALLING Omar Sharif 14 HVC ★★
POISON IVY: THE NEW SEDUCTION 12 Sky MovieMax PREMIERE ★★★
PREACHING TO THE PERVERTED 17 Sky MovieMax PREMIERE ★★
STEAL MY HEART Crystal Night 1, 22 HVC ★★
WIDE SARGASSO SEA 8 FilmFour ★★★★

HORROR

THE ADDICTION Lili Taylor 31 Sky MovieMax SUBTITLED ★★★
THE BLACK ROOM 2, 12 Sky Cinema ★★★★
THE CROW Brandon Lee 5 FilmFour ★★★★
THE CROW: CITY OF ANGELS 2, 27 Sky Premier SUBTITLED ★★★
DAMIEN: OMEN II 1, 15 Sky Cinema ★★★★
DEAD OF NIGHT 20 FilmFour ★★★★★
THE DEAD ZONE Christopher Walken 20 FilmFour ★★★★
THE FEARLESS VAMPIRE KILLERS 30 TNT WIDESCREEN ★★★
FRIDAY THE 13TH PART VI 25 Sky MovieMax ★★★
FRIDAY THE 13TH PART VII 26 Sky MovieMax ★★★
HABIT Larry Fessenden 24 HVC ★★★★
THE HAUNTED HEART 26 Sky MovieMax ★★★
THE HAUNTING Julie Harris, Claire Bloom 29 TNT ★★★
HOLLYWOOD CHAINSAW HOOKERS 9 HVC ★★
BAD MOON Michael Paré 29 Sky MovieMax ★★★
HOUSE OF FRANKENSTEIN: PART 1 Greg Wise 20, 29 Sky MovieMax PREMIERE ★★★
HOUSE OF FRANKENSTEIN: PART 2 Greg Wise 21, 29 Sky MovieMax PREMIERE ★★★
THE HUNGER Susan Sarandon, David Bowie 31 TNT WIDESCREEN ★★★
THE LEGEND OF HELL HOUSE Roddy McDowall 12, 27 Sky Cinema ★★★
NIGHTMARE MAKER 31 HVC ★★★
A NIGHTMARE ON ELM STREET Heather Langenkamp 20 Sky MovieMax ★★★
POLTERGEIST III 9, 19 Sky MovieMax DS ★★
THE RELIC Penelope Ann Miller 29 SkY MovieMax SUBTITLED ★★★
RETURN OF THE LIVING DEAD II Michael Kenworthy 27 Sky MovieMax ★★★
SCREAMERS Peter Weller 9 Sky Premier ★★★
SON OF FRANKENSTEIN 25 Sky Cinema ★★★★
VAMPIRES IN VENICE 21 Sky MovieMax ★★★
WITCHCRAFT 2 HVC
Gary Slaon ★★★
WORKING STIFFS Beverly Epstein 23 HVC ★★

MUSICAL

AN AMERICAN IN PARIS 28 TNT ★★★★★
THE BAND WAGON 1 TNT ★★★★
CINDERELLA 30 Disney SUBTITLED ★★★
DADDY LONG LEGS 28 Sky Premier ★★★
THE DOORS Val Kilmer 9 FilmFour ★★★★
EVERYONE SAYS I LOVE YOU Woody Allen 11 Sky Premier ★★★★
THE GREAT CARUSO Mario Lanza 4 TNT ★★★
THE GREAT ZIEGFELD William Powell 27 TNT ★★★
GYPSY Rosalind Russell 19 Sky Cinema ★★★
I'LL GET BY June Haver 11 Sky Premier ★★★
IRENE Anna Neagle 22 Sky Cinema ★★★
LOVE ME TENDER 9 Sky Cinema ★★★★
MY FAIR LADY Audrey Hepburn, Rex Harrison 14 Sky Cinema DS ★★★★★
SEVEN BRIDES FOR SEVEN BROTHERS Howard Keel, Jane Powell 1 TNT WIDESCREEN ★★★★★
SHOW BOAT Ava Gardner, Howard Keel 1 TNT ★★★★
SINGIN' IN THE RAIN Gene Kelly 1 TNT ★★★★★
SWEET CHARITY 28 Sky Cinema ★★★★★
TOO MANY GIRLS 10, 20 Sky Cinema ★★★
TOP HAT Fred Astaire, Ginger Rogers 2 Sky Cinema ★★★★

MYSTERY/ THRILLER

ABSOLUTE POWER 20, 28 Sky Premier SUBTITLED DS ★★★
THE ALPHABET MURDERS Tony Randall 21 TNT ★★★
AMERICAN GIGOLO 14 Sky Cinema SUBTITLED ★★★★
ANACONDA 26 Sky MovieMax SUBTITLED ★★★
ANGEL 4 FilmFour ★★★★
ANOTHER 48 HRS Nick Nolte 5 Sky Premier DS ★★★
BADLANDS Sissy Spacek 6 Sky Premier ★★★★
BATMAN & ROBIN George Clooney, Arnold Schwarzenegger, Uma Thurman 24 Sky Premier SUBTITLED DS ★★★
BERLIN EXPRESS Robert Ryan 26 Sky Cinema ★★★★
BEWARE MY LOVELY 24 Sky Cinema ★★★
THE BIG CLOCK 15 Sky Cinema ★★★
THE BIG SLEEP (THE DIRECTOR'S CUT) Humphrey Bogart 24 TNT ★★★★★
THE BIG STEAL Jane Greer 23 Sky Cinema ★★★★
THE BLACK WINDMILL 22 Sky Cinema ★★
BLOOD AND WINE Jack Nicholson, Michael Caine 5 Sky Premier SUBTITLED ★★★
BLOOD SIMPLE 14 FilmFour ★★★★
BLOW UP David Hemmings 18 FilmFour ★★★★
THE BLUE DAHLIA Alan Ladd 19 Sky Cinema ★★★
BLUE HEAT Brian Dennehy 14, 24 Sky Premier ★★★
BORN BAD James Remar 11, 28 Sky MovieMax ★★★
BREAKOUT Charles Bronson 28 Sky Cinema ★★★
BROKEN ARROW John Travolta, Christian Slater 12 Sky Premier SUBTITLED LAST PLAY ★★★
BULLITT 15 Sky Cinema SUBTITLED ★★★★
CALL ME 12 Sky MovieMax ★★★
CHAIN REACTION 9 Sky Premier SUBTITLED ★★
CHINA GIRL 10 Sky MovieMax ★★★
CITY OF INDUSTRY Harvey Keitel, Stephen Dorff, Famke Janssen 16 Sky MovieMax SUBTITLED ★★★
COMA Michael Douglas 17 TNT WIDESCREEN ★★★★
THE COMMISSIONER John Hurt, Rosana Pastor 17 Sky Premier PREMIERE ★★★★
COMPULSION Dean Stockwell 10 Sky Cinema ★★★
CONSENTING ADULTS Leanna Hart 2, 29 HVC ★★
CONTAGIOUS 11 Sky MovieMax SUBTITLED ★★★
COPYCAT 4, 10, 28 Sky Premier SUBTITLED ★★★
COSMIC SHOCK 3 Sky MovieMax PREMIERE ★★★
CRUISING Al Pacino 9, 28 Sky Cinema ★★★
DANGEROUS GROUND Ice Cube 6 Sky MovieMax SUBTITLED ★★★
DANTE'S PEAK Pierce Brosnan 4, 31 Sky Premier SUBTITLED ★★★
THE DARK MIRROR 25 Sky Cinema ★★★
DEAD BANG Don Johnson 14 Sky MovieMax DS ★★★
DEAD CALM Nicole Kidman 17 Sky Premier ★★★★
DEFENSELESS Barbara Hershey 13, 21 Sky Premier SUBTITLED DS ★★★
THE DESPERATE HOURS Humphrey Bogart, Fredric March 17 Sky Cinema ★★★★
THE DESPERATE TRAIL 7 Sky Premier ★★★★
DESTINY TURNS ON THE RADIO Dylan McDermott 12, 21 Sky Premier ★★
DIABOLIQUE 1, 31 Sky Premier SUBTITLED ★
THE DRIVER Ryan O'Neal 11 FilmFour ★★★
THE DROWNING POOL 15 Sky Cinema ★★★★
EVEN ANGELS FALL Morgan Fairchild 6 HVC ★★
EYES BEYOND SEEING Harry Hibbitts 13 HVC ★★
FALSE PRETENSE 19 Sky MovieMax ★★★
THE FAN 15 Sky Premier SUBTITLED ★★★
FARGO 15 Sky Premier SUBTITLED DS ★★★★
FAST MONEY Yancy Butler 5 Sky MovieMax ★★★
THE FIANCE Lysette Anthony, William R Moses 5 Sky MovieMax PREMIERE ★★★
FIXED BAYONETS Richard Basehart 12 FilmFour ★★★
THE FRENCH CONNECTION Gene Hackman, Fernando Rey 12 Sky Cinema ★★★★★
FRENZY Jon Finch, Barry Foster 31 Sky Cinema ★★★
FROM HOLLYWOOD TO DEADWOOD 15 HVC ★★
THE GLASS CAGE Eric Roberts 12, 29 Sky Premier ★★★
THE GLIMMER MAN Steven Seagal 20, 29 Sky Premier SUBTITLED ★★★
THE GROTESQUE Alan Bates 26 Sky MovieMax ★★★
HIDDEN AGENDA Frances McDormand, Brad Dourif 1 Sky MovieMax ★★★
THE HOSTAGES 18 Sky MovieMax PREMIERE ★★★
HOTEL RESERVE 26 Sky Cinema ★★★
JEOPARDY Barbara Stanwyck 16 TNT ★★★★
THE JUROR Demi Moore, Alec Baldwin 26 Sky Premier SUBTITLED ★★★
THE KILLING GROUNDS Priscilla Barnes, Courtney Gains 12, 28 Sky MovieMax SUBTITLED PREMIERE ★★★
THE KREMLIN LETTER 2, 20 Sky Cinema ★★★
L'APPARTEMENT Vincent Cassel 10 Sky MovieMax WIDESCREEN ★★★★
LADY IN THE LAKE Robert Montgomery 7 TNT ★★★
THE LAST SEDUCTION 6, 23 FilmFour ★★★★
THE LAUGHING POLICEMAN Walter Matthau 16 Sky Cinema ★★★
LETHAL TENDER Jeff Fahey 20 Sky MovieMax ★★★
LETTERS FROM A KILLER Patrick Swayze 13 Sky Premier PREMIERE ★★★
THE LINEUP Warner Anderson 7, 16 Sky Cinema ★★★
THE LIQUIDATOR Rod Taylor, Jill St John 13 TNT ★★★
LOGAN'S WAR: BOUND BY HONOR Chuck Norris 28 Sky MovieMax PREMIERE ★★
LOYAL OPPOSITION: TERROR IN THE WHITE HOUSE Joan Van Ark 8 Sky MovieMax ★★★
MADIGAN 1 Sky Cinema ★★★
THE MALTESE FALCON 24 TNT ★★★★★
MARLOWE 7 TNT ★★★★
MASQUERADE Rob Lowe 30 Sky MovieMax DS ★★★
MCQ 31 Sky Cinema ★★★
METRO 7, 23 Sky Premier SUBTITLED ★★★
MURDER AT 1600 Wesley Snipes 8, 28 Sky MovieMax PREMIERE SUBTITLED ★★★
MURDER IN MIND 7 Sky MovieMax ★★★
MY COUSIN RACHEL 6, 18 Sky Premier ★★★
THE NAKED RUNNER 30 Sky Cinema ★★★★
THE NAME OF THE ROSE Sean Connery, Christian Slater 28 Sky Cinema ★★★★
THE NET 2 FilmFour ★★★
NOTORIOUS Cary Grant 21 Sky Cinema ★★★★
THE NOTORIOUS LANDLADY Jack Lemmon 29 Sky Cinema ★★★
ONE HOT SUMMER NIGHT 13, 30 Sky MovieMax PREMIERE ★★★★
THE OUTFIT 14 TNT ★★★
THE PACKAGE 1 Sky MovieMax ★★★
POINT BREAK Keanu Reeves 9 FilmFour ★★★★
THE POSTMAN ALWAYS RINGS TWICE 3 TNT ★★★★
THE PRESIDIO Sean Connery 1 Sky MovieMax DS ★★★
PRIMAL FEAR 12, 22 Sky Premier SUBTITLED DS ★★★
PRIVATE HELL 36 Ida Lupino 2 Sky Cinema ★★★
THE RACKET 21 Sky Cinema ★★★
REBECCA Laurence Olivier 27 Sky Cinema ★★★★★
REVENGE IS MY DESTINY Chris Robinson 11 HVC ★★
RIDERS OF THE PURPLE SAGE Ed Harris 22, 30 Sky Premier ★★★
THE SAINT Val Kilmer, Elisabeth Shue 10 Sky Premier SUBTITLED DS ★★
THE SCARLET CLAW 22 Sky Cinema ★★★★
SEALED WITH A KISS 17 Sky MovieMax ★★★
SEVEN DAYS IN MAY 8 Sky Cinema ★★★
THE SEVEN-UPS 8, 18 Sky Cinema ★★★
SHADOW CONSPIRACY Charlie Sheen 1 Sky MovieMax PREMIERE ★★
SHAFT 15 TNT ★★★★
SHAFT IN AFRICA Richard Roundtree 2 TNT ★★★
SHAFT'S BIG SCORE! Moses Gunn 20 TNT ★★★
SHERLOCK HOLMES AND THE SECRET WEAPON 17 Sky Cinema ★★★
THE SLAMS 15 TNT ★★★
THE SNIPER 9, 23 Sky Cinema ★★★★
SOL MADRID 10 TNT ★★★
SPELLBOUND Ingrid Bergman 7, 22 Sky Cinema ★★★
STORMCHASER: REVENGE OF THE TWISTER 11 Sky Premier DS ★★★
STRANGE DAYS 23 Sky Premier SUBTITLED ★★★
SUDDEN TERROR: THE HIJACKING OF SCHOOL BUS 17 14 Sky MovieMax PREMIERE ★★★
SUSPICION Joan Fontaine 23 Sky Cinema ★★★★
A THIN LINE BETWEEN LOVE AND HATE 10 Sky Premier DS ★★★★★
TO LIVE AND DIE IN L.A. 22 Sky Cinema DS ★★★
TONY ROME Frank Sinatra 23 Sky Cinema ★★★
TOWN ON TRIAL John Mills 10 Sky Cinema ★★★
TRUE ROMANCE Christian Slater, Patricia Arquette, Dennis Hopper 23 Sky MovieMax SUBTITLED DS ★★★
TRUST ME 1, 26 HVC ★★
2 DAYS IN THE VALLEY Jeff Daniels 18 Sky Premier SUBTITLED ★★★
THE TWO-HEADED SPY 5, 17 Sky Cinema ★★★
THE USUAL SUSPECTS 21 FilmFour ★★★★
THE VENETIAN AFFAIR 22 TNT ★★★★★
WHITE HEAT 25 TNT ★★★★★
WORLD FOR RANSOM 3, 30 Sky Cinema ★★★
THE YELLOW CANARY 1, 19 Sky Cinema ★★★★
ZIGZAG George Kennedy 30 TNT ★★★★

SCIENCE FICTION/ FANTASY

THE ABYSS 3, 13, 26 Sky Premier ★★★★
ALPHAVILLE Eddie Constantine 17 FilmFour ★★★★
THE ARRIVAL 12 Sky Premier SUBTITLED ★★★
BRAINSTORM Christopher Walken, Natalie Wood, Louise Fletcher 9 TNT ★★★
COCOON: THE RETURN Don Ameche, Wilford Brimley 4, 20 Sky Premier ★★★
DAMNATION ALLEY Jan-Michael Vincent, George Peppard, Dominque Sanda, Paul Winfield, Jackie Earle Hayley 4, 14, 24 Sky MovieMax ★★★
DESTINATION MOON John Archer 29 Sky Cinema ★★★★★
DESTROY ALL MONSTERS 3 Sky MovieMax ★★★
DOOM RUNNERS 15 Disney SUBTITLED ★★★
EARTH VS THE FLYING SAUCERS 23 Sky Cinema ★★★★
EBIRAH – HORROR OF THE DEEP 8 Sky MovieMax ★★
EXPLORERS Ethan Hawke 1 Sky MovieMax ★★★
THE FIFTH ELEMENT 2, 5, 14, 18 Sky Premier PREMIERE ★★★★
FORBIDDEN PLANET 9 FilmFour ★★★★
GODZILLA 23, 30 FilmFour ★★★★
GODZILLA'S REVENGE 27 FilmFour ★★
GODZILLA VS GIGAN 1, 24 Sky MovieMax ★★★
GODZILLA VS KING GHIDORAH 30 FilmFour ★★★
GODZILLA VS MEGALON 15, 29 Sky MovieMax ★★★
GODZILLA VS MOTHRA 16 FilmFour ★★★
MARS ATTACKS! Jack Nicholson 8 Sky MovieMax SUBTITLED ★★★
NEMESIS 25 Sky MovieMax ★★★
1984 7 FilmFour ★★★★
OMEGA DOOM 31 Sky MovieMax ★★★
QUINTET Paul Newman 11 Sky Cinema ★★★★
RETURN OF GODZILLA 2 FilmFour ★★★
ROBOCOP 2 Peter Weller 25 Sky MovieMax ★★★
SON OF GODZILLA Tadao Takashima 6, 17, 28 Sky MovieMax ★★★
SOYLENT GREEN Charlton Heston 2 TNT ★★★★
SPACE TRUCKERS Dennis Hopper, Stephen Dorff 23 Sky MovieMax DS ★★★
STAR TREK III: THE SEARCH FOR SPOCK 12 Sky Premier DS ★★★
STAR TREK: FIRST CONTACT 8 Sky Premier SUBTITLED ★★★
TARGET EARTH 4, 21 Sky MovieMax DS PREMIERE ★★★
TERROR OF MECHAGODZILLA 31 Sky MovieMax ★★★
THX 1138 Robert Duvall 9 FilmFour ★★★★
TIME AFTER TIME 8 FilmFour ★★★★
THE TOMORROW MAN Julian Sands 4, 10 Sky Premier ★★★★
TWELVE MONKEYS 13 FilmFour ★★★★
2001: A SPACE ODYSSEY 10 FilmFour ★★★★★
2010 Roy Scheider 9 TNT WIDESCREEN ★★★
UFORIA 21 Sky MovieMax ★★★★

WESTERN

BLOOD ON THE MOON Robert Mitchum 11 Sky Cinema ★★★
CATLOW Yul Brynner 9 TNT ★★★
DRAW! 4, 15 Sky Premier ★★★
A FISTFUL OF DOLLARS Clint Eastwood 6 Sky Cinema ★★★
FIVE CARD STUD Dean Martin, Robert Mitchum 15 Sky Cinema ★★★
FOR A FEW DOLLARS MORE Clint Eastwood 13 Sky Cinema ★★★★
FORTY GUNS Barbara Stanwyck 3 FilmFour ★★★
GUNFIGHT AT THE O.K. CORRAL 31 Sky Cinema ★★★★
GUNS FOR SAN SEBASTIAN Anthony Quinn 31 TNT ★★★★
HANG 'EM HIGH 20 Sky Cinema ★★★★
HEARTS OF THE WEST Jeff Bridges 13 TNT ★★★★
THE LAST CHALLENGE 25 TNT ★★★
THE LAST HARD MEN 27 Sky Cinema ★★★
THE LONE STAR Clark Gable 3 TNT ★★★
THE MAGNIFICENT SEVEN Yul Brynner, Steve McQueen, Charles Bronson, James Coburn, Eli Wallach 31 Sky Cinema ★★★
THE NAKED SPUR James Stewart, Janet Leigh, Ralph Meeker, Robert Ryan 12 TNT ★★★★
THE OKLAHOMA KID 24 TNT ★★★★
THE OUTLAW Jane Russell, Jack Beutel, Walter Huston 14 Sky Cinema ★★★★★
PONY EXPRESS 10 Sky Cinema ★★★
THE REDHEAD AND THE COWBOY 16 Sky Cinema ★★★★★
THE SHEEPMAN Glenn Ford, Shirley MacLaine 10 TNT WIDESCREEN ★★★
SON OF PALEFACE Bob Hope, Jane Russell 21 Sky Cinema ★★
THREE HOURS TO KILL Dana Andrews 12, 23 Sky Cinema ★★★
3.10 TO YUMA Glenn Ford, Van Heflin, Felicia Farr, Leora Dana 5 Sky Cinema ★★★
THE VIRGINIAN Gary Cooper, Walter Huston 4 Sky Cinema ★★★
WELCOME TO HARD TIMES Henry Fonda, Keenan Wynn, Lon Chaney Jr 30 TNT ★★★

SPORTS DIARY

CHANNEL CODES
ESP: Eurosport
SK1: Sky Sports 1
SK2: Sky Sports 2
SK3: Sky Sports 3
LIVE: LIVE TV

AMERICAN FOOTBALL

NFL DOUBLE-HEADER
LIVE 2 5.30PM SK1
Wild Card action.
NFL
3 7.00PM SK1
NFL MATCH
LIVE 3 9.00PM SK1
NFL DIVISIONAL PLAY-OFFS
LIVE 9 5.30PM SK1
More than seven hours of NFL action as the best teams battle for SuperBowl glory.
NFL DIVISIONAL PLAY-OFFS
10 11.00AM SK3
NFL DIVISIONAL PLAY-OFF
LIVE 10 5.30PM SK3
NFL DIVISIONAL PLAY-OFF
LIVE 10 9.00PM SK1
NFL DIVISIONAL PLAY-OFFS
11 12NOON SK3
Presented by Mike Carlson and Nick Halling.
NFL: AFC CHAMPIONSHIP
LIVE 17 5.30PM SK3
NFL: NFC CHAMPIONSHIP
LIVE 17 9.00PM SK1
NFL: AFC/NFC CHAMPIONSHIP
18 1.30PM SK3
Highlights.
NFL SUPERBOWL XXXIII PREVIEW
30 10.00AM SK1
NFL SUPERBOWL XXXIII PREVIEW
30 11.30PM SK3
NFL: NFL SUPERBOWL XXXIII
LIVE 31 10.30PM SK1

ATHLETICS

ROAD RACE OF THE MONTH
10 11.30AM SK2
Long distance and marathon action.
ROAD RACE OF THE MONTH
10 5.30PM SK2
ROAD RACE OF THE MONTH
10 11.00PM SK3
ROAD RACE OF THE MONTH
10 12.30AM SK2
ROAD RACE OF THE MONTH
11 11.00AM SK2
IAAF INDOOR PERMIT MEETING
24 8.00PM ESP
Coverage from Karlsruhe, Germany.

BADMINTON

COPENHAGEN MASTERS
12 12.30AM SK1
COPENHAGEN MASTERS
13 12.30PM SK1
COPENHAGEN MASTERS
14 4.00PM SK3

BASKETBALL

LONDON TOWERS V THAMES VALLEY TIGERS
LIVE 6 7.30PM SK1
From Crystal Palace.
LONDON TOWERS V THAMES VALLEY TIGERS
LIVE 7 12.30PM SK1
BIRMINGHAM BULLETS V SHEFFIELD SHARKS
LIVE 8 8.00PM SK1
Coverage from the NEC Arena with Suzanne Dando and Kevin Cadle.
BUDWEISER BASKETBALL LEAGUE: MANCHESTER GIANTS V SHEFFIELD SHARKS
LIVE 16 7.00PM SK1
Coverage from the Manchester Evening News Arena.
BUDWEISER BASKETBALL LEAGUE: LONDON TOWERS V GREATER LONDON LEOPARDS LIVE 23 7.00PM SK1
BUDWEISER BASKETBALL LEAGUE
LIVE 30 7.00PM SK1

BOBSLEIGH

WORLD CUP
LIVE 16 3.00PM ESP
Two-man competition from Germany.
WORLD CUP
LIVE 16 5.00PM ESP
WORLD CUP
LIVE 17 3.00PM ESP
WORLD CUP
LIVE 17 5.00PM ESP
WORLD CUP
LIVE 23 1.00PM ESP
WORLD CUP
LIVE 23 3.00PM ESP
WORLD CUP
LIVE 24 1.15PM ESP
WORLD CUP
LIVE 30 8.00AM ESP
WORLD CUP
LIVE 30 9.45AM ESP
WORLD CUP
LIVE 31 8.00AM ESP
WORLD CUP
LIVE 31 9.45AM ESP

BOXING

INTERNATIONAL CONTEST
4 10.00PM ESP
INTERNATIONAL CONTEST
LIVE 12 7.30PM ESP
RINGSIDE
13 8.00PM SK1
RINGSIDE
13 2.00AM SK1
RINGSIDE
14 2.30PM SK1
INTERNATIONAL CONTEST
14 8.30PM ESP
INTERNATIONAL CONTEST
15 10.00PM ESP
FIGHT NIGHT
LIVE 16 9.00PM SK1
FIGHT NIGHT
16 2.30AM SK1
FIGHT NIGHT
17 8.30AM SK1
INTERNATIONAL CONTEST
LIVE 19 7.30PM ESP
RINGSIDE
20 8.00PM SK1
RINGSIDE
20 12.30AM SK1
RINGSIDE
21 2.30PM SK1
INTERNATIONAL CONTEST
21 9.00PM ESP
INTERNATIONAL CONTEST
22 9.00PM ESP
FIGHT NIGHT
LIVE 23 9.00PM SK1
FIGHT NIGHT
23 2.30AM SK1
FIGHT NIGHT
24 8.30AM SK1
RINGSIDE
26 8.00PM SK3
RINGSIDE
27 12.30AM SK1
RINGSIDE
28 3.00PM SK1
FIGHT NIGHT
LIVE 30 9.00PM SK1
FIGHT NIGHT
30 4.00AM SK1
FIGHT NIGHT
31 11.00AM SK3

BOWLS

WORLD TEN PIN MASTERS
16 7.00AM SK3
WORLD TENPIN MASTERS
16 10.00AM SK1
WORLD TENPIN MASTERS
23 7.00AM SK3
WORLD TENPIN MASTERS
23 10.00AM SK1

CRICKET

INTERNATIONAL CRICKET: AUSTRALIA V ENGLAND
LIVE 1 11.30PM SK2
Coverage from the opening day's play in the fifth and final Test Match between Australia and England in Sydney.
AUSTRALIA V ENGLAND
LIVE 1 2.30AM SK2
AUSTRALIA V ENGLAND
LIVE 2 6.00AM SK2
SOUTH AFRICA V WEST INDIES
LIVE 2 9.00AM SK3
Coverage from Newlands as the fourth Test gets under way in Cape Town. Shaun Pollack is the ideal partner for Allan Donald in the South African attack and he is an awesome figure in his own right.
AUSTRALIA V ENGLAND
2 11.00AM SK3
SOUTH AFRICA V WEST INDIES
LIVE 2 11.30AM SK3
AUSTRALIA V ENGLAND
2 4.00PM SK3
INTERNATIONAL CRICKET: SOUTH AFRICA V WEST INDIES
2 10.30PM SK3
INTERNATIONAL CRICKET: AUSTRALIA V ENGLAND
LIVE 2 11.30PM SK2
Mark Nicholas introduces the action as Alec Stewart and the England team look for a win to round off the series. Commentary from Ian Botham, Bob Willis and Paul Allott.
INTERNATIONAL CRICKET: AUSTRALIA V ENGLAND
LIVE 2 2.30AM SK2
SOUTH AFRICA V WEST INDIES
LIVE 3 9.00AM SK3
AUSTRALIA V ENGLAND
3 11.00AM SK3
SOUTH AFRICA V WEST INDIES
LIVE 3 11.30AM SK3
AUSTRALIA V ENGLAND
3 4.00PM SK3
SOUTH AFRICA V WEST INDIES
3 7.00PM SK3
AUSTRALIA V ENGLAND
LIVE 4 6.00AM SK2
SOUTH AFRICA V WEST INDIES
LIVE 4 9.00AM SK2
AUSTRALIA V ENGLAND
4 11.00AM SK2
AUSTRALIA V ENGLAND
4 4.00PM SK2
SOUTH AFRICA V WEST INDIES
4 11.30AM SK2
AUSTRALIA V ENGLAND
LIVE 4 11.30PM SK2
AUSTRALIA V ENGLAND
LIVE 4 2.30AM SK2
AUSTRALIA V ENGLAND
LIVE 6 6.00AM SK2
SOUTH AFRICA V WEST INDIES
LIVE 6 9.00AM SK2
AUSTRALIA V ENGLAND
6 11.00AM SK2
SOUTH AFRICA V WEST INDIES
LIVE 6 11.30AM SK2
AUSTRALIA V ENGLAND
6 4.00PM SK2
SOUTH AFRICA V WEST INDIES
6 6.30PM SK2
AUSTRALIA V ENGLAND
LIVE 9 3.30AM SK2
AUSTRALIA V ENGLAND
LIVE 10 6.00AM SK2
AUSTRALIA V ENGLAND
LIVE 10 7.30AM SK2
AUSTRALIA V ENGLAND
10 3.00PM SK2
ENGLAND V SRI LANKA
LIVE 10 3.30AM SK2
ENGLAND V SRI LANKA
LIVE 11 6.00AM SK2
Coverage of the one-day international match from Brisbane. Presented by Mark Nicholas with commentary from Bob Willis, Ian Botham and Paul Allott.
ENGLAND V SRI LANKA
LIVE 11 7.30AM SK2
SRI LANKA V AUSTRALIA
13 8.00PM SK3
Highlights from today's action in Brisbane.
SOUTH AFRICA V WEST INDIES
15 6.00PM SK3
SOUTH AFRICA V WEST INDIES
LIVE 21 12.30PM SK3
Coverage from South Africa, where the host nation take on the might of the West Indies.
SOUTH AFRICA V WEST INDIES
LIVE 22 4.30PM SK3
More coverage from South Africa.
SOUTH AFRICA V WEST INDIES
LIVE 23 12NOON SK3
Continuted coverage from South Africa.
ENGLAND V SRI LANKA
23 2.30PM SK3
SRI LANKA V AUSTRALIA
23 4.00PM SK3
ENGLAND V AUSTRALIA
26 7.00PM SK3
SOUTH AFRICA V WEST INDIES
LIVE 30 9.00AM SK3
SOUTH AFRICA V WEST INDIES
LIVE 30 1.00PM SK3

DARTS

WORLD CHAMPIONSHIP 1998
LIVE 1 5.00PM SK2
WORLD CHAMPIONSHIP 1998
LIVE 2 6.00PM SK2
WORLD CHAMPIONSHIP 1998
3 11.00AM SK2
WORLD CHAMPIONSHIP 1998
LIVE 3 7.00PM SK2
WORLD CHAMPIONSHIP 1998 – FINAL
4 12NOON SK3
WINMAU WORLD MASTERS
13 8.00PM ESP

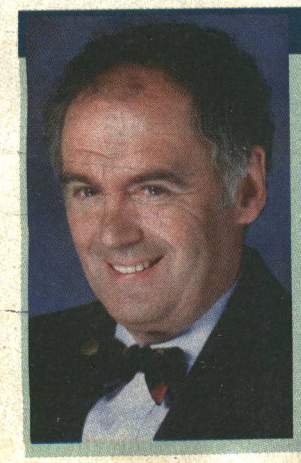
EQUESTRIANISM

SHOWJUMPING: ADELAIDE INTERNATIONAL HORSE TRIALS
5 8.00PM SK3
SHOWJUMPING: ADELAIDE INTERNATIONAL HORSE TRIALS
6 12.30PM SK1

GOLF

FORD GOLF USA: US SKILLS CHALLENGE
7 10.00PM SK2
FORD GOLF USA: MERCEDES CHAMPIONSHIPS
LIVE 7 12.30AM SK2
MERCEDES CHAMPIONSHIPS
LIVE 8 10.30PM SK2
MERCEDES CHAMPIONSHIPS
9 4.00PM SK2
MERCEDES CHAMPIONSHIPS
LIVE 9 1.00AM SK2
MERCEDES CHAMPIONSHIPS
LIVE 10 1.00AM SK2
EURO TOUR GOLF: ALFRED DUNHILL CHAMPIONSHIP
LIVE 14 11.30AM SK1
EURO TOUR GOLF: ALFRED DUNHILL CHAMPIONSHIP
14 7.30PM SK1
ALFRED DUNHILL CHAMPIONSHIP
LIVE 15 11.30AM SK1

MY MOST MEMORABLE GAME



SID WADDELL, SKY SPORTS DARTS COMMENTATOR
Eric Bristow v Bobby George, Embassy World Darts Championship Final, 9 February 1980

'THIS match was the ultimate clash of styles. You had the favourite, Eric Bristow, the boy wonder of darts, a phenomenon who had been playing since he was a boy and represented England when he was just 18, against Bobby George, a former builder who had picked up a set of darts for the first time only two years before. Bristow had been winding George up all week, saying he was a 'Mickey Mouse' darts player who didn't have a chance. But Bobby wasn't having any of it and he came on stage to huge cheers in a purple sequinned cloak carrying a candelabra. I think at the time I said he looked like an electric-purple Licorice Allsort. He'd have looked a right prat if he'd lost 5-0 but he had such a good eye that he gave Eric the match of his life. The match epitomised what darts is all about, the psychology and the involvement of the crowd, who were nearly all rooting for Bobby. Eric beat him to win 5-3 and at the end he just went over and kissed Bobby. Magic.'

FORD GOLF USA: SONY OPEN
15 3.30PM SK3
ALFRED DUNHILL CHAMPIONSHIP
LIVE 16 11.30AM SK3
SONY OPEN
16 2.30PM SK3
ALFRED DUNHILL CHAMPIONSHIP
16 4.30PM SK3
ALFRED DUNHILL CHAMPIONSHIP
LIVE 17 11.30AM SK1
ALFRED DUNHILL CHAMPIONSHIP
17 9.00PM SK3
SONY OPEN
18 6.30PM SK3
Highlights from day four.
LPGA – HEALTHSOUTH INAUGURAL
19 8.00PM SK3
EURO TOUR GOLF: SOUTH AFRICAN OPEN
LIVE 21 11.30AM SK1
SOUTH AFRICAN OPEN
LIVE 22 11.30AM SK1
SOUTH AFRICAN OPEN
LIVE 23 11.30AM SK3
SOUTH AFRICAN OPEN
LIVE 24 11.30AM SK1
SOUTH AFRICAN OPEN
24 6.00PM SK3
FORD GOLF USA: BOB HOPE CHRYSLER CLASSIC
LIVE 24 8.00PM SK3
EURO TOUR GOLF: HEINEKEN CLASSIC
LIVE 28 7.00AM SK1
HEINEKEN CLASSIC
28 12.30PM SK1
HEINEKEN CLASSIC
LIVE 29 7.00AM SK1
HEINEKEN CLASSIC
29 1.30PM SK1
FORD GOLF USA: PHOENIX OPEN
29 10.00PM SK3
HEINEKEN CLASSIC
LIVE 30 7.00AM SK1
HEINEKEN CLASSIC
LIVE 31 7.00AM SK1
HEINEKEN CLASSIC
31 12NOON SK1

GREYHOUND RACING

GREYHOUNDS
LIVE 5 8.00PM SK1
DOG NIGHT LIVE
LIVE 8 9.00PM LIVE
DOG NIGHT LIVE
LIVE 9 9.00PM LIVE
GREYHOUNDS
LIVE 12 8.00PM SK1
DOG NIGHT LIVE
LIVE 15 9.00PM LIVE
DOG NIGHT LIVE
LIVE 16 9.00PM LIVE
DOG NIGHT LIVE
LIVE 22 9.00PM LIVE
DOG NIGHT LIVE
LIVE 23 9.00PM LIVE
DOG NIGHT LIVE
LIVE 29 9.00PM LIVE
DOG NIGHT LIVE
LIVE 30 9.00PM LIVE

ICE HOCKEY

SEKONDA SUPERLEAGUE: CARDIFF V BRACKNELL
1 11.00AM SK2
SEKONDA SUPERLEAGUE
LIVE 7 7.30PM SK2
ICE HOCKEY
28 7.30PM SK3

ICE SKATING

FIGURE SKATING: WORLD PROFESSIONAL FIGURE SKATING
1 2.00PM SK3
WORLD PROFESSIONAL FIGURE SKATING
1 8.00PM SK3
WORLD PROFESSIONAL FIGURE SKATING
2 4.00PM SK2
US PROFESSIONAL FIGURE SKATING CHAMPIONSHIPS
6 8.00PM SK3
US PROFFESIONAL FIGURE SKATING CHAMPIONSHIPS
6 2.30AM SK1
US PROFESSIONAL FIGURE SKATING CHAMPIONSHIPS
7 10.00AM SK1
US PROFESSIONAL FIGURE SKATING CHAMPIONSHIPS
7 3.30PM SK3
EUROPEAN CHAMPIONSHIPS SPEED SKATING
9 11.00PM ESP
EUROPEAN CHAMPIONSHIPS SPEED SKATING
10 10.15PM ESP
FIGURE SKATING: KERI LOTION SKATING CLASSIC
12 8.00PM SK3
FIGURE SKATING: EUROPEAN CHAMPIONSHIPS
LIVE 25 6.30PM ESP
FIGURE SKATING
LIVE 26 2.00PM ESP
FIGURE SKATING: EUROPEAN CHAMPIONSHIPS
LIVE 26 5.30PM ESP
FIGURE SKATING: EUROPEAN CHAMPIONSHIPS
26 9.30PM ESP
FIGURE SKATING: EUROPEAN CHAMPIONSHIPS
LIVE 27 5.30PM ESP
FIGURE SKATING: EUROPEAN CHAMPIONSHIPS
27 9.30PM ESP
FIGURE SKATING: EUROPEAN CHAMPIONSHIPS
LIVE 28 12.30PM ESP
FIGURE SKATING: EUROPEAN CHAMPIONSHIPS
LIVE 28 5.30PM ESP
FIGURE SKATING: EUROPEAN CHAMPIONSHIPS
28 9.30PM ESP
FIGURE SKATING: EUROPEAN CHAMPIONSHIPS
LIVE 29 1.00PM ESP
FIGURE SKATING: EUROPEAN CHAMPIONSHIPS
LIVE 29 5.30PM ESP
FIGURE SKATING: EUROPEAN CHAMPIONSHIPS
29 9.30PM ESP
FIGURE SKATING: EUROPEAN CHAMPIONSHIPS
LIVE 30 12.30PM ESP
FIGURE SKATING: EUROPEAN CHAMPIONSHIPS
30 7.00PM ESP
FIGURE SKATING: EUROPEAN CHAMPIONSHIPS
LIVE 31 2.00PM ESP
FIGURE SKATING: EUROPEAN CHAMPIONSHIPS
31 7.00PM ESP

LUGE

NATURAL TRACK WORLD CUP
15 12.30PM ESP
WORLD CUP
LIVE 17 8.00AM ESP
WORLD CUP
17 7.30PM ESP
NATURAL TRACK
22 8.30AM ESP
WORLD CUP
30 6.00PM ESP
WORLD CUP
31 6.00PM ESP

MOTOR CYCLING

AMA GRAND NATIONAL SERIES
1 7.00PM SK3
AMA GRAND NATIONAL SERIES
4 4.00PM SK3
AMA GRAND NATIONAL SERIES
8 3.30PM SK1
AMA GRAND NATIONAL SERIES
8 8.00PM SK3
AMA GRAND NATIONAL SERIES
9 12NOON SK2
AMA GRAND NATIONAL SERIES
9 11.00PM SK2
AMA GRAND NATIONAL SERIES
22 8.00PM SK3
AMA GRAND NATIONAL SERIES
22 5.00AM SK1

MOTOR RACING

RALLY: TOTAL GRANADA DAKAR 99
1 9.30PM ESP
RALLY: TOTAL GRANADA DAKAR 99
2 9.30PM ESP
KARTING
3 6.30PM ESP
RALLY: TOTAL GRANADA DAKAR 99
3 9.30PM ESP
RALLY: TOTAL GRANADA DAKAR 99
4 9.30PM ESP
RALLY: TOTAL GRANADA DAKAR 99
5 9.30PM ESP
RALLY: TOTAL GRANADA DAKAR 99
6 9.30PM ESP
RACE OF CHAMPIONS 1998
7 8.00PM SK3
RALLY: TOTAL GRANADA DAKAR 99
7 9.30PM ESP
CAR ON ICE: ANDROS TROPHY
8 11.30AM ESP
RACE OF CHAMPIONS
8 12.30PM SK2
RALLY: TOTAL GRANADA DAKAR 99
8 9.30PM ESP
RALLY: TOTAL GRANADA DAKAR 99
9 9.30PM ESP
RALLY: TOTAL GRANADA DAKAR 99
9 12.30AM ESP
CAR ON ICE: ANDROS TROPHY
10 7.00PM ESP
RALLY: TOTAL GRANADA DAKAR 99
10 9.30PM ESP
RALLY: TOTAL GRANADA DAKAR 99
11 9.30PM ESP
RALLY: TOTAL GRANADA DAKAR 99
12 9.30PM ESP
RALLY: TOTAL GRANADA DAKAR 99
13 9.30PM ESP
CAR ON ICE: ANDROS TROPHY
14 1.00PM ESP
RALLY: TOTAL GRANADA DAKAR 99
14 9.30PM ESP
RALLY: TOTAL GRANADA DAKAR 99
15 9.30PM ESP
RALLY: TOTAL GRANADA DAKAR 99
15 9.30PM ESP
CAR ON ICE: ANDROS TROPHY
17 7.00PM ESP
RALLY: TOTAL GRANADA DAKAR 99
17 9.30PM ESP
FIA WORLD RALLY CHAMPIONSHIP
17 10.15PM ESP
FIA WORLD RALLY CHAMPIONSHIP
18 9.30PM ESP
FIA WORLD RALLY CHAMPIONSHIP
19 9.30PM ESP
FIA WORLD RALLY CHAMPIONSHIP
20 10.00PM ESP
CAR ON ICE: ANDROS TROPHY
21 11.00PM ESP
FIA WORLD RALLY CHAMPIONSHIP
23 7.30PM ESP
INDY RACE LEAGUE 200
25 12NOON SK3
CAR ON ICE: ANDROS TROPHY
28 11.00PM ESP

POOL

WORLD POOL LEAGUE
6 6.30PM SK1
WORLD POOL LEAGUE
6 10.45PM SK1
Action from Poland.
WORLD POOL LEAGUE
6 2.00AM SK2
WORLD POOL LEAGUE
7 10.00AM SK2
WORLD POOL LEAGUE
7 4.00PM SK1
WORLD POOL LEAGUE
13 7.00PM SK1
WORLD POOL LEAGUE
13 10.45PM SK1
WORLD POOL LEAGUE
14 4.00PM SK1
WORLD POOL LEAGUE
20 7.00PM SK1
WORLD POOL LEAGUE
20 10.45PM SK1
WORLD POOL LEAGUE
21 10.00AM SK2
WORLD POOL LEAGUE
21 4.00PM SK1
WORLD POOL LEAGUE
27 10.45PM SK1
WORLD POOL LEAGUE
28 12NOON SK3

RUGBY UNION

FORD RUGBY UNION: GLOUCESTER V BATH
LIVE 2 1.30PM SK2
RUGBY UNION UPDATE: GLOUCESTER V BATH
2 2.30AM SK1
TETLEY'S BITTER CUP – NEWCASTLE V BATH
LIVE 9 1.30PM SK2
TETLEY'S BITTER CUP: NEWCASTLE V BATH
9 10.00PM SK3
RUGBY UNION UPDATE: HARLEQUINS V LONDON IRISH
23 5.30PM SK1
TETLEY'S BITTER CUP
30 10.00PM SK3

SKIING

ALPINE SKIING
Coverage from Maribor, Slovenia.
LIVE 1 11.00AM ESP
SKI JUMPING
1 4.30PM ESP
ALPINE SKIING
LIVE 2 9.00AM ESP
Coverage of the first leg of the giant slalom.
ALPINE SKIING
2 11.30AM ESP
ALPINE SKIING
LIVE 2 12NOON ESP
SKI JUMPING
LIVE 2 1.00PM ESP
ALPINE SKIING
2 3.30PM ESP
SKI JUMPING
2 4.30PM ESP
ALPINE SKIING
LIVE 3 9.00AM ESP
ALPINE SKIING
3 11.00AM ESP
ALPINE SKIING
LIVE 3 11.30AM ESP
SKI JUMPING
LIVE 3 12.30PM ESP
NORDIC COMBINED SKIING
3 2.30PM ESP
ALPINE SKIING
3 3.30PM ESP
SKI JUMPING
3 4.30PM ESP
SNOWBOARD
4 1.00PM ESP
Coverage of the FIS World Cup from Whistler, Canada.
SNOWBOARD
4 1.30PM ESP
ALPINE SKIING
4 2.00PM ESP
CROSS-COUNTRY SKIING
LIVE 5 8.00AM ESP
Coverage of the women's 10km freestyle in the World Cup in Estonia.
ALPINE SKIING
LIVE 5 9.00AM ESP
Coverage from Slovenia.
CROSS-COUNTRY SKIING
LIVE 5 10.15AM ESP
ALPINE SKIING
5 11.45AM ESP
ALPINE SKIING
LIVE 5 12NOON ESP
SKI JUMPING
LIVE 5 1.00PM ESP
ALPINE SKIING
5 4.30PM ESP
SKI JUMPING
5 5.30PM ESP
ALPINE SKIING
LIVE 6 9.00AM ESP
ALPINE SKIING
6 11.30AM ESP
ALPINE SKIING
LIVE 6 11.45AM ESP
SKI JUMPING
LIVE 6 12.30PM ESP
SNOWBOARD
6 2.30PM ESP
ALPINE SKIING
6 5.00PM ESP
SKI JUMPING
6 5.30PM ESP
SKI JUMPING
6 11.00PM ESP
SNOWBOARD
LIVE 7 1.00PM ESP
ALPINE SKIING
7 2.00PM ESP
ALPINE SKIING
LIVE 7 5.00PM ESP
ALPINE SKIING
7 10.00PM ESP
BIATHLON
LIVE 8 9.00AM ESP
BIATHLON
LIVE 8 12NOON ESP
BIATHLON
8 1.55PM ESP
ALPINE SKIING
8 10.00PM ESP
CROSS-COUNTRY SKIING
LIVE 9 8.30AM ESP
BIATHLON
LIVE 9 9.00AM ESP
CROSS-COUNTRY SKIING
9 9.45AM ESP
ALPINE SKIING
LIVE 9 10.00AM ESP
ALPINE SKIING
9 11.00AM ESP
BIATHLON
LIVE 9 12NOON ESP
SKI JUMPING
LIVE 9 12.45PM ESP
CROSS-COUNTRY SKIING
9 2.45PM ESP
CROSS-COUNTRY SKIING
LIVE 10 8.00AM ESP
BIATHLON
LIVE 10 9.00AM ESP
CROSS-COUNTRY SKIING
LIVE 10 10.30AM ESP
ALPINE SKIING
10 11.15AM ESP
BIATHLON
LIVE 10 12NOON ESP
SKI JUMPING
LIVE 10 1.15PM ESP
ALPINE SKIING
10 2.45PM ESP
BIATHLON
10 3.30PM ESP
SKI JUMPING
11 12NOON ESP
ALPINE SKIING
11 1.00PM ESP
NORDIC COMBINED SKIING
11 2.00PM ESP
CROSS-COUNTRY SKIING
LIVE 12 8.00AM ESP
ALPINE SKIING
LIVE 12 9.00AM ESP
CROSS-COUNTRY SKIING
LIVE 12 9.45AM ESP
ALPINE SKIING
12 11.45AM ESP
ALPINE SKIING
LIVE 12 12NOON ESP
CROSS-COUNTRY SKIING
12 2.15PM ESP
ALPINE SKIING
12 4.00PM ESP
SNOWBOARD
12 5.00PM ESP
BIATHLON
LIVE 13 9.00AM ESP
BIATHLON
LIVE 13 10.30AM ESP
BIATHLON
13 11.30AM ESP
BIATHLON
LIVE 13 12NOON ESP
BIATHLON
13 1.00PM ESP
BIATHLON
LIVE 13 1.30PM ESP
BIATHLON
13 3.30PM ESP
SNOWBOARD
13 5.00PM ESP
BIATHLON
LIVE 14 9.00AM ESP
BIATHLON
14 3.30PM ESP
SNOWBOARD
14 5.00PM ESP
BIATHLON
LIVE 15 9.00AM ESP
BIATHLON
LIVE 15 9.00AM ESP
ALPINE SKIING
LIVE 15 10.00AM ESP
BIATHLON
15 11.00AM ESP
ALPINE SKIING
LIVE 15 11.00AM ESP
ALPINE SKIING
LIVE 15 11.30AM ESP
SKI JUMPING
LIVE 15 12.30PM ESP
BIATHLON
15 3.30PM ESP
BIATHLON
LIVE 15 4.00PM ESP
SNOWBOARD
15 5.00PM ESP
ALPINE SKIING
15 6.00PM ESP
ALPINE SKIING
LIVE 17 9.10AM ESP
BIATHLON
LIVE 17 10.00AM ESP
ALPINE SKIING
17 10.45AM ESP
ALPINE SKIING
LIVE 17 11.15AM ESP
SKI JUMPING
17 12NOON ESP
ALPINE SKIING
17 2.00PM ESP
BIATHLON
17 4.00PM ESP
SNOWBOARD
17 6.00PM ESP
ALPINE SKIING
21 12NOON ESP
ALPINE SKIING
LIVE 22 9.00AM ESP
ALPINE SKIING
LIVE 22 10.00AM ESP
ALPINE SKIING
LIVE 22 11.30AM ESP
BIATHLON
LIVE 22 12.30PM ESP
BIATHLON
23 7.30AM ESP
BIATHLON
LIVE 23 8.45AM ESP
ALPINE SKIING
LIVE 23 10.00AM ESP
ALPINE SKIING
LIVE 23 11.00AM ESP
BIATHLON
LIVE 23 12NOON ESP
SKI JUMPING
23 2.00PM ESP
SKI JUMPING
23 12.30AM ESP
BIATHLON
LIVE 24 9.00AM ESP
ALPINE SKIING
24 10.30AM ESP
ALPINE SKIING
24 11.00AM ESP
ALPINE SKIING
LIVE 24 11.30AM ESP
ALPINE SKIING
24 12.15PM ESP

FOOTBALL

PREMIERSHIP ON SKY SPORTS
MANCHESTER UNITED V WEST HAM
LIVE 10 3.00PM SK1
Coverage from Old Trafford. Hammers manager Harry Redknapp's major coup in the past two seasons has been the signing of former Arsenal striker Ian Wright, who continues to defy his advancing years, as shown in the England v Czech Republic match, in which he made a vigorous contribution.
MANCHESTER UNITED V WEST HAM
10 11.00PM SK2
FOOTBALL SPECIAL
11 8.00PM SK1
Premiership highlights.
CHARLTON ATHLETIC V NEWCASTLE UNITED
LIVE 17 3.00PM SK1
Coverage from the Valley. Charlton sprang surprises early this season, while Ruud Gullit will hope that recent signing Duncan Ferguson is going to earn his salary.
CHARLTON V NEWCASTLE
17 12.30AM SK1
ASTON VILLA V EVERTON
LIVE 18 7.00PM SK1
Coverage from Villa Park, where Everton will hope to put their recent poor form behind them.

ASTON VILLA V EVERTON
18 12.45AM SK1
ARSENAL V CHELSEA
LIVE 31 3.00PM SK1
Earlier on this season, Chelsea came to the Gunners' ground and ran riot in the Worthington Cup. Arsenal are likely to look different this time round as they aim for a second successive Premier League title.
ARSENAL V CHELSEA
31 10.30PM SK3

NATIONWIDE LEAGUE ON SKY SPORTS
BOLTON V CRYSTAL PALACE
LIVE 10 12NOON SK2
Two teams aim for the Premiership heights.
SUNDERLAND V IPSWICH
LIVE 17 12NOON SK3
Action from the Stadium of Light as Sunderland take on fellow promotion hopefuls Ipswich.
SUNDERLAND V IPSWICH
17 11.00PM SK3
FOOTBALL
LIVE 24 6.00PM SK1
More exciting action as two teams battle for those vital league points.

FA CUP ON SKY SPORTS
FA CUP FOOTBALL
LIVE 3 3.30PM SK2
With the teams from the top two Divisions joining the competition in this phase, there is the prospect of a slaying from a smaller club.

FA CUP SPECIAL
2 6.30PM SK3
Third round highlights.
FA CUP SPECIAL
LIVE 4 7.00PM SK2
FA CUP FOOTBALL SPECIAL
3 11.00PM SK3
FA CUP FOOTBALL SPECIAL
3 3.30AM SK1
Third round highlights.
FA CUP SPECIAL
Another chance to catch the action from a replay in the third round of the season's FA Cup.
13 12.30AM SK1
FA CUP SPECIAL
23 5.30PM SK3

WORTHINGTON CUP ON SKY SPORTS
SUNDERLAND V LEICESTER
LIVE 26 7.30PM SK2

SCOTTISH PREMIER LEAGUE ON SKY SPORTS
MOTHERWELL V KILMARNOCK
LIVE 1 2.00PM SK1
Coverage from Fir Park as Motherwell clash with Kilmarnock. Despite a fine goal return from striker Tommy Coyne last season, Motherwell only just managed to avoid slipping into the First Division, while Kilmarnock were boosted in the summer by the signing of striker Ally McCoist. Presented by Jim White with commentary from Ian Crocker and Charlie Nicholas.

MOTHERWELL V KILMARNOCK
1 11.00PM SK1
Highlights from Fir Park,
RANGERS V CELTIC
LIVE 3 5.30PM SK1
Coverage from Ibrox, where Dick Advocaat's Rangers clash with current Scottish Premier Division champions Celtic. The 'Old Firm' derby is arguably the most talked about fixture north of the border, even though it takes place four times a year. Rangers are determined to win back their crown.
RANGERS V CELTIC
3 12.30AM SK1
Highlights from today's game at the Ibrox.
CELTIC V ST JOHNSTONE
LIVE 31 6.00PM SK3
Jim White presents action from Celtic Park. Both teams have had their share of turmoil this season. Celtic lost ground in the early stages of the campaign, while St Johnstone finished in a respectable position last term, but must avoid repeats of the 7-0 thrashing they received against Glasgow Rangers back in November.

SPANISH FOOTBALL ON SKY SPORTS
SPANISH FOOTBALL
2 12.30AM SK1
Action from Spain where some of the best players in the world compete in the Primera Liga.

SPANISH FOOTBALL
3 1.30AM SK1
SPANISH FOOTBALL
4 2.00PM SK1
SPANISH FOOTBALL
5 2.30PM SK1
SPANISH FOOTBALL
7 8.00PM SK1
SPANISH FOOTBALL
LIVE 9 8.00PM SK3
SPANISH FOOTBALL
9 12.30AM SK1
SPANISH FOOTBALL
LIVE 10 6.30PM SK1
SPANISH FOOTBALL
10 12.30AM SK1
SPANISH FOOTBALL
11 10.00AM SK1
SPANISH FOOTBALL
11 2.30PM SK1
SPANISH FOOTBALL
12 2.00PM SK1
SPANISH FOOTBALL
14 8.00PM SK3
SPANISH FOOTBALL
LIVE 16 7.30PM SK3
SPANISH FOOTBALL
16 11.00PM SK1
SPANISH FOOTBALL
LIVE 17 6.30PM SK1
SPANISH FOOTBALL
17 2.00AM SK1
SPANISH FOOTBALL
19 2.30PM SK1
SPANISH FOOTBALL
20 8.00PM SK3
SPANISH FOOTBALL
23 11.00PM SK1
SPANISH FOOTBALL
24 10.00PM SK1
SCOTTISH FOOTBALL
25 10.00AM SK1
SPANISH FOOTBALL
25 2.30PM SK1
SPANISH FOOTBALL
27 7.30PM SK1
SPANISH FOOTBALL
27 2.00AM SK1
SPANISH FOOTBALL
28 10.00AM SK1

SPANISH FOOTBALL
30 11.00PM SK1
SPANISH FOOTBALL
31 8.30PM SK3
MATCHES ON EUROSPORT
INTERNATIONAL TOURNAMENT
LIVE 6 7.00PM ESP
Coverage from San Fernado stadium in Maspalomas, Spain.
INTERNATIONAL TOURNAMENT
LIVE 6 7.30PM ESP
INTERNATIONAL TOURNAMENT
LIVE 7 7.00PM ESP
INTERNATIONAL TOURNAMENT
LIVE 8 7.00PM ESP
INTERNATIONAL TOURNAMENT
LIVE 8 7.30PM ESP
INTERNATIONAL TOURNAMENT
LIVE 9 7.30PM ESP
INTERNATIONAL TOURNAMENT
12 6.00PM ESP
AFRICAN CUPS
13 2.00PM ESP
AFRICAN CUPS
14 1.30PM ESP
FRIENDLY MATCH: BORUSSIA MÖNCHENGLADBACH V AHLBORG
LIVE 16 6.30PM ESP
Coverage from Växsjö in Sweden.
FRIENDLY: FRANCE V MOROCCO
LIVE 20 7.30PM ESP
Coverage from Marseille, where the World Cup winners endeavour to maintain their form.
FRENCH CUP
LIVE 23 8.00PM ESP

MATCH OF THE MONTH RANGERS V CELTIC Sky Sports 1 Sunday 3rd 5.30pm

EDDIE EDSON samples the frantic behind-the-scenes activity of the Sky Sports team covering the broadcast of a Rangers v Celtic clash

Rangers' Andrei Kanchelskis in full flow (main picture). A Sky Sports camera operator (inset) needs to be on his toes to capture the excitement of the clash

'Dead body two, dead body four. Adrian, a tad higher on four. Cue Aston. Aston in. Lose the Aston. Great. Go on Rangers.' Passion may be running high in the Ibrox stadium for the Rangers-Celtic derby, but it's nowhere as tense as the atmosphere in the two Sky Sports transmission vans in the car-park. The speaker is match director Jerry Logan: he's talking to a team of 20 people in two vans and 23 cameramen round the ground, with 18 screens in front of him, one of which is broadcasting the all-important live pictures to your home.

A 'dead body' is an injured player, an 'Aston' is the little caption that gives the player's name and stats. Jerry's job is to direct his team to get the best possible pictures on the screen, and it's a complicated process. He can link up directly to all the cameramen to tell them how to shoot, and can immediately slot in the pictures from whichever camera he chooses. One cameraman's sole job is to film the dug-out of the manager whose team is in possession of the ball.

The hell hole of the whole operation is the video replay truck, parked alongside Jerry's. Jerry has four screens dedicated to video replays, and the ten people in the van have to produce these four images. Life is fine when there's a stretch of midfield action filmed from above, but a foul and booking, a near goal, or, heaven forbid, a goal itself, means chaos as everybody tries to 'sell' their angle, as if in a trading house. 'Camera B's good.' 'F is fantastic, fabulous.' 'H is unmissable.' Within a couple of seconds, four images have to be transmitted to the HQ van, and within a couple more, at least two of the images need to be played live on screen. Any mistakes are dealt with by a severe scolding. There's no time to suffer fools in this job.

That's not, of course, all there is to the behind-the-scenes operation. Two weeks before the broadcast, manager Colin Davidson has to get planning permission from the local council for the erection of the scaffolding studio that houses studio gurus Jim 'Scottish Des Lynam' White and Charlie Nicholas. Commentator Ian Crocker's stats and player facts have to be produced from a studio in London. A catering van has to be set up to provide food for the crew. Then there's all the wiring work. All in all, a crew of nearly 100 people is needed for a match of this size. And when the match finally begins all hell is let loose.

This month's match has all the hallmarks of a real nail-biter: Dick Advocaat's Rangers have a lot to prove, having been subjected to a 5-1 away defeat against Celtic last November. But, whatever the form of the teams on the day, the Sky Sports crew certainly need to be in top form to capture every nuance of action in Britain's most stirring derby.

ALPINE SKIING
LIVE 24 12.30PM ESP
BIATHLON
24 2.15PM ESP
SKI JUMPING
24 9.00PM ESP
NORDIC COMBINED SKIING
Coverage from Val di Femme in Italy.
26 11.00PM ESP
NORDIC COMBINED SKIING
LIVE 27 9.00AM ESP
SNOWBOARD
28 11.30PM ESP
SNOWBOARD
29 12MIDN'T ESP
SKI JUMPING
30 9.00AM ESP
SKI JUMPING
30 4.30PM ESP
NORDIC COMBINED SKIING
31 9.00AM ESP
NORDIC COMBINED SKIING
31 1.30PM ESP
SKI JUMPING
31 4.30PM ESP

SNOOKER

PREMIER SNOOKER LEAGUE
19 8.00PM SK1
From the Torbay Leisure Centre.
PREMIER SNOOKER LEAGUE
19 12.30AM SK1
Action from the event that is now in its 13th year, and features the seven biggest names in the game.
PREMIER SNOOKER LEAGUE
20 12.30PM SK1
PREMIER SNOOKER LEAGUE
26 8.00PM SK1
PREMIER SNOOKER LEAGUE
26 12.30AM SK1
SNOOKER: WELSH OPEN 1999
LIVE 29 1.00PM SK3
Coverage from day three at the Cardiff International Arena.
SNOOKER: WELSH OPEN 1999
LIVE 30 5.00PM SK3
SNOOKER: WELSH OPEN 1999
LIVE 31 1.00PM SK3

SWIMMING

TRIATHLON 1998 WORLD CUP
Coverage of the competition that features long distance cyling, track and swimming events.
10 4.00PM SK3
TRIATHLON 1998 WORLD CUP EVENT
12 11.00AM SK1
TRIATHLON 1998 WORLD CUP
18 12NOON SK3
TRIATHLON 1998 WORLD CUP EVENT
19 11.00AM SK1
TRIATHLON 1998 WORLD CUP EVENT
26 11.00AM SK1
TRIATHLON 1998 WORLD CUP
31 5.00PM SK3

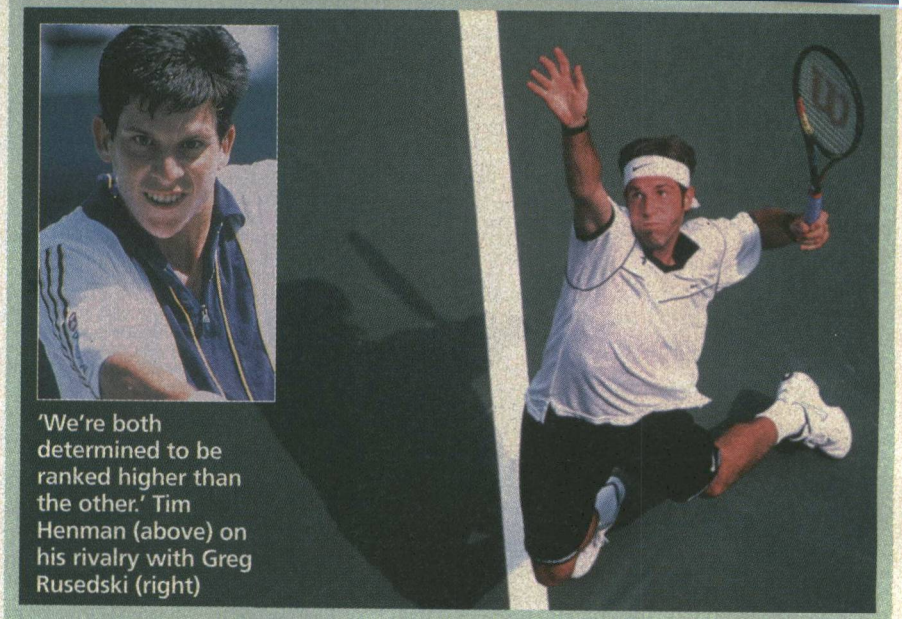
TENNIS

GENEVA EXHIBITION
1 8.00PM ESP
ATP TOURNAMENT
LIVE 6 3.00PM ESP
Third day coverage of this prestigious tennis tournament, which takes place between 4 and 10 of January in Doha, Qatar. Petr Korda, of the Czech Republic, will be aiming to defend his title.
ATP TOURNAMENT
LIVE 7 3.00PM ESP
ATP TOURNAMENT
7 6.00PM ESP
ATP TOURNAMENT
LIVE 8 3.00PM ESP
Continued coverage from Doha, Qatar.
ATP TOURNAMENT
LIVE 9 4.00PM ESP
ATP TOURNAMENT
LIVE 10 5.00PM ESP
WTA TOURNAMENT
15 8.00PM ESP
Semi-final action from White City in Sydney, Australia.
ATP TOURNAMENT
15 2.00PM ESP
ATP TOURNAMENT
15 8.00PM ESP
ATP TOURNAMENT
16 8.30PM ESP
AUSTRALIAN OPEN
LIVE 18 8.00AM ESP
Coverage of the first Grand Slam Tournament of the year, which continues until 31 January at Melbourne Park.
AUSTRALIAN OPEN
18 12.00NOON ESP
AUSTRALIAN OPEN
LIVE 19 8.00AM ESP
Second day coverage.
AUSTRALIAN OPEN
19 12NOON ESP
AUSTRALIAN OPEN
19 10.00PM ESP
AUSTRALIAN OPEN
LIVE 20 8.00AM ESP
Continued coverage of this Grand Slam Tournament.
AUSTRALIAN OPEN
20 12NOON ESP
AUSTRALIAN OPEN
20 10.30PM ESP
AUSTRALIAN OPEN
LIVE 21 8.00AM ESP
AUSTRALIAN OPEN
21 1.00PM ESP
AUSTRALIAN OPEN
21 10.00PM ESP
AUSTRALIAN OPEN
22 2.00PM ESP
AUSTRALIAN OPEN
22 10.00PM ESP
AUSTRALIAN OPEN
23 4.00PM ESP
AUSTRALIAN OPEN
23 10.00PM ESP
AUSTRALIAN OPEN
24 4.00PM ESP
AUSTRALIAN OPEN
24 10.15PM ESP
AUSTRALIAN OPEN
LIVE 25 8.00AM ESP
AUSTRALIAN OPEN
25 12NOON ESP
AUSTRALIAN OPEN
25 9.30PM ESP
From Melbourne.
AUSTRALIAN OPEN
LIVE 26 8.00AM ESP
AUSTRALIAN OPEN
26 12NOON ESP
AUSTRALIAN OPEN
26 4.00PM ESP
AUSTRALIAN OPEN
26 10.00PM ESP
AUSTRALIAN OPEN
LIVE 27 10.00AM ESP
AUSTRALIAN OPEN
27 12NOON ESP
AUSTRALIAN OPEN
27 10.00PM ESP
AUSTRALIAN OPEN
28 9.00AM ESP
AUSTRALIAN OPEN
28 4.30PM ESP
AUSTRALIAN OPEN
28 10.00PM ESP
AUSTRALIAN OPEN
29 9.00AM ESP
AUSTRALIAN OPEN
29 4.00PM ESP
AUSTRALIAN OPEN
29 10.00PM ESP
AUSTRALIAN OPEN
30 10.30AM ESP
AUSTRALIAN OPEN
31 10.30AM ESP

TABLE TENNIS

GRAND FINALS:
25 3.30PM SK3
Action from France.
GRAND FINALS:
25 7.00PM SK1

AUSTRALIAN OPEN PREVIEW



'We're both determined to be ranked higher than the other.' Tim Henman (above) on his rivalry with Greg Rusedski (right)

TIM HENMAN and Greg Rusedski owe a lot to each other for their status as leading contenders to win this month's Australian Open (Live coverage starts on Eurosport on Monday 18th at 8.00am). But their mutual debt is one borne of rivalry rather than friendship

You would be unlikely to find Britain's two best tennis players chatting together over a pint on a rare night off. Tim Henman was already being groomed as a glamorous and marketable number one when Canadian-born Greg Rusedski finally fulfilled his ambition to take up the nationality of his British mother in 1995. Since then, Henman has reached a Wimbledon semi-final, gone from 99 to nine in world ranking and made millions of pounds in prize money and endorsements. Rusedski's world standing has shot from the late-30s to as high as number four, he is a US Open runner-up and also a multi-millionaire. They may not like it, but they really are good for each other.

Now they are racing each other to become the first British player to win a Grand Slam event since Fred Perry in the Thirties and the Australian Open has come at just the right time for both players to feel confident of success.

Henman, for one, concedes that their competitive edge has lifted him to new heights: 'We're both determined to be ranked higher than the other and that has definitely worked in our favour. We are not enemies or anything like that, but we both want to be successful.'

Like Henman, Rusedski ended 1998 in spectacular form and also believes he can go all the way. He said: 'My game has come on by leaps and bounds. I think my returns are much more solid and my ground strokes are so much better.

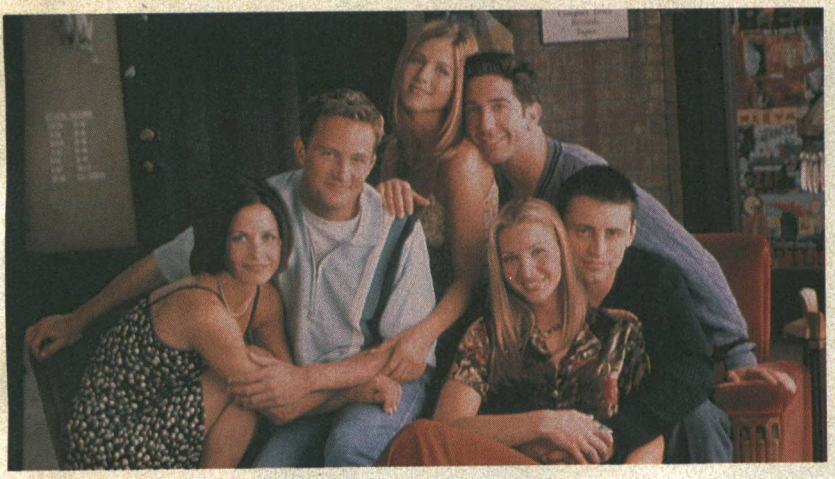
'Now I think I can enter the race for world number one next season and that means doing well in the Grand Slams. I missed my two best Grand Slams last year – I didn't have enough preparation for the US Open and I completely missed out on Wimbledon through injury. But now I feel that anything is possible when I'm on top of my game.'

The hard courts in Melbourne favour both British men in that they are fast enough to allow them to play their natural attacking games. And their rise up the rankings over the past few years has earned them the respect of their rivals too. World number one Pete Sampras has already tipped Henman as a future Wimbledon winner and he also feels that Rusedski could be a major challenger in Australia. Sampras said: 'Everything about Greg's game has improved. He's always had that serve and when you add what is now a great return game, he's pretty complete when he's hot.'

But can Greg or Tim turn the tennis world upside down? They share an intense desire and the same birthday, but only one of them can win that first post-war Grand Slam for Britain.

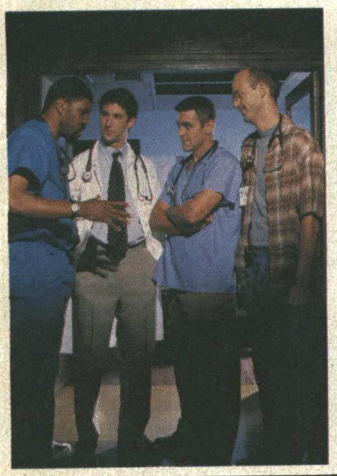
AUSSIE OPEN FACT FILE:

- The 1999 Australian Open is to be held over the fortnight of Monday 18 January to Sunday 31 January.
- The Australian Open is one of the four tournaments that make up the Grand Slam. The term came into being when American writer Alison Danzig used it to describe Donald Budge's clean sweep in 1938.
- Czech Petr Korda beat Chilean Marcelo Rios in last year's men's final.
- In the women's, Switzerland's Martina Hingis defeated Spain's Conchita Martinez.
- The tournament began in 1905 and was originally played in various states around the country.
- Martina Hingis is the youngest singles winner – she was aged just 16 years and three months in 1997.
- The oldest singles winner was Ken Rosewall in 1972, who was aged 37 years and 2 months.



THE ONE AFTER ROSS SAYS 'RACHEL'

One of the most successful and fondly regarded comedy series in television's recent history returns to Sky One this week. Yes, Ross, Rachel, Monica, Chandler, Phoebe and Joey are back in the eagerly awaited fifth season of *Friends*.The feel-good factor generated by the warmly fleshed out characters and the wittily observed situations they find themselves in is always intoxicating. Last series was arguably the funniest so far and ended on the sort of suspenseful note that drew audible gasps from viewers: a cliff-hanger of a climax concerning Ross and his wife-to-be Emily in which he uttered the name of former girlfriend Rachel at the crucial moment in the wedding ceremony. Was it a nervous slip of the tongue? Or does Ross still hold a candle for Rachel? And how will poor Emily react? Tune in to the opening episode, *The One After Ross Says 'Rachel'*, to find out.
Sky One Thursday 7th 9.00pm



ER'S BACK ON DUTY

Fans of *ER* who have grown feverish in anticipation of a new series receive their much-needed entertainment tonic this week when the compulsive hospital soap returns to Sky One. If the show often seems uncomfortably authentic in its evocation of the urgency and chaos of an emergency room, that's because the series was inspired by executive producer Michael Crichton's experiences as a medical student at a Massachusetts hospital. Now in its fifth season, the show benefits from its rounded characters. All the series favourites are still on call, including Hollywood heavyweight George Clooney, Noah Wyle, and Julianna Margulies. But the opening episode, *Day for Knight*, focuses on the misfortunes bestowed on new intern Lucy Knight (played by new cast member Kellie Martin) on her stressful first day.
Sky One Thursday 7th 9.30pm

OLDMAN'S IN HIS ELEMENT

French director Luc Besson, the cinematic stylist who put some creative spins on the action genre in his cult favourites *Nikita* and *Leon*, turns his artful attentions to sci-fi in *The Fifth Element*. The result is the most stylish journey into the future since the seminal *Blade Runner*, though the contemplative tone of that film is at odds with Besson's rambunctious comic strip concerns. The film boasts an energetic drive, thanks to some clever camerawork, a pounding score by Besson's regular musical collaborator Eric Serra and the spirited performances of a well-selected cast. It tells of the appearance in the universe of an evil energy that can only be destroyed by a weapon constructed from the five elements. Bruce Willis swaps his distressed vest for a rubber Jean-Paul Gaultier number to play Korben Dallas, a 23rd-century taxi driver and former soldier who finds himself entrusted with the job of destroying the dark force. The mysterious Leeloo (Milla Jovovich), a female embodiment of the fifth element, is vital to the success of his efforts. Besson obtains a gleefully villainous turn from Gary Oldman (above) as chief baddie Zorg, and uses the ethereal looks of Jovovich to enigmatic advantage.
Sky Premier Saturday 2nd 10.00pm

THE FUTURE OF SHOPPING IS HERE NOW ...BE PART OF IT!

All the **brands you want** at **prices you'll love!**

Available on Cable & Wireless now*

*Currently not available in Norwich, Ashford, Sussex and New Ash Green.

New Year's Day

SKY PREMIER
PREMIUM CHANNEL

6.00am A Change of Heart
1997, rating Sky PG, 86 mins
8.00 The Incredible Journey
Emile Genest, John Drainie
1963, rating Sky U, 77 mins
10.00 The Witches
Anjelica Huston, Mai Zetterling
1990, rating Sky PG, DS, 88 mins
12noon A Change of Heart
Andrew McCarthy, Teri Polo
1997, rating Sky PG, 86 mins
2.00pm The Incredible Journey
Emile Genest, John Drainie, Rex Allen, Beth Amos
Family adventure film about two dogs and a cat and their amazing trek through the Canadian wilderness in search of their family home. *1963, rating Sky U, 77 mins*

4.00 Jitters
Joely Fisher, Brian Wimmer, Anne Meare, Bud Court
PREMIERE Romantic drama in which a woman is suffering from pre-marital jitters. The situation takes a turn for the worse when the build-up to the wedding is filmed for a cable television show and her anxieties reach an almost unbearable fever pitch. *1997, rating Sky PG, 88 mins*

6.00 The Witches
Anjelica Huston, Mai Zetterling, Jasen Fisher, Rowan Atkinson
Splendidly scary and wickedly witty adaptation of Roald Dahl's popular children's novel. A young boy, who has recently become an orphan, is taken on holiday by his grandmother where he encounters a group of sinister witches. *1990, rating Sky PG, DS, 88 mins*

8.00 Fierce Creatures
John Cleese, Jamie Lee Curtis, Kevin Kline, Michael Palin
Slapstick comedy. Marwood Zoo is facing bankcruptcy. To boost visitor numbers, the zoo's director decides to get rid of the cute and fluffy animals and replace them with fierce, man-eating, creatures so the zoo keepers stage a revolution. *1997, rating Sky 12, 89 mins*

10.00 The English Patient
Ralph Fiennes, Juliette Binoche, Willem Dafoe, Kristin Scott Thomas, Colin Firth
Romantic drama about a mysterious man who is almost killed in a 'plane crash in Africa during World War II. He survives, but with ghastly burns, and is cared for by a young nurse who begins to fall for him. **Text** *1996, rating Sky 15, 155 mins*

12.40am Diabolique
Sharon Stone, Isabelle Adjani
Thriller about two women who decide to kill the man in their lives. **Text** *1996, rating Sky 18, 103 mins*
2.30 Rough Magic
Bridget Fonda, Russell Crowe
1995, rating Sky 12, 100 mins
4.15-6.00am Jitters
1997, rating Sky PG, 88 mins

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Vanishing Point
1996, rating Sky PG, 87 mins
7.30 Blue Rodeo
1996, rating Sky PG, 87 mins
9.00 Explorers
1985, rating Sky PG, 105 mins
11.00 Godzilla Vs Gigan
Hiroshi Ichikawa, Tomoku Umeda
1972, rating Sky PG, 85 mins
1.00pm Blue Rodeo
Ann-Margaret, Corbin Allred 1996, rating Sky PG, 87 mins

3.00 Explorers
Ethan Hawke, River Phoenix, Dick Miller, Jason Presson
Family fantasy. A youngster obsessed with science-fiction dreams of travelling to space. With the help of two whizz-kid friends, he builds a flying saucer and the three of them launch themselves into space to fulfill their dreams. *1985, rating Sky PG, 105 mins*

5.00 Vanishing Point
Viggo Mortensen, Keith David, Christine Elise, Steve Railsback
Remake of the Seventies action suspense movie. A man speeds across country desperate to get home to his wife whose pregnancy has taken a life-threatening turn. However, armed police officers are in hot pursuit, determined to arrest him. *1996, rating Sky PG, 87 mins*

7.00 P:review
Jessica Whittaker looks ahead to the coming week on Sky Movies.
7.30 UK Top Ten
A countdown of the UK's top ten box office movies.
8.00 Action Heroes: Arnold Schwarzenegger
A profile of the star.
8.30 Movie Magic
Body Building
How actors change their shape.
9.00 Shadow Conspiracy
Charlie Sheen, Donald Sutherland, Linda Hamilton
PREMIERE Thriller in which the special assistant to the President of the United States uncovers a conspiracy in the White House, placing his life in danger. *rating Sky 15, 1997, 103 mins*
10.45 Hidden Agenda
Frances McDormand, Brad Dourif, Brian Cox, Mai Zetterling
Conspiracy thriller from British director Ken Loach in which an investigator uncovers a government conspiracy in Northern Ireland. *1990, rating Sky 15, 104 mins*
12.35am The Package
Gene Hackman, Tommy Lee Jones
1989, rating Sky 15, 103 mins
2.25 The Presidio
Sean Connery, Mark Harmon
1988, rating Sky 15, DS, 93 mins
4.05 Maternal Instincts
1996, rating Sky 15, 88 mins
5.40-6.30am Godzilla Vs Gigan
1972, rating Sky PG, 85 mins

Catherine Zeta Jones, Sean Pertwee, Peter Gunn, Ewan McGregor in 'Blue Juice'. FilmFour 8.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm Champion
Kirk Douglas, Marilyn Maxwell, Arthur Kennedy
Drama. An unscrupulous young man goes looking for a better life in California. Finding only menial work, he amuses himself by seducing a waitress, is forced to marry her then falls back on boxing, the only way he knows how to make money. *1949, 95 mins*

6.00 The Pink Panther
Peter Sellers, David Niven, Capucine, Robert Wagner
Classic comedy in which the bumbling French sleuth, Inspector Clouseau, marshals his inconsiderable investigative powers in order to muddle his way round to capturing the notorious jewel thief known simply as 'The Phantom'. *1964, rating Sky PG, 110 mins*

8.00 The Nutty Professor
Jerry Lewis, Howard Morris, Stella Stevens, Kathleen Freeman
Madcap comedy. A shy, retiring professor becomes tired of being teased and so concocts a potion to transform himself into a rock star. This makes him a confident party animal and ladies' man, but the effects wear off quickly. *1963, rating Sky PG, 103 mins*

10.00 Madigan
Richard Widmark, Henry Fonda, Inger Stevens, James Whitmore
Thriller in which a determined New York cop sets out to find an escaped prisoner who is likely to be armed and dangerous. *1968, rating Sky 12, 97 mins*

11.45 Che!
Omar Sharif, Jack Palance, Robert Loggia, Cesare Danova
Drama about the revolutionary Che Guevara. *1969, rating Sky 15, 92 mins*
1.25am Damien: Omen II
William Holden, Lee Grant
1978, rating Sky 18, 102 mins
3.15 Hollywood Hall of Fame: Burt Lancaster
3.45-5.20am The Yellow Canary
Drama. *1944, rating Sky U, 94 mins*

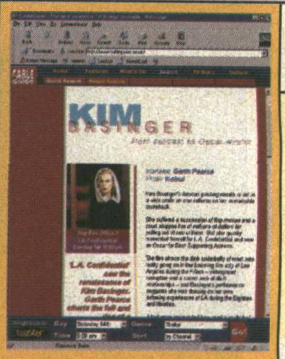
MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Show Boat
Kathryn Grayson, Ava Gardner, Howard Keel, Joe E Brown, Marge Champion
Hollywood's third version of the Broadway hit about the lives and loves of the colourful characters aboard a Mississippi showboat. A naive showgirl marries a reckless gambler but returns to the boat when her marriage falters. *1951, 103 mins*

11.00 Singin' in the Rain
Gene Kelly, Debbie Reynolds, Donald O'Connor, Jean Hagen, Millard Mitchell, Rita Moreno
Classic Hollywood musical charting the difficult transition from silent movies to talkies. *1952, 99 mins*
1.00am The Band Wagon
Fred Astaire, Cyd Charisse
Musical about a dancer coaxed out of semi-retirement. *1953, 108 mins*
3.00-5.00am Seven Brides for Seven Brothers
Musical. *1954, 98 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm
A Room With a View
Helena Bonham Carter, Maggie Smith, Denholm Elliot
An adaptation of the EM Forster novel about the events following of a tour of Florence taken by a young woman and her aunt.

8.00 Blue Juice
Sean Pertwee, Catherine Zeta Jones, Ewan McGregor
A fast-moving comedy drama set among the Cornish surfing community, *Blue Juice* is the debut feature from director Carl Prechezer. Prechezer, along with, producer Peter Salmi, gained acclaim for the prize-winning short *The Cutter*. *1994, 95 mins*

10.00 Bitter Moon
Peter Coyote, Hugh Grant, Kirsten Scott Thomas
Roman Polanski's comedy about a charismatic, but dissolute, writer's gradual corruption of a repressed British couple during a cruise on an ocean liner. *1992, 134 mins*

12.20am
Four Weddings and a Funeral
Hugh Grant, Andie McDowell
Comedy. *1994, 112 mins*
2.15
What's Eating Gilbert Grape?
Drama. *1993, 113 mins*
4.10-6.00am Gregory's Girl
Comedy. *1980, 87 mins*

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FACE/OFF
John Woo-directed action thriller. An FBI agent goes undercover by having a terrorist's face grafted on to his own and becomes trapped in his new identity. Starring John Travolta and Nicholas Cage.
1997, rating Sky 18, 133 mins
PLAYS AT 12midnight, 2.30am

Sky Box Office 2
Channel 52
HOME ALONE 3
Family comedy in which a pre-teen is left alone to deal with foreign spies who are searching for a stolen computer chip. Starring Alex D Linz.
1997, rating Sky PG, 98 mins
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
GEORGE OF THE JUNGLE
Chaotic comedy with Brendan Fraser and Leslie Mann.
1997, rating Sky U, 87 mins
PLAYS AT 6.30am, 8.30am, 10.30am, 12.30pm, 2.30pm, 4.30pm, 6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am, 4.30am

Sky Box Office 4
Channel 54
FATHER'S DAY
Comedy about two men who bump into each other while searching for a missing boy who they both think is their own son. Starring Billy Crystal and Robin Williams.
1997, rating Sky 12, 94 mins
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

New Year's Day

SKY ONE
ACTION/ SELECTION PACKS

8.00am Earthworm Jim
8.30 Count Duckula
9.00 The Simpsons
9.30 Garfield and Friends
10.00 Xena: Warrior Princess
11.00 The New Adventures of Superman
Metallo
12noonThe Oprah Winfrey Show
1.00pm Jenny Jones
2.00 Sally Jessy Raphael
Stop Looking So Sexy

3.00 Sarah ... Surviving Life
Teen Pregnancies
Sarah Ferguson hosts this series in which she discusses everyday personal issues with a small audience.
4.00 Guilty!
A unique talk show in which, instead of just chatting on a sofa, guests resolve their problems in a courtroom with the help of a judge.
5.00 Star Trek: Voyager
Distant Origin
The crew of Voyager is threatened when they are caught in the middle of an alien race's fight over their history.
6.00 Married ... With Children
Al Bundy's Sport Spectacular
6.30 Friends
The One After the Superbowl – Part I
7.00 Friends
The One After the Superbowl – Part II
7.30 The Simpsons
More cartoon fun with Springfield's favourite family.
8.00 King of the Hill
Westie Side Story
Hank gets Laotian neighbours.
8.30 3rd Rock from the Sun
The Physics of Being Dick
9.00 ER
Baby Shower
The emergency room is inundated with women in labour and Benton tries to prove his worth as a surgeon.
10.00 Hot Summer Down Under
Real-life documentary series focusing on the antics of the residents, visitors and workers of Australia.
11.00 British Sex
According to this show, 62% of Brits have watched blue movies, 60% have tried a sensual massage and 33% have used a sex toy. The *British Sex* series documents what the British public get up to behind closed doors or, in some cases, in public.
1.00am-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 Pride and Prejudice
10.30 Angels
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Pride and Prejudice
2.00 Dallas
2.55 The Bill
Strange Meeting

3.25 The Bill
A Bitter Pill
A son and daughter are suspected of assisting a suicide.
3.55 EastEnders
More drama from Albert Square.
4.30 Angels

4.55 FILM: Carry On at Your Convenience
Sid James, Kenneth Williams,
British comedy with the 'Carry On' team as a shop steward finds himself at loggerheads with the management at a lavatory factory. *1971*
6.45 Only Fools and Horses
To Hull and Back
Christmas special from 1985. Del takes on Boycie's tempting offer of a considerable financial reward for acting as a courier to collect diamonds from Amsterdam. He ropes in the rest of the Trotter clan, but then discovers that his old friend Slater of the Yard knows all about it.

8.35 Porridge
The Desperate Hours
Fletcher plans to add a bit of Christmas spirit to the festive season at Slade Prison in the form of his very own home-made liquor.
9.30 Specially Selected Canned Carrott
The very best bits of Jasper Carrott's *Canned Carrott* series.

10.25 Rising Damp
Sitcom about a cantankerous landlord and his unfortunate tenants.
11.00 The Young Ones
Bambi
Comedy series about student life in the Eighties.
11.40 The Young Ones
Cash
12.25am The Young Ones
Nasty
1.05 The Young Ones
Time
1.45 The Young Ones
Sick
2.25-2.55am The Young Ones
Summer Holiday

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 The Roseanne Show
9.50 Jerry Springer
Outrageous American talk show .
10.40 Michael Cole
11.30 The Heat is On
12noon Special Babies
12.30pm Rescue 911
1.00 Ready, Steady, Cook
1.35 Can't Cook, Won't Cook
2.10 Jerry Springer
Outrageous American talk show .

3.00 FILM: People Will Talk
Cary Grant, Jeanne Crain, Finlay Currie, Walter Slezak
Sophisticated comedy-drama in which an unorthodox medical professor appears to be more interested in emotion than in cold facts about the human body. Teaching at medical school he finds himself falling for an unwed pregnant student. *1951*
5.00 Beyond Belief
Anthology mystery series.
5.35 Can't Cook, Won't Cook
Two hopeless cooks create a family favourite.
6.10 The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion.
7.00 Rescue 911
Stories of real-life rescues by American emergency services. Hosted by William Shatner.
7.30 Beyond Belief
Anthology mystery series.
8.00 Murder Call
The Burial
Australian murder mystery series about an unconventional team of detectives. A man is discovered buried on the beach.
9.00 FILM: Buried Secrets
Tiffani-Amber Thiessen Tim Matheson, Melinda Culea Erika Flores, Kelly Rutherford
Horror in which a young woman moves into a new home only to discover that the house is haunted. The ghost of a girl appears claiming that her mother was murdered and asks for help in finding her killer. *1996*

11.30-12midnight Sex Life Down Under
Exploring issues relating to sex, including relationships, contraception and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls
7.00 On the Buses 7.30 The Fenn Street Gang 8.00 That's My Boy
8.30 Second Thoughts
9.00 Classic Coronation Street.
9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Coronation Street
12.30pm Emmerdale
1.00 Nearest and Dearest
1.30 Watching
2.00 thirtysomething

3.00 The Love Boat
Hollywood Royalty
Two millionaire superstars spend their second honeymoon aboard the *Pacific Princess* and their $1 million diamond falls foul of a bunch of thieves. Guest-starring Michele Lee and Fernando Lamas. With Gavin MacLeod, Lauren Tewes, Bernie Kopell, Fred Grandy and Ted Lange.
5.00 Hawaii Five-0
Secret Witness
McGarrett must come to the aid of a young man who has witnessed a murder and become the next target.
6.00 The Professionals
Slush Fund
CI5 investigates a Euro consortium, which is building a death-trap fighter. With Lewis Collins and Gordon Jackson.
7.00 The Professionals
Mixed Doubles
Bodie and Doyle are assigned to protect a Middle Eastern leader who is set to sign an important treaty. With Lewis Collins.
8.00 The Love Boat
Hollywood Royalty
Two millionaire superstars spend their second honeymoon aboard the *Pacific Princess* and their $1 million diamond falls foul of a bunch of thieves. Guest-starring Michele Lee and Fernando Lamas. With Gavin MacLeod and Ted Lange.
10.00 Jokers Wild
10.30-11.00pm Jokers Wild

GRANADA MEN & MOTORS
ACTION PACK

11.00pm The Hot House
Non-stop chat, comedy, music and special guests.
11.30 Real Sex
A look at the ways men and women explore their sexuality.
12midnight The Third Nipple
A mixture of interviews and sketches. Presented by comedienne Mandy Knight.
12.20am Lady Lust
12.30 Undressed with Guest
12.50 Lord Lust's Lovlies
1.00 Battling Babes
1.30-2.00am Elvis Has Just Left The Building

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear in the Big Blue House
6.25 Classic Toons 6.35 Gummi Bears
7.00 Toons 7.10 Aladdin 7.35 Timon ands Pumbaa 8.00 101 Dalmatians
8.25 Classic Toons 8.30 Hercules
9.00 Art Attack 9.15 Ned's Newt
9.30 Recess 9.45 Pepper Ann 10.00 Boy Meets World 10.30 Smart Guy
11.00 Teen Angel 11.30 Flash Forward
12noon Doug 12.30pm Dinosaurs
1.00 FILM: Muppet Treasure Island
Tim Curry, Kevin Bishop 1996
2.35 Winnie the Pooh

3.00 The Little Mermaid
Charming undersea adventures.
3.30 Timon and Pumbaa
Fun in the jungle.Text
3.45 101 Dalmatians
More canine capers. Text
4.10 Hercules
Muscle-bound hunk and high school hero. Text
4.40 Art Attack
Award-winning art show hosted by Neil Buchanan Text
5.00 Smart Guy
A Little Knowledge
TJ appears on a gameshow to win some money.Text
5.30 Recess Text
5.45 Pepper Ann Text
6.00 The Wonder Years
Clip Show
The final programme in the present series. Text
6.30 Boy Meets World
Turkey Day Text
7.00 Honey, I Shrunk the Kids
Honey, We're Stuck in the 70s
Amy travels back in time to re-write her teacher's past. Text
7.50 Classic Toons
8.00 FILM: Borrowed Hearts
Roma Downey
PREMIERE Romance in which a factory boss needs an instant family to impress a colleague. So he hires one of his female workers who's recently separated from her husband. *1997*
9.30 Home Improvement
Tim Allen is a loving husband and part-time chauvinist.
10.00 Dinosaurs Text
10.30 The Wonder Years
Pilot Text
11.00-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

FRIDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

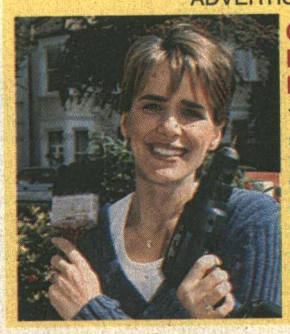
FILM

Shadow Conspiracy
Sky MovieMax 9.00pm
Charlie Sheen and Linda Hamilton investigate intrigue in Washington in this thriller. They play a presidential aide and a reporter who uncover conspiracy at the highest level of government – which carries deadly consequences. Donald Sutherland adds to the atmosphere.

GENERAL

An Audience with Natalie Imbruglia
MTV 3.00pm
The former Aussie soap star performs for an hour just for you on New Year's Day. Natalie gets personal as she tackles some of the questions the fans really want answered in an exclusive interview and then closes with a live set including the hit song *Torn*.

ADVERTISEMENT



UK STYLE
CHANGING ROOMS DAY FROM 5.00PM
The phenomenally popular show presented by Carol Smillie takes over UK Style today! Thirteen sets of neighbours swap houses to transform a room in each other's homes, assisted by designers and the inimitable Handy Andy.

New Year's Day

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM
7.30am Extreme Sports
8.00 Extreme Sports
8.30 Rally
10.00 Ski Jumping
11.00 Alpine Skiing – LIVE
Coverage of the Women's World Cup. Featuring events such as the Super-G, giant slalom and slalom.
12.30pm Football
1.30 Martial Arts
Coverage of the Shaolin Kung Fu Tournament, which is part of the 13th Martial Arts Festival in Paris-Bercy.

3.00 PM
3.30 Alpine Skiing
Further coverage of the Women's World Cup in Maribor. Featuring the Super-G event.
4.30 Ski Jumping
Coverage of the the second round of the World Cup's Four Hills Tournament in Garmisch Partenkirchen. Last year's podium in Garmisch was all Japanese, with Kazuyoshi Funaki winning ahead of Masahiko Harada and Hiroya Saitoh.

6.00 PM
6.30 Bloopers
Featuring footage of hair-raising and comical sporting mishaps.
7.00 PM
7.00 Motorsports
Featuring the prize-giving gala Monaco held in honour of the 1998 champions of motorsport.

8.00 PM
8.00 Tennis
Coverage from the Youth Trophy charity exhibition in Geneva featuring outstanding tennis from renowned players John McEnroe, Yannick Noah, Anna Kournikova and Steffi Graf.
9.30 Rally
Motoring action from the Total Granada Dakar 99.
10.00 PM
10.00 Bowling
Another chance to see the men's final of the World Tenpin Team Cup in Hoofddorp, which is held every two years.
11.00 PM
11.00 Extreme Sports
YOZ Mag

12.00 NIGHT TIME
12midnight-12.30am Rally
Another chance to see all the action from the Total Granada Dakar 99.

SKY SPORTS 1
PREMIUM CHANNEL

6.00am
Super League: Super Tries
7.00 Sky Sports Centre
8.00 World Wrestling Federation – Superstars
9.00 Racing News
9.30 Soccer Extra: New Year Special
12.30pm Football Special: Goals & Bloopers
2.00 Scottish Football: Motherwell v Kilmarnock – LIVE
Despite a respectable goal return from striker Tommy Coyne last season, Motherwell only just managed to avoid slipping into the First Division. Kilmarnock, meanwhile, enjoyed a comfortable season and were boosted in the summer by the signing of veteran Scottish international striker Ally McCoist.

5.00 Boxing: Fights of 1998
Paul Dempsey presents a look back at the most explosive fights of 1998. Relive magical moments featuring the likes of Prince Naseem Hamed and Lennox Lewis.

8.00 Soccer Extra: New Year Special
Start the New Year with the show that keeps fans updated on all the latest developments in the world of football. Featuring lively studio debates, special guests and phone-in competitions. Presented by Matthew Lorenzo.

11.00 Scottish Football: Motherwell v Kilmarnock
Highlights from the Scottish Premier Division as Motherwell take on Kilmarnock at Fir Park.
12.30am
Boxing: Fights of 1998
A look back at the most explosive fights of 1998 with Patrick Dempsey.
3.30 World Wrestling Federation – Raw
5.30-6.00am H_2O

SKY SPORTS 2
PREMIUM CHANNEL

6.00am Angling: Angling Masters 7.00 Aerobics Oz Style 7.30 Racing News 8.00 Football League Review 9.00 Fish TV: Angling Masters 10.00 The Rugby Club 11.00 Ice Hockey: Cardiff v Bracknell 1.30pm Super League: Super Tries 2.30 Angling: Angling Masters
Bruno Brookes and Keith Arthur answer an assortment of angling queries.

3.30 Trans World Sport
Hour-long foray into sports news, tournaments and competitions across the globe from the past week.
4.30 What a Weekend
Show looking back on another sporting weekend.
5.00 Darts: World Championship 1998 – LIVE
The Skol World Darts Championship comes live from the Circus Tavern in Purfleet, Essex – the Mecca of all darts tournaments – as it reaches the quarter-final stage. This competition is the greatest in the professional darts calendar and promises nail-biting action to the finish as the players aim to hold their nerve as they step on to the oche. Presented by Sid Waddell.

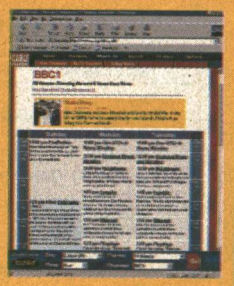
11.00 H_2O
Here is a chance to see Nick Knowles present a sailing series with a difference.
11.30 International Cricket: Australia v England – LIVE
Live coverage from the opening day's play.
2.00am
Gillette World Sport Special
2.30-5.00am International Cricket: Australia v England – LIVE

SKY SPORTS 3
PREMIUM CHANNEL

12noon Trans World Sport
Sports magazine taking a global perspective.
1.00pm Fish TV: Angling Masters
Bruno Brookes and Keith Arthur present the show that answers angling questions and queries.
2.00 Figure Skating: World Professional Figure Skating
World professional figure skating featuring the finest, most graceful competitors from around the globe.

4.00 The Rugby Club
Stuart Barnes and Dewi Morris preview and review the latest action, plus an interview with one of the biggest names in the game.
5.00 Survival of the Fittest
5.30 Gillette World Sport Special
Alternative sports from across the globe.
6.00 Wild Spirits
With Jason Roberts.
6.30 H_2O
Nick Knowles presents the action-packed programme for sailing enthusiasts.
7.00 Motorcycling: AMA Grand National Series
Fast-paced motorcycling action as the participants rev up for the AMA Series.
8.00 Figure Skating: World Professional Figure Skating
World professional figure skating featuring the finest, most graceful competitors from around the globe.

10.00-12midnight World Wrestling Federation – Raw
Hosted by Jim Ross, Kevin Kelly and Michael Cole and boasting classic matches, celebrity guests and all the latest action from the World Wrestling Federation Circuit, this show definitely pulls no punches.



For a full run down of all the live sport on cable TV, BBC1, BBC2, ITV, Channel 4 and Channel 5, visit Cable Guide's new online programme guide. http://www.cableguide.co.uk

MUTV
ADD-ON CHANNEL

6.00pm Game on
6.05 Red Hot News
6.15 This is MUTV
An introduction to the world's first ever daily football club channel.
7.00 Red Replays
From transfer news to controversial views, this is the show that reviews the week inside Old Trafford from the horse's mouth.
8.00 Supermatch Exclusive: MLF Six-a-Side Challenge
United take on their three greatest rivals, City, Liverpool and Arsenal. The Masters League Football Challenge brings together some of the great players of recent times for a unique six-a-side tournament.
10.00 Super Match – Vintage Reds: Manchester United v Arsenal
Step back in time to the 1979/80 season.
11.00 Best of Play a Round with Liz
Golf with Liz Hoad.
11.30 Jump 'n' Pump
11.45-12midnight Red Hot News

SCI-FI
ACTION PACK

8.00am Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 The Ray Bradbury Theatre 12noon The Twilight Zone 12.30pm The Twilight Zone 1.00 Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Miracles

3.00
Battlestar Galactica
Galactica Discovers Earth
After a 30-year search the *Battlestar Galactica* has found earth.
4.00 Amazing Stories
Fine Tuning
4.30 Mysteries, Magic and Miracles
Patrick Macnee searches for baffling stories.
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

6.00 The Ray Bradbury Theatre
Colonel Stonesteel and the Desperate Empties
6.30
New Alfred Hitchcock
7.00 Quantum Leap
Leap of Faith
Sam leaps into the body of a priest who is asked to prevent the death of a witness to a murder.
8.00 Amazing Stories
Mummy, Daddy
8.30
Highlander: Raven
Full Disclosure
An angry Nick is determined to uncover Amanda's Immortal secret.
9.30 The Hunger
I'm Dangerous Tonight
The assistant of a top designer falls for a fugitive.
10.00 Flash Gordon
Adventures in space with Flash and his friends. Starring Sam Jones, Melody Anderson, Topol, Max Von Sydow, Timothy Dalton and Brian Blessed.

12midnight
FILM: Heavy Metal
John Candy, John Vernon
Animated sci-fi stories. 1981
1.45am Sci-Focus
2.00 The Guyver
2.30 100 Years of Horror
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Talk show.
4.50 Kids Say the Funniest Things
A selection of some of the hilarious things children say by mistake, including spoonerisms galore and a malapropism or two.
5.30 Futbol Mundial
Sports magazine with news and features relating to all aspects of football from around the world.

6.00 Bedrock
Teenage magazine.
7.00 The Mix
Music show.
8.00 Frenchman's Creek
Adaptation of Daphne du Maurier's classic story of love and adventure, starring Tara Fitzgerald and Anthony Delon.
10.00 Coronation Street
Another chance to catch up with tonight's events in Britain's best-known street.

10.30 Widescreen on 2: Tess of the D'Urbervilles
First part of the adaptation of Thomas Hardy's classic novel. With Justine Waddell Jason Flemyng and Oliver Milburn.
12.30am-2.00am
FILM: She Woke Up
Starring Lindsay Wagner.
Thriller in which a rich heiress tries to discover the identity of her assailant.
1992, 90 mins

TELEVISION X
ADD-ON CHANNEL

12midnight Free View 12.10am Stripper of the Year 12.20 Adult Feature 12.45 FILM: Discipline 1.00 View 1.05 FILM continues 2.00 View 2.05 ... Malone 2.20 FILM: Helen and Louise 3.00 View 3.05 FILM continues 3.40 Centrefold International 4.10-5.30am FILM: Love Doll Lucy 2

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Dr Anna St John 12.35 .... Mobile
Erotic comedy.
1.10 FILM: Clockwork Sex Fantasy
Erotic drama.
2.20 Big Uns
Erotic magazine show.
3.05-4.00am FILM: Madam-X

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Sure Fire
A man's fixation with achieving the American Dream of success and wealth destroys his family.
9.20 FILM: Trust Me
Chase thriller.
10.45-12midnight FILM: Steal My Heart
Naomi, Crystal Knight
Erotic feature film.

New Year's Day

Enjoy hits including Torn and Big Mistake in 'An Audience with Natalie Imbruglia'. MTV 3.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Crosswits
Crossword conundrums with Tom O'Connor.
5.30 Prize Time
5.45 Family Fortunes
Two families play against each other in the big money gameshow.
6.15 Prize Time
6.30 Catchphrase
Roy Walker hosts the hi-tech gameshow.
7.00 Prize Time
7.15 100 Per Cent
Three contestants face some testing questions.
7.45 Prize Time
7.55 The Crystal Maze
A team of intrepid contestants tackle a series of ingenious games and fiendish challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00 Prize Time
9.15 Strike It Lucky
Michael Barrymore hosts the fast-action gameshow.
9.45 Prize Time
Win great prizes.
10.00 Endurance UK
Paul Ross hosts this quiz.
10.30 Prize Time
10.45 The Cooler
Donna Air tests the contestants.
11.15 Prize Time
11.30 Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British public.
12.30am Love at First Sight
1.00 Strike It Lucky
1.30 Through the Keyhole
2.00 Karaoke Challenge
2.30 Family Fortunes
3.00 Endurance UK
3.30 Blockbusters
4.00 Fifteen to One
4.30 Give Us a Clue
5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Nation L!VE 6.15 Body Heat 6.30 Shopping 7.00 Why Files 7.30 Fashion 8.00 Agony 8.30 Lie Detector 9.00 What's in Box? 9.15 BodyHeat 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Judge Judy 11.30 What's in Box? 11.45 BodyHeat 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion Show 2.00 Judge Judy 2.30 What's in Box? 2.45 BodyHeat
3.00
Back to Back Babes
A feast of beauties
3.30 Lie Detector
Unmasking deception using modern methods
4.00 The Why Files
Psychic investigators travel the length of the country.
4.30 Judge Judy
The feared American Judge takes another case.
5.00 Agony
More much-needed relationship advice is on hand for those with broken hearts and troubled souls.
6.00
The Fashion Show
Headlines among hemlines.
6.30 Body Heat
6.45
Back to Back Babes
7.00 Lie Detector
Uncovering deceit using modern methods.
7.30 Agony
More relationship advice is on hand for troubled souls.
8.00 The Why Files
Psychic investigations.
8.27
Tiffani's Big City Tips
8.30 Judge Judy
8.57 Big City Tips
9.00
Sex in the Whitehouse

10.00 Brief Affairs
Saucy legal drama.
10.27 Big City Tips
Financial advice.
10.30 Exotica Erotica
Late night entertainment.
11.27 Big City Tips
11.30 Painted Ladies
11.45 Private Dancer
11.57 Topless Darts
12.midnight Brief Affairs 12.30am Janeycam 12.45 Home Shopping 1.00 Exotica Erotica 2.00 Painted Ladies 2.15 Private Dancer 2.30 Brief Affairs 3.00 Agony 3.30 The Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Box
● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
ACTION PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food for Thought 10.00 First Taste 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Kitchen College 12noon Food Network Daily 12.30pm Newman Meets 1.00 Food For Thought 1.30 Umbrian Kitchen 2.00 Can't Stand the Heat 2.30 Food Network 3.00 For Better, for Worse 3.30 Coxon's Kitchen 4.00 New Chefs on the Block 4.30-5.00pm Tessa Bramley's Country Kitchen

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 London Bridge
Liz is terrified that her son will go back to jail.
6.30 Rising Damp
A Body Like Mine
With Leonard Rossiter.
7.00 Boon
Of Meissen Men
Boon is hired by a woman whose husband has disappeared, while Harry meets with aristocracy.
8.00 Blue Heelers
Duty of Care
Dash takes on responsibility for the victims in a crime involving domestic violence.
9.00 Love Hurts
If the Cap Fits
Frank and Tessa are planning for the future, and Diane is organising Jonathan's Bar Mitzvah.
10.00 That's Love
Patsy asks Donald about the knickers in his suitcase.
10.30 The Screen

11.00 Dick Francis Mysteries: Blood Sport
An investigator finds himself embroiled in a mysterious case involving a prize racehorse. Stars Ian McShane.
1.00am Tales of the Unexpected
The Verger
With Richard Briers.
1.30-2.00am
Tales of the Unexpected
Finger of Suspicion

ANIMAL PLANET
WORLD PACK

12noon Wild Sanctuaries 12.30pm
The Blue Wilderness
Mysteries of the Jungle Sea
1.00 Animal Doctor
1.30 Australia Wild
From Snow to the Sea
2.00 Wildlife Rescue
People who devote their lives to rescuing animals.
2.30 Human/Nature
Olivia Newton-John visits the last refuge of the howler monkey in Belize.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00 Jack Hanna's Zoo Life
Zimbabwe, Africa
4.30 Wildlife SOS
Documentary about a wildlife sanctuary.
5.00 Pet Rescue
The work of the RSPCA.
5.30 Australia Wild
Hello Possums
A look at how humans and possums cohabit.
6.00
The New Adventures of Black Beauty
6.30 Lassie
The Sweet Science
More canine adventures.
7.00 Rediscovery of the World: Marquesas Islands
Jacques Cousteau's expedition team sails to the Marquesas Islands.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Animal X
Investigations into bizarre creatures around the world.
9.00 Ocean Wilds
Galapagos
9.30 Emergency Vets
More true stories from Alameda East Veterinary Hospital in Denver.
10.00 Superhunt
Intimate views of the world's greatest animal predators as they stalk and kill their prey.
10.30 Vet School
Behind the scenes at Cambridge University's prestigious vet school.
11.30-12midnight Emergency Vets
More stories.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.05 Children's Hospital 10.00 Children's Hospital 10.55 Children's Hospital – Special Edition 11.55 Children's Hospital – Special Edition 12.45pm Animal Hospital Shorts 1.00 Holiday Reps 1.30 Holiday Reps 2.00 Holiday Reps 2.30 Holiday Reps
3.00 Holiday Reps
Caroline learns that her Spanish boyfriend has been unfaithful.
3.30 Holiday Reps
Narrated by Susan Tully.
4.00 Clive James – Postcard from Rome
The wry Australian comic sends us his postcard from the Italian Capital.

5.00 The Day the Universe Changed
Worlds without End
James Burke explores the development of Western science.
6.00 Animal Hospital
With Rolf Harris and Steve Knight.
6.30 The X-Creatures
Big Cats in a Little Country
With Chris Packham.
7.00 Global Sunrise
Around the World in 80 Minutes
Camera crews film the dawn of a new day and a new year from 20 different locations, recording the natural sights and sounds as the planet awakens.
8.30 Ray Mears's World of Survival
The Spice Islands
9.00 Jewish Wedding
Modern Times

10.00 The Bubble
Three young Britons abandon the world of careers and reponsibility in favour of a ski season in the Alps.
11.00 Sex Acts
An investigation into gender
Should it be overpowering?
11.30 Top Gear GTi
Information, interviews and consumer tips.
12.30am-1.00am
A Case of Spontaneous Human Combustion
An in-depth investigation into the alleged phenomenon of spontaneous human combustion.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime
7.00 Livetime
8.00 Diet and Fitness with Rosemary Conley
8.30 The Psychic Zone
9.00 Sally Jessy Raphael
10.00 The View
11.00 Roddy Llewellyn's Indoor Garden
11.30 Flavours of the Orient
12noon More Calories Please
12.30pm The DIY Show
1.00 Livetime
2.00 The View
3.00 Livetime
Magazine programme which puts viewers in touch with the experts and celebrity guests on air.

4.00
The Psychic Zone
NEW SERIES
4.30
Roddy Llewellyn's Indoor Garden
5.00-6.00pm Sally Jessy Raphael
A Teacher Changed My Life
Influential teachers.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
The Shark Files: Shark Attack Files
Programme about people who have been attacked by sharks.
8.00 The Shark Files: Legends of the Killer Sharks
A look at the worst spate of shark attacks in history.
9.00 The Shark Files: Shark Shooters
Profile of underwater cameramen Jack and John McKenney who specialise in filming sharks.
10.00 The Shark Files: Operation Shark Attack
Film-makers Ron and Val Taylor get a close-up view of sharks' feeding habits.
11.00 The Shark Files: Sharks of the Red Triangle
The California coast, the favourite hunting ground of the great white shark.
12midnight-1.00am
The Shark Files: Sharks of Pirate Island
Cocos Island was once notorious throughout the world as the fabled 'Treasure Island'. A team of divers travels there in search of the elusive hammerhead shark.

MTV
MUSIC & GAMES PACK

6.00am Chill Out Zone
9.00 Backstreet Boys' Favourite Videos
1.30pm New Year's End Edition
A review of all the music and celebrity news from 1998.
2.00 Dancefloor Chart
All the latest club sounds.
3.00 An Audience with Natalie Imbruglia
NEW The Antipodean popster answers questions and gives a live performance of her hits.
4.00 Select MTV
The fast-paced request show.
6.00 Best of MTV UK 1998
7.00 Five Night Stand Pop Night
Featuring performances from B*Witched, Five and Steps.
8.00 Dancefloor Chart
9.00 Madonna Videography
The ultimate collection of all the material (now maternal) girl's videos, featuring interesting and essential facts about Madonna and her career on screen throughout the show.
1.00am Club Mix
Latest and greatest dance videos.
3.00-7.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-up Video – the Jacksons Special 8.30 Pop-Up Video – Elton John Special 9.00 Madonna Rising 10.00 99 Hits from the 90s NEW 8.00pm Ed Sullivan's Rock'n'roll Classics 8.30 Ed Sullivan's Rock'n'Roll Classics: Smash Hits of the Sixties 9.00 Pavarotti and Friends NEW 10.30 Greatest Hits of... Easy Listening 11.00 VH1 Spice NEW SERIES 12midnight Queen – We Will Rock You 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Safari 12.30 Sports Safaris 1.00 Holiday Maker 1.30 Gatherings 2.00 The Flavours of Italy 2.30 Journeys Around the World 3.00 Grainger's World 4.00 Go Greece 4.30 On the Loose in Wildest Africa 5.00 Sports Safaris 5.30 Snow Safari 6.00 Gatherings 6.30 On Tour 7.00 Travel 8.00 Holiday Maker 8.30 Go Greece 9.00 Grainger's World 10.00 Journeys Around theWorld 10.30 On the Loose in Wildest Africa 11.00 On Tour 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 Travel Show Guides 8.00 Style Challenge 8.30 All Over the Shop 9.00 Celebrity Ready, Steady, Cook 9.30 Holiday in Style 10.30 The Leisure Hour 11.30 Travel Show Guides 12noon Change That 12.30pm Style Challenge 1.00 Change That 1.30 Celebrity Ready, Steady, Cook 2.00 Fat Man in France 2.30 Growing Places 3.00 Call My Bluff 3.30 Change That 4.00 Antiques Roadshow 5.00 Changing Rooms
5.30 Changing Rooms
6.00 Changing Rooms
6.30 Changing Rooms
7.00 Changing Rooms
7.30 Changing Rooms
8.00 Changing Rooms
8.30 Changing Rooms
9.00 Changing Rooms
9.30 Changing Rooms
10.00 Changing Rooms - Stripped Bare 10.30 Changing Rooms 11.00 Changing Rooms 11.30 Changing Rooms 12midnight-1.00am Antiques Roadshow

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

New Year's Day

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM
6.00am-9.25am Australia's Strangest Home Improvements
A look at the weird and wonderful ways in which people renovate their houses in Australia.
9.25 The Home and Leisure House
9.30am-2.00pm Australia's Strangest Home Improvements
2.00pm-4.00pm The House Auction
A behind-the-scenes look at the Australian real estate business.

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM
4.00 Rex Hunt's Fishing Adventures
More exotic angling.
4.30 Walker's World
Morocco – Cycling the Atlas Mountains
5.00 PM
5.00 Connections 2 by James Burke
Making Waves
5.30 Jurassica
Horns, Herds and Hierarchies
6.00 PM
6.00 Animal Doctor
Follow RSPCA vets as they respond to a variety of animal emergencies.
6.30 Great White!
Profile of the most dangerous predator in the sea, the great white shark.
7.00 PM
7.30 Beyond 2000
Science magazine featuring innovations in modern technology.
8.00 PM
8.00 The Barefoot Bushman
Living with Lizards
Rob Bredl travels to Australia to learn about the lizards that live there.
9.00 PM
9.00 South African Visions: Taxi Wars
Turf wars wreck the taxi industry in South Africa.
9.30 Buppies
The black middle classes.
10.00 PM
10.00 Zulu Messengers
An all-male Zulu choir.
10.30 Blood and Guts
The experiences of a coloured rugby club.
11.00 PM
11.00 The Golden Girls
Four women enter the man's world of mining.
11.30 Time to Cull
Elephant population control.
12.00
12midnight Myths of Mankind: The Flood
An examination of the myth about a great flood.
1.00am Connections 2 by James Burke
Making Waves
1.30-2.00am Ancient Warriors

NIGHT TIME

CARTOON NETWORK
FAMILY PACK

5.00am-9.00pm Tom and Jerry Marathon
An airing for all 161 of MGM's animated cat and mouse adventures, produced over a 36-year period, including such Oscar-winning cartoons as *Yankee Doodle Mouse, The Little Orphan, The Two Musketeers* and *Quiet Please.*

Fat cat zaps his pests in 'Oggy and the Cockroaches'. Fox Kids 7.25am, 10.30am, 5.50pm

NICKELODEON
FAMILY PACK

6.00am Fraggle Rock
6.30 Muppet Babies
7.00 Stunt Day: Kenan & Kel
Adventures with the two friends. Stars Kel Mitchell and Kenan Thompson.
1.30pm The Journey of Allen Strange
2.00 The Secret World of Alex Mack
2.30 Kenan & Kel
3.00 Clarissa Explains it All
Educational comedy with the ever-so-practical Clarissa.
3.30 Kablam!
4.00 Hey Arnold!
More fun with the kid with the coolest quiff in town.
4.30 Rugrats
Animated fun with the over imaginative babies.
5.00 Sister Sister
Tia and Tamera and their parents try to live together.
5.30 Kenan & Kel
Stars Kenan Thompson.
6.00 Sabrina
6.30-7.00pm Journey of Allen Strange

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Stars Rachel Blanchard.
7.30 Desmond's
Sitcom set in a barber shop.
8.00 Roseanne
A Stash from the Past
The discovery of a mysterious cache of drugs.
8.30 Just Shoot Me
College or Collagen?
9.00 Cybill
Daddy
Cybill warmly welcomes a visit from her father.
9.30 Seinfeld
The Fix-Up
10.00 FILM: Mystic Pizza
Annabeth Gish, Lili Taylor, Julia Roberts
The amorous adventures of three young women who work in a pizzeria in Mystic, Connecticut. Two sisters and their friend are looking for Mr Right and a way to improve their lives. *1988*
12midnight Late Night with David Letterman
High profile US chat show.
1.00am Taxi
1.30 The Critic
2.00 Dr Katz
2.30 Soap
3.00 Wings
3.30-4.00am Nightstand

FOX KIDS
FAMILY PACK

6.00am Power Rangers Turbo 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 Incredible Hulk 10.15 Casper 10.30 Oggy 10.55 Mouse and the Monster 11.05 Eek!Stravaganza 11.30 Life with Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four
3.05 The Incredible Hulk
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
The warriors do battle.
4.00 Spiderman
Crime-fighting adventures.
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
5.00 Goosebumps
5.25 Eerie Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong Country
6.25 Sam and Max
6.50-7.00pm Eek!Stravaganza
Fun with Eek and his gang.

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection!
7.00 Bargain Shop!
7.30 The Gold Collection
8.30 Labels
9.30 Fashion by Design
10.00 Junior Choice
11.00 The Gold Collection
12noon Shop! Feature
1.00pm Bargain Shop!
1.30 Shop Selection!
2.30 Junior Sports Store
3.00 On the High Street
Wardrobe ideas for women and men.
4.00 Feel Good Factor
5.00 Shop Selection!
6.00 Junior Choice
7.00 The Gold Collection
More special jewellery deals.
8.00 Shop! Feature
Hints, tips and the equipment you need to keep those New Year resolutions.
9.00 Feel Good Factor
10.00 On the High Street
Wardrobe ideas for women and men from InWear and Matinique.
11.00 Dimanti Designs
12midnight Bargain Shop!
12.30am Shop Selection!
1.30 The Gold Collection
More special jewellery deals.
2.30 Fashion by Design
3.00 Shop! Feature
4.00 Feel Good Factor
5.00-6.00am On the High Street

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am BBC News 24 6.30 HARDtalk 7.30 Books 8.30 Business 9.30 Review 10.00 News 10.30 HARDtalk 11.30 Face in the Crowd 12.30pm Review 1.30 HARDtalk 2.30 Review 3.30 LifeWatch 4.30 Straight Talk 5.00 News 5.30 Review 6.30 Sports 7.30 Review 8.30 HARDtalk 9.30 Review 10.30 Review 12.30am Straight Talk 1.30 LifeWatch 2.30 Business 3.30 HARDtalk 4.30 Ireland: Year of Peace 5.30-6.00am Masterclass

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30am Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American Edition 11.30 Biz Asia 12.30pm Earth Matters 1.15 Asian Edition 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Inside Europe 5.00 Larry King 6.45 American Edition 7.30 Business 8.30 Q&A 9.00 Cyborg City 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 4.15 American Edition 4.30-5.00am Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Year in Review: Football 10.30 Year in Review: World 12noon Sky News Today 1.30pm Year in Review: Media 2.30 Year in Review: Football 3.30 Year in Review: Fashion 4.30 Year in Review: America 5.00 Live at Five 7.30 Year in Review: Football 8.30 Year in Review: Showbiz 9.30 Year in Review: Media 10.00 Prime Time 2.30 Year in Review: Media 3.30 Week in Review 4.30 Evening News 5.30-6.00am Fashion TV

INTERNATIONAL

TV5 5.00am Journal 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 7.30 Le Journal du Temps 7.35 Quatre et Demi 8.00 Minutes 8.05 Le 6ème Cirque de Massy 9.00 Minutes 9.05 Festival du Rire de Rochefort 10.00 Minutes 10.05 Fais-Toi Bal Ce Soir 11.00 Minutes 11.05 Voilà Paris 11.33 Journal 11.55 Le Journal du Temps 12noon Le Fils du Cordonnier 2.00pm Journal 2.15 Comme au Cinéma 3.45 Bus et Compagnie 4.30 Minutes 4.35 Pyramide 5.00 Questions pour un Champion 5.30 Journal 6.00 Voilà Paris 6.25 Un Livre, un Jour 6.30 Journal 7.00 Theâtre: Jean III 9.00 Journal 9.30 Monsieur Goscinny 11.25 Le Journal du Temps 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Rajni 12.30pm Daal Mein Kala 1.00 Swabimaan 1.30 FILM 4.00 Akbar Birbal 4.30 Ghar, Galiyan Aur Raaste 5.30 Chidi Ka Ghulam 6.00 Tiger 6.30 Asianet Aur Aap 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 Aarzoo 9.00 FILM 11.30 News 12midnight Edit 12.30am Asianet Aur Aap 1.00 FILM 4.00 A Mouthful of Sky 4.30 Swabimaan 5.00 BPL Oye Countdown 6.00 Akbar Birbal 6.30 News 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Sorry Meri Lorry 6.30 Mast Must Show 7.00 Faith 7.30 Daily News 8.00 Ghoomta Aaina 8.30 Sailaab 9.00 Adhikar 10.00 Anhoni 11.00 Zaike Ka Safar 11.30 Parampara 12noon FILM: Baseraa 3.00pm Kaachi Dhoop 3.30 Filmi Baatein 4.00 Campus 4.30 Zee Zone 5.30 Amanat 6.00 Artist of the Fortnight 6.30 Showcase 7.00 Chashme Baddoor 7.30 Entertainment 8.00 News 8.30 Aashirwad 9.00 FILM: Dulhe Raja 12midnight News 12.30am Ru-Ba-Ru 1.00 X-Zone 2.00 FILM: Parampara 5.00 Just No Problem 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Winnings Ways 4.30 Let the Fire Burn 5.00 Today with Marilyn 5.30 Paul Scanlon 6.00 Good News – Rick Renner 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is your Day – Benny Hinn 8.15 Good Morning Europe 8.30 The Messenger – John Bevere 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 In Times Like These 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports every half hour, plus: 2.19am Boarding Pass 4.19 Clips 4.45am Clarke's Chronicle

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

Parliament in Recess.

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm Battleline: Burma
4.30 Victory at Sea: The Turkey Shoot
A look at the Allied naval operations of World War II.
5.00 Deep Sea Exploration
Underwater air has enabled in-depth ocean exploration.
6.00 Hidden Cities of the Etruscans
7.00 Future Weapons
7.30-8.00pm Haunted History: Legacy of the Battle of Little Bighorn

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon Travels with Chuck Henry
12.30pm Getaway
1.00 Around the World
1.30 Great Houses of Europe
2.00 Travel Tips
Los Angeles
3.00 Around the World
3.30-4.00pm Sky Destinations

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 5.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

Cable & Wireless TV Packs

Cable & Wireless TV Packs are the easy way for you to choose the kind of channels you like. We're including the name of the Pack above each channel on our listings pages this month. So if you're not receiving a channel and you'd like to, you'll know exactly which pack to choose. For more details on Cable & Wireless TV Packs, turn to page 14.

Access

Access includes:
Set Top Box rental, Line rental
BBC1, BBC2, ITV, ITV2, C4 and C5
BBC News 24*, Sky News, UK Horizons
Local Channel
'Free Bonus' Channel†

And gives you the choice of the following:
Access to our new flexible TV packs
Access to TV On-Demand services
Access to Sky Premium channels
Access to Add-On channels
Access to our range of tailored telephone packages
Access to Internet service

TV Packs

News and Sport
Eurosport
CNN
BBC Parliament*◊
Sky News
BBC News 24*

Music and Games
MTV
The Box
VH1
Challenge TV

Family
TNT
Cartoon Network
Fox Kids
National Geographic Channel
Nickelodeon
Paramount Comedy

Action
Sky One
Granada Men & Motors
Granada Plus
L!VE TV††
Sci-Fi Channel

World
Animal Planet
Discovery Channel
Discovery Home & Leisure
The History Channel
Christian Channel Europe
UK Horizons
Bloomberg

Selection
UK Gold
Sky One
Eurosport
QVC
Shop!
Granada Breeze††

Lifestyle
UK Gold
Carlton Food Network
Carlton Select
Living
QVC
Shop!
UK Arena
UK Style
Granada Breeze†† Sky Soap†† Sky Travel††

*As funded by your TV licence
††Availability varies on a regional basis
◊BBC Parliament is available with any Pack, free of charge, on request
Cable & Wireless may change its channel line up from time to time.

†Cable & Wireless will from time to time offer 'Free Bonus' Channels in ACCESS. We reserve the right to change or withdraw these 'Free Bonus' Channels monthly.

In addition to the packs, you can choose the following channels individually

Sky Premium Channels
Sky Sports 1
Sky Sports 2
Sky Sports 3Δ
Sky Premier
Sky MovieMax
Sky CinemaΔΔ
Disney Channel◊◊

Single Add-On Channels
FilmFour
Manchester United TV
Disney Channel◊◊
HVC/Adult Channel
Television X
The After Dark Pack (HVC, Adult Channel and Television X)
Asian Language Channels**
European Language Channels**

ΔSky Sports 3 is available as a 'Free Bonus' Channel if you take either Sky Sports 1 or Sky Sports 2

ΔΔSky Cinema is available as a 'Free Bonus' Channel if you take both Sky Premier and Sky MovieMax

**See your Channel Guide for the Asian Language Channel and European Language Channels in your area, or call Customer Services

◊◊Disney Channel is available as an Add-On channel at £6.99 or as a 'Free Bonus' Channel when you take both Sky Premier and Sky MovieMax.

These TV packs are not available in the New Ash Green service area.

Cable telephone services are not available in the Millharbour service area.

Saturday 2 January

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00am The Last American Hero
1973, rating Sky PG, 91 mins
8.00 Old Yeller
Dorothy McGuire, Fess Parker
1957, rating Sky PG, 80 mins
10.00 Casper: A Spirited Beginning
1997, rating Sky PG, 90 mins
12noon The Last American Hero
1973, rating Sky PG, 91 mins
2.00pm Old Yeller
Dorothy McGuire, Fess Parker
Moving family drama about a young boy who reluctantly adopts a stray yellow mongrel, Old Yeller. But through a series of scrapes and adventures the boy and the dog become best friends.
1957, rating Sky PG, 80 mins

4.00 Casper: A Spirited Beginning
Rodney Dangerfield, Steve Guttenberg, James Earl Jones
Children's comedy. On the run from Kibosh, Casper meets the ghostly trio of Stinkie, Stretch and Fatso, who train him to use his ghoulish powers. *1997, rating Sky PG, 90 mins*
5.45 Harriet the Spy
Michelle Trachtenberg, Vanessa Lee Chester, Gregory Smith
Entertaining adventure which follows the exploits of a curious 11-year-old named Harriet. Harriet's only desire is to become a famous writer when she grows up, and to that end she notes down everything that happens in her life. **Text** *1996, rating Sky PG, 97 mins*
7.30 P:review
Focusing on this season's films.
8.00 Liar Liar
Jim Carrey, Maura Tierney, Justin Cooper, Jennifer Tilly
Comedy about a lawyer who's forced to tell the truth! Fletcher Reede is one of the best lawyers in the business but when he fails to show at his son's fifth birthday party, Max makes a wish that his father could tell the truth for just one day. **Text** *1997, rating Sky 12, 83 mins*
10.00 The Fifth Element
Bruce Willis, Gary Oldman
PREMIERE Sci-fi adventure in which the life of a jaded New York cab driver in the 23rd century changes dramatically when a beautiful young woman literally falls into his life. Leeloo is the Fifth Element, a being who represents all that is good in the universe. *1997, rating Sky PG, 121 mins*

NIGHT TIME

12.05am The Crow: City of Angels
Vincent Perez, Mia Kirshner
Text *1996, rating Sky 18, 91 mins*
1.40 The Passion of Darkly Noon
Brendan Fraser, Ashley Judd
1995, rating Sky 18, 97 mins
3.25-5.00am A Modern Affair
1994, rating Sky 15, 91 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.10am Action Heroes: John Travolta
7.40 Movie Magic: In Living Color
8.15 Action Heroes: Bruce Willis
9.00 Goldilocks and the Three Bears
1995, rating Sky U, 87 mins
11.00 Shootdown
1.00pm Action Heroes: John Travolta
1.30 Action Heroes: Bruce Willis
2.15 Movie Magic: In Living Color

3.00 Goldilocks and the Three Bears
Hannah R Hall, Dwier Brown, Stephen Furst
Live action version of the classic children's fairy-tale about a young girl who enters a bears' house. The bear family is not pleased when finding the intruder in their home, but they soon warm to the girl. *1995, rating Sky U, 87 mins*
5.00 Shootdown
Angela Lansbury
George Coe, Molly Hagan
Drama based on the shooting down of a Korean Air Lines Boeing 747 over the former Soviet Union in 1983, when more than 400 people were killed.
1988, rating Sky PG, 93 mins
6.45 McLeod's Daughters
Jack Thompson, Kym Wilson, Tammy McIntosh, Robert Mammone, Kevin Smith
PREMIERE Drama set in the Australian outback about the eldest of the McLeod daughters, who returns to save the family farm after the death of her father. However, she finds her duty hampered by chauvinism.
1996, rating Sky PG, 95 mins
8.30 Femmes Fatales: Meryl Streep
9.00 Postcards From the Edge
Meryl Streep, Shirley MacLaine, Dennis Quaid, Gene Hackman
Comedy drama based on the semi-autobiographical novel by Carrie Fisher. A Hollywood actress struggles to rebuild her life after a drugs overdose.
1990, rating Sky 15, 97 mins
10.45 Before and After
Meryl Streep, Liam Neeson
Carolyn and Ben Ryan live happily in their New England hamlet until the girl who was dating their son is found murdered in a field.
1996, rating Sky 12, 103 mins
12.35am She-Devil
Meryl Streep, Roseanne Barr
1989, rating Sky 15, 95 mins
2.15 Exception to the Rule
Kim Cattrall, Sean Young
1996, rating Sky 18, 95 mins
3.55-5.30am She's the One
Jennifer Aniston, Maxine Bahns
Text *1996, rating Sky 15, 92 mins*

SKY CINEMA
PREMIUM CHANNEL

11.00am Top Hat
Fred Astaire, Ginger Rogers
Classic musical. *1935, rating Sky U, 95 mins*
1.00pm The Black Room
Boris Karloff, Marian Marsh, Robert Allen, Thurston Hall
Thriller about twin brothers who find their lives terrorised by a curse which haunts them. *1935, rating Sky PG, 65 mins*
2.30 Private Hell 36
Ida Lupino, Howard Duff
Thriller about a pair of corrupt cops who decide to keep the stolen money they have been searching for, but who then begin to regret their decision. *1954, rating Sky PG, 77 mins*

4.00 The Cheaters
Joseph Schildkraut, Billie Burke, Eugene Pallette, Melva Anstead, Virginia Carroll, Byron Foulger
Uplifting drama about the ignorant members of a wealthy family who decide to adopt a destitute actor at Christmas time. After inviting him into their home, the family learn a few things from the poverty-stricken man.
1945, rating Sky U, 83 mins
6.00 His Kind of Woman
Robert Mitchum, Jane Russell, Vincent Price, Tim Holt,
Action drama. A deported gangster's plan to re-enter the US puts gambler Dan Milner in a sticky situation when he is sent to bring the gangster across the border from Mexico. He soon realises, however, that part of the deal involves his own death.
1951, rating Sky PG, 115 mins
8.00 The Taking of Pelham One Two Three
Walter Matthau, Martin Balsam, Robert Shaw, Hector Elizondo
Action thriller about the hijacking of a subway train in Manhattan. The leader of the gang demands payment of its $1 million ransom within the hour and threatens to kill one passenger a minute until the money is paid. *1974, rating Sky 15, 100 mins*
10.00 Wall Street
Michael Douglas, Charlie Sheen, Daryl Hannah, Terence Stamp
Drama about a young dealer who, seduced by money and power, hooks up with a high-powered company trader and is forced to compromise his morals for success. Michael Douglas won an Oscar for best actor. **Text** *1987, rating Sky 15, 120 mins*
12midnight The Kremlin Letter
Richard Boone, Orson Welles
Thriller.*1970, rating Sky 18, 116 mins*
2.05am Say Anything
1989, rating Sky 15, 96 mins
3.45-5.30am Beyond the Clouds
Comedy. **Widescreen**
1995, rating Sky 18, 105 mins

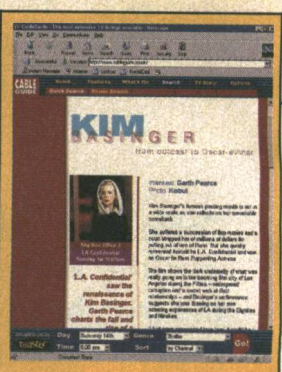
Milla Jovovich stars as 'The Fifth Element' in this sci-fi premiere: Sky Premier 10.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm The Three Musketeers
Lana Turner, Gene Kelly, June Allyson, Van Heflin, Angela Lansbury, Vincent Price
Rollicking, lavish adaptation of Alexandre Dumas's classic tale of intrigue and derring-do. Swashbuckling master swordsman D'Artagnan and the King's Musketeers take on the scheming Cardinal Richelieu in a bid to save the Queen's reputation. *1948, 120 mins*
11.30 Soylent Green
Charlton Heston, Joseph Cotten Edward G Robinson
Cautionary science fiction tale, set in the near future, in which an embittered cop stumbles on the shocking truth about a synthetic foodstuff. *1972, 93 mins*
1.30am Shaft in Africa
Thriller*1973, 112 mins*
3.15-5.00am Night Must Fall
Drama *1964, 98 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Return of Godzilla
Godzilla meets a giant spiked, turtle-like monster called Anguirus in this the second ever Godzilla film. Once again the two monsters use every means at their disposal to destroy each other and lay waste to several suburbs of Japan along the way. Directed by Motoyoshi Oda. In Japanese with subtitles. *1955, 103 mins*
8.00 The Net
Sandra Bullock, Jeremy Northam
Computer-based thriller in which a lonely freelance computer analyst is sent a message by a colleague who then dies in suspicious circumstances. Gradually she uncovers a top secret conspiracy and is forced on the run, only one step ahead of the assassin sent to kill her.
1995, 110 mins
10.00 Nikita
Anne Parillaud, Jean-Hugues Anglade, Tcheky Karyo, Jeanne Moreau
Luc Besson's action-suspense thriller about a drug-addicted French punk killer who is trained to become an elite government assassin. Later remade by Hollywood director John Badham. In French with subtitles.
1990, 112 mins
12midnight Sweet Sweetback's Baad Asssss Song
Drama. *1971, 93 mins*
1.35am The Kids Are Alright
Rock documentary. *1978, 97 mins*
3.15 The Wild Search
Thriller. *1989, 95 mins*
4.50-6.00am Detour
Drama *1945, 65 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FACE/OFF
John Woo-directed action thriller. An FBI agent goes undercover by having a terrorist's face grafted on to his own and becomes trapped in his new identity. Starring John Travolta and Nicolas Cage.
1997, rating Sky 18, 133 mins
PLAYS AT 12midnight, 2.30am

Sky Box Office 2
Channel 52
HOME ALONE 3
Family comedy in which a pre-teen is left alone to deal with foreign spies who are searching for a stolen computer chip. Starring Alex D Linz.
1997, rating Sky PG, 98 mins
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
GEORGE OF THE JUNGLE
Chaotic comedy with Brendan Fraser and Leslie Mann.
1997, rating Sky U, 87 mins
PLAYS AT 6.30am, 8.30am, 10.30am, 12.30pm, 2.30pm, 4.30pm, 6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am, 4.30am

Sky Box Office 4
Channel 54
FATHER'S DAY
Comedy about two men who bump into each other while searching for a missing boy who they both think is their own son. Starring Billy Crystal and Robin Williams.
1997, rating Sky 12, 94 mins
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Saturday 2 January

SKY ONE
ACTION/ SELECTION PACKS

7.00am Bump in the Night 7.30 Street Sharks 8.00 The Adventures of Sinbad 9.00 The Simpsons Text 9.30 Count Duckula 10.00 Hercules: The Legendary Journeys Text 11.00 World Wrestling Federation – Live Wire 12noon World Wrestling Federation – Shotgun 1.00pm The New Adventures of Superman 2.00 Star Trek: Deep Space Nine Text

3.00 Star Trek: Deep Space Nine
For the Uniform
Sisko risks everything to capture a former crew member who joined the Maquis. Text

4.00 Star Trek: Voyager
Symbiogenesis
While attempting to transport back to the *Voyager*, Neelix and Tuvok arrive on board ship as one person. Text

5.00 Star Trek: Voyager
Vis-a-Vis
Kim detects an alien vessel close by and the only occupant on board, Steth, makes contact with Janeway and her crew. Text

6.00 Xena: Warrior Princess
Intimate Stranger
With the help of Ares in the Underworld, Callisto switches bodies with Xena.

7.00 The Simpsons
Lost Our Lisa
Marge rushes Bart to the hospital. Text

7.30 The Simpsons
In Marge We Trust Text

8.00 3rd Rock from the Sun
Just Your Average Dick Text

8.30 3rd Rock from the Sun
Dick and the Other Guy Text

9.00 Special Feature

11.00 Star Trek: Voyager
Vis-a-Vis
Kim detects an alien vessel close by and the only occupant on board, Steth, makes contact with Janeway and her crew. Text

12midnight Showbiz Weekly

12.30am The Big Easy
Platinum Blonde
Detective drama series starring Tony Crane as Detective Remy McSwain.

1.30 Fire
The Father of Paradox Text

2.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Big Break
Jim Davidson hosts the gameshow which features top snooker players potting on behalf of contestants.

7.30 Neighbours Omnibus

9.25 Dallas Omnibus
Another chance to see last week's episodes.

12.10pm EastEnders Omnibus
More gossip and drama from the residents of Albert Square in the East End of London.

3.00 The Bill Omnibus
A boy is arrested for selling stolen goods and an assault on a woman is linked to an unsolved case. Boulton meets an ex-colleague who is down on his luck, while a business woman uses her feminine wiles to trick her clients. After a series of graffiti attacks, a suspect protests his innocence and the police force encounter a murderer who killed a comedian when he didn't find his jokes funny.

5.30 No Place like Home
Christmas special from 1987 of the domestic sitcom starring Martin Clunes.

6.10 FILM: Carry On Columbus
Jim Dale, Bernard Cribbins, Sarah Crowe, Julian Clary, Maureen Lipman, Leslie Phillips
Thirtieth in the series of bawdy British comedies rewrites the history of the famous explorer who stumbles upon the Americas after obtaining a map in dubious circumstances. *1992*

8.00 Only Fools and Horses
The Jolly Boys' Outing
Christmas special of the classic sitcom from 1989 as Del, Rodney and Uncle Albert take their mates on a disastrous day trip to Margate. Starring David Jason, Nicholas Lyndhurst and Buster Merryfield.

9.55 Men Behaving Badly
Rich and Fat
Tony discovers that Gary has money stashed away in his bank account, while Tony's waistline shows similar signs of growth.

10.40 One Foot in the Grave
The Secret of the Seven Sorcerers
A conjuring trick goes very wrong.

11.15 Porridge
The Desperate Hours
Fletcher adds a bit of spice to Slade Prison's festivities.

12.05am FILM: Dead Men Don't Wear Plaid
Steve Martin, Rachel Ward
Comedy. *1981*

1.35 Mastermind

2.10 The Onedin Line

2.45-7.00am Shopping with Screenshop

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.05 Tempestt
9.55 Rolonda
10.45 Special Babies
11.15 Living It Up!
12.15pm Can't Cook, Won't Cook
12.45 Ready, Steady, Cook
Two celebrity chefs join forces to cook a meal in only 20 minutes.
1.20 Michael Cole
2.10 The Roseanne Show
Talk show.

3.00 FILM: Sharing Richard
Ed Marinaro, Eileen Davidson, Nancy Frangione, Janet Carroll
Romantic drama. Three thirtysomething single women, the best of friends, discover that they are all dating the same man. Rather than give him up, they devise a plan that enables them all to share the man of their collective dreams. *1987*

5.05 Hart to Hart
Murder in the Saddle
While on vacation at their sprawling cattle ranch, Jonathan and Jennifer become the targets of a ruthless land baron.

6.00 FILM: Sentimental Journey
John Payne, Maureen O'Hara, William Bendix, Sir Cedric Hardwicke, Glenn Langan, Connie Marshall
Drama. Weepy about a childless couple, a film producer and an actress, who adopt an orphan. When the wife dies, father and daughter have to come to terms with their new lives. *1946*

8.00 Rescue 911
Stories of real-life rescues by American emergency services. Hosted by William Shatner.

8.30 Beyond Belief
Anthology mystery series.

9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively and heated discussion about relationship issues.

11.00-12midnight The Sex Files
A talk show dealing with the more interesting and imaginative side of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King
7.00 Bootsie & Snudge
7.30 Leave it to Charlie
8.00 Holding the Fort
8.30 Mind Your Language
9.00 Mission: Impossible
10.00 The Persuaders
11.00 Hawaii Five-0
12noon The Bounder
12.30pm Emmerdale Omnibus
A chance to catch up with the week's events in this celebrated soap.

3.00 Bonanza
A Rose for Lotta
The opening episode of the classic Sixties Wild West adventure series charting the fortunes of the Cartwright family.

4.00 The High Chaparral
Destination Tucson – Part I
Patriarch John Cannon's wife is killed in an Apache raid and Buck, his brother, can't stop bandits from rustling cattle.

5.00 Hawaii Five-O
Death with Father
The son of a retired federal narcotics agent becomes embroiled in a heroin refining operation.

6.00 The Persuaders
Chain of Events
A camping holiday results in trouble for Danny and Brett when Danny is chained to an explosive attaché case.

7.00 Mission: Impossible
The Survivors
Cult action adventure. The IMF stages a fake earthquake to rescue kidnapped scientists. With Peter Graves.

8.00 Jeeves & Wooster
Bertie is imprisoned on a yacht when he is suspected of improprieties with the daughter of J Washburn Stoker. Jeeves comes to the rescue.

9.00 El C.I.D
Christmas Spirit
A thief with strange powers spoils Christmas festivities.

10.00 The Odd Couple

10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Snowgirls
A chance to find out what the girls and boys really get up to when they go skiing.

11.30 Jo Guest's Private Parts

12midnight Real Sex

12.30am Weird!
Presented by comedienne Mandy Knight.

12.50 Lady Lust

1.00 V.P.L.

1.30-2.00am Noddy's Electric Ladyland
Eccentric pop quiz.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear in the Big Blue House 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 The Little Mermaid 8.00 101 Dalmatians 8.25 Classic Toons 8.30 Hercules 9.00 Art Attack 9.15 Ned's Newt 9.30 Doug 10.00 Microsoap 10.15 Pepper Ann 10.30 Teen Angel 11.00 Student Bodies 11.30 Smart Guy 12noon Boy Meets World 12.30pm Movie Surfers 1.00 FILM: Slam Dunk Ernest *1994* 2.30 New Adventures of Winnie the Pooh

3.00 The Little Mermaid
Undersea adventures with the beautiful mermaid Ariel.

3.30 Timon and Pumbaa Text

3.45 101 Dalmatians Text

4.10 Hercules
Animated series based on the film of the same name. Text

4.40 Art Attack
Award-winning art show hosted by Neil Buchanan. Text

5.00 Smart Guy
Baby it's you... and you... and you
TJ has three dates. Text

5.30 Microsoap Text

5.45 Recess Text

6.00 The Wonder Years
Day One
Kevin has trouble dealing with his history teacher. Text

6.30 Boy Meets World
An Affair To Forget Text

7.00 FILM: You Lucky Dog
Kirk Cameron, James Avery
When dog psychic Jack Morgan treats the inappropriately named pooch Lucky for depression he has no idea that his owner Mr. Windsor is very rich and when he dies, he leaves all his money to Lucky. *1998* Text

8.30 Classic Toons

8.45 Honey, I Shrunk the Kids
Honey, The House is Trying to Kill Us Text

9.30 Home Improvement
Award-winning sitcom with Tim Allen playing a part-time husband, part-time chauvinistic pig.

10.00 Dinosaurs Text

10.30 The Wonder Years
Swinger Text

11.00-11.30pm Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

SATURDAY CONTINUES OVERLEAF...

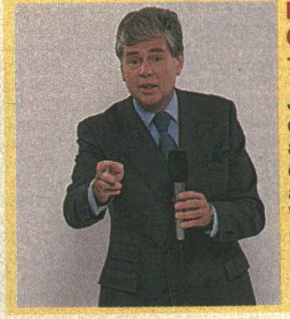
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
The Fifth Element
Sky Premier 10.00pm
Luc Besson's vision of the future is astonishing in this sci-fi epic. It stars Bruce Willis as the reluctant hero and Milla Jovovich as the fifth element, representing all that's good in the universe. Can the unlikely twosome save the world from the evil Gary Oldman?

GENERAL
3rd Rock from the Sun
Sky One 8.00pm
This is definitely one of the funniest and most outrageous comedies on TV, with the inimitable John Lithgow leading his team of aliens in a study of us Earthlings. This double bill features John Cleese guest starring as an intimidating professor.

ADVERTISEMENT



MICHAEL COLE 1.20PM

living

Join ex-BBC royal correspondent Michael Cole as he introduces more controversial guests talking about provocative subjects. Why are British men lousy lovers? Who sleeps with porn stars? Find out with Michael only on *living*.

Saturday 2 January

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

MORNING

6.00 AM
7.30am Rally
8.00 Alpine Skiing
9.00 Alpine Skiing – LIVE
10.00 Ski Jumping
11.30 Alpine Skiing
12noon Alpine Skiing – LIVE
Further coverage from the Women's World Cup.
1.00pm Ski Jumping – LIVE
Qualifying action from the Four Hills Tournament.
2.30 Biathlon
Featuring the men's relay from the World Cup in Osrblie, Slovak Republic.

3.00 PM
3.30 Alpine Skiing
Giant slalom highlights from the Women's World Cup in Maribor, Slovenia.

4.00 PM
4.30 Ski Jumping
K 115 qualifying action from the World Cup – Four Hills Tournament in Innsbruck, Austria.

5.00 PM
6.00 PM
6.00 Fun Sports
Coverage of the Red Bull Air Day in Vienna.
6.30 Stunts
And They Walked Away
Today's programme is dedicated to the most spectacular crashes in motorsports.
7.30 Strongest Man
Coverage of the World Championship Strongest Team 1998 from the Netherlands.
8.30 Boxing
Featuring coverage of an international contest.

7.00 PM
8.00 PM
9.00 PM
9.30 Rally
A look at all the action from the Total Granada Dakar 99 second stage.

10.00 PM
10.00 Martial Arts
The Monks of Shaolin Central China, experts in kung fu, emphasise the spiritual side of their martial art on a tour of Europe.

11.00 PM
11.00-12.30am Snooker
Another chance to see the prestigious German Masters from the Atlantis Rheinhotel in Bingen.

12.00

NIGHT TIME

SKY SPORTS 1
PREMIUM CHANNEL

6.00am Wild Spirits
6.30 Scottish Football: Motherwell v Kilmarnock
A chance to see highlights of the clash between Motherwell and Kilmarnock.
Repeat from Friday
8.00 Aerobics Oz Style
8.30 Racing News
9.00 Boxing: Fights of 1998
12noon Gillette Soccer Saturday
Jeff Stelling presents the fastest and most comprehensive football results service on television, including post-match interviews with the men that matter and detailed analysis from the Sky Sports pundits.

5.30pm NFL Double-Header – LIVE
Extensive coverage of the NFL play-offs starts with a double-header of Wild Card action.

12.30am Spanish Football
2.30 Rugby Union Update: Gloucester v Bath
Presented by Mark Durden-Smith.
3.30 FA Cup Special
Repeat from Sky Sports 3
5.00-6.00am Watersports World

SKY SPORTS 2
PREMIUM CHANNEL

6.00am International Cricket: Australia v England – LIVE
7.00 Aerobics Oz Style
7.30 Racing News
8.00 Soccer AM
12noon Max Power
1.00pm Gillette World Sport Special
1.30 Ford Rugby Union: Gloucester v Bath – LIVE
Coverage of the West Country derby between local rivals Gloucester and Bath. With precious Allied Dunbar Premiership points at stake it's sure to be a bruising encounter. Presented by Mark Durden-Smith.

4.00 Figure Skating: World Professional Figure Skating
Featuring the finest, most graceful competitors from around the globe.

6.00 Darts: World Championship 1999 – LIVE
Action from the semi-finals of the Skol World Darts Championship at the Circus Tavern in Purfleet, Essex. This prestigious contest pits members of the old guard such as Eric Bristow against newer talent. Presented by Sid Waddell.

10.30 V-Max
The series that gives an insight into the world of speed on land.
11.00 Wild Spirits
A stomach-curdling trip into the abnormal and out of the ordinary presented by Jason Roberts.
11.30 International Cricket: Australia v England – LIVE
2.00am Second Innings: Mark Butcher – Headingley
Presented by Charles Colville.
2.30-6.00am International Cricket: Australia v England – LIVE

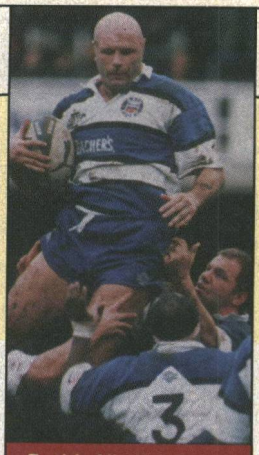
SKY SPORTS 3
PREMIUM CHANNEL

9.00am International Cricket: South Africa v West Indies – LIVE
11.00 International Cricket: Australia v England
Catch up with the action so far as England face Australia in Sydney on the first day of the fifth and final Ashes Test.
11.30 International Cricket: South Africa v West Indies – LIVE
The first day's action continues with coverage of the fourth Test. Cape Town provides the setting as these two highly respected cricketing nations battle it out.

4.00pm International Cricket: Australia v England
Highlights from day one of the fifth Test from Sydney as the battle for the coveted Ashes continues. Presented by Mark Nicholas.

6.30 FA Cup Special
Highlights from a crucial match in the third round of the FA Cup. This is the round in which teams from the top two divisions join the competition. With commentary from Martin Tyler.
8.00 International Cricket: Australia v England
The best of the action from day one of the fifth Test from Sydney between England and Australia. Given the quality of the players on the field, fireworks are guaranteed. Presented by Mark Nicholas.

10.30 International Cricket: South Africa v West Indies
Highlights of the latest action from day one in the fourth Test between South Africa and the West Indies.
11.30-12midnight Boxing
Knock Outs of 98
Last year's highlights.



Bath's Nigel Redman hopes to rise above the pack against Gloucester. Sky Sports 2 1.30pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game on
Look ahead to what's in store tonight on MUTV.
6.05 Watch This if You Love Man U!
Post-match analysis from the men in the know, including squad members and celebrity guests.
7.30 Kids Clinic
Top tips and advice to the next generation of players.
8.00 Super Match – Vintage Reds: Liverpool v Manchester United
Relive the game from the 1979/80 campaign.
9.00 The Best of Did You See?
Catch up with this week's highlights on MUTV, going behind-the-scenes at the world's most popular club.
10.00 Man U Menu
Discover the culinary delights of United's chef Jesper Jespersen.
10.30 F.A.N.
With Nick Cochrane.
11.00 Jump 'n' Pump
Energetic aerobics show.
11.15 Megastore Megabuys
11.30-12midnight Red Hot News

SCI-FI
ACTION PACK

7.30am Planet Mirth
8.00 Deepwater Black
8.30 Children of the Dog Star
9.00 The Invisible Man
10.00 The Cape
11.00 The Incredible Hulk
12noon New Alfred Hitchcock
12.30pm Amazing Stories
1.00-5.00pm New Alfred Hitchcock
1.00 *Ancient Voices*
1.30 *Survival of the Fittest*
2.00 *Romance Machine*
2.30 *My Dear Watson*
3.00 *Night Creatures*
A journalist discovers the horrifying truth about a satanic rock group.
3.30 *Reunion*
Vietnam veterans reunite.
4.00 *The Man Who Knew Too Little*
4.30 *South by Southeast*
An actor becomes a victim of mistaken identity. Starring Patrick Wayne.
5.00 FILM: Moon Zero Two
James Olson, Ori Levy, Catherina von Schell
In 2021, a pilot is given the task of transporting precious cargo to a colony on the moon, but he has to overcome the efforts of a band of villains who also want to get their hands on the stuff. *1969*
7.00 The Cape
An American space mission is launched to capture a runaway Russian nuclear satellite which has fallen out of orbit.
8.00 FILM: Star Command
Jay Underwood, Chad Everett, Tembi Locke, Morgan Fairchild
In the year 2217, six young space cadets on their first training mission encounter an enemy force which threatens Earth. *1995*
9.50 Sci-Focus
10.00 FILM: Sleeping Dogs
C Thomas Howell, Scott McNeill, Ciara Hunter, Heather Hanson
Futuristic action adventure about a cat burglar who tries to pull off his biggest and riskiest scam to date. *1997*
11.55 Sci-Focus
A look at a recent movie.
12midnight Mystery Science Theatre 3000
Jack Frost
1.50am Sci-Focus
2.00 Planet Mirth
Comical sketches.
2.30 100 Years of Horror
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

9.30am Videotech
Margherita Taylor with the latest charts and gossip from the music world.
10.00 Extreme!
10.30 FILM: The Death of the Incredible Hulk
Bill Bixby, Lindsay Bourne
Action adventure in which David Banner tries out an experiment to separate himself from his alter-ego, the Incredible Hulk. *1990*
12.20pm CITV2
1.45 The Locker
Health and fitness series.
2.15 Futbol Mondial
Sports magazine.
2.45 Football First
Soccer news.
5.30 Animal Rescue
6.00 NBA Basketball
Highlights of a midweek game from the US.
7.00 CD UK
Same day repeat from ITV.
8.00 Taking the Pitch
8.30 Maggie Winters
9.00 Widescreen on 2: Tess of the D'Urbervilles
Second part of the adaptation of Thomas Hardy's classic novel. With Justine Waddell Jason Flemyng and Oliver Milburn.
10.30 Grafters
11.30 God's Gift
12midnight-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight Free View
12.10am A to Z of Fetish
12.20 Extreme Close-Up
12.45 FILM: Dreams 1.00 Free View 1.05 FILM continues 2.00 Free View 2.05 ... Dan 2.30 FILM: Hootermania 3.00 Free View 3.05 FILM continues 3.40 Kimberly Kupps 4.10-5.30am FILM: The Savage

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10 am Neil Down – Sex Therapist
12.40 Lesbian Fantasies
1.00 FILM: The Passion
Kylie Ireland, Tyffany Million
Erotic drama.
2.15 Girls About Town
2.30-4.00am FILM: Cry Baby
Erotic fantasy.

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Wonderguy
Ann Osmon
A young woman tries her hand at witchcraft.
9.30 FILM: Witchcraft
A pregnant woman and her husband are burnt at the stake. Some 300 years later their spirits return to have their revenge.
10.55-12midnight FILM: Consenting Adults

Saturday 2 January

Susan Griffiths stars as Marilyn Monroe in the film 'Marilyn and Me'. Carlton Select 11.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Whittle
Elimination game hosted by Tim Vine.
5.30 Prize Time
5.45 Family Fortunes
Big money gameshow hosted by Bob Monkhouse.
6.15 Prize Time
6.30
Through the Keyhole
With Lloyd Grossman and David Frost.
7.00 Prize Time
7.15 100 Per Cent
General knowledge quiz.
7.45 Prize Time
7.55
The Crystal Maze
A team of intrepid contestants tackle a series of ingenious games and fiendish challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00 Prize Time
9.15 Strike it Lucky
Fast-action game show hosted by Michael Barrymore.
9.45 Prize Time
10.00 Don't Feed the Gondolas
10.30 Prize Time
Win big money prizes.
10.45
Name That Tune
With Jools Holland and his Rhythm & Blues Orchestra.
11.15
Challenge Prize Time
11.30
Carnal Knowledge
12.30am Don't Feed the Gondolas 1.00 Infatuation UK 1.30 Roll with It! 2.00 Karaoke Challenge 2.30 Family Fortunes 3.00 A Word in Your Ear 3.30 Blockbusters 4.00 Say the Word 4.30 Give Us a Clue 5.00-6.00am Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 6.30 Wrestling 7.00 The Why Files 7.30 The Fashion Show 8.00 Agony 8.30 The Lie Detector 9.00 Grass Roots Football 10.00 Bangers and Smash 11.00 Judge Judy 11.30 What's in the Box 11.45 BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Judge Judy 2.30 What's in the Box 2.45 BodyHeat

3.00
Back to Back Babes
A feast of gorgeous girls.
3.30 Wrestling
More female wrestling action from the ring.
4.30 Agony
Relationship advice from the experts.
5.00 Agony
Relationship advice from the experts.
5.30 Agony
Relationship advice from the experts.
6.00
The Fashion Show
A look at the headlines among the hemlines.
6.30
Bangers and Smash
Stock car racing action presented by Louise Brady.
7.30 Agony
Relationship advice from the experts.
8.00 The Why Files
A look into the unexplained.
8.27
Tiffani's Big City Tips
8.30 Judge Judy
8.57 Big City Tips
9.00 Sport at Nine: Bangers and Smash
Stock car racing hosted by Louise Brady.
10.00 Brief Affairs
10.27 Big City Tips
Financial advice with Tiffani Bannister.
10.30 Exotica Erotica
11.27 Big City Tips
11.30 Blue Review
11.45 Private Dancer
11.57 Topless Darts
12midnight Brief Affairs 12.30am Janeycam 12.45 Home Shopping 1.00 Exotica Erotica 2.00 Blue Review 2.15 Private Dancer 2.30 Brief Affairs 3.00 Agony 3.30 Why Files 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 Body Heat 5.45-6.00am What's in the Box

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
ACTION PACK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 French Lunch 10.30 Worral Thompson 11.00 Vin Ordinaire 11.30 Coxon's Kitchen 12noon Food Network 12.30pm Turner's Tour 1.00 Can't Stand the Heat 1.30 Slice of Life 2.00 Newman Meets 2.30 Food Network 3.00 Winter Nosh 3.30 Coxon's Kitchen College 4.00 Tessa Bramley's Country Kitchen 4.30-5.00pm For Better, for Worse

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Byker Grove
Hard-hitting teenage drama.
6.00 Byker Grove
Hard-hitting teenage drama series set in Newcastle.
6.30 Rising Damp
Moonlight and Roses
With Leonard Rossiter.
7.00
Antony's Scotland
A gastronomic tour of Scotland with chef Antony Worral Thompson.
7.30 Birds of a Feather
8.00 Lovejoy
Who is the Fairest...?
Is it time for Lovejoy to make an honest woman of Jane, or has someone got there before him?
9.00 Pie in the Sky
Coddled Eggs
When Crabbe is dragged on to operation Grabbitback, he has to cope with the bossy Detective Superintendent.
10.00 Stay Lucky
Burning Your Boats
Sally sinks her capital into a canal cruise hire company in the face of big business opposition.
11.00
FILM: Marilyn and Me
Susan Griffiths, Terry Moore
Dramatisation of journalist Robert Slatzer's story of his alleged love affair. *1991*
1.00am
Tales of the Unexpected
Skeleton in the Cupboard
1.30-2.00am
Tales of the Unexpected
The Surgeon
Surgeon Robert Sandy saves the life of a wealthy patient and receives a wonderful gift.

ANIMAL PLANET
WORLD PACK

12noon Born Wild
Three hours of adventure across three different continents, discovering the natural wonders along the way. From the baking deserts of the Kalahari in Africa, through the icy tundra of the North American Pacific, to the exotic coral reefs off Belize, an amazing diversity of wildlife is uncovered.
3.00 Lassie
Lassie's Evil Twin
The collie is falsely accused of terrorising livestock.
3.30 Lassie
The Lassie Files
4.00 Animal Doctor
Follow vets from the RSPCA as they respond to reports of emergencies and animal cruelty.
5.00 Wildlife ER
The Wildlife Centre offers a special trauma centre.
5.30
Breed All About It
Border Collies
6.00 Hollywood Safari
Feature Length Pilot
It's a race against time for animal trainer Troy, his wife Jane and their two sons as they fight to save their beloved lion Kensho from being killed by the sheriff's men.
7.30 Animal X
The mystery behind Israel's sacred red heifer.
8.00
The Giraffe of Etosha
Experience the lives of giraffes in Etosha, one of Africa's natural wildlife arenas.
9.00
The Wild Yaks of Tibet
One of the first wildlife programmes to be made about these massive, haunting animals.
10.00 Giants of the Nullarbor
After being hunted to near-extinction, white whales now return to Nullarbor in Australia.
11.00-12midnight Rediscovery of the World: Cuba
Jacques Cousteau and his expedition team explore the waters around Cuba.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.05 Quiet Revolution 10.00 Presumed Guilty – A Women's History of Divorce 1945-1969 11.00 Top Gear GTi 12noon The Day the Universe Changed 1.00pm Airport 1.30 Vets in Practice 2.00 Kingdom of the Thunderdragon
3.00
Hippos out of Water
Wildlife on Horizons
3.30
Incredible Journeys
A Rattlesnake's Tale
4.00 Born to Be Wild with Martin Clunes
Martin Clunes assists a team from the Born Free Foundation in the release of a 26-year-old elephant.
5.00 Animal Hospital
With Rolf Harris.
5.30 The X-Creatures
Beyond the Jaws of Extinction
The truth behind the myths.
6.00
To the Manor Bought
A look at why aristocrats sell off titles that have been in their families for generations.
7.00 Great Railway Journeys
Crewe to Crewe
Victoria Wood makes a round trip from Crewe, taking in the sights.
8.00 The Serpent's Embrace
A film discovering the extraordinary truths behind the mythology of the snake.
9.00 The Clampers
Fly-on-the-wall series following UK traffic wardens.
9.30
Billy Connolly's World Tour of Australia
Billy meets Aboriginal artist Jimmy Pike.
10.20
Top Gear Take 2
The Porsche 911 Turbo
10.30 Top Gear GTi
Testing the latest models and looking at the hottest motoring news.
11.30 Kicking and Screaming
For Club and Country
12.30am-1.00am Great Mysteries and Myths
The Odessa Mystery
A look at whether a secret organisation was established after the end of World War II in order to protect ex-SS members.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am E! True Hollywood Story 7.00 E! in Focus 8.00 The Good Housekeeping Show 8.30 Rosemary Conley's Low Fat Cookbook 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Psychic Zone 11.30 The Fast Food Show 12noon The Good Housekeeping Show 12.30pm Roddy Llewellyn's Indoor Garden 1.00 E! True Hollywood Story 2.00 The View
3.00 Livetime
Magazine programme which puts viewers in touch with the experts and celebrity guests on air.
4.00
Sally Jessy Raphael
My Teen's Too Young To Have A Baby
US talk show featuring heated discussion.
5.00-6.00pm
Livetime
Magazine programme which puts viewers in touch with the experts.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Extreme Earth: Born of Fire
A look at how volcanoes have shaped the world and why humans finds them so fascinating.
8.00 Smakebite!
The deathly outcome as fangs meet flesh in this excruciating tale.
8.30 Nulla Pambu – The Good Snake
9.00 Survivors: Miracle at Sea
The story of Tony Bullimore, who survived for five days under a capsized boat in freezing waters.
10.00
Channel 4 Originals: The Real ER
Behind the scenes of the trauma unit at Chicago's Cook County Hospital.
11.00 Natural Born Killers: Kimberley's Sea Crocodiles
11.30 The Eagle and the Snake
A battle of two enemies.
12midnight Secret Subs of Pearl Harbour
Visit the underwater world with a tour of the sunken subs of Pearl Harbour.
12.30am-1.00am Raider of the Lost Ark

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

7.00am Kickstart
Kick into the day with the best new tunes.
9.00 So 90s
10.00 European Top 20
The biggest hits from across the continent.
12noon New Year's End Edition
The latest news from the music industry.
1.00pm Best of Live 1998
Select Special
Choose your favourite tracks with MTV's jukebox. With Donna Air.
3.00 Hit List UK
4.00 A-Z of Pop Weekend
7.00 Partyzone Megamix
8.00 A-Z of Pop Weekend
An alphabetical look through the world of pop.
9.00 Celebrity Deathmatch
More celebrity clay figures do battle in the ring.
11.00 Beavis and Butt-head
Animated antics.
12midnight A-Z of Pop Weekend
1.00am Music Mix
3.00 Chill Out Zone
5.00-6.00am Night Videos
Music through the night.

VH1
MUSIC & GAMES PACK

6.00am Breakfast in Bed 9.00 Talk Music News Review of the Year 10.00 The Beach Boys 11.00 Greatest Hits of... 11.30 Pop-Up Video 12noon The Viewers' Top 100 Artists of All Time 9.00pm Behind the Music: Madonna NEW 10.30 Greatest Hits of... 11.00 VH1 Spice 12midnight Midnight Special 12.30am Ed Sullivan's Rock 'n' Roll Classics 1.00 The Viewers' Top 40 Artists of All Time 4.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Go 2 12.30pm Secrets of India 1.00 A Fork in the Road 1.30 Food Lovers' Guide to Australia 2.00 Far Flung Floyd 2.30 Written in Stone 3.00 Transasia 4.00 Sports Safaris 4.30 Earthwalkers 5.00 Dream Destinations 5.30 Holiday Maker 6.00 Food Lovers' Guide to Australia 6.30 Caprice's Travels 7.00 Rolf's Walkabout 8.00 A Fork in the Road 8.30 Go 2 9.00 Transasia 10.00 Sports Safaris 10.30 Holiday Maker 11.00 Earthwalkers 11.30-12midnight Dream Destinations

UK STYLE
LIFESTYLE PACK

7.00am Women 7.30 Catch 8.00 Track 8.30 Walks 9.00 Ski 9.30 Garden Grow? 10.30 Gardening Week 11.00 Places 11.30 Garden Roadshow 12noon Flower 12.30pm Ground Force 1.00 Wonder Women 1.30 Catch 2.00 Track 2.30 Walks 3.00 Ski 3.30 Garden Grow? 4.30 Gardening Week 5.00 Places 6.00 Flower 6.30 Ground Force 7.00 Women 7.30 Catch 8.00 Track 8.30 Walks 9.00 Ski 9.30 Garden Grow? 10.30 Gardening Week 11.00 Places 11.30 Roadshow 12midnight Flower 12.30am-1.00am Ground

UK ARENA
LIFESTYLE PACK

3.00pm Desert Island Discs 4.00 Sounds of the 70s 4.30 Sounds of the 70s 5.00 My Way 5.45 Reviews You Can Use 6.00 REM Roughcut 7.00 REM Road Movie 8.00 Arena People 8.55 Brass 9.30 Brass 10.00 Movie Club 10.05 FILM: Last Exit to Brooklyn *1989* 12midnight Sounds of the Seventies 12.30am Brass 1.05 Brass 1.35 Arena People 2.30-3.00am The Frame

Saturday 2 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM
6.00am Rex Hunt 6.30 Fishing Australia 7.00 Hooked on Fishing 7.30 These Four Walls 8.00 Gimme Shelter 8.30 In the Workshop 9.00 Rex Hunt 9.30 Fishing Australia NEW SERIES 10.00 Hooked on Fishing NEW SERIES 10.30 These Four Walls 11.00 Gimme Shelter 11.30 In the Workshop 12noon New Yankee Workshop 12.30pm The Furniture Guys 1.00 Doing it Up 1.30 Home Again with Bob Vila 2.00 Go Fishing 2.30 Two's Country 3.00-4.00pm Campaigns in History

3.00 PM
DISCOVERY
WORLD PACK

4.00 PM
4.00
Battle for the Skies
Useless for the Purposes of War
A look at the Royal Flying Corps.

5.00 PM
5.00 The Century of Warfare
A major documentary series charting worldwide conflict in the 20th century.

6.00 PM
6.00 A Century of Warfare
A look at how, during World War I, trench warfare led to stalemate on the Western Front.

7.00 PM
7.00 Fast Cars
A look at the materials and technical ingenuity that make these cars so exceptional, and the people who drive them.

8.00 PM
8.00 The Mystery of Twisters
8.30
Wonders of Weather
Killer Storms
A look at a deadly cloud.

9.00 PM
9.00 Extreme Diving
A look at the most amazing underwater expeditions of modern times with some of the world's best divers.

10.00 PM
10.00
Forensic Detectives
From the Ashes
A look at blazing infernos that appear to destroy everything in their path.

11.00 PM
11.00 The Century of Warfare
A major documentary series charting worldwide conflict in the 20th century.

12.00 NIGHT TIME
12midnight
A Century of Warfare
A look at how, during World War I, trench warfare led to stalemate on the Western Front.
1.00am-2.00am TSR 2
The story behind the cancellation of the TSR 2.

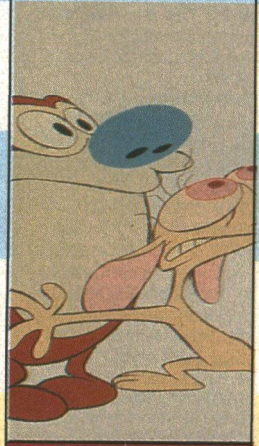
SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm
Jackie Merrick goes missing during a terrible storm.
11.30 Emmerdale Farm
12.00 Emmerdale Farm
12.30pm Emmerdale Farm
1.00 Emmerdale Farm
1.30 Take the High Road
Murdoch strikes back.
2.00 Take the High Road
2.30 Take the High Road
3.00 Take the High Road
3.30-4.00pm
Take the High Road

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 The Magic Roundabout 6.00 The Fruitties 6.30 Thomas the Tank Engine 6.45 The Magic Roundabout 7.00 Blinky Bill 7.30 Tabaluga 8.00 I am Weasel 9.00 Dexter's Laboratory 10.00 Cow and Chicken 11.00 Animaniacs 12noon Tom and Jerry 1.00pm Mask 2.00 Freakazoid!

3.00 Johnny Bravo
Cartoon comedy with the bequiffed hero whose love for pretty girls is only surpassed by his love for himself.
4.00
Dexter's Laboratory
Chemical chaos with the bedroom professor as he thinks up even more crazy experiments.
5.00 Cow and Chicken
Animated action with the seriously mismatched siblings as they deal with the trials and tribulations of school and teenage life.
6.00 The Flintstones
Prehistoric men behaving badly in Bedrock as Fred and Barney prove time and time again that they are no match for their wives.
7.00 Scooby-Doo – Where are You?
Creepy capers with the cowardly canine and his friends as they investigate mysterious happenings.
8.00-9.00pm Batman
Crime-busting capers with the Caped Crusader and the evil no-gooders that he must do battle with.



More comic cartoon fun in 'The Ren & Stimpy Show'. Nickelodeon 11.30am

THE HISTORY CHANNEL
WORLD PACK

4.00pm War Games
4.30 Battle Gear
5.00 Tanks
Discover how tanks and tank warfare have progressed through the ages.
5.30 Aircraft Carriers
6.00 Attack Helicopters
6.30 Smart Bombs
7.00-8.00pm Biography
Lenin
NEW Explore the rise of the revolutionary Russian leader.

NICKELODEON
FAMILY PACK

7.00am Bruno the Kid 7.30 Stickin' Around 8.00 Rocko's Modern Life 8.30 Hey Arnold! 9.00 Rugrats 10.00 Angry Beavers 10.30 CatDog 11.00 The Wild Thornberrys 11.30 The Ren & Stimpy Show 12noon Wishbone 12.30pm Moesha 1.00 Sister Sister 1.30 The Journey of Allen Strange 2.00 The Secret World of Alex Mack 2.30 Kenan & Kel

3.00 Clarissa Explains it All
Educational comedy with the ever-so-practical Clarissa.
3.30 Kablam!
4.00 Hey Arnold!
More adventures with the coolest quiffed kid in town.
4.30 Rugrats
Fun with the tousle-headed nippers.
5.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.
5.30 Kenan & Kel
Starring Kel Mitchell.
6.00 Sabrina 6.30-7.00 Allen Strange

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Stars Rachel Blanchard.
7.30 Desmond's
Barbershop comedy.
8.00 Roseanne
Be My Baby
Roseanne wants a baby but Jackie's got there first.
8.30 Just Shoot Me
Nina in the Cantina
9.00 Cybill
Don Gianni
Zoey gets a visit from her Italian boyfriend.
9.30 Seinfeld
The Boyfriend – Part I
10.00 FILM: Bananas
Woody Allen, Louise Lasser, Rene Enriquez
A consumer products tester becomes infatuated with a political activist. He tries to win her heart, but she wants someone with greater leadership potential, so he runs off to San Marcos to join the rebels. *1971*
12midnight Duckman
Adult animation.
12.30am The Vacant Lot
1.00 Comedy Store
1.30 Club Class
2.00 Dr Katz
2.30 Soap
3.00 Tibs and Fibs
3.30-4.00am Nightstand

CABLE CHECK
Some of the channels listed may not be available in your area

FOX KIDS
FAMILY PACK

6.00am Beetleborgs Metallix 6.50 Eek!Stravaganza 7.00 Power Rangers Turbo 7.50 Terrible Thunderlizards 8.00 Oggy 8.50 Casper 9.00 Donkey Kong Country 10.00 Mowgli 10.50 Home to Rent 11.00 Life with Louie 11.50 Eek!Stravaganza 12noon Weekend Stacks: Goosebumps
Animated action with an afternoon of back-to-back Goosebump episodes.

3.30pm
Roy and Lisa's Big Ride
3.35 Mortal Kombat
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
Fun in the jungle.
4.50 Home to Rent
5.00 Goosebumps
5.25 Eerie, Indiana
Spooky, out-of-this-world series set in a strange town.
5.55
Donkey Kong Country
Wacky adventures.
6.25 Sam and Max
6.50-7.00pm
Eek!Stravaganza
Animated fun with Eek the cat.

SHOP!
LIFESTYLE/ SELECTION PACK

6.00am Shop Selection!
A round-up of the best offers on Shop!
7.00 Bargain Shop!
7.30 Time Savers
8.30 Shop! Feature
9.30 Junior Sports Store
10.00 Spotlight on Sports
11.00 Time Zone
12noon The Clothes Line
1.00pm Bargain Shop!
1.30 Switched On
2.30 Fashion by Design
3.00 Global Cuisine
4.00 Y-Zone
5.00 Shop Selection!
6.00 Time Zone
7.00 Spotlight on Sports
8.00 Switched On
9.00 Global Cuisine
Hints and tips to achieve perfect Indian cookery.
10.00 Y-Zone
11.00 Time Zone
12midnight Bargain Shop!
12.30am Shop Selection!
1.30 Spotlight on Sports
Focus on football – with kits and other merchandise for real fans.
2.30 Junior Sports Store
All the kit they need for spring-term sports.
3.00 Switched On
4.00 Global Cuisine
5.00-6.00am Y-Zone
The things teenagers want at prices parents will love.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Feel Good Look Great at 3.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News throughout the day, plus: 6.00am BBC News 24 6.30 World Review 98 7.30 UK Direct 8.00 Weekend 24 9.30 Straight Talk 10.30 LifeWatch 11.30 Simpson's World 12.30pm Face in Crowd 1.30 Opening Night 2.30 Straight Talk 3.30 Business 4.30 Ireland 6.30 Scoreline 8.30 Simpson's World 9.30 Straight Talk 10.30 World Review 98 11.30 Face in the Crowd 12.30am Ireland 1.30 LifeWatch 2.30 Simpson's World 3.30 Science Review 4.30 Opening Night 5.30-6.00am Straight Talk

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am World News 5.30 Inside Europe 6.30 Moneyline 7.30 Sport 8.30 Business 9.30 Europe 10.30 Sport 11.30 7 days 12.30pm Moneyweek 1.00 Report 1.30 Report 2.30 Travel 3.30 Sport 4.30 Health 5.00 Larry King 6.30 Fortune 7.30 Beat 8.30 Style 9.30 Artclub 10.30 Sport 11.00 Worldview 11.30 Global View 12.30am 7 Days 1.00 World Today 1.30 Diplomatic Licence 2.00 Larry King 3.00 World Today 3.30 Both Sides 4.00am News 4.30-5.00am Evans, Novak, Hunt & Shields

SKY NEWS
NEWS & SPORT PACK

News on the Hour, every hour: 6.00am Sunrise 9.30 Showbiz Weekly 10.30 Fashion TV 11.30 Week in Review 1.30 Global Village 2.30 Fashion TV 3.30 Special Report 4.30 Week in Review 5.00 Live at Five 7.30 Sportsline 8.30 Year in Review 9.30 Global Village 10.00 Prime Time 11.30 Sportsline Extra 12.30am Showbiz Weekly 1.30 Fashion TV 2.30 The Book Show 3.30 Week in Review 4.30 Global Village 5.30-6.00am Showbiz Weekly

INTERNATIONAL

3SAT 6.00am Hablamos Espanol 6.30 Türkei – Land, Leute und Sprache 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Marthaler 10.20 Max Frisch 11.15 Ein Tag in Kaufland 12noon Zum Heilen Gehört die Liebe 12.45pm Zeitmaschine 2.25 Offen 2.30 Italienisches Fest des Antonio Carluccio 3.00 Ein idealer Kandidat 4.30 Offen 4.35 Tips and Trends sportiv 5.00 Reisen in Ferne Welten 6.00 Heute 6.20 Grenzgänge 7.00 Tagesschau 7.15 Die Entführung aus dem Serail 10.05 Man Trifft Sich 11.05-12midnight Daniel 1

TV5 5.00am Journal International French Focus 5.30 Horizon 6.00 Outremers 7.00 Journal du Temps 7.05 Journal Télévisé de Radio Canada 7.30 Journal du Temps 7.35 Bus et Compagnie 8.30 Génies en Herbe 9.05 Magellan 9.30 Branché 10.00 10.05 Découverte 10.30 Funambule 11.00 11.05 A Bon Entendeur 11.33 Journal Télévisé France 3 11.55 Journal du Temps 12.05pm Grands Gourmands 12.35 Jardins et Loisirs 1.00 Cap Aventure 1.30 Pas si Bêtes que Ça 2.00 Journal International 2.15 Journal des Arts et du Spectacle 2.30 Paris Chic-Choc 3.00 Itinéraire Bis 3.30 Les Carnets du Bourlingueurs 4.00 Urgences 5.00 Questions pour un Champion 5.30 Journal Télévisé de la Rédaction + Journal du Temps 6.00 Sport Africa 6.30 Journal Télévisé Belge 7.00 Gens du Voyage 8.00 Orchestre National de Barbes 9.00 Journal Télévisé France Télévision et Journal 9.30 Les Braconniers de Belledombre 11.00 Télécinéma 11.25 Le Journal du Temps 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 Variety Programme 11.00 Interactive Live 11.30 News 12noon Sankalp 12.30pm Pakistan this Week 1.00 Pakistan Business Update 1.30 FILM 4.00 Edit 4.30 Thekikaat 5.00 Kaala Daira 6.00 Ek Mulaqat 6.30 Bpl Oye 7.30 Sansar 8.00 Junoon 8.30 Dard 9.00 FILM 11.30 Eurospice 12midnight Dard 12.30am Ek Mulaqat 1.00 FILM 4.30 Junoon 5.00 Vishwamitra 6.00 Chand Ghazlien 6.30 News 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Zee TV 6.30 Shabads 7.00 Faith 7.30 Daily News 8.00 Pakistan Business Week 8.30 Sapne Saajan Ke 11.30 Khana Khazana 12noon HINDI FILM: Dosti 3.00pm Lolly-Pop 4.00 Jaal 5.00 Public Demand 5.30 Rishtey 6.30 Hum Paanch 7.00 Zee Top Ten 8.00 News Bulletin 8.30 Jaan 9.00 HINDI FILM 12midnight News 12.30am Shot Gun Show 1.00 Zee Presents 2.00 Carvan 5.00 Mrs Madhuri Dixit 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Just for Parents 4.30 This is Your Day 5.00 Agape Today 6.30 Global Harvest Force 7.00 Intelligence Briefing 7.30 Winning Ways 8.00 Kidz Club 8.30 McGee 9.00 Highway to Heaven 10.00 In the House 10.30-11.00am This is Your Day – Benny Hinn

BLOOMBERG
WORLD PACK

24-hour business news including: 2.15am Euro 99 3.20am Ask the IFA 4.19 Food for Thought 4.24 Sports 5.19am Clips

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

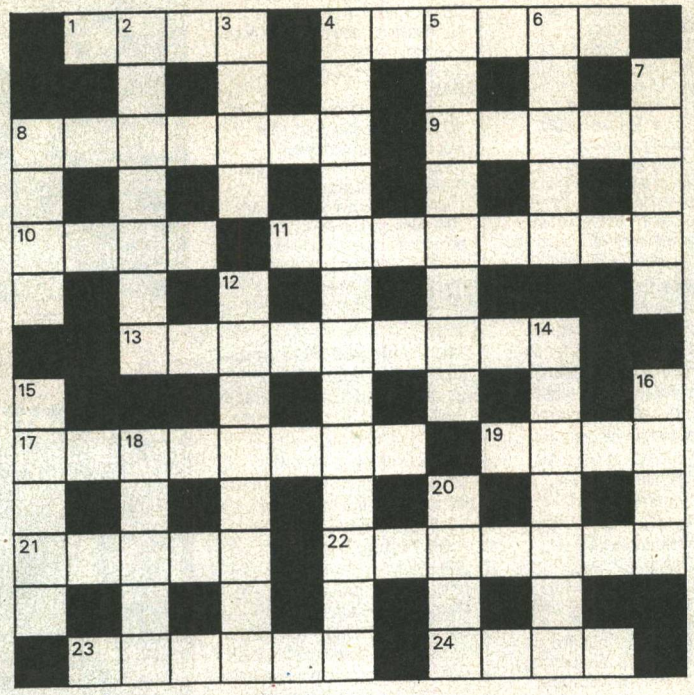
Parliament in Recess.

WIN A TV! PRIZE CROSSWORD

SPONSORED BY CHALLENGE TV

FOR MORE BRAINTEASERS, TUNE INTO CHALLENGE TV NIGHTLY FROM 5.00PM

Your crossword know-how could win you a fabulous 21in Teletext television! When you've completed the puzzle, send it to us with your name and address by 20 January. The first correct entry drawn wins.

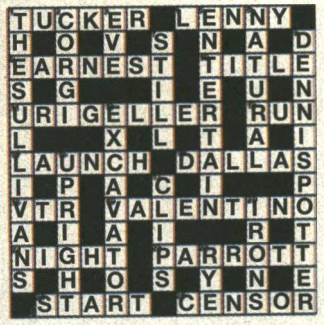


Across

1. Footage sometimes shows how one gets older (4)
4. James, or a female cop (6)
8. Between Ice and Zebra it starred Rock Hudson (7)
9. Hostess having nothing to harp back on (5)
10. Home and ... on holiday? (4)
11. Bette let extras show the words on the box (8)
13. *Call My Bluff* captain confuses Anne and Carol (4,5)
17. In the open air, these are the exits (8)
19. Bergerac remembered holding a bit of land (4)
21. In Ms Dors find a Jones (5)
22. Hope I make Los Angeles with Hamlet's girl! (7)
23. Leave Pat, red as may be (6)
24. Got up with Woody's flower (4)

Down

2. And a rag arranged by *Good Life* presenters (7)
3. The doctor doing PR work for the politicians? (4)
4. Jasper on the box – in a tin (6,7)
5. How could Roy get me out of the square, and all that stuff? (8)
6. Wierd to get *ER* in Eire? That's not right! (5)
7. Pictures heard in gunfight (5)
8. After the street, an appearance by Laurel (4)
12. The wide view taken by BBC programme-makers (8)
14. Mr Cage starred with 20 in Moonstruck (7)
15. Name of Henry and of his daughter Jane perhaps (5)
16. Rave about Jack's wife in the Rovers (4)
18. Manage to find line on screen of cathode ray tube (5)
20. She's a star who is dear to the French (4)



No 1 by Peter Knight

DECEMBER SOLUTION

Send completed crosswords (only one per household) to: Prize Crossword No 1, CABLE GUIDE, 172 Tottenham Court Road, London W1P 0JJ

● Congratulations to November's TV winner, Mr K Bradley from Whitley Bay

The first correct entry drawn at random wins. There is no cash alternative to the prize. If the prizewinner cannot take up the prize, *Cable Guide* reserves the right to award it to a runner-up. The Editor's decision is final. No employees of *Cable Guide*, Challenge TV or associated companies are eligible to enter.

CABLE CHANNEL CONTACTS

Don't be shy! Write to your favourite cable channel

THE ADULT CHANNEL
PO Box 308,
Hayes, Middlesex
UB3 4XB

ASIANET LTD
PO Box 291,
Unit 1 Endsleigh
Industrial Estate,
Endsleigh Road,
Southall,
Middlesex
UB2 5QR

BBC NEWS 24
BBC PARLIAMENT
80 Wood Lane,
London W12 0TT

THE BOX
Imperial House,
11-13 Young
Street, London W8
5EH

CARLTON SELECT,
CARLTON FOOD
45 Foubert Place,
London
W1V 2DN

CARTOON NETWORK
18 Soho Square,
London W1V 5FD

CHALLENGE TV
160 Great Portland
Street, London
W1N 5TB

THE CHRISTIAN CHANNEL EUROPE
Television Centre,
PO Box 232,
Sunderland
SR1 1YJ

CNN INTERNATIONAL
Cnn House, 19-22
Rathbone Place,
LondonW1P 1DF

DISCOVERY CHANNEL,
HOME & LEISURE,
ANIMAL PLANET
160 Great Portland
Street, London
W1N 5TB

DISNEY CHANNEL
Beaumont House,
Kensington Village,
Avonmore Road,
London W14 8TS

EUROSPORT UK
55 Drury Lane,
London
WC2B 5SQ

FILMFOUR
124 Horseferry
Road, London
SW1P 2TX

FOX KIDS
338 Euston Road
London
NW1 3AZ

GRANADA PLUS,
GRANADA BREEZE,
MEN & MOTORS
Franciscan Court,
16 Hatfields,
London SE1 8DJ

THE HISTORY CHANNEL
6 Centaurs
Business Park,
Grant Way,
Isleworth,
Middlesex
TW7 5QD

HOME VIDEO CHANNEL (HVC)
PO Box 308,
Hayes, Middlesex
UB3 4XB

ITV2
Network Centre
200 Grays Inn Rd
London
WC1X 8HF

LIVE TV
24th Floor,
One Canada
Square,
Canary Wharf,
London
E14 5AP

LIVING
160 Gt Portland
Street, London
W1N 5TB

MTV
17-29 Hawley
Crescent,
London
NW1 8TT

MUTV
274 Deansgate
Manchester
M3 4JB

NATIONAL GEOGRAPHIC
6 Centaurs
Business Park,
Grant Way,
Isleworth,
Middlesex
TW7 5QD

NICKELODEON
15-18 Rathbone
Place, London
W1P 1DF

PARAMOUNT COMEDY CHANNEL
15-18 Rathbone
Place,
London
W1P 1DF

QVC
Marcopolo House,
Chelsea Bridge,
Queenstown
Road,
London
SW8 4NQ

THE RACING CHANNEL
Satellite House,
17 Corsham
Street,
London
N1 6DR

THE SCI-FI CHANNEL
77 Charlotte
Street,
London
W1P 2DD

SHOP!
THE HOME SHOPPING CHANNEL
100 Old Hall
Street
Liverpool
L70 1DX

SKY PREMIER,
SKY MOVIEMAX
SKY CINEMA,
SKY ONE,
SKY NEWS,
SKY SOAP,
SKY SPORTS 1, 2 & 3,
SKY TRAVEL
SKY BOX OFFICE
6 Centaurs
Business Park,
Grant Way,
Isleworth,
Middlesex
TW7 5QD

TELEVISION X: THE FANTASY CHANNEL
PO Box 7302,
London
E14 9EH

TNT
18 Soho Square,
London
W1V 5FD

TRAVEL
66 Newman
Street
London
W1P 3LA

UK GOLD,
UK ARENA,
UK STYLE,
UK HORIZONS
160 Great
Portland Street,
London
W1N 5TB

VH1
17-29 Hawley
Crescent,
London
NW1 7EP

VISION NETWORK
27 Victoria Road,
Swindon
SN7 3AW

ZEE TV
Unit 7,
Belvue Business
Centre,
Belvue Road,
Northolt,
Middlesex
UB5 5QQ

Sunday 3 January

SKY PREMIER
PREMIUM CHANNEL

6.00am
Femme Fatales: Geena Davis
6.30 The Duellists
1977, rating Sky PG, 96 mins
8.30 Stepping Out
1991, rating Sky PG, DS, 104 mins
10.30 Fly Away Home
Text *1996, rating Sky U, 103 mins*
12.30pm Hollywood Buzz
1.00 Stepping Out
Liza Minnelli, Shelley Winters
1991, rating Sky PG, DS, 104 mins

3.00 Shaughnessy
Matthew Settle, Linda Kozlowski, Michael J White
Drama about an Irish-American who finds himself in trouble in New York when he becomes the target of a violent gang. He decides to head West, but soon encounters hostility from the locals in the small town he chooses as his new home.
1996, rating Sky PG, 89 mins

5.00 Fly Away Home
Jeff Daniels, Anna Paquin, Dana Delany, Terry Kinney
Uplifting family drama about a young girl who is reunited with her father when her mother is killed. He is keen to rebuild the relationship, but the girl finds it hard to adjust and ploughs her energies into looking after a set of abandoned goose eggs. Text
1996, rating Sky U, 103 mins

7.00
Who Framed Roger Rabbit
Bob Hoskins, Christopher Lloyd, Joanna Cassidy, Stubby Kaye, Alan Tilvern
An astonishing mixture of live action and animation. Framed for a murder he didn't commit, an animated rabbit teams up with a down-on-his-luck private eye to clear his name.
1988, rating Sky PG, 100 mins

9.00 William Shakespeare's Romeo + Juliet
Leonardo DiCaprio, Claire Danes, Brian Dennehy
Baz Luhrmann's re-telling of the classic love story in a thoroughly modern setting. Two young souls fall in love but are destined to be torn apart because they come from rival families. Text *1996, rating Sky 12, 115 mins*

11.00 The Crucible
Daniel Day-Lewis, Winona Ryder, Paul Scofield, Joan Allen,
Epic drama about the Salem witch hunts. Text *1996, rating Sky 12, 118 mins*

1.05am The Abyss
Ed Harris, Michael Biehn
Science fiction adventure about a deep-sea mission to rescue a nuclear submarine *1989, rating Sky 15, 134 mins*
3.25-5.30am Soapdish
Sally Field, Kevin Kline
1991, rating Sky 15, 93 mins

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Time to Say Goodbye
1997, rating Sky PG, 87 mins
8.00 The Undercover Kid
1995, rating Sky PG, 87 mins
10.00 Destroy All Monsters
1968, rating Sky PG, 85 mins
12noon Cosmic Shock
Connie Sellecca, Ed Marinaro
PREMIERE Thriller *1997, rating Sky PG, 88 mins*
2.00 The Undercover Kid
Bradley Pierce, Melora Hardin, Nicholas Surovy, Erik Avari
Family comedy about a kid whose pets tell him of a conspiracy to kill the President. Unsurprisingly his parents refuse to believe him and he must prove it before it is too late.
1995, rating Sky PG, 87 mins

4.00 Time to Say Goodbye
Eva Marie Saint, Richard Kiley, Margaret Colin, Rick Roberts
Drama in which a loving family is torn apart by a father's terminal illness. He tells his wife that he wants her to help him commit suicide, but when his youngest son finds out, he accuses his mother of plotting her own husband's murder.
1997, rating Sky PG, 87 mins

6.00 Cosmic Shock
Connie Selleca, Ed Marinaro
PREMIERE Thriller about a renowned astronomer who discovers a comet on a collision course with Earth – but no one will believe him. To avert a major disaster he and his followers commandeer a nuclear missile. Will he be able to convince the authorities that his claims are true? *1997, rating Sky PG, 88 mins*

8.00
Minnie and Moskowitz
Gena Rowlands, Seymour Cassel, Val Avery, Elsie Amies, Timothy Carey
Tender comedy drama, directed by John Cassavetes, about a lonely museum curator and a crazy car park attendant who unexpectedly find love. *1971, rating Sky 15, 111 mins*

10.00 Gridlock'd
Tim Roth, Tupac Shakur, Thandie Newton
PREMIERE A smart comedy drama about a pair of drug addicts who decide to go straight – with unexpected results. Text *1996, rating Sky 18, 87 mins*
11.35 Movietalk
Richard Jobson and guests discuss whether drug culture in films is portrayed realistically.
12.05am Skin Deep
John Ritter, Alyson Reed
1988, rating Sky 18, 96 mins
1.45 It's My Party
1996, rating Sky 15, 105 mins
3.35 Switch in Time
1987, rating Sky 15, 86 mins
5.05-7.00am
Destroy All Monsters
1968, rating Sky PG, 85 mins

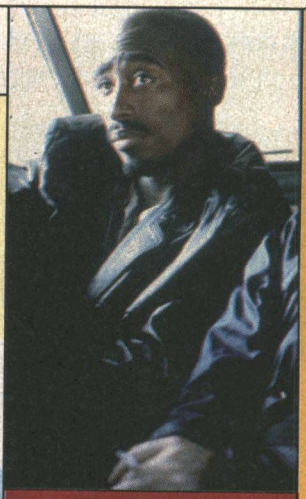
SKY CINEMA
PREMIUM CHANNEL

11.00am World for Ransom
Dan Duryea, Gene Lockhart
1954, rating Sky PG, 80 mins
12.30pm Nothing But the Truth
Bob Hope, Paulette Goddard
Comedy about a dishonest businessman who promises not to lie for 24 hours.
1941, rating Sky U,90 mins
2.15
Long Day's Journey Into Night
Ralph Richardson, Katharine Hepburn, Dean Stockwell
Absorbing movie version of the Eugene O'Neill play about a troubled family living in the early 20th century. The father is a pompous actor, the wife is addicted to drugs, one son is dying of TB and another is an alcoholic.
1962, rating Sky PG, 136 mins

4.35
The Devil and Miss Jones
Jean Arthur, Robert Cummings, Spring Byington, Charles Coburn
Well-received comedy about a millionaire who takes an undercover job in his own department store to find out what life is like on the other side.
1941, rating Sky U, 89 mins

6.05 Flying Tigers
John Wayne, Paul Kelly, John Carroll, Anna Lee
Romance set against the backdrop of World War II China, as two flying aces take a break from fighting the Japanese to vie for the affections of a military nurse. However, romantic rivalries are set aside when the heroes are called into action. *1942, rating Sky PG, 95 mins*

8.00 A Touch of Larceny
James Mason, George Sanders, Vera Miles, Robert Flemyng
War-themed comedy about a philandering naval officer who contrives to make money out of his employers by means of an elaborate plot. Then he falls for the American, Virginia Killain.
1959, rating Sky U, 88 mins
9.30 Merchant Ivory: A Partnership in Film
10.00 Place in the Sun
Montgomery Clift, Elizabeth Taylor, Shelley Winters
Oscar-winning drama about a doomed young man who finds himself trapped between his true love and a wealthier woman. His future could be bright with beautiful, well-bred Angela Vickers, but Alice Tripp isn't about to be forgotten. *1951, rating Sky PG, 117 mins*
12.05am King David
Richard Gere, Edward Woodward
Biblical drama. *1984, rating Sky 15, DS, 109 mins*
2.00 M*A*S*H
Donald Sutherland, Elliott Gould
1970, rating Sky 15, 111 mins
3.55-5.15am World for Ransom
1954, rating Sky PG, 80 mins



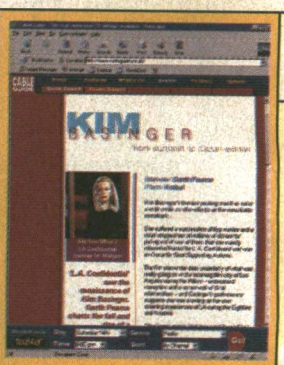
The late Tupac Shakur stars in the premiere of 'Gridlock'd'. Sky MovieMax 10.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm The Postman Always Rings Twice
Lana Turner, John Garfield, Cecil Kellaway, Hume Cronyn
Classic film noir about an amoral drifter who takes a job as handyman at a remote road-house, where he gets involved with the frustrated young wife of the middle-aged owner. Their passionate affair eventually leads to murder. Based on the novel by James M Cain.
1946, 109 mins
11.15 The Lone Star
Clark Gable, Ava Gardner, Lionel Barrymore, Beulah Bondi, Broderick Crawford, Ed Begley
Vintage Western. *1952, 94 mins*
1.00am Once a Thief
Alain Delon, Ann-Margret
An ex-convict is determined to make a new life for himself and his family. *1965, 102 mins*
3.00-5.00am
The Postman Always Rings Twice
Film noir. *1946, 109 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Forty Guns
Barbara Stanwyck, Barry Sullivan, Dean Jagger, Gene Barry, John Ericson
Sam Fuller's seminal Western about a whip-cracking, tough-talking female ranch owner and the posse of men who arrive to bring law and order to the town and challenge the authority of her 40 hired guns.
1957, 80 mins
8.00 Heavy
Pruitt Taylor Vince, Liv Tyler, Debbie Harry, Evan Dando
Drama set in small-town mid-America. A pizza chef at a run-down diner falls for the new waitress, but matters are complicated by her boyfriend and the animosity of the other waitress. A beautiful story of ordinary folk from director James Mangold. *1995, 100 mins*
10.00 The Waterdance
Eric Stolz, Wesley Snipes
Drama. A young writer, who was left paraplegic after an accident, slowly comes to terms with his condition in the company of fellow paraplegics and is forced to examine his relationship with his married lover. *1992, 102 mins*
11.45 Life is Sweet
Alison Steadman, Jim Broadbent
Mike Leigh's tragi-comedy about family life. *1990, 98 mins*
1.25am Trojan Eddie
Drama. *1995, 99 mins*
3.05 Frankie Starlight
Romance. *1995, 94 mins*
4.40-6.00am
P'tang, Yang, Kipperbang
Drama. *1982, 77 mins*

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FACE/OFF
John Woo-directed action thriller. An FBI agent goes undercover by having a terrorist's face grafted on to his own and becomes trapped in his new identity. Starring John Travolta and Nicolas Cage.
1997, rating Sky 18, 133 mins
PLAYS AT 12midnight, 2.30am

Sky Box Office 2
Channel 52
HOME ALONE 3
Comedy in which a pre-teen is left alone to deal with foreign spies who are searching for a stolen computer chip.
1997, rating Sky PG, 98 mins
PLAYS AT 7.00am, 9.00am, 12noon, 2.00pm, 4,00pm, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
GEORGE OF THE JUNGLE
Chaotic comedy with Brendan Fraser and Leslie Mann.
1997, rating Sky U, 87 mins
PLAYS AT 6.30am, 8.30am, 10.30am, 12.30pm, 2.30pm, 4.30pm, 6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am, 4.30am

Sky Box Office 4
Channel 54
FATHER'S DAY
Comedy about two men who bump into each other while searching for a missing boy who they both think is their own son. Starring Billy Crystal and Robin Williams.
1997, rating Sky 12, 94 mins
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Sunday 3 January

SKY ONE
ACTION/ SELECTION PACKS

6.00am Hour of Power 7.00 Bump in the Night 7.30 Street Sharks 8.00 Double Dragon 8.30 Tattooed Teenage Alien Fighters from Beverly Hills 9.00 The Simpsons Text 9.30 Count Duckula 10.00 Dream Team Omnibus 11.00 World Wrestling Federation 12noon Just Kidding 12.30pm Just Kidding 1.00 The New Adventures of Superman 2.00 Beverly Hills, 90210 Text

3.00 Guilty!
Beverley puts husband Gary in the dock for being a Sixties throwback fashion fiasco and Wendy finally gets her own back on her best friend Lee.

4.00 Star Trek: Deep Space Nine
The Storyteller
Jake Sisko and Nog find themselves at odds over a young Bajoran girl. Text

5.00 Star Trek: Voyager
Innocence
Tuvok crash lands on a sacred haven for the Drayan, an alien race which has shunned outside contact for decades. Text

6.00 The Simpsons
My Sister, My Sitter Text

6.30 The Simpsons
D'oh in the Wind
Homer embraces his newly discovered hippie heritage. Text

7.00 King of the Hill
The Final Shinsult
Cotton and Dale steal a famous prosthesis from a museum. Text

7.30 King of the Hill
Leanne's Saga Text

8.00 Earth: Final Conflict
If You Could Read My Mind
The Taelon Synod is shocked to discover that their psychic link has been invaded. Text

9.00 Friends
The One with Ross's Wedding
The friends head off to London for Ross's wedding, but will all go to plan when Rachel realises that she still loves Ross? Text

10.00 Christmas Uncovered
Documentary which looks at the mishaps and misdemeanours that are guaranteed to take place at every Christmas party. Filmed during this year's party season.

11.00 South Park
Chickenpox

11.30 Forever Knight
Trophy Girl
Tracy is abducted by a murderer who dismembers his victims.

12.30am Tales from the Crypt
Horror in the Night
Five years ago, hit man Nick Marvin went out to do a routine job. Tonight, it literally comes back to haunt him.

1.00 Manhunter
True stories of some of the world's most dangerous criminals.

2.00-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Big Break
7.50 Mastermind
8.20 Blake's Seven
City at the Edge of the World
9.15 Dr Who: Death to the Daleks
11.10 Dallas Omnibus
1.00pm FILM: Harvey
James Stewart, Josephine Hull
Gentle comedy about an eccentric drunk who stumbles across a six-foot white rabbit on his way home one night – visible only to him. *1950*

3.00 The Bill Omnibus
A roundup of the week's events at Sunhill police station. When a teenage boy goes missing after being seen with an escaped sex offender, Conway fears the worst. Has the prisoner struck again? Meanwhile, Rawton and Skase investigate the suicide of a terminally ill woman, whom they believe was assisted by her son and daughter.

5.00 Some Mothers Do 'Ave 'Em
Michael Crawford, Michele Dotrice. Classic sitcom as Frank Spencer walks the high wire of disaster in a Christmas episode from 1978.

6.30 Dad's Army
The Love of Three Oranges
A special Christmas episode of the classic sitcom. Starring Arthur Lowe and Ian Lavender.

7.10 Only Fools and Horses
Fatal Extraction
Christmas special of the classic sitcom from 1993. There's a dearth of festive feeling at Nelson Mandela House this Christmas. Del is suffering from toothache and Rodney is a shadow of his former self following Cassandra's announcement that she wants to start a family. Stars David Jason.

9.00 The Missing Postman
Postman Clive Peacock becomes an unlikely hero when he refuses to take early retirement and defiantly hand-delivers his final collection, even though it means cycling the length and breadth of the country. Concluded tomorrow.

10.35 Minder
Hypnotising Rita
While collecting his debts, Arthur takes over a steam-cleaning business with mesmeric results. With George Cole, Dennis Waterman and Renu Setna.

11.40 The Man from Auntie
More comical observations on life from Ben Elton.

12.20am Live at Jongleurs
The best in stand-up comedy from one of London's top comedy clubs.

12.55 Only when I Laugh
Those You Have Loved

1.20 The Onedin Line

2.10 The Onedin Line

3.00-7.00am Shopping with Screenshop

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Cheap Chic
9.30 Can't Cook, Won't Cook
10.00 The Heat is On
10.30 Michael Cole
No-holds-barred talk show with the one-time Harrods employee.
11.20 Brookside Omnibus
1.20pm Rolonda
I Can't Stop My Wild Teen from Having Sex
2.10 The Roseanne Show

3.00 FILM: My Favourite Wife
Irene Dunne, Cary Grant, Randolph Scott, Gail Patrick, Ann Shoemaker, Scotty Beckett
Romantic comedy in which a deceased wife returns from the dead after seven years to discover that her husband has re-married and is attempting to conceal her existence from his new bride. 1940

5.05 Hart to Hart
Homemade Murder
A murder victim hides a clue in Freeway's toy, and the Harts are held hostage until the police come to the rescue.

6.00 FILM: Doing Time on Maple Drive
James B Sikking, Bibi Besch, William McNamara
Drama portraying the painful truths that lurk beneath the surface in a dysfunctional family which is forced to confront a catalogue of lies and deception when a young man brings his fiancée home to meet them. *1991*

8.00 Rescue 911
Stories of real-life rescues by American emergency services. Presented by William Shatner

8.30 Beyond Belief
Anthology mystery series.

9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

11.00-12midnight The Sex Files
A talk show dealing with the more interesting and imaginative side of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King
7.00 Bootsie & Snudge
7.30 Nearest and Dearest
8.00 Doctor on the Go
8.30 Dharma and Greg
9.00 Dempsey & Makepeace
10.00 The Return of the Saint
11.00 Hawaii Five-0
12noon Hawaii Five-0
1.00pm Nearest and Dearest
1.30 Hallelujah
2.00 Poirot

3.00 Bonanza
Mr Henry T.P. Comstock
The Cartwrights clash with claim-jumper Henry Comstock who is out to lay claim on their gold-panning operations.

4.00 The High Chaparral
Destination Tucson – Part 2
Patriarch John Cannon's wife is killed in an Apache raid and his brother Buck can't stop Mexican bandits from rustling cattle.

5.00 Classic Coronation Street – The Omnibus
A roundup of the week's events. Betty and Annie buy wedding gifts – only to hear some surprising news about Gordon. Bert escapes with a heavy fine for fiddling his dole money and Brian decides to go to the Middle East with Ron Sykes. Meanwhile, Fred takes Annie to the brewery dinner and Alec Hobson gets the sack from Baldwin's factory.

7.30 Dharma and Greg
A jealous Dharma attempts to find a new beau for Greg's ex-girlfriend.

8.00 Poirot
The Adventure of the Clapham Cook
Poirot is intrigued to discover what is hidden in the cook's trunk. Guest starring Brigit Forsyth.

9.00 Frankie Howerd Reveals All
Comical sketches dealing with British class structure.

10.00 The Odd Couple

10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm 2 Wheels
Weekly biking magazine, with Jeff Stone and Paul Johnston.

11.30 Pro-Superbike
An action-packed programme with race expert Chris Carter.

12midnight Through the Gears
Bike sport magazine presented by Merrick Beesley.

12.30am 4 Wheels
Biking reports presented by Chris Goffey and John Wright.

1.00 Biker's Night Off
Quiz show hosted by Paul Johnston.

1.30-2.00am Motor Week

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear in the Big Blue House 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 The Little Mermaid 8.00 101 Dalmatians 8.25 Classic Toons 8.30 Hercules 9.00 Art Attack 9.15 Ned's Newt 9.30 Doug 10.00 Microsoap 10.15 Pepper Ann 10.30 Teen Angel 11.00 Student Bodies 11.30 Smart Guy 12noon Boy Meets World 12.30pm Wonder Years 1.00 FILM: The Gnome Mobile *1967* 2.30 New Adventures of Winnie the Pooh

3.00 The Little Mermaid
The undersea adventures of Ariel and her friends. Text

3.30 Timon and Pumbaa
Fun in the jungle. Text

3.45 101 Dalmatians
Canine capers. Text

4.10 Disney's Hercules: The TV Show
Fun-filled animation. Text

4.40 Art Attack
Hosted by Neil Buchanan. Text

5.00 Smart Guy
More adventures with supersmart 10-year-old, TJ Text

5.30 Microsoap
Children's sitcom. Text

5.45 Recess Text

6.00 The Wonder Years
Hardware Store Text

6.30 Boy Meets World
Chick Like Me
Cory and Shawn learn a valuable lesson. Text

7.00 FILM: Aladdin & the King of Thieves
Robin Williams, Scott Weinger
It's wedding time in Agrabah, as Aladdin and Jasmine tie the knot. But with the Genie organising things, there's bound to be matrimonial mayhem. *1995* Text

8.30 Classic Toons

8.45 Honey, I Shrunk the Kids: The TV Show
Honey, I'm Haunted
Using his dad's latest invention, Nick befriends the ghost of a Thirties gangster, which ultimately results in trouble. Text

9.30 Home Improvement
American sitcom.

10.00 Dinosaurs
Stone-Age sitcom. Text

10.30-11.00pm The Wonder Years
My Father's Office Text

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

SUNDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
Gridlock'd
Sky MovieMax 10.00pm
One of the last movies that controversial rapper Tupac Shakur made before his violent death, this premiere is a smart comedy-drama about a pair of drug addicts – Tupac and Tim Roth – who aim to go straight with the help of a beautiful singer played by Thandie Newton.

GENERAL
The Top 100 Videos of all Time
VH1 12noon
It's that time of year when retrospectives are all the rage. If you want a musical delight, try this ten-hour extravaganza made up of the best videos voted for by VH1 viewers. Queen's *Bohemian Rhapsody* was a front runner but which is the fans' favourite?

ADVERTISEMENT

BROOKSIDE: THE EARLY YEARS
11.20AM
living
Throughout the week you can settle down and catch up on the ealy storylines down at Brookside Close. And today you can tune into the omnibus! Find out what's going on in the lives of the Corkhills, the Grants and the Rogers, only in *Brookside*.

Sunday 3 January

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM
7.30am Rally
8.00 Alpine Skiing
9.00 Alpine Skiing – LIVE
10.00 Ski Jumping
11.00 Alpine Skiing
11.30 Alpine Skiing – LIVE
12.30pm Ski Jumping – LIVE
Further action from the World Cup's Four Hills Tournament in Innsbruck.
2.30 Nordic Combined Skiing
3.00 PM Cross-country skiing action from the World Cup in Schonach, Germany.
3.30 Alpine Skiing
Highlights of all the latest slalom action from the Women's World Cup **4.00 PM** in Maribor, Slovenia.
4.30 Ski Jumping
Highlights from the World Cup's Four Hills Tournament in **5.00 PM** Innsbruck, Austria.

6.30 Karting
6.00 PM Featuring highlights from the indoor karting arena in Helsinki. This event attracted champions such as Jacques Villeneuve, Johnny Herbert, Mika Salo and Jarno Trulli.
7.30 Football
We Love ... Football
7.00 PM This programme brings you all the best action from the footballing year.

9.30 Rally
9.00 PM Coverage of the third stage of the Total Granada Dakar.
10.00 Motorsports
We Love... Motorsports
10.00 PM Another chance to see all the best action from the world of car racing.

11.00 Ski Jumping
11.00 PM Another chance to see coverage of the World Cup's Four Hills Tournament in Innsbruck, Austria.
12.00 12midnight-12.30am Rally
NIGHT TIME Another chance to see action from the Total Granada Dakar 99 rally.

SKY SPORTS 1
PREMIUM CHANNEL

6.00am Spanish Football
8.00 Aerobics Oz Style
8.30 Max Power
9.30 Rugby Union Update: Gloucester v Bath
Repeat from Saturday
10.30 Wild Spirits
11.00 Goals on Sunday
1.00pm Rugby Union Update: Gloucester v Bath
2.00 Gillette World Sport
2.30 World Motor Sport
Fast-paced coverage from the circuit where all the latest news and views are tracked. From the frantic pace of the Indy racing league, to the never-say-die approach of the NASCAR series, World Motor Sport features every lap from every track. The programme also includes features on the key movers and shakers in the race world. Viewers can gain an insight into life behind the wheel from the men who smash the records and thrill the crowds.
5.30 Scottish Football: Rangers v Celtic – LIVE
The action comes from Ibrox as Dick Advocaat's Rangers clash with current Scottish Premier Division champions Celtic. This is the 'old firm' derby and there are few other teams in the world, if any, with a rivalry as intense as this. It is arguably the most talked about fixture North of the border. Presented by Jim White.
8.30 Futbol Mundial
Football matches and news from all four corners of the globe.
9.00 NFL: NFL Match – LIVE
Wild Card action from the NFL as two of the top teams from the regular season battle for a divisional play-off spot.

12.30am Scottish Football: Rangers v Celtic
Another chance to witness the best of the action in the famous 'Old Firm' derby.
1.30 Spanish Football
3.30-4.30am Cup Football Special
Repeat from Sky Sports 3

SKY SPORTS 2
PREMIUM CHANNEL

6.00am International Cricket: Australia V England – LIVE
7.00 Aerobics Oz Style
7.30 H_2O
8.00 Soccer Extra
11.00 Darts: World Championship 1999
Action from the semi-finals of the Skol World Darts Championship at the Circus Tavern in Purfleet, Essex. Presented by Sid Waddell.
Repeat from Saturday

3.30pm FA Cup Football – LIVE
Action from the third round of this season's FA Cup. With the teams from the top two divisions joining the competition in this phase, the prospect of another giant killing from a smaller club is a mouth-watering one.

6.30 Gillette World Sport Special
A comprehensive roundup of the more alternative side of world sport.
7.00 Darts: World Championship 1999 – LIVE
Sid Waddell provides live commentary from The Circus Tavern in Purfleet, Essex, as the final of the Skol World Darts Championship begins. The tournament features the cream of the darts world and has showcased new talent as well as allowing veterans of the game to prove that they can still compete at the top level. For darts enthusiasts, this really is the ultimate event.

10.30 Wild Spirits
The programme that features many of the leading edge sports such as snowboarding.
11.00 Gillette World Sport Special
Hosted by David Jensen.
11.30 International Cricket: Australia v England – LIVE
Coverage of day three in the fifth Ashes Test from Australia.
2.00am Second Innings: Angus Fraser – Trinidad
2.30-6.00am International Cricket: Australia v England – LIVE

SKY SPORTS 3
PREMIUM CHANNEL

9.00am International Cricket: South Africa v West Indies – LIVE
Action from day two of the fourth Test from Cape Town.
11.00 International Cricket: Australia v England
A roundup of all the action from day two of the fifth Test.
11.30 International Cricket: South Africa v West Indies – LIVE
Action from day two of the fourth Test in Cape Town. West Indian legend Courtney Walsh continues to defy the critics who have spent most of the last five years damning him.

4.00pm International Cricket: Australia v England
The very best of the action from Sydney where England take on their arch-rivals Australia as the battle for Ashes supremacy continues on day two of the fifth Test. Presented by Mark Nicholas.

6.30 Second Innings: Darren Gough – Headingley
A look at the cricketer's outstanding performance.
7.00 International Cricket: South Africa v West Indies
Highlights from the second day's play in the fourth Test between two giants of the cricketing world, South Africa and the West Indies.
8.30 International Cricket: Australia v England
The very best of the action from Sydney where England take on their arch-rivals Australia as the battle for Ashes supremacy continues on day two of the fifth Test. Presented by Mark Nicholas.

11.00-12midnight FA Cup Football Special
The best of the action from the third round of the FA Cup.

Simon Donnelly of Celtic will be looking for a win when his team meet Rangers. Sky Sports 1 5.30pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game on
6.05 Watch This if You Love Man U!
Post-match analysis from the men in the know, including squad members and celebrity guests.
7.15 Megastore Megabuys
7.30 Red Legends
A journey through the Old Trafford archives.
8.00 Super Match – FA Cup Classic: Sunderland v Manchester United
Classic cup action from 1996 when United took their first steps to FA Cup glory against Sunderland. Paul Scholes and Andy Cole did their bit to dull the Roker roar.

10.00 Red Replays
From transfer news to controversial views, this is the show that reviews the week inside Old Trafford from the horse's mouth.
11.00 Wild About United
A gallery of fans explain why they adore United.
11.30-12midnight Red Hot News

SCI-FI
ACTION PACK

7.30am Chocky's Children
8.00 Battlestar Galactica
9.00 Buck Rogers in the 25th Century
10.00 Quantum Leap
11.00 Quatermass
12noon FILM: Star Command *1995*
1.50pm Sci-Focus
2.00 Mystery Science Theatre 3000
Jack Frost
The crew of the *Satellite of Love* bravely attempts to make sense of the film *Jack Frost*, featuring dwarfs, evil step-mothers, dancing houses and some elves.
3.50 Sci-Focus
4.00 The Flash
Child's Play
The Flash takes custody of a brother and sister who unwittingly hold the key to a major drugs racket.
5.00 FILM: This Island Earth
Jeff Morrow, Rex Reason
Brilliant scientists are recruited for a mysterious project and find themselves press-ganged into an intergalactic voyage by an alien agent who needs their help to restore his war-ravaged planet. *1955*
6.40 Sci-Focus
7.00 Highlander: Raven
'Full Disclosure
An angry Nick is determined to uncover Amanda's Immortal secret.
8.00 Quantum Leap
Hurricane
Sam leaps into the body of Sheriff Necaise in order to prevent his girlfriend from falling victim to a hurricane.
9.00 Sci-Focus on Star Trek: Insurrection
9.30 Sci-Focus on Lexx
A look behind the scenes of the new series.
10.00 Lexx
Mantrid
The crew of the Lexx continues its exploration of the Dark Zone.

11.00 V
Resistance scientists manage to synthesise a toxin that is deadly to the Visitors. Stars Jane Badler and Faye Grant.
12midnight Battlestar Galactica
The Magnificent Warriors
1.00am Buck Rogers in the 25th Century
2.00 The Doomsday Men
2.30 The Doomsday Men
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

9.30am FILM: Double, Double, Toil and Trouble
Mary-Kate Olsen, Ashley Olsen, Cloris Leachman
Family drama. Two twin sisters are menaced by their wicked aunt who is trying to cast a spell on them to gain their house. In order to save themselves, they need to find their good aunt who has fallen into the lure of her wicked sibling and is under a spell. *1993*

11.00 Emmerdale Omnibus
12.30pm CITV2
2.50 Nature Zone
3.45 In the Wild
A celebrity gets back to nature
4.40 Coronation Street Omnibus
This week's episodes.
6.30 Soap Fever
Liza Tarbuck takes a look at recent events in the nation's soaps.
7.30 Who, What, Why?
The facts behind the news.

8.00 Trevor McDonald Meets...
Celebrity interview.
8.30 Dealer's Choice
Car-buyer's magazine.
9.00 Wide Angle
9.30 I Suppose You Think That's Funny
Comedy panel game.
10.00 Grafters
Drama with Robson Green, Stephen Tompkinson and Neil Stuke.
12midnight-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am The President's Perversions
12.25 FILM: Strap-On Sally
1.00 The Five Minute Free View 1.05 FILM continues
1.35 FILM: The Jinx
2.45 FILM: Someone Else
3.50 FILM: Fifty and Still Pumping 4.10-5.30am FILM: Coming of Age

ADULT CHANNEL
ADD-ON CHANNEL

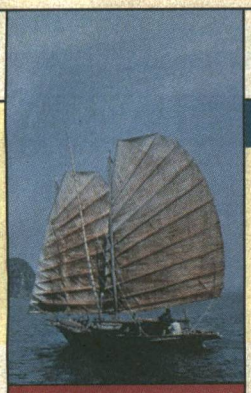
12midnight Dish of the Day 12.10am Totty Try-Outs 12.25 FILM: Dangerous Rapture
Tera Heart, Nikita, Vicca
Erotic drama.
1.35 ... Mobile
Erotic comedy.
2.05 English Rose
2.30 FILM: Bad Company
Erotic thriller.

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Cracking Up
Jerry Lewis
An accident prone misfit on the road to recovery seeks help from a psychiatrist.
9.25 Monaco Forever
9.55 FILM: Pure
A young artist addicted to heroin embarks on a journey around the world.
11.45-12midnight English Rose



The serene beauty of Vietnam is explored in 'Adventure Travels'. Travel 1.00pm, 8.30pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Whittle
Quiz hosted by Tim Vine.
5.30 Prize Time
5.45 Family Fortunes
Two families play against each other for big money.
6.15 Prize Time
6.30
Through the Keyhole
Celebrity game hosted by Sir David Frost.
7.00 Prize Time
7.15 100 Per Cent
Three contestants face 100 questions.
7.45 Prize Time
7.55
The Crystal Maze
A team of contestants tackle a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00 Prize Time
9.15 Strike it Lucky
Michael Barrymore hosts the fast-action game show.
9.45 Prize Time
Interactive games.
10.00 Don't Feed the Gondolas
10.30 Prize Time
10.45
Name That Tune
Music quiz.
11.15 Prize Time
11.30
Carnal Knowledge
The quiz show that reveals the most intimate secrets of the British public.
12.30am Don't Feed the Gondolas 1.00 Infatuation UK 1.30 Roll with It! 2.00 Karaoke Challenge 2.30 Family Fortunes 3.00 A Word in Your Ear 3.30 Give Us a Clue 4.00 Say the Word 4.30 Give Us a Clue 5.00-6.00am Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 6.30 Bangers and Smash 7.00 The Why Files 7.30 The Fashion Show 8.00 Agony 8.30 The Lie Detector 9.00 What's in the Box 9.15 BodyHeat 9.30 Judge Judy 10.00 Wrestling 11.00 Judge Judy 11.30 What's in the Box 11.45 BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Agony Omnibus 2.30 What's in the Box 2.45 BodyHeat
3.00
Back to Back Babes
A feast of beauties.
3.30
Bangers and Smash
High speed stock car racing action. Hosted by Louise Brady.
4.30 Judge Judy
More cases for the feared American judge.
5.00 Judge Judy
Another case for the feared American judge.
5.30 Agony
Relationship advice for troubled souls.
6.00
The Fashion Show
A look at the headlines among the hemlines.
6.30 Wrestling
More female wrestling action from the ring.
7.30 Agony
Relationship advice for troubled souls.
8.00 The Why Files
Psychic investigations.
8.27
Tiffani's Big City Tips
8.30 Judge Judy
8.57 Big City Tips
9.00
Bangers and Smash
Stock car racing hosted by Louise Brady, plus women's wrestling.
9.57 Topless Darts
10.00 Brief Affairs
Saucy legal drama.
10.27 Big City Tips
10.30 Exotica Erotica
Erotic entertainment.
11.27 Big City Tips
11.30 Painted Ladies
11.45 Private Dancer
11.57 Topless Darts
12midnight Brief Affairs 12.30am Janeycam 12.45 Home Shopping 1.00 Exotica Erotica 2.00 Painted Ladies 2.15 Private Dancer 2.30 Brief Affairs 3.00 Agony 3.30 The Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Box

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food Thought 10.00 Who's Cooking... ? 10.30 What's Cooking? 11.00 Surprise Chefs 11.30 Kitchen College 12noon Food Network 12.30pm Vin Ordinaire 1.00 Feasts World 1.30 Modern British 2.00 From Ground Up 2.30 Food Network 3.00 Superchefs 3.30 Coxon's Kitchen College 4.00 Umbrian Kitchen Italian regional cookery. **4.30-5.00pm Chez Bruno**

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Our House
Lifestyle series which takes a look at unusual homes.
6.00
Pull the Other One
Gameshow in which deception, lying and cheating are the order of the day.
6.30 Rising Damp
7.00 The Upper Hand
Domestic sitcom.
7.30 Goodnight Sweetheart
Time travelling sitcom, with Nicholas Lyndhurst.
8.00 The Darling Buds of May
Comedy drama series based on H E Bates's eccentric Larkin family. Stars David Jason.
9.00
Under the Hammer
Comedy drama series set in and around a London auction house. Starring Richard Wilson.
10.00
Sword of Honour
Mini-series about love and war, focusing on two young lovers from Down Under. Stars Andrew Clarke.
11.00 Tanamera
Drama set in Singapore. John marries in London but returns to Tanamera. Julie also returns and they both rekindle their passions.
12midnight-1.00am The Ruth Rendell Mysteries: A New Lease of Death
A clergyman has written to Wexford's boss to ask permission to re-investigate a 30-year-old murder case. Wexford is in no doubt that he arrested the right man.

ANIMAL PLANET
WORLD PACK

12noon
Wild Treasures of Europe
Coasts and Riverbanks
1.00pm River Dinosaur
A look at the Nile crocodile that inhabits nearly all of Africa's major rivers.
2.00 Hunters
Giant Grizzlies of the Kodiak
A look at the great brown bears of Alaska, the most powerful carnivores on earth.
3.00
Secrets of the Deep
Under the Emerald Sea
An excursion into the world of sea creatures that seem to be alien to this earth.
4.00 Hollywood Safari
Cruel People
NEW SERIES First episode in a new drama series set in the Hollywood world of animal training.
5.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.30 Pet Rescue
Presented by Wendy Turner and Mark Evans.
6.00
Animal Champions
Traveller in the Treetops
6.30
Animal Champions
Africa's Black Rhino
7.00 Tundra and Taiga
The tundra and taiga habitats of Europe host a rich variety of animal life. This programme looks at beavers and the eagle owl.
8.00 Ways of the Wild
Tooth and Claw
A look at the great cats of Africa who are at the pinnacle of the food chains to which they belong.
9.00 Emergency Vets
Stories from Alameda East Veterinary Hospital in Denver, which works round the clock to save animals.
10.00
Crocodile Hunter
Wild in the USA
Steve Irwin travels to the USA to relocate a large cougar.
11.00-12midnight Rediscovery of the World
Cape Horn – Waters of the Wind

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am It'll Never Work 7.30 The Great Egg Race 8.00 The Mind Traveller 9.00 Simon's War 9.55 Simon's Triumph 10.45 The Car's the Star 11.05 Top Gear GTi 12noon Tomorrow's World Plus 1.00pm Great Railway Journeys 2.00 Global Sunrise
Camera crews film the dawn of a new day and a new year from 20 different locations.
3.30 Deadly Liaisons
David Attenborough narrates a film about giant black tiger snakes.
4.00 Fifi's Boys – Wild Chimpanzees
Film portrait of Fifi, a 37-year-old chimpanzee, and her boys. Introduced by Jane Goodall.
5.00 Animal Hospital
Rolf Harris and Steve Knight visit the busy 24-hour RSPCA Harmsworth Hospital for sick pets.
5.30 Crime Limited
6.00 Vet School
A behind-the-scenes look at life in Britain's top school for vets.
6.30 999 Lifesavers
True stories of heroism.
7.00 The House
A six-part series looking behind the scenes during a particularly turbulent year at the Royal Opera House, Covent Garden.
8.00 Polar Bear: A Wildlife Special
David Attenborough's film shows the true nature of the polar bear, the world's largest carnivore
9.00 Airport
Behind-the-scenes at Heathrow airport.
9.30 War and Piste
Documentary about workers in Val d'Isere.
10.00 Hollywood Women
No-holds-barred documentary focusing on the lives of the women of Tinseltown.
11.00 The Marriage
Desmond Wilcox follows a couple through their first year of marriage. Trouble brews over a rugby trip to Edinburgh.
12midnight-1.00am Hunger Strike – A Hidden History
The inside story of why ten Republican prisoners, including Bobby Sands, starved themselves to death in the Maze Prison in 1981.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am E! True Hollywood Story 7.00 E! Celebrity Profile 8.00 Good Housekeeping 8.30 Indoor Garden 9.00 Sally Jessy Raphael 10.00 View 11.00 Zest Beauty 11.30 Rosemary Conley 12noon Good Housekeeping 12.30pm Gorgeous Gardens 1.00 E! True Hollywood Story 2.00 View
3.00 Best of Livetime
Highlights from the past week's programmes.
4.00
Sally Jessy Raphael
I'm Ready to Divorce My 12-Year-Old
American talk show discussing lots of issues.
5.00-6.00pm
Best of Livetime
Highlights from the past week's programmes.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Heaven's Breath: The Winds of Eternity
A study of the complexities of the practical and spiritual meaning of wind.
8.00
Heaven's Breath: Borne on the Wind
An exploration of how wind affects all forms of non-human life.
9.00
Heaven's Breath: Reaping the Wind
An examination of the wind's impact on history and different cultures.
10.00 Mysterious World: Mysteries of the Mind
A look at some of the most baffling aspects of the world in which we live.
11.00
Vietnam's Great Ape
The largest primate is searched for in Vietnam.
11.30 Hippo!
A visit to The Gambia.
12midnight-1.00am Explorer
Travel to the inhospitable Baltic Sea to find the almost perfectly preserved wreck of Sweden's royal warship *Kronan*.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

7.00am Kickstart
9.00 The Grind
MTV's popular beach-side dance workout.
10.00 Hitlist UK
12noon
News Weekend Edition
12.30pm
Real World Seattle
Seven strangers share a house in Seattle.
1.00 Select MTV: A-Z of Pop Edition
3.00 A-Z of Pop Weekend
Back-to-back videos.
9.00 New Year's End Edition
9.30 Best of Live 1998
10.00 The Late Lick
11.00 MTV's Top 10
The best of this week's chart and the bands who are in the top ten. Who will be number one this week?
12midnight Non-Stop Hits
1.00am-7.00am
Night Videos

VH1
MUSIC & GAMES PACK

6.00am Breakfast in Bed 9.00 Talk Music Review of the Year – The Performances 10.00 The Beach Boys – Endless Harmony 11.00 Greatest Hits of... 11.30 Pop-Up Video 12noon The Top 100 Videos of All Time The ultimate countdown. **10.00pm Hey Hey We're the Monkees** NEW **11.00 The Top 40 Videos of All Time 2.00am-6.00am VH1 Late Shift**

TRAVEL
FREE BONUS CHANNEL

12noon Thousand Faces: Indonesia 12.30pm Reel World 1.00 Adventure Travels NEW SERIES **1.30 Flavours of Italy 2.00 Gatherings and Celebrations 2.30 Voyage 3.00 Great Australian Train Journeys 4.00 Tales 5.00 Faces of Indonesia 5.30 Holiday Maker 6.00 Flavours of Italy 6.30 Voyage 7.00 Going Places 8.00 Caprice 8.30 Adventure Travels 9.00 Tales 10.00 Flavours of France 10.30 Holiday Maker 11.00 Secrets of India 11.30-12midnight Reel World**

UK STYLE
LIFESTYLE PACK

7.00am Gluck 7.30 Taste 8.00 Tour 8.30 Fat Man 9.00 Delia 9.30 Antiques 10.30 Rooms 11.00 Front 11.30 House 12noon Terrace 12.30pm Moves 1.00 Gluck 1.30 Taste 2.00 Tour 2.30 Fat Man 3.00 Delia 3.30 Antiques 4.30 Rooms 5.00 Front 5.30 House 6.00 Terrace 6.30 Moves 7.00 Gluck 7.30 Taste 8.00 Tour 8.30 Fat Man 9.00 Delia 9.30 Antiques 10.30 Rooms 11.00 Front 11.30 House 12midnight Terrace 12.30am-1.00am Moves

UK ARENA
LIFESTYLE PACK

3.00pm Restoring The Ambassadors 3.55 FILM: A Tale of Two Cities *1958* **6.00 Classic Albums 7.00 Reviews You Can Use 8.00 Arena People: Rudolph Nureyev 9.00 Rutland Weekend TV 9.30 Playhouse: The Accountant 11.25 Carole King in Concert 12midnight Rutland Weekend TV 12.30am Classic Albums 1.25 Carole King in Concert 1.55-3.00am Arena People: Rudolph Nureyev**

Sunday 3 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM
6.00am Total Fishing 6.30 Rex Hunt 7.00 Hooked on Fishing 7.30 Hometime 8.00 Hometime 8.30 Our House Down Under 9.00 Total Fishing 9.30 Rex Hunt 10.00 Hooked on Fishing 10.30 Hometime 11.00 Hometime 11.30 Our House Down Under 12noon New Yankee Workshop 12.30pm Away with Words 1.00 Car Show 1.30 Road Show 2.00 Total Fishing 2.30 Two's Country 3.00-4.00pm Time Team

DISCOVERY
WORLD PACK

3.00 PM

4.00 PM
4.00 Grace the Skies: The Story of Vickers
A history of Vickers and Supermarine, from early biplanes to modern jet fighters.

5.00 PM
5.00 Flightline
Includes formation aerobatics aboard the Russian YAK 52.
5.30 Classic Trucks
Monsters

6.00 PM
6.00 The Barefoot Bushman
Living with Lizards
Visits the country which has the widest variety of lethal snakes and lizards.

7.00 PM
7.00 The Supernatural
God Bear of Kamchatka
7.30 Creatures Fantastic
Dragons

8.00 PM
8.00 UFO, Down to Earth
Reason to Believe
Explores the possibility of other life forms in our universe.

9.00 PM
9.00 Amazing Earth
The Catastrophic Past
Documents the Earth's most catastrophic events, plus the uncontrollable climate changes.

10.00 PM
10.00 Amazing Earth
The Violent Present
Documents the Earth's most catastrophic events, plus the uncontrollable climate changes.

11.00 PM
11.00 Death Valley
Documentary which questions whether there are any signs of life in this desert which is the hottest place in the USA.

12.00
12midnight UFO, Down to Earth
Great Balls of Fire
1.00am-2.00am Justice Files
Against Our Kids

NIGHT TIME

SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm 11.30 Emmerdale Farm 12noon Emmerdale Farm 12.30pm Emmerdale Farm 1.00 Emmerdale Farm
There's a bitter confrontation between Jack and Joe.
1.30 Albion Market 2.00 Albion Market
Julian surprises Miriam.
2.30 Albion Market 3.00 Albion Market 3.30-4.00pm Albion Market
Lisa returns from Glasgow.

CARTOON NETWORK
FAMILY PACK

5.00am Omer and Starchild 5.30 Magic Roundabout 6.00 Fruitties 6.30 Thomas Tank Engine 6.45 Magic Roundabout 7.00 Blinky Bill 7.30 Tabaluga 8.00 I am Weasel 9.00 Dexter's Laboratory Weekender 10.00 Cow and Chicken 11.00 Animaniacs 12noon Tom and Jerry 1.00pm Mask 2.00 Freakazoid!

3.00 Johnny Bravo
The continued escapades of the superhero with a superego.

4.00 Dexter's Laboratory
Chemical chaos abounds for the bedroom professor as he concocts even more crazy experiments.
5.00 Cow and Chicken
Animated action with the mismatched siblings as they deal with the trials of school life.
6.00 The Flintstones
Prehistoric men behaving badly in Bedrock.

7.00 Scooby-Doo – Where are You?
Comedy capers with the cowardly Great Dane and his friends as they unmask more phoney phantoms.
8.00-9.00pm Batman
Crime-busting capers with the Caped Crusader and Boy Wonder.

The horse's role in combat is examined in 'Warhorse: A Beast for Heroes'. The History Channel 7.00pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm The Gambinos: First Family of Crime 6.00 The Great Train Robbery 7.00-8.00pm Warhorse: A Beast for Heroes
NEW SERIES A history of the vital role of the horse in war, from the pictures and inscriptions on the tombs of ancient Egyptians, to the Polish Lancers charging Nazi Panzer tanks in 1939.

NICKELODEON
FAMILY PACK

7.00am Bruno the Kid 7.30 Stickin' Around 8.00 Rocko's Modern Life 8.30 Hey Arnold! 9.00 Rugrats 10.00 Angry Beavers 10.30 CatDog 11.00 The Wild Thornberrys 11.30 Ren and Stimpy Show 12noon Wishbone 12.30pm Moesha 1.00 Sister Sister 1.30 The Journey of Allen Strange 2.00 The Secret World of Alex Mack 2.30 Kenan & Kel

3.00 Clarissa Explains it All
Educational comedy with the ever-so-practical Clarissa.
3.30 Kablam!
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Baby fun.
5.00 Sister Sister
Tia, Tamera and their parents try to live together.
5.30 Kenan & Kel
Fun with the funky friends.
6.00 Sabrina
6.30-7.00pm Alien Strange

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy following the life of rich teenager Cher.
7.30 Desmond's
8.00 Roseanne
Halloween V
Nancy obsesses that Dan doesn't like her.
8.30 Just Shoot Me
Amblushed
9.00 Cheers
Diamond Sam
9.30 Cheers
Never Love a Goalie: Part I
Carla befriends top hockey player Eddie LeBec.
10.00 Taxi
Comedy series about the employees of Sunshine Cabs who are waiting for their dreams to be fulfiled.

11.00 Dressing for Breakfast
11.30 The Larry Sanders Show
The Breakdown: Part I
Jeannie wants a divorce.
12midnight Duckman
More from the duck detective.
12.30am The Vacant Lot 1.00 Comedy Store 1.30 Club Class 2.00 Dr Katz 2.30 Soap 3.00 Tibs and Fibs 3.30-4.00am Nightstand

CABLE CHECK
Some of the channels listed may not be available in your area

FOX KIDS
FAMILY PACK

6.00am Beetleborgs 6.25 Beetleborgs 6.50 Eek!Stravaganze 7.00 Power Rangers 7.25 Power Rangers 7.50 Terrible Thunderlizards 8.00 Oggy 8.25 Oggy 8.50 Casper 9.00 Donkey Kong 9.30 Donkey Kong 10.00 Mowgli 10.25 Mowgli 10.50 Home to Rent 11.00 Life with Louie 11.25 Life with Louie 11.50 Eek!Stravaganza 12noon
Weekend Stacks: Eerie, Indiana
More from the series set in the town where anything can happen.

3.30pm Roy and Lisa's Big Ride
3.35 Mortal Kombat
The warriors do battle.
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
Fun with the five aliens.
5.00 Goosebumps
More spooky stories.
5.25 Eerie, Indiana
Out-of-this-world series set in a strange town.
5.55 Donkey Kong Country
Wacky adventures.
6.25 Sam and Max
6.50-7.00pm Eek!Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection! 7.00 Bargain Shop! 7.30 Feel Good Factor 8.30 Spotlight on Sports 9.30 Do it Yourself!! 10.00 Home Style 11.00 Sporting Brands 12noon Jewellery Box 1.00pm Bargain Shop! 1.30 On Screen 2.30 Junior Sports Store 3.00 Silversmith 4.00 Branded!
5.00 Shop Selection!
A roundup of the best offers on Shop!
6.00 Home Style
Great ideas for the bedroom.
7.00 Sporting Brands
The latest in fitness clothing and footwear.
8.00 Silversmith
Contemporary designs.
9.00 Switched On
A guide to the best on offer from Shop!'s audio range.
10.00 Branded!
Fashion for the New Year from the biggest names in the business.
11.00 On Screen 12midnight Bargain Shop! 12.30am Shop Selection! 1.30 Silversmith 2.30 Do it Yourself! 3.00 Sporting Brands 4.00 On Screen 5.00-6.00am Branded!

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 11.00am.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am News 6.30 Review 98 7.30 Simpson's World 8.30 Opening Night 9.30 Ireland: Year of Peace 10.30 Masterclass 1 11.10 Dateline London 12.30pm Chronicles 1.30 Simpson's World 2.30 Ireland 3.30 Science 4.30 News-round Review 7.30 Ireland 8.30 Opening Night 9.30 Reporters 10.10 Dateline 11.30 USA 12.30am Opening Night 1.30 Face in Crowd 2.30 USA 3.30 Chronicles 4.30 Dateline London 5.30-6.00am Business Review 98

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 Global View 6.30 Business 7.30 Sport 8.30 Beat 9.30 Artclub 10.30 Sport 11.30 Earth 12.30pm Science and Technology 1.00 Report 2.30 Europe 3.30 Sport 4.30 Showbiz 5.00 Edition 6.30 Business Unusual 7.00 Cyborg City 7.30 Europe 8.30 Pinnacle 9.30 Best of Insight 10.30 Sport 11.00 Worldview 11.30 Style 12midnight World 12.30am Beat 1.30 Diplomatic Licence 2.00 Report 2.30 Artclub 3.00 CNN and Time 4.30-5.00am NBA

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Year in Review: Business 10.00 Sunday with Adam Boulton 11.30 Book Show 1.30 Fashion TV 2.30 Showbiz Weekly 3.30 Week in Review 4.30 Sunday with Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 Book Show 9.30 Showbiz Weekly 10.00 Prime Time 11.30 Week in Review 12.30am CBS News 1.30 Sunday with Adam Boulton 2.30 Year in Review: Business 3.30 Book Show 4.30 CBS News 5.30-6.00am Global Village

INTERNATIONAL

3SAT 5.50am 7 Tage Anders Fernsehen 6.00 Tele-Akademie 6.45 KunstStreifzüge 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Eintritt Frei: Emani 8.30 Das Mädchen aus der Feenwelt oder Der Bauer als Millionär 11.10 Ein Kind der Revolution – Die Presse 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Rückblende 12.45 Klingendes Österreich 2.15 Jakob und Adele 3.00 Ein Idealer Kandi-dat 4.30 Alte Haustierrassen 5.00 Tagebuch 5.15 Aus einer Anderen Welt 6.00 Heute 6.15 Glück im Paradies 7.00 Tagesschau 7.15 China: 5000 Jahre Zivilisation 8.15 Schnell wie der Wind 9.35 Der Kommissar 10.35-12.10am Anklage Massenmord

TV5 5.00am Journal 5.15 Journal des Arts et du Spectacle 5.30 Horizons Francophones 6.00 Le Roman du Music Hall 7.00 TV 5 Minutes et Journal du Temps 7.05 Journal 7.30 Journal du Temps 8.00 Bus et Compagnie 8.30 Les Pieds 9.05 Télé-tourisme 9.30 Méditerra-neo 10.05 Musique Musiques 10.30 D

11.05 Télécinéma 11.33 Journal 11.55 Journal du Temps 12noon Les Gens du Voyage 1.00pm Orchestre National de Barbes 2.00 Journal 2.15 Le 6ème Cirque de Massy 3.15 Vivement Dimanche 5.15 Correspondances 5.30 Journal et Journal du Temps 6.00 Y a pas Match 6.30 Journal 7.00 Destins 9.00 Journal et Journal du Temps 9.30 Les Fils de l'Amertume 11.25 Journal du Temps 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Sant Darshan 8.00 Bhakti Sagar 9.00 Vinobha Bhave 10.00 Holy Quran 10.30 Buddha 11.00 Variety Programme 1.00pm Pakistan Business Update 1.30 FILM 6.00 BPL Oye 7.00 Spaghetti Junction 5.30 Roag 6.00 Paltan 6.30 Asianet Aur Aap 7.00 Dall Mein Kala 7.30 Golmaal 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight Main Anari Tu Anari 12.30am Asianet Aut Aap 1.00 FILM 4.00 Indipop 4.30 Balcony 5.00 Roag 5.30 Paltan 6.00 Chand Ghazalien 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Aap Ki Farmaish 6.30 Shabads 7.00 Faith 7.30 News 8.00 India Business 8.30 Sitaron Ka Karwan 9.00 Krishna 10.00 Out and About 10.30 Song Yatra 11.00 Aap Ki Adalat 11.30 Zee Health Show 12noon FILM: Rootha Na Karo 3.00pm KTC Sa Re Ga Ma 4.00 Zee and You 4.30 Panchwan Mausam 5.30 It's My Choice 6.00 Adhikar 7.00 Fairdeal Antakshari 8.00 News 8.30 Daastan 9.00 FILM: Waqt Hamara Hai 12midnight News 12.30am Zee World 1.00 Zee Bangla 1.30 Raahat 2.00 FILM: Main Intequam Loonga 5.00 Amar Kathayen 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Sandfords 4.30 This is Your Day 5.00 Voice of Faith 5.30 Potters House 6.00 Praise the Lord 7.00 Ray McCauley 7.30 Taking Authority 8.00 Winning Ways 8.30 Ray Bevan/Terry Savelle 9.00 Life is for Living/Power for Living 9.30 Holy Ground 10.00 This Generation 10.30-11.00am This is Your Day

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.19am Technology Report 3.50 Ask the IFA 4.24am Sports

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

Parliament in Recess.

ACCESS ALL AREAS
on 30 January for a 2 hour behind the scenes special on Power Rangers, Fox Kids and Goosebumps.

Take The Big Ride With Roy & Lisa On Fox Kids!

This New Year watch **The Big Ride** with **Spiderman, Mowgli: The New Adventures of the Jungle Book** and **Donkey Kong Country**, also keep a look out for great new episodes of **Oggy and the Cockroaches** and **Eerie Indiana: The Other Dimension**.

TUNE IN OR MISS OUT

FOX KIDS™

www.foxkids.co.uk

Monday 4 January

SKY PREMIER
PREMIUM CHANNEL

6.00am Draw!
1984, rating Sky PG, 93 mins
8.00 The Borrowers
Eddie Albert, Judith Anderson
1974, rating Sky U, 77 mins
10.00 Hello Again
Shelley Long, Judith Ivey
1987, rating Sky PG, 92 mins
12noon Matilda
Danny DeVito, Rhea Perlman
Text *1996, rating Sky PG, 94 mins*
2.00 Cocoon: The Return
Don Ameche, Wilford Brimley
Science fiction sequel in which a group of senior citizens who left Earth with some friendly aliens return for a four-day stop-over to visit their old friends.
1988, rating Sky PG, 110 mins
4.00 Hello Again
Shelley Long, Judith Ivey
Gabriel Byrne, Corbin Bernsen
Dark comedy in which a suburban housewife chokes to death, only to be resurrected by her wacky spiritualist sister. On her return, she discovers that her life has undergone a series of changes, but what is the point in being alive if you can't go home?
1987, rating Sky PG, 92 mins
6.00 Matilda
Danny DeVito, Rhea Perlman
Embeth Davidtz, Pam Ferris
Enchanting fantasy based upon the Roald Dahl novel. Matilda Wormwood comes from a horrible home – parents Harry and Zinnia are so obsessed with their own lives that they fail to notice that she loves to read and could well be a budding genius.
Text *1996, rating Sky PG, 94 mins*
8.00 Mother
Albert Brooks
Debbie Reynolds, Rob Morrow
PREMIERE Comedy-drama in which a divorcee goes back to his mother to work out why his relationships with women continually fail. His brother can only add to the woe. They have never liked each other and now they see each other all the time.
1996, rating Sky 12, 99 mins
10.00 Dante's Peak
Pierce Brosnan, Linda Hamilton
Blockbusting disaster movie. A vulcanologist has been predicting that the remote town of Dante's Peak is about to experience a catastrophe. He believes the long-dormant volcano next to the town is about to erupt. Text *1997, rating Sky 12, 104 mins*
11.50 Copycat
Sigourney Weaver Text
1995, rating Sky 18, 118 mins

1.55am The Tomorrow Man
Julian Sands, Giancarlo Esposito
1996, rating Sky 12, 85 mins
3.25-5.30am Breaking In
Burt Reynolds, Casey Siemaszko
1989, rating Sky 15, DS, 91 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am Femmes Fatales
7.30 Movie Magic
8.15 Action Heroes
9.00 Jane Eyre
Text *1996, rating Sky PG, 116 mins*
11.00 The Right Connections
1997, rating Sky U, 92 mins
1.00pm Femmes Fatales
1.30 Movie Magic: Cities Under Siege
2.15 Action Heroes: Sean Connery

3.00 Damnation Alley
Jan-Michael Vincent, George Peppard, Paul Winfield, Dominique Sanda
Sci-fi adventure in which a handful of survivors trek across a desolate nuclear wasteland in a desperate attempt to find some remaining fragments of the modern world.
1997 rating Sky PG, 88mins
5.00 The Right Connections
MC Hammer, Belinda Metz
Meshach Taylor, Melissa Hart
Four siblings have to find a way of settling their mother's $5000 debt. They sign up for a local hip hop contest and get help from ex-rap star Kendrick Bragg. But with a lack of talent, and a week to go, can they win the contest?
1997, rating Sky U, 92 mins
7.00 Jane Eyre
William Hurt, Charlotte Gainsbourg Joan Plowright, Anna Paquin
Dramatic big screen version of Charlotte Brontë's classic gothic romance. In the confines of a gloomy mansion, Jane finds the first happiness of her life. She also finds love with the enigmatic master of the house. Text
1996, rating Sky PG, 116 mins
9.00 Target Earth
Christopher Meloni, Marcia Cross, John C. McGinley, Dabney Coleman, Chad Lowe, Barry Bell, Courtney Crumpler
PREMIERE Sci-fi adventure about a group of former alien abductees fighting other abductees who have been programmed to take over the world. *1997, rating Sky 12, DS, 88mins*
11.00 Adrenalin: Fear the Rush
Christopher Lambert
An infected murderer runs amok.
1995, rating Sky 18, 73 mins

12.20am Showdown in Little Tokyo
1991, rating Sky 18, 75 mins
1.40 Intimate Obsession
1996, rating Sky 18, 90 mins
3.15 Patty Hearst
1988, rating Sky 18, 100 mins
5.00-7.00am Damnation Alley
Jan-Michael Vincent
1977, rating Sky 12, 88 mins

Debbie Reynolds stars in the premiere of the comedy-drama 'Mother'. Sky Premier 8.00pm

SKY CINEMA
PREMIUM CHANNEL

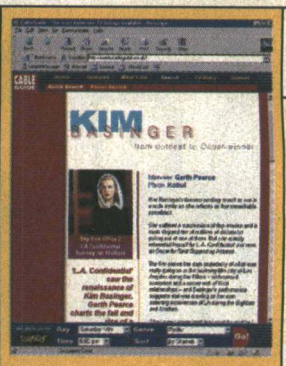
4.00pm The Bandit of Sherwood Forest
Cornel Wilde, Anita Louise, Jill Esmond, Edgar Buchanan, Henry Daniell, George Macready, Russell Hicks
Adventure in which the son of England's most popular outlaw, Robin Hood Jr, continues the traditions of robbing from the rich and giving to the poor.
1946, rating Sky PG, 83 mins
6.00 Every Girl Should Be Married
Cary Grant, Franchot Tone
Betsy Drake, Diana Lynn
Comedy in which a young woman sets out to seduce her dream husband. *1948, rating Sky U, 81 mins*
7.30 Merchant Ivory: A Partnership in Film
Profile of the makers of such films as *The Householder.*
8.00 The Householder
Shashi Kapoor
Hariendernath Chattopadaya
Leela Naidu, Durga Khote
Acclaimed comedy from James Ivory, chronicling the tribulations of a teacher whose arranged marriage is only the beginning of his problems. This tale of modern bourgeois India trancsends national boundries.
1963, rating Sky U, 100 mins
10.00 Bombay Talkie
Shashi Kapoor
Jennifer Kendal, Updal Dutt
Culture-clash drama in which a British writer travels to India and falls for a native movie star. The depiction of Indian filmmaking is fascinating.
1970, rating Sky 18, 105 mins
11.50 Days of Wine and Roses
Jack Lemmon, Lee Remick
Drama depicting alcoholism.
1962, rating Sky 12, 112 mins
1.50am Bad Medicine
Steve Guttenberg, Julie Hagerty
1985, rating Sky 15, 94 mins
3.30-5.00am The Virginian
Gary Cooper, Walter Huston
1929, rating Sky PG, 87 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm The Great Caruso
Mario Lanza, Ann Blyth, Dorothy Kirsten, Jarmila Novotna
Dramatisation of the career of legendary tenor Enrico Caruso, from his days spent singing on street corners in order to survive, to his apprenticeship in an opera chorus in Naples and his sensational success in America. Mario Lanza himself performed the operatic arias featured in the film. *1951, 105 mins*
11.00 The Roaring Twenties
James Cagney, Jeffrey Lynn, Humphrey Bogart
Classic gangster movie about three ex-army buddies who become involved in bootlegging in the lean years after World War I.
1939, 103 mins
1.00am Savage Messiah
Scott Antony, Dorothy Tutin
Drama. *1972, 95 mins*
3.00-4.45am The Great Caruso
Biopic. *1951, 105 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Fried Green Tomatoes
Kathy Bates, Jessica Tandy
Sentimental but enjoyable tale in which a repressed housewife is befriended by a quirky octogenarian while visiting an aunt in a convalescent home in Birmingham, Alabama and becomes involved in listening to her stories about her nearby home town, Whistle Stop.
1991, 124 mins
8.15 Cal
John Lynch, Helen Mirren
Drama set against the background of the Northern Irish Troubles. A young man is involved in the murder of an RUC officer, but then finds himself drawn to the man's widow, in a gentle relationship that turns to love. *1984, 99 mins*
10.00 Nothing Personal
John Lynch, James Frain
Thaddeus O'Sullivan's searing drama is set in Northern Ireland at the height of the Troubles, and follows the interconnecting fates of a Catholic father and the leader of a Loyalist paramilitary unit. *1995, 81 mins*
11.30 Angel
Stephen Rea, Veronica Quilligan
Neil Jordan's debut thriller.
1982, 88 mins
1.00am The Englishman Who Went Up a Hill, But Came Down a Mountain
Comedy drama *1995, 92 mins*
2.40 Straight Out of Brooklyn
Drama *1991, 83 mins*
4.05-6.00am Yojimbo
Drama. *1961, 110 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FACE/OFF
John Woo-directed action thriller. An FBI agent goes undercover by having a terrorist's face grafted on to his own and becomes trapped in his new identity. Starring John Travolta and Nicolas Cage.
1997, rating Sky 18, 133 mins
PLAYS AT 12midnight, 2.30am

Sky Box Office 2
Channel 52
HOME ALONE 3
Family comedy in which a pre-teen is left alone to deal with foreign spies who are searching for a stolen computer chip. Starring Alex D Linz.
1997, rating Sky PG, 98 mins
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
GEORGE OF THE JUNGLE
Chaotic comedy with Brendan Fraser and Leslie Mann.
1997, rating Sky U, 87 mins
PLAYS AT 6.30am, 8.30am, 10.30am, 12.30pm, 2.30pm, 4.30pm, 6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am, 4.30am

Sky Box Office 4
Channel 54
FATHER'S DAY
Comedy about two men who bump into each other while searching for a missing boy who they both think is their own son. Starring Billy Crystal and Robin Williams.
1997, rating Sky 12, 94 mins
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Monday 4 January

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
US chat show.

3.00 Jenny Jones
Chat show hosted by comedienne Jenny Jones. Today's programme features teenagers who hid their pregnancies from their families.

4.00 Guilty!
Carole Malone passes judgement on a number of crimes and misdemeanours committed by friends, families and colleagues.

5.00 Star Trek: Deep Space Nine
Progress
Major Kira Nerys opposes her government when they want to mine one of their moons. Text

6.00 Married... With Children
The Joke's On Al Text
6.30 Friends
The One Where Ross Finds Out Text

7.00 The Simpsons
Lisa the Simpson
Lisa worries about her brain. Text
7.30 The Simpsons
Margie May I Sleep With Danger? Text

8.00 Star Trek: Deep Space Nine
Waltz
Sisko is stranded on a distant planet with an increasingly disturbed Dukat.

9.00 First Wave
NEW SERIES New science fiction series about alien invasion based on the predictions of Nostradamus. Starring Sebastian Spence.

10.00 South Park
Chickenpox
10.30 Seinfeld
The Dealership
More from the celebrated US sitcom 'about nothing'. Text

11.00 Friends
The One Where Ross Finds Out Text
11.30 Earth: Final Conflict
Wrath of Achilles
Boone argues with Doors about a new resistance offensive.
12.30am Highlander: The Series
The Darkness
MacLeod begins a desperate search for Tessa after she is abducted by an Immortal serial killer.
1.30-7.00am Long Play
It's a VJ-free music zone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.30 Neighbours
7.55 EastEnders
8.30 The Bill 9.00 The Bill
9.30 The House of Eliott
10.30 Angels
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Dial M for Marmalade.

3.25 The Bill
Sisters
Suspicion regarding the manner of a woman's death.
3.55 EastEnders
More drama from the residents of Albert Square.
4.30 Angels
Soap set in St Angela's hospital. Starring Fiona Fullerton and Faith Brook.
5.00 All Creatures Great and Small
Cats and Dogs
Veterinarian drama set in the Yorkshire dales. Starring Christopher Timothy.
6.00 Dynasty
The pilot episode of the long-running soap. Blake Carrington is set to marry Krystle Jennings – a match that does not meet with everyone's approval.
7.00 May to December
Catch the Bouquet
As he and Zoe aren't talking Alec tries to say it with flowers.
7.40 It Ain't Half Hot, Mum
Puddings from Heaven
The Concert Party find themselves with a surplus of Christmas puddings.
8.20 Yes, Minister
Open Government
9.00 The Missing Postman
The conclusion of a two-part comedy drama about a postman's extraordinary journey to deliver the last letter of his career to a Mrs Taylor on the Isle of Arran. Once there he is forced to take shelter from a violent storm. Starring James Bolam and Alison Steadman.
10.40 Best of Live at Jongleurs
The best in stand-up comedy from the renowned London comedy club, featuring the best acts on the circuit.
11.45 The Bill
Dial M for Marmalade
12.15am The Bill
Sisters
12.45 Spender
Here We Go Again
1.40 The Onedin Line
The Price of Pride
2.30-2.55am Live at Jongleurs

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
2.10 LA Law
Drama series about a law firm.

3.10 The Jerry Springer Show
Outrageous talk show with frank discussions about relationships.

4.00 Michael Cole
Swingers – I'm Hot to Swap
No-holds-barred talk show in which sensational subjects are tackled by the studio audience.
4.50 Rolonda
Should I Stay or Should I Go?
Audience participation talk show from America, hosted by Rolonda Watts.
5.40 Ready, Steady, Cook
Steven Saunders and Kevin Woodford make meals from limited ingredients.
6.15 The Jerry Springer Show
Outrageous talk show with frank discussions about relationships.
7.05 Rescue 911
Stories of real-life rescues by American emergency services. Hosted by William Shatner.
7.35 Animal Rescue
Animals who rescue humans.
8.00 Murder Call
Lucy Bell stars in this Australian drama series about a squad of homicide detectives with an unconventional approach to their work.
9.00 FILM: Maid to Order
Ally Sheedy, Beverly D'Angelo, Michael Ontkean
Modern fairy tale in which a spoilt rich girl is cast out from the lap of luxury by her fairy god-mother. She is then forced to support herself by working as a maid for a Malibu couple, using such unknown contraptions as vacuum cleaners and ironing boards. *1987*
11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 The Fenn Street Gang 8.00 That's My Boy 8.30 Second Thoughts 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Watching 2.00 thirtysomething

3.00 The Love Boat
Oh Dale the Main
Opening episode of the classic comedy-drama series set aboard the luxurious *Pacific Princess* cruise liner.
4.00 The Saint
Simon And Delilah
When a temperamental film star is kidnapped The Saint finds himself involved in trying to solve the mystery.
5.00 Hawaii Five-O
Mother's Deadly Helper
A right-wing extremist embarks on a lethal crusade against what he considers laxity in law enforcement and punishment.
6.00 Emmerdale
Christopher reveals a desperate situation to Kathy.
6.30 Classic Coronation Street
Gail faces life without Brian.
7.00 Mission: Impossible
Trek
A priceless collection of Inca gold is hijacked and the IMF enters a deadly game with the terrorists to try and receive it.
8.00 The Love Boat
Oh Dale the Main
Opening episode of the classic comedy-drama series set aboard the luxurious *Pacific Princess* cruise liner.
9.00 Classic Coronation Street
9.30 The Brian Conley Show
10.00 Jokers Wild
10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Rally World
Eric Michell presents rally action from around the globe.
11.30 Car File
A celebration of the Mercedes M-Class.
12midnight 2 Wheels
Jeff Stone, Paul Johnston and Wayne Kershaw put bikes of all shapes and sizes to the test.
12.30am Motor Week
1.00 Through the Gears
1.30-2.00am 4 Wheels Good
Magazine programme aimed at the committed motoring fanatic.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear in the Big Blue House 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 Timon and Pumbaa 8.00 101 Dalmatians 8.25 Classic Toons 8.30 Hercules 9.00 Art Attack 9.15 Ned's Newt 9.30 Recess 9.45 Pepper Ann 10.00 Boy Meets World 10.30 Smart Guy 11.00 Teen Angel 11.30 Flash Forward 12noon Doug 12.30pm Dinosaurs 1.00 FILM: Enid Blyton's River of Adventure 2.20 Classic Toons 2.30 Winnie the Pooh

3.00 The Little Mermaid
Undersea adventures. Text
3.30 Timon and Pumbaa
Antics from *Lion King* duo. Text
3.45 101 Dalmatians
Canine capers. Text
4.10 Hercules
Adventures with the Greek demi-god, muscle-bound hunk and high school hero. Text
4.40 Art Attack
Innovative art show. Text
5.00 Smart Guy
TJ is baffled by one impossible puzzle – teenagers. Text
5.30 Recess
Animated series. Text
5.45 Pepper Ann Text
6.00 The Wonder Years
Triangle
Kevin falls for his brother's new girlfriend. Text
6.30 Boy Meets World
Quiz Show Text
7.00 Honey, I Shrunk the Kids
Honey, You've Got Nine Lives
Wayne worries about the misuse of virtual reality. Text
7.50 Classic Toons
8.00 FILM: Brink!
Erik Von Detton, Sam Horrigan
A young man who in-line skates for the love of it, is lured to a rival team. He is then offered sponsorship, cool kit and a chance for fame and glory – but soon he must decide whether it's truly worth it. *1998* Text
9.30 Home Improvement
Award-winning sitcom about the host of a local cable show.
10.00 Dinosaurs Text
10.30 The Wonder Years Text
11.00-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

MONDAY CONTINUES OVERLEAF...

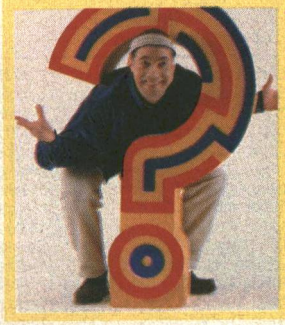
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
The Householder
Sky Cinema 8.00pm
An acclaimed comedy from James Ivory, of the film-making team Merchant Ivory. It chronicles the tribulations of a teacher whose arranged marriage is only the beginning of his problems. One of a series of films hosted by Ismail Merchant showing the team's cinematic flair.

GENERAL
Mad About You
Sky One 1.00pm
This fabulous comedy about a young New York couple (played by Paul Reiser and Oscar-winning actress Helen Hunt) starts all over again today for fans and new converts. Episode one takes us back to our young couple as newlyweds trying to maintain that honeymoon period.

ADVERTISEMENT



THE GAMES ROOM 5.00PM

Starting tonight is the brand new live show from Challenge TV. You can win big prizes throughout the night, every night in *The Games Room*. Join the team to answer teasing questions and play top interactive games.

Monday 4 January

MORNING

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM
7.30am Rally
8.00 Alpine Skiing
9.00 Nordic Combined Skiing
10.00 Alpine Skiing
11.00 Rally
11.30 Ski Jumping
1.00pm Snowboard
1.30 Snowboard
2.00 Alpine Skiing
Coverage of the Pro World Cup in Italy.

3.00 PM
3.00 Figure Skating
Featuring all the action from the traditional Figure Skating Exhibition Gala in Obertsdorf, Germany.

4.00 PM
4.00 Tennis
Another chance to see all the tennis action from the Geneva Exhibition.

5.00 PM
5.30 Bowling
Coverage of the Ten Pin Bowling Cup in Kobe. Now in its 34th year, this event is the world's most prestigious individual title in amateur bowling sport.

6.00 PM
6.30 Xtrem Sports
YOZ Mag
Magazine featuring in-line skateboarding and Wakeboarding.

7.00 PM
7.30 Xtrem Sports
Featuring the very first snowboard ride on Everest.

8.00 PM
8.30 Trial
Coverage of the Indoor World Cup in Helsinki, Finland.

9.00 PM
9.30 Rally
Fourth stage action from the Total Granada Dakar 99 rally.

10.00 PM
10.00 Boxing
Coverage of an international contest.

11.00 PM
11.00 Motorcycling
Offroad magazine action.

12.00 NIGHT TIME
12midnight-12.30am Rally
All the latest action from the Total Granada Dakar 99 rally.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am FA Football Cup Special
Repeat from Sunday
8.00 Futbol Mundial
8.30 Racing News
9.00 Aerobics Oz Style
Daily workout from down under.
9.30 Gillette World Sport Special
10.00 Scottish Football: Rangers v Celtic
11.00 Watersports World
***12noon* Aerobics Oz Style**
12.30pm What a Weekend
1.00 Football Cup Special
2.00 Spanish Football
Coverage from Spain where some of the finest players in the world compete in the prestigious Primera Liga.

4.00 Totalsport
The programme which lifts the lid on the biggest issues facing world sport.
4.30 What a Weekend
Sporting programme.
5.00 Max Power
Featuring material from around the world, including both two and four wheel motorsport. A weekly dose of truly international action.
6.00
Sky Sports Centre
Catch up with all the very latest sporting events as and when they happen.
6.30 What a Weekend
7.00 NFL
The best of the remaining Wild Card game as the NFL's top teams battle for a Super Bowl spot.

10.00
Sky Sports Centre
10.15
You're On! Sky Sports
10.45 Football League Review
All the recent Nationwide League action, including every goal scored and a look at the table-toppers.
11.45
Sky Sports Centre
12midnight
You're On Sky Sports!
12.30am
Cup Football Special
2.00 Football League Review
3.00-3.15am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

6.00am International Cricket: Australia v England – LIVE
7.00 Aerobics Oz Style
7.30 Racing News
8.00 Motorcycling: AMA Grand National Series
9.00 International Cricket: South Africa v West Indies – LIVE
11.00 International Cricket: Australia v England
11.30 International Cricket: South Africa v West Indies – LIVE
Action from the third day of the fourth Test as South Africa continue their battle against the West Indies.

4.00pm
International Cricket: Australia v England
Extended highlights from the third day's play in the fifth and final Ashes Test at the Sydney Cricket Ground. England captain Alec Stewart will hope to be in a strong position as the series nears its end. Presented by Mark Nicholas. Commentary from Bob Willis, Ian Botham and Paul Allott.
6.30 V-Max
Series giving an insight into the world of speed.
7.00 FA Cup Special – LIVE
Action featuring two teams with their sights and hearts set on a place in the final in May. The world-famous competition has produced some highly entertaining and memorable spectacles over the years. This year's run up to the big Wembley showdown promises just as much entertainment.

10.15
World Windsurfing
The latest action from the crest of the wave.
10.45 Totalsport
The programme which lifts the lid on the biggest issues facing world sport.
11.15
Sky Sports Centre
11.30 International Cricket: Australia v England – LIVE
Live action from the penultimate day of the fifth and final Ashes Test. With Mark Nicholas.
2.00am V-Max
2.30-6.00am
International Cricket: Australia v England – LIVE

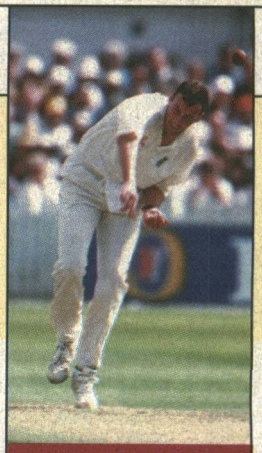
SKY SPORTS 3
PREMIUM CHANNEL

12noon Darts: World Championship 1999 – Final
Highlights from the final of the Skol World Darts Championships at The Circus Tavern in Purfleet, Essex. Presented by Sid Waddell.

3.00pm
World Windsurfing
3.30 V-Max
The series that gives an insight into the world of speed on land and water.
4.00
Motorcycling: AMA Grand National Series
Fast-paced motorcycling action as the participants rev up for the AMA Series.
5.00 Football League Review
A look at all of the action from the Nationwide League with every goal scored.
6.00 Totalsport
The programme for sporting enthusiasts.
6.30 International Cricket: South Africa v West Indies
Catch up with all the best action from day three of the fourth Test between South Africa and the West Indies as they do battle in Cape Town.

8.30
International Cricket: Australia v England
Extended highlights from the third day's play in the fifth and final Ashes Test at the Sydney Cricket Ground. England captain Alec Stewart will hope to be in a strong position as the series nears its end. Presented by Mark Nicholas. Commentary from Bob Willis, Ian Botham and Paul Allott.

11.00-11.30pm Second Innings: Alec Stewart – Auckland
England captain Alec Stewart comes under the spotlight in this episode.



England's Angus Fraser aims to bowl over the Australians in the Ashes Test. Sky Sports 3 6.00am, 11.30pm, 2.30am

MUTV
ADD-ON CHANNEL

6.00pm Game on
6.15 The Insiders
Meet those who work behind-the-scenes.
6.30 Kids Clinic
Top tips and advice.
7.00 Red Hot News
All the latest developments from Man United.
7.30 Red Legends
A journey through the Old Trafford archives.
8.00 Super Match – Premier Classic: QPR v Manchester United
Classic action featuring Manchester United's clash with Queens Park Rangers from 1993.

10.00
Talk of the Devils
Journalists debate the latest developments.
10.45
Junior Masterfan
Fast-paced, fun-packed quiz show for youngsters.
11.15 Jump 'n' Pump
Energetic aerobics show.
11.30-12midnight
Red Hot News

SCI-FI
ACTION PACK

7.30am Bloomberg Information Television 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 12.30pm The Twilight Zone 1.00 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00
Battlestar Galactica
Galactica Discovers Earth
After a 30-year search the *Battlestar Galactica* finds earth.
4.00
The Incredible Hulk
When Doctor Banner's wife dies in a car accident, he begins to experiment to increase his strength.
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

6.00 Time Trax
The Dream Team
Darien protects a streetwise priest from a futuristic killer. Starring Dale Midkiff and Elizabeth Alexander.
7.00 Quantum Leap
One Strobe Over the Line
Sam leaps into the body of a fashion photographer in an attempt to stop a model from overdosing on drugs.
8.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

9.00 PSI Factor – Chronicles of the Paranormal
UFO Duplication/ Clara's Friend
With Paul Miller.
10.00
FILM: Scanner Cop 2: Volkin's Revenge
Daniel Quinn, Patrick Kilpatrick
Sam Staziak, a scanner who possesses telepathic powers, goes on the trail of another scanner who is avenging the death of his brother. *1995*
11.45 Sci-Focus
12midnight
PSI Factor – Chronicles of the Paranormal
1.00am FILM: Zone 39
Peter Phelps, Caroline Bock
Thriller. *1993*
2.45 Sci-Focus
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
4.50 Trailblaze
5.00 The Mix
Another chance to see Friday's episode of the music show.
6.00 Bedrock
Another edition of the teenage magazine.
7.00 H_2O
Nick Knowles enjoys life on the ocean wave as he presents this sailing magazine.

7.30 NBA Action
Highlights and news from the basketball courts of America.
8.00 My Wonderful Life
Comedy drama about a single mother who attemps to juggle motherhood, her career and her love life. With Emma Wray.
8.30 Maggie Winters
Comedy with Faith Ford and Shirley Knight.
9.00 I Suppose You Think That's Funny

9.30 Babes in the Wood
London-based sitcom with Samantha Janus.
10.00 Coronation Street
Another chance to see Sunday's episode followed by this evening's news from the Mancunian soap.
11.00
Stanley Baxter in Person
Another chance to see the ITV broadcast from 31st December.
12midnight-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Dirty Talk 12.20 ..... and Muttley 12.45 FILM: Masseuse 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Diva 2.25 FILM: Teri Weigel Centrefold 3.40 Big Boobs 4.10-5.30am FILM: The Sex Sting

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Gay Night: Man Hunt 12.15am Gay Night 12.30 Gay Night: Man Hunt 12.40 Gay Night: FILM: E Males 1.55 Gay Night 2.10 Gay Night: Home Made Bad Boys 3.10 Gay Night 3.25-4.30am Gay Night: FILM: Boy Three

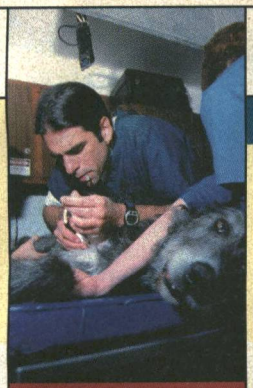
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Backstage
An American singer seeks a serious career as an actress.
9.30 FILM: The Great Bikini Off-Road Adventure
An off-road jeep adventure company employs a group of sexy bikini clad women to help save their business.
11.05-12midnight
Working Girls

Monday 4 January



Dr Dan Steinheimer operates on a dog in 'Emergency Vets'. Animal Planet 9.30pm, 11.30pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Crosswits
Hosted by Tom O'Connor.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Max Bygraves.
6.30
The Games Room
6.45 Catchphrase
7.15
The Games Room
7.30 100 Per Cent
Three contestants aim to answer 100 general knowledge questions.
8.00
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges.
9.00
The Games Room
9.15 Strike it Lucky
Fast-action gameshow.
9.45
The Games Room
10.00 Endurance UK
Tormenting and tortuous gameshow.
10.30 The Cooler
Donna Air trawls through the trendy world of trash.
11.00
Carnal Knowledge
Contestants reveal more of their most intimate secrets. hosted by Graham Norton and Maria McErlane.
12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Endurance UK 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Shopping with Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion Show 2.00 Judge Judy 2.30 Canary Wharf 2.45 BodyHeat
3.00 Agony
More relationship advice for troubled souls.
3.30 Lie Detector
Uncovering deceit the modern way.
4.00
Indecent Proposals
Dishing out cash to bribe people into making fools of themselves.
4.30 Judge Judy
5.00 Agony
Answers to moral dilemmas.
5.30 The Why Files
Psychic investigations from across the country.
6.00
The Fashion Show
6.30
Indecent Proposals
Members of the public embarrass themselves.
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
The show that offers advice for troubled souls.
8.00 The Why Files
Psychic investigations from across the country.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Women's Wrestling
Action from the ring.
9.57 Topless Darts
More sharp and shapely throwing.
10.00
Hollywood Uncovered
A behind-the-scenes look at the multi-million dollar skin flick industry.
10.30 Exotica Erotica
11.30 Blue Review
11.45 Painted Ladies
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Janeycam 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
ACTION PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food 10.00 Restaurant Show 10.30 Worral Thompson Cooks 11.00 What's Cooking? 11.30 Kitchen College 12noon Network 12.30pm Winter Nosh 1.00 Food for Thought 1.30 Real Cooks 2.00 Hong Kong 2.30 Food Network 3.00 Slice of Life 3.30 Coxon's Kitchen College 4.00 Vin Ordinaire 4.30-5.00pm An Umbrian Kitchen

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.
6.00 London Bridge
The verdict is announced, and Lucy cannot bring herself to forgive Jed.
6.30 Rising Damp
Last of the Big Spenders
7.00 Boon
Arms and the Dog
Ken and Harry are on the trail of an amateur boxer who goes missing from the army.
8.00
Birds of a Feather
Non-Starter
8.30
The 10 Percenters
A Small Package
9.00 The Ruth Rendell Mysteries: A New Lease of Death
Stars George Baker, Christopher Ravenscroft and Diane Keen.
10.00 Big Sky
Searching for You
Jimbo and Shay try to help a distraught woman who appears to be a victim of domestic violence.
11.00
Ground Force
Presented by Alan Titchmarsh.

12midnight Rising Damp
Last of the Spenders
Alan and Philip are puzzled when items of expensive looking, trendy furniture suddenly appear.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon Animal X 12.30pm Ocean Wilds 1.00 Nature Watch with Julian Pettifer 1.30 Australia Wild
Hello Possums
2.00 It's a Vet's Life 2.30 Human/Nature
Olivia Newton-John observes Alaskan grizzly bears, and Simon Reeve witnesses the awe-inspiring strength of the cheetah. Plus why some rats are held to be sacred in India.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00 Jack Hanna's Zoo Life
Columbus Zoo, Ohio
Bringing pandas to Colombus Zoo.
4.30 Animal Doctor
5.00 Pet Rescue
5.30 Australia Wild
Cat Wars
Reports on the domestic cats which are threatening native wildlife.
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
Poster Pup
7.00 Rediscovery of the World: New Zealand: Part I
The Rose and the Dragon
Cousteau and his intrepid team discover the kiwi.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Going Wild with Jeff Corwin
Los Angeles NEW SERIES
9.00 Wild at Heart
South African Elephant
Discover the world of the endangered South African elephant.
9.30 Emergency Vets
10.00 Tiger Hunt: The Elusive Sumatran
Documents the rare Sumatran tiger, captured on film in its natural habitat.

11.00
Breed All About it
Border Collies
A profile of the breed.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 8.35 Children's Hospital – Special Edition 9.30 Esther 10.00 Airport 10.30 Jobs for the Girls 11.30 Driving School 12noon Tomorrow's World Plus 1.00pm Crime Limited 1.30 The Great Egg Race 2.00 Life Stories 2.30 999 Lifesavers
3.00 Animal Hospital
Catch up with the stories from the RSPCA hospital.
3.35
The Cruise Special: Jane Ties the Knot
An invitation to see Yorkshire singer Jane McDonald, from the original series, get married.
4.30 Esther
More unique stories.
5.00 The Cruise
Let the Dream Begin
Behind the scenes aboard the cruise ship *Galaxy*.
5.30 Future Fantastic
A glimpse into the future.
6.00
Mother of All Battles
The facts about the Battle of Kursk revealed through recently discovered documents.
7.00 The Man Who Lost His Body
The remarkable case of a man whose nervous system was virtually destroyed by a virus.
8.00 Scorpion
8.30 The Velvet Claw
The Carnassial Connection
The dramatic story of the evolutionary rise of the carnivores.
9.00 Hunt for the Doomsday Asteroid
Report on fears about the giant rocks orbiting the sun which are on a potential collision course with earth.
10.00
Children's Hospital – Special Edition
10.30 Hollywood Men
The spotlight turns on the men of Tinseltown, where appearance is the passport to sex and success.
11.30 Top Gear GTi
Testing the latest models and casting an eye over the hottest motoring news.
12.30am-1.00am
Crime Limited
Presented by Nick Ross.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 Healthbeat 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Good Housekeeping Show 11.30 Gorgeous Gardens 12noon Club Vegetarian 12.30pm Healthbeat 1.00 Livetime 2.00 The View
3.00 Livetime with Julie Goodyear MBE
Daily magazine show with co-host Eammon O'Neal.
4.00
More Calories, Please
An array of forbidden food is on the menu.
4.30
Gorgeous Gardens
5.00-6.00pm Sally Jessy Raphael
American talk show in which guests engage in lively debates.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Kangaroo Questions
Opinions differ over the controlled harvesting of a national symbol.
7.30 Amazon Bronze
8.00
Proboscis Monkeys
Borneo is home to one of the most unusual, ugly and definitely the largest monkeys in the world.
9.00 India in Focus: Spunky Monkey
Surviving as an urban animal.
9.30 India in Focus: Tiger's Eye
10.00
Lost Worlds: Mystery Tomb of Abusir
10.30
Lost Worlds: Mystery of the Inca Mummy
11.00 Lost Worlds: The City of Gold and How to Get There
Follows the trail of Sir Walter Raleigh, who went in search of Eldorado.
12midnight-1.00am
On the Edge: The Last Wild River Ride
A river raft descent down Ethiopia's Tekeze River, 25 years after it was first attempted.

MTV
MUSIC & GAMES PACK

6.00am Kickstart 9.00 Mad for Hits 2.00pm US Top 20 3.00 Bytesize MTV
MTV's fast cut window on the world of music TV serves up the best clips from MTVs around the world.
4.00 Select MTV 6.00 Real World Seattle 6.30 Say What?
Show for the music junkie who doesn't want to miss a lyric.
7.00 Non-Stop Hits 8.00 Hitlist UK 9.00 Bytesize MTV 10.00 Real World 10.30 UK Singled Out
The most outrageous and provocative dating show, hosted by Sarah Cawood and Richard Blackwood.
11.00 Non-Stop Hits
12midnight Superock
The show that takes an ironic look at rock excess.
2.00am Real World 2.30 UK Singled Out 3.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best 1.00pm Greatest Hits of... En Vogue NEW 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour 7.00 VH1 Hits 8.00 Album Chart 9.00 Bob Mills' Big 80s 10.00 Ed Sullivan's Rock'N'Roll Classics 10.30 Greatest Hits of... Crowded House 11.00 VH1 New Year's Honours 12midnight VH1 Country NEW 1.00am Storytellers 2.00-6.00am Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Caprice 12.30pm Flying Sofa 1.00 Holiday Maker 1.30 Food Lovers' Guide to Australia 2.00 Flavours: Italy 2.30 Secrets of India 3.00 Orinoco 4.00 Go Greece 4.30 Across Line 5.00 Amazing Races 5.30 People & Places of Africa 6.00 Food Lovers' Guide to Australia 6.30 On Tour 7.00 Caprice 7.30 Flying Sofa 8.00 Travel Live 8.30 Go Greece 9.00 Orinoco 10.00 Secrets of India 10.30 Across Line 11.00 On Tour 11.30-12midnight People & Places of Africa

UK STYLE
LIFESTYLE PACK

7.00am All the Right Moves 7.30 Style Challenge 8.00 Ready, Steady, Cook 8.30 All Over the Shop 9.00 Ready, Steady, Cook 9.30 Change That 10.00 Antiques Roadshow 11.00 Ground Force 11.30 The Terrace 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Gluck, Gluck, Gluck 2.30 The Flower Show 3.00 Stefan's Garden Roadshow 3.30 Can Ski... Will Ski! 4.00 The House Detectives 4.30 Antiques Roadshow 5.30 All Over the Shop 6.00 Off the Beaten Track 6.30 Wilderness Walks 7.00 Rough Guide to the World 8.00 Style Challenge 8.30 Change That 9.00 Delia Smith's Winter Collection 9.30 Celebrity Ready, Steady, Cook 10.00 Antiques Roadshow 11.00 Ground Force 11.30 Growing Places 12midnight Stefan's Garden Roadshow 12.30am-1.00am Travel Xpress

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Monday 4 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 Painted House 8.00 Wedding Story NEW SERIES 8.30 A Baby Story NEW SERIES 9.00 Simply Painting 9.25 Home and Leisure 9.30 Garden Rescue NEW SERIES 10.00 Garden Doctors 10.30 Cookabout 11.00 Two's Country NEW SERIES 11.30 Rex Hunt 12noon Home Improvements 12.30pm Doing It Up 1.00 Our House 1.30 Hometime 2.00 Wood Wizard NEW SERIES 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

DISCOVERY
WORLD PACK

3.00 PM

4.00pm Rex Hunt's Fishing Adventures
Rex tries to catch elephant fish in Westernport.
4.30 Walker's World
Costa Rica
5.00 Connections 2 by James Burke
One Word
5.30 Jurassica
Dino Diets
Exploring dinosaur myths.
6.00 Animal Doctor
Follow RSPCA vets as they respond to reports of animal cruelty.
6.30 Hunters
Crawling Kingdom
Documentary on the crawling kingdom of insects and spiders.
7.30 Beyond 2000
The latest innovations in the world of technology.
8.00 Twisted Tales
Bat NEW SERIES
8.30 The Supernatural
God Bear of Kamchatka
A focus on the largest predators on earth.
9.00 Storm Force
Hurricanes NEW SERIES
Examining hurricanes with footage of the 1997 hurricane which wreaked havoc in Guam.
10.00 Fire
Dramatic and visually explosive study of one of the most powerful adversaries known to humanity.
11.00 Air Power
Air to Ground
A comprehensive look at modern air power and the increasing importance of helicopters in warfare.
12midnight Jaws in the Med
A British researcher has studied Mediterranean sharks for six years.
1.00am Connections 2 by James Burke
One Word
1.30-2.00am Ancient Warriors

NIGHT TIME

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruitties 6.30 Tabaluga 7.00 Power Puff Girls 7.30 Dexter's Laboratory 8.00 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 New Fred and Barney 9.30 Dexter's Laboratory 10.00 Cow and Chicken 10.30 Johnny Bravo 11.00 Animaniacs 11.30 Beetlejuice 12noon Tom and Jerry 12.15pm Bugs and Daffy 12.30 Road Runner 12.45 Sylvester and Tweety 1.00 Popeye 1.30 Droopy 2.00 Addams Family 2.30 Jetsons

3.00 Taz-Mania
Devilish antics.
3.30 Scooby and Scrappy-Doo
Another dose of canine crime busting.
4.00 Power Puff Girls
Cute crime fighting.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 I Am Weasel
More from the nice weasel.
5.30 Cow and Chicken
More antics with the peculiar siblings.
6.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Batman
More caped crusading from Gotham City.
7.30 Mask
Animation based on the hit movie.
8.00 Scooby-Doo – Where are You?
Canine crime busting.
8.30-9.00pm Beetlejuice

Charles Hodson takes a look at the latest news in 'World Business Today'. CNN 7.30pm

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 CatDog 7.30 The Wild Thornberry 8.00 Rugrats 8.30 Arthur 9.00 Children's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/The Little Helicopter/ Animal Antics/ Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Banana's in Pyjamas 1.30 Little Bear Stories 2.00 Clangers/King Rollo/Wombles/ Bod 2.30 Children's BBC on Nickelodeon

3.00 Children's BBC on Nickelodeon
More classic animation from the archives.
3.30 Pippi Longstocking
4.00 Hey Arnold!
Adventures with the kid with the cool quiff.
4.30 Rugrats
More trouble and strife with the terrible toddlers.
5.00 Sister Sister
Domestic disharmony with Tia and Tamera.
5.30 Kenan & Kel

6.00 Sabrina
6.30-7.00 Driven Crazy NEW SERIES

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy following the life of a Beverly Hills teenager.
7.30 Desmond's
8.00 Roseanne
Homeward Bound
Darlene makes an unannounced visit home.
8.30 Just Shoot Me
Nina's Bikini
9.00 Cybill
Cybill in the Morning
Cybill is the new co-host on a morning talk show.
9.30 Seinfeld
The Boyfriend – Part II
10.00 Frasier
Our Father Whose Art Ain't Heaven
10.30 Cheers
Never Love a Goalie – Part II
11.00 Festival of Fun 1
Stand-up from the Just For Laughs festival.
11.30 The Larry Sanders Show
The Breakdown – Part II
12midnight Late Night with David Letterman
1.00am Taxi
Sitcom with Danny DeVito.
1.30 The Critic
2.00 Dr Katz
2.30 Soap
3.00 Wings
3.30-4.00am Nightstand

FOX KIDS
FAMILY PACK

6.00am Power Rangers Turbo 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong 8.00 Goosebumps 8.25 Sam and Max 8.35 Spider-Man 9.00 X-Men 9.25 Fantastic Four 9.50 Incredible Hulk 10.15 Casper 10.30 Oggy 10.55 Mouse and the Monster 11.05 Eek!Stravaganza 11.30 Life with Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.50 Spider-Man 2.15 X-Men 2.40 Fantastic Four

3.05 The Incredible Hulk
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
The warriors do battle.
4.00 Spiderman
Crime-fighting adventures.
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
5.00 Goosebumps
5.25 Eerie Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong Country
Adventure in Congo Bongo.
6.25 Sam and Max
6.50-7.00pm Eek!Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection! 7.00 Bargain Shop! 7.30 Dimanti Designs 8.30 Dress for Less 9.30 Fashion by Design 10.00 Y-Zone 11.00 Silversmith 12noon Global Cuisine 1.00pm Bargain Shop! 2.00 Shop Selection! 3.00 The Clothes Line 4.00 On Screen 5.00 Shop Selection! 6.00 Jewellery Box
Great offers from Shop!'s range of quality jewellery.
7.00 The Early Years
Essentials for mums of babies and toddlers.
8.00 Showcase
A range of exquisite ornaments.
9.00 The Clothes Line
Coats and jackets to suit every woman.
10.00 In the Kitchen with Susan Brookes
Equipment for aspiring cooks.
11.00 Spotlight on Sports 12midnight Bargain Shop! 1.00am Shop Selection! 2.00 Do It Yourself!! 2.30 On Screen 3.30 Junior Choice 4.30 Jewellery Box 5.30-6.00am Shop Selection!

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 7.00 News 8.00 News 9.00 News 9.30 The World Today 10.00 News 12noon News 1.30 UK Today 2.00 News 2.30 The World Today 3.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 UK Direct 5.00-5.30am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.30 Managing 7.30 Sport 8.30 Showbiz 9.00 Time 10.30 Sport 11.30 Biz Asia 12.30pm Pinnacle Europe 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Artclub 5.00 Time 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline Newshour 12.30am Showbiz 1.15 Asian Edition 1.30 Q&A 2.00 Larry King Live 4.15 American Edition 4.30-5.00am Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 CBS Evening News 5.30-6.00am The Book Show

INTERNATIONAL

TV5 5.00am Journal 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 7.30 Le Journal du Temps 7.35 Quatre et Demi 8.00 Minutes 8.05 Magazine 9.00 Minutes 9.05 Reflets 10.00 Minutes 10.05 Zig Zag Café 11.00 Minutes 11.05 Voilà Paris 11.33 Journal 11.55 Le Journal du Temps 12noon Dieu a Choisi Paris 1.30pm Grands Gourmands 2.00 Journal 2.15 Fais toi Bal ce Soir 3.15 Voilà Paris 3.45 Bus et Compagnie 4.30 Minutes 4.35 Pyramide 5.00 Questions pour un Champion 5.30 Journal 6.00 Voilà Paris! 6.25 Un Livre, un Jour 6.30 Journal 7.00 Envoyé Spécial 9.00 Journal 9.30 Kiosque 10.30 Magazine 11.15 French Focus 11.25 Le Journal du Temps 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Phanda 4.30 Lahu Ke Phool 5.00 Inspector Vijay 5.30 Uran Chadini 6.00 Tiger 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Swabimaan 12.30am A Mouthful of Sky 1.00 FILM 4.00 Inspector Vijay 4.30 Uran Chandini 5.00 Aashiana 6.00 Bhakti Sagar 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Your Zindagi 6.30 Geet Gata Chal 7.00 Faith 7.30 Daily News 8.00 Ru-Ba-Ru 8.30 Sailaab 9.00 Jaan 9.30 Mujhe Chaand Chahiye 10.00 Pal-do-Pal 11.00 Jhat Pat Khana 11.30 Parampara 12noon FILM: Apna Desh 3.00pm Zee Bangla 3.30 Ikke Pe Ikka 4.00 Campus 4.30 Quiz 5.00 Daastan 5.30 Chahat Aur Nafrat 6.00 Music Mag 6.30 Teacher 7.00 Ghar Jamai 7.30 Filmi Baatein 8.00 News 8.30 Gumrah 9.00 Ktc Sa Re Ga Ma 10.00 Big Debate 11.00 Shapath 11.30 Blunt TV 12midnight News 12.30am Aap Ki Adalat 1.00 Zee Bangla 1.30 Raahat 2.00 FILM: Veera 4.30 Ebar Jombe Mowja 5.00 Punjabi Folk Songs 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Money Matters 4.45 John Avanzini 5.00 Billy Joe Dougherty 5.30 Jack Van Impe Presents 6.00 Jerry Savelle/Heart Connection 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is your Day – Benny Hinn 8.15 Money Matters 8.30 Catch the Fire 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Power of Praise 10.30 A Call to Prayer 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports every half hour, plus: 2.15am Bloomberg Money 3.19 Clips 4.24 Sports 4.49am Ask IFA

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

Parliament in Recess.

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road 11.30 Emmerdale Farm 12noon Emmerdale Farm 12.30pm As the World Turns
Carly goes on a spending spree, infuriating Barbara.
1.15 Albion Market 1.45 Guiding Light 2.30 Take the High Road 3.00 Emmerdale Farm 3.30-4.00pm Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm World at War: A New Germany
A look at the rise of Adolf Hitler and his National Socialist Party in the Thirties.
5.00 Rockets: First Step to the Stars
The evolution of the rocket.
6.00 Mummies: Hieroglyphs 7.00-8.00pm Napoleon Bonapart: The Glory of France
A look at the influential commander.

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries 11.30 Sky Destinations 12noon Travels with Chuck Henry 12.30pm Getaway 1.00 Around the World 1.30 Holiday Reflections
Singapore
2.00 Travel Tips
Madrid and Costa del Sol
3.00 Around the World 3.30-4.00pm Earth Journeys
Wilderness Adventures

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 3.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

SEND NO MONEY NOW!

AS SEEN ON TV

SAND, CAT HAIRS, DUST, AND EVEN DUST MITES, NOTHING GETS BY MY 8½-POUND ORECK XL.

The favourite vacuum of thousands of hotels and more than 1 million professional and private users. Now you can use the incredibly powerful Oreck XL vacuum, with its special top-fill design, to clean your own home better than ever before.

Take the Oreck Challenge. We'll let you try the Oreck XL risk free for 15 days. There's no obligation.

The Oreck XL's 5-Stage Hypo-Allergenic Filtration System effectively traps particles as small as 0.1 micron. There's virtually no after dust.

It's the lightest full-size vacuum available. It weighs 8½-pounds. So vacuuming stairs is easy. Its powerful pile-lifting roller brushes revolve at an incredible 6,500 rpm to remove the deepest embedded dirt.

The Oreck Helping Hand® handle is orthopaedically designed so there's no need to squeeze your hand or bend your wrist. It's the favourite vacuum of those who suffer from hand or wrist problems.

The Exclusive Microsweep® gets bare floors super clean, without manual adjustments or any hoses or attachments to crack or break.

A full 10-year guarantee against breakage or burnout of the housing. Plus a full 3-year warranty on the Oreck XL, Xtended Life, motor.

FREE WITH PURCHASE

SUPER POWERFUL COMPACT CANISTER

For everything above the floor.

This 4-lb. dynamo has the cleaning power of a heavy industrial machine. Hand holdable or shoulder-worn, it cleans under refrigerators ... car seats ... bookshelves ...13-foot ceilings ... high corners ... curtains ... blinds ... even typewriter, computer and piano keys. Complete with 9 accessories. It's yours FREE when you purchase an ORECK XL Upright.

So powerful it lifts a 16-lb. bowling ball!

TAKE THE ORECK CHALLENGE

Phone FREE on 0800 684 684 ext. 2097 for FREE 15 Day No Risk trial

The supplier of this product is Salestrac Ltd. as an agent for Oreck Corporation, Cowley Bridge Road, Exeter, Devon EX4 5HQ.

SEND NO MONEY NOW! POST COUPON TODAY.

- ☐ YES please call me to arrange a FREE 15-day home trial of the ORECK XL.
- ☐ YES I want to learn how I can get my home ORECK clean. Please send me a FREE information pack without cost or obligation. I understand I will receive absolutely FREE an Oreck Super Compact Canister with the purchase of the ORECK XL vacuum cleaner.
- ☐ Also include details of ORECK's 12-month Payment Plan. No Interest or Finance Charge.

2097

Name _____

Address _____

_____

Postcode _____

Tel: Day _____ Eve: _____

Please return this coupon to Oreck Corporation, FREEPOST (EX151), Exeter EX1 1AZ.
We'll pay the postage – you do not need a stamp.
Send no money now. No obligation. No sales person will visit.

Right to refuse application reserved. For credit purposes we may consult the files of a Credit Reference Agency who may record the search. If you do not wish to receive further special offers from companies we recommend, please tick the box ☐. Calls may be monitored for quality assurance.

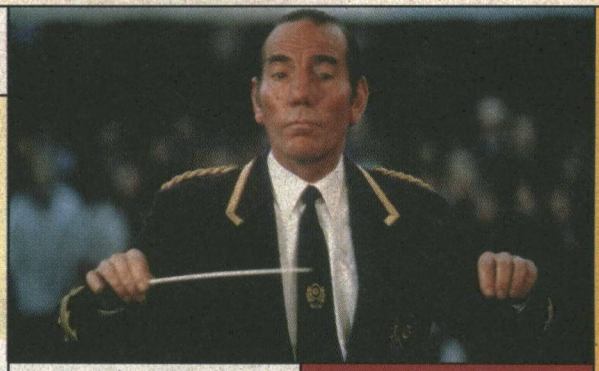
Tuesday 5 January

SKY PREMIER
PREMIUM CHANNEL

6.00am Picture Perfect
PREMIERE Family comedy. *1995, rating Sky U, 87 mins*
7.45 Moby Dick
Patrick Stewart, Henry Thomas
Text *1997, rating Sky PG, 144 mins*
10.15 The Long Walk Home
Whoopi Goldberg, Sissy Spacek
1990, rating Sky PG, 92 mins
12.15pm The Directors
The Films of Ron Howard
1.15 Hollywood Buzz
1.50 The Fifth Element
Bruce Willis, Milla Jovovich
Sci-fi adventure in which a cab driver finds himself the protector of a girl sent to save the universe. *1997, rating Sky PG, 121 mins*
3.55 Picture Perfect
Richard Kam, Dave Thomas, Mary Page Keller
Family comedy in which two children enter a competition to find the perfect family by super-imposing pictures onto a photograph. When they win, they commandeer their father and neighbour in a bid to pull off the hoax. *1995, rating Sky U, 87 mins*
5.30 Moby Dick
Patrick Stewart, Henry Thomas, Ted Levine, Gregory Peck
Epic adventure tale in which the obsessive Captain Ahab's determination to defeat his nemesis, a great white whale, brings his ship's crew into serious danger. The one-legged Ahab, whose other limb was torn off by the vicious whale goes to extreme lengths to track him down. Text *1997, rating Sky PG, 144 mins*
8.00 The Fifth Element
Bruce Willis, Gary Oldman, Milla Jovovich, Ian Holm
Sci-fi adventure in which a cab driver in the 23rd century finds himself the protector of a beautiful young woman. She is the 'Fifth Element', a being who represents all that is good, and the safety of the universe depends on her. *1997, rating Sky PG, 121 mins*
10.00
Last Man Standing
Bruce Willis, Christopher Walken
Western set in the prohibition era. John Smith is a laid back, but much feared, gun-for-hire who cruises into the Texan bordertown of Jericho. *1996, rating Sky 18, 97 mins*
11.45 Another 48 Hrs
Nick Nolte, Eddie Murphy
Thriller in which a cop has 48 hours to solve a case. *1990, rating Sky 18, DS, 91 mins*
1.20am Blood and Wine
Jack Nicholson, Michael Caine
Action-packed thriller. Text *1996, rating Sky 15, 97 mins*
3.00 Carriers
1997, rating Sky 12, 89 mins
4.35-5.35am The Directors

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am 3 Women
1977, rating Sky PG, 119 mins
9.00 Reckless Nights
Donna Bullock, Matt McCoy
1997, rating Sky PG, 85 mins
11.00 For Hope
Polly Bergen
1996, rating Sky PG, 92 mins
1.00pm The Kid
Rod Steiger, Jeff Saumier
PREMIERE Boxing drama.
1997, rating Sky PG, 86 mins
3.00 Reckless Nights
Donna Bullock, Matt McCoy, Teddi Siddall, Bonnie Root
Emotional drama in which a teenage girl finds refuge from domestic turmoil in drink when her parents separate. She swiftly becomes an alcoholic and matters go from bad to worse when she kills her friend while driving under the influence. *1997, rating Sky PG, 85 mins*
5.00 3 Women
Sissy Spacek, Shelley Duvall, Janice Rule, Robert Fortier
Drama directed by Robert Altman. A strange young girl gets a job in a convalescent home and becomes unnaturally attached to her co-worker. After an accident, the two women temporarily swap personality then revert back to normal. *1977, rating Sky PG, 119 mins*
7.00 The Kid
Rod Steiger, Jeff Saumier, Ray Aranha
Boxing drama in which a young man has a bright future in the ring ahead of him. Unfortunately, his parents do not approve, so he has to keep his career a secret. When his rival realises this, he uses it to his advantage with violent consequences. *1997, rating Sky PG, 86 mins*
9.00 Rattled
William Katt, Shanna Reed
Action movie. An architect finds his fear of snakes is tested when his latest development project drives hundreds of deadly rattlesnakes out of their natural habitat and into the local community. The creatures are aggressive, hungry and looking for a new habitat. *1996, rating Sky 12, 86 mins*
11.00 Fast Money
Yancy Butler, Matt McCoy, John Ashton, Trevor Goddard
Action movie in which a thief and a reporter try their hand at forgery. *1995, rating Sky 18, 88 mins*
12.35am The Fiance
William R Moses, Lysette Anthony
PREMIERE Thriller.
1997, rating Sky 18, 90 mins
2.10 Fandango
1984, rating Sky 15, 87 mins
3.40 See No Evil, Hear No Evil
1989, rating Sky 15, 98 mins
5.25-7.00am For Hope
1996, rating Sky PG, 92 mins



Pete Postlethwaite conducts the band in the comedy 'Brassed Off'. FilmFour 8.00pm

SKY CINEMA
PREMIUM CHANNEL

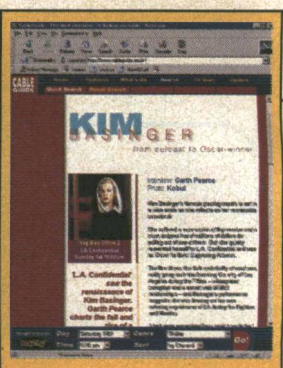
4.00pm 3.10 to Yuma
Glenn Ford, Van Heflin, Felicia Farr, Leora Dana
Classic Western in which a farmer agrees to look after a notorious outlaw until the train comes to take him to jail. The criminal turns out to be tougher to handle than he bargained for, however, and the tension mounts as the 3.10 approaches. *1957, rating Sky PG, 88 mins*
6.00
Buck Privates Come Home
Bud Abbott, Lou Costello, Tom Brown, Joan Fulton
Abbott and Costello comedy which sees the pair returning from the army and getting involved with an orphan who wants to come to America. *1947, rating Sky U, 81 mins*
8.00 The Strange Affair of Uncle Harry
George Sanders, Ella Raines, Geraldine Fitzgerald
Drama in which a bachelor leads a life of quiet misery living with his selfish sisters. When he starts to develop a relationship with a new colleague, he finds his desires thwarted by his siblings, prompting him to extreme action. *1945, 80 mins*
10.00 100 Years ... 100 Movies: Against the Grain
A look at the all-American hero.
10.55
Dirty Mary, Crazy Larry
Peter Fonda, Susan George, Adam Roarke, Vic Morrow
Off-beat chase drama in which a racing driver and his carefree partner hit the road, after robbing a supermarket. and scrape through a series of escapades. *1974, rating Sky 15, 89 mins*
12.30am The Eighth Day
Daniel Auteuil, Pascal Duquenne
1996, rating Sky PG, 113 mins
2.30 The Two-Headed Spy
1958, rating Sky PG, 90 mins
4.05-5.30am Days of Glory
1944, rating Sky 12, 82 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm 36 Hours
James Garner, Rod Taylor Eva Marie Saint, Werner Peters Alan Napier, Celia Lovsky
With D-Day approaching, an American officer, who knows every detail of the Allied invasion, is captured by the Germans. Waking up in hospital, he is apparently back in America in 1950 suffering from amnesia. But is it all an elaborate hoax? *1964, 115 mins*
11.15 The Asphalt Jungle
Sterling Hayden, Louis Calhern Jean Hagen, Marilyn Monroe
Classic drama about an ex-con's attempt to pull off one last heist with the help of a crooked lawyer. *1950, 108 mins*
1.30am
The Biggest Bundle of Them All
Raquel Welch, Edward G Robinson
Comedy crime caper.
1968, 104 mins
3.30-5.00am The Petrified Forest
Drama. *1936, 83 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Boudou Saved from Drowning
Michel Simon, Charles Granval, Marcelle Hania
The story of Boudou, an itinerant tramp, who is rescued from drowning and given shelter by middle-class bookseller Lestingois. A classic fable of the clash between freedom of spirit and 'established' principles. In French with subtitles. *1932, 87 mins*
8.00 Brassed Off
Ewan McGregor, Tara Fitzgerald Pete Postlethwaite Stephen Tompkins
Tragi-comic tale tracing the fortunes of a colliery brass band in a small village. The pit has been closed and all that remains is the dole and pride in the band that's trying to make its way to the championship finals in London. *1996, 109 mins*
10.00 The Crow
Brandon Lee, Ernie Hudson Michael Wincott, Rochell Davies
Atmospheric horror story about a rock musician coming back from the grave to wreak vengeance on the gang members who killed him. The film gained a macabre notoriety when it's star was accidentally killed during the film's making. Directed by Alex Proyas. *1994, 100 mins*
12midnight Le Petit Soldat
Michel Subor, Anna Karina
Political drama about the struggle over Algeria. *1960, 88 mins*
1.35am Nell
Drama *1994, 108 mins*
3.30-6.00am Blue Sky
Drama *1994, rating, 97 mins*

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
FACE/OFF
John Woo-directed action thriller. An FBI agent goes undercover by having a terrorist's face grafted on to his own and becomes trapped in his new identity. Starring John Travolta and Nicolas Cage. *1997, rating Sky 18, 133 mins*
PLAYS AT 12midnight, 2.30am

Sky Box Office 2
Channel 52
HOME ALONE 3
Family comedy sequel in which a pre-teenage boy is left alone to deal with foreign spies who are searching for a stolen computer chip. Starring Alex D Linz. *1997, rating Sky PG, 98 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
GEORGE OF THE JUNGLE
Chaotic comedy starring Brendan Fraser, John Cleese and Leslie Mann. *1997, rating Sky U, 87 mins*
PLAYS AT 10.30am, 12.30pm, 2.30pm, 4.30pm, 6.30pm, 8.30pm, 10.30pm, 12.30am, 2.30am, 4.30am

Sky Box Office 4
Channel 54
FATHER'S DAY
Comedy about two men who bump into each other while searching for a missing boy who they both think is their own son. Starring Billy Crystal and Robin Williams. *1997, rating Sky 12, 94 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You
1.30 Jeopardy
2.00 Sally Jessy Raphael
I Need The Help of a Private Eye

3.00 Jenny Jones
Paternity Tests: Who's The Father Of My Baby?
Mothers have their doubts laid to rest when tests reveal the identity of their babies' fathers.
4.00 Guilty!
The courtroom is in session and Carole Malone is ready to pass sentence – from the light-hearted to the heavy-handed, depending on the accused's level of guilt!
5.00 Star Trek: Deep Space Nine
If Wishes Were Horses
The fantasies of the DS9 crew are brought to life. O'Brien finds himself in a fairytale. Text
6.00 Married ... With Children
Twisted
A tornado is approaching. Text
6.30 Dream Team
Coates contemplates drinking.
7.00 The Simpsons
Grade School Confidential
Bart blackmails his teachers. Text
7.30 The Simpsons
Girlie Edition
Bart attempts to upstage Lisa. Text
8.00 Rescue Medics
An incisive real-life documentary series taking a look at the emergency services.
8.30 Coppers
Fly-on-the-wall documentary.
9.00 World's Wildest Police Videos
This special feature captures on film the insanity of criminal behaviour and the determination of dedicated police officers.
10.00 Greece Uncovered
Hot on the heels of Ibiza Uncovered and Caribbean Uncovered comes this sizzling series set on the sun-kissed Greek islands of Mykonos .
11.00 Dream Team
Coates contemplates drinking.
11.30 Earth: Final Conflict
The Devil You Know
Da'an is presented a devise which can cause havoc by destroying computer systems.
12.30am Highlander: The Series
An Eye for an Eye
MacLeod reignites a romantic relationship with an Immortal who is also intent on killing Richie.
1.30-7.00am Long Play
It's a VJ-free music zone with something for everyone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill 9.00 The Bill
9.30 The House of Eliott
10.30 Angels
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Flesh and Blood
A baby dies the night his parents celebrate their anniversary.

3.25 The Bill
Parklife
A chemist is burgled.
3.55 EastEnders
More compelling drama from the residents of Albert Square.
4.30 Angels
Medical drama set in St Angela's hospital. Starring Fiona Fullerton and Faith Brook.
5.00 All Creatures Great and Small
Attendant Problems
Disturbing events take place when a flock of sheep is worried by a stray dog at lambing time.
6.00 Dynasty
The pilot episode of the American soap continues. With John Forsythe, Linda Evans, Pamela Sue Martin, Bo Hopkins, Katy Kurtzman and Dale Robertson.
7.00 May to December
Anton Rogers
Sitcom about the love between a young woman and a fiftysomething man.
7.40 It Ain't Half Hot, Mum
The Superstar
8.20 Yes, Minister
The Official Visit
Sitcom about a British government minister. With Nigel Hawthorne and Paul Eddington.
9.00 Red Dwarf IV
Justice
The crew of the *Red Dwarf* find themselves on Justice World.
9.40 This Life
Milly Liar
Drama series about the lives and loves of a group of young house-sharing professionals.
10.30 NYPD Blue
Serge, the Concierge
American police drama series. Kelly suspects that a hotel owner enlisted her concierge to kill her husband. Sipowicz's son Andy is mistaken for someone else and arrested.
11.40 The Bill
Flesh and Blood
12.10am The Bill
Parklife
12.40 Spender
Fly by Night
1.40 Backup
2.35-3.00am Live at Jongleurs

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
2.10 LA Law
Life in a large Los Angeles law firm.

3.10
The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in lively discussion.

4.00 Michael Cole
The Real Full Monty
The one-time director of public affairs for Harrods tackles sensational subjects.
4.50 Rolonda
All I Want is One More Night with You
Audience participation talk show.
5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which top chefs create recipes from mystery ingredients.
6.15
The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in lively discussion.
7.05 Rescue 911
Stories of real-life rescues by American emergency services. Hosted by William Shatner.
7.35 Animal Rescue
More pets in distress are saved.
8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.
9.00
FILM: Choices of the Heart
Melissa Gilbert
Martin Sheen, Mike Farrell
Rene Enriquez, Pamela Bellwood
True story in which a young woman, Donovan, becomes a lay missionary in El Salvador, giving up her family and leaving behind a materialistic life for the chance to work for human rights causes. *1983*
11.00-12midnight
Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 The Fenn Street Gang 8.00 That's My Boy 8.30 Second Thoughts 9.00 Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Watching 2.00 thirtysomething

3.00 The Love Boat
Ex Plus Y
Two newly-weds encounter an ex-husband, two 13-year-olds fall in love, and cruise director Julie McCoy finds a young man.
4.00 The Saint
Island of Chance
A poisoned dart puts a permanent end to a friendship and The Saint is soon on the trail of a treasure trove.
5.00 Hawaii Five-0
Killer at Sea
Five-0 investigates a shipboard comedian who has become beset by gambling debts. With Jack Lord and James MacArthur.
6.00 Emmerdale
An old farm sign lands the Sugdens in hot water.
6.30
Classic Coronation Street
A vintage episode.
7.00 Mission: Impossible
The Bank
A banker steals money to fund the new Nazi party and IMF must do everything they can to stop him. With Peter Graves.
8.00 The Love Boat
Ex Plus Y
Two newly-weds encounter an ex-husband, two 13-year-olds fall in love, and cruise director Julie McCoy finds a young man.
9.00
Classic Coronation Street
9.30
The Brian Conley Show
10.00 Jokers Wild
10.30-11.00pm
Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm
Jo Guest's Private Parts
Late-night series presented by glamour model Jo Guest.
11.30 Real Sex
Sexuality explored.
12midnight Talking Dirty
Celebrities and ordinary folk spill the beans about their most intimate thoughts and actions.
12.20am One Night Stand
NEW SERIES Comedy showcase.
12.30 Centrefolds
1.00 Noddy's Electric Ladyland
1.30-2.00am Battling Babes

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear in the Big Blue House 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 Timon and Pumbaa 8.00 101 Dalmatians 8.25 Toons 8.30 Hercules 9.00 Art Attack 9.15 Ned's Newt 9.30 Recess 9.45 Pepper Ann 10.00 Boy Meets World 10.30 Smart Guy 11.00 Teen Angel 11.30 Flash Forward 12noon Doug 12.30pm Dinosaurs 1.00 FILM: Enid Blyton's Sea of Adventure 2.20 Classic Toons 2.30 New Adventures of Winnie the Pooh

3.00
The Little Mermaid Text
3.30
Timon and Pumbaa Text
3.45 101 Dalmatians
Canine capers in this superb animated series. Text
4.10 Hercules
Fun-filled animated adventures. Text
4.40 Art Attack
Hosted by Neil Buchanan. Text
5.00 Smart Guy
TJ is put into the tenth grade, much to the annoyance of his 15-year-old brother. Text
5.30 Recess Text
5.45 Pepper Ann Text
6.00 The Wonder Years
Soccer
Kevin joins the soccer team and is made captain. Text
6.30 Boy Meets World
A Long Walk to Pittsburgh Text
7.00
Honey, I Shrunk the Kids
Honey, I Know What You're Thinking
Amy wants to be more popular.
7.50 Classic Toons
8.00 FILM: Flash
Lucas Blade, Ellen Burstyn
When Connor sees the sign 'Colt For Sale' his heart is set on having the beautiful horse. His father buys it as compensation for the fact that he must go away to earn enough money to keep the family going. *1998*
9.30 Home Improvement
Tim Allen stars in this award-winning hit sitcom.
10.00 Dinosaurs Text
10.30 The Wonder Years
The Phone Call Text
11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions

TUESDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
Brassed Off
FilmFour 8.00pm
This modern British classic boasts an outstanding cast. Ewan McGregor, Pete Postlethwaite, Tara Fitzgerald and Stephen Tompkinson are flawless in this tragi-comic tale of the fortunes of a colliery brass band in a small village whose pit has been closed.

GENERAL
Just Shoot Me
Paramount Comedy Channel 8.30pm
This recent addition to the comedy canon features George Segal as the head of a magazine business which includes his daughter, Maya, on the staff. Tonight, Elliott and Maya pose as a married couple to get him a deal on an apartment – it's bound to end in tears.

ADVERTISEMENT

DYNASTY
6.00PM
UK GOLD
The most sumptuous of all the soaps returns. Joan Collins, Linda Evans and John Forsythe star in this epic saga about an American Western oil family based in Denver. Glamour, sex and mountainous shoulder pads galore!

Tuesday 5 January

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM MORNING

7.30am Rally
8.00 Cross-Country Skiing – LIVE
9.00 Alpine Skiing – LIVE
10.15 Cross-Country Skiing – LIVE
11.45 Alpine Skiing
12noon Alpine Skiing – LIVE
1.00pm Ski Jumping – LIVE
2.30 Cross-Country Skiing
Another chance to see skiing action from the World Cup in Otepaa, Estonia. Featuring the results of the Women's 10km Freestyle.The Cross-Country Skiing World Cup started on 28 November in Muonio, Finland and will end on 21 March 1999 in Oslo, Norway.

3.00 PM

4.30 Alpine Skiing
Highlights of the giant slalom from the Men's World Cup in Kranjska Gora.

5.00 PM

5.30 Ski Jumping
Featuring highlights from the World Cup's Four Hills Tournament in Bischofshofen, Austria.

6.00 PM

7.00 PM

7.00 Boxing
Coverage of an international boxing match.

8.00 PM

9.00 PM

9.30 Rally
All the latest action from the fifth stage of the Total Granada Dakar 99 rally.

10.00 PM

10.00 Football
Featuring an extensive roundup of the Euro 2000 Qualifying Rounds.

11.00 PM

12.00 NIGHT TIME

12midnight-12.30am Rally
Another chance to see all the latest racing action from the Total Granada Dakar 99 rally.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre
7.15 V-Max 7.45 H_2O
8.15 Sky Sports Centre
8.30 Racing News 9.00 Aerobics Oz Style 9.30 You're On Sky Sports!
10.00 Football League Review 11.00 Max Power
12noon Aerobics Oz Style
12.30pm V-Max
1.00 Cup Football Special
Repeat from Monday
2.30 Spanish Football
Action from Spain where some of the best players in the world compete in the prestigious Primera Liga.

4.30 World Windsurfing
Action from the crest of the wave as the famous names show their style.

5.00 World Wrestling Federation – Live Wire
Michael Cole presents coverage of exclusive World Wrestling Federation bouts.

6.00 Sky Sports Centre
6.30 Inside Scottish Football
Gain a valuable insight into life in the new Scottish Premier League with this look behind the scenes.
7.30 Fastrax
A look at the lives and performances of competitors in the fast lane.

8.00 Greyhounds – LIVE
Coverage from the track where lightning-fast greyhounds race in the latest meeting.

10.00 Sky Sports Centre
10.15 You're On Sky Sports!
10.45 Inside Scottish Football
All the goals, all the transfers, all the news and all the views from the new Scottish Premier Division.
11.45 You're On Sky Sports!
12midnight You're On!
Controversial footballing moments are discussed by fans.
12.30am Showjumping
Featuring some of the world's finest showjumpers.
2.30-2.45am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

6.00am International Cricket: Australia v England – LIVE 7.00 Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 World Windsurfing 8.45 Sky Sports Centre 9.00 International Cricket: South Africa v West Indies – LIVE 11.00 International Cricket: Australia v England – Update 11.30 International Cricket: South Africa v West Indies – LIVE
Day four coverage of the fourth Test between South Africa and the West Indies, from Cape Town.

4.00pm International Cricket: Australia v England
The best of the action from day four of the fifth Ashes Test between Australia and England. Presented by Mark Nicholas. Commentary from Bob Willis, Ian Botham and Paul Allott.

6.30 International Cricket: South Africa v West Indies
Highlights from the fourth Test between South Africa and the West Indies as the action gathers pace on day four.

8.30 International Cricket: Australia v England
The best of the action from day four of the fifth Ashes Test between Australia and England. Presented by Mark Nicholas. Commentary from Bob Willis, Ian Botham and Paul Allott.

11.00 Fastrax
A unique blend of news, action and features from the world's alternative sports.
11.30 International Cricket: Australia v England – LIVE
England go into the final day of the final Test.
2.00am Second Innings: Mark Ramprakash – Barbados
2.30-6.00am International Cricket: Australia v England – LIVE

SKY SPORTS 3
PREMIUM CHANNEL

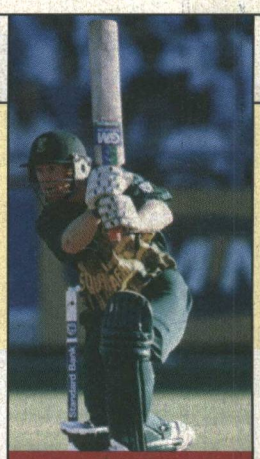
12noon World Wrestling Federation – Live Wire
1.00pm Fish TV: Tony Dean Outdoors
1.30 Fish TV: Gone Fishing
Graham Sinclair explores fresh water game fishing.
2.00 Dickie Davies's Sporting Heroes: Gareth Edwards
Featuring Welsh rugby union legend Gareth Edwards.

3.00 Totalsport
Sports magazine.
3.30 World Motor Sport
The programme that takes viewers to the heart of the race world and provides an essential guide to who is racing where, when and how. From a comprehensive roundup of the biggest and most exciting meetings, to a preview of the major events in store, this programme has the lot.

6.30 Sports Unlimited
Focusing on those sports that never seem to make it into the public eye, lifting the lid on such diverse activities as mountain biking and skating.
7.30 Fish TV: Ultimate Fishing Show

8.00 Showjumping: Adelaide International Horse Trials
Equestrian action as some of the world's finest showjumpers take part in the Adelaide International Horse Trials.

10.00 Superbouts: Arguello v Escalera
Reflecting on the junior lightweight fight between Alfredo Escalera and Alexis Arguello.
11.00-11.30pm Olympic Series: Road to Nagano
Featuring the magical moments that epitomise the spirit of the games.



Jonty Rhodes and South Africa take on the West Indies in the fourth Test. Sky Sports 2 9.00am, 11.30am – Live

MUTV
ADD-ON CHANNEL

6.00pm Game on
6.15 Megastore Megabuys
6.30 Junior Masterfan
Fun-packed quiz show.
7.00 Red Hot News
All the latest developments from one of the world's biggest football clubs.
7.30 Wild About United
8.00 Super Match – Reserve Match
Reserve team action from the men hoping to break into Alex Ferguson's all-star side.

10.00 Talk of the Devils
10.45 Man U Menu
Mark Simkin discovers the culinary delights of United's chef Jesper Jespersen.
11.15 The Insiders
Behind-the-scenes heroes.
11.30-12midnight Red Hot News
Roundup of football news.

SCI-FI
ACTION PACK

7.30am Bloomberg Information Television
8.00 Sightings 9.00 Buck Rogers in the 25th Century
10.00 Quantum Leap
11.00 Dark Shadows 11.30 New Alfred Hitchcock
12noon Twilight Zone
12.30pm Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Buck Rogers in the 25th Century
Space Vampire
The adventures of an astronaut who is transported to the 25th century.

4.00 The Incredible Hulk
Doctor Banner's attempts to enhance his own physical strength end in disaster.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

6.00 Time Trax
Almost Human
Evil scientist Dr Sahmbi creates an android double of Darien and orders it to kill Darien and replace him.

7.00 Quantum Leap
The Boogieman
Sam leaps into the body of a second-rate horror novelist who witnesses a series of bizarre accidents.

8.00 V
As the resistance weakens the Visitors' rule over the Earth, they retaliate with a force powerful enough to destroy the planet.

9.00 Lexx
Mantrid
The crew of the *Lexx* continues its exploration of the Dark Zone.

11.55 Sci-Focus
12midnight Dark Skies
We Shall Overcome
1.00am FILM: Dracula's Widow
Traber Burns, Marc Coppola
Vampire yarn. *1989*
2.40 Sci-Focus
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Topical talk show in which guests discuss a variety of life issues.
4.50 Trailblaze
Travel show that explores unusual destinations.
5.00 Gladiators
High-energy action from the muscular competitors and their opponents, including Wolf and Hunter. Presented by Ulrika Jonsson and Jeremy Guscott.

6.00 Bedrock
Another edition of the teenage magazine programme featuring celebrity guests.
7.00 Trevor McDonald Meets...
Celebrity interview with ITV's most famous newscaster.
7.30 Dealer's Choice
Richard Simmonds presents more practical advice from the car-buying and motoring magazine.

8.00 Soap Fever
A review of this week's soaps with Lisa Tarbuck. With celebrity guests and tributes to soap icons.
9.00 New Jerry Springer
Controversial American talk show focusing on relationship issues.
10.00 Emmerdale
More drama from the Yorkshire Dales.
10.30 Lost for Words
12midnight-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10 Adult Feature 12.20 Adult Feature 12.45 FILM: Indigo Delta 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Extreme Close-Up 2.25 FILM: Strap-On Sally 3.40 Candy Girls 4.10-5.30am FILM: Quantum Deep

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Frisky Hot Fräuleins 12.25 New Model File 12.50 Neil Down – Sex Therapist 1.20 FILM: Altered Paradise
Erotic drama.
2.30-4.00am FILM: Cirque De Sex 2
Erotic drama.

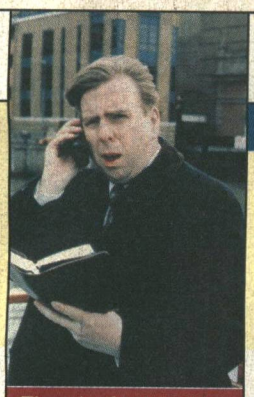
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Deadly Spy Games
This spy spoof begins in Hong Kong where government agent Banner barely escapes poisoning by an exotic Chinese agent.
9.25 Green
10.00 FILM: Polish Vampire in Burbank
Horror comedy.
11.25-12midnight Primal 2

Tuesday 5 January



Timothy Spall is the struggling promoter in 'Frank Stubbs Promotes'. Carlton Select 10.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Crosswits
Hosted by Tom O'Connor.
5.45pm
The Games Room
6.00 Family Fortunes
Hosted by Max Bygraves.
6.30
The Games Room
6.45 Catchphrase
Roy Walker hosts the hi-tech gameshow.
7.05
The Games Room
7.30 100 Per Cent
Three contestants face 100 testing questions.
8.00 The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00
The Games Room
9.15 Strike it Lucky
With Michael Barrymore
9.45
The Games Room
10.00 Endurance UK
Hosted by Paul Ross.
10.30 The Cooler
Donna Air trawls through the trendy world of trash in this exclusive quiz.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British public to reveal their intimate secrets.
12midnight Strike it Lucky
12.30am Split Second
1.00 3-2-1: Space 2.00
Love at First Sight 2.30
Studs 3.00 Endurance UK
3.30 Blockbusters
4.00 Fifteen to One
4.30 Don't Drink the Water
5.00-6.00am Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 Why Files 7.30 Fashion 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
More much needed relationship advice.
3.30 Lie Detector
Uncovering deception using modern methods.
4.00
Indecent Proposals
Cash for foolishness.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Relationship advice for troubled souls.
5.30 The Why Files
Pyschic investigations into the weird and wonderful.
6.00
The Fashion Show
The latest update on the catwalk.
6.30
Indecent Proposals
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
Relationship advice for troubled souls.
8.00 The Why Files
Pyschic investigations into the weird and wonderful.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Bangers and Smash
Stock car racing presented by Louise Brady.
9.57 Topless Darts
Shapely dart throwing.
10.00
Hollywood Uncovered
A behind-the-scenes look at the multi-million dollar skin flick industry.
10.30 Exotica Erotica
11.30 Blue Review
11.45 Janeycam
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
ACTION PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food for Thought 10.00 Green Gourmet 10.30 Worral Thompson 11.00 What's Cooking? 11.30 Kitchen College 12noon Network 12.30pm Surprise Chefs 1.00 Thought 1.30 Modern British 2.00 Chez Bruno 2.30 Food Network Daily 3.00 Winter Nosh 3.30 Coxon's Kitchen College 4.00 Rustie's Real Cooks 4.30-5.00pm Turner's Tour of Hong Kong

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.
6.00 London Bridge
Nick books a holiday in an attempt to win back Isobel.
6.30 Rising Damp
Things That Go Bump in the Night
7.00 Boon
Sickness and Health
Things are not what they seem when a battered wife seeks refuge and a nursing home suffers several thefts.
8.00 Motorway
A new documentary series capturing life in the fast lane.
8.30 Real Life Stories
Madam Speaker
A profile of Betty Boothroyd.
9.00 The Upper Hand
Welcome Home
9.30 Flying Start
Gameshow giving people the chance to go on a holiday of a lifetime.
10.00 Frank Stubbs Promotes
Beginners
Frank Stubbs makes the decision to begin a career in show business.
11.00
Hill Street Blues
Influential Eighties US police drama series set in a tough urban area, with human-interest storylines.
12midnight Rising Damp
Things That Go Bump in the Night
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow in which three contestants battle their way through five quick-fire rounds of puzzles.

ANIMAL PLANET
WORLD PACK

12noon Going Wild with Jeff Corwin
12.30pm Wild at Heart
1.00 Nature Watch with Julian Pettifer
1.30 Australia Wild
2.00 Breed All About It
Border Collies
2.30 Human/Nature
Reports on man's relationship with animals. Featuring the innate guarding instinct of the Italian maremma dog and an investigation into the illegal trade in Mexican parrots.
3.30 Harry's Practice
A look at the work of vet Harry Cooper.
4.00 Jack Hanna's Zoo Life
Denver Zoo, Colorado
Animals which have learned to adapt.
4.30 Animal Doctor
5.00 Pet Rescue
5.30 Australia Wild
Lizards of Oz
Watch Australian lizards bask in the sun, forage for food and evade predators.
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
Rush to Judgement
7.00 Rediscovery of the World: New Zealand: Part II
The Heron of the Single Flight
With captain Cousteau.
8.00 Animal Doctor
8.30 Totally Australia: A Fresh View
Documents the future of the Great Barrier Reef, and how the area is being managed to ensure that future generations will be able to enjoy it.
9.30 Emergency Vets
Stories from Alameda East Veterinary Hospital.
10.00 The Last Paradises: Kanha
The National Park in India.
10.30
Animal Detectives
Parrots
11.00 All-Bird TV
NEW SERIES Reports on the relationship between humans and birds.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am
Get Going with UK Horizons
9.30 Esther
10.00 Airport
10.30 Jobs for the Girls
11.30 Sylvania Waters
12noon
Tomorrow's World Plus
1.00pm Crime Limited
1.30 The Great Egg Race
2.00 Life Stories
2.30 999 Lifesavers
3.00 Animal Hospital
Presented by Rolf Harris and Steve Knight.
3.30 The Marriage

4.30 Esther
Rude People
A studio discussion on whether being rude gets people further in life.
5.00 The Cruise
Stranded in Paradise
Look at life on board the cruise ship *Galaxy*.
5.30 Future Fantastic
With Gillian Anderson.
6.00 The True Story of the Bridge on the River Kwai
The true story behind the building of the famous bridge over River Kwai.
7.00
Emerging Viruses
Investigating the sudden emergence of lethal viruses and whether we take them seriously.
8.00 The Serpent's Secrets
A focus on the adder.
8.30 The Velvet Claw
Sharpening the Tooth
With Derek Jacobi.
9.00 Crater of Death
A scientific investigation into the meteoritic impact that wiped out the dinosaurs and most of life on earth.
10.00 Airport
Behind-the-scenes at the world's busiest airport.
10.30 Hollywood Kids
Life as a child star in Tinseltown.
11.30 Jeremy Clarkson's Motorworld
Monaco
Clarkson is on the job in Monaco, arriving in Grand Prix week.
12midnight
The Power and the Glory
Racing for the Reich
12.30am-1.00am
Crime Limited
Nick Ross presents the series intended to help crime victims by sympathetically telling their stories.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 Gorgeous Gardens 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Beautiful Home Show 11.30 The Zest Beauty Show 12noon Natural Health 12.30pm The Psychic Zone 1.00 Livetime 2.00 The View
3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00 The Good Housekeeping Show
4.30 The Zest Beauty Show
A behind-the-scenes look at the beauty business.
5.00-6.00pm Sally Jessy Raphael
American talk show in which guests engage in lively debates.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Nepal: Life Among the Tigers
Visits the Teru people in their quiet villages.
7.30
Among the Baboons
8.00 Nature's Bite: The Serpent's Delight
Profiles the viper – revealed and not reviled.
8.30 Nature's Bite: Snakebite!
9.00 Nature's Bite: Piranha!
Profiles the red piranha, which lives in South America.
9.30 Nature's Bite: Bear Attack
10.00
Nature's Bite: Realm of the Alligator
Explore the Okefenokee Swamp where the alligator reigns supreme.
11.00 Nature's Bite: Teeth of Death
A new look at the great white shark, with the aim of improving the public's view of this creature.
12midnight-1.00am
The Shark Files: African Shark Safari
Documents the animal inhabitants of Dyer Island and its enemy – the great white shark.

MTV
MUSIC & GAMES PACK

6.00am Kickstart
9.00 Mad for Hits
A roller coaster of uninterrupted music videos featuring more of the latest hits from the MTV playlist.
2.00pm Hitlist UK
3.00 Bytesize MTV
MTV hoovers up the best clips from MTVs around the world.
4.00 Select MTV
6.00 Fanatic
Fans get a once in a lifetime chance to interview a celebrity.
6.30 Artist Cut
Exclusive and rare insight into the making of artists' videos and songs.
7.00 Non-Stop Hits
8.00 US Top 20
9.00 Bytesize MTV
10.00 Artist Cut
10.30 Sifl and Olly
Fun with the sock puppets.
11.00 Non-Stop Hits
12midnight Alternative Nation
2.00am Artist Cut
2.30 Sifl and Olly
3.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: OMD 1.00pm Greatest Hits of... Status Quo 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Toyah Willcox 7.00 VH1 Hits 9.00 Bob Mills' Big 80s 10.00 Paul Weller Uncut 11.00 VH1 Spice 12midnight Storytellers: Bonnie Raitt NEW 1.00am Jobson's Choice 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Great Escape 12.30pm Earthwalkers 1.00 Travel 1.30 Floyd 2.00 Flavours Italy 2.30 Adventure Travels 3.00 Trans-Siberian Rail 4.00 Portugal 4.30 Fork in Road 5.00 Reel World 5.30 Thousand Faces Indonesia 6.00 Floyd 6.30 Tour 7.00 Great Escape 7.30 Earthwalkers 8.00 Holiday Maker 8.30 Portugal 9.00 Trans-Siberian Rail 10.00 Adventure Travels 10.30 Fork in Road 11.00 On Tour 11.30-12midnight Thousand Faces of Indonesia

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30am House in France 8.00 Style Challenge 8.30 All Over the Shop 9.00 Celebrity Ready, Steady, Cook 9.30 Change That 10.00 Holiday in Style 11.00 Delia Smith's Winter Collection 11.30 Home Front 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Celebrity Ready, Steady, Cook 2.00 Looking Good 2.30 Peter Seabrook's Gardening Week 3.00 Growing Places 3.30 Wonder Women 4.00 Waterlines 4.30 How Does Your Garden Grow? 5.30 All Over the Shop 6.00 The Big Catch 6.30 Can Ski... Will Ski! 7.00 Holiday in Style 8.00 Style Challenge 8.30 Change That 9.00 Looking Good 9.30 Ready, Steady, Cook 10.00 The House Doctor 10.30 Real Rooms 11.00 How Does Your Garden Grow? 12midnight Ground Force 12.30am-1.00am Travel Show Guides

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Tuesday 5 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM
6.00am Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 Painted House 8.00 Wedding Story 8.30 Baby Story 9.00 Simply Painting 9.25 House 9.30 Garden Rescue 10.00 Garden Doctors 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt 12noon Australia's Strangest Home Improvements 12.30pm Doing It Up 1.00 Our House 1.30 Hometime 2.00 Wood Wizard 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

3.00 PM
DISCOVERY
WORLD PACK

4.00 PM
4.00 Rex Hunt's Fishing Adventures
Angling adventures.
4.30 Walker's World
Scotland – Survival
Visit the island of Jura.

5.00 PM
5.00 Connections 2 by James Burke
Sign Here
5.30 Jurassica
Dwarf Dinos
Examining dinosaurs.

6.00 PM
6.00 Animal Doctor
Follow animal doctors from the RSPCA.
6.30 Hunters – Tooth and Claw
Looking at Africa's big cats whose prowess as killers is legendary.

7.00 PM
7.30 Beyond 2000
Researching dolphins' intelligence using an underwater computer.

8.00 PM
8.00 Great Escapes
Volcano of Death
8.30 Quantum: Southern Ocean Survival
Looking at a sea rescue.

9.00 PM
9.00 Trailblazers
Costa Rica
NEW SERIES Richard Madden travels across Costa Rica in search of its renowned natural riches.

10.00 PM
10.00 Antarctica
A top team of climbers and explorers voyage in a small yacht to Antarctica aiming to make an ascent of Mount William.

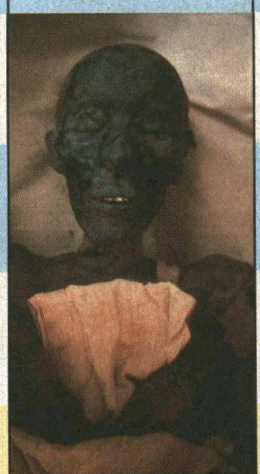
11.00 PM
11.00 Firepower 2000
High-Tech Navy
How the navy of the future will use stealth technology such as the *Sea Shadow*, the latest in destroyers.

12.00 NIGHT TIME
12midnight
Titanic Discovered
Looking at the famous wreck site in the North Atlantic.
1.00am Connections 2 by James Burke
Sign Here
1.30-2.00am
Ancient Warriors

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Ivanhoe 6.00 The Fruitties 6.30 Tabaluga 7.00 Power Puff Girls 7.30 Dexter 8.00 Sylvester and Tweety 8.30 Tom and Jerry 9.00 Fred and Barney 9.30 Dexter 10.00 Cow and Chicken 10.30 Johnny Bravo 11.00 Animaniacs 11.30 Beetlejuice 12noon Tom and Jerry 12.15pm Bugs and Daffy 12.30 Road Runner 12.45 Sylvester and Tweety 1.00 Popeye 1.30 Droopy 2.00 Addams Family 2.30 Jetsons

3.00 Taz-Mania
Devilish doings with the dancing dervish.
3.30 Scooby and Scrappy-Doo
Creepy canine capers.
4.00 Power Puff Girls
Bubbles, Buttercup and Blossom save the world.
4.30 Dexter's Laboratory
Chemical chaos.
5.00 I am Weasel
Animated adventures.
5.30 Cow and Chicken
Fun with the seriously mismatched siblings.
6.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Batman
Crime-fighting antics with the Caped Crusader.
7.30 Mask
Green-faced gyrations with the gurning goon.
8.00 Scooby-Doo – Where are You?
Creepy capers.
8.30-9.00pm Beetlejuice



Secrets of Egyptian kings are revealed in 'Mummies'. The History Channel 6.00pm

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/Budgie/Animal Antics/Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Clangers/King Rollo/Wombles/Bod 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
3.30 Pippi Longstocking
Animated adventures with the fun-loving schoolgirl.
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Fun with the terrible tots.
5.00 Sister Sister
More mayhem with twins Tia and Tamera.
5.30 Kenan & Kel
American teen comedy with the funky friends.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Cool comedy following the rich Beverly Hills teenager.
7.30 Desmond's
8.00 Roseanne
Guilt by Imagination
8.30 Just Shoot Me
The Kiss
Elliott and Maya pose as a married couple.
9.00 Cybill
Ka-Boom
Cybill's ex-husband cancels her credit cards.
9.30 Seinfeld
The Limo
10.00 Frasier
Mixed Doubles
Niles decides it is time to declare his love for Daphne.
10.30 Cheers
One Last Fling
11.00 Festival of Fun 1
With Stewart Lee and Richard Herring.
11.30 The Larry Sanders Show
The List
12midnight
Late Night with David Letterman
1.00am Taxi
1.30 The Critic
2.00 Dr Katz
2.30 Soap
3.00 Wings
3.30-4.00am Nightstand

FOX KIDS
FAMILY PACK

6.00am Power Rangers 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 Incredible Hulk 10.15 Casper 10.30 Oggy 10.55 Mouse and Monster 11.05 Eek!Stravaganza 11.30 Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05 The Incredible Hulk
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
Cartoon capers.
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
Jungle adventures.
4.50 Home to Rent
5.00 Goosebumps
5.25 Eerie Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong Country
6.25 Sam and Max
Detective antics.
6.50-7.00pm Eek!Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection!
6.30 Bargain Shop!
7.30 The Gold Collection
8.30 The Clothes Line
9.30 Junior Sports Store
10.00 Branded!
11.00 Home Style
12noon Switched on
1.00pm Bargain Shop!
1.30 Shop Selection!
2.30 Good Hair Days
3.00 Shop! Feature
4.00 Jewellery Box
5.00 Shop Selection!
6.00 Spotlight on Sports
Focus on football.
7.00 On Screen
Home entertainment.
8.00 Global Cuisine
Hints, tips and equipment for Indian cookery.
9.00 Home Style
Ideas for bedroom style.
10.00 Shop! Feature
Hints, tips and the equipment you need to keep those New Year resolutions.
11.00 Cook's Den
Featuring kitchen essentials.
12midnight Bargain Shop!
12.30am Shop Selection!
A roundup of the best offers.
1.30 Shop! Feature
2.30 Do It Yourself!!
3.00 Switched On
4.00 Home Style
5.00-6.00am Beauty Secrets

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 9.30 The World Today 10.00 News 1.30pm UK Today 2.00 News 2.30 The World Today 3.00 News 4.00 Newsday 5.00 Newsday 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Simpson's World 5.00-6.00am BBC News 24

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.00 This Morning 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American 11.30 Asia 12.30pm Fortune 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Beat 5.00 Larry King 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.15 American 4.30-5.00am Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 The Book Show 4.30 CBS Evening News 5.30-6.00am Showbiz Weekly

INTERNATIONAL

TV5 5.00am Journal TV5 5.15 Gourmandises 5.30 Télématin 7.00 Minutes 7.05 Journal 7.30 Le Journal du Temps 7.35 Quatre et Demi 8.00 Minutes 8.05 Au Delà des Apparences 9.00 Minutes 9.05 Cent Titres 9.30 Habitat Traditionnel 10.00 Minutes 10.05 Zig Zag Café 11.00 Minutes 11.05 Voilà Paris 11.33 Journal 11.55 Le Journal du Temps 12noon Fiction 1.30pm Télécinéma 2.00 Journal 2.15 Fais-toi Bal ce Soir 3.15 Voilà Paris 3.45 Bus et Compagnie 4.30 TV5 Minutes 4.35 Pyramide 5.00 Questions pour un Champion 5.30 Journal 6.00 Voilà Paris 6.25 Un Livre, un Jour 6.30 Journal 7.00 Temps Présent 8.00 Le Point 9.00 Journal 9.30 Bouillon de Culture 10.45 Viva 11.25 Le Journal du Temps 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Kabhi Yeh Kabhi Woh 12.30pm Golmaal 1.00 Zameen Aasman 1.30 FILM 4.00 Nanne Jasoos 4.30 Gaurav 5.00 Dasht 6.00 Eurospice 6.30 Fauji 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am Eurospice 1.00 FILM 4.00 Music Box 4.30 Kabhi Yeh Kabhi Woh 5.00 Dasht 6.00 Naane Jasoos 6.30 News 7.00am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Aap Ki Farmaish 6.30 Usha Uthap Show 7.00 Faith 7.30 Daily News 8.00 Out and About 8.30 Sailaab 9.00 Himalaya's Hasratein 10.00 Dhoop Mein Sawan 11.00 Khana Khazana 11.30 Parampara 12noon FILM: Parbhat Priya 3.00pm Zee Bangla 3.30 Cine Magic 4.00 Campus 4.30 Zee Top Ten 5.30 Aashirwad 6.00 1 to 10 6.30 Humm Tara Rum 7.00 Jee Sahab 7.30 Chalo Cinema 8.00 News Bulletin 8.30 Daraar 9.00 Zee Addicts 9.30 Zanjeeren 10.00 Hadd Kar Di 10.30 X-Zone 11.30 Yaadon Ke Rang 12midnight News Bulletin 12.30am Pakistan Business Week 1.00 Zee Bangla 1.30 Raahat 2.00 FILM: Badal Aur Bijelee 4.30 Lolly-Pop 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Jack Van Impe presents 5.30 Ashley Mc Guickan/Euro Spirit 6.00 Good News – Rick Renner 6.30 Changing Your World 7.00 Believers Voice of Victory 7.30 Kidz T.V. 7.45 This is your Day – Benny Hinn 8.15 Good Morning Europe 8.30 Chronicles of Revival / Steve Penny 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 Derek Prince – Church on the Way 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

24 hours of business news including: 2.45am Focus on Eastern Europe 3.45 Financial Goals 4.24 Sports 5.27am Weather

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

Parliament in Recess.

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm
The protest heats up.

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War
Distant War
Looking at the uneasy calm in Britain as Hitler began his conquest of Europe.
5.00 The Ocean Liners
A look at the golden age.
6.00 Mummies: Land of the Pharoahs
Investigating the Pyramids.
7.00-8.00pm
Great Commanders
Julius Caesar

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon
Travels with Chuck Henry
12.30pm Getaway
1.00 Around the World
1.30 Islands in the Sun
2.00 Travel Tips
3.00 Around the World
Cape Horn
3.30-4.00pm
Was it Good for You?
Compilation Special

QVC
LIFESTYLE/ SELECTION PACKS

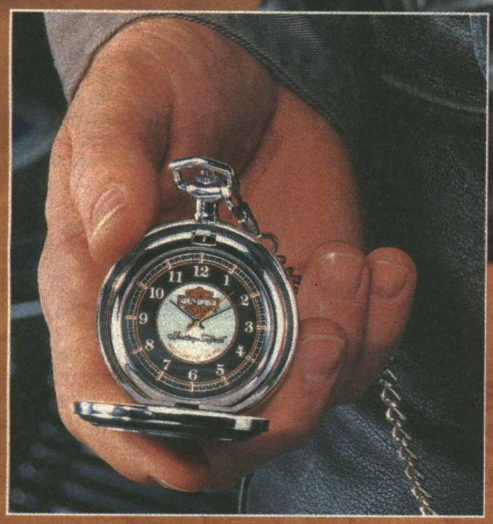
QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

CABLE CHECK
Some of the channels listed may not be available in your area

Franklin Mint in association with
Harley-Davidson® presents

THE HARLEY-DAVIDSON® POCKET WATCH

With features of the Great Freedom Machine incorporated into the design of a precision timepiece.



**Quartz movement. Spring-action lid.
Black pouch, chain and specially designed stand.**

Actual size of pocket watch is approximately 2¼" (5.7 cm) in diameter.
Stand measures approximately 3½" (8.8 cm) in height.

Harley-Davidson.® Conqueror of the open road. Now, the world-renowned motorcycle manufacturer conquers time, with a sensational pocket watch inspired by one of the legendary motorcycles – the amazing Heritage Softail® Classic.™ The face, rendered in the familiar Harley-Davidson® orange and black, resembles the Softail's speedometer. The winder simulates the gear sprocket, and the stem the exhaust pipe. The spring-activated lid features the H-D logo printed on real leather and surrounded by a re-creation of a brake disc rich with accents of chrome and enhanced by a band of hand-applied black enamel. You'll even find the image of the famous Harley-Davidson® motorcycle on the inside of the lid.

Complete with handsome pouch, watch chain, and display stand, designed in the form of the Harley-Davidson® Eagle. Just £75, payable in monthly instalments. Lose no time – order your *Harley-Davidson® Pocket Watch* today!

SATISFACTION GUARANTEED. If you wish to return any Franklin Mint purchase, you may do so within 30 days of your receipt of that purchase for replacement, credit or refund.

Franklin Mint Limited, 195 Marsh Wall, London E14 9WS. Company registered in England No. 357382.

FRANKLIN MINT. THE COLLECTOR'S CHOICE IN PRECISION POCKET WATCHES.

Please post by 31st January, 1999.

Post to:
Franklin Mint Limited,
FREEPOST (LON 6197), London E14 9BR.
Or telephone FREE of charge on 0800 567 900.
(Quote ref: GB–20618–00016–001).

Please accept my order for *The Harley-Davidson® Heritage Softail® Classic™ Pocket Watch.*

I need SEND NO MONEY NOW. Prior to despatch, I will be invoiced for an initial payment of £37.50* and for the balance of £37.50 the following month.

**Plus £2.95 postage and packaging.*

SIGNATURE _____
All orders are subject to acceptance by Franklin Mint Limited.

MR/MRS/MISS _____
INITIAL NAME PLEASE PRINT CLEARLY

ADDRESS _____

_____

POSTCODE _____ TEL. NO. _____

© H-D, All Rights Reserved.
GB–20618–00016–001

FRANKLIN MINT

Wednesday 6 January

MORNING

SKY PREMIER
PREMIUM CHANNEL

6.00 AM
6.00am My Cousin Rachel
1952, rating Sky PG, 94 mins
8.00 Hamlet
Kenneth Branagh, Julie Christie
Shakespeare's tragedy. Text *1996, rating Sky PG, 121 mins*
10.00 Three Wishes
Text *1995, rating Sky PG, 111 mins*
12noon Mrs Winterbourne
Shirley MacLaine, Ricki Lake
1996, rating Sky PG, 101 mins
2.00pm Big
Tom Hanks, Elizabeth Perkins
3.00 PM Comedy about a young lad who wishes he was grown-up when he is turned away from a ride at a travelling funfair. However, his wish becomes true overnight. *1988, rating Sky PG, 100 mins*
4.00 Hamlet
Kenneth Branagh, Julie Christie, Derek Jacobi, Richard Briers
4.00 PM An all-star cast comes together for this version of Shakespeare's most famous tragedy.
5.00 PM The setting is 19th-century Denmark, and the troubled young prince is visited by the ghost of his late father, who encourages him to avenge his death. Text *1996, rating Sky PG, 121 mins*
6.00 Mrs Winterbourne
Ricki Lake, Shirley MacLaine, Brendan Fraser
6.00 PM Romantic comedy. Down on her luck, pregnant and penniless, Connie Doyle leaves the man
7.00 PM who doesn't love her and boards a train to a new life. It's the wrong train and by a twist of fate it leads her to the life of which she has always dreamed. *1996, rating Sky PG, 101 mins*
8.00 Jerry Maguire
Tom Cruise, Cuba Gooding Jr, Renee Zellweger, Kelly Preston
8.00 PM Comedy drama in which a sports agent's life at the top is upset when he issues a well-meaning
9.00 PM mission statement to the rest of the firm without authorisation. Days later he is fired, and must rebuild his career with only one truculent client and a female staff member who opts to join him. *1996, rating Sky 15, 133 mins*
10.00 PM **10.20 Courage Under Fire**
Meg Ryan, Denzel Washington
Action thriller. Recently killed in action, Captain Walden has
11.00 PM been nominated for a medal of honour in recognition of her services, but an investigation into the circumstances surrounding her death has yet to be completed. Text *1996, rating Sky 15, 111 mins*

NIGHT TIME

12.00
12.15am Badlands
Sissy Spacek, Martin Sheen
1973, rating Sky 18, 90 mins
1.50 Edie and Pen
Stockard Channing, Jennifer Tilly
1996, rating Sky 15, 94 mins
3.30-5.15am
Swimming with Sharks
Kevin Spacey, Frank Whaley
1994, rating Sky 15, 89 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am UK Top Ten
7.30
Femmes Fatales: Demi Moore
8.00 Movie Magic: Body Building
9.00 Son of Godzilla
1967, rating Sky U, 82 mins
11.00 A Holiday for Love
1996, rating Sky U, 90 mins
1.00pm UK Top Ten
1.30
Femmes Fatales: Demi Moore
2.15 Movie Magic: Body Building

3.00 UHF
'Weird Al' Yankovic, Victoria Jackson, Kevin McCarthy
Crazy comedy. George Newman, a worthless daydreaming slob, becomes the head of a failing television company when his uncle wins a bet. With his track record of being sacked from every job, how will he cope? *1989, rating Sky PG, 91 mins*
5.00 A Holiday for Love
Melissa Gilbert, Tim Matheson, Travis Tritt
Romantic drama about a high powered businessman who realises that money is not everything. When Jake Peterson is sent to his hometown at Christmas to close the local tractor company he has a crisis of conscience and also falls in love. *1996, rating Sky U, 90 mins*
7.00
Spiceworld the Movie
Melanie Brown, Emma Bunton, Melanie Chisholm, Geri Halliwell, Victoria Adams, Richard E Grant
Comedy spoof of the pop group's own lives and their spectacular rise to fame, centering around the preparations for a Spice Girls concert at the Royal Albert Hall. *1997, 89 mins*
9.00 False Pretense
Eric Roberts, Jacob Tierney, Eliza Roberts
PREMIERE Thriller in which a maverick cop is left to take care of his wayward son following the death of his ex-wife. However, when he is charged with her suspected murder, it is up to him to find out who the real killer is and clear his name. *1997, rating Sky 15, 89 mins*
11.00 Action Jackson
Carl Weathers, Craig Nelson
Action. An ex-cop takes on a gang which is muscling in on the Detroit automobile unions. Text *1988, rating Sky 18, 96 mins*
12.40am Dangerous Ground
Elizabeth Hurley, Ice Cube
Text *1997, rating Sky 18, 91 mins*
2.20 Childhood Sweethearts
1997, rating Sky 15, 89 mins
3.55 In the Name of Love: A Texas Tragedy
1995, rating Sky 12, 88 mins
5.25-7.00am UHF
1989, rating Sky PG, 91 mins

Lara Flynn Boyle and Nicolas Cage star in 'Red Rock West'. FilmFour 2.10am

SKY CINEMA
PREMIUM CHANNEL

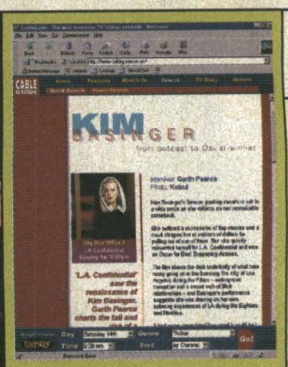
4.00pm
Call Northside 777
James Stewart, Richard Conte, Lee J Cobb, EG Marshall
Fact-based drama. Eleven years after a man has been convicted of killing a policeman, a reporter is asked by the convict's mother to prove his innocence. As the evidence mounts up, the authorities dig their heels in. *1948, rating Sky PG, 106 mins*
6.00 Government Girl
Olivia de Havilland, Anne Shirley, Sonny Tufts
Wartime comedy set in Washington DC. The machinery of government is a hive of activity and an aeroplane engineer, who is desperate to get his planes made, romances his secretary when he realises she is in on secret information. *1943, rating Sky U, 89 mins*
8.00 Back to Bataan
John Wayne, Anthony Quinn, Beulah Bondi, Leonard Strong, Richard Loo, Philip Ahn
Wartime action. After the fall of the Philippines to the Japanese in World War II, an American colonel, Joseph Madden, stays on to organise the local guerilla movement against the conquerors. Text *1945, rating Sky PG, 87 mins*
10.00 A Fistful of Dollars
Clint Eastwood, Marianne Koch
Spaghetti Western. An unknown man rides into a town which is torn between two families, the Baxters and the Rojos. Instead of fleeing, the stranger plays the two sides off against each other. *1964, rating Sky 15, 96 mins*
11.40 The Perfect Murder
Naseeruddin Shah
Detective drama. *1988, 93 mins*
1.20am You're Telling Me
WC Fields, Joan Marsh
Quirky comedy. *1934, rating Sky U, 63 mins*
2.30-5.30am Woodstock
Joan Baez, Richie Havens
Oscar-winning documentary about the outdoor rock concert. *1970, rating Sky 15, 178 mins*

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Lust for Life
Kirk Douglas, Anthony Quinn, James Donald, Pamela Brown, Everett Sloane, Noel Purcell
Adaptation of Irving Stone's biography of the tormented Dutch painter Vincent Van Gogh, whose mental illness and obsession with painting blighted his life. Anthony Quinn won an Oscar for his performance as painter friend Paul Gauguin. Widescreen *1956, 117 mins*
11.30 Dirty Dingus Magee
Frank Sinatra, George Kennedy
Western in which a wanted bandit Dingus Magee arrives in the town of Yerkey's Hole, and sets off a chain of confusion. *1970, 90 mins*
1.15am Hit Man
Pamela Grier, Bernie Casey
An all-black remake of *Get Carter*. Widescreen *1972, 87 mins*
2.45-5.00am Lust for Life
Kirk Douglas, Anthony Quinn
Widescreen *1956, 117 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm
Ziggy Stardust and the Spiders from Mars
Film capturing a moment in rock history. David Bowie in concert at the Hammersmith Odeon as Ziggy Stardust, singing all the classics including *Oh You Pretty Things* and *All The Young Dudes. 1982, 86 mins*
7.30 Jimi Plays Monterey
DA Pennebaker and Chris Hegedus's film of Jimi Hendrix's performance at the Monterey Pop Festival. *1996, 49 mins*

8.30
Bullets Over Broadway
John Cusack, Jennifer Tilly, Jim Broadbent, Joe Vizerelli
Woody Allen's comedy in which a young playwright hopes that a gangster friend will assist his rise to Broadway. *1994, 95 mins*

10.10 Day for Night
Jacqueline Bisset, Valentina Cortese, Jean-Pierre Aumont. Alexandra Stewart
François Truffaut's comedy about the behind-the-scenes machinations of a film in progress. The director himself makes an appearance. In French with subtitles. *1973, 120 mins*
12midnight Quiz Show
Ralph Fiennes, John Turturro
Fact-based drama. *1994, 127 mins*
2.10am Red Rock West
Nicolas Cage, Lara Flynn Boyle
1992, 98 mins
3.50-6.00am The Last Seduction
Linda Fiorentino, Peter Berg
1994, rating, 110 mins

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
VOLCANO
Disaster movie in which LA finds itself sitting atop an erupting volcano. Stars Tommy Lee Jones and Anne Heche. *1997, rating Sky 12, 100 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
EXCESS BAGGAGE
Quirky comedy about a teenage heiress who fakes her own kidnapping. *1997, rating Sky 12, 97 mins*
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
GEORGE OF THE JUNGLE
Chaotic comedy starring Brendan Fraser. *1997, rating Sky U, 87 mins*
PLAYS AT 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
PREMIERE Action-packed sci-fi movie with spectacular effects. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
CRASH
Infamous David Cronenberg film based on a novel by JG Ballard. Stars James Spader and Deborah Kara Unger. *1996, rating Sky 18, 97 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 6 January

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You
1.30 Jeopardy
2.00 Sally Jessy Raphael
What Were You Thinking?

3.00 Jenny Jones
Paternity Tests: He's the Father and I Can Prove It
Couples argue over paternity tests in this popular American talk show.

4.00 Guilty!
Show where people are put to trial by the studio assembly. Will friends and family be found innocent or guilty by the 100-strong jury audience?

5.00 Star Trek: Deep Space Nine
The Forsaken
Lwaxana Troi finds herself fascinated by Odo after being trapped in an elevator. Text

6.00 Married... With Children
Children of the Corns Text

6.30 Friends
The One with the List
Rachel is devastated. Text

7.00 The Simpsons
Treehouse of Horror VI
A 3-D episode. Text

7.30 The Simpsons
Simpson Tide
Bart has his ear pierced. Text

8.00 Stargate SG-1
Serpent's Song
Series based on the film of the same name about the Stargate which is a portal to another planet called Abydos.

9.00 The X-Files
Paper Clip – Part III
As a government hit squad closes in, Mulder searches for clues about his father's role in a secret project. Text

10.00 Millennnium
Loin Like a Hunting Flame
A pharmacist drugs unsuspecting couples and forces them to enact his sexual fantasies. Text

11.00 Friends
The One with the List Text

11.30 Earth: Final Conflict
Law and Order
The Taelon scientist Rho-ha stands trial for murder.

12.30am Highlander: The Series
The Zone
An unsuspecting MacLeod is lured into a trap.

1.30-7.00am Long Play
It's a VJ-free music zone with something for everyone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Angels
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Two's Company

3.25 The Bill
Inside Edge
A prison officer is assaulted, and a prisoner confesses.

3.55 EastEnders
Drama and gossip from the cockney inhabitants of Albert Square. Starring Barbara Windsor.

4.30 Angels
Soap set in St Angela's hospital.

5.00 All Creatures Great and Small
Fair Means and Fowl
The practice is threatened with a lawsuit after Tristan has a mishap while treating a cow.

6.00 Dynasty
The pilot show of the American soap continues. Starring John Forsythe and Linda Evans.

7.00 May to December
Romantic sitcom about the love between a young woman and a fiftysomething man.

7.40 It Ain't Half Hot, Mum
The Eternal Quadrangle
A pretty Burmese girl captures a few hearts.

8.20 Yes, Minister
Economy Drive
Sitcom set in the government.

9.00 One Foot in the Grave
The Secret of the Seven Sorcerers

9.40 Jonathan Creek
The Wrestler's Tomb
Feature-length episode of the drama series about a crime writer and a magician who team up to investigate mysteries. Maddy Magellan joins forces with quirky magic expert Jonathan Creek to discover who murdered a painter. Starring Alan Davies and Caroline Quentin.

11.20 French and Saunders

12.10am The Bill

12.40 The Bill

1.10 Spender
Fee
Spender tries to protect a friend from a powerful local drugs dealer.

2.05-3.00am Dangerfield

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
Anthology mystery series.
2.10 LA Law

3.10 The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in lively discussions about relationships.

4.00 Michael Cole
I Live with a Porn Star
Hosted by one-time director of public affairs for Harrods.

4.50 Rolonda
Rolonda Producer's Most Memorable Guest
American talk-show.

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs have to create exciting new recipes from ingredients bought in by the audience.

6.15 The Jerry Springer Show
Outrageous American talk show often dealing with controversial issues.

7.05 Rescue 911
Stories of real-life rescues by American emergency services. Hosted by William Shatner.

7.35 Animal Rescue

8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.

9.00 FILM: The Substitute Wife
Farrah Fawcett, Lea Thompson, Peter Weller
Drama, set in 19th-century Nebraska, about a young woman stricken with a fatal illness who decides to find a replacement wife and mother for her husband and children before she dies. However, all she can find is a prostitute. *1994*

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 The Fenn Street Gang 8.00 That's My Boy 8.30 Second Thoughts 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-O 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Watching 2.00 thirtysomething

3.00 The Love Boat
Message for Maureen
A wheel-chair-bound former sports star meets the journalist who has crucified her in print. Guest-starring Bill Bixby.

4.00 The Saint
The Gadget Lovers
The Saint takes over the identity of a Russian secret police chief when he finds himself involved in a strange death campaign.

5.00 Hawaii Five-O
30,000 Rooms and I Have The Key
The team is on the trail of a stylish, Raffles-type jewel thief who steals from the Waikiki hotel.

6.00 Emmerdale
Zoe has a frosty encounter with Rachel, while Frank confronts an anxious Christopher.

6.30 Classic Coronation Street

7.00 Mission: Impossible
Operation Heart
An innocent Nobel Prize-winning architect is arrested and framed as part of a global domination scheme. With Peter Graves.

8.00 The Love Boat
Message for Maureen
A wheel-chair-bound former sports star meets the journalist who has crucified her in print. With Gavin MacLeod.

9.00 Classic Coronation Street

9.30 The Brian Conley Show

10.00 Jokers Wild

10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Talking Dirty
Celebrities and ordinary folk spill the beans about their most intimate thoughts and actions.

11.20 Snowgirls

11.50 Real Sex

12.20am The Hot House
Late night show, presented by Kim Hughes and Malcolm Jeffries.

12.50 Lord Lust's Lovelies

1.00 Elvis Has Just Left the Building
Quiz show presented by Mike Sweeney.

1.30-2.00am V.P.L.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear in the Big Blue House 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 Timon and Pumbah 8.00 101 Dalmatians 8.25 Classic Toons 8.30 Hercules 9.00 Art Attack 9.15 Ned's Newt 9.30 Recess 9.45 Pepper Ann 10.00 Boy Meets World 10.30 Smart Guy 11.00 Teen Angel 11.30 Flash Forward 12noon Doug 12.30pm Dinosaurs 1.00 FILM: Enid Blyton's Ship of Adventure 2.20 Classic Toons 2.30 New Adventures of Winnie the Pooh

3.00 The Little Mermaid
Underwater adventures. Text

3.30 Timon and Pumbaa
Fun in the jungle. Text

3.45 101 Dalmatians Text
Canine capers.

4.10 Hercules: The TV Show Text

4.40 Art Attack
Award-winning art show hosted by Neil Buchanan that makes art fun. Text

5.00 Smart Guy
TJ runs into the usual trouble for being too clever for his own good. Text

5.30 Recess Text

5.45 Pepper Ann Text

6.00 The Wonder Years
Pffeifer's Fortune Text

6.30 Boy Meets World
A Long Walk to Pittsburgh – Part II
Topanga runs away. Text

7.00 Honey, I Shrunk the Kids
Honey, I Got Duped
Wayne accidentally activates one of his inventions. Text

7.50 Classic Toons

8.00 FILM: Dance 'Til Dawn
Christina Applegate, Kelsey Grammer, Matthew Perry
It's prom night at Taft High, but as the evening progresses the high school dream turns into a nightmare, with couples splitting up and parents lurking everywhere. *1997* Text

9.30 Home Improvement
Award-winning comedy.

10.00 Dinosaurs Text

10.30 The Wonder Years
Dance With Me Text

11.00-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

WEDNESDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

A Fistful of Dollars
Sky Cinema 10.00pm
Mysterious gun-for-hire Clint Eastwood pits two rival gangs against each other in Sergio Leone's influential saddle saga. Adapted from the Japanese samurai classic *Yojimbo*, this Italian-German-Spanish co-production spawned hundreds of so-called spaghetti Westerns.

GENERAL

Caprice's Travels
Travel 5.30pm
If you're going to follow a person's progress around the world then why not make it someone like supermodel Caprice? In this episode, she jets off to the island of Mauritius where she power tans on the white beaches, visits a sugar mill and gets tipsy on the local rum.

ADVERTISEMENT

CARNAL KNOWLEDGE 11.00PM

Challenge TV

Turn on, tune in and chill out in *Challenge Late* tonight from 10.00pm. Graham Norton and Maria McErlane introduce more couples at 11.00pm who are trying to prove they have the *Carnal Knowledge* about each other.

Wednesday 6 January

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

MORNING

6.00 AM
7.30am Rally
8.00 Alpine Skiing
9.00 Alpine Skiing – LIVE
10.00 Ski Jumping
11.00 Rally
11.30 Alpine Skiing
11.45 Alpine Skiing – LIVE
12.30pm Ski Jumping – LIVE
2.30 Snowboard
Coverage of the FIS World Cup in Avoriaz.

3.00 PM
3.00 Tennis – LIVE
Coverage pf the ATP Qatar Mobil Open Tournament in Doha. The first tournament of the year is held on a hard court and is the first stage on the way to the year's first Grand Slam tournament – the Australian Open, held in Melbourne.

4.00 PM

5.00 PM
5.00 Alpine Skiing
Featuring highlights from the Men's World Cup.
5.30 Ski Jumping
Coverage of the World Cup in Bischofshofen.

6.00 PM

7.00 PM
7.00 Football – LIVE
An introduction to the International Tournament of Maspalomas.
7.30 Football – LIVE
Coverage of the 16th International Tournament of Maspalomas. The teams are VFL Wolfsburg from Germany, the title holders, Galatasaray Istanbul from Turkey, Rosenborg Trondheim from Norway and Denmark's IF Brondby.
9.30 Rally
Coverage of the sixth stage of the Total Granada Dakar 99 rally.

8.00 PM

9.00 PM

10.00 PM
10.00 Boxing
Coverage of an international contest.

11.00 PM
11.00 Ski Jumping
Featuring highlights of the World Cup's Four Hills Tournament in Bischofshofen, Austria.

12.00 NIGHT TIME
12midnight-12.30am Rally
Another chance to see all the latest action from the Total Granada Dakar 99 rally.

SKY SPORTS 1
PREMIUM CHANNEL

MORNING

6.00 AM
7.00am Sky Sports Centre 7.15 WWF – Live Wire 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 You're On Sky Sports! 10.00 Inside Scottish Football 11.00 Totalsport 11.30 Fastrax 12noon Aerobics 12.30pm Showjumping: Adelaide International Horse Trials 2.30 World Windsurfing

3.00 PM
3.00 Inside Scottish Football
Gain a valuable insight into life in the new Scottish Premier League with this look behind-the-scenes.

4.00 PM
4.00 Superbouts: Arguello v Escalera
Superbouts revisits Rimini in 1979 for the Alexis Arguello junior lightweight title fight.

5.00 PM
5.00 World Wrestling Federation – Shotgun
Michael Cole and Kevin Kelly present the latest news updates from the WWF.

6.00 PM
6.00 Sky Sports Centre
All the major headlines from the world of sport.
6.30 World Pool League
The world's top pool stars line up for action in the first World Pool League.
7.30 Basketball: London Towers v Thames Valley Tigers – LIVE
Coverage from Crystal Palace. The Tigers have already beaten Towers in the first round of the National Cup. Presented by Suzanne Dando and Kevin Cadle.
9.30 Unbelievable Sports
A look at some of the lesser known sports.
10.00 Sky Sports Centre
10.15 You're On Sky Sports!
10.45 World Pool League
Action from the Victoria Inter-Continental Hotel in Warsaw, Poland.
11.45 Sky Sports Centre
The latest sports news.

NIGHT TIME
12midnight You're On Sky Sports!
12.30am Basketball: London Towers v Thames Valley Tigers
2.30 Figure Skating: US Professional Figure Skating Championships
4.30-4.45am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

MORNING

6.00 AM
6.00am International Cricket: Australia v England – LIVE 7.00 Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Fastrax 8.45 Sky Sports Centre 9.00 International Cricket: South Africa v West Indies – LIVE 11.00 International Cricket: Australia v England 11.30 International Cricket: South Africa v West Indies – LIVE
The fourth Test between South Africa and the West Indies reaches its climax with live action from Cape Town.

4.00pm International Cricket: Australia v England
Day five highlights from the Ashes series where England meet Australia in the fifth and final Test from Sydney. Presented by Mark Nicholas.

6.30 International Cricket: South Africa v West Indies
Day five highlights from Cape Town as the action concludes in the fourth Test between South Africa and the West Indies.

8.30 International Cricket: Australia v England
The pick of the action from Sydney where England face Australia on the fifth day of the fifth Ashes Test. Presented by Mark Nicholas.

11.00 Golf Extra
All the major players and the tournaments in which they appear are featured on golf's essential and most comprehensive roundup.

NIGHT TIME
2.00am World Pool League
The world's top pool stars line up for action in the first World Pool League from the Victoria Inter-Continental Hotel in Warsaw.
3.00-3.15am Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

MORNING

6.00 AM
12noon World Wrestling Federation – Shotgun
1.00pm Fish TV: Ultimate Fishing Show
1.30 Fish TV: Fishing Tales
2.00 Superbouts: Arguello v Escalera
Revisits Rimini in 1979 for the Alexis Arguello junior lightweight title fight between Alfredo Escalera and Alexis Arguello.

3.00 PM
3.00 Olympic Series: Road to Nagano
Featuring magical moments from the games.
3.30 Golf Extra
All the major players and the tournaments in which they appear are featured on golf's essential and most comprehensive roundup.

6.30 Watersports World
Catch up with the latest from the varied and frenetic world of watersports.
7.30 Unbelievable Sports
A collection of the world's most bizarre sports.
8.00 Figure Skating: US Professional Figure Skating Championships
Coverage of the US Professional Figure Skating Championship featuring some of the sport's most entertaining competitors.

10.00 Sky Sports Classics-Gold: Nigel Mansell Indy 500
Focusing on motoring action from the 1994 Indy 500 Car race.
11.00-11.30pm The Entertainers
Sit back and let the men from Old Trafford entertain you.

John Wesley Shipp stars as the dynamic superhero 'The Flash'. Sci-Fi 8.00pm

MUTV
ADD-ON CHANNEL

6.00pm Game On
Today's preview.
6.15 The Insiders
The Red's unsung heroes.
6.30 F.A.N.
Magazine programme.
7.00 Red Hot News
The club's latest developments.
7.30 Kids Clinic
The squad pass on top tips and technical advice.
8.00 Super Match – FA Cup Classic: Sunderland v Manchester United
Classic cup action from 1996 when United took their first steps to FA Cup glory against Sunderland, not least thanks to the talents of Paul Scholes and Andy Cole.

10.00 Talk of the Devils
10.45 Junior Materfan
Under-sixteens compete to be Junior Masterfan.
11.15 Jump 'n' Pump
Aerobics exercise programme.
11.30-12midnight Red Hot News
The show that rounds up all the latest developments from Old Trafford, be it world class signings, injury updates or pre-match team news, plus coverage of other headlines from the football world.

SCI-FI
ACTION PACK

7.30am Bloomberg Television 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 Ray Bradbury Theatre 12noon Twilight Zone 1.00pm Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Battlestar Galactica
The Super Scouts
A Galactican shuttle-craft filled with children is attacked by the Cylons.
4.00 The Incredible Hulk
Death in the Family
After Banner is presumed dead, he is free to search for a cure for his affliction.
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

6.00 Time Trax
Mother
While pursuing embezzler Al Logan, Darien meets Kit Logan, a woman who looks remarkably like Selma.
7.00 Quantum Leap
Miss Deep South
Sam experiences an uncomfortable landing as a beauty contestant en route to an annual pageant.
8.00 The Flash
Ghost in the Machine
Action adventure starring John Wesley Shipp, Amanda Pays and Alex Desert.
9.00 Chronicles of the Paranormal
The Hunter and the Healer
Drama starring Paul Miller and Maurice Dean Wint.
10.00 FILM: Witchboard – The Possession
David Nerman, Locky Lambert
Lured by the spirit of the ouija, a man passes through the portal connecting the physical world and the parallel universe demon Krazl. *1995*
11.45 Sci-Focus
12midnight Chronicles of the Paranormal
The Hunter and the Healer
1.00am FILM: Little Devils – The Birth
Marc Price, Nancy Valen
Action-drama. *1993*
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Studio audience participation talk show.
4.50 Trailblaze
Tricia Williamson presents the travel show that goes beyond the usual destinations, from climbing in the Austrian Alps to a Safari in Botswana.
5.10 Baywatch
US lifeguard drama set on Malibu Beach in California. Starring David Hasselhoff.

6.00 Bedrock
Another fun packed hour of the teenage magazine, featuring celebrity guests, music, bedroom webcams, e-mail activity and a daily battle of the sexes.
7.00 NBA Basketball
Highlights of a midweek game from the US.
8.00 Cider with Rosie
Adaptation of the Laurie Lee story about the halcyon days of childhood.

10.00 Coronation Street
A chance to catch up with events on the most famous street in Britain as shown earlier tonight on ITV.
10.30 Emmerdale
Rural soap set in the Yorkshire Dales. Stars Christopher Chittell and Glenda McKay.
11.00 The Vice
Series investigating the sex trade using hidden cameras.
12midnight-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Peeping Tom 12.20 FILM: Shock Latex 1.00 The Five Minute Free View 1.05 FILM continues 1.30 FILM: ..... Town 2.40 FILM: What You Are in the Dark 3.50 Heat and Lust 4.10-5.30am FILM: Seduce and Destroy

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am New Model File 12.35 Sex en France 12.50 Totty Try-Outs 1.05 FILM: Reckless
Jessy James
Erotic drama.
2.20 Adult Channel Roadshow 2.35-4.00am FILM: Heat
Erotic drama.

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Even Angels Fall
Thriller in which a writer uncovers a chilling secret.
9.35 FILM: Sex Rules
Short film dealing with the topic of AIDS and teenagers.
10.00 Classic Wets
10.30-12midnight FILM: Stiff as a Board
Erotic black comedy.

Wednesday 6 January

'MTV Revue – LL Cool J' gives an in-depth profile of the influential rapper. MTV 10.30pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Crosswits
Hosted by Tom O'Connor.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow .
6.30
The Games Room
6.45 Catchphrase
Hosted by Roy Walker.
7.15
The Games Room
7.25 100 Per Cent
Three contestants play in isolation, facing 100 multi-choice questions.
7.55
The Crystal Maze
A team of intrepid contestants tackle a series of ingenious games and fiendish challenges.
9.00
The Games Room
9.15 Strike It Lucky
Fast-action gameshow .
9.45
The Games Room
10.00 Endurance UK
10.30 The Cooler
A look at the trendy world of trash in this entertainment quiz show. Hosted by Donna Air.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British public. Hosted by Graham Norton.
12midnight Strike it Lucky
12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Endurance UK 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
Helpful advice for couples with relationship problems.
3.30 Lie Detector
Unmasking deception using modern methods.
4.00
Indecent Proposals
Members of the public embarrass themselves.
4.30 Judge Judy
The feared American judge.
5.00 Agony
Helpful advice for couples with relationship problems.
5.30 Why Files
Psychic investigations into the weird and wonderful.
6.00
The Fashion Show
The latest update from the catwalk.
6.30
Indecent Proposals
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
Advice for people with trouble in their lives.
8.00 The Why Files
Psychic investigators travel the country for the weird and wonderful.
8.30 Judge Judy
More courtroom drama.
9.00 Sport at Nine: Grass Roots Football
The latest news from the world of soccer.
9.57 Topless Darts
Darts with a difference.
10.00
Hollywood Uncovered
A behind the scenes look at the multi-million dollar skin flick industry.
10.30 Exotica Erotica
Adult entertainment.
11.30 Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE
● Birmingham, Edinburgh and Manchester local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 Feasts of World 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Kitchen College 12noon Food Network 12.30pm Retrospectives 1.00 Food for Thought 1.30 From Ground Up 2.00 Caribbean Light 2.30 Food Network 3.00 Surprise Chefs 3.30 Coxon's Kitchen College 4.00 Thoroughly Modern British 4.30-5.00pm Chez Bruno

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 London Bridge
Jed finally reveals the trauma of his time in prison.
6.30 Rising Damp
That's My Boy
With Leonard Rossiter.
7.00 Boon
In it for the Money
Boon's diplomacy is tested when two brothers are left half a car each and a student becomes wealthy.
8.00 Men of the World
The Assessment
8.30 Superchefs
Edward Baines v Andrew Nutter
With Penny Smith as referee.
9.00 Shine on, Harvey Moon
Comedy drama series following the trials and tribulations of a family in postwar London.
10.00 Soldier, Soldier
Disintegration
Marsha Stubbs takes control of the King's Own Fusiliers' nursery for wives. With Robson Green.
11.00
Hill Street Blues
Eighties American police drama series set in a tough urban area. Starring Daniel J Travanti and Bruce Weitz.
12midnight Rising Damp
That's My Boy
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow in which three contestants battle their way through five quick-fire rounds of word puzzles.

ANIMAL PLANET
WORLD PACK

12noon Totally Australia
A Fresh View
Centering on the Great Barrier Reef, one of the natural wonders of the world.
1.00pm Nature Watch with Julian Pettifer
Horns of a Dilemma
1.30 Australia Wild
Lizards of Oz
2.00 All-Bird TV
2.30 Human/Nature
Reporters travel the world charting human's relationships with animals.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice.
4.00
Jack Hanna's Zoo Life
Nepal
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
With Wendy Turner and Mark Evans.
5.30 Australia Wild
Wombats, Bulldozers of the Bush
6.00
The New Adventures of Black Beauty
6.30 Lassie
Father and Son
Children's drama series.
7.00 Rediscovery of the World
New Zealand – Part III
The Cousteau team voyages to the islands furthermost points.
8.00 Animal Doctor
A behind-the-scenes look.
8.30 Horse Tales
Star Event
NEW SERIES Real-life stories of horses.
9.00 Going Wild
Desert of Mist
A look at the battle for survival faced by creatures in the Namib Desert.
9.30 Emergency Vets
10.00
Crocodile Hunter
Wild in the USA
10.30
Crocodile Hunters
Sleeping with Crocodiles
11.00 Wildlife ER
NEW SERIES The US-based Wildlife Centre offers unparalleled medical help.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons
9.30 Esther
10.00 Airport
10.30 Jobs for the Girls
11.15 So Much to Lose
12noon Tomorrow's World Plus
1.00pm Crime Limited
1.30 The Great Egg Race
2.00 Life Stories
2.30 999 Lifesavers
3.00 Animal Hospital
With Rolf Harris and Steve Knight.
3.30 The Marriage – for Better, for Worse?
Documentary series with Desmond Willcox.
4.30 Esther
Esther Rantzen meets people with unique stories to tell.
5.00 The Cruise
Scotty to the Rescue
5.30 Future Fantastic
Gillian Anderson presents a tantalising glimpse into the future.
6.00 Kamikaze
How a nation turned suicide into wartime strategy. Featuring special footage of the captured Japanese kamikaze.
7.00 TB – The Forgotten Plague
Documentary about the killer infection which has now returned to the West in a new and terrible form.
8.00
Enter the Dragons
Wildlife on UK Horizons
8.30 The Velvet Claw
Strength in Numbers
Narrated by Derek Jacobi.
9.00
Hopeful Monsters
Examination of the work of biologist Barry Levine, who discovered how nature evolves new creatures.
10.00 Hotel
Fly-on-the-wall look at Liverpool's famous Adelphi Hotel.
10.30
Hollywood Women
No-holds-barred account of the rise and rise of the Los Angeles Lady.
11.30 Top Gear GTi
A look at the motoring news and the latest models.
12.30am-1.00am
Crime Limited
Nick Ross presents the series intended to help crime victims by sympathetically telling their stories through interviews and reconstructions.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 The Zest Beauty Show 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Good Housekeeping Show 11.30 Craftwork 12noon Great British Food 12.30pm Classic Interiors 1.00 Livetime 2.00 The View
3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00 Club Vegetarian
With Michaela Strachan.
4.30
Women of Substance
Women's issues in the Nineties.
5.00-6.00pm
Sally Jessy Raphael
He Cheated, Now I Can't Trust Him
American talk show.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
The Love of Falcons
With bird master Morley Nelson.
7.30
Animal Attraction
8.00 Island of the Giant Bears
This programme journeys to the Gulf of Alaska's storm-swept, fog-draped Kodiak Island.
9.00
Japanese Traditions
Join five women when they dive 60 feet.
9.30 Sumo
Dance of the Gargantuans
10.00 The Art of the Warrior
Uncovers the 4,000 year history behind the martial arts, skills which still have importance in Asia.
11.00 On the Edge
The Most Dangerous Jump in the World
11.30 On the Edge
Race for the Palio
Bareback horse racing.
12midnight-1.00am
Extreme Earth: Asteroids – Deadly Impact
Animation illustrates the effect an asteroid colliding with our planet would have.

MTV
MUSIC & GAMES PACK

6.00am Kickstart
9.00 Mad for Hits
2.00pm European Top 20
The best-selling sounds from across the continent.
3.00 Bytesize MTV
A one-hour melting pot of the best MTV packed into one-minute slots.
4.00 Select MTV
Hosted by Donna Air.
6.00 Essential Hanson
The best of these teenage brothers featuring hits such as *Mmm Bop.*
6.30 MTV Live
7.00 Non-Stop Hits
8.00 The Lick R&B Chart Show
9.00 Bytesize MTV
A one-hour melting pot of the best MTV packed into one-minute slots.
10.00 MTV Live
10.30 MTV Revue: LL Cool J
NEW A profile of the rapper.
11.00 Non-Stop Hits
12midnight Yo!
1.00am MTV Live
1.30 MTV Revue
2.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best 1.00pm Greatest Hits of... Texas NEW 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour 7.00 VH1 Hits 9.00 Bob Mills' Big 80s 10.00 VH1 Classic Chart 11.00 Revolver NEW SERIES 12midnight The Nightfly 1.00am Around and Around 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Dream Destinations 12.30pm A-Z Med 1.00 Holiday Maker 1.30 Flavours of France 2.00 Flavours of Italy 2.30 Voyage 3.00 Scandinavian Summers 4.00 Go Greece 4.30 Ridge Riders 5.00 The Great Escape 5.30 Caprice's Travels 6.00 The Flavours of France 6.30 On Tour 7.00 Dream Destinations 7.30 A-Z Med 8.00 Travel Live 8.30 Go Greece 9.00 Scandinavian Summers 10.00 Voyage 10.30 Ridge Riders 11.00 On Tour 11.30-12midnight Caprice's Travels

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 Real Rooms 8.00 Style Challenge 8.30 All Over the Shop 9.00 Ready, Steady, Cook 9.30 Change That 10.00 Rough Guide to the World 11.00 Looking Good 11.30 All the Right Moves 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Rick Stein's Taste of the Sea 2.30 Stefan's Garden Roadshow 3.00 The Flower Show 3.30 Wilderness Walks 4.00 The House Detectives 4.30 Rough Guide to the World 5.30 All Over the Shop 6.00 Wonder Women 6.30 Off the Beaten Track 7.00 Antiques Roadshow 8.00 Style Challenge 8.30 Change That 9.00 All the Right Moves 9.30 Ready, Steady, Cook 10.00 Home Front 10.30 House in France 11.00 Peter Seabrook's Gardening Week 11.30 The Flower Show 12midnight The Terrace 12.30am-1.00am Travel Xpress

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Wednesday 6 January

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 The Painted House 8.00 Wedding Story 8.30 A Baby Story 9.00 Simply Painting 9.25 The Home and Leisure House 9.30 Garden Rescue 10.00 Garden Doctors 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt 12noon Home Improvements 12.30pm Doing it Up 1.00 Our House 1.30 Hometime 2.00 Wood Wizard 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
4.30 Walker's World
Tanzania – Kilimanjaro
Travel show presented by Anna Walker.
5.00 Connections 2 by James Burke
Routes
5.30 Jurassica
Early Birds
The myths of evolution.
6.00 Animal Doctor
Following animal doctors from the RSPCA as they respond to emergencies.
6.30 Hunters
Dawn of the Dragons
7.30 Beyond 2000
The very latest innovations and developments in the world of technology.
8.00 Arthur C Clarke's Mysterious Universe
Where Giants Walked
8.30 Creatures Fantastic
Dragons
9.00 History's Mysteries
The Ark of the Covenant
9.30 History's Mysteries
The Dead Sea Scrolls
10.00 Lost Treasures of the Yangtze Valley
Looks at the race to save thousands of ancient treasures in the Yangtze Valley in China.
11.00 Ferrari
Super Cars and Sportscars
From sports car to Formula One, the Ferrari leads the world of motoring.
12midnight Raging Planet
Tornado
A visit to the Storm Prediction Centre in Oklahoma.
1.00am Connections 2 by James Burke
Routes
1.30-2.00am Ancient Warriors

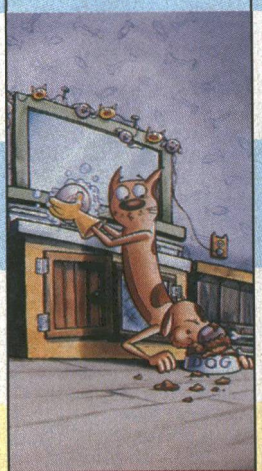
SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm Emmerdale Farm
Alan faces a personal battle.

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Ivanhoe 6.00 Fruitties 6.30 Tabaluga 7.00 Power Puff Girls 7.30 Dexter's Laboratory 8.00 Sylvester 8.30 Tom and Jerry 9.00 Fred and Barney 9.30 Dexter 10.00 Cow and Chicken 10.30 Johnny Bravo 11.00 Animaniacs 11.30 Beetlejuice 12noon Tom and Jerry 12.15pm Bugs 12.30 Road Runner 12.45 Sylvester 1.00 Popeye 1.30 Droopy 2.00 The Addams Family 2.30 The Jetsons

3.00 Taz-Mania
Devilish antics from down under.
3.30 Scooby and Scrappy-Doo
More canine crime busting.
4.00 Power Puff Girls
More crime-fighting action.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 I am Weasel
More cartoon antics with the much-loved weasel.
5.30 Cow and Chicken
Offbeat fun with the mismatched siblings.
6.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Batman
Crime-busting fun with the Caped Crusader.
7.30 Mask
More animated fun with the green-faced hero.
8.00 Scooby-Doo – Where are You?
Creepy capers.
8.30-9.00pm Beetlejuice



Internal conflicts make joint decisions impossible in 'CatDog'. Nickelodeon 7.00am

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War
France Falls
5.00 Classic Cars
Mustang
6.00 Mummies: The Sphinx
Tales of the Egyptian Crypts
7.00-8.00pm Great Commanders: The Duke of Marlborough
John Churchill, born in 1560 and one of the greatest military leaders of the 18th Century, changed the face of battle tactics forever.

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/Budgie/Animal Antics/Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Clangers/King Rollo/Wombles/Bod 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
3.30 Pippi Longstocking
Animated adventures with the fun-loving schoolgirl.
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Fun with the terrible tots.
5.00 Sister Sister
More mayhem with twins Tia and Tamera.
5.30 Kenan & Kel
American teen comedy with the funky friends.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
American comedy.
7.30 Desmond's
Sitcom set in a barbershop.
8.00 Roseanne
Homecoming
Becky returns home with her husband Mark.
8.30 Just Shoot Me
Jack's Old Partner
9.00 Cybill
Bringing Home the Bacon
Zoey announces that she wants to move out.
9.30 Seinfeld
The Good Samaritan
10.00 Frasier
Head Game
Niles fills in for Frasier at the radio station.
10.30 Cheers
Dog Bites Cliff
11.00 Festival of Fun 2
Behind-the-scenes footage of this year's Just for Laughs Comedy Festival in Montreal. With Stewart Lee.
12midnight Late Night with David Letterman
More irreverent interviews.
1.00am Taxi
Sharp-witted sitcom.
1.30 The Critic
2.00 Dr Katz
3.00 Wings
3.30-4.00am Nightstand

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon Discovering China
12.30pm Getaway
1.00 Around the World
1.30 Exotic Islands
St Lucia
2.00 Travel Tips
Munich
3.00 Around the World
3.30-4.00pm World's Weirdest Places
Remarkable Relics

FOX KIDS
FAMILY PACK

6.00am Power Rangers 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 Incredible Hulk 10.15 Casper 10.30 Oggy 10.55 The Mouse 11.05 Eek!Stravaganza 11.30 Life with Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05 The Incredible Hulk
Cartoon adventures.
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
4.00 Spiderman
Cartoon capers.
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
5.00 Goosebumps
5.25 Eerie Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong
Wacky adventures with the team from Congo Bongo.
6.25 Sam and Max
6.50-7.00pm Eek! Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection! 7.00 Bargain Shop! 7.30 Time Zone 8.30 On the High Street 9.30 Shop! Feature 10.00 Fitness Zone 11.00 The Early Years 12noon The Gold Collection 1.00pm Bargain Shop! 1.30 Shop Selection! 2.30 Fashion by Design 3.00 Labels 4.00 Character Collections 5.00 Shop Selection! 6.00 Fitness Zone
A look at workout equipment.
7.00 The Early Years
The latest ideas and beauty products.
8.00 Character Collections
Irresistible additions to any collection, new for 1999.
9.00 The Gold Collection
Featuring jewellery set with semi-precious stones.
10.00 Fitness Zone
Get fit for the New Year.
11.00 Labels
Essential jeans.
12midnight Bargain Shop! 12.30am Shop Selection! 1.30 The Early Years 2.30 Fashion by Design 3.00 The Gold Collection 4.00 Labels 5.00-6.00am Character Collections

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 11.00am.

CABLE CHECK
Some of the channels listed may not be available in your area

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 9.30 The World Today 10.00 News 1.00pm News 1.30 UK Today 2.00 News 2.30 The World Today 3.00 News 4.00 Newsday 5.00 Newsday 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Reporters 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.30 World Sport 8.30 Showbiz Today 9.00 Larry King 10.30 Sport 11.15 Edition 11.30 Biz Asia 12.30pm Business 1.15 Asian Edition 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Style 5.00 Larry King 6.45 Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.30 Moneyline 12.30am Showbiz Today 1.15 Asian 1.30 Q&A 2.00 Larry King 4.15 Edition 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus:
6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 4.30pm Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 Global Village 4.30 CBS Evening News 5.30-6.00am Fashion TV

INTERNATIONAL

TV5 5.00am Journal 5.15 Gourmandises 5.30 Télématin et Le Journal du Temps 7.00 Minutes et Le Journal du Temps 7.05 Journal 7.30 Journal 7.35 Quatre et Demi 8.00 Minutes 8.05 Magazine 9.00 Minutes 9.05 Courants d'art. 9.30 Rêves en Afrique 10.00 Minutes 10.05 Zig Zag Café 11.00 Minutes 11.05 Voilà Paris 11.33 Journal 3. 11.55 Journal 12noon Débat de Société 1.30pm Les Pieds sur l'Herbe 2.00 Journal 2.15 Urgence 3.15 Voilà Paris 3.45 Bus et Compagnie 4.30 Minutes 4.35 Pyramide 5.00 Questions pour un Champion 5.30 Journal 6.00 Voilà Paris 6.25 Un livre, Un Jour 6.30 Journal 7.00 Comment ça Va ? 8.00 Magazine de Société de la RTBF 9.00 Journal 9.30 Cycle Cinéma Africain 11.25 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Balcony 12.30pm Suzhal 1.00 Subah 1.30 FILM 4.00 Nathkat Badi Sehani 4.30 Nagar Pare Roopnagar 5.00 Grift 6.00 Edit 6.30 Asianet Aur Aap 7.00 Subah 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12noon Spaghetti Junction 12.30am Asianet Aur Aap 1.00 FILM 4.00 Nagar Pare Roopnagar 4.30 A Mouthful of Sky 5.00 Subah 5.30 Choli Daman 6.00 Nathkat Badi Sehani 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Out and About 6.30 Yoodle-ae-oo 7.00 Faith 7.30 News 8.00 Business Report 8.30 Sailaab 9.00 Rishtey 10.00 Panchwan Mausam 11.00 Aashiana 11.30 Parampara 12noon FILM: Tum Salamat Raho 3.00pm Zee Bangla 3.30 Hum Paanch 4.00 Campus 4.30 Ek Minute 5.00 Jungle Book 5.30 Gumrah 6.00 Top of the Tops 6.30 Banegi Apni Baat 7.00 Baat Ban Jaye 7.30 It's My Choice 8.00 News 8.30 Amanat 9.00 Hawaain 10.00 Ikke Pe Ikka 10.30 Woh 11.00 Purushkhetra 12midnight News 12.30am Tandoori Masala 1.00 Zee Bangla 1.30 Raahat 2.00 FILM: Chandan Malyagiri 4.30 Vat No Vatessar 5.00 Char Raasta 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzimi 5.00 Quentin Road Bible Hour 5.30 7 à Vivre – Patrick Vauclair 6.00 Life is for Living – Brian Houston 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is your Day – Benny Hinn 8.15 Good Morning Europe 8.30 Revival Now 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 Dr Bernard 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.49am Kavanagh's Picks 3.24 Sports 3.27 Weather 4.49 Kavanagh's Picks 5.24am Sports

BBC PARLIAMENT
NEWS & SPORT PACK

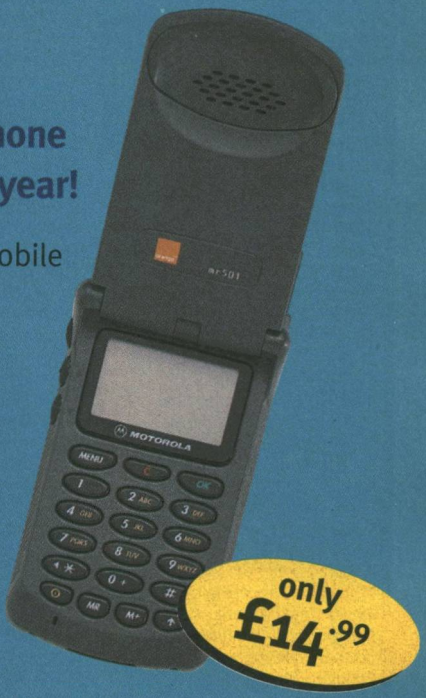
CABLE EXCLUSIVE

Parliament in recess.

Get mobile for 1999!

and take advantage of these superb mobile phone offers!

Fantastic Motorola StarTAC mobile phone package – worth over £65 in the first year!



- **Half Price!** Motorola StarTAC mr501 digital mobile phone **for only £14.99***
- **Free!** Connection to the Chat 60 tariff **worth £35**
- **Free!** **60 minutes of off peak calls** per month
- **Free!** Insurance for 1 year
- **Free!** Extended warranty and delivery **worth £19.99**

No bills, no worries! Exclusive New Year PrePay offer

The 'Pay as you Talk' Package allows you to pay for your calls as you go, making it easy to get mobile in 1999. There is no credit check, no contract and no line rental - you just buy call vouchers as and when you need them!

The 'Pay as you Talk' Package **for only £99.99** includes:

- Ericsson GA628 digital mobile phone **worth £9.99** and **£20 worth of call vouchers**
- Extended warranty and delivery **worth £19.99**
- Personal handsfree unit **worth £19.99**

To take advantage of either of these great offers call FREE now on

0800 000 925 quoting 'Cable 3'

THE Carphone Warehouse
COMMUNICATION CENTRES

* **Terms and conditions: OFFER 1:** Offer subject to availability, credit status and connection to a new 12 month airtime contract on the Chat 60 Tariff with a monthly line rental charge of £17.63 (direct debit). Calls charged at 5p/min off/peak, 30p/min peak. **OFFER 2:** Offer subject to availability. All prices include VAT and are correct at time of going to press. Offer closes 28th February 1999. Carphone Warehouse Head Office: North Acton Business Park, Wales Farm Road, London W3 6RS. www.carphonewarehouse.com

Thursday 7 January

SKY PREMIER
PREMIUM CHANNEL

6.00am Walk Like a Man
1987, rating Sky PG, 83 mins
8.00 Green Card
1990, rating Sky PG, 103 mins
10.00 Frog and Wombat
1998, rating Sky PG, 92 mins
12noon The Directors: The Films of Robert Wise
1.00pm Femmes Fatales: Michelle Pfeiffer
2.00 Walk Like a Man
Howie Mandel, Cloris Leachman
1987, rating Sky PG, 83 mins

3.45 Frog and Wombat
Ronny Cox, Lindsay Wagner, Ross Malinger, Katie Stuart
Comedy adventure about a couple of friends, codenamed Frog and Wombat, whose playtime comes to an abrupt end when their headmaster moves in next door. Frog believes that their new neighbour has committed a murder and she instigates an elaborate operation to solve the crime! *1998, rating Sky PG, 92 mins*

5.30 Green Card
Gerard Depardieu, Andie MacDowell, Bebe Neuwirth
Romantic comedy in which an illegal French immigrant and an American woman marry for convenience, fully intending to go their separate ways. But a government investigation into fraudulent marriages forces them back together and, while they frantically try to form a fictitious history, something more develops. *1990, rating Sky PG, 103 mins*

7.30 Hollywood Buzz

8.00 First Do No Harm
Meryl Streep, Fred Ward
PREMIERE Touching drama in which a mother is determined to find a cure for the debilitating disease afflicting her son. As his condition deteriorates, she realises that conventional medicine cannot help him, and takes his treatment into her own hands. *1997, rating Sky PG, 90 mins*

10.00 Metro
Eddie Murphy, Michael Wincott, Carmen Ejogo
Action thriller in which a fast-talking, quick-thinking San Francisco Police negotiator hunts for the man who killed his mentor. The killer, a vindictive jewel thief, is determined to hurt the cop by murdering everyone he loves. Text *1997, rating Sky 18, 113 mins*

12midnight Stealing Beauty
Liv Tyler, Jeremy Irons
Exotic drama. Text *1996, rating Sky 15, 113 mins*
2.00 Awakenings
Robin Williams, Robert De Niro
1990, rating Sky 15, DS, 116 mins
4.00-5.45am The Desperate Trail
1994, rating Sky 18, 89 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am The Hired Heart
1997, rating Sky PG, 87 mins
9.00 Torn Between Two Lovers
Joseph Bologna, Lee Remick
1979, 89 mins
11.00 Unwed Father
Brian Austin Green, Nicholle Tom
1997, rating Sky PG, 86 mins
1.00pm Challengers
Gwynyth Walsh, Eric Christmas
Family drama. *1989 rating Sky PG, 94 mins*

3.00 The Hired Heart
Penelope Ann Miller, Barry Corbin, Brett Cullen
Romantic drama. A widow spins a web of deception when she invents a boyfriend for herself to keep the gossips in her community quiet. She hires a male escort for a week, but her faked attraction begins to become all too real. *1997, rating Sky PG, 87 mins*

5.00
Torn Between Two Lovers
Joseph Bologna, Lee Remick, George Peppard, Giorgio Tozzi
Romantic drama. Diana Conti is happily married, or so she thought. A chance meeting with a handsome architect plunges her into a passionate affair as she struggles to decide which of the two men she is more in love with. *1979, 89 mins*

7.00 Unwed Father
Brian Austin Green, Nicholle Tom
Drama about a carefree college student whose life is turned upside down when his girlfriend gets pregnant and dumps the baby on his doorstep. He must decide where his priorities lie.*1997, rating Sky PG, 86 mins*

8.30
E! News Week in Review
News from Hollywood.

9.00 Murder in Mind
Kristin Davis, Matthew Settle, Ellen Burstyn, Peter Boyle
Tense thriller in which a young woman is plagued by terrifying visions of real murders and finds herself at risk from the maniacal killer. *1996, rating Sky 15, 90 mins*

11.00 Executive Decision
Kurt Russell, Steven Seagal
Action-packed thriller in which a passenger aircraft is hijacked by terrorists. Text *1995, rating Sky 15, 127 mins*
1.10am Bachelor Party
Tom Hanks, Tawny Kitaen
Rowdy comedy about a stag night. *1984, rating Sky 18, 101 mins*
2.55 Keys to Tulsa
Eric Stoltz, Mary Tyler Moore
Text *1997, rating Sky 18, 109 mins*
4.50-6.30am Challengers
1989, rating Sky PG, 94 mins

Mia Farrow and Natasha Richardson star in the dark comedy 'Widow's Peak'. FilmFour 6.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm
The Fighting Seabees
John Wayne, Susan Hayward, Dennis O'Keefe, William Frawley
World War II action adventure in which a group of American construction workers, stationed in the Pacific, is turned into a fighting unit to take on the Japanese. *1944, rating Sky U, 95 mins*

6.00 I'll Be Seeing You
Ginger Rogers, Joseph Cotten, Shirley Temple, John Derek, Spring Byington, Tom Tully
Epic romance about a jailbird, home on parole, who falls in love with a disturbed soldier. *1944, rating Sky PG, 81 mins*

8.00 Spellbound
Ingrid Bergman, Gregory Peck, Leo G Carroll, John Emery, Michael Chekhov, Wallace Ford
Alfred Hitchcock's spine-tingling mystery about a psychiatrist who attempts to unravel the mind of an asylum head who may be a killer. Features dream sequences designed by Salvador Dali. *1945, rating Sky PG, 111 mins*

10.00 Brubaker
Robert Redford, Yaphet Kotto, Jane Alexander, Morgan Freeman, Murray Hamilton, David Keith
Drama based on a true story about a prison warden who goes undercover in an attempt to expose corruption in the Deep South's prison system. *1980, rating Sky 15, 125 mins*

12.10am Alex and the Gypsy
Jack Lemmon, James Woods
Romantic drama. *1976, rating Sky 15, 95 mins*
1.50 Under the Volcano
Albert Finney, Jacqueline Bisset
1984, rating Sky 15, 108 mins
3.45-5.15am The Lineup
1958, rating Sky PG, 86 mins

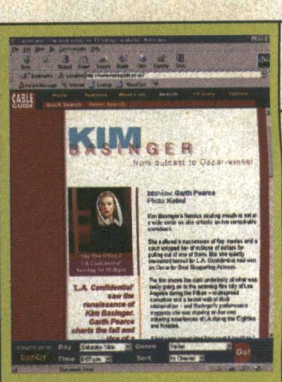
MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Marlowe
James Garner, Gayle Hunnicutt, Carroll O'Connor, Rita Moreno, Sharon Farrell, Bruce Lee
Classic detective thriller. A seemingly dead-end missing-person investigation puts private eye Philip Marlowe on a trail of murder, blackmail and brutality centering on a gangster and his television star mistress. *1969, 95 mins*

11.00 Lady in the Lake
Robert Montgomery, Audrey Totter, Lloyd Nolan
Film noir. Philip Marlowe is assigned to find the missing wife of a publisher, and encounters a web of intrigue. *1946, 105 mins*
1.00am Sitting Target
Oliver Reed, Jill St John
Tense action drama. *1972, 89 mins*
3.00-5.00am Marlowe
James Garner, Gayle Hunnicutt
Classic detective thriller. *1969, 95 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Widow's Peak
Mia Farrow, Joan Plowright, Natasha Richardson, Adrian Dunbar, Jim Broadbent
Deliciously dark comedy of small-town manners. Set in a small Irish town the quirky story follows a spinster's fight against the overbearing local queen bee and the machinations of an interfering newcomer. *1994, 97 mins*

8.00 The Last Emperor
John Lone, Joan Chen, Peter O'Toole, Ying Ruocheng, Victor Wong, Dennis Dun, Ryuichui Sakamoto
Bernardo Bertolucci's historical epic following the fortunes of Chinese emperor Pu Yi. Pu Yi is China's last Emperor, who, as he represents centuries of dynastic rule, is taken at the age of three to live in the Forbidden City as a living god. But when China becomes a republic, his palace becomes a prison and he is forced to enter a world on the edge of war. This powerful, award-winning film chronicles a turbulent period of world history. This edition is a specially supervised director's cut. *1987, 219 mins*

12midnight The Kids are Alright
Rock documentry on mod band The Who. 1987, 97 *mins*
1.40am The Farm: Angola, USA
Documentary about America's most infamous maximum security jail. *1996, 90 mins*
3.10-6.00am 1984
John Hurt, Richard Burton
1984, rating, 108 mins

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
VOLCANO
Disaster movie in which LA finds itself sitting atop an erupting volcano. Stars Tommy Lee Jones and Anne Heche.*1997, rating Sky 12, 100 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
EXCESS BAGGAGE
Quirky comedy about a teenage heiress who fakes her own kidnapping. *1997, rating Sky 12, 97 mins*
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
GEORGE OF THE JUNGLE
Chaotic comedy starring Brendan Fraser. *1997, rating Sky U, 87 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed science fiction movie with spectacular effects. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
CRASH
Infamous David Cronenberg film based on a novel by JG Ballard. Stars James Spader and Deborah Kara Unger. *1996, rating Sky 18, 97 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 17 and 18 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
US chat show

3.00 Jenny Jones
I Went From Geek to Chic... Look at Me Now
Made-over geeks show off their new looks to the people who taunted them in the past.

4.00 Guilty!
Carole Malone passes judgement on a number of crimes and misdemeanours committed by friends, colleagues and families.

5.00 Star Trek: Deep Space Nine
Duet
Kira suspects that a sick Cardassian could actually be a notorious war criminal. Text

6.00 Married... With Children
Kelly's Gotta Habit
Kelly agrees to give up sex for a big TV commercial. Text
6.30 Dream Team

7.00 The Simpsons
Treehouse of Horror VII Text
7.30 The Simpsons
Lard of The Dance
Homer thinks he can make a fortune by recycling grease. Text

8.00 America's Dumbest Criminals
Criminals who are caught as a result of their stupid mistakes.
8.30 World's Weirdest TV
Hosted by Jenny Powell.

9.00 Friends
The One After Ross Says Rachel
NEW SERIES Ross says the wrong name during his wedding vows. Text ● Feature page 6

9.30 ER
Day For Knight
NEW SERIES More drama from the staff and patients of the public hospital emergency room.
10.30 Veronica's Closet
NEW SERIES Stars Kirstie Alley.
11.00 Dream Team
11.30 Earth: Final Conflict
Through the Looking Glass
The Taelons introduce inter-dimensional travel for humans. Text

12.30am Highlander: The Series
The Return of Amanda
Amanda, the beautiful Immortal cat-burglar, returns to town and tells MacLeod that she's retired from her life of crime.
1.30-7.00am Long Play
It's a VJ-free music zone with something for everyone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 The House of Eliott 10.30 Angels 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 Juliet Bravo 2.00 Dallas 2.55 The Bill
You and Me Versus the World
Boulton suspects the man behind a vicious hammer attack is someone he has tried to arrest before.

3.25 The Bill
Payback
3.55 EastEnders
More drama from the residents of Albert Square.
4.30 Angels
Medical drama set in St Angela's hospital. Stars Fiona Fullerton and Faith Brook.

5.00 All Creatures Great and Small
The Beauty of the Beast
Siegfried gets the better of a mean scrap merchant who ill-treats his horses.
6.00 Dynasty
Blake and Krystle's honeymoon is interrupted by an urgent business call, and Cecil Colby makes Blake's daughter Fallon an offer she can't refuse.
7.00 May to December
Sitcom about the love between a young woman and a fiftysomething man.
7.40 It Ain't Half Hot, Mum
The Stars Look Down
The concert party are detailed to be extras in an American propaganda film.
8.20 Yes, Minister
Big Brother
Sitcom about an inept minister.
9.00 Fawlty Towers
Waldorf Salad
Problems arise when an argumentative American guest orders a Waldorf salad.
9.40 Fawlty Towers
The Wedding Party
Fawlty Towers is expecting some wedding guests, and Basil gets a bee in his bonnet about morality.
10.25 Ivanhoe
Accused of treachery, Ivanhoe returns from Palestine to redeem his sullied name, reclaim his inheritance, and win the hand of Rowena, princess of an ancient Saxon line.
11.30 The Bill
12midnight The Bill
Payback
12.30am Spender
Family Business
1.25-3.00am FILM: The Ghoul
Boris Karloff, Cedric Hardwicke
Vintage horror. *1933*

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
2.10 LA Law
Drama set in an LA law firm.

3.10
The Jerry Springer Show.
Outrageous American talk show in which Jerry Springer and his guests engage in lively debate about relationships.
4.00 Michael Cole
My Man Wears Women's Clothes
No-holds-barred talk show with a studio audience.
4.50 Rolonda
Ro's Reunion Show
Audience participation talk show from America.
5.40 Ready, Steady, Cook
Lesley Waters and Brian Turner create exciting new recipes from surprise ingredients.
6.15
The Jerry Springer Show
Outrageous American talk show with lively discussion about relationship issues.
7.05 Rescue 911
William Shatner hosts the series featuring the stories of real-life rescues by American emergency services.
7.35 Animal Rescue
8.00 Murder Call
Australian drama series about a squad of homicide detectives with an unconventional approach to their work.

9.00 FILM: Call Me Anna
Patty Duke, Howard Hesseman, Millie Perkins, Deborah May
Real-life story of Oscar-winning actress Patty Duke, who starred in comedy series *The Patty Duke Show* in the Sixties. The film chronicles her rise from child actress to successful television and movie star, and reveals her constant battle with manic depression. *1990*
11.00-12midnight
Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 The Fenn Street Gang 8.00 That's My Boy 8.30 Second Thoughts 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-O 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Watching 2.00 thirtysomething

3.00 The Love Boat
Help, Murder
A couple enjoy getting away from their kids for the first time, and a crashing bore is mistaken for a ship-board socialite.
4.00 The Saint
A Double In Diamonds
A diamond trail leads The Saint to mannequins and murder when a jeweller friend is slain over a fabulous diamond necklace.
5.00 Hawaii Five-O
The Young Assassins
Danny and his college professor are kidnapped and held as hostages, to be killed unless two prisoners are released from jail.
6.00 Emmerdale
Frank and Christopher work out a business recovery plan.
6.30
Classic Coronation Street
Deirdre and Ken have a row.
7.00 Mission: Impossible
The Slave – Part I
The King of a small Persian country continues to abduct and auction slaves illegally. With Peter Graves.
8.00 The Love Boat
Help, Murder
A married couple enjoy getting away from their kids for the first time, and a crashing bore is mistaken for a ship-board socialite.
9.00
Classic Coronation Street
9.30
The Brian Conley Show
10.00 Jokers Wild
10.30-11.00pm
Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Motor Week
Weekly look at the motoring industry, presented by Howard Stableford and Ginny Buckley.
11.30 4 Wheels
Motoring magazine.
12midnight Rally World
Eric Michell presents rally action from around the globe.
12.30am Car File
A profile of the Mercedes M-Class.
1.00-2.00am Performance Power
Model and powerboat racer Sarah Donohue with more action sports from around the globe.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 Timon and Pumbaa 8.00 101 Dalmatians 8.25 Classic Toons 8.30 Hercules 9.00 Art Attack 9.15 Ned's Newt 9.30 Recess 9.45 Pepper Ann 10.00 Boy Meets World 10.30 Smart Guy 11.00 Teen Angel 11.30 Flash Forward 12noon Doug 12.30pm Dinosaurs 1.00 FILM: Enid Blyton's Valley of Adventure 2.20 Classic Toons 2.30 Winnie the Pooh

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text
3.30 Timon and Pumbaa
Animated antics. Text
3.45 101 Dalmatians
Canine capers. Text
4.10 Hercules
Adventures with the muscle-bound hunk and high school hero. Text
4.40 Art Attack Text
5.00 Smart Guy
Sitcom about a clever ten-year-old who is moved up four grades at school. Text
5.30 Recess Text
5.45 Pepper Ann Text
6.00 The Wonder Years
The Road Test Text
6.30 Boy Meets World
Uncle Daddy
Eric gets involved with an older woman who has a son. Text
7.00 Honey, I Shrunk the Kids
Honey, They're After Me Lucky Charms
Nick tries to invent. Text
7.50 Classic Toons
8.00 FILM: Danny, Champion of the World
Jeremy Irons, Samuel Irons
Roald Dahl story about Danny and his dad, who live in a gypsy caravan. They become involved in a struggle to keep their land from the master of the local manor and also make Danny into the Champion of the World.
1989, 90 mins Text
9.35 Home Improvement
10.00 Dinosaurs Text
10.30 The Wonder Years
The Heart of Darkness Text
11.00-12midnight
Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

THURSDAY CONTINUES OVERLEAF...

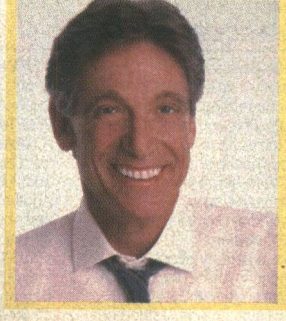
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
First Do No Harm
Sky Premier 8.00pm
A drama premiere starring Meryl Streep as a mother determined to find a cure for the debilitating disease afflicting her son. As his condition deteriorates she realises that conventional medicine cannot help him. She resolves to take his treatment into her own hands.

GENERAL
Friends
Sky One 9.00pm
The start of the fifth series picks up after the famous wedding between geeky Ross and English rose Emily. The cast transported themselves to London for the big day, but Ross managed to name his long-time love Rachel instead of Emily during the vows.

ADVERTISEMENT



MAURY POVICH 10.50AM
living
Maury Povich brings a new one-hour talks show to *living* this month that takes a very personal approach to the conflicts and problems facing his guests. Intelligent and truth-provoking questions will be posed as Maury turns up the heat on his own talk show.

Thursday 7 January

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM
7.30am Rally
8.00 Alpine Skiing
9.00 Cross-Country Skiing
11.00 Rally
11.30 Ski Jumping
The World Cup Four Hills Tournament in Austria.
1.00pm Snowboard – LIVE
FIS World Cup action from Avoriaz, France.
2.00 Alpine Skiing
The Pro World Cup.

3.00 PM
3.00 Tennis – LIVE
Fourth-day action from the ATP Tournament in Doha, Qatar, which sets the stage for the first Grand Slam tournament of the Year, the Australian Open. Among the players vying for the title will be Tim Henman and Cedric Pioline.

5.00 PM
5.00
Alpine Skiing – LIVE
First leg coverage of the men's World Cup in Schladming, Austria.

6.00 PM
6.00 Tennis
Action from the ATP Tournament in Doha, Qatar, where players will aim for the title held by Petr Korda.

7.00 PM
7.00 Football – LIVE
International tournament action from Maspalomas in Spain. This year the four participating teams are VFL Wolfsburg from Germany, the title holders, Galatasaray Istanbul from Turkey, Rosenborg Trondheim from Norway and IF Brondby from Denmark.

9.00 PM
9.30 Rally
Action from the Total Granada Dakar 99.

10.00 PM
10.00 Alpine Skiing
Highlights of the first leg of the night slalom, in the Men's World Cup in Schladming in Austria.

11.00 PM
11.00 Trial
Action from the Indoor World Cup in Helsinki.

12.00 NIGHT TIME
12midnight-12.30am Rally
Coverage of the Total Granada Dakar 99.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre
7.15 World Wrestling Federation – Shotgun 8.15 Sky Sports Centre 8.30 Racing News
9.00 Aerobics Oz Style
9.30 You're On Sky Sports!
10.00 Figure Skating: US Professional Figure Skating Championships
12noon Aerobics Oz Style
12.30pm Basketball: London Towers v Thames Valley Tigers
Repeat from Wednesday
2.30 Totalsport

3.00
Watersports World
Coverage of the men and women who excel in watersports, from sailing to surfing.

4.00
World Pool League
The world's top pool stars line up for action in the first World Pool League from Warsaw, Poland.

5.00 World Wrestling Federation – Superstars
Kevin Kelly hosts the programme that tracks the latest news from the WWF.

6.00
Sky Sports Centre
6.30 Football League Review
A blow-by-blow account of all the recent league action.
7.00 What a Weekend
7.30 Futbol Mundial
From Serie A to the Primera Liga, all the action from around the world.

8.00 Spanish Football
Highlights from La Liga in Spain, one of the most respected and prestigious leagues in world football.

10.00
Sky Sports Centre
10.15
You're On Sky Sports!
10.45
Trans World Sport
11.45
Sky Sports Centre
Catch up with news and views from the most comprehensive sports service on television.
12midnight
You're On Sky Sports!
Fans discuss football moments.
12.30am
Football League Review
1.00 Spanish Football
3.00 Trans World Sport
4.00-4.15am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 Unbelievable Sports
8.45 Sky Sports Centre
9.00 Fish TV: Fishing Texas
9.30 Fish TV
10.00 World Pool League
1.00 Golf Extra
2.00pm
Unbelievable Sports
2.30 Fastrax

3.00 Motor Racing: Race of Champions
The motor racing champions of 1998 line up for what is arguably the ultimate racing event.

4.00 Sports Unlimited
A show for the sports enthusiast with a look at everything from snow-boarding and drag racing to biking and squash.

5.00
Inside the PGA Tour
Experience life behind the scenes of the PGA Tour.
5.30 Football League Review

6.00 What a Weekend
Take a look back to the very best of the action from the weekend's sporting programme.
6.30 The Rugby Club
Mark Durden-Smith presents a roundup of the latest rugby news.
7.30
Ice Hockey – LIVE
Dominik Holyer presents action from a key match in the Sekonda Superleague. Commentary comes from Steve James while Nick Rothwell is at rinkside providing expert analysis.

10.00 Ford Golf USA: US Skills Challenge
Coverage of the US Golf Skills Challenge featuring Ben Crenshaw, Craig Stadler, Casey Martin, Peter Jacobsen, Nick Price, John Daly and Costantino Rocca.

12midnight
Inside the PGA Tour
Behind the scenes of the PGA Tour.
12.30am
Ford Golf USA: Mercedes Championships – LIVE
2.30 Ice Hockey
5.00-5.15am
Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Superstars
1.00pm
Fish TV: Fishing Texas
With Reid Ryan.
1.30 Fish TV:
Tony Dean Outdoors
With Tony Dean.
2.00 Sky Sports
Classics-Gold: Nigel Mansell Indy 500
Classic motor racing action.

3.00
The Entertainers
3.30 Figure Skating: US Professional Figure Skating Championships
Coverage of the US Professional Figure Skating Championship featuring some of the sport's most entertaining competitors.

5.30
Unbelievable Sports
Weird and wacky sporting footage from all over the world.

6.00
Survival of the Fittest
6.30 Inside PGA Tour
Behind the scenes with the golfing legends of the PGA Tour.
7.00 Tight Lines
Angling queries answered by fishing fanatics Bruno Brookes and Keith Arthur.

8.00 Motor Racing: Race of Champions 1998
The champions of 1998 line up for what is arguably the ultimate racing event.
9.00 The Rugby Club
Mark Durden-Smith, Stuart Barnes and Dewi Morris present the most comprehensive rugby show on television.

10.00-11.30pm
Bobby Charlton's Football Scrapbook: David Sadler
Former Manchester United goalscoring legend David Sadler joins Bobby Charlton and Dickie Davies to reminisce about his prolific career in the Sixties.

Matt Frewer arms himself for attack in the futuristic thriller 'Dead Fire'. Sci-Fi 10.00pm

MUTV
ADD-ON CHANNEL

6.00pm Game On
Tonight's preview.
6.15
Megastore Megabuys
6.30
Junior Masterfan
7.00 Red Hot News
All the latest developments from one of the world's biggest football clubs.
7.30 Man U Menu
With Mark Simkin.
8.00 Super Match – Reserve Match
Reserve team action from the men hoping to break into Alex Ferguson's all-star side.

10.00
Talk of the Devils
Journalists and fans chat about the Reds.
10.45 F.A.N.
The show for the modern fan.
11.15 The Insiders
Meet the unsung heroes behind the scenes.
11.30-12midnight
Red Hot News

SCI-FI
ACTION PACK

7.30am Bloomberg Information Television 8.00 Sightings
9.00 Buck Rogers in the 25th Century
10.00 Quantum Leap
11.00 Dark Shadows
11.30 The Ray Bradbury Theatre
12noon The Twilight Zone
12.30pm The Twilight Zone
1.00 Tales of the Unexpected
1.30 Tales of the Unexpected
2.00 Amazing Stories
2.30 Mysteries, Magic and Miracles

3.00 Buck Rogers in the 25th Century
Happy Birthday, Buck
Adventures of an American astronaut in the future.

4.00
The Incredible Hulk
Death in the Family
Banner is presumed dead from a laboratory explosion.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

6.00 Time Trax
M.I.A.
Darien helps Ev Rankin rescue Ev's son, John, from a sadistic Vietnam War criminal.

7.00 Quantum Leap
Black on White on Fire
Sam returns to 1965 LA as a black medical student struggling against violent racial tension.

8.00 Mercy Point
New Arrivals
A mysterious and fatal virus spreads throughout the Mercy Point hospital facility.

9.00
Sci-Focus on Lexx
Behind the scenes of *Lexx*.
9.30 Sci-Focus on Star Trek: Insurrection

10.00
FILM: Dead Fire
Matt Frewer, C Thomas Howell, Monika Schnarre
Futuristic thriller set in 2064 about a space station which orbits Earth regenerating the radiation poisoned atmosphere. On board are the only surviving members of the human race. *1997*
12midnight
New Alfred Hitchcock
12.30am
The Ray Bradbury Theatre
1.00 FILM: The Corvini Inheritance *1984*
2.00 Sci-Focus
2.30 New Alfred Hitchcock
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Talk show hosted by Trisha Goddard, who shares heart-warming and hair-raising true stories with the audience.
4.50 Trailblaze
Intrepid travel show presented by Tricia Williamson.
5.00 Heartbeat
Sixties police drama set in Yorkshire. Starring Nick Berry and Juliette Gruber.

6.00 Bedrock
Another edition of the teenage magazine.
7.00 The Locker
A look at how to improve your health and fitness.
7.30 Pulling Power
Magazine show for motoring enthusiasts.
8.00 Airline
Documentary about an airline following the staff and passengers of Britannia Airways through a summer.

8.30 Who, What, Why?
A look at the facts behind the week's news.
9.00 Teen Spirit
A series looking at teenage life today in Britain.
10.00 Emmerdale
Another cance to watch the episode shown earlier today on ITV.
10.30 Liverpool One
Police drama starring Samantha Janus.
11.30-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Suburban Tales 12.20 Unearthing Passions 12.45 FILM: Sister Snatch 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Erotic Visions 2.25 FILM: Allure 3.40 Treasure Chest 4.10-5.30am FILM: Taboo

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Our First Time 12.35 Dungeon Dykes
Erotic lesbian programme with Natasha.
1.00 Lesbian Fantasies – Jamie and Sorricca 1.20 Black Domination 1.50 School Girl Fantasy 2.45-4.00am FILM: Vixxen Four

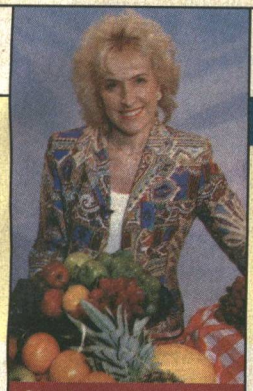
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: The Ranch
Andrew Stevens, Gary Fiellgaard, Lou Ann Schmidt
Comedy in which a bankrupt New York executive inherits a run-down ranch and turns it into a health spa.
9.35 FILM: Johnny Nitrate 11.25 Bikini Beach 11.50-12midnight Malibu Dreams

Thursday 7 January



Shed pounds with 'Rosemary Conley's Low Fat Cookbook'. Granada Breeze 11.30am, 4.30pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Crosswits
Cryptic crossword quiz.
5.45
The Games Room
6.00 Family Fortunes
Hosted by Max Bygraves.
6.30
The Games Room
6.45 Catchphrase
Roy Walker hosts the hi-tech gameshow.
7.15
The Games Room
7.25 100 Per Cent
The general knowledge quiz show without a host.
7.55
The Crystal Maze
A team of contestants tackles a series of ingenious games and fiendish challenges.
9.00
The Games Room
9.15 Strike it Lucky
With Michael Barrymore.
9.45
The Games Room
10.00 Endurance UK
Torturous gameshow hosted by Paul Ross.
10.30 The Cooler
Donna Air trawls through the trendy world of trash.
11.00
Carnal Knowledge
Saucy quiz show that asks contestants to share all, hosted by Graham Norton and Maria McErlane.
12midnight Strike it Lucky
12.30am Split Second
1.00 3-2-1
2.00 Love at First Sight
2.30 Studs
3.00 Endurance UK 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Shopping with Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
Moral dilemmas dramatised and discussed.
3.30 Lie Detector
Unmasking deception using modern methods.
4.00
Indecent Proposals
With Paul Dooner.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
With Miff Daniels and Debbie Currie.
5.30 Why Files
More weird and wonderful tales of the paranormal.
6.00
The Fashion Show
The latest update on the catwalk.
6.30
Indecent Proposals
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
Moral dilemmas dramatised and discussed.
8.00 The Why Files
More weird and wonderful tales of the paranormal.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Dog Night L!VE
Stevie Knuckles introduces action from the track.
9.57 Topless Darts
More shapely throwing.
10.00
Hollywood Uncovered
A look behind the scenes of the adult film industry.
10.30 Exotica Erotica
Adult entertainment.
11.30 Blue Review
11.45 Janeycam
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer/Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food for Thought 10.00 Who's Cooking? 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Coxon's Kitchen 12noon Network 12.30pm For Better, for Worse 1.00 Food for Thought 1.30 Green Gourmet 2.00 Tessa Bramley 2.30 Network 3.00 Retrospectives 3.30 Coxon's Kitchen College 4.00 From the Ground Up 4.30-5.00pm Caribbean Light

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 London Bridge
Claire discovers that Ravi plans to propose to Sam.
6.30 Rising Damp
Stage-Struck
With Leonard Rossiter.
7.00 Boon
Do Not Forsake Me
Boon is the only thing standing between Bob Messener and a recently released prisoner.
8.00 Animal SOS
A German Shepherd is struck by the Parvo virus.
8.30
Goodnight Sweetheart
One O'Clock Jump
9.00 St Elsewhere
Lust et Veritas
Jerry Singleton continues to create problems for the staff in his efforts to get his wife the best attention.
10.00
Head Over Heels
Secret Love
Camilla and Jimmy secretly enter the Pimlico Palais Dance Competition.
11.00
Hill Street Blues
Influential Eighties American police drama series set in a tough urban area with Daniel J Travanti.
12midnight Rising Damp
Stage-Struck
When an actor arrives at the boarding house, everyone becomes stage-struck – except Rigsby.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon Horse Tales
Star Event
12.30pm Going Wild
Desert of Mist
1.00 Nature Watch with Julian Pettifer
Burn, Ivory, Burn
1.30 Australia Wild
Wombats, Bulldozers of the Bush
2.00 Wildlife ER
2.30 Human/Nature
Charting man's relationships with animals and nature.
3.30 Harry's Practice
Harry pays some surprise house calls.
4.00
Jack Hanna's Zoo Life
Noah's Ark
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
With Wendy Turner.
5.30 Australia Wild
Window on the Wild
A look at the Healesville Sanctuary in Australia.
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
That Boy and Girl Thing
7.00 Rediscovery of the World: Channel Islands: Days of Future Past
Report on the islands off the coast of California.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets who attempt to help animals in distress.
8.30 Zoo Babies
A behind-the-scenes look at the maternity ward of a zoo.
9.30 Emergency Vets
Stories from the Alameda East veterinary hospital in Denver.
10.00
Deadly Australians
Coastal and Ocean
NEW SERIES
10.30
The Big Animal Show
11.00 Wild Rescues
NEW SERIES
Stories of courage.
11.30-12midnight Emergency Vets
Veterinary hospital tales.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.30 Esther 10.00 Airport 10.30 Jobs for the Girls 11.15 Clive James – Postcard from Rio 12noon Tomorrow's World Plus 1.00pm Crime Limited 1.30 The Great Egg Race 2.00 Life Stories 2.30 999 Lifesavers

3.00 Animal Hospital
With Rolf Harris and Steve Knight.
3.30 The Marriage – for Better, for Worse?
Documentary series with Desmond Willcox.
4.30 Esther
Richard Branson
Esther Rantzen interviews the self-made tycoon.
5.00 The Cruise
Scotty to the Rescue
It's New Year at sea.
5.30 Future Fantastic
Gillian Anderson presents a glimpse into the future.
6.00
Secret Memories
Six stories of bravery from World War II, including that of the youngest man to be dropped into France.
7.00
The First Americans
Looking at controversial recent evidence of people who lived before the Eskimos, Incas and Aztecs.
8.00
Baboons Rule OK
The exploits of a troop of baboons.
8.30 The Velvet Claw
The Rich Man's Table
9.00 Out of Asia
Examining the accepted evolutionary theory that modern humans emerged from Africa in light of new archaeological evidence.
10.00 The Cruise
Life's a Beach
Scotty gets some news.
10.30
Billy Connolly's World Tour of Australia
Billy swims with dolphins.
11.20 Top Gear Take 2
AC Cobra
11.30
Jeremy Clarkson's Extreme Machines
12midnight
The Power and the Glory
State of the Art
A look at the current state of Formula One, focusing on technical developments.
12.30am-1.00am
Crime Limited
Presented by Nick Ross.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 Healthbeat 9.00 Sally Jessy Raphael 10.00 The View 11.00 Wilde About Flowers 11.30 Rosemary Conley's Low Fat Cookbook 12noon The Makeover Show 12.30pm Healthbeat 1.00 Livetime 2.00 The View

3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00 The Good Housekeeping Show
Magazine programme.
4.30 Rosemary Conley's Low Fat Cookbook
5.00-6.00pm Sally Jessy Raphael
American talk show in which guests bemoan the behaviour of their kids.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
New Fox in Town
Taking a look at wildlife from a new perspective.
7.30 Herculaneum: Voices of the Past
8.00
Beauty and the Beast
Greta Scacchi explores how our perceptions of animals have been shaped by the media and fashion.
9.00 Extreme Earth: Land of Fire and Ice
Looking at Iceland.
9.30 Extreme Earth: Earthquake
Studying the phenomena.
10.00 On the Edge: Deep Diving with the Russians
Looking at the life forms around hydrothermal vents in the mid-Atlantic ridge.
11.00 Ice Bound: Arctic Adventure
Join Matt Dickinson as he attempts to climb the same mountain range in the Arctic as his father.
12midnight-1.00am
Ice Bound: Poles Apart
Recording the fortunes of a two-man British team, headed by Sir Ranulph Fiennes, racing against a rival Norwegian expedition to reach the North Pole in 1990.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Kickstart
9.00 Mad for Hits
2.00pm So 90s
3.00 Bytesize MTV
The best moments from MTV.
4.00 Select MTV
6.00 Ultrasound Madonna
Kurt Loder chats with Madonna in the recording studio while she records her latest album *Ray Of Light*. In between video clips and archive footage, they discuss motherhood, how she has evolved both as an artist and as a person and the new work.
6.30 Non-Stop Hits
8.00 European Top 20 A run down of the latest chart hits.
9.00 Bytesize MTV All the best moments from MTV.
10.00 Ultrasound Madonna
10.30 Movie Special
11.00 Non-Stop Hits An hour of non-stop music.
12midnight The Late Lick
With Trevor Nelson.
1.00am Ultrasound Madonna
1.30 Movie Special
2.00-6.00am Night Videos
Music throughout the night.

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best... Kiki Dee NEW 1.00pm Greatest Hits of... Crowded House 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Clare Grogan 7.00 VH1 Hits 9.00 Bob Mills' Big 80s 10.00 The VH1 New Year's Honours 11.00 American Classic 12midnight The Nightfly 1.00am VH1 Spice 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Snow Safari 12.30pm On the Horizon 1.00 Travel Live 1.30 The Rich Tradition 2.00 The Flavours of Italy 2.30 Caprice's Travels 3.00 Going Places 4.00 Go Portugal 4.30 Journeys Around the World 5.00 Reel World 5.30 Pathfinders 6.00 The Rich Tradition 6.30 On Tour 7.00 Snow Safari 7.30 On the Horizon 8.00 Travel Live 8.30 Go Portugal 9.00 Going Places 10.00 Caprice's Travels 10.30 Journeys Around the World 11.00 On Tour 11.30-12midnight Pathfinders

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 Home Front 8.00 Style Challenge 8.30 All Over the Shop 9.00 Ready, Steady, Cook 9.30 Change That 10.00 How Does Your Garden Grow? 11.00 The Terrace 11.30 Real Rooms 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Looking Good 2.30 How Does Your Garden Grow? 3.30 Off the Beaten Track 4.00 Travel Show Guides 4.30 Holiday in Style 5.30 All Over the Shop 6.00 Can Ski ... Will Ski! 6.30 Wilderness Walks 7.00 Travel Xpress 7.30 Travel Show Guides 8.00 Style Challenge 8.30 Change That 9.00 Waterlines 9.30 Ready, Steady, Cook 10.00 Real Rooms 10.30 All the Right Moves 11.00 The Flower Show 11.30 Growing Places 12midnight Travel Xpress 12.30am-1.00am Travel Show Guides

Thursday 7 January

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 Painted 8.00 Wedding 8.30 Baby Story 9.00 Simply Painting 9.25 Home and Leisure 9.30 Garden Rescue 10.00 Garden Doctors 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt 12noon Australia's Home 12.30pm Doing it Up 1.00 Our House 1.30 Hometime 2.00 Wood Wizard 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

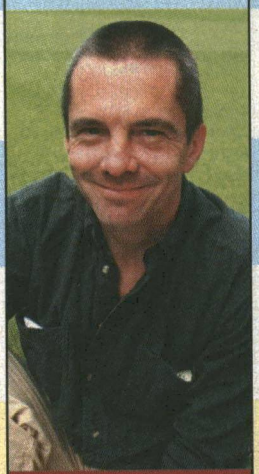
DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
A fishing visit to the meandering Murray River.
4.30 Walker's World
Switzerland
5.00 Connections 2 by James Burke
Flexible Response
5.30 History's Turning Points
The Battle of Salamis
6.00 Animal Doctor
Following the work of vets from the RSPCA.
6.30 Hunters
Giant Grizzlies of the Kodiak
A visit to Alaska to study the behaviour of the great brown bears.
7.30 Beyond 2000
The latest developments in the world of science.
8.00 Discover Magazine
Sacrifice
NEW SERIES Takes a look at crime-solving in modern society.
9.00 Clone Age
A look at how, with the millennium comes a revolutionary technology, one which could result in the first human clones.
10.00 Super Structures
Sea Wolf
The story of the most complex military machine of the 20th Century.
11.00 Forensic Detectives
Traces of Guilt
How the smallest of clues can help to solve the biggest cases.
12midnight UFO, Down to Earth
Retrieval
1.00am Connections 2 by James Burke
Flexible Response
1.30-2.00am History's Turning Points
The Battle of Salamis

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Ivanhoe 6.00 Fruitties 6.30 Tabaluga 7.00 Power Puff Girls 7.30 Dexter's Laboratory 8.00 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 New Fred and Barney Show 9.30 Dexter's Laboratory 10.00 Cow and Chicken 10.30 Johnny Bravo 11.00 Animaniacs 11.30 Beetlejuice 12noon Tom and Jerry 12.15pm Bugs and Daffy Show 12.30 Road Runner 12.45 Sylvester and Tweety 1.00 Popeye 1.30 Droopy 2.00 Addams Family 2.30 The Jetsons

3.00 Taz-Mania
Cartoon comedy.
3.30 Scooby and Scrappy-Doo
Spooky capers with the cowardly canine.
4.00 Power Puff Girls
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor as he stirs up a concoction or two.
5.00 I Am Weasel
Furry fun.
5.30 Cow and Chicken
More fun with the mismatched siblings.
6.00 Tom and Jerry
Comic antics with the playful cat and mouse.
6.30 The Flintstones
Betty and Wilma indulge Fred and Barney's antics.
7.00 Batman
Superhero action from the Caped Crusader who protects Gotham City.
7.30 Mask
Crazy cartoon fun.
8.00 Scooby Doo – Where are You?
Spooky antics.
8.30-9.00pm Beetlejuice



St John Stephen sets ground rules in 'Garden Rescue'. Discovery Home & Leisure 9.30am

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 Magic School Bus 11.30 PB Bear/Budgie/Animal Antics/ Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas 1.30 Little Bear Stories 2.00 Clangers/King Rollo/ Wombles/Bod 2.30 Children's BBC
More animated classics from the BBC archives.

3.30 Pippi Longstocking

4.00 Hey Arnold!
More adventures with the kid with the cool quiff.
4.30 Rugrats
Fun with the lovable nippers and their errant parents.
5.00 Sister Sister
Teen comedy featuring the identical twins.
5.30 Kenan & Kel
Starring Kenan Thompson and Kel Mitchell.
6.00 Sabrina 6.30-7.00am Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
7.30 Desmond's
Comedy at a Peckham barbershop.
8.00 Roseanne
Thanksgiving '93
A fight breaks out in the middle of Thanksgiving.
8.30 Just Shoot Me
Bravefinch
9.00 Cybill
Venice or Bust
9.30 Seinfeld
The Letter
Jerry dumps his new girlfriend.
10.00 Frasier
Death and the Dog
10.30 Cheers
Dinner at Eightish
Sam and Diane go to dinner with Frasier.
11.00 Festival of Fun 2
Hosted by Lee and Herring.
11.30 The Larry Sanders Show
Larry's Agent
12midnight Late Night with David Letterman
1.00am Taxi
Comedy set in a taxi rank.
1.30 The Critic
2.00 Dr Katz
2.30 Soap
3.00 Wings
3.30-4.00am Nightstand

FOX KIDS
FAMILY PACK

6.00am Power Rangers Turbo 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong Country 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 The Incredible Hulk 10.15 Casper 10.30 Oggy 10.55 The Mouse and the Monster 11.05 Eek!Stravaganza 11.30 Life with Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05 The Incredible Hulk
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
Animated warriors.
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
Alien animation.
5.00 Goosebumps
5.25 Eerie Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong Country
6.25 Sam and Max
6.50-7.00pm Eek!Stravaganza
More feline fun.

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection!
7.00 Bargain Shop!
7.30 Silversmith
8.30 Branded!
9.30 Good Hair Days
10.00 Beauty Secrets
11.00 In the Kitchen with Susan Brookes
12noon Dress for Less
1.00pm Bargain Shop!
1.30 Shop Selection!
2.30 Do It Yourself!!
Featuring power tools from DIY giant Black and Decker.
3.00 Plugged in
4.00 Dimanti Designs
5.00 Shop Selection!
A round-up of the best offers on Shop!
6.00 In the Kitchen with Susan Brookes
7.00 Beauty Secrets
8.00 Dress for Less
9.00 Dimanti Designs
10.00 Plugged in
Top brand vacuums and cleaners for every home and every budget.
11.00 In the Kitchen with Susan Brookes
12midnight Bargain Shop!
12.30am Shop Selection!
1.30 Dress for Less
2.30 Good Hair Days
3.00 Dimanti Designs
4.00 Beauty Secrets
5.00-6.00am Plugged in

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 9.30 World Today 10.00 News 11.00 News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 24 4.30 Face in the Crowd 5.00-6.00am BBC News 24

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.00 Morning 7.30 Sport 8.00 Morning 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Science 1.30 World 2.30 Showbiz 3.30 Sport 4.30 Travel 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 World 11.30 Moneyline 12.30am Showbiz 1.30 Q&A 2.00 Larry King 4.15 American 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 Fashion TV 4.30 CBS Evening News 5.30-6.00am Global Village

INTERNATIONAL

TV5 5.00am Journal International 5.15 Gourmandises 5.30 Télématin 7.00 Journal du Temps 7.05 Journal Télévisé de Radio Canada 7.30 Journal du Temps 7.35 Quatre et Demi 8.05 Claire Lamarche 9.05 Référence 9.30 Espace Francophone 10.05 Zig Zag 11.05 Voilà Paris 11.33 Journal Télévisé France 3 11.55 Journal du Temps 12noon Envoyé Spécial 2.00pm Journal International 2.15 Comment Ça Va? 3.15 Voilà Paris 3.45 Bus et Compagnie 4.35 Pyramide 5.00 Questions pour un Champion 5.30 Journal du Temps 6.00 Voilà Paris 6.25 Un Livre, un Jour 6.30 Journal Télévisé Suisse 7.00 Cinéma 9.00 Journal Télévisé de France et Journal 9.30 Cinéma 11.25 Journal du temps 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Balcony 12.30pm Khiladi 1.00 Zameen Aasman 1.30 FILM 4.00 Aahwan 4.30 Nasal 5.00 Gehra Paani 6.00 Dekh Bhai Dekh 6.30 Dard 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am A Mouthful of Sky 1.00 FILM 4.00 Star Show 4.30 Doosra Kewal 5.00 Classical Music 6.00 Holy Quran 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Hero Kal Aaj Aur Kal 6.30 Awaaz Nayee Andaz Wohi 7.00 Faith 7.30 Daily News 8.00 Karobari Duniya 8.30 Sailaab 9.00 Zanjeeren 9.30 Zee Health Show 10.00 Hawaain 11.00 Pot Luck 11.30 Parampara 12noon Sennapathi 3.00pm Zee Bangla 3.30 Public Demand 4.00 Campus 4.30 Fairdeal Antakshari 5.30 Daraar 6.00 Pop Time 6.30 Hip Hip Hurray 7.00 Gudgudee 7.30 Cine Magic 8.00 News Bulletin 8.30 Chahat Aur Nafrat 9.00 Himalaya's Hasratein 10.00 Blunt 10.30 Anhonee 11.00 Mujhe Chaand Chahiye 11.30 Music Time 12midnight News Bulletin 12.30am Zee Business Show 1.00 Zee Bangla 1.30 Raahat 2.00 Kasam Dhande Ki 4.30 An Hour with 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 5.00 Light and Life 5.30 Scott Webb 6.00 Voice of Faith 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is your Day 8.15 Good Morning Europe 8.30 Potters House 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Rick Joyner 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

24-hour business news, including: 2.19am Fund Manager's Corner 3.49 Technology Report 3.57 Weather 4.24 Sport

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

Parliament in recess.

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
Lynne is match-making.
11.30 Emmerdale Farm
12noon Emmerdale Farm
Alan Turner fights for survival.
12.30pm As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War: Alone
5.00 Four Years of Thunder: Flying to War – Flight 1914
6.00 Mummies: Tutankhamun – Tales from the Egyptian Crypts
A visit to the pyramids.
7.00-8.00pm Great Commanders: Admiral Lord Nelson
This programme explores the life of Horatio Nelson.

SKY TRAVEL
LIFESTYLE PACK

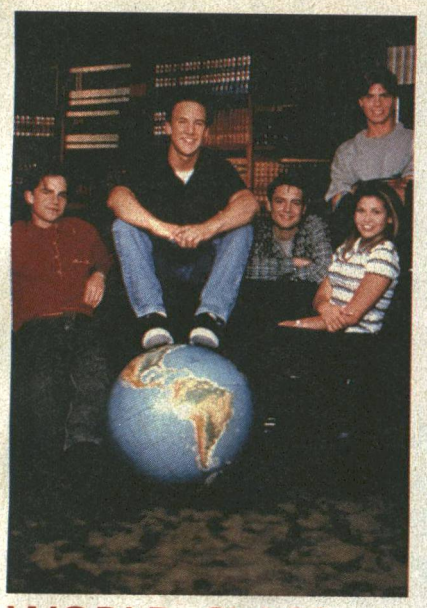
11.00am Dales Diaries
11.30 Sky Destinations
12noon Travels with Chuck Henry 12.30pm Getaway
1.00 Around the World
Marrakech and Lanzarote
1.30 Was It Good for You?
Las Vegas
2.00 Travel Tips
3.00 Around the World
3.30-4.00pm Great Escapes
Egypt and Cognac

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is in the Salon with Alison at 4.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

POWER CABLE
THE YOUNG PERSON'S GUIDE TO WHAT'S ON THIS MONTH

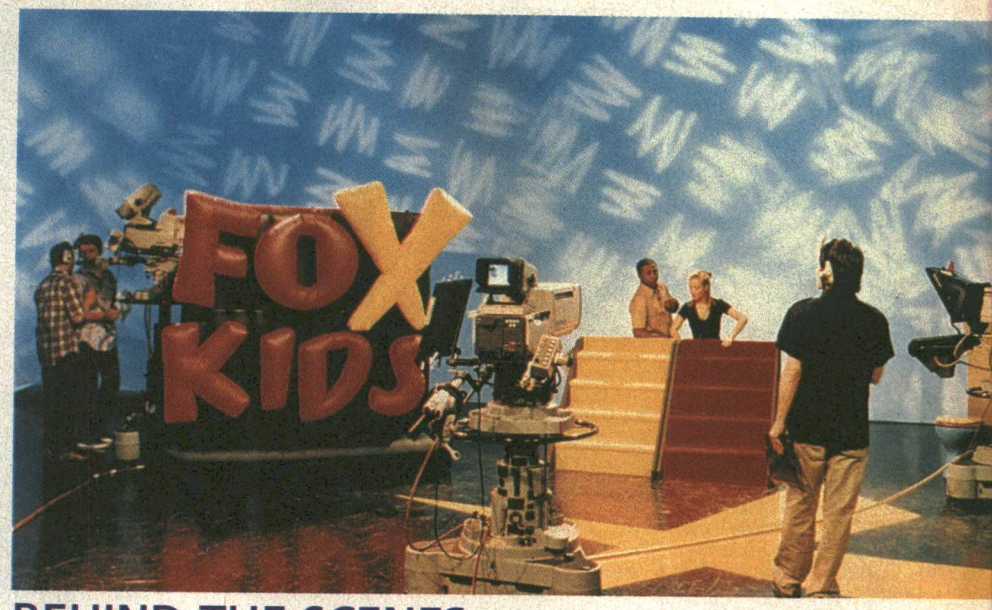


WORLD CLASS

The fifth series of *Boy Meets World* begins on Disney this month. Both Cory (Ben Savage) and best friend Shawn (Rider Strong) are now seniors in high school. While Cory's relationship with girlfriend Topanga (Danielle Fishel) becomes more serious, Shawn has just found a girl who catches his eye.

Shawn and his brother Jack (Matthew Lawrence) share an apartment with Eric (Will Friedle). The brothers though, having been brought up by different parents, have a lot of catching up to do. Meanwhile, Mr and Mrs Williams consider having another child and Mr Feeny, the ever-present principal, remains on hand to dole out advice.

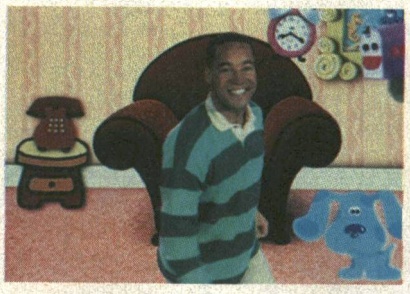
Disney Channel, weekdays from Monday 11th, 6.30pm



BEHIND THE SCENES

Ever wondered what goes into the making of an action-packed *Power Rangers* movie, or thought about how *Oggy and the Cockroaches*, *Home to Rent* and *Goosebumps* have been made into some of your favourite cartoons? Well now is your chance to find out as Roy Agyeman and Lisa O'Connell take you backstage at Fox Kids to show you exactly what happens behind closed doors. Discover what takes place when the cameras stop rolling and catch exclusive footage that has never before been seen on TV – not even Roy and Lisa escape the out-takes when they get caught on camera themselves!

Access All Areas with Roy and Lisa, Fox Kids, Saturday 30th, 10.00am



ON THE TRAIL ...

Blue the puppy leaves pawprint clues for Kevin around the house and, with the help of the viewers, Kevin has to find the three clues and solve the mystery of what Blue wants to do. January features brand new episodes of Nickelodeon's very own animated series for younger children.

Blue's Clues, Nickelodeon, weekdays from Monday 4th, 12.30pm

SUGAR PUFFS – WITH ATTITUDE!

Girl Power is about to strike again! And there's even a spice connection. Working late one night in his lab, Professor Utonium realises his lifelong dream ... the creation of a perfectly cute life-form using sugar and spice and a touch of genius. Enter the *Powerpuff Girls* – Blossom, Bubbles and Buttercup. They are the fairly loveable triplets with two major missions – to save the world and just enjoy growing up at their kindergarten in Townsville.

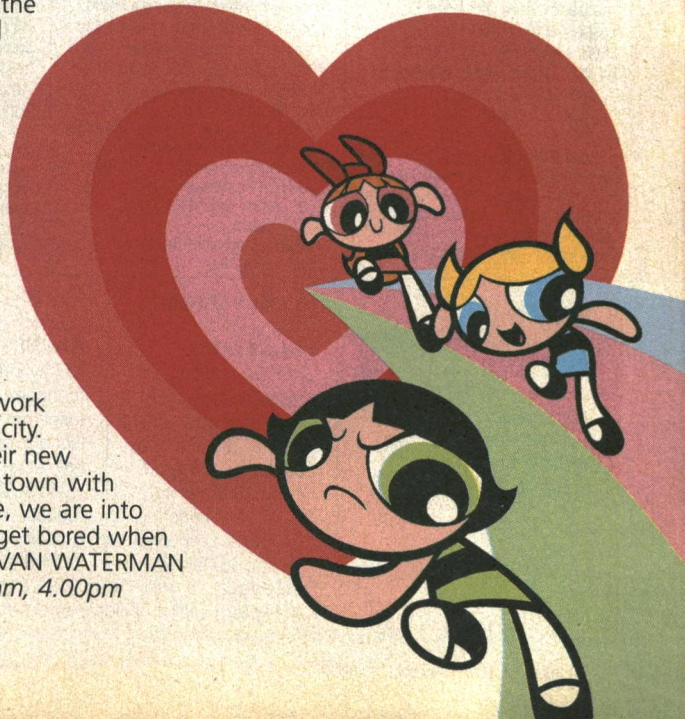
You'll be able to tell them apart by their colours and their personalities. Blossom is the leader and spokesperson and dresses in pink. She has brains and beauty. Bubbles prefers blue outfits, has pig-tails and sees the best in everything. She's probably over-sensitive. And then there's Buttercup, very fetching in green, with her volcanic temper. She likes a fight and reckons she should be the boss.

Their enemies include Mojo Jojo, a super-bright chimp and something of a control freak, and Him, a supernatural power who likes nothing more than devising schemes to test the girls' power. The super-powered, lab-produced girls are the work of Californian cartoon whizz-kids Craig McCracken and Genndy Tartakovsky, who created the successful *Dexter's Laboratory*.

The double-act moulded their talents at Cal Arts in Los Angeles and work out of the Hanna-Barbera animator's 'factory' an hour's drive from the city. Genndy says they are avoiding the *Tellytubbies* market and believes their new show 'gets violent and really intense'. He says: 'One villain infests their town with cockroaches. The girls are afraid but have to overcome their fears. Here, we are into reality. We like motivating kids through ideas. They're kids ... but they get bored when there isn't crime happening.'

Words: IVAN WATERMAN

Powerpuff Girls, Cartoon Network, starts Monday 4th, weekdays 7.00am, 4.00pm weekends 8.00am, 4.00pm



COMPILED BY PHILIPPA BEGLIN. PHOTOS: © DISNEY, FOX KIDS, NICKELODEON, CARTOON NETWORK

Friday 8 January

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00am The Bomber Boys
1995, rating Sky PG, 88 mins
8.00 Taken Away
1996, rating Sky PG, 86 mins
10.00 Larger Than Life
Bill Murray, Janeane Garofalo
1996, rating Sky PG, 89 mins
12noon The Wedding
Halle Berry, ShirlEy Knight
Romantic drama. *1997, rating Sky PG, 107mins*
2.00pm Taken Away
Michael Tucker, Jill Eikenberry, Robert Wisden, Jimmy Marsden
Powerful drama in which a woman with a heart condition is kidnapped by two students, and left without her medicine.
1996, rating Sky PG, 86 mins

3.00 PM

4.00 The Bomber Boys
Martin Sheen, Joe Mantegna, Joe Piscopo
Comedy in which three children escape their angry parents and flee to a secret hideout, where they find an atomic bomb. They decide to hold the country to ransom, by calling the President and demanding he cancels school. *1995, rating Sky PG, 88 mins*

5.00 PM

6.00 Larger Than Life
Bill Murray, Janeane Garofalo Matthew McConaughey
Comedy in which a man is surprised to discover that his late father has bequeathed him an elephant named Vera. *1996, rating Sky PG, 89 mins*

7.00 PM

7.30 The Barry Norman Interview with Pierce Brosnan
Exclusive chat with the 007 star.

8.00 PM

8.00 Star Trek: First Contact
Patrick Stewart Jonathan Frakes, Levar Burton Michael Dorn, Gates McFadden
Captain Jean-Luc Picard, Commander William Riker and the rest of the *Enterprise* crew are propelled into action when the Borgs hatch a plan to travel back in time to earth. Text
1996, rating Sky 12, 106 mins

9.00 PM

10.00 The Crossing Guard
Jack Nicholson, Anjelica Huston Robin Wright, David Morse
Thriller in which a father plans to avenge his daughter's death. It has been six years since Freddy Gale lost his daughter in a car accident and since then has become an alcoholic obsessed with revenge. Text
1995, rating Sky 15, 106 mins

10.00 PM

11.50 Dead Man Walking
Susan Sarandon, Sean Penn
Death row drama. Text
1995, rating Sky 15, 117 mins

11.00 PM

1.55am Hotel Sorrento
Caroline Goodall, Caroline Gillmer
Text *1996, rating Sky 15, 108 mins*
3.50-5.45am Bounty Hunters
Michael Dudikoff, Lisa Howard
1996, rating Sky 15, 93 mins

12.00 NIGHT TIME

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am A Message from Holly
Lindsay Wagner, Shelley Long
1992, rating Sky PG, 90 mins
9.00 Coyote Summer
Vinessa Shaw, Adam Beach
1996, rating Sky U, 89 mins
11.00 Ebirah – Horror of the Deep
Akira Takarada, Toru Watanabe
1966, rating Sky PG, 83 mins
1.00pm A Message from Holly
Lindsay Wagner, Shelley Long
1992, rating Sky PG, 90 mins

3.00 Coyote Summer
Vinessa Shaw, Adam Beach
Drama in which a maladjusted city teenager is sent to spend the summer with her aunt and uncle on a ranch while her single mum takes a business trip. While in the country the girl befriends a wild horse and slowly learns to come to terms with her anger and hurt.
1996, rating Sky U, 89 mins

5.00 A Long Way Home
Rosanna Arquette, Tim Hutton Brenda Vaccaro, Paul Regina
PREMIERE Drama in which a young man goes in search of his brother and sister, many years after the three were sent to separate foster homes.
1981, 97 mins

7.00 P:review
All about what's coming up on Sky, with Jessica Whittaker.
7.30 UK Top Ten
Counting down the current British box office top ten.
8.00 Action Heroes
Jean-Claude Van Damme
Hollywood's greatest action stars.
8.30 Movie Magic: Movie Mayhem
How the movies are made.
9.00 Murder at 1600
Wesley Snipes, Diane Lane Daniel Benzali, Dennis Miller
PREMIERE Thriller in which the body of a member of the White House staff is found dead, and detective Harlan Regis begins to suspect a cover-up. *1997, rating Sky 15, 107 mins*
10.45 Loyal Opposition: Terror in the White House
Joan Van Ark, Nick Mancuso, Corbin Bernsen
Thriller in which the first female vice-president steps in when the president is held hostage.
1997, rating Sky PG, 92 mins
12.25am Mars Attacks!
Jack Nicholson, Glenn Close Text
1996, rating Sky 12, DS, 101 mins
2.10 My Fellow Americans
Text *1996, rating Sky 12, 97 mins*
3.50 The Protector
1997, rating Sky 18, 89 mins
5.25-7.00am Ebirah – Horror of the Deep
1966, rating Sky PG, 83 mins

Wesley Snipes and Diane Lane star in the premiere of 'Murder at 1600'. Sky MovieMax 9.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm
The Hell with Heroes
Rod Taylor, Claudia Cardinale Kevin McCarthy, Harry Guardino
World War II adventure about a pair of pilots who inadvertently find themselves joining forces with a smuggler. *1968, rating Sky PG, 98 mins*

6.00 The Lemon Drop Kid
Bob Hope, Marilyn Maxwell Lloyd Nolan, Jane Darwell
Comedy in which an unfortunate horse racing bookmaker has to return a gangster's wager, which has been accidentally lost. It is Christmas however, and that particular season gives him A good opportunity to exploit the people of his home town. *1951, rating Sky PG, 91 mins*
8.00 Seven Days in May
Burt Lancaster, Kirk Douglas Fredric March, Ava Gardner
Highly charged political thriller. When the US President negotiates a far from perfect nuclear treaty with the Soviets, his fellow chiefs of staff resolve to force him out of the White House. However, the President finds an ally in a military advisor.
1964, rating Sky U, 113 mins
10.00 The Seven-Ups
Roy Scheider, Tony Lo Bianco, Richard Lynch
Action thriller in which a cop sets out to stop rival mobsters from destroying one another in his city.
1973, rating Sky 15, 99 mins
11.45
AFI's Greatest Movies
Jodie Foster and Richard Gere host this very special event; the American Film Institute's Top Ten movies of all time.
2.20am Zorba the Greek
Anthony Quinn, Alan Bates
Drama about a travelling writer.
1964, rating Sky PG, 136 mins
4.40-5.55am Africa Screams
Bud Abbott, Lou Costello
1949, rating Sky U, 73 mins

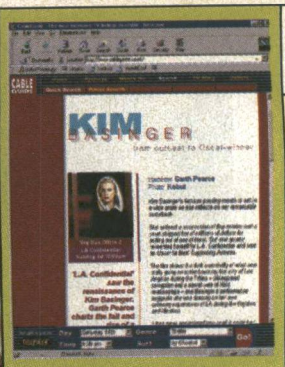
MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm
WCW Nitro on TNT
The latest wrestling action from the US.

11.35 WCW Thunder
Further wrestling action from the US.
1.30am Telefon
Charles Bronson, Lee Remick
Cold War thriller in which a pair of KGB operatives are sent to terminate a renegade Stalinist agent in the US. *1977, 99 mins*
3.15-5.00am God is My Co-Pilot
Dennis Morgan, Raymond Massey
War yarn about a fighter pilot.
1945, 88 mins



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Short Attention Span Cinema
Another two hours of short films that will amaze, amuse, entertain and provoke.

8.00 Time After Time
Malcolm McDowell, David Warner, Charles Cioffi Mary Steenburgen
Witty and inventive science fiction thriller. It's 1893 and Jack the Ripper steals H G Wells' time machine and escapes to the future. However, Wells follows him to 1979 San Francisco to bring him to book.
1979, 112 mins
10.00 Wide Sargasso Sea
Karina Lombard, Nathaniel Parker
Drama based on Jean Rhys prequel to Charlotte Bronte's *Jane Eyre*, which tells the story of the first Mrs Rochester's life in Jamaica. *1992, 95 mins*
11.40 Guncrazy
Drew Barrymore, James LeGros
Debut film from Tamra Davis which looks at the pressures that lead people to kill. *1992, 93 mins*
1.15am Nikita
Anne Parillaud, Marc Duret
1990, 112 mins
3.15 Little Odessa
Tim Roth, Vanessa Redgrave
1994, 95 mins
4.50-6.00am Detour
1945, 65 mins

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
VOLCANO
Disaster movie in which LA finds itself sitting atop an erupting volcano. Stars Tommy Lee Jones and Anne Heche. *1997, rating Sky 12, 100 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
EXCESS BAGGAGE
Quirky comedy about a teenage heiress who fakes her own kidnapping. *1997, rating Sky 12, 97 mins*
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
GEORGE OF THE JUNGLE
Chaotic comedy starring Brendan Fraser. *1997, rating Sky U, 87 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed science fiction movie with spectacular effects. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
CRASH
Infamous David Cronenberg film based on a novel by JG Ballard. Stars James Spader and Deborah Kara Unger. *1996, rating Sky 18, 97 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You
1.30 Jeopardy
2.00 Sally Jessy Raphael
Stop Beating Me Or Else

3.00 Jenny Jones
Kids Who are Cruel: Teens Harassed at School
In today's show, teenagers who are being bullied at school face their tormentors.
4.00 Guilty!
More from the show that tackles the crimes and misdemeanours commited by friends, lovers, families and colleagues. Presented by Carole Malone.
5.00 Star Trek: Deep Space Nine
In the Hands of the Prophets
Keeko O'Brien finds herself at odds with Kai Opaka, the Bajoran spiritual leader. Text
6.00 Married... With Children
Requiem for a Chevyweight – I
Al needs to get a new car.
6.30 Friends
The One with Russ Text
7.00 The Simpsons
The Twisted World of Marge Simpson Text
7.30 The Simpsons
The Trouble with Trillions
Homer goes undercover.
8.00 Beat the Crusher
An anarchic, chaotic game show hosted by Freddie Starr and Melinda Messenger. People from around Britain will be asked to perform outrageous tasks.
9.00 When Pets Go Bad
A one-hour special featuring shocking footage of pets behaving badly including a boa constrictor swallowing a dog and a monkey kidnapping a kitten.
10.00 Cops
Uncompromising fly-on-the-wall police documentary series.
10.30 Cops
A woman has allegedly struck a man with an axe handle.
11.00 Friends
The One with Russ Text
11.30 Earth: Final Conflict
Infection
Ne'eg succumbs to a terrible virus after working around the alien probe. Text
12.30am Highlander: The Series
Revenge of the Sword
Jimmy Sang, a former student of Charlie's, is an up-and-coming martial arts movie star in danger from a powerful gang.
1.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.30 Neighbours
7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 House of Eliott
10.30 Angels
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
A Place of Your Own

3.25 The Bill
Don't Want to Hear the Bad News
A family is torn apart by crime.
3.55 EastEnders
More drama from the residents of Albert Square as they go about their daily lives.
4.30 Angels
Medical drama set in St Angela's hospital starring Fiona Fullerton.
5.00 All Creatures Great and Small
Judgement Day
The honour of the practice is at stake when James takes on the job of duty vet at a show.
6.00 Dynasty
Krystle is finding it difficult to adjust to her new lifestyle, and Fallon and Jeff end up skinny-dipping in the Carrington pool.
7.00 May to December
Romantic sitcom about the love between a young woman and a fiftysomething man.
7.40 It Ain't Half Hot, Mum
The Big League
With Windsor Davies.
8.20 Yes, Minister
The Writing on the Wall
Jim Hacker MP and Sir Humphrey learn of a plan.
9.00 Men Behaving Badly
Rich and Fat
Tony discovers that Gary has £33,000 stashed away in his current account.
9.40 Knowing Me, Knowing You... With Alan Partridge
Stars Steve Coogan.
10.20 Ruby Wax Meets... Bette Midler and Liza Minnelli
11.00 The Bill
A Place of Your Own
A search for a teenager reveals a man willing to exploit children.
11.30 The Bill
Don't Want to Hear the Bad News
12midnight
Dr Who and the Keys of Marinus
The Doctor finds himself in a futuristic city, a deserted jungle and an ice-bound wilderness.
2.30-3.00am
Best of the Old Grey Whistle Test

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 The Heat is On
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
2.10 LA Law
Drama set in a high profile firm.

3.10
The Jerry Springer Show.
Outrageous American talk show in which Jerry Springer and his guests engage in lively debate about relationships.
4.00 Michael Cole
I've Been Abducted by Aliens
No-holds-barred talk show in which Michael Cole tackles sensational subjects.
4.50 Rolonda
Psycho Ex-Girlfriends and Boyfriends
5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs have to create exciting new recipes from mystery ingredients.
6.15
The Jerry Springer Show
Outrageous American talk show in which Jerry and his guests engage in lively discussion.
7.05 Rescue 911
William Shatner hosts the series featuring the stories of real-life rescues by American emergency services.
7.35 Animal Rescue
8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.
9.00 FILM: Portraits of Innocence
Jennifer Gray, Michael Ironside, Stephen Hair, Mark Anderako
Fast-paced psychological thriller in which a young female criminal lawyer is caught up in the case of a photographer who becomes the prime suspect when a number of his models are brutally murdered. (1996)

11.30-12midnight
Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception and teen sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 The Fenn Street Gang 8.00 That's My Boy 8.30 Second Thoughts 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Watching 2.00 thirtysomething

3.00 The Love Boat
The Joker is Mild
A has-been comedian abuses a family tie in an astonishing bid to make a come-back. Starring Patty Duke Astin and Ruth Gordon.
4.00 The Saint
The Power Artist
The Saint finds himself the victim of an elaborate scheme to frame him for a murder. With Roger Moore.
5.00 Hawaii Five O
Hawaiian Nightmare Police
A geothermal dynamics expert plots an extortion scheme that would trigger a man-made volcanic eruption.
6.00 Emmerdale
Changes at Home Farm result in a new job for Kim.
6.30 Classic Coronation Street
Another soap gem from the past.
7.00 Mission: Impossible
The Slave: Part I
The IMF kidnaps the wife of the brother of a king in order to expose the slave trade. With Peter Graves.
8.00 The Love Boat
The Joker is Mild
A has-been comedian abuses a family tie in an astonishing bid to make a come-back. Starring Patty Duke Astin and Ruth Gordon.
9.00 Classic Coronation Street
9.30 The Brian Conley Show
10.00 Jokers Wild
10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm The Hot House
Non-stop chat, comedy, music and special guests.
11.30 Real Sex
A look at the ways men and women explore their sexuality.
12midnight Weird!
A mixture of interviews and sketches. Presented by comedienne Mandy Knight.
12.20am Lady Lust
12.30 Undressed with Guest
12.50 Lord Lust's Lovlies
1.00 Battling Babes
1.30-2.00am Elvis Has Just Left The Building

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear in the Big Blue House 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 Timon and Pumbaa 8.00 101 Dalmatians 8.25 Classic Toons 8.30 Hercules: The TV Show 9.00 Art Attack 9.15 Ned's Newt 9.30 Recess 9.45 Pepper Ann 10.00 Boy Meets World 10.30 Smart Guy 11.00 Teen Angel 11.30 Flash Forward 12noon Disney's Doug 12.30pm Dinosaurs 1.00 FILM: Enid Blyton's Woods of Adventure 2.20 Classic Toons 2.30 Winnie the Pooh

3.00 The Little Mermaid
Undersea adventures. Text
3.30 Timon and Pumbaa
More jungle fun. Text
3.45 Dalmatians
More crazy canine capers. Text
4.10 Hercules: The TV Show
Everybody's favourite muscle-bound hunk. Text
4.40 Art Attack
Award-winning art show. Text
5.00 Smart Guy
Being smart causes TJ problems at home and at school. Text
5.30 Recess Text
5.45 Pepper Ann Text
Pepper Ann wants to be cool. Text
6.00 The Wonder Years
Grandpa's Car Text
6.30 Boy Meets World
Cult Fiction
Shawn joins a cult when family life leaves him vulnerable.
7.00 Honey, I Shrunk the Kids
Honey, They Call Me The Space Cowboy
Wayne hops back to 1864. Text
7.50 Classic Toons
8.00 FILM: The Principal Takes a Holiday
Zachery Ty Bryan, Kevin Nealon Rashan H. Nall, Kurt Fuller
Comedy in which a school joker realises if he plays any more pranks he won't get his graduation present. *1997* Text
9.30 Home Improvement
Tim Taylor is a part-time loving husband and father, part-time chauvinistic host of *Tool Time*.
10.00 Dinosaurs Text
10.30 The Wonder Years
Our Miss White Text
11.00-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

FRIDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
Murder at 1600
Sky MovieMax 9.00pm
Wesley Snipes plays a Washington homicide detective who thinks he's seen it all. But his latest case involves the murder of a young woman at the White House, a world of disappearing documents, Secret Service agents and enigmatic government personnel.

GENERAL
Highlander: The Raven
Sci-Fi 8.30pm
The story of those stylish Immortals continues with the latest series of action and adventure as they roam the planet doing good and avoiding each other. This overhauled version of the series follows the life of the beautiful Amanda and her mortal partner Nick Wolfe.

ADVERTISEMENT

CAN SKI WILL SKI 11.30PM
UK STYLE
In this UK Style exclusive, the first new TV ski programme for years, brother and sister team Andrew and Penny Mallory help you get the most out of your skiing holiday – both on and off the piste.

Friday 8 January

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

MORNING

6.00 AM
7.30am Rally
8.00 Ski Jumping
9.00 Biathlon – LIVE
Coverage of the World Cup in Oberhof involving cross-country skiing and shooting.
10.20 Alpine Skiing
11.00 Rally
11.30 Car on Ice
Another look at the Andros Trophy in Alpe d'Huez.
12noon Biathlon – LIVE

3.00 PM
3.00pm Tennis – LIVE
Quarter final action from the ATP Tournament in Doha, Qatar, which sets the stage for the first Grand Slam tournament of the Year, the Australian Open. Among the players aiming to take the title from Petr Korda are Tim Henman and Cedric Pioline.

4.00 PM

5.00 PM

6.00 PM

7.00 PM
7.00 Football – LIVE
Coverage of the international tournament in Maspalomas, Spain.This year the four participating teams are VFL Wolfsburg from Germany, the title holders, Galatasaray Istanbul from Turkey, Rosenborg Trondheim from Norway and IF Brondby from Denmark.

8.00 PM

9.00 PM
9.30 Rally
Action from the Total Granada Dakar 99.

10.00 PM
10.00 Alpine Skiing
Coverage of the Women's World Cup in Berchtesgaden, Germany. Today's event is the night slalom.

11.00 PM
11.00 Xtrem Sports
Adrenalin sporting action.

12.00
NIGHT TIME
12midnight-12.30am Rally
Another chance to see action from the Total Granada Dakar 99.

SKY SPORTS 1
PREMIUM CHANNEL

6.30am Futures in Sport
7.00 Sky Sports Centre 7.15 WWF – Superstars 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics 9.30 You're On Sky Sports! 10.00 Spanish Football *Repeat from Thursday* **12noon Aerobics 12.30pm Football League Review 1.00 What a Weekend 1.30 Futbol Mundial 2.00 Rugby Club**

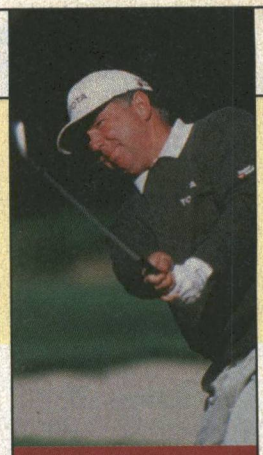
3.00
Survival of the Fittest
3.30
Motorcycling: AMA Grand National Series
Fast-paced action from the American Motorcyclist Association as participants rev up for the Grand National Series.
4.30 Gillette World Sport Special
5.00 Futbol Mundial
This is a show for the true supporter, covering football matches and news from all four corners of the globe.
5.30 What a Weekend
6.00
Sky Sports Centre
All you could possibly ask for in terms of up-to-the minute sports news.
7.00 What a Weekend
7.30 Gillette World Sports Special
8.00 Basketball: Birmingham Bullets v Sheffield Sharks – LIVE
Action from the NEC Arena as the Birmingham Bullets take on the Sheffield Sharks. Sharks have already beaten Birmingham twice, and this is their third and final league meeting.
10.00
Sky Sports Centre
Catch up with all the very latest sporting events as and when they happen.
11.00
Hold the Back Page
Join a selection of football journalists who cast an eye over the stories making the headlines.
12midnight
Sky Sports Centre
1.00am WWF – Raw
Hosted by Jim Ross, Kevin Kelly and Michael Cole.
3.00 Hold the Back Page
4.00 Sky Sports Centre
5.00-6.00am Dancing: IDSF – Open Latin

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 What a Weekend
8.45 Sky Sports Centre
9.00 Tight Lines
10.00 Ice Hockey
12.30pm Motor Racing: Race of Champions
1.30 Ford Golf USA: US Skills Challenge
Featuring Ben Crenshaw, Craig Stadler, Peter Jacobsen and Nick Price.
3.30
Inside the PGA Tour
Experience life behind the scenes with the golfing legends of the PGA Tour.
4.00 Ford Golf USA: Mercedes Championships
Coverage of day one of the Mercedes Championship. This PGA tournament features some of the top names in golf.
6.00 Wild Spirits
The programme that encompasses reports from extreme sports events around the world.
6.30 H.O
7.00 Friday Night Football: Tranmere Rovers v Wolverhampton Wanderers – LIVE
Action from Prenton Park as Merseysiders Tranmere Rovers take on West Midland 'sleeping giants' Wolverhampton Wanderers. Rovers have missed the impressive goal returns of manager John Aldridge since he left and they made a poor start to the season, but are often an attractive team to watch.
10.00 Wild Spirits
Jason Roberts presents a show profiling some of the world's wilder sports.
10.30 Ford Golf USA: Mercedes Championships – LIVE The best of the action from day one of the Mercedes Championships plus live ball-by-ball coverage of day two. With over $300,000 in prize money at stake, the competition will be intense.
3.00am Sky Sports Centre
4.00-6.00am Basketball: Birmingham Bullets v Sheffield Sharks

SKY SPORTS 3
PREMIUM CHANNEL

11.30am Futures in Sport
12noon Trans World Sport
In-depth sports news and information.
1.00pm Fish TV: Tight Lines
Bruno Brookes and Keith Arthur answer.
2.00 Bobby Charlton's Football Scrapbook: David Sadler
Meet the former Manchester United goal-scoring legend of the Sixties.
3.30 Spanish Football
Another chance to see the best of the action from a match in the Spanish top flight. *Repeat from Sky Sports 1*
5.30 Max Power
Featuring material from both two and four wheeled motorsports from around the world, including touring cars, single seaters, road racing and off road events.
6.30 Gillette World Sport Special
David Jensen presents a report on alternative sports.
7.00 Fish TV: World Carp Classic 1998
The inaugural World Carp World Cup is staged at Lac De Medine in France with 150 anglers.
8.00 Motorcycling: AMA Grand National Series
Fast-paced motorcycling action from the AMA Grand National Series.
9.00 Dancing: IDSF – Open Latin
Coverage from Massachusetts featuring the finest ballroom dancers in the world.
10.00-12midnight World Wrestling Federation – Raw
Jim Ross, Kevin Kelly and Michael Cole present this glitzy, glammy spectacle. With celebrity guests, match classics and the meanest fighters around.



Mark O'Meara competes at the $300,000 Mercedes Championships. Sky Sports 2 4.00pm, 10.30pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15 The Insiders
Behind the scenes at Old Trafford.
6.30 Kids Clinic
Top tips and advice.
7.00 Red Hot News Special
All the latest football news.
7.30 The Boss
7.45 What the Players Say
8.00 Super Match – Vintage Reds: Manchester United v Wolverhampton Wanderers
A look back to 1981/82.
9.00 Red Replays
From transfer news to controversial views, this is the show that reviews the week inside Old Trafford.
10.00 Red Legends
Journey through the Old Trafford archives.
10.30
Wild About United
United devotees speak out.
11.00 The Boss
11.15
What the Players Say
11.30-12midnight Red Hot News Special
New developments.

SCI-FI
ACTION PACK

7.30am Bloomberg Information Television 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 The Ray Bradbury Theatre 12noon The Twilight Zone 12.30pm The Twilight Zone 1.00 Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles
3.00
Battlestar Galactica
The Super Scouts
A Galactican shuttle-craft filled with children is attacked by the Cylons.
4.00
The Incredible Hulk
Final Round
David Banner is rescued from a mugging by a down-and-out prize fighter.
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.
6.00 The Ray Bradbury Theatre
The Concrete Mixer
6.30 New Alfred Hitchcock
You'll Die Laughing
7.00 Quantum Leap
The Great Spontini
Sam lands as a struggling magician. Starring Scott Bakula, Dean Stockwell and Jennifer Runyon.
8.00 Amazing Stories
The Remote Control Man
With Leo Penn.
8.30 Highlander: The Raven
Crime and Punishment
With Elizabeth Gracen.
9.30 The Hunger
No Radio
A married woman is having an illicit and stormy affair.
10.00
FILM: Prom Night
Leslie Nielsen, Jamie Lee Curtis, Casey Stevens
Horror. A girl chooses prom night to take revenge on a group of teenagers who killed a little girl 10 years previously. *1980*
11.45 Sci-Focus
Behind the scenes of a recent sci-fi blockbuster.
12midnight FILM: Golgo 13: The Professional *1983*
1.45am Sci-Focus
2.00 The Guyver
Battle of the Guyvers
2.30 100 Years of Horror
Frankenstein and Friends
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Talk show hosted by Trisha Goddard, who shares heart-warming and hair-raising true stories with the audience.
4.50 Trailblaze
Intrepid travel show.
5.00
Don't Try This at Home!
Darren Day and Devina McCall present dangerous acts performed by members of the public.
6.00 Bedrock
An hour of teenage fun with celebrity guests.
7.00 Futbol Mundial
The latest football news from around the world.
7.30 Taking the Pitch
Soccer quiz with Bob Mills.
8.00 The Mix
Charts, gossip and interviews, presented by Shovell of M People.
9.00 The Bill
British police drama.
10.00 Coronation Street
Another chance to catch up with events on the most famous street in Britain as shown earlier tonight on ITV.
Stars Steven Arnold.
10.30 Widescreen on 2: McCallum
Drama series about a forensic pathologist. Dr Iain McCallum helps the police tackle another baffling case.
Starring John Hannah.
12.30-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight Free View 12.10am Stripper of the Year 12.20 Super... 12.45 FILM: Flashback 1.00 Free View 1.05 FILM continues 2.00 Free View 2.05 Adult Feature 2.30 FILM: Steamy Windows 3.00 Free View 3.05 FILM continues 3.40 Asian Babes 4.10-5.30am FILM: Women in Black

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Dr Anna St John 12.35 ..... Mobile
Erotic comedy.
1.05 The Craving
These beautiful women crave one thing, and I think you can guess what it is.
2.15 Electric Blue
3.15-4.00am In Loving Colour

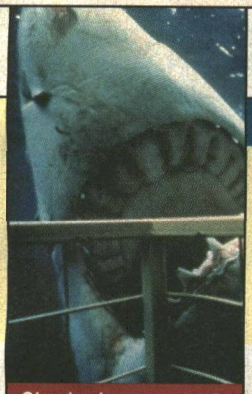
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: The Bed You Sleep In
10.00 Never Look Back
Nicole Freeman
Thriller in which a beautiful young woman finds a new life in a cabaret, but her moody, steroid-using fiancé will not leave her alone.
11.20-12midnight Electric Blue Show

Friday 8 January



Shark observers get close in 'Deep Water, Deadly Game'. National Geographic Channel 8.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Crosswits
Cryptic crossword quiz .
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow.
6.30
The Games Room
Win big money prizes.
6.45 Catchphrase
Hosted by Roy Walker.
7.15
The Games Room
7.25 100 Per Cent
General knowledge quiz without a host.
7.55
The Crystal Maze
A team of contestants tackles a series of games and fiendish challenges in a giant fantasy world.
9.00
The Games Room
9.15 Strike it Lucky
Fast-action game show.
9.45
The Games Room
10.00 Endurance UK
Contestants take more torturous challenges.
10.30 The Cooler
Donna Air trawls through the trendy world of trash.
11.00 Carnal Knowledge
Revealing the intimate secrets of contestants with Graham Norton and Maria McErlane.
12midnight Strike it Lucky
12.30am Split Second
1.00 Who's Sorry Now
1.30 Through the Keyhole
2.30 Studs
3.30 Blockbusters
4.00 Fifteen to One
4.30 Don't Drink the Water
5.00-6.00am Screenshop

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
Much needed advice for troubled souls.
3.30 Lie Detector
Examining deception using modern methods.
4.00
Indecent Proposals
More dares for cash.
4.30 Judge Judy
The feared American judge reaches her verdict.
5.00 Agony
Much needed advice for troubled souls.
5.30 Why Files
Another round of psychic investigations.
6.00
The Fashion Show
The latest update from the catwalk world.
6.30
Indecent Proposals
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
Much needed advice for troubled souls.
8.00 The Why Files
Psychic investigators travel the country in search of weird and wonderful events.
8.30 Judge Judy
Another court case.
9.00 Sport at Nine: Dog Night L!VE
Greyhound racing action.
9.57 Topless Darts
More sharp and shapely dart throwing.
10.00
Hollywood Uncovered
A look-behind-the-scenes of the porn industry.
10.30 Exotica Erotica
Another sensual offering.
11.30 Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts
More shapely throwing.
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Blue 2.15 Janeycam 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30-6.00am BodyHeat

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food for Thought 10.00 First Taste 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Coxon's Kitchen 12noon Network 12.30pm Newman Meets 1.00 Thought 1.30 Umbrian Kitchen 2.00 Can't Stand the Heat 2.30 Network 3.00 For Better, for Worse 3.30 Coxon's Kitchen College 4.00 New Chefs on the Block 4.30-5.00pm Tessa Bramley's Country Kitchen

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 London Bridge
Ant is depressed about Ravi's marriage plans.
6.30 Rising Damp
Clunk, Click
Rigsby gets a sports car.
7.00 Boon
Walking off Air
Harry and Ken have moved to Nottingham, where Boon's must act as a bodyguard to a local DJ.
8.00 Blue Heelers
Maggie's relationship with her university tutor creates tension with PJ as they investigate the death of a young ballet dancer.
9.00 Love Hurts
Just a Bit of Business
Frank and Tessa's working relationship is rocked by the Russian oil issue. Starring Adam Faith.
10.00 That's Love
Donald storms out of the house after a big argument and goes to a bedsit.
10.30 The Screen
Movie magazine.
11.00
Hill Street Blues
Classic Eighties American police drama about Captain Frank Furillo and the officers of Hill Street station.
12midnight Rising Damp
Clunk, Click
12.30am Gridlock
1.00
Tales of the Unexpected
The Colonel's Lady
1.30-2.00am
Tales of the Unexpected
The Facts of Life

ANIMAL PLANET
WORLD PACK

12noon Zoo Babies
1.00pm Nature Watch with Julian Pettifer
Not Your Average Greenie
1.30 Australia Wild
Window on the Wild
2.00 Wild Rescues
Exploring the relationship between humans and animals.
2.30 Human/Nature
Reporters travel the world charting man's relationships with animals and the elements.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00 Jack Hanna's Zoo Life
Marine World Africa USA
Featuring a North American lion, and a Bengal tiger.
4.30 Animal Doctor
5.00 Pet Rescue
Wendy Turner and Mark Evans follow the fortunes of abandoned animals.
5.30 Australia Wild
A Very Particular Parrot
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
Friends of Mr Cairo
7.00 Rediscovery of the World
Australia Part 4
Jacques Cousteau and his expedition team explore the Great Barrier Reef.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Animal X
Investigating phantom black dogs of East Anglia.
9.00 Ocean Wilds
Yap Island
A look at the manta ray.
9.30 Emergency Vets
Stories from Alameda East Veterinary Hospital.
10.00
The Super Predators
How lions, leopards and cheetahs have evolved into efficient killing machines.
10.30 Vet School
Students from Cambridge University's veterinary school face the challenge of becoming a vet.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons
9.30 Esther
10.00 Airport
10.30 Jobs for the Girls
11.15 Situation Vacant
12noon
Tomorrow's World Plus
1.00pm Crime Limited
1.30 The Great Egg Race
2.00 Life Stories
2.30 999 Lifesavers
3.00 Animal Hospital
Rolf Harris and Steve Knight catch up with the action at the RSPCA Harmsworth Hospital.
3.30 The Marriage – For Better, for Worse?
4.30 Esther
Esther Rantzen explores the popularity of soaps with Wendy Richard from *EastEnders*.
5.00 The Cruise
Double or Quits
Jane is looking into everyone's future.
5.30 Future Fantastic
With Gillian Anderson.
6.00 Accounts of a Forgotten Army
Investigating claims by Germans, who were held in Allied prisons, that there were many needless deaths.
7.00 Computers Don't Bite – Inside the Internet
A look at the spread of the Internet and the World Wide Web.
8.00 Rhino Rescue
What is the future for the white rhinos that once roamed Africa?
8.30 The Velvet Claw
Jacks of all Trades
9.00 Overkill
Recounting the events of 1983, when human remains found in a peat bog provoked an Iron Age murder mystery.
10.00 War and Piste
Downhill All the Way
Following a group of young Brits working the ski season in Val d'Isere.
10.30 Molls
Seven women talk about sharing their lives with some of Britain's most dangerous criminals.
11.30 Top Gear GTi
Testing the latest models and casting an experienced eye over the hottest motoring news.
12.30am-1.00am
Crime Limited
Nick Ross presents the series intended to help crime victims by telling their stories.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 Psychic Zone 9.00 Sally Jessy Raphael 10.00 The View 11.00 Roddy Llewellyn's Indoor Garden 11.30 Flavours of the Orient 12noon More Calories Please 12.30pm The DIY Show 1.00 Livetime 2.00 The View
3.00 Livetime with Julie Goodyear MBE
The popular TV star presents this daily magazine show with co-host Eammon O'Neal.
4.00
The Psychic Zone
Predictions for the future.
4.30
Roddy Llewellyn's Indoor Garden
5.00-6.00pm
Sally Jessy Raphael
Help! My Teen Keeps Running Away
American talk show.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Wild Horses of Namib
A remarkable story of survival.
7.30 Journey Through the Underworld
8.00 The Shark Files: Deep Water, Deadly Game
A close-up look at these fearsome creatures in an attempt to learn more.
9.00 Night Wild: Lords of Hokkaido
A portrait of Japan's northern-most island following the fortunes of a family of red foxes.
10.00
Night Wild: Lemurs of the Stone Forest
A look at lemurs in the heart of the Tsingy Stone Forest in Madagascar.
11.00 Night Wild: Brother Wolf
Overcoming the human fear of wolves.
12midnight-1.00am
Night Wild: Ark of Africa
The Chipangali Wildlife Orphanage in Zimbabwe has become the ark for Africa as it offers a second chance for injured or orphaned native wild animals.

MTV
MUSIC & GAMES PACK

6.00am Kickstart
9.00 Mad for Hits
2.00pm Dancefloor Chart
3.00 Bytesize MTV
Weird and wonderful clips.
4.00 Select MTV
Presented by Donna Air.
6.00 News Weekend Edition
The latest news from the music industry.
6.30 UK Singled Out
Provocative dating game.
7.00 Non-Stop Hits
A rollercoaster of hits.
8.00 Dancefloor Chart
9.00 Partyzone Megamix
10.00 UK Singled Out
10.30 Beavis and Butt-head
11.00 The Grind
11.30 The Grind
12midnight Partyzone II
1.00am UK Singled Out
Provocative dating game.
1.30 Beavis and Butt-head
Animated antics.
2.00 Club Mix
3.00 Partyzone Megamix
4.00 Partyzone II
5.00-6.00am Night Videos
Music through the night.

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 11.00 Elvis 1968 Comeback Special 1.00pm Elvis: The Great Performances 3.00 Elvis in Memphis 4.00 Elvis – Aloha from Hawaii 6.00 Elvis in Hollywood 7.30 Ed Sullivan's Rock 'n' Roll Classics: Rock Legends 8.00 FILM: Elvis – The Movie 11.00 VH1 Spice 12midnight Elvis 1968 Comeback Special 2.00am-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Snow Safari 12.30pm Sports Safaris 1.00 Travel Live 1.30 Gatherings and Celebrations 2.00 Flavours of Italy 2.30 Journeys Around the World 3.00 Grainger's World 4.00 Go Greece 4.30 On the Loose in Africa 5.00 Sports Safaris 5.30 Snow Safari 6.00 Gatherings and Celebrations 6.30 On Tour 7.00 Widlake's Way 8.00 Holiday Maker 8.30 Go Greece 9.00 Grainger's World 10.00 Journeys Around the World 10.30 On the Loose 11.00 On Tour 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 The Terrace 8.00 Style Challenge 8.30 All Over the Shop 9.00 Ready, Steady, Cook 10.00 Holiday in Style 11.00 The Air Show 11.30 Home Front 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Fat Man in France 2.30 Growing Places 3.00 Peter Seabrook's Gardening Week 3.30 Wilderness Walks 4.00 The Air Show 4.30 Antiques Roadshow 5.30 All Over the Shop
6.00 The Big Catch 6.30 Wonder Women 7.00 The House Detectives 7.30 Ready, Steady, Cook 8.00 Style Challenge 8.30 Change That 9.00 Ground Force 9.30 How Does Your Garden Grow? 10.30 Stefan's Garden Roadshow 11.00 Peter Seabrook's Gardening Week 11.30 Can Ski ... Will Ski!
NEW SERIES
12midnight-1.00am Antiques Roadshow

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Friday 8 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM
6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 Painted House 8.00 Wedding Story 8.30 Baby Story 9.00 Simply Painting 9.25 House 9.30 Garden Rescue 10.00 Garden Doctors 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt 12noon Australia's Strangest Home Improvements 12.30pm Doing it Up 1.00 Our House 1.30 Hometime 2.00 Wood Wizard 2.30 Home Again 3.00 This Old House 3.30-4.00am Go Fishing

3.00 PM
DISCOVERY
WORLD PACK

4.00 PM
4.00pm Rex Hunt's Fishing Adventures
4.30 Walker's World
Papua New Guinea
Anna stays with the Huli Wigmen.

5.00 PM
5.00 Connections 2 by James Burke
Better Than the Real Thing
5.30 History's Turning Points
The Great Wall of China

6.00 PM
6.00 Animal Doctor
Responding to more emergencies and reports of animal cruelty.
6.30 Hunters
The Deadly Game
A look at one of nature's basic principles.
7.30 Beyond 2000
Borrowing ideas from Spiderman to trap car thieves.

8.00 PM
8.00 Outback Adventures
NEW SERIES
A look at camel tracking.
8.30 Uncharted Africa
NEW SERIES

9.00 PM
9.00 Extreme Diving
A look at the most amazing underwater expeditions of modern times with experienced divers.

10.00 PM
10.00 P Company
Join the 39 volunteers and the staff of P Company who will form the sharp end of the new leaner and fitter British Army.

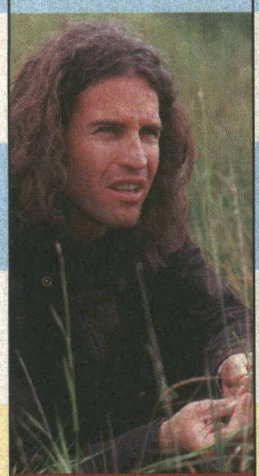
11.00 PM
11.00 Weapons of War
Luftwaffe
Looks at the history of the Third Reich's pioneering airforce.

12.00
NIGHT TIME
12midnight UFO, Down to Earth
1.00am Connections 2 by James Burke
Better Than the Real Thing
1.30-2.00am History's Turning Points
The Great Wall of China

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 Fruitties 6.30 Tabaluga 7.00 Power Puff Girls 7.30 Dexter's Laboratory 8.00 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 New Fred and Barney Show 9.30 Dexter's Laboratory 10.00 Cow and Chicken 10.30 Johnny Bravo 11.00 Animaniacs 11.30 Beetlejuice 12noon Tom and Jerry 12.15pm Bugs and Daffy Show 12.30 Road Runner 12.45 Sylvester and Tweety 1.00 Popeye 1.30 Droopy 2.00 Addams Family 2.30 Jetsons

3.00 Taz-Mania
3.30 Scooby and Scrappy-Doo
More canine super sleuthing from our dogged detectives.
4.00 Power Puff Girls
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor and his prancing guinea pig.
5.00 I am Weasel
5.30 Cow and Chicken
Fun with the mismatched siblings.
6.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Batman
More from the Caped Crusader and his sidekick Robin in Gotham City.
7.30 Mask
Green-faced mayhem.
8.00 Scooby-Doo – Where are You?
More canine crime busting.
8.30-9.00pm Beetlejuice



Ralph Bousfield discovers a beautiful continent in 'Uncharted Africa'. Discovery 8.30pm

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 Magic School Bus 11.30 PB Bear/Budgie/Animal Antics/ Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas 1.30 Little Bear Stories 2.00 Clangers/King Rollo/ Wombles/Bod 2.30 Children's BBC
More animated classics from the BBC archives.

3.30 Pippi Longstocking

4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Tearaway fun.
5.00 Sister Sister
Tia, Tamera and their parents try to live together.
5.30 Kenan & Kel
With Kel Mitchell and Kenan Thompson.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy following the life of rich teenager Cher.
7.30 Desmond's
8.00 Roseanne
The Driver's Seat
DJ is caught stealing the family car.
8.30 Just Shoot Me
Eve of Destruction
9.00 Cybill
Cybill and Maryann go to Japan
9.30 Seinfeld
The Parking Space
George gets angry.
10.00 FILM: Easy Money
Joe Pesci Geraldine Fitzgerald, Rodney Dangerfield
Comedy. Used to leading a life of debauchery, a young man stands to receive a $10 million inheritance if he changes his life completely within a year. Can he match up to the task? *1983*
12midnight Late Night with David Letterman
1.00am Taxi Sitcom with Danny DeVito.
1.30 The Critic
Comedy about a jaundiced film reviewer.
2.00 Dr Katz
2.30 Soap 3.00 Wings
3.30-4.00am Nightstand

FOX KIDS
FAMILY PACK

6.00am Power Rangers 6.30 Power Rangers 7.00 Mortal 7.25 Oggy 7.30 Donkey Kong 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 Hulk 10.15 Casper 10.30 Oggy 10.55 Mouse 11.05 Eek! 11.30 Life with Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05 The Incredible Hulk
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
Fun with four aliens who live in a rented abode.
5.00 Goosebumps
5.25 Eerie Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong Country
6.25 Sam and Max
6.50-7.00pm Eek!Stravaganza
Feline escapades.

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection!
7.00 Bargain Shop!
7.30 The Gold Collection
8.30 Labels
9.30 Fashion by Design
10.00 Junior Choice
11.00 The Gold Collection
12noon Cook's Den
1.00pm Bargain Shop!
1.30 Shop Selection!
2.30 Good Hair Days
3.00 On the High Street
4.00 Feel Good Factor
Featuring an exclusive range of natural beauty products.
5.00 Shop Selection!
A roundup of the best offers available on Shop!
6.00 Junior Choice
Top brand clothing and footwear for trendy kids.
7.00 The Gold Collection
Gemstone jewellery.
8.00 Cook's Den
Kitchen essentials to make healthy eating simple.
9.00 Feel Good Factor
10.00 On the High Street
11.00 Dimanti Designs
12midnight Bargain Shop!
12.30am Shop Selection!
1.30 The Gold Collection
2.30 Fashion by Design
3.00 Cook's Den
4.00 Feel Good Factor
5.00-6.00am On the High Street

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am BBC News 24 9.30 World Today 1.30pm UK Today 2.30 World Today 6.00 UK Tonight 7.30 Sportsday 8.30 HARDtalk 9.00 Europe Direct 10.30 Interactive 11.30 USA Direct 12.30am Zero 30 1.00 News 2.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Seven Days 5.00 News 5.30-6.00am Chronicles

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American 11.30 Biz Asia 12.30pm Earth Matters 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Europe 5.00 Larry King 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 World 11.30 Moneyline 12.30am Showbiz 1.30 Q&A 2.00 Larry King 3.00 7 Days 4.15 American 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 World News 12noon News Today 2.30pm Your Call 3.00 News Today 4.30 World News 5.00 Live at Five 7.30 Sportsline 8.30 Business Report 9.30 World News 10.00 Prime Time 12.30am CBS Evening News 1.30 World News 2.30 Business Report 3.30 Week in Review 4.30 CBS Evening News 5.30-6.00am Fashion TV

INTERNATIONAL

TV5 5.00am Journal 5.15 Gourmandises 5.30 Télématin et Journal du Temps 7.00 TV5 Minutes et Journal du Temps 7.05 Journal 7.30 Journal du Temps 7.35 Quatre et Demi 8.05 Le Point 9.05 Mouvements 9.30 Continent Noir 9.45 Correspondances 10.05 Zig Zaf Café 11.05 Voilà Paris 11.33 Journal 11.55 Journal du Temps 12noon Cinéma: Destins 2.00pm Journal 2.15 Temps Présent 3.15 Voilà Paris 3.45 Bus et Compagnie 4.35 Pyramide 5.00 Questions pour un Champion 5.30 Journal TV5 et Journal du Temps 6.00 Voilà Paris 6.25 Un Livre, un Jour 6.30 Journal 7.00 Journal 7.30 Journal et Le Journal 8.00 Savoir Plus 9.00 Journal 9.30 D'un Monde à l'Autre 11.00 Journal 11.25 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Rajni 12.30pm Daal Mein Kala 1.00 Swabimaan 1.30 FILM 4.00 PT Master 4.30 Ghar, Galiyan Aur Raaste 5.30 Bano Begum 6.00 Tiger 6.30 Asianet Aur Aap 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 Aarzoo 9.00 FILM 11.30 News 12midnight Edit 12.30am Asianet Aur Aap 1.00 FILM 4.00 A Mouthful of Sky 4.30 Swabimaan 5.00 BPL Oye Countdown 6.00 PT Master 6.30 News 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Sorry Meri Lorry 6.30 Mast Must Show 7.00 Faith 7.30 News 8.00 Ghoomta Aaina 8.30 Sailaab 9.00 Adhikar 10.00 Anhoni 11.00 Zaike Ka Safar 11.30 Parampara 12noon FILM: Jaan-e-Wafaa 3.00pm Zee Bangla 3.30 It's My Choice 4.00 Campus 4.30 Zee Zone 5.30 Amanat 6.00 Artist of the Fortnight 6.30 Showcase 7.00 Chashme Baddoor 7.30 Entertainment Express 8.00 News 8.30 Aashirwad 9.00 FILM 12midnight News 12.30am Ru-ba-ru 1.00 X-Zone 2.00 Insaan FILM: Jaag Utha 5.00 Filmi Baatein 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Winnings Ways 4.30 Let the Fire Burn 5.00 Today with Marilyn 5.30 Paul Scanlon 6.00 Good News 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 The Messenger 9.00 Another Day of Victory 9.30 Life in the Word 10.00 In Times Like These 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 3.15am Clarke's Chronicles 4.24 Sport 5.49am Clips

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

Parliament in Recess.

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm Emmerdale Farm
Archie Brooks leaves home.

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War
Barbarossa
5.00 The Great Wall of China
6.00 The Great Sphinx Tales from the Egyptian Crypts
A look at the desert lion.
7.00-8.00pm Great Commanders: Oliver Cromwell
A profile of the Civil War general and statesman.

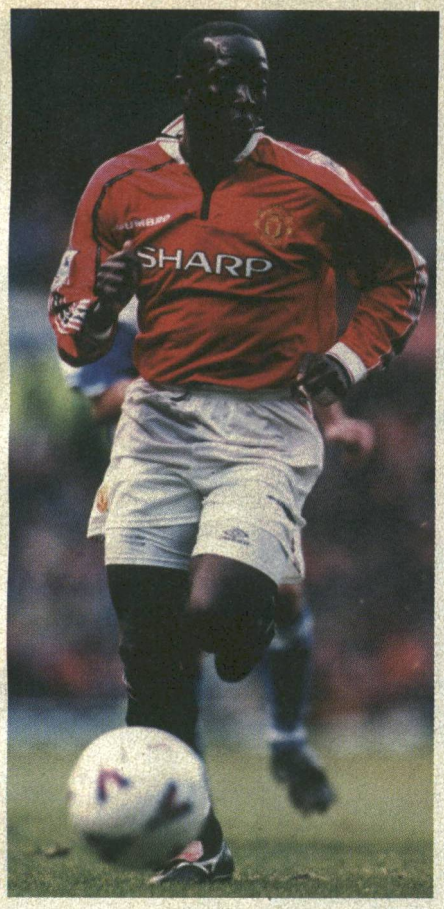
SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon Chuck Henry
12.30pm Getaway
1.00 Around the World
1.30 Great Houses of Europe
Isola Bella, Italy
2.00 Travel Tips
New Zealand
3.00 Around the World
3.30-4.00pm Sky Destinations

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 5.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area



STYLE CHALLENGE

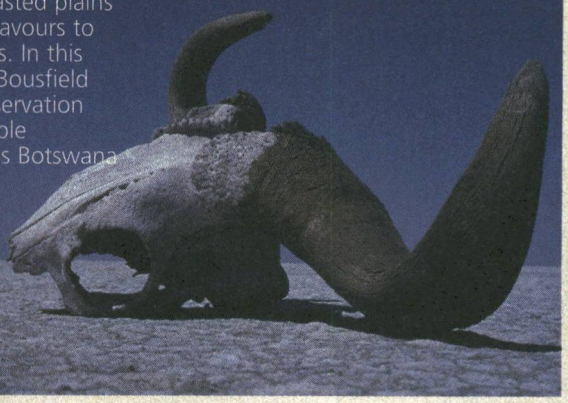
The clash in styles between Harry Redknapp's no-nonsense, rough-and-ready West Ham and the effortless cool of Alex Ferguson's Manchester United should result in an interesting and unpredictable match at Old Trafford this Sunday. United, boast the fearsomely intuitive upfront partnership of Dwight Yorke (pictured) and Andy Cole, whose masterful goal-scoring set-pieces demonstrate amazing vision, while the Hammers have both an adroit defence and the precocious attack of Ian Wright and John Hartson in their favour.

Sky Sports 1 Sunday 10th 3.00pm – LIVE

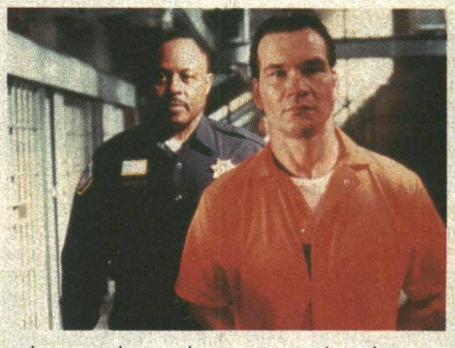
OUT OF AFRICA

In Discovery Channel's 13-part *Uncharted Africa*, the Botswana-based Tanzanian explorer Ralph Bousfield takes armchair travellers on a compelling trip across the mysterious and endlessly fascinating continent. The series boasts some ravishing photography of Africa's sunblasted plains and, as its title suggests, endeavours to journey into rarely visited areas. In this week's edition, *Safari School*, Bousfield takes an in-depth look at conservation techniques, trading his estimable knowledge in this field with his Botswana colleague Super Sande.

Discovery Channel
Friday 15th 8.30pm



POISON PEN PALS



This week's Sky Movies Exclusive presentation, *Letters from a Killer*, provides the perfect showcase for one of Patrick Swayze's meatiest, most satisfying roles for some time. He plays Race Darnell, a death row prisoner who wrongfully serves seven years for the murder of his wife after a crooked DA withheld vital evidence from his trial. While inside, Darnell maintains romantic correspondence with four female pen pals, to whom he regularly sends his taped musings. However, a cruelly prankish warden sabotages Darnell's post just before his release so that each woman receives the wrong tape. On the outside, Darnell finds that he is both marked for death by one of the women (who disguises her identity with a sinister, distorted voice) and the main suspect for a series of killings that bear the same chilling hallmark of his wife's murder – the victims' wedding rings have been severed. Swayze constantly commands the attention in a role that he inhabits with a keen awareness of the ebb and flow of his character's emotions. The film is a relentlessly riveting exercise in suspense from director David Carson, whose sterling work on the TV series *Star Trek: The Next Generation* led to him being awarded the assignment of helming *Star Trek: Generations* on its voyage across the big screen. Carson summons an unsettling sense of nightmarish irrationality from Darnell's plight and enlists the services of John A Alonzo (his cinematographer on the *Star Trek* movie), whose artfully unusual angles and subtle lighting help to create an atmospheric framework on which to hang the plot.

Sky Premier Saturday 9th 10.00pm

The high street on TV!

Top brands and best prices guaranteed!

Available on Cable & Wireless now*

*Currently not available in Norwich, Ashford, Sussex and New Ash Green.

Saturday 9 January

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00am Never Too Late
1996, rating Sky PG, 92 mins
8.00 Amy
Jenny Agutter, Barry Newman
1981, rating Sky U, 96 mins
10.00 The Boy Who Could Fly
Bonnie Bedelia, Colleen Dewhurst
1986, rating Sky PG, 103 mins
12noon Never Too Late
Olympia Dukakis, Cloris Leachman
1996, rating Sky PG, 92 mins
2.00pm Amy
Jenny Agutter, Barry Newman
Period drama. Following the death of her son, and fed up with her husband's lack of support for her career, a woman leaves home and takes a job teaching deaf children. *1981, rating Sky U, 96 mins*

4.00
The Boy Who Could Fly
Bonnie Bedelia, Colleen Dewhurst, Lucy Deakins, Fred Savage, Jay Underwood
Family drama in which a girl makes friends with her neighbour who is an autistic boy with magical powers. *1986, rating Sky PG, 103 mins*
5.50
Who Framed Roger Rabbit
Bob Hoskins, Christopher Lloyd, Joanna Cassidy, Stubby Kaye
Comedy which mixes live-action with animation. Framed for a murder he didn't commit, a cartoon rabbit teams up with a down-on-his-luck private eye to clear his name. Unfortunately the detective loathes cartoon characters. *1988, 100 mins*
7.30 Preview
A look ahead at the coming week.
8.00 Chain Reaction
Keanu Reeves, Morgan Freeman, Rachel Weisz
Explosive high-tech thriller. A science student is plunged into a deadly government conspiracy when the formula for his team's invention, a pollution-free fuel source, is stolen and one of the scientists is murdered. Text *1996, rating Sky 12, 102 mins*
10.00 Letters from a Killer
Patrick Swayze, Gia Carides, Roger E Mosley
PREMIERE Thriller. When a former death row inmate is pardoned and released he discovers that he is being framed for the murders of the women he wrote to from his cell. *1998, rating Sky 18, 102 mins*
11.50 Screamers
Peter Weller, Roy Dupois, Jennifer Rubin, Andy Lauer
Sci-fi horror movie. *1995, rating Sky 18, 104 mins*
1.40am Feast of July
Ben Chaplin, Embeth Davidtz
1995, rating Sky 15, DS 111 mins
3.35-5.20am Bottle Rocket
Luke Wilson, Ned Dowd
1996, rating Sky 15, 88 mins

SKY MOVIEMAX
PREMIUM CHANNEL

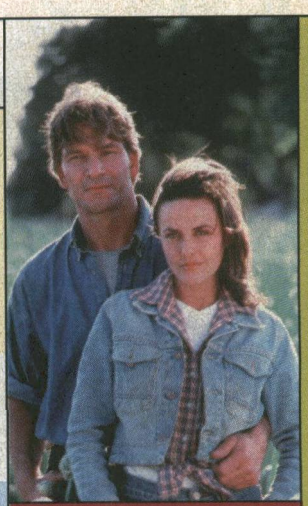
7.00am E! News Week in Review
7.30 Action Heroes: John Travolta
8.15
Movie Magic: Twist and Shout
9.00 Married to a Stranger
PREMIERE Drama.
1997, rating Sky PG, 88 mins
11.00 The Public Eye
1972, rating Sky PG, 89 mins
1.00pm E! News Week in Review
1.30 Action Heroes: John Travolta
2.15 Movie Magic

3.00
Married to a Stranger
Jaclyn Smith, Robert Clohessy, Kim Coates, Louise Fletcher
Drama in which a woman with amnesia is wooed again by her husband as he tries to convince her to return to her family. *1997, rating Sky PG, 88 mins*
4.45 Tell Me No Lies
Steven Weber, Katherine Helmond, Robert Hy Gorman, Mark Allen, Joanna Withers
Drama in which a man embarks on a quest for the truth when his wife dies. In doing so, he discovers some dubious secrets about her past which challenge the image he had of her. *1990, rating Sky PG, 92 mins*
6.30 Femmes Fatales: Whoopi Goldberg
Profile of the Oscar-winning comedienne and actress.
7.00 Theodore Rex
Whoopi Goldberg, Armin Mueller-Stahl, Richard Roundtree, Juliet Landau
Comic fantasy about a cop who is partnered with a genetically-engineered dinosaur. Text *1995, rating Sky PG, 88 mins*
8.30 The Associate
Whoopi Goldberg, Dianne Wiest, Eli Wallach, Tim Daly
Comedy. A businesswoman is frustrated by the male domination of her work environment. To overcome the sexism, she invents a male business partner – but runs into difficulty when she realises that she can't keep him secret for long. Text *1996, rating Sky PG, 109 mins*
10.30 Eddie
Whoopi Goldberg, Frank Langella, Dennis Farina
Comedy in which a female chauffeur is made the honorary coach of her favourite NBA team for an evening, and proves she's got real star quality. Text *1996, rating Sky 12, 96 mins*
12.10am Up Close and Personal
Michelle Pfeiffer, Robert Redford
Text *1996, rating Sky 15, 119 mins*
2.15 Twin Town
Llyr Evans, Rhys Ifans
Text *1997, rating Sky 18, 95 mins*
3.55 Poltergeist III
Tom Skerritt, Heather O'Rourke
Horror. *1988, rating Sky 15, 94 mins*

SKY CINEMA
PREMIUM CHANNEL

11.00am The Dark Past
William Holden, Nina Foch
Powerful drama about a killer who takes a psychologist hostage. *1948, rating Sky PG, 71 mins*
12.30pm Three Faces West
John Wayne, Charles Coburn
World War II drama in which a group of Austrian refugees arrives in a small American town. *1940, 76 mins*
2.00 Going My Way
Bing Crosby, Barry Fitzgerald, Rise Stevens, Gene Lockhart
Comedy. A priest faces a struggle for acceptance when he arrives to minister to a poor, down-trodden New York parish. *1944, rating Sky U, 121 mins*

4.05
House of Seven Gables
George Sanders, Margaret Lindsay, Vincent Price, Nan Grey
Period drama. When a bankrupt family fights over the ancestral home, a scheming brother frames his sister's lover for murder. Twenty years later, the wronged man is released, determined to gain justice. *1940, rating Sky U, 85 mins*
6.00 The Lighthorsemen
Peter Phelps, Gary Sweet, John Walton, Tim McKenzie, Jon Blake, Bill Kerr, Sigrid Thornton
Historical action epic which details a World War I battle in Palestine. The story centres on four veterans of Gallipoli as their regiment draws closer to the final battle in which they must charge the Turkish troops. *1987, rating Sky PG, 114 mins*
8.00 The Sniper
Adolphe Menjou, Arthur Franz, Marie Windsor, Richard Kiley
Thriller in which a sniper finds himself compelled to strike innocent women victims. The police are initially baffled by the apparently random killers, until their pyschologist begins to create a profile of a loner, constantly rejected by women. *1952, rating Sky 15, 88 mins*
10.00 The Young Lions
Marlon Brando, Montgomery Clift, Dean Martin
Epic World War II adventure which follows the destiny of two soldiers, one American, the other German. While the Nazi officer begins to question his motivations and the justice of the war, the American GI must combat bullying in the ranks. *1958, rating Sky PG, 160 mins*
12.45am The Rainbow
Sammi Davis, Paul McGann
Based on DH Lawrence's novel. *1988, rating Sky 15, DS, 107 mins*
2.40 Cruising
Al Pacino, Paul Sorvino
1980, rating Sky 18, 96 mins
4.25-5.55am Love Me Tender
Elvis Presley, Richard Egan
1956, rating Sky U, 86 mins



Patrick Swayze and Gia Carides in the premiere of 'Letters From a Killer'. Sky Premier 10.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm 2010
Roy Scheider, John Lithgow, Helen Mirren, Bob Balaban
Sci-fi adventure drama. A joint Russian-American crew travels to Jupiter to discover exactly what happed to an ill-fated exploratory mission nine years earlier. This is the sequel to Stanley Kubrick's seminal *2001: A Space Odyssey*. *1984, 114 mins*
11.15 Brainstorm
Christopher Walken, Natalie Wood, Louise Fletcher
Sci-fi chiller about research scientists who create a machine that is able to record a subject's memories, emotions and sensations and replay them at will. *1983, 102 mins*
1.15am Catlow
Yul Brynner, Richard Crenna
Comedy Western. *1971, 98 mins*
3.00-5.00am 2010
Roy Scheider, John Lithgow
Sci-fi drama. *1984, 114 mins*

Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Forbidden Planet
Leslie Nielsen, Walter Pidgeon, Anne Francis, Warrne Stevens
Classic science fiction film based on Shakespeare's *The Tempest*. A space crew lands on Altair-4 to find the inscrutible Dr Mobious and his daughter living in an idyll, aided by Krell technology. All seems like paradise at first, but then members of the crew are found dead. *1956, 95 mins*
8.00 Big Wednesday
Jan-Michael Vincent, William Katt, Gary Busey
Classic coming-of-age movie. The film follows three surfing friends and is set in the Sixties when living a laid-back life in the sand and the sea seem more important than the war in Asia. Includes some famously dramatic footage of surfing. *1978, 115 mins*
10.00 The Doors
Val Kilmer, Kyle MacLachlan
Oliver Stone's acclaimed portrayal of Jim Morrison. The story follows his meteoric rise to fame and his equally swift descent into drug addiction and alcoholism that ended with his mysterious death in Paris. The film contains recreated footage of famous concert performances by the star. *1991, 135 mins*
12.20am Point Break
Keanu Reeves, Patrick Swayze
1990, 122 mins
2.25 Legend of the Overfiend
Daisuke Gôri
1992, 90 mins
4.10-6.00am THX 1138
Robert Duvall, Donald Pleasence
1971, rating, 82 mins

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
VOLCANO
Disaster movie in which LA finds itself sitting atop an erupting volcano. Stars Tommy Lee Jones and Anne Heche. *1997, rating Sky 12, 100 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
EXCESS BAGGAGE
Quirky comedy about a teenage heiress who fakes her own kidnapping. *1997, rating Sky 12, 97 mins*
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
GEORGE OF THE JUNGLE
Chaotic comedy starring Brendan Fraser. *1997, rating Sky U, 87 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed science fiction movie with spectacular effects. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
CRASH
Infamous David Cronenberg film based on a novel by JG Ballard. Stars James Spader and Deborah Kara Unger. *1996, rating Sky 18, 97 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

7.00am Bump in the Night 7.30 Street Sharks 8.00 The Adventures of Sinbad 9.00 The Simpsons Text 9.30 Garfield and Friends 10.00 The Best of the Chris Evans Breakfast Show 11.00 WWF – Live Wire 12noon WWF – Shotgun 1.00pm The New Adventures of Superman 2.00 America's Dumbest Criminals 2.30 America's Dumbest Criminals

3.00 Guilty!
Bernard is charged with being the most selfish man in Britain by his wife Sue. Plus, Roly is accused by his ex-wife Diane of being an out of control grandad.

4.00 Star Trek: Deep Space Nine
Apocalypse Rising
Sisko, Odo, O'Brien and Worf enter Klingon territory on a suicide mission. Text

5.00 Star Trek: Voyager
The Thaw
Voyager activates an automated message from members of the Kohl settlement who survived an environmental catastrophe. Text

6.00 Xena: Warrior Princess
NEW SERIES The warrior princess helps people to free themselves from oppression and injustice. ● Feature page 13

7.00 The Simpsons
The City of New York Versus Homer Simpson Text

7.30 The Simpsons
Bart Star
Bart becomes a quarterback. Text

8.00 Earth: Final Conflict
Destruction
Rayna tells Augur that the Taelons have decoded the probe's secrets and are about to learn everything.

9.00 Earth: Final Conflict
The Joining
An alien known as Ha'gel, with the ability to assume its victims' identities, causes problems for the Taelon.

10.00 Natural Disasters
Witness the power of nature and see first hand what it is like to be caught in the middle of some of the greatest catastrophes ever caught on camera. Text

11.00 Beat the Crusher
A chance to see Friday's episode of this anarchic game show hosted by Freddie Star and Melinda Messenger. Will anyone win a brand new car?

12midnight Showbiz Weekly
12.30am The Big Easy
Yellow Queen in the Fires of Hell
1.30 Fire
Shadows
The platoon close ranks and protect Morgan from the pyromaniac. Text
2.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Big Break
7.30 Neighbours Omnibus
More sunshine and drama from the Australian soap.
9.25 Dallas Omnibus
Another chance to see last week's episodes.
12.10pm EastEnders Omnibus
More gossip and drama from the residents of Albert Square in the East End of London.
2.55 The Bill Omnibus
A recap of the week's events at Sun Hill. When a housewife is found strangled, suspicion falls on the homeless schizophrenic she had befriended, although Meadow's isn't convinced. Daly and Croft also have doubts when a woman is killed by her sisters, who cite euthanasia as their reason. Greig and Croft have their own problems after their instincts tell them to dig deeper when a prison officer is assaulted and a prisoner confesses.

5.15 Butterflies
Russell announces that his girlfriend Jeannie is pregnant. Stars Wendy Craig, Geoffrey Palmer and Nicholas Lyndhurst.

5.50 FILM: Champions
John Hurt, Edward Woodward, Jan Francis, Peter Barkworth, Ben Johnson, Kirstie Alley
Biopic based on the true story of top English National Hunt jockey Bob Champion and his inspiring fight against cancer. After being told Champion's chances of recovery are slim, trainer Josh Gifford decides to humour the jockey's determination to get back into racing. *1983*

8.00 The Detectives
Dutch Cops
Louis and Briggs are involved in a diamond-smuggling operation.

8.40 Specially Selected Canned Carrott
The very best bits of Jasper Carrott's Canned Carrott series begins with a review of life as a subbuteo footballer.

9.35 Men Behaving Badly
Home-Made Sauna
The girls take a trip, so the boys make the most of their freedom.

10.15 Red Dwarf IV
White Hole

10.55 One Foot in the Grave
Only a Story
Mrs Warboys moves in with the Meldrews after rain floods her basement home.

11.35 French and Saunders
12.15am The Man from Auntie
12.50 French and Saunders
A mix of sketches, songs and movie magic.
1.25 The Man from Auntie
1.55 The Onedin Line
Vengeance
3.00-7.00am Shopping with Screenshop

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.05 Can't Cook, Won't Cook
Two hopeless cooks create a family favourite.
9.35 Ready, Steady, Cook
Hosted by Fern Britton.
10.10 Maury Povich
11.00 Living Issues
11.30 The Roseanne Show
12noon Entertainment Now!
12.30pm LA Law Omnibus
Glamorous legal drama.

3.00 FILM: Thicker Than Blood
Peter Strauss, Rachel Ticotin
For three years, Larry McLinden has kept a loveless relationship going with his girlfriend just so that he can be with their son. When the affair dissolves, Larry is faced with a tough court battle to gain custody of the boy, but is devastated when he hears that he is not the real father. *1993*

5.00 Special Babies
Documentary series on babies born with special needs and their parents.

5.30 Animal Rescue
Real life stories of animal rescues.

6.00 FILM: Samantha
Martha Plimpton, Dermot Mulroney, Hector Elizondo, Mary Kay Place, Ione Skye
Drama about a spoiled and selfish young woman who learns on her 21st birthday that she was adopted. Following a failed suicide attempt, she decides to search for her roots and discover her real self. *1992*

8.00 Rescue 911
Stories of real-life rescues by American emergency services. Hosted by William Shatner.

8.30 Beyond Belief
Anthology mystery series.

9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

11.00-12midnight The Sex Files
Whatever Turns You On
Guests Alison and Tony describe the unusual places where they have sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King
7.00 Bootsie & Snudge
7.30 Leave it to Charlie
8.00 Holding the Fort
8.30 Mind Your Language
9.00 Mission: Impossible
10.00 The Persuaders
11.00 Jeeves & Wooster
12noon The Bounder
12.30pm Emmerdale Omnibus
A chance to catch up with the past week's events on the farm.

3.00 Bonanza
The Newcomers
While evicting some gold prospectors from the Ponderosa, Hoss falls in love with the ailing Emily Pennington.

4.00 The High Chaparral
Ghost of Chaparral
Victoria's efforts to overcome husband John Cannon's memory of his first wife are thwarted.

5.00 Hawaii Five-O
I'll Kill 'Em Again
Postcards from a psychopath preceed a series of re-enacted murders. With Jack Lord, James MacArthur and Kam Fong.

6.00 The Persuaders
Greensleeves
A derelict old mansion suddenly comes to life without the knowledge of its owner, Lord Brett Sinclair.

7.00 Mission: Impossible
The Widow
The IMF must prevent two partners from selling a large supply of heroin by faking the death of one of the partners.

8.00 Jeeves & Wooster
Bertie is brooding on the subject of marriage and parenthood. To fill the void, he decides to marry – a decision of which Jeeves takes a very dim view.

9.00 El C.I.D.
Piece of Cake
Comedy drama series set in Spain.

10.00 The Odd Couple
10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Snowgirls
Emma Harrison presents the saucy ski show brought to you from the snowy heights of Austria.

11.30 Jo Guest's Private Parts
12midnight Real Sex
A look at the ways in which men and women explore their sexuality.
12.30am Weird!
Presented by Mandy Knight.
12.50 Lady Lust
1.00 V.P.L.
1.30-2.00am Noddy's Electric Ladyland

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear in the Big Blue House 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 The Little Mermaid 8.00 101 Dalmatians 8.25 Classic Toons 8.30 Hercules 9.00 Art Attack 9.15 Ned's Newt 9.30 Doug 10.00 Microsoap 10.15 Pepper Ann 10.30 Teen Angel 11.00 Student Bodies 11.30 Smart Guy 12noon Boy Meets World 12.30pm The Wonder Years 1.00 FILM: The Paper Brigade 2.30 The New Adventures of Winnie the Pooh

3.00 The Little Mermaid
Undersea adventures with the beautiful mermaid Ariel. Text

3.30 Timon and Pumbaa
Fun in the jungle. Text

3.45 101 Dalmatians Text

4.10 Hercules
Fun-filled animated adventures, based on the Disney film of the same name. Text

4.40 Art Attack
Award-winning art show. Text

5.00 Smart Guy
More problems for TJ, who is too clever for his own good. Text

5.30 Microsoap Text

5.45 Recess
Animated series. Text

6.00 The Wonder Years
Kodachrome
Kevin's favourite teacher is forced to leave school. Text

6.30 Boy Meets World
Security Guy Text

7.00 FILM: Labyrinth
David Bowie, Jennifer Connelly, Toby Froud
Fantasy adventure. The evil king of the Goblins has captured a baby boy, and his teenage sister must navigate the mystical labyrinth in order to rescue him. *1986* Text

8.40 Classic Toons
8.45 Honey, I Shrunk the Kids
Honey, You're Living in the Past Text

9.30 Home Improvement
Award-winning sitcom starring Tim Allen.

10.00 Dinosaurs Text
10.30 The Wonder Years
Steady As She Goes Text
11.00-12.00midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

SATURDAY CONTINUES OVERLEAF...

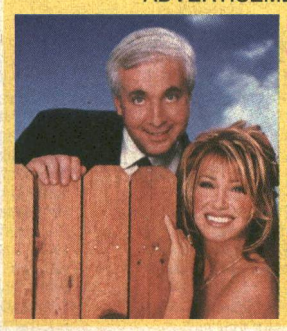
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
Love and Death
Paramount Comedy Channel 10.00pm
Woody Allen takes a poke at Russian literature in this period spoof. Woody is caught in the Napoleonic invasion and is forever breaking into complex philosophical conversations as crisis is looming. Add to this the normal witty one-liners and you've got a classic.

GENERAL
Hill Street Blues
Carlton Select 11.00pm
It might look a little outdated now, but this cop show was a real ground breaker in its day as it delved into the very human lives of the characters who made up the Hill Street police precinct in New York City. Daniel J Travanti leads a strong cast as Captain Frank Furillo.

ADVERTISEMENT



CANDID CAMERA 10.00PM

Smile, you're on *Candid Camera*. New from tonight on Challenge TV, unsuspecting victims are filmed on hidden camera doing the most ridiculous things. Peter Funt and Suzanne Somers present the latest series.

Saturday 9 January

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM MORNING

7.30am Rally
8.00 Car on Ice
8.30 Cross-Country Skiing – LIVE
9.00 Biathlon – LIVE
9.45 Cross-Country Skiing
10.00 Alpine Skiing – LIVE
11.00 Alpine Skiing
12noon Biathlon – LIVE
12.45pm Ski Jumping – LIVE
2.45 Cross-Country Skiing
Action from the World Cup in the Czech Republic.

3.00 PM

4.00 Tennis – LIVE
Coverage of the semi finals of the ATP Tournament from Doha in Qatar, where players, including Tim Henman, will aim for the title held by Petr Korda.

5.00 PM

6.00 PM

7.00 PM

7.30 Football – LIVE
Coverage of the international tournament from Maspalomas, Spain.

8.00 PM

9.00 PM

9.30 Rally
Highlights of the first eight days of the Total Granada Dakar 99.

10.00 PM

10.00 Boxing
Coverage of an international contest.

11.00 PM

11.00 Speed Skating
Action from the European Speed Skating Championships in Heerenveen.

12.00 NIGHT TIME

12.30am-1.00am Rally
Another look at the action from the Total Granada Dakar 99

SKY SPORTS 1
PREMIUM CHANNEL

6.00am Hold the Back Page
7.00 Sky Sports Centre
8.00 Aerobics Oz Style
8.30 Racing News
9.00 Hold the Back Page
10.00 Ten Pin Bowling: World Ten Pin Masters
11.00 Max Power
12noon Gillette Soccer Saturday
Jeff Stelling presents the fastest and most comprehensive football results service on television, including post-match interviews with the men that matter and detailed analysis from the Sky Sports pundits.

5.30pm NFL: NFL Divisional Play-Offs – LIVE
More than seven hours of NFL action as the best teams in the NFL battle for Super Bowl glory. Denver won the Super Bowl last year and they are set to be involved in the Divisional battles once again.

12.30am Spanish Football
Action from a top match in the Spanish Primera Liga.
2.30 Rugby Union Update: Tetley's Bitter Cup – Newcastle v Bath
4.00 American Muscle
4.30 Max Power
5.30-6.00am Wild Spirits

SKY SPORTS 2
PREMIUM CHANNEL

6.00am Motorcycling: AMA Grand National Series
7.00 Aerobics Oz Style
7.30 Racing News
8.00 Soccer AM
12noon Motorcycling: AMA Grand National Series
1.00pm Gillette World Sport Special
1.30 Rugby Union: Tetley's Bitter Cup – Newcastle v Bath – LIVE
Coverage from the fourth round of the Tetley's Bitter Cup. Like the third round in the FA Cup, this is the stage in the competition when the big boys enter the fray.

4.00 Ford Golf USA: Mercedes Championships
The best of the action from day two of the Mercedes Championships, won last year by Phil Mickelson.

6.00 Ford Golf USA: US Skills Challenge
Coverage of the US Golf Skills Challenge featuring such luminaries as Ben Crenshaw, Craig Stadler, Casey Martin, Peter Jacobsen, Nick Price, John Daly and Costantino Rocca.

8.00 World Motor Sport
Fast-paced coverage from the circuit where all the latest news and views are tracked. From the Indy Racing League to the NASCAR series, this programme features every lap from every track. The show includes features on the key movers and shakers in the race world. Plus, viewers can gain an insight into life behind the wheel from the men who smash the records and thrill the crowds.

11.00 Motorcycling: AMA Grand National Series
The AMA's latest event continues with the Grand National Series.

12midnight Dancing: IDSF
1.00am Ford Golf USA: Mercedes Championships – LIVE
3.00 Gillette World Sport Special
3.30-6.00am International Cricket: Australia v England – LIVE

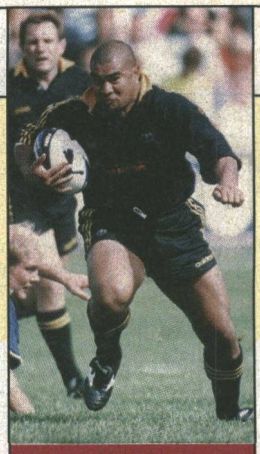
SKY SPORTS 3
PREMIUM CHANNEL

12noon Dancing: IDSF – Open Latin
From Massachusetts.
1.00pm Fish TV: World Carp Classic
Action from the Lac De Medine in France.
2.00 World Motor Sport
Fast-paced coverage from the circuit where all the latest news and views are tracked. From the frantic pace of the Indy Racing League, to the never-say-die approach of the NASCAR series, the show features every lap from every track.

5.00 Wild Spirits
With Jason Roberts.
5.30 Bobby Charlton's Football Scrapbook: David Sadler
Former Manchester United goal scoring legend David Sadler joins Bobby Charlton and Dickie Davies to reminisce about his career in the Sixties.
7.00 Watersports World
A comprehensive guide to the best action on the water.

8.00 Spanish Football – LIVE
Action from a top match in the Spanish Primera Liga where some of the world's finest players ply their trade.

10.00 Rugby Union: Tetley's Bitter Cup: Newcastle v Bath
Mark Durden-Smith presents action from round four as Newcastle take on Bath.
11.30-12midnight American Muscle
Body building bonanza featuring news, nutrition segments and work out tips.



Bath face Va'aiga Tuigamala of Newcastle in the Tetley's Bitter Cup. Sky Sports 2 1.30pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
A preview of what is on MUTV today.
6.05 Watch This if You Love Man-U
Post match analysis by the guys who know.
7.15 Megastore Megabuys
7.30 Kids Clinic
Top tips and technical advice.

8.00 Super Match – Vintage Reds: Manchester United v West Ham United
Classic action from the 1977/78 season.

9.00 Did You See...?
Catch up with this week's highlights on MUTV.

10.00 Man U Menu
Mark Simkin steps inside the Old Trafford kitchen.
10.30 F.A.N.
The magazine show for the modern fan.
11.00 Jump 'n' Pump
Aerobics exercise show.
11.15 Megastore Megabuys
11.30-12midnight Red Hot News

SCI-FI
ACTION PACK

7.30am Planet Mirth 8.00 Deepwater Black 8.30 Children of the Dog Star 9.00 The Invisible Man 10.00 The Cape 11.00 The Incredible Hulk 12noon-5.00pm The Ray Bradbury Theatre
12noon *Fee Fie Foe Fum*
12.30pm *The Happiness Machine*
1.00 *Tomorrow's Child*
1.30 *The Silent Towns*
2.00 *Sun and Shadow*
2.30 *The Great Wide World Over There*
3.00 *Downwind from Gettysburg*
Ray Bradbury introduces adaptations of his own short stories.
3.30 *The Anthem Sprinters*
4.00 *The Tombstone*
The author introduces his stories.
4.30 *Some Live Like Lazarus*
Starring Nick Mancuso.
5.00 FILM: Gremloids
Sci-fi comedy about a close encounter between some aliens and humankind. In a galaxy too close for comfort, transmissions from a rebel alliance are intercepted.
6.45 Sci-Focus
Behind the scenes of a recent science fiction blockbuster.
7.00 The Cape
A US space mission is launched to capture a runaway Russian nuclear satellite, which has fallen out of orbit.
8.00 Babylon 5
A weekend of the very best *Babylon 5* episodes, selected by viewers.
9.00 Babylon 5
A weekend of the very best *Babylon 5* episodes selected by viewers.
10.00 Babylon 5
Continuing a weekend of the very best *Babylon 5* episodes selected by viewers.
11.00 Babylon 5
The weekend of the very best *Babylon 5* episodes selected by viewers continu.

12midnight Mystery Science Theatre 3000
Agent for HARM
Crow and Servo take up extreme sports.
1.50am Sci-Focus
2.00 Planet Mirth
2.30 100 Years of Horror
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

9.30am Videotech
10.00 Extreme!
Extreme sports.
10.30 The Locker
11.00 Board Wild
Snowboarding, surfing and skateboarding events.
11.30 WWA Wrestling
American wrestling.
12.20pm CITV2
Children's television.
1.30 The Locker
2.00 Football Fever
Introduced by Russ Williams.

2.15 Futbol Mondial
Football news from around the world.
2.45 Football First
Live football updates.
5.30 Taking the Pitch
Soccer quiz.
6.00 Champions League Extra Special
7.00 When Manchester United Met Barcelona
8.30 Trevor McDonald Meets ...
Celebrity interview.

9.00 When England Played Argentina
Relive the drama of the World Cup clash in which ten men battled on valiantly after Beckham's red card offence.
10.00 The Truth about Footballers
Documentary.
11.00 The Perfect Match
12.30am Friday Night's All Wright
1.20-2.20am For the Love of the Game

TELEVISION X
ADD-ON CHANNEL

12midnight Free View
12.10am A to Z of Fetish
12.20 Extreme Close-Up
12.45 FILM: Cable Girl 1.00 Free View 1.05 FILM continues 2.00 Free View 2.05 ... Dan 2.30 FILM: Erotique 3.00 Free View 3.05 FILM continues 3.40 Glamour Girl Review 4.10-5.30am FILM: Adult Feature

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am Neil Down – Sex Therapist
12.40 Lesbian Fantasies
1.00 Passenger 69
Becky Sunshine, Mark Davis
Erotic feature film.
2.15 Girls about Town
2.30-4.00am The Pizza Girls
Erotic feature film.

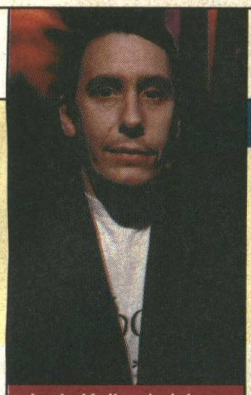
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Miami Beach Cops
Frankie Maldonatti
Action film.
9.30 Final Stage
Short film.
10.00 Hollywood Chainsaw Hookers
Gunnar Hansen.
11.15-12midnight Dreams of Stacy

Saturday 9 January



Jools Holland picks the musical highlights of 1998 in 'Later on ... Jools '98'. UK Arena 6.05pm

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 Why Files 7.30 Fashion 8.00 Agony 8.30 Lie Detector 9.00 Grass Roots Football 10.00 Bangers and Smash 11.00 Indecent Proposals 11.30 BodyHeat 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Agony 2.30 Indecent Proposals

3.00 Agony
The show that offers practical advice to anybody with trouble in their life.

3.30 Women's Wrestling
More grappling action.

4.30 Agony Omnibus
The show that offers practical advice to troubled souls.

5.30 The Why Files
Psychic investigators travel the land.

6.00 The Fashion Show
A look at the headlines among the hemlines.

6.30 Bangers & Smash
Stock car racing coverage presented by Louise Brady.

7.30 Agony
Another dose of verbal mecidine for the troubled.

8.00 The Why Files
With psychic investigators who travel the country.

8.30 Judge Judy
The feared American judge with another case.

9.00 Sport at Nine: Women's Wrestling
More grappling action from the ring.

9.57 Topless Darts
Darts with a difference.

10.00 Hollywood Uncovered
Behind-the-scenes look at the skin flick industry.

10.30 Exotica Erotica

11.30 Blue Review

11.45 Janeycam

11.57 Topless Darts

12midnight Hollywood Uncovered 12.30 Private Dancer 12.45 Pleasuredome 1.00 Exotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30-6.00am BodyHeat

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm The Games Room

5.15 Karaoke Challenge
With host Ross King.

5.45 The Games Room

6.00 Family Fortunes
Big money gameshow.

6.30 The Games Room

6.45 Name that Tune
With Jools Holland.

7.15 The Games Room

7.25 Roll with It!
With presenters Paul King and Paul Ross.

7.55 The Crystal Maze
A team of intrepid contestants tackle a series of ingenious games and fiendish challenges.

9.00 The Games Room

9.15 Strike it Lucky
Fast-action gameshow.

9.45 The Games Room

10.00 Candid Camera
More hilarious footage of the unknowing public being put in tricky situations.

10.30 Don't Feed the Gondolas

11.00 Carnal Knowledge
The quiz show that reveals the British public's most intimate secrets. Hosted by Graham Norton.

12midnight Strike it Lucky 12.30am Name That Tune 1.00 Don't Feed the Gondolas 1.30 Roll with It! 2.00 Karaoke Challenge 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Say the Word 4.30 Don't Drink the Water 5.00-6.00am Screenshop

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 French Lunch 10.30 Worrall Thompson 11.00 Vin Ordinaire 11.30 Coxon 12noon Food Network 12.30pm Turner's Tour 1.00 Can't Stand Heat 1.30 Slice of Life 2.00 Newman Meets 2.30 Food Network 3.00 Winter Nosh 3.30 Coxon's Kitchen 4.00 Tessa Bramley's Country Kitchen 4.30-5.00pm For Better, for Worse

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm What's Cooking?
Culinary quiz show presented by Bill Dodds.

5.30 Byker Grove
Hard-hitting teenage drama.

6.00 Byker Grove
Hard-hitting teenage drama.

6.30 Rising Damp
The Good Samaritans
Rigsby has a rare moment of pity towards a new tenant.

7.00 Flying Start
Travel game show presented by Emma B.

● Feature pages 16-17

7.30 Birds of a Feather

8.00 Lovejoy
A Going Concern
Lovejoy house-sits Felsham Hall but decides to use the place to flog other dealers' antiques.

9.00 Pie in the Sky
Devils on Horseback
Margaret drags Crabbe away for a day at the races with cider-making Bob Bishop.

10.00 Stay Lucky
Bring Back My Barny to Me
Harry, Jack and Barny make the decision to go international and rob a French chateau.

11.00 Hill Street Blues
Eighties American police drama series set in a tough urban area. Starring Bruce Weitz and Joe Spano.

12midnight Rising Damp 12.30am Let the Blood Run Free 1.00 Tales of the Unexpected 1.30-2.00am Tales of the Unexpected
Galloping Foxley
A man's past creeps up on him.

ANIMAL PLANET
WORLD PACK

12noon
The Giraffe of Etosha
Experience the lives of giraffes in Etosha, Africa.

1.00pm
The Wild Yaks of Tibet
One of the first Western film crews to be allowed access to this extraordinary country.

2.00 Giants of the Nullarbor
A look at a school of white whales returning to Australia.

3.00 Lassie
The Great Escape

3.30 Lassie
Lassie Comes Home
Children's drama series about a collie dog.

4.00 Animal Doctor
Follow animal doctors from the RSPCA and other rescuers as they respond to reports of emergencies and animal cruelty.

5.00 Wildlife ER
A look at the American based Wildlife Centre.

5.30 Breed All About It
Great Swiss Mountain Dog

6.00 Hollywood Safari
Cruel People
First episode in a new drama series set in the Hollywood world of animal training.

7.00 Crocodile Hunter
Wild in the USA

7.30 Crocodile Hunters
Sleeping with Crocodiles
With mud-wrestling crocs.

8.00 Wolves At Our Door
Footage of Jim Dutcher's six years living with, and filming, a pack of wolves as no one has done before.

9.00 The Dolphin
An intimate and beautiful portrait of a group of dolphins in their habitat, off the balmy shores of the Bahamas.

10.00 Walk on the Wild Side
A look at the mechanisms that animals use to move around on land, through water and in the air.

11.00 Deadly Australians
Coastal and Ocean
A look at deadly box jellyfish

11.30-12midnight The Big Animal Show

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 8.30 The Kon-Tiki Man 9.05 Light in the Dark 10.00 Gold Rush Memories 11.00 Top Gear GTi 12noon The Day the Universe Changed 1.00pm Airport 1.30 Vets in Practice 2.00 Natural Neighbours 2.30 Sea Trek
The Hawaiian Islands

3.00 Jungle Nights
Tim Pigott-Smith narrates the story of the jungle at night beginning at the tropical rainforest of Central America.

4.00 The Serpent's Secrets
Wildlife on UK Horizons

4.30 Scorpion
Wildlife on UK Horizons
A creature of myth.

5.00 Rolf's Amazing World of Animals
Family entertainment show with Rolf Harris.

5.30 Tokyo Earthquake

6.00 The House
Star Struck
A behind-the-scenes look at the Royal Opera House in Covent Garden, during a turbulent year.

7.00 Great Railway Journeys
Aleppo to Aqaba
Alexei Sayle travels by train through the Middle East.

8.00 Leopard: A Wildlife Special
David Attenborough presents a series of films celebrating 40 years of wildlife filming by the BBC.

9.00 Neighbours at War

9.30 Billy Connolly's World Tour of Australia
The Scottish comedian visits Queensland.

10.20 Top Gear Take II
Stunt Bikers

10.30 Top Gear GTi
Testing the latest models and casting an eye over the hottest motoring news.

11.30 Kicking and Screaming
Whose Game is it Anyway?

12.30am-1.00am **UFO Diaries**
The Secret of Roswell
What is the truth behind stories of alien landings at Roswell, New Mexico in July 1947?

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am E! True Hollywood Story 7.00 E! in Focus 8.00 The Good Housekeeping Show 8.30 Rosemary Conley's Low Fat Cookbook 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Psychic Zone 11.30 The Fast Food Show 12noon The Good Housekeeping Show 12.30pm Roddy Llewellyn's Indoor Garden 1.00 E! True Hollywood Story 2.00 The View

3.00 Livetime
Magazine programme that puts viewers in touch with the experts and celebrity guests on air.

4.00 Sally Jessy Raphael
My Husband Controls Me
American talkshow in which Sally and her guests engage in lively debate.

5.00-6.00pm Livetime
Magazine programme that puts viewers in touch with the experts.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Extreme Earth
Fires of War
A look at some lethal jobs.

7.30 Extreme Earth
Landslide!

8.00 Nature's Nightmares
The Terminators

8.30 Nature's Nightmares
Ants from Hell

9.00 Survivors
The Abyss
A look at Low's Gully, described as an inverted Everest where nobody knows what's at the bottom.

10.00 Channel 4 Originals
The Secret Underworld
Explore the Movile cave in Romania which has its own ecosystem.

11.00 Natural Born Killers
Africa's Big Five
This programme looks at the natural history of five African animals.

12midnight-1.00am **Shipwrecks**
Shipwreck on the Skeleton Coast
Delve below the waves to explore some of the world's most renowned and fascinating shipwrecks.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

7.00am Kickstart 9.00 So 90s 10.00 European Top 20
An up-to-date look at the best of the European chart.
12noon News 12.30pm Ultrasound: Madonna 1.00 Non-Stop Hits 1.30 Say What? 2.00 Hitlist UK 4.00 Select MTV
Choose your favourite tracks from MTV's personal video jukebox.

6.00 The Lick R&B Chart 7.00 Partyzone Megamix 8.00 Dancefloor Chart 9.00 So 90s 9.30 News 10.00 Beavis and Butt-head
Adult animation.
11.00 The Grind: Double Bill 12midnight Beastieography
Profile of the bad boys of the charts, The Beastie Boys.
2.00am Music Mix 3.00 Chill Out Zone 5.00-6.00am Night Videos
Videos all through the night.

VH1
MUSIC & GAMES PACK

6.00am Workout Hits 9.00 Greatest Hits of... 10.00 Something for the Weekend 11.00 Classic Chart 12noon Ten of the Best: Vogue 1.00pm Greatest Hits of... Sport and Music NEW 1.30 Pop-Up Video 2.00 American Classic 3.00 Album Chart 4.00 VH1's Workout Weekend NEW 8.00 Disco Party 9.00 Ten of the Best 10.00 Big 80s 11.00 Spice 12midnight Midnight Special 2.30am Ed Sullivan's Rock'n'Roll Years 1.00-6.00am Workout Weekend Hits

TRAVEL
FREE BONUS CHANNEL

12noon Go 2 12.30pm Secrets of India 1.00 Fork in the Road 1.30 Food Lovers' Guide to Australia 2.00 Far Flung Floyd 2.30 Written in Stone 3.00 Transasia 4.00 Sports Safaris 4.30 Earthwalkers 5.00 Dream Destinations 5.30 Holiday Maker 6.00 Food Lovers' Guide to Australia 6.30 Caprice's Travels 7.00 Rolf's Walkabout 8.00 A Fork in the Road 8.30 Go 2 9.00 Transasia 10.00 Sports Safaris 10.30 Holiday Maker 11.00 Earthwalkers 11.30-12midnight Dream Destinations

UK STYLE
LIFESTYLE PACK

7.00am Women 7.30 Big Catch 8.00 Track 8.30 Walks 9.00 Can Ski... 9.30 Garden Grow? 10.30 Gardening Week 11.00 Places 12noon Flower 12.30pm Ground 1.00 Women 2.00 Track 2.30 Walks 3.00 Ski 3.30 Garden Grow? 4.30 Gardening Week 5.00 Places 5.30 Garden Roadshow 6.00 Flower 6.30 Ground 7.00 Women 7.30 Catch 8.00 Track 8.30 Walks 9.00 Ski 9.30 Garden Grow? 10.30 Week 11.00 Places 11.30 Roadshow 12midnight Flower 12.30am-1.00am Ground

UK ARENA
LIFESTYLE PACK

3.00pm The Look 4.00 Sounds of the Seventies 5.10 Later on Piano 6.05 Later on Jools 98 7.00 Later on Blur 8.00 Arena People: Nick Hornby
Profile of the author who wrote *Fever Pitch*.
8.55 Brass 9.30 Brass 10.00 Movie Club 10.05 FILM: Insignificance 12.10am Later on Blur 1.10 Brass 1.40 Brass 2.10-3.00am Later on Jools 98

Saturday 9 January

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Rex Hunt 6.30 Fishing Australia 7.00 Hooked on Fishing 7.30 Four Walls 8.00 Gimme Shelter 8.30 Workshop 9.00 Rex Hunt 9.30 Fishing Australia 10.00 Hooked 10.30 Four Walls 11.00 Gimme Shelter 11.30 In the Workshop 12noon New Yankee 12.30pm The Furniture Guys 1.00 Doing It Up 1.30 Home Again 2.00 Fishing 2.30 Two's Country 3.00-4.00pm Campaigns in History

DISCOVERY
WORLD PACK

4.00pm
Battle for the Skies
Under Distant Skies
Focus on combat in India, and establishing the RAF.

5.00
A Century of Warfare
Trench warfare stalemates the Western Front as casualties mount on both sides.

6.00
A Century of Warfare
Russia crumbles in its battles against Germany and Austria-Hungary as unrest in the country grows.

7.00
Super Structures
Sea Wolf
The story of the most complex military machine of the 20th century.

8.00 Storm Force
Hurricanes
Footage of the 1997 hurricane which wreaked havoc in Guam and Hurricane Pauline.

9.00 Supercars
Professional teams from indy car racing, drag racing and rallying explain the technology.

10.00 Forensic Detectives
Traces of Guilt
A look at how the smallest clues can help solve the biggest cases.

11.00 The Century of Warfare
A major documentary series charting worldwide conflict in the 20th Century.

12midnight
A Century of Warfare
Recalling how Russia crumbled in its battles against Germany.
1.00am-2.00am
Weapons of War
Luftwaffe
A visual history of the Third Reich's pioneering airforce.

SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm Emmerdale Farm
1.00 Emmerdale Farm
1.30 Take the High Road
2.00 Take the High Road
2.30 Take the High Road
3.00 Take the High Road
Wee Donald gets a lesson in love.
3.30-4.00pm
Take the High Road
Jinty Craig strikes a blow.

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Magic Roundabout 6.00 Fruitties 6.30 Blinky Bill 7.00 Tabaluga 7.30 Sylvester and Tweety 8.00 Power Puff Girls 8.30 Animaniacs 9.00 Dexter's Laboratory 10.00 Cow and Chicken 10.30 I am Weasel 11.00 Beetlejuice 11.30 Tom and Jerry 12noon Flintstones 12.30pm Bugs and Daffy 12.45 Popeye 1.00 Road Runner 1.15 Sylvester and Tweety 1.30 What a Cartoon! 2.00 Taz-Mania 2.30 Droopy

3.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
3.30 Scooby-Doo
Canine sleuthing
4.00 Power Puff Girls
Cute crime fighting.
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More superego than superhero.
5.30
Cow and Chicken
Offbeat sibling fun.
6.00
Tom and Jerry Kids
The classic cat-and-mouse duo are reborn.
6.30 The Flintstones
Archaic cartoon fun.
7.00 Batman
More caped crusading.
7.30 Fish Police
Underwater law and order is enforced by the scales of justice.
8.00 Droopy: Master Detective
More canine sleuthing.
8.30-9.00pm Inch High Private Eye
Diminutive sleuthing

Want to know if your favourite episode of *Frasier* is on this month?
Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

THE HISTORY CHANNEL
WORLD PACK

4.00pm
The French Foreign Legion
Killer Elite
5.00 The Green Berets
Killer Elite
6.00 The Gurkhas
Killer Elite
7.00-8.00pm Biography
Prince Phillip
NEW A profile of a man who has lived his life over-shadowed by his wife and who has provided unswerving loyalty.

NICKELODEON
FAMILY PACK

7.00am Bruno the Kid 7.30 Stickin' Around 8.00 Aaahh!!! Real Monsters 8.30 Hey Arnold! 9.00 Rugrats 9.30 Doug 10.00 Angry Beavers 10.30 CatDog 11.00 The Wild Thornberrys 11.30 The Ren & Stimpy Show 12noon Wishbone 12.30pm Moesha 1.00 Sister Sister 1.30 The Journey of Allen Strange 2.00 The Secret World of Alex Mack 2.30 Kenan & Kel

3.00 Clarissa Explains it All
Educational comedy with theever-so-practical Clarissa.
3.30 Kablam!
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Fun with the nippers.
5.00 Sister Sister
Twice the comedy fun.
5.30 Kenan & Kel
With Kel Mitchell and Kenan Thompson.
6.00 Sabrina
6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy following the life of teenager Cher.
7.30 Desmond's
8.00 Roseanne
Suck Up or Shut Up!
Roseanne joins a stuffy women's group.
8.30 Just Shoot Me

9.00 Cybill
It's for You, Mrs Lincoln
Cybill's problems at home get too much.
9.30 Seinfeld
The Keys
10.00 FILM: Love and Death
Woody Allen
Diane Keaton
A Russian man gets caught up in the Napoleonic invasion of his country. *1975*
11.30 The Larry Sanders Show
The Hankerciser 200
Hank endorses an exercice.
12midnight Duckman
Adult animation.
12.30am The Vacant Lot
1.00 The Comedy Store
1.30 Club Class
2.00 Dr Katz
2.30 Soap
3.00 Tibs and Fibs
3.30-4.00am Nightstand

CABLE CHECK
Some of the channels listed may not be available in your area

FOX KIDS
FAMILY PACK

6.00am Beetleborgs 6.25 Beetleborgs 6.50 Eek!Stravaganza 7.00 Power Rangers Turbo 7.25 Power Rangers Turbo 7.50 Terrible Thunderlizards 8.00 Oggy 8.25 Oggy 8.50 Casper 9.00 Donkey Kong Country 9.30 Donkey Kong Country 10.00 Mowgli 10.25 Mowgli 10.50 Home to Rent11.00 Life with Louie 11.25 Life with Louie 11.50 Eek! Stravaganza 12noon Weekend Stacks: Spiderman

3.30pm Roy and Lisa's Big Ride
Take a ride with Fox Kids's new presenters.
3.35 Mortal Kombat
Follow the chosen warriors.
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
Jungle fun.
4.50 Home to Rent
5.00 Goosebumps
Spooky stories.
5.25 Eerie, Indiana

5.55
Donkey Kong Country
Wacky adventures with the team from Congo Bongo
6.25 Sam and Max
6.50-7.00pm Eek!Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKs

6.00am Shop Selection!
7.00 Bargain Shop!
7.30 In the Kitchen with Susan Brookes
8.30 Plugged In
9.30 Junior Sports Store
10.00 Spotlight on Sports
11.00 Time Zone
12.00 The Clothes Line
1.00pm Bargain Shop!
1.30 Switched On!
2.30 Shop! Feature
3.00 Global Cuisine
4.00 Y-Zone
5.00 Shop Selection!
6.00 Time Zone
Unbeatable offers on the most fashionable watches and clocks.
7.00 Spotlight on Sports
Premier League special, a must for any football fan.
8.00 The Clothes Line
Casual wardrobe ideas to suit every woman.
9.00 Global Cuisine
Shop! has everything you need to create authentic American-style food.
10.00 Switched On!
11.00 Y-Zone
12midnight Bargain Shop!
12.30am Shop Selection!
1.30 Spotlight on Sports
2.30 Junior Sports Store
3.00 Switched On !
4.00 Global Cuisine
5.00-6.00am Y-Zone

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Around The House at 1.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour every hour plus: 6.00am BBC News 24 7.30 UK Direct 8.00 Weekend 24 9.30 Straight Talk 10.30 LifeWatch 11.30 Simpson's World 12.30pm Face in the Crowd 2.30 Straight Talk 6.30 Scoreline 7.30 Scoreline 8.30 Simpson's World 9.30 Straight Talk 10.30 Correspondent 12.30am Seven Days 2.30 Simpson's World 3.30 Science Review 4.00 BBC News 24 4.30 Reporters 5.00 BBC News 24 5.30-6.00am Straight Talk

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am World News 5.30 Europe 6.30 Moneyline 7.30 Sport 8.30 Business 9.30 Pinnacle 10.30 Sport 11.30 News 12noon News 12.30pm Moneyweek 1.30 Report 2.00 News 2.30 Travel Now 3.30 Sport 4.30 Health 5.30 Larry King 6.30 Fortune 7.30 Beat 8.30 Style 9.30 Artclub 10.30 Sport 11.00 Worldview 11.30 Global 12.30am News 1.00 Today 1.30 Licence 2.00 Larry King Weekend 2.30 Larry King Weekend 3.00 Today 3.30 Both Sides 4.30-5.00am Evans, Novak, Hunt & Shields

SKY NEWS
NEWS & SPORT PACK

News on the hour every hour, plus: 6.00am Sunrise 9.30 Showbiz 10.30 Fashion 11.30 Review 1.30 Global 2.30 Fashion TV 3.30 Westminster 4.30 Review 5.00 Live at Five 7.30 Sportsline 8.30 Business 9.30 Global 10.00 Prime Time 11.30 Sportsline 12.30am Showbiz Weekly 1.30 Fashion TV 2.30 Book Show 3.30 Week in Review 4.30 Global Village 5.30-6.00am Showbiz Weekly

INTERNATIONAL

3SAT 6.00am Hablamos Espanol 6.30 Türkei – Land, Leute und Sprache 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Ludwig van Beethoven: Tripelkonzert 9.25 Offen 9.30 Lebensräume 10.00 Offen 10.30 Vor 30 Jahren 11.00 In concert 11.15 Quer 12.15pm In Concert 1.00 Offen 1.30 Winter in den Karpaten 2.15 Drei Frauen in Papua-Neuguinea 3.15 Die Piratenkönigin 4.35 Tips and Trends Mobil 5.00 Stadt, Land, Fluff – Berlin 5.30 Ausland 6.00 Heute 6.20 Kulturdokumentation 7.00 Tagesschau 7.15 Gold und Silber Gala 8.10 Plácido Domingo 9.40 Celibidaches Erben 10.25 Boulevard Bio 11.25-12.15am Seitenblicke - Revue

TV5 5.00am Journal Televise de Radio Canada 5.30 Journaux Televise 6.00 TV5 Infos 6.05 Bus et Compagnie 7.00 TV5 Infos 7.05 Journal de Radio Canada 7.30 Mission Pirattak 8.00 TV5 Infos 8.05 Bus et Compagnie 9.00 Journal TV5 9.30 Génies en Herbe 10.00 Outremers. 11.00 TV5 Infos 11.05 Images de pub 11.30 Journal France 3 12noon TV5 Infos 12.05pm Bus et Compagnie 1.00 Journal TV5 1.30 Bouillon de Culture 2.30 Le Roman de l'Homme 3.00 Journal TV5 3.30 Sport Africa 4.00 TV5 Infos 4.05 Reflets 5.00 Journal TV5 5.30 Débat de Société 7.00 Journal Belge 7.30 Journal et Le Journal 8.00 TV5 Infos 8.05 Thalassa 9.00 Journal 9 9.30 Envoyé Spécial 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30 News 8.00 Sant Darshan 9.00 Variety Programe 10.00 Interactive 11.30 News 12noon Subah 12.30pm Asian Music Festival 1.00 Pakistan Business 1.30 FILM 4.00 Edit 4.30 Thekikaat 5.00 Kaala Daira 6.00 Ek Mulaquat 6.30 BPL Oye 7.30 Sansar 8.00 Junoon 8.30 Dard 9.00 FILM 11.30 Eurospice 12midnight Dard 12.30am Ek Mulaqat 1.00 FILM 4.30 Junoon 5.00 Doosra Aasman 6.00 Chand Ghazlien 6.30 News 7.00-7.30am Mehil

ZEE TV
ADD-ON CHANNEL

6.00am Zee TV 6.30 Shabads 7.00 Faith 7.30 Daily News 8.00 Pakistan Business Week 8.30 Jungle Book 9.00 Zee Addicts 9.30 Entertainment Express 10.00 About You 10.30 Big Debate 11.30 Khana Khazana 12noon HINDI FILM: Phoolon Ki Sej 3.00pm Lolly-Pop 4.00 Jaal 5.00 Public Demand 5.30 Rishtey 6.30 Hum Paanch 7.00 Zee Top Ten 8.00 News Bulletin 8.30 Jaan 9.00 HINDI FILM 12midnight News Bulletin 12.30am Chalo Cinema 1.00 Zee Presents 2.00 HINDI FILM: Khatron Ke Khiladi 5.00 Mrs Madhuri Dixit 5.30-6.10am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Just for Parents 4.30 This is Your Day 5.00 Agape Today - Happy Caldwell 6.00 Pastor Ferdenandez 6.30 Global Harvest Force 7.00 Intelligence Briefing 7.30 Winning ways 8.00 KIDZ Club 8.30 McGee and Me 9.00 Highway to Heaven 9.30 Jesse Duplantis 10.00 In the House 10.30-11.00am This is Your Day – Benny Hinn

BLOOMBERG
WORLD PACK

24-hour business news including: 2.15am Euro 99 3.20 Ask the IFA 4.19 Food for Thought 4.24 Sports 5.19am Clips

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

Parliament in Recess.

CLEAR ALL YOUR EXISTING CREDIT NOW!!!

PAY OFF ALL YOUR EXISTING CREDIT CARDS, OVERDRAFTS & UNSECURED LOANS AND REPLACE THEM WITH JUST ONE CONVENIENT MONTHLY PAYMENT.

ANY PURPOSE

SEE US ON TELEVISION TELETEXT PAGE 386

LOANS

Don't accept any other finance offer without speaking to us first!

FIXED RATES FOR UP TO 15 YEARS AVAILABLE - FREEPHONE NOW!

MANY OTHER LOAN AMOUNTS AND REPAYMENT PERIODS ARE ALSO AVAILABLE

APR	Borrow	60 MTHS	90 MTHS	120 MTHS	180 MTHS	240 MTHS
10.9% Variable or fixed for up to 5 years NO FEES	£30,000			404.40	331.17	299.03
	£27,500			370.70	303.58	274.11
	£25,000			337.00	275.98	249.19
	£22,500			303.30	248.38	224.27
	£20,000			269.60	220.78	199.35
11.9% Variable or fixed for up to 5 years NO FEES	£17,500	383.47	289.58	244.44	202.66	184.70
	£15,000	328.69	248.21	209.52	173.71	158.31
	£12,500	273.90	206.84	174.60	144.75	131.93
	£11,000	241.04	182.02	153.65	127.38	116.10
	£10,000	219.12	165.47	139.68	115.80	105.54
12.9% Variable or fixed for up to 5 years NO FEES	£9,000	201.29	153.30	130.38	109.41	100.61
	£8,000	178.93	136.27	115.89	97.25	89.43
	£7,500	167.74	127.75	108.65	91.17	83.84
	£6,000	134.20	102.20	86.92	72.94	67.07
	£5,000	111.83	85.17	72.43	60.78	55.89

FIXED RATES FOR UP TO FIFTEEN YEARS AVAILABLE - ask for details

TYPICAL EXAMPLE: Borrow £10,000 over 60 months = £219.12 x 60
Total repayable £13,147.20 APR 11.9% variable

Licenced Lenders & Credit Brokers - Written Quotations on Request - Loans Secured on Property and Subject to Status

LINES OPEN 8am - 9pm EVERY DAY

HOMEOWNERS / MORTGAGE PAYERS - FOR A LOAN BETWEEN £3,000 AND £50,000 - CALL FREE NOW - AN IMMEDIATE IN PRINCIPLE DECISION CAN BE GIVEN WITHIN MINUTES IF REQUIRED

0800 858858

Tenants Only - Telephone 01252 367660

FISA registered

AS THE COUNTRY'S LARGEST INDEPENDENT FINANCE BROKER OCEAN FINANCE CAN

Members of the Corporation of Finance Brokers

OFFER YOU THE FOLLOWING GUARANTEES

- ★ OUR ADVERTISED INTEREST RATES ARE GENUINELY AND WIDELY AVAILABLE. THESE ARE THE RATES THAT THE MAJORITY OF OUR CUSTOMERS QUALIFY FOR.
- ★ ABSOLUTELY NO UP FRONT FEES WHATSOEVER.
- ★ NO ARRANGEMENT FEES ARE PAYABLE ON OUR ADVERTISED INTEREST RATE PLANS.
- ★ WE WILL BE HONEST, COURTEOUS AND UNDERSTANDING BECAUSE WE CARE.

IMPORTANT BENEFITS & FACILITIES OCEAN FINANCE CAN OFFER

- ★ REBATES GIVEN FOR EARLY SETTLEMENT.
- ★ WE WILL CONSIDER ALL CIRCUMSTANCES INCLUDING MORTGAGE ARREARS, COUNTY COURT JUDGEMENTS, DEFAULTS OR A POOR CREDIT RATING (ON CERTAIN BUT NOT ALL OCCASIONS AN ALTERNATIVE INTEREST RATE MAY BE OFFERED TO SUCH CUSTOMERS).
- ★ UNSECURED LOANS AND LOANS UP TO 125% OF PROPERTY VALUE ARE ALSO AVAILABLE (DIFFERENT TERMS & RATES APPLY TO THOSE ADVERTISED).
- ★ FACILITIES AVAILABLE FOR RETIRED APPLICANTS AND FOR PEOPLE IN RECEIPT OF PENSION/BENEFIT INCOME (DIFFERENT TERMS MAY APPLY).
- ★ OUR LOANS ARE COMPLETED BY POST. PERSONAL HOME VISITS ARE ALSO AVAILABLE UPON YOUR REQUEST. PLEASE THEREFORE REQUEST THIS SERVICE IF REQUIRED.
- ★ OPTIONAL ACCIDENT, SICKNESS & REDUNDANCY PROTECTION PROVIDED IF REQUIRED.
- ★ BORROW OVER ANY TERM (3–25 YEARS) AND BORROW ANY AMOUNT (£3,000–£50,000).
- ★ FREE LIFE INSURANCE ON MOST LOANS.
- ★ ALL ENQUIRIES TREATED ON A 'NO OBLIGATION' BASIS.
- ★ THE MAJORITY OF OUR LOANS ARE ARRANGED THROUGH SUBSIDIARIES OF MAJOR HIGH STREET BANKS.

FOR YOUR NO OBLIGATION INFORMATION PACK & APPLICATION FORM APPLY NOW!
(Homeowners & Mortgage Payers only should complete coupon) No stamp required

Please complete in block capitals: **I would like information on SECURED / UNSECURED loans** *(delete)*

Your full names .....

Full address .....

.....

.....

Post code .....

Cable

Post in an envelope to:
OCEAN FINANCE, Marlborough House, St. John Street, FREEPOST WV1873, Lichfield, WS13 6BR

YOUR HOME IS AT RISK IF YOU DO NOT KEEP UP REPAYMENTS ON A MORTGAGE OR OTHER LOAN SECURED ON IT

Sunday 10 January

SKY PREMIER
PREMIUM CHANNEL

6.00am
Femmes Fatales: Angela Bassett
6.30 Roommates
1995, rating Sky 12, 105 mins
8.30 Jitters
1997, rating Sky PG, 88 mins
10.15 Pete's Dragon
1977, rating Sky U, 123 mins
12.30pm Hollywood Buzz
1.00 Roommates
Peter Falk, Julianne Moore
1995, rating Sky 12, 105 mins

3.00 Jitters
Joely Fisher, Brian Wimmer, James Acheson
Romantic drama about a woman who suffers pre-marital jitters. The situation takes a turn for the worse when the build-up to the wedding is filmed for a cable television show. *1997, rating Sky PG, 88 mins*
4.45 Pete's Dragon
Helen Reddy, Jim Dale, Mickey Rooney, Red Buttons
Disney fantasy about Pete, a young orphan boy who befriends a cartoon dragon called Elliott. Together, they flee Pete's brutal adoptive parents and head for Passamaquoddy, Maine. However Elliott's existence cannot be kept secret for long and soon an evil doctor is fast in pursuit. *1977, rating Sky U, 123 mins*

7.00 Space Jam
Michael Jordan, Theresa Randle, Wayne Knight, Bill Murray
Action-adventure which blends live action with animation. When Bugs Bunny challenges the evil Nerdlucks to a basketball challenge, he soon realises that he and his gang have bitten off far more than they can chew. Text *1996, rating Sky U, 84 mins*

9.00
Barry Norman's Film Night
Movie news including reviews and interviews with top stars.
9.30 The Saint
Val Kilmer, Elisabeth Shue
Post-Cold war thriller. Simon Templar is a gentleman and a master thief. His skills are tested to their limit when he comes to the aid of Dr Emma Russell, a young scientist whose breakthrough discovery has won the interest of Russian gangsters. Text *1997, rating Sky 12, 111 mins*
11.30 Copycat
Sigourney Weaver, Holly Hunter
Thriller. Text *1995, rating Sky 18, 118 mins*
1.35am A Thin Line Between Love and Hate
Lynn Whitfield, Regina King
1996, rating Sky 18, 103 mins
3.25-5.00am The Tomorrow Man
Julian Sands, Giancarlo Esposito
1996, rating Sky 12, 85 mins

SKY MOVIEMAX
PREMIUM CHANNEL

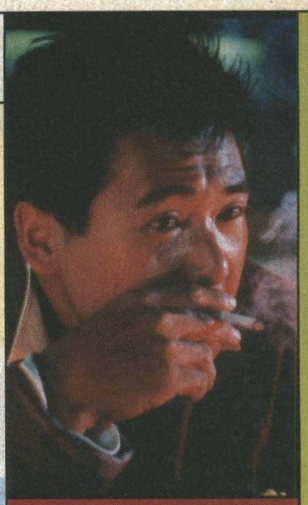
6.00am Susie Q
1996, rating Sky PG, 89 mins
8.00 Goldilocks and the Three Bears
1995, rating Sky U, 87 mins
10.00 McLeod's Daughters
1996, rating Sky PG, 95 mins
12noon Adventures of Sherlock Holmes Smarter Brother
1975, rating Sky PG, 87 mins
2.00pm Susie Q
Shelley Long, Justin Whalin, Amy Jo Johnson
Drama. Susie Quinn died in a car crash in the Fifties but now, 40 years later, she's back to help her troubled parents and Zach, a teenager growing up without a father. *1996, rating Sky PG, 89 mins*

4.00 McLeod's Daughters
Jack Thompson, Kym Wilson, Tammy McIntosh, Robert Mammone, Kevin Smith
Drama set in the Australian outback, about the eldest of the McLeod daughters, who returns to save the family farm after the death of her father. However, she finds her duty hampered by sexist attitudes. *1996, rating Sky PG, 95 mins*
6.00 Adventures of Sherlock Holmes' Smarter Brother
Gene Wilder, Madeline Kahn, Marty Feldman, Dom DeLuise
Comedy. Sherlock Holmes dispatches an investigative case to his older brother who constantly tries to imitate the sleuth's prowess, with varying success. *1975, rating Sky PG, 87 mins*
8.00 The Girl with Brains in Her Feet
Joanna Ward, Amanda Mealing, Jamie McIntosh, Jodie Smith
PREMIERE Coming-of-age film set in Seventies Britain. A teenage athletics star finds herself trapped by the results of her experiments with sex and drugs after she rebels against her strict mother and teachers. *1997, rating Sky 15, 95 mins*
10.00 China Girl
James Russo, Richard Panebianco, Sari Chang
Modern day *Romeo and Juliet* story set in New York where an Italian boy and a Chinese girl become lovers. *1987, rating Sky 18, 86 mins*
11.35 L' Appartement
Vincent Cassel, Monica Bellucci
Drama. Widescreen *1995, rating Sky 15, 111 mins*
1.30am True Colors
John Cusack, James Spader
1991, rating Sky 15, 106 mins
3.20 She's the One
Cameron Diaz, Jennifer Aniston
Text *1996, rating Sky 15, 92 mins*
5.00-6.45am Goldilocks and the Three Bears
Dwier Brown, Stephen Furst
1995, rating Sky U, 87 mins

SKY CINEMA
PREMIUM CHANNEL

11.00am Too Many Girls
Lucille Ball, Desi Arnaz
Musical comedy. *1940, rating Sky U, 81 mins*
12.30pm The Perils of Pauline
Joshua Shelley, Pat Boone
Family comedy about a man who sets out to find the only woman he has ever loved. *1967, rating Sky U, 98 mins*
2.15 Term of Trial
Laurence Olivier, Simone Signoret, Sarah Miles, Terence Stamp
Drama about an alcoholic teacher whose career and marriage is threatened when a student accuses him of rape after falling in love with him and offering to sleep with him. *1962, rating Sky PG. 108 mins*

4.15 Pony Express
Charlton Heston, Jan Sterling, Rhonda Fleming, Forrest Tucker
Powerful Western adventure set in the 1860s, about the pioneers who blazed a trail for the US mail service and ran into plenty of problems along the way. Buffallo Bill and Wild Bill Hickok feature in the story. *1953, rating Sky U, 97 mins*
6.00 Sink the Bismarck!
Kenneth More, Carl Mohner, Dana Wynter, Laurence Naismith, Geoffrey Keen
Wartime action movie charting the breakout of the Bismark during the early days of World War II. Seen from the point of view of the many vessels on both sides and the British central headquarters. *1960, rating Sky U, 93 mins*
8.00 Town on Trial
John Mills, Charles Coburn, Derek Farr, Barbara Bates, Newton Blick, Fay Compton
Suspense thriller in which a Scotland Yard detective heads into a small British town to investigate a murder. Once there, he finds that the suspects are all but lining up to be considered. *1956, rating Sky 12, 92 mins*
10.00 Around the World in 80 Days
David Niven, Shirley MacLaine, Robert Newton, Marlene Dietrich, Buster Keaton
Star-studded adventure based on the classic Jules Verne novel. An English gentleman bets that he can make it around the globe in under three months with the help of his new butler. *1956, rating Sky U, 135 mins*
12.20am Compulsion
Dean Stockwell, Orson Welles
Nail-biting thriller. *1959, rating Sky 15, 99 mins*
2.05 I Walk the Line
Gregory Peck, Tuesday Weld
1970, rating Sky 15, 93 mins
3.45-5.10am Too Many Girls
Lucille Ball, Eddie Bracken
1940, rating Sky U, 81 mins



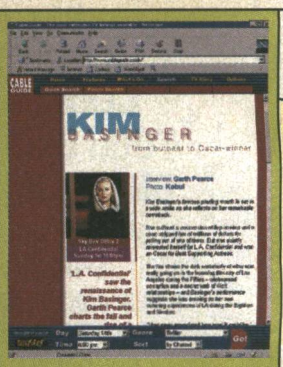
Chow Yun-Fat plays an undercover cop in 'City on Fire'. FilmFour 11.15pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled
on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Mogambo
Clark Gable, Ava Gardner, Grace Kelly, Donald Sinden
Action-packed romance. A safari leader in Africa is torn between the affections of an American showgirl, who has missed her connection to meet a maharajah, and a married zoologist who is making a documentary. This is a remake of the 1932 film *Red Dust. 1953, 112 mins*
11.15 The Sheepman
Glenn Ford, Shirley MacLaine, Leslie Nielsen
Tongue-in-cheek Western. A sheep rancher runs into trouble while driving his flocks through cattle country controlled by a local kingpin. *1958, 83 mins*
1.00am Sol Madrid
David McCallum, Stella Stevens
Crime thriller. *1968, 90 mins*
2.45-5.00am Mogambo
Clark Gable, Ava Gardner
Romance. *1953, 112 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm
2001: A Space Odyssey
Keir Dullea, Gary Lockwood, William Sylvester, Douglas Rain, Leonard Rossiter
Stanley Kubricik's seminal science fiction saga centred on the discovery of a mysterious black monolith on the moon in 2001, and the journey to Jupiter by astronauts in search of extraterrestrial life. *1968, 139 mins*
8.30 The Big Blue
Jean-Marc Barr, Jean Reno, Rosanna Arquette
Director's cut of Luc Besson's film about a love of the sea and, in particular, the obsession of two men with 'free diving' (without an aqualung). It follows the fortunes of the pair, who both love the same woman, as they go in search of the ultimate ocean dive. Besson's parents were divers and his knowledge and love of the activity gives the film it's authority. In French with subtitles. *1988, 162 mins*
11.15 City on Fire
Chow Yun Fat
Tarantino's acknowledged inspiration for *Reservoir Dogs*, about a cop who infiltrates a group of criminals. In Cantonese with subtitles. *1987, 100 mins*
1.00am Ran
Tatsuya Nakadai, Akira Terao
Akira Kurosawa's acclaimed adaptation of Shakespeare's tragedy, *King Lear. 1985, 153 mins*
3.35-6.00am The Last Battle
Pierre Jolivet, Jean Bouise
Sci-fi thriller. *1983, rating, 92 mins*

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
VOLCANO
Disaster movie in which LA finds itself sitting atop an erupting volcano. Stars Tommy Lee Jones and Anne Heche. *1997, rating Sky 12, 100 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
EXCESS BAGGAGE
Comedy about an heiress who fakes her own kidnapping. *1997, rating Sky 12, 97 mins*
PLAYS AT 7.00am, 9.00am, 12noon, 2.00pm, 4.00PM 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
GEORGE OF THE JUNGLE
Comedy starring Brendan Fraser as George. *1997, rating Sky U, 87 mins*
PLAYS AT 6.00am 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed sci-fi movie with spectacular effects. Stars Casper Van Dien. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
CRASH
Infamous David Cronenberg film, based on a novel by JG Ballard. Stars James Spader and Deborah Kara Unger. *1996, rating Sky 18, 97 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

6.00am Hour of Power 7.00 Bump in the Night 7.30 Street Sharks 8.00 Double Dragon 8.30 Tattooed Teenage Alien Fighters from Beverly Hills 9.00 Simpsons 9.30 Garfield and Friends 10.00 Dream Team Omnibus 11.00 World Wrestling Federation – Superstars 12noon Just Kidding 12.30pm Just Kidding 1.00 New Adventures of Superman 2.00 Beverly Hills 90210

3.00 Guilty!
Wendy is accused of being conned by her cheating husband Graham who she took back after he had an affair with an 18-year-old neighbour.

4.00 Star Trek: Deep Space Nine
The Ship
Sisko battles for control of a crashed Jem'Hadar warship. Text

5.00 Star Trek: Voyager
Resolutions
Janeway and Chakotay contract a deadly virus from an insect bite. Janeway is forced to turn over command to Tuvok. Text

6.00 The Simpsons
A gay antique dealer becomes friends with the Simpsons. Text

6.30 The Simpsons
Troy McClure hosts three spin-off stories. Text

7.00 King of the Hill
Hank hires a drug addict to work at Strickland Propane.

7.30 3rd Rock from the Sun
NEW SERIES Tommy reveals his secret talent for cooking.

8.00 Earth: Final Conflict
NEW SERIES Sci-fi drama series in which Earth has been visited by an apparently benign alien species. With Kevin Kilner and Robert Leeshock.

9.00 Ultraviolet
Habeus Corpus
Following the disappearance of his best friend on the night of his wedding, Micheal soon learns that all is not as it appears.

10.00 Naked in Westminster
NEW SERIES Documentary following the opening of the first ever naked table dancing club in Westminster.

11.00 South Park
The boys are strangely drawn to the planetarium, and Cartman embarks on a personal quest.

11.30 Forever Knight
Let No Man Tear Asunder
A surgical procedure places Natalie in danger as a group of doctors dealing in the black market for organs.

12.30am Tales from the Crypt
Kidnapper

1.00 Manhunter

2.00-7.00am Long Play
Music all night.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Big Break
7.40 Blake's Seven
8.35 Dr Who Omnibus
11.20 Dallas Omnibus
1.10pm FILM: Trouble in Store
Norman Wisdom, Jerry Desmonde, Margaret Rutherford, Lana Morris
Classic comedy about a department-store clerk's ambition to become a window dresser. Unfortunately, his naïvety lets him down. *1953*

3.00 The Bill Omnibus
A recap of the week's events at Sun Hill. Boulton suspects that the man behind a vicious hammer attack is someone he has tried to arrest before, and Garfield and Page's search for a missing teenager reveals a man exploiting the insecurities of children in care. Beech and Carver have to piece together evidence to find the culprit in a vicious attack when the victim cannot remember what happened.

5.20 Open All Hours
Sitcom about a miserly shopkeeper and his downtrodden nephew and assistant.

6.00 Ballykissangel
Trying to Connect You
Drama series about a young English priest who is transferred to a small Irish parish, provoking much curiosity among the locals.

7.05 The Good Life
Plough Your Own Furrow
Sitcom about a couple who become self-sufficient in suburbuia. Stars Richard Briers.

7.45 To the Manor Born
Classic sitcom starring Penelope Keith.

8.25 Only Fools and Horses
Big Brother
Del buys some briefcases which turn out to be hot property.

9.05 The Black Adder
The Foretelling
Classic historical comedy starring Rowan Atkinson.

9.50 The Black Adder
Born to Be King

10.35 Jonathan Creek
The Wrestler's Tomb
Feature-length episode of the drama series about a crime writer and a magician who team up to investigate mysteries. Maddy Magellan joins forces with quirky magic expert Jonathan Creek to discover who murdered a painter. Starring Alan Davies and Caroline Quentin.

12.30am Whatever Happened to the Likely Lads?

1.10 This Life

2.00 Minder
Around the Corner

3.00-7.00am Shopping with Screenshop
Home shopping feature.

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.05 Can't Cook, Won't Cook
More hopeless cooks brave the kitchen.

9.40 Michael Cole
No-holds-barred talk show in which the one-time director of public affairs for Harrods tackles sensational subjects with a studio audience.

10.30 Brookside Omnibus
12.30pm LA Law Omnibus

3.00 FILM: Love in Another Town
Victoria Principal, Adrian Pasdar, Mary Kay Place
Moving drama in which a glamorous interior designer relocates to a small town to recuperate from a traumatic divorce. Convinced that she will never love again, she soon finds comfort in the arms of a rugged, handsome carpenter. *1997*

5.00 Special Babies
Documentary series on babies born with special needs, their parents, and the medical staff who care for them.

5.30 Animal Rescue

6.00 FILM: Guests of the Emperor
Gena Rowlands, Annabeth Gish, Chloe Webb, Gail Strickland, Phyllis Logan, Judy Parfitt
Drama about the women and children taken prisoner after the fall of Singapore to the Japanese in 1942. Though many perished, some found the courage and spirit to survive the cruelty of their conditions. *1992*

8.00 Rescue 911
Stories of real-life rescues.

8.30 Beyond Belief
Mystery series challengingg viewers to guess whether stories are based on fact or fabrication.

9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively discussion about relationships. At times the tempers flare, and it is not unknown for guests to physically attack each other.

11.00-12midnight The Sex Files
Sexuality
Talk show dealing with the imaginative side of sex. Starring Katrina Buchanan.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King
7.00 Bootsie & Snudge
7.30 Nearest and Dearest
8.00 Doctor on the Go
8.30 Dharma and Greg
9.00 Dempsey & Makepeace
10.00 The Return of the Saint
11.00 Hawaii Five-O
12noon The Professionals
1.00pm Nearest and Dearest
1.30 Hallelujah
2.00 Poirot

3.00 Bonanza
Death on Sun Mountain
The Cartwrights clash with Mark Burdette, who tries to corner the meat supply by forcing the gold miners to pay exorbitant prices.

4.00 The High Chaparral
Best Man for the Job
John Cannon must decide whether to send his son to a possible death to save their besieged ranch.

5.00 Classic Coronation Street – The Omnibus
Omnibus edition of the week's events in this classic soap set in the most famous street in Britain. Deirdre and Ken have a blazing row over his refusal to consider having another child, and Betty loans Alec the cash to collect his mobile home. Eddie arranges a meeting with Stardust Lil, Hilda gets a Valentine card, and Wilf plans to leave his wife.

7.30 Dharma and Greg
Yoga & Boo Boo
When Greg strains himself during yoga class, Dharma fills in for him at work.

8.00 Poirot
Murder in the Mews
Captain Hasting's mews garage becomes the setting for a murder more complex than the gun powder plot.

9.00 The Professionals
Private Madness – Public Danger
A dangerous drug, an addict and a crazy man cause big trouble.

10.00 The Odd Couple

10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm 2 Wheels
Weekly biking magazine programme presented by Jeff Stone, Paul Johnston and Wayne Kershaw.

11.30 Pro-Superbike
12midnight Through the Gears
International motoring and bike sport magazine presented by Merrick Beesley.

12.30am 4 Wheels
Motoring magazine.

1.00 Biker's Night Off
Zany quiz show for bikers.

1.30-2.00am Motor Week

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear in the Big Blue House 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 The Little Mermaid 8.00 101 Dalmatians 8.25 Classic Toons 8.30 Hercules: The TV Show 9.00 Art Attack 9.15 Ned's Newt 9.30 Doug 10.00 Microsoap 10.15 Pepper Ann 10.30 Teen Angel 11.00 Student Bodies 11.30 Smart Guy 12noon Boy Meets World 12.30pm The Wonder Years 1.00 FILM: Babes in Toyland 2.15 Classic Toons 2.30 Winnie the Pooh

3.00 The Little Mermaid
Undersea adventures of the beautiful mermaid Ariel, Sebastian and Flounder. Text

3.30 Timon and Pumbaa
Crazy carton fun. Text

3.45 101 Dalmatians
More canine capers. Text

4.10 Hercules: The TV Show Text

4.40 Art Attack
Hosted by Neil Buchanan. Text

5.00 Smart Guy
TJ deals with being a 10-year-old smart guy. Text

5.30 Microsoap Text

5.45 Recess
From the creators of *Rugrats*. Text

6.00 The Wonder Years
Of Mastodons and Men
Kevin's new girlfriend Julie wants to control him. Text

6.30 Boy Meets World
Learning to Fly Text

7.00 FILM: Muppet Treasure Island
Tim Curry, Kevin Bishop, The Muppets
Robert Louis Stevenson's classic tale is given a madcap twist, as the inimitable Muppets take over his Treasure Island. *1996* Text

8.40 Classic Toons

8.45 Honey, I Shrunk the Kids: The TV Show
Honey, I'm Streakin'
Wayne invents Speed DMAN to help him cope with his overload of commitments. Text

9.30 Home Improvement
Sitcom starring Tim Allen.

10.00 Dinosaurs Text

10.30 The Wonder Years
Pottery Will Get You Nowhere Text

11.00-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

SUNDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
Town on Trial
Sky Cinema 8.00pm
A chilling suspense flick from 1956 in which a Scotland Yard detective heads into a small British town to investigate a murder. Once there, he finds that the suspects are all but lining up to be considered. John Mills, Charles Coburn and Derek Farr star.

GENERAL
Taxi
Paramount Comedy Channel 10.00pm
A double bill of Danny DeVito and friends in the legendary New York Sunshine Cab Company. DeVito is the dispatcher who rules the drivers with a rod of iron while Judd (*Independence Day*) Hirsch plays the father figure offering advice to all.

ADVERTISEMENT

THE GOOD LIFE
UK GOLD
7.05PM
In episode one, Tom Good (Richard Briers) is depressed and restless. Then he hits upon the perfect solution – he and his wife Barbara (Felicity Kendal) should give up their suburban lifestyle and become self-sufficient.

Sunday 10 January

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

MORNING

6.00 AM
7.30am Rally
8.00 Cross-Country Skiing – LIVE
9.00 Biathlon – LIVE
10.30 Cross-Country Skiing – LIVE
11.15 Alpine Skiing
12noon Biathlon – LIVE
1.15pm Ski Jumping – LIVE
Action from the World Cup in Engelberg, Switzerland.
2.45 Alpine Skiing
Action from the Men's World Cup in Flachau, Austria.

3.00 PM
3.30 Biathlon
Highlights from the World Cup in Oberhof, Germany.

4.00 PM

5.00 PM
5.00 Tennis – LIVE
Coverage from the final of the ATP Tournament in Doha, Qatar, where players including Tim Henman and Cedric Pioline compete for the title held by Petr Korda.

6.00 PM

7.00 PM
7.00 Car on Ice
Action from the Andros Trophy in Xonrupt, France.
7.30 Fishing
Highlights from the 97 13th Marlin World Cup which took place in Mauritius.

8.00 PM

9.00 PM
9.30 Rally
Highlights from the Total Granada Dakar 99 rally.

10.00 PM
10.00 News
10.15 Speed Skating
Coverage of the European Championships in Heerenven, Netherlands.

11.00 PM
11.15 Ski Jumping
Action from the World Cup in Engelberg, Switzerland.

12.00 NIGHT TIME
12midnight-12.30am Rally
Highlights from the Total Granada Dakar 99 rally.

SKY SPORTS 1
PREMIUM CHANNEL

6.00am Wild Spirits 6.30 Rugby Union Update: Newcastle v Bath 8.00 Aerobics 8.30 American Muscle 9.00 Ford Golf USA: Mercedes Championships 11.00 Goals on Sunday 12noon Rugby Union Update: Newcastle v Bath 1.30pm World Sport Special 2.00 Superbouts: Arguello v Escalera

3.00
Ford Super Sunday: Manchester United v West Ham – LIVE
Premier League action as Londoners West Ham travel to Old Trafford to face the mighty Manchester United. The up-and-coming Hammers will be looking for a result against Alex Ferguson's team, who are hoping to put the disappointments of last season behind them. Presented by Richard Keys with commentary from Martin Tyler and Andy Gray.

6.30 Spanish Football – LIVE
Coverage from the Primera Liga; one of the finest leagues on the football stage, where some of the world's top players ply their trade.

8.30
Unbelievable Sports
Wild and weird sports from around the globe.

9.00
NFL: NFL Divisional Play-Offs – LIVE
Action from the US gridiron with teams from the AFC and NFC competing for a place in the Super Bowl. Only the best teams have got this far, and the Minnesota Vikings, who have had a tremendous year, could well feature in this stage.

12.30am-2.30am Spanish Football
Action from the Primera Liga; one of the finest leagues on the football stage.

SKY SPORTS 2
PREMIUM CHANNEL

6.00am International Cricket: Australia v England – LIVE
7.00 Aerobics Oz Style
7.30 International Cricket: Australia v England – LIVE
11.00 American Muscle
11.30 Athletics: Road Race of the Month
12noon Football League: Bolton v Crystal Palace – LIVE

3.00pm
International Cricket: Australia v England
Highlights from England's first one day international match against Australia at The Gabba, Brisbane. Mark Nicholas introduces the thrills and spills while commentary comes from Bob Willis, Ian Botham and Paul Allott.

5.30 Athletics: Road Race of the Month
The best long distance races from around the world.

6.00 Gillette World Sport Special
Comprehensive roundup of alternative world sports.

6.30 Sumo Wrestling: Sumo World Heavyweight Championship

7.30
International Cricket: Australia v England
Mark Nicholas introduces highlights of the first one day international between Australia and England. With commentary from Bob Willis, Ian Botham and Paul Allott.

10.00
Football League Review: Bolton v Crystal Palace
Highlights from this Division One clash.

11.00 Ford Football Special: Manchester United v West Ham
Highlights from Old Trafford where Manchester United face West Ham.

12.30am Athletics: Road Race of the Month
Long distance running.
1.00 Ford Golf USA: Mercedes Championships – LIVE
3.00 H.O
3.30-6.00am International Cricket: England v Sri Lanka – LIVE

SKY SPORTS 3
PREMIUM CHANNEL

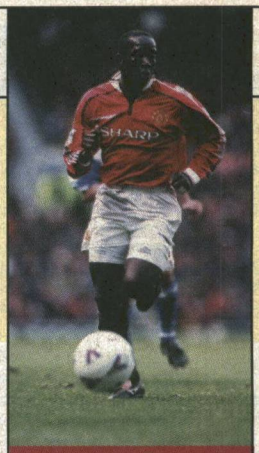
7.30am Futures in Sport
8.00 Soccer Extra
The latest developments in the football world. With studio debate, special guests and phone-in competitions. With Matthew Lorenzo.
11.00 NFL: NFL Divisional Play-Offs
Highlights from the NFL Divisional Play-Offs as teams bid for a place at the top. Presented by Mike Carlson and Nick Halling.

4.00pm Triathlon – 1998 World Cup
Highlights from the 1998 Triathlon World Cup, consisting of cycling, track and swimming events.

5.00
American Muscle
Body building bonanza.
5.30
NFL: NFL Divisional Play-Off – LIVE
Coverage from the NFL play-off as two teams from the AFC and NFC battle it out on the gridiron, for a chance to appear in the Superbowl. Presented by Mike Carlson and Nick Halling.

9.00 Ford Golf USA: Mercedes Championships
Coverage from day three of the Mercedes Championships, a prestigious PGA tournament won last year by Phil Mickelson.

11.00 Athletics: Road Race of the Month
Long distance and marathon running.
11.30-12midnight World Windsurfing



Dwight Yorke and Manchester United take on West Ham at Old Trafford. Sky Sports 1 3.00pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
Tonight's preview.
6.05 Watch This if You Love Man-U!
Hear from Old Trafford's movers and shakers as they reflect on this weekend's drama.
7.30 Red Legends
Household names from the past track down their former team mates.
8.00 Supermatch – Premier Classic: West Ham United v Manchester United
A classic game from 1996. Despite having to play with only ten men the Championship winners turned in a fiery display at West Ham, and managed to snatch the valuable away points.
10.00 Red Replays
From transfer news to controversial views, this is the show that reviews the week inside Old Trafford.
11.00
Wild About United
United fans say why they adore United.
11.30-12midnight Red Hot News

SCI-FI
ACTION PACK

7.30am Chocky's Children
8.00 Battlestar Galactica
9.00 Buck Rogers in the 25th Century
10.00 Quantum Leap
11.00 Quatermass
12noon FILM: Village of the Giants
Musical fantasy. *1965*
1.30pm New Alfred Hitchcock
2.00 Mystery Science Theatre 3000
Agent for HARM
Mike is whisked away to stand trial for his recent spate of world destroying.
3.50 Sci-Focus
Behind the scenes report.
4.00 The Flash
Shroud of Death
Barry Allen, alias 'The Flash', and Julio Mendez pursue a ninja assassin who is terrorising the city
5.00 Mercy Point
New Arrivals
A mysterious and fatal virus spreads throughout the Mercy Park Hospital.
6.00 V
As the resistance begin to overthrow the Visitors domination, the Visitors retaliate with a force that could destroy Earth.
7.00 Quantum Leap
Justice
Sam leaps into the body of a KKK initiate who has to prevent the death of a young black rights activist.
8.00 Babylon 5
A selection of the very best *Babylon 5* episodes chosen by the channel's viewers.
9.00 Babylon 5
Continuing the viewers' choice evening with some of the very best stories from *Babylon 5*.
10.00 Lexx
Terminal
The crew of the *Lexx* continue its exploration of the Dark Zone.
11.00 Highlander: The Raven
Crime and Punishment
Nick's first homicide case comes back to haunt him. Stars Paul Johansson.
12midnight Battlestar Galactica
1.00am Buck Rogers in the 25th Century
2.00 The Tomorrow People: The Doomsday Men
2.30 The Tomorrow People: Secret Weapon
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

9.30am Best of This Morning with Richard and Judy
11.00 Emmerdale Omnibus
12.30pm WWA Wrestling
1.20 CD UK
2.20 CITV2
3.40 Coronation Street Omnibus
The week's happenings from the street.
5.30 NBA Basketball
Highlights of a midweek game from the US.
6.30 Soap Fever
Live magazine show devoted to the worship of soaps. Presented by Liza Tarbuck.
7.30 Who, What, Why?
Current affairs programme with John Suchet.
8.00 Trevor McDonald Meets...
The popular newscaster talks to a celebrity guest.
8.30 Dealer's Choice
An offbeat look at the art of buying a used car.
9.00 Wide Angle
Review of the week's news.
9.30 I Suppose You Think That's Funny
Celebrity panel game.
10.00 The Knock
Drama based on customs and excise investigations.
11.00 Friday Night's All Wright
Chat show hosted by the outspoken footballer Ian Wright.
12midnight-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am The President's Perversions 12.25 FILM: Crazed 1.00 The Five Minute Free View 1.05 FILM continues 1.35 FILM: NYDP Blues 2.45 FILM: Striptease 3.55 Aussie Babes 4.10-5.30am FILM: Buffy's First Encounter

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Totty Try-Outs 12.25 FILM: I Love My Wife
Erotic feature.
1.30 ... Mobile
Erotic comedy.
2.00 English Rose 2.20 FILM: Gorgeous
Kaylan Nicole, Nickole Lace
Erotic feature.
3.45-4.00am Misti Girls

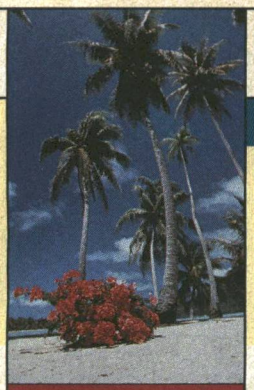
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Storybook
William McNamara
Fantasy adventure.
9.25 Ladies Club Pool Game
Erotic series.
9.55 FILM: Simon, King of the Witches
Andrew Prine, Brenda Scott
11.25-12midnight Gym-Slip Games

Sunday 10 January



'Adventure Travels' visits Tahiti on the Coral Route from New Zealand. Travel 1.00pm, 8.30pm

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 The Lie Detector 9.10 Grass Roots Football 9.15 BodyHeat 9.30 Judge Judy 10.00 Women's Wrestling 11.00 Indecent Proposals 11.30 BodyHeat 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Agony 2.30 Indecent Proposals

3.00 Agony
Advice for troubled souls.

3.30
Bangers and Smash
More action-packed stock car racing hosted by Louise Brady.

4.30 Judge Judy
The feared American judge with another case.

5.00 Judge Judy
The feared American judge with another case.

5.30 Why Files
The weird, the wonderful and the plain spooky.

6.00
The Fashion Show
A look at the headlines among the hemlines.

6.30
Women's Wrestling
Grapple action from the ring.

7.30 Agony
Moral dilemmas dramatised and discussed.

8.00 Why Files
Psychic investigators travel the country searching for the weird, the wonderful and the plain spooky.

8.30 Judge Judy

9.00 Sport at Nine: Bangers and Smash
More stock car racing.

9.57 Topless Darts
More sharp and shapely dart throwing.

10.00
Hollywood Uncovered
A behind the scenes look at the multi-million dollar skin flick industry.

10.30 Exotica Erotica

11.30 Orgasmatron

11.45 Painted Ladies

11.57 Topless Darts

12midnight Hollywood Uncovered 12.30 Private Dancer 12.45am Pleasuredome 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room

5.15
Karaoke Challenge
Hosted by Jonathan Morris.

5.45
The Games Room

6.00 Family Fortunes
Big money gameshow.

6.30 The Games Room

6.45 Name That Tune
Stylish new version of this music quiz hosted by Jools Holland.

7.15 The Games Room

7.25 Roll with It!
Musical quiz hosted by Keith Chegwin.

7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges.

9.00 The Games Room

9.15 Strike it Lucky
Michael Barrymore hosts the fast-action game show.

9.45 The Games Room
Viewer's quiz.

10.00
Candid Camera

10.30 Don't Feed the Gondolas
Sean Moncrieff hosts the celebrity quiz show.

11.00
Carnal Knowledge
Contestants reveal their most intimate secrets to hosts Graham Norton and Maria McErlane.

12midnight Strike it Lucky 12.30am Name That Tune 1.00 Don't Feed the Gondolas 1.30 Roll with it! 2.00 Karaoke Challenge 2.30 Second Guess 3.00 Simply Irresistible 3.30 Give Us a Clue 4.00 Say the Word 4.30 Gladiators 2000 5.00-6.00am Screenshop

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food for Thought 10.00 Who's Cooking Dinner? 10.30 What's Cooking? 11.00 Surprise Chefs 11.30 Kitchen College 12noon Network 12.30pm Vin Ordinaire 1.00 Feasts of World 1.30 Modern British 2.00 From Ground Up 2.30 Food Network 3.00 Superchefs 3.30 Coxon's Kitchen College 4.00 An Umbrian Kitchen 4.30-5.00pm Chez Bruno
A gastronomic tour through France with chef Bruno Loubet.

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.

5.30 Our House
Lifestyle series presented by Suzi Becker.

6.00
Pull the Other One
Celebrity gameshow hosted by Paul Coia.

6.30 Rising Damp
Fawcett's Python

7.00 The Upper Hand
Welcome Home
The romantic bliss is wearing thin.

7.30
Goodnight Sweetheart

8.00 The Darling Buds of May
Things don't quite go 'perfick' when Charley decides to play truant from his office.

9.00
Under the Hammer
Wonders in the Deep
The rift between Maggie and Nick appears to have healed.

10.00
Sword of Honour
A mini-series about love and war, focusing on two young lovers, Tony and Esse, from Australia.

11.00 Tanamera
War is declared, the Japanese approach and John trains as a guerrilla while the family move to America.

12midnight-1.00am
The Ruth Rendell Mysteries: A New Lease of Death
With George Baker, Christopher Ravenscroft and Diane Keen.

ANIMAL PLANET
WORLD PACK

12noon Tundra and Taiga

1.00pm Ways of the Wild

2.00 Horse Tales
Star Event
Focuses on a group of grey shire horses that make up part of the Whitbread float in the annual Lord Mayor's Show.

2.30
Going Wild with Jeff Corwin
Los Angeles

3.00 Zoo Babies
A behind-the-scenes look at the maternity ward of a zoo.

4.00 Hollywood Safari
War Games
Two rogue paint-ball warriors become the prey of a wounded mountain lion.

5.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.

5.30 Pet Rescue
With Wendy Turner and Mark Evans.

6.00
Animal Champions
Born to be Free
Three Kenyan lion cubs are transferred to Botswana.

7.00
Before it's Too Late
Whale Song
Follows two scientists who have been studying humpback whales.

8.00
Australian Deserts: An Unnatural Dilemma
An insight into the delicate ecological balance of Australia's deserts.

9.00 Emergency Vets
More stories from Alameda East Veterinary Hospital in Denver, which works round the clock to save animals.

10.00
Crocodile Hunter
Return to the Wild
Steve Irwin takes his father on a search for an injured rogue crocodile.

11.00-12midnight
Animal Planet Classics: Queen Charlotte Islands
Jacques Cousteau's classic global journey.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am It'll Never Work 7.30 Great Egg Race 8.00 Mind Traveller 9.00-11.00 Decisive Weapons
9.00 *The T34: Queen of Tanks*
9.30 *The Bell Huey: Vietnam Warhorse*
10.00 *The P-51: Cadillac of the Skies*
10.30 *The Bayonet: Cold Steel*
11.00 Top Gear GTi 12noon Tomorrow's World Plus 1.00pm Great Railway Journeys 2.00 Serpent's Embrace

3.00
Last of the Rhinos
Story of a 10-year-old pregnant black rhino.

3.30
The Dolphin Diaries

4.00 Gorillas in the Midst of Man
Film on the lives of a group of Central African mountain gorillas whose population has fallen.

5.00 Rolf's Amazing World of Animals
More animal stories.

5.30 Crime Limited
Nick Ross presents more stories about crime.

6.00 Vet School
Fly-on-the-wall series following the students at Cambridge University Veterinary School.

6.30 999 Lifesavers

7.00 The House
Horse Trading
Pressure begins to mount when the opera and ballet productions fall behind schedule and over budget.

8.00 Eagle: A Wildlife Special
David Attenborough follows different eagles from around the world, including the golden eagle.

9.00 Airport
Fly-on-the wall at Heathrow, the world's busiest international airport.

9.30 War and Piste
A Tale of Three Turkeys

10.00
Hollywood Women
Stars reveal what they think of the sex, money and power that drives the Hollywood system.

11.00 The Marriage – For Better, For Worse?
To Love and to Cherish
Desmond Wilcox follows Karen and Marc through their first year of marriage.

12midnight-1.00am
Provos: IRA and Sinn Fein
Born Again
Peter Taylor traces the rise of the Provisional IRA and Sinn Fein from 1969 to present day.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am E! True Hollywood Story 7.00 E! Celebrity Profile 8.00 The Good Housekeeping Show 8.30 Roddy Llewellyn's Indoor Garden 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Zest Beauty Show 11.30 Rosemary Conley's Low Fat Cookbook
12noon
The Good Housekeeping Show 12.30pm Gorgeous Gardens 1.00 E! True Hollywood Story 2.00 The View

3.00 Best of Livetime
Highlights from the past week's programmes.

4.00
Sally Jessy Raphael
My Wild Child is Ruining My Life
US talk show dealing with controversial issues.

5.00-6.00pm
Best of Livetime
Highlights from the past week's programmes.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Behind the Lens: Atomic Film-Makers
The film-makers who documented America's nuclear bomb tests.

8.00 Behind the Lens: Photographers and Film-Makers

8.30 Behind the Lens: Lights! Camera! Bugs!

9.00
Behind the Lens: Cameramen Dared
Focuses on the cameramen who scale cliffs and fend off wildlife.

10.00
Mysterious World: Mystery of the Maya

10.30 Mysterious World: Mystery of the Crop Circles

11.00 Koalas in my Backyard
Meet the people who look after native Australian wildlife that is threatened by suburban sprawl.

12midnight-1.00am
Explorer
Join Jack Casey on the shark beat.

MTV
MUSIC & GAMES PACK

7.00am Kickstart
9.00 The Grind Double Bill
10.00 Hit List UK
A run-down of the latest hits.
12noon News Weekend Edition
12.30pm Real World Seattle
Real-life fly-on-the wall drama about a group of young people living together in Seattle and learning to cope with the trials and tribulations of adult life as they look for jobs, make friends, fall in love and fight.
1.00 European Top 20
3.00 Essential Hanson
3.30 UK Singled Out
Outrageous and provocative dating show.
4.00 Select MTV
6.00 Non-Stop Hits
7.00 News Weekend Edition
7.30 Ultrasound: Madonna
8.00 Bytesize MTV
9.30 News Weekend Edition
10.00 The Verve: Northern Souls
Featuring music and interviews.
10.30 MTV Live
11.00 MTV's Top 10
12midnight The Late Lick
1.00am-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Workout Weekend Hits 9.00 Pop-Up Video 10.00 Something for the Weekend 12noon Ten of the Best 1.00pm Greatest Hits of... Sport and Music 1.30 Ed Sullivan's Rock 'n' Roll Classics 2.00 Clare Grogan Show 3.00 VH1's Workout Weekend 8.00 VH1 Album Chart Show 9.00 Ten of the Best 10.00 Behind the Music: Blondie NEW 11.00 Around and Around 12midnight Soul Vibration 2.00am-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Thousand Faces of Indonesia 12.30pm Reel World 1.00 Adventure Travels 1.30 Flavours of Italy 2.00 Gatherings and Celebrations 2.30 Voyage 3.00 Great Australian Train Journeys 4.00 Of Tales and Travels 5.00 Thousand Faces of Indonesia 5.30 Holiday Maker 6.00 Flavours of Italy 6.30 Voyage 7.00 Going Places 8.00 Caprice's Travels 8.30 Adventure Travels 9.00 Of Tales and Travels 10.00 Flavours of France 10.30 Holiday Maker 11.00 Secrets of India 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Gluck 7.30 Rick Stein 8.00 Cook 8.30 Fat Man 9.00 Delia Smith 9.30 Antiques 10.30 Rooms 11.00 Home 11.30 House 12noon Terrace 12.30pm Right Moves 1.00 Gluck 1.30 Rick Stein 2.00 Cook 2.30 Fat Man 3.00 Delia 3.30 Antiques 4.30 Rooms 5.00 Home 5.30 House 6.00 Terrace 6.30 Moves 7.00 Gluck 7.30 Rick Stein 8.00 Cook 8.30 Fat Man 9.00 Delia 9.30 Antiques 10.30 Rooms 11.00 Home 11.30 House 12midnight Terrace 12.30am-1.00am Moves

UK ARENA
LIFESTYLE PACK

3.00pm The Look 4.00 FILM: Blanche Fury *1948* 5.45 Reviews U Can Use 6.00 Classic Albums 7.00 Reviews U Can Use 8.00 Arena People 9.00 Rutland Weekend Television
9.30 Playhouse:
Sweet as You Are
11.00 Later... Presents M People
12midnight Rutland Weekend Television
12.30am Classic Albums
1.25 Arena People
2.15 Reviews U Can Use
2.30-3.00am Rutland Weekend Television

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Sunday 10 January

MORNING

6.00 AM

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Total Fishing 6.30 Rex Hunt 7.30 Hometime 8.00 Hometime 8.30 Our House Down Under 9.00 Total Fishing 9.30 Rex Hunt 10.00 Hooked on Fishing 10.30 Hometime 11.00 Hometime 11.30 Our House Down Under 12noon New Yankee Workshop 12.30pm Away with Words 1.00 Car Show 1.30 Road Show 2.00 Total Fishing 2.30 Two's Country 3.00-4.00pm Time Team

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM

4.00 Air Power
Air to Ground
A comprehensive look at modern air power and the increasing importance of helicopters in warfare.

5.00 PM

5.00 Flightline
Featuring the Russian fighter the MiG-29.
5.30 Classic Bikes
Avanti
A look at Italian bikes.

6.00 PM

6.00 Lightning
Scientists race to capture and understand the elusive and dangerous lightning bolt as summer storms rage in America.

7.00 PM

7.00 The Supernatural
Thunderbird
7.30 Creatures Fantastic
Creatures of the Night

8.00 PM

8.00 History's Mysteries
The Ark of the Covenant
8.30 History's Mysteries
The Dead Sea Scrolls

9.00 PM

9.00 Doctor Dogs
This programme explores how family dogs are able to use their keen senses, notably smell, to save human lives.

10.00 PM

10.00 Life after Death: A Sceptical Enquiry
NEW Stories of near-death experiences are discussed critically.

11.00 PM

11.00 Weird Nature
NEW Investigations into some of nature's mysteries, including the increase in deformed frogs in Minnesota.

12.00

NIGHT TIME

12midnight Discover Magazine
Sacrifice
FBI crime lab agents reveal how they traced the bombers of Pan Am Flight 103.
1.00am-2.00am Justice Files
Armed and Dangerous

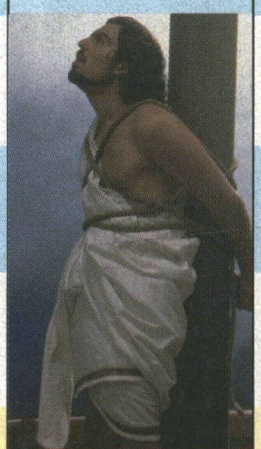
SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm Emmerdale Farm
1.00 Emmerdale Farm
1.30 Albion Market
2.00 Albion Market
2.30 Albion Market
3.00 Albion Market
Eileen goes with Louise to the hospital social worker.
3.30-4.00pm Albion Market
Chan expresses his worries about Hoa's gambling.

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Magic Roundabout 6.00 Fruitties 6.30 Blinky Bill 7.00 Tabaluga 7.30 Sylvester and Tweety 8.00 Power Puff Girls 8.30 Animaniacs 9.00 Dexter's Lab 10.00 Cow and Chicken 10.30 I Am Weasel 11.00 Beetlejuice 11.30 Tom and Jerry 12noon Flintstones 12.30pm Bugs and Daffy 12.45 Popeye 1.00 Road Runner 1.15 Sylvester and Tweety 1.30 What a Cartoon! 2.00 Taz-Mania 2.30 Droopy

3.00 2 Stupid Dogs
The adventures of two shuffling toon hounds.
3.30 Scooby-Doo
Creepy capers with the cowardly canine.
4.00 Power Puff Girls
Bubbles, Buttercup and Blossom save the world.
4.30 Dexter's Laboratory
Chemical chaos.
5.00 Johnny Bravo
Animated antics with the muscle-bound hero.
5.30 Cow and Chicken
Fun with the siblings.
6.00 Tom and Jerry Kids
The classic cat-and-mouse duo are reborn.
6.30 The Flintstones
Prehistoric antics.
7.00 Batman
Crime-busting capers with the Caped Crusader.
7.30 Fish Police
Balancing the scales of justice underwater.
8.00 Droopy: Master Detective
Canine sleuthing.
8.30-9.00pm Inch High Private Eye



Like a man possessed: demonic happenings are explored in 'Creatures Fantastic'. Discovery 7.30pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm Sink the Bismarck
Follows the pursuit of the battleship *Bismarck* across two million square miles during World War II.
6.00 Hoax of the Ages
Piltdown Man
Explore the most successful con of the century.
7.00-8.00pm Warhorse
The Iron Horse
A focus on the war horse of the Middle Ages.

NICKELODEON
FAMILY PACK

7.00am Bruno 7.30 Stickin' Around 8.00 Aaahh!!! Real Monsters 8.30 Hey Arnold! 9.00 Rugrats 9.30 Doug 10.00 Angry Beavers 10.30 CatDog 11.00 The Wild Thornberrys 11.30 Ren & Stimpy 12noon Wishbone 12.30pm Moesha 1.00 Sister Sister 1.30 Allen Strange 2.00 Alex Mack 2.30 Kenan & Kel

3.00 Clarissa Explains it All
Educational comedy with the ever-so-practical Clarissa.
3.30 Kablam!
4.00 Hey Arnold!
More adventures with the kid with the cool quiff.
4.30 Rugrats
Fun with the imaginative tousle-haired nippers.
5.00 Sister Sister
Tia, Tamera and their parents try to live together.
5.30 Kenan & Kel
The adventures of two funky friends.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Cool comedy following the Beverly Hills teenager.
7.30 Desmond's
8.00 Roseanne
Busted
Roseanne learns that David and Darlene are living in sin.
8.30 Just Shoot Me
War and Sleaze
9.00 Cheers
Simon Says
With John Cleese.
9.30 Cheers
The Godfather Part 3
Sam's goddaughter visits.
10.00 Taxi Double Bill
Classic sitcom set in a New York taxi cab office. Starring Judd Hirsch, Tony Danza and Marilu Henner.
11.00 Dressing for Breakfast
With Beattie Edney.
11.30 The Larry Sanders Show
Life Behind Larry
12midnight Duckman
Adult animation.
12.30am The Vacant Lot
1.00 The Comedy Store
1.30 Club Class
2.00 Dr Katz
2.30 Soap
3.00 Tibs and Fibs
3.30-4.00am Nightstand

CABLE CHECK
Some of the channels listed may not be available in your area

FOX KIDS
FAMILY PACK

6.00am Beetleborgs Metallix 6.50 Eek!Stravaganza 7.00 Power Rangers Turbo 7.50 Thunderlizards 8.00 Oggy 8.50 Casper 9.00 Donkey Kong Country 10.00 Mowgli 10.50 Home to Rent 11.00 Life with Louie 11.50 Eek!Stravaganza 12noon Weekend Stacks: The Incredible Hulk
To celebrate the weekend Fox Kids presents three-and-a-half hours of back-to-back episodes of *The Incredible Hulk*.

3.30pm Roy and Lisa's Big Ride
3.35 Mortal Kombat
Cartoon combat.
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
Jungle capers.
4.50 Home to Rent
5.00 Goosebumps
Spooky stories filled with spine-tingling thrills.
5.25 Eerie, Indiana
Scary adventures.
5.55 Donkey Kong Country
6.25 Sam and Max
Detective antics.
6.50-7.00pm Eek!Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKs

6.00am Shop Selection!
7.00 Bargain Shop!
7.30 Feel Good Factor
8.30 Fitness Zone
9.30 Do It Yourself!
10.00 Home Style
11.00 Sporting Brands
12.00 Jewellery Box
1.00pm Bargain Shop!
1.30 On Screen
2.30 Junior Sports Store
3.00 Silversmith
4.00 Branded!
5.00 Shop Selection!
6.00 Home Style
Ideas for every living room.
7.00 Sporting Brands
Featuring Helly Hansen sportswear.
8.00 Silversmith
Kids' jewellery.
9.00 Switched on!
Professional advice on the best TVs and videos.
10.00 Branded!
Young fashion brands.
11.00 On Screen
Playstation special.
12midnight Bargain Shop!
Special offers.
12.30am Shop Selection!
A round-up of the best offers.
1.30 Silversmith
2.30 Do It Yourself!
3.00 Sporting Brands
4.00 On Screen
5.00-6.00am Branded!
Young clothing brands.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is DIY with Harry Greene at 10.00am.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 9.30 Seven Days 10.30 Science Review 11.10 Dateline London 12.30pm Chronicles 2.30 Seven Days 3.30 Science Review 4.30 Newsround 24 7.30 Correspondent 8.30 Face in the Crowd 9.30 Reporters 10.10 Dateline London 11.30 USA Direct 12.30am Simpson's World 2.30 USA Direct 3.30 Chronicles 4.30 Dateline London 5.00-6.00am BBC News 24

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 Global View 6.30 Business 7.30 Sport 8.30 Beat 9.30 Artclub 10.30 Sport 11.30 Earth 12.30pm Science 1.00 Report 2.30 Europe 3.30 Sport 4.30 Showbiz 5.00 Late Edition 6.30 Business 7.30 Europe 8.30 Pinnacle Europe 9.30 Insight 10.30 Sport 11.00 Worldview 11.30 Style 12midnight World Today 12.30am Beat 1.15 Asian Edition 1.30 Licence 2.00 World Today 2.30 Artclub 3.00 CNN and Time 4.30-5.00am NBA

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Business Week 10.00 Adam Boulton 11.30 Book Show 1.30am Fashion 2.30 Showbiz Weekly 3.30 Week in Review 4.30 Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 The Book Show 9.30 Showbiz Weekly 10.00 Prime Time 11.30 Week in Review 12.30am CBS Evening News 1.30 Adam Boulton 2.30 Business Week 3.30 Book Show 4.30 CBS Evening News 5.30-6.00am Global Village

INTERNATIONAL

3SAT 6.00am Tele-Akademie 6.45 KunstStreifzüge 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Beethoven 8.45 Zauber 10.10 Ukraina 11.45 Offen 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Rückblende 12.45 Die Schlager des Jahres 2.15 Jakob und Adele 3.00 Saat der Hoffnung 3.30 Vatikan 4.10 Offen 4.30 Teletips 5.00 Tagebuch 5.15 Rundschau 6.00 Heute 6.10 RugeneunzehnZehn 7.00 Tagesschau 7.15 China 8.15 Roglers Freiheit 9.00 Die Klienten 10.30 Der Kommissar 11.30-12midnight Wettlauf mit dem Tod

TV5 6.00am Infos 6.05 Bus et Compagnie 7.00 Infos 7.05 Journal 7.30 Mission Pirattak 8.00 Infos 8.05 Bus et Compagnie 9.00 Journal 9.05 Rince Ta Baignoire 10.00 Thalassa 11.00 Infos 11.05 Télécinéma 11.30 Journal 12noon Infos 12.05pm Faut Pas Rêver 1.00 Journal 1.30 La Carte au Trésor 3.00 Journal 3.30 Kiosque 4.00 Infos 4.05 Kiosque 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.30 Vivement Dimanche 7.00 Journal Télévisé Belge 7.30 Journal Télévisé France Télévision 8.00 TV5 Infos 8.05 Faut pas Rêver 9.00 Journal Télévisé TV5 9.30 Fiction: Regardes-Moi Quand Je Te Quitte 11.00 Journal Télévisé Suisse 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Bhakti Sagar 9.00 Dyan Ki Lehrein 10.00 Holy Quran 10.30 Buddha 11.00 Variety 1.00pm Business Update 1.30 FILM 4.00 BPL Oye 5.00 Spaghetti Junction 5.30 Roag 6.30 Asianet Aur Aap 7.00 Daal Mein Kala 7.30 Golmaal 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight Main Anari Tu Anari 12.30am Asianet Aur Aap 1.00 FILM 4.00 Indipop 4.30 Balcony 5.00 Roag 6.00 Chand Ghazalien 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Kya Scene Hai 6.30 Shabads 7.00 Faith 7.30 News 8.00 India Business Report 8.30 Sitaron Ka Karwan 9.00 Krishna 10.00 Out and About 10.30 Tandoori Masala 11.00 Aap Ki Adalat 11.30 Zee Health 12noon FILM 3.00pm Ktc Sa Re Ga Ma 4.00 Zee and You 4.30 Sofia 5.30 Hadd Kar Di 6.00 Adhikar 7.00 Fairdeal Antakshari 8.00 News Bulletin 8.30 Daastan 9.00 Faisla 9.30 FILM 12midnight News Bulletin 12.30am Zee World 1.00 Zee Bangla 1.30 Raahat 2.00 FILM 5.00 Amar Kathayen 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 The Sandfords 4.30 This is Your Day 5.00 Voice of Faith – Walter Hallam 5.30 Potters House 6.00 Praise the Lord 7.00 Ray McCauley 7.30 Taking Authority 8.00 Winning Ways – Matthew Ashimolowo 8.30 Ray Bevan/Terry Savelle 9.00 Life is for Living/Power for Living 9.30 Holy Ground 10.00 This Generation 10.30-11.00am This is Your Day Benny Hinn

BLOOMBERG
WORLD PACK

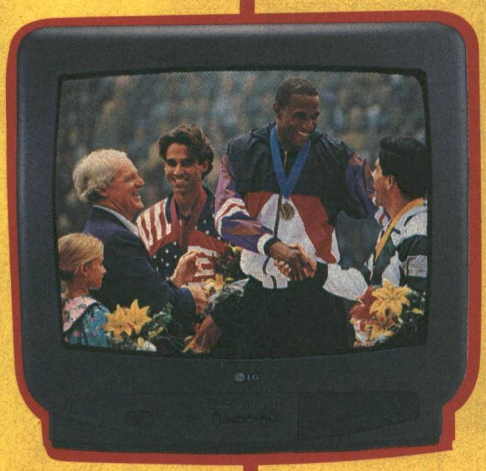
Rolling business news with financial market reports on the half hour, plus: 2.19am Technology Report 3.50 Ask the IFA 4.24am Sports

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

Parliament in Recess.

THE MOST DIRECT ROUTE TO LOWER PRICE RENTAL.



REMOTE CONTROL

STAND INCLUDED

SLEEP TIMER

RENT THIS BRAND NEW 20" COLOUR TV FOR ONLY

£5.99 PER MONTH

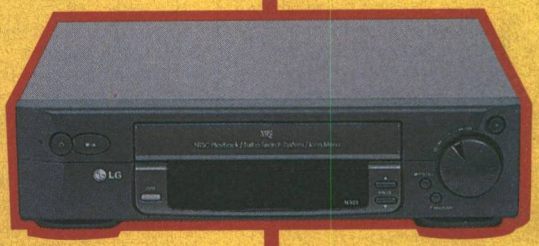
800 RPM SPIN SPEED

11 WASH PROGRAMMES

VARIABLE TEMPERATURE

RENT THIS BRAND NEW WASHING MACHINE FOR ONLY

£10.99 PER MONTH



LONG PLAY

REMOTE CONTROL

SCART SOCKET

RENT THIS BRAND NEW VIDEO FOR ONLY

£6.99 PER MONTH

DER DIRECT

A THORN UK Company

- TOP BRAND NAMES – ALL BRAND NEW
- FREE DELIVERY AND FREE INSTALLATION
- NO REPAIR BILLS EVER – SERVICE INCLUDED
- FREE REPLACEMENT – IF YOUR APPLIANCE CAN'T BE REPAIRED ON THE SPOT
- UPGRADES WHENEVER YOU NEED THEM
- NO INCREASE IN RENTAL (EXCLUDING TAXES)
- ARRANGE IT ALL WITH ONE FREE CALL.

TO RENT NOW CALL FREE

0800 625 625

CALL FREE 7 DAYS A WEEK. ASK FOR DETAILS OF THESE AND OTHER BRANDS AND MODELS AVAILABLE.

Minimum hire period 18 months. Monthly payments due in advance include service cover insurance. Offer available to persons 18 years and over, subject to status, availability and location. For washing machines, customer must arrange for suitable plumbing. Information about customer accounts may be shared confidentially within the Thorn Group of companies. Please tell us if you object. In order to maintain our quality service, telephone calls to and from DER Direct may be monitored or recorded. Written quotations available from Registered Office: DER Limited, Baird House, Arlington Business Park, Reading, RG7 4SA. Registered in England, No.343280. **Alternatively, for coin meter payments call 0800 626 559. Please note offers stated above will not apply for coin meter payments, call for details.**

A03722

Monday 11 January

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00am I'll Get By
1950, rating Sky U, 80 mins
8.00 We the Jury
1996, rating Sky PG, 89 mins
10.00 Napoleon and Samantha
Michael Douglas, Jodie Foster
1972, rating Sky PG, 88 mins
12noon Stormchaser: Revenge of the Twister
Kelly McGillis, Wolf Larson
1998, rating Sky PG, DS, 92 mins
2.00pm We the Jury
Kelly McGillis, Lauren Hutton
Taut courtroom drama about a TV presenter on trial for murder.
1996, rating Sky PG, 89 mins
3.30 Barry Norman's Film Night
Movie news and reviews.

4.00 Napoleon and Samantha
Michael Douglas, Jodie Foster, Johnny Whitaker, Will Geer
Family adventure based around the charming tale about a young boy who adopts a circus lion named Major. When the boy's grandfather dies, he runs away with a friend and the lion. This was Jodie Foster's film debut.
1972, rating Sky PG, 88 mins

6.00 Stormchaser: Revenge of the Twister
Kelly McGillis, Wolf larson, Liz Torres, David Milbern
Action-packed thriller in which a woman is determined to complete her husband's tornado research after he loses his life in the eye of a storm. *1998, rating Sky PG, DS, 92 mins*

8.00 Everyone Says I Love You
Woody Allen, Goldie Hawn, Edward Norton, Drew Barrymore
Woody Allen's romantic comedy, set in New York and Europe, features a host of stars showcasing their varying singing talents. The plot revolves around an ambitious young lawyer who is engaged to a wayward rich girl. *1996, rating Sky 12, 97 mins*

10.00 Money Train
Wesley Snipes, Woody Harrelson, Jennifer Lopez
Action comedy in which a pair of New York subway cops, who are half-brothers, decide to rob a train loaded with cash. **Text** *1995, rating Sky 18, 105 mins*
11.50 The Star Maker
Sergio Castellitto, Tiziana Lodato
Giuseppe Tornatore's drama about a con man who plays on people's dreams. *1995, rating Sky 18, 103 mins*

NIGHT TIME

1.45am Girl 6
Theresa Randle, Spike Lee
Comedy drama. **Text** *1995, rating Sky 18, 104 mins*
3.35-5.20am Rough Magic
Bridget Fonda, Russell Crowe
1995, rating Sky 12, 100 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am Femmes Fatales
7.30 Movie Magic: The Transformer
8.15 Action Heroes: Harrison Ford
9.00 Amore!
1993, rating Sky PG, DS, 90 mins
11.00 Little Bigfoot
1997, rating Sky PG, 92 mins
1.00pm Femmes Fatales
1.30 Movie Magic: The Transformer
2.15 Action Heroes: Harrison Ford

3.00 Amore!
Jack Scalia, Kathy Ireland, George Hamilton, Elliott Gould
Romantic comedy in which a jaded banker leaves his job and his wife to move to Hollywood and become a movie star. However, Tinseltown takes him in directions he did not expect, especially when he falls in love with a writer. *1993, rating Sky PG, DS, 90 mins*

5.00 Little Bigfoot
Matt McCoy, Stephen Furst
Family oriented drama in which a vacationing family come across a baby bigfoot and its mother in the woods. The family soon realise that their new furry friends are in grave danger from the owner of the local logging company and do everything they can to protect them. *1997, rating Sky PG, 92 mins*

7.00 Heart Full of Rain
Rick Schroder, Richard Crenna, Carroll Baker, Kim Dickens
PREMIERE Drama in which a prodigal son returns to the family farm after a six year absence. But as the family home is threatened by flood waters, can his parents finally find it in their hearts to forgive their errant son? *1997, rating Sky 12, 88 mins*

9.00 Contagious
Lindsay Wagner, Elizabeth Peña, Tom Wopat, Ken Pogue
Thriller about an epidemic specialist who diagnoses a deadly outbreak of cholera. She sets out to track down the source of the outbreak, knowing that her husband, who has gone camping, has already been exposed to the virus. **Text** *1997, rating Sky 15, 87 mins*

11.00 Born Bad
James Remar, Justin Walker
Action thriller in which a group of teenagers become involved in a bank heist. *1997, rating Sky 18, 89 mins*
12.35am Trigger Happy
Richard Dreyfuss, Jeff Goldblum
1996, rating Sky 15, 89 mins
2.10 Defenders: The Payback
1997, rating Sky 15, 92 mins
3.50 Rikki and Pete
1988, rating Sky 15, 99 mins
5.35-7.10am Heart Full of Rain
Drama. *1997, rating Sky12, 88 mins*

John Gordon Sinclair stars as the goalie who hopes to score in 'Gregory's Girl'. FilmFour 12midnight

SKY CINEMA
PREMIUM CHANNEL

4.00pm Blood on the Moon
Robert Mitchum, Robert Preston, Barbara Bel Geddes
Western in which a man arrives in town to join an old friend. However, when he is pressured into driving out some natives who are occupying the land on which his friend wants to build, they become sworn enemies.
1948, rating Sky U, 84 mins

6.00 In Name Only
Carole Lombard, Cary Grant, Kay Francis, Charles Coburn,
Melodrama about a love triangle. A rich gentleman starts a relationship with a beautiful artist, failing to tell her that he is caught in a loveless marriage. When his wife and lover accidentally meet they react in very different ways. *1939, rating Sky PG, 90 mins*

8.00 Hullabaloo Over Georgie and Bonnie's Pictures
Peggy Ashcroft, Larry Pine Victor Bannerjee, Saeed Jaffrey,
Comedy, set in India, about a brother and sister's art collection. The paintings attract a large folowing in the art world, including a woman who wishes to buy them. *1978, 89 mins*

10.00 The Europeans
Lee Remick, Robin Ellis, Tim Choate, Lisa Eichhorn
Lavish production, set in the late-19th century, tracing the aftermath of the arrival of a foreign guest in an all-American household. *1979, 90 mins*

11.35 The Pope of Greenwich Village
Mickey Rourke, Eric Roberts
Mafia thriller. *1987, rating Sky 15, 116 mins*
1.35am Quintet
Paul Newman, Bibi Andersson
1979, rating Sky 15, 114 mins
3.35-5.15am Three Coins in the Fountain
Clifton Webb, Jean Peters
1954, rating Sky U, 98 mins

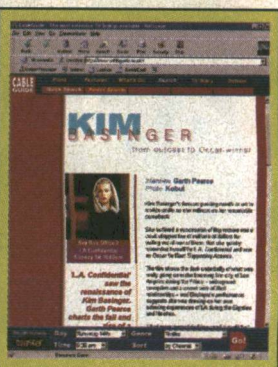
MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Ivanhoe
Robert Taylor, Elizabeth Taylor, Joan Fontaine, Felix Aylmer
Lavish adventure based on Sir Walter Scott's novel about the brave knight Sir Wilfred of Ivanhoe. Upon his return from the Crusades, he fights to clear his own name and for the honour of King Richard, who is being held in an Austrian prison.
1952, 103 mins

11.00 The Walking Stick
David Hemmings, Samantha Eggar, Phyllis Calvert
Crime drama in which a young female antiques dealer, crippled by polio, falls for a painter who asks her to help him rob the shop where she works.
1970, 98 mins
1.00am Where the Spies Are
David Niven, Francoise Dorleac
Comic spy yarn *1965, 108 mins*
3.00-5.00am Ivanhoe
Robert Taylor, Elizabeth Taylor
Classic adventure. *1952, 103 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Short Attention Span Cinema
A series of short films.
6.35 P'tang Yang Kipperbang
John Albasiny
Based on Jack Rosenthal's childhood memories, Michael Apted's drama, set in the summer of 1948, follows the coming-of-age of 14-year-old schoolboy Alan. *1982, 77 mins*

8.00 Circle of Friends
Minnie Driver, Chris O'Donnell, Alan Cummings
Coming-of-age drama. Three Irish villagers are reunited as students at the University of Dublin. The spirited if inept Benny is smitten by medical sudent Jack. However, her parents have determined that she must settle for a creepy friend of the family. *1995, 96 mins*

10.00 Beautiful Thing
Glen Berry, Scott Neal, Linda Henry
Drama about a group of people who all live in the same block of flats. A sensitive and tender exploration of the tentative beginnings of a first relationship, it focuses on Jamie, a youngster who is coming to terms with his feelings for his friend Ste.
1995, 87 mins

12midnight Gregory's Girl
John Gordon Sinclair, Dee Hepburn
Comedy. *1980, 87 mins*
1.35am The Driver
Ryan O'Neal, Bruce Dern
Action. *1978, 87 mins*
3.10 Metal Skin
1994, 111 mins
5.05-6.00am Zéro De Conduite
1933, rating, 42 mins

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
VOLCANO
Disaster movie in which LA finds itself sitting atop an erupting volcano. Stars Tommy Lee Jones and Anne Heche. *1997, rating Sky 12, 100 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
EXCESS BAGGAGE
Quirky comedy about a teenage heiress who fakes her own kidnapping. *1997, rating Sky 12, 97 mins*
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
GEORGE OF THE JUNGLE
Chaotic comedy starring Brendan Fraser. *1997, rating Sky U, 87 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed science fiction movie with spectacular effects. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
CRASH
Infamous David Cronenberg film based on a novel by JG Ballard. Stars James Spader and Deborah Kara Unger. *1996, rating Sky 18, 97 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Monday 11 January

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Chris Evans Breakfast Show 8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You
1.30 Jeopardy
2.00 Sally Jessy Raphael
Sally's Most Wanted Guests
Former guests come back for more.

3.00 Jenny Jones
Jenny, I Want To Show You I've Changed My Life
Guests show Jenny how they have changed their lives for the better.
4.00 Guilty!
Will friends and family be found innocent or guilty by the 100-strong jury audience? Hosted by Carole Malone.

5.00 Star Trek: Deep Space Nine
Looking For Par'march
Worf helps Quark woo a visiting Klingon woman, despite the fact that he himself loves her. Text
6.00 Married... With Children
Requiem for a Chevyweight Text
6.30 Friends
The One with the Lesbian Wedding Text
7.00 The Simpsons
You Only Move Twice
The Simpsons relocate. Text
7.30 The Simpsons
Lisa The Sceptic
Has Lisa found an angel? Text
8.00 Star Trek: Deep Space Nine
Who Mourns For Mom?
Quark inherits a fortune – and a group of claims to the estate.

9.00 First Wave
Science fiction series.

10.00 South Park
Roger Ebert Should Lay off the Fatty Food
10.30 Seinfeld
The Reverse Peephole
Elaine throws out a coat. Text
11.00 Friends
The One with the Lesbian Wedding Text
11.30 Star Trek: Deep Space Nine
Looking For Par'march
Quark inherits a fortune. Text
12.30am Highlander: The Series
Run For Your Life
Carl Robinson is an Immortal whom MacLeod first met when he rescued him from a KKK lynch mob. Carl has given up believing in himself.
1.30-7.00am Long Play
It's a VJ-free music zone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill 9.00 The Bill
9.30 The House of Eliott
10.30 Angels
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
It's Good to Talk
A call made accidentally on a mobile phone sparks a dramatic search.

3.25 The Bill
Split Second
Page is in a hostage crisis.
3.55 EastEnders
All the latest drama from Albert Square.
4.30 Angels
Medical drama set in St Angelas hospital starring Fiona Fullerton.
5.00 All Creatures Great and Small
Faint Hearts
James learns a lesson when he meets with daughters from different backgrounds.
6.00 Dynasty
Fallon reluctantly agrees to marry Jeff to save her father from his business trouble, and Steven's homosexuality is brought out into the open.
7.00 May to December
Romantic sitcom about the love between a young woman and a fiftysomething man.
7.40 It Ain't Half Hot, Mum
The Big Payroll Snatch
With Windsor Davies.
8.20 Yes, Minister
The Right to Know
Political sitcom. With Paul Eddington and Nigel Hawthorne.
9.00 Tears Before Bedtime
A black comedy about three couples whose struggle to find, keep and live with their nannies turns their worlds upside down.
10.05 Hamish Macbeth
The Honourable Policeman
Drama series about a young policeman whose beat is a seemingly sleepy Highland village. With Robert Carlyle.
11.10 Sports Anorak of the Year
Rory McGrath hosts this sports quiz.
11.40 The Bill
It's Good to Talk
A call made accidentally on a mobile phone sparks a search.
12.10am The Bill
Split Second
12.40 Spender
1.40 French and Saunders
2.10-3.00am The Onedin Line

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief: Fact or Fiction
2.10 LA Law
American drama series

3.10 Living Room
NEW SERIES Jayne Irving and Amanda Cross host an upbeat magazine programme, featuring human interest stories.
4.00 Michael Cole
We Love Each Other but Sleep Around
No-holds-barred talk show.
4.50 Rolonda
Ro, I Want Revenge on a Practical Joke
Audience participation talk show from America.
5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete to create exciting new recipes from mystery ingredients.
6.15 The Jerry Springer Show
Outrageous American talk show.
7.05 Rescue 911
William Shatner hosts the series featuring the stories of real-life rescues by American emergency services.
7.35 Animal Rescue
8.00 Murder Call
Australian murder mystery drama series about homicide detectives with a decidedly unconventional approach to their work.
9.00 Liz – The Elizabeth Taylor Story
Sherilyn Fenn, William McNamara, Nigel Havers, Katherine Helmond, Angus MacFadyen
First in a two-part mini-series telling the story of Hollywood star Elizabeth Taylor, from her childhood through to her whirlwind romances and many marriages.
11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 The Fenn Street Gang 8.00 That's My Boy 8.30 Second Thoughts 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five–0 12noon Classic Coronation Street 12.30pm Emmerdale
1.00 Nearest and Dearest
1.30 Watching
2.00 thirtysomething

3.00 The Love Boat
Identical Problem
A pair of twins pretend to be one person and an elderly couple threaten to put a jinx on the *Pacific Princess*.
4.00 The Saint
When Spring is Sprung
Simon Templar is asked to rescue a Russian spy who has been caught by the British. With Roger Moore.
5.00 Hawaii Five–O
Steal Now, Pay Later
McGarrett is on the trail of a suave crook who peddles stolen goods to legitimate businessmen. With Jack Lord and Kam Fong.
6.00 Emmerdale
Rachel, Archie and Michael take part in a daring raid.
6.30 Classic Coronation Street
Eddie meets up with Stardust Lil.
7.00 Mission: Impossible
The Money Machine
The IMF tries to stop an unscrupulous financier in Africa from distributing counterfeit currency. With Peter Graves.
8.00 The Love Boat
Identical Problem
A pair of twins pretend to be one person, and an elderly couple threaten to put a jinx on the *Pacific Princess*.
9.00 Classic Coronation Street
9.30 The Brian Conley Show
10.00 Jokers Wild
10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Rally World
Rally Eric Michell presents rally action from around the globe.
11.30 Car File
Tonight's show focuses on the Mazda MX5.
12midnight 2 Wheels
Weekly biking magazine programme.
12.30am Motor Week
Weekly look at the motoring industry.
1.00 Through the Gears
Presented by Merrick Beesley.
1.30-2.00am 4 Wheels Good

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Tots TV 10.30 Big Garage 10.45 PB & J Otter 11.00 Sesame St 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.15 Tots TV 1.30 Big Garage 1.45 PB & J Otter 2.00 Quack Pack 2.30 Winnie the Pooh

3.00 The Little Mermaid
Undersea adventures with the beautiful mermaid Ariel. Text
3.30 Art Attack
The award-winning innovative art show. Text
4.00 101 Dalmatians
Canine capers and daring doggy deeds. Text
4.30 Hercules: The TV Show
Animated adventures.
5.00 Recess
Animated series. Text
5.15 Pepper Ann
Entertaining teenage drama. Text
5.30 Smart Guy
Drama about a smart boy. Text
6.00 Teen Angel
Grumpy Young Men
Steve gets a lesson in appreciating his elders. Text
6.30 Boy Meets World
Brothers
7.00 Honey, I Shrunk the Kids: The TV Show
Honey, Meet the Barbarians
Diane decides to run for the school board. Text
7.50 Classic Toons
8.00 FILM: The Incredible Genie
Matt Koruba, Stacie Randall
Family adventure about a 13-year-old boy and a genie.
1997 Text

9.30 Home Improvement
Award-winning sitcom starring Tim Allen.

10.00 Dinosaurs Text
10.30 The Wonder Years
Hiroshima Mon Frere Text
11.00-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

MONDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

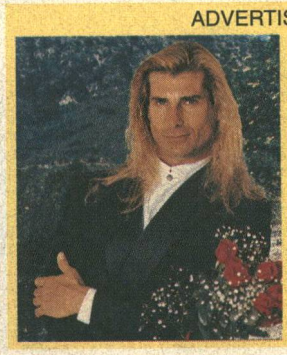
FILM

Everyone Says I Love You
Sky Premier 8.00pm
A wonderful mix of song and dance and Woody Allen one-liners. Allen directs an all-star cast, including Alan Alda, Julia Roberts and Goldie Hawn in a multi-layered plot about love and class. The film boasts over 20 musical interludes all sung by the cast themselves.

GENERAL

NewsRadio
Paramount Comedy Channel 8.30pm
This hit from America features the goings-on at a New York radio station run by ambitious young Dave from the farming state of Wisconsin. His eccentric co-workers make the job of news director a tough one. Tonight's episode sees Dave having to fire his predecessor.

ADVERTISEMENT



UK HORIZONS

HOLLYWOOD MEN 10.30PM
In a town where men make and break the rules daily, the outrageous is the norm. Celebrities reveal how Hollywood men play hard to maintain their status, their pride and their bodies against all the odds.

Monday 11 January

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM
7.30am Rally
8.00 Speed Skating
9.00 Alpine Skiing
10.00 Cross-Country Skiing
11.00 Rally
11.30 Car on Ice
12noon Ski Jumping
1.00pm Alpine Skiing
Action from the Pro World Cup in Menuires, France.
2.00
Nordic Combined Skiing
World Cup action from Strbske Pleso in the Slovak Republic.

3.00 PM
3.30 Biathlon
Another chance to see the men's and women's sprint events from the World Cup in Oberhof.

4.00 PM

5.00 PM
5.00 Ski Jumping
Highlights from the World Cup in Engelberg, Switzerland.

6.00 PM
6.00 Bowling
Another chance to see the men's second round action from the 1999 Golden Bowling Ball in Dresden.

7.00 PM
7.00 Xtrem Sports
Action from the world of adrenalin sports.

8.00 PM
8.00 Martial Arts
Coverage of the Shaolin Kung Fu Tournament, part of the 13th Martial Arts Festival in Paris-Bercy.

9.00 PM
9.30 Rally
Action from the 10th stage of the Total Granada Dakar 99 tournament.

10.00 PM
10.00 Football
Eurogoals.

11.00 PM
11.30 Boxing
Action from an international contest.

12.00 NIGHT TIME
12midnight–12.30am Rally
Another chance to see highlights of the Total Granada Dakar 99.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Ford Football Special: Manchester United v West Ham 8.30 Racing News 9.00 Aerobics Oz Style 9.30 Gillette World Sport Special 10.00 Spanish Football 12noon Aerobics Oz Style 12.30pm What a Weekend 1.00 Ford Football Special: Manchester United v West Ham 2.30 Spanish Football
Action from a top match in the Spanish Primera Liga. A feast of sublime skill is always assured as some of the world's finest players ply their trade.

4.30 V-Max
The series that gives an insight into the world of speed on land, in the water and in the air.

5.00 Max Power
Touring cars, single seaters, road racing and off road events are packed together in a weekly dose of truly international action.

6.00
Sky Sports Centre
6.30 What a Weekend
Looking back on another action packed sporting Saturday and Sunday.

7.00 Football League Review
All the recent Nationwide league action, including every goal scored and a look at the table-toppers.

8.00 Ford Monday Night Football: Football Special
The best of the action from the Premiership. Presented by Richard Keys with commentary from Alan Parry and Trevor Francis.
9.30 Totalsport
Lifting the lid on the top issues facing world sport.

10.00
Sky Sports Centre
Latest sports headlines.
10.15
You're On Sky Sports!
10.45 Football League Review
A rerun of every ball hitting the back of the net in the Nationwide League.
11.45
Sky Sports Centre
12midnight
You're On Sky Sports!
12.30am
Ford Monday Night Football: Football Special
2.00
Football League Review
3.00-3.15am
Sky Sports Centre
Top sporting news.

SKY SPORTS 2
PREMIUM CHANNEL

6.00am
International Cricket: England v Sri Lanka LIVE
7.00 Aerobics Oz Style
7.30 International Cricket: England v Sri Lanka LIVE
11.00 Athletics: Road Race of the Month
11.30 Ford Golf USA: Mercedes Championships
1.30pm What a Weekend
2.00 International Cricket: England v Sri Lanka
The best of the action from the one day international match from Brisbane. England will have to be on top of their game to compete with the masters of the frantic one day game.

5.00 Football League Review
Action from the Nationwide League with every goal scored in the first, second and third divisions.

6.00
World Windsurfing
The latest action from the crest of the wave.
6.30 V-Max
High-velocity half hour.

7.00
International Cricket: England v Sri Lanka
Another chance to see the best of the action from the one day international match in Brisbane. England will have to be on top of their game to compete with the masters of one day cricket.

10.00 Ford Golf USA: Mercedes Championships
The coverage continues from Hawaii on day four of the prestigious Mercedes Golf Championships. Repeat from Sky Sports 3.

12midnight
World Motor Sport
Taking viewers to the heart of the race world by providing an essential guide to who is racing where, when and how.
3.00am-3.15am
Sky Sports Centre
Latest sports headlines.

SKY SPORTS 3
PREMIUM CHANNEL

12noon NFL: NFL Divisional Play-Offs
Highlights from the NFL Divisional Play-Offs as teams battle it out for a place in the final. Presented by Mike Carlson and Nick Halling.

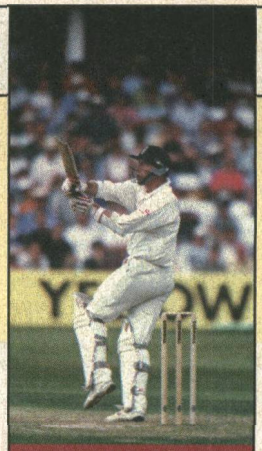
5.30 Totalsport
The programme that showcases all sides of the sporting world.

6.00 Fish TV: Tony Dean Outdoors
6.30
Fish TV: Gone Fishing
From New Zealand and the South Pacific.

7.00 Ford Golf USA: Mercedes Championships
Coverage of day four of the prestigious Mercedes Golf Championships from Hawaii. Repeat from Sky Sports 2.

9.00 Sumo Wrestling: Sumo World Heavyweight Championship
Amateur sumo wrestling from Inglewood, California.

10.00 Dickie Davies's Sporting Heroes: Sir Tom Finney
The former Preston and England footballing legend looks back over his career.
11.00-11.30pm Golden Age of Racing: A to Z of Motorsport
An alaphabetical look at motorsports.



England's Mike Atherton plays in the one day international against Sri Lanka. Sky Sports 2 6.00am, 7.30am – Live

MUTV
ADD-ON CHANNEL

6.00pm Game on
6.15 The Insiders
A look behind the scenes at Old Trafford.
6.30 Kids Clinic
More top tips.
7.00 Red Hot News
7.30 Red Legends
Names from the past track down their former team mates in this journey through the archives.
8.00 Super Match – Premier Classic: Manchester United v Aston Villa
Classic action from 1993.

10.00
Talk of the Devils
10.45
Junior Masterfan
Teams of under 16s from secondary schools compete to be MUTV's Junior Masterfan.
11.15 Jump 'n' Pump
Aerobics exercise.
11.30-12midnight
Red Hot News

SCI-FI
ACTION PACK

7.30am Bloomberg 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 Alfred Hitchcock 12noon Twilight Zone 12.30pm Twilight Zone 1.00 Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00
Battlestar Galactica
Spaceball
The treacherous Xavier sends Troy and Dillon on a phony space mission.

4.00
The Incredible Hulk
The Beast Within
David meets a scientist who is working on the same research as himself.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

6.00 Time Trax
Split Image
Darien encounters two deadly twin sisters who are beholden to his nemesis, Dr Mordecai Sahmbi.

7.00 Quantum Leap
Rebel Without a Clue
A rebellious motorcyclist's freewheeling spirit is about to lead to murder. Starring Scott Bakula.

8.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

9.00 PSI Factor – Chronicles of the Paranormal
The Curse/Angel on a Plane
An archeologist discovers a deadly menace.

10.00
FILM: Automatic
Olivier Gruner, Daphne Ashbrook, John Glover, Jeff Kover, Dennis Lipscomb, Stanley Kamel
Sci-fi thriller in which a woman teams up with a hi-tech cyborg to expose a cover-up which is threatening her life. *1994*
11.45 Sci-Focus
12midnight
PSI Factor – Chronicles of the Paranormal
1.00am FILM: Piranha II: The Spawning
Horror. *1981*
2.50 Sci-Focus
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Trisha Goddard shares more true stories with a studio audience.
4.50 Trailblaze
Presented by Tricia Williamson.
5.00 The Mix
A weekly rundown of the chart, plus interviews presented by Shovell of M People.
6.00 Bedrock
7.00 H_2O

7.30 NBA Action
Update of the latest US basketball action.
8.00 My Wonderful Life
Comedy about the life and loves of a nurse with two kids, an acid tongue and questionable taste in men. Stars Emma Wray.
8.30 Maggie Winters
US sitcom about a woman who returns to her small town roots when her big city dreams go bust.

9.00 I Suppose You Think That's Funny
Celebrity panel game.
9.30 Babes in the Wood
Comedy about a divorced wheeler-dealer who lives next door to three feisty girls.
10.00 Coronation Street
11.00 The Bare Necessities
A group of Yorkshire pit men stumble on an exotic new career on the night that their colliery closes down.
12midnight-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Dirty Talk 12.20 Adult Feature 12.45 FILM: Hard Evidence 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Unearthing Passions 2.25 FILM: Smooth Ride 3.40 Chrissy Paris 4.10-5.30am FILM: Hillbilly Honeys

ADULT CHANNEL
ADD-ON CHANNEL

12.10am Gay Night: Man Hunt 12.15 Gay Night 12.30 Gay Night: Man Hunt 12.40 Gay Night: FILM: The Gym 1.45 Gay Night 1.55 Gay Night: Rough Trade 2.40 Gay Night 2.55-4.00am Gay Night: FILM: My Younger Cousin

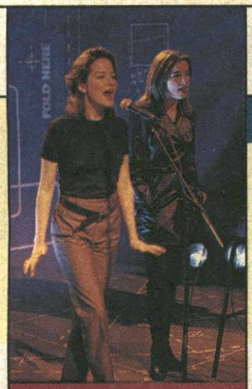
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Revenge is My Destiny
Chris Robinson, Elisa Ingram, Joe E Ross
A Vietnam vet returns to Miami and gets caught up in a bizarre mystery.
9.25 The Thrill
9.55 Curse of the Queerwolf
10.30-12midnight Electric Blue Show

Monday 11 January



'The Greatest Hits of ... The Corrs' showcases the Irish group's talents. VH1 10.30pm

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposal 11.30 BodyHeat 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
Moral relationship dilemmas discussed.
3.30 Lie Detector
Uncovering deceit the modern way.
4.00
Indecent Proposals
With Paul Dooner.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Moral dilemmas regarding sex and relationships.
5.30 The Why Files
Investigating tales of the paranormal.
6.00
The Fashion Show
Update on the catwalk.
6.30
Indecent Proposals
With Paul Dooner.
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
The show that offers advice for troubled souls.
8.00 The Why Files
Psychic investigations of the paranormal.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Women's Wrestling
Leotard-clad grappling.
9.57 Topless Darts
More sharp and shapely darts throwing.
10.00
Hollywood Uncovered
A behind the scenes look at the multi-million dollar skin flick industry.
10.30 Exotica Erotica
11.30 Blue Review
11.45 Painted Ladies
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Janeycam 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Crosswits
Cryptic crossword quiz.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow.
6.30
The Games Room
6.45 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.15
The Games Room
7.25 100 Per Cent
General-knowledge quiz
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges.

9.00
The Games Room
9.15 Strike it Lucky
Fast-action gameshow.
9.45
The Games Room
10.00 Candid Camera
Practical jokes on film.
10.30
Karaoke Challenge
Ross King hosts the show from Southsea.
11.00
Carnal Knowledge
Contestants reveal more of their most intimate secrets to hosts Graham Norton and Maria McErlane.
12midnight Strike it Lucky
12.30am Split Second
1.00 3-2-1 2.00 Love at First Sight 2.30 Studs
3.00 Simply Irresistible 3.30 Blockbusters
4.00 Fifteen to One
4.30 Don't Drink the Water
5.00-6.00am Shopping with Screenshop

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food Thought 10.00 Restaurant Show 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Kitchen College 12noon Network 12.30pm Winter Nosh 1.00 Food for Thought 1.30 Rustie's Real Cooks 2.00 Turner's Tour 2.30 Network 3.00 Slice of Life 3.30 Coxon's Kitchen College 4.00 Vin Ordinaire 4.30-5.00pm An Umbrian Kitchen With chef Mauro Bregoli.

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm What's Cooking?
Culinary quiz show.
5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.
6.00 London Bridge
Things are hotting up between Liz and Cliff on the night of Sid's benefit dance.
6.30 Rising Damp
The Cocktail Hour
7.00 Boon
Vallance's Liberty
A Tyrolean night at the Woodcote is complicated by a gang of criminals on the trail of hidden plans.
8.00
Birds of a Feather
Absent Friends
8.30
The 10 Percenters
Libel
9.00 The Ruth Rendell Mysteries: A New Lease of Death
Final part. A revelation placates the Reverend and solves Charles's problem.
10.00 Big Sky
Dark Horses
Paula and Lauren win money at a race, but the locals sabotage their plane to stop them leaving.
11.00
Hill Street Blues
Influential Eighties American police drama series set in a tough urban area, with Daniel J Travanti.
12midnight Rising Damp
The Cocktail Hour
Alan is on the threshold of gaining social status when he gets an invitation to a cocktail party. With Leonard Rossiter.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon Animal X
12.30pm Ocean Wilds
Yap Island
A look at the giant manta ray.
1.00 Nature Watch with Julian Pettifer
Keepers of the Camargue
1.30 Australia Wild
A Very Particular Parrot
2.00 It's a Vet's Life
John Baxter's casebook.
2.30 Human/Nature
Charting man's relationships with animals and nature.
3.30 Harry's Practice
A look at the work of vet Harry Cooper at his practice in northern Tasmania.
4.00
Jack Hanna's Zoo Life
San Diego Zoo
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
With Wendy Turner.
5.30 Australia Wild
Which Sex?
How some animals choose their offspring's sex.
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
Bone of Contention
7.00 Rediscovery of the World: Cuba – Waters of Destiny
Jacques Cousteau and his expedition team explore the waters around Cuba.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Going Wild with Jeff Corwin
Baja
9.00 Wild at Heart
Grizzly Bears
See the bears of Alaska.
9.30 Emergency Vets
Stories from Alameda East Veterinary Hospital.
10.00
Man-Eating Tigers
An insight into the world of tigers that repeatedly kill and devour people who venture into their territory.
11.00
Breed All About It
Great Swiss Mountain Dog
11.30-12midnight Emergency Vets
Helping pets in trouble.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.30 Esther
10.00 Airport
10.30 Situation Vacant
11.15 Challenging Children
12noon
Tomorrow's World Plus
1.00pm Crime Limited
1.30 The Great Egg Race
2.00 The Day That Changed My Life
2.30 999 Lifesavers
3.00 Animal Hospital
With Rolf Harris and Steve Knight.
3.30 The Marriage – For Better, For Worse?

4.30 Esther
Born in Unusual Places
Esther Rantzen hears from women who have given birth in extraordinary places.
5.00 The Cruise
Stormin' Norman
5.30 Future Fantastic
Gillian Anderson presents a tantalising glimpse into the future.
6.00
Decisive Weapons
The Forgotten Fighter
6.30
Decisive Weapons
Wings Over the Ocean
7.00 Malaria: Battle of the Merozoites
Looking at the Colombian chemist who claims to have designed an effective vaccine against malaria.
8.00 Wild Boar – King of the Wildwood
With David Attenborough.
8.30 The Velvet Claw
Small and Deadly
A look at the weasel family.
9.00
The Immortal Emperor
Dr Tony Spawforth travels to China in search of the truth behind the story that Qui Shi Huangdi.
10.00 Lakesiders
Fly-on-the-wall series set at Lakeside in Essex.
10.30 Hollywood Men
Looking at the men of Tinseltown, where looks are the passport to sex and success.
11.30 Top Gear GTi
Testing the latest models and casting an experienced eye over the hottest motoring news.
12.30am-1.00am Crime Limited
Nick Ross presents the series intended to help crime victims by telling their stories through interviews and reconstructions.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 Healthbeat 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Good Housekeeping Show 11.30 Gorgeous Gardens 12noon Club Vegetarian 12.30pm Healthbeat 1.00 Livetime 2.00 The View

3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00
More Calories Please
Nanette Newman presents puddings and sweets.
4.30
Gorgeous Gardens
5.00-6.00pm
Sally Jessy Raphael
American talk show, today discussing obsessional teenage infatuations.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm The Last Frog
Discover how disappearing species could hold the key to medical mysteries.
7.30 Fire and Thunder
The burning of a prairie.
8.00
The Great Bison Chase
This is the story of the great buffalo of the American Old West and the bison of today.
9.00 India in Focus: The Eclipse Chasers
How in October 1995, people from around the world gathered in northern India to witness an eclipse.
10.00 Extreme Earth: Mountains of Fire
Meet vulcanologists Maurice and Katia Krafft, who are at home in the molten world of flowing lava.
11.00 On the Edge: Survival on the Ice
Discover the hardships experienced by the first explorers of the Arctic from their very own diaries.
12midnight-1.00am
On the Edge: Wall Crawler
Find out how 20 years of climbing in natural landscapes, often without any equipment, has won Alain Robert international recognition as one of the best solo climbers of all time.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Kickstart
9.00 Mad for Hits
2.00pm US Top 20
3.00 Bytesize MTV
4.00 Select MTV
6.00 Real World
Real-life fly-on-the-wall drama about a group of young people living together in Seattle and learning to cope with adult life as they look for jobs, make friends, fall in love and fight.
6.30 Say What?
7.00 Non-Stop Hits
8.00 Hit List UK
9.00 Bytesize MTV
MTV's fast cut window on the world of music TV hoovers up the best clips from MTVs around the world, each in one-minute clips and soundbites.
10.00 Real World
10.30 UK Singled Out
11.00 Non-Stop Hits
12midnight Superock
Julia Valet takes an ironic look at rock excess.
2.00am Real World
2.30 UK Singled Out
3.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Mica Paris NEW 1.00pm Greatest Hits of... Lighthouse Family 1.30 Pop-Up 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up 6.00 Happy Hour 7.00 VH1 Hits 8.00 Album Chart 9.00 Bob Mills 10.00 Ed Sullivan 10.30 Greatest Hits of... The Corrs NEW 11.00 Storytellers – The Lost Songs NEW 12midnight VH1 Country 1.00am Ten of the Best: Mindy McCready NEW 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Caprice's Travels 12.30pm Tales from the Flying Sofa 1.00 Holiday Maker 1.30 Food Lovers' Guide to Australia 2.00 Flavours of Italy 2.30 Secrets of India 3.00 Orinoco to Andes 4.00 Go Greece 4.30 Across the Line 5.00 Amazing Races 5.30 People and Places of Africa 6.00 Food Lovers' Guide 6.30 On Tour 7.00 Caprice 7.30 Flying Sofa 8.00 Travel Live 8.30 Go Greece 9.00 Orinoco to Andes 10.00 India 10.30 Across the Line 11.00 On Tour 11.30-12midnight Africa

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 All the Right Moves 7.55 Short Change 8.00 Style Challenge 8.30 All Over the Shop 9.00 Ready, Steady, Cook 9.30 Change That 10.00 Antiques Roadshow 11.00 Ground Force 11.30 The Terrace 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Gluck, Gluck, Gluck 2.30 The Flower Show 3.00 Stefan's Garden Roadshow 3.30 Can Ski... Will Ski!
4.00 The House Detectives 4.30 Antiques Roadshow 5.30 All Over the Shop 6.00 Off the Beaten Track 6.30 Wilderness Walks 7.00 Rough Guide to the World 8.00 Style Challenge 8.30 Change That 9.00 Delia Smith's Winter Collection 9.30 Celebrity Ready, Steady, Cook 10.00 Antiques Roadshow 11.00 Ground Force 11.30 Growing Places 12midnight Stefan's Garden Roadshow 12.30am-1.00am Travel Xpress

Monday 11 January

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 The Painted House 8.00 Wedding Story 8.30 A Baby Story 9.00 Simply Painting 9.30 Garden Rescue 10.00 Garden Doctors 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt 12noon Australia's Strangest Home Improvements 12.30pm Doing it Up 1.00 Our House 1.30 Hometime 2.00 Wood Wizard 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

DISCOVERY
WORLD PACK

4.00 Rex Hunt's Fishing Adventures
Rex heads up to remote Bathurst Island.
4.30 Walker's World
India
5.00 Flightline
Aviation magazine show.
5.30 History's Turning Points
Battle of Actium – 31 BC
Documentary series.
6.00 Animal Doctor
Following animal doctors from the RSPCA as they respond to emergencies.
6.30 Hunters
Track of the Cat
7.30 Beyond 2000
The very latest innovations and developments in the world of technology.
8.00 Twisted Tales
Crocodile
8.30 The Supernatural
Thunderbird
A look at the gargantuan birds of the Sierra Madre.
9.00 Storm Force
Tornado
Documentary series that looks at extreme weather conditions around the world.
10.00 Century of Discovery
Origins of the Universe
Revealing what has been learnt about our planet from religion and myth.
11.00 Air Power
Air to Air
A comprehensive look at modern air power and the increasing importance of helicopters in warfare.
12midnight Fire
Dramatic study of one of the most powerful adversaries known to humanity.
1.00am History's Turning Points
Battle of Actium – 31 BC
1.30-2.00am Flightline
With Brendan O'Brien.

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Blinky Bill 6.00 Tidings 6.30 Tabaluga 7.00 Power Puff Girls 7.30 Dexter's Laboratory 8.00 Sylvester 8.30 Tom and Jerry 9.00 Flintstone Kids 9.30 Tidings 10.00 Magic Roundabout 10.15 Thomas the Tank Engine 10.30 Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.15pm Bugs 12.30 Road Runner 12.45 Sylvester 1.00 Popeye 1.30 Flintstones 2.00 The Jetsons 2.30 Droopy
3.00 Taz-Mania
Devilish antics from down under.
3.30 Scooby and Scrappy-Doo
More canine crime busting.
4.00 Powerpuff Girls
More crime-fighting action.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 I am Weasel
More cartoon antics with much-loved weasel.
5.30 Cow and Chicken
Offbeat fun with the mismatched siblings.
6.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Batman
Crime-busting capers with the Caped Crusader.
7.30 Mask
More animated fun with the green-faced hero.
8.00 Scooby-Doo – Where are You?
Creepy capers.
8.30-9.00pm Beetlejuice

'Fabulous Fortunes' looks at he wealth of the Romanovs: The History Channel 7.00pm

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 Magic School Bus 11.30 PB Bear 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Clangers 2.30 Children's BBC
3.00 Children's BBC on Nickelodeon
A slice of the Beeb's best kids' shows.
3.30 Pippi Longstocking
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Fun with the terrible tots.
5.00 Sister Sister
Domestic disharmony with the identical twins.
5.30 Kenan & Kel
More adventures with the two funky friends!.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
American comedy.
7.30 Desmond's
Barbershop comedy.
8.00 Roseanne
David versus Goliath
Dan discovers the truth about David and Darlene.
8.30 News Radio
Pilot NEW SERIES
9.00 Cybill
Cybill, Get Your Gun
Cybill invests in a gun when her house is robbed.
9.30 Vic Reeves Big Night Out
10.00 Frasier
Dad Loves Sherry, the Boys Just Wine
10.30 Cheers
Norm's First Hurrah
Norm gets a new job.
11.00 Seinfeld
The Trip – Part I
Kramer goes missing.
11.30 The Larry Sanders Show
Arties Gone
12midnight Late Night with David Letterman
American chat show.
1.00am Taxi
1.30 The Critic
2.00 Dr Katz
2.30 Soap
3.00 Tibs and Fibs
3.30-4.00am Nightstand

FOX KIDS
FAMILY PACK

6.00am Power Rangers 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong 8.00 Goosebumps 8.25 Sam 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 Incredible Hulk 10.15 Casper 10.30 Oggy 10.55 Mouse 11.05 Eek!Stravaganza 11.30 Life with Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four
3.05 The Incredible Hulk
Cartoon adventures.
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
4.00 Spiderman
Cartoon capers.
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
5.00 Goosebumps
5.25 Eerie, Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong Country
Wacky adventures.
6.25 Sam and Max
6.50-7.00pm Eek!Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection! 7.00 Bargain Shop! 7.30 Dimanti Designs 8.30 Dress for Less 9.30 Fashion by Design 10.00 Y-Zone 11.00 Silversmith 12noon Global Cuisine 1.00pm Bargain Shop! 2.00 Shop Selection! 3.00 The Clothes Line 4.00 On Screen 5.00 Shop Selection! 6.00 Jewellery Box
A range of great deals.
7.00 The Early Years
The latest ideas and beauty products.
8.00 Character Collections
Irresistible additions to any collection, new for 1999.
9.00 The Clothes Line
Casual wardrobe ideas to suit every woman.
10.00 In the Kitchen with Susan Brookes
Susan shares her favourite products and expert advice.
11.00 Spotlight on Sports 12midnight Bargain Shop! 1.00am Shop Selection! 2.00 Do it Yourself! 2.30 On Screen 3.30 Junior Choice 4.30 Jewellery Box 5.30-6.00am Shop Selection!

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 9.30 World Today 10.00 BBC News 24 11.00 News 12noon BBC News 24 1.00pm News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 4.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 UK Direct 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Best of Insight 6.00 Morning 6.30am Managing 7.30 Sport 8.30 Showbiz 9.00 News Stand 10.30 Sport 11.15 American Edition 11.30 Biz Asia 12.30pm Pinnacle 1.15 Asian Edition 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Artclub 5.00 NewsStand 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q&A 2.00 Larry King 4.15 American 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 CBS Evening News 5.30-6.00am The Book Show

INTERNATIONAL

TV5 5.30am Journal 7.00 TV5 Infos 7.05 Journal de Radio Canada 7.30 Magellan 8.00 TV5 Infos 8.05 Zig Zag Café 9.00 Journal 9.30 Fiction 11.00 TV5 Infos 11.05 Voilà Paris 11.30 Journal 12noon TV5 Infos 12.05pm Mise au Point 1.00 Journal 1.30 Regarde-Moi Quand Je Te Quitte 3.00 Journal 3.30 Télétourisme 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.30 Fiction 7.00 Journal 7.30 Journal 8.00 Infos 8.05 Documentaire 9.00 Journal 9.30 FILM 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Phanda 4.30 Lahu Ke Phool 5.00 Inspector Vijay 5.30 Uran Chadini 6.00 Tiger 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Swabimaan 12.30am A Mouthful of Sky 1.00 FILM 4.00 Inspector Vijay 4.30 Uran Chandini 5.00 Aashiana 6.00 Bhakti Sagar 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Zindagi 6.30 Geet Gata Chal 7.00 Faith 7.30 News 8.00 Ru-Ba-Ru 8.30 Sailaab 9.00 Jaan 9.30 Mujhe Chaand Chahiye 10.00 Pal-do-Pal 11.00 Jhat Pat Khana 11.30 Parampara 12noon FILM: Amanush 3.00pm Zee Bangla 3.30 Ikke Pe Ikka 4.00 Campus 4.30 Quiz Contest 5.00 Daastan 5.30 Chahat Aur Nafrat 6.00 Mag 6.30 Teacher 7.00 Ghar Jamai 7.30 Filmi Baatein 8.00 News 8.30 Gumrah 9.00 KTC Sa Re Ga Ma 10.00 Debate 11.00 Shapath 11.30 Blunt 2 12midnight News 12.30am Aap Ki Adalat 1.00 Zee Bangla 1.30 Raahat 2.00 FILM: Shakti 4.30 Ebar Jombe Mowja 5.00 Folk Songs 5.30-6.00am Music

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Money Matters 4.45 John Avanzini 5.00 Billy Joe Dougherty 5.30 Jack Van Impe presents 6.00 Jerry Savelle 6.30 Changing Your World 7.00 Believers Voice of Victory 7.30 Kidz TV 7.45 This is Your Day – Benny Hinn 8.15 Money Matters 8.30 Catch the Fire 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Power of Praise 10.30 A Call to Prayer: Lynn Hammond 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.15am Money 3.19 Clips 3.49 Boarding Pass 4.24 Sports 4.49am Ask the IFA

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

2.30pm House of Commons 11.00 The Record 11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road 11.30 Emmerdale Farm 12noon Emmerdale Farm 12.30pm As the World Turns 1.15 Albion Market 1.45 Guiding Light 2.30 Take the High Road 3.00 Emmerdale Farm 3.30-4.00pm Emmerdale Farm
Jack worries about his family.

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War
Banzai
5.00 Rockets
The Vengeance Weapon
6.00 The Great Empire
The Republic of Rome
7.00 Fabulous Fortunes
Dynasties – Old Blood
7.30-8.00pm Giants of Sport
The Second War Years – 1940-1945 NEW SERIES
Britain's sporting heritage.

SKY TRAVEL
LIFESTYLE PACK

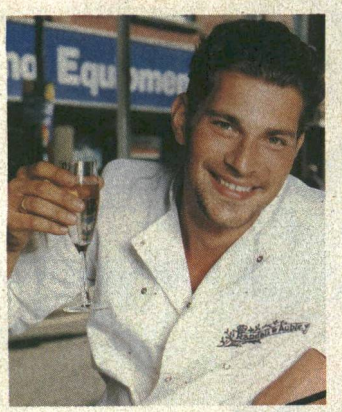
11.00am Dales Diaries 11.30 Sky Destinations 12noon Travels with Chuck Henry
Forgotten Hollywood
12.30pm Getaway 1.00 Practical Guide to Europe 1.30 Holiday Reflections 2.00 Travel Tips 3.00 Around the World 3.30-4.00pm Earth Journeys

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

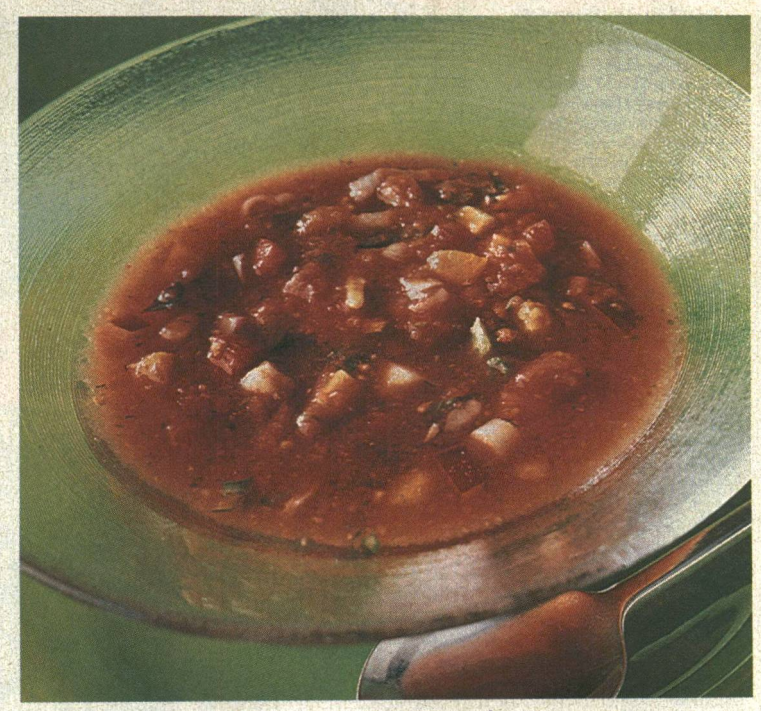
CABLE CHECK
Some of the channels listed may not be available in your area

FOOD THE MONTH'S MOUTH-WATERING HIGHLIGHTS



Dishy dates

The pin-up of the food fraternity, Ed Baines, will be wining and dining such celebrities as *Superchefs* presenter Penny Smith and former *Coronation Street* star Tina Hobley in *Lunch with Ed Baines* (Carlton Food Network, starting Monday 18th 2.00pm). Each edition of this new series is filmed at Ed's impossibly fashionable Soho eaterie Randall & Aubin – whose reservations book reads like a who's who of the rich and famous and includes supermodel Kate Moss and the Gallagher brothers. Ed takes the viewer through the preparation of his dish of the day. The courses are chosen to suit the specific tastes of Ed's guests; in the opening edition he cooks chicken spago with artichoke mash and spinach for ballerina Darcey Bussell, while later in the series he prepares sea bass papillote with potato salad for society 'It' girl Tara Palmer Tomkinson.



Nanette's Gazpacho

Ingredients
(Chop finely)
170g/60oz ripe, skinned tomatoes
50g/2oz celery
90g/2oz de-seeded cucumber
50g/2oz red onion
6 spring onions
50g/2oz each of red and yellow pepper
handful of watercress

Put all the above ingredients in a large bowl. In another bowl put:
1 1/4 pints tomato juice
2 tbsps sunflower oil
2 tpsps wine vinegar
1 tpsp balsamic vinegar (optional)
1 dsp Worcestershire sauce
juice of 1 small lemon

Method
1. Stir the tomato juice-based mixture well, pour 2/3 of it over the vegetables.
2 Place 1/3 of the mixture in a blender with two thin slices of white or brown bread. Blend until smooth. Put this in the bowl with the vegetable mixture. Stir well. Add salt and pepper to taste.
3 Add chopped herbs, stir well, cover and place in fridge.
4. Serve with hot crusty granary bread.

Let's talk lunch

In Carlton Food Network's *Newman Meets* (Fridays at 12.30pm), Nanette Newman, the respected actress and best-selling author of six cookery books, interviews an entertaining cross section of celebrities from the world of food. Amusing anecdotes abound (Sir Terence Conran discusses the benefits of conducting an illicit affair in a busy restaurant). But Nanette also succeeds in drawing some surprisingly honest responses from the gabbing gastronomes, such as when Nigel Slater confesses he started to cook to divert his father's attention away from his stepmother.

LOVE STARS BY MARGIE THILLART

Happy Birthday!
6th Rowan Atkinson 7th Nicolas Cage
8th David Bowie 10th Rod Stewart
12th Michael Aspel 14th Richard Briers

Sensational ★★★ Stimulating ★★ Satisfactory ★

Aquarius
(21 January to 19 February) ★★
Sensuous Venus smoothes the passage romantically and creates some truly magical moments for your sign this month. In addition, the sun in your sign from the 21st spreads an aura around you that others will find hard to resist.

Pisces
(20 February to 20 March) ★★
Wanderlust hits as Jupiter spends its last few weeks in your sign. Some of you may make travel plans this month, while others enjoy a romantic fling. Just be careful about going to excess, or you may suffer the consequences later.

Aries
(21 March to 20 April) ★★
You usually know what you want, but this month you'll lack a strong sense of purpose. Your ruler, Mars, in lazy Libra, is partly to blame for the lethargy and indecision, but by late January your complacent mood will lift.

Taurus
(21 April to 21 May) ★★
The sun may be in the most expansive part of your chart, but circumstances are likely to hold you back. In general, the year ahead holds great promise. However, it may be several weeks before the tide turns in your favour.

Gemini
(22 May to 21 June) ★★
Try not to dwell too much on the negative aspects of your life or let resentment build up in a close relationship. You could be inclined to wallow in self-pity this month when you should really be counting your blessings.

Cancer
(22 June to 23 July) ★★
Love and romance take top billing, with your ruler, Moon, intensifying your feelings for someone special. Life will be more harmonious this year, provided you settle old scores quickly and soften your approach towards friends and family.

Leo
(24 July to 23 August) ★
Someone in your environment may display hostility, but you'll be in the mood to fight back. This is a good month to evaluate relationships and work out who is important in your life and who no longer serves a useful purpose.

Virgo
(24 August to 23 September) ★★
With the sun in the most sociable part of your chart, your popularity will soar and you'll encounter some interesting people. Something significant may happen mid-month that either changes your attitude or helps to improve your lifestyle.

Libra
(24 September to 23 October) ★★
Saturn stirs up mischief, but it also teaches you some valuable lessons. And with tactless Mars lingering in your sign, you may trip up on your own words. Think carefully before you speak and act, and set yourself some clear goals.

Scorpio
(24 October to 22 November) ★★
Thoughts may drift to a past situation, or you'll wish you could reverse a recent decision. But the planets will let you off the hook and you'll regain some of the ground lost through foolish judgements. You'll be wiser next time around.

Sagittarius
(23 November to 22 December) ★★
With loving Venus in your communication zone you can expect greater harmony in your close relationships. Others will have your best interests at heart this month and good fortune is likely to flow through friends and family members.

Capricorn
(23 December to 20 January) ★★★
Your year begins on an upbeat note with your ego or bank account receiving a much-needed boost. If there have been romantic or financial problems, you can expect them to disappear once your annual new moon dawns mid-month.

Tuesday 12 January

SKY PREMIER
PREMIUM CHANNEL

6.00am Race for Your Life, Charlie Brown
1977, rating Sky U, 73 mins
8.00 Old Yeller
1957, rating Sky PG, 80 mins
10.00 Star Trek III: The Search for Spock
1984, rating Sky PG, 101 mins
12noon The Directors: The Films of Norman Jewison
1.00pm Hollywood Buzz
2.00 Race for Your Life, Charlie Brown
Voices of Duncan Watson, Gail Davis, Greg Felton
Animated *Peanuts* comedy in which Charlie Brown and the gang find themselves suffering in a summer camp. *1977, rating Sky U, 73 mins*

4.00 Old Yeller
Dorothy McGuire, Fess Parker, Tommy Kirk, Jeff York, Chuck Connors, Beverly Washburn
Moving family drama about a young boy who reluctantly adopts a stray yellow mongrel, Old Yeller. But through a series of scrapes and adventures the boy and the dog become best friends. *1957, rating Sky PG, 80 mins*

6.00 Star Trek III: The Search for Spock
William Shatner, Leonard Nimoy, James Doohan, DeForest Kelley, Nichelle Nichols
Sci-fi adventure in which the crew of the *Starship Enterprise* sets out to find their vulcan friend, Mr Spock, who was presumed dead at the end of the last *Star Trek* installment. *1984, rating Sky PG, 101 mins*

8.00 The Arrival
Charlie Sheen, Ron Silver
Sci-fi thriller in which a radio astronomer strives to convince the authorities of an imminent alien attack. Zane Zaminski's discovery is deemed worthless by his boss, his research division is closed down due to government cutbacks and he is given the sack. Text *1996, rating Sky 12, 110 mins*

10.00 Broken Arrow
John Travolta, Christian Slater
Thriller in which a young military pilot must pitch his wits against his mentor when he steals two nuclear weapons.

Text **Last Play** *1996, rating Sky 15, 104 mins*
11.50 Primal Fear
Richard Gere, Laura Linney
Courtroom thriller. Text *1996, rating Sky 18, 125 mins*

2.00am Destiny Turns on the Radio
James LeGros, Nancy Travis
1995, rating Sky 15, 98 mins
3.45-5.15am The Glass Cage
Eric Roberts, Charlotte Lewis
1996, rating Sky 18, 91 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.10am American Hot Wax
Tim McIntire, Fran Drescher
1978, rating Sky PG, 87 mins
9.00 To Brave Alaska
Alyssa Milano, Cameron Bancroft
Adventure. Text *1996, rating Sky PG, 90 mins*
11.00 Shootdown
Molly Hagan, Angela Lansbury
1988, rating Sky PG, 93 mins
1.00pm American Hot Wax
1978, rating Sky PG, 87 mins

3.00 Time to Say Goodbye
Eva Marie Saint, Richard Kiley, Margaret Colin, Rick Roberts
Drama. A loving family is torn apart by a father's terminal illness. Dr Gerry Klooster has no intention of prolonging his suffering after his diagnosis, so he tells his wife Ruth that he wants her to help him commit suicide. *1997, rating Sky PG, 87 mins*

5.00 Shootdown
Angela Lansbury, George Coe
Drama based on the shooting down of a Korean Air Lines Boeing 747 over the former Soviet Union in 1983, in which more than 400 people were killed. Nan Moore, the mother of one of the victims on the aircraft, tries to find the truth behind the outrageous tragedy. *1988, rating Sky PG, 93 min*

7.00 To Brave Alaska
Alyssa Milano, Cameron Bancroft, Paul Dignard
Adventure. A young couple believe they have struck it lucky when entrepreneur Wylie Bennett sponsors them to investigate an old and secluded Alaskan gold mine. However, they are soon left fighting for their lives. Text *1996, rating Sky PG, 90 mins*

9.00 Second Chance
Lindsay Wagner, Perry King, Tracy Griffith
PREMIERE Drama. Two college students are reunited by the child they gave up for adoption 28 years ago *1997, rating Sky PG, 91 mins*

11.00 The Killing Ground
PREMIERE Thriller about a couple who embark on a hiking holiday in an attempt to save their marriage. *1979, rating Sky 18, 93 mins*
12.35am Poison Ivy: The New Seduction PREMIERE
1997, rating Sky 18, 90 mins 1997
2.10 Call Me
1998, rating Sky 18, 90 mins
3.45 Patty Hearst
1988, rating Sky 18, 100 mins
5.30-7.00am Time to Say Goodbye
1997, rating Sky PG, 87 mins

John Travolta and Christian Slater star in 'Broken Arrow'. Sky Premier 10.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm Dragnet
Jack Webb, Ben Alexander, Richard Boone, Stacy Harris, J
Big-screen spin-off from the popular television series. Two homicide detectives investigate the brutal murder of an undercover police-woman, which leads them into a deceptive and intriguing web of deceit. *1954, rating Sky PG, 85 mins*

6.00 The Great Lover
Bob Hope, Rhonda Fleming, Roland Young, Roland Culver
Comedy. An inept boy scout leader takes his charges on an ocean liner trip and falls in love with a beautiful duchess. But he soon realises there's a murderer on board who wants to pursue him and spoil his cosy holiday. *1949, rating Sky PG, 77 mins*

8.00 Three Hours to Kill
Dana Andrews, Donna Reed, Dianne Foster, Stephen Elliott, Richard Webb, Carolyn Jones
Western drama about a stagecoach driver who is unjustly accused of murdering his fiancée's brother. In a race against time – and the law – the falsely accused man sets out to track down the real killer. *1954, rating Sky 12, 77 mins*

10.00 Beyond the Law
Documentary series celebrating 100 years of American cinema.
10.55 The French Connection
Gene Hackman, Fernando Rey, Roy Scheider, Tony Lo Bianco
Oscar-winning thriller. Popeye Doyle is a New York detective who single-handedly takes on an illicit drugs operation. *1971, rating Sky 18, 99 mins*

12.40am The Legend of Hell House
Peter Bowles, Roland Culver
1973, rating Sky 15, 90 mins
2.15 Beyond the Clouds
John Malkovich, Ines Sastre
1995, rating Sky 18, 105 mins
4.00-5.15am The Black Room
1935, rating Sky PG, 65 mins

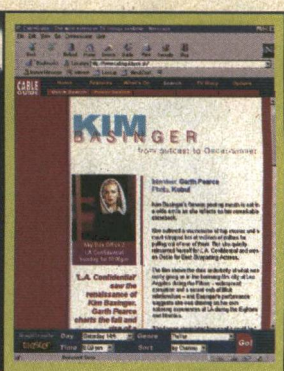
MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Scaramouche
Stewart Granger, Eleanor Parker, Janet Leigh
Swashbuckling adventure set in 18th-century France. A young nobleman disguises himself as an actor to avenge the death of his close friend at the hands of the wicked Marquis de Maynes. This adventure features one of the longest swordfights in cinema history. *1952, 110 mins*

11.15 The Night of the Iguana
Richard Burton, Deborah Kerr
Drama, adapted from Tennessee Williams's play, about a defrocked priest who turns tour guide in Mexico. *1964, 118 mins*
1.30am Honky Tonk
Clark Gable, Lana Turner
Romantic Western.
1941, 106 mins
3.30-5.00am The Naked Spur
James Stewart, Robert Ryan
Frontier Western. *1953, 91 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Pickup on South Street
Richard Widmark, Jean Peters
Sam Fuller's thriller about a tough pickpocket who accidentally becomes embroiled in a Cold War plot when he steals a wallet from a young woman. *1953, 81 mins*
7.30 Forty Guns
Barbara Stanwyck, Barry Sullivan, Dean Jagger
Sam Fuller's seminal Western about a female ranch owner and the posse of men who arrive to bring law and order to a town, who challenge the authority of her 40 hired guns. *1957, 80 mins*
9.00 The Typewriter, the Rifle and the Movie Camera
Powerful documentry about writer, producer and director Sam Fuller. *1995, 52 mins*
10.00 The Naked Kiss
Constance Towers
Dark tale about a prostitute's attempt to make a new start. Kelly moves to a small town and becomes a nurse, but when she kills a child molester in the heat of the moment, her past catches up with her. *1964, 87 mins*
11.30 Fixed Bayonets
Richard Basehart, Gene Evans
Drama about the Korean War. *1951, 92 mins*
1.05am Pierrot-le-Fou
Jean-Paul Belmondo
1965, 105 mins
2.50 Cal
John Lynch, Helen Mirren
1984, 99 mins
4.30-6.00am L'Atalante
1934, 86 mins

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
VOLCANO
Disaster movie in which LA finds itself sitting atop an erupting volcano. Stars Tommy Lee Jones and Anne Heche. *1997, rating Sky 12, 100 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
EXCESS BAGGAGE
Quirky comedy about a teenage heiress who fakes her own kidnapping. Stars Alicia Silverstone. *1997, rating Sky 12, 97 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
GEORGE OF THE JUNGLE
Chaotic comedy starring Brendan Fraser and Leslie Mann. *1997, rating Sky U, 87 mins*
PLAYS AT 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed science fiction movie with spectacular effects. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
CRASH
Infamous David Cronenberg film based on a novel by JG Ballard. Stars James Spader and Deborah Kara Unger. *1996, rating Sky 18, 97 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Tuesday 12 January

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You
1.30 Jeopardy
2.00 Sally Jessy Raphael
I'll Do Anything to Look Beautiful

3.00 Jenny Jones
You're Dressing Too Wild for a Woman with Child
Women are requested by their friends to tone down their look now they're pregnant.
4.00 Guilty!
The courtroom is in session and Carole Malone is ready to pass sentence – from the light-hearted to the heavy-handed, depending on the accused's level of guilt.
5.00 Star Trek: Deep Space Nine
Nor the Battle to the Strong
Trapped on a planet under Klingon attack, Jake Sisko panics in the heat of battle. Text
6.00 Married... With Children
A Bundy Thanksgiving
An untimely death threatens Al's Thanksgiving tradition. Text
6.30 Dream Team
7.00 The Simpsons
This Little Wiggy Text
7.30 The Simpsons
The Homer They Fall
Homer becomes a professional boxer. Text
8.00 Rescue Medics
Real-life documentary series taking a look at the work of the emergency services.
8.30 Coppers
Fly-on-the-wall documentary.
9.00 World's Wildest Police Videos
This series spans the world to provide a look at the heart-pounding work of the law enforcement officers.
10.00 Greece Uncovered
Ex-Watford, Villa and Derby football player Nigel Callaghan talks about his life in Corfu, and boat owner Tony tries to drum-up trade for his boozy cruises.
11.00 Dream Team
11.30 Star Trek: Deep Space Nine
Nor the Battle to the Strong
Jake Sisko panics in the heat of battle. Text
12.30am Highlander: The Series
Epitaph for Tommy
Tommy is an innocent bystander who is accidentally killed during a sword fight between MacLeod and Gallen. Haunted by the death, MacLeod tries to learn more about the dead man.
1.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Angels
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Old Fools

3.25 The Bill
Auld Lang Syne
A man is found nursing a broken ankle in suspicious circumstances.
3.55 EastEnders
More drama and gossip from the local residents of Albert Square.
4.30 Angels
Medical soap set in St Angela's Hospital. Stars Fiona Fullerton and Faith Brook.
5.00 All Creatures Great and Small
Tricks of the Trade
James and Tristan lack the magic touch when it comes to treating an awkward colt.
6.00 Dynasty
Blake tells Krystle that he wants a child, and Steven has to put up with taunting about his homosexuality. With John Forsythe and Linda Evans.
7.00 May to December
Romantic sitcom about the love between a young woman and a fifty-something man.
7.40 It Ain't Half Hot, Mum
The Dhobi Wallahs
The concert party members are captured by the Japanese and ordered to become saboteurs.
8.20 Yes, Minister
Jobs for the Boys
9.00 Red Dwarf IV
White Hole
Will Rimmer sacrifice his life to save the others from a White Hole?
9.40 This Life
Secrets and Wives
Miles becomes increasingly attracted to Anna on his stag night.
10.30 NYPD Blue
Good Time Charlie
Andy gets drunk after attending Sylvia's father's birthday party.
11.35 The Bill
Old Fools
Greig enlists the help of two OAP's to trap a team of burglars.
12.05am The Bill
Auld Lang Syne
12.35 Spender
At the End of the Day
1.35 Ivanhoe
2.30-3.00am Live at Jongleurs

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
2.10 LA Law
American drama series.

3.10 Living Room
Jayne Irving and Amanda Cross host an upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.
4.00 Michael Cole
Look What I've Done to My Body
No-holds-barred talk show.
4.50 Rolonda
Twins with a Twist
Audience participation talk show from America, hosted by Rolonda Watts.
5.40 Ready, Steady, Cook
The cookery show in which two top chefs have to create exciting new recipes .
6.15 The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in lively, and sometimes heated, discussion.
7.05 Rescue 911
Real-life rescues by American emergency services. Hosted by William Shatner.
7.35 Animal Rescue
More vetinary call-outs.
8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.
9.00 Liz – The Elizabeth Taylor Story
Second in a two-part mini-series telling the story of Hollywood star Elizabeth Taylor, from her childhood through to her whirlwind romances and many marriages. Starring Sherilyn Fenn, William McNamara, Nigel Havers, Katherine Helmond and Angus MacFadyen.

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 The Fenn Street Gang 8.00 That's My Boy 8.30 Second Thoughts 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Watching 2.00 thirtysomething

3.00 The Love Boat
The Understudy
A seemingly forthright young lady signs up as Julie's deputy, and a married couple have fun pretending they're strangers.
4.00 The Saint
The Gadic Collection
Turkish Delight has a bitter taste for the Saint when he finds a lovely girl involved in an astutely planned museum robbery.
5.00 Hawaii Five-0
Bomb, Bomb, Who's Got the Bomb?
The state senate crime committee chairman's life is in danger and McGarrett must get to him first.
6.00 Emmerdale
The Woolpack's grand reopening is a barrel of fun, but not for the celebrity guest.
6.30 Classic Coronation Street
7.00 Mission: Impossible
The Seal
The IMF uses a trained cat to recover the seal of Kuala Rokat, a priceless jade figure on a golden rope. With Peter Graves.
8.00 The Love Boat
The Understudy
A seemingly forthright young lady signs up as Julie's deputy and a married couple pretend they don't know each other.
9.00 Classic Coronation Street
9.30 The Brian Conley Show
10.00 Jokers Wild
10.30-11.00 Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Jo Guest's Private Parts
Late-night series.
11.30 Real Sex
A candid look at sexuality in today's society.
12midnight Talking Dirty
Celebrities tell their most intimate thoughts and actions.
12.20am One Night Stand
Stand-up comedians.
12.30 Centrefolds
1.00 Noddy's Electric Ladyland
Eccentric pop quiz.
1.30-2.00am Battling Babes

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi 7.00 Toons 7.10 Aladdin 7.35 Dalmatians 8.00 Goof 8.25 Toons 8.45 Winnie 9.00 Spot 9.05 Animal 9.15 Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite 10.10 Tots 10.30 Garage 10.45 PB & J 11.00 Sesame 12noon Spot 12.05pm Animal 12.15 Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite 1.15 Tots 1.30 Garage 1.45 PB & J 2.00 Quack 2.30 Winnie the Pooh

3.00 The Little Mermaid
The charming undersea adventures of the beautiful mermaid Ariel. Text
3.30 Art Attack
Award-winning art show. Text
4.00 101 Dalmatians
Animated series based on the classic canine story. Text
4.30 Hercules: The TV Show
Animated adventures.
5.00 Recess
Animated series. Text
5.15 Pepper Ann
5.30 Smart Guy
TJ is unpopular again for being too clever for his own good. Text
6.00 Teen Angel
Who's the Boss
Marty gets an earthly visit. Text
6.30 Boy Meets World
Boy Meets Real World
Cory shoots a documentary. Text
7.00 Honey, I Shrunk the Kids
Honey, You Drained My Brain
Wayne uses the 'Thinky-Ring' on Dianne. Text
7.50 Classic Toons
8.00 FILM: My Date with the President's Daughter
Will Friedle
The President's 14-year-old daughter finds the White House claustrophobic – she wants to be a normal teenager. So when a boy asks her out, she decides to escape. *1997* Text
9.30 Home Improvement
Starring Tim Allen.

10.00 Dinosaurs Text
10.30 The Wonder Years Text
11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

TUESDAY CONTINUES OVERLEAF...

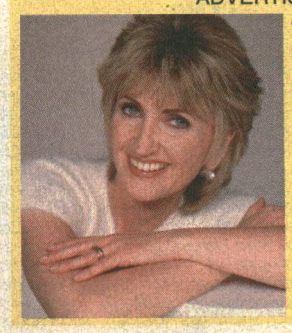
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
The Arrival
Sky Premier 8.00pm
A sci-fi thriller in which radio astronomer Charlie Sheen battles to convince the authorities of an imminent alien attack. Charlie has heard an extra-terrestrial signal, but its discovery is deemed worthless by his boss so he decides to go it alone.

GENERAL
The Love Boat
Granada Plus 3.00pm, 8.00pm
One of the most sickeningly watchable feel-good series ever made. The luxurious *Pacific Princess* just can't help bringing lovers together and those lucky cruisers have included many celebrities including Tom Hanks, George Hamilton, Ethel Merman and Ginger Rogers.

ADVERTISEMENT



THE LIVING ROOM 3.10PM

Jayne Irving and Amanda Cross invite you into their *Living Room* this afternoon, as they welcome celebrity guests for coffee and reveal real-life stories. Plus there's expert advice, best buys, cookery, film reviews and parenting advice.

Tuesday 12 January

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM MORNING

7.30am Rally
8.00 Cross-Country Skiing – LIVE
9.00 Alpine Skiing – LIVE
9.45 Cross-Country Skiing – LIVE
11.15 Rally
11.45 Alpine Skiing
12noon Alpine Skiing – LIVE
12.45pm Football
2.15 Cross-Country Skiing
Highlights from the World Cup in Nove Mesto, Czech Republic.

4.00 PM

4.00 Alpine Skiing
Highlights from the Giant Slalom event at the Men's World Cup in Adelboden, Switzerland.

5.00 PM

5.00 Snowboard
Coverage of the Women's Giant Slalom event at the World Championships in Berchtesgaden, Germany.

6.00 PM

6.00 Football
Eurogoals.
Magazine featuring the best goals scored across the continent.

7.00 PM

7.30 Boxing – LIVE
An international bout from the ring.

9.00 PM

9.30 Rally
Highlights from the 11th stage of the Total Granada Dakar 99 rally.

10.00 PM

10.00 Football
European Championship Legends
Classic football moments.

11.00 PM

11.00 Strongest Man
Action from America's 1998 Full Strength Challenge in Las Vegas.

12.00 NIGHT TIME

12midnight-12.30am Rally
Coverage from the Total Granada Dakar 99 rally.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sports Centre 7.15 V-Max 7.45 H_2O 8.15 Sports Centre 8.30 Racing News 9.00 Aerobics Early-morning workout. **9.30 You're On Sky Sports! 10.00 Football League Review 11.00 Triathlon – 98 World Cup Event 12noon Aerobics 12.30pm Ford Monday Night Football: Football Special 2.00 Spanish Football** Action from the Primera Liga, which is considered to be one of the toughest leagues in the world and attracts some of the sport's top stars.

4.00 Totalsport
Extreme sporting action from around the globe.
4.30 World Windsurfing
Action on the waves.

5.00 World Wrestling Federation – Live Wire
Michael Cole presents coverage of bouts featuring flamboyant stars.

6.00 Sky Sports Centre
Sports news.
6.30 Inside Scottish Football
Go behind the scenes of football north of the border with all the views from the Scottish Premier Division.
7.30 Fastrax
The lives of competitors in the fast lane.

8.00 Greyhounds – LIVE
Coverage from the track, where lightning fast greyhounds race to catch the rabbit in the latest meeting.

10.00 Sky Sports Centre
10.15 You're On Sky Sports!
10.45 Inside Scottish Football
An insight into the movers and shakers of football north of the border.
11.45 Sky Sports Centre
Sports news service.
12midnight You're On Sky Sports!
12.30am Badminton: Copenhagen Masters
Coverage of the Copenhagen Masters, the prestigious event held at the famous Circus Building.
2.30-2.45am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 World Windsurfing 8.45 Sky Sports Centre 9.00 Fish TV: Tony Dean Outdoors 9.30 Fish TV: Gone Fishing 10.00 World Motor Sport 1.00pm Max Power 2.00 Rafting: White Water World Championships

3.00 World Motor Sport
An essential guide to who is racing where, when and how. From a comprehensive roundup of the biggest and most exciting meetings, to a preview of the major events in store, this programme has the lot.

6.00 Sports Unlimited
A focus on those sports that never seem to make it into the public eye, such as mountain biking and skating.

7.00 Triathlon – 98 World Cup
The 1998 Triathlon World Cup competition consists of cycling, track and swimming events.

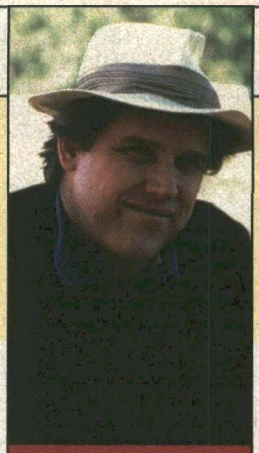
8.00 Badminton: Copenhagen Masters
Coverage of the Copenhagen Masters, the prestigious badminton event held at the famous Circus Building. Competition is sure to be fierce with some of the top Danish players taking part, while Indonesia also field a strong team.

10.00 Fastrax
The lives of competitors in the fast lane.
10.30 Rafting: White Water World Championships
Action from some of the fastest rivers in the world.
11.30 Figure Skating: Kerry Lotion Skating Classic
Coverage from the Ocean Center in Daytona Beach, Florida.
1.30am Sky Sports Centre
1.45 Fastrax
2.15 Sports Unlimited
3.15 Sky Sports Centre
3.30-6.00am International Cricket: Sri Lanka v Australia – LIVE

SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Live Wire
Michael Cole presents action from the ring.
1.00pm Fish TV: Tony Dean Outdoors
1.30 Fish TV: Gone Fishing
2.00 Golden Age of Racing: A to Z of Motorsport
Footage from the archives.
2.30 Dickie Davies' Sporting Heroes: Sir Tom Finney
Dickie Davies is joined by former Preston and England legend Sir Tom Finney.
3.30 Totalsport
A focus on the biggest issues facing world sport.
4.00 Ford Monday Night Football: Football Special
The best of the action from the Premiership. Presented by Richard Keys with commentary from Alan Parry and Trevor Francis.
5.30 Fastrax
High-speed action.

6.00 Rafting: White Water World Championships
A white knuckle ride along some of the fastest rivers in the world.
7.00 Fish TV: Ultimate Fishing Show
7.30 Fish TV: Fishing Tales
With Mike Sakamoto.
8.00 Figure Skating: Keri Lotion Skating Classic
A selection of top US and international stars team up for this figure skating event at the Ocean Center in Daytona Beach, Florida. The competition is headlined by last year's world champion Michelle Kwan.
10.00 Superbouts: Franklin v Johnson
A chance to catch classic fighting action from 1979 with this super bout.
11.00-11.30pm Olympic Series: Road to Nagano
Olympic action featuring moments that epitomise the spirit of the games.



Gary Busey braces himself for the werewolf in 'Stephen King's Silver Bullet'. Sci-Fi 10.00pm

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15 Megastore Megabuys
6.30 Junior Masterfan
Fast-paced quiz show.
7.00 Red Hot News
All the latest developments from Old Trafford.
7.30 Wild About United
Views from United fans.
8.00 Super Match – Reserve Match
Reserve team action from the men hoping to break into Alex Ferguson's all-star side.

10.00 Talk of the Devils
What's being said about one of the world's top clubs.
10.45 Man U Menu
Old Trafford cuisine.
11.15 The Insiders
The Reds' unsung heroes.
11.30-12midnight Red Hot News
All the latest developments from Old Trafford.

SCI-FI
ACTION PACK

7.30am Bloomberg 8.00 Sightings 9.00 Buck Rogers 10.00 Quantum Leap 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon Twilight Zone 12.30pm Twilight Zone 1.00 Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Buck Rogers in the 25th Century
A Blast for Buck
A villain from Buck's past is threatening earth with a sinister device.
4.00 The Incredible Hulk
Of Guilt, Models and Murder
David emerges from a blackout at a murder scene.
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. Presented by Tim White.
6.00 Time Trax
Hand Cool Darien
Darien infiltrates a prison camp run by a sadistic criminal from the future, Xavier Drake.
7.00 Quantum Leap
Sam leaps to Christmas Eve 1962 and teams up with Al to act as a modern-day ghost of Marley to a millionaire's Scrooge.
8.00 V
Liberation Day
Evil Diana, about to stand trial for crimes against the human race, is kidnapped by a corporate magnate.
9.00 Lexx
Terminal
The crew of the *Lexx* continues its exploration of the Dark Zone.
10.00 FILM: Stephen King's Silver Bullet
Gary Busey, Corey Haim
Adapted from Stephen King's novel *Cycle of the Werewolf*, about a town whose inhabitants are being brutally murdered. It finally dawns on the townsfolk that the culprit is a werewolf. *1985*
11.50 Sci-Focus
12midnight Dark Skies
The Last Wave
Science-fiction thriller series.
1.00am FILM: Fear No Evil
Stefan Amgrim
Demonic horror. *1981*
2.50 Sci-Focus
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Heartwarming and hair-raising true stories, with Trisha Goddard.
4.50 Trailblaze
Travel show that goes off the beaten track.
5.00 Gladiators
More contenders do battle with the Gladiators
6.00 Bedrock
Magazine programme with celebrity guests, music and a daily Battle of the Sexes.

7.00 Trevor McDonald Meets...
The popular newscaster talks to a celebrity guest.
7.30 Dealer's Choice
An offbeat look at the art of buying a used car, with expert advice from Honest John and Mike Rutherford.
8.00 Soap Fever
Live magazine show devoted to the worship of soaps, featuring celebrity guests. Presented by Liza Tarbuck.

9.00 New Jerry Springer
Outrageous American talk show featuring heated discussions and revelations.
10.00 Emmerdale
Catch up with the latest happenings in the Yorkshire Dales village.
10.30 London's Burning
Drama series about the hectic lives of the Blue Watch firefighting team at the Blackwall fire station.
11.30pm-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Adult Feature 12.20 Adult Feature 12.45 FILM: Helen & Louise 1.00 Free View 1.05 FILM continues 2.00 Extreme Close-Up 2.25 FILM: Bite the Big Apple 3.40 Sex Olympics 4.10-5.30am FILM: Treasure Hunt

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Frisky Hot Fräuleins 12.25 New Model File 12.50 Neil Down – Sex Therapist 1.20 FILM: Mutual Consent *Juli Ashton, Marilyn Martyn* Erotic feature.
2.35-4.00am Sexual Escape Erotic feature.

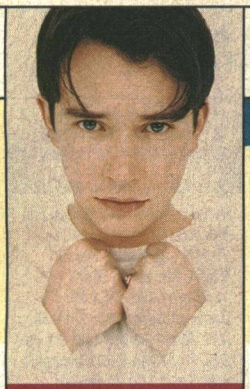
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Sacred Hearts
Kelly Fritz, Doug Hubbell
Family drama.
9.30 Horse with Stripes
Comedy series.
10.00 FILM: Pure
Mike Dytri, Ferris George
Drama.
11.45-12midnight Interludes – Sisters

Tuesday 12 January



Spend the day with Stephen Gately and the gang on 'Boyzone Day'. MTV from 7.30am

CHALLENGE TV
MUSIC & GAMES PACK

5.00
The Games Room
5.15 Crosswits
Cryptic crossword conundrums as Tom O'Connor poses the clues.
6.00 Family Fortunes
Two families play against each other in this big money gameshow.
6.45 Catchphrase
Roy Walker hosts the hi-tech gameshow with huge cash prizes.
7.25 100 Per Cent
Three contestants face 100 testing questions.
7.55
The Crystal Maze
Contestants tackle a series of ingenious games and fiendish challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00
The Games Room
9.15 Strike it Lucky
Michael Barrymore hosts the fast-action game show with big prizes.
10.00 Candid Camera
More funny snap shots.
10.30 Don't Feed the Gondolas
Celebrity quiz show hosted by Sean Moncrieff.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British public to reveal their secrets.
12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Detector 9.00 Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
More advice for troubled souls.
3.30 Lie Detector
Examining deception using modern methods.
4.00
Indecent Proposals
More cash for lunacy.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
More advice for troubled souls.
5.30 The Why Files
Psychics search for the weird and wonderful.
6.00
The Fashion Show
The latest update on the catwalk.
6.30
Indecent Proposals
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
More advice for troubled souls.
8.00 The Why Files
Psychic investigators look for the weird and wonderful.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Bangers and Smash
Stock car racing presented by Louise Brady.
9.57 Topless Darts
More shapely throwing.
10.00
Hollywood Uncovered
A behind the scenes look at the multi-million dollar skin flick industry.
10.30 Exotica Erotica
11.30 Blue Review
11.45 Janeycam
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 PleasureDome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food for Thought 10.00 Green Gourmet 10.30 Worrall Thompson Cooks 11.00 What's Cooking? 11.30 Kitchen College 12noon Network 12.30pm Surprise Chefs 1.00 Thought 1.30 Modern British 2.00 Chez Bruno 2.30 Food Network 3.00 Winter Nosh 3.30 Coxon's Kitchen 4.00 Rustie's Real Cooks
Rustie Lee cooks up a treat.
4.30-5.00pm
Turner's Tour of Hong Kong

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Gridlock
Simon Biagi hosts this fast-paced gameshow.
6.00 London Bridge
Isobel tells Cliff that she wants a divorce from Nick.
6.30 Rising Damp
Suddenly at Home With Leonard Rossiter.
7.00 Boon
Love Letters from a Dead Man
Ken investigates how a dead man can be sending letters from beyond the grave.
8.00 Motorway
Documentary series capturing life in the fast lane.
8.30 Real Life Stories
Car Boot Sales
9.00 The Upper Hand
Just like Charlie
9.30 Flying Start
Emma B present the travel game show that picks people off the streets.
10.00 Frank Stubbs Promotes
Wheels
Frank plans a kit-car promotion using his sulky niece to pull in the punters.
11.00 Hill Street Blues
Influential Eighties US police drama series set in a tough urban area, with human-interest storylines. With Daniel J Travanti.
12midnight Rising Damp
Suddenly at Home
Rigsby pins his hopes on receiving the kiss of life.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow in which three contestants battle it out.

ANIMAL PLANET
WORLD PACK

12noon Going Wild with Jeff Corwin: Baja 12.30pm Wild at Heart 1.00 Nature Watch with Julian Pettifer 1.30 Australia Wild 2.00 Breed All About it
Great Swiss Mountain Dog
2.30 Human/Nature
Reporters travel the world charting man's relationships with animals and elements.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania. Harry also pays some surprise house calls.
4.00 Jack Hanna's Zoo Life
Riverbanks Zoo
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
With Wendy Turner and Mark Evans
5.30 Australia Wild
Clash of the Carnivores
Documentary series.
6.00 The New Adventures of Black Beauty
6.30 Lassie
Timmy Falls in a Hole
Stars Robert Bray.
7.00 Rediscovery of the World: Cape Horn
Waters of the Wind
Explorer Jacques Cousteau's global voyage of discovery continues.
8.00 Animal Doctor
Following animal doctors from the RSPCA.
8.30 Totally Australia: Resourceful Rainforest
Exploring the flora and fauna that grow in high temperate areas.
9.30 Emergency Vets
Stories from Alameda East Vet Hospital in Denver.
10.00 The Last Paradises: Torres Del Paine
Exploring Chile.
10.30
Animal Detectives
11.00 All-Bird TV
The relationship and interaction between humans and birds.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.30 Esther 10.00 Airport 10.30 Situation Vacant 11.15 The Lady Killers 12noon Tomorrow's World Plus 1.00pm Crime Limited 1.30 The Great Egg Race 2.00 The Day That Changed My Life 2.30 999 Lifesavers

3.00 Animal Hospital
Presented by Rolf Harris and Steve Knight.
3.30 The Marriage – For Better, For Worse?

4.30 Esther
Hooked on Danger
Esther Rantzen meets people who get a buzz out of dangerous sports.
5.00 The Cruise
Break a Leg
5.30 Future Fantastic
Gillian Anderson, star of *The X-Files*, presents a glimpse into the future.
6.00
Decisive Weapons
Lock, Stock and Barrel
6.30
Decisive Weapons
T34 - the Queen of Tanks
7.00 The I-Bomb
Will the definition of war be changed by the technological advances that are transforming the way we make money?
8.00 Wolves in White
Narrated by David Attenborough.
8.30 The Velvet Claw
Tough at the Top
Series about carnivores.
9.00
Roman Army at War
A chapter in Roman military history as revealed by images carved into Trajan's Column.
10.00 Airport
Behind the scenes at the busiest international airport, Heathrow, focusing on the people who rely on it for a living.
10.30 Hollywood Kids
Life as a child star in Tinseltown.
11.30
Jeremy Clarkson's Motorworld
12midnight
The Power and the Glory
Forests Deep, Mountains High
12.30am-1.00am
Crime Limited
Presented by Nick Ross.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 Gorgeous Gardens 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Beautiful Home Show 11.30 The Zest Beauty Show 12noon Natural Health 12.30pm The Psychic Zone 1.00 Livetime 2.00 The View

3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00 The Good Housekeeping Show
4.30 The Zest Beauty Show
With Julia Carling and expert Eve Cameron.
5.00-6.00pm
Sally Jessy Raphael
Couples on the Verge of Divorce
American talk show.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Veterinarians and Hospitals
The vets who save the lives of wild animals.
7.30
Civil War Games
8.00 The Rhino War
A close-up look at Africa's desperate battle to save one of the world's oldest surviving land mammals from extinction.
9.00 Natural Born Killers: On the Edge of Extinction
This film takes a look at the elephant, one of nature's noblest beasts.
10.00
Inside NFL Films: The Idolmakers
A team of intrepid film-makers have been granted access to the NFL.
11.00
On the Edge: Into the Arctic Unknown
The courageous story of the men who crossed the ice towards Siberia.
12midnight-1.00am
The Shark Files: Operation Shark Attack
Famed underwater film-makers Ron and Val Taylor offer themselves as shark bait to study the feared predators' feeding habits.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Kickstart 7.30 Essential Boyzone 8.00 Kickstart 9.00 Mad for Hits 12noon 3 from 1: Boyzone 2.00pm Hit List UK 3.00pm Bytesize MTV 3.30 MTV Live: Boyzone 4.00 Select MTV 6.00 Essential Boyzone 6.30 Collexion Boyzone: A Different Beat
The boys run through their latest album.
7.00 Non-Stop Hits
8.00 US Top 20
US countdown with some of the latest and greatest videos
9.00 Bytesize MTV
10.00 MTV Live Boyzone
10.30 Essential Boyzone
The top videos from the Irish lads.
11.00
Non-Stop Hits – Boyzone Special
12midnight
Alternative Nation
2.00am MTV Live Boyzone
Great live footage of the boys.
2.30 Essential Boyzone
3.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Mike Stock 1.00pm Greatest Hits of... Take That 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Toyah Willcox 7.00 VH1 Hits 9.00 Bob Mills' Big 80s 10.00 Behind the Music - Blondie 11.00 VH1 Spice 12midnight The Doors Special - a Tribute to Jim Morrison 1.00am Jobson's Choice 2.00-6.00 VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Great Escape 12.30pm Earthwalkers 1.00 Travel 1.30 Far Flung Floyd 2.00 Flavours 2.30 Adventure 3.00 Great Splendours 4.00 Go Portugal 4.30 Fork in the Road 5.00 Reel World 5.30 Indonesia 6.00 Far Flung Floyd 6.30 On Tour 7.00 Great Escape 7.30 Earthwalkers 8.00 Holiday Maker 8.30 Go Portugal 9.00 Great Splendours 10.00 Adventure 10.30 A Fork in the Road 11.00 On Tour 11.30-12midnight Thousand Faces of Indonesia

UK STYLE
LIFESTYLE PACK

7.00am Heaven in your Hands 7.30 House in France 8.00 Style Challenge 8.30 All Over the Shop 9.00 Celebrity Ready, Steady, Cook 9.30 Change That 10.00 Holiday in Style 11.00 Delia Smith's Winter Collection 11.30 Home Front 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Celebrity Ready, Steady, Cook 2.00 Looking Good 2.30 Peter Seabrook's Gardening Week 3.00 Growing Places 3.30 Wonder Women 4.00 Waterlines 4.30 Does Your Garden Grow? 5.30 All Over the Shop 6.00 The Big Catch 6.30 Can Ski ... Will Ski! 7.00 Holiday in Style 8.00 Style Challenge 8.30 Change That 9.00 Looking Good 9.30 Ready, Steady, Cook 10.00 The House Doctor 10.30 Real Rooms 11.00 How Does Your Garden Grow? 12midnight Ground Force 12.30am-1.00am Travel Show Guides

Tuesday 12 January

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 Painted 8.00 Wedding 8.30 Baby Story 9.00 Painting 9.30 Garden Rescue 10.00 Garden Doctors 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt 12noon Australia's Strangest Home Improvements 12.30pm Doing it Up 1.00 Our House 1.30 Hometime 2.00 Wood Wizard 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
Rex fly-fishes for bream.
4.30 Walker's World
Ecuador and the Galapagos Islands
5.00 Flightline
Topical aviation magazine.
5.30 History's Turning Points
The Conquest of Spain
Documentary series.
6.00 Animal Doctor
Follow animal doctors from the RSPCA.
6.30 Hunters
The Dangerous Sea
Predators and prey, on land and in the sea, compete for superiority using deadly weapons and in defensive armaments.
7.30 Beyond 2000
Technical innovations.
8.00 Great Escapes
Trapped in Death Valley
8.30 The Death Zone
A man who has climbed Mount Everest and spent a night in the 'death zone'.
9.00 Trailblazers
United Arab Emirates
Richard Madden explores how the Emirates have changed since the advent of the oil economy.
10.00 Yukon Quest
NEW Exploring the area where temperatures drop as low as minus 122 degrees Fahrenheit and moose attacks are rife.
11.00
The U-Boat War
Brave crews manned the dedicated U-boat wolf packs that threatened Britain's supremacy.
12midnight Antarctica
1.00am
History's Turning Points
The Conquest of Spain
1.30-2.00am Flightline
Brendan O'Brien and Celia Kench present this topical aviation magazine show.

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Bill 6.00 Tidings 6.30 Tabaluga 7.00 Powerpuff Girls 7.30 Dexter's Laboratory 8.00 Sylvester and Tweety 8.30 Tom and Jerry 9.00 Flintstone Kids 9.30 Tidings 10.00 Magic Roundabout 10.15 Thomas 10.30 Fruitties 11.00 Tabaluga 11.30 Yo! 12noon Tom and Jerry 12.15pm Bugs and Daffy Show 12.30 Road Runner 12.45 Sylvester and Tweety 1.00 Popeye 1.30 The Flintstones 2.00 Jetsons 2.30 Droopy

3.00 Taz-Mania
More high speed mayhem from the Tasmanian Devil.
3.30 Scooby and Scrappy-Doo
Cartoon capers.
4.00 Powerpuff Girls
World beating girl power.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 I am Weasel
Fun with the rodent.
5.30 Cow and Chicken
More trouble with the mismatched siblings.
6.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Batman
The Caped Crusader takes on another one of Gotham City's charming villains
7.30 Mask
Based on the hit movie.
8.00 Scooby-Doo – Where are You?
8.30-9.00pm Beetlejuice
Crazy cartoon fun.

Bubbles, Blossom and Buttercup are 'The Powerpuff Girls'. Cartoon Network 7.00am, 4.00pm

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear 12noon Rugrats 12.30 Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Clangers 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
3.30 Pippi Longstocking
Animated adventures with the fun-loving schoolgirl.
4.00 Hey Arnold
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Fun with the terrible tots.
5.00 Sister Sister
More mayhem with twins Tia and Tamera.
5.30 Kenan & Kel
American teen comedy with the funky friends.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy following the life of a Beverly Hills teenager.
7.30 Desmond's
8.00 Roseanne
Everyone Comes to Jackie's
Darlene returns home after lying about David.
8.30 News Radio
Inappropriate
9.00 Cybill
Cybill Does Diary
Cybill writes a script for a pornographic film.
9.30 Vic Reeves Big Night Out
10.00 Frasier
Liar, Liar
Frasier tries to help an old high school acquaintance.
10.30 Cheers
The Motion Picture
11.00 Seinfeld
The Trip – Part II
Kramer is arrested.
11.30 The Larry Sanders Show
Larry Loses Interest
12midnight Late Night with David Letterman
Irreverent talk show.
1.00am Taxi
1.30 The Critic
2.00 Dr Katz
2.30 Soap
3.00 Tibs and Fibs
3.30-4.00am Nightstand

FOX KIDS
FAMILY PACK

6.00am Power Rangers 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 Incredible Hulk 10.15 Casper 10.30 Oggy 10.55 Mouse and Monster 11.05 Eek!Stravaganza 11.30 Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05
The Incredible Hulk
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
Cartoon capers.
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
Jungle adventures.
4.50 Home to Rent
5.00 Goosebumps
5.25 Eerie, Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55
Donkey Kong Country
6.25 Sam and Max
Detective antics.
6.50-7.00pm Eek!Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection!
6.30 Bargain Shop!
7.30 The Gold Collection
8.30 The Clothes Line
9.30 Junior Sports Store
10.00 Branded!
11.00 Home Style
12noon Switched On!
1.00pm Bargain Shop!
1.30 Shop Selection!
2.30 Good Hair Days
3.00 Sporting Brands
4.00 Jewellery Box
5.00 Shop Selection!
Special offers.
6.00 Spotlight on Sports
Premier League special.
7.00 On Screen
Playstation special.
8.00 Global Cuisine
Everything you need to create American-style food.
9.00 Home Style
Ideas for the living room.
10.00 Jewellery Box
Jewellery range.
11.00 Cook's Den
Kitchen essentials to make healthy eating simple.
12midnight Bargain Shop!
12.30am Shop Selection!
1.30 Spotlight on Sports
2.30 Do it Yourself!
3.00 Switched On !
4.00 Home Style
5.00-6.00am Beauty Secrets

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
Phil Pearce feels optimistic.
3.30-4.00pm
Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War
On Our Way
A look at the four years that Holland endured Nazi rule.
5.00 The Frigates
Looking at the most versatile warship in the age of sail.
6.00
The Great Empire – Rome
The Age of Emperors
7.00-8.00pm
The Odessa File
Looking at how some Nazi's built new lives after the war.

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon
Travels with Chuck Henry
12.30pm Getaway
1.00
Practical Guide to Europe
1.30 Islands in the Sun
2.00 Travel Tips
3.00 Around the World
3.30-4.00pm
Was it Good for You?
UK Special

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Beauty Workshop at 11.00am.

CABLE CHECK
Some of the channels listed may not be available in your area

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 9.30 The World Today 10.00 News 1.30pm UK Today 2.00 News 2.30 The World Today 3.00 News 4.00 Newsday 5.00 Newsday 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Correspondent 5.00-6.00am BBC News 24

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.00 This Morning 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American 11.30 Asia 12.30pm Fortune 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Beat 5.00 Larry King 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.15 American 4.30-5.00am Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 The Book Show 4.30 CBS Evening News 5.30-6.00am Showbiz Weekly

INTERNATIONAL

TV5 5.30am Télématin 7.00 TV5 Infos 7.05 Journal Télévisé de Radio Canada 7.30 Découverte 8.00 TV5 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé TV5 9.30 FILM: Zazie dans le Métro 11.00 TV5 Infos 11.05 Voilà Paris 11.30 Journal Télévisé France 3 12noon TV5 Infos 12.05pm Documentaire 1.00 Journal Télévisé TV5 1.30 Fiction: Zazie dans le Métro 3.00 Journal TV5 3.30 Bons Baisers d'Amérique 4.00 TV5 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal TV5 5.30 Fiction: Zazie dans le Métro 7.00 Journal Suisse 7.30 Journal de France Télévision 8.00 TV5 Infos 8.05 Temps Présent 9.00 Journal TV5 9.30 Fiction: Les Grandes Marées 11.00 Journal Télévisé Belge 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL
CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Kabhi Yeh Kabhi Woh 12.30pm Golmaal 1.00 Zameen Aasman 1.30 FILM 4.00 Akbar Birbal 4.30 Gaurav 5.00 Dooriyan 6.00 Eurospice 6.30 Fauji 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am Eurospice 1.00 FILM 4.00 Music Box 4.30 Kabhi Yeh Kabhi Woh 5.00 Dooriyan 6.00 Akbar Birbal 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Aap Ki Farmaish 6.30 Usha Uthap Show 7.00 Faith 7.30 Daily News 8.00 Out and About 8.30 Sailaab 9.00 Himalaya's Hasratein 10.00 Dhoop Mein Sawan 11.00 Khana Khazana 11.30 Parampara 12noon FILM: Dushmani Di Agg 3.00pm Zee Bangla 3.30 Cine Magic 4.00 Campus 4.30 Zee Top Ten 5.30 Aashirwad 6.00 1 to 10 6.30 Humm Tara Rum 7.00 Jee Sahab 7.30 Chalo Cinema 8.00 News Bulletin 8.30 Daraar 9.00 Zee Addicts 9.30 Zanjeeren 10.00 Hadd Kar Di 10.30 X-Zone 11.30 Yaadon Ke Rang 12midnight News Bulletin 12.30am Pakistan Business Week 1.00 Zee Bangla 1.30 Raahat 2.00 FILM: Anmol Mohabbat 4.30 Lolly-Pop 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Jack Van Impe Presents 5.30 Ashley McGuickan/Euro Spirit 6.00 Good News – Rick Renner 6.30 Changing Your World 7.00 Believers Voice of Victory 7.30 Kidz TV 7.45 This is Your Day – Benny Hinn 8.15 Good Morning Europe 8.30 Chronicles of Revival/ Steve Penny 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 Derek Prince – Church on the Way 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, every hour, plus: 2.45am Focus on Eastern Europe 3.45 Financial Goals 4.24 Sports 5.27 Weather 5.45am Financial Goals

BBC PARLIAMENT
NEWS & SPORT PACK
CABLE EXCLUSIVE

5.30am House of Lords 7.00 The Record 7.30 Lords 2.30pm House of Commons 11.00 The Record 11.30-12midnight European Focus

SCI-FI ZONE

YOUR GUIDE TO OUT-OF-THIS-WORLD SHOWS ON CABLE. WORDS: PATRICK HOLM

SOMEONE IS WATCHING

IMAGINE that every move you make is being scrutinised. Imagine that there is a camera checking up on you wherever you go. That there is someone out there who is quite content to manipulate you to see what you'd do if you are pushed into a corner.

That's what happens to Cade Foster (Sebastian Spence) at the start of the new sci-fi series *First Wave*. An alien race bent on conquest of Earth have landed surreptitiously and are finding out exactly what humankind is made of – what makes us fight, what levels of pain we can resist, what enticements we will fall for. Once they've got all this information, then they can invade in force, knowing exactly how to deal with us.

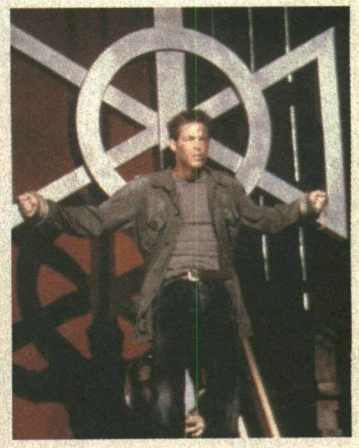
Cade is one of their targets. He's ruined financially, his credit cards are stopped, and then he's framed for the murder of his wife. However, when he learns of the aliens' plans, he becomes determined to stop them.

He's helped by two men, one living, one dead. The dead one is the prophet Nostradamus, who foretold the coming of 'three waves' of alien invasion in the 15th century, and prophesied that they could be stopped by one particular man – and Cade fits the bill. His living ally is Crazy Eddie (Rob LaBelle), a paranoid near-lunatic who is totally convinced that every conspiracy theory is true. When Cade comes to him, desperate for help, Eddie turns him away, seemingly unable to recognise the truth. Only when Eddie is attacked himself, because he has an item that the aliens desperately need back, does he start to believe Cade.

First Wave was created by Chris Brancato, who wrote the feature film *Species 2* last year, and contributed scripts to both *The X-Files* and *The Outer Limits*. Although it bears some similarities to the classic Sixties series *The Invaders*, with one man trying to stop an invasion only he knows about, on the basis of the early episodes, *First Wave* is one of the more intelligent pieces of science fiction currently in production.

Sky One, starts Monday 4th, 9.00pm

PHOTOS: SCI-FI CHANNEL, BSKYB



Left: 'First Wave' stars Roger R Cross, Sebastian Spence and Rob LaBelle. Above: Cade Foster (Spence) has a particular cross to bear in the new sci-fi drama series

TIME MACHINE

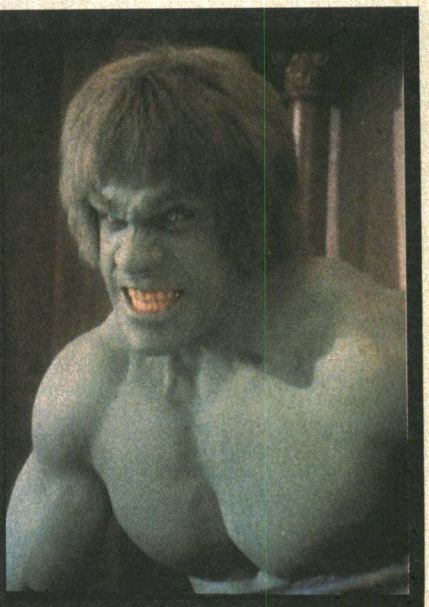
THE INCREDIBLE HULK

1978-1982, 80 episodes

Starring: Bill Bixby (Dr David Bruce Banner) Lou Ferrigno (The Incredible Hulk) Jack Colvin (Jack McGee)

'DON'T make me angry – you wouldn't like me when I'm angry!' Dr David Banner's warning to reporter Jack McGee is no idle threat. When Banner gets into an overly emotional state, his body chemistry begins to change and he turns into a mean green behemoth – The Incredible Hulk. Based on the long-running Marvel Comics superhero, *The Incredible Hulk* was one of the most successful transfers of a comic strip to live action, capitalising on the popularity of the Christopher Reeve *Superman* films that were just starting at the cinemas. Bill Bixby, who had previously played the straight man in the comedy series *My Favourite Martian*, starred as scientist David Banner, who was carrying out research into gamma radiation, believing it could give superhuman strength. An accidental overdose led to him having to live the ultimate double life, as he travelled the US searching for a cure. The series was revived in the late Eighties for three TV movies, the last of which, *The Death of the Incredible Hulk*, saw Banner finally find peace.

Sci-Fi Channel, Weekdays, 4.00pm, Saturdays 11.00am



Wednesday 13 January

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00am The Borrowers
1974, rating Sky U, 77 mins
7.20 Lady Jane
Helena Bonham Carter
1985, rating Sky PG, 134 mins
9.40 Shaughnessy
Matthew Settle, Linda Kozlowski
1996, rating Sky PG, 89 mins
11.40 Fly Away Home
Jeff Daniels, Anna Paquin Text
1996, rating Sky U, 103 mins
1.40pm Lady Jane
Helena Bonham Carter,
Cary Elwes, Michael Hordern
British period drama about Lady Jane, who became the nation's monarch for a few days when she was still in her teens. *1985, rating Sky PG, 134 mins*

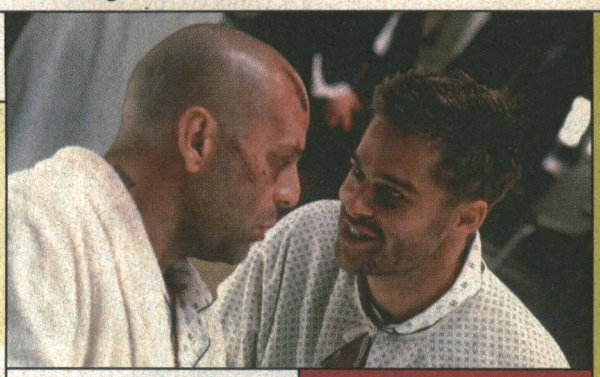
4.00 Shaughnessy
Matthew Settle, Linda Kozlowski, Michael J White
Drama in which an Irish-American finds himself in trouble when he becomes the target of a gang. He heads West, only to encounter small town hostility. *1996, rating Sky PG, 89 mins*
5.30 Fly Away Home
Jeff Daniels, Anna Paquin, Dana Delany, Terry Kinney
Family drama. A 13-year-old is reunited with her father when her mother is killed. She adopts some abandoned geese and her father builds a flying machine so that they can lead the geese to warmer climes before the onset of freezing winter. Text *1996, rating Sky U, 103 mins*
7.30
Barry Norman's Film Night
Movie news and reviews.
8.00 William Shakespeare's Romeo + Juliet
Leonardo DiCaprio, Claire Danes, Brian Dennehy
A modern reworking of the Bard's classic love story, set in the fictitious Verona Beach. Two young souls fall in love but are destined to be torn apart because they come from rival, feuding families. Text *1996, rating Sky 12, 115 mins*
10.00
Letters from a Killer
Patrick Swayze, Gia Carides
Thriller in which a former death row inmate, having been pardoned, is released to find out that he is being framed for the murders of the women he wrote to from his cell. *1998, rating Sky 18, 102 mins*
11.50 The Abyss
Ed Harris, Michael Biehn
James Cameron's underwater sci-fi adventure. *1989 rating Sky 15, 134 mins*
2.10am Defenseless
Barbara Hershey, Sam Shepard
Tense thriller. Text *1990, rating Sky 18, DS, 100 mins*
3.55-5.50am Carriers
1997, rating Sky 12, 89 mins

NIGHT TIME

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am UK Top Ten
7.30 Femmes Fatales: Glenn Close
8.15 Movie Magic: Movie Mayhem
9.00 Lovestruck
1996, rating Sky U, 88 mins
11.00
The End of the Golden Weather
Stephen Fulford, Stephen Papps
1991, rating Sky PG, 99 mins
1.00pm UK Top Ten
1.30 Femmes Fatales: Glenn Close
2.15 Movie Magic: Movie Mayhem

3.00 The Big Game
Gary Webster, Emma Wray, Chris Jury, Mary McKenna
British gambling drama. A factory worker is invited to play for high stakes. To become accepted, he changes his name and identity, but soon realises that he is in over his head when he is forced to lie to his girlfriend, and loses every penny he has. *1995, rating Sky PG, 99 mins*
5.00 The End of the Golden Weather
Stephen Fulford, Stephen Papps, Paul Gittins
Tender drama about a forbidden friendship between a 12-year old boy and a mentally deficient man. When the man boasts that he is going to be in the Olympics, he is challenged to a race on the beach with dire consequences. *1991, rating Sky PG, 99 mins*
7.00 Lovestruck
Cynthia Gibb, Costas Mandylor, Annabelle Gurwitch
Romantic adventure in which a hapless Cupid is sent to Earth by Venus to heal the broken heart of a young woman. Hoping to make her happy, he accidentally shoots himself with his own arrow, thus upsetting the carefully laid plans. *1996, rating Sky U, 88 mins*
9.00
One Hot Summer Night
Erika Eleniak, Barry Bostwick, Brian Wimmer
PREMIERE Thriller about a young woman who becomes implicated in the murder of her millionaire husband when the hit-man who killed him accuses her of commissioning the crime. *1997, rating Sky 12, 85 mins*
11.00 Cobra
Sylvester Stallone, Brigitte Nielsen, Brian Thompson
Explosive action adventure in which a cop sets out to stop a band of criminals threatening the city. *1986, rating Sky 18, 83 mins*
12.30am Flesh + Blood
Rutger Hauer, Jennifer Jason Leigh
1985, rating Sky 18, DS, 122 mins
2.35 The Effect of Gamma Rays on Man-in-the-Moon Marigolds
1972, rating Sky 15, 97 mins
4.15-6.00am The Big Game
1995, rating Sky PG, 99 mins



Future shocks: 'Twelve Monkeys' stars Bruce Willis and Brad Pitt. FilmFour 8.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm
City that Never Sleeps
Gig Young, Mala Powers, William Talman, Chill Wills
Realistic drama about the Chicago police and its activities, focusing on one particular cop. His working and private lives clash on one fateful night when his girlfriend comes up with a scheme to make their fortune. *1953, rating Sky U, 86 mins*
6.00 Magic Town
James Stewart, Jane Wyman, Regis Toomey, Kent Smith
Political comedy about an opinion poll expert whose discovery of the ideal average town is short-lived when the locals cotton on to their new-found fame and set out to prove that they are anything but average. *1947, rating Sky U, 99 mins*
8.00 Merrill's Marauders
Ty Hardin, Jeff Chandler, Peter Brown, Andrew Duggan, Will Hutchins, Claude Atkins
World War II drama in which a group of American soldiers, led by Brigadier General Frank D Merril, finds itself heavily outnumbered by the advancing Japanese in Burma. *1962, rating Sky PG, 94 mins*

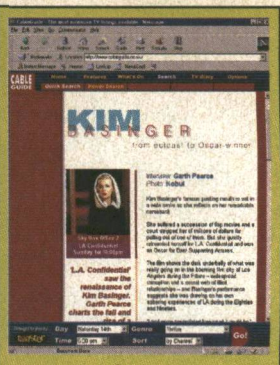
10.00
For a Few Dollars More
Clint Eastwood, Lee Van Cleef, Jose Egger, Klaus Kinski
Western sequel to *A Fistful of Dollars*. Two bounty hunters are after the same man. At first they work independently, but then they team up to track the outlaw down, and each have a different reason to find him. *1965, rating Sky 15, 126 mins*
12.10am
Alice Doesn't Live Here Anymore
Ellen Burstyn, Alfred Lutter
1975, rating Sky 15, 107 mins
2.05 The Magus
1968, rating Sky 15, 111 mins
4.05-5.30am
Anne of Windy Poplars
1940, rating Sky U, 82 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Somebody Up There Likes Me
Paul Newman, Pier Angeli, Everett Sloane, Eileen Heckart
Tough and often brutal biopic of middleweight boxer Rocky Graziano. Despite a childhood of devastating poverty in New York City and an early history of petty crime, the fighter rises above his past to become a world champion. *1956, 109 mins*
11.15 Hearts of the West
Jeff Bridges, Andy Griffith
Modern Western about a starry-eyed novelist who arrives in Hollywood hoping to write Westerns. He joins up with a movie crew to hide from a pair of con men. *1975, 99 mins*
1.15am The Liquidator
Rod Taylor, Trevor Howard
Spy adventure. *1966, 100 mins*
3.00-5.00am
Somebody Up There Likes Me
Paul Newman, Pier Angeli
Boxing biopic. *1956, 109 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm The Navigator: A Medieval Odyssey
Hamish McFarlane, Bruce Lyons
Vincent Ward's time travelling fantasy which begins in medieval Cumbria during the Black Death. A young boy, with acute psychic powers, leads his fellow villagers into an abandoned mine. When they tunnel through the darkness, they emerge in New Zealand in 1988. *1988, 87 mins*
8.00 Twelve Monkeys
Bruce Willis, Madeline Stowe, Brad Pitt, Christopher Plummer
Terry Gilliam's time travelling film. A convict from 2035 is sent back to 1996 to try and discover the cause of a virus that wiped out five billion people. However, he winds up in a mental hospital when he arrives at the wrong time, making dire predictions of the future. *1995, 124 mins*
10.15 La Jetée
Davos Hanich
Short film about a time travelling guinea pig in pre-World War II France. *1962, 27 mins*
10.45 The Hamster Factory and Other Tales of 12 Monkeys
Keith Fulton and Louis Pepe's film about the making of *12 Monkeys*. *1996, 87 mins*
12.15am Time After Time
Malcolm McDowell, David Warner
Sci-fi thriller. *1979, 108 mins*
2.10 Spanking the Monkey
Jeremy Davies, Alberta Watson
1994, 95 mins
3.50-6.00am
The Madness of King George
Nigel Hawthorne, Helen Mirren
Drama. *1994, rating, 105 mins*

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
CRASH
Controversial David Cronenberg film about a group of people turned on by car crashes, based on a novel by JG Ballard. *1996, rating Sky 18, 97 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
G.I. JANE
Action drama about one woman's struggle to succeed in the ultimate man's world. *1997, rating Sky 15, 120 mins*
PLAYS AT 6.00am, 8.30am, 7.00pm, 9.30pm

Sky Box Office 3
Channel 53
BUDDY
PREMIERE Fact-based story about a gorilla. *1997, rating Sky U, 80 mins*
PLAYS AT 6.30am, 8.00am, 9.30am, 11.00am, 12.30pm, 2.00pm, 3.30pm, 5.00pm, 6.30pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed sci-fi movie with spectacular effects and gore galore. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
ONE NIGHT STAND
PREMIERE Haunting, erotically charged examination of infidelity. Stars Wesley Snipes and Nastassja Kinski. *1997, rating Sky 18, 99 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 13 January

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You
1.30 Jeopardy
2.00 Sally Jessy Raphael
Stop Talking Trash About Me

3.00 Jenny Jones
You Made My Heart Soar and Now I Want More
Guests are eager for the opportunity to take their budding relationships further.
4.00 Guilty!
Will friends and family be found innocent or guilty by the 100-strong jury audience? Hosted by Carole Malone.

5.00 Star Trek: Deep Space Nine
The Assignment
A strange entity orders O'Brien to complete a secret assignment – or his wife will be killed. Text
6.00 Married... With Children
The Juggs Have Left the Building Text
6.30 Friends
One with the Prom Video Text
7.00 The Simpsons
The Last Temptation of Krusty
Krusty shuns his old routines in favour of edgier material. Text
7.30 The Simpsons
Burns, Baby Burns Text
8.00 Stargate SG-1
Holiday
Sci-fi action with Richard Dean Anderson and Michael G Shanks.

9.00 The X-Files
DPO
The agents investigate the deaths of several young people who were apparently struck by lightning in the same town. Text
10.00 Naked in Westminster
Voyeuristic docu-soap about the first ever naked table dancing club to open in Westminster.

11.00 Friends
The One with the Prom Video
American comedy. Text
11.30 Star Trek: Deep Space Nine
The Assignment
A strange entity orders O'Brien to complete a secret assignment – or his wife will be killed. Text
12.30am Highlander: The Series
The Fighter
MacLeod's opinion of his ex-boxer friend is altered forever.
1.30-7.00am Long Play
Through the night music.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders 8.30 The Bill 9.00 The Bill 9.30 The House of Eliott 10.30 Angels 11.00 Dallas 11.55 Neighbours 12.25pm EastEnders 1.00 Juliet Bravo 2.00 Dallas 2.55 The Bill
Warnings
An apparent sighting of a missing woman by her daughter leads Datta to a sinister secret in a scrapyard.

3.25 The Bill
Calling Time
3.55 EastEnders
More drama from the residents of Albert Square.
4.30 Angels
Medical drama set in St Angela's Hospital. Starring Faith Brook and Fiona Fullerton.
5.00 All Creatures Great and Small
Pride of Possession
A new hormonal treatment which James administers to a small dog has embarrassing results.
6.00 Dynasty
Blake's foreign oil interests are seized by a revolutionary government, while Walter Lankershim tries to make a man out of Steven.
7.00 May to December
Nice Work if You Can Get It
Simone's help causes more problems than it solves.
7.40 It Ain't Half Hot, Mum
Lead, Kindly Light
Wartime comedy.
8.20 Yes, Minister
The Compassionate Society
The minister sees a chance to further his career when a new hospital has no patients.
9.00 One Foot in the Grave
Only a Story
Mrs Warboys moves in with the Meldrews after rain floods her basement home.
9.40 Jonathan Creek
Jack in the Box
A down-and-out actor is found dead in a locked bunker with a gun beside his head. Was it suicide, or was it murder?
10.55 French and Saunders
Dawn and Jennifer provide more sketches and songs.
11.35 The Bill
Warnings
An apparent sighting of a missing woman by her daughter leads Datta to a sinister secret.
12.05am TheBill
Calling Time
12.35 Backup
Badlands
1.30-3.00am Harry's Kingdom

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 Roseanne Show
10.00 Jerry Springer
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
2.10 LA Law
Drama set in an law firm.

3.10 Living Room
Jayne Irving and Amanda Cross host an upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.
4.00 Michael Cole
Close Encounters of a Ghoulish Kind
No-holds-barred talk show that tackles sensational subjects.
4.50 Rolonda
Gorgeous, Glamorous and Gay
Audience participation talk show from America.
5.40 Ready, Steady, Cook
Cookery show hosted by Fern Britton with guest cooks Kevin Woodford and Steven Saunders.
6.15 The Jerry Springer Show
Outrageous American talk show in which Jerry and his guests engage in lively discussions.
7.05 Rescue 911
William Shatner hosts the series featuring stories of real-life rescues by emergency services.
7.35 Animal Rescue
A look at animal welfare.
8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.
9.00 FILM: A Kidnapping in the Family
Kate Jackson, Tracey Gold, Jeff Yagher
Drama about a family torn apart when a young woman is accused of cult worship and child abuse by her own mother. Determined to prove her innocence, divorcee Sarah Landers tries to convince the judge that her wild days are over. *1996*
11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 Doctor in the House 8.00 That's My Boy 8.30 Second Thoughts 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Watching 2.00 thirtysomething

3.00 The Love Boat
The Captain's Captain
Stubing's dad makes life miserable for his son, and a confused German shepherd dog traps a passenger in his cabin.
4.00 The Saint
Invitation to Danger
Is a cool blonde a secret agent – or a crook? The Saint has to find out when a daring attempt is made to frame him.
5.00 Hawaii Five-0
We Hang Our Own
A powerful Hawaiian cattle baron makes his own laws to avenge the death of his son. With Jack Lord and James MacArthur.
6.00 Emmerdale
It's showdown time at Home Farm for Kathy and Dolly.
6.30 Classic Coronation Street
Mrs Stockwell returns.
7.00 Mission Impossible
Sweet Charity
The IMF team must recover valuable platinum from a crooked husband and wife team who run a fake charity.
8.00 The Love Boat
The Captain's Captain
A trio of lovelies play some naughty games with the male passengers.

9.00 Classic Coronation Street
9.30 The Brian Conley Show
10.00 Jokers Wild
10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Talking Dirty
Celebrities spill the beans on their most intimate thoughts.
11.20 Snowgirls
With Emma Harrison.
11.50 Real Sex
Sexuality in today's society.
12.20am The Hot House
Late-night show presented by Kim Hughes and Malcolm Jeffries.
12.50 Lord Lust's Lovelies
Presented by James Hadfield-Hyde.
1.00 Elvis Has Just Left the Building
1.30-2.00am V.P.L

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Classic Toons 8.45 Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Tots TV 10.30 Big Garage 10.45 PB & J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.15 Tots TV 1.30 Big Garage 1.45 PB & J Otter 2.00 Quack Pack 2.30 Winnie the Pooh

3.00 The Little Mermaid
The undersea adventures of Ariel and her friends. Text
3.30 Art Attack
Innovative art show hosted by Neil Buchanan. Text
4.00 101 Dalmatians
Canine capers. Text
4.30 Hercules: The TV Show
Animated adventures with the Greek demi-god.
5.00 Recess
Animated antics. Text
5.15 Pepper Ann Text
5.30 Smart Guy
More adventures with TJ, the ten-year-old smart guy. Text
6.00 Teen Angel
Look Ma, No Face Text
6.30 Boy Meets World
It's Not You, It's Me....
Cory and Shawn have a big fight over going to college together.
7.00 Honey, I Shrunk the Kids: The TV Show
Honey, He's Not Abominable, He's Just Misunderstood
A Yeti follows Amy home. Text
7.50 Classic Toons
8.00 FILM: Muppet Treasure Island
Tim Curry, Kevin Bishop, The Muppets
Robert Louis Stevenson's classic tale is given a madcap twist, as the inimitable Muppets take over his Treasure Island. Directed by Brian Henson *1996* Text
9.35 Home Improvement
American comedy series starring Tim Allen as Tim Taylor.
10.00 Dinosaurs Text
10.30 The Wonder Years Text
11.00pm-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

WEDNESDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

For a Few Dollars More
Sky Cinema 10.00pm
Still one of Clint Eastwood's best movies. In this follow-up to A *Fistful of Dollars*, Clint and Lee Van Cleef are gunmen who form an uneasy partnership to track down an outlaw. The Sergio Leone style of spaghetti Western is short on words and long on shooting.

GENERAL

Revolver
VH1 11.00pm
Peter Cook stars as the bitter nightclub owner forced to endure the sounds of the Seventies in this musical series, which tonight features the likes of The Boomtown Rats and The Stranglers. Cook's role as the MC provides an extra twist to this punk extravaganza.

ADVERTISEMENT

JONATHON CREEK 9.40PM
UK GOLD
Caroline Quentin stars as journalist Maddy Magellan and Alan Davies is magic expert Jonathon Creek in this highly-acclaimed series. Tonight, Jonathon helps Maddy solve the mysterious death of a comedian found dead in a nuclear bunker.

Wednesday 13 January

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

MORNING

6.00 AM
7.30am Rally
8.00 Snowboard
9.00 Biathlon – LIVE
10.00 Alpine Skiing
11.00 Rally
11.30 Biathlon
12noon Biathlon – LIVE
1.00pm Biathlon
1.30 Biathlon – LIVE
2.00 Football
Coverage of the final of the African C3 Cup, which was held on 29 November last year.

3.00 PM
3.30 Biathlon
Highlights from the World Cup in Ruhpolding, Germany.

4.00 PM

5.00 PM
5.00 Snowboard
Coverage of the Men's Giant Slalom from the World Championships in Berchtesgaden, Germany.

6.00 PM
6.00 Motorsports
Today's programme brings you up to date with the motorcycling on ice competitions.

7.00 PM
7.00 Aerobics
Coverage from the World Amateur Championships in Hertogenbosch, Netherlands.

8.00 PM
8.00 Darts
Action from the Winmau World Masters Darts competition.

9.00 PM
9.30 Rally
Action from the Total Granada Dakar 99.

10.00 PM
10.00 Boxing
Coverage of a top international contest.

11.00 PM
11.00 Motorsports
Today's programme brings you up to date with the motorcycling on ice competitions.

12.00
NIGHT TIME
12midnight-12.30am Rally
Action from the Total Granada Dakar 99.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre
7.15 WWF – Live Wire
8.15 Sky Sports Centre
8.30 Racing News 9.00 Aerobics Oz Style 9.30 You're On Sky Sports!
10.00 Totalsport 10.30 Scottish Football 11.30 Fastrax 12noon Aerobics
12.30pm Badminton: Copenhagen Masters
2.30 World Windsurfing

3.00 Inside Scottish Football
All the goals, all the transfers, all the news and all the views from the new Scottish Premier Division.

4.00 Superbouts: Franklin v Johnson
A chance to catch classic fighting action from 1979 with Franklin v Johnson.

5.00 World Wrestling Federation – Shotgun
Promising unpredictability, excitement and glamour. Presented by Michael Cole and Kevin Kelly.

6.00 Sky Sports Centre
All the sporting headlines.
6.30 Unbelievable Sports
The world's bizarre sports.

7.00 World Pool League
The best in world pool action from the Victoria Inter-Continental Hotel in Warsaw.

8.00 Ringside
Boxers from up and down the country are featured in this comprehensive guide to the best British boxing action. Presented by Paul Dempsey.

9.30 Unbelievable Sports
Wacky footage from all over the world as the small sports take centre stage.

10.00 Sky Sports Centre
10.15 You're On Sky Sports!
10.45 World Pool League
The world's top pool stars line up for action in the first World Pool League from Warsaw.
11.45 Sky Sports Centre
12midnight You're On Sky Sports!
The show that lets you have your sporting say.
12.30am FA Cup Special
2.00 Ringside
3.30-3.45am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

6.00am International Cricket: Sri Lanka v Australia – LIVE
7.00 Aerobics Oz Style 7.30 International Cricket: Sri Lanka v Australia – LIVE
11.00 V-Max
11.30 Sports Unlimited
12.30pm Totalsport
1.00 International Cricket: Sri Lanka v Australia

3.00 Golf Extra
Essential viewing for golfing enthusiasts or those who would simply like to know more about the game. This programme offers a comprehensive roundup of all the significant action from the fairways.

6.00 Watersports World
Catch up with the latest from the varied and frenetic world of watersports.

7.00 FA Cup Special – LIVE
Coverage from the third round replay of the FA Cup, the oldest and most famous cup competition in the world. It's D-Day for the Premiership big guns as reputations are put on the line. Can the minnows upset the form book and prove once and for all that football is a great leveller?

10.00 Golf Extra
All the major players and the tournaments in which they appear are featured on golf's essential and most comprehensive roundup.

1.00am European Tour Weekly
1.30 Watersports World
Catch up with the latest from the world of watersports.
2.30-2.45am Sky Sports Centre
All the major headlines from the world of sport.

SKY SPORTS 3
PREMIUM CHANNEL

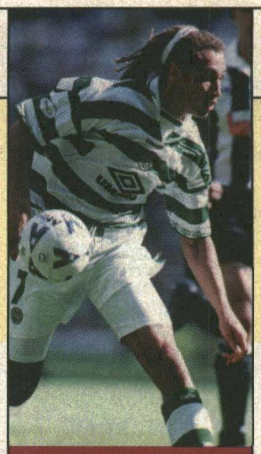
12noon World Wrestling Federation – Shotgun
1.00pm Fish TV: Ultimate Fishing Show
1.30 Fish TV: Fishing Tales
Travelling through Hawaii, the Pacific Basin and Costa Rica.
2.00 Superbouts: Franklin v Johnson
The classic fighting action from Franklin v Johnson.

3.00 Olympic Series: Road to Nagano
Olympic action.
3.30 Rafting: White Water World Championships
A ride through some of the most harrowing rivers in the world.
4.30 Figure Skating: Keri Lotion Skating Classic
Action from the Keri Lotion figure skating event in Daytona Beach, Florida. The tournament features contestants who are eligible for the Olympics as well as professional skaters.
6.30 European Tour Weekly
The essential roundup of Euro Tour Golf.

7.00 Fish TV: Fishing Texas
Join Reid Ryan in the scenic state of Texas.
7.30 Fish TV
Angling action and tips.

8.00 International Cricket: Sri Lanka v Australia
The best of the action from the one day International between Australia and Sri Lanka.

10.00 Sky Sports Classics-Gold: England v West Indies
Action from the 1995 Test series.
11.00-11.30pm The Entertainers
Charting Newcastle United's progress under Kevin Keegan,and the Geordies' meteoric rise.



'Inside Scottish Football' features stars such as Celtic's Henrik Larsson. Sky Sports 1 10.30am, 3.00pm

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15 The Insiders
Meet the unsung heroes.
6.30 F.A.N.
The magazine show for the modern fan.

7.00 Red Hot News
All the latest developments from one of the world's biggest football clubs.
7.30 Kids Clinic
Top tips and advice.

8.00 Super Match – Premier Classic: West Ham United v Manchester United
A classic game from 1996 when ten-man United offered a fiery away match to London rivals West Ham. Eric Cantona turned in a stunning display of skill, but picking up points at West Ham is never easy.

10.00 Talk of the Devils
Journalists and fans debate the latest developments.
10.45 Junior Masterfan
Fast-paced, fun-packed quiz show.
11.15 Jump 'n' Pump
11.30-12midnight Red Hot News
News from Old Trafford.

SCI-FI
ACTION PACK

7.30am Bloomberg Information 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 Ray Bradbury Theatre 12noon Twilight Zone 12.30pm Twilight Zone 1.00 Tales of Unexpected 1.30 Tales of Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Battlestar Galactica
The Night the Cylons Landed
Troy and Dillon rush to intercept a spacecraft.

4.00 The Incredible Hulk
Terror in Times Square
David Banner searches for a cure to his monstrous transformations.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

6.00 Time Trax
The Lottery
Darien is suspicious when a 22nd-century comedian and gambler, Joey Miller, wins a 20th-century lottery.

7.00 Quantum Leap
Runaway
Sam Beckett leaps into the body of a 13-year-old boy and the middle of a family crisis. Stars Scott Bakula.

8.00 The Flash
Sight Unseen
Barry Allen, otherwise known as The Flash, can travel almost the speed of sound.

9.00 PSI Factor – Chronicles of the Paranormal
Devil's Triangle/ Anasazi Cave
With Paul Miller.

10.00 FILM: Guyver: Dark Hero
David Kyter
Kathy Kristofferson
Christopher Mirendel
A young man develops a shadowy alter ego, The Guyver, which battles against evil forces unleashed at the site of an important archaeological dig. *1993*
12midnight PSI Factor – Chronicles of the Paranormal
1.00am FILM: Hell Mountain *1998*
2.55 Sci-Focus
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Trisha Goddard shares some experiences.
4.50 Trailblaze
Travel show presented by Trish Williamson.
5.10 Baywatch
Adventures of Mitch Buchannon's lifeguards. Starring David Hasslehoff.
6.00 Bedrock
7.00 NBA Basketball
Coverage of the midweek game from the US.

8.00 Lord of the Dance: Michael Flatley
A *South Bank Show* special following the star and creator of *Riverdance* and *Lord of the Dance* on his World Tour culminating in a groundbreaking performance at the 1997 Oscar Ceremony in Los Angeles. Melvyn Bragg talks to Flatley about his inspiration, his roots and his art.

9.00 The Corrs in Concert
Ireland's hottest family band celebrate St Patrick's Day at the Royal Albert Hall.
10.00 Coronation Street
The latest from the Street.
10.30 Emmerdale
Soap set in the Yorkshire Dales.
11.00 The Vice
Exposing the sex trade.
12midnight-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Peeping Tom 12.20 FILM: Sex 1.00 The Five Minute Free View 1.05 FILM continues 1.30 FILM: Witching Hour 2.40 FILM: Babewire 3.50 Rich and Famous 4.10-5.30am FILM: Beverly Hills 90269

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am New Model File 12.35 Sex en France 12.50 Totty Try-Outs 1.05 FILM: Uncut Jewels
Will Jewel remain pure and innocent?
2.20 Adult Channel Roadshow 2.40-4.00am FILM: Shameless

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Eyes Beyond Seeing
Thriller. A charismatic young drifter arrives in New York.
9.40 Madness of Method
Short film.
10.00 Classic Wets - Cannock '96
Adult competition.
10.45-12midnight FILM: Love and Romance

Wednesday 13 January

'Last of the Dancing Bears' looks at the animals' plight. National Geographic Channel 8.30pm

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 The Why Files 7.30 Fashion 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 11.45 BodyHeat 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
More much-needed relationship advice.
3.30 Lie Detector
Uncovering deceit the modern way.
4.00
Indecent Proposals
4.30 Judge Judy
The feared American judge with another case.

5.00 Agony
More much needed relationship advice.
5.30 The Why Files
Psychic investigations.

6.00
The Fashion Show
The latest update on the catwalk.
6.30
Indecent Proposals
7.00
Lie Detector
Unmasking deceit the modern way.
7.30 Agony
More relationship advice.
8.00 The Why Files
Weird and wonderful psychic investigations.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Grass Roots Football
Great sporting highlights in this soccer programme.
9.57 Topless Darts
Shapely dart throwing.
10.00
Hollywood Uncovered
A behind-the-scenes look at the multi-million dollar skin flick industry.
10.30 Exotica Erotica
11.30 Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasuredome 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00 Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Crosswits
Crossword quiz.
5.45
The Games Room
6.00 Family Fortunes
Two families play in this big money gameshow.
6.30
The Games Room
6.45 Catchphrase
Roy Walker hosts the hi-tech gameshow.
7.15
The Games Room
7.25 100 Per Cent
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges.

9.00
The Games Room
9.15 Strike it Lucky
Fast-action game show.
9.45
The Games Room
10.00 Candid Camera
More revelatory shots.
10.30
Karaoke Challenge
Jonathan Morris hosts the exclusive karaoke.
11.00
Carnal Knowledge
Quiz show that rips open the bedroom curtains of the British public to reveal their intimate secrets.
12midnight Strike it Lucky
12.30am Split Second
1.00 3-2-1
2.00 Love At First Sight
2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters
4.00 Fifteen to One
4.30-5.00am
Don't Drink the Water

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food for Thought 10.00 Feasts 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Kitchen College 12noon Network Daily 12.30pm Retrospectives 1.00 Food for Thought 1.30 Ground Up 2.00 Caribbean 2.30 Food Network Daily 3.00 Surprise Chefs 3.30 Kitchen College 4.00 Thoroughly Modern British 4.30-5.00pm Chez Bruno

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Gridlock
Presented by Simon Biagi.
6.00 London Bridge
Nick returns from holiday determined to stop Isobel selling SE1.
6.30 Rising Damp
Hello Young Lovers
7.00 Boon
Big Game Hunt
Ken discovers that the wife of an unpleasant and violent detective sergeant has a secret life.
8.00 Men of the World
Lost in France
Kendle and Lenny fall out.
8.30 Superchefs
Recipes include fricassee of sea scallops and lobster.
9.00
Shine on, Harvey Moon
Mud Sticks ...
Drama series following the trials and tribulations of a family in postwar London.
10.00 Soldier, Soldier
Hide and Seek
Bernie Roberts' husband is recalled from an exercise and Sandra meets a face from her past.
11.00
Hill Street Blues
Influential Eighties US police drama series set in a tough urban area, with human-interest storylines.
12midnight Rising Damp
Hello Young Lovers
With Leonard Rossiter.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon Totally Australia: Resourceful Rainforest 1.00pm Nature Watch with Julian Pettifer 1.30 Australia Wild 2.00 All-Bird TV
Humans and birds interact.
2.30 Human/Nature
Reporters travel the world charting man's relationships with animals and the elements.
3.30 Harry's Practice
A look at the work of vet Harry Cooper at his practice in northern Tasmania. Harry also pays some surprise house calls.
4.00 Jack Hanna's Zoo Life
Willie B Zoo
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
Wendy Turner and Mark Evans follow the fortunes of abandoned animals.
5.30 Australia Wild
River Red
6.00
The New Adventures of Black Beauty
6.30 Lassie
Lassie Saves Timmy
With Robert Bray.
7.00 Animal Planet Classics: Queen Charlotte Islands
Cousteau's classic global journey aimed at furthering knowledge of land and sea.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Horse Tales
Wild Horses
Real-life stories.
9.00 Going Wild
Kamchatka – Russia's Eden
9.30 Emergency Vets
Stories from Alameda East Veterinary Hospital.
10.00
Crocodile Hunter
Return to the Wild
An injured rogue crocodile that is terrifying the local population.
11.00 Wildlife ER
The US based wildlife centre.
11.30-12midnight Emergency Vets
Real-life stories.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.30 Esther 10.00 Airport 10.30 Situation Vacant 11.15 Three Big Men 12noon Tomorrow's World Plus 1.00pm Crime Limited 1.30 The Great Egg Race 2.00 The Day that Changed My Life 2.30 999 Lifesavers
More extraordinary stories.
3.00 Animal Hospital
Presented by Rolf Harris and Steve Knight.
3.30 The Marriage – For Better, For Worse?

4.30 Esther
First Love
Esther Rantzen and her studio audience discuss first love.
5.00 The Cruise
Dancing with Dolphins
5.30 Future Fantastic
Gillian Anderson, star of *The X-Files*, presents a glimpse into the future.
6.00
Decisive Weapons
U-Boat Killer
6.30
Decisive Weapons
The Longbow
7.00 Shipwreck
Thrilling documentary in which an underwater investigation is set against a background of the history of the Armada.
8.00 Zebras – The Trailblazers
With David Attenborough.
8.30
Hunters in the Wild
Dressing for Dinner
9.00
Lords of the Maya
How an elaborate city was born and then died in accordance with a prophetic calendar.
10.00 Hotel Update
The best moments from the documentary series.
10.30
Hollywood Women
No-holds-barred account of the rise and rise of the Los Angeles Lady.
11.30 Top Gear GTi
Testing the latest models and casting an experienced eye over the hottest motoring news.
12.30am-1.00am
Crime Limited
Nick Ross presents the series intended to help victims of crime.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 The Zest Beauty Show 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Good Housekeeping Show 11.30 Craftwork 12noon Great British Food 12.30pm Classic Interiors 1.00 Livetime 2.00 The View

3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00 Club Vegetarian
Presented by Michaela Strachan.
4.30
Women of Substance
With Lynsey de Paul.
5.00-6.00pm
Sally Jessy Raphael
My Teen Wants to Die
American talk show with lively discussion.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
The First Born
Looks at seasonal renewal.
7.30 Looters!
Native Americans scavage gravesites across the US.
8.00
Season of the Salmon
8.30 Last of the Dancing Bears
The story of endangered brown bears.
9.00 Alyeska: Arctic Wilderness
Discover how plants and animals have evolved to cope with the harsh Alaskan climate.
10.00
Man-Eaters of India
The gripping story of the hunt for a mysterious predator, claimed by many to be a supernatural being.
11.00 On the Edge: An Arctic Secret
Off-shore, the walrus now thought to have an even greater intelligence than dolphins, bask on icebergs.
12midnight-1.00am
Extreme Earth: On the Trail of Killer Storms
Witness some stunning footage as tornado hunters embark on a week-long pursuit through the American Mid-West.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Kickstart
9.00 Mad for Hits
2.00pm European Top 20
3.00 Bytesize MTV
4.00 Select MTV
6.00 Essential Prodigy
The UKs leading dance act.
6.30 MTV Live
More great live tunes.
7.00 Non-Stop Hits
Back-to-back videos
8.00 The Lick R&B Chart
Rundown of the latest R&B.
9.00 Bytesize MTV
10.00 MTV Live
More live tunes.
10.30 MTV Revue Ice Cube
NEW A tribute to one of the most influential hip-hop artists. A mix of biography, comedy and other brand new features.
11.00 Non-Stop Hits
Back-to-back videos
12midnight Yo!
1.00am MTV Live
1.30 MTV Revue: Ice Cube
Profile of the rapper.
2.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Beautiful South 1.00pm UB40 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Toyah Willcox 7.00 VH1 Hits 9.00 Bob Mills' Big 80s 10.00 The VH1 Classic Chart 11.00 Revolver 12midnight The Nightfly 1.00am Around and Around 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Dream Destinations 12.30pm A-Z Med 1.00 Holiday Maker 1.30 Flavours of France 2.00 Flavours of Italy 2.30 Voyage 3.00 Scandinavian Summers 4.00 Greece 4.30 Ridge 5.00 Great Escape 5.30 Caprice's Travels 6.00 Flavours of France 6.30 On Tour 7.00 Dream Destinations 7.30 A-Z Med 8.00 Travel Live 8.30 Go Greece 9.00 Scandinavian Summers 10.00 Voyage 10.30 Ridge Riders 11.00 Tour 11.30-12midnight Caprice's Travels

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 Real Rooms 8.00 Style Challenge 8.30 All Over the Shop 9.00 Ready, Steady, Cook 9.30 Change That 10.00 Rough Guide 10.40 Holiday Outings 11.00 Looking Good 11.30 All the Right Moves 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Rick Stein's Taste of the Sea 2.30 Stefan's Garden Roadshow 3.00 The Flower Show 3.30 Wilderness Walks 4.00 The House Detectives 4.30 Rough Guide 5.30 All Over the Shop 6.00 Wonder Women 6.30 Off the Beaten Track 7.00 Antiques Roadshow 8.00 Style Challenge 8.30 Change That 9.00 All the Right Moves 9.30 Ready, Steady, Cook 10.00 Home Front 10.30 House in France 11.00 Peter Seabrook's Gardening Week 11.30 The Flower Show 12midnight TheTerrace 12.30am-1.00am Travel Xpress

Wednesday 13 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM
6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 Painted House 8.00 Wedding 8.30 Baby 9.00 Simply Painting 9.30 Garden Rescue 10.00 Garden Doctors 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt 12noon Strangest Home Improvements 12.30pm Doing it Up 1.00 Our House 1.30 Hometime 2.00 Wood Wizard 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM
4.00pm Rex Hunt's Fishing Adventures
Rex goes night fishing.
4.30 Walker's World
Iceland – Glacial Adventures

5.00 PM
5.00 Flightline
With Brendan O'Brien.
5.30 History's Turning Points
The Siege of Constantinople – 1453

6.00 PM
6.00 Animal Doctor
Follow the work of vets from the RSPCA on a day-to-day basis.
6.30 Hunters
Rulers of the Deep

7.00 PM
7.30 Beyond 2000
The very latest innovations and developments in the world of technology.

8.00 PM
8.00 Arthur C Clarke's Mysterious Universe
Secrets of the Pyramids
8.30 Creatures Fantastic
Creatures of the Night

9.00 PM
9.00 History's Mysteries
The Shroud of Turin
9.30 History's Mysteries
The Holy Grail

10.00 PM
10.00 Mysteries of the East
Lost City of Shang
A look at a chance happening in 1889 on some old, decaying tortoise shells.

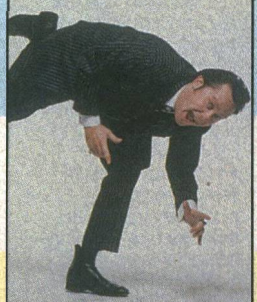
11.00 PM
11.00 Ferrari
GP Winners
Thought by many to be the sexiest car on the planet, this programme takes a look at the gem of motoring.

12.00 NIGHT TIME
12midnight Lost Treasures of the Yangtze Valley
Account of the race to save the valley.
1.00am History's Turning Points
The Siege of Constantinople – 1453
1.30-2.00am Flightline

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Blinky Bill 6.00 Tidings 6.30 Tabaluga 7.00 Powerpuff 7.30 Dexter's Laboratory 8.00 Sylvester and Tweety 8.30 Tom and Jerry 9.00 Flintstone Kids 9.30 Tidings 10.00 Roundabout 10.15 Thomas the Tank Engine 10.30 Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.15pm Bugs and Daffy 12.30 Road Runner 12.45 Sylvester and Tweety 1.00 Popeye 1.30 Flintstones 2.00 Jetsons 2.30 Droopy

3.00 Taz-Mania
Cartoon comedy.
3.30 Scooby and Scrappy-Doo
Spooky antics with the cowardly canine.
4.00 Powerpuff Girls
Super-hero action.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 I am Weasel
Furry cartoon fun.
5.30 Cow and Chicken
More laughs from the unlikely pair.
6.00 Tom and Jerry
Madcap comic antics.
6.30 The Flintstones
Prehistoric men behaving badly – but they have big hearts in their loincloths.
7.00 Batman
Super-hero cartoon from the Caped Crusader in Gotham City.
7.30 Mask
Cartoon based on the film.
8.00 Scooby-Doo – Where are You?
Scooby uncovers a crook.
8.30-9.00pm Beetlejuice



Surreal humour in 'Vic Reeves Big Night Out'. Paramount Comedy Channel 9.30pm

NICKELODEON
FAMILY PACK

6.00am Muppet babies 6.30 Rocko's Modern Life 7.00 Cat-Dog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 Magic School Bus 11.30 PB Bear/ Budgie/Animal Antics 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Clangers /King Rollo/Wombles/Bod 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
A slice of the Beeb's best kids' shows.
3.30 Pippi Longstocking
4.00 Hey Arnold!
More adventures with the quiffed king of cool.
4.30 Rugrats
Fun with the tearaway tousle-haired nippers.
5.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.
5.30 Kenan & Kel
Starring Kel Mitchell.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Series following the life of a spoilt Beverly Hill's rich kid.
7.30 Desmond's
8.00 Roseanne
Don't Make Room for Daddy
8.30 News Radio
Smoking
Bill is deprived of his tobacco.
9.00 Cybill
Sex, Drugs and Catholicism
9.30 Vic Reeves Big Night Out
Comedy sketches.
10.00 Frasier
Three Days of the Condo
Frasier runs for condo board president.
10.30 Cheers
A House is Not a Home
11.00 Seinfeld
The Pitch
Jerry and George propose to write a new television series. Will things work out for them?
12midnight Late Night with David Letterman
1.00am Taxi
Starring Danny DeVito.
1.30 The Critic
2.00 Dr Katz
2.30 Soap
3.00 Tibs and Fibs
3.30-4.00am Nightstand

FOX KIDS
FAMILY PACK

6.00am Power Rangers Turbo 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong Country 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 Incredible Hulk 10.15 Casper 10.30 Oggy 10.55 Mouse and the Monster 11.05 Eek!Stravaganza 11.30 Life with Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05 The Incredible Hulk
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
Cartoon warriors.
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
Animated alien antics
5.00 Goosebumps
5.25 Eerie, Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong Country
6.25 Sam and Max
Tail the freelance detectives.
6.50-7.00pm Eek!Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection! 7.00 Bargain Shop! 7.30 Time Zone 8.30 On the High Street 9.30 Shop! Feature 10.00 Fitness Zone 11.00 The Early Years 12noon The Gold Collection 1.00pm Bargain Shop! 1.30 Shop Selection! 2.30 Fashion by Design 3.00 Labels
Key fashion looks for the new season from the biggest brands in the business.
4.00 Bears and Dolls 5.00 Shop Selection! 6.00 Fitness Zone
Achieve shapely legs with the help of Shop!'s fitness experts.
7.00 The Early Years 8.00 Bears and Dolls 9.00 The Gold Collection 10.00 Fitness Zone 11.00 Labels 12midnight Bargain Shop! 12.30am Shop Selection!
A roundup of the great offers on Shop!
1.30 The Early Years 2.30 Fashion by Design 3.00 The Gold Collection 4.00 Labels 5.00-6.00am Bears and Dolls

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 9.30 World Today 10.00 News 11.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 4.00 Newsday 5.00 Newsday 6.00 UK Tonight 7.30 Sportsday 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 2.30 USA Direct 3.30 HARDtalk 4.00 News 4.30 LifeWatch 5.00-6.00am BBC News 24

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.00 Morning 7.30 Sport 8.00 Morning 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Business 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Style 5.00 Larry King 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q&A 2.00 Larry King 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm PMQs 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 Global Village 4.30 CBS Evening News 5.30-6.00am Fashion TV

INTERNATIONAL

TV5 5.30am Télématin et Le Journal 7.00 Infos 7.05 Journal Télévisé de Radio Canada 7.30 Funambule 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé 9.30 Fiction 11.00 Infos 11.05 Voilà Paris 11.30 Journal Télévisé France 3 12noon Infos 12.05pm Temps présent 1.00 Journal Télévisé 1.30 Fiction 3.00 Journal Télévisé 3.30 Grands gourmands 4.00 Infos 4.05 Pyramide. 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.30 Fiction 7.00 Journal Télévisé Suisse 7.30 Journal Télévisé de France Télévision et Le Journal 8.00 Infos 8.05 Magazine 9.00 Journal Télévisé 9.30 Fiction 10.00 Fiction 11.00 Journal Télévisé Belge 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Balcony 12.30pm Suzhal 1.00 Sankalp 1.30 FILM 4.00 Akabar Birbal 4.30 Nagar Pare Roopnagar 5.00 Grift 6.00 Edit 6.30 Asianet Aur Aap 7.00 Sankalp 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Spaghetti Junction 12.30am Asianet Aur Aap 1.00 FILM 4.00 Nagar Pare Roopnagar 4.30 A Mouthful of Sky 5.00 Sankalp 5.30 Sunghursh 6.00 Akbar Birbae 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Out and About 6.30 Yoodle-Ae-Oo 7.00 Faith 7.30 Daily News 8.00 India Business Report 8.30 Sailaab 9.00 Rishtey 10.00 Sofia 11.00 Aashiana 11.30 Parampara 12noon URDU FILM: Naukar Woti Da 3.00pm Zee Bangla 3.30 Hum Paanch 4.00 Campus 4.30 Ek Minute 5.00 Jungle Book 5.30 Gumrah 6.00 Top of the Tops 6.30 Banegi Apni Baat 7.00 Baat Ban Jaye 7.30 It's My Choice 8.00 News Bulletin 8.30 Amanat 9.00 Hawaain 10.00 Ikke Pe Ikka 10.30 Woh 11.00 Purushkhetra 12midnght News Bulletin 12.30am Tandoori Masala 1.00 Zee Bangla 1.30 Raahat 2.00 FILM: Shengotai 4.30 Vat No Vatessar 5.00 Char Raasta 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 5.00 Quentin Road Bible Hour 5.30 7 à Vivre 6.00 Life is for Living 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 Revival Now 9.00 Another Day of Victory 9.30 Life in the Word 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.15am Money 2.49 Kavanagh's Picks 3.24 Sports 5.24am Sports

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 7.00 The Record 7.30 Select Committees 10.00 House of Commons 11.00pm The Record 11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
Irene and Sam hold their wedding reception.
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War
Desert
5.00 Classic Cars
Avanti
6.00 The Great Empire – Rome
Building on Empire
Looks at Christianity's origins.
7.00-8.00pm The Infamous Dreyfus Affair
An insight into the injustice faced by the Jew who was unfairly stripped of his rank.

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon Travels with Chuck Henry
12.30pm Getaway
1.00 Practical Guide to Europe
1.30 Exotic Islands
2.00 Travel Tips
Venice
3.00 Around the World
3.30-4.00pm World's Weirdest Places

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 11.00am.

CABLE CHECK
Some of the channels listed may not be available in your area

Kelsey Gramer

My Favourite Episode

Episode 11.
Death Becomes Him

Frasier:
Why is it every time we have a serious discussion, we end up talking about your sex life.

Ros:
Because I have one.

Paramount COMEDY CHANNEL

Frasier Weekend on the Paramount Comedy Channel

January 16th and 17th

Episodes specially selected and introduced by Kelsey and the rest of the cast. Sadly Eddie the dog was too indecisive to choose.

FRASIER WEEKEND

Friday Night Every Night Friday Night Every Night Friday Night Every Night

Thursday 14 January

SKY PREMIER
PREMIUM CHANNEL

6.00am The Directors: The Films of Herbert Ross
7.00 Femme Fatales: Meg Ryan
8.00 The Long Walk Home
1990, rating Sky PG, 92 mins
10.00 Hello Again
1987, rating Sky PG, 92 mins
12noon The Directors: The Films of Herbert Ross
1.00pm Femme Fatales: Meg Ryan
1.30 The Long Walk Home
Whoopi Goldberg, Sissy Spacek
1990, rating Sky PG, 92 mins

3.20 The Fifth Element
Bruce Willis, Gary Oldman
Milla Jovovich, Ian Holm
Chris Tucker, Luke Perry
Blockbuster sci-fi adventure. Forces of darkness confront good when a fifth element unexpectedly crashes into a taxi cab in 23rd-century New York. Only by assembling five elements together can the universe be saved.
1997, rating Sky PG, 121 mins

5.30 Hello Again
Shelly Long, Judith Ivey
Gabriel Byrne, Corbin Bernsen
Comedy in which the spirit of a deceased Long Island housewife Lucy is contacted by her sister, who subsequently brings the dead woman back to life. Unfortunately, one of the catches is that Lucy must find true love within 30 days or she will die again. *1987, rating Sky PG, 92 mins*

7.30 Hollywood Buzz
The latest news from Tinsletown.

8.00 Entertaining Angels
Moira Kelly, Heather Graham,
Melinda Dillon, Martin Sheen
PREMIERE Biopic following Dorothy Day, champion of the homeless in the Depression-era in New York. Having found her calling, Dorothy meets a nun in a city soup kitchen. Baptised into Catholicism, she devotes her life to helping New York's poor.
1997, rating Sky 12, 107 mins

10.00 The Fifth Element
Bruce Willis, Gary Oldman
Milla Jovovich, Ian Holm
Chris Tucker, Luke Perry
Blockbuster sci-fi adventure. Forces of darkness confront good when a fifth element unexpectedly crashes into a taxi cab in 23rd-century New York. Only by assembling five elements together can the universe be saved.
1997, rating Sky PG, 121 mins

12.10am Blue Heat
Brian Dennehy
1990, rating Sky 15, 101 mins
1.55 If Lucy Fell
Sarah Jessica Parker,
1996, rating Sky 15, 88 mins
3.30-5.15 Dead Silence
Text *1996, rating Sky 15, 95 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Hollywood Declares War
7.00 Gus
1976, rating Sky U, 93 mins
9.00 Mannequin
Andrew McCarthy, Kim Cattrall
1987, rating Sky PG, 86 mins
11.00 The Undercover Kid
Bradley Pierce, Melora Hardin
1995, rating Sky PG, 87 mins
1.00pm Gus
Ed Asner, Tim Conway
1976, rating Sky U, 93 mins

3.00 Damnation Alley
Jan Michael Vincent, George Peppard, Paul Winfield
Dominique Sanda
Sci-fi adventure. A handful of survivors trek across a desolate nuclear wasteland in a desperate attempt to find remnants of the modern world.
1977, rating Sky PG, 88 mins

5.00 The Undercover Kid
Bradley Pierce
Melora Hardin, Nicholas Surovy
Erik Avari, Trishalee Hardy
Family comedy about a kid whose pets tell him of a conspiracy to kill the President. Unsurprisingly, his parents refuse to believe him and he is left alone to try and prove the theory before it is too late.
1995, rating Sky PG, 87 mins

7.00 Mannequin
Andrew McCarthy, Kim Cattrall
GW Bailey, Estelle Getty
Romantic comedy in which a window dresser falls in love with one of his shop dummies. But then magically she comes to life to inform him of her status.
1987, rating Sky PG, 86 mins

8.30 E! News Week in Review
The latest news from Hollywood.

9.00 Sudden Terror: The Hijacking of School Bus 17
Maria Conchita Alonso
Marcy Walker, Bruce Weitz
Michael Paul Chan
PREMIERE Tense thriller based on real events. A courageous bus driver manages to keep her cool when a bus full of mentally challenged children is hijacked.
1997, rating Sky 15, 87 mins

11.00 No Way Back
Helen Slater, Michael Lerner
Thriller in which FBI Agent Zack Grant's partner is killed during a blow-up operation. He attempts to root out the perpetrator.
1996, rating Sky 18, 87 mins
12.35am Dead Bang
1989, rating Sky 18, 98 mins
2.20 A Self-Made Hero
1996, rating Sky 12, 101 mins
4.05 Hollywood Declares War
5.05-6.40am Damnation Alley
Sci-fi adventure.
1977, rating Sky PG, 88 mins

Martin Sheen and Moira Kelly star in the premiere of 'Entertaining Angels'. Sky Premier 8.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm The Outlaw
Jane Russell
Jack Beutel, Walter Huston
Thomas Mitchell, Joe Sawyer
Pat Garrett, Doc Holliday and Billy the Kid feature in director Howard Hughes's notorious Western. Garrett is in hot pursuit of the other two, but a sexy Latin American woman may just slow them all down.
1943, rating Sky PG, 111 mins

6.00 Romanoff and Juliet
Peter Ustinov, John Gavin
Sandra Dee, Akim Tamiroff
Clever satirical comedy focusing on a tiny country which is courted by both America and Russia. The president of Concordia is the position of having to cast the deciding vote for or against a proposed bill in the United Nations. *1961, rating Sky PG, 98 mins*

8.00 My Fair Lady
Audrey Hepburn
Rex Harrison, Stanley Holloway
Classic musical. Eliza Doolittle is transformed into the perfect socialite by a professor and dialect expert Henry Higgins. But not everything is as Eliza expected and she threatens to quit. Includes the songs *The Rain In Spain, With A Little Bit Of Luck, I Could Have Danced All Night* and *Get Me To The Church On Time.*
1964, rating Sky U, DS,164 mins

10.45 American Gigolo
Richard Gere
Lauren Hutton, Hector Elizondo
Steamy thriller in which a gigolo who finds himself caught up in a murder investigation. In desperation, he must seek help, but that is proving very difficult to find. Text
1980, rating Sky 18, 112 mins
12.45am Blume in Love
George Segal, Susan Anspach
1973, rating Sky 18, 111 mins
2.40 Bad Medicine
Steve Guttenberg, Julie Hagerty
1985, rating Sky 15, 94 mins
4.20-5.55am Abandon Ship
1957, rating Sky PG, 93 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm
Mutiny on the Bounty
Marlon Brando, Trevor Howard,
Richard Harris, Hugh Griffith,
Tim Seely, Gordon Jackson
Lavish historical adventure based on the true story of the 1789 mutiny in the South Seas led by first mate Fletcher Christian against Captain Bligh. *The Bounty* docks at Tahiti, where the crew settle in to the idyllic island paradise. But on the return voyage, Bligh's cruelty forces the hand of Christian who has fallen in love with a local girl and shares the crews perception of its master. *1962, 170 mins*

12.15am The Outfit
Robert Duvall, Karen Black
Thriller in which an ex-con takes on the Mafia. *1973, 99 mins*
2.15 A Very Private Affair
Brigitte Bardot, Marcello Mastroianni
Satirical drama. *1962, 90 mins*
4.00-5.00am Barbara Stanwyck: Fire and Desire

Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm His Girl Friday
Cary Grant, Rosalind Russell
Second screen version of the play *The Front Page.* Hildy is about to forsake journalism in favour of a wealthy marriage to cloddish Bruce Baldwin. But her ex-boyfriend and editor Walter has other ideas. He has saved an exclusive story for her, one that he knows she won't be able to resist. *1940, 92 mins*

8.00 The Hudsucker Proxy
Tim Robbins, Jennifer Jason Leigh, Paul Newman
This Coen Brothers' film is their homage to the films of Capra and Preston Sturges in which one individual takes on the might of corporate America. Here, the hero is a young man plucked from the mail room of Hudsucker industries to run the company by an evil boss. *1993, 106 mins*

10.00 Barton Fink
John Turturro, John Goodman,
Michael Lerner
The Coen Brothers' Cannes Palme D'Or Winner is set in the Hollywood of the Forties where a New York playwright has been brought to LA to write for a big studio mogul. But as writer's block sets in, he finds himself plunged into a surreal world of murder and deception. *1991, 111 mins*

12midnight Miller's Crossing
Gabriel Byrne, Albert Finney
The Coen brothers' gangster drama set in the Thirties in an Eastern city in the US. *1990, 110 mins*
2.00am Blood Simple
1984, 97 mins
3.40-6.00am The Story of Qiu Ju
1992, rating, 96 mins

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
CRASH
Controversial David Cronenberg film about a group of people turned on by car crashes, based on a novel by JG Ballard. *1996, rating Sky 18, 97 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
G.I. JANE
Action drama about one woman's struggle to succeed in the ultimate man's world. *1997, rating Sky 15, 120 mins*
PLAYS AT 6.00am, 8.30am, 7.00pm, 9.30pm

Sky Box Office 3
Channel 53
BUDDY
Fact-based story about a gorilla. *Stars Rene Russo. 1997, rating Sky U, 80 mins*
PLAYS AT 6.30am, 8.00am, 9.30am, 11.00am, 12.30pm, 2.00pm, 3.30pm, 5.00pm, 6.30pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed sci-fi movie with spectacular effects and gore galore. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
ONE NIGHT STAND
Haunting, erotically charged examination of infidelity. Stars Wesley Snipes, Nastassja Kinski and Robert Downey Jr. *1997, rating Sky 18, 99 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Thursday 14 January

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
Secrets Secrets Secrets

3.00 Jenny Jones
You've Got More on Top But the Attitude's Gotta Stop
Guests are asked to lose the inflated egos they gained along with their increase in breast size.

4.00 Guilty!
The courtroom is in session, and Carole Malone is ready to pass sentence – from the light-hearted to the heavy-handed, depending on the accused's level of guilt!

5.00 Star Trek: Deep Space Nine
Trials and Tribble-Ations
Sisko and the crew travel back in time to a pivotal moment in the *Enterprise's* history. Text

6.00 Married... With Children
Crimes against Obesity
Al is put on trial. Text

6.30 Dream Team
Alex is up to no good.

7.00 The Simpsons
Mountain of Madness
Employees of the nuclear power plant are sent to a retreat. Text

7.30 The Simpsons
Das Bus Text

8.00 America's Dumbest Criminals
A shoplifter is caught trying to sell his haul.

8.30 World's Weirdest TV
Hosted by Jenny Powell.

9.00 Friends
American comedy starring Jennifer Aniston, Matthew Perry and Lisa Kudrow.

9.30 ER
Hospital drama set in Chicago starring George Clooney and Anthony Edwards.

10.30 Veronica's Closet
American sitcom starring Kirstie Alley as the boss of a lingerie company.

11.00 Dream Team
Alex is up to no good, and Coates has a choice to make.

11.30 Star Trek: Deep Space Nine
Trials and Tribble-Ations Text

12.30am Highlander: The Series
Under the Colour of Authority
MacLeod finds himself torn between doing what is right and helping his friend Richie.

1.30-7.00am Long Play
It's a VJ-free music zone with something for everyone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Angels
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Black and Blue

3.25 The Bill
A Bunch of Fives
Shock waves strike Sun Hill when Beech is beaten up.

3.55 EastEnders
More drama with the residents of Albert Square.

4.30 Angels
Soap about the patients and the people who work at St Angela's Hospital. With Faith Brook.

5.00 All Creatures Great and Small
The Name of the Game
James is provided with another instance of exuberant vet Granville Bennett's generosity.

6.00 Dynasty
Steven confides in Fallon that he is concerned about Blake's drinking and Ed tells Claudia about Krystle's affair with Matthew.

7.00 May to December
Take Good Care of My Baby
Alec and Zoe need a nanny.

7.40 It Ain't Half Hot, Mum
Holidays at Home
Lofty dreams that he is taking part in the mutiny on the *Bounty*.

8.20 Yes, Minister
Doing the Honours
Sitcom about an apparently clueless government minister.

9.00 Fawlty Towers
Hotel Inspectors
Basil is terrified when he hears that some hotel inspectors are in town.

9.40 Fawlty Towers
The Psychiatrist
A psychiatrist comes to stay.

10.25 Ivanhoe
Prince John hopes that the supremacy of the Norman champions in his tournament will crush the Saxon renaissance.

11.30 The Bill
Black and Blue
A jealous nanny wreaks havoc in a family home when Jarvis and Keane arrest her for stealing.

12midnight The Bill
A Bunch of Fives

12.30am Backup
Happy That Way

1.25-3.00am FILM: Cameron's Closet
Cotter Smith, Mel Harris.
Supernatural tale. *1988*

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
2.10 LA Law
American drama series.

3.10 Living Room
Jayne Irving and Amanda Cross host an upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
I Sleep with Men and Women
No-holds-barred talk show with the one-time director of public affairs for Harrods.

4.50 Rolonda
Stop Giving My Lover Bad Advice
Audience participation talk show from America.

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show with guest cooks Brian Turner and Nick Nairn.

6.15 The Jerry Springer Show
Outrageous American talk show hosted by Jerry Springer.

7.05 Rescue 911
William Shatner hosts the series featuring the stories of real-life rescues by American emergency services.

7.35 Animal Rescue

8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.

9.00 FILM: The Secretary
Mel Harris, Sheila Kelly, Barry Bostwick, James Russo
Suspense thriller in which a woman who is both a mother and a successful executive discovers that her new secretary is a dangerous psychotic. (1994)

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 Doctor in the House 8.00 That's My Boy 8.30 Second Thoughts 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Watching 2.00 thirtysomething

3.00 The Love Boat
Dear Beverley
An agony aunt is set upon by passengers, and a separated couple have no idea that they are aboard the same ship.

4.00 The Saint
The Best Laid Schemes
Who is the victim of a drowning tragedy? The Saint encounters grim drama when it appears that the man may still be alive.

5.00 Hawaii Five-0
Right Grave, Wrong Body
McGarrett investigates a wave of liquor store robberies which are strangely linked to a five-year-old bank heist.

6.00 Emmerdale
Wilks uncovers the real story behind Seth's ancestry.

6.30 Classic Coronation Street
Rita takes in a foster daughter.

7.00 Mission: Impossible
The Council – Part I
The IMF searches for the finance records of a well-known crime syndicate. Stars Peter Graves.

8.00 The Love Boat
Dear Beverley
An agony aunt is set upon by desperate passengers, and an arrogant chef nearly drives Stubing round the bend.

9.00 Classic Coronation Street

9.30 The Brian Conley Show

10.00 Jokers Wild

10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Motor Week
A report from the Detroit International Auto Show.

11.30 4 Wheels
Featuring the BMW 5 Series and the Mercedes E Class.

12midnight Rally World
Eric Michell presents rally action from around the globe.

12.30am Car File
A profile of the Mazda MX5.

1.00-2.00am Performance Power
Sarah Donohue presents a look at powerboating and other unique sporting and leisure activities.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie 9.00 Spot 9.05 Animal 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush Family 10.00 Bite Size 10.10 Tots TV 10.30 Big Garage 10.45 PB & J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal 12.15 Pocket Dragons 12.30 Bear 12.55 Toothbrush Family 1.00 Bite Size 1.15 Tots TV 1.30 Big Garage 1.45 PB & J Otter 2.00 Quack Pack 2.30 Winnie

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel and her friends. Text

3.30 Art Attack
Award-winning art show. Text

4.00 101 Dalmatians
More canine capers and daring doggy deeds. Text

4.30 Hercules: The TV Show
Fun-filled animated adventures.

5.00 Recess Text

5.15 Pepper Ann Text

5.30 Smart Guy
Fourth grader TJ is so smart that he is put into the tenth grade at school. Text

6.00 Teen Angel
Back to Polo
Marty discovers that one of his powers is time travel. Text

6.30 Boy Meets World
Fraternity Row

7.00 Honey, I Shrunk the Kids: The TV Show
Honey, I'm in the Mood for Love
Wayne makes an aphrodisiac from chocolate. Text

7.50 Classic Toons

8.00 FILM: Tourist Trap
Daniel Stern, Julie Hagerty
An absorbing family drama about a workaholic dad who finally decides that enough is enough. He vows to take off with his family in search of the full story about his ancestor who he thinks was a hero in the American Civil War. *1997* Text

9.30 Home Improvement
Sitcom with Tim Allen.

10.00 Dinosaurs Text

10.30 The Wonder Years
Birthday Boy Text

11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

THURSDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

Entertaining Angels
Sky Premier 8.00pm

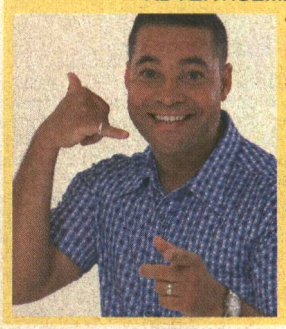
A biopic about Dorothy Day, a radical journalist and champion of the poor and homeless in Depression-era New York. Following a disastrous affair and an abortion, Dorothy moves to Staten Island to recuperate. A meeting with a nun shapes the rest of her life.

GENERAL

Garden Rescue
Discovery Home & Leisure 9.30am

St John Stephen can transform gardens anywhere. In this series he ventures around London on his converted milk float to demonstrate how turf can be laid (at Arsenal Football Club's Highbury Ground), and how to create a herb garden in an old fireplace.

ADVERTISEMENT



THE GAMES ROOM
5.00PM

Challenge TV

Enter the quizzical world of *The Games Room* with Kevin Duala and the team, tonight, throughout the evening. With big prizes, competitions and interactive games, you'll be missing out on loads of chances to win if you don't tune in.

Thursday 14 January

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM
7.30am Rally
8.00 Snowboard
9.00 Biathlon – LIVE
10.30 Luge
11.00 Rally
11.30 Biathlon
World Cup action from Ruhpolding, Germany.
1.00pm Car on Ice
Coverage from the Andros Trophy in Xonrupt, France.
1.30 Football
Action from the final of the African C1 Cup.

3.00 PM
3.30 Biathlon
Highlights from the World Cup in Ruhpolding, Germany.

4.00 PM

5.00 PM
5.00 Snowboard
Action from the Parallel Giant Slalom event at the World Championships in Berchtesgaden, Germany.

6.00 PM
6.00 Trial
Highlights from the 1998-99 Indoor World Cup in Sheffield.

7.00 PM
7.30 Motorsports
Magazine programme.

8.00 PM
8.30 Boxing
Coverage of an international contest.

9.00 PM
9.30 Rally
Action from the 13th stage of the Total Granada Dakar 99 rally.

10.00 PM
10.00 Football
UEFA Cups Finals. A special programme about the participation of the English clubs in the finals of the European Cups.

11.00 PM
11.00 Motorsports
Magazine programme.

12.00 NIGHT TIME
12midnight-12.30am Rally
Highlights from the Total Granada Dakar 99 rally.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre 7.15 WWF – Shotgun 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics 9.30 You're On Sky Sports! 10.00 Rafting: White Water World Championships 11.00 European Tour Weekly 11.30 Euro Tour Golf: Alfred Dunhill Championship – LIVE 2.30pm Ringside
Comprehensive, punch-by-punch coverage of boxing up and down the country from the best seat in the house. Presented by Paul Dempsey

4.00
World Pool League
Action from the Victoria Inter-Continental Hotel in Warsaw.

5.00 World Wrestling Federation – Superstars
The latest news from behind the scenes of the WWF, with Kevin Kelly.

6.00
Sky Sports Centre
Sports news service.
6.30 Football League Review
Review of all the action from each division in the Nationwide League.
7.30 Euro Tour Golf: Alfred Dunhill Championship
Highlights from the first day's play in the Alfred Dunhill SA PGA Championship, which was won last year by Tony Johnstone.

10.00
Sky Sports Centre
10.15
You're On Sky Sports!
10.45
Trans World Sport
The latest sports stories from across the world, from touring cars to the refined art of fencing.
11.45
Sky Sports Centre
12midnight
You're On Sky Sports!
Football phone-in show.
12.30am Futbol Mundial
1.00 Spanish Football
Repeat from Sky Sports 3
3.00 Trans World Sport
4.00-4.15am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Unbelievable Sports 8.45 Sky Sports Centre 9.00 Fish TV 9.30 Fish TV 10.00 World Pool League 11.00 Figure Skating: Kerry Lotion Skating Classic 1.00pm FA Cup Special 2.30 Watersports World
A guide to watersports, with exclusive footage, interviews and news.

3.30 Sports Unlimited
A look at such diverse sporting activities as mountain biking and skating.

4.30
Unbelievable Sports
Weird and wacky sporting footage from all over the world.

5.00 Football League Review
Roundup of all the recent Nationwide League action, with every goal scored and the outstanding players.

6.00 What a Weekend
The very best of the action from the weekend's sporting programme.
6.30 The Rugby Club
Stuart Barnes and Dewi Morris preview and review the latest action. With Mark Durden-Smith.
7.30
Ice Hockey – LIVE
Two teams do battle in the Sekonda Superleague. Presented by Dominik Holyer, with commentary from Steve James and rinkside reports from Nick Rothwell.

10.00
The Rugby Club
Mark Durden-Smith, Stuart Barnes and Dewi Morris present the comprehensive rugby show.
11.00 Tight Lines
All your angling questions answered in the programme presented by fishing fanatics Bruno Brookes and Keith Arthur.
12midnight
Inside the PGA Tour
12.30am Ford Golf USA: Sony Open – LIVE
2.30 The Rugby Club
3.30-6.00am
International Cricket: England v Australia – LIVE
Coverage of the one day international from Melbourne.

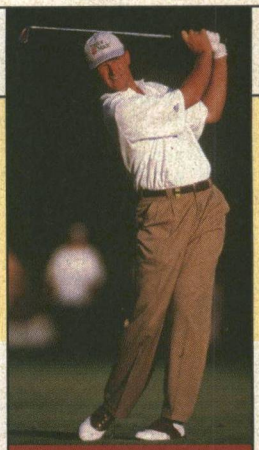
SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Superstars 1.00pm Fish TV: Fishing Texas
Reid Ryan goes angling in the Gulf of Mexico.
1.30 Fish TV: Tony Dean Outdoors 2.00 Sky Sports Classics-Gold: England v West Indies
Classic cricket action.

3.00
The Entertainers
Profile of Newcastle United under Kevin Keegan.
3.30 Fastrax
High speed sports action.
4.00 Badminton: Copenhagen Masters
Coverage of the Copenhagen Masters, the prestigious badminton event held at the famous Circus Building. Competition is sure to be fierce with top Danish players taking part, while Indonesia also field a strong team.

6.00
Survival of the Fittest
Athletes test their strength.
6.30
Inside the PGA Tour
Legends of the PGA Tour.
7.00 Tight Lines
Fishing fanatics Bruno Brookes and Keith Arthur present the show that answers angling questions and queries.
8.00 Spanish Football
Highlights from La Liga, which in Spain is second only to the Primera Liga.

10.00-11.30pm
Bobby Charlton's Football Scrapbook: Ron Yeats
Bobby Charlton and Dickie Davies are joined by former Liverpool legend Ron Yeats, who looks back at his memorable career playing for the Merseyside giants.



In the swing: Ernie Els competes in the Alfred Dunhill Championship. Sky Sports 1 11.30am – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On 6.15 Megastore Megabuys 6.30 Junior Masterfan
Fast-paced quiz show.
7.00 Red Hot News
All the latest developments from Old Trafford.
7.30 Man U Menu
In the kitchen with United chef Jesper Jespersen.
8.00 Super Match – Reserve Match
Reserve team action from the men hoping to break into Alex Ferguson's all-star side.

10.00
Talk of the Devils
What's being said about Manchester United.
10.45 F.A.N.
The magazine show for the modern fan.
11.15 The Insiders
The Reds' unsung heroes.
11.30-12midnight Red Hot News
The latest football news.

SCI-FI
ACTION PACK

7.30am Bloomberg 8.00 Sightings 9.00 Buck Rogers 10.00 Quantum Leap 11.00 Dark Shadows 11.30 Ray Bradbury Theatre 12noon Twilight Zone 12.30pm Twilight Zone 1.00 Tales of Unexpected 1.30 Tales of Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Buck Rogers in the 25th Century
Ardala Returns
The adventures of a US astronaut trapped in the 25th century.

4.00
The Incredible Hulk
747
David Banner must land an aeroplane when the crew is incapacitated.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. Presented by Tim White.

6.00 Time Trax
Out For Blood
Darien pursues a time traveller who is killing the ancestors of the man who killed his girlfriend.

7.00 Quantum Leap
Eight and a Half Months
Sam is amazed when he leaps into the life of a 16-year-old girl, who turns out to be in labour.

8.00 Mercy Point
Opposing Views
An accident investigator endangers a comatose pilot's life as a gymnast lashes out at Batung.

9.00 Babylon 5
The Gathering
Commander Sinclair is accused of trying to kill an alien ambassador during a peace conference.

10.00
FILM: Downdraft
Vincent Spano, Paul Koslo, Kate Vernon
Sci-fi adventure set in the near future. A mad doctor plans to start World War III, and uses a massive subterranean bunker as his HQ. *1996*
11.55 Sci-Focus
A recent sci-fi blockbuster.
12midnight
New Alfred Hitchcock
12.30am
The Ray Bradbury Theatre
1.00 FILM: Phantasm
Angus Scrimm
Horror. *1979*
2.40 Sci-Focus
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Trisha Goddard shares heartwarming and hair-raising true stories with a studio audience.
4.50 Trailblaze
The travel show that goes off the beaten track.
5.00 Heartbeat
Nostalgic police drama set in a Sixties Yorkshire village.
6.00 Bedrock
Magazine programme with celebrity guests and music.

7.00 The Locker
Health and fitness magazine programme, presented by Gabby Yorath.
7.30 Pulling Power
The latest motoring news.
8.00 Airline
Docu-soap, filmed over one summer, focusing on the passengers and staff of British Airways.
8.30 Who, What, Why?
Current affairs presented in an easily understood style.

9.00 Autosport International Show
High-speed motoring action.
10.00 Emmerdale
Another chance to catch up with life in the Yorkshire Dales village.
10.30 Liverpool One
Police drama about the Liverpool vice squad, focusing on a female vice officer who is transferred from London to Liverpool.
11.30pm-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Suburban Tales 12.20 Unearthing Passions 12.45 FILM: Sister Snatch 1.00 Free View 1.05 FILM continues 2.00 Erotic Visions 2.25 FILM: Sinister Sister 3.40 Marie Linzi's Fantasies 4.10-5.30am FILM: That Girl is Freaky

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Our First Time 12.35 Dungeon Dykes
Erotic lesbian programme.
1.00 Lesbian Fantasies 1.20 FILM: Black Domination 1.50 FILM: Girls School 3.05-4.00 FILM: Executive Suites
Erotic drama.

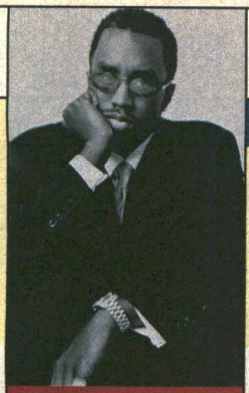
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Hurt Penguins
Michele Muzzi, Daniel Kash
Romantic comedy. *1992*
9.40 FILM: Paradise Calling
Omar Sharif
Erotic thriller. *1987*
11.25 Bikini Beach
Erotic mini-series.
11.50-12midnight Secrets
Erotic series.

Thursday 14 January



'Puff Daddy Live' shows the singer's first European live performance. MTV 10.30pm

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
Relationship advice for troubled souls.
3.30 Lie Detector
Uncovering deceit the modern way.
4.00
Indecent Proposals
Members of the public win cash by being humiliated in front of the cameras.
4.30 Judge Judy
5.00 Agony
More answers to moral dilemmas.
5.30 The Why Files
Psychic investigations into the weird and wonderful.
6.00
The Fashion Show
The latest update on the catwalk.
6.30
Indecent Proposals
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
More advice for troubled souls.
8.00 The Why Files
Psychics in search of the weird and the wonderful.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Dog Night LIVE
Greyhound racing action.
9.57 Topless Darts
More sharp and shapely dart throwing.
10.00
Hollywood Uncovered
A behind-the-scenes look at the multi-million dollar skin flick industry.
10.30 Exotica Erotica
11.30 Blue Review
11.45 Janeycam
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasuredome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Hollywood 3.00 Agony 3.30 Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Crosswits
Cryptic crossword quiz.
5.45
The Games Room
6.00 Family Fortunes
Big money gameshow.
6.30
The Games Room
6.45 Catchphrase
Hi-tech quiz hosted by Roy Walker.
7.15
The Games Room
7.25 100 Per Cent
General knowledge quiz.
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges.

9.00
The Games Room
9.15 Strike it Lucky
Fast-action game show.
9.45
The Games Room
10.00 Candid Camera
Revelatory footage.
10.30 Don't Feed the Gondolas
Celebrity panel game hosted by Sean Moncreiff
11.00
Carnal Knowledge
Contestants reveal their most intimate secrets to hosts Graham Norton and Maria McErlane.
12midnight Strike it Lucky 12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Screenshop

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food for Thought 10.00 Who's Cooking Dinner? 10.30 Worrall Cooks 11.00 What's Cooking? 11.30 Kitchen College 12noon Network 12.30pm Better, Worse 1.00 Food for Thought 1.30 Green Gourmet 2.00 Country Kitchen 2.30 Food Network 3.00 Retrospectives 3.30 Coxon's Kitchen College 4.00 From the Ground Up 4.30-5.00pm Caribbean Light

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.
6.00 London Bridge
Tension is running high between Cliff and Nick.
6.30 Rising Damp
Fire and Brimstone
Rigsby finds religion.
7.00 Boon
Don't Buy from Me, Argentina
Ken finds himself investigating an insurance swindle.
8.00 Animal SOS
Behind the scenes at the Blue Cross animal hospital.
8.30
Goodnight Sweetheart
It's a Sin to Tell a Lie
9.00 St Elsewhere
New Heart
Tension mounts as Jerry Singleton waits for his ill wife to lift the order banning him from her hospital room.
10.00 The Other Side of Paradise
A brilliant young doctor is forced to leave England after accidentally killing a Blackshirt.
11.00
Hill Street Blues
Influential Eighties US police drama series set in a tough urban area, with human-interest storylines.
12midnight Rising Damp
Fire and Brimstone
Rigsby finds religion.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon Horse Tales 12.30pm Going Wild 1.00 Nature Watch with Julian Pettifer
Green Ken – Ken Livingstone
1.30 Australia Wild
River Red
2.00 Wildlife ER
2.30 Human/Nature
Reporters travel the world charting man's relationships with animals and the elements.
3.30 Harry's Practice
Vet Harry Cooper pays some surprise house calls on unsuspecting pet owners around Australia.
4.00 Jack Hanna's Zoo Life
Primate Special
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
5.30 Australia Wild
Rivers of Fire
A look at the fight to protect North Queensland's volcanic caves.
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
Dog Gone it
7.00
Rediscovery of the World: Borneo Part I
Ghost of the Sea Turtles
The team comes across a turtle burial ground.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30
Profiles of Nature
Wonder of Baby Animals
From the Serengeti Plain to the coast of Alaska.
9.30 Emergency Vets
Stories from the 24-hour Alameda East Veterinary Hospital in Denver.
10.00
Deadly Australians
Forest
10.30
The Big Animal Show
Lemurs
11.00 Wild Rescues
The unique relationship between humans and animals is explored.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.30 Esther 10.00 Airport 10.30 Situation Vacant 11.15 Heart of the Angel 12noon Tomorrow's World Plus 1.00pm Crime Limited 1.30 The Great Egg Race 2.00 The Day That Changed My Life 2.30 999 Lifesavers

3.00 Animal Hospital
More stories from the RSPCA animal hospital.
3.30 The Marriage – For Better, For Worse?

4.30 Esther
Talking with the Dead
Celebrities reveal how they can communicate with dead loved ones.
5.00 The Cruise
Lights, Camera, Action!
Lead singer Michelle has lost her voice.
5.30 Future Fantastic
With Gillian Anderson.
6.00
Decisive Weapons
The Soul of the Samurai – The Japanese Sword
6.30
Decisive Weapons
7.00
Destination Mars
The story of three decades of Mars exploration, from failed probes to missions planned for the future.
8.00
Backstreet Bandits
The life of the North American raccoon.
8.30 Sea Trek
The Great Barrier Reef
9.00 Excalibur – The Search for Arthur
The Island of the Mighty
Investigates the historical facts about King Arthur, and myth making.
10.00 The Cruise
Double or Quits
10.30
Billy Connolly's World Tour of Australia
Billy Connolly lands in Queensland.
11.20
Top Gear Take 2
11.30
Jeremy Clarkson's Extreme Machines
12midnight
The Power and the Glory
The Richest Prize of Them All
12.30am-1.00am
Crime Limited

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 Healthbeat 9.00 Sally Jessy Raphael 10.00 The View 11.00 Wilde About Flowers 11.30 Rosemary Conley's Low Fat Cookbook 12noon The Makeover Show 12.30pm Healthbeat 1.00 Livetime 2.00 The View

3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00 The Good Housekeeping Show
4.30
Rosemary Conley's Low-Fat Cookbook
A guide to healthy eating.
5.00-6.00pm
Sally Jessy Raphael
Celebrity Super Moms
American talk show.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Giants in a Shrinking World
Intimate portrait of the last remaining wild Asian elephants.
7.30 Ice Climb
8.00
Isle of the Leopard
8.30
The Year of the Bee
Discover the life of a honey-bee.
9.00 Extreme Earth: Storm Chasers
A look at those who collect information for science, television and simply for the thrill of it.
10.00 On the Edge: Ice Walk
Follow the dramatic, humourous and dangerous North Pole Expedition, as made by Robert Swan.
11.00 On the Edge: Filming Through the Arctic Night
Salutes the endurance displayed by the team who made this series.
12midnight-1.00am
Icebound: Antarctic Wildlife Adventure

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Kickstart
A prime selection of hits.
9.00 Mad for Hits
2.00pm So 90s
Music from the Nineties with sardonic commentary from Armstrong and Miller.
3.00 Bytesize MTV
4.00 Select MTV
6.00 Movie Special
6.30 Non-Stop Hits
8.00 European Top 20
Europe's favourite twenty tracks.
9.00 Bytesize MTV
One-minute video clips
10.00 Biorhythm: Snoop Doggy Dog
Biography of the notorious rap star, told through his videos and music.
10.30 Puff Daddy Live MTV
The R & B svengali's recent concert at the Sound Republic in Leicester Square, London.
11.00 Non-Stop Hits
12midnight The Late Lick
1.00am
Biorhythm: Snoop Doggy Dog
1.30 Puff Daddy Live
2.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Suggs 1.00pm Greatest Hits of ... Madness 1.30 VH1 to 1: Madness 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour 7.00 Greatest Hits of... Madness 8.30 VH1 to 1: Madness 9.00 Bob Mills's Big 80s 10.00 Ten of the Best: Suggs 11.00 American Classic 12midnight The Nightfly 1.00am VH1 Spice 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Snow Safari 12.30pm On the Horizon 1.00 Travel Live 1.30 Rich Tradition 2.00 Flavours of Italy 2.30 Travelling Lite 3.00 Going Places 4.00 Go Portugal 4.30 Journeys Around the World 5.00 Reel World 5.30 Pathfinders 6.00 Rich Tradition 6.30 On Tour 7.00 Snow Safari 7.30 On the Horizon 8.00 Travel Live 8.30 Go Portugal 9.00 Going Places 10.00 Travelling Lite 10.30 Journeys Around the World 11.00 On Tour 11.30-12midnight Pathfinders

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 Real Rooms 8.00 Style Challenge 8.30 All Over the Shop 9.00 Ready, Steady, Cook 9.30 Change That 10.00 How Does Your Garden Grow? 11.00 The Terrace 11.30 Real Rooms 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Looking Good 2.30 How Does Your Garden Grow? 3.30 Off the Beaten Track 4.00 Travel Show Guides 4.30 Holiday in Style 5.30 All Over the Shop 6.00 Can Ski... Will Ski! 6.30 Wilderness Walks 7.00 Travel Xpress 7.30 Travel Show Guides 8.00 Style Challenge 8.30 Change That 9.00 Waterlines 9.30 Ready, Steady, Cook 10.00 Real Rooms 10.30 All the Right Moves 11.00 The Flower Show 11.30 Growing Places 12midnight Travel Xpress 12.30am-1.00am Travel Show Guides

Thursday 14 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM
6.00am Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 The Painted House 8.00 Wedding Story 8.30 A Baby Story 9.00 Painting 9.30 Garden Rescue 10.00 Garden Doctors 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt 12noon Australia's Weirdest 12.30pm Doing it Up 1.00 Our House 1.30 Hometime 2.00 Wood Wizard 2.30 Home Again 3.00 This Old House 3.30-4.00am Go Fishing

3.00 PM
DISCOVERY
WORLD PACK

4.00 PM
4.00pm Rex Hunt's Fishing Adventures
Fishing fun down under.
4.30 Walker's World
Arkansas
Visit the Buffalo River.

5.00 PM
5.00 Flightline
Aviation magazine.
5.30 History's Turning Points
The Conquest of the Incas –1532

6.00 PM
6.00 Animal Doctor
Follow RSPCA vets on more call outs.
6.30 Hunters
Savage Pack
Looking at wild dogs, the ancestors of today's household pets.

7.00 PM
7.30 Beyond 2000
Featuring a profile of a timing system attached to runners' trainers.

8.00 PM
8.00
Discover Magazine
Bloodsuckers
Exploring curiosities that prove the slogan that fact is stranger than fiction.

9.00 PM
9.00 Super Laser
Looking at how the military has only recently begun to realise the laser's potential as a powerful weapon of defence.

10.00 PM
10.00
Skyscraper at Sea
An inside look at the construction of the Troll gas platform for its North Sea drilling site.

11.00 PM
11.00 Forensic Detectives
Lethal Obsessions
Psychologists study what drives the individual to obsessive behaviour.

12.00
12midnight
Super Structures
Sea Wolf
1.00am
History's Turning Points
The Conquest of the Incas – 1532
1.30-2.00am Flightline
Aviation magazine show.

NIGHT TIME

SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm
Matt tells a few home truths.

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 7.00 Powerpuff Girls 7.30 Dexter's Laboratory 8.00 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 The Tidings 10.00 The Magic Roundabout 10.15 Thomas The Tank Engine 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo!Yogi 12noon Tom and Jerry 12.15pm Bugs and Daffy Show 12.30 Road Runner 12.45 Sylvester and Tweety 1.00 Popeye 1.30 Droopy 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania
Cartoon comedy.
3.30 Scooby and Scrappy-Doo
Spooky capers with the cowardly canine.
4.00 Powerpuff Girls
Bubbles, Blossom and Buttercup save the world.
4.30 Dexter's Laboratory
Chemical chaos.
5.00 I Am Weasel
Furry fun.
5.30
Cow and Chicken
More fun with the mismatched siblings.
6.00 Tom and Jerry
Comic antics with the playful cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Batman
Superhero action from the caped crusader who protects Gotham City.
7.30 Mask
Crazy cartoon fun.
8.00 Scooby-Doo – Where are You?
Spooky antics with the cowardly canine.
8.30-9.00pm
Beetlejuice

Want to know if your favourite episode of *Frasier* is on this month?
Our new online TV listings guide will tell you!
http://www.cableguide.co.uk

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War
Stalingrad
5.00 Four Years of Thunder
Fokker Scourge – 1915-16
6.00
The Great Empire – Rome
The Enduring Legacy
Explore the sensational reign of the Roman emperors.
7.00-8.00pm The Missing Princes of England
A look at the disappearance of the two young heirs to the throne in the summer of 1483.

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 Magic School Bus 11.30 PB Bear/Budgie/Animal Antics/ Family Ness 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas 1.30 Little Bear Stories 2.00 Clangers/King Rollo/ Wombles/Bod 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
A slice of the best kids' shows from the archives.
3.30
Pippi Longstocking
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Fun with the lovable nippers.
5.00 Sister Sister
Teen comedy with the identical twin sisters.
5.30 Kenan & Kel
Starring Kenan Thompson and Kel Mitchell.
6.00 Sabrina 6.30-7.00am Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy following the life of a Beverly Hills teenager.
7.30 Desmond's
8.00 Roseanne
Don't Ask, Don't Tell
Roseanne and Jackie visit a gay bar.
8.30 News Radio
The Crisis
9.00 Cybill
A power struggle on the set causes problems.
9.30 Vic Reeves Big Night Out
Songs and sketches.
10.00 Frasier
Four for the Seesaw
The brothers invite dates on a romantic weekend.
10.30 Cheers
I Do, Adieu
11.00 Seinfeld
The Ticket
11.30 The Larry Sanders Show
Broadcast Nudes
With guest Hugh Hefner.
12midnight Late Night with David Letterman
Irreverent US chat show.
1.00am Taxi
1.30 The Critic
2.00 Dr Katz
2.30 Soap
3.00 Tibs and Fibs
3.30-4.00am Nightstand

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon
Travels with Chuck Henry
12.30pm Getaway
1.00
Practical Guide to Europe
1.30 Exotic Islands
2.00 Travel Tips
3.00 Around the World
3.30-4.00pm
Great Escapes
Israel and the Bahamas

FOX KIDS
FAMILY PACK

6.00am Power Rangers Turbo 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong Country 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 The Incredible Hulk 10.15 Casper 10.30 Oggy 10.55 The Mouse and the Monster 11.05 Eek!Stravaganza 11.30 Life with Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05
The Incredible Hulk
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
Animated warriors.
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
Alien animation.
5.00 Goosebumps
5.25 Eerie Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong Country
6.25 Sam and Max
6.50-7.00pm
Eek!Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection!
7.00 Bargain Shop!
7.30 Silversmith
8.30 Branded!
9.30 Good Hair Days
10.00 Beauty Secrets
11.00 In the Kitchen with Susan Brookes
12noon Dress for Less
1.00pm Bargain Shop!
1.30 Shop Selection!
2.30 Do it Yourself!
3.00 Time Savers
4.00 Dimanti Designs
5.00 Shop Selection!
6.00 In the Kitchen with Susan Brookes
7.00 Beauty Secrets
Essential cosmetics for every woman's make-up bag.
8.00 Dress for Less
Winter woolly style.
9.00 Dimanti Designs
Diamond-look jewellery.
10.00 Time Savers
How to make life easier.
11.00 In the Kitchen with Susan Brookes
TV cook Susan shares her kitchen secrets.
12midnight Bargain Shop!
12.30am Shop Selection!
1.30 Dress for Less
2.30 Good Hair Days
3.00 Dimanti Designs
4.00 Beauty Secrets
5.00-6.00am Time Savers

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In The Salon With Alison at 4.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 9.30 World Today 10.00 News 11.00 News 1.30pm UK Today 2.00 News 2.30 World Today 3.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 24 4.30 Face in the Crowd 5.00-6.00am BBC News 24

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.00 Morning 7.30 Sport 8.00 Morning 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Science 1.30 World 2.30 Showbiz 3.30 Sport 4.30 Travel 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 World 11.30 Moneyline 12.30am Showbiz 1.30 Q&A 2.00 Larry King 4.15 American 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 Fashion TV 4.30 CBS Evening News 5.30-6.00am Global Village

INTERNATIONAL

TV5 5.30am Télématin 7.00 Infos 7.05 Journal Télévisé de Radio Canada 7.30 Autant Savoir 8.00 TV5 Infos 8.05 Zig Zag Café 9.00 Journal 9.30 Fiction: Quatre et Demie 10.00 Fiction: Michel Strogoff 11.00 TV5 Infos 11.05 Voilà Paris 11.30 Journal Télévisé France 3 12noon TV5 Infos 12.05pm Magazine 1.00 Journal 1.30 Fiction: Urgence 2.00 Fiction: Michel Strogoff 3.00 Journal Télévisé TV5 3.30 Mediterraneo 4.00 TV5 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.30 Fiction: Urgence 6.00 Fiction: Michel Strogoff 7.00 Journal Suisse 7.30 Journal Télévisé France 8.00 TV5 Infos 8.05 Le Point 9.00 Journal 9.30 Fiction: Baldipata 11.00 Journal Télévisé Belge 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Balcony 12.30pm Galatnaama 1.00 Zameen Aasman 1.30 FILM 4.00 Krodpati Fokatlal 4.30 Nasal 5.00 Aashiana 6.00 Dekh Bhai Dekh 6.30 Dard 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am A Mouthful of Sky 1.00 FILM 4.00 Galatnaama 4.30 Balcony 5.00 Classical Music 6.00 Holy Quran 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Hero Kal Aaj Aur Kal 6.30 Awaaz Nayee Andaz Wohi 7.00 Faith 7.30 News 8.00 Karobari Duniya 8.30 Sailaab 9.00 Zanjeeren 9.30 Zee Health Show 10.00 Hawaain 11.00 Pot Luck 11.30 Parampara 12noon FILM: Keshuda No Rang 3.00pm Zee Bangla 3.30 Public Demand 4.00 Campus 4.30 Fairdeal Antakshari 5.30 Daraar 6.00 Pop Time 6.30 Hip Hip Hurray 7.00 Gudgudee 7.30 Cine Magic 8.00 News Bulletin 8.30 Chahat Aur Nafrat 9.00 Himalaya's Hasratein 10.00 Blunt 2 10.30 Anhonee 11.00 Mujhe Chaand Chahiye 11.30 About You 12midnight News Bulletin 12.30am Zee Business Show 1.00 Zee Bangla 1.30 Raahat 2.00 FILM: Aaj Ka Daur 4.30 An Hour with 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Light and Life/Dynamic Gospel Ministries 5.30 Scott Webb 6.00 Voice of Faith – Waltar Hallam 6.30 Changing Your World 7.00 Believers Voice of Victory 7.30 Kidz TV 7.45 This is Your Day – Benny Hinn 8.15 Good Morning Europe 8.30 Potters House 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 Rick Joyner 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.19am Fund Managers Corner 3.57 Weather 4.24am Sports

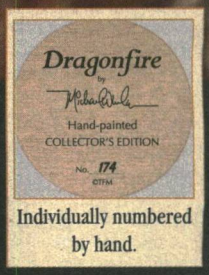
BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am House of Lords
7.00 The Record
7.30 House of Lords
2.30pm House of Commons
11.00 The Record
11.30-12midnight European Focus

A first from award-winning fantasy artist Michael Whelan.

DRAGONFIRE



Individually numbered by hand.

Actual size of sculpture is approximately 5½" (13.9 cm) in height.

A spectacular Collector's Edition sculpture displayed within a crystal-clear dome.

He rises from the mists like a nightmare. The most mystical creature of the imagination, captured in the *first ever* fine art miniature by fantasy artist Michael Whelan, winner of eleven Hugo Awards and three World Fantasy Awards. Crafted in hand-painted Tesori porcelain, a blend of powdered porcelain and resins that holds every detail. The sparkling orb brilliantly polished. Dramatically encased within a crystal-clear dome.

Just £29.95, this hand-numbered Collector's Edition sculpture is available *exclusively* from Franklin Mint.

SATISFACTION GUARANTEED. If you wish to return any Franklin Mint purchase, you may do so within 30 days of your receipt of that purchase for replacement, credit or refund.

©1999 Franklin Mint Limited, 195 Marsh Wall, London E14 9WS. Company registered in England No. 357382.

ISSUED IN A COLLECTOR'S EDITION

A Collector's Edition Fine Art Sculpture.
Individually Hand-Numbered and Hand-Painted.

Please post by 31st January, 1999.

Post to:
Franklin Mint Limited, FREEPOST (LON 6197), London E14 9BR.
Or telephone FREE of charge on 0800 567 900. (Quote ref: GB-19991-00020-001).

Please accept my order for *Dragonfire* by Michael Whelan. I need SEND NO MONEY NOW. I will be invoiced £29.95* when my sculpture is sent to me.
Limit: one sculpture per collector.

**Plus £2.95 postage and packaging.*

SIGNATURE _____
All orders are subject to acceptance by Franklin Mint Limited.

MR/MRS/MISS _____
INITIAL NAME PLEASE PRINT CLEARLY

ADDRESS _____

_____

POSTCODE _____ TEL NO. _____

GB-19991-00020-001

FRANKLIN MINT

Friday 15 January

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00am Draw!
1984, rating Sky PG, 93 mins
7.45 Amy
1981, rating Sky U, 96 mins
9.30 Empire of the Sun
Christian Bale, John Malkovich
World War II drama. Text *1987, rating Sky PG, DS, 146 mins*
12noon Project X
Matthew Broderick, Helen Hunt
1987, rating Sky PG, 103 mins
1.45pm Amy
Jenny Agutter, Barry Newman
Period drama. Following the death of her son, a woman leaves home and takes a job teaching deaf children. *1981, rating Sky U, 96 mins*
3.30 Empire of the Sun
Christian Bale, John Malkovich, Miranda Richardson, Nigel Havers, Joe Pantoliano
World War II adventure, based on the autobiographical novel by JG Ballard, in which a young boy finds himself separated from his parents in Japanese-occupied Shanghai and is forced to grow up fast in the prisoner-of-war camps with two entrepreneurial Americans. Text *1987, rating Sky PG, DS, 146 mins*
6.00 Project X
Matthew Broderick, Helen Hunt, Bill Sadler, Jonathan Stark
Futuristic drama. A young military operative is sent to a top secret research centre where he discovers that some chimps have been trained to operate flight simulators. He soon realises that Project X is far more sinister than he thought. *1987, rating Sky PG, 103 mins*
8.00 In Love and War
Sandra Bullock, Chris O'Donnell, Mackenzie Astin, Ingrid Lacey
Epic romance based on writer Ernest Hemingway's war experiences. Hemingway volunteers for service in the Red Cross and is despatched to Italy. When he is wounded, he falls in love with the nurse, but fate tears them apart. Text *1996, rating Sky 15, DS, 109 mins*
10.00 The Fan
Robert De Niro, Wesley Snipes, Ellen Barkin, John Leguizamo
Thriller in which a crazed baseball fan is prepared to do anything for Bobby Rayburn, his team's latest signing. When Bobby becomes depressed, his fan decides that he is the only one who can help, with fatal consequences. Text *1996, rating Sky 15, 117 mins*

NIGHT TIME

12midnight Fargo
Frances McDormand
Darkly comic thriller. Text *1995, rating Sky 18, DS, 94 mins*
1.40am The Passion of Darkly Noon
Brendan Fraser, Ashley Judd
Thriller. *1995, rating Sky 18, 97 mins*
3.20-5.20am Swimming with Sharks
1994, rating Sky 15, 89 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am The Wind in the Willows
Text *1996, rating Sky U, 84 mins*
9.00 Address Unknown
Kyle Howard, Johna Stewart-Bowden, Corbin Allred
1996, rating Sky PG, 88 mins
11.00 Godzilla Vs Megalon
Katsuhiko Sasaki, Yutaka Hayashi
1973, rating Sky PG, 78 mins
1.00pm Blue Rodeo
Ann-Margret, Kris Kristofferson
1996, rating Sky PG, 87 mins
3.00 Address Unknown
Kyle Howard, Johna Stewart-Bowden, Corbin Allred
Family drama. On finding an old letter, a 16-year-old boy begins to suspect that his father's death was no accident. The letter went astray ten years ago and was written just before his death. With his best friend, the boy goes in search of the truth. *1996, rating Sky PG, 88 mins*
5.00 The Wind in the Willows
Steve Coogan, Eric Idle, Terry Jones, John Cleese, Victoria Wood, Nigel Planer, Stephen Fry
Live action version of the classic Kenneth Grahame tale. When Mole's home is bought by the weasels from Mr Toad, Mole is thrown out and he and Rat fight to get his home back. Text *1996, rating Sky U, 84 mins*
7.00 P:review
Jessica Whittaker looks ahead to the coming week on Sky Movies.
7.30 UK Top Ten
A look at what's currently riding high at the UK box office.
8.00 Femmes Fatales: Jodie Foster
Profile of the star of *The Accused* and *Contact*.
8.30 Movie Magic
Effects on the High Seas
9.00 The Jerky Boys
John G Brennan, Kamal Ahmed
PREMIERE Comedy. When two telephone pranksters decide to play trick calls pretending to be a Mafia boss, they soon find themselves in trouble from both the police and the mob. *1995, rating Sky 15, 82 mins*
10.30 Private Parts
Howard Stern, Robin Quivers
Biopic of American 'shock-jock' Howard Stern. The film follows Howard's rise from his troubled childhood to his escalating celebrity as a national hero with a radio show that attracts more than 18 million listeners. Text *1997, rating Sky 18, 105 mins*
12.20am Twin Town
Llyr Evans, Rhys Ifans
Text *1997, rating Sky 18, 95 mins*
2.00 Grumpier Old Men
Text *1995, rating Sky 15, 97 mins*
3.40 Next Stop Greenwich Village
1976, rating Sky 15, 107 mins
5.30-7.15am Blue Rodeo
1996, rating Sky PG, 87 mins

Hugh Grant stars as a clergyman who is seduced by the 'Sirens'. FilmFour 10.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm Five Card Stud
Dean Martin, Robert Mitchum, Roddy McDowall, Inger Stevens
Western thriller. During a drunken poker game, a card sharp is discovered cheating, taken outside and lynched. Soon afterwards the cowboys involved finds themselves being picked off, one by one, by a mystery killer who specialises in hanging. *1968, rating Sky PG, 98 mins*
6.00 The Pink Jungle
James Garner, Eva Renzi, George Kennedy, Nigel Green
Adventure. A famous fashion photographer becomes caught up in a diamond smuggling plot while on a photo-shoot with a beautiful young model in South America. Soon they are looking for a hidden mine along with a group of shady characters. *1968, rating Sky PG, 100 mins*
8.00 The Big Clock
Charles Laughton, Ray Milland, Maureen O'Sullivan
Thriller. A publishing tycoon kills his mistress and manages to frame one of his own editors whom he sets on the story. The young man sets out on a frantic quest to elude the police for long enough to prove his innocence and discover the real culprit. *1948, rating Sky PG, 91 mins*
10.00 Bullitt
Steve McQueen, Robert Vaughn, Simon Oakland, Jacqueline Bisset
Classic thriller about a San Francisco cop who must protect a Mafia informant. The legendary car chase tends to overshadow the airport finale, which was imitated in the thriller *Heat*. Text *1968, rating Sky 15, 109 mins*
11.55 The Drowning Pool
Paul Newman, Joanne Woodward
Detective thriller. *1975, rating Sky 12, 104 mins*
1.45am Damien: Omen II
William Holden, Lee Grant
1978, rating Sky 18, 102 mins
3.35-5.15am About Mrs Leslie
Shirley Booth, Robert Ryan
1954, rating Sky U, 100 mins

MOVIE RATINGS

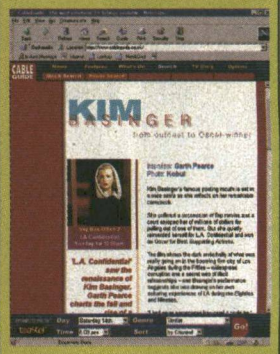
Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm WCW Nitro
The latest wrestling action from the US.

11.35 WCW Nitro
Further wrestling action from the US.

1.30am Shaft
Richard Roundtree, Moses Gunn
Seminal blaxploitation thriller about a private eye who is hired to locate the kidnapped daughter of a Harlem gangster. *1971, 101 mins*
3.15-5.00am The Slams
Jim Brown, Judy Pace
Prison drama. *1973, 87 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Short Attention Span Cinema
More short films from around the world guaranteed to glue you to the screen.

8.00 The Waterdance
Eric Stoltz, Wesley Snipes, William Forsythe, Helen Hunt
Drama about a young writer who, left paraplegic after an accident, slowly comes to terms with his condition in the company of fellow paraplegics and is also forced to re-examine his relationship with his married lover. *1992, 102 mins*

10.00 Sirens
Hugh Grant, Tara Fitzgerald, Sam Neill, Elle Macpherson
Erotic comedy drama in which an English clergyman attempts to persuade an Australian painter to withdraw a scandalous painting from an exhibition. But he and his wife find themselves seduced by the beauty of Australia and the artist's models. *1994, 90 mins*
11.35 Kama Sutra: A Tale of Love
Indira Varma, Naveen Andrews
Drama about love and friendship in 16th-century India. *1996, 109 mins*
1.30am Simple Men
Robert Burke, William Sage
Quirky tale directed by Hal Hartley. *1992, 100 mins*
3.15-6.00am Carla's Song
Robert Carlyle, Oyanka Cabezas
1996, 120 mins

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
CRASH
Controversial David Cronenberg film about a group of people turned on by car crashes, based on a novel by JG Ballard. *1996, rating Sky 18, 97 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
G.I. JANE
Action drama about one woman's struggle to succeed in the ultimate man's world. *1997, rating Sky 15, 120 mins*
PLAYS AT 6.00am, 8.30am, 7.00pm, 9.30pm

Sky Box Office 3
Channel 53
BUDDY
Fact-based story about a gorilla. *Stars Rene Russo. 1997, rating Sky U, 80 mins*
PLAYS AT 6.30am, 8.00am, 9.30am, 11.00am, 12.30pm, 2.00pm, 3.30pm, 5.00pm, 6.30pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed sci-fi movie with spectacular effects and gore galore. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
ONE NIGHT STAND
Haunting, erotically charged examination of infidelity. Stars Wesley Snipes, Nastassja Kinski and Robert Downey Jr. *1997, rating Sky 18, 99 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Friday 15 January

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Chris Evans Breakfast Show 8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You
Neighbours From Hell
1.30 Jeopardy
2.00 Sally Jessy Raphael
I'll Never Accept Your Lover

3.00 Jenny Jones
I Want To Confront My Cheating Mate
Guests confront their cheating loved ones.

4.00 Guilty!
Tackles the crimes and misdemeanors committed by friends, lovers, families and colleagues with the help of a judge and a jury.
5.00 Star Trek: Deep Space Nine
He Who is Without Sin
Worf goes to the planet Risa and falls under the influence of a traditioanlist group. Text
6.00 Married... With Children
The Stepford Peg Text
6.30 Friends
The One where Ross and Rachel...You Know Text
7.00 The Simpsons
The Secret War of Lisa Simpson
Lisa is ignored. Text
7.30 The Simpsons
El Viaje Misterioso
Homer hallucinates. Text
8.00 Beat the Crusher
An anarchic, chaotic game show in which players risk having their prized cars mangled. Hosted by Freddie Starr and Melinda Messenger.
9.00 World's Most Dangerous Animals III
This special features footage of human encounters with dangerous wild animals such as sharks and grizzly bears.
10.00 Cops
Officers stake out an area known for drugs and prostitution.
10.30 Cops
An injured man claims that he was assaulted by his girlfriend.
11.00 Friends
The One where Ross and Rachel... You Know Text
11.30 Star Trek: Deep Space Nine
He Who is Without Sin Text
12.30am Highlander: The Series
Bless the Child
Charlie and MacLeod help Sara Lightfoot, an Indian woman on the run with a baby.
1.30-7.00am Long Play
It's a VJ-free music zone with something for everyone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Angels
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Short, Sharp Shock

3.25 The Bill
Get You Back
A teenage girl claims she was assaulted by her ex-boyfriend.
3.55 EastEnders
More drama with the residents of Albert Square.
4.30 Angels
Soap set in St Angela's Hospital starring Faith Brook and Fiona Fullerton.
5.00 All Creatures Great and Small
Puppy Love
James discovers a couple whose marriage depends on the life of their dog.
6.00 Dynasty
Claudia picks up a young man in a singles bar, Blake says sorry with flowers, and Matthew has cause for celebration when an oil well starts producing oil.
7.00 May to December
Son of My Father
Can a little careers advice solve a crisis of conscience for Jamie?
7.40 It Ain't Half Hot, Mum
Caught Short
The concert party cash box is 500 rupees short.
8.20 Yes, Minister
The Death List
The minister is taken aback.
9.00 Men Behaving Badly
Home-Made Sauna
Deborah and Dorothy go away for the weekend.
9.40 Knowing Me, Knowing You... With Alan Partridge
Guests include magician and hypnotist Tony Le Mesmer.
10.20 Ruby Wax Meets... Burt Reynolds
10.55 The Bill
Short, Sharp Shock
11.25 The Bill
Get You Back
11.55 Dr Who Omnibus
Aztecs
The Tardis lands inside an Aztec tomb, but when the Doctor and his companions leave the tomb, the door locks behind them.
1.30am Blake's Seven
Cygnus Alpha
2.30-3.00am Best of the Old Grey Whistle Test

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Living Issues
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
American drama series.
2.10 LA Law

3.10 Living Room
Jayne Irving and Amanda Cross host an upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.
4.00 Michael Cole
It's a Rocky Road to the Altar
Honest talk show hosted by the one-time director of public affairs for Harrods.
4.50 Rolonda
I Hate When My Mate Goes to Strip Bars
Audience participation talk show from America.
5.40 Ready, Steady, Cook
Hallowe'en Special
Fern Britton hosts the cookery show with two top chefs.
6.15 The Jerry Springer Show
Outrageous American talk show in which the host and his guests tackle controversial issues.
7.05 Rescue 911
Stories of real-life rescues by American emergency services. Hosted by William Shatner.
7.35 Animal Rescue
8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.
9.00 FILM: A Cry in the Dark
Meryl Streep, Sam Neill, Nick Tate, Bruce Myles, Maurie Fields, Charles Tingwell
Drama. The true story of Lindy Chamberlain, an Australian woman accused of murdering her baby daughter. The Chamberlains were camping at Ayers Rock in 1980 when their baby daughter vanished from the tent. They claim a dingo stole their child but who will believe them? *1988*
11.30-12midnight Sex Life Down Under
Exploring issues relating to sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 Doctor in the House 8.00 That's My Boy 8.30 Second Thoughts 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Agony 2.00 thirtysomething

3.00 The Love Boat
Lonely at the Top
A clergyman takes six orphaned kids on a Christmas cruise, and an unhappy couple discover their need for each other.
4.00 The Saint
Legacy For the Saint
The Saint plays his part in a gangster's astute plot to trick his four greatest enemies into carrying out a gold robbery.
5.00 Hawaii Five-0
The Two-Faced Corpse
An investigation into a gangland slaying takes a strange turn when an autopsy reveals that the victim had two identities.
6.00 Emmerdale
Alice is christened.
6.30 Classic Coronation Street
Eddie confesses to Marion that he is not a tycoon.
7.00 Mission: Impossible
The Council – Part II
The IMF puts an end to Frank Wayne's organisation. Cult action adventure starring Peter Graves.
8.00 The Love Boat
Lonely at the Top
A clergyman takes six orphaned kids on a Christmas cruise, and an unhappy couple discover their need for each other.
9.00 Classic Coronation Street
9.30 The Brian Conley Show
10.00 Jokers Wild
10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm The Hot House
Late-night show, presented by Kim Hughes and Malcolm Jeffries.
11.30 Real Sex
A look at sex in today's society.
12midnight Weird!
Presented by Mandy Knight.
12.20am Lady Lust
12.30 Undressed with Guest
Jo Guest sets out to discover the next Page Three stunner.
12.50 Lord Lust's Lovelies
1.00 Battling Babes
1.30-2.00am Elvis Has Just Left the Building

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie 9.00 Spot 9.05 Animal Shelf 9.15 Dragons 9.30 Bear 9.55 Family 10.00 Bite Size 10.10 Tots TV 10.30 Big Garage 10.45 PB & J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Dragon 12.30 Bear 12.55 Toothbrush Family 1.00 Bite Size 1.15 Tots TV 1.30 The Big Garage 1.45 PB & J Otter 2.00 Quack Pack 2.30 Winnie the Pooh

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text
3.30 Art Attack
Award-winning innovative art show. Text
4.00 101 Dalmatians
Canine capers and daring doggy deeds. Text
4.30 Hercules: The TV Show
Animated adventures.
5.00 Recess Text
5.15 Pepper Ann Text
5.30 Smart Guy
TJ deals with the tenth grade teenagers much to his brother's annoyance. Text
6.00 Teen Angel
The Un-Natural
Casey decides to try out for a professional ball team. Text
6.30 Boy Meets World
The Witches of Pennbrook
7.00 Honey, I Shrunk the Kids: The TV Show
Honey, the Bear is Bad News
Wayne interferes with Jentech's first project. Text
7.50 Classic Toons
8.00 FILM: Doom Runners
Lea Moreno, Dean O'Gorman, Bradley Pierce, Tim Curry
Sci-fi adventure set in the future where people live in poverty and terror of The Corporation who run the world. A small group of youngsters want to rebel against the evil Dr Kao and his Corporation, but can they really escape? *1997* Text
9.30 Home Improvement
10.00 Dinosaurs Text
10.30 The Wonder Years
Brightwing Text
11.00-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

FRIDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

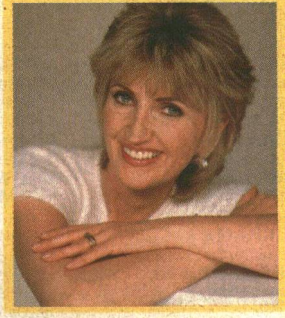
FILM

Private Parts
Sky MovieMax 10.30pm
You can't help but like Howard Stern in this biopic, in which he plays himself – the shock jock who made a name for himself with outrageous broadcasting. The film portrays him as a devoted family man loved by his co-workers and more politically correct than you might think.

GENERAL

Uncharted Africa
Discovery Channel 8.30pm
It's time to see the continent from a new angle as presenter Ralph Bousfield takes you on an unbelievable trip around this rugged land. He helps you take in a wide range of experiences from the blood-sucking healing rituals of the bushmen to the practical uses of baobab seeds.

ADVERTISEMENT



THE LIVING ROOM 3.10PM
New to *living* this week is the afternoon magazine *The Living Room*. Jayne Irving and Amanda Cross will chat to celebrities, reveal real-life stories and present great beauty ideas. Plus there's best shopping buys, cookery, special guests and more.

Friday 15 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM MORNING

7.30am Rally
8.00 Snowboard
9.00 Biathlon – LIVE
10.30 Rally
11.00 Alpine Skiing – LIVE
12.30pm Luge
1.00 Motorsports
2.00 Tennis
Coverage of the Adidas International held in Australia. This ATP and WTA tournament are both held in Sydney on the famous hard courts.

3.00 PM

3.30 Biathlon
Highlights of the World Cup in Germany.

4.00 PM

5.00 PM

5.00 Snowboard
Coverage of the World Championships in Berchtesgaden, Germany.

6.00 PM

6.00 Alpine Skiing
Highlights of the Women's World Cup in St Anton, Austria.

7.00 PM

7.00 Football
Programme charting the success of some of the greatest European Championship legends.

8.00 PM

8.00 Tennis
Coverage of the the Adidas International held in Sydney, Australia. This ATP and WTA tournament are both held in Sydney on the famous hard courts.

9.00 PM

9.30 Rally
Coverage of the Total Granada Dakar 99.

10.00 PM

10.00 Boxing
Ringside action from an international boxing contest.

11.00 PM

11.00 Xtrem Sports
Adrenalin sporting action.

12.00 NIGHT TIME

12midnight-12.30am Rally
Coverage of the Total Granada Dakar 99.

SKY SPORTS 1
PREMIUM CHANNEL

6.30am Futures 7.00 Sky Sports Centre 7.15 WWF Superstars 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 You're On Sky Sports! 10.00 Football League Review 11.00 Futbol Mundial 11.30 Euro Tour Golf: Alfred Dunhill Championship – LIVE 2.30pm What a Weekend

3.00 The Rugby Club
Mark Durden-Smith, Stuart Barnes and Dewi Morris present the most comprehensive rugby show on television.

4.00
Trans World Sport
With in-depth news and information reporting on everything from the normal to the downright bizarre.

5.00 Futbol Mundial
Covering football wherever it may be across the globe.

5.30 What a Weekend
Catch up with all the major developments.

6.00
Sky Sports Centre
All you could possibly ask for in terms of up-to-the minute sports news.

7.00 Euro Tour Golf: Alfred Dunhill Championship
Another chance to see all the action from day two of the Alfred Dunhill SA PGA Championship where some of the world's best golfers compete for over £400,000 in prize money.

10.00
Sky Sports Centre
All you could possibly ask for in terms of up-to-the-minute sports news.

11.00
Hold the Back Page
Join a selection of football journalists as they cast an analytical eye over the headline stories.

12midnight
Sky Sports Centre
The latest sporting events.
1.00am World Wrestling Federation – Raw
3.00 Hold the Back Page
4.00 Sky Sports Centre
5.00 H_2O
5.30-6.00am Moto-Plus

SKY SPORTS 2
PREMIUM CHANNEL

6.00am International Cricket: England v Australia – LIVE
7.00 Aerobics Oz Style
7.30 International Cricket: England v Australia – LIVE
11.00 International Cricket: South Africa v West Indies – LIVE
Action from day one of the fifth Test in Pretoria as South Africa continue to try and get the better of their West Indies counterparts.

3.30pm
International Cricket: England v Australia
The best of the action from the one day international between England and Australia in Melbourne. Can Alec Stewart's experienced side overcome the awesome Aussies? Presented by Mark Nicholas with commentary from Ian Botham, Bob Willis, Paul Allott and Allan Border.

6.00 Wild Spirits
Jason Roberts takes a look at some crazy sports.

6.30 Moto-Plus
Motoring mayhem for a life in the fast lane.

7.00 Friday Night Football – LIVE
Marcus Buckland presents football action from the Nationwide League. From the league's newcomers to tomorrow's Premier League pace setters, excitement is never far away. Commentary from Rob Hawthorne and Alan Brazil.

10.00 Gillette World Sport Special
A comprehensive report on alternative sports.

10.30 Ford Golf USA: Sony Open – LIVE
The action from the USA continues with highlights of the first day's play in the Sony Open Championship and then moves on to live coverage from day two.

3.00am-6.00am
Friday Night Football
Marcus Buckland presents highlights of the Nationwide League Division One.

SKY SPORTS 3
PREMIUM CHANNEL

11.30am Futures in Sport 12noon Trans World Sport 1.00pm Fish TV: Tight Lines
All your angling questions answered in the programme presented by Bruno Brookes and Keith Arthur.

2.00 Bobby Charlton's Football Scrapbook: Ron Yeats
Bobby Charlton and Dickie Davies are joined by former Liverpool legend Ron Yeats, who looks back at his memorable career with the Merseyside giants.

3.30 Ford Golf USA: Sony Open
Action from the US on day one of the Sony Golf Open Championship.

5.30 Gillette World Sport Special
David Jensen presents a comprehensive report on the more alternative sports.

6.00 International Cricket: South Africa v West Indies
Highlights from the first day's play in the fifth Test between two giants of the cricketing world, South Africa and the West Indies.

7.30 International Cricket: England v Australia
The best of the action from the one day international between England and Australia in Melbourne. Can Alec Stewart's experienced side overcome the awesome Aussies? Presented by Mark Nicholas with commentary from Ian Botham, Bob Willis, Paul Allott and Allan Border.

10.00-12midnight World Wrestling Federation – Raw
Get ready to rumble with the meanest, baddest men and women on the planet. *World Wrestling Federation Raw* sees star fighters such as Cactus Jack, The Outlaws and The Headbangers battle it out to be champion.

For a full run down of all the live sport on cable TV, BBC1, BBC2, ITV, Channel 4 and Channel 5, visit Cable Guide's new online programme guide. http://www.cableguide.co.uk

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15 The Insiders
Meet the unsung heroes.

6.30 Kids Clinic
The star-studded squad pass on top tips.

7.00 Red Hot News
The latest developments.

7.30 The Boss
The press conference.

7.45
What the Players Say

8.00 Super Match – Vintage Reds: Manchester United v Arsenal
Manchester United face a formidable Arsenal side.

9.00 Red Replays
From transfer news to controversial views, this is the show that reviews the week inside Old Trafford.

10.00 Red Legends
Household names from the past.

10.30
Wild About United
Why fans adore United.

11.00 The Boss

11.15
What the Players Say

11.30-12midnight
Red Hot News Special

SCI-FI
ACTION PACK

7.30am Bloomberg Information 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 Ray Bradbury Theatre 12noon Twilight Zone 12.30pm Twilight Zone 1.00 Tales of Unexpected 1.30 Tales of Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00
Battlestar Galactica
So This is New York
Troy and Dillon pursue two Clyons bent on broadcasting to earth.

4.00
The Incredible Hulk
The Hulk Breaks Las Vegas .
David Banner aids a reporter in a scandal.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

6.00 The Ray Bradbury Theatre
The Utterly Perfect Murder

6.30
New Alfred Hitchcock
Murder Party

7.00 Quantum Leap
Future Boy
Sam returns as a young actor employed to help TV star Captain Galaxy activate his time machine.

8.00 Amazing Stories
Vanessa in the Garden
With Harvey Keitel.

8.30 Highlander: The Raven
Unknown Soldier
Nick crosses paths with John Ray Fielding, a soldier seeking justice.

9.30 The Hunger
Hidebound
A woman takes a new job.

10.00 FILM: Swamp Thing
Dr Alec Holland, hidden away in the depths of a murky swamp, is trying to create a new species – a combination of animal and plant. His experiments lead to his own transformation into the Swamp Thing. *1982*

11.50 Sci-Focus
12midnight
FILM: Appleseed *1994*
1.20am Sci-Focus
1.30
Tales of the Unexpected
2.00 The Guyver
2.30 100 Years of Horror
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Heartwarming and hair-raising true stories with Trisha Goddard.

4.50 Trailblaze
Travel programme with Tricia Williamson.

5.00 Don't Try This at Home
Ordinary people perform dangerous stunts.

6.00 Bedrock
An hour of celebrity guests, music and webcams.

7.00 Futbol Mondial
The latest news and action from the world of football.

7.30 Taking the Pitch
Bob Mills hosts a knockout soccer quiz featuring celebrities, players and fans from England and Scotland.

8.00 The Mix
A weekly chart rundown, interviews and gossip presented by Shovell of M People.

9.00 The Bill
The latest from Sun Hill officers as they fight crime.

10.00
Coronation Street
The latest from the Street.

10.30 Widescreen on 2: McCallum
Drama series following a forensic pathologist. Dr Iain McCallum helps the police with another case. Starring John Hannah.

12.30am-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight Free View 12.10am Stripper of the Year 12.20 Super... 12.45 FILM: Fixation 1.00 Free View 1.05 FILM continues 2.00 The Five Minute Free View 2.05 ..... Malone 2.30 FILM: Night Trip 3.00 Free View 3.05 FILM continues 3.40 Maxine Monroe 4.10-5.30am FILM: Dante's ....

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Dr Anna St John 12.35 .... Mobile
Erotic comedy.
1.05 FILM: Dangerous Rapture
2.15 Electric Blue
Erotic magazine programme.
3.10-4.00am
Streets of New York
With Rick Savage.

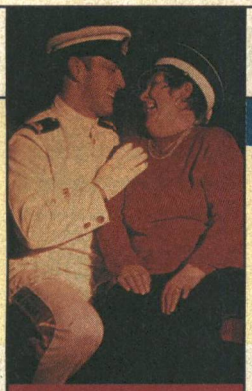
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: From Hollywood to Deadwood *Scott Paulin*
9.35 Letters to the Future
9.50
Life on Earth as I Know It
10.00 FILM: Desperation Highway *Matthew Ross*
Thriller.
11.30-12midnight
Hollywood Biker Chicks

Friday 15 January



Follow the fortunes of a group of male strippers on 'Ladies' Night'. UK Horizons 10.30pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Crosswits
Cryptic crossword quiz.
5.45
The Games Room
6.00 Family Fortunes
Two families compete in the big-money gameshow.
6.30
The Games Room
6.45 Catchphrase
Roy Walker hosts the hi-tech gameshow.
7.15
The Games Room
7.20 100 Per Cent
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges.

9.00
The Games Room
9.15 Strike it Lucky
Fast-action game show.
9.45
The Games Room
10.00 Candid Camera
More silly snapshots.
10.30
Karaoke Challenge
Rick Adams hosts this exclusive competition.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British public to reveal their intimate secrets.
12midnight Strike it Lucky
12.30am Split Second
1.00 Candid Camera
1.30 Through the Keyhole
2.00 Love at First Sight
2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters 4.00 Fifteen to One 4.30-5.00am Don't Drink the Water

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
A dose of advice for troubled souls.
3.30 Lie Detector
Unmasking deception using modern methods.
4.00
Indecent Proposals
Outrageous dares.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Answers to dilemmas regarding relationships.
5.30 The Why Files
Psychics search for the weird and the wonderful.
6.00
The Fashion Show
The latest on the catwalk.
6.30
Indecent Proposals
Outrageous dares.
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
A dose of advice for troubled souls.
8.00 The Why Files
Psychics search for the weird and the wonderful.
8.30 Judge Judy
The most feared judge takes another case.
9.00 Sport at Nine: Dog Night L!VE
More excitement from the track.
9.57 Topless Darts
Shapely dart throwing.
10.00
Hollywood Uncovered
A behind-the-scenes look at the multi-million dollar skin flick industry.
10.30 Exotica Erotica
11.30 Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasure Dome 1.00 Exotica 2.00 Blue Review 2.15 Janeycam 2.30 Hollywood 3.00 Agony 3.30 Why Files 4.00 Fashion Show 4.30 Agony 5.00 Lie Detector 5.30-6.00am BodyHeat

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network Daily 9.30 Thought 10.00 First Taste 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 College 12noon Network Daily 12.30pm Newman 1.00 Thought 1.30 Umbrian Kitchen 2.00 Can't Stand the Heat 2.30 Food Network Daily 3.00 For Better, for Worse 3.30 Coxon's Kitchen College 4.00 New Chefs on the Block 4.30-5.00pm Tessa Bramley's Country Kitchen

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 London Bridge
It is Jed's last day before flying to America.
6.30 Rising Damp
Great Expectations
With Leonard Rossiter.
7.00 Boon
All in a Day's Pork
Ken is hired to find out who has been taking dictaphone tapes from a meat company.
8.00 Blue Heelers
A Gift from God
Tom suspects an itinerant water-dowser of being responsible for a series of assaults.
9.00 Love Hurts
For a Few Dollars More
Tessa has to make an urgent trip to Moscow to rescue a Baumblatt Foundation project.
10.00 That's Love
Donald and Laurel are seen entering a hotel room.
10.30 The Screen
Magazine programme looking at the latest movies.
11.00
Hill Street Blues
Influential Eighties American police drama series set in a tough urban area, with human-interest storylines.
12.00 Rising Damp
Great Expectations
With Leonard Rossiter.
12.30am Gridlock
1.00
Tales of the Unexpected
Poison
1.30-2.00am
Tales of the Unexpected

ANIMAL PLANET
WORLD PACK

12noon
Wonder of Baby Animals
1.00pm Nature Watch with Julian Pettifer
Dean Freeman – Pets at Any Price
1.30 Australia Wild
Rivers of Fire
2.00 Wild Rescues
2.30 Human/Nature
Reporters travel the world charting man's interaction with animals and the elements.
3.30 Harry's Practice
A look at the work of vet Harry Cooper at his practice in northern Tasmania, plus his surprise visits.
4.00
Jack Hanna's Zoo Life
Great Smoky Mountains
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
A look at the RSPCA, presented by Wendy Turner and Mark Evans.
5.30 Australia Wild
Emus: Curious Companions
6.00
The New Adventures of Black Beauty
6.30 Lassie
Lassie's Evil Twin
Children's drama series.
7.00 Rediscovery of the World: Channel Islands
Waters of Contention
The islands provide a habitat for grey whales.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Animal X
A look at the killer crocodiles of southern Irian.
9.00 Ocean Wilds
Patagonia
9.30 Emergency Vets
Stories from Alameda East Veterinary Hospital in Denver.
10.00 Wildest Asia
Encounters with the exotic wildlife of Asia.
10.30 Vet School
Following students from veterinary school.
11.30-12midnight Emergency Vets
Stories from Alameda East Veterinary Hospital in Denver, which works round the clock to save animals.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 8.30 Feature 9.30 Esther 10.00 Airport 10.30 Situation Vacant 11.15 The Secret Life of Seahorses 12noon Tomorrow's World Plus 1.00pm Crime Limited 1.30 The Great Egg Race 2.00 The Day that Changed my Life 2.30 Life Stories

3.00 Animal Hospital
Catch up with the action at RSPCA Harmsworth Hospital. Presented by Rolf Harris and Steve Knight.
3.30 The Marriage – For Better, For Worse?
4.30 Esther
Shoplifting
Esther Rantzen and her studio audience discuss shoplifting.
5.00 The Cruise
First Night Nerves
5.30 Future Fantastic
Gillian Anderson, star of *The X-Files*, presents a glimpse into the future.
6.00
Decisive Weapons
Darkness Visible – The Stealth Fighter
6.30 War Walks
Arras
7.00
Miracle for Cancer
A group of researchers is encouraged by the disappearance of cancer tumours without treatment.
8.00 The Haunted Huntress
A mother cheetah shows her struggle to survive.
8.30 Sea Trek
The Hawaiian Islands
9.00 Excalibur – The Search for Arthur
Holy Grail and Unholy Power
Presented by Professor Gwyn Williams.
10.00 War and Piste
A Tale of Three Turkeys
There is a catering crisis at Christmas time.
10.30 Ladies' Night
Unveils and explores the sexual appetites of women in the Nineties.
11.30 Top Gear GTi
Testing the latest models and casting an experienced eye over the hottest motoring news.
12.30am-1.00am
Crime Limited
Nick Ross presents the series which is intended to help crime victims.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 The Psychic Zone 9.00 Sally Jessy Raphael 10.00 The View 11.00 Roddy Llewellyn's Indoor Garden 11.30 Flavours of the Orient 12noon More Calories, Please 12.30pm The DIY Show 1.00 Livetime 2.00 The View

3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00
The Psychic Zone
With psychic Derek Acorah.
4.30
Roddy Llewellyn's Indoor Garden
5.00-6.00pm
Sally Jessy Raphael
I Don't Want My Teen Dating Outside Our Race
American talk show.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Arribada
A look at the beach homes of the Ridley Turtle.
7.30 Avalanche!
Travel to the deadly slopes of the Rocky Mountains.
8.00 Tales of the Tiger Shark
A report on the ways in which shark and man can be protected from each other.
9.00 Island of Eden
Looks at the Witu Islands in Papua New Guinea.
9.30 Silvereyes in Paradise
Ornithological study.
10.00 The Okavango
Exploring the lush and vibrant wetland delta of Africa's Kalahari Desert area which is home to an array of wildlife.
11.00 Vietnam: Wildlife for Sale
11.30
Wolverines and Oil
A look at the part-wolf, part-giant weasel.
12midnight-1.00am
Forgotten Apes
Dr Jane Goodall reveals thought-provoking ideas about man's relationship with apes.

MTV
MUSIC & GAMES PACK

6.00am Kickstart
9.00 Mad for Hits
2.00pm Dance Floor Chart
3.00 Bytesize MTV
4.00 Select MTV
Live from Sound Republic, presented by Donna Air.
6.00 News Weekend Editon
6.30 UK Singled Out
Outrageous dating show.
7.00 Non-Stop Hits
Continual, back-to-back hits.
8.00 Dance Floor Chart
MTV's weekly run down of the hottest dance.
9.00 Partyzone I
Tune into the longest running club culture show on television.
10.00 UK Singled Out
10.30 Beavis and Butt-head
Animated goings-on with the backward teenagers.
11.00 The Grind Double Bill
12midnight Partyzone II
1.00am UK Singled Out
1.30 Beavis and Butt-head
2.00 Club Mix
3.00 Partyzone I
4.00 Partyzone II
5.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: M People 1.00pm Greatest Hits of... Wham! 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Something for the Weekend 7.00 Greatest Hits of... The Movies 8.00 Ed Sullivan's Rock 'n' Roll Classics: Folk Rock NEW 8.30 VH1 Party Hits 10.00 Ten of the Best: Russell Grant 11.00 VH1 Spice 12midnight Friday Rock Show 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Snow Safari 12.30pm Sports Safaris 1.00 Travel Live 1.30 Gatherings 2.00 Flavours of Italy 2.30 Journeys Around the World 3.00 East Meets West 4.00 Go Greece 4.30 On the Loose 5.00 Sports Safaris 5.30 Snow Safari 6.00 Gatherings 6.30 On Tour 7.00 Widlake's Way 8.00 Holiday Maker 8.30 Go Greece 9.00 East Meets West 10.00 Journeys Around the World 10.30 On the Loose in Wildest Africa 11.00 On Tour 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 The Terrace 7.55 Short Change 8.00 Style 8.30 All Over the Shop 8.55 Short Change 9.00 Ready, Steady, Cook 9.25 Short Change 9.30 Change That 9.55 Short Change 10.00 Holiday in Style 11.00 The Air Show 11.30 Home Front 12noon All Over the Shop 12.30pm Style 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Fat Man in France 2.30 Growing Places 3.00 Peter Seabrook's Gardening Week

3.30 Wilderness Walks 4.00 The Air Show 4.30 Antiques Roadshow 5.30 All Over the Shop 6.00 The Big Catch 6.30 Wonder Women 7.00 The House Detectives 7.30 Ready, Steady, Cook 8.00 Style Challenge 8.30 Change That 9.00 Ground Force 9.30 How Does Your Garden Grow? 10.30 Stefan's Garden Roadshow 11.00 Peter Seabrook's Gardening Week 11.30 Can Ski ... Will Ski! 12midnight-1.00am Antiques Roadshow

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Friday 15 January

DISCOVERY HOME & LEISURE
WORLD PACK

MORNING

6.00 AM 6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 Painted House 8.00 Wedding Story 8.30 Baby Story 9.00 Simply Painting 9.30 Garden Rescue 10.00 Garden Doctors 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt 12noon Home Improvements 12.30pm Doing it Up 1.00 Our House 1.30 Hometime 2.00 Wood Wizard 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

DISCOVERY
WORLD PACK

3.00 PM

4.00 PM **4.00pm Rex Hunt's Fishing Adventures** Rex goes to North Head on Sydney Harbour. **4.30 Walker's World** *Far East*

5.00 PM **5.00 Flightline** Presented by Brendan O'Brien and Celia Kench. **5.30 History's Turning Points** *Marriage of Pocahontas*

6.00 PM **6.00 Animal Doctor** Follow vets from the RSPCA as they respond to reports animal cruelty. **6.30 Hunters** *Eye of the Serpent* A look at reptiles, which inhabit the Amazon jungles, to the deserts of the American Southwest. **7.30 Beyond 2000** A focus on 'yuppie flu'.

8.00 PM **8.00 Outback Adventures** Presented by Troy and Simone Dann. **8.30 Uncharted Africa** *Safari School*

9.00 PM **9.00 Supercars** A visit to the world of sports car construction, strategy and racing with insights from professional indy car racers.

10.00 PM **10.00 Bodyguards** A look at the bodies behind the guards. How they are trained, and a behind-the-scenes look at the profession.

11.00 PM **11.00 Weapons of War** *Submarine Warfare* The story of the submarine at war throughout the oceans of the world.

12.00 **12midnight P Company** An insight into the volunteers who will form the sharp end of the new leaner British Army. **1.00am History's Turning Points** *The Marriage of Pocahontas* **1.30-2.00am Flightline** With Brendan O'Brien.

NIGHT TIME

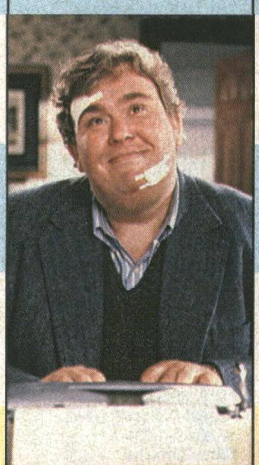
SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road 11.30 Emmerdale Farm 12noon Emmerdale Farm 12.30pm As the World Turns 1.15 Albion Market Lynne and Kay have a row. **1.45 Guiding Light 2.30 Take the High Road 3.00 Emmerdale Farm 3.30-4.00pm Emmerdale Farm**

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Blinky Bill 6.00 Tidings 6.30 Tabaluga 7.00 Powerpuff Girls 7.30 Dexter 8.00 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 Tidings 10.00 The Magic Roundabout 10.15 Thomas the Tank Engine 10.30 Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12midnight Tom and Jerry 12.15pm Bugs and Daffy 12.30 Road Runner 12.45 Sylvester and Tweety 1.00 Popeye 1.30 The Flintstones 2.00 The Jetsons 2.30 Droopy

3.00 Taz-Mania Cartoon fun. **3.30 Scooby and Scrappy-Doo** Canine capers with another spooky tale. **4.00 Powerpuff Girls** Chick-heroes in action. **4.30 Dexter's Laboratory** Chemical chaos with the bedroom professor. **5.00 I am Weasel** Furry cartoon fun. **5.30 Cow and Chicken** More animal animation with the unlikely pair. **6.00 Tom and Jerry** Will the cat ever get the runaway mouse? **6.30 The Flintstones** Prehistoric men behaving badly in Bedrock. **7.00 Batman** Gotham City's superhero continues to fight evil. **7.30 Mask** The green-faced character provides yet more jokes. **8.00 Scooby-Doo, Where are You?** Spooky canine capers. **8.30-9.00pm Beetlejuice**



John Candy stars as the talented soap writer in 'Delirious'. Paramount Comedy Channel 10.00pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War *Wolf Pack* **5.00 Pyramids** *Majesty and Mystery* A look at how these ancient tombs were built. **6.00 Private Lives of the Emperors** A look at the debauched lives of the Roman emperors. **7.00-8.00pm Dr Livingstone, I Presume?** An account of the historic meeting in 1869.

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 CatDog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC including Tellies 10.00 Wimzie's House 10.30 Babar 11.00 Magic School Bus 11.30 PB Bear/Budgie/Animal Antics 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas 1.30 Little Bear Stories 2.00 Clangers/King Rollo/ Wombles/Bod 2.30 Children's BBC on Nickelodeon

3.00 Children's BBC on Nickelodeon A slice of the Beeb's best kids' shows. **3.30 Pippi Longstocking** **4.00 Hey Arnold!** More adventures with the kid with the coolest quiff. **4.30 Rugrats** Fun with the tearaway nippers in diapers. **5.00 Sister Sister** More domestic disharmony with the identical twins. **5.30 Kenan & Kel** Starring Kenan Thompson and Kel Mitchell. **6.00 Sabrina 6.30- 7.00pm Driven Crazy**

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless The story of spoilt Beverly Hills teenager Cher. **7.30 Desmond's 8.00 Roseanne** *Labour Day* Jackie's child is on the way. **8.30 News Radio** *Big Day* The staff kiss up to Jimmy. **9.00 Cybill** Cybill is suspicious of her obnoxious co-star. **9.30 Vic Reeves Big Night Out** Comedy sketches. **10.00 FILM: Delirious** *John Candy, Emma Samms* Comedy. When a talented writer for a popular soap is hit on the head events take a dramatic turn and he finds himself in the site of his fictitious soap. Whatever he writes comes true so he takes advantage of this with the soap's beautiful star, Rachel. *1991* **12midnight Late Night with David Letterman 1.00am Taxi** With Danny DeVito. **1.30 The Critic 2.00 Dr Katz 2.30 Soap 3.00 Wings 3.30-4.00am Nightstand**

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries 11.30 Sky Destinations 12noon Travels with Chuck Henry 12.30pm Getaway 1.00 Practical Guide to Europe 1.30 Great Houses of Europe 2.00 Travel Tips 3.00 Around the World 3.30-4.00pm Sky Destinations *Amazon Cruising*

FOX KIDS
FAMILY PACK

6.00am Power Rangers Turbo 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong Country 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 The Incredible Hulk 10.15 Casper 10.30 Oggy 10.55 The Mouse and the Monster 11.05 Eek!Stravaganza 11.30 Life 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong Country 1.00 Mowgli: The New Adventures of the Jungle Book 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05 The Incredible Hulk 3.30 Roy and Lisa's Big Ride 3.35 Mortal Kombat Warrior animation. **4.00 Spiderman 4.25 Mowgli: The New Adventures of the Jungle Book 4.50 Home to Rent** Animated alien adventures. **5.00 Goosebumps 5.25 Eerie, Indiana: The Other Dimension 5.50 Oggy and the Cockroaches 5.55 Donkey Kong Country 6.25 Sam and Max** Freelance detective fun. **6.50-7.00pm Eek!Stravaganza**

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection! 7.00 Bargain Shop! 7.30 The Gold Collection 8.30 Labels 9.30 Fashion by Design 10.00 Junior Choice 11.00 The Gold Collection 12noon Cook's Den 1.00pm Bargain Shop! 1.30 Shop Selection! 2.30 Good Hair Days 3.00 On the High Street 4.00 Feel Good Factor Relaxation essentials for the face and body. 5.00 Shop Selection! 6.00 Junior Choice Smart ideas for cool kids' rooms. 7.00 The Gold Collection 8.00 Cook's Den 9.00 Feel Good Factor 10.00 On the High Street 11.00 Dimanti Designs The best quality in diamond-look jewellery. 12midnight Bargain Shop! 12.30am Shop Selection! 1.30 The Gold Collection 2.30 Fashion by Design 3.00 Cook's Den 4.00 Feel Good Factor 5.00-6.00am On the High Street Featuring women's and kids' fashion from Esprit.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 5.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 9.00 News 9.30 The World Today 10.00 News 11.00 News 12noon News 1.00pm News 1.30 UK Today 2.30 The World Today 3.00 News 4.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 2.30 USA Direct 3.30 HARDtalk 4.30 Seven Days 5.30-6.00am Chronicles

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.00 Morning 7.30 Sport 8.00 Morning 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American 11.30 Biz Asia 12.30pm Science 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Travel 5.00 Larry King 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business Today 10.30 Sport 11.00 World View 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q&A 2.00 Larry King 4.15 American 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30 Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 Week in Review 4.30 CBS Evening News 5.30-6.00am Fashion TV

INTERNATIONAL

TV5 5.30am Télématin + Journal du Temps 7.00 Infos 7.05 Journal Télévisé de Radio Canada 7.30 D 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé 9.30 Fiction 11.00 Infos 11.05 Voilà Paris 11.30 Journal Télévisé France 3 12noon Infos 12.05pm Documentaire 1.00 Journal Télévisé 1.30 Fiction: Baldipata 3.00 Journal Télévisé 3.30 Les Carnets du Bourlingueurs 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.30 Fiction 7.00 Journal Télévisé Belge 7.30 Journal Télévisé de France Télévision et Le Journal 8.00 Infos 8.05 Pulsations 9.00 Journal Télévisé 9.30 Débat de Société 11.00 Journal Télévisé Suisse 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Rajni 12.30pm Daal Mein Kala 1.00 Swabimaan 1.30 FILM 4.00 Akbar Birbal 4.30 Ghar, Galiyan Aur Raaste 5.30 Chidi Ka Ghulam 6.00 Tiger 6.30 Asianet Aur Aap 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 Aarzoo 9.00 FILM 11.30 News 12midnight Edit 12.30am Asianet Aur Aap 1.00 FILM 4.00 A Mouthful of Sky 4.30 Swabimaan 5.00 BPL Oye Countdown 6.00 Akbar Birbal 6.30 News 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Sorry Meri Lorry 6.30 Mast Must Show 7.00 Faith 7.30 Daily News 8.00 Ghoomta Aaina 8.30 Sailaab 9.00 Adhikar 10.00 Anhoni 11.00 Zaike Ka Safar 11.30 Parampara 12noon FILM: Sangram 3.00pm Zee Bangla 3.30 It's My Choice 4.00 Campus 4.30 Zee Zone 5.30 Amanat 6.00 Artist of the Fortnight 6.30 Zee TV 7.00 Chashme Baddoor 7.30 Entertainment Express 8.00 News Bulletin 8.30 Aashirwad 9.00 FILM: Meri Biwi Ki Shaadi 12midnight News Bulletin 12.30am Ru-Ba-Ru 1.00 X-Zone 2.00 FILM: Awaaz 5.00 Filmi Baatein 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Winnings Ways 4.30 Let the Fire Burn 5.00 Today with Marilyn 6.00 Good News 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day 8.15 Good Morning Europe 8.30 The Messenger 9.00 Another Day of Victory 9.30 Life in the Word 10.00 In Times Like These 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial reports on the half hour, plus: 2.19am Boarding Pass 3.15 Clarke's Chronicle 4.19 Clips 4.24 Sports 4.45am Clarke's Chronicle

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

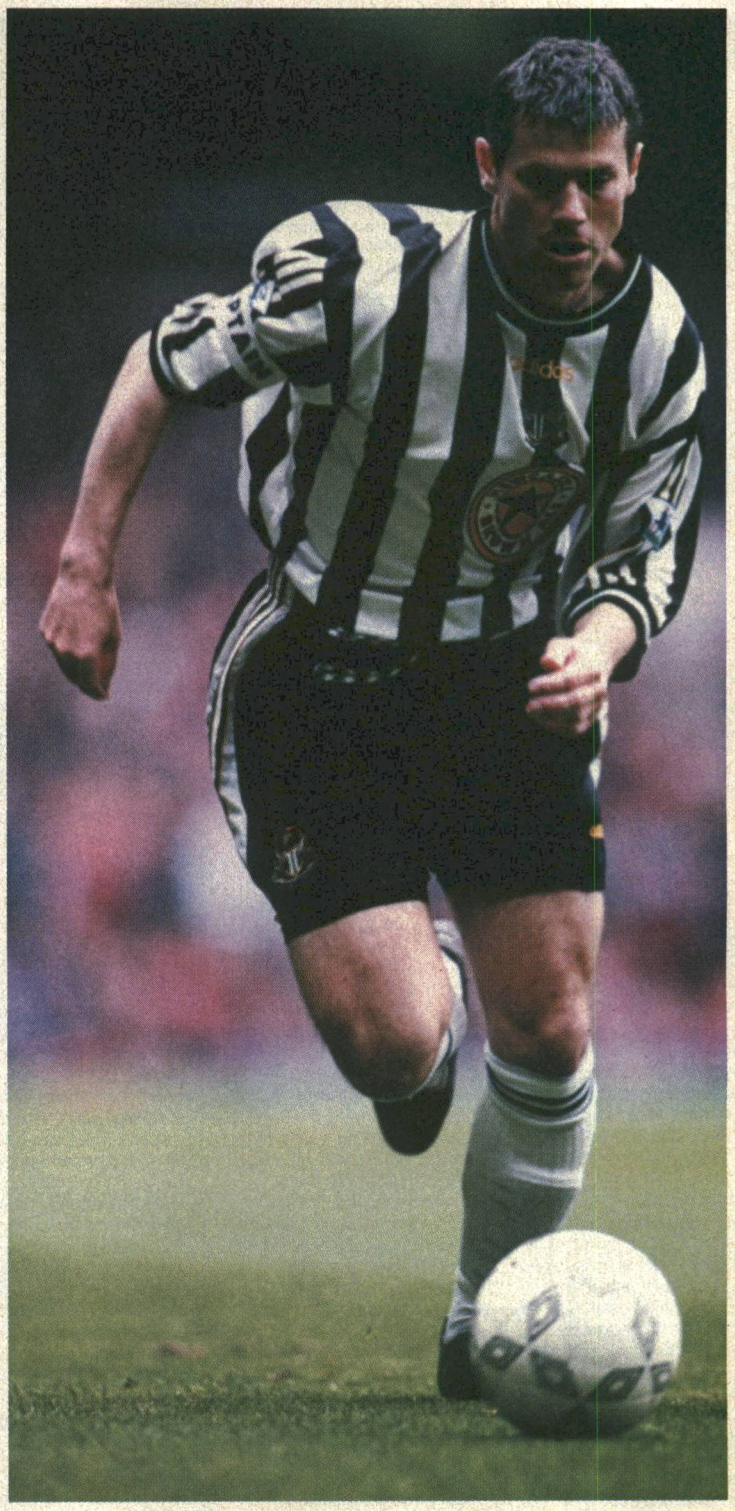
5.30am Select Committees 7.00 The Record 7.30 House of Lords 10.00 House of Commons 3.00pm House of Lords 11.00 The Record 11.30-12midnight Prime Minister's Questions

IN-FLIGHT ENTERTAINMENT

Making its maiden flight across Sky Premier this week is *Con Air*, a solidly crafted hybrid of the action movie, the prison picture and the aeroplane disaster epic. Packed with screen-scorching pyrotechnics, it benefits from the casting of Nicolas Cage, who pays the sort of entertaining attention to character detail that's lacking in other jumbo-budget special effects showcases. He plays Cameron Poe, a highly decorated soldier who serves eight years in the penitentiary after accidentally killing a drunk while defending his pregnant wife. He's granted parole and hitches a ride home on a prisoner transportation plane along with the most dangerous criminals in the country, who are being taken to a maximum security jail. Once the craft is airborne, Poe finds himself thrown into the thick of a murderous mutiny lead by notorious sociopath Cyrus the Virus (John Malkovich). But there's no way this violent hijack scenario is going to prevent Poe from getting home to his wife and the daughter he's never met. Cue a catalogue of brilliantly engineered set-pieces that play out to a pounding score and culminate in an outrageous destruction spree in Las Vegas. *Con Air* sends up the conventions of the action genre as it celebrates them; the baddies are drawn with broad, darkly comic strokes and the dialogue is slyly humorous. Director Simon West's apprenticeship as a maker of pop videos and adverts is evident in the designer camerawork, slick slow-mo and percussive editing; he mounts the action with vigour and succeeds in creating a hugely entertaining slice of escapism.
Sky Premier Saturday 16th 10.00pm

BACK DOWN TO EARTH

Earth: Final Conflict is based on an original idea by the late Gene Roddenberry (the creator of the quintessential work of small-screen sci-fi, *Star Trek*) and was developed by his widow, Majel Barrett Roddenberry (pictured left as the show's Dr Julianne Belman). It provides excellent entertainment value, thanks to its convincing characters and intelligent scripts. Deluxe direction and feature film-calibre special effects lend the show an impressive visual polish that elevates it above many other genre entries on TV. The show, which is set in the 21st century and concerns an alien people's integration into society and the suspicion with which some humans regard them, makes a welcome return to Sky One this month, complete with a dynamic new star, former *Beverly Hills 90210* regular Robert Leeshock.
Sky One Sunday 17th 8.00pm



NAME THAT TOON

Premiership troupers Charlton Athletic will be seeking some much-needed points in Saturday's home clash against Newcastle (whose Rob Lee is pictured). In recent matches, Alan Curbishley's south London side have shown a dangerous lack of cohesion up front. On a bad day, the Addicks' attacking set-pieces, spearheaded by Clive Mendonca and Andy Hunt, are often clumsily telegraphed and short on imagination, doing little justice to talented winger John Robinson's energetic drives down the right flank. They were spared the powerhouse headers of towering Toon centre-forward Duncan Ferguson when they met his previous club, Everton, the weekend of his move last November. But, as they demonstrated in that match (which they lost 2-1 after a fierce fight), Charlton possess the uncanny ability to summon a fighting spirit in their second-half performances that often catches even the toughest opponents off guard. Newcastle, meanwhile, have been struggling to find any consistent form – though new signing Ferguson has acquitted himself well – and this could harm their chances at the Valley.
Sky Sports 1 Sunday 17th 3.00pm – LIVE

Saturday 16 January

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00am A Change of Heart
1997, rating Sky PG, 86 mins
8.00 Rustlers' Rhapsody
1985, rating Sky PG, DS, 85 mins
10.00 The Incredible Journey
Emile Genest, John Drainie
1963, rating Sky U, 77 mins
12noon A Change of Heart
Andrew McCarthy, Teri Polo
1997, rating Sky PG, 86 mins
2.00pm That Thing You Do!
Tom Everett Scott, Steve Zahn
Comedy drama that follows the fortunes of a young pop band in the early Sixties. After a successful appearance on a college talent show, the band is snapped up by a record company. Text *1996, rating Sky PG, 103 mins*

4.00
The Incredible Journey
Emile Genest, John Drainie
Family adventure about two dogs and a cat and their amazing trek through the Canadian wilderness in search of their family home. *1963, rating Sky U, 77 mins*
5.25 The Barry Norman Interview with Pierce Brosnan
6.00 Space Jam
Michael Jordan, Wayne Knight
Action adventure that blends live action with favourite animated characters. Bugs Bunny needs assistance when he challenges the evil Nerdlucks to a basketball game. Text *1996, rating Sky U, 84 mins*
7.30 P:review
A sneak peek at what's coming up on Sky next week.
8.00 That Thing You Do!
Tom Everett Scott, Steve Zahn
Comedy drama that follows the fortunes of a young pop band called The Wonders. It is 1964, and after a successful appearance on a college talent show, the band are snapped up by a record company and given their own manager, Mr White. Text *1996, rating Sky PG, 103 mins*
10.00 Con Air
Nicolas Cage, John Cusack
PREMIERE Action thriller. A prisoner is released on parole, and gets a ride home on high security prison transport Con Air, but the plane is hijacked by a collection of psychotic criminals. *1997, rating Sky 18, 111 mins*
11.55
Of Love and Shadows
Antonio Banderas
Drama set in Chile. *1996, rating Sky 15, 99 mins*

NIGHT TIME

1.40am Edie and Pen
Stockard Channing, Jennifer Tilly
1996, rating Sky 15, DS, 94 mins
3.20-5.45am
Come See the Paradise
Dennis Quaid, Tamlyn Tomita
1990, rating Sky 15, 127 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am E! News Week in Review
7.30 Action Heroes: Tom Cruise
8.00 Movie Magic: Trouble in the Skies
9.00 The Kid
1997, rating Sky PG, 86 mins
11.00 Spiceworld the Movie
1997, rating Sky PG, 89 mins
1.00pm E! News Week in Review
1.30 Action Heroes: Tom Cruise
2.15 Movie Magic: Trouble in the Skies

3.00 The Kid
Rod Steiger, Jeff Saumier, Ray Aranha
Boxing drama about a young man with a bright future ahead of him inside the ring. However, when his main rival discovers that his parents are not to know about his career, he exploits this weakness to the full. *1997, rating Sky PG, 86 mins*

5.00 The Challengers
Gwynyth Walsh, Eric Christmas, Steven Andrade
Family drama. Following the death of her father, Mackie moves to a new town determined to join a particular gang. Unfortunately, it has a strict boys-only rule, so Mackie hatches an elaborate plan. But will it work? *1989, rating Sky PG, 94 mins*
7.00
Spiceworld the Movie
Melanie Brown, Emma Bunton, Melanie Chisholm, Geri Halliwell, Victoria Adams
Comic spoof of the pop sensation's own lives and their spectacular rise to fame, centering on the preparations for a Spice Girls concert at the Royal Albert Hall. *1997, rating Sky PG, 89 mins*
9.00 Smoke
Harvey Keitel, William Hurt, Stockard Channing
Drama set around a New York tobacco store, based on a story by Paul Auster. The drama focuses on Auggie Wren who owns a small shop in Manhattan. The action follows the life of the owner and of the individual customers. Text *1995, rating Sky 15, 108 mins*
11.00 The Two Jakes
Jack Nicholson, Harvey Keitel, Meg Tilly, Madeleine Stowe
Belated sequel to the film noir, *Chinatown*, about detective Jake Gittes and a sinister case. *1990, rating Sky 15, 131 mins*

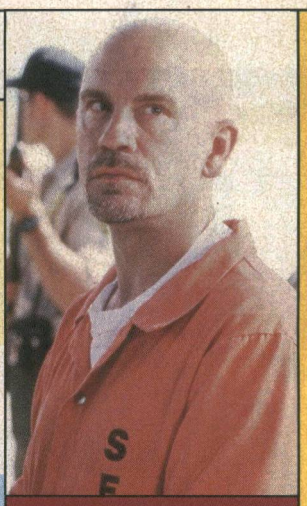
1.15am City of Industry
Harvey Keitel, Stephen Dorff
Revenge thriller. Text *1996, rating Sky 18, 93 mins*
2.55 The January Man
1989, rating Sky 15, DS, 93 mins
4.35-6.10 The Challengers
1989, rating Sky PG, 94 mins

SKY CINEMA
PREMIUM CHANNEL

11.00am Gunga Din
Cary Grant, Victor McLaglen
Rudyard Kipling adventure. *1939, rating Sky U, 112 mins*
1.00pm The Lineup
Warner Anderson, Emile Meyer, Richard Jaeckel, Eli Wallach
Action movie about a San Franciscan crook who sets out to find a hidden stash of drugs. *1958, rating Sky PG, 86 mins*
2.30 Contraband
Conrad Veidt, Valeria Hobson
Comedy drama about life in a British port in the first year of World War II. Danish sea captain Andersen wangles British shore passes for himself and his first officer, only to have them stolen by a mysterious woman. To top it all, they stumble across a covert spy ring. *1940, rating Sky PG, 88 mins*

4.30 The Redhead and the Cowboy
Glenn Ford, Rhonda Fleming, Edmond O'Brien
Western about a dancer who winds up working for the Confederates during the US Civil War. *1951, rating Sky PG, 79 mins*
6.00 Mr Lucky
Cary Grant, Laraine Day, Gladys Cooper, Charles Bickford
Comedy about Joe Adams, a gambling con artist, who takes on the identity of a dead gangster in order to avoid the draft. He plans to con a war relief charity, but has a change of heart when he falls in love with his latest would-be victim. *1943, rating Sky U, 95 mins*
8.00 The Towering Inferno
Steve McQueen, Paul Newman, William Holden, Faye Dunaway, Fred Astaire, Susan Blakely
Disaster movie. An architect is proven right when he voices concern over the safety of his skyscraper, which has been completed while he was on vacation. The tower is too tall to be able to protect people when a fire breaks out, spelling trouble for those partying blithely on the upper floors. *1974, rating Sky 15, 158 mins*
10.45
The Laughing Policeman
Walter Matthau, Bruce Dern
Thriller about a serial killer who terrorises bus passengers, and the two cops who set out to stop him from claiming any more victims. *1977, rating Sky 18, 107 mins*

12.40am The Duchess and the Dirtwater Fox
George Segal, Goldie Hawn
1976, rating Sky PG, 99 mins
2.25 The Long Hot Summer
Paul Newman, Joanne Woodward
1958, rating Sky PG, 112 mins
4.25-6.00am Contraband
Drama. *1940, 88 mins*



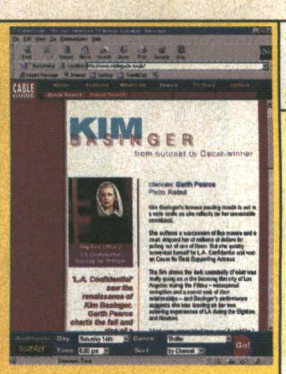
John Malkovich stars as hijacker Cyrus 'The Virus' Grisson in 'Con Air'. Sky Premier 10.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm The Hill
Sean Connery, Harry Andrews, Ian Bannen, Ian Hendry
Powerful drama about a group of prisoners in a North African military camp who are forced to run up and down a sandy hill under the hot sun in full equipment by a sadistic sergeant. When one of the prisoners drops dead of exhaustion, the other men mutiny.
Widescreen *1965, 125 mins*
11.30 Never So Few
Frank Sinatra, Gina Lollobrigida
World War II action story about a US commander who falls in love with a beautiful woman, and attempts to woo her away from her shady boyfriend
Widescreen *1959, 115 mins*
1.45am The Password is Courage
Dirk Bogarde, Maria Perschy
War drama. *1962, 120 mins*
3.45-5.00am Jeopardy
Barbara Stanwyck, Barry Sullivan
Melodrama. *1953, 68 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Godzilla v Mothra
Godzilla takes on another enemy in one of the best Toho-based films for special effects as Mothra, a giant moth, threatens the world. *1964, 90 mins*

8.00 Singles
Bridget Fonda, Matt Dillon, Kyra Sedgewick, Campbell Scott Sheila Kelley, Jim True
Romantic comedy set in the alternative music scene in early Nineties Seattle, in which a group of young single twentsomethings looks for love and a smooth passage into adulthood. Directed by Cameron Crowe. *1992, 95 mins*
10.00 Miami Rhapsody
Sarah Jessica Parker, Paul Mazursky, Mia Farrow
Comedy about Gwyn, a copywriter, whose extended family gradually reveals itself to be awash with self-delusion. The torrent of infidelity leads Gwyn to put her own wedding on hold. Eventually things return to normal, except for Gwyn herself. *1994, 95 mins*
12midnight Tokyo Fist
Comedy. *1995, 90 mins*
1.40am That'll Be the Day
David Essex, Ringo Starr
Drama. *1973, 87 mins*
3.10 Stardust
Rock sequel. *1974, 107 mins*
5.00-6.00am Jimi Plays Monterey
Concert film. *1996, 49 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
CRASH
David Cronenberg's controversial film about a group of people turned on by car crashes, based on a novel by JG Ballard. *1996, rating Sky 18, 97 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
G.I. JANE
Action drama about one woman's struggle to succeed in the ultimate man's world, the navy SEALs. *1997, rating Sky 15, 120 mins*
PLAYS AT 6.00am, 8.30am, 7.00pm, 9.30pm

Sky Box Office 3
Channel 53
BUDDY
Fact-based story about an eccentric animal lover. *1997, rating Sky U, 80 mins*
PLAYS AT 6.30am, 8.00am, 9.30am, 11.00am, 12.30pm, 2.00pm, 3.30pm, 5.00pm, 6.30pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed sci-fi movie with spectacular effects and gore galore. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
ONE NIGHT STAND
Haunting, erotically charged examination of infidelity from director Mike Figgis. Stars Wesley Snipes and Nastassja Kinski. *1997, rating Sky 18, 99 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

7.00am Bump in the Night
7.30 Street Sharks 8.00 The Adventures of Sinbad 9.00 The Simpsons Text **9.30 Garfield and Friends 10.00 The Best of the Chris Evans Breakfast Show 11.00 WWF – Live Wire 12noon WWF – Shotgun 1.00pm The New Adventures of Superman 2.00 America's Dumbest Criminals 2.30 America's Dumbest Criminals**

3.00 Guilty!
Gemma is accused by her friend Tina of being too sexy since she had a breast enlargement, plus Paul is accused by his Aunt Betsy of being a wimp.
4.00 Star Trek: Deep Space Nine
Things Past
Sisko, Odo, Dax and Garak became part of a group of condemned Bajorans. Text
5.00 Star Trek: Voyager
Basics – Part I
Voyager receives a distorted message from Seska telling Chakotay that he has a son derived from his DNA. Text
6.00 Xena: Warrior Princess
Adventures in the Sin Trade – Part II
Xena searches for Gabrielle in the Amazon Resting Place.
7.00 The Simpsons
When You Dish Upon a Star
Homer befriends a group of Hollywood celebrities. Text
7.30 The Simpsons
Bart After Dark Text
8.00 JAG
Gypsy Eyes
NEW Dramatic adventure series about a handsome navy lawyer in the JAG – Judge Advocate General – Corps.
9.00 Sky One Special Feature

11.00 Beat the Crusher
Another chance to see yesterday's episode of this anarchic, chaotic gameshow hosted by Freddie Starr and Melinda Messenger.
12midnight Showbiz Weekly
12.30am The Big Easy
Night Music
A rising young blues musician is murdered, and a blind bluesman comes forward to identify the killer as the devil.
1.30 Fire Text
2.30-6.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Angels
Soap set in St Angela's Hospital.
7.30 Neighbours Omnibus
Another chance to catch up with the week on Ramsey Street
9.25 Dallas Omnibus
Another chance to see how the oil barons are doing in Texas.
12.10pm EastEnders Omnibus
An opportunity to catch up with the scandal and gossip from Albert Square.

3.00 The Bill Omnibus
A chance to catch up with the week's events at Sun Hill. A call made accidentally on a mobile telephone sparks a dramatic search for the victims of a kidnapping, and a heroic deed during an armed robbery lands Page in a hostage crisis. The team also have to try and trap a team of burglars with the help of a couple of pensioners, learning that sometimes the old ways are the best.
5.20 Butterflies
Each member of the Parkinson family seems afflicted with personal problems.
6.00 FILM: Kidnapped
Michael Caine, Trevor Howard, Jack Hawkins, Donald Pleasence, Lawrence Douglas, Vivien Heilbron
Unaware of his inheritance, David Balfour is almost sold into slavery. Kidnapped, and en route to his doom aboard the ship of a scurrilous sea-dog, he survives a shipwreck and joins forces with a Jacobite rebel. *1971*
8.00 The Detectives
Sparring Partners
Briggs and Louis are on the trail of a professional boxing trainer.
8.40 Specially Selected Canned Carrott
Tonight, he investigates the bizarre behaviour of the airport baggage-handler.
9.35 The Thin Blue Line
The Queen's Birthday Present
Comedy series set in a police station under the command of an inept inspector.
10.15 Red Dwarf IV
DNA
10.55 One Foot in the Grave
The Affair of the Hollow Lady
A widow from the local grocers has designs on Victor that are more animal than vegetable.
11.35 French and Saunders
12.15am The Man from Auntie
More quickfire comedy and observations on life from Ben Elton.
12.55 French and Saunders
1.25 The Man from Auntie
2.00 The Onedin Line
Guilty - in All Innocence
3.00am-7.00am Shopping with Screenshop

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.05 Can't Cook, Won't Cook
Culinary race against the clock.
9.35 Ready, Steady, Cook
Today's guest cooks are Lesley Waters and Nick Nairn.
10.10 Maury Povich
11.00 Living Issues
11.30 The Roseanne Show
12noon Entertainment Now!
The latest showbiz news.
12.30pm LA Law Omnibus

3.00 FILM: Beautiful But Dangerous
Robert Mitchum, Jean Simmons Edgar Buchanan, Arthur Hunnicutt, Wallace Ford
Comedy about a wealthy young woman who causes chaos when she returns to her Arkansas home town and begins distributing money anonymously to repay the citizens who helped fund an operation. *1954*
5.00 Special Babies
Documentary series on babies born with special needs, their parents, and the medical staff who care for them.
5.30 Animal Rescue
6.00 FILM: Love, Mary
Kristy McNichol, Matt Clark David Paymer, Rachel Ticotin Piper Laurie, Leslie Wing
A moving drama based on the true story of Mary Groda-Lewis, who overcame illiteracy, dyslexia, and a spell in reform school for car theft, and then survived a stroke while giving birth to become an award-winning physician. *1985*
8.00 Rescue 911
Hosted by William Shatner.
8.30 Beyond Belief
Anthology mystery series that challenges viewers to seperate fact and fiction.
9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

11.00-12midnight The Sex Files
Age and Sex
A talk show dealing with the more interesting and imaginative side of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King
7.00 Bootsie & Snudge
7.30 Leave it to Charlie
8.00 Holding the Fort
8.30 Mind Your Language
9.00 Mission: Impossible
The Council – Part II
10.00 The Persuaders
The Ozerov Inheritance
11.00 Man in a Suitcase
12noon The Bounder
12.30pm Emmerdale Omnibus

3.00 Bonanza
The Saga of Annie O'Toole
Ida Lupino stars as Annie O'Toole, a feisty woman who sets up a restaurant in Virginia City.
4.00 The High Chaparral
A Quiet Day in Tucson
Buck, Manolito and Billy Blue are sent to Tucson for food, supplies and boots, but are sidetracked instead by women and song.
5.00 Hawaii Five-0
How to Steal a Masterpiece
The Five-0 team comes to the aid of an art collector whose masterpieces are being held to ransom.
6.00 The Persuaders
The Ozerov Inheritance
Echoes of imperialistic Russia are rung out for Danny and Brett when a grand duchess seeks their help.
7.00 Mission: Impossible
The Echo of Yesterday
The IMF tampers with the brain patterns of a man threatening to sell his empire to the leader of the neo-Nazis.
8.00 Return of Sherlock Holmes
The Abbey Grange
Holmes is called in to investigate a brutal murder – but on arrival it seems to have been solved.
9.00 El C.I.D.
Bromley and Blake investigate when Delgado suspects sabotage on his godson's golf course.
10.00 The Odd Couple
10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Snowgirls
Emma Harrison presents a *Snowgirls* extravaganza from St Anton.
11.30 Jo Guest's Private Parts
12midnight Real Sex
A candid and intriguing look at the novel ways in which men and women explore their sexuality.
12.30am Weird!
12.50 Lady Lust
1.00 V.P.L.
1.30-2.00am Noddy's Electric Ladyland

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear in the Big Blue House 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 The Little Mermaid 8.25 Classic Toons 8.30 Hercules 9.00 Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 11.30 Student Bodies 12noon Smart Guy 12.30pm Boy Meets World 1.00 Dinosaurs 1.30 Amazing Animals 1.55 Winnie the Pooh 2.10 Bite Size 2.20 Bear 2.45 Winnie the Pooh

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text
3.30 Goof Troop
The man of the house is trying to keep his son in line. Text
4.00 101 Dalmatians
Purred it Through the Grapevine/Lobster Tale Text
4.30 Hercules: The TV Show
Mythology and lessons in life.
5.00 Recess Text
5.15 Pepper Ann Text
5.30 Microsoap Text
5.45 Smart Guy
TJ is a 10-year-old smart guy. Text
6.10 Teen Angel
Date with an Angel Text
6.35 Boy Meets World
My Best Friend's Girl
It takes a little planning to get Cory and Topanga together. Text
7.00 FILM: Sword in the Stone
Animated adventure which retells the story of King Arthur as the tale of a scrawny lad who becomes magician Merlin's protegé, and eventually pulls the famous sword from the stone to become king. *1963* Text
8.30 Classic Toons
8.45 Honey, I Shrunk the Kids: The TV Show
From Honey, With Love
Wayne is secretly recruited to join Canada's Secret Service to make spy inventions. Text
9.30 Home Improvement
Tim Allen stars.
10.00 Dinosaurs Text
10.30 The Wonder Years
Square Dance Text
11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

SATURDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

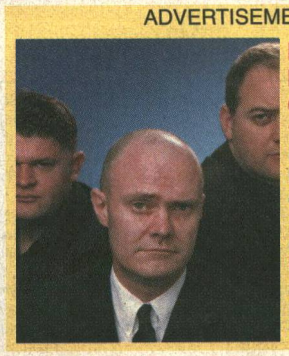
FILM

Con Air
Sky Premier 10.00pm
This high-octane blockbuster stars Nicolas Cage as a man who's been released from prison on parole. When he hitches a ride home on a prison transport plane, he's on course for a disaster as some of America's deadliest criminals intend to make this a flight to freedom.

GENERAL

Frasier
Paramount Comedy Channel 9.00pm
It's *Frasier Weekend* and here's the first ever episode. Frasier has just got divorced and moved back to his hometown of Seattle to take up a job as a radio shrink. The cast gathers as his father, Martin, who has a damaged leg, agrees to move in, and Daphne is hired as his physio.

ADVERTISEMENT



DON'T FEED THE GONDOLAS
10.30PM
Newsy, topical and comical is the Irish current affairs quiz, *Don't Feed the Gondolas*. Two panels of celebrity guests line up to take part in a series of rounds that tests their news knowledge and ability to be funny. Sean Moncrieff hosts.

Saturday 16 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

MORNING

6.00 AM
7.30am Rally 8.00 Tennis 9.00 Biathlon – LIVE 10.00 Alpine Skiing – LIVE 11.00 Biathlon 11.30 Alpine Skiing – LIVE 12.30pm Ski Jumping – LIVE Coverage of the World Cup in Zakopane, Poland. **2.00 Biathlon** Action from the World Cup in Ruhpolding, Germany.

3.00 PM
3.00 Bobsleigh – LIVE Coverage of the two-man competition section of the World Cup, which is being held in Winterberg, Germany.

4.00 PM
4.00 Biathlon – LIVE World Cup coverage from Ruhpolding, Germany.

5.00 PM
5.00 Bobsleigh – LIVE Continued coverage of World Cup events from Winterberg, Germany.

6.00 PM
6.00 Snowboard Action from the World Championships in Berchtesgaden, Germany. **6.30 Football – LIVE** Coverage of the friendly match between Borussia Mönchengladbach and Ahlborg, which is taking place in Växsjö, Sweden. The game is part of an *indoor* tournament, which also includes the teams Öster and Inter Abo. **8.30 Tennis** Action from the WTA Tournament in Sydney.

9.00 PM
9.30 Rally Highlights of the 15th stage of the Total Granada Dakar 99.

10.00 PM
10.00 Boxing Coverage of another international contest.

11.00 PM
11.00 Darts Another chance to catch the action from the Winmau World Masters.

NIGHT TIME

12.00
12.30am-1.00am Rally More highlights of the Total Granada Dakar 99 Tournament.

SKY SPORTS 1
PREMIUM CHANNEL

6.00am Hold the Back Page 7.00 Sky Sports Centre 8.00 Aerobics Oz Style 8.30 Racing News 9.00 Hold the Back Page 10.00 Tenpin Bowling: World Tenpin Masters 11.00 Max Power 12noon Gillette Soccer Saturday Jeff Stelling presents the fastest and most comprehensive football results service on television, including post-match interviews with the men that matter and detailed analysis from the Sky Sports pundits.

5.30pm Bobby Charlton's Football Scrapbook: Ron Yeats Bobby Charlton and Dickie Davies are joined by former Liverpool legend Ron Yeats, who looks back at his memorable career with the Merseysiders.

7.00 Basketball: Manchester Giants v Sheffield Sharks – LIVE Coverage from the Manchester Evening News Arena where the Manchester Giants take on their rivals from across the Pennines. Presented by Suzanne Dando with Kevin Cadle.

9.00 Fight Night – LIVE Championship boxing featuring the best of British fighters. Presented by Paul Dempsey with ringside analysis from Glenn McCrory and Ian Darke.

11.00 Spanish Football Highlights from a match in the Spanish top flight – a league featuring many of the world's most talented players.

1.00am Rugby Union Update: Gloucester v Richmond Hightlights of the clash. *Repeat from Sky Sports 2* **2.30 Fight Night 4.30 Max Power 5.30-6.00 Wild Spirits**

SKY SPORTS 2
PREMIUM CHANNEL

6.00am Motorcycling: AMA Grand National Series 7.00 Aerobics Oz Style 7.30 Racing News 8.00 Moto-Plus 8.30 International Cricket: South Africa v West Indies – LIVE Coverage of the fifth Test from Pretoria. **10.30 H_2O 11.00 International Cricket: South Africa v West Indies – LIVE** Continued coverage of the fifth Test from Pretoria. **3.30pm Gillette World Sport Special** With David Jensen.

4.00 Rugby Union: Gloucester v Richmond – LIVE Coverage of the Allied Dunbar top flight clash at Kingsholm. Gloucester's home form was impressive last season, although they diid less well in away matches. Presented by Mark Durden-Smith with commentary from Stuart Barnes and Miles Harrison.

6.30 International Cricket: South Africa v West Indies Highlights of the fifth Test, which is being held in Pretoria. After a difficult year, West Indies' captain Brian Lara will be looking to exploit inconsistencies shown by South Africa.

8.00 Ford Golf USA: Sony Open Highlights from day two of the Sony Open Championship. *Repeat from Sky Sports 3*

10.00 Rugby Union Update: Gloucester v Richmond The best of the action from Kingsholm venue for this crucial Allied Dunbar Premiership encounter.

11.30 Motorcycling: AMA Grand National Series A look at the American Motorcycling Association's Grand National Series. **12.30am Ford Golf USA: Sony Open – LIVE** Day three coverage. **2.30 Motorcycling: AMA Grand National Series 3.30-6.00am International Cricket: England v Australia – LIVE**

SKY SPORTS 3
PREMIUM CHANNEL

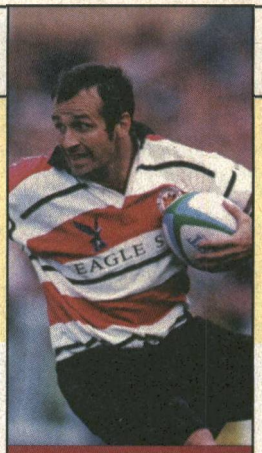
7.00am Tenpin Bowling: World Tenpin Masters Coverage from the Goresbrook Leisure Centre in Dagenham, Essex. **8.00 Soccer AM 11.30 Euro Tour Golf: Alfred Dunhill Championship LIVE** Day three coverage. **2.30pm Ford Golf USA: Sony Open** Highlights from day two of the Sony Open Championship.

4.30 Euro Tour Golf: Alfred Dunhill Championship Highlights from day three of the Alfred Dunhill SA PGA Championship. The best of the world's golfers, including Ernie Els, Nick Price and Greg Norman, are in Johannesburg for this prestigious event.

7.30 Spanish Football – LIVE Coverage of a top Primera Liga match, as two talented sides do battle on the path to potential championship glory.

10.00 International Cricket: South Africa v West Indies Highlights of the fifth Test from Pretoria.

11.30-12midnight Gillette World Sport Special Reports on the world's more alternative sports.



Gloucester's Philippe Saint-Andre will be hoping his team can overcome Richmond. Sky Sports 2 4.00pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On Look ahead to what's in store tonight on MUTV. **6.05 Watch This if You Love Man-U** Post-match analysis from the men in the know, including squad members, celebrity guests, stars from the past, journalists and fans. **7.30 Kids Clinic 8.00 Super Match – Vintage Reds: Manchester United v Liverpool** A look at an encounter from the 1979-80 season. **9.00 Did You See...?** Catch up with this week's highlights on MUTV, the only channel with access behind-the-scenes at the world's most popular club. **10.00 Man U Menu** Discover the culinary delights of United's extrovert chef, Jesper Jespersen. **10.30 F.A.N. 11.00 Jump 'n' Pump** Aerobics exercise. **11.15 Megastore Megabuys 11.30-12midnight Red Hot News**

SCI-FI
ACTION PACK

7.30am Planet Mirth 8.00 Deepwater Black 8.30 Children of the Dog Star 9.00 Invisible Man 10.00 Cape 11.00 Incredible Hulk 12noon-5.00pm Tales of the Unexpected 12noon *The Luncheon* 12.30pm *Sauce for the Goose* 1.00 *Death Can Add* 1.30 *Bird of Prey* 2.00 *There's One Born Every Minute* 2.30 *The Way to Do it* 3.00 *The Memory Man* A man tries to exploit his incredible memory. 3.30 *A Man with a Fortune* A chance meeting has disastrous consequences. 4.00 *Wet Saturday* A retarded girl commits a terrible act. 4.30 *The Moles* A bank robbery doesn't go according to plan.

5.00 FILM: Mysterious Two *Priscilla Pointer, John Forsythe, James Stephens, Robert Pine* Adventure in which an extraterrestrial couple come to earth to recruit misfits and adventurers. *1987*

6.55 Sci-Focus A look behind the scenes of a recent sci-fi movie.

7.00 The Cape *In Friends We Trust* Zeke is thrown into a crisis of conscience when a war buddy contributes to the death of a team mate.

8.00 FILM: Waterworld – The Special Edition *Kevin Costner, Jeanne Tripplehorne, Chaim Jeraffi, Dennis Hopper* **PREMIERE** Futuristic adventure set in a world covered by oceans. A solitary traveller, known as the Mariner, becomes the protector of a woman and a young girl as they search for a mythical ancient land. *1995*

10.30 Evil Dead II: Dead by Dawn A young man takes his girlfriend to a secluded cabin where they are attacked by spirits from beyond the grave. *1987*

11.30 The Hunger *Hidebound*

12midnight Mystery Science Theatre 3000 *The Prince of Space* **1.50am Sci-Focus 2.00 Planet Mirth 2.30 100 Years of Horror** *Werewolves* **3.00 The Twilight Zone 3.30-4.00am Dark Shadows**

ITV2
ACCESS PACK

9.30am Videotech Margherita Taylor presents the charts and gossip from the music world. **10.00 Extreme! 10.30 Board Wild 11.00 WWA Wrestling 12noon Taking the Pitch 12.20pm CITV2** Children's programmes. **1.45 The Locker** Gabby Yorath presents a fitness and health magazine programme.

2.15 Futbol Mondial Top news and action from the world of football. **2.45 Football First** Live football updates from around the grounds. **5.30 Snooker** Coverage of the Nations Cup from Newcastle. **6.30 NBA Basketball** Highlights of a midweek game from the US. **7.30 Autosport International Show**

8.30 Goodwood Festival of Speed Highlights introduced by Nick Knowles. **9.30 The Shea Neary Story 10.30 Widescreen on 2: Sharpe** Feature-length drama about the maverick 18th century officer, starring Sean Bean. **12.30am-1.30am God's Gift** Davina McCall continues her search for the ultimate male specimen.

TELEVISION X
ADD-ON CHANNEL

12midnight Free View 12.10am A to Z of Fetish 12.20 Extreme Close-Up 12.45 FILM: Addicted to Lust 1.00 View 1.05 FILM continues 2.00 View 2.05 Adult Feature 2.30 FILM: Cafe Flesh 2 3.00 View 3.05 FILM continues 3.40 FILM: Suzie Sleaze 4.10-5.30am FILM: The Stand Up

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Neil Down – Sex Therapist 12.40 Lesbian Fantasies 1.00 Frisky Hot Fräuleins Erotic series. **1.15 FILM: Generation X** Erotic feature film. **2.30 Girls About Town 2.45-4.00am FILM: Last Tango in Paradise**

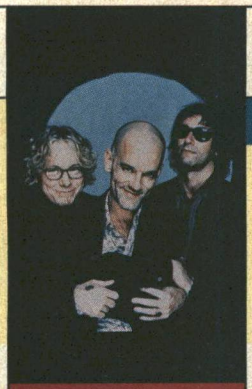
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: The McFalls *Nanette Fabray, John Cotton.* Comedy about an over-zealous tax revenue agent. **9.30 Wild Planet 10.05 Monaco Forever** Comedy. **10.35-12midnight FILM: Stiff as a Board** *Melissa Hill, Mike Horner* Erotic film in which a stag party turns into a wake.

Saturday 16 January



Then there were three: 'REM Uplink' presents the melodic band in concert. MTV 10.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Games Room
5.15 Candid Camera
Practical jokes and crazy mishaps caught on film for the amusement of all.
5.45 The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Max Bygraves.
6.30 The Games Room
6.45 Name That Tune
Jools Holland presents the stylish music quiz.
7.15 The Games Room
7.25 Roll With it
Pop quiz hosted by Keith Chegwin.
7.55
The Crystal Maze
A team of contestants tackles a series of madcap games and fiendish challenges in a giant fantasy world.
9.00 The Games Room
9.15 Strike it Lucky
Michael Barrymore asks contestants to choose top, middle or bottom.
9.45 The Games Room
10.00 Candid Camera
Practical jokes and crazy mishaps caught on film.
10.30 Don't Feed the Gondolas
With Sean Moncrieff.
11.00
Carnal Knowledge
Saucy quiz show that asks couples to reveal their most intimate secrets, hosted by Graham Norton.
12midnight Strike it Lucky 12.30am Name That Tune 1.00 Don't Feed the Gondolas 1.30 Roll with It! 2.00 Karaoke 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Say the Word 4.30 Don't Drink the Water 5.00-6.00am Shopping with Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 Why Files 7.30 Fashion 8.00 Agony 8.30 Lie Detector 9.00 Grass Roots Football 10.00 Bangers and Smash 11.00 Indecent Proposals 11.30 BodyHeat 12noon Why 12.30pm Agony 1.00 Lie Detector 1.30 Agony 2.30 Indecent Proposals
3.00 Agony
Moral dilemmas dramatised and discussed with Miff Daniels and Debbie Currie.
3.30
Women's Wrestling
More leotard-clad grappling action.
4.30 Agony
Moral dilemmas dramatised and discussed.
5.00 Agony
Moral dilemmas dramatised and discussed.
5.30 The Why Files
Psychic investigations of the paranormal.
6.00
The Fashion Show
A look at the headlines.
6.30
Bangers and Smash
Stockcar action with Louise Brady.
7.30 Agony
Moral dilemmas dramatised and discussed with Miff Daniels and Debbie Currie.
8.00 The Why Files
Psychic investigations of the paranormal.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Women's Wrestling
Spandex-clad grappling.
9.57 Topless Darts
More sharp and shapely dart throwing.
10.00
Hollywood Uncovered
Behind the scenes in the pornographic film industry.
10.30 Exotica Erotica
Raunchy tales of passion.
11.30 Blue Review
Adult videos assessed.
11.45 Janeycam
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasuredome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30-6.00am BodyHeat

● Birmingham, Edinburgh, and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food for Thought 10.00 Retrospectives 10.30 Worrall Thompson 11.00 Vin Ordinaire 11.30 Kitchen College 12noon Network 12.30pm Turner's Tour 1.00 Can't Stand the Heat 1.30 Slice of Life 2.00 Newman Meets 2.30 Network 3.00 Winter Nosh 3.30 Coxon's Kitchen College 4.00 Tessa Bramley's Country Kitchen 4.30-5.00pm For Better, for Worse

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Byker Grove
Everyone except Donna pairs off at the campsite.
6.00 Byker Grove
The social services take over the Fraser and Spuggie family case.
6.30 Rising Damp
Pink Carnations
7.00 Flying Start
Travel gameshow with Emma B and Ed Sanders.
7.30 Birds of a Feather
Absent Friends
With Pauline Quirke.
8.00 Lovejoy
The Kakiemon Tiger
Lovejoy hijacks one of Charlotte's auctions after being menaced by a private debt collector.
9.00 Pie in the Sky
Devils on Horseback – Part II
With a second murder to worry about, Crabbe's feeling the heat from Fisher. With Samantha Janus.
10.00 Stay Lucky
A Woman's Lot
Thomas helps a photographer put together a girlie calendar. With Dennis Waterman.
11.00
Hill Street Blues
Influential Eighties American police drama series set in a tough urban area with Daniel J Travanti.
12midnight Rising Damp
Pink Carnations
12.30am
Let the Blood Run Free
1.00
Tales of the Unexpected
The Umbrella Man
1.30-2.00am
Tales of the Unexpected

ANIMAL PLANET
WORLD PACK

12noon Wolves at Our Door
Following a pack of wolves in the remote area of Idaho's Sawtooth Mountains.
1.00pm The Dolphin: Born to Be Wild
Looking at an activist's attempts to return captive dolphins to the wild.
2.00 Walk on the Wild Side
An examination of the mechanisms of locomotion.
3.00 Lassie
Swamp Thing
Lassie saves Timmy and Billy from an alligator.
3.30 Lassie
The Raft
4.00 Animal Doctor
Follow animal doctors from the RSPCA and other rescuers as they respond to reports of emergencies and animal cruelty.
5.00 Wildlife ER
Looking at animals in critical need of attention.
5.30
Breed All About It
Dalmation
6.00 Hollywood Safari
War Games
Two rogue paint-ball warriors start attacking animals and then become the prey of a mountain lion.
7.00 Crocodile Hunter
Return to the Wild
Steve Irwin takes his father, Bob, on a search for a crocodile which is terrifying the local population.
8.00
Wildest South America
An insight into the diversity of South American wildlife, from the jaguars to the pumas of the foothills.
9.00
Spirits of the Rainforest
A look at the unique and varied wildlife that lives in the difficult environs of the rainforest.
10.00
Mysterious Marsh
A look at the diverse array of creatures that have made marshland their home.
11.00
Deadly Australians
Forest
11.30-12midnight
The Big Animal Show
Lemurs

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 8.30 The Kon-Tiki Man 9.00 We Have Ways of Making You Think 10.00 We Have Ways of Making You Think 11.00 Top Gear GTi 12noon The Day the Universe Changed 1.00pm Airport 1.30 Vets in Practice 2.00 Spirit of the Jaguar
3.00
Spirit of the Jaguar
Forests of the Maya
An examination of the Maya, who lived over 1,000 years ago.
4.00
Spirit of the Jaguar
Hunters of the Caribbean Sea
Looking at the Taino, who lived in the Caribbean.
5.00 Rolf's Amazing World of Animals
5.30 Life on Ice
Looking at a revolutionary new tecnhique for dealing with head injuries.
6.00 The House
Horse Trading
Director general Jeremy Isaacs has to defend himself against charges of 'appalling incompetence'.
7.00 Great Railway Journeys
Great Zimbabwe to Killimatinde
Henry Louis Gates Jr explores his African roots.
8.00 Jungle Nights
Tim Pigott-Smith narrates the story of the jungle after dark revealing the night life of the tropical rainforest of Central America.
9.00
Neighbours at War
Tales of suburban strife.
9.30
Billy Connolly's World Tour of Australia
Billy visits Alice Springs.
10.20 Top Gear Take 2
AC Cobra
With Quentin Willson.
10.30 Top Gear GTi
Testing the latest models and casting an eye over the hottest motoring news.
11.30
Premier Passions
Following the fortunes of Sunderland Football Club from late 1996 to present.
12.30am-1.00am
UFO Diaries
The Pyramids – The Alien Connection
A look at theories that aliens built the Egyptian pyramids as an interstellar guidance system.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am E! True Hollywood Story 7.00 E! in Focus 8.00 The Good Housekeeping Show 8.30 Rosemary Conley's Low Fat Cookbook 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Psychic Zone 11.30 The Fast Food Show 12noon The Good Housekeeping Show 12.30pm Roddy Llewellyn's Indoor Garden 1.00 E! True Hollywood Story 2.00 The View
3.00 Livetime
Magazine programme which puts viewers in direct touch with the experts and celebrity guests on air.
4.00
Sally Jessy Raphael
Couples on the Verge of Divorce
American talk show, today looking at troubled couples.
5.00-6.00pm
Livetime
Magazine programme which puts viewers in touch with the experts.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Extreme Earth: Flight from the Volcano
Featuring Judy Leden.
7.30 Extreme Earth: Beating the Blizzards
8.00 Nature's Nightmares: Land of the Anaconda
Exploring the secret world of the world's largest snake in Venezuela.
9.00 Survivors: A Glorious Way to Die
A group embarks on a white-water expedition to commemorate the loss of their colleagues.
10.00 Channel 4 Originals: The Polygamists
Examining families in Manti, Utah, who actively practice plural marriage.
11.00
Natural Born Killers: The Siberian Tiger – Predator or Prey?
Explore the realm of the world's largest cat.
12midnight-1.00am
They Never Set Foot on the Moon
A unique look behind the scenes of the Russian space programme through contemporary interviews and archival footage.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

7.00am Kickstart
9.00 Collexion: Michael Jackson... History
9.30 Ultrasound: Janet Jackson
An all-access pass to the backstage life of the artist while on tour in Europe. She talks about her new release, *Velvet Rope*.
10.00 European Top 20
12noon News Weekend Edition
12.30pm Essential Spice Girls
1.00
Spice Girls: A-Z of Girl Power
3.00
An Audience with All Saints
4.00 Select MTV
6.00 All Time Top 10 Michael Jackson Videos
7.00 MTV Live: Robbie Williams
7.30 The Verve Northern Soul
8.00 Dancefloor Chart
9.00 Essential Prodigy
9.30 News Weekend Edition
10.00 MTV Presents... REM Uplink NEW
11.00 The Grind
12midnight
Madonna Videography
4.00am Chill Out Zone
5.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Breakfast 9.00 Greatest Hits... Movies 10.00 Weekend 11.00 Classic Chart 12noon Ten of the Best: Des'ree 1.00pm Greatest Hits... Stars NEW 1.30 Pop-Up 2.00 American Classic 3.00 Album Chart 3.55 Star Signs 4.00 Aries 4.30 Taurus 5.00 Gemini 5.30 Cancer 6.00 Leo 6.30 Virgo 7.00 Libra 7.30 Scorpio 8.00 Sagittarius 8.30 Capricorn 9.00 Aquarius 9.30 Pisces 10.00 Bob Mills 11.00 Spice 12midnight Midnight Special 12.30am Ed Sullivan 1.00-6.00am Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Go 2 12.30pm Secrets of India 1.00 Fork in the Road 1.30 Food Lovers' Australia 2.00 Floyd 2.30 Written in Stone 3.00 Transasia 4.00 Sports Safaris 4.30 Earthwalkers 5.00 Dream Destinations 5.30 Holiday Maker 6.00 Food Lovers' Australia 6.30 Go 2 7.00 Rolf's Walkabout 8.00 A Fork in the Road 8.30 Caprice's Travels 9.00 Transasia 10.00 Sports Safaris 10.30 Holiday Maker 11.00 Earthwalkers 11.30-12midnight Dream Destinations

UK STYLE
LIFESTYLE PACK

7.00am Women 7.30 Catch 8.00 Track 8.30 Walks 9.00 Can Ski... 9.30 Garden Grow? 10.30 Gardening Week 11.00 Places 11.30 Roadshow 12noon Flower 12.30pm Ground 1.00 Women 2.00 Track 2.30 Walks 3.00 Ski 3.30 Garden Grow? 4.30 Week 5.00 Places 5.30 Roadshow 6.00 Flower 6.30 Ground 7.00 Women 7.30 Catch 8.00 Track 8.30 Walks 9.00 Ski 9.30 Garden Grow? 10.30 Week 11.00 Places 11.30 Roadshow 12midnight Flower 12.30am-1.00am Ground

UK ARENA
LIFESTYLE PACK

3.00pm The Look
4.00 Sounds of the Seventies
4.30 Sounds of the Seventies
5.05 Later On... Emmylou Harris
6.00 Later On... Cambridge
6.55 The Mavericks – Raw
8.00 Dancing in the Street
9.00 Brass
9.30 Brass
10.00 Movie Club
10.05 FILM: Leon *1994*
12.10am Dancing in the Street
1.10 Brass
1.40 Brass
2.10-3.00am
Later On... Cambridge

Saturday 16 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Rex Hunt 6.30 Fishing Australia 7.00 Hooked 7.30 These Four Walls 8.00 Gimme Shelter 8.30 In the Workshop 9.00 Rex Hunt 9.30 Fishing Australia 10.00 Hooked 10.30 Four Walls 11.00 Gimme Shelter 11.30 In the Workshop 12noon Yankee Workshop 12.30pm Hammer It Home 1.00 Doing it Up 1.30 Home Again 2.00 Go Fishing 2.30 Two's Country 3.00-4.00pm Campaigns in History NEW SERIES

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM
4.00pm
Battle for the Skies
A Vicious Sting
How the success of the Fighter Command in the Battle of Britain continued.

5.00 PM
5.00
A Century of Warfare
A look back at the time when Britain and Germany battled for control of the seas during World War I.

6.00 PM
6.00
A Century of Warfare
A look back at how air warfare over both land and sea became pervasive in World War I.

7.00 PM
7.00
Skyscraper at Sea
A look at the construction of the Troll gas platform, the largest concrete-based structure of its kind.

8.00 PM
8.00 Storm Force
Tornado
Visiting towns in the US which are devastated by tornados, and a look at tornado activity in Europe.

9.00 PM
9.00 Roller Coaster
The world's greatest roller coasters, including the Las Vegas Stratosphere, atop a building the height of the Eiffel Tower.

10.00 PM
10.00
Forensic Detectives
Lethal Obsessions
Psychologists study the workings of the criminal mind.

11.00 PM
11.00
A Century of Warfare
A look back as Britain and Germany battle for control of the seas during World War I.

12.00
12midnight
A Century of Warfare
A look back at how air warfare over both land and sea became pervasive in World War I.
1.00am-2.00am
Weapons of War
Submarine Warfare

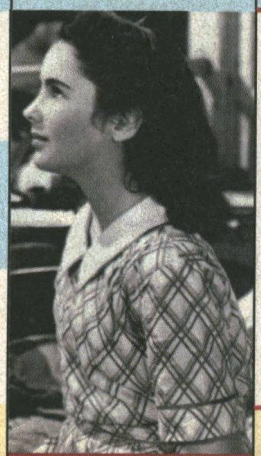
NIGHT TIME

SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm Emmerdale Farm
1.00 Emmerdale Farm
1.30 Take the High Road
2.00 Take the High Road
2.30 Take the High Road
3.00 Take the High Road
The revival of Letir-Falloch will have untold effects on the whole community.
3.30-4.00pm
Take the High Road

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Magic Roundabout 6.00 Tidings 6.30 Blinky Bill 7.00 Tabaluga 7.30 Sylvester and Tweety 8.00 Powerpuff Girls 8.30 Animaniacs 9.00 Dexter 10.00 Cow and Chicken 10.30 I Am Weasel 11.00 Beetlejuice 11.30 Tom and Jerry 12noon Flintstones 12.30pm Bugs and Daffy 12.45 Popeye 1.00 Road Runner 1.15 Sylvester and Tweety 1.30 What a Cartoon! 2.00 Taz-Mania 2.30 Droopy
3.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
3.30 Scooby-Doo
Canine crime-busting.
4.00 Powerpuff Girls
Crime-fighting action.
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Action from he kid with the cool quiff.
5.30
Cow and Chicken
Fun with the odd siblings.
6.00
Tom and Jerry Kids
The classic cat-and-mouse duo are reborn.
6.30 The Flintstones
Prehistoric fun.
7.00 Batman
More caped crusading.
7.30 Fish Police
Underwater law and order is enforced by the scales of justice.
8.00 Droopy: Master Detective
Cartoon canine capers.
8.30-9.00pm
Inch High Private Eye



'Biography' follows the turbulent life of screen legend Elizabeth Taylor. The History Channel 7.00pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm
Battle for the Gulf: A Dark and Frightening Picture
5.00 Battle for the Gulf: The 19th Province
Exploring the invasion and occupation in Kuwait.
6.00 Battle for the Gulf: Wounds of the Soul
7.00-8.00pm Biography
Elizabeth Taylor
NEW A look at the life of the actress whose failed marriages are renowned.

NICKELODEON
FAMILY PACK

7.00am Bruno the Kid 7.30 Stickin' Around 8.00 Aaahh!!! Real Monsters 8.30 Hey Arnold! 9.00 Rugrats 9.30 Doug 10.00 Angry Beavers 10.30 CatDog 11.00 The Wild Thornberrys 11.30 The Ren & Stimpy Show 12noon Wishbone 12.30pm Moesha 1.00 Sister Sister 1.30 The Journey of Allen Strange 2.00 The Secret World of Alex Mack 2.30 Kenan & Kel
3.00 Clarissa Explains it All
Educational comedy with the ever-so-practical Clarissa.
3.30 Kablam
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Fun with the nippers.
5.00 Sister Sister
Domestic disharmony with the identical twins.
5.30 Kenan & Kel
With Kel Mitchell and Kenan Thompson.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy following the life of a Beverly Hills teenager.
7.30 Desmond's
Barbershop comedy.
8.00 Roseanne
Past Imperfect
Roseanne and Dan clash over alimony payments.
8.30 News Radio

9.00 FRASIER
The Good Son
David Hyde Pierce's favourite episode.
FRASIER WEEKEND
9.30 *Death Becomes Him*
Kelsey Grammer's favourite.
10.00 *Seat of Power*
David Hyde Pierce's other favourite.
10.30
Travels with Martin
John Mahoney's favourite.
11.00 *Daphne Hates Sherry* Jane Leeves's favourite episode.
11.30-12.00
Beloved Infidel Another Kelsey Grammer favourite.

12midnight Duckman
12.30am The Vacant Lot
1.00 Comedy Store
1.30 Club Class
2.00 Dr Katz
Animation about a therapist.
2.30 Soap
3.00 Tibs and Fibs
3.30-4.00am Nightstand

CABLE CHECK
Some of the channels listed may not be available in your area

FOX KIDS
FAMILY PACK

6.00am Beetleborgs Metallix 6.50 Eek!Stravaganza 7.00 Power Rangers Turbo 7.50 Terrible Thunderlizards 8.00 Oggy and the Cockroaches 8.50 Casper 9.00 Donkey Kong Country 10.00 Mowgli: The New Adventures of the Jungle Book 10.50 Home to Rent 11.00 Life with Louie 11.50 Eek!Stravaganza 12noon Weekend Stacks: Donkey Kong Country
Adventures with the gang from Congo Bongo.
3.30pm Roy and Lisa's Big Ride
3.35 Mortal Kombat
The warriors do battle.
4.00 Spiderman
Crime-fighting adventures.
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
5.00 Goosebumps
Spooky stories.
5.25 Eerie, Indiana
Out-of-this-world series.
5.55
Donkey Kong Country
Fun in Congo Bongo.
6.25 Sam and Max
6.50-7.00pm
Eek!Stravaganza
More fun with Eek the cat.

SHOP!
LIFESTYLE/ SELECTION PACKs

6.00am Shop Selection!
7.00 Bargain Shop!
7.30 In the Kitchen with Susan Brookes
8.30 Time Savers
9.30 Junior Sports Store
10.00 Spotlight on Sports
11.00 Time Zone
12noon The Clothes Line
1.00pm Bargain Shop!
1.30 Switched On!
2.30 Shop! Feature
3.00 Global Cuisine
4.00 Y-Zone
Teenage essentials that won't break the bank.
5.00 Shop Selection!
A roundup of the great offers on Shop!
6.00 Time Zone
7.00 Spotlight on Sports
Essential equipment for the nation's most popular sport – fishing.
8.00 The Clothes Line
9.00 Global Cuisine
Everything you need to create delicious English-style foods.
10.00 Switched On!
11.00 Y-Zone
12midnight Bargain Shop!
12.30am Shop Selection!
1.30 Spotlight on Sports
2.30 Junior Sports Store
3.00 Switched On!
4.00 Global Cuisine
5.00-6.00am Y-Zone

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Picture Perfect at 6.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am BBC News 24 7.00 News 7.30 UK Direct 8.00 Weekend 9.00 News 9.30 Straight Talk 10.30 LifeWatch 11.00 News 11.30 Simpson 12noon News 12.30pm Face in the Crowd 2.30 Straight Talk 3.00 News 6.30 Scoreline 7.00 News 7.30 Scoreline 8.00 News 8.30 Simpson 9.00 News 9.30 Straight Talk 10.30 Correspondent 12midnight News 12.30am Seven Days 2.30 Simpson 3.30 Science 4.30 Reporters 5.30-6.00am Straight Talk

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 inside Europe 6.30 Moneyline 7.30 Sport 8.30 Business 9.30 Pinnacle Europe 10.30 Sport 11.30 7 Days 12.30pm Moneyweek 1.00 Report 1.30 Report 2.30 Travel 3.30 Sport 4.30 Your Health 5.00 Larry King 6.30 Fortune 7.30 Beat 8.30 Style 9.30 Artclub 10.30 Sport 11.00 Worldview 11.30 View 12.30am 7 Days 1.00 World 1.30 Diplomatic Licence 2.00 Larry King 3.00 World View 3.30 Both Sides 4.30-5.00am Evans, Novak, Hunt & Shields

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Showbiz Weekly 10.30 Fashion TV 11.30 Week in Review 1.30pm Global Village 2.30 Fashion TV 3.30 Westminster Week 4.30 Week in Review 5.00 Live at Five 7.30 Sportsline 8.30 Westminster 9.30 Global Village 10.00 Prime Time 11.30 Sportsline 12.30am Showbiz Weekly 1.30 Fashion TV 2.30 Book Show 3.30 Week in Review 4.30 Global Village 5.30-6.00am Showbiz Weekly

INTERNATIONAL

3SAT 6.00am Hablamos Espanol 6.30 Türkei 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 ORF 10.30 Vor 30 Jahren 11.00 In Concert 11.15 Quer 12.15pm In Concert 1.00 Neues 1.30 Weites Land 2.30 Frauensache 2.55 Offen 3.00 Broadway 4.35 Tips and Trends 5.00 Mandelaugen und Lederhose 5.30 Ausland 6.00 Heute 6.20 Heinz Holliger 7.00 Tagesschau 7.15 Schneewittchen 9.10 Bayerischer Filmpreis 1998 10.15 Boulevard Bio 11.15 Seitenblicke 11.40-12midnight Project X

TV5 6.00am Infos 6.05 Bus et Compagnie 7.00 Infos 7.05 Journal 7.30 Mission Pirattak 8.00 Infos 8.05 Bus et Compagnie 9.00 Journal 9.30 Génies en Herbe 10.00 Outremers 11.00 Infos 11.05 Images de Pub 11.30 Journal 12noon Infos 12.05pm Bus et Compagnie 1.00 Journal 1.30 Bouillon de Culture 2.30 Roman de l'Homme 3.00 Journal 3.30 Sport Africa 4.00 Infos 4.05 Reflets 5.00 Journal 5.30 Débat de Société 7.00 Journal 7.30 Journal 8.00 Infos 8.05 Thalassa 9.00 Journal 9.30 Envoyé Spécial 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 Variety Programme 10.00 Interactive Live 11.30 News 12noon Sankalp 12.30pm Pakistan This Week 1.00 Pakistan Business Update 1.30 FILM 4.00 Edit 4.30 Thekikaat 5.00 Kaala Daira 6.00 Ek Mulaqat 6.30 Bpl Oye 7.30 Sansar 8.00 Junoon 8.30 Dard 9.00 FILM 11.30 Eurospice 12midnight Dard 12.30am Ek Mulaqat 1.00 FILM 4.30 Junoon 5.00 Vishwamitra 6.00 Chand Ghazlien 6.30 News 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Showcase 6.30 Shabads 7.00 Faith 7.30 News 8.00 Business 8.30 Jungle Book 9.00 Zee Addicts 9.30 Express 10.00 About You 10.30 Big Debate 11.30 Khana Khazana 12noon FILM: Sapne Suhane 3.00pm Lolly-Pop 4.00 Jaal 5.00 Public Demand 5.30 Rishtey 6.30 Hum Paanch 7.00 Zee Top Ten 8.00 News 8.30 Jaan 9.00 FILM 12midnight News 12.30am Chalo 1.00 Presents 2.00 FILM: Dulha Bikta Hai 5.00 Mrs Madhuri Dixit 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Just for Parents 4.30 This is Your Day 5.00 Agape Today – Happy Caldwell 6.00 Pastor Ferdenandez 6.30 Global Harvest Force 7.00 Intelligence Briefing 7.30 Winning Ways 8.00 Kidz Club 8.30 McGee and Me 9.00 Highway to Heaven 9.30 Jesse Duplantis 10.00 In the House 10.30-11.00am This is Your Day – Benny Hinn

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.15am Euro 99 4.19 Food 4.24 Sports 5.19 Clips 5.49am Ask the IFA

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Commitees 2.30pm Hearts and Minds 3.00-12midnight The House of Lords

A VERY SPECIAL OFFER FROM TRAVEL OFFERS

new 1999 edition.....new 1999 edition.....new 1999 edition.....new 1999 edition.....new 1999 edition..

Free Hotel Accommodation for a whole year

For only £23 you and a partner can STAY FREE in over 400 hotels as often as you like for 12 months

Treat yourself to a break

whenever you choose - wherever you choose - as often as you choose.

With this Travel Offers fantastic offer you can take as many breaks as you wish over 12 months with FREE accommodation at over 400 hotels throughout the UK, the Channel Islands and Ireland.

Plus...with our special multi pack offers your friends and family can also take advantage of this very special offer.

How it works

For just £23 (+p&p) you will receive the full colour 100 page Hotel Directory from Travel Offers, along with an exclusive Gold Hotel Pass.

This allows you and a partner to STAY FREE in the 400+ hotels featured in the Directory - as often as you like - throughout a full twelve months.

You can use your pass at weekends or during the week - for one night or more.

Your accommodation is FREE - all you have to do is pay for meals (breakfast & dinner) from as little as £13 per person per day to over £30 for 4/5 crown luxury. Plus of course any extras such as drinks, phone calls etc.

The cost of dinner and breakfast at each hotel is shown in the Directory.

Where you can stay

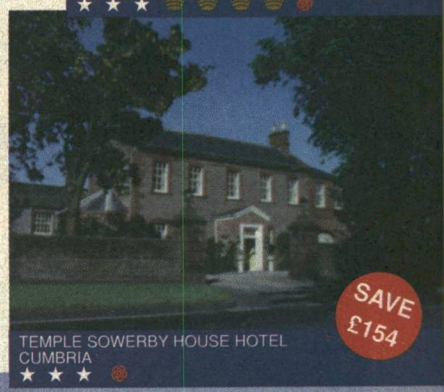
The hotels participating in this offer are situated in some of the most impressive locations throughout England, Scotland, Wales, the Channel Islands, Northern Ireland and Ireland - with most having good AA, RAC or Tourist Board ratings.

Many have awards for their cuisine or boast top leisure and sports facilities.

Seaside, countryside, villages and towns - from splendid country houses to traditional inns and cosy family run hotels. The choice is yours.

Take a look at a selection of the hotels and savings shown here.

Because your room is FREE you could save over £100 on your first 2 night break!



NEW!
1999 DIRECTORY
OVER 400 HOTELS
FULL COLOUR
100 PAGES

TO ORDER BY TELEPHONE

Call the credit card hotline on

01235 824 404

Lines open 7 days, 8am-10pm
Have your credit card ready.
PLEASE QUOTE 'CAB 1'

Or complete and return the coupon on the right to:

Travel Offers Hotel Offer,
FREEPOST LV 1747,
ABINGDON,
Oxon OX14 4YQ

- Savings shown are on two-night breaks for two
- The room is FREE – you must still pay for breakfast and dinner
- All hotel bookings are subject to availability
- Offer applies in UK and Republic of Ireland only
- Allow 14 days for delivery
- Closing date for orders 31 March 1999
- Travel Offers Ltd: Registered office 69/75 Lincoln Road, Peterborough PE1 2SQ

♛ = English Tourist Board Crown
☆ = Scottish Tourist Board Star ★ = RAC/AA Star ● = AA Rosette for good food

Travel Offers Hotel Offer Closing date 31 March 1999 USE BLOCK CAPITALS **CAB 1**

Code	Hotel Directory and Gold Hotel Pass	Qty	Price	Total
CAB1 A	12 months free accommodation for 2 adults *Normal Price £35* SAVE £12		£23	
CAB1 B	**Special Twin Pack** 2 Hotel Directories & 2 Gold Hotel Passes		£35	
CAB1 C	**Special Four Pack** 4 Hotel Directories & 4 Gold Hotel Passes		£54	
	Post & packing only £2 FOR ANY QUANTITY		£2	
	TOTAL			

I enclose cheque/postal order payable to Travel Offers Ltd
Print your name and address on back of cheque
(Orders from Republic of Ireland - credit cards only)

or debit my: Mastercard ☐ Visa ☐ Switch ☐ Delta ☐

Expiry date / Switch issue no ☐ Switch valid from /

Mr/Mrs/Miss/Ms

Address

Post code

Daytime phone no.

Date of order

Cardholder's signature

Send to: Travel Offers Hotel Offer, FREEPOST LV 1747, Abingdon, Oxon OX14 4YQ

Data protection: Travel Offers Ltd may make names and addresses available to other companies: tick here if you prefer not to receive mailings ☐

Sunday 17 January

SKY PREMIER
PREMIUM CHANNEL

6.00am Femmes Fatales: Drew Barrymore
7.00 Shadow Makers
1989, rating Sky PG, 121 mins
9.05 Mrs Winterbourne
1996, rating Sky PG, 101 mins
10.50 Magic in the Water
Mark Harmon, Joshua Jackson
12.30pm Hollywood Buzz
1.00 Shadow Makers
Paul Newman, Dwight Schultz, 1989, rating Sky PG, 121 mins

3.10 Mrs Winterbourne
Shirley MacLaine, Ricki Lake
Romantic comedy. Connie Doyle, who is down on her luck, pregnant and penniless, leaves the man who doesn't love her and boards a train to a new life. The train crashes, but when she comes round, she discovers that she has a new son and an entirely new identity.
1996, rating Sky PG, 101 mins

5.00 Magic in the Water
Mark Harmon, Joshua Jackson Harley Jane Kozak
Family adventure about the Canadian equivalent of the Loch Ness Monster. When two kids are left to their own devices on holiday, the creature's myth tests their credulity. Determined to find the truth of the matter, the children investigate. *1995, rating Sky PG, 97 mins*

7.00 Kindergarten Cop
Arnold Schwarzenegger, Penelope Ann Miller
Comedy in which a tough cop finds himself assuming the role of a kindergarten teacher to pin down an elusive criminal. He soon discovers that blowing away bad guys is nothing compared to controlling a roomful of five-year-olds.
1990, rating Sky PG, 107 mins

9.00
Barry Norman's Film Night
Movie news and reviews
9.30 The Commissioner
John Hurt, Rosana Pastor
PREMIERE Thriller in which a political aide is sent to Brussels to the European parliament. With an Anglo-German merger between two chemical companies about to happen, a researcher at the German plant confides in the aide that the company is creating weapons.
1998, rating Sky 15, 107 mins
11.25 Fled
Laurence Fishburne Stephen Baldwin, Will Patton
Action adventure about a pair of escaped convicts. **Text**
1996, rating Sky 18, 94 mins
1.05am Dead Calm
Sam Neill, Nicole Kidman
1988, rating Sky 15, 92 mins
2.45- 5.15am Titanic
Peter Gallagher **Text**
1996, rating Sky PG, DS, 143 mins

SKY MOVIEMAX
PREMIUM CHANNEL

6.15am A Message from Holly
1992, rating Sky PG, 90 mins
8.00 Son of Godzilla
1967, rating Sky U, 82 mins
10.00 A Long Way Home
Rosanna Arquette, Timothy Hutton
1981, 92 mins
12noon Tell Me No Lies
Steven Weber, Katherine Helmond
1990, rating Sky PG, 92 mins
2.00pm A Message from Holly
Lindsay Wagner, Shelley Long
Moving drama about Holly, a free spirited artist, who is devastated to learn that she is dying from cancer. She enlists the help of her best friend to see that her six-year-old daughter is cared for. *1992, rating Sky PG, 90 mins*

4.00 A Long Way Home
Rosanna Arquette, Timothy Hutton, Brenda Vaccaro, Paul Regina
Drama about a young man who embarks on a search for his brother and sister, years after they were split apart and sent to different foster homes.
1981, rating Sky PG, 92 mins

6.00 Tell Me No Lies
Steven Weber, Katherine Helmond, Robert Hy Gorman
Drama. A man embarks on a quest for the truth after his wife dies and he discovers that their marriage was built around a web of lies, and that his son has an unsavoury past. He finds that he might also have to give his son up to complete strangers. *1990, rating Sky PG, 92 mins*

8.00 Cry Baby
Johnny Depp, Amy Locane Iggy Pop, Ricki Lake
Musical comedy in which Wade 'Cry-Baby' Walker, a juvenile delinquent, begins an unlikely romance with square chick Allison Vernon-Williams. Allison must choose between the handsome rebel and the dull losers she left behind.
1990, rating Sky 15, 81 mins

10.00 Bang
Darling Narita, Peter Greene
PREMIERE Action drama directed by cult indy director Ash. A young woman finds herself in a police uniform and spends the day acting out the role of a uniformed policewoman. *1994*
11.45
Preaching to the Perverted
Guinevere Turner, Tom Bell
PREMIERE Erotic comedy in which a minister seeks to infiltrate the London S&M scene. *1997, rating Sky 18*
1.25am Sealed with a Kiss
1996, rating Sky 18, 90 mins
3.00 White Palace
1990, rating Sky 18, DS, 95 mins
4.40- 6.15am Son of Godzilla
1967, rating Sky U, 82 mins

SKY CINEMA
PREMIUM CHANNEL

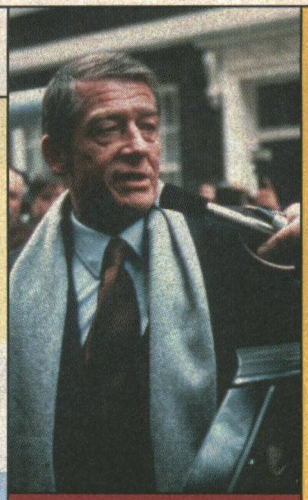
11.00am Who's Got the Action?
Dean Martin, Lana Turner
Comedy about a mismatched man and woman who try to gamble away their frustrations on horse racing. *1962, rating Sky U, 89 mins*
12.30pm The Flying Deuces
Stan Laurel, Oliver Hardy
Laurel and Hardy comedy which finds the bumbling heroes joining the Foreign Legion. *1939, 61 mins*
1.45 Unconquered
Gary Cooper, Paulette Goddard Howard Da Silva, Boris Karloff
Eighteenth-century adventure about a female criminal, who is being deported from Britain to America in 1763. *1947, rating Sky PG, 147 mins*

4.15 The White Tower
Glenn Ford, Claude Rains Cedric Hardwicke, Oscar Homolka
Dramatic adventure in which a variety of explorers set out to scale a mountain in a potentially life-threatening expedition. Each of the explorers has a special reason to reach the top, but not all of them can make it.
1950, rating Sky U, 92 mins

6.00 The Desperate Hours
Humphrey Bogart, Fredric March, Arthur Kennedy Dewey Martin, Ric Roman
Thriller in which a family must endure a tense hostage situation when they are held by a trio of escaped convicts. Pushed to breaking point by the criminals, the home owner subtly begins to turn the tables on the criminals.
1955, rating Sky PG, 108 mins

8.00 The Two-Headed Spy
Jack Hawkins, Felix Aylmer Gia Scala, Erik Schumann
The true story of a spy who managed to penetrate the Gestapo's innermost circle during World War II. As the Nazi's become more powerful, the spy becomes more disgusted and continues to send information to the secret service.
1958, rating Sky PG, 90 mins

10.00 Mr Majestyk
Charles Bronson, Linda Cristal, Al Lettieri, Lee Purcell
Thriller in which a farmer realises that he has become the target of a cold-blooded hitman.
1974, rating Sky 15, 99 mins
11.45
French Connection II
Gene Hackman, Fernando Rey
Hit sequel in which maverick detective Popeye Doyle visits Marseilles, the source of the drug problem. *1975, rating Sky 18, 109 mins*
1.40am The Flying Deuces
1939, 61 mins
2.50 The Directors: The Films of John Badham
3.55-5.30am The Lemon Drop Kid
1951, rating Sky PG, 91 mins



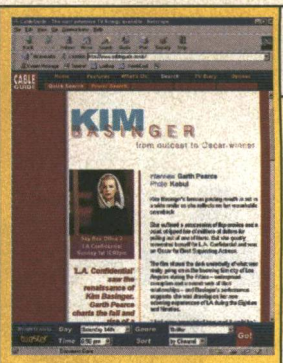
No comment: John Hurt stars in the premiere of 'The Commissioner'. Sky Premier 9.30pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Coma
Genevieve Bujold, Michael Douglas, Richard Widmark Rip Torn, Lois Chiles
Medical thriller in which a Boston doctor uncovers a conspiracy when she investigates unexplained deaths at her hospital. Her suspicions are aroused by an alarmingly high number of fatalities following minor operations. *1978, 120 mins*
11.15 Mister Buddwing
James Garner, Angela Lansbury
Memorable drama about an amnesiac who tries to fill the holes in his past by meeting assorted women. *1966, 95 mins*
1.15am The 25th Hour
Anthony Quinn, Vima Lisi
Drama in which a Romanian peasant falls foul of invading German forces. *1967, 120 mins*
3.15-5.00am
The Best House in London
David Hemmings, Joanna Pettet
Comedy. *1968, 95 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm
A Room with a View
Helena Bonham Carter, Maggie Smith, Julian Sands
Merchant Ivory drama. When Lucy Honeychurch and chaperone Charlotte Bartlett find themselves in Florence in rooms with no prospect, fellow guests Mr Emerson and son George step in to assist them.
1985, 109 mins
8.00 Metropolitan
Edward Clements, Carolyn Farina, Christopher Eigeman
Whit Stillman's comedy of manners. An upper-class group of New Yorkers meet every night to talk about social mobility, play bridge and discuss Fourier's socialism. Then a radical student from a simpler background joins them, and all their lives are altered. *1990, 95 mins*
10.00 Barcelona
Taylor Nichols, Chris Eigeman
Whit Stillman's drama about Taylor, an upright American car salesman who inadvertently becomes stranded in Spain with a naval officer called Eigeman. It is not long before the two start to clash with each other and with the culture they find themselves in. *1994, 97 mins*
11.40 Beautiful Thing
Glen Berry, Scott Neal
Tender drama. *1995, 87 mins*
1.10am Gregory's Girl
John Gordon Sinclair, Dee Hepburn
Comedy-drama. *1980, 87 mins*
2.40 Brassed Off
Tragi-comedy. *1996, 107 mins*
4.25-6.00am Alphaville
Futuristic thriller. *1965, 90 mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
CRASH
David Cronenberg's controversial film about a group of people turned on by car crashes, based on a novel by JG Ballard. *1996, rating Sky 18, 97 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
G.I. JANE
Action drama about one woman's struggle to succeed in the navy SEALs. *1997, rating Sky 15, 120 mins*
PLAYS AT 6.00am, 8.30am, 11.30am, 2.00pm, 4.30pm, 7.00pm, 9.30pm

Sky Box Office 3
Channel 53
BUDDY
Fact-based story about an eccentric animal lover. *1997, rating Sky U, 80 mins*
PLAYS AT 6.30am, 8.00am, 9.30am, 11.00am, 12.30pm, 2.00pm, 3.30pm, 5.00pm, 6.30pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed sci-fi movie with spectacular effects and gore galore. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
ONE NIGHT STAND
Haunting, erotically charged examination of infidelity from director Mike Figgis. Stars Wesley Snipes and Nastassja Kinski. *1997, rating Sky 18, 99 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Sunday 17 January

SKY ONE
ACTION/ SELECTION PACKS

6.00am Hour of Power 7.00 Bump in the Night 7.30 Street Sharks 8.00 Double Dragon 8.30 Tattooed Teenage Alien Fighters from Beverly Hills 9.00 The Simpsons Text **9.30 Garfield and Friends 10.00 Dream Team Omnibus 11.00 WWF – Superstars 12noon Just Kidding 12.30pm Just Kidding 1.00 Superman 2.00 Beverly Hills, 90210**

3.00 Guilty!
A woman tells her sister-in-law she's too posh to be part of their family, and a wife pleads with her husband to give up wrestling. Presented by Carole Malone.

4.00 Star Trek: Deep Space Nine
The Ascent
Stranded on a desolate planet, Odo and Quark must rely on each other to survive. Text

5.00 Star Trek: Voyager
Basics – Part II
With *Voyager* in the hands of the Kazon, Janeway must find someway to retrieve her ship. Text

6.00 The Simpsons
In Marge We Trust Text
6.30 The Simpsons
Lisa Gets an 'A'
Lisa suffers a guilty conscience after she cheats on an exam.

7.00 King of the Hill
Life in the Fast Lane: Bobby's Saga Text
7.30
3rd Rock from the Sun
Dr Solomon's Travelling Alien Show

8.00 Earth: Final Conflict
Sci-fi action based on the lost manuscript of *Star Trek* creator Gene Rodenberry. Starring Kevin Kilner, Lisa Howard and Majel Barrett Roddenberry.

9.00 Ultraviolet
In Nomine Patris
Michael struggles with his new role as a state-sanctioned executioner as Frances urges him to leave while he still can.

10.00
Naked in Westminster
Series about the first club with naked table dancers in the borough of Westminster.

11.00 South Park
Clubhouses
The boys build rival clubhouses.
11.30 Forever Knight
Night in Question
Nick is pronounced dead.
12.30am Tales from the Crypt
A Slight Case of Murder
A female mystery writer is set up for murder by a neighbour with literary and murderous ambitions.
1.00 Manhunter
The true stories of some of the world's most dangerous criminals.
2.00-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Angels
Soap set in St Angela's Hospital.
7.35 Blake's Seven
Rumours of Death
8.30 Dr Who Omnibus
The Planet of the Spiders
11.20 Dallas Omnibus
1.10pm FILM: The Jokers
Michael Crawford, Oliver Reed, Gabriella Licudi, Harry Andrews.
Swinging Sixties farce about two brothers. *1967*

3.00 The Bill Omnibus
A teenage girl with a broken nose claims that she was assaulted by her boyfriend, but Keane and Quinnan discover that her injuries go deeper.
Beech is found beaten unconscious in an alleyway, the father of a mugging victim takes matters into his own hands, and officers have to deal with a jealous nanny who wreaks havoc and is arrested for stealing from her employers.
5.20 Open All Hours
Sitcom about a miserly shopkeeper. Starring David Jason and Ronnie Barker.

6.00 Ballykissangel
The Things We Do for Love
A beautiful young woman who has some unfinished business with Father Peter comes to Ballykissangel.

7.05 The Good Life
Say Little Hen...?
Margo and Jerry are slightly perturbed when the Goods start to introduce livestock to Surbiton.
7.45 To the Manor Born
8.25
Only Fools and Horses
Go West Young Man
Del manages to sell a car and decides that he and Rodders have earned a night on the town.

9.05 The Black Adder
Archbishop
The landscape is littered with dead archbishops of Canterbury.
9.45 The Black Adder
The Queen of Spain's Beard
The King's international treachery gives Edmund the chance to make a move on an eligible princess.
10.30 Jonathan Creek
Jack in the Box
An actor who had fallen on hard times is found dead in a locked nuclear bunker with a gun beside his head.
11.45 Whatever Happened to the Likely Lads?
12.25am This Life
Secrets and Wives
1.15 Tears Before Bedtime
2.05 Minder
Give Us This Day
Arthur Daley's Bread
3.00-7.00am
Shopping with Screenshop

LIVING
LIFESTYLE PACK

6.00am Tiny Living
8.50 Practical Parenting
9.05 Can't Cook, Won't Cook
9.40 Michael Cole
The one-time director of public affairs for Harrods tackles sensational subjects.
10.30 Brookside Omnibus
A chance to catch up with the drama and gossip of Brookside Close.
12.30pm LA Law Omnibus

3.00
FILM: The Setting Son
Will Schaub, Dave Oliver, Franca Benvenuto
Emotional family saga about a man who gives up his dream of becoming an Olympic champion to help his brother battle leukemia by taking part in a bone marrow transplant procedure and nursing his brother back to health. *1998*
5.00 Special Babies
Documentary series on babies born with special needs, their parents, and the medical staff.
5.30 Living Issues

6.00
FILM: Shattered Family
Richard Crenna, Rhea Perlman
Drama about a boy who, after years of being shunted between an alcoholic father, an uncaring mother and some brutal institutions, finally finds happiness when he moves in with a caring family. However, his mother refuses to relinquish her parental rights. *1993*
8.00 Rescue 911
William Shatner hosts.
8.30 Beyond Belief
Anthology mystery series that challenges viewers to decide between fact and fiction.
9.00
Jerry Springer Double Bill
Outrageous American talk show in which the host and his guests engage in lively and often controversial debate.

11.00-12midnight
The Sex Files
Sexual Desperation
A talk show dealing with the more interesting and imaginative side of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King
7.00 Bootsie & Snudge
7.30 Nearest and Dearest
8.00 Doctor on the Go
8.30 Dharma and Greg
9.00 Dempsey & Makepeace
10.00 The Return of the Saint
11.00 Return of Sherlock Holmes
12noon The Professionals
1.00pm Nearest and Dearest
1.30 Hallelujah
2.00 Poirot

3.00 Bonanza
The Paiute War
The abduction of two Indian women by a trader sparks off a fierce war between the Paiute tribe and the Californian militia.
4.00 The High Chaparral
Young Blood
The future of the ranch is jeopardised when bandits steal a prize bull. Starring Leif Erickson and Cameron Mitchell.
5.00 Classic Coronation Street – The Omnibus
Omnibus edition of the week's events in this classic soap set in the most famous street in Britain. Mrs Stockwell returns and has a blazing row with Elsie about breaking up her marriage. Eddie uses Mike's flat to entertain Marion, Rita takes in a foster daughter causing tensions to flare, and Gail gets her first letter from Brian.
7.30 Dharma and Greg
Indian Summer
Dharma befriends an elderly native American man who claims that he hasn't got long to live.
8.00 Poirot
The Adventure of Johnnie Waverly
Hastings makes his opinions quite clear in the case of a kidnapping, but Poirot disagrees.
9.00 The Professionals
Female Factor
A woman looking for Doyle ends up dead. Stars Martin Shaw.
10.00 The Odd Couple
10.30-11.00pm
Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm 2 Wheels
Hold on to your helmet for the ride of a lifetime on the Honda RC45, a road-legal race bike.
11.30 Pro-Superbike
Presented by Chris Carter.
12midnight Through the Gears
12.30am 4 Wheels
This week Ian Royle makes the difficult choice between the BMW 5 Series and the Mercedes E Class.
1.00 Biker's Night Off
1.30-2.00am Motor Week
Ginny Buckley reports from the launch of the Nissan Patrol.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Little Mermaid 8.25 Classic Toons 8.30 Hercules 9.00 Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 11.30 Student Bodies 12noon Smart Guy 12.30pm Boy Meets World 1.00 Dinosaurs 1.30 FILM: Muppet Treasure Island *Tim Curry, Kevin Bishop 1996* Text

3.05 The Little Mermaid
The charming undersea adventures of Ariel and her friends. Text
3.30 Goof Troop
Animated mayhem. Text
4.00 101 Dalmatians
Canine capers and doggy deeds make for fast frantic fun. Text
4.30
Hercules: The TV Show
Animated adventures.
5.00 Recess Text
5.15 Pepper Ann Text
5.30 Microsoap
Innovative, zany and fun-filled children's sitcom. Text
5.45 Smart Guy Text.
6.10 Teen Angel
Honest Abe and Popular Steve
Marty continues his mission to make Steve popular. Text
6.35 Boy Meets World
What I Meant to Say Text
7.00
FILM: Knight in Camelot
PREMIERE *Whoopi Goldberg, Michael York, Amanda Donohoe, Ian Richardson*
Modern computer technology battles it out with medieval sorcery as a computer researcher's experiment drops her back in time to 589 A.D. *1998*
8.30 Classic Toons
8.45 Honey, I Shrunk the Kids: The TV Show
Honey, It's No Fun Being an Illegal Alien Text
9.30 Home Improvement
Tim Allen stars in this award-winning sitcom.
10.00 Dinosaurs Text
10.30 The Wonder Years
Whose Woods are These? Text
11.00-12midnight
Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

SUNDAY CONTINUES OVERLEAF...

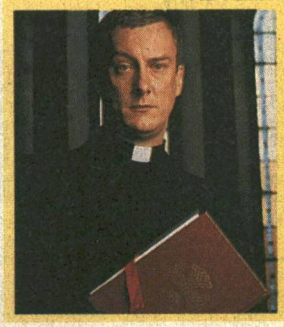
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
The Commissioner
Sky Premier 9.30pm
A thriller about a political aide (played by John Hurt) who's sent to Brussels to become the British commissioner to the European parliament. Sounds simple enough, but then he learns that a German chemical company involved in a merger is creating weapons.

GENERAL
Bonanza
Granada Plus 3.00pm
A new showing of the daddy of all the best TV Westerns. Lorne Greene is Ben Cartwright who leads his tight-knit family through the trials and tribulations of life on the vast ranch, The Ponderosa. His sons stick together through thick and thin.

ADVERTISEMENT



BALLYKISSANGEL
6.00PM
UK GOLD

When Brian Quigley's efforts to evict a family fail, the local football match takes on more importance then ever before. Meanwhile, a young woman visits Father Clifford, entailing much comment and embarrassment for the priest.

Sunday 17 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM MORNING

7.30am Rally
8.00 Luge – LIVE
9.10 Alpine Skiing – LIVE
10.00 Biathlon – LIVE
Action from the World Cup in Ruhpolding, Germany.
10.45 Alpine Skiing
11.15 Alpine Skiing – LIVE
Slalom action from Austria.
12noon Ski Jumping
2.00pm Alpine Skiing
World Cup action.

3.00 PM

3.00 Bobsleigh – LIVE
Coverage of the four-man competition from the World Cup in Winterberg, Germany.

4.00 PM

4.00 Biathlon
Action from the women's pursuit competition of the World Cup in Ruhpolding, Germany.

5.00 PM

5.00 Bobsleigh – LIVE
All the latest action from the World Cup in Winterberg, Germany.

6.00 PM

6.00 Snowboard
Snowboardcross action from the World Championships in Berchtesgaden, Germany.

7.00 PM

7.00 Car on Ice
Coverage of the fifth round of the Andros Trophy.
7.30 Luge
World Cup action from Oberhof in Germany.

8.00 PM

8.30 Stunts
And They Walked Away
Programme dedicated to the most spectacular crashes in motorsports.

9.00 PM

9.30 Rally
Coverage of the final stage of the Total Granada Dakar 99 from Rose in Senegal.

10.00 PM

10.00 News
10.15 Rally
Coverage of the FIA World Rally Championship in Monte Carlo.
10.45 Ski Jumping
World Cup action from Zakopane in Poland.

11.00 PM

12.00 NIGHT TIME

12midnight-12.30am Rally
Coverage from the Total Granada Dakar 99 rally.

SKY SPORTS 1
PREMIUM CHANNEL

6.00am H_2O
6.30 Rugby Union Update: Gloucester v Richmond
Repeat from Saturday.
8.00 Aerobics Oz Style
8.30 Fight Night
10.30 Sports Unlimited
11.30 Euro Tour Golf: Alfred Dunhill Championship – LIVE
2.30pm Gillette World Sport Special

3.00 Ford Super Sunday: Charlton Athletic v Newcastle United – LIVE
Richard Keys presents premiership football action from The Valley as Alan Curbishley's Charlton Athletic take on Newcastle United. Charlton were undoubtedly the surprise package in the early stages of the season as they silenced the critics who had been quick to dismiss their chances of survival in the top flight. Commentary comes from Martin Tyler and Andy Gray.
6.30 Spanish Football – LIVE
Action from a top clash between two teams in La Liga in Spain. With the likes of giants Barcelona and Real Madrid gracing this league, quality football is always on the agenda.

8.30 Unbelievable Sports
Series exploring the world's lesser known sports.
9.00 NFL: NFC Championship – LIVE
Coverage of the AFC and NFC Championship games. Last year, the Denver Broncos and the Green Bay Packers won through at this stage, and both teams could feature again.

12.30am Ford Football Special: Charlton v Newcastle
Action from The Valley, where Charlton Athletic take on Newcastle United.
2.00-4.00am Spanish Football

SKY SPORTS 2
PREMIUM CHANNEL

6.00am International Cricket: England v Australia – LIVE
7.00 Aerobics Oz Style
7.30 International Cricket: England v Australia – LIVE
Further coverage of the one day international from the Sydney Cricket Ground.
11.00 International Cricket: South Africa v West Indies – LIVE
The action reaches its third day as South Africa and the West Indies fight for victory in the fifth Test from Pretoria.
3.30pm International Cricket: England v Australia
The best of the action from the one day international between England and Australia. Presented by Mark Nicholas with commentary from Ian Botham, Bob Willis, Paul Allott and Allan Border.

6.00 Fastrax
A look at the lives and performances of drivers in the fast lane.
6.30 International Cricket: South Africa v West Indies
The best of the action from day three of the fifth Test between South Africa and the West Indies in Pretoria.

8.00 International Cricket: England v Australia
Mark Nicholas presents highlights from the one day international between England and Australia. With commentary from Ian Botham, Bob Willis, Paul Allott and Allan Border.

10.30 Moto-Plus
Motoring mayhem for those who like to live life in the fast lane.

11.00pm-3.00am Ford Golf USA: Sony Open – LIVE
Coverage of all the golfing action in the Sony Open Championship.

SKY SPORTS 3
PREMIUM CHANNEL

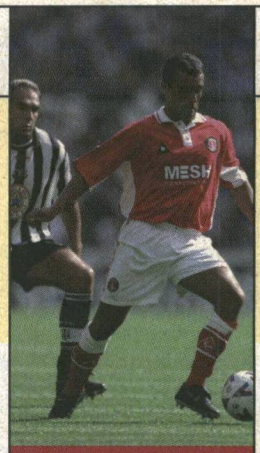
7.30am Futures in Sport
8.00 Soccer Extra
Weekend result service.
11.00 Goals on Sunday
12noon Football League: Sunderland v Ipswich – LIVE
Marcus Buckland presents action from the Stadium of Light, with commentary from Alan Parry and Alan Brazil.

3.00pm Ford Golf USA: Sony Open
Golfing coverage from the US as the Sony Open Championship reaches day three. *Repeat from Saturday*

5.00 World Windsurfing
Magazine show featuring all the latest water action.
5.30 NFL: NFL AFC Championship – LIVE
Action from the gridiron as the NFL AFC Championship pits the best teams against one another.

9.00 Euro Tour Golf: Alfred Dunhill Championship
The pick of the action from day four of the Alfred Dunhill SA PGA Championship, where some of the world's best golfers compete for a top prize of over $400,000.

11.00-12midnight Football League Review: Sunderland v Ipswich
Highlights from today's Nationwide League match at the Stadium of Light.



Live action from The Valley, where Clive Mendonca and Charlton take on Newcastle United. Sky Sports 1 3.00pm

MUTV
ADD-ON CHANNEL

6.00pm Game on
6.05 Watch This if You Love Man-U
Key movers and shakers at Old Trafford reflect on this weekend's drama.
7.15 Megastore Megabuys
7.30 Red Legends
Denis Law and Lou Macari search through the Old Trafford archives.
8.00 Super Match – Premier Classic: Leicester City v Manchester Utd
Classic action from the 1997 visit to Leicester. United need points but the Foxes' den is a difficult hunting ground for the Reds. Nonetheless, Solskjaer still managed to score two.
10.00 Red Replays
From transfer news to controversial views, this is the show that reviews the week inside Old Trafford.
11.00 Wild About United
11.30-12midnight Red Hot News
All the latest developments from Old Trafford.

SCI-FI
ACTION PACK

7.30am Chocky's Challenge
8.00 Battlestar Galactica
9.00 Buck Rogers in the 25th Century
10.00 Quantum Leap
11.00 Quatermass
12noon FILM: Earth Vs the Flying Saucers *1956*
1.35pm Sci-Focus
2.00 Mystery Science Theatre 3000
The Prince of Space
The malicious Pearl subjects Mike and the robots to a horrific episode from Japanese cinema.
3.50 Sci-Focus
A look behind the scenes of a recent movie.
4.00 The Flash
Ghost in the Machine
Action adventure starring John Wesley Shipp, Amanda Pays and Alex Desert.
5.00 Tales of the Unexpected
Bosom Friends
5.30 New Alfred Hitchcock
In the Driver's Seat
6.00 Mercy Point
Opposing Views
An accident investigator jeopardises a comatose pilot's life.
7.00 V
Liberation Day
The evil Diana is kidnapped by corrupt businessman Nathan Bates, who wants to know the Visitors' secrets.
8.00 Quantum Leap
Permanent Wave
Sam leaps into the body of hairstylist Frank Bianca in an attempt to protect a murder witness.
9.00 Babylon 5
The Gathering
Commander Sinclair is accused of trying to murder an alien ambassador during a peace conference.
10.00 Lexx
Lyekka
The crew of the *Lexx* continues its exploration of the Dark Zone. Stars Brian Downey.
11.00 Highlander: The Raven
Unknown Soldier
Nick meets an Immortal who is determined to set right some past wrongs.
12midnight Battlestar Galactica
The Living Legend
1.00am Buck Rogers in the 25th Century
2.00 The Tomorrow People
2.30 The Tomorrow People
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

9.30am Best of This Morning with Richard and Judy
Highlights from the week's episodes.
11.00 Emmerdale Omnibus
The week's events in the Yorkshire-based soap.
12.30pm WWA Wrestling
1.20 CITV2
Highlights of the week's children's programmes.
3.40 Coronation Street Omnibus

5.30 Snooker
All the latest action from the Nations Cup.
6.30 Soap Fever
The show dedicated to soaps. With Liza Tarbuck.
7.30 Who, What, Why?
Presented by John Suchet.
8.00 Trevor McDonald Meets...
The newscaster talks to celebrity guests.
8.30 Dealer's Choice
With Richard Simmonds.

9.00 Wide Angle
Katie Derham looks at the week's news and how it's been covered by the media.
9.30 I Suppose You Think That's Funny
Panel game.
10.00 The Knock
Drama about the day-to-day life of a team of HM Customs and Excise officers.
11.00 Friday Night's All Wright
12midnight-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am The President's Perversions 12.25 FILM: American Garter 1.00 The Five Minute Free View 1.05 FILM continues 1.35 FILM: Backhand 2.45 FILM: Queen of Hearts 3 3.55 Tracey 4.10-5.30am FILM: Star Crossed

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Totty Try-Outs 12.25 FILM: In Your Dreams
Tony Tedeschi, Malitia
Erotic feature.
1.40 ... Mobile 2.05 English Rose 2.25 FILM: Corporate Girl 3.50-4.00am Erotic Desertscapes

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Up Your Alley
Linda Blair, Murray Langston
Comedy.
9.30 Ladies' Club Pool Game
10.00 FILM: Gator King
Action adventure.
11.25 Gym-Slip Games
11.45-12midnight Passion Girls – Tyler

The talented cast of the critically acclaimed drama 'My Night with Reg'. UK Arena 9.30pm

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 The Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Women's Wrestling 11.00 Indecent Proposals 11.30 BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Agony Omnibus 2.30 Indecent Proposals

3.00 Agony
Useful advice for troubled souls.
3.30 Bangers and Smash
Stock car racing hosted by Louise Brady.
4.30 Judge Judy
The feared American judge with another case.
5.00 Judge Judy
The feared American judge with another case.
5.30 The Why Files
The weird, the wonderful and the plain spooky.
6.00 The Fashion Show
A look at the headlines among the hemlines.
6.30 Women's Wrestling
More action from the ring.
7.30 Agony
Relationship advice for troubled souls.
8.00 The Why Files
Psychic investigators in search of the weird, the wonderful and the plain spooky.
8.30 Judge Judy
9.00 Sport at Nine: Bangers and Smash
Stock car racing hosted by Louise Brady.
9.57 Topless Darts
More shapely throwing.
10.00 Hollywood Uncovered
Behind-the-scenes look at the skin flick industry.
10.30 Exotica Erotica
Adult entertainment.
11.30 Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasuredome 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Games Room
Viewer's quiz.
5.15 Candid Camera
Hilarious wind-ups caught on camera.
5.45 The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Max Bygraves.
6.30 The Games Room
6.45 Name That Tune
Stylish new version of this music quiz hosted by Jools Holland and his Rhythm & Blues Orchestra.
7.15 The Games Room
7.20 Roll With it!
7.55 The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a fantasy world.
9.00 The Games Room
9.15 Strike it Lucky
Michael Barrymore hosts the fast-action gameshow.
9.45 The Games Room
Viewer's quiz.
10.00 Candid Camera
10.30 Don't Feed the Gondolas
Celebrity quiz show hosted by Sean Moncrieff.
11.00 Carnal Knowledge
Contestants reveal their most intimate secrets to hosts Graham Norton and Maria McErlane.
12midnight Strike it Lucky 12.30am Name That Tune 1.00 Don't Feed the Gondolas 1.30 Roll with It! 2.00 Karaoke Challenge 2.30 Second Guess 3.00 Simply Irresistible 3.30 Give Us a Clue 4.00 Say the Word 4.30 Gladiators 2000 5.00-6.00am Screenshop

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food for Thought 10.00 Who's Cooking Dinner? 10.30 What's Cooking? 11.00 Surprise Chefs 11.30 College 12noon Network 12.30pm Vin Ordinaire 1.00 Feasts of World 1.30 Modern British 2.00 From Ground Up 2.30 Network 3.00 Superchefs 3.30 Kitchen College 4.00 An Umbrian Kitchen
Mauro Bregoli cooks bruschetta of broad beans
4.30-5.00pm Chez Bruno

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Our House
An old church is renovated.
6.00 Pull the Other One
6.30 Rising Damp
Under the Influence
Classic sitcom about a miserly landlord.
7.00 The Upper Hand
Just like Charlie
7.30 Goodnight Sweetheart
It's a Sin to Tell a Lie
Stars Nicholas Lyndhurst.
8.00 The Darling Buds of May
When the Green Woods Laugh
Ma is making plans for a lavish wedding.
9.00 Under the Hammer
The Virgin of Vitebsk
Klinsky's sees Moscow as a potentially lucrative market for expansion.
10.00 Sword of Honour
A mini-series about love and war, focusing on two young lovers, Tony and Esse, from Australia.
11.00 Tanamera
Drama set in Singapore in the Thirties. John saves Julie but Tim is killed, and Julie refuses to 9marry Keow Tak.
12midnight-1.00am The Ruth Rendell Mysteries: A New Lease of Death
A revelation placates the Rev Archery, infuriates Burden and solves Charles's problem.

ANIMAL PLANET
WORLD PACK

12noon Before It's Too Late
Whale Song
1.00pm Australian Deserts
An Unnatural Dilemma
2.00 Horse Tales
Wild Horses
2.30 Going Wild with Jeff Corwin
Baja
Visits Baja in Mexico, where the California grey whales live.
3.00 Profiles of Nature
Wonder of Baby Animals
Footage of young animals filmed in their natural habitats.
4.00 Hollywood Safari
On the Run
While hiking in the woods with his dog Muddy, Peter is taken hostage by dangerous convicts.
5.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.30 Pet Rescue
With Wendy Turner and Mark Evans.
6.00 Animal Champions: Pandas and Pangolins
In the depths of the jungle and on the open plains, the animal kingdom is explored.
7.00 Ivory Orphans
Documentary offering an insight into the rehabilitation of three orphaned elephant calves in Africa.
8.00 Forest of Ash
A look at the devastation of Indonesia and Malaysia's primary forest by fire.
9.00 Emergency Vets
Stories from Alameda East Veterinary Hospital in Denver, which works round the clock to save animals.
10.00 Crocodile Hunter
Outlaws of the Outback – Part I
Attacks from feral pests.
11.00-12midnight Rediscovery of the World: Borneo: Part I
The Ghost of the Sea Turtles
The Cousteau expedition.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am It'll Never Work 7.30 The Great Egg Race 8.05 The Mind Traveller 9.05 We Have Ways of Making You Think 10.00 Lenin's Secret Files 11.00 Top Gear GTi 12noon Tomorrow's World Plus 1.00pm Great Railway Journeys 2.00 Spirit of the Jaguar
3.00 Sea Otters – The Clam Busters
Narrated by David Attenborough.
3.30 Otters – The Truth
4.00 The Great Bears of Alaska
Discover how the brown bears of Alaska spend the summer months devoted to a life of gluttony.
5.00 Rolf's Amazing World of Animals
Family entertainment show.
5.30 Crime Limited
The series intended to help victims of crime.
6.00 Vet School
The cameras join the students and staff at Cambridge University Veterinary School.
6.30 999 Lifesavers
7.00 The House
The opera chorus threatens to strike, the Royal Ballet goes to Washington and Michael Nunn goes under the knife.
8.00 Leopard: A Wildlife Special
Using revolutionary filming techniques, this footage shows the leopard hunting in total darkness.
9.00 Airport
Behind the scenes at Heathrow airport.
9.30 War and Piste
I Know What Time You Came in Last Night
10.00 Hollywood Women
Stars reveal what they really think of the sex, money and power that drives Hollywood.
11.00 The Birth of Horror
Frankenstein
The first of a four-part series exploring the origins of modern horror myths.
12midnight-1.00am Provos – IRA and Sinn Fein
Second Front
Peter Taylor documents the IRA prison protests.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am E! True Hollywood Story 7.00 E! Celebrity Profile 8.00 The Good Housekeeping Show 8.30 Roddy Llewellyn's Indoor Garden 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Zest Beauty Show 11.30 Rosemary Conley's Low-Fat Cookbook 12noon The Good Housekeeping Show 12.30pm Gorgeous Gardens 1.00 E! True Hollywood Story 2.00 The View
3.00 Best of Livetime
Highlights from the past week's programmes.
4.00 Sally Jessy Raphael
Celebrity Super Moms
American talk show.
5.00-6.00pm Best of Livetime
Highlights from the past week's programmes.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Titanic Special: Titanic
Discover how the public of the time were informed of the full horror of the vessel's sinking.
8.00 Titanic Special: Treasures of the Titanic
8.30 Shipwrecks: Shipwrecks – A Natural History
9.00 Inside Tibet
Discover Tibet's recent history and rich culture.
10.00 Mysterious World: The Invisible World
A look at the realms beyond man's sight.
11.00 Kruger Park 100 – The Vision Lives on
The 100-year anniversary of the Kruger National Park in South Africa.
12midnight-1.00am Explorer
Three of the world's most accomplished kayakers attempt the raging Wenatchee River.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

7.00am Kickstart
Uplifting tunes to start the day.
9.00 The Grind with Performances from Backstreet Boys
9.30 The Grind with Performances from the Spice Girls
10.00 Hitlist UK
12noon News Weekend Edition
1.00pm Ultrasound: Madonna
2.30 MTV Live All Saints
3.00 Essential Spice Girls
3.30 Singled Out
4.00 Select MTV
6.00 Essential Boyzone
6.30 MTV Live Boyzone
7.00 News Weekend Edition
An in depth look at the week's music and celebrity events.
7.30 Ultrasound: Brandy
8.00 An Audience with All Saints
9.00 Oasis Unplugged
10.00 Rock and Roll Feuds: Oasis
10.30 Artist Cut
11.00 MTV's Top 10
12midnight The Late Lick
1.00am-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Breakfast in Bed 9.00 Pop-Up Video 10.00 Something for Weekend 12noon Ten of the Best 1.00pm Greatest Hits 1.30 Ed Sullivan 2.00 Clare Grogan 3.55 Star Signs Weekend 3.00 Cancer 3.30 Sagittarius 4.00 Capricorn 4.30 Scorpio 5.00 Aquarius 5.30 Virgo 6.00 Libra 6.30 Taurus 7.00 Pisces 7.30 Gemini 8.00 Leo 8.30 Aries 8.00 Album Chart 9.00 Ten of the Best 10.00 Behind the Music 11.00 Around and Around 12midnight Soul Vibration 2.00-6.00am Late

TRAVEL
FREE BONUS CHANNEL

12noon Thousand Faces of Indonesia 12.30pm Reel World 1.00 Adventure 1.30 Flavours Italy 2.00 Gatherings 2.30 Voyage 3.00 Great Australian Train Journeys 4.00 Tales and Travels 5.00 Thousand Faces of Indonesia 5.30 Holiday Maker 6.00 Flavours Italy 6.30 Voyage 7.00 Going Places 8 .00 Go 2 . 8.30 Adventure Travels 9.00 Tales and Travels 10.00 Flavours France 10.30 Holiday Maker 11.00 Secrets of India 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Gluck 7.30 Sea 8.00 Cook 8.30 Fat Man 9.00 Delia 9.30 Antiques 10.30 Rooms 11.00 Home 11.30 France 12noon Terrace 12.30pm Right Moves 1.00 Gluck 1.30 Sea 2.00 Cook's 2.30 Fat Man 3.00 Delia 3.30 Antiques 4.30 Rooms 5.00 Home 5.30 France 6.00 Terrace 6.30 Right Moves 7.00 Gluck 7.30 Sea 8.00 Cook's 8.30 Fat Man 9.00 Delia 9.30 Antiques 10.30 Rooms 11.00 Home 11.30 France 12midnight Terrace 12.30am-1.00am Right Moves

UK ARENA
LIFESTYLE PACK

3.00pm The Look
4.00 FILM: Love on the Dole
1941
5.45 Reviews You Can Use
6.00 Classic Albums
7.00 Reviews You Can Use
8.00 Dancing in the Street
9.00 Rutland Weekend Television 9.30 My Night with Reg 11.40 James Taylor in Concert 12.10am Rutland Weekend Television
12.40 Classic Albums
1.35 Dancing in the Street
2.30-3.00am James Taylor in Concert

Sunday 17 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Total Fishing 6.30 Rex Hunt 7.00 Hooked on Fishing 7.30 Hometime 8.00 Hometime 8.30 Our House Down Under 9.00 Total Fishing 9.30 Rex Hunt 10.00 Hooked on Fishing 10.30 Hometime 11.00 Hometime 11.30 Our House Down Under 12noon New Yankee Workshop 12.30pm Away with Words 1.00 Car Show 1.30 Road Show 2.00 Total Fishing 2.30 Two's Country 3.00-4.00pm Time Team

DISCOVERY
WORLD PACK

3.00 PM

4.00 PM
4.00pm Air Power
Air to Air
A comprehensive look at modern air power and the increasing importance of helicopters in warfare.

5.00 PM
5.00 Flightline
A review of the aerobatic pilot who flies muscle planes.
5.30 Classic Bikes
Heavy Metal

6.00 PM
6.00
The World's Most Dangerous Animals
A dramatic account of what can happen when wild animals turn upon humans.

7.00 PM
7.00
The Supernatural
Giant Lizard
7.30
Creatures Fantastic
Man Beasts

8.00 PM
8.00
History's Mysteries
The Shroud of Turin
8.30
History's Mysteries
The Holy Grail

9.00 PM
9.00 Invisible Places
Underworld
A look at the crypt and dungeon of St Michan's church in Ireland and the catacombs of Rome.

10.00 PM
10.00 Invisible Places
Subtropolis
A look at the Roman aquaduct system and the substructure of the Sears Tower.

11.00 PM
11.00 Invisible Places
World of War
A look at the secret and safe underground places which people have fled to throughout history.

NIGHT TIME

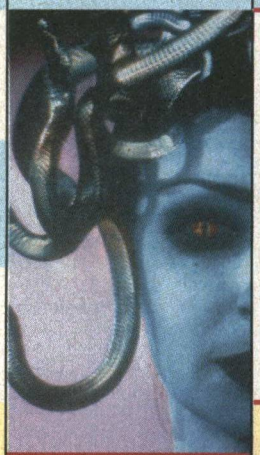
12.00
12midnight
Discover Magazine
Bloodsuckers
Revealing the major issues of everyday science.
1.00am-2.00am Justice Files
The Trackers
The process of tracking down a villain.

SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm Emmerdale Farm
1.00 Emmerdale Farm
1.30 Albion Market
2.00 Albion Market
2.30 Albion Market
Keith gets very drunk at the Albion Market party.
3.00 Albion Market
3.30-4.00pm Albion Market
Lynne and Kay have a row at the hospital.

CARTOON NETWORK
FAMILY PACK

5.00am Omer Tidings 6.30 Blinky Bill 7.00 Tabaluga 7.30 Sylvester and Tweety 8.00 Powerpuff Girls 8.30 Animaniacs 9.00 Dexter's Laboratory 10.00 Cow and Chicken 10.30 I am Weasel 11.00 Beetlejuice 11.30 Tom and Jerry 12noon Flintstones 12.30pm The Bugs and Daffy Show 12.45 Popeye 1.00 Road Runner 1.15 Sylvester and Tweety 1.30 What a Cartoon! 2.00 Taz-Mania 2.30 Droopy
3.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
3.30 Scooby-Doo
Canine crime-busting.
4.00 Powerpuff Girls
Cartoon heroics.
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Fun with the kid with the quiff.
5.30 Cow and Chicken
Animated high-jinks with the odd siblings.
6.00
Tom and Jerry Kids
The classic cat-and-mouse duo are reborn.
6.30 The Flintstones
Prehistoric antics.
7.00 Batman
Crime-busting capers.
7.30 Fish Police
Underwater law and order is enforced by the scales of justice.
8.00 Droopy:
Master Detective
Fun with the snooping dog.
8.30-9.00pm
Inch High Private Eye



Snakes alive: The legend of Medusa is traced in 'Creatures Fantastic'. Discovery Channel 7.30pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm Biography: Pretty Boy Floyd
Portrait of the infamous bank robber.
5.00 Biography: Al Capone
A look at the man, the myth and the facts.
6.00 When the Century was Young
A Golden Time
Focusing on the founding years of the century.
7.00-8.00pm Warhorse
In the Face of Fire

NICKELODEON
FAMILY PACK

7.00am Bruno the Kid 7.30 Stickin' Around 8.00 Aaahh!!! Real Monsters 8.30 Hey Arnold! 9.00 Rugrats 9.30 Doug 10.00 Angry Beavers 10.30 CatDog 11.00 The Wild Thornberrys 11.30 The Ren & Stimpy Show 12noon Wishbone 12.30pm Moesha 1.00 Sister Sister 1.30 Journey of Allen Strange 2.00 The Secret World of Alex Mack 2.30 Kenan & Kel
3.00 Clarissa Explains it All
Educational comedy with the ever-so-practical Clarissa.
3.30 Kablam
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Fun with the ankle bitters.
5.00 Sister Sister
American comedy with twins Tia and Tamera.
5.30 Kenan & Kel
Teenage comedy with the funky friends.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
US teen comedy.
7.30 Desmond's
Classic comedy.
8.00 Roseanne
Lies My Father Told Me
8.30 News Radio
Sweeps Week
Will Dave call his girlfriend?
9.00 FRASIER
You Can Go Home Again Kelsey Grammer's favourite!
9.30 *Roz and the Schnoz* Peri Gilpin's favourite.
10.00 *Moondance* Jane Leeves's favourite episode.
10.30 *Adventures in Paradise* Kelsey Grammer's other favourite.
11.00 *My Coffee with Niles* David Hyde Pierce's favourite episode.
11.30
Daphne's Room Jane Leeves's other favourite.

12midnight Duckman
12.30am The Vacant Lot
1.00 Comedy Store
1.30 Club Class
2.00 Dr Katz
Animated mayhem.
2.30 Soap
3.00 Tibs and Fibs
3.30-4.00am Nightstand

CABLE CHECK
Some of the channels listed may not be available in your area

FOX KIDS
FAMILY PACK

6.00am Beetleborgs Metallix 6.50 Eek!Stravaganza 7.00 Power Rangers Turbo 7.50 Terrible Thunderlizards 8.00 Oggy and the Cockroaches 8.50 Casper 9.00 Donkey Kong Country 10.00 Mowgli: The New Adventures of the Jungle Book 10.25 Mowgli: The New Adventures of the Jungle Book 10.50 Home to Rent 11.00 Life with Louie 11.25 Life with Louie 11.50 Eek!Stravaganza 12noon Weekend Stacks: Mowgli: The New Adventures of the Jungle Book
3.30pm Roy and Lisa's Big Ride
3.35 Mortal Kombat
Animated action.
4.00 Spiderman
Cartoon action.
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
5.00 Goosebumps
A collection of spooky stories filled with spine tingling thrills and laughter.
5.25 Eerie, Indiana
5.55 Donkey Kong
Wacky adventures with the team from Congo Bongo.
6.25 Sam and Max
6.50-7.00pm Eek! Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKs

6.00am Shop Selection!
7.00 Bargain Shop!
7.30 Feel Good Factor
8.30 Fitness Zone
9.30 Do it Yourself!
10.00 Home Style
11.00 Sporting Brands
12noon Jewellery Box
1.00pm Bargain Shop!
1.30 On Screen
2.30 Junior Sports Store
3.00 Silversmith
4.00 Branded!
5.00 Shop Selection!
6.00 Home Style
Brighten up your bathroom without spending a fortune.
7.00 Sporting Brands
The new season styles.
8.00 Silversmith
Jewellery from designer Dinny Hall.
9.00 Switched On
A look at the best deals in home entertainment.
10.00 Branded!
Focuing on classic British label Ben Sherman.
11.00 On Screen
12midnight Bargain Shop!
12.30am Shop Selection!
1.30 Silversmith
Stunning and contemporary jewellery designs.
2.30 Do it Yourself!
3.00 Sporting Brands
4.00 On Screen
5.00-6.00am Branded!

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is DIY with Harry Greene at 10.00am.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am BBC News 24 9.30 Seven Days 10.30 Science Review 11.10 Dateline London 12.30pm Chronicles 2.30 Seven Days 3.30 Science 5.00 News 6.00 News 7.30 Correspondent 8.00 News 8.30 Face in the Crowd 9.00 News 9.30 Reporters 10.00 News 10.10 Dateline London 11.00 News 11.30 USA Direct 12.30am Simpson's World 1.00 News 2.00 News 2.30 USA Direct 3.00 News 3.30 Chronicles 4.30-5.00am Dateline London

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 Global View 6.30 Business 7.30 Sport 8.30 Beat 10.30 Sport 11.30 Earthmatters 12.30pm Technology 1.00 World Report 2.30 Europe 3.30 Sport 4.30 Showbiz 5.00 Late Edition 6.30 Business Unusual 7.30 Inside Europe 8.30 Pinnacle 9.30 Best of Insight 10.30 Sport 11.00 Worldview 11.30 Style 12midnight World Today 12.30am World Beat 1.15 Asian 1.30 Diplomatic Licence 2.00 World Today 2.30 The Artclub 3.00 News Stand 4.30-5.00am NBA

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Business Week 10.00 Sunday 11.30 Book Show 12noon News 1.30pm Fashion TV 2.00 News 2.30 Showbiz Weekly 3.30 Week in Review 4.30 Sunday 5.00 Live at Five 7.30 Sportsline 8.30 Book Show 9.30 Showbiz Weekly 10.00 Prime Time 11.30 Week in Review 12.30am News 1.30 Sunday 2.30 Business Week 3.30 Book Show 4.30 News 5.30-6.00am Global Village

INTERNATIONAL

3SAT 6.00am Tele-Akademie 6.45 KunstStreifzüge 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Genie bin Ich Selbst 9.00 Die Bestenliste 10.00 Der Fall Liebknecht 10.00 Union der Festen Hand 11.30 Offen 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Rückblende 12.45 Leonard 1.30 Jeder Singt auf Seine Weise 2.15 Jakob und Adele 3.00 Saat der Hoffnung 3.30 Vatikan 4.11 Offen 4.30 Teletips 5.00 Tagebuch 5.15 Rundschau 6.00 Heute 6.10 Markwort NeunzehnZehn 7.00 Tagesschau 7.15 China: 5000 Jahre Zivilisation 8.15 Kein Zuhause in Kurdistan 8.45 Diyarbakir 10.10 Der Kommissar 11.10-12.55am Filmreihe Kanada

TV5 6.00am TV5 Infos 6.05 Bus et Compagnie 7.00 TV5 Infos 7.05 Journal 7.30 Mission Pirattak 8.00 Infos 8.05 Bus et Compagnie 9.00 Journal 9.30 Rince ta Baignoire 10.00 Thalassa 11.00 TV5 Infos 11.05 Télécinéma 11.30 Journal 12noon TV5 Infos 12.05pm Faut pas Rêver 1.00 Journal 1.30 La Carte au Trésor 3.00 Journal 3.30 Kiosque 4.00 TV5 Infos 4.05 Kiosque 4.30 Questions pour un Champion 5.00 Journal 5.30 Vivement Dimanche 7.00 Journal 7.30 Journal 8.00 TV5 Infos 8.05 Faut pas Rêver 9.00 Journal 9.30 Fiction 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Sant Darshan 8.00 Bhakti Sagar 9.00 Vinobha Bhave 10.00 Holy Quran 10.30 Buddha 11.00 Variety Programme 1.00pm Pakistan Business Update 1.30 FILM 4.00 BPL Oye 5.00 Spaghetti Junction 5.30 Fut a Fut 6.00 Paltan 6.30 Asianet Aur Aap 7.00 Dall Mein Kala 7.30 Golmaal 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight Main Anari Tu Anari 12.30am Asianet Aut Aap 1.00 FILM 4.00 Indipop 4.30 Balcony 5.00 Fut a Fut 5.30 Paltan 6.00 Chand Ghazalien 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Kya Scene Hai 6.30 Shabads 7.00 Faith 7.30 News 8.00 Business Report 8.30 Sitaron Ka Karwan 9.00 Krishna 10.00 Out and About 10.30 Tandoori Masala 11.00 Aap Ki Adalat 11.30 Health Show 12noon FILM: Henna 3.00pm Ktc Sa Re Ga Ma 4.00 Zee and You 4.30 Sofia 5.30 Hadd Kar Di 6.00 Adhikar 7.00 Fairdeal Antakshari 8.00 News 8.30 Daastan 9.00 FILM: Angaar 12midnight News 12.30am Zee World 1.00 Zee Bangla 1.30 Raahat 2.00 FILM: Locket 5.00 Amar Kathayen 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 The Sandfords 4.30 This is Your Day 5.00 Voice of Faith – Walter Hallam 5.30 Potters House 6.00 Praise the Lord 7.00 Ray McCauley 7.30 Taking Authority 8.00 Winning Ways – Matthew Ashimolowo 8.30 Ray Bevan/Terry Savelle 9.00 Life is for Living/Power for Living 9.30 Holy Ground 10.00 This Generation 10.30-11.00am This is Your – Day Benny Hinn

BLOOMBERG
WORLD PACK

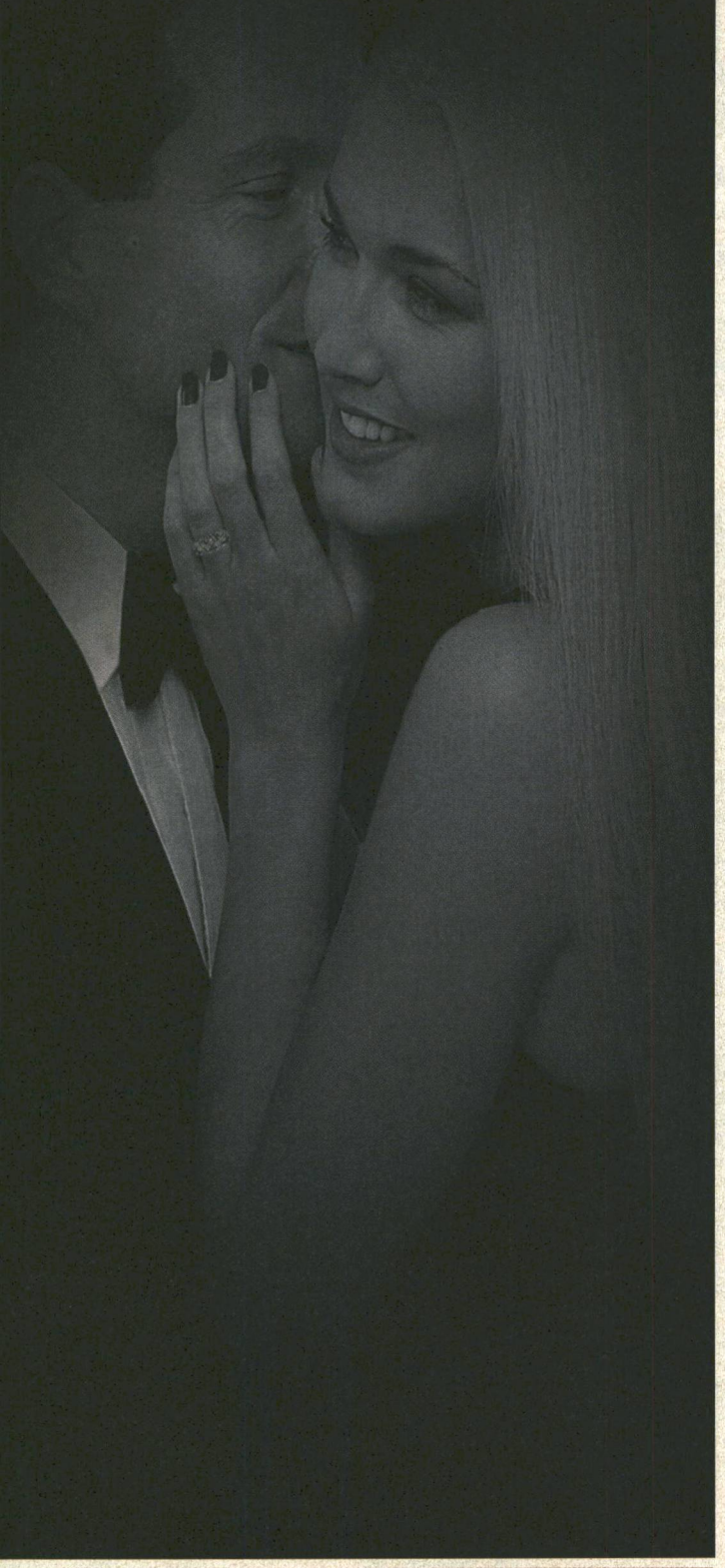
Rolling business news with financial market reports on the half hour, plus: 3.15am Euro 99 3.50 Ask the IFA 4.24am Sports 4.49 Market Reviews

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 10.00 Welsh Lobby 10.30 Select Committees 12noon America 3.00pm Scottish Lobby 3.30-12midnight Select Committees

Victorian Dreams



Announcing an exquisite new creation brought to you exclusively from Brooks & Bentley in magnificent 9 carat gold. This is *Victorian Dreams*, a breathtaking masterwork of fine jewellery hand-crafted to perfection. *Victorian Dreams* is brought to life with no less than ten sparkling white cubic zirconia, hand-set into the most romantic setting decorated with a delightful row of hearts. Then, for the definitive finishing touch, two diamonds are hand-set to create a masterpiece in true Victorian style.

Victorian Dreams is now available exclusively from Brooks & Bentley at the issue price of just £96.00* per hallmarked ring, payable in four convenient interest-free monthly instalments. And as befits such an important new issue, each hallmarked ring comes complete with a luxury presentation case and a Certificate of Authenticity, attesting to its valued status as a Brooks & Bentley original.

To acquire *Victorian Dreams*, for you or as the perfect gift for a special someone, please complete and return the reservation form by 10th February, 1999. Or telephone **01732 834400** today to secure your order. Please send no money at this time. Ref: 1227925

Please post by 25th January for Valentine's Delivery

OUR PLEDGE OF COMPLETE SATISFACTION

Brooks & Bentley takes pride in offering works of uncompromisingly high standards of quality, created with care and dedication by skilled craftsmen. If you are not satisfied with your purchase for any reason, simply return it within one year for a replacement or full refund. This pledge is in addition to your statutory rights.

MEMBER OF THE BRITISH JEWELLERS ASSOCIATION

BROOKS & BENTLEY

Brooks & Bentley, Weald Court, 101-103 Tonbridge Road, Hildenborough, Tonbridge, Kent TN11 9RY. **© B&B 1998.** **Company Registered in the U.K. No. 2675093.**

RESERVATION FORM FOR VICTORIAN DREAMS

Please post by 10th February, 1999.

Please enter my reservation for *Victorian Dreams*, to be hand-crafted for me in 9 carat gold at the individual issue price of just £96.00* per ring.

I need send no money now. I understand I will be billed in four interest-free monthly instalments of £24.00, beginning when my ring is ready for despatch. To ensure a perfect fit, a ring sizer will be sent to me with my first invoice. I will be given the opportunity to pay by cheque, postal order, credit card or Switch.

*Plus £2.35 per ring for postage and packaging.

Mr/Mrs/Ms_____
PLEASE PRINT CLEARLY

Address_____

_____

Postcode_____ Telephone No. _____

Ref: 1227925

Signature_____

Please allow 21 days for delivery. All orders are subject to availability and credit status.

We may allow reputable companies to write to you with offers which may be of interest. If you would prefer not to hear from them, please tick this box. ☐

Post to: Brooks & Bentley, Weald Court, 101-103 Tonbridge Road, Hildenborough, Tonbridge, Kent TN11 9RY.

Monday 18 January

SKY PREMIER
PREMIUM CHANNEL

6.00am The Bomber Boys
1995, rating Sky PG, 88 mins
8.00 My Cousin Rachel
1952, rating Sky PG, 94 mins
10.00 Frog and Wombat
1998, rating Sky PG, 92 mins
12noon First Do No Harm
1997, rating Sky PG, 90 mins
2.00pm The Bomber Boys
Martin Sheen, Joe Mantegna
Comedy in which three teenagers, who are fleeing their angry parents, find an atomic bomb. After trying to hold the country to ransom, they are chased by the FBI. *1995, rating Sky PG, 88 mins*
3.30
Barry Norman's Film Night
The hottest films of the moment.
4.00 Frog and Wombat
Ronny Cox, Lindsay Wagner, Ross Malinger, Katie Stuart
Comedy adventure about a couple of friends, code-named Frog and Wombat, whose blissful life comes to an end when their headmaster moves in next door. Frog starts to believe that their new neighbour has committed a murder. *1998, rating Sky PG, 92 mins*
6.00
Little Girls in Pretty Boxes
Swoosie Kurtz, Philip Casnoff
PREMIERE Family drama about a junior gymnastic champ who has Olympic potential, but finds herself increasingly alienated in the cut and thrust climate of the professional circuit. *1997, rating Sky PG, 88 mins*
7.30 The Barry Norman Interview: Pierce Brosnan
8.00 First Do No Harm
Meryl Streep, Fred Ward
Touching drama about a mother determined to find a cure for the debilitating disease afflicting her son. It soon becomes apparent that conventional medicine cannot help him, and that to save his life and her marriage she must now take his treatment into her own hands. *1997, rating Sky PG, 90 mins*
10.00 The Fifth Element
Bruce Willis, Milla Jovovich
Science fiction adventure about a cab driver in the 23rd Century, whose life takes a different turn when a beautiful young woman, who represents all that is good in the universe, falls into his cab. He then has to protect her from the evil forces that wish to wreak havoc on the world. *1997, rating Sky PG, 121 mins*
12.10am 2 Days in the Valley
Danny Aiello, Jeff Daniels
Thriller set in the LA suburbs. Text *1996, rating Sky 18, 100 mins*
1.55 To Love, Honor and Deceive
Vanessa Marcil, James Wilder
1996, rating Sky PG, 91 mins
3.30-6.00am The Great White Hype
Samuel L Jackson, Jeff Goldblum
Text *1996, rating Sky 15, 87 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.30am
Femmes Fatales: Winona Ryder
7.15 Movie Magic:
Animals on the Rampage
8.00 Action Heroes: Eddie Murphy
9.00 McLeod's Daughters
1996, rating Sky PG, DS, 95 mins
11.00 Vanishing Point
1996, rating Sky PG, 87 mins
1.00pm
Femmes Fatales: Winona Ryder
1.30 Movie Magic:
Animals on the Rampage
2.15 Action Heroes: Eddie Murphy
3.00 McLeod's Daughters
Tammy MacIntosh, Kym Wilson, Jack Thompson
Drama set in the Australian outback about the eldest of the McLeod daughters, who returns to save the family farm after the death of her father. However, she finds her duty hampered by chauvinism and small town attitudes. *1996, rating Sky PG, DS, 95 mins*
5.00 Chasing the Deer
Brian Blessed, Iain Cuthbertson, Carolyn Konrad, Jake D'Arcy
Powerful drama based on the infamous battle of Culloden between the Scots and the English. The film tells the story of the ordinary Scots men and women who were caught up in the turmoil of a nation divided in the 18th Century. *1994, rating Sky PG, 91 mins*
7.00 Vanishing Point
Viggo Mortensen, Christine Elise
Action thriller about one man's race to reach his ill wife. He speeds across country, desperate to get home to his wife, whose pregnancy has taken a life-threatening turn. However, armed officers give chase and the situation turns desperate. *1996, rating Sky PG, 87 mins*
9.00 The Hostages
Jeremy Callaghan, Sophie Lee, Jason Chong
PREMIERE Thriller about a pair of backpacking Australians who become trapped in a nightmare world when they are captured by rebel forces while trekking in Cambodia. Filmed on location in Australia and Cambodia. *1997, rating Sky 15, 94 mins*
11.00 Jailbreak
Ally Sheedy, David Carradine
Action drama about a woman who escapes from jail after being wrongfully imprisoned. *1997, rating Sky 15, 88 mins*
12.35am Erik the Viking
Tim Robbins, Terry Jones
Extravagant fantasy. Text *1989, rating Sky 15, 89 mins*
2.10 I Walk the Line
1970, rating Sky 15, 93 mins
3.50 Where's the Money, Noreen?
1995, rating Sky 12, 88 mins
5.25-7.00am Chasing the Deer
1994, rating Sky PG, 91 mins

Sam Bould and Joely Richardson star in the domestic drama 'Hollow Reed'. FilmFour 10.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm Cornered
Dick Powell, Walter Slezak, Nina Vale, Micheline Cheirel
Drama in which a World War II pilot returns to France to find the killer of his wife, who was executed with a group of French Resistance fighters. He follows the trail to Argentina, where he finds that Nazism is alive and flourishing. *1945, rating Sky PG, 98 mins*
6.00 Frenchman's Creek
Joan Fontaine, Nigel Bruce, Arturo De Cordova
Swashbuckling drama about an English woman who flees from a lascivious nobleman to her family home in Cornwall. While there, she falls in love with a French pirate and they live a life of reckless adventure until reality swiftly catches up with her. *1944, rating Sky U, 108 mins*
8.00 Heat and Dust
Julie Christie, Greta Scacchi, Christopher Cazenove
Drama about a woman who, after reading her great-aunt's letters, falls in love with India. After moving there she has a child by an Indian yet, like her great aunt before, she still remains an outsider in a land she doesn't fully comprehend. *1983, rating 15, 130 mins*
10.00 Quartet
Alan Bates, Maggie Smith, Isabelle Adjani, Anthony Higgins
Drama set in Twenties Paris. When a young woman's husband is sent to prison, she is taken in by a Bohemian man and his victimised wife. She is then gradually seduced by the man, and finds herself in the middle of a ménage à trois. *1981, 101 mins*
12midnight The Seven-Ups
Roy Scheider, Tony Lo Bianco
Action thriller. *1973, rating Sky 15, 99 mins*
1.45am
The Adventures of Ford Fairlane
1990, rating Sky 18, 98 mins
3.30-5.30am
The Scarlet Empress
1934, rating Sky PG, 100 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm
The Prisoner of Zenda
Stewart Granger, Deborah Kerr, James Mason, Louis Calhern, Jane Greer, Lewis Stone
Third screen version of Anthony Hope's swashbuckling classic about the intrigues of Ruritanian royalty, in which an English lookalike manages to protect the throne from the designs of an evil pretender. *1952, 100 mins*
11.00
Angels with Dirty Faces
James Cagney, Pat O'Brien, Humphrey Bogart, Ann Sheridan, George Bancroft
Gangster thriller. *1938, 94 mins*
1.00am The Comedians
Richard Burton, Elizabeth Taylor, Alec Guinness, Peter Ustinov
Melodrama set in Haiti.
Widescreen *1967, 146 mins*
3.30-5.00am
Battle Beneath the Earth
Kerwin Mathews, Vivienne Ventura
Cold War action adventure.
1967, 88 mins

Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Widow's Peak
Mia Farrow, Joan Plowright, Natasha Richardson, Adrian Dunbar, Jim Broadbent
Deliciously dark comedy of small-town manners. Set in a small Irish town, the quirky story follows a spinster's fight against the overbearing local queen bee and the machinations of an interfering newcomer. *1994, 97 mins*
8.00 Nell
Jodie Foster, Liam Neeson, Natasha Richardson
Michael Apted's drama about a wild child from the mountains of Carolina, who can only converse in strange speech. Her condition becomes a struggle between the scientist who found her and a psychologist, which leads to a showdown in court. *1994, 108 mins*
10.00 Hollow Reed
Sam Bould, Martin Donavan, Joely Richardson
Drama in which a boy is torn between his parents, who are separating. While his father is gay and living with his partner, his mother lives with her lover, who beats him. This leads the father to launch a long courtroom custody battle to win back his son. *1995, 101 mins*
12midnight Blow Up
David Hemmings, Sarah Miles
1966, 107 mins
1.50am Blue Sky
1982, 86 mins
3.30 Wetherby
1985, 99 mins
5.10-6.00am
A Turning of the Earth
A profile of director John Ford.

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
CRASH
David Cronenberg's controversial film about a group of people turned on by car crashes, based on a novel by JG Ballard. *1996, rating Sky 18, 97 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
G.I. JANE
Action drama about one woman's struggle to succeed in the ultimate man's world, the navy SEALs. *1997, rating Sky 15, 120 mins*
PLAYS AT 6.00am, 8.30am, 7.00pm, 9.30pm

Sky Box Office 3
Channel 53
BUDDY
Fact-based story about an eccentric animal lover. *1997, rating Sky U, 80 mins*
PLAYS AT 6.30am, 8.00am, 9.30am, 11.00am, 12.30pm, 2.00pm, 3.30pm, 5.00pm, 6.30pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed sci-fi movie with spectacular effects and gore galore. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
ONE NIGHT STAND
Haunting, erotically charged examination of infidelity from director Mike Figgis. Stars Wesley Snipes and Nastassja Kinski. *1997, rating Sky 18, 99 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Monday 18 January

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30
The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You
Met Someone Text
1.30 Jeopardy
2.00 Sally Jessy Raphael

3.00 Jenny Jones
Jenny Please Turn My Gothic Teen into a Normal Teen
Teenagers are given makeovers to make them look more conventional.
4.00 Guilty!
Carole Malone presents the show in which members of the public accused of failings by their friends or family are tried by the 100-strong jury audience.
5.00 Star Trek: Deep Space Nine
Rapture
Sisko is plagued by threatening visions that may hold the key to Bajor's future. Text
6.00 Married ... With Children
Bud on the Side Text
6.30 Friends
The One Where Joey Moves Out Text
7.00 The Simpsons
Lisa the Iconoclast Text
7.30 The Simpsons
Homer the Smithers
Homer becomes Mr Burns's assistant. Text
8.00 Star Trek: Deep Space Nine
Far Beyond the Stars
Sisko imagines that he is a sci-fi writer encountering racism in America in 1953. Text
9.00 First Wave
Mata Hari
Sci-fi drama. Cade tries to establish who murdered a student genius – and why. Starring Sebastian Spence.
10.00 South Park
Clubhouses
10.30 Seinfeld
The Cartoon
A cartoon inspires Elaine to attempt to draw. Text
11.00 Friends
The One Where Joey Moves Out Text
11.30 Star Trek: Deep Space Nine
Rapture
Sisko is plagued by life-threatening visions. Text
12.30am Highlander: The Series
Unholy Alliance – Part I
Xavier St Cloud returns, killing Immortals with the help of mortal mercenaries who shoot his prey.
1.30-7.00am Long Play
Music through the night.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Powers of Persuasion

3.25 The Bill
A Rock and a Hard Place
A thief is preying on the elderly.
3.55 EastEnders
More soap drama with the residents of Albert Square.
4.30 Rhoda
Joe
American sitcom about a single Jewish woman living in New York.
5.00 All Creatures Great and Small
Ways and Means
James prefers an encounter with a savage pig to the ordeal of speaking at the local youth club.
6.00 Dynasty
Steven announces to Blake that he is moving out of the house, Jeff Colby returns from Europe, and Lindsay catches her mother in an embarrassing situation.
7.00 May to December
Cherry Pink and Apple Blossom White
Things are running smoothly until an unexected guest arrives.
7.40 It Ain't Half Hot, Mum
That's Entertainment
8.20 Yes, Minister
The Greasy Pole
Jim finds himself involved in a row about a chemical company.
9.00 Tears Before Bedtime
The question on everybody's lips is: with whom is Stuart having an affair? The nanny Mafia moves into top gear to investigate. Stars Peter Howitt and Samantha Bond.
10.05 Hamish Macbeth
Deferred Sentence
Hamish, holidaying alone on Laggan-Laggan Island, is drawn into a 20-year-old local mystery. Stars Robert Carlyle.
11.10 Sports Anorak of the Year
Sports quiz hosted by Rory McGrath.
11.40 The Bill
Powers of Persuasion
12.10am The Bill
A Rock and a Hard Place
12.40 Backup
1.35 French and Saunders
2.05 Colin's Sandwich
2.35-3.00am Live at Jongleurs

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
2.10 LA Law
Legal drama series.

3.10 Living Room
Jayne Irving and Amanda Cross host an upbeat and humorous magazine programme featuring human interest stories, celebrities, fashion and beauty.
4.00 Michael Cole
I'm Pierced and Proud
No-holds-barred talk show which tackles sensational subjects with a studio audience.
4.50 Rolonda
He's a Mama's Boy
Audience participation talk show from the US.
5.40 Ready, Steady, Cook
Cookery gameshow with guest cooks Ross Burden and Steven Saunders.
6.15 The Jerry Springer Show
Outrageous American talk show in which guests engage in lively discussion.
7.05 Rescue 911
More real-life rescues by American emergency services, hosted by William Shatner.
7.35 Animal Rescue
More pets in distress are saved.
8.00 Murder Call
Australian murder mystery drama series about homicide detectives who have an unconventional approach to their work.
9.00 FILM: Nightmare
Victoria Principal, Paul Sorvino, Jonathan Banks, Danielle Harris, Christopher Wynne
Thriller in which a single mother, feeling increasingly threatened by the dangers of city life, moves with her young daughter to the suburbs, only to find her life shattered when the child is kidnapped by a dangerous killer. *1991*
11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 Doctor in the House 8.00 That's My Boy 8.30 Up the Garden Path 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Agony 2.00 thirtysomething

3.00 The Love Boat
The Old Man and the Runaway
A teenage runaway stays in an old man's cabin, and a young man hides his true identity and vocation.
4.00 The Saint
The Desperate Diplomat
Why should a trusted diplomat steal a fortune from the country he loves? His old friend The Saint decides to find out.
5.00 Hawaii Five-0
A Gun for McGarrett
McGarrett falls for an elegant art-dealer who is being threatened by mobsters. Stars Jack Lord and James MacArthur.
6.00 Emmerdale
Happy Hour at the Woolpack results in misery for Turner.
6.30 Classic Coronation Street
Fred falls down the stairs.
7.00 Mission: Impossible
The Astrologer
The IMF accepts a critical mission to rescue the exiled leader of a Baltic state. Stars Peter Graves.
8.00 The Love Boat
The Old Man and the Runaway
A teenage runaway crashes in an old man's cabin, and a young man hides his true identity and vocation.
9.00 Classic Coronation Street
9.30 The Brian Conley Show
10.00 Jokers Wild
10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Rally World
Eric Michell presents rally action from around the globe.
11.30 Car File
This edition profiles the Ford Cougar Coupé.
12midnight 2 Wheels
Reports on the Honda RC45, a road-legal race bike.
12.30am Motor Week
Highlights from the Detroit International Auto Show.
1.00 Through the Gears
1.30-2.00am 4 Wheels Good
A look at the Mercedes CLK.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush Family 10.00 Bite Size 10.10 Tots 10.30 Big Garage 10.45 PB & J Otter 11.00 Sesame St 12noon Spot 12.05pm Animal Shelf 12.15 Pocket Dragons 12.30 Bear 12.55 Toothbrush Family 1.00 Bite Size 1.15 Tots TV 1.30 Garage 1.45 PB & J Otter 2.00 Quack Pack 2.30 Winnie the Pooh

3.00 The Little Mermaid
Undersea adventures of the mermaid Ariel and her friends, Sebastian and Flounder. Text
3.30 Art Attack
Hosted by Neil Buchanan. Text
4.00 101 Dalmatians
Canine capers and daring doggy deeds in this follow-on from the 1961 film. Text
4.30 Hercules: The TV Show
5.00 Recess Text
5.15 Pepper Ann
Pepper Ann wants to be cool at all costs – but her family seems determined to thwart her. Text
5.30 Smart Guy Text
6.00 Teen Angel
Wrestling with an Angel
Marty helps Steve get onto the wrestling team. Text
6.30 Boy Meets World
No Guts, No Cory
7.00 Honey, I Shrunk the Kids: The TV Show
Honey, the Garbage is Taking Us Out Text
7.50 Classic Toons
Animated antics.
8.00 FILM: Safety Patrol
Bug Hall, Leslie Nielsen
Young Scout Bozell desperately wants to be on the school's safety patrol – but the school bullies are determined not to allow him to join. *1995* Text
9.30 Home Improvement
Tim Allen stars as the loving husband and father and chauvinistic host of the DIY show, *Tool Time*.
10.00 Dinosaurs Text
10.30 The Wonder Years
With Fred Savage. Text
11.00-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

MONDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

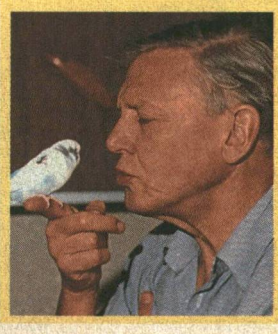
FILM

Little Girls in Pretty Boxes
Sky Premier 6.00pm
A family drama set in the competitive world of professional gymnastics about a junior champ with Olympic potential who moves with her mother to Los Angeles. An elite gym in LA will help in the quest for Olympic gold, but will it also drive mother and daughter apart?

GENERAL

Dynasty
UK Gold 6.00pm
You can never get enough of the Carrington family in this ultimate manifestation of Seventies and Eighties chic. John Forsythe stars as Blake, the head of the dynasty. In tonight's episode his son Steven announces that he is leaving the house.

ADVERTISEMENT



UK HORIZONS
ATTENBOROUGH AT EIGHT
8.00PM
Every evening at 8.00pm, UK Horizons presents the very best of Sir David Attenborough's wildlife programmes. This month's highlights include the hugely acclaimed series *Life on Earth*.

Monday 18 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM

7.30am Rally
8.00 Tennis – LIVE
Coverage from the Australian Open in Melbourne, where the world's elite is gathered to contest the first Grand Slam Tournament of the year. Pete Sampras will be looking to win his 12th Grand Slam title, to tie Roy Emerson's record.
12noon Tennis
Further action from the Australian Open in Melbourne.

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

7.00pm
Xtreme Sports
YOZ Mag

8.00 PM

8.00 Trial
Coverage from the Indoor World Cup in Sheffield.

9.00 PM

9.30 Rally
Highlights from the FIA World Rally Championship in Monte Carlo.

10.00 PM

10.00 Football
Eurogoals
Featuring the best action from across the continent.

11.00 PM

11.30 Boxing
Coverage of an international contest.

12.00 NIGHT TIME

12midnight-12.30am Rally
Action from the FIA World Rally Championship in Monaco.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Ford Football Special: Charlton v Newcastle *Repeat from Sunday* **8.30 Racing News**
9.00 Aerobics
9.30 World Sport Special
10.00 Euro Tour Golf
12noon Aerobics
12.30pm What a Weekend
1.00 Ford Football Special: Charlton v Newcastle
2.30 Spanish Football
Action from La Liga in Spain where two talented sides do battle on the path to potential championship glory.
Repeat from Saturday

4.30 What a Weekend
A look back to the very best of the action from the weekend's sports.

5.00 Max Power
Motorsports magazine featuring touring cars, single seaters, road racing and off road events.

6.00
Sky Sports Centre
Sports news service.
6.30 What a Weekend
All the developments from the weekend's sport.

7.00 Ford Monday Night Football: Aston Villa v Everton – LIVE
High flying Aston Villa play host to underachievers Everton in this premiership clash at Villa Park. Presented by Richard Keys and Andy Gray, with commentary from Alan Parry and Trevor Francis.

10.15
Sky Sports Centre
10.30
You're On Sky Sports!
Enthusiasts vent their anger on football issues.

11.00 Football League Review
A blow-by-blow account of all the recent Nationwide league action, including every goal scored.

12midnight
Sky Sports Centre
12.15am
You're On Sky Sports!
12.45 Ford Monday Night Football: Aston Villa v Everton 2.45 Football League Review 3.45-4.00am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Racing News
8.00 H_2O
8.30 International Cricket: South Africa v West Indies – LIVE
10.30
Second Innings: Angus Fraser – Trent Bridge
11.00 International Cricket: South Africa v West Indies – LIVE
Coverage from Pretoria, venue of the fifth Test between South Africa and the West Indies.
3.30pm V-Max
An insight into the world of speed on land, air and sea.

4.00
Motorcycling: AMA Grand National Series
Motorcycling mayhem from the AMA Grand National Series.

5.00 Football League Review
Goals galore with a rerun of every ball hitting the back of the net in the Nationwide League.

6.00 World Windsurfing
The latest action from the crest of the wave.
6.30 V-Max
High speed action.

7.00 International Cricket: South Africa v West Indies
Catch up with all the best action from day four in the fifth Test match between South Africa and the West Indies in Pretoria.

10.00 Ford Golf USA: Sony Open
Highlights from day four of the Sony Open Championship.

12midnight Totalsport
12.30am
International Cricket: South Africa v West Indies 3.30-6.00am
International Cricket: England v Sri Lanka – LIVE
Coverage of the one day international in Melbourne.

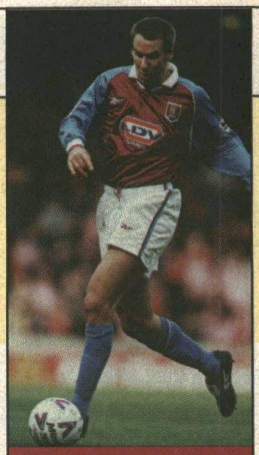
SKY SPORTS 3
PREMIUM CHANNEL

12noon
Triathlon – 1998 World Cup
Competition consisting of cycling, track and swimming.
1.00pm Moto-Plus
Motoring mayhem for those who like to live life in the fast lane.
1.30 NFL: NFL AFC/NFC Championship
Highlights from the all important clash in the AFC/NFC Championship. This competition pits the game's rivals against one another in what is sure to be a heated battle on the gridiron.

6.30 Ford Golf USA: Sony Open
Highlights from day four of the Sony Open Championship.

8.30 Dancing: IDSF – Open Latin
The IDSF Open Latin event comes from Massachusetts, with some of the finest ballroom dancers in the world.
9.30 Totalsport
The most extreme sporting action from around the globe.

10.00 Dickie Davies's Sporting Heroes: Sebastian Coe
Dickie Davies conducts an interview with track legend Sebastian Coe.
11.00-11.30pm Golden Age of Racing: A to Z of Motorsport
Motor racing nostalgia with archive footage.



Aston Villa's Paul Merson will be hoping to make an impact against Everton. Sky Sports 1 7.00pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
Tonight's preview.
6.15 The Insiders
The Reds' unsung heroes.
6.30 Kids Clinic
Tips and advice for kids.
7.00 Red Hot News
All the latest developments from Old Trafford.
7.30 Red Legends
Past household names track down former players.
8.00 Super Match – Premier Classic: Manchester United v Middlesbrough
Classic action from 1997 as the Red Devils take on Bryan Robson's Middlesbrough.

10.00
Talk of the Devils
Journalists and fans debate Man United issues.
10.45
Junior Masterfan
Fast-paced quiz show.
11.15 Jump 'n' Pump
Energetic aerobics exercise programme.
11.30-12midnight Red Hot News

SCI-FI
ACTION PACK

7.30am Bloomberg 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon Twilight Zone 12.30pm Twilight Zone 1.00 Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00
Battlestar Galactica
Space Croppers
The space fleet's farm ship is destroyed and supplies have to come from Earth.

4.00
The Incredible Hulk
Never Give a Trucker an Even Break
The Hulk comes up against a huge truck.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. Presented by Tim White.

6.00 Time Trax
The Scarlet Koala
Darien must help cure a malaria epidemic in the 22nd century by locating the sacred scarlet koala.

7.00 Quantum Leap
Private Dancer
Sam leaps into the life of Chippendales performer Rod 'The Bod' McCarty. Stars Scott Bakula.

8.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. Presented by Tim White.

9.00 PSI Factor – Chronicles of the Paranormal
The Undead/ Stalker Moon
Hosted by Dan Aykroyd.

10.00 FILM: Timecop
Jean Claude Van Damme, Ron Silver, Mia Sara
Max Walker is a time cop who learns of a corrupt politician's plot to become president using time travel. When the politician is found out he takes steps to solve the problem… in Walker's past.
11.50 Sci-Focus
12midnight PSI Factor – Chronicles of the Paranormal
1.00am FILM: Amityville II – The Possession
Burt Young, Rutanya Alda
Horror. *1982*
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

3.15pm Snooker – The Nations Cup
All the action on the green baize from Newcastle.
5.15 The Mix
Rundown of charts, gossip and interviews.
6.00 Bedrock
Magazine programme with celebrity guests and music.
7.00 H_2O
An offbeat look at sailing.
7.30 NBA Action
Coverage from the US.

8.00 My Wonderful Life
Sitcom about a divorced nurse with two kids, an acid tongue and a questionable taste in men.
8.30 Maggie Winters
US sitcom about a woman who returns to her small town roots after her big city dreams fall flat.
9.00 I Suppose You Think That's Funny
Liza Tarbuck presents a celebrity panel game.

9.30 Babes in the Wood
Sitcom set in St John's Wood, London about three flat sharing women. Stars Denise Van Outen and Samantha Janus.
10.00 Coronation Street
Soap double-bill.
11.00 A Thaw in Winter: Kavanagh QC
Drama about a leading British barrister. With John Thaw and Frederick Treves.
12.30am-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Dirty Talk 12.20 Adult Feature 12.45 FILM: Entangled 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Unearthing Passions 2.25 FILM: Sweet as Honey 3.40 Debee Ashby Uncut 4.10-5.30am FILM: Women on Fire

ADULT CHANNEL
ADD-ON CHANNEL

12.10am Gay Night: Man Hunt 12.15 Gay Night 12.30 Gay Night: Man Hunt 12.40 Gay Night: East End Lads 1.35 Gay Night 1.45 Gay Night: Kama Sutra of Gay Sex 2.45 Gay Night 3.00-4.00am Gay Night: Vulcan

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: The Visitants
Marcus Vaughter
Sci-fi horror. A bright high school student discovers that his neighbours are aliens.
9.30 FILM: Enter the Blood Ring
Robert Z'dar, Malibu
Action set in Los Angeles.
11.05-12midnight Bodacious Beauties

Monday 18 January

Lleucu Siencyn hopes to be a presenter in 'Across the Line – The Shortlist'. Travel 4.30pm, 10.30pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Crosswits
Cryptic crossword quiz hosted by Tom O'Connor.
5.45 The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Max Bygraves.
6.30 The Games Room
6.45 Catchphrase
Gameshow hosted by Roy Walker.
7.15 The Games Room
7.25 100 Per Cent
General knowledge quiz without a host.
7.55
The Crystal Maze
A team of contestants tackles ingenious games and fiendish challenges in the four zones of a giant fantasy world.
9.00 The Games Room
9.15 Strike it Lucky
Michael Barrymore hosts the fast-action game show.
9.45 The Games Room
Win big money prizes.
10.00
Candid Camera
10.30
Karaoke Challenge
Ross King hosts the karaoke competition.
11.00
Carnal Knowledge
Revealing the intimate secrets of contestants with Graham Norton and Maria McErlane.
12midnight Strike it Lucky
12.30am Split Second
1.00 3-2-1
2.00 Love at First Sight
2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters
4.00 Fifteen to One
4.30 Don't Drink the Water
5.00-6.00am Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
More helpful advice for troubled souls.
3.30 Lie Detector
Unmasking deception using modern methods.
4.00
Indecent Proposals
More brave escapades.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
More helpful advice for troubled souls.
5.30 The Why Files
More psychic investigations.
6.00
The Fashion Show
The latest update on the catwalk.
6.30
Indecent Proposals
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
More helpful advice for troubled souls.
8.00 The Why Files
Psychic investigators search for the plain spooky.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Women's Wrestling
More grappling action from the ring.
9.57 Topless Darts
More shapely throwing.
10.00
Hollywood Uncovered
A behind-the-scenes look at the porn industry.
10.30 Exotica Erotica
Adult entertainment.
11.30 Blue Review
11.45 Painted Ladies
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasuredome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Janeycam 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 Restaurant 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Coxon's Kitchen College 12noon Network 12.30pm Winter Nosh 1.00 Food for Thought 1.30 Rustie's Real Cooks 2.00 Lunch 2.30 Network 3.00 Jenny Bristow Cooking in the Kitchen 3.30 Coxon's Kitchen College 4.00 Vin Ordinaire 4.30-5.00pm An Umbrian Kitchen

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 London Bridge
Nick will say anything to move back in with Isobel.
6.30 Rising Damp
Come on in, the Water's Lovely
7.00 Boon
The Eyes of Texas
Ken spends the night with Rebecca, then goes looking for her husband. But things do not go according to plan.
8.00
Birds of a Feather
Suspicious Minds
8.30
The 10 Percenters
Feud
9.00 The Ruth Rendell Mysteries: From Doon with Death
Investigating the out-of-character disappearance of a woman.
10.00 Big Sky
Edge of Reality
Jimbo and Scotty become involved in war games when they transport some army troops.
11.00
Hill Street Blues
Influential Eighties American police drama about Captain Frank Furillo and the Hill Street officers.
12midnight Rising Damp
Come on in, the Water's Lovely
Wedding bells are tolling in the boarding house, but do they toll for Rigsby?
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon Animal X
12.30pm Ocean Wilds
Patagonia
1.00 Nature Watch with Julian Pettifer
The Perfect Family Dog
1.30 Australia Wild
Emus: Curious Companions
2.00 It's a Vet's Life
2.30 Human/Nature
Reporters travel the world charting human relationships with animals and elements.
3.30 Harry's Practice
Harry pays some surprise house calls on unsuspecting pet owners around Australia.
4.00
Jack Hanna's Zoo Life
Bringing Up Baby
Jack Hanna visits zoos and sanctuaries the world over.
4.30 Animal Doctor
5.00 Pet Rescue
Follow the fortunes of abandoned animals.
5.30 Australia Wild
Bird Man of Paradise
With John Young.
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
The Lassie Files
7.00 Rediscovery of the World: Borneo
Forests without Land
Jacques Cousteau's journey to further understanding of the land and the sea.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Going Wild with Jeff Corwin
Rincon de la Vieja
9.00 Wild at Heart
Snakes of Cyprus
A look at the snakes of Cyprus with conservationist Hans-Jorg Weidl.
9.30 Emergency Vets
10.00 Nature's Babies
Big Cats
Following the beginnings of life for several different species from birth through to independence.
11.00
Breed All About It
Dalmatian
11.30-12midnight Emergency Vets
More pets are saved.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons
9.30 Esther
10.00 Airport
10.30
Trust Me, I'm a Doctor
11.00 Island of Dreams
12noon
Tomorrow's World Plus
1.00pm Crime Limited
1.30 The Great Egg Race
2.00 Schoolgirl Mums
3.00 Zoo's Company
Carnivores and Their Keepers
3.30 Vanessa
Vanessa Feltz tackles real-life issues.
4.30 Esther
Meet the Baddies
Esther Rantzen confronts the people we love to hate – the clamper, the traffic warden and the MP.
5.00 The Cruise
Le Grand Buffet
Sean the juggler confronts 300 born-again Christians.
5.30 Future Fantastic
With Gillian Anderson.
6.00
The Ascent of Man
Lower than Angels
A look back to the Ice Age to determine what allowed humans to control the world.
7.00
Fat Cats, Thin Mice
Investigation into scientific solutions to obesity – can there be any quick answers to weight problems?
8.00 Life on Earth
The Infinite Variety
The story of life from the first primitive cells to the plants and animals that now live around us.
9.00 Alfred Kinsey
The Man Who Invented Modern Sex
Dr Alfred Kinsey changed the way Americans talked about and performed sex.
10.00 Lakesiders
Perfume girl Emma consults a clairvoyant about her love life.
10.30 Hollywood Men
Boys Will Be Boys
Featuring contributions from Patrick Duffy and Dudley Moore.
11.30 Top Gear GTi
Testing the latest models and casting an eye over the hottest motoring news.
12.30am-1.00am Crime Limited
Nick Ross presents the series intended to help crime victims by telling their stories through interviews and reconstructions.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 Healthbeat 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Good Housekeeping Show 11.30 Gorgeous Gardens 12noon Club Vegetarian 12.30pm Healthbeat 1.00 Livetime 2.00 The View

3.00 Livetime with Julie Goodyear MBE
Daily lifestyle magazine show with the former *Coronation Street* star and co-host Eammon O'Neal.
4.00
More Calories Please
Bakers and dessert chefs prepare puddings.
4.30
Gorgeous Gardens
5.00-6.00pm
Sally Jessy Raphael
You Don't Really Know Who I Am
American talk show.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Numbats
Introducing one of the world's most beautiful animals – the numbat.
7.30 Lost World of the Seyshelles
8.00 A Gorilla Family Portrait
Changing attitudes towards captive gorillas are explored through portraits of four generations.
9.00 India in Focus: Monkeys of Hanuman
The arid sandstone cliffs of north-western India are a stronghold for langur monkeys.
10.00 African Diary: A Passion for Africa
Celebrating the work of wildlife film-makers.
10.30 African Diary: Okavango Diary
11.00
Eye of the Camel
Charts the journey of a Bedouin family on their winter migration into this desolate landscape.
12midnight On the Edge: Extreme Skiing
Meet a group of extreme skiers who attempt to ski every day for a year as they chase the receding snow.
12.30am-1.00am On the Edge: Ice Climb

MTV
MUSIC & GAMES PACK

6.00am Kickstart
9.00 Mad for Hits
2.00pm US Top 20
The latest chart from across the Atlantic.
3.00 Bytesize MTV
The best of MTV from around the world.
4.00 Select MTV
MTV's video jukebox. Presented by Donna Air.
6.00 Real World Seattle
6.30 Say What?
7.00 Non-Stop Hits
A rollercoaster of hits.
8.00 Hitlist UK
9.00 Bytesize MTV
The best of MTV from around the world.
10.00 Real World Seattle
Fly-on-the-wall documentary about the lives of a group of young people sharing an apartment in Seattle.
10.30 UK Singled Out
Outrageous dating game.
11.00 Non-Stop Hits
A rollercoaster of hits.
12midnight Superock
2.00am Real World
2.30 UK Singled Out
3.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Chris Isaak NEW 1.00pm Greatest Hits of... Bob Marley 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour 7.00 VH1 Hits 8.00 VH1 Album Chart 9.00 Bob Mills' Big 80s 10.00 Ed Sullivan's Rock'n'Roll Classics: Folk Rock 10.30 Greatest Hits of... Mariah Carey 11.00 Storyteliers – Elvis Costello 12midnight Country 1.00am Behind the Music – Willie Nelson 2.00-6.00am Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Caprice's Travels 12.30pm Flying Sofa 1.00 Holiday Maker 1.30 Australian Gourmet 2.00 Flavours of Italy 2.30 Secrets of India 3.00 Orinoco to the Andes 4.00 Go Greece 4.30 Across the Line NEW SERIES 5.00 Written in Stone 5.30 People and Places of Africa 6.00 Australian Gourmet 6.30 On Tour 7.00 Caprice's Travels 7.30 Flying Sofa 8.00 Live 8.30 Greece 9.00 Orinoco to the Andes 10.00 Secrets of India 10.30 Across the Line 11.00 On Tour 11.30-12midnight Africa

UK STYLE
LIFESTYLE PACK

7.00am Heaven in your Hands 7.30 All the Right Moves 8.00 Style Challenge 8.30 All Over the Shop 9.00 Ready, Steady, Cook 9.30 Change That 10.00 Antiques Roadshow 11.00 Ground Force 11.30 The Terrace 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Gluck, Gluck, Gluck 2.30 Flower Show 3.00 Stefan's Garden Roadshow 3.30 Can Ski... Will Ski! 4.00 Collectors' Lot 4.30 Antiques 5.30 All Over the Shop
6.00 Off the Beaten Track 6.30 Wilderness Walks 7.00 Rough Guide to the World 8.00 Style Challenge 8.30 Change That 9.00 Delia Smith's Winter Collection 9.30 Celebrity Ready, Steady, Cook 10.00 Antiques Roadshow 11.00 The Lost Gardens of Heligan 11.30 Growing Places 12midnight Stefan's Garden Roadshow 12.30am-1.00am Travel Xpress

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Monday 18 January

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 House 8.00 Wedding Story 8.30 Baby Story 9.00 Simply Painting 9.30 Garden Rescue 10.00 Garden Doctors 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt 12noon Australia's Home Improvements 12.30pm Doing it Up 1.00 Our House 1.30 Home-time 2.00 Wood Wizard 2.30 Home Again 3.00 Old House 3.30-4.00pm Go Fishing

DISCOVERY
WORLD PACK

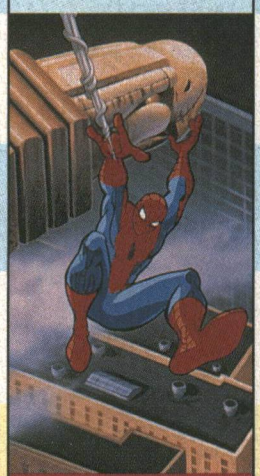
4.00pm Rex Hunt's Fishing Adventures
Rex heads up to remote Bathurst Island
4.30 Walker's World
Argentina
5.00 Flightline
Presented by Brendan O'Brien and Celia Kench.
5.30 History's Turning Points
Battle for Canada – 1759
6.00 Animal Doctor
Following animal doctors from the RSPCA.
6.30 Secrets of the Deep
Masters of the Sea
Underwater exploration examining sharks.
7.30 Beyond 2000
Popular science magazine looking at the world of technology.
8.00 Twisted Tales
Snake
8.30 The Supernatural
Giant Lizard
On the trail of the ferous flesh-eating megalania.
9.00 Storm Force
Floods
Documentary series that looks at extreme weather conditions around the world.
10.00 Deep Sea Deep Secrets
The story of the discovery of deep-sea hot springs and the exotic, unique life forms that live near them.
11.00 Air Power
Helicopters and Cargo
A comprehensive look at modern air power and the increasing importance of helicopters in warfare.
12midnight Century of Discovery
Origins of the Universe
What we have learned about our planet through science.
1.00am History's Turning Points
Battle for Canada – 1759
1.30-2.00am Flightline

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm Emmerdale Farm
A shooting stuns Beckindale.

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Ivanhoe 6.00 Fruitties 6.30 Tabaluga 7.00 Powerpuff Girls 7.30 Dexter's Laboratory 8.00 Sylvester 8.30 Tom and Jerry 9.00 Flintstone Kids 9.30 Bliky Bill 10.00 Magic Roundabout 10.15 Thomas the Tank Engine 10.30 Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.15pm Bugs and Daffy 12.45 Road Runner 1.00 Popeye 1.30 Droopy 2.00 Addams Family 2.30 Jetsons
3.00 Taz-Mania
Devilish antics from down under.
3.30 Scooby and Scrappy-Doo
More canine crime busting.
4.00 Powerpuff Girls
More crimefighting action.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 I am Weasel
More cartoon antics with much-loved rodent.
5.30 Cow and Chicken
Offbeat fun with the mismatched siblings.
6.00 Animaniacs
Frantic cartoon fun.
6.30 The Flintstones
Prehistoric men, Fred and Barney, behaving badly in Bedrock.
7.00 Tom and Jerry
More fun with the sparring cat and mouse.
7.30 Looney Tunes
Classic cartoon fun with the crazy characters.
8.00 Cartoon Cartoons
Animated antics.
8.30-9.00pm Cultoon



More crime fighting web action in 'Spiderman'. Fox Kids 8.35am 1.50pm, 4.00pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War
Red Star
5.00 Rockets
Missiles of the Cold War
6.00 Lost Civilizations: Mesopotamia
Return to Eden
7.00 Fabulous Fortunes: Dynasties
New Blood
7.30-8.00pm Giants of Sport
Post War Glory – 1945-1950
The post-war sport revival.

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 Cat-Dog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 Magic School Bus 11.30 PB Bear 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Clangers 2.30 Children's BBC
3.00 Children's BBC on Nickelodeon
A slice of the Beeb's best kids' shows.
3.30 Pippi Longstocking
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Fun with the terrible tots.
5.00 Sister Sister
Fun with the twin sisters, Tia and Tamera.
5.30 Kenan & Kel
More adventures with the two funky friends.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
7.30 Desmond's
Comical banter from the Peckham barber shop.
8.00 Roseanne
I Pray the Lord
My Stove to Keep
8.30 NewsRadio
No, This is not entirely Based on Juliet's Life
9.00 Cybill
Buffalo Gals
Cybill and Maryann travel to Buffalo.
9.30 Vic Reeves Big Night Out
10.00 Frasier
To Kill Talkingbird
Niles buys himself a talking bird for company.
10.30 Cheers
Home is the Sailor
11.00 Seinfeld
The Wallet
11.30 The Larry Sanders Show
Larry's Birthday
Tension is in the air.
12midnight Late Night with David Letterman
American chat show.
1.00am Taxi
1.30 The Critic
2.00 Dr Katz
2.30 Soap
3.00 Tibs and Fibs
3.30-4.00am Nightstand

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon Travels with Chuck Henry
12.30pm Getaway
1.00 Practical Guide to Europe
1.30 Holiday Reflections
2.00 Travel Tips
3.00 Around the World
Maldives and Garden
Coach Tour (Solihul)
3.30-4.00pm Earth Journeys

FOX KIDS
FAMILY PACK

6.00am Power Rangers 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong 8.00 Goosebumps 8.25 Sam 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 Incredible Hulk 10.15 Casper 10.30 Oggy 10.55 Mouse 11.05 Eek!Stravaganza 11.30 Life with Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four
3.05 The Incredible Hulk
Cartoon adventures.
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
4.00 Spiderman
Cartoon capers.
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
5.00 Goosebumps
5.25 Eerie, Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong
Wacky adventures with the team from Congo Bongo.
6.25 Sam and Max
6.50-7.00pm Eek!Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection!
7.00 Bargain Shop!
7.30 Dimanti Designs
8.30 Dress for Less
9.30 Fashion by Design
10.00 Y-Zone
11.00 Silversmith
12noon Global Cuisine
1.00pm Bargain Shop!
2.00 Shop Selection!
3.00 The Clothes Line
4.00 On Screen
5.00 Shop Selection!
6.00 Jewellery Box
7.00 The Early Years
Make travelling with toddlers hassle-free, with all you need for peaceful journeys.
8.00 Bears and Dolls
Featuring Boyd's Bears.
9.00 The Clothes Line
Knitwear for women of all ages and sizes.
10.00 In the Kitchen with Susan Brookes
TV cook Susan shares her kitchen secrets with Shop!
11.00 Spotlight on Sports
Essential angling equipment.
12midnight Bargain Shop!
1.00am Shop Selection!
2.00 Do it Yourself!
2.30 On Screen
3.30 Junior Choice
4.30 Jewellery Box
5.30-6.00am Shop Selection!

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 3.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 9.30 World Today 10.00 News 11.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 4.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 UK Direct 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Managing 7.30 Sport 8.30 Showbiz 9.00 NewsStand 10.30 Sport 11.15 American 11.30 Biz Asia 12.30pm Pinnacle 1.15 Asian Edition 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Artclub 5.00 NewsStand 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 World View 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q&A 2.00 Larry King 4.15 American 4.30-5.00am Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 CBS Evening News 5.30-6.00pm The Book Show

INTERNATIONAL

TV5 5.30am Télématin 7.00 TV5 Infos 7.05 Journal Télévisé de Radio Canada 7.30 Magellan 8.00 TV5 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé TV5 9.30 Fiction: Le Paradis Absolument 11.00 TV5 Infos 11.05 Voilà Paris 11.30 Journal Télévisé France 3 12noon TV5 Infos 12.05pm Mise au Point 1.00 Journal TV5 1.30 Fiction: Le Paradis Absolument 3.00 Journal TV5 3.30 Télé-tourisme 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal TV5 5.30 Fiction: Le Paradis Absolument 7.00 Journal Suisse 7.30 Journal de France Télévision 8.00 Infos 8.05 Documentaire 9.00 Journal TV5 9.30 FILM: Black Moon 11.00 Journal Belge 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Ek Kahani 4.30 Lahu Ke Phool 5.00 Inspector Vijay 5.30 Uran Chadini 6.00 Tiger 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12noon Swabimaan 12.30pm A Mouthful of Sky 1.00 FILM 4.00 Inspector Vijay 4.30 Uran Chandini 5.00 Kaala Daira 6.00 Bhakti Sagar 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Your Zindagi 6.30 Geet Gata Chal 7.00 Faith 7.30 Daily News 8.00 Ru-Ba-Ru 8.30 Sailaab 9.00 Jaan 9.30 Mujhe Chaand Chahiye 10.00 Pal-Do-Pal 11.00 Jhat Pat Khana 11.30 Parampara 12noon FILM: An Evening in Paris 3.00pm Zee Bangla 3.30 Ikke Pe Ikka 4.00 Campus 4.30 Quiz Contest 5.00 Daastan 5.30 Chahat Aur Nafrat 6.00 Music Mag 6.30 Teacher 7.00 Ghar Jamai 7.30 Filmi Baatein 8.00 News Bulletin 8.30 Gumrah 9.00 Ktc Sa Re Ga Ma 10.00 The Big Debate 11.00 Shapath 11.30 Blunt 2 12midnight News Bulletin 12.30am Aap Ki Adalat 1.00 Zee Bangla 1.30 Raahat 2.00 FILM: Aakad Jawani Di 4.30 Ebar Jombe Mowja 5.00 Punjabi Folk Songs 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Money Matters 4.45 John Avanzini 5.00 Billy Joe Dougherty 5.30 Jack Van Impe Presents 6.00 Jerry Savelle/Heart Connection 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day – Benny Hinn 8.15 Money Matters 8.30 Catch the Fire 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 Power of Praise – Israel Vision 10.30 A Call to Prayer – Lynn Hammond 10.55-11.00am CMTV

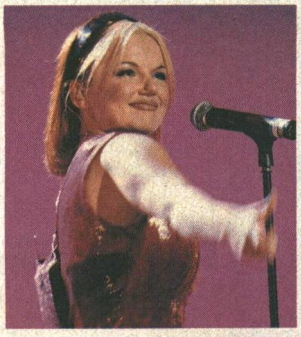
BLOOMBERG
WORLD PACK

24-hour business news, plus: 2.15am Money 2.49 Market Review 3.19 Clips 3.49 Boarding Pass 4.24 Sports 4.49am Ask the IFA

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 2.30pm House of Commons 11.00 The Record 11.30-12midnight European Focus



THE YEAR OF LIVING MUSICALLY

In a fit of nostalgia, VH1 are celebrating the start of 1999 with a look back at the last ten years of music (*99 Hits from the Nineties*, Friday 1st, 10.00am). It's been a decade in which the new (Spice Girls, The Verve) have battled it out with the old (Prince and Madonna). We thought we'd take our own retrospective glance at 1998 to jog your memory of some of the highs and lows ...

1 A moment's silence please for the departure of Ginger Spice/Geri Halliwell from the Spice Girls. She cut the chord in May and, within minutes of finding a PR company, metamorphosed into an ambassador for Britain, trading in her colourful attire and colossal platforms for shades of taupe and sensible shoes.

2 It was a sad day in May when Linda McCartney died after her long battle with breast cancer. Not only was she a wife, mother and musician, but also a well-known photographer, successful businesswoman and animal rights campaigner.

3 George Michael hit the headlines over Easter for his 'lewd' behaviour. The tabloids had a field day, but George confidently turned embarrassment into triumph by releasing *Outside*, a song based on the experience.

4 It was a summer of football – and not much sun. World Cup fever hit the country and a clutch of anthems emerged: *Three Lions*, *Vindaloo* and the instantly forgettable *How Does It Feel to Be on Top of the World*. Sadly, the singing stopped abruptly after England's extraordinary tussle with Argentina.

5 Here's mud in your eye! Rain turned the Glastonbury festival to gloop, yet despite the washout, revellers still managed to groove in the quagmire. Party on!

Here's our pick of 20 of the hottest tracks on The Box this month. To make your request, dial the number on screen, then key in the code for the video of your choice

THE BOX MUSIC TELEVISION YOU CONTROL

Ain't No Sunshine (293)	4 The Cause
A Little Bit More (911)	911
Yo-Yo Boy (397)	Alberta
I Wish I Were You (129)	Alisha's Attic
Dumb (326)	Beautiful South
You Should Be (902)	Blockster
When You're Gone (287)	Bryan Adams & Mel C
Love Shack '99 (534)	B52s
Get on the Bus (755)	Destiny's Child
Praise You (449)	Fatboy Slim
Build Me Up Buttercup (425)	Foundations
Fly Away (530)	Lenny Kravitz
Pretty Fly (For a White Guy) (410)	Offspring
1999 (999)	Prince
Lotus (547)	REM
No Regrets (523)	Robbie Williams
Goodbye (216)	Spice Girls
Boy You Knock Me Out (209)	Tatyana Ali
Dancing Baby (Ooga Chaka) (864)	Trubble
When You Believe (734)	Mariah Carey & Whitney Houston

PHOTOS: REDFERNS, UK PLAY

GREAT SCOTS

Are Texas the hottest band in the UK? Very possibly. Last year was an award-winning, world-beating crowd-pleasing one for the Glasgow outfit and this year looks like being a large one, too. To kick off 1999, Texas feature in *Made in Scotland Week* on VH1 (starts Monday 25th). The band also has a new album due out shortly, and their song *You'll Never Know* will feature on the soundtrack of *The Acid House*, destined to be this year's hippest movie. But let's not forget the other Scottish artists to feature in *Made in Scotland Week* – they include The Proclaimers, Simple Minds, Del Amitri, Rod Stewart and Wet Wet Wet.

HEAVENLY HILL

Fugee's frontwoman Lauryn Hill is set to be *the* big thing of 1999, with her album *The Miseducation of Lauryn Hill*, which she wrote and produced practically single-handedly. At 23, Hill is already a veteran of the biz, having started singing with the Fugees at the ridiculous age of 13. Her solo album sparked rumours of a fallout with the other members of the band, but Hill insists there will be more albums from the Fugees. This month, Hill features in MTV *Queens of R&B* (Wednesday 20th from 10pm) an evening which also showcases the talents of All Saints, Janet Jackson, Erykah Badu and Mariah Carey.

Ones to watch ... *Classic Albums*, a six-part series on UK Arena (Sundays 6.00pm) looks at some of the most respected discs in recording history, including Jimi Hendrix's legendary *Electric Ladyland*, and Paul Simon's *Graceland* ... Aussie songstress Natalie Imbruglia is up close and personal in the premiere of MTV's *An Audience with Natalie Imbruglia* (Friday 1st, 3.00pm). Among her songs featured are last year's biggie, *Torn*, as well as *Big Mistake*, *Frightened Child* and *Smoke*. Finally, for vintage laughs, tune into the series *Revolver* (VH1, Wednesdays, 11.00pm) featuring the late Peter Cook as the reluctant manager of a ballroom turned nightclub. Acts featured include The Jam, Elvis Costello, Ian Dury and The Stranglers.

Tuesday 19 January

MORNING

SKY PREMIER
PREMIUM CHANNEL

6.00am Pete's Dragon
1977, rating Sky U, 123 mins
8.15 Home Front
Jon Gyer, Lynn Redgrave
Drama. *1987, rating sky PG, 96mins*
10.00 Who Framed Roger Rabbit
Bob Hoskins, Christopher Lloyd
Comedy. *1988, 100 mins*
12noon The Directors: The Films of Arthur Hiller
1.00pm Hollywood Buzz
2.00 Pete's Dragon
Helen Reddy, Jim Dale
Fantasy combining live action and animation. A young orphan boy befriends a giant dragon. Together, they flee the boy's adopted family and are taken in by the daughter of the local lighthouse keeper, while pursued by an evil doctor.
1977, rating Sky U, 123 mins

4.15 Home Front
Jon Gyer, Lynn Redgrave
Alan Beck, Chuck Bennett
Adolescent comedy in which an ambitious father thinks nothing of using his own son to achieve his political goals. The boy's father brings him home to help with his latest election campaign.
1987, 96mins

6.00 Who Framed Roger Rabbit
Bob Hoskins, Christopher Lloyd, Joanna Cassidy, Stubby Kaye
Comedy that combines live-action and animation. Framed for a murder he didn't commit, a cartoon rabbit teams up with a down-on-his-luck private eye to clear his name. Unfortunately, the detective loathes cartoon characters. *1988, 100 mins*

8.00 The Ghost and the Darkness
Michael Douglas, Val Kilmer
Bernard Hill, John Kani
Tom Wilkinson
Thriller about a pair of lions that terrorised the African plains in the late 1800s. An engineer joins forces with a wild game hunter when construction work is held up by the beasts. **Text** *1996, rating Sky 15, 105 mins*

10.00 Con Air
Nicolas Cage, John Cusack, John Malkovich, Steve Buscemi
Thriller. A prisoner released on parole finds himself being transported home on a flight with some of the world's deadliest criminals. When they hijack the plane, the paroled man struggles to save the day. *1997, rating Sky 18, 111 mins*

11.55 Frankie and Johnny
Al Pacino, Michelle Pfeiffer
Poignant romantic comedy.
1991, rating Sky 15, 113 mins

NIGHT TIME

1.55am Stealing Beauty
Liv Tyler, Jeremy Irons
Text *1996, rating Sky 15, 113 mins*
3.55-5.45am Moonshine Highway
Kyle MacLachlan, Randy Quaid
Text *1995, rating Sky 12, 92 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am Married to a Stranger
Jaclyn Smith, Robert Clohessy
1997, rating Sky PG, 88 mins
9.00 Trail of Tears
Katey Sagal, Pam Dawber
1995, rating Sky PG, 88 mins
11.00 Malaika
John Laughlin, RD Call
1998, rating Sky PG, 90 mins
1.00pm Married to a Stranger
Jaclyn Smith, Robert Clohessy
1997, rating Sky PG, 88 mins

3.00 Jane Eyre
William Hurt, Charlotte Gainsbourg, Joan Plowright
Drama based on the classic Charlotte Brontë novel. Jane, an orphan, finds work in a sombre mansion owned by the distant and threatening Mr Rochester. As Jane comes of age, she begins to unlock the secrets of the house. **Text** *1996, rating Sky PG, 116 mins*

5.00 Trail of Tears
Katey Sagal, Pam Dawber, William Russ, Jeffrey Nordling
Fact-based drama about two very different women who are brought together when their husbands both kidnap their children. When they learn that both men have been sighted, they go on a cross-country trip to retrieve their offspring. *1995, rating Sky PG, 88 mins*

7.00 Malaika
John Laughlin, RD Call
Family adventure in which four young children and their mother take on a hunter in a bid to save an African elephant. The female elephant is captured and transported to America for sport, but escapes to be found by the children who soon realise that the hunter is still on its trail. *1998, rating Sky PG, 90 mins*

9.00 Playing to Win
Shelley Sabares, David Lascher
Lisa Dean Ryan
PREMIERE Drama about a young girl who develops a gambling addiction when she starts to date a similarly afflicted boy. As they spend more and more money on feeding their addiction they find themselves stealing from family and friends.
1997, Sky rating PG, 86mins

11.00 Hard Men
Vincent Regan, Ross Boatman
Violent drama in which a minor gangster tries to escape from his criminal lifestyle. *1997, rating Sky 18, DS, 83 mins*
12.30am False Pretense
Eric Roberts, Jacob Tierney
1997, rating Sky 15, 89 mins
2.05 Lean On Me
Morgan Freeman, Beverly Todd
1989, rating Sky 12, 104 mins
3.55 Poltergeist III
1988, rating Sky 15, DS, 94 mins
5.35-7.30am Jane Eyre
Text *1996, rating Sky PG, 116 mins*

John Savage and Robert De Niro star in 'The Deer Hunter'. FilmFour 10.10pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm The Blue Dahlia
Alan Ladd, Veronica Lake, William Bendix, Hugh Beaumont
Thriller in which a soldier returns from the forces to find that his wife has been cheating on him. When she winds up dead, he becomes the prime suspect.
1946, rating Sky PG, 95 mins
5.40 Gypsy
Rosalind Russell, Natalie Wood, Karl Malden, Paul Wallace
Flashy musical about the notorious stripper Gypsy Rose Lee. A mother is determined to see her youngest daughter succeed on Broadway, but when she gets married and leaves home, the woman turns her attention to the less talented elder daughter. The girl proves highly successful, but not in the manner her mother had intended.
1962, rating Sky PG, 137 mins
8.00 From Noon Till Three
Charles Bronson, Jill Ireland
Western spoof in which a famous bank robber becomes a legend when he interrupts a raid so that he can flirt with a pretty young woman. But when someone else is mistaken for him and shot dead, he finds it impossible to prove who he really is.
1976, rating Sky 15, 95 mins

10.00 100 Years... 100 Movies
Family Portraits
Featuring highlights from *The Jazz Singer* and *The Sound Of Music.*
10.55 Guess Who's Coming to Dinner?
Katharine Hepburn, Spencer Tracy, Sidney Poitier
Drama in which a young woman sturns her parents when she brings her black fiancé home.
1967, rating Sky PG, 104 mins
12.45am O Lucky Man!
Malcolm McDowell, Ralph Richardson, Rachel Roberts
Sprawling, surealist musical.
1973, rating Sky 15, 169 mins
3.40-5.15am The Yellow Canary
Anna Neagle, Richard Greene
Thriller. *1944, rating Sky U, 94 mins*

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Ransom
Leslie Nielsen, Donna Reed, Glenn Ford, Robert Keith
Emotional drama about the kidnapping of a couple's young son, which affects the entire town in which they live. The kidnappers demand $500,000 ransom but the boy's father appears on television and offers money for the capture of the kidnappers. *1956, 102 mins*
11.00 Slither
James Caan, Peter Boyle
Sally Kellerman, Louise Lasser
Allen Garfield, Richard B Shull
Offbeat road movie in which a car thief gets involved in a frantic hunt for a stolen fortune only hours after his release from prison. *1973, 93 mins*
1.00am The Fixer
Alan Bates, Dirk Bogarde
Adaptation of Bernard Malamud's acclaimed novel. *1968, 127 mins*
3.15-5.00am Ransom
Emotional thriller. *1956, 102 mins*

Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm L'Atalante
Dita Parlo, Jean Daste
Louis Lefebve, Giles Margaritis
The arrival of a woman on board a small barge disrupts the crew, but they do their best to make her welcome.
1934, 82 mins
7.30 Zéro de Conduite
Delphin, Robert Le Flon
Louis Lefebvre, Jean Daste
Comedy drama. Students at a strict boarding school revolt against the monotony of their daily routine. *1933, 49 mins*
8.30 Mickey One
Warren Beatty, Hurd Hatfield
Alexandra Stewart, Teddy Hart
A stand-up comic ruins his life when he gambles himself deeply into debt with some Chicago mobsters. The comic flees to the West coast in a bid to hide from his debts. *1965, 89 mins*
10.10 The Deer Hunter
Robert De Niro
Christopher Walken
Meryl Streep, John Savage
Michael Cinimo's Vietnam epic centres on the effect of the war on six workers from a Pennsylvania steel town. They end up serving together in the same unit in Vietnam, and are captured and tortured together by the Viet Cong.
1978, 175 mins.
1.10am Les Carabiniers
Marino Mase, Albert Juross
Jean-Luc Goddard's epic war film.
1963, 80 mins
2.35 The Net
Thriller. *1996, 115mins*
4.30-6.10am Boudu Saved from Drowning
Vintage comedy. *1932, 87mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
CRASH
David Cronenberg's controversial film about a group of people turned on by car crashes, based on a novel by JG Ballard. *1996, rating Sky 18, 97 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
G.I. JANE
Action drama about one woman's struggle to succeed in the ultimate man's world, the navy SEALs. Stars Demi Moore. *1997, rating Sky 15, 120 mins*
PLAYS AT 7.00pm, 9.30pm

Sky Box Office 3
Channel 53
BUDDY
Fact-based story about an eccentric animal lover. Starring Rene Russo. *1997, rating Sky U, 80 mins*
PLAYS AT 11.00am, 12.30pm, 2.00pm, 3.30pm, 5.00pm, 6.30pm

Sky Box Office 3
Channel 53
STARSHIP TROOPERS
Action-packed sci-fi movie with spectacular effects and gore galore. *1997, rating Sky 18, 124 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
ONE NIGHT STAND
Haunting, erotically charged examination of infidelity from director Mike Figgis. Stars Wesley Snipes and Nastassja Kinski. *1997, rating Sky 18, 99 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Tuesday 19 January

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30
The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
Sally's Most Outrageous Videos!

3.00 Jenny Jones
Your Future Looks Bleak Cuz You Look Like a Freak
Guests are told to change their image and improve their chances of a date.
4.00 Guilty!
The courtroom is in session and Carole Malone is ready to pass sentence – from the light-hearted to the heavy-handed, depending on the accused's level of guilt.
5.00 Star Trek: Deep Space Nine
The Darkness, the Light
A mysterious assassin targets the members of Kira's resistance for execution. Text
6.00 Married... With Children
Grime and Punishment
Al starts charging Bud rent and is confined to the basement. Text
6.30 Dream Team
7.00 The Simpsons
A Milhouse Divided Text
7.30 The Simpsons
Summer of 4 Foot 2
Lisa sheds her nerdy image to make new friends. Text
8.00 Rescue Medics
Documentary series taking a look at the work of the emergency services.
8.30 Coppers
Fly-on-the-wall documentary.
9.00 World's Wildest Police Videos
A series that offers a front row seat to the scariest and most exciting police action ever caught on camera.
10.00 Greece Uncovered
This episode follows the antics of a couple of Essex girls and some lads from Nottingham as they gate-crash a 4th of July celebration at a youth hostel.
11.00 Dream Team
Soap drama about an apprenticeship football team.
11.30 Star Trek: Deep Space Nine
The Darkness, The Light Text
12.30am Highlander: The Series
Unholy Alliance – Part II
MacLeod confronts Dawson about Horton and learns that his old enemy is indeed still alive.
1.30-7.00am Long Play
It's a VJ-free music zone with something for everyone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
The Wrath of God

3.25 The Bill
Knight Errant
Loxton has an unwanted admirer.
3.55 EastEnders
More gossip and drama with the local residents of Albert Square.
4.30 Rhoda
American sitcom about a single Jewish woman living in New York. Starring Valerie Harper.
5.00 All Creatures Great and Small
Pups, Pigs and Pickles
James's love of good food is put severely to the test when he's offered an inedible breakfast.
6.00 Dynasty
Jeff Colby reveals that Blake prevented his transfer to New Orleans, and the Carrington chauffeur spills the beans about Krystle's necklace.
7.00 May to December
Let the Heartaches Begin
Zoe thinks she has found the perfect match for her sister.
7.40 It Ain't Half Hot, Mum
The Guinea Pigs
8.20 Yes, Minister
The Devil You Know
Classic political sitcom. The minister is upset by rumours of a cabinet reshuffle.
9.00 Red Dwarf IV
Dimension Jump
Two very different Arnold Rimmer's meet face to face.
9.40 This Life
Apocalypse Wow!
Can Miles go through with the wedding? And will Anna be able to deal with it if he does?
10.30 NYPD Blue
Guns 'n' Rosaries
Police drama series. Martinez shoots an angry black motorist, and Janice Licalsi confesses to a killing.
11.40 The Bill
The Wrath of God
With Mark Wingett.
12.10am The Bill
Knight Errant
12.40 Backup
Cut and Dried
1.35 Ivanhoe
2.30-2.45am Live at Jongleurs

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
Larger-than-life talk show.
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
2.10 LA Law

3.10 Living Room
Jayne Irving and Amanda Cross host an upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.
4.00 Michael Cole
I Can Wear What I Want
No-holds-barred talk show with the one-time director of public affairs for Harrods.
4.50 Rolonda
If I Don't Let Him Cheat, He'll Leave Me
Audience participation talk show from America.
5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs have to create exciting new recipes against the clock.
6.15 The Jerry Springer Show
Outrageous American talk show.
7.05 Rescue 911
Stories of real-life rescues by American emergency services. Hosted by William Shatner.
7.35 Animal Rescue
Following the lives of vets.
8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.
9.00 FILM: Silent Cradle
Lorraine Bracco, Margot Kidder, Jason Gedrick, John Heard
Thriller. A pregnant reporter becomes unwittingly involved in a baby supply racket after being called to cover the case of two abandoned children. She is pushed down the stairs by their mother's junkie boyfriend and told she has lost the baby and can never have another. *1997*
11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 Doctor in the House 8.00 That's My Boy 8.30 Up the Garden Path 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Agony 2.00 thirtysomething

3.00 The Love Boat
Family Reunion
A woman forms an unlikely alliance with a salty sea dog, and illness prevents two young honeymooners from having fun.
4.00 The Saint
The Organisation Man
The Saint is trained as a mercenary – but why is this private army using a health farm as a facade?
5.00 Hawaii Five-0
Welcome to Our Branch Office
A Honolulu businessman accuses McGarrett and his team of shaking him down for $100,000 of protection money.
6.00 Emmerdale
Kathy Merrick's plans for a romantic evening are shelved.
6.30 Classic Coronation Street
Elsie is attacked at the factory.
7.00 Mission: Impossible
The Photographer
A massive US spy ring, headed by fashion photographer David Redding, threatens to cripple the country.
8.00 The Love Boat
Family Reunion
A woman forms an unlikely alliance with an old sailor, and illness prevents two young honeymooners from having fun.
9.00 Classic Coronation Street
9.30 The Brian Conley Show
10.00 Jokers Wild
10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Jo Guest's Private Parts
Late night series.
11.30 Real Sex
A look at how men and women explore their sexuality.
12midnight Talking Dirty
Celebrities spill the beans about their most intimate thoughts.
12.20am One Night Stand
12.30 Centrefolds
1.00 Noddy's Electric Ladyland
Eccentric pop quiz presented by Noddy Holder.
1.30-2.00am Battling Babes

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush Family 10.00 Bite Size 10.10 Tots TV 10.30 Big Garage 10.45 PB & J Otter 11.00 Sesame St 12noon Spot 12.05pm Animal Shelf 12.15 Pocket Dragons 12.30 Bear 12.55 Toothbrush Family 1.00 Bite Size 1.15 Tots TV 1.30 Big Garage 1.45 PB & J Otter 2.00 Quack Pack 2.30 Winnie

3.00 The Little Mermaid
Delve underwater and join Ariel and her friends. Text
3.30 Art Attack
Award-winning art show hosted by Neil Buchanan. Text
4.00 101 Dalmatians
Animated series based on the classic cartoon. Text
4.30 Hercules: The TV Show
Animated adventures.
5.00 Recess Text
5.15 Pepper Ann Text
5.30 Smart Guy
Being too clever for his own good continues to make TJ unpopular at school. Text
6.00 Teen Angel
I Love Nitzke
Marty tries to play Cupid. Text
6.30 Boy Meets World
I Love You, Donna Karan
Shawn falls in love.
7.00 Honey, I Shrunk the Kids: The TV Show
Honey, You're So Transparent
Amy takes an apprenticeship at Jentech. Text
7.50 Classic Toons
8.00 FILM: Young Hearts Unlimited
Corbin Bernsen, Lesley-Anne Down, Robert Carradine
A group of children is so fed up with the unsuitable partners their parents bring home that they start up an adult dating agency. *1997* Text
9.35 Home Improvement
Tim Allen stars in this sitcom as Tim Taylor.
10.00 Dinosaurs Text
10.30 The Wonder Years
With Fred Savage. Text
11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

TUESDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

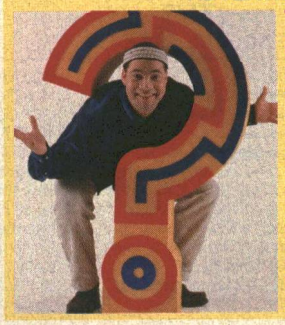
FILM

Ransom
TNT 9.00pm
A drama about the kidnapping of a couple's young son. The kidnappers demand $500,000 ransom, but the boy's father decides to go on TV and offers money for the capture of the kidnappers. This taut thriller inspired the recent Mel Gibson film.

GENERAL

Can Ski ... Will Ski!
UK Style 6.30pm
Most of us only see snow on the telly, but if you've ever fancied doing a downhill then this is the programme to check out before you buy all the gear. There's holiday information, après-ski ideas and interviews with local characters in resorts across America and Europe.

ADVERTISEMENT



THE GAMES ROOM 5.00PM

There's a place at Challenge TV where you can go to win prizes and take part in some top competitions. Tune in throughout the night from 5.00pm as Kevin Duala and the team take you into *The Games Room*, giving you the chance to phone in and talk to them live on air!

Tuesday 19 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM MORNING

7.30am Rally
Highlights from the FIA World Rally Championship.
8.00 Tennis – LIVE
Coverage from the Australian Open in Melbourne, which has a total prizepool of $A 11.75 million. The title-holders Petr Korda and Martina Hingis will be looking to scoop some of that bounty.
12noon Tennis
Further action from the 86th Australian Open tournament in Melbourne, which should attract a large crowd comparable to last year's record attendance, which was also Australia's largest media sporting event. With the total prizepool representing a 17.5% increase over last year's total prize money all the major world players will be eager to increase their earnings and improve their world rankings. Previous winners of the tournament include such greats as Ivan Lendl, Boris Becker, Martina Navratilova and Steffi Graf.

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

7.30pm Boxing – LIVE
Coverage of an international contest.

8.00 PM

9.00 PM

9.30 Rally
Highlights from the FIA World Rally Championship in Monte Carlo.

10.00 PM

10.00 Tennis
Highlights from the Australian Open tournament in Melbourne.

11.00 PM

11.00 Football
World Cup Legends
A look at football heroes and legendary goals from the past.

12.00 NIGHT TIME

12midnight-12.30am Rally
Action from the FIA World Rally Championship in Monte Carlo.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sports Centre 7.15 V-Max 7.45 H_2O 8.15 Sports Centre 8.30 Racing News 9.00 Aerobics 9.30 You're On Sky Sports! 10.00 Football League Review 11.00 Triathlon 12noon Aerobics 12.30pm Ford Monday Night Football: Aston Villa v Everton *Repeat from Monday*
2.30 Spanish Football
Action from a top clash between two teams in La Liga in Spain. With the likes of giants Barcelona and Real Madrid reserves gracing this league, quality football is always on the agenda.

4.30 World Windsurfing
The latest action from the crest of the wave.
5.00 World Wrestling Federation – Live Wire
Michael Cole presents coverage of bouts with stars such as Flash Funk.
6.00 Sky Sports Centre
Sports news service.
6.30 Inside Scottish Football
An insight into the movers and shakers of football north of the border.
7.30 Fastrax
A look at the high speed lives of competitors in the fast lane.
8.00 Premier Snooker League
Action from the 1999 Premier Snooker League. Featuring the seven biggest names in the game, including veterans such as Steve Davis and Jimmy White who was beaten in the final last year by current world number four Ken Doherty.
10.00 Sky Sports Centre
10.15 You're On Sky Sports!
10.45 Inside Scottish Football
A valuable insight into life in the Scottish Premier League.
11.45 Sky Sports Centre
Sports news service.
12midnight You're On Sky Sports!
Footballing phone-in show.
12.30am Premier Snooker League
2.30 Fastrax
3.00-3.15am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

6.00am International Cricket: England v Sri Lanka – LIVE
7.00 Aerobics Oz Style
Workout from down under.
7.30 International Cricket: England v Sri Lanka – LIVE
11.00 International Cricket: South Africa v West Indies – LIVE
Coverage from the fifth day of the fifth Test in Pretoria, with the action hotting up as the Test series draws to a close.

3.30pm International Cricket: England v Sri Lanka
All the action from Melbourne where England meet Sri Lanka in this one day international. Alec Stewart will be hoping that his batsmen can stand up to the Sri Lankan bowlers. Presented by Mark Nicholas with commentary from Ian Botham, Bob Willis, Paul Allott and Allan Border.
6.00 Fastrax
High speed sports action.
6.30 International Cricket: South Africa v West Indies
Highlights from the fifth day's play in Pretoria as the action between South Africa and the West Indies reaches a climax in the fifth Test.

8.00 International Cricket: England v Sri Lanka
Highlights from England's one day international against Sri Lanka in Melbourne. Alec Stewart will be hoping that his batsmen can stand up to the Sri Lankan bowlers. Presented by Mark Nicholas, with commentary from Ian Botham, Bob Willis, Paul Allott and Allan Border.
10.30 Sports Unlimited
A comprehensive look at alternative sports, with in-depth coverage of the world's wackier sports.
11.30 Fastrax
The lives and performances of high speed competitors.
12midnight Golf: LPGA – Healthsouth Inaugural
Action from the LPGA Healthsouth Inaugural at the Walt Disney World Lake Buena Vista course in Orlando, Florida.
2.00am-2.15am Sky Sports Centre
Sports news service.

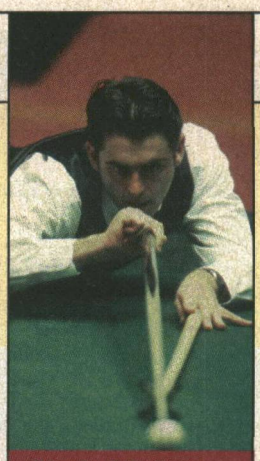
SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Live Wire
1.00pm Fish TV: Tony Dean Outdoors
1.30 Fish TV: Gone Fishing
Fishing in the South Pacific.
2.00 Dickie Davies' Sporting Heroes: Sebastian Coe
Dickie Davies conducts an in-depth interview with track legend Sebastian Coe.

3.00 Golden Age of Racing: A to Z of Motorsport
Nostalgic motoring action.
3.30 Sports Unlimited
A comprehensive look at the world of alternative sports, with in-depth coverage of some of the world's wackier sports.
4.30 World Motor Sport
An essential guide to who is racing where, when and how. From a comprehensive roundup of the biggest and most exciting meetings to a preview of the major events in store, this programme has the lot.

7.30 Fish TV: Fishing Tales
Mike Sakamoto travels in search of fine game fishing.
8.00 Golf: LPGA – Healthsouth Inaugural
Action from the LPGA Healthsouth Inaugural at the Walt Disney World Lake Buena Vista course in Orlando, Florida where a prize total of $450,000 is up for grabs.

10.00 Superbouts: Antuofermo v Hagler
'Marvellous' Marvin Hagler fights Vito Antuofermo for the world middleweight title.
11.00-11.30pm Olympic Series: Road to Nagano



Ronnie O'Sullivan hopes to pocket a win in the 1999 Premier Snooker League. Sky Sports 1 8.00pm, 12.30am

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15 Megastore Megabuys
6.30 Junior Masterfan
Fast-paced quiz show.
7.00 Red Hot News
All the latest developments from Old Trafford.
7.30 Wild About United
Fans who love United.
8.00 Super Match – Reserve Match
Reserve team action from the men hoping to break into Alex Ferguson's all-star side.

10.00 Talk of the Devils
Show dedicated to the journalists and fans who love chatting about Man U.
10.45 Man U Menu
In United's kitchen.
11.15 The Insiders
The Reds' unsung heroes.
11.30-12midnight Red Hot News
News from Old Trafford.

SCI-FI
ACTION PACK

7.30am Bloomberg 8.00 Sightings 9.00 Buck Rogers 10.00 Quantum Leap 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon Twilight Zone 12.30pm Twilight Zone 1.00 Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Buck Rogers in the 25th Century
Twiki is Missing
The adventures of a US astronaut trapped in the 25th century.
4.00 The Incredible Hulk
Life and Death
Dr Banner volunteers to be used for DNA research in an attempt to cure himself.
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. Presented by Tim White.
6.00 Time Trax
Optic Nerve
Darien is blinded while chasing a fugitive, Charles Mood. Starring Dale Midkiff.
7.00 Quantum Leap
Piano Man
Sam finds himself inside the body of a pianist who is in trouble with his ex-partner and others.
8.00 V
Dreadnaught
Immune to the red dust bacteria, Diana activates her unstoppable Triax superweapon.
9.00 Lexx
Lyekka
The crew of the *Lexx* continue its exploration of the Dark Zone.

10.00 FILM: Hemoglobin
Rutger Hauer, Roy Dupuis, Kristin Lehmann
Horror. Over three centuries, an inbred family evolve into dwarf-like monsters who live under graves. Now the latest descendant is facing the end of the family line. *1997*
11.45 Sci-Focus
12midnight Dark Skies
The Enemy Within
1.00am FILM: Amityville 3
Tony Roberts, Tess Harper
Horror. *1983*
2.55 Sci-Focus
3.00 The Twilight Zone
3.30-4.00am Dark Shadows
Modern-day vampire tale.

ITV2
ACCESS PACK

3.15pm Snooker – The Nations Cup
All the action on the tables from Newcastle.
5.15 Gladiators
Four more plucky contenders challenge the muscle-bound athletes. With Ulrika Jonsson and Jeremy Guscott.
6.00 Bedrock
Teenage magazine programme with celebrity guests, music and a weekly Battle of the Sexes.

7.00 Trevor McDonald Meets...
The popular newscaster talks to celebrity guests.
7.30 Dealer's Choice
Richard Simmonds presents an offbeat look at the art of buying used cars. With expert advice from Honest John and Mike Rutherford.
8.00 Soap Fever
Liza Tarbuck presents the show dedicated to the worship of soap operas.

9.00 New Jerry Springer
More lively studio discussion on the outrageous talk show.
10.00 Emmerdale
Another chance to catch up on what's happening in the Yorkshire village.
10.30 A Thaw in Winter: Into the Blue
Contemporary thriller set partly on the Greek island of Rhodes. Starring John Thaw and Matthew Marsh.
12.30am-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Amateur Girls 12.20 Adult Feature 12.45 FILM: Double Cross 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Extreme Close-Up 2.25 FILM: Words of Lust 3.40 Hottest Asian Babes 4.10-5.30am FILM: Black Orchid

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Frisky Hot Fräuleins 12.25 New Model 12.50 Neil Down – Sex Therapist 1.20 FILM: Cabin Fever 2.30-4.00am FILM: Little Girl Lost
Rebecca Wilde, April
Erotic feature.

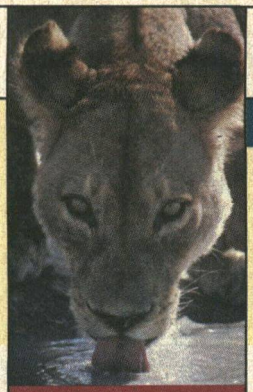
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Nick & Eddy (in Trouble)
Michael Thomas
Drama.
9.30 I'll Take Manhattan
Short film.
10.00 FILM: Simon, King of the Witches
Horror. *1971*
11.30-12midnight Electric Blue Show

Tuesday 19 January



'Eternal Enemies: Lions and Hyenas' studies their conflict. National Geographic Channel 10.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Crosswits
Cryptic crossword quiz with Tom O'Connor.
5.45 The Games Room
6.00 Family Fortunes
Two families compete for big money. Hosted by Max Bygraves.
6.30 The Games Room
6.45 Catchphrase
Roy Walker hosts the hi-tech gameshow.
7.15 The Games Room
7.25 100 Per Cent
Quiz show without a host.
7.55 The Crystal Maze
A team of contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world. With Ed Tudor-Pole.
9.00 The Games Room
9.15 Strike it Lucky
Michael Barrymore asks contestants to choose top, middle or bottom.
9.45 The Games Room
10.00 Candid Camera
Practical jokes and mishaps caught on film.
10.30 Don't Feed the Gondolas
Quiz with Sean Moncrieff.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains, hosted by Graham Norton and Maria McErlane.
12midnight Strike It Lucky
12.30am Split Second
1.00 3-2-1
2.00 Love at First Sight
2.30 Studs
3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Shopping with Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Detector 9.00 Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
More advice for troubled souls.
3.30 Lie Detector
Examining deception using modern methods.
4.00
Indecent Proposals
More cash for pranks.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
More advice for troubled souls.
5.30 The Why Files
Psychics search for the weird and wonderful.
6.00
The Fashion Show
The latest update on the catwalk.
6.30
Indecent Proposals
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
More advice for troubled souls.
8.00 The Why Files
Psychic investigators look for the weird and wonderful.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Bangers and Smash
Stock car racing presented by Louise Brady.
9.57 Topless Darts
More shapely throwing.
10.00
Hollywood Uncovered
A behind the scenes look at the multi-million dollar skin flick industry.
10.30 Exotica Erotica
11.30 Blue Review
11.45 Janeycam
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasure dome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food for Thought 10.00 Green Gourmet 10.30 Worrall Thompson Cooks 11.00 What's Cooking? 11.30 Kitchen College 12noon Network 12.30pm Surprise Chefs 1.00 Thought 1.30 Modern British 2.00 Chez Bruno 2.30 Food Network 3.00 Winter Nosh 3.30 Coxon's Kitchen College 4.00 Rustie's Real Cooks 4.30-5.00pm Lunch with Ed Baines

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Gridlock
Simon Biagi hosts this fast-paced gameshow.
6.00 London Bridge
Isobel is considering letting Nick back into her bed.
6.30 Home to Roost
A New Life
Sitcom starring John Thaw.
7.00 Boon
Tales from the Riverbank
Ken is back in business with a new boat, new offices and a new name – but with the same clients.
8.00 Motorway
Focusing on the plight of lorry drivers.
8.30 Real Life Stories
Lonely Hearts Clubland
Exploring the dating-game.
9.00 The Upper Hand
First Kiss
Temptation is rife.
9.30 Flying Start
Gameshow with Emma B and Ed Sanders.
10.00
Frank Stubbs Promotes
Skaters
Frank is busy looking after the Bulgarian ice dance champions.
11.00 Hill Street Blues
Influential Eighties American police drama series set in a tough urban area. With Daniel J Travanti and Veronica Hamel.
12midnight Home to Roost
A New Life
Sitcom about a divorced man whose life is disrupted when his son comes to live with him. Starring John Thaw.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon
Going Wild with Jeff Corwin
12.30pm Wild at Heart
1.00 Nature Watch with Julian Pettifer
Don Merton – Bye-Bye Birdland
1.30 Australia Wild
Bird Man of Paradise
2.00 Breed All About It
Dalmation
2.30 Human/Nature
Reporters travel the world and explore a tropical rainforest.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00 Jack Hanna's Animal Adventures
Miami Serpentarium
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
With Wendy Turner and Mark Evans.
5.30 Australia Wild
Sperm Wars
The battle for fatherhood.
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
The Great Escape
7.00 Rediscovery of the World: Papua New Guinea
Crocodile Men – Part I
Explore the Sepik River in Papua New Guinea.
8.00 Animal Doctor
Follow RSPCA vets on call.
8.30 Totally Australia
A Stately Gift
Paying a visit to the Currumbin Sanctuary on the Gold Coast.
9.30 Emergency Vets
Stories from Alameda East Veterinary Hospital in Denver, which works round the clock to save animals.
10.00 The Last Paradises: Samburu
Exploring this savannah.
10.30
Animal Detectives
Turtles
11.00 All-Bird TV
Studying the relationship and interaction between humans and birds.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am
Get Going with UK Horizons
9.30 Esther
10.00 Airport
10.30
Trust Me, I'm a Doctor
11.00 Island of Dreams
12noon Tomorrow's World Plus 1.00pm Crime Limited
1.30 The Great Egg Race
2.00 Modern Times: Family Values
3.00 Zoo's Company
The Ark
Looking at life behind the scenes in Australian zoos.
3.30 Vanessa
Vanessa Feltz tackles real-life issues.
4.30 Esther
Esther Rantzen meets people with unique stories to tell and debates their ideas and feelings.
5.00 The Cruise
Teach Me Tonight
Laura marries Gary in the ship's disco.
5.30 Future Fantastic
With Gillian Anderson.
6.00
The Ascent of Man
Harvest of the Seasons
Jacob Bronowski looks at the human race's transition from nomadic hunters.
7.00 Inside Chernobyl Sarcophagus
A profile of the team of scientists who are working in the radioactive ruins of Chernobyl Unit Four.
8.00 Life on Earth
Building Bodies
David Attenborough examines the creatures and fossils of the Great Barrier Reef.
9.00 Aristotle Onassis
A look at the life of the Greek tycoon who entertained statesmen and celebrities but, despite his wealth, felt quite alone.
10.00 Airport
Behind the scenes at Heathrow airport.
10.30 Hollywood Kids
Looking at life as a child star in Tinseltown.
11.30 Jeremy Clarkson's Motorworld
Switzerland
Jeremy berates the country for replacing cars with vans.
12midnight
The Power and the Glory
Those Red Cars
A look at the Italian domination of post-war Grand Prix racing.
12.30am-1.00am Crime Limited
Presented by Nick Ross.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 Gorgeous Gardens 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Beautiful Home Show 11.30 The Zest Beauty Show 12noon Natural Health 12.30pm The Psychic Zone 1.00 Livetime 2.00 The View
3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00 The Good Housekeeping Show
Tips and information to do with lifestyle and the home.
4.30
The Zest Beauty Show
5.00-6.00pm Sally Jessy Raphael
My Teen is Headed for a Life of Crime
American talk show.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Island of the Dolphins
7.30 Diving with Seals
Dive with the versatile seal, which descends to depths of up to half-a-mile.
8.00 Diving with the Great Whales
Mitsuaki Iwago captures the surprising behaviour of the humpback whales in Hawaii and Japan.
9.00 Natural Born Killers: Water Wolves
Looking at how crocodiles in South Africa hunt their prey in organised packs like wolves.
10.00 African Diary: Eternal Enemies – Lions and Hyenas
Looking at the fierce competition and killings between these species.
11.00 Red Sea Rift
Explore the coral walls, reefs and sheltered lagoons which give the Red Sea spectacular underwater landscapes.
12midnight-1.00am
The Shark Files: Great White Encounter
Travel with daring divers who attempt to discover if the great white shark deserves its reputation as a mindless feeder.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Kickstart
9.00 Mad for Hits
2.00pm Hit List UK
3.00 Bytesize MTV
The best moments from MTV around the world.
4.00 Select MTV
6.00 Fanatic
A fan gets his or her chance to interview their pop idol.
6.30 Artist Cut
7.00 Non-Stop Hits
8.00 US Top 20
A run-down of the current Stateside top sellers.
9.00 Bytesize MTV
The best moments from MTV around the world.
10.00 Super Adventure Team
10.30 Sifl and Olly
Fun with the sock puppet.
11.00 Non-Stop Hits
An hour of great music.
12midnight Alternative Nation
2.00am Super Adventure Team
A comic adventure series using hi-tech marionettes whose mission is to protect the world.
2.30 Sifl and Olly
3.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: The McGann Brothers NEW 1.00pm Greatest Hits of... The Specials NEW 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Toyah Willcox 7.00 VH1 Hits 9.00 Bob Mills' Big 80s 10.00 Behind the Music – Fleetwood Mac 11.00 VH1 Spice 12midnight Storytellers – Ray Davies 1.00am Jobson's Choice 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Great Escape 12.30pm Earthwalkers 1.00 Travel Live 1.30 Floyd 2.00 Flavours of Italy 2.30 Adventure Travels 3.00 Splendours of the World 4.00 Go Portugal 4.30 A Fork in the Road 5.00 Reel World 5.30 Thousand Faces of Indonesia 6.00 Floyd 6.30 On Tour 7.00 Great Escape 7.30 Earthwalkers 8.00 Holiday Maker 8.30 Go Portugal 9.00 Splendour 10.00 Adventure Travels 10.30 Fork in the Road 11.00 On Tour 11.30-12midnight Thousand Faces

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 House in France 8.00 Style Challenge 8.30 All Over the Shop 9.00 Celebrity Ready, Steady, Cook 9.30 Change That 10.00 Holiday in Style 11.00 Delia Smith's Winter Collection 11.30 Home Front 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Celebrity Ready, Steady, Cook 2.00 Looking Good 2.30 Peter Seabrook's Gardening Week 3.00 Growing Places 3.30 Wonder Women 4.00 Waterlines 4.30 How Does Your Garden Grow? 5.30 All Over the Shop 6.00 The Big Catch 6.30 Can Ski... Will Ski! 7.00 Holiday in Style 8.00 Style Challenge 8.30 Change That 9.00 Looking Good 9.30 Ready, Steady, Cook 10.00 The House Doctor 10.30 Real Rooms 11.00 How Does Your Garden Grow? 12midnight Ground Force 12.30am-1.00am Travel Show Guides

Tuesday 19 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 Painted House 8.00 Wedding 8.30 Baby Story 9.00 Simply Painting 9.30 Garden Rescue 10.00 Garden 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt 12noon Strangest Home 12.30pm Doing it Up 1.00 Our House 1.30 Hometime 2.00 Wood Wizard 2.30 Home Again 3.00 Old House 3.30-4.00pm Go Fishing

3.00 PM

DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
4.30 Walker's World
Egypt
Anna Walker travels on the Exodus route across Sinai.
5.00 Flightline
Aviation magazine show.
5.30 History's Turning Points
Zulus at War
The might of Zulu warriors.
6.00 Animal Doctor
Vets respond to reports of animal cruelty.
6.30
Secrets of the Deep
Mystery of the Whale Caves
Exploring the whale caves of the Fijian islands.
7.30 Beyond 2000
Testing bio-feedback probes in animals to see how they react to stress.
8.00 Great Escapes
Cave Rescue
A look at an underwater rescue.
8.30 Survivor
Cold Water
9.00 Trailblazers
Laos
Nick Clark meets a boy who can talk to elephants and sunbears feasting on sugar cane.
10.00 Ballooning over Everest
The Adventurers
A daring balloon flight over Mount Everest in search of spectacular views.
11.00 The U-Boat
War
During six months in 1942, nearly one thousand allied merchant ships were destroyed by U-boats.
12midnight Yukon Quest
The world's toughest dog-sled race across 1,000 miles in Canada.
1.00am
History's Turning Points
Zulus at War
1.30-2.00am Flightline
Aviation magazine show.

NIGHT TIME

SKY SOAP
LIFESTYLE PACK

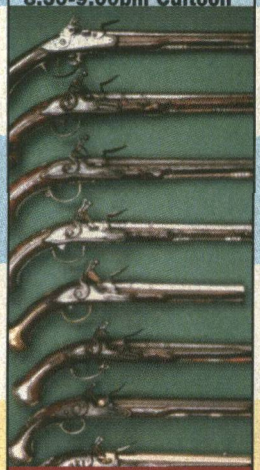
11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm
Henry Wilks is sad when his daughter returns to Italy.

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruitties 6.30 Tabaluga 7.00 Powerpuff Girls 7.30 Dexter's Laboratory 8.00 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 The Magic Roundabout 10.15 Thomas the Tank Engine 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm The Bugs and Daffy Show 12.45 Road Runner 1.00 Popeye 1.30 Droopy 2.00 Addams Family 2.30 The Jetsons

3.00 Taz-Mania
Antipodean antics.
3.30 Scooby and Scrappy-Doo
Canine crime-busting with Scooby and his nephew.
4.00 Powerpuff Girls
Crime-fighting action.
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 I am Weasel
Animation fun.
5.30
Cow and Chicken
More mishaps with the peculiar siblings.
6.00 Animaniacs
Animated fun.
6.30 The Flintstones
Prehistoric men behaving badly – but they have big hearts in their loincloths.
7.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
7.30 Looney Tunes
All your favourite characters.
8.00
Cartoon Cartoons
Animated fun.

8.30-9.00pm Cultoon



'Story of the Gun: Explosive Power' traces firearms. The History Channel 7.00pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War
Whirlwind
5.00 The Ships of the Line
Discover how wooden ships ruled the waves in battle until the arrival of steam power.
6.00
Aegean: Legacy of Atlantis
Follow the trail of clues that lead from the ancient myths of the Aegean world to their real-life counterparts.
7.00-8.00pm Story of the Gun: Explosive Power

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 Cat-Dog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear
12noon Rugrats
12.30pm Blue's Clues
1.00 Bananas in Pyjamas
1.30 Little Bear Stories
2.00 Clangers
2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
3.30
Pippi Longstocking
Animated adventures with the fun-loving schoolgirl.
4.00 Hey Arnold
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Fun with the terrible tots.
5.00 Sister Sister
More mayhem with twins Tia and Tamera.
5.30 Kenan & Kel
American teen comedy with the funky friends.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy series.
7.30 Grace Under Fire
Starring Brett Butler.
8.00 Roseanne
Body by Jake
8.30 News Radio
Goofy Ball
Dave tries to keep his office romance a secret.
9.00 Cybill
Little Drummer Girls
New Year emotion means time for female bonding.
9.30 Vic Reeves Big Night Out
10.00 Frasier
Roz's Krantz and Goldenstern are Dead
10.30 Cheers
"I" On Sports
Sam lies to Rebecca.
11.00 Seinfeld
The Watch
11.30 The Larry Sanders Show
Being There
Hank feels threatened.
12midnight Late Night with David Letterman
1.00am Taxi
1.30 The Critic
Animation about a film critic.
2.00 Dr Katz
2.30 Soap
Spoof soap opera.
3.00 Wings
3.30-4.00am Nightstand

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon
Travels with Chuck Henry
12.30pm Getaway
1.00
Practical Guide to Europe
1.30 Islands in the Sun
2.00 Independent Travellers' Guide
Dublin
3.00 Around the World
3.30-4.00pm
African Adventures

FOX KIDS
FAMILY PACK

6.00am Power Rangers Turbo 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong Country 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 Incredible Hulk 10.15 Casper 10.30 Oggy 10.55 Mouse and the Monster 11.05 Eek!Stravaganza 11.30 Life with Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05
The Incredible Hulk
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
The warriors do battle.
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
Alien cartoon comedy.
5.00 Goosebumps
5.25 Eerie, Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55
Donkey Kong Country
6.25 Sam and Max
6.50-7.00pm
Eek!Stravaganza
Fun with Eek the cat.

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection!
6.30 Bargain Shop!
7.30 The Gold Collection
8.30 The Clothes Line
9.30 Junior Sports Store
10.00 Branded!
11.00 Home Style
12noon Switched on !
1.00pm Bargain Shop!
1.30 Shop Selection!
2.30 Good Hair Days
3.00 Shop! Feature
4.00 Jewellery Box
5.00 Shop Selection!
A roundup of the great offers on Shop!
6.00 Spotlight on Sports
Essential equipment for the nation's most popular sport – fishing.
7.00 On Screen
Make learning fun with our range of educational games and software.
8.00 Global Cuisine
The best in cooking equipment.
9.00 Home Style
10.00 Shop! Feature
11.00 Cook's Den
12midnight Bargain Shop!
12.30am Shop Selection!
1.30 Shop! Feature
2.30 Do it Yourself!
3.00 Switched On!
4.00 Home Style
5.00-6.00am
Beauty Secrets

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Beauty Workshop at 11.00am.

CABLE CHECK
Some of the channels listed may not be available in your area

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 8.00 News 9.00 News 9.30 World Today 10.00 News 12noon News 1.30 UK Today 2.00 News 2.30 World 3.00 News 4.00 Newsday 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Correspondent 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American Edition 11.30 Biz 12.30pm Fortune 1.15 Asian Edition 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Beat 5.00 Larry King 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 4.15 American Edition 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 The Book Show 4.30 CBS Evening News 5.30-6.00am Showbiz Weekly

INTERNATIONAL

TV5 5.30am Télématin 7.00 Infos 7.05 Journal Télévisé de Radio Canada 7.30 Découverte 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé 9.30 Cinéma: Black Moon 11.00 Infos 11.05 Voilà Paris 11.30 Journal Télévisé France 12noon Infos 12.05pm Documentaire 1.00 Journal Télévisé 1.30 Cinéma: Black Moon 3.00 Journal Télévisé 3.30 Bons Baisers d'Amérique 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.30 Cinéma: Black Moon 7.00 Journal Télévisé Suisse 7.30 Journal Télévisé de France 8.00 Infos 8.05 Temps Présent 9.00 Journal Télévisé 9.30 Fiction: Les Grandes Marées 11.00 Journal Télévisé Belge 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Kabhi Yeh Kabhi Woh 12.30pm Golmaal 1.00 Zameen Aasman 1.30 FILM 4.00 Akbar Birbal 4.30 Gaurav 5.00 Dooriyan 6.00 Eurospice 6.30 Fauji 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am Eurospice 1.00 FILM 4.00 Music Box 4.30 Kabhi Yeh Kabhi Woh 5.00 Dooriyan 6.00 Akbar Birbal 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Aap Ki Farmaish 6.30 Usha Uthap 7.00 Faith 7.30 News 8.00 Out and About 8.30 Sailaab 9.00 Himalaya`s Hasratein 10.00 Dhoop Mein Sawan 11.00 Khana Khazana 11.30 Parampara 12noon FILM: Antarer Bhalobasa 3.00pm Zee Bangla 3.30 Cine Magic 4.00 Campus 4.30 Top Ten 5.30 Aashirwad 6.00 1 to 10 6.30 Humm Tara Rum 7.00 Jee Sahab 7.30 Chalo 8.00 News 8.30 Daraar 9.00 Zee Addicts 9.30 Zanjeeren 10.00 Hadd Kar Di 10.30 X-Zone 11.30 Yaadon Ke Rang 12midnight News Bulletin 12.30am Business 1.00 Zee Bangla 1.30 Raahat 2.00 FILM: Chalti Ka Naam Gaadi 4.30 Lolly-Pop 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Jack Van Impe Presents 5.30 Ashley McGuickan/Euro Spirit 6.00 Good News – Rick Renner 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is your Day – Benny Hinn 8.15 Good Morning Europe 8.30 Chronicles of Revival/Steve Penny 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 Derek Prince – Church on the Way 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial reports every half hour, plus: 2.45am Focus on Eastern Europe 4.24 Sports 5.45am Financial Goals

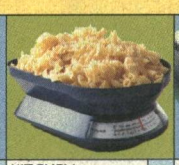
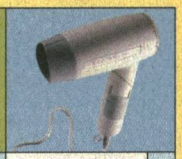
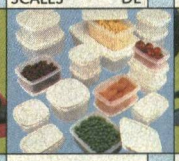
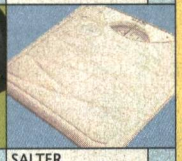
BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

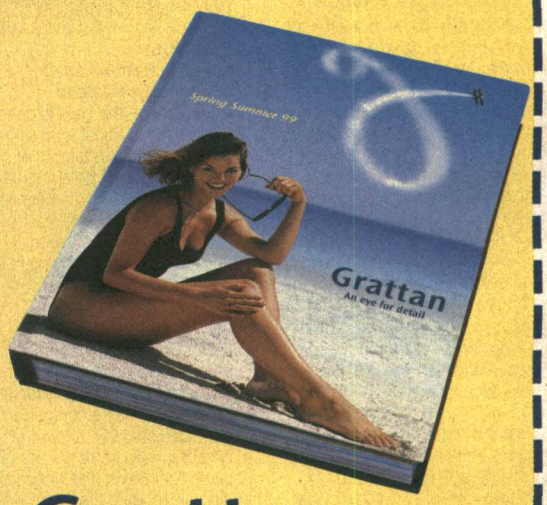
5.30am House of Lords 7.00 The Record 7.30 House of Lords 2.30pm House of Commons 11.00 The Record 11.30-12midnight European Focus

Send for our Brand New catalogue

CLAIM A FREE GIFT...

FREE £15 OFF £15 OFF BJ	 KITCHEN WEIGHING SCALES DE	 QUILT AND 2 PILLOWS LD	 TROLLEY SUITCASE LP	 TRAVEL HAIRDRYER LM
 POWER SCREW-DRIVER MB	 36 PIECE MICRO SET JD	 MORPHY RICHARDS HAIRDRYER MF	 SIT 'N' RIDE KV	 24 PIECE CUTLERY SET HT
 JUG KETTLE AT	 SPORTS BAG DQ	 ROASTER & OVEN GLOVES MX	 UNIVERSAL REMOTE CONTROL LN	 SALTER BATHROOM SCALES FY
 5 PIECE PAN SET MG	 3 STAINLESS STEEL DISHES MA	 STEAM IRON EW	 KNIFE BLOCK KC	 JELLY BEAN PICNIC SET MV
 TOOTHBRUSH & SHAVER MW	 WHEELBARROW AND TOOLS MK	 FLIGHT TRAVEL BAG MD	 CAMERA AC	 HINARI SANDWICH TOASTER HS
 LADIES WATCH MC	 HAND BLENDER DH	 CHILD'S KEYBOARD KW	 2 PIECE TELEPHONE AH	 STERLING SILVER NECKLACE & BRACELET ML
 8 PIECE WOK SET LG	 40 PIECE TOOL SET DP	 DIGITAL DIARY LH	 SWAN TOASTER AE	 WEEKEND ACCOM. FOR 2* AP

- FREE 1100 page catalogue
- Interest free credit
- FREE telephone ordering



Grattan

An eye for detail

Your new Spring/Summer catalogue will be sent to you in early January. You'll receive your gift when you start shopping with us.

MEDIA CODE A1421

Mrs/Ms/Miss/Mr Initials _____
(PLEASE DELETE AS APPROPRIATE)

Surname _____
(BLOCK CAPITALS) I AM OVER 18

Address _____

_____

_____ Postcode _____

Home Tel. No. (INC STD CODE) _____

Grattan plc may share your information with other companies in the same group and may pass it on to third parties who may contact you by mail. If you do not wish your information to be used in this way, please tick this box. ☐ For credit purposes, we will consult the files of credit reference agencies who will record the search. We reserve the right to restrict or refuse credit applications and/or change the offer. *Meals must be taken and paid for at the hotel. †Calls from non-BT lines may be charged at a different rate from BT.

PLEASE RETURN TO:
FREEPOST, BRADFORD, WEST YORKS, BD99 2FP

Call free 0800 333 444† Now

PLEASE QUOTE THE MEDIA CODE ON COUPON ABOVE, & TELL US YOUR CHOSEN GIFT CODE CHOICE.

Wednesday 20 January

SKY PREMIER
PREMIUM CHANNEL

6.00am Moby Dick
Text *1997, rating Sky PG, 144 mins*
8.30 Napoleon and Samantha
1972, rating Sky PG, 88 mins
10.00 Cocoon: The Return
1988, rating Sky PG, 110 mins
12noon Moby Dick
Patrick Stewart, Henry Thomas, Ted Levine, Gregory Peck
Epic adventure tale. Text *1997, rating Sky PG, 144 mins*
2.25pm Napoleon and Samantha
Michael Douglas, Jodie Foster, Johnny Whitaker, Will Geer
Charming tale of two young friends who run away with a circus lion named Major. *1972, rating Sky PG, 88 mins*

4.00 Cocoon: The Return
Don Ameche, Wilford Brimley, Hume Cronyn, Jack Gilford
Sci-fi sequel in which a group of senior citizens who left Earth with some friendly aliens return for a four-day stop-over to visit their old friends. Now they must decide whether or not to stay. 1988, rating Sky PG, 110 mins
5.55 Legend of the Ruby Silver
John Schneider, Rebecca Jenkins
PREMIERE Adventure about a man, a single mother, her son and a drunk who set off on a mining expedition in search of their fortune. *1996, rating Sky PG, 89 mins*
7.30 Barry Norman's Film Night
Movie news including reviews, and interviews with top stars.
8.00 Absolute Power
Clint Eastwood, Gene Hackman, Ed Harris, Judy Davis
Thrilling tale of White House scandal. In the middle of his final heist before retiring, master thief Luther Whitney witnesses a bloody murder at the home of Washington's leading powerbroker, Walter Sullivan, but he cannot tell a soul. Text *1997, rating Sky 15, 116 mins*
10.00 The Glimmer Man
Steven Seagal, Keenan Ivory Wayans, Bob Gunton
Action thriller about Jack Cole, once a covert government agent known as the 'Glimmer Man', he is now a New York cop on the trail of a serial killer who is terrorising the city. *1996, rating Sky 18, 88 mins*
11.35 The Crossing Guard
Revenge drama. Text *1995, rating Sky 15, 106 mins*
1.25am Dead Man Walking
Susan Sarandon, Sean Penn
Fact-based drama. Text *1995, rating Sky 15, 117 mins*
3.30-5.45am If Lucy Fell
Sarah Jessica Parker, Ben Stiller 1996, rating Sky 15, 88 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.30am Uk Top Ten 8.00 Femmes Fatales: Uma Thurman 8.30 Movie Magic: Effects on the High Seas 9.00 Jules Verne's 800 Leagues Down the Amazon
1993, rating Sky PG, 83 mins
11.00 Emma
Gwyneth Paltrow
Text *1996, rating Sky U, 116 mins*
1.00pm Uk Top Ten
1.30 Femmes Fatales
2.15 Movie Magic

3.00 Jules Verne's 800 Leagues Down the Amazon
Daphne Zuniga, Adam Baldwin, Barry Bostwick
Adventure about a young couple, Minha and Manuel, who have recently become engaged and are now travelling down the Amazon with Minha's father Garral. However, the idyllic family scene soon turns sour. *1993, rating Sky PG, 83 mins*
5.00 American Hot Wax
Tim McIntire, Fran Drescher, Carl Weaver, Laraine Newman
Documentary drama. The true story of US disc jockey Alan Freed who introduced teenage audiences in Fifties America to rock 'n' roll creating a storm of protest and controversy amongst conservative parents and officials. *1978, rating Sky PG, 88 mins*
7.00 Emma
Gwyneth Paltrow, Jeremy Northam, Toni Collette
Adaptation of the classic Jane Austen novel about a privileged young woman's attempts at match-making. Emma is pretty and clever, but naive about affairs of the heart, having never been in love herself, but that soon changes. Text *1996, rating Sky U, 116 mins*
9.00 Lethal Tender
Jeff Fahey, Kim Coates
David Chase is temporarily assigned to patrol a union dispute at a water purification plant and befriends manager Melissa. However, a team of terrorists then seize control of the plant, and David and Melissa struggle to save the hostages' lives. *1996, rating Sky 15, 89 mins*
11.00 House of Frankenstein: Part 1
Greg Wise, Miguel Sandoval, Adrian Pasdar
PREMIERE Horror. *1997, rating Sky 15, 85 mins*
12.30am A Nightmare on Elm Street
1984, rating Sky 18, 87 mins
2.05 The Kremlin Letter
1970, rating Sky 18, 116 mins
4.05 Switch in Time
1987, rating Sky 15, 86 mins
5.35-7.05am American Hot Wax
1978, rating Sky PG, 88 mins

Under fire: Christopher Walken stars in the thriller 'The Dead Zone'. FilmFour 10.00pm

SKY CINEMA
PREMIUM CHANNEL

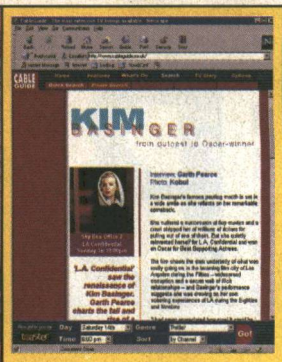
4.00pm Flesh and Fury
Tony Curtis, Jan Sterling, Mona Freeman, Wallace Ford, Connie Gilchrist, Katherine Locke
Boxing drama about a deaf man who battles against adversity to find glory in the ring, and in romance. With people always battling for influence over him, he decides to take matters into his own hands. *1952, rating Sky PG, 80 mins*
6.00 The Magnificent Ambersons
Joseph Cotten, Dolores Costello
Orson Welles' acclaimed period drama portraying the extended Amberson clan, a staunch bunch of traditionalists who are forced from glory to humility over the course of several decades, thanks to the changes in the world around them. Text *1942, rating Sky U, 84 mins*
8.00 The Big Red One
Lee Marvin, Mark Hamill, Robert Carradine, Bobby Di Cicco
Modern World War II drama and autobiographical account of director Sam Fuller's wartime experiences. Set during the latter years of the War, the film traces the exploits of five soldiers in North Africa and Europe and their struggles for survival. *1980, rating Sky 15, 109 mins*
10.00 Hang 'Em High
Clint Eastwood, Inger Stevens, Ed Begley
Western about a cowboy unjustly sentenced to the gallows. However, he survives and sets out to track down the men who wanted him dead. *1968, rating Sky 18, 110 mins*
11.55 Two for the Road
Audrey Hepburn, Albert Finney
Romantic comedy. *1967, rating Sky PG, 106 mins*
1.50am Days of Glory
Gregory Peck, Alan Reed
World War II adventure. *1944, rating Sky 12, 82 mins*
3.20 The Directors: The Films of Terry Gilliam
4.20-5.45am Too Many Girls
1940, rating Sky U, 81 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Amelia Earhart: The Final Flight
Diane Keaton Rutger Hauer, Bruce Dern, Paul Guilfoyle, Denis Arndt
Lavishly photographed TV biopic of the female aviator, detailing her obsession with flying that led to her doomed 1937 flight. Earhart's story was previously filmed for TV in 1976. *1994, 120 mins*
11.00 Operation Crossbow
George Peppard, Tom Courtenay, Sophia Loren
A tale of military bravery beyond the call of duty, set in the dark days of World War II, with V1 flying bombs falling on London.
Widescreen *1965, 115 mins*
1.15am Shaft's Big Score!
Richard Roundtree
Thriller. *1972, 105 mins*
3.00-5.00am Amelia Earhart: The Final Flight
Drama. *1994, 120 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Detour
Tom Neal, Ann Savage
Hitchiker Al Roberts accepts a ride from gambler Charles Haskell. When Haskell dies of a heart attack, Roberts dipsoses of the body. *1946, 65 mins*
7.15 Outrageous Taxi Stories
New York cabbies tell the story of the strangest fare they ever had.
8.00 Dead of Night
Googie Withers, Mervyn Johns
Several interlinking stories are the basis for this influential portmanteau film. When a phone rings Walter Craig is wakened from a nightmare and summoned to the country estate of Eliot Foley. Here he meets several strangers, all of whom seem vaguley familier to him. *1945, 99 mins*
10.00 The Dead Zone
Christopher Walken Martin Sheen, Herbet Lom
David Cronenberg shows great restraint in adapting this Stephen King novel about a teacher who, awaking from a coma, finds he can fortell the future. However, each call on his services drains him and so he must decide which causes he feels are of greatest importance. *1983, 99 mins*
12midnight Nikita
Anne Parillaud, Marc Duret
Thriller. *1990, 112 mins*
2.00 The Crow
Brandon Lee, Ernie Hudson
Thriller. *1994, 101 mins*
3.45 The Man Without a Face
Mel Gibson
Drama. *1993, 110 mins*

MORNING

6.00 AM

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
TRIAL AND ERROR
PREMIERE Courtroom comedy in which an actor ends up impersonating his lawyer buddy in court. Stars Michael Richards, better known as *Seinfeld*'s Kramer. *1997, rating Sky 12, 94 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
WINGS OF THE DOVE
PREMIERE Romantic period drama based on the novel by Henry James. Stars Helena Bonham Carter, Linus Roache and Michael Gambon. *1997, rating Sky 15, 100 mins*
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm 4.00am

Sky Box Office 3
Channel 53
ALL DAY MOVIE TICKET: THE BORROWERS
Comic adventure. *1997, rating Sky U, 83 mins*
PLAYS AT 6.00am, 7.30am, 9.00am, 10.30am, 12noon, 1.30pm, 3.00pm, 4.30pm, 6.00pm, 7.30pm, 9.00pm, 10.30pm, 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 4
Channel 54
ONE NIGHT STAND
Haunting, erotically charged examination of infidelity from *Leaving Las Vegas* director Mike Figgis. Starring Wesley Snipes, Nastassja Kinski and Robert Downey Jr. *1997, rating Sky 18, 99 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 20 January

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30
The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
US talk show.

3.00 Jenny Jones
I Refuse to Quit My Sexy Job
In today's edition of the talk show, guests beg their loved ones to give up their work in the sex industry.

4.00 Guilty!
Tackles the crimes and misdemeanors committed by friends and lovers, judged by a 100-strong audience. Presented by Carole Malone

5.00 Star Trek: Deep Space Nine
The Begotten
Sci-fi drama. While Kira gives birth, Odo raises an infant Changeling. Text

6.00 Married... With Children
T+R+A+S+H Text

6.30 Friends
The One Where Eddie Moves In
Joey regrets moving out. Text

7.00 The Simpsons
Treehouse of Horror IX Text

7.30 The Simpsons
Bart the Mother
Bart tends to a bird's nest filled with eggs. Text

8.00 Stargate SG-1
One False Step
Sci-fi adventure based on the hit movie in which the Stargate is a portal to another planet which is in danger from an evil alien.

9.00 The X-Files
Clyde Buckman's Final Repose
A man with psychic powers assists the agents with the hunt for a killer. Guest starring Peter Boyle. Text

10.00 Naked in Westminster
Another chance to see Sunday's episode of the series about the first naked table-dancing club in Westminster.

11.00 Friends
The One Where Eddie Moves In
Joey regrets moving out. Text

11.30 Star Trek: Deep Space Nine
The Begotten Text

12.30am Highlander: The Series
The Vampire
MacLeod faces Nicholas Ward, an Immortal who conceals his murders by disguising them as vampire victims.

1.30-7.00am Long Play
It's a VJ-free music zone with something for everyone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Punchbag

3.25 The Bill
Best Eaten Cold
A journalist claims he reacted in self-defence to stop an intruder.

3.55 EastEnders
More drama with the residents of Albert Square.

4.30 Rhoda
Rhoda's romance with Joe gets a little bumpy when he suggests that they should date other people.

5.00 All Creatures Great and Small
A Dog's Life
James has to keep his nerve during a difficult calving. Stars Christopher Timothy.

6.00 Dynasty
Fallon and Jeff get off to a bad start, and Krystle cannot stand living with Blake any longer. Tragedy strikes as Blake misinterprets an embrace.

7.00 May to December
Until It's Time for You to Go
Alec fears that Zoe has found a younger man.

7.40 It Ain't Half Hot, Mum
Dog in the Manger
A female welfare officer contrives to spend a night with Captain Ashwood in the jungle.

8.20 Yes, Minister
The Quality of Life

9.00 One Foot in the Grave
The Affair of the Hollow Lady
A widow has designs on Victor.

9.40 Jonathan Creek
The Reconstituted Corpse
When a cosmetic surgeon is found brutally murdered at his Harley Street clinic, the obvious suspect is the woman that he loved and transformed.

10.55 French and Saunders

11.35 The Bill
Punchbag
Conflict arises between Skase and Croft when a mother is found unconscious.

12.05am The Bill
Best Eaten Cold

12.35 Backup
A Night Out with the Lads
Charlie Serial searches for evidence of illegal boxing matches.

1.50-2.45am Night Voice

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
Anthology mystery series.
2.10 LA Law

3.10 Living Room
Jayne Irving and Amanda Cross host an upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
I Was a Man, Now I'm a Woman
No-holds-barred talk show with the one-time director of public affairs for Harrods.

4.50 Rolonda
I Want to Stop Their Wedding
Audience participation talk show from America.

5.40 Ready, Steady, Cook
Today's guest chefs are Kevin Woodford and Lesley Waters.

6.15 The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion.

7.05 Rescue 911
William Shatner hosts the series featuring the stories of real-life rescues.

7.35 Animal Rescue
More pets in distress are saved.

8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.

9.00 FILM: Saved by the Light
Eric Roberts, Lynette Walden, Don Harvey
Dramatisation of the life of Dannion Brinkley, who was struck by lightning at the age of 25 and experienced life-changing spiritual and psychic visions while his charred and apparently lifeless body was being wheeled away to the morgue. *1995*

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 Doctor in the House 8.00 That's My Boy 8.30 Up the Garden Path 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Agony 2.00 thirtysomething

3.00 The Love Boat
Isaac's Double Standard
Isaac's possessive mother takes a cruise to be near her son, and a separated couple must overcome their hostility to each other.

4.00 The Saint
The Double Take
The Saint faces a problem when a business tycoon claims he is being impersonated by a perfect double who is trying to ruin him.

5.00 Hawaii Five-0
Presenting in the Center Ring Murder
McGarrett's nemesis Wo Fat reappears in Hawaii in pursuit of a visiting foreign minister.

6.00 Emmerdale
Seth agrees to appear in The Woolpack radio commercial.

6.30 Classic Coronation Street
The factory girls ignore Elsie.

7.00 Mission: Impossible
The Spy
NATO's missile defence system plans, mapped in two separate overlays, are the target of a Central European spy network.

8.00 The Love Boat
Isaac's Double Standard
Isaac's possessive mother takes a cruise to be near her son, and a separated couple must overcome their hostility to each other.

9.00 Classic Coronation Street

9.30 The Comedians
Classic stand-up comedy.

10.00 Jokers Wild

10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Talking Dirty
Celebrities and ordinary people spill the beans about their most intimate thoughts and actions.

11.20 Snowgirls

11.50 Real Sex

12.20am The Hot House
Presented by Kim Hughes and Malcolm Jeffries.

12.50 Lord Lust's Lovelies
A calendar shoot with Miss May – Donna Appleton.

1.00 Elvis Has Just Left the Building

1.30-2.00am V.P.L.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Dragons 9.30 Bear 9.55 Toothbrush Family 10.00 Bite Size 10.10 Tots TV 10.30 Big Garage 10.45 PB & J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear 12.55 The Toothbrush Family 1.00 Bite Size 1.10 Tots TV 1.30 Big Garage 1.45 PB & J Otter 2.00 Quack Pack 2.30 Winnie

3.00 The Little Mermaid
Charming undersea adventures of the beautiful mermaid. Text

3.30 Art Attack
Award-winning art show hosted by Neil Buchanan. Text

4.00 101 Dalmatians
Furry, four-legged fun for everyone. Text

4.30 Hercules: The TV Show
Animated adventures.

5.00 Recess Text

5.15 Pepper Ann Text

5.30 Smart Guy
TJ is a 10-year-old smart guy who ought to be in a special school, but can't afford it. Text

6.00 Teen Angel
One Dog Night
Steve has Marty change a dog into a date for his mother. Text

6.30 Boy Meets World
Chasing Angels

7.00 Honey, I Shrunk the Kids: The TV Show
Honey, We've Been Swallowed by Grandpa Text

7.50 Classic Toons
Cartoon capers.

8.00 FILM: Just Like Dad
Ben Diskin, Wallace Shawn, Nick Cassavetes
Charlie 'adopts' a handsome and successful dad because his own father is a nerd. This helps Charlie become more popular at school, but things soon go horribly wrong. *1995* Text

9.35 Home Improvement
Starring Tim Allen.

10.00 Dinosaurs Text

10.30 The Wonder Years
On the Spot Text

11.00-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

WEDNESDAY CONTINUES OVERLEAF...

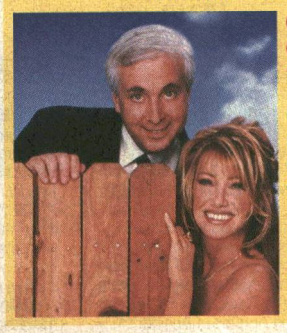
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

Amelia Earhart: The Final Flight
TNT 9.00pm
A lavishly photographed TV biopic of the female aviator, detailing her obsession with flying that led to her doomed 1937 flight. The story isn't a new one, but Diane Keaton is given a serious starring role for a change and she is well supported by Rutger Hauer.

Home to Roost
Carlton Select 12midnight
A rare comedy role for John Thaw in a series about a father and son living under one roof years after a big family split. There's a huge generation gap and lots of unfinished business between the two, with Thaw putting up with punk music and joss sticks.

ADVERTISEMENT



CANDID CAMERA 10.00PM

Unsuspecting victims are set up in front of hidden cameras. Watch out for clerical workers who order lunch from the 'Fax Food Deli' and their surprise when the food is actually delivered through the fax machine!

Wednesday 20 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

MORNING

6.00 AM
7.30am Rally
FIA World Rally Championship in Monte Carlo. Repeat.
8.00 Tennis – LIVE
Day three coverage of the Australian Open in Melbourne.
12noon Tennis
Further coverage from the Australian Open in Melbourne, where the world's elite is gathered to contest the first Grand Slam Tournament of the year. Pete Sampras will be looking to win his 12th Grand Slam title, to tie Roy Emerson's record.

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM
7.30pm
Football – LIVE
Coverage of a friendly match between France and Morocco in Marseilles.

8.00 PM

9.00 PM

10.00 PM
10.00 Rally
Action from the FIA World Rally Championship in Monte Carlo.
10.30 Tennis
Highlights from the Australian Open in Melbourne.
11.30 Boxing
Another top international contest from inside the ring.

11.00 PM

12.00
12midnight-12.30am Rally
Action from the FIA World Rally Championship in Monte Carlo.

NIGHT TIME

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre 7.15 WWF – Live Wire 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 You're On Sky Sports! 10.00 Totalsport 10.30 Inside Scottish Football 11.30 Fastrax 12noon Aerobics Oz Style 12.30pm Premier Snooker League 2.30 World Windsurfing

3.00 Inside Scottish Football
Go to the heart of the Scottish domestic game with this insight into football north of the border.

4.00 Superbouts: Antuofermo v Hagler
Another visit to the 1979 fight between 'Marvellous' Marvin Hagler and Vito Antuofermo.

5.00 World Wrestling Federation – Shotgun
A show focusing on the thrills and spills of the WWF and presented by Michael Cole and Kevin Kelly.

6.00 Sky Sports Centre
All the major headlines from the world of sport.
6.30 Unbelievable Sports

7.00 World Pool League
The world's top pool stars line up for action in the first World Pool League from Warsaw, Poland.

8.00 Ringside
Boxers from up and down the country are featured in this comprehensive guide to the best British boxing action. Presented by Paul Dempsey.
9.30 Unbelievable Sports
A collection of the world's most bizarre sports and the people who play them.

10.00 Sky Sports Centre
10.15 You're On Sky Sports!
10.45 World Pool League
Action from the Victoria Inter-Continental Hotel, where the inaugural World Pool League is taken place.
11.45 Sky Sports Centre
12midnight You're On Sky Sports!
12.30am Ringside
2.00 Spanish Football
Highlights from La Liga in Spain. *Repeat from Sky Sports 3*
4.00-4.15am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Fastrax 8.45 Sky Sports Centre 9.00 Fish TV: Ultimate Fishing Show 9.30 Fish TV: Fishing Tales 10.00 World Windsurfing 10.30 International Cricket: England v Sri Lanka *Repeat from Tuesday*
1.00pm World Motor Sport
Fast-paced coverage from the circuit, where all the latest news and views are tracked. Including the Indy Racing League and the NASCAR series.

4.00 Premier Snooker League
Action from the Torbay Leisure Centre in the 1999 Premier Snooker League. This event is now in its 13th year, and showcases the seven biggest names in the game.

6.00 Watersports World
From powerboating and jetskiing to water-skiing and canoeing, a guide to the best wet action.

7.00 Motorcycling: AMA Grand National Series
The AMA's latest event continues with the Grand National Series.

8.00 Totalsport
The programme which lifts the lid on the biggest issues facing world sport.
8.30 European Tour Weekly
9.00 Ford Golf USA: Bob Hope Chrysler Classic – LIVE
Coverage from the US as the Bob Hope Chrysler Classic swings into action.

11.00 International Cricket: Sri Lanka v Australia – LIVE
Live coverage of the one day international between Sri Lanka and Australia. Will Shane Warne be able to see off the world champions?
2.30am Second Innings: Alec Stewart
With Charles Colville.
3.00-6.00am International Cricket: Sri Lanka v Australia – LIVE

SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Shotgun
1.00pm Fish TV: Ultimate Fishing Show
1.30 Fish TV: Fishing Tales
2.00 Superbouts: Antuofermo v Hagler
Las Vegas was the venue for this classic confrontation in 1979, between Marvin Hagler and Vito Antuofermo for the world middleweight title.

3.00 Olympic Series: Road to Nagano
3.30 Totalsport
An entertaining showcase of all sides of the sporting world.
4.00 Fastrax
A look at the skills of competitors in the fast lane.
4.30 Golf: LPGA – Healthsouth Inaugural
Action from the LPGA Healthsouth Inaugural at the Walt Disney World Lake Buena Vista course in Orlando, Florida, where a prize total of $450,000 is up for grabs. *Repeat from Tuesday*
6.30 European Tour Weekly
An essential roundup of Euro Tour Golf.
7.00 Fish TV: Fishing Texas
Reid Ryan enjoys stories and advice from anglers.
7.30 Fish TV
Tips from the experts.
8.00 Spanish Football
Another chance to see the best of the action from a match in the Spanish top flight where two sides compete for crucial points.

10.00 Sky Sports Classics-Gold: Nigel Mansell – IndyCar
Memorable motor racing action from the 1993 IndyCar event.
11.00-11.30pm The Entertainers: Wright and Shearer
A look at England's goal scorers who have graced their clubs and country alike, including Wright's record-breaking Arsenal career.

For a full run down of all the live sport on cable TV, BBC1, BBC2, ITV, Channel 4 and Channel 5, visit Cable Guide's new online programme guide. http://www.cableguide.co.uk

MUTV
ADD-ON CHANNEL

6.00pm Game On
Today's previews.
6.15 The Insiders
Man Utd's unsung heroes.
6.30 F.A.N.
Magazine show.
7.00 Red Hot News
The show that rounds up all the latest developments from Old Trafford.
7.30 Kids Clinic
Tips from the squad.
8.00 Supermatch: Premier Classic – Leicester City v Manchester United
Classic action featuring Manchester United's clash with Leicester City on their own turf in 1997.

10.00 Talk of the Devils
Fans debate the latest developments in the club.
10.45 Junior Masterfan
Under-16s compete to be MUTV's Junior Masterfan.
11.15 Jump 'n' Pump
11.30-12midnight Red Hot News
All the latest developments.

SCI-FI
ACTION PACK

7.30am Bloomberg Information Television 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 12.30pm The Twilight Zone 1.00 Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Battlestar Galactica
The Return of Starbuck
The fate of space warrior Starbuck is revealed in a dream of Dr Zee.
4.00 The Incredible Hulk
Earthquakes Happen
David Banner infiltrates a nuclear research facility to try to reverse his condition.
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. Hosted by Tim White.
6.00 Time Trax
The Crash
While pursuing a wealthy 22nd century criminal to his island resort, Darien crash lands an airplane.
7.00 Quantum Leap
Southern Comforts
Sam returns to earth in 1961, and enjoys birthday celebrations in a New Orlean's bordello.
8.00 The Flash
Beat the Clock
Series about goodguy Barry Allen alias 'The Flash'. With John Wesley Shipp and Amanda Pays.
9.00 PSI Factor – Chronicles of the Paranormal
Forbidden North/ Reincarnation
Paranormal experiences.
10.00 FILM: Lawnmower Man 2: Beyond Cyberspace
Patrick Bergin, Matt Frewer
Sci-fi thriller. The mysterious Jobe is lured into a project to realise the potential of a new microchip. However, Jobe has a secret agenda of his own. *1996*
11.45 Sci-Focus
12midnight PSI Factor – Chronicles of the Paranormal
1.00am FILM: Halloween II
Jamie Lee Curtis, Donald Pleasence
Horror. *1981*
2.45 Sci-Focus
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

3.15pm Snooker
Coverage of the Nations Cup from Newcastle.
5.15 Baywatch
Sun-soaked drama series about a team of lifeguards, set on Malibu Beach with plenty of surf, sea, sand and of course, bikini-clad women. Starring David Hasselhoff.
6.00 Bedrock
Magazine including celebrity guests, music, bedroom webcams and e-mail activity.

7.00 NBA Match
Baketball highlights from a mid-week game from the US.
8.00 A Thaw in Winter: Goodnight Mister Tom
World War II drama in which a widower living in a small village takes in a nine-year old evacuee from London. He soon discovers that the boy has suffered under his strict mother's regime. Stars John Thaw, Nick Robinson and Annabelle Apsion.

10.00 Coronation Street
Tonight's episode from ITV.
10.30 Emmerdale
Another chance to catch this evening's episode of the rural soap, shown earlier tonight on ITV.
11.00 The Vice
Fly-on-the-wall documentary series exposing the sex industry with the use of hidden cameras and other revealing techniques.
12midnight-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight Ten Minute Free View 12.10am Peeping Tom 12.20 FILM: Breeders 1.00 Five Minute Free View 1.05 FILM continues 1.30 FILM: Fantasy Inc 2.40 FILM: A Woman of Means 3.50 Girls in Uniform 4.10-5.30am FILM: Who ... Lynn Lemay?

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am New Model File 12.35 Sex en France 12.50 Totty Try-Outs 1.05 FILM: Shades of Passion
Adult comedy.
2.20 Adult Channel Roadshow 2.35-4.00am FILM: Three Hearts

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Three Muscatels
Richard Pryor, Flynn Pryor
Action comedy.
9.30 100 Metres Free Style
Short film.
9.35 Horse with Stripes
10.00 Classic Wets – Dudley 95
Adult competition.
10.45-12midnight Sensuous Scenes of Hollywood

Wednesday 20 January

Janet Jackson joins a host of pop divas on 'Queens of R&B night'. MTV from 10.00pm

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
Using photo-captions to assess dilemmas.
3.30 Lie Detector
Unmasking deception the modern way.
4.00
Indecent Proposals
Outrageous dares.
4.30 Judge Judy
The feared American judge takes another case.
5.00 Agony
Unmasking deception using modern methods.
5.30 The Why Files
Psychic investigations into the weird and unexplained.
6.00
The Fashion Show
The latest catwalk update.
6.30
Indecent Proposals
Embarrassment for cash.
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
Using photo-captions to assess dilemmas.
8.00 The Why Files
Psychic investigators check out the abnormal.
8.30 Judge Judy
Judge Judy Sheindlin takes another case.
9.00 Sport at Nine: Bangers and Smash
9.30 Addicted to Sex
Is there such a thing as sex addiction?
9.57 Topless Darts
10.00
Hollywood Uncovered
Behind-the-scenes look at the skin flick industry.
10.30 Exotica Erotica
Adult entertainment.
11.30 Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasuredome 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation L!VE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Games Room
5.15 Crosswits
Cryptic crossword quiz with Tom O'Connor and celebrity guests.
5.45 The Games Room
6.00 Family Fortunes
Two families play the big money gameshow hosted by Max Bygraves.
6.30 The Games Room
6.45 Catchphrase
Roy Walker hosts the hi-tech gameshow.
7.15 The Games Room
7.25 100 Per Cent
General knowledge quiz.
7.55 The Crystal Maze
Edward Tudor-Pole guides the team though a giant fantasy world, as it tackles ingenious games and fiendish challenges, ending up in the Crystal Dome.
9.00 The Games Room
9.15 Strike it Lucky
Michael Barrymore hosts the fast-action, computer based gameshow.
9.45 The Games Room
10.00 Candid Camera
10.30
Karaoke Challenge
Visits Porthcawl to find the UK's top karaoke singer, from a selection of 12.
11.00
Carnal Knowledge
Show delving into the public's intimate secrets hosted by Graham Norton and Maria McErlane.
12midnight Strike it Lucky
12.30am Split Second
1.00 3-2-1
2.00 Love at First Sight
2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters
4.00 Fifteen to One
4.30 Don't Drink the Water
5.00-6.00am Screenshop

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Daily 9.30 Food for Thought 10.00 Feasts 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Coxon's College 12noon Food Daily 12.30pm Retrospectives 1.00 Food for Thought 1.30 From the Ground Up 2.00 Caribbean Light 2.30 Food Daily 3.00 Surprise Chefs 3.30 Coxon's Kitchen College 4.00 Thoroughly Modern British 4.30-5.00pm Chez Bruno

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 London Bridge
Nick slips back into his old ways at Liz's singles dinner.
6.30 Home to Roost
Bad Apples
Stars John Thaw.
7.00 Boon
Rival Eyes
Boon investigates a burglary, and Harry moves house. Stars Michael Elphick.
8.00 Men of the World
The Big Fight
Sitcom about two men who share a house and work in a travel agency.
8.30 Superchefs
9.00 Shine On, Harvey Moon
Love is Blind
Rita and Harvey spend their first night together in ten years.
10.00 Soldier, Soldier
Trouble and Strife
An accusation looks likely to blow the Stubbs family apart. Stars Holly Aird and Gary Love.
11.00
Hill Street Blues
Eighties American police drama series set in a tough urban area, with human interest storylines.
12midnight Home to Roost
Bad Apples
Stars John Thaw and Reece Dinsdale.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon Totally Australia
A Stately Gift
1.00pm Nature Watch with Julian Pettifer
Chimps Rescue
1.30 Australia Wild
Sperm Wars
2.00 All-Bird TV
2.30 Human/Nature
Reporters travel the world charting man's relationships with animals and the elements.
3.30 Harry's Practice
Harry Cooper pays some surprise house calls on unsuspecting pet owners around Australia.
4.00 Jack Hanna's Animal Adventures
Cayman Encounters
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
5.30 Australia Wild
Year of the Gagaudji
The battle for survival – the creatures of the Great Barrier Reef versus the reef.
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
Lassie Comes Home
7.00
Rediscovery of the World: Australia Part I
Out West Down Under
The expedition team explore Australia's western coast.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Horse Tales
Pardubice – The Devil's Race
9.00 Going Wild
The Night of the Fox
Follows a red fox as it goes on the prowl during one hushed winter night.
9.30 Emergency Vets
10.00
Crocodile Hunter
Outlaws of the Outback
How the crocodile is stemming attacks from feral pests.
11.00 Wildlife ER
Reports on the American-based wildlife centre, which offers round-the-clock care.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons
9.30 Esther
10.00 The Cruise
10.30
Trust Me, I'm a Doctor
11.00 Island of Dreams
12noon
Tomorrow's World Plus
1.00pm Crime Limited
1.30 The Great Egg Race
2.00 House Traders
3.00 Zoo's Company
Handle with Care
Life at three different Australian zoos.
3.30 Vanessa
Vanessa Feltz tackles more real-life issues.
4.30 Esther
Happy Pills
Discussing the pros and cons of the anti-depressant drug Prozac.
5.00 Hotel
It is Grand National weekend – the busiest three days of the year for the hotel staff.
5.30 Future Fantastic
6.00
The Ascent of Man
Grain in the Stone
Jacob Bronowski analyses the spread of the human race.
7.00 Fall-Out from Chernobyl
The effects of the disaster led by two British scientists who confirmed local reports of thyroid cancer.
8.00 Life on Earth
The story of life on the planet, from the first primitive cells to the plants and animals which now live around us.
9.00
John Wayne – The Unquiet American
A profile of the Hollywood legend, whose films included Stage Coach.
10.00 Hotel Update
Another chance to see some of the best moments from the series.
10.30
Hollywood Women
Money and Power
How some women made the male dominated system work to their advantage.
11.30 Top Gear GTi
Testing the latest models.
12.30am-1.00am
Crime Limited
Presented by Nick Ross.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 The Zest Beauty Show 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Good Housekeeping Show 11.30 Craftwork 12noon Great British Food 12.30pm Classic Interiors 1.00 Livetime 2.00 The View
3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00 Club Vegetarian
Michaela Strachan is joined in the studio by Kumud Shah.
4.30
Women of Substance
5.00-6.00pm
Sally Jessy Raphael
My Teen Won't Go to School
American talk show.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm The Sea Elephants Beach
Filmed in the sub-Antarctic island of Kerguelen.
7.30 Mir 18: Destination Space
8.00 Alligator!
After more than 30 years of protection, the alligator is back in force, with numbers in Florida alone topping one million.
9.00 Garbage Cops
Meet the men on the frontline of New York's daily struggle with up to 26,000 tons of rubbish.
9.30 Looters!
10.00 African Diary: Reflections on Elephants
A study of some of the last free-roaming elephants in Africa.
11.00
Mountain Barrier
Documentary following the wildlife which lives in the the Sarawat Mountains of Western Arabia.
12midnight
Extreme Earth: Earthquake
This programme includes footage of the 1989 San Fransisco earthquake.
12.30am-1.00am
Extreme Earth: Landslide!
Reports on the destructive power of rain.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Kickstart
9.00 Mad for Hits
2.00pm European Top 20
3.00 Bytesize MTV
4.00 Select MTV
6.00 Movie Special
6.30 MTV Live
7.00 Non-Stop Hits
8.00
The Lick R&B Chart Show
Trevor Nelson provides a rundown of the latest R&B chart.
9.00
Bytesize MTV: Featuring Clips from the Best of R&B Queens
10.00 MTV Live All Saints
10.30
MTV Revue – Lauryn Hill NEW
11.00
Erykah Badu: Unplugged
11.30
Biorhythm: Janet Jackson
This genre-busting biography show presents the life of Janet.
12.30am An Audience with Mariah Carey
1.00 Yo!
2.00 MTV Live All Saints
2.30 MTV Revue – Lauryn Hill
3.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Mark King NEW1.00pm Greatest Hits of... Alison Moyet 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Toyah Willcox 7.00 VH1 Hits 9.00 Bob Mills' Big 80s 10.00 The VH1 Classic Chart 11.00 Revolver 12midnight The Nightfly 1.00am Around and Around 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Dream Destinations 12.30pm A-Z Med 1.00 Holiday Maker 1.30 Flavours of France 2.00 Flavours of Italy 2.30 Voyage 3.00 O Canada! 4.00 Go Greece 4.30 Dominika's Planet 5.00 Great Escape 5.30 Caprice's Travels 6.00 Flavours of France 6.30 On Tour 7.00 Dream Destinations 7.30 A-Z Med 8.00 Travel Live 8.30 Go Greece 9.00 O Canada! 10.00 Voyage 10.30 Dominika's Planet 11.00 On Tour 11.30-12midnight Caprice's Travels

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 Real Rooms 8.00 Style Challenge 8.30 All Over the Shop 9.00 Ready, Steady, Cook 9.30 Change That 10.00 Rough Guide to the World 10.30 Holiday Outings 11.00 Looking Good 11.30 All the Right Moves 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Rick Stein's Taste of the Sea 2.30 Stefan's Garden Roadshow 3.00 The Flower Show 3.30 Wilderness Walks 4.00 The House Detectives 4.30 Rough Guide to the World With Magenta DeVine. 5.30 All Over the Shop 6.00 Wonder Women 6.30 Off the Beaten Track 7.00 Antiques Roadshow 8.00 Style Challenge 8.30 Change That 9.00 All the Right Moves 9.30 Ready, Steady, Cook 10.00 Home Front 10.30 House in France 11.00 Peter Seabrook's Gardening Week 11.30 The Flower Show 12midnight The Terrace 12.30am-1.00am Travel Xpress

Wednesday 20 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM
6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 The Painted House 8.00 Wedding Story 8.30 A Baby Story 9.00 Simply Painting 9.25 House 9.30 Garden Rescue 10.00 Garden Doctors 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt's Fishing Adventures NEW SERIES 12noon Home Improvements 12.30pm Doing it Up 1.00 Our House 1.30 Hometime 2.00 Wood Wizard 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

DISCOVERY
WORLD PACK

3.00 PM

4.00 PM
4.00pm Rex Hunt's Fishing Adventures
Angling adventures.
4.30 Walker's World
Vietnam
With Anna Walker.

5.00 PM
5.00 Flightline
Aviation magazine show.
5.30 History's Turning Points
The Russian Revolution – 1917

6.00 PM
6.00 Animal Doctor
Follow RSPCA animal doctors on their rounds.
6.30 Secrets of the Deep
Phantoms of the Deep
Underwater mysteries explored and revealed.
7.30 Beyond 2000
Science magazine featuring a revolutionary new digital hearing aid.

8.00 PM
8.00 Arthur C Clarke's Mysterious World
8.30 Creatures Fantastic
Man Beasts

9.00 PM
9.00 Mysteries of the Ancients
Looking at how recent findings have challenged traditional beliefs about the Anasazi people.

10.00 PM
10.00 Sky Archaeology
NEW Richard Hansen searches for a Mayan temple in the Guatemalan rainforest.

11.00 PM
11.00 Ferrari
Champions Sports Racers
A look at the prestigiouos car which what is thought by many to be the sexiest vehicle on the planet.

12.00 NIGHT TIME
12midnight Mysteries of the East
Lost City of Shang
1.00am History's Turning Points
The Russian Revolution – 1917
1.30-2.00am Flightline
Aviation magazine show.

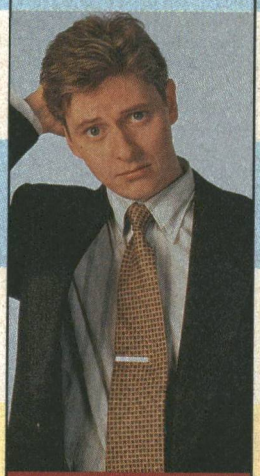
SKY SOAP
LIFESTYLE PACK

11.00am
Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm
As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm
Emmerdale Farm
Annie tries to mend a rift.

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Ivanhoe 6.00 Fruitties 6.30 Tabaluga 7.00 Powerpuff Girls 7.30 Dexter's Laboratory 8.00 Sylvester 8.30 Tom and Jerry 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 Magic Roundabout 10.15 Thomas the Tank Engine 10.30 Fruitties 11.00 Tabaluga 11.30 Yo! Yogi! 12noon Tom and Jerry 12.30pm Bugs and Daffy 12.45 Road Runner 1.00 Popeye 1.30 Droopy 2.00 The Addams Family 2.30 The Jetsons

3.00 Taz-Mania
Devilish antics from down under.
3.30 Scooby and Scrappy-Doo
More canine crime busting.
4.00 Powerpuff Girls
More crimefighting action.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 I am Weasel
More cartoon antics with much-loved weasel.
5.30 Cow and Chicken
Offbeat fun with the mismatched siblings.
6.00 Animaniacs
Frantic animated antics from Stephen Spielberg.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Tom and Jerry
Fun with the sparring cat and mouse duo.
7.30 Looney Tunes
Animated action.
8.00 Cartoon Cartoons
Madcap adventures.
8.30-9.00pm Cultoon
Crazy cartoon capers.



Dave Foley stars as a news director in 'News Radio'. Paramount Comedy Channel 8.30pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War
Tough Old Gut
5.00 Classic Cars
Turbine
6.00
Lost Civilizations: Greece
A Moment of Excellence
Enter the extraordinary lives of the Classical Greeks.
7.00-8.00pm
Story of the Gun
Duel Weapon
Trace the shift from muzzle loading to breech loaders.

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 Cat-Dog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Clangers 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
3.30 Pippi Longstocking
Animated adventures with the fun-loving schoolgirl.
4.00 Hey Arnold
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Fun with the terrible tots.
5.00 Sister Sister
More mayhem with twins Tia and Tamera.
5.30 Kenan & Kel
American teen comedy with the funky friends.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Teenage comedy.
7.30 Grace Under Fire
US Sitcom with Brett Butler.
8.00 Roseanne
Isn't it Romantic
Fred seeks advice on how to propose to Jackie.
8.30 News Radio
Injury
9.00 Cybill
Bachlelor Party
Cybill plans Ira's stag night.
9.30 Vic Reeves Big Night Out
Surreal comedy show.
10.00 Frasier
Are You Being Served
Divorce looms for Niles.
10.30 Cheers
Little Carla Happy at Last – Part I
11.00 Seinfeld
The Bubble Boy
Jerry agrees to make a trip to visit a sickly fan.
11.30 The Larry Sanders Show
12midnight Late Night with David Letterman
Irreverent US chat show.
1.00am Taxi
1.30 The Critic
2.00 Dr Katz
2.30 Soap
3.00 Wings
3.30-4.00am Nightstand

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon
Travels with Chuck Henry
12.30pm Getaway
1.00
Practical Guide to Europe
1.30 Exotic Islands
2.00 Independent Travellers' Guide
3.00 Around the World
3.30-4.00pm
World's Weirdest Places

FOX KIDS
FAMILY PACK

6.00am Power Rangers 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 Incredible Hulk 10.15 Casper 10.30 Oggy 10.55 The Mouse 11.05 Eek!Stravaganza 11.30 Life with Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05 The Incredible Hulk
Cartoon adventures.
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
4.00 Spiderman
Webbed capers.
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
5.00 Goosebumps
5.25 Eerie, Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong Country
Wacky adventures.
6.25 Sam and Max
6.50-7.00pm Eek!Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection!
7.00 Bargain Shop!
7.30 Time Zone
8.30 On the High Street
9.30 Shop! Feature
10.00 Fitness Zone
11.00 The Early Years
12noon
The Gold Collection
1.00pm Bargain Shop!
1.30 Shop Selection!
2.30 Fashion by Design
3.00 Labels
4.00 Showcase
5.00 Shop Selection!
6.00 Fitness Zone
Equipment and sportswear to tone up the body.
7.00 The Early Years
Cool fashion for under fives.
8.00 Showcase
Exquisite figurines from Royal Doulton.
9.00 The Gold Collection
Gemstone jewellery.
10.00 Fitness Zone
Equipment and sportswear to tone up the body.
11.00 Labels
Casual wardrobe essentials.
12midnight Bargain Shop!
12.30am Shop Selection!
1.30 The Early Years
2.30 Fashion by Design
3.00 The Gold Collection
4.00 Labels
5.00-6.00am Showcase

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

CABLE CHECK
Some of the channels listed may not be available in your area

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 9.30 World Today 10.00 News 1.00pm News 1.30 UK Today 2.00 News 2.30 The World Today 3.00 News 4.00 Newsday 5.00 Newsday 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Reporters 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.30 World Sport 8.30 Showbiz Today 9.00 Larry King 10.30 Sport 11.15 Edition 11.30 Biz Asia 12.30pm Business 1.15 Asian Edition 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Style 5.00 Larry King 6.45 Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q&A 2.00 Larry King 4.15 Edition 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm PMQs 4.30pm Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 Global Village 4.30 CBS Evening News 5.30-6.00am Fashion TV

INTERNATIONAL

TV5 5.30am Télématin 7.00 TV5 Infos 7.05 Journal Télévisé de Radio Canada 7.30 Funambule 8.00 TV5 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé TV5 9.30 Fiction: Les Grandes Marées 11.00 TV5 Infos 11.05 Voilà Paris 11.30 Journal Télévisé France 3 12noon TV5 Infos 12.05pm Temps Présent 1.00 Journal Télévisé TV5 1.30 Fiction: Les Grandes Marées 3.00 Journal Télévisé TV5 3.30 Grands Gourmands 4.00 TV5 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal TV5 5.30 Fiction: Les Grandes Marées 7.00 Journal Suisse 7.30 Journal de France Télévision 8.00 TV5 Infos 8.05 Magazine 9.00 Journal TV5 9.30 Fiction: Urgences 10.00 Fiction: Michel Strogoff 11.00 Journal Belge 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Balcony 12.30pm Suzhal 1.00 Subah 1.30 FILM 4.00 Akbar Birbal 4.30 Nagar Pare Roopnagar 5.00 Grift 6.00 Edit 6.30 Asianet Aur Aap 7.00 Sankalp 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Spaghetti Junction 12.30am Asianet Aur Aap 1.00 FILM 4.00 Nagar Pare Roopnagar 4.30 A Mouthful of Sky 5.00 Subah 5.30 Sunghuish 6.00 Akbar Birbal 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Out and About 6.30 Yoodle-Ae-Oo 7.00 Faith 7.30 News 8.00 Business Report 8.30 Sailaab 9.00 Rishtey 10.00 Panchwan Mausam 11.00 Aashiana 11.30 Parampara 12noon FILM: 3.00pm Zee Bangla 3.30 Hum Paanch 4.00 Campus 4.30 Ek Minute 5.00 Jungle Book 5.30 Gumrah 6.00 Top of the Tops 6.30 Banegi Apni Baat 7.00 Baat Ban Jaye 7.30 It's My Choice 8.00 News 8.30 Amanat 9.00 Hawaain 10.00 Ikke Pe Ikka 10.30 Woh 11.00 Purushkhetra 12midnight News 12.30am Tandoori Masala 1.00 Zee Bangla 1.30 Raahat 2.00 FILM: Raj Kunwar 4.30 Vat No Vatessar 5.00 Char Raasta 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzimi 5.00 Quentin Road Bible Hour 5.30 7 à Vivre – Patrick Vauclair 6.00 Life is for Living – Brian Houston 6.30 Changing Your World 7.00 Believers Voice of Victory 7.30 Kidz TV 7.45 This is Your Day – Benny Hinn 8.15 Good Morning Europe 8.30 Revival Now 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 Dr Bernard 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.15am Bloomberg Money 2.49am Kavanagh's Picks 3.24 Sports 3.27 Weather 4.49am Kavanagh's Picks

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 7.00 Record 7.30 Select 10.00 House of Commons 11.00pm Record 11.30-12midnight European Focus

A £5,000 loan for under £81 a month

JOY! That's the feeling you'll get when you spend a personal loan from Northern Rock.

What else makes it hard to beat? You can borrow from £1,000 to £10,000 quickly, without any fuss.

You don't need to provide any security.

And because the interest rate is guaranteed not to rise, you'll know what you decide to borrow is affordable.

Apply right away for an instant decision.

Call any time 8–9 Monday to Friday, 9–5 Saturday or 10–4 Sunday (calls are charged at local rate). Quote reference 663/53.

0845 60 50 005

12·4% APR

Northern Rock Personal Loans, Northern Rock plc, Selectapost 74, Claypit Lane, Leeds LS2 8LL. www.nrock.co.uk

Loans are subject to status, credit checks, credit scoring, references, the loan application meeting Northern Rock Personal Loans lending policy and that you are not unemployed. Applicants must be aged between 21 and 80 when they sign the credit agreement. A loan of £5,000 over 96 months means 96 monthly payments of £80.67. Total amount payable £7,744.32. A higher APR will apply to loans under £5,000. Written quotations are available on request. Calls may be recorded for training purposes. 8653/A

NORTHERN ROCK
HARD TO B£AT

Thursday 21 January

SKY PREMIER
PREMIUM CHANNEL

6.00am
Let Me Call You Sweetheart
1997, rating Sky PG, 88 mins
8.00 Picture Perfect
1995, rating Sky U, 87 mins
10.00 Jitters
1997, rating Sky PG, 88 mins
12noon The Directors: The Films of Robert Zemeckis
1.00pm Femme Fatales: Geena Davis
2.00 Let Me Call You Sweetheart
Meredith Baxter, Victor Garber, Claire Cellucci
Drama in which a lawyer is drawn to re-investigate the case of a man whose conviction for murder she secured ten years earlier. *1997, rating Sky PG, 88 mins*

4.00 Picture Perfect
Richard Karn, Dave Thomas, Mary Page Keller
Family comedy about two children who enter a competition to find the perfect family by super-imposing their pictures onto a photograph. When they win, they enlist their father and neighbour to pull off the hoax, with hilarious consequences. *1995, rating Sky U, 87 mins*

6.00 Jitters
Joely Fisher, Brian Wimmer
Romantic drama about a woman suffering pre-marital jitters. The situation takes a turn for the worse when the build-up to the wedding is filmed for a cable television show. *1997, rating Sky PG, 88 mins*
7.30 Hollywood Buzz
The weekly series that looks at all the gossip from Tinseltown.

8.00 Roseanna's Grave
Jean Reno, Mercedes Ruehl, Mark Frankel, Polly Walker
PREMIERE Romantic comedy about a man who will stop at nothing to have his terminally ill wife buried next to their late daughter. However, the cemetary has only two vacant plots which can't be filled before the man pays for his wife's resting place. *1997, rating Sky 12, 94 mins*

10.00 Sweet Nothing
Michael Imperioli, Mira Sorvino
PREMIERE Drama about a man who risks everything to support his cocaine habit. If he doesn't beat his addiction, he will lose his wife, his children and his job. *1994, rating Sky 18, 85 mins*
11.30 Lone Star
Chris Cooper, Kris Kristofferson
Drama in which a sheriff must confront his father's past. **Text** *1996, rating Sky 15, 130 mins*
1.45am
Destiny Turns on the Radio
Dylan McDermott, James LeGros
Thriller with a comic touch. *1995, rating Sky 15, 98 mins*
3.30-5.30am Defenseless
Barbara Hershey, Sam Shepard
Text *1990, rating Sky 18, 100 mins*

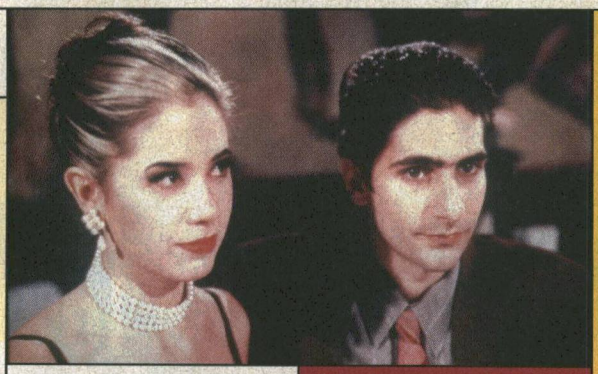
SKY MOVIEMAX
PREMIUM CHANNEL

7.10am Uforia
1980, rating Sky PG, 90 mins
9.00 Adventures of Sherlock Holmes' Smarter Brother
1975, rating Sky PG, 87 mins
11.00 Goddess of Love
Vanna White, David Naughton
1988, rating Sky PG, 88 mins
1.00pm Little Bigfoot
Matt McCoy, Stephen Furst
Family drama. *1997, rating Sky PG, 92 mins*

3.00
Adventures of Sherlock Holmes Smarter Brother
Gene Wilder, Madeline Kahn, Marty Feldman, Dom DeLuise
Comedy spoof about the elder brother of the famous detective, whose jealousy towards his sibling leads him to try and upstage Sherlock at every turn, with hilarious consequences. *1975, rating Sky PG, 87 mins*

5.00 Goddess of Love
Vanna White, David Naughton, Little Richard, Amanda Bearse
Romantic comedy in which the ancient goddess of love, Venus, finds herself wandering among mortals once more after her statue is revived. Her only hope of being able to return to Mount Olympus is to earn the adoration of a mortal man. *1988, rating Sky PG, 88 mins*

7.00 Little Bigfoot
Matt McCoy, Stephen Furst
Family drama in which a family discover a baby bigfoot and its mother in the woods. They then try to protect their new friends from hunters sent by the boss of the local logging company. *1997, rating Sky PG, 92 mins*
8.30
E! News Week in Review
The latest news from Hollywood.
9.00 Any Place But Home
Joe Lando, Richard Rowntree
PREMIERE Drama. A couple find themselves caught up in the kidnapping of a rich businessman's child by their in-laws. The ransom drop-off is bungled and the couple flee with the child, who they are reluctant to hand back after discovering he was abused by his father. *1996, rating Sky 12, 88 mins*
11.00 House of Frankenstein: Part 2
Greg Wise, Miguel Sandoval
PREMIERE Horror in which Los Angeles is terrorised by vampires and wolves. *1997, rating Sky 15, 92 mins*
12.40am Target Earth
1997, rating Sky 12, DS, 88 mins
2.15 Vampires in Venice
1988, rating Sky 18, 89 mins
3.50 Patty Hearst
1988, rating Sky 18, 100 mins
5.35-7.10am Uforia
1980, rating Sky PG, 90 mins



Mira Sorvino and Michael Imperioli in the premiere of 'Sweet Nothing'. Sky Premier 10.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm The Racket
Robert Mitchum, Lizabeth Scott, Robert Ryan, Ray Collins
Thriller. A mobster has a number of high-up government and police officials in his possession. One incorruptible policeman endures all manner of injustices in his quest to expose the corruption within the police force. *1951, rating Sky PG, 85 mins*

6.00 Son of Paleface
Bob Hope, Jane Russell, Roy Rodgers, Bill Williams
Western comedy in which a naïve Harvard graduate is set up to fall for the charms of a saloon manageress. The local law enforcement agency believes the woman is the leader of a gang of thieves which is currently terrorising the locals. *1952, rating Sky PG, 91 mins*

8.00 Notorious
Cary Grant, Ingrid Bergman, Claude Rains, Louis Calhern
Hitchcock's masterful thriller in which a glamorous woman agrees to marry a top Nazi to help a handsome American spy. However, the plan begins to fall apart when the Nazi discovers his wife is a spy, and that he must kill her. *1946, rating Sky U, 101 mins*

10.00
Joshua Then and Now
James Woods, Gabrielle Lazure, Alan Arkin, Michael Sarrazin, J Kenneth Campbell
Comedy drama about a Canadian author who attempts to turn his back on his father's dangerous past by marrying into a society family – with decidedly mixed results. *1985, rating Sky 15, 113 mins*
12midnight The Boston Strangler
1968, rating Sky 18, 111 mins
1.55 The Effect of Gamma Rays on Man-in-the-Moon Marigolds
1972, rating Sky 15, 97 mins
3.40 Road to Zanzibar
1941, rating Sky PG, 87 mins
5.10-5.40am Hollywood Hall of Fame: Charlton Heston

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm The Tender Trap
Frank Sinatra, Debbie Reynolds, David Wayne, Celeste Holm
Romantic comedy about a womanising New York agent, who meets his match when a young actress he sets out to conquer fails to respond as expected. Taking drastic action, he lands in hot water by proposing to two women on the same night. *1955, 111 mins*
11.15 Ada
Susan Hayward, Dean Martin
Tense political drama in which a former prostitute marries a state governor, much to the chagrin of his advisor and his press officer. *1961, 109 mins*
1.30am Alfred the Great
David Hemmings, Michael York
Historical action adventure. *1969, 117 mins*
3.30-5.00am
The Alphabet Murders
Tony Randall, Anita Ekberg
Thriller. *1965, 87 mins*

Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm
Pickup on South Street
Richard Widmark, Jean Peters
Thriller. A tough pickpocket becomes embroiled in a Cold War plot when he steals a woman's wallet, which contains a microfilm of government secrets. Government agents and the woman's employers are anxious to get the film back, at any cost. *1953, 81 mins*

8.00 Quiz Show
Ralph Fiennes, John Turturro
Fact-based drama about the fixing of a Fifties television quiz show. A successful but unappealing contestant is ousted by the show's producers who favour the more acceptable face of a literature instuctor. They then school the new champion in what questions will be asked on each show. *1994, 127 mins*

10.15 The Usual Suspects
Kevin Spacey, Gabriel Byrne
Intricately plotted thriller. A docked ship explodes and one of the survivors is arrested. He then proceeds to tell the tale to the police how five disparate villains were brought together for one big heist, with the only link they have to each other being elusive arch villain Keyser Soze. *1995, 101 mins*
12.05am Big Blue
Jean-Marc Barr, Rosanna Arquette
Sea diving drama. *1988, 162 mins*
2.50 Riff-Raff
Robert Carlyle ,Emer McCourt
Building site drama. *1990, 95 mins*
4.30-6.00am The Fireman's Ball
Joseph Kolb, Marie Jezkova
Comedy. *1967, 69 mins*

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
TRIAL AND ERROR
Courtroom comedy in which an actor ends up impersonating his lawyer buddy in court. Stars Michael Richards, better known as *Seinfeld*'s Kramer. *1997, rating Sky 12, 94 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
WINGS OF THE DOVE
Romantic period drama based on the novel by Henry James. Stars Helena Bonham Carter, Linus Roache and Michael Gambon. *1997, rating Sky 15, 100 mins*
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm 4.00am

Sky Box Office 3
Channel 53
ALL DAY MOVIE TICKET: THE BORROWERS
Comic adventure. *1997, rating Sky U, 83 mins*
PLAYS AT 6.00am, 7.30am, 9.00am, 10.30am, 12noon, 1.30pm, 3.00pm, 4.30pm, 6.00pm, 7.30pm, 9.00pm, 10.30pm, 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 4
Channel 54
ONE NIGHT STAND
Haunting, erotically charged examination of infidelity from *Leaving Las Vegas* director Mike Figgis. Starring Wesley Snipes, Nastassja Kinski and Robert Downey Jr. *1997, rating Sky 18, 99 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Thursday 21 January

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30
The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
Producer Secrets Exposed

3.00 Jenny Jones
Scream 3: If You Want a Real Scare Check Out Her Hair
On today's show, guests in desperate need of a haircut are given a makeover.

4.00 Guilty!
The courtroom is in session and Carole Malone is ready to pass sentence – from the light-hearted to the heavy-handed, depending on the accused's level of guilt.

5.00 Star Trek: Deep Space Nine
In Purgatory's Shadow
Worf and Garak are imprisoned, and Sisko learns that the Dominion's plan to invade. Text

6.00 Married... With Children
Breaking up is Easy to do – Part I Text

6.30 Dream Team
Coates comes looking for Helen.

7.00 The Simpsons
King of the Hill Text

7.30 The Simpsons
Simpsoncalifragilisticexpiala (annoyed grunt)cious
The Simpsons hire a nanny. Text

8.00 America's Dumbest Criminals
A brainless bank robber uses his phone bill to light the fuse of a dud bomb.

8.30 World's Weirdest TV

9.00 Friends
One Hundredth
American sitcom.

9.30 ER
They Treat Horses Don't They?
Drama set in the emergency room of a Chicago hospital.

10.30 Veronica's Closet
Veronica's Model Search
Sitcom about a lingerie company. Stars Kirstie Alley.

11.00 Dream Team
Coates comes looking for Helen and causes all sorts of trouble.

11.30 Star Trek: Deep Space Nine
In Purgatory's Shadow Text

12.30am Highlander: The Series
Warmonger
MacLeod finds himself under investigation by a reporter.

1.30-7.00am Long Play
It's a VJ-free music zone with something for everyone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Lucky Day

3.25 The Bill
For Richer, for Poorer
Police drama set in Sun Hill, with Holly Evans and Ben Miles.

3.55 EastEnders
Soap set in London's Albert Square.

4.30 Rhoda
American sitcom about a single Jewish woman living in New York.

5.00 All Creatures Great and Small
Merry Gentlemen
Helen nurses Tricki-Woo back to health after Mrs Pumphrey overfeeds him.

6.00 Dynasty
Fallon takes the stand at Blake's trial and lies in an effort to protect her father, and Krystle returns to stand by Blake by representing him at a meeting.

7.00 2Point4 Children
Leader of the Pack

7.40 It Ain't Half Hot, Mum
The Great Broadcast
Wartime sitcom starring Windsor Davies.

8.20 Yes, Minister
A Question of Loyalty
Both the minister and Sir Humphrey appear before a select committee.

9.00 Fawlty Towers
A Touch of Class
Basil tries to improve the class of the hotel's clientele.

9.40 Fawlty Towers
Basil the Rat
Havoc ensues when a public health inspector threatens to close the hotel.

10.25 Ivanhoe
Prince John forbids Rowena's marriage to Athelstane, outraging Cedric and providing Bois-Guilbert with a chance to antagonise Ivanhoe.

11.30 The Bill
Lucky Day
Starring Kevin Lloyd.

12midnight The Bill
For Richer, for Poorer

12.30am Backup
Partners

1.25-3.00am FILM: The Black Torment
John Turner, Heather Sears
Gothic horror story. *1965*

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
Co-presented by Amanda Ursell.
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
2.10 LA Law

3.10 Living Room
Jayne Irving and Amanda Cross host an upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
I'm in Love with a Violent Criminal
No-holds-barred talk show.

4.50 Rolonda
I'm Sick of My Husband Acting like a Bachelor
Audience participation talk show from America.

5.40 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two chefs have to create exciting new dishes.

6.15 The Jerry Springer Show
Outrageous American talk show in which the host and his guests engage in lively debate.

7.05 Rescue 911
William Shatner hosts the series featuring the stories of real-life rescues by American emergency services.

7.35 Animal Rescue

8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.

9.00 FILM: Lifeline
Lorraine Bracco, Lisa Jakub, Jean-Marc Barr, Stephen Shellen, Victor Lanoux
Fast-moving adventure about a renowned American scientist who travels to the South of France to find her missing daughter. On her way, she meets a yachtsman who has fallen victim to a group of unknown assailants. *1995*

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 Doctor in the House 8.00 That's My Boy 8.30 Up the Garden Path 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Agony 2.00 thirtysomething

3.00 The Love Boat
The Congressman was Indiscreet
A congressman accused of being involved in a scandal takes refuge aboard the *Pacific Princess.*

4.00 The Saint
The Time to Die
A would-be killer plays a cat-and-mouse game with The Saint. But who is the mysterious avenger? With Roger Moore.

5.00 Hawaii Five-0
Hari Kari Suicide Murder
A shamed Japanese businessman ritualistically kills himself – and McGarrett wants to know why. With Jack Lord.

6.00 Emmerdale
Sarah Connolly makes an unexpected discovery in one of the fields.

6.30 Classic Coronation Street

7.00 Mission: Impossible
A Game of Chess
The team must recover $1 million in gold bullion intended for the underground fighters of an anti-Western satellite state.

8.00 The Love Boat
The Congressman was Indiscreet
A congressman accused of being involved in a scandal takes refuge aboard the *Pacific Princess.*

9.00 Classic Coronation Street
The factory girls end their silence.

9.30 The Comedians

10.00 Jokers Wild

10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Motor Week
An exclusive report from the world's premiere car show in the US – the Detroit International Auto Show.

11.30 4 Wheels

12midnight Rally World
Eric Michell presents rally action from around the globe including Italy and Australia.

12.30am Car File

1.00-2.00am Performance Power
Presented by Sarah Donohue.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush Family 10.00 Bite Size 10.10 Tots TV 10.30 Big Garage 10.45 PB & J Otter 11.00 Sesame St 12noon Spot 12.05pm Animal Shelf 12.15 Pocket Dragons 12.30 Bear 12.55 Toothbrush Family 1.00 Bite Size 1.15 Tots TV 1.30 Big Garage 1.45 PB & J Otter 2.00 Quack Pack 2.30 Winnie

3.00 The Little Mermaid
Delve underwater and join Ariel and her friends. Text

3.30 Art Attack
Award-winning art show hosted by Neil Buchanan. Text

4.00 101 Dalmatians
Animated series based on the classic cartoon. Text

4.30 Hercules: The TV Show
Animated action.

5.00 Recess Text

5.15 Pepper Ann Text

5.30 Smart Guy
Being too clever for his own good continues to makes TJ unpopular at school. Text

6.00 Teen Angel
Jeremiah was a Bullfrog
Marty uses his magic to make a frog talk. Text

6.30 Boy Meets World
How to Succeed in Business

7.00 Honey, I Shrunk the Kids
Honey, We're Stuck in the Seventies
Amy has a crush. Text

7.50 Classic Toons

8.00 FILM: Ernest Goes to Africa
Jim Varney, Linda Kash, Robert Whitehead
The inimitable Ernest is the world's most hapless secret agent. Erroneously accused of stealing two precious diamonds, he and the girl he loves are abducted and taken to the wilds of Africa. *1997* Text

9.30 Home Improvement

10.00 Dinosaurs Text

10.30 The Wonder Years
Odd Man Out Text

11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

THURSDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

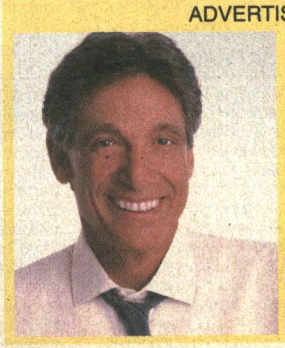
FILM

Roseanna's Grave
Sky Premier 8.00pm
In this black comedy, Jean Reno stars as a man determined to ensure his terminally ill wife's wish is fulfilled – to be buried alongside their late daughter. The only trouble is that the cemetery has just two vacant plots and Reno must prevent any locals from filling them first.

GENERAL

Ivanhoe
UK Gold 10.25pm
This drama about the 12th-century hero has lots of dash and great costumes. Prince John forbids Rowena's marriage to Athelstane, which outrages Cedric and provides Bois-Guilbert with the chance to antagonise Ivanhoe by suggesting a union with de Bracy instead.

ADVERTISEMENT



living

MAURY POVICH 10.50AM

Maury Povich's new talk show is compelling, fast-paced and grittier than other talk shows. Turning up the heat on his guests. Maury takes a very personal approach, dealing with emotional conflicts and problems facing them.

Thursday 21 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM
7.30am Rally
8.00 Tennis – LIVE
Coverage of the fourth day of play from the Australian Open in Melbourne.
12noon Alpine Skiing
Highlights of the Men's World Cup in Kitzbühel, Austria.
1.00pm Tennis
Another chance to catch the action from the 86th Australian Open in Melbourne, where the contestants compete for the prize of $A 11.75 million. The increase on last year's prize money relates to the growing popularity in the championship. More than 1500 members of the media from 30 nations attended last year's Australian Open and more than 2190 hours of the Tournament were televised to 700,824,062 homes in 151 territories around the world.

4.00 PM
Last year, a record crowd of 434,807 flocked to Melbourne Park and some of them would have been lucky enough to see the finals in which Petr Korda and Martina Hingis smashed all competition and came out on top. Will they be able to hold on to their titles this year and walk home with the prize money again?

8.00 PM
8.00 Strongest Man
Highlights of the World Championship Strongest Team 1998 in the Netherlands.

9.00 PM
9.00 Boxing
Edge-of-your-seat action from another international boxing contest.

10.00 PM
10.00 Tennis
Another chance to catch the highlights of the Australian Open in Melbourne.

11.00 PM
11.00 Car on Ice
Highlights of the fifth round of the series from France.
11.30-12.30am Trial
The best action from the indoor World Cup in Sheffield.

12.00 NIGHT TIME

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre
7.15 WWF – Shotgun
8.15 Sky Sports Centre
8.30 Racing News
9.00 Aerobics Oz Style
9.30 You're On Sky Sports!
10.00 Watersports World
11.00 European Tour Weekly
11.30 Euro Tour Golf: South African Open – LIVE
2.30pm Ringside
Boxers from up and down the country are featured in this comprehensive guide to the best British boxing action. Presented by Paul Dempsey.

4.00 World Pool League
The world's top pool stars line up for action in the first World Pool League from Warsaw.

5.00 World Wrestling Federation – Superstars
Kevin Kelly hosts the programme that tracks all the latest news.

6.00 Sky Sports Centre
6.30 Football League Review
A blow-by-blow account of all the recent league action.
7.00 Futbol Mundial
All the latest action and news from the universal world of football.
7.30 Euro Tour Golf: South African Open
Highlights from day one of the South African Open, where last year's champion Ernie Els is among those competing for the 1999 title.

10.00 Sky Sports Centre
10.15 You're On Sky Sports!
10.45 Trans World Sport
The most eclectic coverage of sport on television, with everything from powerlifting to golf.
11.45 Sky Sports Centre
12midnight You're On Sky Sports!
12.30am Football League Review
1.00 Futbol Mundial
1.30 Trans World Sport
2.30 What a Weekend
3.00-3.15am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

6.00am International Cricket: Sri Lanka v Australia – LIVE
6.30 World Windsurfing
7.00 Aerobics
7.30 Sky Sports Centre
7.45 Racing News
8.15 Unbelievable Sports
8.45 Sky Sports Centre
9.00 Fish TV
9.30 Fish TV
10.00 World Pool League
11.00 International Cricket
1.00pm Spanish Football

3.00 International Cricket: Sri Lanka v Australia
Highlights of the one day international between Sri Lanka and Australia.

5.00 Inside the PGA Tour
5.30 Football League Review
A look at all of the action from the League.
6.00 What a Weekend
6.30 The Rugby Club
Stuart Barnes and Dewi Morris preview and review the latest action, plus an interview with one of the biggest names in the game. With Mark Durden-Smith.
7.30 Ice Hockey – LIVE
Dominik Holyer presents action from a key match in the Sekonda Superleague. Commentary comes from Steve James, while Nick Rothwell is at rinkside providing expert analysis.

10.00 Ford Golf USA: Bob Hope Chrysler Classic
The golfing action continues on day two of the Bob Hope Chrysler Classic.

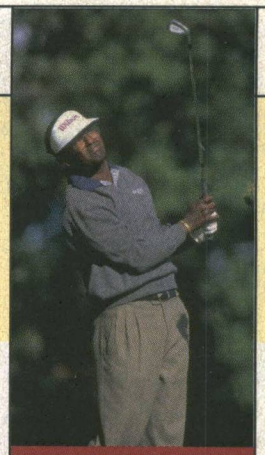
12midnight The Rugby Club
Including match highlights and player profiles.
1.00am Tight Lines
Angling queries.
2.00 Ice Hockey
4.30-4.45am Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon World Wrestling Federation – Superstars
1.00pm Fish TV: Fishing Texas Join Reid Ryan in the scenic state of Texas.
1.30 Fish TV: Tony Dean Outdoors
2.00 Sky Sports Classics-Gold: Nigel Mansell – IndyCar
Action from the 1993 IndyCar event.

3.00 The Entertainers: Wright and Shearer
3.30 Watersports World
Coverage of powerboating, jetskiing, water-skiing and canoeing.
4.30 Sports Unlimited
Up-to-date action review for the true sports lover. With everything from snowboarding and drag racing to biking and squash.
5.30 Unbelievable Sports
A look at some of the crazier sports.
6.00 Survival of the Fittest
Watch the athletes be put through their paces.
6.30 Inside the PGA Tour
7.00 Tight Lines
Bruno Brookes and Keith Arthur answer an assortment of angling queries.
8.00 International Cricket: Sri Lanka v Australia
The best of the action from the one day international between Sri Lanka and Australia. *Repeat from Sky Sports 2*

10.00-11.30pm Bobby Charlton's Football Scrapbook: Andy Gray
Sky Sports pundit and former Everton and Scotland ace Andy Gray joins Bobby Charlton and Dickie Davies to look back over some of the best moments from his glittering football career.



At the South African Open Vijay Singh takes on the world's best golfers. Sky Sports 1 11.30am – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15 Megastore Megabuys
Shopping from home.
6.30 Junior Masterfan
7.00 Red Hot News
The show that rounds up all the latest developments from Old Trafford.
7.30 Man-U Menu
With Mark Simkin.
8.00 Super Match – Reserve Match
Reserve team action from the men hoping to break into Alex Ferguson's all-star side.

10.00 Talk of the Devils
Journalists and fans chat about the latest team news.
10.45 F.A.N.
Presented by street-wise Reds fan Nick Cochrane.
11.15 The Insiders
11.30-12midnight Red Hot News
All the latest news and views.

SCI-FI
ACTION PACK

7.30am Bloomberg Information Television 8.00 Sightings 9.00 Buck Rogers in the 25th Century 10.00 Quantum Leap 11.00 Dark Shadows 11.30 The Ray Bradbury Theatre 12noon The Twilight Zone 1.00pm Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Buck Rogers in the 25th Century
Olympiad
Buck tries to help an athlete from the planet Loziria defect to Earth.
4.00 The Incredible Hulk
The Waterfront Story
David Banner continues his search to reverse the effects of an experiment.
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. Presented by Tim White.
6.00 Time Trax
Forgotten Tomorrows
Darien loses his memory when a fugitive from the future sprays him with a dangerous chemical.
7.00 Quantum Leap
Glitter Rock
Sam Beckett finds himself in the life of singer Tonic, and performing in front of 80,000 screaming fans.
8.00 Mercy Point
Last Resort
An influential figure demands that an alien be sacrificed in order to save his own son's life.
9.00 Babylon 5
Midnight on the Firing Line
Sinclair must maintain peace between the alien ambassadors aboard *Babylon 5.*
10.00 FILM: Lord of Illusions
Scott Bakula, Famke Janssen
Thriller. A private detective stumbles into a mystery involving a magician and his wife. When the magician's routine goes fatally wrong, the detective is drawn into a world of black magic. 1995
12midnight New Alfred Hitchcock
12.30am The Ray Bradbury Theatre
1.00 FILM: Halloween III: Season of the Witch *1983*
2.55 Sci-Focus
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

3.15pm Snooker
Coverage of the Nations Cup from Newcastle.
5.15 Heartbeat
Police drama set in a Sixties Yorkshire village. Starring Nick Berry, Derek Fowlds and Juliette Gruber.
6.00 Bedrock
Including celebrity guests, music and e-mail activity.
7.00 The Locker
Gabby Yorath presents the fitness-and-health show.

7.30 Pulling Power
More of the latest motoring news.
8.00 Airline
Real-life documentary series following a summer with the passengers and staff of British Airways.
8.30 Who, What, Why?
Current affairs programme that aims to make the week's big story easily understood with the help of video clips. Hosted by John Suchet.

9.00 A Thaw in Winter: Inspector Morse
The Dead of Jericho
Inspector Morse suspects foul play when an attractive woman is found dead at her home, even though all the evidence points to suicide.
11.00 The Mystery of Morse
How Colin Dexter's Inspector Morse was brought to our screens.
11.30 Emmerdale
12midnight-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight Ten Minute Free View 12.10am Suburban Tales 12.20 Unearthing Passions 12.45 FILM: Dog Walker 1.00 Five Minute Free View 1.05 FILM continues 2.00 Erotic Visions 2.25 FILM: Enchanted 3.40 Adult Party Games 4.10-5.30am FILM: Doin' the Harlem Shuffle

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Our First Time 12.35 Dungeon Dykes 1.00 Lesbian Fantasies 1.20 Madame Dominance Adult entertainment.
1.45 FILM: College Cuties Erotic feature.
3.05-4.00am FILM: Rainwoman Erotic feature.

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Senior Week *Alan Naggar, Jennifer Gorey* Comedy. *1987*
9.36 FILM: Blue Movies *Steve Levitt, Lucinda Crosby* Comedy. *1988*
11.05 Open Spaces Special – The Pick Up
11.25 Bikini Beach
11.45-12midnight Interludes – The Tutor

Thursday 21 January

Tina Dalton has close encounters with 'Deadly Australians'. Animal Planet 10.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Games Room
5.15 Crosswits
Cryptic crossword conundrums with Tom O'Connor.
5.45 The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Max Bygraves.
6.30 The Games Room
6.45 Catchphrase
Hosted by Roy Walker.
7.15 The Games Room
7.25 100 Per Cent
Quiz show without a host where three contestants face questions in isolation.
7.55 The Crystal Maze
Contestants tackle a series of ingenious games and challenges in a giant fantasy world. Hosted by Ed Tudor-Pole.

9.00 The Games Room
9.15 Strike it Lucky
Fast-action game show hosted by Michael Barrymore.
9.45 The Games Room
10.00 Candid Camera
More innocent members of the public are duped in front of a camera.
10.30 Don't Feed the Gondolas
11.00 Carnal Knowledge
Quiz show that reveals the British public's intimate secrets. Hosted by Graham Norton.
12midnight Strike it Lucky
12.30am Split Second
1.00 3-2-1 2.00 Love at First Sight 2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters
4.00 Fifteen to One
4.30 Don't Drink the Water
5.00-6.00am Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 The Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
Moral dilemmas are dramatised, explored, then discussed.
3.30 Lie Detector
Unmasking deception.
4.00
Indecent Proposals
Embarassment for cash.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Relationship advice for troubled souls.
5.30 The Why Files
Psychic investigations into the world of the unknown.
6.00
The Fashion Show
The latest update on the catwalk.
6.30
Indecent Proposals
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
Relationship advice for troubled souls.
8.00 The Why Files
Psychic investigations into the world of the unknown.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Dog Night LIVE
Coverage of the edge-of-your-seat action as and when it happens.
9.57 Topless Darts
10.00
Hollywood Uncovered
A revealing look at the skin-flick industry.
10.30 Exotica Erotica
Adult entertainment.
11.30 Blue Review
11.45 Janeycam
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Dancer 12.45 Pleasuredome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food Thought 10.00 Who's Cooking? 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Kitchen College 12noon Network 12.30pm For Better... 1.00 Food for Thought 1.30 Green Gourmet 2.00 Country Kitchen 2.30 Food Network 3.00 Retrospectives 3.30 Coxon's Kitchen College 4.00 From the Ground Up 4.30-5.00pm Caribbean Light

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 London Bridge
Claire panics when Nick catches her lacing Sam's coffee with Methadone.
6.30 Home to Roost
All You Need is Love
7.00 Boon
A Night at the Ballet
Ken is kept on his toes when he spends a night at the ballet, and discovers more drama than he wanted.
8.00 Animal SOS
Behind the scenes at an animal hospital.
8.30
Goodnight Sweetheart
Change Partners
9.00 St Elsewhere
Qui Transtulit Sustinet
Dr Morrison sinks deep into depression, blaming himself for his wife's accidental death.
10.00 The Other Side of Paradise
The war in Europe escalates and Koraloona faces a growing threat of invasion from Japan.
11.00
Hill Street Blues
Eighties American police drama series set in a tough urban area. Starring Daniel J Travanti and Bruce Weitz.
12midnight Home to Roost
All You Need is Love
Starring John Thaw.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon Horse Tales
Pardubice – The Devil's Race
12.30pm Going Wild
The Night of the Fox
1.00 Nature Watch with Julian Pettifer
Rhino
1.30 Australia Wild
Year of the Gagaudji
2.00 Wildlife ER
2.30 Human/Nature
Reporters travel the world charting man's relationships with animals and the elements.
3.30 Harry's Practice
A look at the work of vet Harry Cooper.
4.00 Jack Hanna's Animal Adventures
Wildlife Way Station
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
With Wendy Turner and Mark Evans.
5.30 Australia Wild
Spirits of the Forest
Visits Papua New Guinea.
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
Swamp Thing
7.00
Rediscovery of the World: Australia Part 3
Tasmania
Dive into Australia's coastal waters.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30
Klondike and Snow
A look at how the staff of Denver Zoo coped when a polar bear gave birth to twin cubs and then abandoned them.
9.30 Emergency Vets
Fly-on-the-wall series.
10.00
Deadly Australians
Arid and Wetlands
10.30
The Big Animal Show
Great Elephant Adventure
11.00 Wild Rescues
A look at the unique relationship between humans and animals.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons
9.30 Esther
10.00 The Cruise
10.30
Trust Me, I'm a Doctor
11.00 Club Expat
12noon
Tomorrow's World Plus
1.00pm Crime Limited
1.30 The Great Egg Race
2.05 Burgled
3.00 Zoo's Company
Elephant Appeal
Behind-the-scenes look at Australian zoos.
3.30 Vanessa
Talk show presented by Vanessa Feltz.
4.30 Esther
Bizarre Eating Habits
Esther Rantzen and her guests debate another controversial topic.
5.00 Hotel
The staff faces a potato crisis, and some important guests threaten to leave.
5.30 Future Fantastic
Hosted by Gillian Anderson.
6.00
The Ascent of Man
The Hidden Structure
A look at how the human race came to unlock the secrets of science.
7.00 Smallpox on Death Row
An examination into the arguments for saving the last remaining samples of the lethal smallpox virus.
8.00 Life on Earth
The story of life on the planet, from the first primitive cells to the plants and animals that now live around us.
9.00 Dr Benjamin Spock: Growing Up the Hard Way
Profile of Dr Spock, the world's most famous baby doctor.
10.00 The Cruise
Stormin' Norman
10.30
Billy Connolly's World Tour of Australia
A visit to a mining town.
11.20
Top Gear Take 2
Stunt Bikers
11.30
Jeremy Clarkson's Extreme Machines
12midnight
The Power and the Glory
Making a Marque
12.30am-1.00am
Crime Limited
Nick Ross presents the series intended to help crime victims by sympathetically telling their stories.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 Healthbeat 9.00 Sally Jessy Raphael 10.00 The View 11.00 Wilde About Flowers 11.30 Rosemary Conley's Low-Fat Cookbook 12noon The Makeover Show 12.30pm Healthbeat 1.00 Livetime 2.00 The View
3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00 The Good Housekeeping Show
Magazine programme.
4.30
Rosemary Conley's Low-Fat Cookbook
5.00-6.00pm Sally Jessy Raphael
Surprise... We Found Your Lost Love
American talk show.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Fishers in the Sky
A journey to Bass Rock in Scotland.
7.30
Nile, Above the Falls
8.00 Royal Blood
Revealing programme which looks at two majestic prides of lions coping with the daily challenge in raising their young.
9.00
Extreme Earth: In the Shadow of Vesuvius
How people strive to lead normal lives under the threat of volcanic eruption.
10.00 African Diary: Zebra – Patterns in the Grass
Watch the zebras run the gauntlet of death during their 300-mile migration.
11.00
On the Edge: Deep Into the Labyrinth
11.30 On the Edge: Yukonna
Sail up the Yukon River.
12midnight-1.00am
Ice bound: Arctic Journey
Follow David Mitchell and Dr Stephen Martin as they attempt to conquer the last great polar challenge, an unsupported crossing of the Arctic.

MTV
MUSIC & GAMES PACK

6.00am Kickstart MTV
A kick-start to the day with a prime selection of hits.
9.00 Mad for Hits
2.00pm So 90s
With sardonic commentary from Armstrong and Miller.
3.00 Bytesize MTV
4.00 Select MTV
Presented by Donna Air.
6.00 Biorhythm: Busta Rhymes
This biographical show presents the life of Busta Rhymes.
6.30 Non-Stop Hits
8.00 European Top 20
9.00 Bytesize MTV
10.00 George Michael TV
10.30
Artist Cut with George Michael
11.00 Non-Stop Hits
12midnight The Late Lick
The latest videos and news from the R&B scene presented by Trevor Nelson.
1.00am George Michael TV
1.30
Artist Cut with George Michael
2.00-6.00am Night Videos
Music to take you through the night.

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Bjorn Again 1.00pm Greatest Hits of... Abba 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Clare Grogan 7.00 Greatest Hits of... Abba 9.00 Bob Mills' Big 80s 10.00 Ten of the Best: Bjorn Again 11.00 Abba Live at the Beatclub 12midnight The Nightfly 1.00am VH1 Spice 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Snow Safari 12.30pm On the Horizon 1.00 Travel Live 1.30 Rich Tradition 2.00 Flavours of Italy 2.30 Travelling Lite 3.00 Dominika's Planet 4.00 Go Portugal 4.30 Journeys Around the World 5.00 Reel World 5.30 Around Britain 6.00 Rich Tradition 6.30 On Tour 7.00 Snow Safari 7.30 On the Horizon 8.00 Travel Live 8.30 Go Portugal 9.00 Dominika's Planet 10.00 Travelling Lite 10.30 Journeys Around the World 11.00 On Tour 11.30-12midnight Around Britain

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 Home Front 8.00 Style Challenge 8.30 All Over the Shop 9.00 Ready, Steady, Cook 9.30 Change That 10.00 How Does Your Garden Grow? 11.00 The Terrace 11.30 Real Rooms 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Looking Good 2.30 How Does Your Garden Grow? 3.30 Off the Beaten Track 4.00 Travel Show Guides 4.30 Holiday in Style 5.30 All Over the Shop 6.00 Can Ski...Will Ski! 6.30 Wilderness Walks 7.00 Travel Xpress 7.30 Travel Show Guides 8.00 Style Challenge 8.30 Change That 9.00 Waterlines 9.30 Ready, Steady, Cook 10.00 Real Rooms 10.30 All the Right Moves 11.00 The Flower Show 11.30 Growing Places 12midnight Travel Xpress 12.30am-1.00am Travel Show Guides

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Thursday 21 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 Painted House 8.00 Wedding Story 8.30 Baby Story 9.00 Simply Painting 9.30 Garden Rescue 10.00 Bloom 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt 12noon Australia's Home Improvements 12.30pm Doing it Up 1.00 Our House 1.30 Hometime 2.00 Wood Wizard 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

DISCOVERY
WORLD PACK

3.00 PM

4.00 PM
4.00pm Rex Hunt
Rex Hunt attempts to go nymph fishing.
4.30 Walker's World
Peru: The Inca Trail
With Anna Walker.

5.00 PM
5.00 Flightline
Presented by Brendan O'Brien and Celia Kench.
5.30 History's Turning Points
The Black Death – 1347

6.00 PM
6.00 Animal Doctor
Behind-the-scenes with the vets from the RSPCA.
6.30 Secrets of the Deep
Baffin Island
Underwater exploration looking below the ice around Baffin Island.
7.30 Beyond 2000
A look at the SOHO satellite.

8.00 PM
8.00 Discover Magazine
Living Fossils
Exploring common curiosities based on *Discover Magazine.*

9.00 PM
9.00 World Coloured Blue
NEW A voyage into the secrets of the sea and it's 500 million species, as well as it's volcanic vents.

10.00 PM
10.00 Nova
This Old Pyramid
The challenges faced by an archaeologist and a stone mason when they try to reconstruct a pyramid.

11.00 PM
11.00 Forensic Detectives
Lasting Impressions
A closer look at the evidence a criminal leaves behind.

12.00 NIGHT TIME
12midnight Skyscraper at Sea
1.00am History's Turning Points
The Black Death – 1347
1.30-2.00am Flightline
Brendan O'Brien and Celia Kench present this topical aviation magazine show.

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruitties 6.30 Tabaluga 7.00 Powerpuff Girls 7.30 Dexter's Laboratory 8.00 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 The Magic Roundabout 10.15 Thomas the Tank Engine 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm The Bugs and Daffy Show 12.45 Road Runner 1.00 Popeye 1.30 Droopy 2.00 The Addams Family 2.30 The Jetsons

3.00 Taz-Mania
Animated fun with the devil.
3.30 Scooby and Scrappy Doo
Spooky capers with the cowardly canine.
4.00 Powerpuff Girls
Super-hero chicks.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 I am Weasel
Furry animated fun.
5.30 Cow and Chicken
More cartoon comedy with the unlikely pair.
6.00 Animaniacs
Fun with the animals.
6.30 The Flintstones
Prehistoric men behaving badly – but they have big hearts in their loincloths.
7.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse.
7.30 Looney Tunes
Crazy cartoon fun.
8.00 Cartoon Cartoons
A mega-dose of animated fun with this cartoon extravaganza.
8.30-9.00pm Cultoon

Some of the millions of aquatic species are found in 'World Coloured Blue'. Discovery 9.00pm

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear /Budgie/Animal Antics 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Clangers/King Rollo /Wombles/Bod 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
A slice of the Beeb's best kids' shows.
3.30 Pippi Longstocking
4.00 Hey Arnold!
More adventures with the quiffed King of cool.
4.30 Rugrats
More tearaway fun with the nappied nippers.
5.00 Sister Sister
More sibling comedy in this American series.
5.30 Kenan & Kel
Starring Kenan Thompson and Kel Mitchell.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy following the life of spoilt teenager Cher.
7.30 Grace Under Fire
8.00 Roseanne
Altar Egos
Fred and Jackie can't decide whether to marry.
8.30 NewsRadio
The Rat Funeral
9.00 Cybill
Little Bo Peep
Cybil has a personal appearance at a zoo.
9.30 Vic Reeves Big Night Out
10.00 Frasier
Ham Radio
10.30 Cheers
Little Carla Happy at Last – Part II
American sitcom.
11.00 Seinfeld
The Cheever Letters
George begins to write.
11.30 The Larry Sanders Show
Hank's Wedding
12midnight Late Night with David Letterman
1.00am Taxi
With Danny DeVito.
1.30 The Critic
2.00 Dr Katz
2.30 Soap
3.00 Wings
3.30-4.00am Nightstand

FOX KIDS
FAMILY PACK

6.00am Power Rangers Turbo 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong Country 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 The Incredible Hulk 10.15 Casper 10.30 Oggy 10.55 Mouse and the Monster 11.05 Eek!Stravaganza 11.30 Life with Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05 The Incredible Hulk
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
Cartoon fun.
4.00 Spiderman
Animated hero adventures.
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
5.00 Goosebumps
5.25 Eerie, Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong Country
6.25 Sam and Max
6.50-7.00pm Eek!Stravaganza
Weird cartoon fun.

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection!
7.00 Bargain Shop!
7.30 Silversmith
8.30 Branded!
9.30 Good Hair Days
10.00 Beauty Secrets
11.00 In the Kitchen with Susan Brookes
12noon Dress for Less
1.00pm Bargain Shop!
1.30 Shop Selection!
2.30 Do it Yourself!
3.00 Plugged in
4.00 Dimanti Designs
5.00 Shop Selection!
6.00 In the Kitchen with Susan Brookes
Culinary secrets from TV chef Susan.
7.00 Beauty Secrets
Essential kit and advice for dealing with problem skin.
8.00 Dress for Less
9.00 Dimanti Designs
10.00 Plugged in
The best appliances for your home, as recommended by the experts.
11.00 In the Kitchen with Susan Brookes
12midnight Bargain Shop!
12.30am Shop Selection!
1.30 Dress for Less
2.30 Good Hair Days
3.00 Dimanti Designs
4.00 Beauty Secrets
5.00-6.00am Plugged In

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 9.00 News 9.30 The World Today 10.00 News 12noon News 1.30pm UK Today 2.00 News 2.30 The World Today 3.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Face in the Crowd 5.00-6.00am BBC News 24

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 6.00am Morning 6.30 Moneyline 7.00 Morning 7.30 Sport 8.00 Morning 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American 12.30pm Science 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Travel 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.30 Q&A 2.00 Larry King 4.15 American 4.30-5.00am Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 Fashion TV 4.30 CBS Evening News 5.30-6.00am Global Village

INTERNATIONAL

TV5 5.30am Télématin et Le Journal du Temps 7.00 Infos 7.05 Journal Télévisé de Radio Canada 7.30 A Bon Entendeur 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé 9.30 Fiction 10.00 Fiction 11.00 Infos 11.05 Voilà Paris 11.30 Journal Télévisé France 12noon Infos 12.05pm Magazine 1.00 Journal Télévisé 1.30 Fiction 2.00 Fiction 3.00 Journal Télévisé 3.30 Mediterraneo 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.30 Fiction 6.00 Fiction 7.00 Journal Télévisé Suisse 7.30 Journal Télévisé de France Télévision et Le Journal 8.00 Infos 8.05 Le Point 9.00 Journal Télévisé 9.30 Fiction 11.00 Journal Télévisé Belge 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Balcony 12.30pm Galatnaama 1.00 Zameen Aasman 1.30 FILM 4.00 Krodpati Fokatlal 4.30 Nasal 5.00 Aashiana 6.00 Dekh Bhai Dekh 6.30 Dard 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am A Mouthful of Sky 1.00 FILM 4.00 Galatnaama 4.30 Balcony 5.00 Classical Music 6.00 Holy Quran 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Hero Kal Aaj Aur Kal 6.30 Awaaz Nayee Andaz Wohi 7.00 Faith 7.30 Daily News 8.00 Karobari Duniya 8.30 Sailaab 9.00 Zanjeeren 9.30 Health Show 10.00 Hawaain 11.00 Pot Luck 11.30 Parampara 12noon FILM: Thekathi Kalan 3.00pm Zee Bangla 3.30 Public Demand 4.00 Campus 4.30 Fairdeal Antakshari 5.30 Daraar 6.00 Pop Time 6.30 Hip Hip Hurray 7.00 Gudgudee 7.30 Cine Magic 8.00 News 8.30 Chahat Aur Nafrat 9.00 Himalaya's Hasratein 10.00 Blunt 10.30 Anhonee 11.00 Mujhe Chaand Chahiye 11.30 About You 12midnight News 12.30am Business Show 1.00 Bangla 1.30 Raahat 2.00 FILM: Khuda Kasam 4.30 An Hour with... 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 5.00 Light and Life/ Dynamic Gospel Ministries 6.00 Voice of Faith 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is your Day 8.15 Good Morning Europe 8.30 Potters House 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Rick Joyner 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.19am Fund Manager's Corner 3.49 Technology Report 4.24am Sport

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am House of Lords 7.00 The Record 7.30 House of Lords 2.30pm House of Commons 11.00 The Record 11.30-12midnight European Focus

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
Roy and Lynne sleep together.
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War
5.00 Four Years of Thunder
Bloody April – 1917-1918
6.00 Lost Civilizations: Rome: The Ultimate Empire
7.00-8.00pm Story of the Gun
Wild Frontiers
The history of Colt's pistol and Winchester's repeating rifle, guns used by cowboys, lawmen and desperados.

SKY TRAVEL
LIFESTYLE PACK

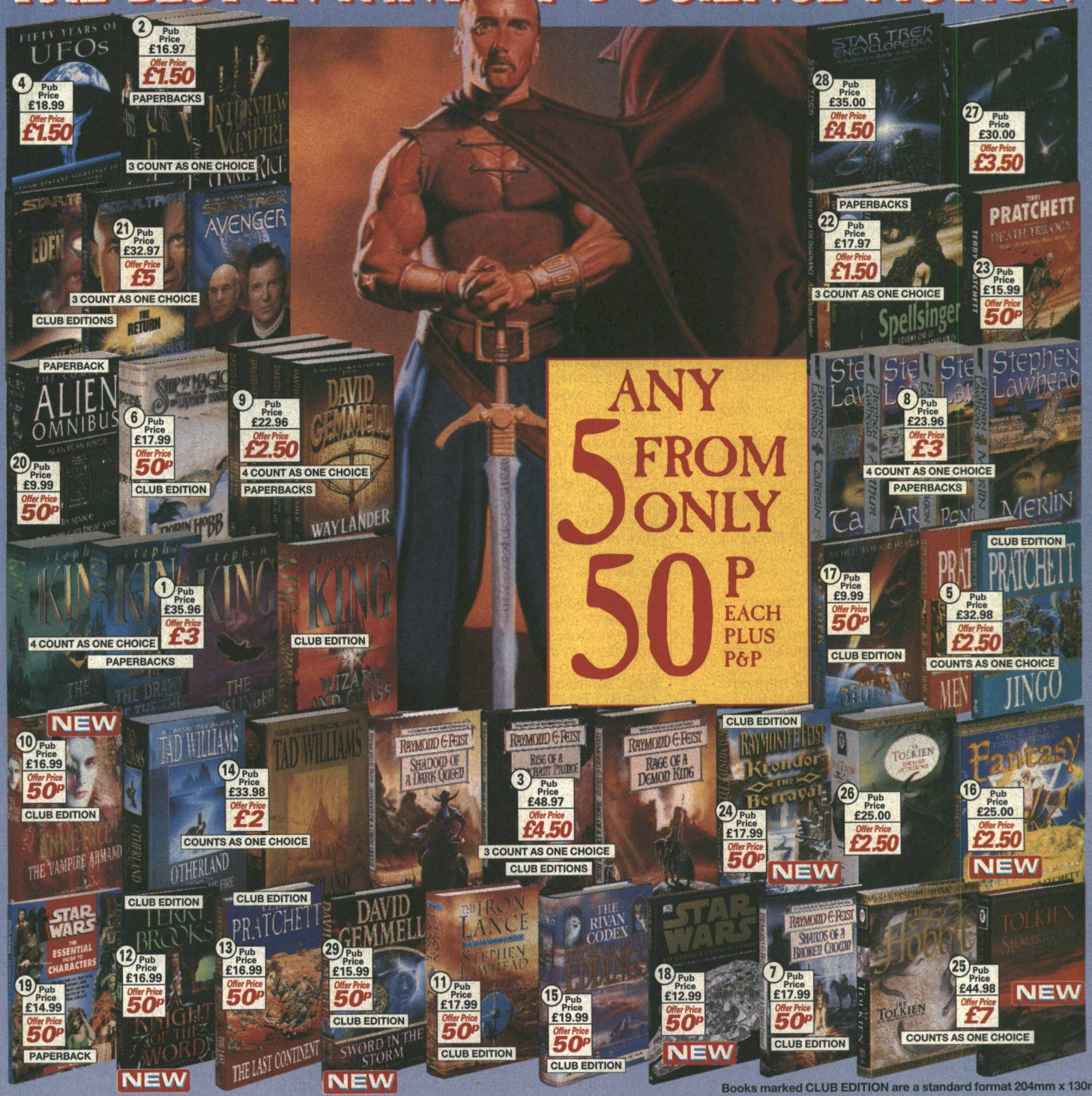
11.00am Dales Diaries
11.30 Sky Destinations
12noon Travels with Chuck Henry
12.30pm Getaway
1.00 Practical Guide to Europe: North London
1.30 Was It Good for You?
2.00 Independent Travellers' Guide
New York
3.00 Around the World
3.30-4.00pm Great Escapes

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Salon with Alison at 4.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

THE BEST IN FANTASY & SCIENCE FICTION


ANY 5 FROM ONLY 50P EACH PLUS P&P
1 Pub Price £35.96 Offer Price £3
4 COUNT AS ONE CHOICE
PAPERBACKS
2 Pub Price £16.97 Offer Price £1.50
PAPERBACKS
3 COUNT AS ONE CHOICE
4 Pub Price £18.99 Offer Price £1.50
21 Pub Price £32.97 Offer Price £5
3 COUNT AS ONE CHOICE
CLUB EDITIONS
20 Pub Price £9.99 Offer Price 50P
PAPERBACK
6 Pub Price £17.99 Offer Price 50P
CLUB EDITION
9 Pub Price £22.96 Offer Price £2.50
4 COUNT AS ONE CHOICE
PAPERBACKS
28 Pub Price £35.00 Offer Price £4.50
27 Pub Price £30.00 Offer Price £3.50
22 Pub Price £17.97 Offer Price £1.50
PAPERBACKS
3 COUNT AS ONE CHOICE
23 Pub Price £15.99 Offer Price 50P
8 Pub Price £23.96 Offer Price £3
4 COUNT AS ONE CHOICE
PAPERBACKS
17 Pub Price £9.99 Offer Price 50P
CLUB EDITION
5 Pub Price £32.98 Offer Price £2.50
COUNTS AS ONE CHOICE
CLUB EDITION
10 Pub Price £16.99 Offer Price 50P
NEW
CLUB EDITION
14 Pub Price £33.98 Offer Price £2
COUNTS AS ONE CHOICE
3 Pub Price £48.97 Offer Price £4.50
3 COUNT AS ONE CHOICE
CLUB EDITIONS
CLUB EDITION
24 Pub Price £17.99 Offer Price 50P
NEW
26 Pub Price £25.00 Offer Price £2.50
16 Pub Price £25.00 Offer Price £2.50
NEW
19 Pub Price £14.99 Offer Price 50P
PAPERBACK
CLUB EDITION
12 Pub Price £16.99 Offer Price 50P
NEW
CLUB EDITION
13 Pub Price £16.99 Offer Price 50P
29 Pub Price £15.99 Offer Price 50P
CLUB EDITION
NEW
11 Pub Price £17.99 Offer Price 50P
CLUB EDITION
15 Pub Price £19.99 Offer Price 50P
CLUB EDITION
18 Pub Price £12.99 Offer Price 50P
NEW
7 Pub Price £17.99 Offer Price 50P
CLUB EDITION
25 Pub Price £44.98 Offer Price £7
NEW
COUNTS AS ONE CHOICE

Books marked CLUB EDITION are a standard format 204mm x 130mm.

The Fantasy & SF Book Club, Swindon, SN99 9XX

HEROIC ADVENTURE, ACTION, EXCITEMENT? STAY IN BED!

You could pull on your armour or blaster-proof space suit, grab your sword or laser gun and head off in pursuit of the dark rulers of magical lands, or to claim the bounty on inter-galactic pirates.

But waiting at the bus stop dressed like that is not the best way to get to where you want to go.

With the Fantasy & SF Book Club your thirst for adventure can be satisfied without even changing out of your pyjamas – although certain people have been to the end of the universe wearing theirs!

You'll be offered the very best and latest titles from the world's bestselling fantasy and science fiction authors. From Tolkien to Terry Pratchett and Terry Brooks, David Eddings to David Gemmell, Isaac Asimov, William Gibson and Douglas Adams, you'll find what you're looking for.

To become a member of the Fantasy & SF Book Club, choose any five of the books shown here from only 50p EACH (plus £2.95 p&p). BUT SEND NO MONEY NOW – you'll get them all on ten days' approval.

WHAT DO YOU GET?

- A remarkable range of Fantasy and SF books, videos and CD ROMs
- A FREE magazine approximately every two months
- Guaranteed savings of up to 40% off publishers' prices
- An experienced, quality service delivering books to your door.

All we ask of you is that you buy at least one book from each magazine for a minimum of four magazines.

To apply for membership of the Fantasy & SF Book Club, complete and return the coupon today.

DMA

FANTASY & SF™ BOOK CLUB

To: Fantasy & SF Book Club, P.O. Box 199, Swindon, SN3 4PX

To ensure that we provide our members with the very best service and value for money, membership is subject to acceptance and we may consult a licensed credit reference agency who may record the search. Applicants must be over 18 years of age and the offer is available in the UK only. Please allow 28 days for delivery.

Enter the codes of your choices here: ☐☐☐☐☐

Mr/Mrs/Miss/Ms _____

BLOCK LETTERS

Address _____

_____

_____

Postcode _____

Tel. no. (incl. STD code) _____

PLEASE SEND NO MONEY NOW

CKK08

Friday 22 January

SKY PREMIER
PREMIUM CHANNEL

6.00am Matilda
Text *1996, rating Sky PG, 94 mins*
8.00 Old Yeller
Dorothy McGuire, Fess Parker 1957, rating Sky PG, 80 mins
10.00 Shaughnessy
Matthew Settle, Linda Kozlowski 1996, rating Sky PG, 89 mins
12noon After Jimmy
Meredith Baxter, Bruce Davison 1996, rating Sky PG, 88 mins
2.00pm Old Yeller
Dorothy McGuire, Fess Parker
Moving family drama about a young boy who reluctantly adopts a stray yellow mongrel, Old Yeller. After a series of adventures and scrapes, they become firm friends. *1957, rating Sky PG, 80 mins*

4.00 Shaughnessy
Matthew Settle, Linda Kozlowski, Michael J White
Drama about an Irish-American who flees New York after becoming the target of a violent gang. Leaving his girlfriend, he heads west, but soon encounters hostility from the locals in the small town he chooses as his new home. *1996, rating Sky PG, 89 mins*

6.00 Matilda
Danny DeVito, Rhea Perlman, Embeth Davidtz, Pam Ferris
Enchanting fantasy about a girl with magical powers. Her parents don't seem to have any interest in her and pack her off to a prison-like boarding school. When she discovers that she has magical abilities, she determines to get even with the grown-ups. Text *1996, rating Sky PG, 94 mins*

8.00 White Man's Burden
John Travolta, Harry Belafonte, Tom Bower, Margaret Avery
Drama set in an America in which blacks are the oppressors and whites are treated as an inferior race. When a factory worker is fired by his prejudiced boss, the authorities will not help, and instead treat him as a second-class citizen. *1995, rating Sky 15, 85 mins*

10.00 Primal Fear
Richard Gere, Laura Linney, Edward Norton, John Mahoney
Courtroom thriller about a publicity-seeking lawyer who takes on the case of an altar boy who is accused of murdering his archbishop. He is convinced of his client's innocence – but there's more to this than meets the eye. Text *1996, rating Sky 18, DS, 125 mins*

12.10am Entertaining Angels
Moira Kelly, Heather Graham
Text *1997, rating Sky 12, 107 mins*
2.05 Riders of the Purple Sage
Ed Harris, Amy Madigan 1996, rating Sky 12, 93 mins
3.45-5.30am Breaking In
Bill Forsyth, Burt Reynolds 1989, rating Sky 15, DS, 91 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.10am The Undercover Kid
Bradley Pierce, Melora Hardin 1995, rating Sky PG, 87 mins
9.00 Shootdown
Angela Lansbury, George Coe 1988, rating Sky PG, 93 mins
11.00 Susie Q
Shelley Long, Justin Whalin 1996, rating Sky PG, 89 mins
1.00pm The Undercover Kid
Bradley Pierce, Melora Hardin 1995, rating Sky PG, 87 mins

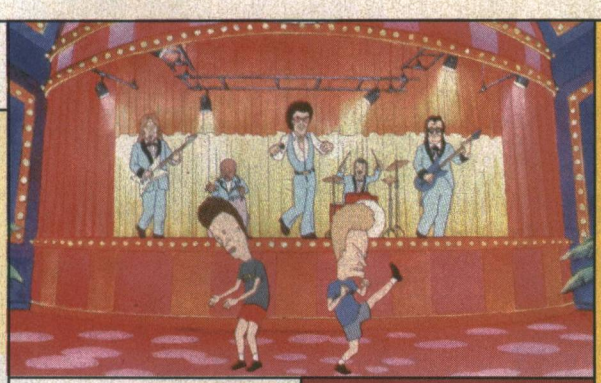
3.00 Shootdown
Angela Lansbury, George Coe
Drama based on the shooting down of a Korean Air Lines Boeing 747 over the former Soviet Union in 1983, in which more than 400 people died. The mother of a victim tries to find the truth behind the shooting, but encounters a wall of silence from the authorities. *1988, rating Sky PG, 93 mins*

5.00 Susie Q
Shelley Long, Justin Whalin, Amy Jo Johnson
Susie Quinn died in a car crash in the Fifties but now, 40 years later, she's back to help her financially troubled parents and Zach, a teenager growing up without a father. *1996, rating Sky PG, 89 mins*

7.00 P:review
A sneak peek at what's coming up on Sky in the following week.
7.30 UK Top Ten
The UK's current box office blockbusters.

8.00 Action Heroes: Wesley Snipes
A look at the star of such films as *One Night Stand* and *Blade*.
8.30 Movie Magic: Mouthing Off
9.00 Beavis and Butt-head Do America
Voices of Mike Judge, Robert Stack, Cloris Leachman
PREMIERE Beavis and Butt-head, the rock-loving teenaged dudes, find that their lives fall apart when their beloved TV set is stolen. Text *1996, rating Sky 12, 78 mins*
10.30 The Naked Gun 2½: The Smell of Fear
Leslie Nielsen, Priscilla Presley, O J Simpson
Slapstick comedy in which Lieutenant Frank Drebin returns to investigate another case. *1991, rating Sky PG, 82 mins*

12midnight Vegas Vacation
Chevy Chase, Beverly D'Angelo
Text *1997, rating Sky PG, 91 mins*
1.35am It's My Party
1996, rating Sky 15, 105 mins
3.25 The Protector
1997, rating Sky 18, 89 mins
5.00-6.30am Vegas Vacation
Text *1997, rating Sky PG, 91 mins*



The animated duo get on down in 'Beavis and Butt-head Do America'. Sky MovieMax 9.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm Spellbound
Ingrid Bergman, Gregory Peck, Leo G Carroll, John Emery
Alfred Hitchcock's spine-tingling mystery about a shrink who attempts to unravel the mind of an asylum head who may be a killer. With an Oscar-winning score by Miklos Rozsa and dream sequences arranged by Salvador Dali. *1945, rating Sky PG, 111 mins*

6.00 Irene
Anna Neagle, Ray Milland, Alan Marshal, Roland Young, May Robson, Billie Burke, Marsha Hunt, Arthur Treacher, Tommy Kelly
Herbert Wilcox's musical drama about a humble working girl who becomes the object of a wealthy playboy's affections. *1940, rating Sky U, 82 mins*

8.00 The Black Windmill
Michael Caine, Joseph O'Conor, Donald Pleasence, John Vernon, Janet Suzman, Joss Ackland
Don Siegal's slick thriller, about an espionage agent in pursuit of the criminals who have kidnapped his young son. Also known as *Drabble*. *1974, rating Sky PG, 101 mins*

10.00 North Dallas Forty
Nick Nolte, Charles Durning, Mac Davis, Dayle Haddon, G D Spradlin, Bo Svensen, Steve Forest, John Matuszak
Drama with comic touches about a labour abuse scandal within America's National Football League. *1979, rating Sky 18, 113 mins*

12midnight To Live and Die in LA
William L Petersen, Willem Dafoe 1985, rating Sky 18, 111 mins
1.55pm The Dark Past
1948, rating Sky PG, 71 mins
3.15 The Directors: The Films of Sidney Lumet
4.15-5.25am The Scarlet Claw
1944, rating Sky PG, 70 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm WCW Nitro on TNT
An hour of the latest WCW wrestling action from the US.

11.35 WCW Thunder
WCW wrestling action from the US.

1.15am Brotherly Love
Peter O'Toole, Susannah York
Comic drama about an aristocrat and his sister. *1969, 108 mins*
3.15-5.00am The Venetian Affair
Robert Vaughn, Elke Sommer
Thriller. The CIA investigates the bombing of an international peace conference. *1967, 92 mins*

Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm A River Runs Through it
Craig Sheffer, Brad Pitt, Tom Skerritt, Brenda Blethyn, Emily Lloyd
Robert Redford directs this vivid and engrossing third film which examines the lives over the years of two very different brothers who grow up in Montana. *1992, 118 mins*

8.05 The Madness of King George
Nigel Hawthorne, Helen Mirren
Alan Benett's award-winning drama about the vibrant and eccentric leader. Thirty years into his reign, King George begins to act in a bizarre fashion, and a corrupt Parliament plots with the Prince of Wales to have him declared mad. *1994, 105 mins*
9.55 The Making of Betty Blue
A behind-the-scenes look at the making of Beineix's classic film.
10.20 Betty Blue
Beatrice Dalle, Jean Hughes Anglade, Consuelo De Haviland
Director's cut of Jean-Jacques Beineix's award-winning erotic drama in which a woman's passionate affair with a would-be writer drifts towards tragedy. *1986, 177 mins*
1.20am Beautiful Thing
Glen Berry, Scott Neal
Fantasy drama. *1995, 87 mins*
2.50 Jamon Jamon
Penelope Cruz
Sex farce. *1992, 90 mins*
4.20-6.00am Life is Sweet
Jim Broadbent, Alison Steadman
Mike Leigh comedy. *1990, 98 mins*

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
TRIAL AND ERROR
Courtroom comedy in which an actor ends up impersonating his lawyer buddy in court. Stars Michael Richards, better known as *Seinfeld*'s Kramer. *1997, rating Sky 12, 94 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
WINGS OF THE DOVE
Romantic period drama based on the novel by Henry James. Stars Helena Bonham Carter, Linus Roache and Michael Gambon. *1997, rating Sky 15, 100 mins*
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm 4.00am

Sky Box Office 3
Channel 53
ALL DAY MOVIE TICKET: THE BORROWERS
Comic adventure. *1997, rating Sky U, 83 mins*
PLAYS AT 6.00am, 7.30am, 9.00am, 10.30am, 12noon, 1.30pm, 3.00pm, 4.30pm, 6.00pm, 7.30pm, 9.00pm, 10.30pm, 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 4
Channel 54
ONE NIGHT STAND
Haunting, erotically charged examination of infidelity from *Leaving Las Vegas* director Mike Figgis. Starring Wesley Snipes, Nastassja Kinski and Robert Downey Jr. *1997, rating Sky 18, 99 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You
The Wedding Affair Text
1.30 Jeopardy
2.00 Sally Jessy Raphael

3.00 Jenny Jones
Double Geek to Double Chic
In today's show guests are made over and given a totally new look.

4.00 Guilty!
Tackles the crimes and misdemeanors committed by friends, families, lovers and colleagues with the help of a judge and jury.
5.00 Star Trek: Deep Space Nine
By Inferno's Light
Cardassia joins the Dominion and prepares to take over the Alpha Quadrant. Text
6.00 Married... With Children
Breaking Up is Easy to Do – Part II Text
6.30 Friends
The One Where Eddie Won't Go
7.00 The Simpsons
The Wizard of Evergreen Terrace Text
7.30 The Simpsons
The Two Mrs Nahasapeematpetilons Text
8.00 Beat the Crusher
An anarchic, chaotic gameshow hosted by comedian Freddie Starr and glamour-model-turned-television-presenter Melinda Messenger.
9.00 UFOs
Above and Beyond
A special showcase of more than 150 film and video clips featuring UFO sightings. Hosted by James Doohan.
10.00 Cops
Fly-on-the-wall series.
10.30 Cops
A deputy helps to sort out an alleged domestic dispute between a mother and her daughter.
11.00 Friends
The One Where Eddie Won't Go Text
11.30 Star Trek: Deep Space Nine
By Inferno's Light Text
12.30am Highlander: The Series
Pharaoh's Daughter
MacLeod feels the Buzz coming from an ancient sarcophagus and opens it to find Nefertiri, Cleopatra's handmaid, buried 2000 years ago with her mistress.
1.30-7.00am Long Play
It's a VJ-free music zone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
No More Milk

3.25 The Bill
An Englishman's Home
A neighbours' dispute erupts into violence.
3.55 EastEnders
More drama from Albert Square.
4.30 Rhoda
The Lady in Red
Rhoda has to deliver the eulogy at the funeral of an author who specialised in X-rated books.
5.00 All Creatures Great and Small
Plenty to Grouse About
Drama series about James Herriot's experiences as a vet, starring Christopher Timothy.
6.00 Dynasty
Blake's attorney tries to prove that the death of Steven's lover was an accident, and Claudia Blaisdel is called to the stand but is later involved in a tragedy.
7.00 2Point4 Children
Saturday Night and Sunday Morning
A mystery man offers Bill a ride on the back of his motorbike.
7.40 It Ain't Half Hot, Mum
Class of 1945
8.20 Yes, Minister
Equal Opportunities
Sitcom about a British government minister.
9.00 The Thin Blue Line
The Queen's Birthday Present
Raymond and Patricia are looking forward to celebrating ten years of being together.
9.40 Knowing Me, Knowing You... With Alan Partridge
Steve Coogan's spoof talk show.
10.20 Ruby Wax Meets... Goldie Hawn
Ruby gets down to girl talk.
11.00 The Bill
No More Milk
A 14-year-old tearaway gives Rawton and Page serious grief.
11.30 The Bill
An Englishman's Home
12midnight Dr Who Omnibus
Sensorites
The Tardis lands on a gigantic spaceship from 28th-century Earth.
2.30-3.00am Best of the Old Grey Whistle Test

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Living Issues
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
Anthology mystery series.
2.10 LA Law

3.10 Living Room
Jayne Irving and Amanda Cross host an upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.
4.00 Michael Cole
I'm Obsessed by My Idol
The one-time director of public affairs for Harrods tackles sensational subjects.
4.50 Rolonda
Can This Relationship Be Saved?
Audience participation talk show from America.
5.40 Ready, Steady, Cook
Today's guest chefs are Ainsley Harriott and Nick Nairn.
6.15 The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.
7.05 Rescue 911
Real-life rescues by the American emergency services.
7.35 Animal Rescue
8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.
9.00 FILM: Dying to Love You
Tim Matheson, Tracy Pollan, Christine Ebersole
Tense thriller about a lonely, divorced man who places an ad in the personal column of a newspaper and thinks that he has struck gold when a young woman responds. But he gradually realises that she is not quite what she seems. *1993*
11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls
7.00 On the Buses 7.30 Doctor in the House 8.00 That's My Boy
8.30 Up the Garden Path 9.00 Classic Coronation Street
9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Agony
2.00 thirtysomething

3.00 The Love Boat
The Last of the Stubing
Stubing's nephew joins the crew, an embezzler is strongly attracted to a beautiful woman, and a man causes friction.
4.00 The Saint
The Master Plan
The Saint volunteers to help a girl find her missing brother – and plunges into a fantastic dope-smuggling drama.
5.00 Hawaii Five-0
Bones of Contention
McGarrett digs into a 33-year-old mystery when he links a Honolulu murder to a valuable human fossil.
6.00 Emmerdale
6.30 Classic Coronation Street
Gail learns that Ron has returned without Brian, and Len forbids Sharon to stay out.
7.00 Mission: Impossible
The Emerald
The IMF is assigned to recover microfilm plans but it is attached to a priceless emerald which has fallen into the wrong hands.
8.00 The Love Boat
The Last of the Stubing
Stubing's nephew joins the crew, an embezzler is strongly attracted to a beautiful woman, and a man causes friction.
9.00 Classic Coronation Street
9.30 The Comedians
Stand-up comedy.
10.00 Jokers Wild
10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm The Hot House
Presented by Kim Hughes and Malcolm Jeffries, featuring non-stop chat, comedy, music and special guests.
11.30 Real Sex
12midnight Weird!
12.20am Lady Lust
12.30 Undressed with Guest
Jo Guest sets out to discover the next Page Three stunner.
12.50 Lord Lust's Lovelies
1.00 Battling Babes
1.30-2.00am Elvis Has Just Left the Building

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 Dalmatians 8.00 Goof 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Tots TV 10.30 Big Garage 10.45 PB & J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.15 Tots TV 1.30 Big Garage 1.45 PB & J Otter 2.00 Quack Pack 2.30 Winnie the Pooh

3.00 The Little Mermaid
The adventures of the beautiful mermaid Ariel and her friends, Sebastian and Flounder. Text
3.30 Art Attack
Hosted by Neil Buchanan. Text
4.00 101 Dalmatians
Canine capers and daring doggy deeds. Text
4.30 Hercules: The TV Show
Demi-god action.
5.00 Recess Text
5.15 Pepper Ann
Pepper Ann wants to be cool at all costs – but her family seems determined to thwart her. Text
5.30 Smart Guy Text
6.00 Teen Angel
Feathers Day Text
6.30 Boy Meets World
Last Tango in Philly
Cory learns an important lesson: he doesn't understand women.
7.00 Honey, I Shrunk the Kids: The TV Show
Honey, The House is Trying to Kill Us
Wayne invents FRAN. Text
7.50 Classic Toons
8.00 FILM: Knight in Camelot
Whoopi Goldberg, Michael York, Amanda Donohoe, Ian Richardson
Modern computer technology battles it out with medieval sorcery as a computer researcher's experiment drops her back in time to 589 A.D. *1998*
9.30 Home Improvement
10.00 Dinosaurs Text
10.30 The Wonder Years
The Family Car Text
11.00-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

FRIDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

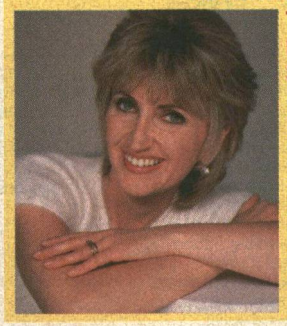
FILM

Beavis And Butt-head Do America
Sky MovieMax 9.00pm
Those animated dudes Beavis and Butt-head prove that you don't need a brain to star in a movie – just a cruel sense of humour. Their lives fall apart when their beloved TV set is stolen, so they embark on a crazy cross-country adventure to get it back.

GENERAL

Agony
Granada Plus 1.30pm
Maureen Lipman is at her best as Jane the agony aunt who has more problems than any of her readers. Tonight, Jane has had enough of her husband's demands and philandering, so she walks out on him and goes to stay with her gay friends.

ADVERTISEMENT



THE LIVING ROOM
3.10PM
Join Jayne Irving and Amanda Cross in their comfy living room as they talk to top celebs, present real-life stories, beauty ideas and best buys. Experts will pop in to discuss ideas about cookery, plus there are film reviews and parenting advice, too.

Friday 22 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM MORNING

7.30am Car on Ice
8.00 Ski Jumping
8.30 Luge
9.00 Alpine Skiing – LIVE
10.00 Alpine Skiing – LIVE
Action from the Women's World Cup in Italy.
11.30 Alpine Skiing – LIVE
12.30pm Biathlon – LIVE
Coverage from the World Cup in Antholz, Italy.
2.00 Tennis
All the latest action from the fifth day of competition at the Australian Open in Melbourne. The 1999 prizepool is $A11.75 million which is a 17.5 per cent increase over last year's total prize money. First played in 1905, this year's Open is the 86th edition. The tournament has been held at six different venues: Sydney, Adelaide, Brisbane, Perth, New Zealand and Melbourne since 1972 and Flinders Park was built in 1986. This year the defending title holders are Petr Korda and Martina Hingis.

8.00 Bowling
Coverage from the men's second round event of the 1999 Golden Bowling Ball in Dresden, Germany.

9.00 Boxing
Coverage of an international contest.

10.00 Tennis
Highlights from the Australian Open in Melbourne.

11.00 Xtrem Sports
YOZ Mag

12.00 NIGHT TIME

12midnight-1.00am Luge
Another chance to see action from the Natural Track World Cup from Bad Goisern in Austria.

SKY SPORTS 1
PREMIUM CHANNEL

6.30am Futures in Sport
7.00 Sky Sports Centre
7.15 WWF – Superstars
8.15 Sky Sports Centre
8.30 Racing News 9.00 Aerobics Oz Style 9.30 You're On Sky Sports!
10.00 What a Weekend
10.30 Trans World Sport
11.30 Euro Tour Golf: South African Open – LIVE 2.30pm Football League Review

3.00 The Rugby Club
Mark Durden-Smith presents a roundup of the latest news and match highlights, plus interviews with the top stars.

4.00 Trans World Sport
Featuring in-depth news, views and information on everything from the ordinary to the downright bizarre.

5.00 Futbol Mundial
Football action from all over the world.
5.30 What a Weekend
All the developments from the weekend's sport.

6.00 Sky Sports Centre
All you could possibly ask for in terms of up-to-the-minute sports news.

7.00 Euro Tour Golf: South African Open
Another chance to see all the best action from day two of the South African Open in Cape Province.

Ernie Els returns to defend his title and make a bid for the £455,795 first prize.

10.00 Sky Sports Centre
Catch up with news and views from the most comprehensive sports service on television.

11.00 Hold the Back Page
Join a selection of football journalists who cast their eyes over the big stories making the headlines.

12midnight Sky Sports Centre
All the latest sporting news.
1.00am World Wrestling Federation – Raw
3.00 Hold the Back Page
4.00 Sky Sports Centre
5.00-6.00am Motorcycling: AMA Grand National Series

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 What a Weekend
8.45 Sky Sports Centre
9.00 Tight Lines
10.00 Ice Hockey
Repeated from Thursday.
12.30pm The Rugby Club
1.30 Tight Lines
With Bruno Brookes.
2.30 Survival of the Fittest

3.00 Ice Hockey
Another chance to see all the action from a key match in the Sekonda Superleague, presented by Dominik Holyer. With commentary from Steve James and expert rinkside analysis from Nick Rothwell.

5.30 Gillette World Sport Special
A roundup of the worlds more alternative sports.

6.00 Moto-Plus
Motoring mayhem.
6.30 H_2O
Featuring sailing news and action from events at Cowes Week.

7.00 Friday Night Football – LIVE
Marcus Buckland presents action from the Nationwide League as two teams, dreaming of a place in the big time, battle it out for those precious points. Commentary from Rob Hawthorne and Alan Brazil.

10.00 Ford Golf USA: Bob Hope Chrysler Classic
Action from the USA as the Chrysler Classic reaches its third day.

12midnight International Cricket: South Africa v West Indies
2.00am Sky Sports Centre
3.00 H_2O
3.30-6.00am International Cricket: England v Sri Lanka – LIVE
Introduced by Mark Nicholas.

SKY SPORTS 3
PREMIUM CHANNEL

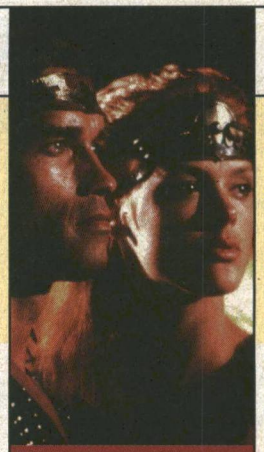
11.30am Futures in Sport
A helping hand for anyone who requires training in sports business, management and sponsorship.
12noon Survival of the Fittest
One of the toughest tournaments ever staged puts athletes through their paces.
12.30pm International Cricket: South Africa v West Indies – LIVE
Coverage of this one day international between South Africa and the West Indies.

4.00 Gillette World Sport Special
A roundup of the world's more alternative sports.
4.30 International Cricket: South Africa v West Indies – LIVE
Continued action from South Africa where the host nation meet the West Indies in this one day international.

8.00 Motorcycling: AMA Grand National Series
Motorcycling action as the racers rev up for the AMA Grand National Series.

9.00 Moto-Plus
Motoring action.
9.30 H_2O
Nick Knowles presents action from events at Cowes Week.

10.00-12midnight World Wrestling Federation – Raw
Jim Ross, Kevin Kelly and Michael Cole report on the latest action from the world wrestling federation circuit. Featuring classic matches and celebrity guests such as 'Iron' Mike Tyson.



Arnold Schwarzenegger and Brigitte Neilsen in the sword-and-sorcery saga 'Red Sonja'. Sci-Fi 10.00pm

MUTV
ADD-ON CHANNEL

6.00pm Game On
Today's preview.
6.15 The Insiders
6.30 Kids Clinic
Some of the squad pass on top tips and advice.
7.00 Red Hot News Special
Pre-match predictions.
7.30 The Boss
7.45 What the Players Say
8.00 Super Match – Vintage Reds: Manchester United v Stoke City
Step back in time to the 1971/72 campaign.
9.00 Red Replays
From transfer news to controversial views, this is the show that reviews the week inside Old Trafford.
10.00 Red Legends
A journey through the Old Trafford archives.
10.30 Wild About United
The views of United's fans.
11.00 The Boss
11.15 What the Players Say
11.30-12midnight Red Hot News Special
All the latest big stories.

SCI-FI
ACTION PACK

7.30am Bloomberg Television 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 Ray Bradbury Theatre 12noon The Twilight Zone 1.00pm Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Battlestar Galactica
Saga of a Starworld
A 12-colony space mission is sabotaged and the home planets are destroyed.

4.00 The Incredible Hulk
Married
Banner enlists the help of Dr Fields and finds they have a lot in common.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

6.00 The Ray Bradbury Theatre
Let's Play Poison
6.30 New Alfred Hitchcock
User Deadly

7.00 Quantum Leap
A-Hunting We Will Go
Sam leaps into a bounty hunter who is handcuffed to his charge – a woman accused of embezzlement.

8.00 Amazing Stories
Gershwin's Trunk
8.30 Highlander: The Raven
Cloak and Dagger
A robbery turns into murder.

9.30 The Hunger
Red Light
A model vanishes from a fashion shoot after she senses the cameras are stealing her soul.

10.00 FILM: Red Sonja
Arnold Schwarzenegger
The peaceful life of Sonja is shattered when Queen Gedren, who rules by terror and carries a talisman with which she can annihilate the planet, murders her parents. *1985*
11.45 Sci-Focus
A look behind the scenes of a blockbuster movie.

12midnight FILM: Ninja Scroll
Action adventure. *1993*
1.45am Sci-Focus
2.00 The Guyver
2.30 100 Years of Horror
3.00 The Twilight Zone
Dead Man's Shoes
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

3.15pm Snooker
Coverage of the Nations Cup from Newcastle.
5.15 Don't Try This at Home
Darren Day and Davina McCall present a show in which ordinary people are challenged to perform dangerous acts.
6.00 Bedrock
Magazine including celebrity guests, music, e-mail activity, bedroom webcams and the daily *Battle of the Sexes*.
7.00 Snooker: The Nations Cup – LIVE
Coverage of the Scotland v Northern Ireland clash in Newcastle.
10.30 Coronation Street
More drama from the long-running soap set in Britain's most famous fictional street.

11.00 The Bill
On-the-beat drama featuring the latest from Sun Hill officers as they fight crime to make the community a better place to live.
12midnight-2.00am Film

TELEVISION X
ADD-ON CHANNEL

12midnight Free View 12.10am Stripper of the Year 12.20 Adult Feature 12.45 FILM: Cravings 1.00 Free View 1.05 FILM continues 2.00 Free View 2.05 ... Malone 2.30 FILM: Babes Illustrated 3.00 Free View 3.05 FILM continues 3.40 Sex Model File 4.10-5.30am FILM: Penitentiary

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Dr Anna St John 12.35 .... Mobile 1.05 FILM: The British are Coming
Sarah Jayne Hamilton, Kiss
Erotic thriller.
2.05 FILM: Shock
Roxanne Hall, PJ Sparxx
Erotic feature.
3.15-4.00am Big Uns

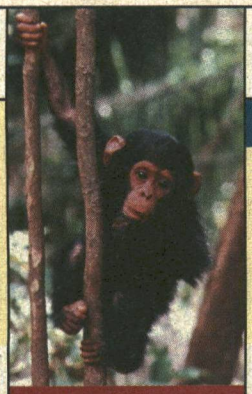
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: You and Me
David Carradine, Barbara Hershey
Touching drama.
9.15 FILM: A Robot Called Golddigger
Comedy adventure.
10.45-12midnight FILM: Steal My Heart
Naomi, Crystal Knight
Erotic feature.

Friday 22 January



Monkey business: 'Among the Wild Chimpanzees'. National Geographic Channel 11.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Crosswits
Cryptic crossword quiz.
5.45 The Games Room
Win big money prizes.
6.00 Family Fortunes
Big money gameshow hosted by Max Bygraves.
6.30 The Games Room
6.45 Catchphrase
Gameshow hosted by Roy Walker.
7.15 The Games Room
Win big money prizes.
7.25 100 Per Cent
General knowledge quiz.
7.55
The Crystal Maze
A team of contestants tackles a series of games and challenges in a giant fantasy world. Hosted by Ed Tudor Pole.
9.00 The Games Room
9.15 Strike it Lucky
Michael Barrymore hosts the fast-action gameshow.
9.45 The Games Room
Win big money prizes.
10.00 Candid Camera
More camcorder mishaps.
10.30
Karaoke Challenge
From The North Pier Promenade in Blackpool.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains hosted by Graham Norton and Maria McErlane.
12midnight Strike it Lucky
12.30am Split Second
1.00 Candid Camera
1.30 Through the Keyhole
2.00 Love at First Sight
2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters
4.00 Fifteen to One
4.30 Don't Drink the Water
5.00-6.00am Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
More helpful advice for troubled souls.
3.30 Lie Detector
Uncovering deceit the modern way.
4.00
Indecent Proposals

4.30 Judge Judy
More helpful advice for troubled souls.
5.00 Agony
More helpful advice for troubled souls.
5.30 Why Files
Psychic investigations into the weird and the spooky.
6.00
The Fashion Show
The latest update from the catwalk.
6.30
Indecent Proposals
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
More helpful advice for troubled souls.
8.00 The Why Files
Psychic investigators travel in search of the weird, the wonderful and the spooky.
8.30 Judge Judy
Another case solved.
9.00 Sport at Nine: Dog Night LIVE
More action from the dog track.
9.57 Topless Darts
More shapely throwing.
10.00
Hollywood Uncovered
A behind-the-scenes look at the porn industry in LA.
10.30 Exotica Erotica
Adult entertainment.
11.30 Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasuredome 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30-6.00am BodyHeat

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 First Taste 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Kitchen College 12noon Network 12.30pm Newman Meets 1.00 Food for Thought 1.30 Umbrian Kitchen 2.00 Can't Stand the Heat 2.30 Network 3.00 For Better, for Worse 3.30 Coxon's Kitchen College 4.00 New Chefs on the Block 4.30-5.00pm Tessa Bramley's Country Kitchen

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 London Bridge
Noel reveals that Nick shopped Cliff to the police.
6.30 Home to Roost
Suspect
Matthew is put out.
7.00 Boon
Work, Rest and Play
Boon takes a job minding a tough Glaswegian footballer who finds it difficult to keep his eye on the ball.
8.00 Blue Heelers
Waiting to Happen
Investigations into a horrific road accident reveal Dash's fear of driving.
9.00 Love Hurts
Love for Sale
Frank and Tessa assume the role of parents after a group of Russian orphans arrives in England.
10.00 That's Love
Patsy decides to save her fragile marriage to Donald by consulting a therapist.
10.30 The Screen
Movie magazine show.
11.00
Hill Street Blues
Influential Eighties American police drama about Captain Frank Furillo and the Hill Street officers.
12midnight Home to Roost
Suspect
12.30am Gridlock
With Simon Biagi.
1.00
Tales of the Unexpected
Man at the Top
1.30-2.00am
Tales of the Unexpected

ANIMAL PLANET
WORLD PACK

12noon Klondike and Snow
1.00pm Nature Watch with Julian Pettifer
Wild Horses
1.30 Australia Wild
Spirits of the Forest
2.00 Wild Rescues
The unique relationship between humans and animals is explored.
2.30 Human/Nature
Human relationships with animals and the elements.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00 Jack Hanna's Animal Adventures
Rhino on the Brink
Jack Hanna presents his insight into the animal world.
4.30 Animal Doctor
A look at RSPCA vets.
5.00 Pet Rescue
Wendy Turner and Mark Evans follow the fortunes of abandoned animals.
5.30 Australia Wild
Survival on the Reef
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
The Raft
7.00 Animal Planet Classics: Lilliput in Antarctica
Jacques Cousteau takes six children from all over the world to Antarctica.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Animal X
A look at the power of Aboriginal mythology.
9.00 Ocean Wilds
Ningaloo
Twice a year, off the west coast of Australia, corals fill the sea en masse.
9.30 Emergency Vets
10.00 Animal Hospital
Animals of every ilk and illness line up for treatment.
10.30 Vet School
Students from Cambridge University's veterinary school face the dramatic challenge of being a vet.
11.30-12midnight Emergency Vets
Stories from Alameda East Veterinary Hospital.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons
9.30 Esther
10.00 The Cruise
10.30 Trust Me, I'm a Doctor 11.00 The Bubble
12noon
Tomorrow's World Plus
1.00pm Crime Limited
1.30 The Great Egg Race
2.00 Yellow Lines
Inside Story
3.00 Zoo's Company
Aussie Battlers
The Australian vets are delighted that they have a pregnant platypus.
3.30 Vanessa
Vanessa Feltz tackles real-life issues with a studio audience.
4.30 Esther
Celebrity Siblings
With Esther Rantzen.
5.00 Hotel
It all goes wrong for the front-of-house manager.
5.30 Secrets of the Paranormal
UFO – Britain's Secret File
6.00
The Ascent of Man
Music of Spheres
A look at the human race's ability to control forces of nature.
7.00 Planet Hunters
The story of the discovery of the first planets beyond our solar system and the possibility of life beyond our galaxy.
8.00 Life on Earth
Conquest of the Waters
The story of life from the first primitive cells to the plants and animals that live around us.
9.00 Muhammad Ali – More Than Just a Boxer?
A profile of the world's loudest and most controversial boxer.
10.00 War and Piste
I Know What Time You Came in Last Night
Natasha's job is on the line.
10.30
Immoral Earnings
The relationship between pimps and prostitutes.
11.30 Top Gear GTi
Testing the latest models and casting an experienced eye over the hottest motoring news.
12.30am-1.00am
Crime Limited
Nick Ross presents the series intended to help crime victims by telling their stories through interviews and reconstructions.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 The Psychic Zone 9.00 Sally Jessy Raphael 10.00 The View 11.00 Roddy Llewellyn's Indoor Garden 11.30 Flavours of the Orient 12noon More Calories Please 12.30pm DIY Show 1.00 Livetime 2.00 View

3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00
The Psychic Zone
Predictions for the future.
4.30
Roddy Llewellyn's Indoor Garden
5.00-6.00pm
Sally Jessy Raphael
Why Did My Husband Die So Young?
American talk show.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Clan of the Crocodile
Journey to the swamps of Papua New Guinea.
7.30
Antarctic Challenge
8.00 The Shark Files: Danger Beach
Tour some of the world's most dangerous beaches, where sharks have attacked.
9.00 Night Wild: Komodo Dragons
A look at the Komodo dragon, discovered by a Dutch aviator at the beginning of this century.
10.00 African Diary: Wildlife Warriors
Venture into the combat zone of Botswana's war against poachers and exploring solutions.
11.00 Night Wild: Among the Wild Chimpanzees
See rare footage depicting some of Jane Goodall's findings about behaviour.
12midnight-1.00am
Night Wild: The Survival Game
Demonstrate how evolution has equipped predators with an array of lethal weapons with which to dispatch their prey.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Kickstart
9.00 Mad for Hits
2.00pm Dancefloor Chart
3.00 Bytesize MTV
The best bits of MTV around the world.
4.00 Select MTV
MTV's jukebox presented by Donna Air.
6.00 News Weekend Edition
A roundup of the week's news from the music industry.
6.30 UK Singled Out
Outrageous dating game show.
7.00 Non-Stop Hits
A rollercoaster of hits.
8.00 Dancefloor Chart
9.00 Partyzone I
10.00 UK Singled Out
Outrageous dating game show.
10.30 Beavis and Butt-head
Animated antics.
11.00 The Grind Double Bill
12midnight Partyzone II
1.00am UK Singled Out
1.30 Beavis and Butt-head
2.00 Club Mix
3.00 Partyzone Megamix
4.00 Partyzone II
5.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Tina Arena 1.00pm Greatest Hits of... Stevie Wonder NEW 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Something for the Weekend 7.00 Greatest Hits of... The Movies 8.00 Ed Sullivan's Rock'n'Roll Classics – Motown Magic NEW 8.30 VH1 Party Hits 10.00 Ten of the Best: Karen Ramirez NEW 11.00 VH1 Spice 12midnightThe Friday Rock Show 2.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Snow Safari 12.30pm Ribbons of Steel 1.00 Travel Live 1.30 Gatherings and Celebrations 2.00 The Flavours of Italy 2.30 Journeys Around the World 3.00 East Meets West, 4.00 Go Greece 4.30 On the Loose in Wildest Africa 5.00 Ribbons of Steel 5.30 Snow Safari 6.00 Celebrations 6.30 On Tour 7.00 Widlake's Way 8.00 Holiday Maker 8.30 Go Greece 9.00 East Meets West 10.00 Around the World 10.30 On the Loose 11.00 On Tour 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 The Terrace 8.00 Style Challenge 8.30 All Over the Shop 9.00 Ready, Steady, Cook 9.30 Change That 10.00 Holiday in Style 10.50 Short Change 11.00 The Air Show 11.30 Home Front 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change that 1.30 Ready, Steady, Cook 2.00 Fat Man in France 2.30 Growing Places 3.00 Peter Seabrook's Gardening Week 3.30 Wilderness Walks 4.00 The Air Show 4.30 Antiques Roadshow
5.30 All Over the Shop 6.00 The Big Catch 6.30 Wonder Women 7.00 The House Detectives 7.30 Ready, Steady, Cook 8.00 Style Challenge 8.30 Change that 9.00 Ground Force 9.30 How Does Your Garden Grow? 10.30 Stefan's Garden Roadshow 11.00 Peter Seabrook's Gardening Week 11.30 Can Ski...Will Ski! 12midnight-1.00am Antiques Roadshow

Friday 22 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 Painted House 8.00 Wedding Story 8.30 Baby Story 9.00 Simply Painting 9.30 Garden Rescue 10.00 Bloom 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt 12noon Home Improvements 12.30pm Doing it Up 1.00 Our House 1.30 Hometime 2.00 Wood Wizard 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

DISCOVERY
WORLD PACK

4.00pm Rex Hunt's Fishing Adventures
Angling adventures.
4.30 Walker's World
Australia
Anna visits the outback.
5.00 Flightline
Aviation magazine show.
5.30 History's Turning Points
The Atomic Bomb
The bombing of Hiroshima.
6.00 Animal Doctor
Follow RSPCA animal doctors on their rounds.
6.30 Eye on the Reef
A journey through 24 hours of underwater life introducing some bizarre aquatic creatures..
7.30 Beyond 2000
Looking at the plan to send pilots into the air in windowless planes.
8.00 Outback Adventures
Adventures down under.
8.30 Uncharted Africa
The Last River Bushman
9.00 Roller Coaster
A look at the world's greatest roller coasters including the Las Vegas Stratosphere which is as high as the Eiffel Tower.
10.00 Top Banana
Scaffolders defend their reputations and explain how they often make up their structures as they go along.
11.00 Weapons of War
German Jet Fighters
Looking at the ME262 and ME162 aircraft and the tactical blunders which blunted their effectiveness.

NIGHT TIME

12midnight Bodyguards
A behind-the-scenes look at the profession.
1.00am History's Turning Points
The Atomic Bomb
The bombing of Hiroshima.
1.30-2.00am Flightline
Aviation magazine show.

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Ivanhoe 6.00 The Fruitties 6.30 Tabaluga 7.00 Powerpuff Girls 7.30 Dexter's Laboratory 8.00 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 Magic Roundabout 10.15 Thomas the Tank Engine 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Bugs and Daffy 12.45 Road Runner 1.00 Popeye 1.30 Droopy 2.00 Addams Family 2.30 Jetsons

3.00 Taz-Mania
Devilish antics from down under.
3.30 Scooby and Scrappy-Doo
Canine crime-busting.
4.00 Powerpuff Girls
Buttercup, Bubbles and Blosssom save the world.
4.30 Dexter's Laboratory
Chemical chaos.
5.00 I am Weasel
More cartoon antics with the much-loved rodent.
5.30 Cow and Chicken
Fun with the siblings.
6.00 Animaniacs
Frantic animated antics by Stephen Spielberg.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse duo.
7.30 Looney Tunes
Crazy cartoon capers.
8.00 Cartoon Cartoons
Animated fun and games.
8.30-9.00pm Cultoon
Animated antics.

Want to know if your favourite episode of *Frasier* is on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 CatDog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC: Tellietubbies 10.00 Wimzie's House 10.30 Babar 11.00 Magic School Bus 11.30 PB Bear/Budgie/Animal Antics 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas 1.30 Little Bear Stories 2.00 Clangers/King Rollo/ Wombles/Bod 2.30 Children's BBC on Nickelodeon

3.00 Children's BBC on Nickelodeon
A slice of the Beeb's best kids' shows.
3.30 Pippi Longstocking
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff.
4.30 Rugrats
Fun with the tearaway nippers in nappies.
5.00 Sister Sister
More domestic disharmony with the identical twins.
5.30 Kenan & Kel
Starring Kenan Thompson and Kel Mitchell.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy following the life of a Beverly Hills teenager.
7.30 Grace Under Fire
8.00 Roseanne
Nine is Enough
Roseanne announces that she's pregnant again.
8.30 News Radio
The Break-Up
9.00 Cybill
In Her Dreams
Cybill convinces Maryann to have a mammogram.
9.30 Vic Reeves New Year's Night Out
With Bob Mortimer.
10.20 Jack Dee Live at the London Palladium
Dee's laconic stand-up show recorded at one of London's top venues.
11.30 The Larry Sanders Show
Off Camera
A magazine writer takes a behind-the-scenes look.
12midnight Late Night with David Letterman
Irreverent US chat show.
1.00am Taxi
1.30 The Critic
2.00 Dr Katz
2.30 Soap
3.00 Wings
3.30-4.00am Nightstand

FOX KIDS
FAMILY PACK

6.00am Power Rangers Turbo 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong Country 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 The Incredible Hulk 10.15 Casper 10.30 Oggy 10.55 The Mouse and the Monster 11.05 Eek!Stravaganza 11.30 Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong Country 1.00 Mowgli: The New Adventures of the Jungle Book 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05 The Incredible Hulk
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
Warrior animation.
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
Animated alien adventures.
5.00 Goosebumps
5.25 Eerie, Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong Country
6.25 Sam and Max
Freelance detective fun.
6.50-7.00pm Eek!Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection! 7.00 Bargain Shop! 7.30 The Gold Collection 8.30 Labels 9.30 Fashion by Design 10.00 Junior Choice 11.00 The Gold Collection 12noon Cook's Den 1.00pm Bargain Shop! 1.30 Shop Selection! 2.30 Good Hair Days 3.00 On the High Street 4.00 Feel Good Factor 5.00 Shop Selection!
A round up of great offers.
6.00 Junior Choice
Clothing and footwear.
7.00 The Gold Collection
Offers on jewellery.
8.00 Cook's Den
The Morphy Richards Hour.
9.00 Feel Good Factor
Looking at alternative home remedies and therapies.
10.00 On the High Street
Featuring men's fashion from top store Reiss.
11.00 Dimanti Designs
Diamond-look jewellery.
12midnight Bargain Shop! 12.30am Shop Selection! 1.30 The Gold Collection 2.30 Fashion by Design 3.00 Cook's Den 4.00 Feel Good Factor 5.00-6.00am On the High Street

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 9.00 News 9.30 The World Today 10.00 News 11.00 News 12noon News 1.00pm News 1.30 UK Today 2.30 The World Today 3.00 News 4.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 2.30 USA Direct 3.30 HARDtalk 4.30 Seven Days 5.30-6.00am Chronicles

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.30 Moneyline 7.00 Morning 7.30 Sport 8.00 Morning 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American 11.30 Biz Asia 12.30pm Earth Matters 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Inside Europe 5.00 Larry King 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business Today 10.30 Sport 11.00 World View 11.30 Moneyline 12.30am Showbiz 1.15 News 1.30 Q&A 2.00 Larry King 4.15 American 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 Week in Review 4.30 CBS Evening News 5.30-6.00am Fashion TV

INTERNATIONAL

TV5 5.30am Télématin 7.00 TV5 Infos 7.05 Journal Télévisé de Radio Canada 7.30 D 8.00 TV5 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé TV5 9.30 Fiction: Baldipata 11.00 TV5 Infos 11.05 Voilà Paris 11.30 Journal Télévisé France 3 12noon TV5 Infos 12.05pm Documentaire 1.00 Journal Télévisé TV5 1.30 Fiction: Baldipata 3.00 Journal Télévisé TV5 3.30 Les Carnets du Bourlingueurs 4.00 TV5 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé TV5 5.30 Fiction: Baldipata 7.00 Journal Télévisé Belge 7.30 Journal de France Télévision 8.00 TV5 Infos 8.05 Pulsations 9.00 Journal TV5 9.30 Débat de Société 11.00 Journal Suisse 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Rajni 12.30pm Daal Mein Kala 1.00 Swabimaan 1.30 FILM 4.00 Akbar Birbal 4.30 Ghar, Galiyan Aur Raaste 5.30 Chidi Ka Ghulam 6.00 Tiger 6.30 Asianet Aur Aap 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 Aarzoo 9.00 FILM 11.30 News 12midnight Edit 12.30am Asianet Aur Aap 1.00 FILM 4.00 A Mouthful of Sky 4.30 Swabimaan 5.00 BPL Oye Countdown 6.00 Akbar Birbal 6.30 News 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Sorry Meri Lorry 6.30 Mast Must Show 7.00 Faith 7.30 News 8.00 Ghoomta Aaina 8.30 Sailaab 9.00 Adhikar 10.00 Anhoni 11.00 Zaike Ka Safar 11.30 Parampara 12noon FILM: Geetanjali 3.00pm Zee Bangla 3.30 Its My Choice 4.00 Campus 4.30 Zee Zone 5.30 Amanat 6.00 Artist of the Fortnight 6.30 Showcase 7.00 Chashme Baddoor 7.30 Entertainment Express 8.00 News 8.30 Aashirwad 9.00 FILM: Padosan 12midnight News 12.30am Ru-Ba-Ru 1.00 X-Zone 2.00 FILM: Ayaash 5.00 Filmi Baatein 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Winning Ways 4.30 Let the Fire Burn 5.00 Today with Marilyn 5.30 Paul Scanlon 6.00 Good News – Rick Renner 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day – Benny Hinn 8.15 Good Morning Europe 8.30 The Messenger – John Bevere 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 In Times Like These 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial reports on the half hour, plus: 2.19am Boarding Pass 3.15 Clarke's Chronicle 4.19 Clips 4.24 Sports 4.45am Clarke's Chronicle

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 7.00 The Record 7.30 House of Lords 10.00 House of Commons 3.00pm House of Lords 11.00 The Record 11.30-12midnight Prime Minister's Questions

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road 11.30 Emmerdale Farm 12noon Emmerdale Farm 12.30pm As the World Turns 1.15 Albion Market 1.45 Guiding Light 2.30 Take the High Road 3.00 Emmerdale Farm
Jack Sugden rows with Joe.
3.30-4.00pm Emmerdale Farm

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War
Home Fires
5.00 Observatories
Stonehenge to the Space Telescope
6.00 Lost Civilizations: Tibet
The End of Time
Explore a genuine Shangri-la and its struggle to survive.
7.00-8.00pm Story of the Gun
Next Generation
How the machine gun has changed warfare forever.

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries 11.30 Sky Destinations 12noon Travels with Chuck Henry 12.30pm Getaway 1.00 Practical Guide to Europe 1.30 Great Houses of Europe 2.00 Independent Travellers' Guide 3.00 Around the World 3.30-4.00pm Sky Destinations: *Goa*

QVC
LIFESTYLE/ SELECTION PACKS

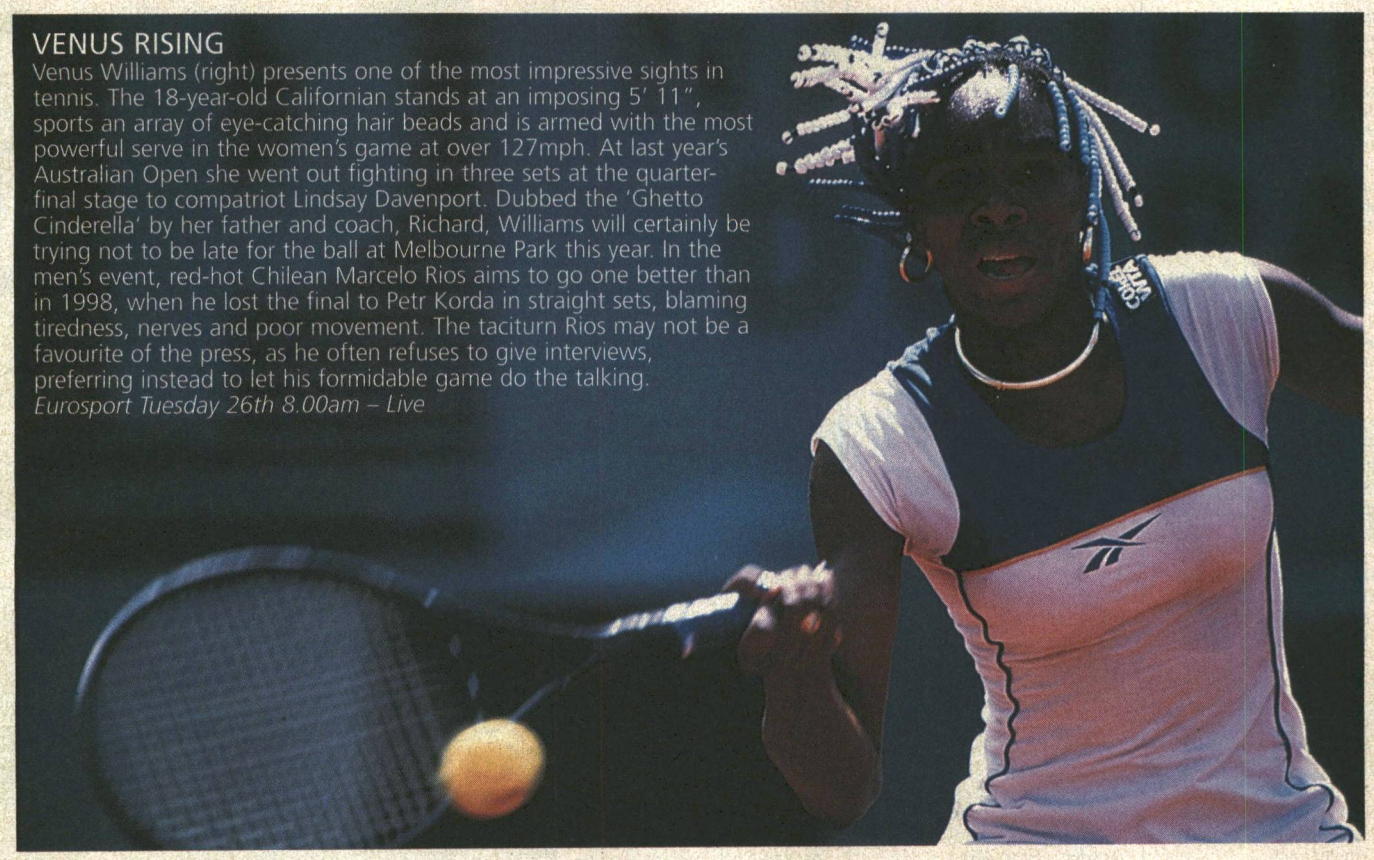
QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

CABLE CHECK
Some of the channels listed may not be available in your area

VENUS RISING

Venus Williams (right) presents one of the most impressive sights in tennis. The 18-year-old Californian stands at an imposing 5' 11", sports an array of eye-catching hair beads and is armed with the most powerful serve in the women's game at over 127mph. At last year's Australian Open she went out fighting in three sets at the quarter-final stage to compatriot Lindsay Davenport. Dubbed the 'Ghetto Cinderella' by her father and coach, Richard, Williams will certainly be trying not to be late for the ball at Melbourne Park this year. In the men's event, red-hot Chilean Marcelo Rios aims to go one better than in 1998, when he lost the final to Petr Korda in straight sets, blaming tiredness, nerves and poor movement. The taciturn Rios may not be a favourite of the press, as he often refuses to give interviews, preferring instead to let his formidable game do the talking.

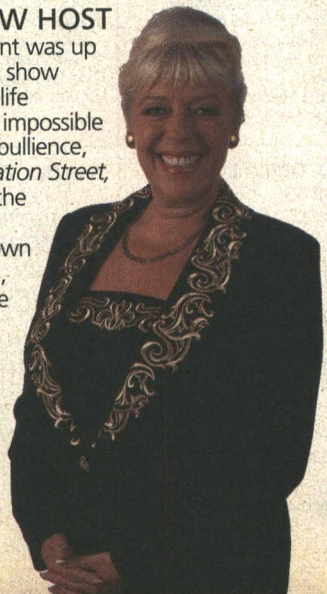
Eurosport Tuesday 26th 8.00am – Live



FROM BARMAID TO TALK SHOW HOST

When Hollywood star George Hamilton's stint was up as guest frontman of the Granada Plus chat show *Livetime*, he left a vacancy for a larger-than-life celebrity presenter that it seemed would be impossible to fill. But with her infectious, flamboyant ebullience, Julie Goodyear, the former queen of *Coronation Street*, fits the bill perfectly; she will be co-hosting the programme with Eamonn O'Neal every weekday this month. While Julie is best known as Bet Gilroy, neé Lynch, the brassy barmaid, and later landlady, of The Rovers Return, she is relishing the opportunity to move away from the character. 'I'm very excited about the prospect of working for Granada again, especially as a presenter,' she said. 'It's been three years since my days behind the bar at the Rovers and I'm glad I'm finally able to be Julie after a long time as Bet.'

Granada Plus Weekdays 3.00pm



FILMFOUR FREE

From the off-kilter imaginations of the sibling film-making team Joel and Ethan Coen comes ***The Hudsucker Proxy***, a fantastical comedy of corporate intrigue set in a visually dazzling New York at the end of the Fifties (though the outfits, anachronistic art direction and smart aleck dialogue seem to locate it some 20 years earlier). When the head of Hudsucker Industries dives through a window to his death 45 floors ('counting the mezzanine!') below, his scheming, cigar-chomping right-hand man, Sidney J Mussburger (Paul Newman), reasons that if he can find a replacement who will inspire alarm in the stockholders, then the company's stock will plummet, allowing him and his co-conspirators to buy a controlling interest. Enter one Norville Barnes (Tim Robbins), a naive, dreamy mailroom clerk, who is promptly installed as the new president. But Mussburger's seemingly foolproof plan is scuppered when Barnes invents the hula-hoop, the phenomenal success of which pushes the Hudsucker share price through the roof and forces the dastardly Mussburger to rethink his tactics. Newman and Robbins enter into the wacky spirit of the story and supply two enjoyable performances, but it's Jennifer Jason Leigh who effortlessly steals the film. In a role inspired by Rosalind Russell in the newspaper farce *His Girl Friday*, she registers brilliantly as a hard-nosed investigative reporter who goes undercover to expose the company's new 'idea man' as an imbecile, only to fall head over stilettos for him. A brilliant homage to screwball comedy, *The Hudsucker Proxy* is playing as part of FilmFour's free weekend, during which the channel will broadcast unencrypted to allow those viewers who haven't yet subscribed to see what they've been missing (please note that FilmFour is NOT available in all areas). The line-up is typically diverse and highlights include the aforementioned ***His Girl Friday*** and Robert Redford's mournfully beautiful ***A River Runs Through It***, starring Brad Pitt. ***The Kids Are Alright*** charts the career of British rock veterans The Who from the angry mod heroes of the mid-Sixties to the ear-splitting stadium rockers of the following decade, while ***Jimi Plays Monterey*** captures the raw energy of the guitar legend's abrasive set at the Monterey Pop Festival in 1967.

FilmFour Saturday 23rd from 6.00pm

Saturday 23 January

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00am The Long Walk Home
1990, rating Sky PG, 92 mins
8.00 Big Top Pee-Wee
Paul Reubens, Kris Kristofferson
1988, rating Sky U, DS, 82 mins
10.00 The Staircase
Diane Ladd, Barbara Hershey
1998, rating Sky PG, 92 mins
12noon The Long Walk Home
Whoopi Goldberg, Sissy Spacek
1990, rating Sky PG, 92 mins
2.00pm Big Top Pee-Wee
Paul Reubens, Kris Kristofferson

3.00 PM Circus-based comedy sequel to *Pee-Wee's Big Adventure*, about the wacky, helium-voiced character Pee-Wee Herman, created by top comic Paul Reubens.
1988, rating Sky U, DS, 82 mins

4.00 PM **4.00 Problem Child**
John Ritter, Michael Oliver, Jack Warden, Amy Yasbeck
Smash-hit family comedy about a couple who adopt a mischievous young boy, only to discover too late, when their lives and their home are in ruins, that he is unbearable. *1990, rating Sky PG, 77 mins*
5.40 Kindergarten Cop
Arnold Schwarzenegger, Pamela Reed, Richard Tyson

6.00 PM Sweet-natured comedy in which a tough cop goes undercover as a kindergarten teacher in an effort to pin down an elusive criminal. He soon discovers that blowing away bad guys is easy compared to controlling a room full of five-year-olds.
1990, rating Sky PG, 107 mins
7.30 P:review
A look at the coming week.

8.00 PM **8.00 One Fine Day**
Michelle Pfeiffer, George Clooney, Mae Whitman
PREMIERE Romantic comedy about a pair of mismatched professionals. Two high-flyers, one a single parent, the other a divorcee, are thrown together by circumstance for a day in which they will jeopardise their careers – and find true love. **Text** *1997, rating Sky PG, 104 mins*

9.00 PM **10.00 Metro**
Eddie Murphy, Michael Wincott, Carmen Ejogo, Michael Rapaport.
Action aventure in which a fast talking San Francisco police negotiator is hunting for the man who killed his mentor. He is determined to bring the killer to justice, long after being taken off the case – and to win back his beautiful girlfriend. **Text** *1997, rating Sky 18, 113 mins*

11.00 PM **12midnight Working Girl**
Melanie Griffith, Harrison Ford
1988, rating Sky 15, 109 mins

NIGHT TIME

1.55am Strange Days
Ralph Fiennes, Angela Bassett
Futuristic thriller. **Text** *1995, rating Sky 18, 139 mins*
4.20-6.00am Problem Child
1990, rating Sky PG, 77 mins

SKY MOVIEMAX
PREMIUM CHANNEL

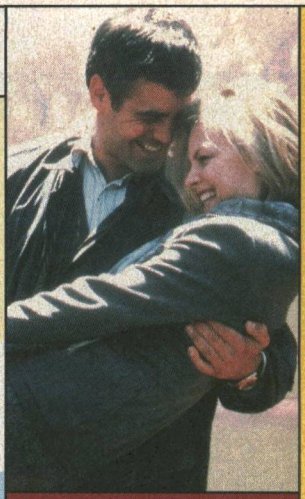
7.00am E! News Week in Review
7.30 Action Heroes: Kevin Costner
8.15 Movie Magic: Fine-Tooning
9.00 Angus
Charlie Talbert, Kathy Bates
1995, rating Sky PG, 86 mins
11.00 Address Unknown
Kyle Howard, Corbin Allred
1996, rating Sky PG, 88 mins
1.00pm E! News Week in Review
1.30 Action Heroes: Kevin Costner
2.15 Movie Magic: Fine-tooning

3.00 Gus
Ed Asner, Tim Conway, Tom Bosley, Harold Gould
Family drama about a flailing football team that recruits a football-kicking mule called Gus to help them out of the rut. Despite the outrage from other players, Gus helps his team all the way to the championships. But then thieves kidnap him.
1976, rating Sky U, 93 mins
5.00 Angus
Charlie Talbert, Kathy Bates, George C Scott
Comedy in which an overweight boy learns to overcome the prejudices associated with his size. When he is elected as King of the Winter ball as a cruel practical joke, he must decide whether to risk humiliation for a date with the girl of his dreams.
1995, rating Sky PG, 86 mins
7.00 Address Unknown
Kyle Howard, Johna Stewart-Bowden, Corbin Allred
Family drama. A 16-year-old boy begins to suspect that his father's death was no accident when he finds an old letter which was lost for ten years and was written just before his death. With the help of his best friend, he goes in search of the truth.
1996, rating Sky PG, 88 mins
9.00 Space Truckers
Dennis Hopper, Stephen Dorff
Futuristic action movie following an inter-galactic trucker who smuggles black market goods back to earth, usually without trouble. However, his latest shipment proves to be a team of deadly killing machines. *1997, rating Sky 15, DS, 92 mins*
10.40 True Romance
Christian Slater, Dennis Hopper
Tony Scott's adaptation of Quentin Tarantino's thriller in which a shop assistant is plunged into danger after an encounter with a hooker. **Text** *1992, rating Sky 18, DS, 113 mins*
12.40am
The Last Days of Frankie the Fly
Dennis Hopper, Kiefer Sutherland
Text *1996, rating Sky 18, 92 mins*
2.15 Rumble Fish
Matt Dillon, Mickey Rourke
1983, rating Sky 18, DS, 90 mins
3.50-5.45am Jacknife
1989, rating Sky 15, 98 mins

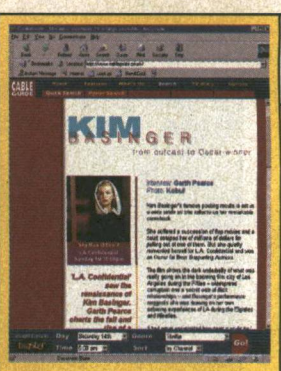
SKY CINEMA
PREMIUM CHANNEL

11.00am Suspicion
Joan Fontaine, Cary Grant
Nigel Bruce, Cedric Harwicke
Alfred Hitchcock's suspense thriller.
1941, rating Sky PG, 95 mins
12.45pm The Big Sky
Kirk Douglas, Arthur Hunnicutt, Elizabeth Threatt, Dewey Martin
Adventure set in the early 1900s, about a frontiersman.
1952, rating Sky PG, 116 mins
2.45 The Fighting Seabees
John Wayne, Susan Hayward, Dennis O'Keefe, William Frawley
World War II drama in which two men struggle to shape a group of American construction workers, stationed in the Pacific, into a fighting unit ready to take on the might of the Japanese. *1944, rating Sky U, 95 mins*

4.30 Irma La Douce
Shirley MacLaine, Jack Lemmon, Lou Jacobi, Herschel Bernardi, Joan Shawlee
Director Billy Wilder's comedy adaptation of the hit Broadway musical. A Parisian policeman falls in love with a sassy prostitute, only to end up becoming her pimp. Not wanting to share her with other men, he pretends to be a lord and tries to become her sole client. *1963, rating Sky PG, 137 mins*
6.55 The Big Steal
Robert Mitchum, Jane Greer, Patric Knowles, William Bendix
Pacey heist movie. A cook poses as Captain Blake when he goes after a con-man. However, as they race across Mexico, the real Captain Blake is on their tail.
1949, rating Sky PG, 68 mins
8.15 Three Hours to Kill
Dana Andrews, Donna Reed, Dianne Foster, Stephen Elliott, Richard Webb, Carolyn Jones
Western drama about a stagecoach driver who is falsely accused of murdering his fiancée's brother and so returns to town to track down the real culprit.
1954, rating Sky 12, 77 mins
10.00 Tony Rome
Frank Sinatra, Jill St John, Richard Conte, Sue Lyon, Gena Rowlands, Simon Oakland
Detective mystery in which a private eye investigates the fall from grace of the daughter of his millionaire client.
1967, rating Sky 15, 106 mins
11.50 Play it Again Sam
Woody Allen, Diane Keaton
Comedy in which a *Casablanca* fan searches for love.
1972, rating Sky 15, 82 mins
1.20am The Fighting Seabees
1944, rating Sky U, 95 mins
3.05 The Sniper
1952, rating Sky 15, 88 mins
4.35-6.00am
Earth vs the Flying Saucers
1956, rating Sky U, 80 mins



George Clooney and Michelle Pfeiffer star in the premiere of 'One Fine Day'. Sky Premier 8.00pm


KIM
GOSTINGER
from outcast to Cedar winner
'LA Confidential' sees the renaissance of Kim Basinger. Garth Pearce charts the fall and

Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Bacall on Bogart
A retrospective celebrating the life and work of Humphrey Bogart whose films include *The Petrified Forest, Angels with Dirty Faces, Casablanca, The Big Sleep* and *Sabrina.* Presented by his co-star and widow Lauren Bacall.
10.45 Bacall to Arms
Short feature with Mel Blanc providing one of the voices.
11.00
To Have and Have Not
Humphrey Bogart, Lauren Bacall, Walter Brennan
Wartime adventure drama about an opportunistic American skipper. *1944, mins*
1.00am
The Treasure of the Sierra Madre
Humphrey Bogart, Walter Huston
Classic drama. *1948, 124 mins*
3.15-6.00am
The Two Mrs Carrolls
Drama. *1947, 99mins*

FILMFOUR
ADD-ON CHANNEL

6.00pm Godzilla
Raymond Burr, Akihiko Hirata Inoshiro Honda, Momoko Kochi
Classic horror in which a 400ft mutant dinosaur awakens from the depths of the sea as a rampaging nuclear monstrosity. Reviving all the memories of previous nuclear disasters, Godzilla aims to trash the metropolis. *1955, 97 mins*

8.00 Fried Green Tomatoes at the Whistlestop Café
Kathy Bates, Jessica Tandy Mary Stuart Masterson
Evelyn Couch is suffering from empty nest syndrome. Her life looks pretty grim until she meets the irrespressible Ninny Threadgoode at a nursing home where her husband's aunt is staying. *1991, 130mins*
10.10 The Last Seduction
Linda Fiorentina, Bill Pullman Peter Berg, JT Walsh
Bridget Gregory talks her gullible doctor-husband into pulling off a $700,000 drug deal to pay off his gambling debts. But while he is in the shower, Bridget takes her chance and makes off with the cash. She meets Mike in a small bar, and together they begin scheming. *1994, 108mins*
12midnight Man Bites Dog
Violent drama. *1992, 92 mins*
1.40 Glastonbury: The Movie
Rockumentary. *1995, 97 mins*
3.20 The Kids are Alright
Rock documentary. *1979, 106mins*
5.00-6.00am Jimi Plays Monterey
Concert film. *1987, 50mins*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
TRIAL AND ERROR
Courtroom comedy in which an actor ends up impersonating his lawyer buddy in court. Stars Michael Richards, better known as *Seinfeld*'s Kramer. *1997, rating Sky 12, 94 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
WINGS OF THE DOVE
Romantic period drama based on the novel by Henry James. Stars Helena Bonham Carter, Linus Roache and Michael Gambon. *1997, rating Sky 15, 100 mins*
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm 4.00am

Sky Box Office 3
Channel 53
ALL DAY MOVIE TICKET: THE BORROWERS
Comic adventure. *1997, rating Sky U, 83 mins*
PLAYS AT 6.00am, 7.30am, 9.00am, 10.30am, 12noon, 1.30pm, 3.00pm, 4.30pm, 6.00pm, 7.30pm, 9.00pm, 10.30pm, 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 4
Channel 54
ONE NIGHT STAND
Haunting, erotically charged examination of infidelity from *Leaving Las Vegas* director Mike Figgis. Starring Wesley Snipes, Nastassja Kinski and Robert Downey Jr. *1997, rating Sky 18, 99 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

7.00am Bump in the Night 7.30 Street Sharks 8.00 The Adventures of Sinbad 9.00 The Simpsons Text 9.30 Garfield and Friends 10.00 The Best of the Chris Evans Breakfast Show 11.00 WWF – Live Wire 12noon WWF – Shotgun 1.00pm The New Adventures of Superman 2.00 America's Dumbest Criminals 2.30 America's Dumbest Criminals

3.00 Guilty!
Should Bryan and Janice continue their strip act, even though their daughter Nicola can't stand the embarrassment? The jury decides.

4.00 Star Trek: Deep Space Nine
Doctor Bashir, I Presume
Bashir is chosen as the model for Starfleet's holographic doctor programme. Text

5.00 Star Trek: Voyager
Flashback
After falling ill Tuvok has visions of the days when he served on a starship under the famous Captain Sulu. Text

6.00 Xena: Warrior Princess
A Family Affair
Gabrielle's family is not impressed when she comes visiting with Xena in tow.

7.00 The Simpsons
Lisa's Date with Destiny
Lisa develops a crush on bully Nelson Muntz. Text

7.30 The Simpsons
Treehouse of Horror VIII Text

8.00 JAG
Embassy
Dramatic adventure series starring David James Elliot as Lieutenant 'Harm' Rabb Jr, the handsome navy lawyer.

9.00 Sky One Special Feature

11.00 Beat the Crusher
Another chance to see Friday's episode of the anarchic gameshow hosted by Freddie Starr and former glamour model, Melinda Messenger.

12midnight Showbiz Weekly
Hosted by Tania Bryer.

12.30am The Big Easy
Perfect Day for Buffalofish
Remy is thrown into a surprising alliance with a rival.

1.30 Fire
The Accident Text

2.30-6.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Angels
7.30 Neighbours Omnibus
Josh discovers Phoebe's dark secret, while Brad and Toby find an unusual way to spend their windfall.
9.25 Dallas Omnibus
JR finds that he is not the only one to disapprove of Clayton and Miss Ellie's impending marriage.
12.10pm EastEnders Omnibus
Another chance to catch up with the gossip from Albert Square.

3.00 The Bill Omnibus
Rawton and Boulton argue over priorities concerning a hit-and-run incident. Obligations to a former colleague makes Conway pressurise Deakin and Carver to find a vicious robber. Loxton has a personal dilemma when a young female suspect makes no secret of her attraction for him, and conflict arises between Skase and Croft when a young mother is found unconscious at the foot of the stairs – they both perceive the situation differently.

5.20 Butterflies
A day out in London becomes very complicated for Ria.

6.00 FILM: Buddy's Song
Roger Daltrey, Chesney Hawkes, Sharon Duce, Michael Elphick, Julia Sawalha
Rock music melodrama about a burnt-out performer who gives his teenage son's own band a helping hand. But rather than simply covering the Rock'n'Roll standards that his father adores, young Buddy pores out his angst in more personal material. *1990*

8.00 The Detectives
Rear Window
While confined to a wheelchair Louis witnesses a brutal crime of passion.

8.40 More Specially Selected Canned Carrott
A compilation special.

9.30 The Thin Blue Line
Fire and Terror
DI Grim gets to deal with real-life terrorists, and Constable Goody goes green.

10.10 Saturday Night Comedy: Red Dwarf IV
Meltdown

10.45 One Foot in the Grave
Re-Arranging the Dust
Victor and Margaret visit a solicitor to discuss a separation.

11.25 French and Saunders
A mix of sketches and songs.

12.05am The Man from Auntie
12.45 French and Saunders
1.20 The Man from Auntie
2.00 Yes, Minister
The Quality of Life
2.30 Best of the Old Grey Whistle Test
3.00-7.00am Shopping with Screenshop

LIVING
LIFESTYLE PACK

6.00am Tiny Living
8.50 Practical Parenting
9.05 Can't Cook, Won't Cook
9.35 Ready, Steady, Cook
10.10 Maury Povich
11.00 Living Issues
11.30 The Roseanne Show
Entertaining and informative talk show hosted by Emmy award-winning comedian Roseanne.
12noon Entertainment Now!
12.30pm LA Law Omnibus

3.00 FILM: Jacqueline Bouvier Kennedy
Jaclyn Smith, James Franciscus, Rod Taylor, Stephen Elliott, Claudette Nevins, Donald Moffat, James F Kelly, Will Hunt
Biopic which documents the life of America's most dazzling first lady. In Washington, photographer and columnist Jackie meets a handsome young Congressman, John Fitzgerald Kennedy. This film dramatises their whirlwind romance and political life together, from his election as President in 1960, through to the tragic events of 22 November 1963 in Dallas. *1981*

6.00 FILM: The Other Love
Barbara Stanwyck, David Niven, Maria Palmer, Joan Lorring, Richard Conte, Richard Hale
Classic romance. When a vivacious and successful concert pianist is struck down with tuberculosis, she is forced to attend a sanatorium in the Swiss Alps, where she befriends a charming doctor. *1947*

8.00 Rescue 911
Hosted by William Shatner.

8.30 Beyond Belief
Mystery series that challenges viewers to guess which tales presented are based on fact.

9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

11.00-12midnight The Sex Files
Body Decoration
This week Katrina Buchanan discusses the art and appeal of body decoration.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King
7.00 Bootsie & Snudge
7.30 Leave it to Charlie
8.00 Holding the Fort
8.30 Mind Your Language
9.00 Mission: Impossible
The Emerald
10.00 The Persuaders
11.00 Man in a Suitcase
12noon The Bounder
Love Me, Love My Dog
12.30pm Emmerdale Omnibus

3.00 Bonanza
The Philip Diedsheimer Story
The Cartwrights come to the aid of a mining engineer who is fighting to improve conditions in the silver mines.

4.00 The High Chaparral
Shadows on the Land
John Cannon needs cattle from Mexican ranchers, but finds the frightened men are being forced to sell at cheap prices.

5.00 Hawaii Five-0
Computer Killer
McGarrett's investigation of a murder is thwarted by a computer which has been fed with deceptive information.

6.00 The Persuaders
The Morning After
Brett Sinclair awakens after a heavy drinking party to find that he has a glamorous and beautiful wife.

7.00 Mission: Impossible
The Condemned
Jim Phelps comes to the aid of a personal friend who has been condemned to death for a murder he did not commit.

8.00 Return of Sherlock Holmes
The Musgrave Ritual
Holmes and Watson travel to Sussex to be guests of Reginald Musgrave.

9.00 El C.I.D.
Paradise Mislaid
Blake's life is disrupted by the arrival of his half-brother.

10.00 The Odd Couple

10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Snowgirls
Emma Harrison presents another ski extravaganza, including nude skiing.

11.30 Jo Guest's Private Parts

12midnight Real Sex
A candid and intriguing look at the novel ways in which men and women explore their sexuality.

12.30am Weird!
12.50 Lady Lust
1.00 V.P.L.
1.30-2.00am Noddy's Electric Ladyland

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear in the Big Blue House 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 The Little Mermaid 8.25 Classic Toons 8.30 Hercules: The TV Show 9.00 Double Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 12noon Smart Guy 12.30pm Boy Meets World 1.55 New Adventures of Winnie the Pooh 2.10 Bite Size 2.30 Bear in the Big Blue House

3.00 The Little Mermaid
The charming undersea adventures of the beautiful Ariel.

3.30 Goof Troop
Crazy cartoon capers with the Goofster and his son. Text

4.00 101 Dalmatians
Fun with the pooches, Pongo and Perdita. Text

4.30 Hercules: The TV Show
High school heroics.

5.00 Recess
Animated adventure with TJ and his pals. Text

5.15 Pepper Ann Text
5.30 Microsoap Text
5.45 Smart Guy Text

6.10 Teen Angel
Living Doll Text

6.35 Boy Meets World
The Double Lie
Shawn and Jonathan learn to be honest with each other. Text

7.00 FILM: Bedknobs and Broomsticks
Angela Lansbury, David Tomlinson, Roddy McDowall, Sam Jaffe, Bruce Forsyth
A weird and witty witches' brew bubbling with fun, fantasy, music and adventure as human stars are joined by a whole host of cartoon characters in this crazy comedy. A prim and proper English witch joins forces with a phoney magician and three Cockney urchins to help save war-torn Britain from Nazi invaders. *1971* Text

9.30 Home Improvement
Starring Tim Allen.

10.00 Dinosaurs Text
10.30 The Wonder Years
The Pimple Text
11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

SATURDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

One Fine Day
Sky Premier 8.00pm

Michelle Pfeiffer and George Clooney fall for one another in this romantic comedy premiere. Pfeiffer is a single parent and architect – a high-flying career woman and supermum. Clooney, meanwhile, is a newspaper columnist who takes custody of his daughter every other weekend.

GENERAL

The High Chaparral
Granada Plus 4.00pm

It's Wild West weekend with this classic series following *Bonanza*. John Cannon and his family are in the survival game with their cattle ranch in the rugged Arizona desert. There's no end to the trouble each week from the likes of Apaches and Mexican outlaws.

ADVERTISEMENT

THE THIN BLUE LINE
UK GOLD
9.30PM

An arresting comedy starring Rowan Atkinson. Tonight, WPC Habib has the hots for a handsome fireman and PC Goody is jealous. DI Grim is onto 'the big case' and Inspector Fowler is plagued by an insane hoaxer.

Saturday 23 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM
7.30am Biathlon
8.45 Biathlon – LIVE
9.30 Alpine Skiing
10.00 Alpine Skiing – LIVE
11.00 Alpine Skiing – LIVE
Coverage from the men's World Cup in Kitzbühel.
12noon Biathlon – LIVE
1.00pm Bobsleigh – LIVE
2.00 Ski Jumping
Coverage of the World Cup from Sapporo in Japan.

3.00 PM
3.00 Bobsleigh – LIVE
Coverage of the sixth round of the World Cup in Austria. Switzerland were last year's winners of the two man competition.

4.00 PM
4.00 Tennis
Coverage of day six of the Australian Open in Melbourne. Now in its 86th edition, the Open is being staged at Flinders Park, previous venues include Sydney, Adelaide, Brisbane, Perth and New Zealand. Defending titleholders Petr Korda and Martina Hingis will be striving for a part of the total prize money that is estimated at $A11.75 million, which is a 17.5 per cent increase over last year's prize.

7.30 Rally
Coverage of the FIA World Rally Championship in Monte Carlo.

8.00 PM
8.00 Football – LIVE
Coverage of all the action from the French Cup, as teams compete for a place in the quarter-finals.

10.00 PM
10.00 Tennis
Highlights of the day's play from the Australian Open in Melbourne.

11.00 PM
11.00 Bowling
Another chance to see all the action of the PBA National Championship from Toledo in America.

12.00 NIGHT TIME
12.30am Ski Jumping
Highlights of all the best action from the World Cup in Japan.

SKY SPORTS 1
PREMIUM CHANNEL

6.00am Hold the Back Page
7.00 Sky Sports Centre
8.00 Aerobics Oz Style
8.30 Racing News
9.00 Hold the Back Page
10.00 Tenpin Bowling: World Tenpin Masters
11.00 Max Power
Coverage of four wheel motorsport and events.
12noon Gillette Soccer Saturday
Jeff Stelling presents the fastest and most comprehensive football results service on television, including post-match interviews with the men that matter and detailed analysis from the pundits.

5.30pm Rugby Union Update: Harlequins v London Irish
Highlights from the Allied Dunbar clash between Harlequins and London Irish. Presented by Mark Durden-Smith, Stuart Barnes and Miles Harrison.

7.00 Basketball: London Towers v Greater London Leopards – LIVE
Action from the Budweiser Basketball League at Crystal Place as London Towers take on local rivals the Greater London Leopards. Presented by Suzanne Dando and Kevin Cadle.

9.00 Fight Night – LIVE
Coverage of championship boxing, featuring the best of British fighters. Presented by Paul Dempsey with ringside analysis from Glenn McCrory and Ian Darke.

11.00 Spanish Football
Action from a key match in La Liga. Featuring the likes of Barcelona, Atletico and Real Madrid.

12.30am Basketball: London Towers v Greater London Leopards
Presented by Suzanne Dando with Kevin Cadle.
2.30 Fight Night
Presented by Paul Dempsey.
4.30 Max Power
5.30-6.00am Motor-Plus

SKY SPORTS 2
PREMIUM CHANNEL

6.00am International Cricket: England v Sri Lanka – LIVE
7.00 Racing News
7.30 International Cricket: England v Sri Lanka – LIVE
11.00 Gillette World Sport Special
11.30 World Wide Rugby: Punta Del Este
1.30pm Rugby Union: Harlequins v London Irish – LIVE
Coverage of the Allied Dunbar Premiership match between Harlequins and London Irish. Mark Durden-Smith introduces the action from the Stoop.

4.00 Euro Tour Golf: South African Open
Coverage from day three of the South African Open. The world's best players are in Stellenbosch in the Cape for this prestigious event. Last year's champion Ernie Els is among those competing for the 1999 title. *Repeat from Sky Sports 3*

7.00 International Cricket: England v Sri Lanka
Mark Nicholas introduces the best of the action from the Adelaide Oval where Alec Stewart's England side meet the one-day World Champions, Sri Lanka. With commentary from Ian Botham, Bob Willis, Paul Allott and Allan Border. *Repeat from Sky Sports 3*

10.00 Rugby Union Update: Harlequins v London Irish
Highlights from the Allied Dunbar clash at the Stoop between Harlequins and London Irish. Presented by Mark Durden-Smith. *Repeat from Sky Sports 1*
11.30 Euro Tour Golf: South African Open
Highlights of all the action from the South African Open.
2.30am Moto-Plus
3.00 Gillette World Sport Special
3.30-6.00am International Cricket: Sri Lanka v Australia – LIVE
Coverage from Adelaide.

SKY SPORTS 3
PREMIUM CHANNEL

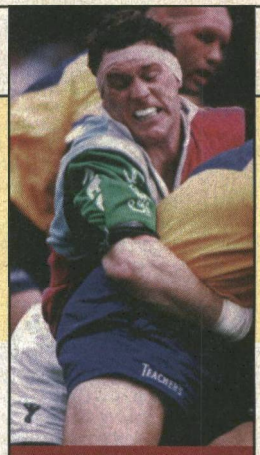
7.00am Tenpin Bowling: World Tenpin Masters
8.00 Soccer AM
Magazine show presented by Tim Lovejoy and Helen Chamberlain.
11.30 Euro Tour Golf: South African Open – LIVE
Coverage from day three of the South African Open.
2.30pm International Cricket: England v Sri Lanka
Mark Nicholas introduces the best of the action from the Adelaide Oval where Alec Stewart's England side meet the one-day World Champions, Sri Lanka. With commentary from Ian Botham, Bob Willis, Paul Allott and Allan Border.

5.30 FA Cup Special
Highlights from a key match in the fourth round of this season's FA Cup. The famous knockout competition never fails to produce the odd surprise in every round. With commentary from Martin Tyler.

7.00 Max Power
Featuring material from around the world, including both two and four wheel motorsport, one-off events and championships.

8.00 Ford Golf USA: Bob Hope Chrysler Classic – LIVE
Coverage of the 1999 Bob Hope Chrysler Classic, a tournament previously won by John Cook.

11.00-12midnight Watersports World
The ultimate guide to watersports, featuring waterskiing, windsurfing and wake-boarding.



Harlequins' Rory Jenkins could face a tough match against London Irish. Sky Sports 2 1.30pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.05 Watch This If You Love Man-U
Post-match analysis from the men in the know, plus squad members, celebrity guests, stars from the past, journalists and fans.
7.30 Kids Clinic
The squad pass on top tips and technical advice to the younger generation.
8.00 Vintage Reds: Manchester United v Manchester City
Step back in time to the Reds clash with one of their top flight rivals.
9.00 Did You See...?
A roundup of the week's highlights from behind the scenes at one of the world's most popular clubs, Manchester United.
10.00 Man U Menu
Mark Simkin meets United's chef Jesper Jespersen.
10.30 F.A.N.
Magazine show presented by Nick Cochrane.
11.00 Jump 'n' Pump
Aerobics programme.
11.15 Megastore Megabuys
11.30-12midnight Red Hot News

SCI-FI
ACTION PACK

7.30am Planet Mirth 8.00 Deepwater Black 8.30 Children of the Dog Star 9.00 The Invisible Man 10.00 The Cape 11.00 The Incredible Hulk 12noon-5.00pm Buck Rogers in the 25th Century
12noon *A Dream of Jennifer*
1.00pm *Space Rockers*
2.00 *Buck's Duel to the Death*

3.00 *Flight of the War Witch – Part I*
Buck journeys through a black hole into an alternate universe. Stars Gil Gerard.

4.00 *Flight of the War Witch – Part II*
Buck is coerced into joining forces with his arch enemy in an alternate universe.

5.00 FILM: Mars Needs Women
Tommy Kirk, Roger Ready, Yvongge Craig, Pat Delany
A group of Martians land on earth with the intention of kidnapping women who they will use to repopulate their planet. *1966*
6.30 The Ray Bradbury Theatre
Mars is Heaven
7.00 The Cape
No Fear
A shuttle pilot's dangerous behaviour in the simulator causes alarm only days before launch.
8.00 FILM: The Day of the Triffids
Howard Keel, Kieron Moore
Sci-fi classic. A US naval officer awakes from an operation to discover that everyone else has been permanently blinded by meteorites, and deadly mobile plants called Triffids are taking over the world. *1963*
10.00 FILM: Scanner Force
Liliana Komorowska, Valerie Valous, Steve Parrish
Supernatural thriller. Helena Monet unleashes her mental scanner powers on a deadly trail of murder and destruction in her quest for domination. *1992*
12midnight Mystery Science Theatre 3000
Horror of Party Beach
1.50am Sci-Focus
2.00 Planet Mirth
2.30 100 Years of Horror
Boris Karloff
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

9.30am Videotech
Margherita Taylor introduces the latest charts and gossip from the music world.
10.00 Extreme!
Featuring extreme sports for the younger viewer.
10.30 Board Wild
Coverage of international snowboarding, windsurfing and skateboarding events.
11.00 WWA Wrestling
Entertainment from the stars of American wrestling.

11.50 CTV2
Children's programmes.
1.45pm The Locker
Fitness-and-health magazine show packed full of tips on how to get started in a range of sports. With Gabby Yorath.
2.15 Futbol Mondial
2.45 Football First
Football updates from around the country.
5.30 Snooker
Highlights of the afternoon's play in the Nations Cup.

6.30 Futbol Mundial
All the latest news and action from the world of football.
7.00 Snooker – LIVE
Coverage of England v Republic of Ireland in the Nations Cup from Newcastle.
10.30 The Mix
A rundown of the charts with Shovell of M People.
11.30 God's Gift
Davina McCall searches for the ultimate male specimen.
12.30-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight Free View
12.10am A to Z of Fetish
12.20 Extreme Close-Up
12.45 FILM: Wild Widow
1.00 Free View 1.05 FILM continues 2.00 Free View 2.05 Adult Feature 2.30 FILM: Eros Instinct 3.00 Free View 3.05 FILM continues 3.40 Asian Babes 4.10-5.30am FILM: X Dreams

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am Neil Down
12.40 Lesbian Fantasies
1.00 Frisky Hot Fräuleins
Erotic series
1.15 FILM: My English Passion
Erotic feature.
2.30 Girls About Town
2.50-4.00am FILM: Mile High Thrills

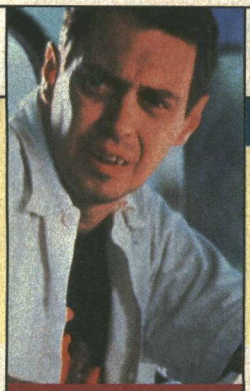
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: The Big Game
Gary Webster, Emma Wray
British drama.
9.40 FILM: Working Stiffs
Bruce Harding, Tony Ferreira
Horror about the activities of an employment agency.
10.40-12midnight FILM: Above the Knee
Erotic feature.

Saturday 23 January



Steve Buscemi directs and stars in the black comedy 'Trees Lounge'. UK Arena 10.05pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Games Room
5.15 Candid Camera
Practical jokes and crazy mishaps caught on film for the amusement of all.
5.45 The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Max Bygraves.
6.30 The Games Room
6.45 Name That Tune
Jools Holland presents the stylish music quiz.
7.15 The Games Room
7.25 Roll with It
Music quiz hosted by Keith Chegwin.
7.55
The Crystal Maze
A team of contestants tackles a series of madcap games and fiendish challenges in a giant fantasy world.
9.00 The Games Room
9.15 Strike it Lucky
Michael Barrymore asks contestants to choose top, middle or bottom.
9.45 The Games Room
10.00 Candid Camera
Practical jokes and crazy mishaps caught on film.
10.30 Don't Feed the Gondolas
With Sean Moncrieff.
11.00
Carnal Knowledge
Saucy quiz show that ask couples to reveal their most intimate secrets, hosted by Graham Norton.
12midnight Strike it Lucky 12.30am Name That Tune 1.00 Don't Feed the Gondolas 1.30 Roll with It! 2.00 Karaoke 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Say the Word 4.30 Don't Drink the Water 5.00-6.00am Shopping with Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 Why Files 7.30 Fashion 8.00 Agony 8.30 Lie Detector 9.00 Why 9.30 Judge Judy 10.00 Bangers and Smash 11.00 Indecent Proposals 11.30 BodyHeat 12noon Why 12.30pm Agony 1.00 Lie Detector 2.00 Agony 2.30 Indecent Proposals

3.00 Agony
Moral dilemmas dramatised and discussed with Miff Daniels and Debbie Currie.
3.30
Women's Wrestling
More leotard-clad grappling action.
4.30 Agony Omnibus
Moral dilemmas dramatised and discussed with Miff Daniels and Debbie Currie.
5.30 The Why Files
Psychic investigations into terrifying cases of the allegedly paranormal.
6.00
The Fashion Show
A look at the headlines.
6.30
Bangers and Smash
Stockcar action with Louise Brady.
7.30 Agony
Moral dilemmas dramatised and discussed with Miff Daniels and Debbie Currie.
8.00 The Why Files
Psychic investigations of the paranormal.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Women's Wrestling
Spandex-clad grappling.
9.57 Topless Darts
More sharp and shapely dart throwing.
10.00 Addicted to Sex
Does sex addiction really exist as celebrities claim.
10.30 Exotica Erotica
Raunchy tales of passion.

11.30 Blue Review
11.45 Janeycam
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasuredome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30-6.00am BodyHeat

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food for Thought 10.00 Retrospectives 10.30 Worrall Thompson 11.00 Vin Ordinaire 11.30 Kitchen College 12noon Network 12.30pm Ed Baines 1.00 Can't Stand the Heat 1.30 Jenny Bristow 2.00 Newman Meets 2.30 Network 3.00 Winter Nosh 3.30 Coxon's Kitchen College 4.00 Tessa Bramley's Country Kitchen 4.30-5.00pm For Better, for Worse

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Byker Grove
Donna's mother, Polly, arrives in town.
6.00 Byker Grove
The football team has a match with Denton Burn.
6.30 Home to Roost
Dating Henry
There's romance in the air.
7.00 Flying Start
Emma B and Ed Sanders host the travel gameshow.
7.30
Birds of a Feather
Suspicious Minds
8.00 Lovejoy
Three Men and a Brittle Lady
Charlotte's boyfriend arrives from New York and asks her to move to Paris.
9.00 Pie in the Sky
Chinese Whispers
Crabbe is worried when his local Chinese take-away seems to be the subject to racist attacks.
10.00 Stay Lucky
Hotrod Horace
Thomas has problems getting on with Sally's cantankerous Uncle Horace. With Jan Francis.
11.00
Hill Street Blues
Influential Eighties American police drama series set in a tough urban area. With Daniel J Travanti.
12midnight Home to Roost
Dating Henry
12.30am
Let the Blood Run Free
1.00 Tales of the Unexpected
Never Speak ill of the Dead
1.30-2.00am
Tales of the Unexpected
Vicious Circle

ANIMAL PLANET
WORLD PACK

12noon
Wildest South America
An insight into the diversity of South American wildlife.
1.00pm
Spirits of the Rainforest
A look at the unique wildlife that lives in the difficult environs of the rainforest.
2.00 Profiles of Nature
Mysterious Marsh
A study of marshland wildlife.
3.00 Lassie
The Horse Eater
Lassie helps restore the faith of a horse healer.
3.30 Lassie
Biker Boys
4.00 Animal Doctor
Follow animal doctors from the RSPCA and other rescuers as they respond to reports of emergencies and animal cruelty.
5.00 Wildlife ER
Helping animals in need.
5.30 Breed All About It
Alaskan Malamutes
A profile of the oldest breed of Arctic sled dog.
6.00 Hollywood Safari
On the Run
While hiking in the woods with his dog Muddy, Peter is taken hostage by dangerous convicts.
7.00 Crocodile Hunter
Outlaws of the Outback – Part I
How crocodiles can help control the population of Australian feral pests.
8.00 Camouflage
A look at the vast array of means by which animals use camouflage to protect themselves from predators.

9.00 Calls of the Wild
A focus on the importance of communication to survival in the animal world.

10.00
The Super Predators
How lions, leopards, cheetahs, crocodiles and wild dogs have evolved into efficient killing machines.
11.00
Deadly Australians
Arid and Wetlands
11.30-12midnight
The Big Animal Show
Great Elephant Adventure

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 8.30 The Kon-Tiki Man 9.05 Aristotle Onassis 10.00 Hillary and Tenzing 11.00 Top Gear GTi 12noon The Day the Universe Changed 1.00pm Airport 1.30 Vets in Practice 2.00 The Haunted Huntress 2.30 Backstreet Bandits

3.00 Mara Nights
A film made using a revolutionary camera that can film by moon and starlight alone, shows the animals of the African night.
4.00
Enter the Dragons
Looking at monitor lizards.
4.30
Baboons Rule OK
Follow a troop of baboons.
5.00 Rolf's Amazing World of Animals
Family entertainment show.
5.30
You Only Live Once
Research into ageing.
6.00 The House
Foot Fault
Strike action looms as the Royal Ballet goes to Washington and Michael Nunn goes under the knife.
7.00 Great Railway Journeys
The High Andes to Patagonia
Writer Buck Henry goes to Argentina for a plot idea.
8.00 Eagle: A Wildlife Special
David Attenborough captures on film different species of eagles throughout the world.
9.00
Neighbours at War
More suburban strife.
9.30 Billy Connolly's World Tour of Australia
Billy travels to Darwin.
10.20 Top Gear Take 2
Banger Racing
Tony Mason visits Smallfield in Surrey.
10.30 Top Gear GTi
Testing the latest models.
11.30
Premier Passions
Following the fortunes of Sunderland Football Club from 1996 to today.

12.30am-1.00am
UFO Diaries
The Bermuda Triangle
Report asking if alien activity could be responsible for the mysterious disappearances in the Bermuda triangle.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am E! True Hollywood Story 7.00 E! In Focus 8.00 Good Housekeeping 8.30 Rosemary Conley 9.00 Sally Jessy Raphael 10.00 The View 11.00 Psychic Zone 11.30 The Fast Food Show 12noon Good Housekeeping 12.30pm Indoor Garden 1.00 E! True Hollywood Story 2.00 The View

3.00 Livetime
Magazine programme which puts viewers in direct touch with the experts and celebrity guests on air.
4.00
Sally Jessy Raphael
My Teen is Headed for a Life of Crime
The American talk show discusses delinquency.
5.00-6.00pm
Livetime
Magazine programme which puts viewers in touch with the experts.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Extreme Earth: On the Trail of Killer Storms
Witness some stunning footage as tornado hunters pursue their quarry.
8.00
Nature's Nightmares: Nulla Pambu: The Good Snake
8.30 Nightmares: Nuisance Alligators
9.00 Survivors: Paying for the Piper
Join Ed Punchard, one of the 62 survivors of the Piper Alpha oil rig disaster, on a personal journey.
10.00 Channel 4 Originals: The Day Earth Was Hit
Examining the catastrophic collision with the earth in Siberia in 1908.
11.00 Natural Born Killers: Lions of the African Night
Featuring spectacular footage filmed in Kruger National Park.
12midnight-1.00am
The Chemistry of War
Exploring how, among the multitude of life forms on Earth, there are a surprising number that have evolved effective mechanisms of chemical warfare in order to defend themselves.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

7.00am Kickstart
9.00 So 90s
10.00 European Top 20
12noon Fanatic
12.30pm Essential Prodigy
Featuring in-depth interviews and live performances.
1.00 Non-Stop Hits
1.30 Say What?
2.00 Hitlist UK
4.00 Select MTV
6.00 The Lick R&B Chart Show
Presented by Trevor Nelson
7.00 Partyzone Megamix
8.00 Dancefloor Chart
9.00 So 90s
With Armstrong and Miller.
9.30 News Weekend Edition
10.00 Beavis and Butt-head
A double bill of fun with the moronic, television-addicted teens.
11.00 The Grind
12midnight
Sheryl Crow Unplugged
Featuring the hit single, *All I Want to Do.*
1.00am
Saturday Night Music Mix
3.00 Chill Out Zone
5.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Breakfast 9.00 Hits of... The Movies 10.00 Weekend 11.00 Classic 12noon Steve Winwood 1.00pm David Bowie 1.30 Pop-Up Video 2.00 American Classic 3.00 Album Chart 4.00 Boy George 5.00 Genesis Archive 6.00 Ray Davies 7.00 Blondie 8.00 Disco Party 9.00 Mills'n'Collins 10.00 The Doors 11.00 Spice 12midnight Midnight Special 12.30am Ed Sullivan 1.00 Gloria Estefan 2.00 Ozzy Osbourne 3.00 Willie Nelson 4.00 Carpenters 5.00-6.00am Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Go 2 12.30pm Secrets of India 1.00 Fork in the Road 1.30 Flavours of France 2.00 Floyd 2.30 Written in Stone 3.00 Transasia 4.00 Across the Line – The Shortlist 4.30 Earthwalkers 5.00 Destinations 5.30 Holiday Maker 6.00 Flavours of France 6.30 Go 2 7.00 Rolf's Walkabout 8.00 Fork in the Road 8.30 Caprice 9.00 Transasia 10.00 Across the Line – The Shortlist 10.30 Holiday Maker 11.00 Earthwalkers 11.30-12midnight Destinations

UK STYLE
LIFESTYLE PACK

7.00am Women 7.30 Catch 8.00 Track 8.30 Walks 9.00 Can Ski... 9.30 Garden Grow? 10.30 Gardening 11.00 Places 11.30 Roadshow 12noon Flower 12.30pm Ground 1.00 Women 1.30 Big Catch 2.00 Track 2.30 Walks 3.00 Ski 3.30 Garden Grow? 4.30 Week 5.00 Places 5.30 Roadshow 6.00 Flower 6.30 Ground 7.00 Women 7.30 Catch 8.00 Track 8.30 Walks 9.00 Ski 9.30 Garden Grow? 10.30 Week 11.00 Places 11.30 Roadshow 12midnight Flower 12.30am-1.00am Ground Force

UK ARENA
LIFESTYLE PACK

3.00pm The Look
4.00 Sounds of the Eighties
4.30 Sounds of the Eighties
5.00 Later On... Count Basie
6.00 Later On... Jazz
6.55 Later On... Cat Stevens
8.00 Dancing in the Street
8.55 Brass
9.30 Brass
10.00 Movie Club
10.05 FILM: Trees Lounge
Black comedy. *1996*
12noon Dancing in the Street
1.00am Brass
1.30 Brass
2.00-3.00am Later On... Jazz

Saturday 23 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Rex Hunt 6.30 Fishing Australia 7.00 Hooked 7.30 These Four Walls 8.00 Gimme Shelter 8.30 In the Workshop 9.00 Rex Hunt 9.30 Fishing Australia 10.00 Hooked 10.30 Four Walls 11.00 Gimme Shelter 11.30 In the Workshop 12noon Yankee Workshop 12.30pm Hammer it Home 1.00 Doing it Up 1.30 Home Again 2.00 Go Fishing 2.30 Two's Country 3.00-4.00pm Campaigns

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Magic Roundabout 6.00 Fruitties 6.30 Blinky Bill 7.00 Tabaluga 7.30 Sylvester and Tweety 8.00 Powerpuff Girls 8.30 Animaniacs 9.00 Dexter 10.00 Cow and Chicken 10.30 I am Weasel 11.00 Beetlejuice 11.30 Tom and Jerry 12noon Flintstones 12.30pm Bugs and Daffy 12.45 Road Runner 1.00 Freakazoid! 1.30 Batman 2.00 Jonny Quest 2.30 Mask

NICKELODEON
FAMILY PACK

7.00am Bruno the Kid 7.30 Stickin' Around 8.00 Aaahh!!! Real Monsters 8.30 Hey Arnold! 9.00 Rugrats 9.30 Doug 10.00 Angry Beavers 10.30 CatDog 11.00 The Wild Thornberrys 11.30 The Ren & Stimpy Show 12noon Wishbone 12.30pm Moesha 1.00 Sister Sister 1.30 The Journey of Allen Strange 2.00 The Secret World of Alex Mack 2.30 Kenan & Kel

FOX KIDS
FAMILY PACK

6.00am Beetleborgs Metallix 6.50 Eek!Stravaganza 7.00 Power Rangers Turbo 7.50 Terrible Thunderlizards 8.00 Oggy and the Cockroaches 8.50 Casper 9.00 Donkey Kong Country 10.00 Mowgli: The New Adventures of the Jungle Book 10.50 Home to Rent 11.00 Life with Louie 11.50 Eek!Stravaganza 12noon Weekend Stacks: Oggy and the Cockroaches

Hours of fun with the cat and the devious insects.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am BBC News 24 7.00 News 7.30 UK Direct 8.00 Weekend 9.00 News 9.30 Straight Talk 10.30 LifeWatch 11.00 News 11.30 Simpson 12noon News 12.30pm Face in the Crowd 2.30 Straight Talk 3.00 News 6.30 Scoreline 7.00 News 7.30 Scoreline 8.00 News 8.30 Simpson 9.00 News 9.30 Straight Talk 10.30 Correspondent 12midnight News 12.30am Seven Days 2.30 Simpson 3.30 Science 4.30 Reporters 5.30-6.00am Straight Talk

10.00 Outremers 11.00 Infos 11.05 Images de Pub 11.30 Journal 12noon Infos 12.05pm Bus et Compagnie 1.00 Journal 1.30 Culture 2.30 Roman de l'Homme 3.00 Journal 3.30 Sport Africa 4.00 Infos 4.05 Reflets 5.00 Journal 5.30 Débat 7.00 Journal 7.30 Journal 8.00 Infos 8.05 Thalassa 9.00 Journal 9.30 Envoyé Spécial 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 Variety Programme 10.00 Interactive Live 11.30 News 12noon Sankalp 12.30pm Pakistan This Week 1.00 Pakistan Business Update 1.30 FILM 4.00 Edit 4.30 Thekikaat 5.00 Kaala Daira 6.00 Ek Mulaqat 6.30 BPL Oye 7.30 Sansar 8.00 Junoon 8.30 Dard 9.00 FILM 11.30 Eurospice 12midnight Dard 12.30am Ek Mulaqat 1.00 FILM 4.30 Junoon 5.00 Vishwamitra 6.00 Chand Ghazlien 6.30 News 7.00-7.30am Mehfil

3.00 PM

DISCOVERY
WORLD PACK

3.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
3.30 Scooby-Doo
Canine crime-busting.
4.00 Powerpuff Girls
Crime-fighting action.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Action from the kid with the cool quiff.
5.30 Cow and Chicken
Fun with the odd siblings.
6.00 Animaniacs
Frantic animated antics.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Batman
More caped crusading.
7.30 Fish Police
Underwater law and order is enforced by the scales of justice.
8.00 Droopy: Master Detective
More investigative fun.
8.30-9.00pm Inch High Private Eye

3.00 Clarissa Explains it All
Educational comedy with the ever-so-practical Clarissa.
3.30 Kablam
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Fun with the nippers.
5.00 Sister Sister
Domestic disharmony with the identical twins.
5.30 Kenan & Kel
With Kel Mitchell and Kenan Thompson.
6.00 Sabrina 6.30-7.00pm Driven Crazy

3.30pm Roy and Lisa's Big Ride
3.35 Mortal Kombat
The warriors do battle.
4.00 Spiderman
Crime-fighting adventures.
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
5.00 Goosebumps
Spooky stories.
5.25 Eerie, Indiana
Out-of-this-world series.
5.55 Donkey Kong Country
Fun in Congo Bongo.
6.25 Sam and Max
6.50-7.00pm Eek!Stravaganza
More fun with Eek the cat.

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy following the life of a Beverly Hills teenager.
7.30 Grace Under Fire
8.00 Roseanne
Two for One
Roseanne and Dan suffer from pregnancy jitters.
8.30 News Radio
Shrink
9.00 Cybill
Valentine's Day
9.30 Seinfeld
The Opera
A simple night out turns into a nightmare.
10.00 FILM: Radio Days
Mia Farrow, Seth Green
Woody Allen drama about a childhood dominated by the radio in Queens in the Forties. *1987*
11.30 The Larry Sanders Show
The Grand Opening
With Burt Reynolds and Jerry Seinfeld.
12midnight Duckman
Adult animation.
12.30am The Vacant Lot
1.00 Comedy Store
1.30 Club Class
2.00 Dr Katz
2.30 Soap
3.00 Tibs and Fibs
3.30-4.00am Nightstand

SHOP!
LIFESTYLE/ SELECTION PACK

6.00am Shop Selection! 7.00 Bargain Shop! 7.30 In the Kitchen with Susan Brookes 8.30 Plugged in 9.30 Junior Sports Store 10.00 Spotlight on Sports 11.00 Time Zone 12noon The Clothes Line 1.00pm Bargain Shop! 1.30 Switched On 2.30 Shop! Feature 3.00 Global Cuisine 4.00 Y-Zone 5.00 Shop Selection! 6.00 Time Zone

Great deals on kids' watches.

7.00 Spotlight on Sports
Club merchandise for Manchester United fans.
8.00 The Clothes Line
Featuring women's fashion from Berkertex.
9.00 Global Cuisine
Kitchen secrets to make Italian cooking simple.
10.00 Switched On
Expert advice on the latest in digital home entertainment.
11.00 Y-Zone
Teenage essentials.
12midnight Bargain Shop! 12.30am Shop Selection! 1.30 Spotlight on Sports 2.30 Junior Sports Store 3.00 Switched On 4.00 Global Cuisine 5.00-6.00am Y-Zone

CNN INTERNATIONAL
NEWS & SPORT PACK

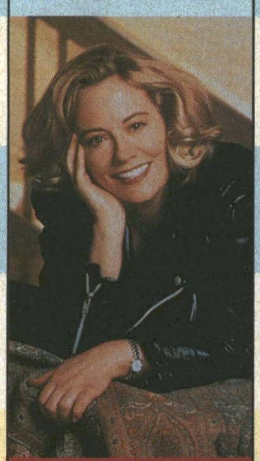
News throughout the day, plus: 5.00am News 5.30 Inside Europe 6.30 Moneyline 7.30 Sport 8.30 Business 9.30 Pinnacle Europe 10.30 Sport 11.30 7 Days 12.30pm Moneyweek 1.00 Report 1.30 Report 2.30 Travel 3.30 Sport 4.30 Your Health 5.00 Larry King 6.30 Fortune 7.30 Beat 8.30 Style 9.30 Artclub 10.30 Sport 11.00 Worldview 11.30 View 12.30am 7 Days 1.00 World 1.30 Diplomatic Licence 2.00 Larry King 3.00 World View 3.30 Both Sides 4.30-5.00am Evans, Novak, Hunt & Shields

ZEE TV
ADD-ON CHANNEL

6.00am Showcase 6.30 Shabads 7.00 Faith 7.30 News 8.00 Business 8.30 Jungle Book 9.00 Zee Addicts 9.30 Express 10.00 About You 10.30 Big Debate 11.30 Khana Khazana 12noon FILM: China Town 3.00pm Lolly-Pop 4.00 Jaal 5.00 Public Demand 5.30 Rishtey – The Love Stories 6.30 Hum Paanch 7.00 Zee Top Ten 8.00 News 8.30 Jaan 9.00 FILM 12midnight News 12.30am Chalo Cinema 1.00 Zee Presents 2.00 FILM: Aasmaan Se Ooncha 5.00 Mrs Madhuri Dixit 5.30-6.00am Music Time

4.00 PM

4.00pm Battle for the Skies
The Hard Victory
How Lancaster bombers carried Britain's nuclear deterrent in the Cold War.
5.00 The Century of Warfare
Looking at the period after the Allied victory in Europe, when revolution threatened the world.
6.00 A Century of Warfare
How civil wars and the terms of defeat brought dictators to power in Germany, Italy and Russia.
7.00 Nova
This Old Pyramid
Follow an archaeologist and a stone mason as they try to build a pyramid using traditional methods.
8.00 Storm Force
Floods
Looking at the devastation caused by flooding, which kills more people than any other natural disaster.
9.00 The Fastest Car on Earth
Follow the Thrust Supersonic Car project through its attempt to break the sound barrier.
10.00 Forensic Detectives
Lasting Impressions
Looking at how a culprit always leaves evidence behind at the scene.
11.00 The Century of Warfare
Looking at the period after the Allied victory in Europe, when revolution threatened the world.
12midnight A Century of Warfare
How civil wars and the crushing terms of defeat bring dictators to power in Germany, Italy and Russia.
1.00am-2.00am Weapons of War
German Jet Fighters



Cybill Shepherd stars as the TV celebrity in 'Cybill'. Paramount Comedy Channel 9.00pm

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Showbiz Weekly 10.30 Fashion TV 11.30 Week in Review 1.30pm Global Village 2.30 Fashion TV 3.30 Westminster Week 4.30 Week in Review 5.00 Live at Five 7.30 Sportsline 8.30 Westminster 9.30 Global Village 10.00 Prime Time 11.30 Sportsline 12.30am Showbiz Weekly 1.30 Fashion TV 2.30 Book Show 3.30 Week in Review 4.30 Global Village 5.30-6.00am Showbiz Weekly

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Just for Parents 4.30 This is Your Day 5.00 Agape Today – Happy Caldwell 6.00 Pastor Ferdenandez 6.30 Global Harvest Force 7.00 Intelligence Briefing 7.30 Winning Ways 8.00 Kidz Club 8.30 McGee and Me 9.00 Highway to Heaven 9.30 Jesse Duplantis 10.00 In the House 10.30-11.00am This is Your Day – Benny Hinn

8.00 PM

INTERNATIONAL

3SAT 6.00am Hablamos Espanol 6.30 Türkei 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 ORF-Magazine 10.30 Vor 30 Jahren 11.15 Quer 12.15pm Das Deutsche Schlagermagazin 1.00 Neues... 1.30 Das Weite Land 2.30 Frau-TV 3.00 Liebe Nach Feierabend 4.35 Tips and Trends Mode 5.00 Die mit der Schlange Tanzt 5.30 Ausland 6.00 Heute 6.20 Kulturdokumentation 7.00 Tagesschau 7.15 Il Re Pastore 9.15 Traumschlösser im Bau 10.35 Boulevard Bio 11.35-12midnight Seitenblicke

TV5 6.00am Infos 6.05 Bus et Compagnie 7.00 Infos 7.05 Journal Canada 7.30 Mission Pirattak 8.00 Infos 8.05 Bus et Compagnie 9.00 Journal 9.30 Génies en Herbe

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.15am Euro 99 4.19 Food 4.24 Sports 5.19am Clips

9.00 PM

9.00 The Fastest Car on Earth
Follow the Thrust Supersonic Car project through its attempt to break the sound barrier.
10.00 Forensic Detectives
Lasting Impressions
Looking at how a culprit always leaves evidence behind at the scene.
11.00 The Century of Warfare
Looking at the period after the Allied victory in Europe, when revolution threatened the world.
12midnight A Century of Warfare
How civil wars and the crushing terms of defeat bring dictators to power in Germany, Italy and Russia.
1.00am-2.00am Weapons of War
German Jet Fighters

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Commitees 2.30pm Hearts and Minds 3.00-12midnight The House of Lords

NIGHT TIME

SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm 11.30 Emmerdale Farm 12noon Emmerdale Farm 12.30pm Emmerdale Farm 1.00 Emmerdale Farm 1.30 Take the High Road 2.00 Take the High Road 2.30 Take the High Road 3.00 Take the High Road

Jim meets Isabel.

3.30-4.00pm *Take the High Road*
Sneddon works out the next move in the peat war.

THE HISTORY CHANNEL
WORLD PACK

4.00pm Eagles of the Crown
Baptism of Fire
5.00 Eagles of the Crown
The Few
6.00 Eagles of the Crown
Guardian of the Sea
7.00-8.00pm Biography
Amelia Earhart
A look at the unusual life of the first woman to make a solo trans-Atlantic crossing.

CABLE CHECK
Some of the channels listed may not be available in your area

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Around the House at 6.00pm.

We Guarantee You Must Win 2 Prizes in 6 Months or Less!

Imagine the thrill of receiving a letter that reads *"Congratulations! You have won £50,000 cash!"*. Or perhaps our favourite one that begins *"Are you sitting down? Start packing for the Bahamas..."* or opening a special delivery that reads *"Please tell us the name of your nearest dealer so that we can deliver your new car..."*.

These kind of letters ARE sent to people - ordinary people like you who are in no way lucky or special. Sometimes you'll read about them in the papers, these people who seem to keep on winning cars, cash, holidays, even houses!

So how do they do it?

Simple. They just do three things: They locate all the prize draws and competitions and send in lots of entries. They develop specialist skills - because they enter a lot! They pay meticulous attention to detail - because they know how tiny details can trip you up and disqualify your entry.

As several of these regular winners have said, "It's pretty much a full time job!".

But most of us already lead busy and hectic lives. Do you really want to spend your precious time looking for prize draws and competitions, finding entry forms, completing endless coupons, buying countless envelopes and stamps, even buying products you don't really use....and even then with no guarantee of winning anything?

There's got to be an easier and safer way. And this is it:

Complete just one form. The one at the bottom of this page. This is the official entry form for The MustWin Club and by accepting this invitation you can unlock the door to over 10 years of winning 'know-how' - without buying a single product, without filling out a single entry form, without addressing a single envelope, without licking a single stamp and without risking a single penny

You see, those 'in the know' about prize draws and competitions have been winning for many years. Look at these real life examples:

❑ **Mr PR, Leeds won £2,000**
"Wow! What a start to the year. If you could of only seen my face when I opened the envelope this morning, to find a cheque for £2,000, my wife said it was a treat to see. I am planning to spend the money on a holiday for my family as we have not been away for five years, and the rest will go on home improvements."

❑ **Miss H, Lancashire** *won an all inclusive holiday for two to Mauritius, worth £4,000 plus 10 other prizes. Her many smaller prizes are too long to list, but to name a few: cameras, watches, toys, bike, garden furniture, dishwasher, champagne, chocolates, flowers...*

❑ **PJ, Middlesex won £10,000**
"I couldn't believe it when the phone call came to tell me that I had won £10,000. It was only when I had the cheque in my hand that it finally sank in - and just a few days before Christmas as well. It's the best Christmas present I could have dreamed of! this just goes to show that big prizes ARE given away in prize draws. I'm going to spend my £10,000 on a deposit for a new car, a computer for the family and a pony for my daughter."

❑ **Pat A. Sussex won £50,000**
"...thanks to my £50,000 win...I was able to take a 2 month family holiday in Australia!"

❑ **Mrs EG, Surrey has won a string of prizes**
"Even some of the smaller prizes that arrive in the post are fun to receive because you never know what you have won". Besides some larger wins Mrs EG has enjoyed winning: *"Stylish watches; videos; cinema tickets; perfume; wine; games; washing machine; clothes..."* the list goes on and on!

❑ **Geoff D, Lancashire won a car**
"...I've won a car. Though I have won many wonderful prizes along the way, nothing compares to the thrill I felt when the young lady telephoned me and told me...I'd won a VW Polo!"

As a member of The MustWin Club we source the prize draws for you, we make the entries for you but you collect the prizes... and it's risk free!

AND THOUSANDS OF OTHERS HAVE WON CASH, CARS, HOLIDAYS AND OTHER FABULOUS PRIZES FROM PRIZE DRAWS AND COMPETITIONS!

Now it's your turn to join them and become the next real life example - take us at our word and you don't risk a penny.

Right at this moment there are HUNDREDS of big-money prize draws going on with millions up for grabs for people who are 'in-the-know'. Just take a look at these examples which are running right now, as we go to press:

- One promoter will be giving away £50,000 in cash prizes to someone like you.
- 50 Family holidays will be given away to people just like you by another company.
- £1,000,000 (yes £1 million) is up for grabs, ready to be presented to someone like you, in one current draw.
- An incredible £4,700,000 in cash prizes will be given away to other ordinary people in this prize draw.

.....the list goes on. We simply don't have space to list all the competitions and draws that are open at the moment. But we can tell you that the total prize value on offer in Britain alone this year is over £150 MILLION. And remember that these prizes ARE given away. Those who win are REAL PEOPLE and what's more they are no different to you or I.

So this is what we do for you when you join The MustWin Club:

- Using inside sources, our database of results information and our own contacts, we determine which prize draws and competitions offer the best prizes and the greatest chance of winning for our members (research that would take you hundreds of hours even if you could have access to this information).
- Your name and address is automatically entered, before closing dates, into the best prize draws offering at least £959,000.00 in cash and prizes.
- You never have to purchase a single product.
- You never have to decipher the small print that causes many entrants to disqualify themselves because they miss a minor quirk in the rules.
- You don't risk a penny as our moneyback guarantee ensures you don't lose out.
- You never have to pay postage for entries...or for pens...or for envelopes... or for postcards. You don't even have to walk to the postbox - **We do all that for you!**

AND MOST IMPORTANTLY - You receive all the prizes. As all entries are made using your home address, all prizes come straight to your door. Please don't confuse this genuine service with Lottery Syndicates where prizes are delivered to the organiser.

Too Good To Be True?

Quite naturally, you're probably thinking that this all sounds too good to be true. You're probably wondering what the catch is.

Well there really isn't one. We're simply taking advantage of the fact that Prize Draws must be free to enter and that the prizes must be given away.

That's why we're willing to show our confidence by offering you the following deal:

Pay us a fee of £9.95 now on a no-risk basis: We guarantee that you'll win two prizes within six months. But if for any reason you don't win, simply let us know and we'll refund your £9.95 immediately. How's that for confidence?

Take us up on our offer without risking a penny. This is a binding guarantee... so what have you got to lose?

Wouldn't you like to win CASH ... CARS ... A SECOND HOME... HOLIDAYS... CLOTHES... HOUSEHOLD GOODS ... without having to use up hours of your valuable time?

You can - and at absolutely no risk to yourself - as a member of The MustWin Club.

Yours,

D Stott

Membership Secretary

PS - Some really great prize draws are closing in a month's time. Make sure you get your application in quick, preferably within 10 days, in order to benefit.

What would you most like to win?

In order to target our entries for maximum satisfaction, we'd be grateful if you would let us know what exactly you would like to win. Please mark your top 5 prizes in order of preference by writing a 1, 2 and 3, 4 and 5 in the boxes below and then complete and post the coupon:

- ❑ *Cash £1,000 - £5,000*
- ❑ *4 Wheel drive car*
- ❑ *Cash £50,000*
- ❑ *Cash £5,000 - £50,000*
- ❑ *Saloon car*
- ❑ *Holiday in Europe*
- ❑ *Town house*
- ❑ *Exotic Holiday*
- ❑ *Holiday home*
- ❑ *Holiday in USA*
- ❑ *Television*
- ❑ *Music system*
- ❑ *New Kitchen*
- ❑ *Sports equipment*
- ❑ *Sports car*
- ❑ *Tickets to sports events*
- ❑ *Other - please specify:* _____

CG01/99

Membership Application

Please return to: **The MustWin Club, 47 Brunswick Place, London N1 6EB**

❑ **Yes! I would like to win at least 2 major prizes in 6 months.**

I understand that I am protected by your full, no-risk guarantee whereby my payment will be refunded, on request, if I don't win 2 prizes (to my satisfaction) or, if for any reason I am unhappy.

I enclose payment of £9.95 for MustWin Club Membership.

I enclose a cheque payable to 'The MustWin Club' OR please charge my credit card as detailed below:

Credit Card Type: _____ Expiry date: _____

Card no: | | | | | | | | | | | | | | | |

Signed _____ Date _____

Name (Mr,Mrs,Miss,Ms) _____

Address _____

_____

_____ Postcode | | | | | | |

We hope to be able to offer you a variety of further interesting opportunities from reputable organisations. If you prefer not to receive such offers please write to the address above.

The MustWin Club, 47 Brunswick Place, London N1 6EB © Golden Standard Ltd 1998. Registered in England 3620879. Registered office: Greenwood House, 4/7 Salisbury Court, EC4Y 8BT.
Testimonials are from prize winners resulting from the services of The MustWin Club or affiliated companies.

Sunday 24 January

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00am Femmes Fatales
6.35 Race for Your Life, Charlie Brown
1977, rating Sky U, 73 mins
8.35 Hamlet
Text *1996, rating Sky PG, 121 mins*
10.35 Larger Than Life
1996, rating Sky PG, 89 mins
12.30pm Hollywood Buzz
1.00 Race for Your Life, Charlie Brown
1977, rating Sky U, 73 mins

3.00 Batman & Robin
Arnold Schwarzenegger, George Clooney, Uma Thurman
Mr Freeze plans on taking Gotham City hostage by freezing the town into a permanent winter. Meanwhile, the seductive and villainous Poison Ivy has appeared to cause a rift in the partnership of Batman and Robin. Text *1997, rating Sky PG, 120 mins*

5.00 Larger Than Life
Bill Murray, Janeane Garofalo, Matthew McConaughey
Comedy about a motivational speaker who inherits a performing elephant called Vera, from the late father he never knew he had. Now he must escort Vera across the US, after which he must send her either to a zoo or a circus. *1996, rating Sky PG, 89 mins*

7.00 Problem Child 2
John Ritter, Michael Oliver, Jack Warden, Laraine Newman
Comedy sequel. A single father moves to a new town, looking for a wife and mother for his adopted son-from-Hell. Double the trouble is what he ends up with, when his pre-teen prankster teams up with the devilish daughter of the woman he's wooing. *1991, 86 mins*

9.00
Barry Norman's Film Night
Movie news, reviews and interviews.
9.30 Batman & Robin
Arnold Schwarzenegger, George Clooney, Uma Thurman
Mr Freeze plans on taking Gotham City hostage by freezing the town into a permanent winter. Meanwhile, the seductive and villainous Poison Ivy has appeared on the scene. Text *1997, rating Sky PG, 120 mins*
11.35
The People Vs Larry Flynt
Woody Harrelson, Courtney Love, Edward Norton
Biopic of controversial porn magnate Larry Flynt. Text *1996, rating Sky 18, 124 mins*

NIGHT TIME

1.45am Blue Heat
Brian Dennehy, Joe Pantoliano 1990, rating Sky 15 101 mins
3.30-5.15am Girl 6
Theresa Randle, Spike Lee
Text *1995, rating Sky 18, 104 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am A Fight for Justice
1996, rating Sky U, 87 mins
8.00 The Challengers
1989, rating Sky PG, 94 mins
10.00 Damnation Alley
Jan-Michael Vincent, Paul Winfield
Sci-fi. *1977, rating Sky PG, 88 mins*
12noon Godzilla Vs Gigan
Hiroshi Ichikawa, Tomoku Umeda
Cult sci-fi movie. *1972, rating Sky PG, 85 mins*
2.00pm The Challengers
Gwynyth Walsh, Eric Christmas
Family drama. After her father's death, Mackie moves to a new town intent on joining a particular gang. However, it has a strict boys-only rule, so she hatches a plan. *1989, rating Sky PG, 94 mins*

4.00 A Fight for Justice
John Ritter, Tess Harper, Anna Chlumsky, Sarah Chalke
Emotionally charged drama based on real events.
14-year-old Missy had her whole life ahead of her until she developed a rare form of cancer. When her father is sacked, the family fight for justice and go all the way to the White House. *1996, rating Sky U, 87 mins*

6.00 Damnation Alley
Jan-Michael Vincent, Paul Winfield, George Peppard
Sci-fi adventure. After a massive nuclear explosion, a handful of survivors trek across a desolate wasteland hoping to find other survivors so that they may rebuild their society. On the way they have to fend off attacks by mutated plant and animal life. *1977, rating Sky PG 88 mins*

8.00 The End of the Golden Weather
Stephen Fulford, Stephen Papps, Paul Gittins
Drama about a forbidden friendship between 12-year-old Geoff and a mentally retarded man named Firpo. The unfriendly locals challenge Firpo to a race, but the consequences are dire for the two friends. *1991, rating Sky PG, 99 mins*

10.00 Whiskey Down
Sean Patrick Flanery, Virginia Madsen, Jon Polito
PREMIERE Tense drama. A group of people in a diner find a winning lottery ticket and the consequent fight results in the drawing of guns and the arrival of the police. *1995, 86 mins*
11.35 Beautiful Girls
Timothy Hutton, Matt Dillon
Comedy drama. Text *1997, rating Sky 15, 108 mins*
1.30am The Rainbow
Sammi Davis, Paul McGann
DH Lawrence tale. *1988, rating Sky 15, 107 mins*
3.30 Go Ask Alice
1972, rating Sky 15, 71 mins
4.50-6.15am Godzilla Vs Gigan
1972, rating Sky PG, 85 mins

SKY CINEMA
PREMIUM CHANNEL

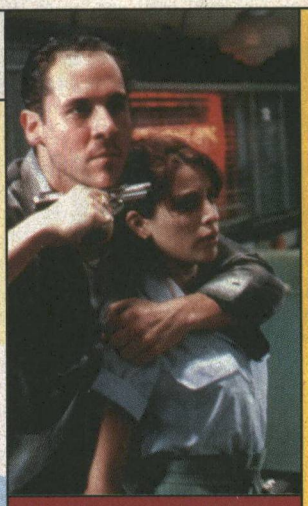
11.00am Beware My Lovely
Ida Lupino, Robert Ryan, Taylor Holmes, Barbara Whiting
Film noir thriller. *1952, rating Sky PG, 73 mins*
12.30pm My Little Chickadee
Mae West, WC Fields, Joseph Calleia, Dick Foran
Comedy Western. *1939, rating Sky PG, 81 mins*
2.00 The Stars Look Down
Michael Redgrave, Margaret Lockwood, Edward Rigby, Emlyn Williams
Gripping drama set around a troubled coal mine, in which a collier's son decides to go into politics. *1939, rating Sky PG, 95 mins*

4.00 Artists and Models
Jack Benny, Ida Lupino, Gail Patrick, Richard Arlen
Musical comedy in which an eager ad executive sets out to find a new model for one of his clients' products. A number of beauties fight it out for the chance to be the Townsend Silver girl. Featuring the song *Whispers in the Dark. 1938, rating Sky U, 105 mins*

6.00 None Shall Escape
Marsha Hunt, Alexander Knox, Henry Travers, Richard Crane
Drama about a Nazi war criminal, on trial after World War II, who has to look back on his brutal and shameful actions, which include his rise from an introspective veteran of the Great War, to abusive teacher and finally to high ranking Nazi officer. *1944, rating Sky PG, 82 mins*

8.00 Woman of Straw
Gina Lollobrigida, Sean Connery, Ralph Richardson
Drama about the plot to murder a wealthy old man. The tyrannical yet ailing tycoon has grown fond of his attractive, Italian nurse, even though she is besotted with his nephew. The two lovers then plot on how to gain control of the family fortune. *1964, rating Sky PG, 113 mins*

10.00 Next Stop Greenwich Village
Lenny Baker, Shelley Winters, Christopher Walken
Comedy about a young would-be actor and comic who moves into New York's artistic ghetto in the Fifties, much to the chagrin of his mother. *1976, rating Sky 15, 107 mins*
11.55 How I Won the War
Michael Crawford, John Lennon
World War II satire. *1967, rating Sky 15, 106 mins*
1.45am Catch-22
Alan Arkin, Richard Benjamin 1970, rating Sky 15, 117 mins
3.50-5.25am The Stars Look Down
Ivor Bernard, George Carney 1939, rating Sky PG, 95 mins



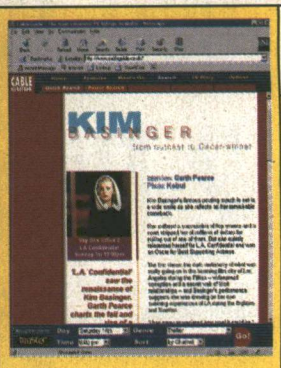
Jon Favreau and Alanna Ubach star in the premiere of 'Whiskey Down'. Sky MovieMax 10.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled
on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm The Big Sleep – Director's Cut
Humphrey Bogart, John Ridgely, Lauren Bacall, Martha Vickers
Howard Hawks's classic hard-boiled thriller, adapted from Raymond Chandler's novel. Detective Philip Marlowe, working for a wealthy family, finds that his growing interest in the attractive daughter threatens to compromise the case. The convoluted story involves big-time gambling, organised crime, drugs and antiquarian books. *1946, 108 mins*
11.50 Warner Brothers Cartoon
12midnight Casablanca
Humphrey Bogart, Ingrid Bergman.
Classic romance. *1942, 99 mins*
2.00am The Maltese Falcon
Humphrey Bogart, Mary Astor
Thriller. *1941, 96 mins*
3.40-5.00am The Oklahoma Kid
James Cagney, Humphrey Bogart
Western. *1939, 80 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm His Girl Friday
Cary Grant, Rosalind Russell
Comic remake of the 1931 classic *The Front Page*. An editor tries to stop his ace reporter leaving the paper for a rival by asking her to write one last scoop she can't refuse. His task is made all the more difficult due to the fact that she is his ex-wife, and is just about to remarry. *1940, 92 mins*
8.00 The Hudsucker Proxy
Tim Robbins, Paul Newman, Jennifer Jason Leigh
Comedy in which a simple post room worker is appointed head of the Hudsucker company. The board hopes that he will fail so it can make money on the sale of the company, but his naive enthusiasm brings the company sucess. *1993, 106 mins*
9.50 Sundance Festival
News from the indy film festival.
10.15 Spanking the Monkey
Jeremy Davies, Alberta Watson, Benjamin Hendrickson
Drama. A university bound student is told by his father to look after his mother who has a badly broken leg. Caring for his mother, he finds he has feelings for her and that she can satisfy his natural urges. *1994, 95 mins*
12midnight Sex, Lies and Videotape
Drama. *1989, 100 mins*
1.40 Heavy
Drama *1995, 100 mins*
3.25 The Farm: Angola, USA
Documentary. *1996, 90 mins*
5.00-6.00am The Typewriter, the Rifle and the Camera
Documentary. *1995, 52 mins*

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
TRIAL AND ERROR
Courtroom comedy in which an actor ends up impersonating his lawyer buddy in court. Stars Michael Richards, better known as *Seinfeld*'s Kramer. *1997, rating Sky 12, 94 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
WINGS OF THE DOVE
Romantic period drama based on the novel by Henry James. Stars Helena Bonham Carter and Linus Roache. *1997, rating Sky 15, 100 mins*
PLAYS AT 7.00am, 9.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 4.00am

Sky Box Office 3
Channel 53
ALL DAY MOVIE TICKET: THE BORROWERS
Comic adventure. *1997, rating Sky U, 83 mins*
PLAYS AT 6.00am, 7.30am, 9.00am, 10.30am, 12noon, 1.30pm, 3.00pm, 4.30pm, 6.00pm, 7.30pm, 9.00pm, 10.30pm, 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 4
Channel 54
ONE NIGHT STAND
Haunting, erotically charged examination of infidelity from *Leaving Las Vegas* director Mike Figgis. Starring Wesley Snipes, Nastassja Kinski and Robert Downey Jr. *1997, rating Sky 18, 99 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Sunday 24 January

SKY ONE
ACTION/ SELECTION PACKS

6.00am Hour of Power 7.00 Bump in the Night 7.30 Street Sharks 8.00 Double Dragon 8.30 Tattooed Teenage Alien Fighters from Beverly Hills 9.00 The Simpsons Text 9.30 Garfield and Friends 10.00 Dream Team Omnibus 11.00 WWF – Superstars 12noon Just Kidding 12.30pm Just Kidding 1.00 The New Adventures of Superman 2.00 Beverly Hills, 90210

3.00 Guilty!
Is Lorraine shaming her family with her wild ways, and is Paul too flirty now that he's 30? It's up to the studio jury to decide if they're guilty.

4.00 Star Trek: Deep Space Nine
A Simple Investigation
Odo falls in love with a mysterious woman who has been targeted for murder.

5.00 Star Trek: Voyager
False Profits
The crew encounters the two Ferengi that were lost in the Delta Quadrant when the Barzan Wormhole was unstable. Text

6.00 The Simpsons
Hurricane Neddy Text

6.30 The Simpsons
Realty Bites
Marge is employed by an estate agent. Text

7.00 King of the Hill
Peggy's Turtle Song
Peggy leaves her job. Text

7.30 3rd Rock from the Sun
Power Mad Dick

8.00 Earth: Final Conflict
Sci-fi adventure series set in a Midwestern city early in the next millennium after the arrival of advanced aliens called Taelons. What is their agenda?

9.00 Ultraviolet
Sub Judice
A barrister is attacked and a mysterious protector kills her assailants. The squad suspect that the protector is a vampire.

10.00 Naked in Westminster
Series about the first club with naked table dancers in Westminster.

11.00 South Park
Cow Days
It's rodeo time in South Park.

11.30 Forever Knight
Sons of Belial
Nick falls victim to evil.

12.30am Tales from the Crypt
Cold War

1.00 Sightings
Featuring a man who begins his own UFO recovery operation and a firefighter who believes that he was saved by an angel. Text

2.00-7.00am Long Play
A variety of rock, indie and dance.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Angels 7.40 Blake's Seven 8.35 Blake's Seven 9.30 Dr Who Omnibus 11.20 Dallas Omnibus

1.10pm FILM: Road to Morocco
Bing Crosby, Bob Hope, Dorothy Lamour, Anthony Quinn, Dona Drake, Mikhail Rasumny
Comic musical which sees the wisecracking duo adrift in the Mediterranean. *1942*

3.00 The Bill Omnibus
A chance to catch up with the week's events at Sun Hill. Lines goes undercover to convict an upmarket car thief, but Skase doesn't think that he's up to the job. A man is reported missing by his mother – however, his wife has another story. Plus a 14-year-old tearaway and half a million pounds worth of counterfeit money give Rawton and Page serious grief.

5.20 Open All Hours
Classic cornershop comedy about miserly shopkeeper Arkwright and his downtrodden nephew and assistant, Granville.

6.00 Ballykissangel
Live in My Heart and Pay No Rent
Father Clifford and Assumpta unite to encourage a reluctant bride and groom.

7.05 The Good Life
The Weaker Sex?
Barbara is feeling the effects of her boring and tiring work.

7.45 To the Manor Born
Audrey takes DeVere to task for failing to turn up in church.

8.25 Only Fools and Horses
Cash and Curry
An opportunity arises for Del to make his fortune.

9.05 The Black Adder
Witchsmeller Pursuivant
The King is struck down with the Black Death and witchcraft is blamed.

9.45 The Black Adder
The Black Seal
In a final gesture of defiance, Edmund goes in search of the seven most evil men in the land.

10.30 Jonathan Creek
The Reconstituted Corpse
A cosmetic surgeon is found murdered at his Harley Street clinic, and the obvious suspect is the woman that he loved.

11.45 Whatever Happened to the Likely Lads?

12.20am This Life
Apocalypse Wow!
Will Ferdy finally come to terms with his sexuality?

1.15 Tears before Bedtime

2.10 Minder
Arthur is Dead, Long Live Arthur

3.00-7.00am Shopping with Screenshop

LIVING
LIFESTYLE PACK

6.00am Tiny Living 8.50 Practical Parenting 9.05 Can't Cook, Won't Cook 9.40 Michael Cole
Talk show in which the one-time director of public affairs for Harrods tackles sensational subjects with a studio audience.

10.30 Brookside Omnibus
Another chance to see last week's episodes.

12.30pm LA Law Omnibus

3.00 FILM: Belle Starr
Gene Tierney, Randolph Scott, Dana Andrews, Chill Wills, John Sheppard
Action-packed Western in which the famous female outlaw teams up with a maverick Confederate captain after her home is razed to the ground. Together the pair continue the fight against the Union, even when faced with overwhelming odds. *1941*

5.00 Special Babies
Documentary series on babies born with special needs, their parents, and the medical staff.

5.30 Living Issues
Lifestyle magazine show.

6.00 FILM: Always Goodbye
Barbara Stanwyck, Herbert Marshall, Cesar Romero, Ian Hunter, Lynn Bari, Binnie Barnes
Emotional drama about a woman who must choose between marriage to a man she loves or to the father of her illegitimate son, whom she respects and admires. *1938*

8.00 Rescue 911
Real-life rescues by American emergency services.

8.30 Beyond Belief
Anthology mystery series that challenges the viewer.

9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

11.00-12midnight The Sex Files
Kinky Sex
Katrina Buchanan presents the talk show dealing with the imaginative side of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King 7.00 Bootsie & Snudge 7.30 Nearest and Dearest 8.00 Doctor on the Go 8.30 Dharma and Greg 9.00 Dempsey & Makepeace 10.00 The Return of the Saint 11.00 Return of Sherlock Holmes 12noon The Professionals 1.00pm Nearest and Dearest 1.30 Please Sir 2.00 Poirot

3.00 Bonanza
The Julia Bulette Story
Despite objections from a rival suitor and his own family, Little Joe strikes up a close relationship with Julia Bulette.

4.00 The High Chaparral
The Filibusteros
Buck, Victoria and Manolito return to the Montoya Ranch and become the prisoners of a degraded former friend of Buck.

5.00 Classic Coronation Street
Ominibus edition of the week's events in the classic soap. Bet and Betty have to look after Fed when he takes a tumble. However, when Annie hints that he could lose his job when he gets back to work. When Wilf Stockwell's firm cancels the rest of the orders from Mike's factory, Mike and the girls blame Elsie, and Gail learns that Ron Sykes has returned without Brian. Meanwhile, Alec returns.

7.30 Dharma and Greg
Mr Montgomery Goes to Washington

8.00 Poirot
Four & Twenty Blackbirds
Poirot is intrigued by a regular customer at his London restaurant who has completely changed his eating habits.

9.00 The Professionals
Old Dog with New Tricks
All-action thriller series about the operatives of CI5.

10.00 The Odd Couple

10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm 2 Wheels
How to keep your sports bike tucked away in the winter.

11.30 Pro-Superbike
An action-packed programme presented by Chris Carter.

12midnight Through the Gears
Presented by Merrick Beesley.

12.30am 4 Wheels
A look at Honda which has never had a very hip or sporty image. However, this is about to change with the Integra R.

1.00 Biker's Night Off

1.30-2.00am Motor Week

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear in the Big Blue House 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 The Little Mermaid 8.25 Classic Toons 8.30 Hercules: The TV Show 9.00 Double Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 11.30 Student Bodies 12noon Smart Guy 12.30pm Boy Meets World 1.30 FILM: The Brave Little Toaster to the Rescue *1997* 2.45 Classic Toons

3.00 The Little Mermaid
The charming undersea adventures of Ariel and friends.

3.30 Goof Troop
Animated adventure with the superstar and his son. Text

4.00 101 Dalmatians
Canine capers and daring doggy deeds. Text

4.30 Hercules: The TV Show
Mythological mayhem.

5.00 Recess
Meet TJ and his friends in this cartoon caper. Text

5.15 Pepper Ann Text

5.30 Microsoap Text

5.45 Smart Guy Text

6.10 Teen Angel
Grumpy Young Men
Steve gets a lesson in respecting his elders. Text

6.35 Boy Meets World
He Said, She Said Text

7.00 FILM: Jungle 2 Jungle
Tim Allen, Lolita Davidovitch, JoBeth Williams, Martin Short.
A successful trader from New York goes to the Amazon jungle to get a divorce, and ends up with a son. Chaos ensues as cultures collide while they get to know each other. *1997* Text

8.40 Classic Toons

8.45 Honey, I Shrunk the Kids: The TV Show
Honey, I'm Haunted
Nick gets enhanced vision which allows him to see ghosts. Text

9.30 Home Improvement
Starring Tim Allen.

10.00 Dinosaurs Text

10.30 The Wonder Years
Math Class Squared Text

11.00-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

SUNDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

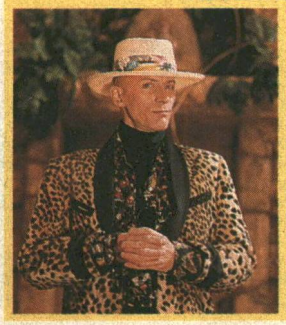
FILM
The Big Sleep
TNT 9.00pm

The classic hard-boiled thriller in which detective Philip Marlowe (Humphrey Bogart) is working for a wealthy family and falls for the attractive daughter (Lauren Bacall), thus threatening the case. The story involves gambling, organised crime drugs, and antiquarian books.

GENERAL
Harry's Kingdom
UK Arena 9.30pm

A *Playhouse* special reveals the cynical and ruthless side of commercial salesmanship with Harry King, played by Timothy West. Harry rewards his top salesman each year with a new BMW, but who will it be this year and who is plotting the downfall of our hero?

ADVERTISEMENT



THE CRYSTAL MAZE 8.00PM

Richard O'Brien takes you into more mysterious worlds in the ingenious adventure game. A team of intrepid adventurers take on physical and mental challenges to win as many crystals as possible, to give them more time at the end in the Crystal Dome.

Sunday 24 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM
7.30am Luge
8.00 Alpine Skiing
9.00 Biathlon – LIVE
10.30 Alpine Skiing
11.00 Alpine Skiing
11.30 Alpine Skiing – LIVE
12.15pm Alpine Skiing
12.30 Alpine Skiing – LIVE
1.15 Bobsleigh – LIVE
Coverage of the World Cup in Igls, Austria.
2.15 Biathlon
Action from the women's relay event at the World Cup in Antholz, Italy.

4.00 PM
4.00 Tennis
Action from the seventh day of the Australian Open in Melbourne. The competition will be intensifying now with the world's top players competing for a slice of the $A 11.75 million total prize money.

7.30 Car on Ice
Highlights from the Andros Trophy in Serre Chevalier, France.

8.00 PM
8.00 Athletics
Highlights from the first IAAF Indoor Permit Meeting of the 1999 season, held in Karlsruhe, Germany

9.00 PM
9.00 Ski Jumping
Action from the K120 event at the World Cup in Sapporo, Japan.

10.00 PM
10.00 News
Sports news service.
10.15 Tennis
Highlights from the Australian Open in Melbourne.

11.00 PM
11.00 Bobsleigh
Action from the World Cup in Igls, Austria.
11.30 Car on Ice
Action from Andros Trophy in Serre Chevalier, France.

12.00 NIGHT TIME
12midnight-12.30am Rally
Highlights from the FIA World Rally Championship in Monte Carlo.

SKY SPORTS 1
PREMIUM CHANNEL

6.00am H_2O
6.30 Rugby Union Update: Harlequins v London Irish
Repeat from Saturday
8.00 Aerobics Oz Style
8.30 Fight Night
10.30 Sports Unlimited
11.30 Euro Tour Golf: South African Open – LIVE
Coverage of the South African Open.
2.30pm World Sport Special

3.00 Superbouts: Antuofermo v Hagler
Classic confrontation between 'Marvellous' Marvin Hagler and Vito Antuofermo in 1979.

4.00 Basketball: London Towers v Greater London Leopards
Action from the Budweiser Basketball League at Crystal Palace. The Towers won the first clash earlier in the season, so the Leopards are certain to be out to even the score.
Repeat from Saturday

6.00 Football – LIVE
Coverage of a top Premiership match with two teams battling it out for those vital league points.

8.30 FA Cup Football
Highlights from the fourth round of the FA Cup, the oldest and most famous domestic cup competition in the world. Two sides meet with a place in the fifth round at stake. Who can take a step closer to Wembley Stadium?

10.00 Spanish Football
Highlights from La Liga, where Spanish football showcases some of the finest talent in Europe.

11.00 Cricket: Sri Lanka v Australia
Highlights from Australia where the host nation meet Sri Lanka in this one day international.
Repeat from Sky Sports 3
1.00am-4.00am Wrestling: World Wrestling Federation Royal Rumble – LIVE
Thirty superstar performers compete simultaneously in the ring, each aiming to end up as the sole survivor.

SKY SPORTS 2
PREMIUM CHANNEL

6.00am International Cricket: Sri Lanka v Australia – LIVE
7.00 Aerobics Oz Style
7.30 International Cricket: Sri Lanka v Australia – LIVE
11.00 Goals on Sunday
1.00pm Moto-Plus
1.30 Rugby Union Update: Harlequins v London Irish
Action from Allied Dunbar.
Repeat from Sky Sports 1

3.00 Unbelievable Sports
Weird sports from various parts of the globe.
3.30 FA Cup Special – LIVE
Live coverage of a crucial tie in the fourth round of the FA Cup. With the Twin Towers of Wembley approaching, the excitement at this stage is sure to be as intense as ever.

6.30 International Cricket: South Africa v West Indies
The best of the action from South Africa as the host nation take on the West Indies in the second in a series of one-day internationals.

8.30 Motor Racing: Indy Race League – Indy 200 – LIVE
Coverage from Walt Disney World as the 1999 Indy Race League gets into gear. The Indy 200 is usually a sell-out event, with over 50,000 race fans attending.

11.00 Euro Tour Golf: South African Open
Highlights from day four of the South African Open in Cape Town. *Repeat from Sky Sports 3*

1.00am-2.30am FA Cup Special
The best of the action from the fourth round of the FA Cup. Two sides meet with a place in the fifth round at stake. *Repeat from Sky Sports 1*

SKY SPORTS 3
PREMIUM CHANNEL

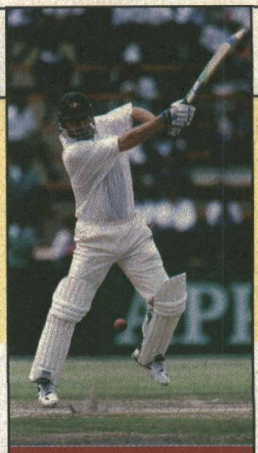
7.30am Futures in Sport
8.00 Soccer Extra
11.00 H_2O
Offbeat sailing programme.
11.30 Moto-Plus
Motoring mayhem for those who like to live life in the fast lane.
12noon International Cricket: South Africa v West Indies – LIVE
Coverage of the second in a series of one-day internationals between South Africa and the West Indies.

4.00pm International Cricket: Sri Lanka v Australia
Highlights from Australia where the host nation meet Sri Lanka in this one-day international.

6.00 Euro Tour Golf: South African Open
Highlights from day four of the South African Open in Cape Town. The tournament was won last year by local favourite Ernie Els.

8.00 Ford Golf USA: Bob Hope Chrysler Classic – LIVE
Coverage from the fifth day of the famous Bob Hope Chrysler Classic golf tournament from the US. The Tournament is now in its 40th year, and is one of the most prestigious events on the 1999 PGA Tour. With a purse of $2.3 million it attracts 128 top professionals including the legendary Arnold Palmer and defending champion, Fred Couples.

11.00 Gillette World Sport Special
A comprehensive report on alternative sports.
11.30-12midnight World Windsurfing



Steve Waugh and Australia meet Sri Lanka in the one day international. Sky Sports 2 6.00am, 7.30am – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.05 Watch This If You Love Man-U!
The movers and shakers at Old Trafford reflect on this weekend's drama.
7.15 Megastore Megabuys
Man United merchandise.
7.30 Red Legends
Past household names track down former players.

8.00 Super Match – FA Cup Classic: Reading v Manchester United
Action from the archives as United travel to Reading to give the home side a right royal rollicking. Giggs, Parker and Cantona get on to the score sheet.

10.00 Red Replays
From transfer news to controversial views, this is the show that reviews the week inside Old Trafford.

11.00 Wild About United
United fans say why they adore United.
11.30-12midnight Red Hot News

SCI-FI
ACTION PACK

7.30am Chocky's Challenge
8.00 Battlestar Galactica
9.00 Buck Rogers
10.00 Quantum Leap
11.00 Quatermass
12noon FILM: Hercules in New York
Arnold Schwarzenegger
Adventure. *1970*
1.55pm Sci-Focus
2.00 Mystery Science Theatre 3000
Horror of Party Beach
Mike and the Robots go to a party and witness unlikely looking monsters devouring young girls.
3.50 Sci-Focus

4.00 The Flash
Sight Unseen
More adventures with Barry Allen, aka The Flash. Stars John Wesley Shipp and Amanda Pays.

5.00 Tales of the Unexpected
Series of stories with a twist in the tail.
5.30 New Alfred Hitchcock

6.00 Mercy Point
Last Resort
An influential figure demands that an alien be sacrificed to save his own son's life.

7.00 V
Dreadnaught
Immune to the red dust bacteria, Diana activates her unstoppable Triax superweapon.

8.00 Quantum Leap
Raped
Sam acquires the persona of an assault victim whose attacker is from a powerful family.

9.00 Babylon 5
Soul Hunter
Commander Sinclair brings a lost alien aboard *Babylon 5* not knowing that he is a Soul Hunter.

10.00 Lexx
Luvliner
The crew of the *Lexx* continue its exploration of the Dark Zone. Starring Brian Downey.

11.00 Highlander: The Raven
Cloak and Dagger
Nick's sometime employer convinces Amanda to help him with a simple break-in.
12midnight Battlestar Galactica
The Living Legend
1.00am Buck Rogers in the 25th Century
2.00 The Tomorrow People
2.30 The Tomorrow People
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

9.30am Best of This Morning with Richard and Judy
11.00 Emmerdale
12.30pm WWA Wrestling
1.20 CITV2
3.50 Nature Zone
Survival
Nature documentary series.
4.40 Coronation Street Omnibus
All the week's episodes of the Lancashire based soap.

6.30 Soap Fever
Soaps from down under.
7.30 Who, What, Why?
Current affairs programme.
8.00 Trevor McDonald Meets...
The popular newscaster talks to celebrity guests.
8.30 Dealer's Choice
An offbeat look at the art of buying a used car.
9.00 Wide Angle
Review of the week's news.

9.30 I Suppose You Think That's Funny
Celebrity panel game, hosted by Liza Tarbuck.
10.00 A Thaw in Winter: Inspector Morse
The Wench is Dead
Morse investigates a murder from 1859, and becomes convinced the three men hanged for the crime were innocent.
12midnight -2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Viewers' Wives 12.20 FILM: Fade to Blue 1.00 The Five Minute Free View 1.05 FILM continues 1.30 FILM: Decadence 2.40 FILM: Arizona Gold 3.50 Black and Blue Special 4.10-5.30am FILM: Bitches of Westwood

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Totty Try-Outs 12.25 FILM: The Englishman's Holiday 1.40 .... Mobile
Erotic comedy.
2.10 Girls Off Duty
Sarah Jayne Hamilton
Erotic drama.
3.10-4.00am Adult Feature
Erotic programme.

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Where the Red Fern Grows
James Whitmore, Bill Dunbar
Nostalgic drama. *1974*
9.35 Deadlock
Short drama.
10.00 FILM: Habit
Larry Fessenden, Aaron Beall
Horror. *1995*
11.50-12midnight Malibu Dreams

Sunday 24 January

Jeremy Spake copes with the stresses of working at Heathrow in 'Airport'. UK Horizons 9.00pm

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Women's Wrestling 11.00 Indecent Proposals 11.30 BodyHeat 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Agony 2.30 Indecent Proposals

3.00 Agony
Relationship advice for troubled souls.

3.30 Bangers and Smash
Stock car racing hosted by Louise Brady.

4.30 Judge Judy
The feared American judge with another case.

5.00 Judge Judy
Another tough ruling.

5.30 The Why Files
Psychic investigators go in search of the weird and the wonderful.

6.00 The Fashion Show
A look at the headlines among the hemlines.

6.30 Women's Wrestling
More action from the ring.

7.30 Agony
More helpful advice for viewer's problems.

8.00 The Why Files
The weird, the wonderful and the plain spooky.

8.30 Judge Judy
Another case for the tough American judge.

9.00 Sport at Nine: Bangers and Smash
Stock car racing hosted by Louise Brady.

9.57 Topless Darts
More shapely throwing.

10.00 Hollywood Uncovered
Behind the scenes of LA's porn industry.

10.30 Exotica Erotica
Adult entertainment.

11.30 Orgasmatron

11.45 Painted Ladies

11.57 Topless Darts

12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasuredome 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Games Room

5.15 Candid Camera
Hysterical wind-ups caught on camera.

5.45 The Games Room
Viewer's quiz.

6.00 Family Fortunes
Big money gameshow hosted by Max Bygraves.

6.30 The Games Room

6.45 Name That Tune
Hosted by Jools Holland and his Rhythm & Blues Orchestra.

7.15 The Games Room

7.25 Roll with It!
Celebrity pop quiz.

7.55 The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world.

9.00 The Games Room

9.15 Strike it Lucky
Michael Barrymore hosts the fast-action gameshow.

9.45 The Games Room
Viewer's quiz.

10.00 Candid Camera

10.30 Don't Feed the Gondolas
Celebrity quiz show hosted by Sean Moncrieff.

11.00 Carnal Knowledge
Contestants reveal their most intimate secrets to hosts Graham Norton and Maria McErlane.

12midnight Strike it Lucky 12.30am Name That Tune 1.00 Don't Feed the Gondolas 1.30 Roll with It! 2.00 Karaoke Challenge 2.30 Second Guess 3.00 Simply Irresistible 3.30 Give Us a Clue 4.00 Say the Word 4.30 Gladiators 2000 5.00-6.00am Screenshop

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food for Thought 10.00 Who's Cooking Dinner? 10.30 What's Cooking? 11.00 Surprise Chefs 11.30 College 12noon Network 12.30pm Vin Ordinaire 1.00 Feasts of World 1.30 Modern British 2.00 From the Ground Up 2.30 Network 3.00 Superchefs 3.30 Coxon's Kitchen College 4.00 An Umbrian Kitchen Alan creates goujons of plaice. 4.30-5.00pm Chez Bruno

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm What's Cooking?
Culinary quiz show.

5.30 Our House
Lifestyle series presented by Suzi Becker.

6.00 Pull the Other One
Celebrity gameshow.

6.30 Home to Roost
Small Change
Stars John Thaw.

7.00 The Upper Hand
First Kiss
Stars Joe McGann.

7.30 Goodnight Sweetheart
Change Partners

8.00 The Darling Buds of May
When the Green Woods Laugh
Drama starring David Jason and Pam Ferris.

9.00 Under the Hammer
The Jolly Joker
The relationship between Maggie and Nick remains as brittle as ever.

10.00 Always Afternoon
A romance between a local girl and a German internee causes trouble in the town of Arakoon.

11.00 Tanamera
Julie falls in love with an Australian doctor and accepts his proposal of marriage on learning of John's death.

12midnight-1.00am The Ruth Rendell Mysteries: From Doon with Death
Drama starring George Baker, Christopher Ravenscroft and Diane Keen.

ANIMAL PLANET
WORLD PACK

12noon Ivory Orphans

1.00pm Forest of Ash

2.00 Horse Tales
Pardubice – The Devil's Race

2.30 Going Wild with Jeff Corwin
Rincon de la Vieja, Costa Rica
Jeff journeys further south into deepest Central America to Costa Rica in search of the leatherback turtle.

3.00 Klondike and Snow
How the zoo keepers worked round the clock to save twin polar bear cubs who had been abandonded.

4.00 Hollywood Safari
Star Attraction
Actress Margie Malone is coming to the Hollywood Safari compound for training.

5.00 Animal Doctor
The RSPCA vets deal with more emergencies and cases of animal cruelty.

5.30 Pet Rescue
With Wendy Turner.

6.00 Animal Champions
The Hyenas of Tanzania

6.30 Animal Champions
Grizzlies

7.00 Queen of the Elephants
A 300-mile trek across India reveals the plight of the Asian elephant, as seen through the eyes of the only female trainer of elephants.

9.00 Emergency Vets
Stories from the Alameda East Veterinary Hospital in Denver, which works round the clock to save animals.

10.00 Crocodile Hunter
Outlaws of the Outback – Part II
Australia's environmental menaces.

11.00-12midnight Rediscovery of the World: Channel Islands
Waters of Contention
Exploring its wildlife.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am It'll Never Work

7.30 The Great Egg Race

8.05 Pandora's Box

9.05 John Wayne – The Unquiet American

10.00 Joy Adamson – Born Wild?

11.00 Top Gear GTi

12noon Tomorrow's World Plus

1.00pm Great Railway Journeys

2.00 At the Edge of the Sea

3.00 They Came from the Sea
Discover the armies of land crabs.

3.30 King of Kingfishers

4.00 Cheetah and Cubs in the Land of Lions
Follow a mother's struggle to save her cubs from the lions.

5.00 Rolf's Amazing World of Animals
Show celebrating the special bond between humans and animals.

5.30 Crime Limited

6.00 Vet School
A life and death decision has to be made about a much-loved horse.

6.30 999 Lifesavers
More true stories.

7.00 The House
High Hopes
At the Royal Ballet School, a lucky 12-year-old will be chosen to star in *The Nutcracker*.

8.00 Humpback Whale
Documentary revealing this battle-hungry hunter which screams its prey into submission.

9.00 Airport
A peak behind the scenes at the busiest international airport, Heathrow.

9.30 War and Piste
A Bombsite

10.00 Hollywood Women
Stars reveal what they really think of the sex, money and power that drives the system.

11.00 The Birth of Horror
Dracula
Christopher Frayling traces the changing face of Count Dracula.

12midnight-1.00am Provos – IRA and Sinn Fein
Secret War
A look at the escalation of violence during the Eighties.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am E! True Hollywood Story 7.00 E! Celebrity Profile 8.00 The Good Housekeeping Show 8.30 Roddy Llewellyn's Indoor Garden 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Zest Beauty Show 11.30 Rosemary Conley's Low Fat Cookbook 12noon The Good Housekeeping Show 12.30pm Gorgeous Gardens 1.00 E! True Hollywood Story 2.00 The View

3.00 Best of Livetime
Highlights of the past week's programmes.

4.00 Sally Jessy Raphael
Surprise.... We Found Your Lost Love
Romantic reunions on the American talk show.

5.00-6.00pm Best of Livetime
Highlights from the past week's programmes.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Mothers of the Wild: Becoming a Mother
Discover how mothers teach their young to survive in the wild.

8.00 Mothers of the Wild: Bringing Up Baby
Investigates the ways in which different animals bring up their offspring.

9.00 Mothers of the Wild: The Next Generation
Explores how mothers prepare their babies for independence.

10.00 Mysterious World
The Mystery of the Cocaine Mummies
Why have certain drugs been found in mummies?

11.00 American Trickster
A rare look at the American coyote which thrives in the wild and in the city.

12midnight-1.00am Explorer
A study of the social and reproductive behaviour of whales.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

7.00am Kickstart
9.00 The Grind Double Bill
10.00 Hit List UK
12noon News Weekend Edition
12.30pm Real World Seattle
1.00 European Top 20
3.00 Essential Boyzone
3.30 UK Singled Out
Outrageous and provocative dating show.
4.00 Select MTV
The fast-paced request show hosted by Richard Blackwood.
6.00 Non-Stop Hits
7.00 News Weekend Edition
7.30 Biorhythm: Busta Rhymes
Show presenting the life of Busta Rhymes as you've never seen or heard before.
8.00 Bytesize MTV
MTV's fast cut window on the world of music TV hoovers up the best clips from MTVs around the world.
9.30 News Weekend Edition
10.00 MTV Revue: Lauryn Hill
10.30 MTV Live
11.00 MTV's Top 10
12midnight The Late Lick
1.00am-7.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Breakfast in Bed 9.00 Pop-Up Video 10.00 Something for the Weekend 12noon Ten of the Best: PP Arnold 1.00pm Greatest Hits 1.30 Ed Sullivan 2.00 Clare Grogan 3.00 Hey Hey We're the Monkees 4.00 Behind the Music 5.00 Storytellers 6.00 Behind the Music 7.00 The Rolling Stones in Moscow 7.30 Sheryl Crow 8.00 VH1 Album Chart 9.00 Mills 'n' Collins 10.00 Behind the Music 11.30 VH1 to 1 12midnight Soul Vibration 2.00am-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Thousand Faces of Indonesia 12.30pm Reel World 1.00 Adventure 1.30 Flavours of Italy 2.00 Gatherings and Celebrations 2.30 Voyage 3.00 Australian Train Journeys 4.00 Tales and Travels 5.00 Indonesia 5.30 Holiday Maker 6.00 Italy 6.30 Voyage 7.00 Magic of Africa 8.00 Go 2 8.30 Adventure 9.00 Tales and Travels 10.00 Flavours of France 10.30 Holiday Maker 11.00 Secrets of India 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Gluck 7.30 Stein 8.00 Cook's Tour 8.30 Fat Man 9.00 Delia 9.30 Antiques 10.30 Rooms 11.00 Home 11.30 House 12noon Terrace 12.30pm Right Moves 1.00 Gluck 1.30 Stein 2.00 Cook's Tour 2.30 Fat Man 3.00 Delia 3.30 Antiques 4.30 Rooms 5.00 Home 5.30 House 6.00 Terrace 6.30 Right Moves 7.00 Gluck 7.30 Stein 8.00 Cook's Tour 8.30 Fat Man 9.00 Delia 9.30 Antiques 10.30 Rooms 11.00 Home 11.30 House 12midnight Terrace 12.30am-1.00am Moves

UK ARENA
LIFESTYLE PACK

3.00pm The Look 4.00 FILM: I Know Where I'm Going *1947* 5.40 Sister Wendy's Grand Tour 6.00 Classic Albums 7.00 Reviews You Can Use 8.00 Dancing in the Street 9.00 Rutland Weekend Television 9.30 Playhouse: Harry's Kingdom 11.15 kd lang – Live in Sidney 12.15am Rutland Weekend Television 12.45 Dancing in the Street 1.40 kd lang – Live in Sidney 2.30-3.00am Rutland Weekend Television

Sunday 24 January

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Total Fishing 6.30 Rex Hunt 7.00 Hooked on Fishing 7.30 Hometime 8.00 Hometime 8.30 Our House 9.00 Total Fishing 9.30 Rex Hunt 10.00 Hooked on Fishing 10.30 Hometime 11.00 Hometime 11.30 Our House 12noon New Yankee Workshop 12.30pm Away with Words 1.00 Car Show 1.30 Road Show 2.00 Total Fishing 2.30 Two's Country 3.00-4.00am Time Team

DISCOVERY
WORLD PACK

4.00 Air Power
Helicopters and Cargo
A comprehensive look at modern air power and the increasing importance of helicopters in warfare.
5.00 Flightline
The king of aerobatic planes is put through its paces.
5.30 Classic Bikes
The Vespa and Lambretta.
6.00 Titanic's Lost Sister
Solving the mystery of the strange disaster of the *Titanic*'s almost identical sister ship, the *Britannic*.
7.00 The Supernatural
Sea Serpent
7.30 Creatures Fantastic
Mythical Cats
8.00 Mysteries of the Ancients
How the Anasazi people may have been driven from their mesa dwellings because of a war.
9.00 Scare Me
NEW Documentary which investigates the attraction of fear, evident in films, video games and extreme sports.
10.00 High Anxiety
Looks at the technology, engineering and social impact of lifts, said to be one of the safest methods of powered transport.
11.00 The Big C
Investigating the new understanding of how cancer works, thanks to the emerging science of genetics.
12midnight Discover Magazine
Living Fossils
1.00am-2.00am Justice Files
Painful Memories
Looks at the consequences of child abuse.

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Magic Roundabout 6.00 The Fruitties 6.30 Blinky Bill 7.00 Tabaluga 7.30 Sylvester and Tweety 8.00 Powerpuff Girls 8.30 Animaniacs 9.00 Dexter's Laboratory 10.00 Cow and Chicken 10.30 I am Weasel 11.00 Beetlejuice 11.30 Tom and Jerry 12noon The Flintstones 12.30pm The Bugs and Daffy Show 12.45 Road Runner 1.00 Freakazoid! 1.30 Batman 2.00 The Real Adventures of Jonny Quest 2.30 Mask

3.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
3.30 Scooby-Doo
More canine sleuthing.
4.00 Powerpuff Girls
Cute crime fighting.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
More superego than a superhero.
5.30 Cow and Chicken
Fun with the odd siblings.
6.00 Animaniacs
The adventures of three animated friends.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Batman
The Caped Crusader returns.
7.30 Fish Police
Law and order is enforced by the scales of justice.
8.00 Droopy: Master Detective
8.30-9.00pm Inch High Private Eye
Miniature sleuthing.

Want to know if your favourite episode of *Frasier* is on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

NICKELODEON
FAMILY PACK

7.00am Bruno the Kid 7.30 Stickin' Around 8.00 Aaahh!!! Real Monsters 8.30 Hey Arnold! 9.00 Rugrats 9.30 Doug 10.00 Angry Beavers 10.30 CatDog 11.00 The Wild Thornberrys 11.30 The Ren & Stimpy Show 12noon Wishbone 12.30pm Moesha 1.00 Sister Sister 1.30 The Journey of Allen Strange 2.00 The Secret World of Alex Mack 2.30 Kenan & Kel

3.00 Clarissa Explains it All
Educational comedy with the ever-so-practical Clarissa.
3.30 Kablam
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Baby fun.
5.00 Sister Sister
Tia, Tamera and their respective single parents try to live together.
5.30 Kenan & Kel
Fun with the funky friends.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy following the life of rich teenager Cher.
7.30 Grace Under Fire
8.00 Roseanne
Snoop Davey Dave
David calls on Darlene.
8.30 News Radio
Friends
Beth is overworked.
9.00 Cheers
The Crane Mutiny
The gang tells Frasier that Rebecca loves him.
9.30 Cheers
Paint Your Office
10.00 Taxi
Comedy about the employees of Sunshine Cabs who are waiting for their dreams to be fulfiled. Stars Danny DeVito
11.00 Dressing for Breakfast
11.30 The Larry Sanders Show
NY or LA?
Larry's future is in doubt.
12midnight Duckman
12.30am The Vacant Lot
1.00 Comedy Store
1.30 Club Class
2.00 Dr Katz
2.30 Soap
3.00 Tibs and Fibs
3.30-4.00am Nightstand

FOX KIDS
FAMILY PACK

6.00am Beetleborgs 6.25 Beetleborgs 6.50 Eek!Stravaganza 7.00 Power Rangers 7.25 Power Rangers 7.50 Terrible Thunderlizards 8.00 Oggy 8.25 Oggy 8.50 Casper 9.00 Donkey Kong 9.30 Donkey Kong 10.00 Mowgli 10.25 Mowgli 10.50 Home to Rent 11.00 Life with Louie 11.25 Life with Louie 11.50 Eek!Stravaganza 12noon Weekend Stacks: Sam and Max

3.30pm Roy and Lisa's Big Ride
3.35 Mortal Kombat
Follow the group of chosen warriors.
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
Alien fun.
5.00 Goosebumps
More spooky stories.
5.25 Eerie, Indiana
Out-of-this-world series.
5.55 Donkey Kong Country
Wacky adventures.
6.25 Sam and Max
6.50-7.00pm Eek!Stravaganza
Fun with Eek the cat.

SHOP!
LIFESTYLE/ SELECTION PACKs

6.00am Shop Selection! 7.00 Bargain Shop! 7.30 Feel Good Factor 8.30 Fitness Zone 9.30 Do it Yourself! 10.00 Home Style 11.00 Sporting Brands 12noon Jewellery Box 1.00pm Bargain Shop! 1.30 On Screen 2.30 Junior Sports Store 3.00 Silversmith 4.00 Branded! Funky clubwear from the hottest fashion brands. 5.00 Shop Selection! A roundup of the great offers on Shop! 6.00 Home Style Spring ideas for the kitchen. 7.00 Sporting Brands Outdoor and performance sportswear. 8.00 Silversmith Contemporary jewellery designs. 9.00 Switched On Expert advice on the latest in digital home entertainment. 10.00 Branded! 11.00 On Screen 12midnight Bargain Shop! 12.30am Shop Selection! 1.30 Silversmith 2.30 Do it Yourself! 3.00 Sporting Brands 4.00 On Screen 5.00-6.00am Branded!

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am BBC News 24 9.30 Seven Days 10.30 Science 11.10 Dateline London 12.30pm Chronicles 2.30 Seven Days 3.30 Science 4.30 Newsround 7.30 Correspondent 8.30 Face in the Crowd 9.30 Reporters 10.00 News 10.10 Dateline London 11.00 News 11.30 USA Direct 12midnight News 12.30am Simpson's World 2.30 USA Direct 3.30 Chronicles 4.00 News 4.30 Dateline London 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day plus: 5.00am News 5.30 Global View 6.30 Business 7.30 Sport 8.30 World Beat 9.30 Artclub 10.30 Sport 11.30 Earth 12.30pm Science and Tech 1.00 Report 2.30 Europe 3.30 Sport 4.30 Showbiz 5.00 Late 6.30 Business 7.30 Europe 8.30 Pinnacle Europe 9.30 Best of Insight 10.30 Sport 11.00 Worldview 11.30 Style 12midnight World 12.30am World Beat 1.15 Asian 1.30 Diplomatic Licence 2.00 World 2.30 Artclub 3.00 Time 4.30-5.00am NBA

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Business 10.00 Adam Boulton 11.30 Book Show 12noon News Today 1.30pm Fashion TV 2.00 News Today 2.30 Showbiz 3.30 Review 4.30 Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 Book Show 9.30 Showbiz 10.00 Prime Time 11.30 Review 12.30am CBS News 1.30 Adam Boulton 2.30 Business 3.30 Book Show 4.30 CBS News 5.30-6.00am Global Village

INTERNATIONAL

3SAT 6.00am Tele-Akademie 6.45 KunstStreifzüge 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Da Capo 9.15 Titel Folgt 10.00 Der Fall Liebknecht – Luxemburg 9.55 Union der Festen Hand 11.30 100 Wörter des Jahrhunderts 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Rückblende 12.45 Starporträt: Mario Adorf 1.30 Donnerwetter! 2.00 Jakob und Adele 3.00 Saat der Hoffnung 3.30 Vatikan – Die Macht der Päpste 4.10 Offen 4.30 Teletips 5.00 Tagebuch 5.15 Rundschau 6.00 Heute 6.10 Ruge NeunzehnZehn 7.00 Tagesschau 7.15 China: 5000 Jahre Zivilisation 8.15 Das Wissen vom Heilen 10.30 Der Kommisar 11.30 Sweet Machos 11.55-12.40am Wochenschau

TV5 6.00am TV5 Infos 6.05 Bus et Compagnie 7.00 TV5 Infos 7.05 Journal 7.30 Mission Pirattak 8.00 TV5 Infos 8.05 Bus et Compagnie 9.00 Journal 9.30 Rince ta Baignoire 10.00 Thalassa 11.00 TV5 Infos 11.05 Télécinéma 11.30 Journal 12noon TV5 Infos 12.05pm Faut pas Rêver 1.00 Journal 1.30 La Carte au Trésor 3.00 Journal 3.30 Kiosque 4.00 TV5 Infos 4.05 Kiosque 4.30 Questions Pour un Champion 5.00 Journal 5.30 Vivement dimanche 7.00 Journal 7.30 Journal et Journal du Temps 8.00 TV5 Infos 8.05 Faut pas Rêver 9.00 Journal 9.30 Sans Cérémonie 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Bhakti Sagar 9.00 Vinobha Bhave 10.00 Holy Quran 10.30 Buddha 11.00 Variety Programme 1.30pm Pakistan Business 1.30 FILM 6.00 BPL Oye 5.00 Spaghetti Junction 7.30 Fut a Fut 6.00 Paltan 6.30 Asianet Aur Aap 7.00 Daal Mein Kala 7.30 Golmaal 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight Main Anari Tu Anari 12.30am Asianet Aur Aap 1.00 FILM 4.00 Indipop 4.30 Balcony 5.00 Fut A Fut 5.30 Paltan 6.00 Chand Ghazalien 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Kya Scene Hai 6.30 Shabads 7.00 Faith 7.30 News 8.00 India Business Report 8.30 Sitaron Ka Karwan 9.00 Krishna 10.00 Out and About 10.30 Tandoori Masala 11.00 Aap Ki Adalat 11.30 Zee Health Show 12noon FILM: Tu Chor Mein Sipahi 3.00pm KTC Sa Re Ga Ma 4.00 Zee and You 4.30 Sofia 5.30 Hadd Kar Di 6.00 Adhikar 7.00 Fairdeal Antakshari 8.00 News 8.30 Daastan 9.00 FILM: Kranti 12midnight News 12.30am Zee World 1.00 Zee Bangla 1.30 Raahat 2.00 FILM: Mangal Sutra 5.00 Amar Kathayen 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 The Sandfords 4.30 This is Your Day 5.00 Voice of Faith 5.30 Potters House 6.00 Praise the Lord 7.00 Ray McCauley 7.30 Taking Authority 8.00 Winning Ways 8.30 Ray Bevan/Terry Savelle 9.00 Life is for Living/Power for Living 9.30 Holy Ground 10.00 This Generation 10.30-11.00am This is Your Day

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.19am Technology Report 3.15 Euro 99 4.24 Sports 5.45am Roundtable

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 10.00 Welsh Lobby 10.30 Select Committees 12noon America This Week 3.00pm Scottish Lobby 3.30-12midnight Select Committees

SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm 11.30 Emmerdale Farm 12noon Emmerdale Farm 12.30pm Emmerdale Farm 1.00 Emmerdale Farm 1.30 Albion Market
Kay and Lynne give Roy an ultimatum.
2.00 Albion Market 2.30 Albion Market
Louise stays out for the night.
3.00 Albion Market 3.30-4.00pm Albion Market
Hoa starts his training.

THE HISTORY CHANNEL
WORLD PACK

4.00pm Kings and Queens of England 6.00 When the Century Was Young
The World Belongs to Us
7.00-8.00pm Warhorse
The Last Charge
How 3000 years of military history was made on the back of the horse, an animal expected to be surpassed by the gun, but which was retained for its adaptability.

CABLE CHECK
Some of the channels listed may not be available in your area

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is DIY with Harry Greene at 10.00am.

RIGHT NOW - WE'LL PAY YOUR VAT ON EVERY 3 WINDOWS AND/OR DOORS YOU BUY - EVERY 4TH OFFERS YOU THE CHOICE OF ANY OF THESE...

JANUARY SALE AMAZING SAVINGS!

AMAZING SAVING
SAVE £700
ON A NEW PATIO DOOR†

AMAZING SAVING
SAVE £250
ON A NEW WINDOW

AMAZING SAVING
SAVE £350
ON A NEW FRONT/BACK DOOR

SAVE £700
ON A NEW CONSERVATORY

AN AMAZING SAVING WHEN YOU BUY
ANY 4 COLDSHIELD WINDOWS AND/OR DOORS

Take advantage now - ColdShield's uPVC beats every known quality standard in the world with prices fully inclusive of VAT, expert fitting by ColdShield Engineers, top quality, internally beaded Grade 1 uPVC, made to measure with full 28mm Double Glazing, manufactured to British and International standards as well as Integrated Security System and transferable guarantees.

But hurry - not for much longer are we offering to pay your V.A.T as well as the amazing saving of your choice with every fourth item ordered, but if you take advantage of our promotional finance scheme you can have your windows fitted now with nothing to repay until Summer 1999.

PHONE TODAY OR POST THE COUPON - DON'T MISS OUT.

PHONE FREE NOW & THERE'S
NOTHING TO REPAY UNTIL SUMMER

ISO 9002 REGISTERED COMPANY
BS 5750 REGISTERED COMPANY

COLDSHIELD
FINEST IN THE FIELD

15 YEAR WARRANTY Extension

SECURITY GUARANTEED
AVAILABLE, ASK YOUR COLDSHIELD SURVEYOR FOR FULL WRITTEN DETAILS OF OUR WINDOW FRAME SECURITY GUARANTEE EXTENSION

NO PUSHY SALESMEN GUARANTEED

NO SALESMEN WILL CALL UNLESS REQUESTED

Guaranteed Guarantee

EXTRA DISCOUNT FOR SENIOR CITIZENS

PHONE FREE TODAY
LINES OPEN 24 HOURS · WE PAY FOR THE CALL
0800 269 709

OR POST THE COUPON TODAY

I am not interested in any discount, please send me your free brochure for future reference ☐

I would like to arrange a free survey & reserve my discount ☐

Name.....

Telephone.....

Address.....

.....

.....Postcode.....

Post FREE to:- ColdShield Windows, FREEPOST, Stockport, Cheshire SK4 1YB.

CG 1/99

25.9% APR Variable example £1595 order with £1500 on finance over 60 months = minimum repayment of £44.44 each with the total amount repayable including £50 documentation fee £2666.40. Nothing to repay until next year using our optional 4 month deferred finance facility with repayments due before 1/5/99 covered by ColdShield subject to promotional terms, status etc. Offer(s) saving(s) cannot be used in conjunction with any offers + limited to every 4th item ordered from response to this specific media advertisement within the next 10 days. Conservatory prices exclude siting/fit. †Limited availability on stock sizes. Ask for free advice and full written details or quotation. ©ColdShield1998.

Monday 25 January

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00 AM
6.00am What Love Sees
1996, rating Sky PG, 88 mins
8.00 Steel Magnolias
Text *1989, rating Sky PG, 113 mins*
10.00 Magic in the Water
1995, rating Sky PG, 97 mins
12noon What Love Sees
1996, rating Sky PG, 88 mins
1.30pm Michael
John Travolta, Andie MacDowell
Comedy in which two journalists and a self-proclaimed angel expert set out to expose a funky dancer who claims he is an angel. Text *1996, rating Sky PG, DS, 101 mins*

3.00 PM
3.30
Barry Norman's Film Night
Movie news and reviews.

4.00 PM
4.00 Magic in the Water
Mark Harmon, Joshua Jackson, Harley Jane Kozak
Adventure. Glenorky has made an industry out of its local legend Orky, the creature inhabiting a nearby lake. Two kids who are determined to uncover the truth discover a story far more sinister than the existence of a mysterious sea creature. *1995, rating Sky PG, 97 mins*

5.00 PM
6.00 Steel Magnolias
Sally Field, Shirley MacLaine, Julia Roberts, Dolly Parton, Olympia Dukakis, Daryl Hannah
Comedy drama in which six very different women find their family loyalties and close friendships can help them through the most trying times of their lives – love, marriage, birth and death. Text *1989, rating Sky PG, 113 mins*

6.00 PM
8.00 Michael
John Travolta, Andie MacDowell, William Hurt, Bob Hoskins, Robert Patorelli, Jean Stapleton
Comedy in which two journalists and a self-proclaimed angel expert set out to expose a funky dancer who claims he is an angel. But he soon works his charms on the three of them. Text *1996, rating Sky PG, DS, 101 mins*

7.00 PM
10.00 Con Air
Nicolas Cage, John Cusack, John Malkovich, Steve Buscemi, Ving Rhames
Action thriller. A recently released prisoner is on board a maximum security aeroplane that is hijacked by its passengers who are a criminal assortment of psychopaths. *1997, rating Sky 18, 111 mins*

8.00 PM
11.55 Leo Tolstoy's Anna Karenina
Sophie Marceau, Sean Bean
Period drama. Text *1997, rating Sky 12, 104 mins*
1.45am
The Passion of Darkly Noon
1995, rating Sky 18, 97 mins
3.30-5.15am Edie and Pen
1996, rating Sky 15, DS, 94 mins

9.00 PM

10.00 PM

11.00 PM

12.00

NIGHT TIME

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am
Action Heroes: Harrison Ford
7.30 Movie Magic: Down and Out
8.15 Action Heroes: Andy Garcia
9.00 The Wind in the Willows
Text *1996, rating Sky U, 84 mins*
11.00 A Long Way Home
Drama. *1981, 92 mins*
1.00pm
Action Heroes: Harrison Ford
1.30 Movie Magic: Down and Out
2.15 Action Heroes: Andy Garcia

3.00 Amore!
Jack Scalia, Kathy Ireland, George Hamilton, Elliott Gould, James Doohan, Diana Cignoni
Romantic comedy in which a jaded banker decides to become a movie star and ditches his high-flying career and his marriage to go to Hollywood and become an actor like his hero, Rudolfo Carbonera. *1993, rating Sky PG, DS, 90 mins*

5.00 A Long Way Home
Rosanna Arquette, Timothy Hutton, Brenda Vaccaro, Paul Regina, John Lehne, George Dzundza, Bonnie Bartlett, Wil Wheaton, Seven Anne McDonald, Floyd Levine
Drama in which a young man goes in search of his brother and sister years after they are split apart and sent to different foster homes. *1981, 92 mins*

7.00
The Wind in the Willows
Steve Coogan, Eric Idle, Terry Jones, John Cleese, Victoria Wood, Nigel Planer
Live action version of this classic tale. Mole's underground home is bought by the Weasels from wealthy landowner Mr Toad, and Mole is thrown out. Text *1996, rating Sky U, 84 mins*

9.00 The Ticket
Shannen Doherty, James Marshall, Michael Paul Chan, Heidi Swedberg
PREMIERE Drama in which a couple are forced to deal with their crumbling marriage when they win $23 million. On their way to collect the cheque, the plane in which they are flying crash lands on an isolated snowy mountain. *1997, 117 mins*

11.00 Robocop 2
Peter Weller, Nancy Allen, Daniel O'Herlihy, Belinda Bauer
Futuristic thriller in which a metallic law enforcer scours the streets of Old Detroit. *1990, rating Sky 18, 111 mins*
12.55am Nemesis
1992, rating Sky 18, 92 mins
2.30 Hawk's Vengeance
1996, rating Sky 18, DS, 92 mins
4.10 Friday the 13th Part VI
1986, rating Sky 18, 84 mins
5.40-7.30am Amore!
1993, rating Sky PG, 90 mins

Daniel Day-Lewis and Helena Bonham Carter star in 'A Room with a View'. FilmFour 8.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm Father Brown
Alec Guinness, Peter Finch, Joan Greenwood, Cecil Parker, Bernard Lee, Sid James, Gerard Oury, Ernest Clark, Aubrey Woods, John Salew
A sleuthing priest has to outwit the villainous art thief Flambeau when he attempts to steal the priceless cross of St Augustine. *1955, rating Sky U, 87 mins*

6.00 The Dark Mirror
Olivia de Havilland, Lew Ayres
Complex thriller in which a woman, Ruth Collins, is said by several witnesses to be at the scene of a murder. However, Ruth has a twin sister, Terry, who has been diagnosed as psychotic. It is up to the psychiatrist to diagnose the two sisters. *1946, rating Sky PG, 82 mins*

8.00 Howards End
Emma Thompson, Vanessa Redgrave, Anthony Hopkins, Helena Bonham Carter, Joseph Bennett, Prunella Scales
Drama set in the early part of this century. Two sisters meet a wealthy family who own a cottage called Howard's End, full of their most cherished possessions. When the elder sister, who desperately wants to live in the cottage, marries into the family, they stop her from taking the possessions. *1992, 140 mins*

10.30 Brubaker
Robert Redford, Yaphet Kotto, Jane Alexander, Morgan Freeman, Murray Hamilton, David Keith, Matt Clark, Tim McIntire, Richard Ward
Drama in which a prison warden sets out to expose ill-doings in the Deep South's jail system. *1980, rating Sky 15, 125 mins*
12.40am M.A.S.H
Donald Sutherland, Elliott Gould
1970, rating Sky 15, 111 mins
2.35 The Europeans
Drama. *1979, 90 mins*
4.10-5.45am Son of Frankenstein
1939, rating Sky PG, 95 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm
The Last Challenge
Glenn Ford, Angie Dickinson, Chad Everett, Gary Merrill
A town sheriff with a reputation for being the fastest gun in the West is confronted by a young gunslinger, who is out to kill him and capture the title. Seeing his own younger self in the gunslinger, the lawman attempts to dissuade him. *1967, 92 mins*

11.00 White Heat
James Cagney, Edmund O'Brien, Virginia Mayo, Steve Cochrane
Classic crime drama following the rise and fall of a psychopathic gangster who is unaware that his gang is plotting to push him into one final doomed heist. *1949, 109 mins*
1.15am Travels with My Aunt
Maggie Smith, Alec McCowan
Drama. *1972, 103 mins*
3.15-4.50am The Last Challenge
Western. *1967, 92 mins*

Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm
P'tang Yang Kipperbang
John Albasiny, Maurice Dee Abigail Cruttenden
Light comedy set in the late Forties detailing the romantic fantasies and predicaments of young teens and their elders, and in particular their English teacher. Directed by Michael Apted, the man who helms the next Bond Project. *1982, 85mins*

8.00 A Room with a View
Maggie Smith, Denholm Elliott Helena Bonham Carter
When Lucy Honeychurch and chaperone Charlotte Bartlett find rooms in Florence offer no prospect, fellow guests Mr Emerson and son George step in to remedy the situation. However, meeting the Emersons could change Lucy's life. *1986, 117mins*

10.00 Portraits Chinois
Helena Bonham Carter, Romane Bohringer, Marie Trintignant, Yvan Attal
Ada and Lise are both costume designers working hard to break into the film industry. Lise meets a producer Alphonse, who is nearly 20 years her senior, and a relationship quickly evolves. Ada's lifestyle brings her own problems. *1996, 107 mins*
12midnight Party Girl
Parker Posey, Omar Townsend
Drama. *1995, 94 mins*
1.35 To Die For
Black comedy. *1995, 102 mins*
3.20 Raining Stones
Ken Loach drama. *1993, 87 mins*
4.50-6.00am Detour
Mystery thriller. *1946, 67mins*

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
TRIAL AND ERROR
Courtroom comedy in which an actor ends up impersonating his lawyer buddy in court. Stars Michael Richards, better known as *Seinfeld*'s Kramer. *1997, rating Sky 12, 94 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
WINGS OF THE DOVE
Romantic period drama based on the novel by Henry James. Stars Helena Bonham Carter, Linus Roache and Michael Gambon. *1997, rating Sky 15, 100 mins*
PLAYS AT 7.00am, 9.00am, 6.00pm, 8.00pm, 10.00pm 4.00am

Sky Box Office 3
Channel 53
ALL DAY MOVIE TICKET: THE BORROWERS
Comic adventure. *1997, rating Sky U, 83 mins*
PLAYS AT 6.00am, 7.30am, 9.00am, 10.30am, 12noon, 1.30pm, 3.00pm, 4.30pm, 6.00pm, 7.30pm, 9.00pm, 10.30pm, 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 4
Channel 54
ONE NIGHT STAND
Haunting, erotically charged examination of infidelity from *Leaving Las Vegas* director Mike Figgis. Starring Wesley Snipes, Nastassja Kinski and Robert Downey Jr. *1997, rating Sky 18, 99 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Monday 25 January

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
Cheating Secrets Caught on Tape

3.00 Jenny Jones
US talk show hosted by comedienne Jenny Jones. People who were regarded as geeks show off their new images to those who used to taunt them.

4.00 Guilty!
Carole Malone passes sentence on wrong-doing friends, family and colleagues, with a little bit of help from the 100-strong jury audience.

5.00 Star Trek: Deep Space Nine
Business as Usual
Given the chance to finally erase his debts, Quark agrees to work for an arms dealer. Text

6.00 Married... With Children
Breaking Up is Easy to Do – Part III Text
6.30 Friends Text

7.00 The Simpsons
The Canine Mutiny Text
7.30 The Simpsons
The Itchy and Scratchy and Poochie Show Text

8.00 Star Trek: Deep Space Nine
One Little Ship
Dax, O'Brien and Bashir are Sisko's only hope when the Jem'Hadar take over. Text

9.00 First Wave
Hypnotic
Science fiction series. Cade decides to investigate when a young couple claim to have been abducted by aliens.

10.00 South Park
Cow Days
It's rodeo time in South Park.
10.30 Seinfeld
The Strong Box
Top rated US sitcom. Text

11.00 Friends
The One Where Old Yeller Dies
Comedy with the six friends. Text
11.30 Star Trek: Deep Space Nine
Business As Usual Text

12.30am Highlander: The Series
Legacy
When Amanda's mentor Rebecca is killed, she is determined to avenge the death.
1.30-7.00am Long Play
It's a VJ-free music zone with something for everyone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Loyal to the Last

3.25 The Bill
Rent
A young busker is hit by a car. Was it an accident?
3.55 EastEnders
More drama from the residents of Albert Square.
4.30 Rhoda
American sitcom about a single Jewish woman living in New York.

5.00 All Creatures Great and Small
Charity Begins at Home
Cost-conscious Siegfried decides to limit the use of a new brand of expensive tablet.

6.00 Dynasty
American soap about the Carrington oil clan. With John Forsythe, Linda Evans, Pamela Sue Martin, Lloyd Bochner, Katy Kurtzman and Dale Robertson.

7.00 2Point4 Children
When the Going Gets Tough, the Tough Go Shopping
Domestic sitcom.
7.40 It Ain't Half Hot, Mum
Star Commandos
Wartime sitcom.
8.20 Yes, Minister
The Challenge
Sitcom about a British government minister and the advisers who surround him.

9.00 Tears Before Bedtime
Comedy drama series about three couples struggling to hang on to their child minders. Stars Peter Howitt.

10.05 Hamish Macbeth
The Lochdubh Assassin
Gentle police drama series. Isobel briefly returns to Lochdubh to help two friends escape from a gang of hoods.

11.10 Sports Anorak of the Year
Sports quiz with Rory McGrath.
11.45 The Bill
Loyal to the Last
Will Beech manage to arrest a suspected forger?
12.15am The Bill
Rent
12.45 Backup
Touched
1.40 French and Saunders
2.10-3.00am Colin's Sandwich
A Piece of Cake

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
Anthology mystery series.
2.10 LA Law

3.10 Living Room
Jayne Irving and Amanda Cross host an upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
British Men are Lousy Lovers
No-holds-barred talk show which tackles sensational subjects with a studio audience.
4.50 Rolonda
Desperate Moms Confront Destructive Teens
Audience participation talk show.
5.40 Ready, Steady, Cook
Richard Cawley and Patrick Anthony create exciting new recipes from surprise ingredients.

6.15 The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in heated debate.

7.05 Rescue 911
Stories of real-life rescues by American emergency services. Hosted by William Shatner.
7.35 Animal Rescue
More pets in distress are saved.
8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.

9.00 FILM: The Absolute Truth
Jane Seymour, William Devane, Linda Purl
Political thriller. In the midst of a hotly contested presidential election, a reporter discovers that one of the senators running for office has a history of sexual assaults. *1997*

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 Doctor in the House 8.00 That's My Boy 8.30 Up the Garden Path 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-O 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Agony 2.00 thirtysomething

3.00 The Love Boat
The Inspector
The crew gets nervous when they learn that an efficiency expert is on board, and love blooms between two couples.

4.00 The Saint
The People Importers
The Saint investigates a racket which smuggles illegal immigrants into Britain. With Roger Moore.

5.00 Hawaii Five-O
A Woman's Work is With a Gun
McGarrett arrests three troubled women who have taken up robbing scenic tour buses as a means of making money.
6.00 Emmerdale
Seth's hat problem continues.
6.30 Classic Coronation Street
Aggro breaks out at Sharon's birthday party.

7.00 Mission: Impossible
The Counterfeiter
The IMF encounters an international drug-counterfeiting ring which supplies the sick with fake and imitation drugs.

8.00 The Love Boat
The Inspector
The crew gets nervous when they learn that an efficiency expert is on board, and love blooms between two couples.

9.00 Classic Coronation Street
9.30 The Comedians
Stand-up comedy compilation.
10.00 Jokers Wild
10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Rally World
Eric Michell presents rally action from around the globe.
11.30 Car File
A look at small cars which are best suited to the city.
12midnight 2 Wheels
Biking magazine programme.
12.30am Motor Week
1.00 Through the Gears
Topical international motoring and bike sport magazine show. Presented by Merrick Beesley.
1.30-2.00am 4 Wheels Good
Motoring magazine programme.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush Family 10.00 Bite Size 10.10 Tots TV 10.30 Big Garage 10.45 PB & J Otter 11.00 Sesame St 12noon Spot 12.05pm Animal Shelf 12.15 Pocket Dragons 12.30 Bear 12.55 Toothbrush Family 1.00 Bite Size 1.15 Tots TV 1.30 Big Garage 1.45 PB & J Otter 2.00 Quack Pack 2.30 Winnie

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text
3.30 Art Attack
Award-winning innovative art show with Neil Buchanan. Text

4.00 101 Dalmatians
More canine capers and daring doggy deeds. Text
4.30 Hercules: The TV Show
Animated adventures with the Greek demi-god.

5.00 Recess
Animated series. Text
5.15 Pepper Ann Text
5.30 Smart Guy
A clever ten year old is moved up four years at school.

6.00 Teen Angel
Who's the Boss
Marty gets an earthly visit from his heavenly overseer. Text
6.30 Boy Meets World
Raging Cory

7.00 Honey, I Shrunk the Kids
Honey, I Know What You're Thinking
Madcap scientific antics. Text
7.50 Classic Toons

8.00 FILM: Return from Witch Mountain
Bette Davis, Christopher Lee
Two youngsters from the interplanetary community of Witch Mountain visit a big city, and run into an evil scientist who wants to use their powers for his own ends. *1978* Text
9.30 Home Improvement
Award-winning sitcom starring Tim Allen.

10.00 Dinosaurs Text
10.30 The Wonder Years
Rock 'n' Roll Text
11.00-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

MONDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

Robocop 2
Sky MovieMax 11.00pm

The bruising sequel to the adventures of the re-inforced law enforcer (Peter Weller), who is continuing his crusade against urban crime, along with his partner Nancy Allen. This time two powerful new adversaries from the drug world await our metal hero.

GENERAL

Antiques Roadshow
UK Style 10.00pm

I never tire of seeing little old ladies from Amersham turn up with huge wardrobes, give the *Antiques Roadshow* team a complete family history and then look astonished when one of the experts tells them their heirloom is worth more than ten grand.

ADVERTISEMENT

UK HORIZONS
HITLER & THE INVASION OF BRITAIN 9.00PM
In 1940, Hitler was poised to launch 'Operation Sea Lion' and invade Britain when he changed his mind and decided to attack the Soviet Union. *Timewatch* discovers how this decision helped save Britain and led to his downfall.

Monday 25 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

MORNING

6.00 AM
7.30am Car on Ice
Coverage of the Andros Trophy in Serre Chevalier, France.
8.00 Tennis – LIVE
Coverage of the eighth day of the Australian Open in Melbourne.
12noon Tennis
All the latest action from the Australian Open in Melbourne. The 1999 prizepool is $A 11.75 million which is a 17.5 per cent increase over last year's total prize money. First played in 1905, this year's Open is the 86th edition. The Tournament has been held at six different venues: Sydney, Adelaide, Brisbane, Perth, New Zealand and Melbourne since 1972 and Flinders Park was built in 1986. This year the defending title holders are Petr Korda and Martina Hingis.

3.00 PM

4.00 PM

5.00 PM

6.00 PM
6.30pm
Figure Skating – LIVE
Up-to-the-minute coverage of the European Championships in Prague, Czech Republic. The 1999 European Championships starts today and continues until the 31st of January in Prague. This city has already hosted the Championships in 1948 and 1988, and the World Championships in 1962 and 1993. One-hundred and eighty skaters from 34 nations are expected to compete for the total prize money of $517,000
9.30 Tennis
Highlights of the Australian Open in Melbourne.

7.00 PM

8.00 PM

9.00 PM

10.00 PM
10.00 Football
Eurogoals magazine.

11.00 PM
11.30-12.30am
Boxing
Coverage of an international contest.

12.00
NIGHT TIME

SKY SPORTS 1
PREMIUM CHANNEL

MORNING

6.00 AM
7.00am
Football Cup Special
8.30 Racing News
9.00 Aerobics Oz Style
9.30 Gillette
World Sport Special
10.00 Scottish Football
12noon Aerobics Oz Style
12.30pm What a Weekend
1.00 Football Cup Special
2.30 Spanish Football
Action from a key match in La Liga. The Spanish top flight boasts the likes of Barcelona, Atletico and Real Madrid, and Deportivo La Coruna, so excitement is never far away.

3.00 PM

4.00 PM
4.00 Moto-Plus
Series for those who like to live life in the fast lane.
4.30 V-Max
An insight into the world of speed.

5.00 PM
5.00 Outdoor Quest
The venue is Dali in China for this event, with a total of $200,000, which offers the world's richest adventure race event.

6.00 PM
6.00
Sky Sports Centre
Sports news programme.
6.30 What a Weekend
A look at the best of this weekend's sport.

7.00 PM
7.00 Table Tennis: Grand Finals
Highlights of the Table Tennis Grand Finals taking place in Stade Pierre De Coubertin in France.

8.00 PM
8.00 Outdoor Quest
The venue is Dali in China for this event, with a total of $200,000, which offers the world's richest adventure race event.

9.00 PM
9.00 Wrestling: World Wrestling Federation Royal Rumble
Witness a new dimension in family entertainment with highlights from all the key moments in the World Wrestling Federation's Royal Rumble.

10.00 PM

11.00 PM

12.00
NIGHT TIME
12.15am Sky Sports Centre
12.30 You're On Sky Sports!
1.00
Football League Review
2.00 Wrestling: World Wrestling Federation Royal Rumble
5.15-5.30am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

MORNING

6.00 AM
7.00am Aerobics Oz Style
7.30 Racing News
8.00 Euro Tour Golf: South African Open
10.00 Basketball: Birmingham Bullets v Greater London Leopards
12noon Outdoor Quest
1.00pm Ford Golf USA: Bob Hope Chrysler Classic
The famous Bob Hope Chrysler Classic golf tournament continues into its fifth day with live coverage from the US. *Repeat from Sunday*

3.00 PM

4.00 PM
4.00 Triathlon – 1998 World Cup: Zurich
Join the host of athletes competing in long distance cycling, track and swimming events.

5.00 PM
5.00 Football League Review
A blow-by-blow account of all the recent Nationwide league action, including a look at every goal scored.

6.00 PM
6.00
World Windsurfing
Action from the sea.
6.30 V-Max
An insight into the world of speed.

7.00 PM
7.00
FA Cup Special – LIVE
Action from the fourth round of this season's FA Cup as two teams bid to take a step closer to the hallowed turf of Wembley Stadium. The world famous venue is to stage the Cup Final in May for the last time before it undergoes a major facelift. Commentary from Martin Tyler.

8.00 PM

9.00 PM

10.00 PM
10.00
Sky Sports Centre
10.15
You're On Sky Sports!
10.45 Table Tennis: Grand Finals
Watch the final competitors play for the title and the prize total of $220,000. Staged at the Stade Pierre de Coubertin in France.
11.45 Outdoor Quest

11.00 PM

12.00
NIGHT TIME
12.45am Polo: World Polo Championships
1.45 FA Cup Football Special
3.15 Sky Sports Centre
3.30-6.00am
International Cricket: England v Australia – LIVE

SKY SPORTS 3
PREMIUM CHANNEL

MORNING

6.00 AM
12noon Motor Racing: Indy Race League 200 – LIVE
Action comes from Walt Disney World as the 1999 Indy Race League gets into gear.
2.30pm Watersports World
The show that gives the viewer a comprehensive insight into a number of watersports, such as elegant sailing, jetskiing and serene scuba diving.

3.00 PM
3.30 Table Tennis: Grand Finals
Watch the final competitors play for the title and the prize total of $220,000. Staged at the Stade Pierre de Coubertin in France.
4.30 Polo: World Polo Championships 1998
Action from the fast paced 1998 World Polo Championships.
5.30 Totalsport
Programme which lifts the lid on the biggest issues facing world sport.

4.00 PM

5.00 PM

6.00 PM
6.00 Fish TV: Tony Dean Outdoors
Fishing tips.
6.30 Fish TV: Gone Fishing
Hosted by Graham Sinclair.

7.00 PM
7.00
World Motor Sport
Fast-paced coverage from the circuit where all the latest news and views are tracked. From the frantic pace of the Indy Racing League, to the never-say-die approach of the NASCAR series, this show features every lap from every track. The programme also includes features on the key movers and shakers in the race world. In addition, viewers can gain an insight into life behind the wheel.

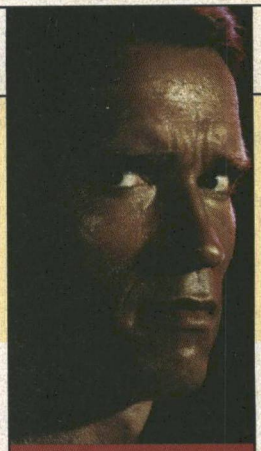
8.00 PM

9.00 PM

10.00 PM
10.00
Shells Wonderful World of Golf: Sarazen v Cotton
A look back at the careers of two sporting legends.
11.00-11.30pm
A to Z of Motorsport
A look back over some classic footage from the archives.

11.00 PM

12.00
NIGHT TIME



'The Running Man' stars Arnold Schwarzenegger as a man wrongly convicted of murder. Sci-Fi 10.00pm

MUTV
ADD-ON CHANNEL

MORNING

6.00 AM
6.00pm Game On
6.15 The Insiders
Meet the unsung heroes behind the scenes of Man-U.
6.30 Kids Clinic
The team pass on top tips.

7.00 PM
7.00 Red Hot News
A roundup of all the latest developments in Man-U.
7.30 Red Legends
A journey through the Old Trafford archives.

8.00 PM
8.00 Supermatch: Premier Classic: Wimbledon v Manchester United
A classic encounter at Selhurst Park from 1993 as the Reds take on Wimbledon.

9.00 PM

10.00 PM
10.00
Talk of the Devils
Journalists and fans debate the latest developments at Man-U.
10.45
Junior Masterfan
Teams of under-16s play for the title *Junior Masterfan*.
11.15 Jump 'n' Pump
11.30-12midnight
Red Hot News

11.00 PM

12.00
NIGHT TIME

SCI-FI
ACTION PACK

MORNING

6.00 AM
7.30am Bloomberg Information Television
8.00 Sightings
9.00 Battlestar Galactica
10.00 Quantum Leap
11.00 Dark Shadows
11.30 New Alfred Hitchcock
12noon The Twilight Zone
12.30pm The Twilight Zone
1.00 Tales of the Unexpected
1.30 Tales of the Unexpected
2.00 Amazing Stories
2.30
Mysteries, Magic and Miracles
3.00
Battlestar Galactica
Saga of a Starworld
A 12-colony space mission is sabotaged and the home planets are destroyed.

4.00 PM
4.00
The Incredible Hulk
Banner travels to Hawaii to enlist the expertise of Dr Fields in his search for a cure to his condition.

5.00 PM
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. Presented by Tim White.

6.00 PM
6.00 Time Trax
A Stranger in Time
Darien Lambert fights to stop an evil scientist from using science to send criminals back in time.

7.00 PM
7.00 Quantum Leap
Last Dance before an Execution
Sam finds himself in the identity of a convicted murderer.

8.00 PM
8.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. Presented by Tim White.

9.00 PM
9.00 PSI Factor – Chronicles of the Paranormal
The Greenhouse Effect/ The Buzz
A plague hits a small town.

10.00 PM
10.00 FILM: The Running Man
Arnold Schwarzenegger
Futuristic thriller. A TV host seizes upon a man framed for murder in a bid to boost ratings for his gladiatorial pursuit show, *The Running Man*, in which convicts are given the chance to win their freedom. *1987*
11.55 Sci-Focus

11.00 PM

12.00
NIGHT TIME
12midnight PSI Factor – Chronicles of the Paranormal
1.00am FILM: House
William Katt, George Wendt
Horror. *1985*
2.45 Sci-Focus
3.00 The Twilight Zone
Kick the Can
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

MORNING

6.00 AM

7.00 AM

8.00 AM

9.00 AM

10.00 AM

11.00 AM

12.00 PM

1.00 PM

2.00 PM

3.00 PM
4.00pm Trisha
Trisha Goddard shares heartwarming and hair-raising true stories with a studio audience.
4.50 Trailblaze
The travel show that goes beyond the usual destinations, from climbing in the Austrian Alps to a safari in Botswana.
5.00 The Mix
Weekly rundown of the charts.

4.00 PM
6.00 Bedrock
Including music, bedroom web-cams and e-mail activity.
7.00 H2O
Nick Knowles takes an offbeat look at sailing.
7.30 NBA Action
Latest US basketball action.
8.00 My Wonderful Life
Comedy starring Emma Wray.
8.30 Maggie Winters
US sitcom about a woman whose dreams went bust.

5.00 PM
9.00 I Suppose You Think That's Funny
Celebrity panel game featuring teams of established comedians. Hosted by Liza Tarbuck.
9.30 Babes in the Wood
St John's Wood sitcom with Denise Van Outen.
10.00 Coronation Street
11.00 The Grimleys
Comic drama set in the summer of 1975.
12midnight-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

MORNING

6.00 AM

7.00 AM

8.00 AM

9.00 AM

10.00 AM

11.00 AM

12.00 PM

1.00 PM

2.00 PM

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00
NIGHT TIME
12midnight The Ten Minute Free View 12.10am Dirty Talk 12.20 ..... and Muttley 12.45 FILM: Sex Freaks 1.00 Five Minute Free View 1.05 FILM continues 2.00 Unearthing Passions 2.25 FILM: Sizzle 2 3.40 Hottest Asian Babes 4.10-5.30am FILM: Phantom of the Cabaret

ADULT CHANNEL
ADD-ON CHANNEL

MORNING

6.00 AM

7.00 AM

8.00 AM

9.00 AM

10.00 AM

11.00 AM

12.00 PM

1.00 PM

2.00 PM

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00
NIGHT TIME
12.10am Gay Night: Man Hunt 12.15 Gay Night 12.30 Gay Night: Man Hunt in Ibiza 12.40 Gay Night: Forbidden Zone 1.05 Gay Night 2.05 Gay Night: Bad Boys Ball 2.55 Gay Night 3.05-4.00am Gay Night: Man for Man: Hard

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

MORNING

6.00 AM

7.00 AM

8.00 AM

9.00 AM

10.00 AM

11.00 AM

12.00 PM

1.00 PM

2.00 PM

3.00 PM

4.00 PM

5.00 PM

6.00 PM

7.00 PM

8.00 PM

9.00 PM

10.00 PM

11.00 PM

12.00
NIGHT TIME
8.00pm
FILM: Out of Darkness
Susan Strasberg
Adventure set in Africa.
9.30 Midnight Embers
10.00 FILM: Desperation Highway
Thriller about four friends who are on the run from their horrific childhood memories.
11.30-12midnight
Erotic Landscapes

Monday 25 January

Leona Daly travels from Argentina to Alaska in 'Across the Line'. Travel 4.30pm, 10.30pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Games Room
5.15 Crosswits
Cryptic crossword quiz with Tom O'Connor.
5.45 The Games Room
Win big money prizes.
6.00 Family Fortunes.
Big money gameshow hosted by Max Bygraves.
6.30 The Games Room
6.45 Catchphrase
Hosted by Roy Walker.
7.15 The Games Room
Win big money prizes.
7.25 100 Per Cent
General knowledge quiz without a host.
7.55
The Crystal Maze
A team of contestants tackles a series of games and fiendish challenges in a giant fantasy world. Hosted by Richard O'Brien.
9.00 The Games Room
9.15 Strike it Lucky
Michael Barrymore hosts the fast-action gameshow.
9.45 The Games Room
Win big money prizes.
10.00
Candid Camera
10.30
Karaoke Challenge
Jonathan Morris hosts the karaoke competition.
11.00
Carnal Knowledge
The quiz show that reveals the most intimate secrets of contestants. With Graham Norton.
12midnight Strike it Lucky
12.30am Split Second
1.00 3-2-1
2.00 Love at First Sight
2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters
4.00 Fifteen to One
4.30 Don't Drink the Water
5.00-6.00am Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
More troubled souls recieve advice.
3.30 Lie Detector
Uncovering deceit the modern way.
4.00
Indecent Proposals
More daring deeds.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
More troubled souls receive advice.
5.30 Why Files
Psychic investigations into strange events.
6.00
The Fashion Show
The latest trends.
6.30
Indecent Proposals
Embarassment for cash.
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
More troubled souls recieve advice.
8.00 The Why Files
Psychic investigations into strange events.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Women's Wrestling
Coverage of another top bout.
9.57 Topless Darts
More shapely throwing.
10.00
Hollywood Uncovered
An insider's look at the porn industry in LA.
10.30 Exotica Erotica
11.30 Blue Review
11.45 Painted Ladies
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasuredome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Janeycam 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 Restaurant 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Coxon's Kitchen College 12noon Network 12.30pm Winter Nosh 1.00 Food for Thought 1.30 Rustie's Real Cooks 2.00 Lunch 2.30 Network 3.00 Jenny Bristow Cooking in the Kitchen 3.30 Coxon's Kitchen College 4.00 Vin Ordinaire 4.30-5.00pm An Umbrian Kitchen

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 London Bridge
Isobel sheds a few tears for Nick, and Sam makes a dangerous diagnosis.
6.30 Home to Roost
The Way We Were
7.00 Boon
Bully Boys
Ken and Harry are shocked when they delve into the affairs of a local landlord. Starring Michael Elphick.
8.00 Birds of a Feather
Dead Loss
8.30
The 10 Percenters
Awards
Office comedy.
9.00 The Ruth Rendell Mysteries: From Doon with Death
The arrival of a letter sets Wexford off on the right track to solving a mystery.
10.00 Big Sky
Just Between Us
Scotty becomes involved in a kidnapping after transporting a young couple and their sick nephew.
11.00
Hill Street Blues
Influential Eighties police drama series about Captain Frank Furillo and the officers of Hill Street station.
12midnight Home to Roost
The Way We Were
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow in which three contestants battle their way through five quick-fire rounds of word puzzles.

ANIMAL PLANET
WORLD PACK

12noon Animal X
12.30pm Ocean Wilds
Ningaloo
1.00 Nature Watch with Julian Pettifer
Who's Afraid of the Big Bad Wolf?
1.30 Australia Wild
Survival on the Reef
2.00 It's a Vet's Life
2.30 Human/Nature
Charting human relationships with animals and the elements.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00 Jack Hanna's Animal Adventures
Elephants of Amboseli
See elephants in Kenya.
4.30 Animal Doctor
The work of RSPCA vets.
5.00 Pet Rescue
Follow the fortunes of abandoned animals.
5.30 Australia Wild
From Snow to the Sea
A look at Gippsland.
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
The Horse Eater
7.00
Rediscovery of the World: The Philippines
A visit to the archipelago of Palawan to explore a labyrinth of caves.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Going Wild with Jeff Corwin
Corcovado, Costa Rica
9.00 Wild at Heart – Fur Seals
Drawing an understanding of the animal kingdom.
9.30 Emergency Vets
Vets save more animal lives.
10.00
Saving the Tiger
A film on the ecology and conservation of the tiger, documenting rarely-seen aspects of the big cat's life.
11.00
Breed All About It
Alaskan Malamutes
A profile of the malamute.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.30 Esther 10.00 The Cruise 10.30 Trust Me, I'm a Doctor 11.00 Clive James – Postcard from Cairo 12noon Tomorrow's World Plus 1.00pm Crime Limited 1.30 The Great Egg Race 2.00 Househusbands

3.00 Zoo's Company
Urban Gorillas
Follow the keepers and animals at three different Australian zoos.
3.30 Vanessa
Vanessa Feltz tackles real-life issues with a studio audience.
4.30 Esther
Young Models
With Esther Rantzen.
5.00 Hotel
Tension escalates when some guests become ill.
5.30 Secrets of the Paranormal
Doctor Who?
6.00
The Ascent of Man
The Starry Messenger
How humans began to understand about the stars and planets.
7.00 Einstein's Brain
Einstein's brain was removed by doctors for scientific study, but 40 years later its whereabouts is still unknown.
8.00 Life on Earth
Invasion of the Land
Evolution reached a crucial stage when fish crawled onto the land and became amphibians.
9.00 Hitler and the Invasion of Britain
Examining evidence that Hitler had retrained his sights on Russia even before the Battle of Britain.
10.00 Lakesiders
Vanessa Feltz is hosting her own dating game at the shopping centre.
10.30 Hollywood Men
The High Life
How brutal Hollywood can be when you get older.
11.30 Top Gear GTi
Testing the latest models and casting an experienced eye over the hottest motoring news.
12.30am-1.00am Crime Limited
Nick Ross presents the series intended to help crime victims by telling their stories through interviews and reconstructions.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 Healthbeat 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Good Housekeeping Show 11.30 Gorgeous Gardens 12noon Club Vegetarian 12.30pm Healthbeat 1.00 Livetime 2.00 The View

3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00
More Calories, Please
A celebration of puddings.
4.30
Gorgeous Gardens
Presented by Lisa Davis.
5.00-6.00pm
Sally Jessy Raphael
Could You Save Your Child's Life?
American talk show.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Cape Followers
A look at the elephant capes of Addo.
7.30
Heart of the Congo
8.00
Mysterious Elephants of the Congo
Jane Fonda takes a look at the plight of Africa's forest elephants.
9.00 India in Focus: Spell of the Tiger
A look at the tigers of Sundarbans in India.
9.30 India in Focus: Elephant Island
10.00 Whales!
This film surveys the wide variety of whales and documents the mammal's historic decline due to commercial whaling.
11.00 Lost Worlds: Ancient Graves
An attempt to shed light on the most profound mysteries of race and human origins.
12midnight-1.00am On the Edge: Sea Monsters – Search for the Giant Squid
For as long as people have sailed the seas there have been reports of terrifying sea monsters attacking ships.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Kickstart
9.00 Mad for Hits
2.00pm US Top 20
3.00 Bytesize MTV
4.00 Select MTV
MTV's video jukebox presented by Donna Air.
6.00 Real World Seattle
6.30 Say What?
7.00 Non-Stop Hits
Continuous tunes.
8.00 Hitlist UK
9.00 Bytesize MTV
The best of MTV from around the world.
10.00 Real World Seattle
A fly-on-the-wall look at a group of young people brought together to share an apartment in Seattle.
10.30 UK Singled Out
Provocative dating gameshow.
11.00 Non-Stop Hits
Continuous tunes.
12midnight Superock
2.00am Real World Seattle
A fly-on-the-wall look at a group of young people brought together to share an apartment in Seattle.
2.30 UK Singled Out
3.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Wet Wet Wet 1.00pm Greatest Hits of... Wet Wet Wet 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour 7.00 Hits 8.00 Album Chart 8.55 Made in Scotland Week 9.00 Ten of the Best: Del Amitri 10.00 Storytellers – Rod Stewart 10.30 Rock'n'Roll Classics 11.00 Greatest Hits of... The Scots 12midnight Country 1.00am Reba McEntire – Starting Over 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Caprice's Travels 12.30pm Flying Sofa 1.00 Holiday Maker 1.30 Australian Gourmet 2.00 Flavours of Italy 2.30 Secrets of India 3.00 Orinoco to the Andes 4.00 Go Greece 4.30 Across the Line NEW SERIES 5.00 Written in Stone 5.30 Places of Africa 6.00 Australian Gourmet 6.30 On Tour 7.00 Caprice's Travels 7.30 Flying Sofa 8.00 Travel Live 8.30 Go Greece 9.00 Orinoco to the Andes 10.00 India 10.30 Across the Line 11.00 On Tour 11.30-12midnight Africa

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 All the Right Moves 8.00 Style Challenge 8.30 All Over the Shop 9.00 Ready, Steady, Cook 9.30 Change That 10.00 Antiques Roadshow 11.00 Ground Force 11.30 The Terrace 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Gluck, Gluck, Gluck 2.30 The Flower Show 3.00 Stefan's Garden Roadshow 3.30 Can Ski... Will Ski! 4.00 The House Detectives 4.30 Antiques Roadshow

5.30 All Over the Shop
6.00 Off the Beaten Track
6.30 Wilderness Walks
7.00 Rough Guide to the World
8.00 Style Challenge
8.30 Change That
9.00
Delia Smith's Winter Collection
9.30
Celebrity Ready, Steady, Cook
10.00 Antiques Roadshow
11.00 Ground Force
11.30 Growing Places
12midnight
Stefan's Garden Roadshow
12.30am-1.00am Travel Xpress

Monday 25 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 Painted House 8.00 Wedding Story 8.30 Baby Story 9.00 Simply Painting 9.30 Great Garden Game 10.00 Bloom 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt 12noon Australia's Improvements 12.30pm Doing It Up 1.00 Our House 1.30 Hometime 2.00 New Yankee Workshop 2.30 Home Again 3.00 Old House 3.30 Go Fishing

DISCOVERY
WORLD PACK

3.00 PM
4.00 Rex Hunt's Fishing Adventures
Fishing tips.
4.30 Walker's World
Borneo: The Headhunter's Trail
4.00 PM
5.00 Flightline
With Brendan O'Brien.
5.30 History's Turning Points
The Plot to Kill Hitler – 1944
5.00 PM
6.00 Animal Doctor
Follow animal doctors from the RSPCA.
6.30 In the Footsteps of a Bear
A look at the world's largest land predator, the Kodiak brown bear.
6.00 PM
7.30 Beyond 2000
Science magazine with the very latest developments in the world of technology.
7.00 PM
8.00 The Terror Technicians
A profile of John Wardley, special effects creator for James Bond films.
8.30 Ancient Sharks
8.00 PM
9.00 Storm Force
Floods
A look at the devastation caused by flooding, which kills more people than any other natural disaster.
9.00 PM
10.00 Forbidden Places
Death
Go behind the scenes of a mortuary in order to shed light on the science of death.
10.00 PM
11.00 Wings: Eagle over Lebanon
The history of the F15's role in the Israeli Airforce, and how the lessons from the Israeli experience were used in Desert Storm.
11.00 PM
12midnight Deep Sea Deep Secrets
1.00am History's Turning Points
The Plot to Kill Hitler – 1944
1.30-2.00am Flightline
Presented by Brendan O'Brien and Celia Kench.
12.00 NIGHT TIME

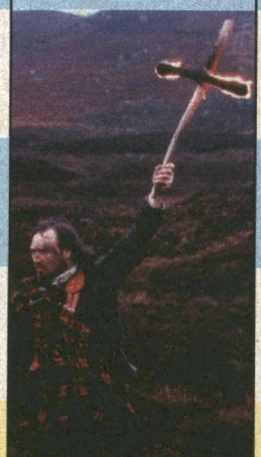
SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
Craig gets a nasty shock.
3.00 Emmerdale Farm
3.30-4.00pm Emmerdale Farm

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruittles 6.30 Tabaluga 7.00 Powerpuff Girls 7.30 Dexter's Laboratory 8.00 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 The Magic Roundabout 10.15 Thomas the Tank Engine 10.30 The Fruittles 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm The Bugs and Daffy Show 12.45 Road Runner 1.00 Popeye 1.30 Droopy 2.00 The Addams Family 2.30 The Jetsons

3.00 Taz-Mania
Fast and furious action from the greedy fur-ball.
3.30 Scooby and Scrappy-Doo
Canine capers.
4.00 Powerpuff Girls
Crime-fighting babes.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 I am Weasel
Furry cartoon fun.
5.30 Cow and Chicken
More comical animation from the unlikely pair.
6.00 Animaniacs
Animal cartoon adventures and madcap fun.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse duo.
7.30 Looney Tunes
Join Bug's and the crew.
8.00 Cartoon Cartoons
The best in animation.
8.30-9.00pm Cultoon



A Highland soldier in 'Scotland the Brave: Battle of the Clans'. The History Channel 4.00pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm Scotland the Brave: Battle of the Clans
A look at how perceptions of the Scottish Highland soldier have changed over the years.
6.00 Scotland the Brave: Bagpipes – Instruments of War
7.00-8.00pm Scotland the Brave: Bonnie Prince Charlie
A profile of one of European history's most romantic figures.

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 CatDog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Chilren's BBC on Nickelodeon 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/Budgie/ Anima Antics 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Clangers/King Rollo/Wombles/Bod 2.30 Children's BBC on Nickelodeon

3.00 Children's BBC on Nickelodeon
Children's favourites from the archives.
3.30 Pippi Longstocking
4.00 Hey Arnold!
Adventures with quiffed king of cool.
4.30 Rugrats
Join the nappied-nippers as they wreak more havoc.
5.00 Sister Sister
Domestic disharmony with the identical twins.
5.30 Kenan & Kel
Starring Kenan Thompson and Kel Mitchell.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Teenage sitcomr.
7.30 Grace Under Fire
8.00 Roseanne
Girl Talk
Roseanne tries to solve Becky's sexual problems.
8.30 News Radio
Bill's Autobiography
9.00 Cybill
Kiss Me You Fool
Jeff lands a leading role.
9.30 Vic Reeves Big Night Out
Offbeat comedy.
10.00 Frasier
Frasier has a hard time answering a question posed by Niles.
10.30 Cheers
The Last Angry Mailman
11.00 Seinfeld
The Virgin
11.30 The Larry Sanders Show
Montana
With guest Robin Williams.
12midnight Late Night with David Letterman
1.00am Taxi
With Danny DeVito.
1.30 The Critic
2.00 Dr Katz
2.30 Soap
3.00 Wings
3.30-4.00am Nightstand

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon Travels with Chuck Henry
12.30pm Getaway
1.00 Practical Guide to Europe
1.30 Holiday Reflections
2.00 Independent Travellers' Guide
3.00 Around the World
3.30-4.00pm Earth Journeys

FOX KIDS
FAMILY PACK

6.00am Power Rangers Turbo 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong Country 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 Incredible Hulk 10.15 Casper 10.30 Oggy 11.00 Mouse and Monster 11.05 Eek!Stravaganza 11.30 Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05 The Incredible Hulk
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
Warrior cartoon.
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
Animated alien adventures.
5.00 Goosebumps
5.25 Eerie, Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong Country
Wacky cartoon adventures.
6.25 Sam and Max
6.50-7.00pm Eek!Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection!
6.30 Bargain Shop!
7.30 Dimanti Designs
8.30 Dress for Less
9.30 Fashion by Design
10.00 Y-Zone
11.00 Silversmith
12noon Global Cuisine
1.00pm Bargain Shop!
2.00 Shop Selection!
3.00 The Clothes Line
Featuring women's fashion from Berkertex.
4.00 On Screen
5.00 Shop Selection!
A round-up of the great offers on Shop!
6.00 Jewellery Box
7.00 The Early Years
Cool fashion for under-5s.
8.00 Showcase
Exquisite china designs from Royal Doulton.
9.00 The Clothes Line
10.00 In the Kitchen with Susan Brookes
Culinary secrets from TV chef Susan.
11.00 Spotlight on Sports
12midnight Bargain Shop!
1.00am Shop Selection!
2.00 Do it Yourself!
2.30 On Screen
3.30 Junior Choice
4.30 Jewellery Box
5.30-6.00am Shop Selection!

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

CABLE CHECK
Some of the channels listed may not be available in your area

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 9.30 World Today 10.00 News 12noon News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 UK Direct 5.00-6.00am BBC News 24

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Best of Insight 6.00 Morning 6.30 Managing 7.00 Morning 7.30 Sport 8.00 Morning 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American 11.30 Biz Asia 12.30pm Pinnacle 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Artclub 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q&A 2.00 Larry King 4.15 American 4.30-5.00am Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 CBS Evening News 5.30-6.00am The Book Show

INTERNATIONAL

TV5 5.30am Télématin et Le Journal du Temps 7.00 Infos 7.05 Journal Télévisé de Radio Canada 7.30 Magellan 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé 9.30 Fiction 11.00 Infos 11.05 Voilà Paris 11.30 Journal Télévisé France 12noon Infos 12.05pm Mise au Point 1.00 Journal Télévisé 1.30 Fiction 3.00 Journal Télévisé 3.30 Télétourisme 4.00 Infos 4.05 Pyramide 4.30 Questions Pour un Champion 5.00 Journal Télévisé 5.30 Fiction 7.00 Journal Télévisé Suisse 7.30 Journal Télévisé de France Télévision et Le Journal 8.00 Infos 8.05 Documentaire 9.00 Journal Télévisé 9.30 Cinéma 11.00 Journal Télévisé Belge 11.30-12midnight Soir

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Ek Kahani 4.30 Lahu Ke Phool 5.00 Inspector Vijay 5.30 Uran Chadini 6.00 Tiger 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Swabimaan 12.30am A Mouthful of Sky 1.00 FILM 4.00 Inspector Vijay 4.30 Uran Chandini 5.00 Kaala Daira 6.00 Bhakti Sagar 6.30 News 7.00-8.00am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Your Zindagi 6.30 Geet Gata Chal 7.00 Faith 7.30 Daily News 8.00 Ru-ba-ru 8.30 Sailaab 9.00 Jaan 9.30 Mujhe Chaand Chahiye 10.00 Pal-do-pal 11.00 Jhat Pat Khana 11.30 Parampara 12noon FILM: Anand Ashram 3.00pm Zee Bangla 3.30 Ikke Pe Ikka 4.00 Campus 4.30 Quiz Contest 5.00 Daastan 5.30 Chahat Aur Nafrat 6.00 Music Mag 6.30 Teacher 7.00 Ghar Jamai 7.30 Filmi Baatein 8.00 News 8.30 Gumrah 9.00 KtC Sa Re Ga Ma 10.00 Big Debate 11.00 Shapath 11.30 Blunt 2 12midnight News 12.30am Aap Ki Adalat 1.00 Zee Bangla 1.30 Raahat 2.00 FILM: Prithibir Sesh Station 4.30 Ebar Jombe Mowja 5.00 Punjabi Folk Songs 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Money Matters 4.45 John Avanzini 5.00 Billy Joe Dougherty 5.30 Jack Van Impe 6.00 Heart Connection 6.30 Changing Your World 7.00 Believers Voice of Victory 7.30 Kidz TV 7.45 This is your Day 8.15 Money Matters 8.30 Catch the Fire 9.00 Another Day of Victory 9.30 Life in the Word 10.00 Power of Praise 10.30 A Call to Prayer 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.15am Money 3.49 Boarding Pass 5.27am Weather

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 2.30pm House of Commons 11.00 The Record 11.30-12midnight European Focus

GARDENING DIRECT
OF SOUTH WOODHAM FERRERS

50 GERANIUMS FOR JUST £9.95 INCLUDING DELIVERY

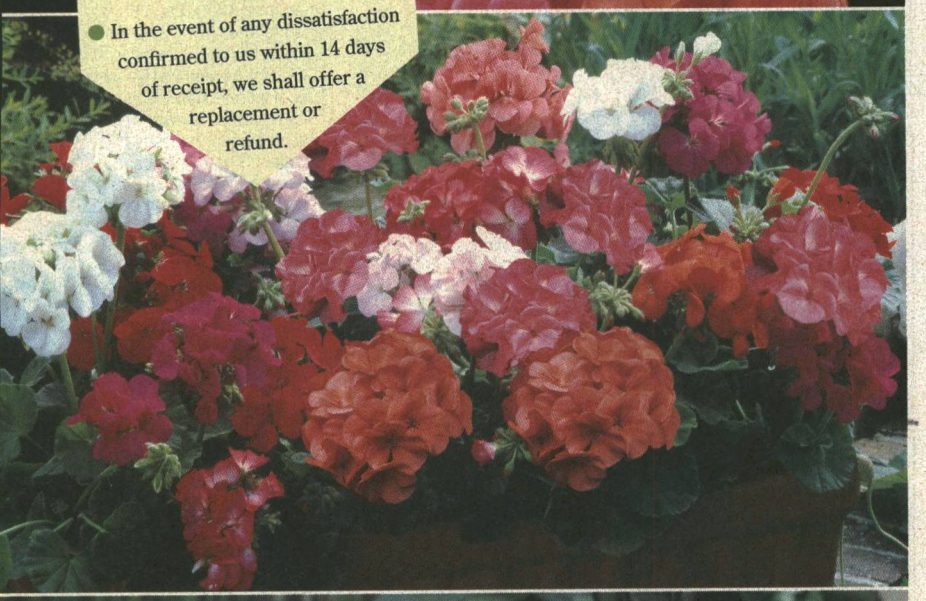
PLUS 10 EXTRA FREE

First class garden favourites for less than 17p each

All plants will measure approx. 6-8cm ready for transplanting and growing on.

YOUR ASSURANCE OF QUALITY

- All our plants are F1 hybrids and grown to the highest quality specification.
- Your order will be carefully packed in a protective box and despatched by First Class Post for delivery to any UK address.
- All plants are accompanied by easy-to-follow growing instructions.
- In the event of any dissatisfaction confirmed to us within 14 days of receipt, we shall offer a replacement or refund.



Order either red or mixed collections or both

Our special 'Plan early for next Spring offer' means that when you order **50 Harlequin Geraniums for just £9.95, we'll give you an extra 10 plants of the same super quality absolutely FREE!** An early flowering variety, Harlequin Geraniums produce a large number of blooms per plant throughout summer until the first frosts.

Choose **Harlequin Mixed** – coral, pink, white, red, rose, scarlet, light and deep salmon shades; or the all **Red** (deep scarlet) collection – traditional vivid red blooms.

Quality plants grown to order

The plants are all F1 varieties and carefully grown in controlled greenhouse conditions to the highest standard, packed in a protective box and despatched by first class post.

On arrival, they will measure approximately 6–8cm from stem tip to plant base and are supplied with full horticultural instructions. As the plants are grown to order, despatch will be from mid-March onwards and all orders will be acknowledged. Just grow them on for a few weeks before planting outside when the danger of frost has passed.

01245 326002

Credit card order service. Please quote ref: 136 CGHG2

GARDENING DIRECT
OF SOUTH WOODHAM FERRERS

Gardening Direct, PO Box 225, South Woodham Ferrers, Chelmsford, Essex CM3 5XT. We deliver to addresses in the UK only, including N. Ireland and the Channel Islands. Offer subject to availability.

PRIORITY ORDER FORM

Send to: Gardening Direct, PO Box 225, South Woodham Ferrers, Chelmsford, Essex CM3 5XT.

Please send me the following:

Selections		Pack Price	No. of Packs	Total Price
D18	50+10 Mixed Harlequin Geraniums	£9.95		
D19	50+10 Red Harlequin Geraniums	£9.95		
			TOTAL	£

☐ I enclose my cheque/postal order for £_____ made payable to GARDENING DIRECT (please write your address on the back).

OR Debit my ☐ MasterCard ☐ Visa ☐ Switch Account

with the sum of £_____ Switch Issue No. ☐☐

Credit Card Number / Switch Number (Switch only)

☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐

Signature Expiry Date /

BLOCK CAPITALS PLEASE

Name (Mr/Mrs/Miss/Ms)

Address

Postcode Daytime Tel. No. (in case of query)

Gardening Direct is a division of DPA Direct Ltd. Occasionally DPA Direct Ltd. may permit other reputable organisations to use the details you have given to send you information about products or services that may be of interest. If you would prefer not to receive them, please tick ☐

DPA Direct Ltd., 25 Haltwhistle Road, South Woodham Ferrers, Chelmsford, Essex CM3 5ZA. Registered in England 2764130.

136 CGHG3

Tuesday 26 January

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00am The Angel of Pennsylvania Avenue *1996, rating Sky U, 89 mins*
8.00 Stolen Women *1996, rating Sky PG, 88 mins*
10.00 Fly Away Home Text *1996, rating Sky U, 103 mins*
12noon The Directors: The Films of Jim Abrahams and David Zucker
1.00pm Hollywood Buzz
2.00 One Fine Day *Michelle Pfeiffer, George Clooney*
Old-fashioned romantic comedy about a pair of mismatched professionals in New York who bring chaos and love into each other's lives. Text *1997, rating Sky PG, 104 mins*

4.00 Stolen Women *Janine Turner, Jean Louisa Kelly, Patrick Bergin, Dennis Weaver*
Drama about two women kidnapped by Indians, and the affair that results between one of them and an Indian chief. The woman realises that the only way to save the man she now loves is to return to the man she no longer loves – her husband. *1996, rating Sky PG, 88 mins*

6.00 Fly Away Home *Jeff Daniels, Anna Paquin*
Uplifting family drama in which a young girl has trouble adjusting when she is re-united with her father. She concentrates on looking after a set of newborn geese, and when winter arrives her father builds a flying machine that can lead the geese to warmer climes. Text *1996, rating Sky U, 103 mins*

8.00 One Fine Day *Michelle Pfeiffer, George Clooney, Mae Whitman*
Old-fashioned romantic comedy about a pair of mismatched professionals. They are thrown together by circumstance for one chaotic day in which they lose each other, miss meetings, jeopardise their careers – and find true love. Text *1997, rating Sky PG, 104 mins*

10.00 Gotti *Anthony Quinn, Armand Assante, William Forsythe*
Gangster drama based on the story of John Gotti, the ruthlessly ambitious mafia boss. Tracing his rise through the ranks of the criminal underworld, and finally to a life in gaol, this hard hitting drama earned a total of seven Emmy nominations. Text *1996, rating Sky 18, 117 mins*

NIGHT TIME

12.05am The Juror *Demi Moore, Alec Baldwin*
Psychological thriller. Text *1996, rating Sky 18, 113 mins*
2.05 The Abyss *Ed Harris, Michael Biehn 1989, rating Sky 15, 134 mins*
4.25-6.00am The Directors: The Films of Jim Abrahams & David Zucker

SKY MOVIEMAX
PREMIUM CHANNEL

7.15am What a Way to Go! *1964, rating Sky U, 106 mins*
9.00 An Unexpected Family *1996, rating Sky PG, 89 mins*
11.00 Tell Me No Lies *Steven Weber, Katherine Helmond 1990, rating Sky PG, 92 mins*
1.00pm What a Way to Go! *Gene Kelly, Shirley MacLaine*
Comedy about a young woman whose husbands keep dying. *1964, rating Sky U, 106 mins*

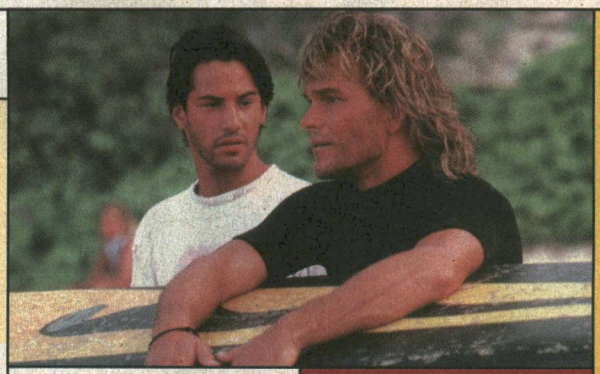
3.00 The Hired Heart *Penelope Ann Miller, Barry Corbin, Brett Cullen*
Romantic drama about a widow who spins an elaborate web of deception when she invents a boyfriend for herself to keep the townsfolk quiet. She hires an escort for a week to prove it, but her faked attraction to him becomes a real one. *1997, rating Sky PG, 87 mins*

5.00 Tell Me No Lies *Steven Weber, Katherine Helmond, Robert Hy Gorman*
Drama about a man who embarks on a quest for the truth when his wife dies and he discovers some dubious secrets about her past. It turns out that their entire marriage was based on lies, and that even his young son has an unsavoury past. *1990, rating Sky PG, 92 mins*

7.00 An Unexpected Family *Christine Ebersole, Stockard Channing*
Drama in which a mother leaves her children to the care of her sister. It takes some time before they all adjust, but then the mother demands her kids back. The sister objects and decides to take the custody battle to court. *1996, rating Sky PG, 89 mins*

9.00 The Haunted Heart *Diane Ladd, Morgan Weisser, Olympia Dukakis, Ele Keats*
Horror movie about a mother who takes extreme measures to keep her son and his girlfriend apart. Egged on by a neighbour who has an unnatural affection for the teenager, she will stop at nothing to keep her son in her clutches. *1994, rating Sky 15, 91 mins*

11.00 Anaconda *Jennifer Lopez, Ice Cube, Jon Voight, Eric Stoltz, Owen Wilson*
A documentary team travel up the Amazon River and encounter a deadly 40-foot Anaconda. Text *1997, rating Sky 15, 86 mins*
12.30am The Grotesque *1995, rating Sky 18, 98 mins*
2.15 In the Bleak Midwinter Text *1996, rating Sky 15, 94 mins*
3.55 Friday the 13th Part VII Horror. *1988, rating Sky 18, 85 mins*
5.30-7.00am The Hired Heart *1997, rating Sky PG, 87 mins*



Keanu Reeves and Patrick Swayze star in the action thriller 'Point Break'. FilmFour 10.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm The Nutty Professor *Jerry Lewis, Howard Morris, Stella Stevens, Kathleen Freeman, Del Moore, Murray Alper, Les Brown*
Madcap comedy in which a retiring inventor concocts a potion to make him into a rock star. Remade in 1996 with Eddie Murphy in the title role. *1963, rating Sky PG, 103 mins*

6.00 Hotel Reserve *James Mason, Herbert Lom, Lucie Mannheim, Patricia Medina, Anthony Shaw*
Suspenseful, moody thriller in which an Austrian medical student finds himself suspected of being a spy when he travels to France for a break before World War II. Based on the novel *Epitaph For a Spy. 1944, rating Sky U, 85 mins*

8.00 The Lighthorsemen *Peter Phelps, Gary Sweet, John Walton, Tim Mckenzie, Jon Blake, Bill Kerr*
An historical action epic which details a World War I battle in Palestine, won for the British by the Australian Lighthorsemen, a special mounted cavalry. A series of stunningly filmed battle scenes are a highlight. *1987, rating Sky PG, 114 mins*

10.00 100 Years... 100 Movies: In Search of...
The series which celebrates a century of American films.

10.55 The Great White Hope *James Earl Jones, Lou Gilbert*
Drama about the world's first black boxing heavyweight champion and the white woman that he fell in love with. *1970, rating Sky 15, 99 mins*

12.40am None But the Lonely Heart *Cary Grant, Ethel Barrymore 1944, rating Sky PG, 108 mins*
2.35 Berlin Express *1948, rating Sky PG, 83 mins*
4.00-5.55am Joan of Arc
Part one of the drama. Widescreen *1993, rating Sky PG, 112 mins*

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm Blow-up *David Hemmings, Vanessa Redgrave, Sarah Miles*
Stylish drama set in London in the Sixties. A disillusioned celebrity photographer wanders the city shooting random scenes of everyday life. When he blows up some suspicious looking stills, he realises that he may have inadvertently photographed a murder. *1966, 110 mins*

11.00 Tick ... Tick ... Tick *Jim Brown, George Kennedy*
Edgy drama in which a freshly appointed small-town sheriff attempts to stop racial tensions from tearing his community apart. *1970, 100 mins*

1.00am All the Fine Young Cannibals *Robert Wagner, Natalie Wood*
Drama about the lives of the idle rich. *1960, 112 mins*

3.00-5.00am Blow-Up *David Hemmings*
Drama. *1966, rating, 110 mins*

Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Widow's Peak *Mia Farrow, Joan Plowright, Natasha Richardson, Adrian Dunbar, Jim, Broadbent*
John Irvin's deliciously dark comedy about a spinster in an Irish town fighting against an overbearing local queen bee. The spinster spreads rumours that the new woman in town is trying to kill her, and then disappears. *1994, 97 mins*

8.00 Lilith *Warren Beatty, Jean Seberg, Anne Meachem, Peter Fonda*
Robert Rossen's last film in which a Korean war-vet takes a post as a trainee therapist in his home town's asylum where he comes under the spell of a patient. The two embark on a passionate affair that threatens to shatter his own emotional stability. *1964, 109 mins*

10.00 Point Break *Keanu Reeves, Patrick Swayze, Lori Petty, Bojesse Christopher, Bary Busey, John McGinley*
Kathryn Bigelow's powerful, fast-moving action thriller in which a young FBI agent goes undercover to infiltrate a gang of daring bank robbers-cum-surfers. He must learn to surf and gain their confidence. *1990, 122 mins*

12.05am Le Mépris *Brigitte Bardot, Michel Piccoli*
Drama. *1963, 103 mins*
2.00 The Man Without a Face
Drama. *1993, 110 mins*
3.55 Vroom
British road movie. *1988, 84 mins*
5.25-6.00am The Stranger Left No Card
Short film. *35 mins*

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
TRIAL AND ERROR
Courtroom comedy in which an actor ends up impersonating his lawyer buddy in court. Stars Michael Richards, better known as *Seinfeld*'s Kramer. *1997, rating Sky 12, 94 mins*
PLAYS AT 12midnight, 2.00am, 4.00am

Sky Box Office 2
Channel 52
WINGS OF THE DOVE
Romantic period drama, based on the novel by Henry James, about a couple's scheme to get rich. Stars Helena Bonham Carter, Linus Roache and Michael Gambon. *1997, rating Sky 15, 100 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm 4.00am

Sky Box Office 3
Channel 53
ALL DAY MOVIE TICKET: THE BORROWERS
Comic adventure starring John Goodman. *1997, rating Sky U, 83 mins*
PLAYS AT 10.30am, 12noon, 1.30pm, 3.00pm, 4.30pm, 6.00pm, 7.30pm, 9.00pm, 10.30pm, 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 4
Channel 54
ONE NIGHT STAND
Haunting, erotically charged examination of infidelity from *Leaving Las Vegas* director Mike Figgis. Starring Wesley Snipes, Nastassja Kinski and Robert Downey Jr. *1997, rating Sky 18, 99 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Tuesday 26 January

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
Sally's Most Explosive Moments!

3.00 Jenny Jones
Jenny, Stop My Mate from Gaining More Weight
In today's show, guests ask for help in keeping their loved one's weight down.

4.00 Guilty!
The courtroom is in session and Carole Malone is ready to pass sentence – from the light-hearted to the heavy-handed, depending on the accused's level of guilt.

5.00 Star Trek: Deep Space Nine
Ties of Blood and Water
The death of Kira's Cardassian 'father' evokes painful images of losing her real father. Text

6.00 Married... With Children
A Babe in Toyland
Kelly appears on TV. Text

6.30 Dream Team
Football drama.

7.00 The Simpsons
Homer's Enemy
Bart purchases an abandoned factory for one dollar. Text

7.30 The Simpsons
Lisa's Sax Text

8.00 Rescue Medics
Real-life documentary series looking at the work of the heroes of the emergency services.

8.30 Coppers
Fly-on-the-wall documentary.

9.00 World's Wildest Police Videos
This series spans the world to provide a look at the heart-pounding work of law enforcement officers.

10.00 Greece Uncovered
Katie and Terri walk out of their jobs to concentrate their energies on the Kavos nightlife, including a wet T-shirt competition.

11.00 Dream Team

11.30 Star Trek: Deep Space Nine
Ties of Blood and Water
The death of Kira's Cardassian 'father' evokes painful images of losing her real father. Text

12.30am Highlander: The Series
Prodigal Son
An Immortal uses Richie to gain access to MacLeod.

1.30-7.00am Long Play
It's a VJ-free music zone with something for everyone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Last Respects

3.25 The Bill
Too Much to Lose
Stamp tries to convince a con not to blow his chance of release.

3.55 EastEnders
More soap drama with the residents of Albert Square.

4.30 Rhoda
The Shower
Brenda comes up with an unusual gift for her sister.

5.00 All Creatures Great and Small
Every Dog His Day
Mrs Pumphrey needs James's advice when her boxer Cedric develops a social problem.

6.00 Dynasty
More melodrama with the oil-rich Carrington clan.Starring John Forsythe, Linda Evans, Pamela Sue Martin and Dale Robertson.

7.00 2point4 Children
Love and Marriage
Bill's mother visits, causing Bill to reassess her feelings.

7.40 It Ain't Half Hot, Mum
Gloria's Finest Hour
Bombardier Beaumont is hailed as a hero after an unlikely accident. Stars Windsor Davies.

8.20 Yes, Minister
Skeleton in the Cupboard
Comedy with Paul Eddington.

9.00 Red Dwarf IV
Meltdown
The crew infiltrates Waxworld, a theme park where the waxdroids are running amok.

9.40 Ruby Wax Meets... Pamela Anderson
Ruby tries to persuade Pamela to let her be her body double.

10.15 NYPD Blue
Rockin' Robin
The squad investigates the murder of a priest whose body is found in a park frequented by male prostitutes.

11.20 The Bill
Last Respects

11.50 The Bill
Too Much to Lose

12.20am Backup
Presence

1.15 Ivanhoe
Prince John forbids Rowena's marriage to Athelstane.

2.10-2.45am Live at Jongleurs

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 Roseanne Show
10.00 Jerry Springer
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
Anthology mystery series.
2.10 LA Law

3.10 Living Room
Jayne Irving and Amanda Cross host an upbeat and humorous magazine programme, with human interest stories, celebrities, fashion and beauty.

4.00 Michael Cole
Toyboys
No-holds-barred talk show in which sensational subjects are tackled with a studio audience.

4.50 Rolonda
Honey, We're in the Middle of a Sex Triangle
Audience participation talk show from America.

5.40 Ready, Steady, Cook
Cookery show with Fern Britton.

6.15 The Jerry Springer Show
Outrageous American talk show in which guests engage in lively and sometimes heated debates about relationship issues.

7.05 Rescue 911
Stories of real-life rescues by American emergency services. Hosted by William Shatner.

7.35 Animal Rescue
Distressed animals are saved.

8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.

9.00 FILM: In My Daughter's Name
Donna Mills, John Getz, Ari Meyers, John Rubinstein
When a teenage girl is raped and murdered, her parents begin a long fight to bring the killer to justice. But the legal system fails and the man is acquitted, so they decide to take matters into their own hands and seek revenge. *1992*

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls
7.00 On the Buses 7.30 Doctor in the House 8.00 That's My Boy 8.30 Up the Garden Path 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Agony 2.00 thirtysomething

3.00 The Love Boat
Computerman
A businessman meets up with a long-lost love and a fortune hunter's plans go haywire when she falls for Gopher.

4.00 The Saint
The Scales of Justice
Four directors of a big business venture die from apparent heart attacks. Is it a coincidence – or fiendishly clever murders?

5.00 Hawaii Five-0
Small Witness, Large Crime
When the team nabs a down and out for a minor theft, it sparks friction between McGarrett and an impetuous public defender.

6.00 Emmerdale
Zoe and Joe clash.

6.30 Classic Coronation Street
Rita attempts to give Sharon a motherly lecture.

7.00 Mission: Impossible
The Town
When Jim Phelps stumbles on a plot in a small town to silence a Soviet defector, he becomes the target of a sinister murder plot.

8.00 The Love Boat
Computerman
A businessman meets up with a long-lost love and a fortune hunter's plans go haywire when she falls for Gopher.

9.00 Classic Coronation Street
Rita gives Sharon a lecture.

9.30 The Comedians

10.00 Jokers Wild

10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Jo Guest's Private Parts
Late night series presented by glamour model Jo Guest.

11.30 Real Sex
Sexuality in today's society.

12midnight Talking Dirty
Celebrities and ordinary folk talk about their most intimate thoughts.

12.20am One Night Stand

12.30 Centrefolds

1.00 Noddy's Electric Ladyland
Eccentric pop quiz, presented by Noddy Holder.

1.30-2.00am Battling Babes

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Tots TV 10.30 Big Garage 10.45 PB & J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.15 Tots TV 1.30 Big Garage 1.45 PB & J Otter 2.00 Quack Pack 2.30 Winnie the Pooh

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text

3.30 Art Attack
Neil Buchanan hosts the innovative art show. Text

4.00 101 Dalmatians
More canine capers and daring doggy deeds. Text

4.30 Hercules: The TV Show
Fun-filled animation.

5.00 Recess Text

5.15 Pepper Ann Text

5.30 Smart Guy
Once again 10-year-old TJ suffers at school for being too smart for his own good.

6.00 Teen Angel
Look Ma, No Face Text

6.30 Boy Meets World
The Eskimo
Feeny gives Cory some unconventional assignments.

7.00 Honey, I Shrunk the Kids: The TV Show
Honey, I Got Duped
Wayne accidentally activates a cloning machine. Text

7.50 Classic Toons

8.00 FILM: Tower of Terror
Steve Guttenberg, Kirsten Dunst, Nia Peeples
Mystery spine tingler. Reporter Crocker and his niece Anna try to solve the mystery of what happened to five partygoers, who vanished in an elevator on Halloween in 1939. *1997* Text

9.30 Home Improvement
Sitcom starring Tim Allen as toolman Tim Taylor.

10.00 Dinosaurs Text

10.30 The Wonder Years
Nostalgic comedy drama. Text

11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

TUESDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

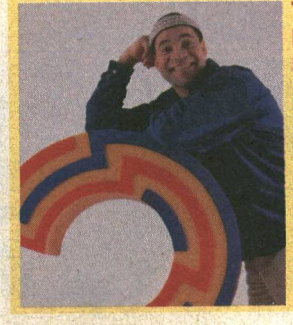
FILM

Lilith
FilmFour 8.00pm
Korean war vet Warren Beatty takes up a post as a trainee therapist in an asylum, where he comes under the spell of patient Jean Seberg. They embark on a passionate affair. But Seberg is sleeping with a female patient and another inmate has already killed himself because of her.

GENERAL

Modern Times: Mad About the Boy
UK Horizons 2.00pm
A remarkable story of 52-year-old Carol Spencer's holiday to Gambia, which ended with an unusual souvenir – a husband. She sold her video and jewellery to bring him back to London, where they face huge cultural differences before they reach their wedding day.

ADVERTISEMENT



THE GAMES ROOM
5.00PM

Challenge TV

Scouse Kevin Duala spent seven years in the cast of the hit musical *Starlight Express* before becoming one of Challenge TV's most popular presenters. Now he's giving you the chance to win big prizes in *The Games Room*.

Tuesday 26 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM – MORNING

7.30am Rally
8.00 Tennis – LIVE
Action from the women's quarter-finals at the Australian Open.
12noon Tennis
Further coverage of the Australian Open in Melbourne.
2.00pm
Figure Skating – LIVE
Coverage of the European Championships in Prague, Czech Republic.

3.00 PM

4.00 PM

4.00 Tennis
Action from the Australian Open, the first grand slam tournament of the year. With commentary from Simon Reed, David Mercer, Frew McMillan and Mark Petchey.

5.00 PM

5.30
Figure Skating – LIVE
Coverage of the European Championships in Prague, Czech Republic.

6.00 PM

180 skaters from 34 nations are expected including Britain's Neil Wilson, Charlotte Clements and Gary Shortland.

7.00 PM

8.00 PM

9.00 PM

9.30 Figure Skating
Highlights of today's action at the European Championships in Prague, Czech Republic.

10.00 PM

10.00 Tennis
Highlight's of today's action from the Australian Open in Melbourne.

11.00 PM

11.00 Nordic Combined Skiing
Action from yesterday's jumping event at the World Cup in Val di Fiemme, Italy.

12.00 – NIGHT TIME

12midnight-12.30am Rally
Coverage of the FIA World Rally Championship in Monte Carlo.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre 7.15 V-Max 7.45 H2O 8.15 Sports Centre 8.30 Racing News 9.00 Aerobics 9.30 You're On Sky Sports! 10.00 Football League Review 11.00 Triathlon – 98 World Cup Event 12noon Aerobics 12.30pm FA Cup Football Special *Repeat from Monday* **2.00 Totalsport 2.30 World Windsurfing**

3.00 Spanish Football
Highlights from La Liga, where Spanish football showcases some of the finest footballing talent in Europe.

4.30 Totalsport
The programme that showcases all sides of the sporting world.

5.00 Outdoor Quest
Coverage from Dali in China for this event which offers a total of $200,000 in prize money.

6.00
Sky Sports Centre
News and views.
6.30 Inside Scottish Football
Gain a valuable insight into life in the new Scottish Premier League.
7.30 Fastrax
A unique blend of news, action, profiles and lifestyle features alternative sports.

8.00 Premier Snooker League
Coverage of the 1999 Premier Snooker league. The tournament takes place between January and May and is a showcase for the sport's biggest names, including Ronnie O'Sullivan, John Higgins, and defending champion Ken Doherty.

10.00
Sky Sports Centre
10.15
You're On Sky Sports!
Football phone-in show.
10.45 Inside Scottish Football
All the news from the new Scottish Premier Division.
11.45
Sky Sports Centre
News and results.

12midnight
You're On Sky Sports!
Football fans phone-in.
12.30am
Premier Snooker League
Action from the 1999 Premier Snooker League.
2.30 Fastrax
3.00-3.15am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

6.00am International Cricket: England v Australia – LIVE 7.00 Aerobics Oz Style 7.30 International Cricket: England v Australia – LIVE 11.00 Table Tennis: Grand Finals 12noon Outdoor Quest 1.00pm V-Max 1.30 International Cricket: England v Australia
Another chance to see action from Adelaide, where Australia take on England in a one day international. Presented by Paul Nicholas.

4.30 Golf: LPGA – Naples Memorial
Action from the inaugural LPGA Naples Memorial at The Club in Pelican Strand.

6.30 Sports Unlimited
Spectacular footage and in-depth coverage of a variety of sports, with everything from snowboarding and drag racing to biking and squash.
7.30 Worthington Cup Football: Sunderland v Leicester – LIVE
Kick-off at 7.45pm. Paul Dempsey presents action from the first leg of one of the semi-finals in the Worthington Cup. Along with the trophy itself, a place in next season's UEFA Cup is one of the prizes for the tournament's eventual winners.

10.00 Golf: LPGA – Naples Memorial
Action from the inaugural LPGA Naples Memorial at The Club in Pelican Strand.

12midnight Outdoor Quest
Participants compete in runs, a kayak, and a 3,100–metre mountain trail.
1.00am
Worthington Cup Football: Sunderland v Leicester
2.30-2.45am
Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon Polo: World Polo Championships 1998 1.00pm Fish TV: Tony Dean Outdoors 1.30 Fish TV: Gone Fishing
Graham Sinclair experiences fishing in New Zealand.
2.00
Shells Wonderful World of Golf: Sarazan v Cotton
A look back at legends Gene Sarazen and Henry Cotton.

3.00
A to Z of Motorsport
Witness some of the true legends of the racing track.
3.30
World Motor Sport
Takes viewers to the heart of the race world and provides an essential guide to who is racing where, when and how. From a comprehensive roundup of the biggest and most exciting meetings, to a preview of the major events in store, this programme has the lot.

6.30 Fish TV
Featuring angling skills and tips for the true fishing enthusiast.
7.00
International Cricket: England v Australia
Another chance to see action from Adelaide where Australia take on England in a one-day-international. Presented by Mark Nicholas. *Repeat from Sky Sports 2*

10.00 Superbouts: Leonard v Benitez
The 1979 WBC welterweight title fight between Leonard and Benitez.
11.00-11.30pm
Olympic Series: Road to Nagano
Olympic action featuring moments that epitomise the spirit of the games.

For a full run down of all the live sport on cable TV, BBC1, BBC2, ITV, Channel 4 and Channel 5, visit Cable Guide's new online programme guide. http://www.cableguide.co.uk

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15
Megastore Megabuys
6.30
Junior Masterfan
Fast-paced quiz show.
7.00 Red Hot News
The latest football news.
7.30
Wild About United
An insight into the reasons why fans adore United.
8.00 Super Match – Reserve Match
Reserve team action from the men hoping to break into Alex Ferguson's all-star side.

10.00
Talk of the Devils
The show dedicated to the journalists and fans.
10.45 Man U Menu
The culinary delights of United's extrovert chef, Jesper Jespersen.
11.15 The Insiders
Man U's unsung heroes.
11.30-12midnight
Red Hot News

SCI-FI
ACTION PACK

7.30am Bloomberg Information Television 8.00 Sightings 9.00 Buck Rogers in the 25th Century 10.00 Quantum Leap 11.00 Dark Shadows 11.30 New Alfred Hitchcock 12noon The Twilight Zone 12.30pm The Twilight Zone 1.00 Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Buck Rogers in the 25th Century
A Dream of Jennifer
Buck recognises his 20th-century girlfriend in 25th-century New Chicago.

4.00
The Incredible Hulk
Antowuk Horror
A town invents its own version of the Hulk in an attempt to lure visitors.

5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. Presented by Tim White.

6.00 Time Trax
A Stranger in Time
Darien Lambert fights to stop an evil scientist from using science to send criminals back in time.

7.00 Quantum Leap
Heart of a Champion
Sam Beckett lands on earth with a bump as tag team wrestler Terry Sammis.

8.00 V
Breakout
Donovan and Ham are imprisoned in a Visitor work camp guarded by a hideous alien monster.

9.00 Lexx
Luvliner
The crew of the *Lexx* continues its exploration of the Dark Zone. Starring Brian Downey.

10.00
FILM: Weird Science
Kelly LeBrock, Bill Paxton, Anthony Michael Hall
Two unpopular teenagers desperate to receive the approval of their peers, create their perfect woman via computer whose purpose is to boost ther confidence. *1985*
11.50 Sci-Focus
12midnight Dark Skies
The Warren Omission
1.00am FILM: House II: The Second Story
Arye Gross, Jonathan Stark
Occult horror. *1987*
2.40 Sci-Focus
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm-2.00am
Australia Day
To celebrate Australia's National Day, ITV2 presents a day of programmes with an antipodean flavour including *Soap Fever Australian Special, Clive James Meets Mel Gibson* and *Kylie Intimate and Live.*

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Amateur Girls 12.20 Adult Feature 12.45 FILM: Erotika 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Extreme Close-Up 2.25 FILM: Night Visions 3.40 Suburban Couples 4.10-5.30am FILM: Satisfaction Jackson

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Frisky Hot Fräuleins 12.25 New Model File 12.50 Neil Down – Sex Therapist 1.20 FILM: Dear Diary 2.40-4.00am FILM: Amorous Liasons
Anita Blond, Dina Pearl
European erotic feature.

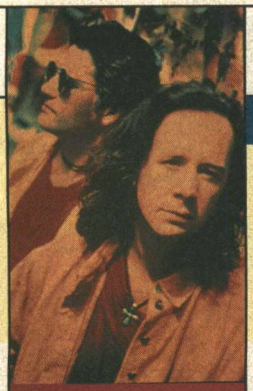
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Necessity
Loni Anderson, John Heard
Drama about a woman who assumes a new identity.
9.35 FILM: Trust Me
Teresa Tinling
Thriller about a woman who goes on the run.
10.55-12midnight
Adult Feature

Tuesday 26 January



Celebrate the 'Greatest Hits of ... Simple Minds', part of Made in Scotland Week. VH1 1.00pm

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Shopping 7.00 Why Files 7.30 Fashion 8.00 Agony 8.30 Lie Detector 9.00 Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
Advice is available for the broken-hearted.
3.30 Lie Detector
Uncovering deceit the modern way.
4.00
Indecent Proposals
More cash for mayhem
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
Advice is available for the broken-hearted.
5.30 The Why Files
More psychic investigations.
6.00
The Fashion Show
The latest trends.
6.30
Indecent Proposals
Embarrassment for cash.
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
Advice is available for the broken-hearted.
8.00 The Why Files
The weird, the wonderful and the plain spooky.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Bangers and Smash
More nail-biting stock car action.
9.57 Topless Darts
Sharp and shapely darts.
10.00
Hollywood Uncovered
Behind the scenes of LA's porn industry.
10.30 Exotica Erotica
Adult entertainment.
11.30 Blue Review
11.45 Janeycam
11.57 Topless Darts
12noon Hollywood Uncovered 12.30am Private Dancer 12.45 PleasureDome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Hollywood 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm
The Games Room
5.15 Crosswits
Cryptic crossword conundrums.
5.45 The Games Room
6.00 Family Fortunes
Two families play against each other in the big money gameshow.
6.30 The Games Room
6:45 Catchphrase
The high tech quiz show with Roy Walker.
7.15 The Games Room
7.25 100 Per Cent
The quiz without a host.
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00 The Games Room
9.15 Strike it Lucky
Michael Barrymore hosts the fast-action game show with the big cash prizes.
9.45 The Games Room
10.00
Candid Camera
10.30 Don't Feed the Gondolas
Sean Moncrieff hosts the celebrity quiz show.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains of the British public to reveal their intimate secrets.
12midnight Strike it Lucky
12.30am Split Second 1.00 3-2-1 2.00 Love at First Sight 2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters
4.00 Fifteen to One
4.30 Don't Drink the Water
5.00-6.00am Screenshop

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Thought 10.00 Green Gourmet 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Kitchen College 12noon Network 12.30pm Surprise Chefs 1.00 Food for Thought 1.30 Modern British 2.00 Chez Bruno 2.30 Network 3.00 Winter Nosh3.30 Coxon's Kitchen College 4.00 Rustie's Real Cooks 4.30-5.00pm Lunch with Ed Baines

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Gridlock
Alex Dingwall-Main.
6.00 London Bridge
The investigation into Nick's death continues.
6.30 Home to Roost
Plastic Dreamworld
Classic sitcom.
7.00 Boon
The Belles of St Godwalds
Harry and Ken investigate some strange goings-on at a private school for girls. With Michael Elphick.
8.00 Motorway
A lorry driver is threatened by a gun-waving motorist.
8.30 Real Life Stories
Bailiffs
The life of a bailiff.
9.00 The Upper Hand
Common Entrance
Joanna has the last word.
9.30 Flying Start
Emma B presents the travel gameshow.
10.00 Frank Stubbs Promotes
Striker
Frank tries to teach Jason the secrets of the ticket-touting trade.
11.00
Hill Street Blues
Influential Eighties US police drama series set in a tough urban area. Stars Daniel J Travanti.
12midnight Home to Roost
Plastic Dreamworld
Sitcom about a divorcee whose life is disrupted when his son moves in.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced gameshow.

ANIMAL PLANET
WORLD PACK

12noon
Going Wild with Jeff Corwin
12.30pm
Wild at Heart – Fur Seals
1.00 Nature Watch with Julian Pettifer
1.30 Australia Wild
2.00 Breed All About It
2.30 Human/Nature
Olivia Newton-John goes to see the musk ox of Alaska. Other wonders looked at are the Indian temple monkeys, and the world's largest active crater in Hawaii.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice.
4.00 Jack Hanna's Animal Adventures
A Day in Queen Elizabeth National Park
4.30 Animal Doctor
A look at the RSPCA vets.
5.00 Pet Rescue
Wendy Turner and Mark Evans follow the fortunes of abandoned animals.
5.30 Australia Wild
Hello Possums
6.00
The New Adventures of Black Beauty
6.30 Lassie
Biker Boys
Canine adventures.
7.00 Rediscovery of the World: The Secret Societies of Dolphins and Whales
Jacques Cousteau and co enter the underwater world.
8.00 Animal Doctor
Animal doctors from the RSPCA and other rescuers.
8.30 Totally Australia: MacQuarie Island
A look at this tiny island which lies over 1,000 miles south of Tasmania.
9.30 Emergency Vets
The Alameda East Vet Hospital in Denver works 24 hours a day to save animals.
10.00 The Last Paradises: Donana
A visit to an oasis in Spain.
10.30
Animal Detectives
Walrus
11.00 All-Bird TV
All Bird TV focuses on the relationship and interaction between humans and birds.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.30 Esther 10.00 The Cruise 10.30 Children's Hospital – Special Edition 11.00 Clive James: Postcard from Los Angeles 12noon Tomorrow's World Plus 1.00pm Crime Limited 1.30 The Great Egg Race 2.00 Mad about the Boy

3.00 Zoo's Company
Two-Way Traffic
3.30 Vanessa
Vanessa Feltz tackles real-life issues with a studio audience.
4.30 Esther
Living Up to Your Parents
Esther Rantzen finds out what life is like for the children of famous parents.
5.00 Hotel
A shortage of staff causes all kinds of problems.
5.30 Secrets of the Paranormal
Bending Footballs
6.00
The Ascent of Man
The Majestic Clockwork
Evaluating the contribution to the human race of one man, Isaac Newton.
7.00 Einstein: The Miracle Year
A portrait of Einstein revealing an aversion to authority and how he abandonded his daughter.
8.00 Life on Earth
Victors of the Dry Land
David Attenborough looks at the history of reptiles, which were the first back-boned creatures.
9.00 Hitler's Death: The Final Report
A look at the final days of Adolf Hitler's life, with a definitive account of how he died.
10.00 Airport
Behind the scenes at the world's busiest airport.
10.30 Hollywood Kids
Wild Children
How wealth affects its children. Plus how a 12-year-old is expected to handle a credit card.
11.30
Jeremy Clarkson's Motorworld
12midnight
The Power and the Glory
12.30am-1.00am
Crime Limited

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Rosemary Conley 8.30 Gorgeous Gardens 9.00 Sally Jessy Raphael 10.00 The View 11.00 Beautiful Home 11.30 The Zest Beauty Show 12noon Natural Health 12.30pm The Psychic Zone 1.00 Livetime 2.00 The View

3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00 The Good Housekeeping Show
Magazine programme.
4.30 The Zest Beauty Show
Presented by Julia Carling.
5.00-6.00pm Sally Jessy Raphael
I Can't Believe I Did That
Sally and her guests engage in lively discussion.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
The Amazing World of Mini Beasts: A Saga Of Survival
A fascinating tour around Australia.
8.00
March of the Crabs
This programme captures the annual march of the crabs across Christmas Island in the Indian Ocean.
9.00 Croc People
A compelling look at the hardy residents of Darwin as they deal with a population explosion of saltwater crocodiles.
10.00 King Koala
Travel up the branches of the great eucalyptus forests of Australia to discover how the cute koala really behaves.
11.00 Taking Pictures
Join Australia's most internationally renowned documentarists as they navigate the pitfalls and issues of filming.
12midnight-1.00am
The Fatal Game
This chilling tale tells of one man's obsession with reaching the summit of Mount Everest.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Kickstart MTV
Begin the day with a prime selection of hits.
9.00 Mad for Hits
2.00pm Hit List UK
3.00 Bytesize MTV
The best music, big stars and weird and wonderful moments from MTVs around the world.
4.00 Select MTV
The definitive fast-paced request show which offers viewers the opportunity to make their own musical choices. Presented by Donna Air.
6.00 Fanatic
Tonight's show gives one lucky person the chance to ask their idol questions.
6.30 Artist Cut
7.00 Non-Stop Hits
8.00 US Top 20
9.00 Bytesize MTV
10.00 Super Adventure Team
Comic adventure series.
10.30 Sifl and Olly
11.00 Non-Stop Hits
12midnight Alternative Nation
2.00am Super Adventure Team
3.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best 1.00pm Simple Minds 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@five 5.30 Pop-up Video 6.00 Happy Hour with Toyah Willcox 7.00 VH1 Hits 8.55 Made in Scotland Week 9.00 Texas – Live at VH1 9.30 VH1 to One: Wet Wet Wet 10.00 Ten of the Best – The Proclaimers 11.00 VH1 Spice 12midnight Storytellers – James Taylor 1.00am Jobson's Choice 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Great Escape 12.30pm Earthwalkers 1.00 Travel Live 1.30 Floyd 2.00 Flavours of Italy 2.30 Adventure Travels 3.00 Great Splendours of the World 4.00 Go Portugal 4.30 Fork in the Road 5.00 Reel World 5.30 Thousand Faces of Indonesia 6.00 Floyd 6.30 On Tour 7.00 Great Escape 7.30 Earthwalkers 8.00 Holiday Maker 8.30 Go Portugal 9.00 Great Splendours 10.00 Adventure Travels 10.30 Fork in the Road 11.00 On Tour 11.30-12midnight Thousand Faces of Indonesia

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 House in France 8.00 Style Challenge 8.30 All Over the Shop 9.00 Celebrity Ready, Steady, Cook 9.30 Change That 10.00 Holiday in Style 11.00 Delia Smith's Winter Collection 11.30 Home Front 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Celebrity Ready, Steady, Cook 2.00 Looking Good 2.30 Peter Seabrook's Gardening Week 3.00 Growing Places 3.30 Wonder Women 4.00 Waterlines 4.30 How Does Your Garden Grow? 5.30 All Over the Shop 6.00 The Big Catch 6.30 Can Ski... Will Ski! 7.00 Holiday in Style 8.00 Style Challenge 8.30 Change That 9.00 Looking Good 9.30 Ready, Steady, Cook 10.00 The House Doctor 10.30 Real Rooms 11.00 How Does Your Garden Grow? 12midnight Ground Force 12.30am-1.00am Travel Show Guides

Tuesday 26 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 Painted House 8.00 Wedding Story 8.30 Baby Story 9.00 Simply Painting 9.30 Great Garden Game 10.00 Bloom 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt 12noon Australia's Home Improvements 12.30pm Doing it Up 1.00 Our House 1.30 Hometime 2.00 Yankee Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

DISCOVERY
WORLD PACK

3.00 PM
4.00 PM
4.00 Rex Hunt's Fishing Adventures
Fishing tips from Rex Hunt.
4.30 Walker's World
Ubai
5.00 PM
5.00 Flightline
Topical aviation magazine.
5.30 History's Turning Points
The Shot That Started the Great War
6.00 PM
6.00 Animal Doctor
Follow vets from the RSPCA as they respond to reports of emergencies.
6.30 Grizzlies of the Canadian Rockies
7.00 PM
A look at the awe-inspiring and ferocious beasts.
7.30 Beyond 2000
This edition features an oral Aids test and a hyperspectral imager.
8.00 PM
8.00 The Quest
The Face of Fear
An examination of the feeling of fear.
8.30 Ultimate Thrill Rides
9.00 PM
9.00 Tarantulas and their Venomous Relations
Several new spider species have recently been discovered.
10.00 PM
10.00 Buried Alive
A documentary on the possibility of being buried alive. Experts explain the kinds of medical conditions that mimic death.
11.00 PM
11.00 The U-Boat War
As the war progressed, the merchant ships and their escorts battled the U-boats in the Atlantic.
12.00
NIGHT TIME
12midnight Ballooning over Everest
The first men to fly over the summit in a hot air balloon.
1.00am History's Turning Points
The Shot That Started the Great War
1.30-2.00am Flightline

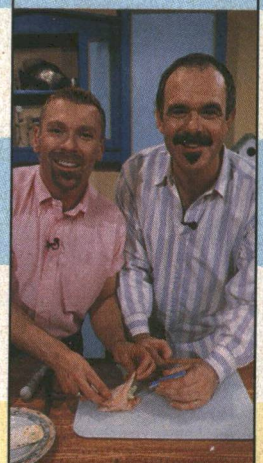
SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
What is Morag up to now?
3.00 Emmerdale Farm
Annie puts on a brave face.
3.30-4.00pm Emmerdale Farm

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 The Fruitties 6.30 Tabaluga 7.00 Power Puff Girls 7.30 Dexter's Laboratory 8.00 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 The Magic Roundabout 10.15 Thomas the Tank Engine 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm The Bugs and Daffy Show 12.45 Road Runner 1.00 Popeye 1.30 Droopy 2.00 The Addams Family 2.30 The Jetsons

3.00 Taz-Mania
Antipodean antics and devilish doings.
3.30 Scooby and Scrappy Doo
Canine crime busting.
4.00 Powerpuff Girls
Crime fighting action.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 I Am Weasel
Meet an atypical weasel.
5.30 Cow and Chicken
More trouble with the mismatched siblings.
6.00 Animaniacs
Animated antics.
6.30 The Flintstones
The prehistoric men, Fred and Barney, are behaving badly in Bedrock.
7.00 Tom and Jerry
Comic antics with the sparring cat and mouse.
7.30 Looney Tunes
More cartoons featuring your favourite characters.
8.00 Cartoon Cartoons
8.30-9.00pm Cultoon
From the Hanna Barbera vaults.



More delicious dishes in 'Cookabout with Greg and Max'. Discovery Home & Leisure 10.30am

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War
Inside the Reich
5.00 The Tugboats
6.00 The Sacred Waters of Lourdes
7.00-8.00pm The Big House
Sing Sing
The legendary history of Sing Sing, direct rival to Eastern State Penitentiary, includes its PR-savvy warden, Lewis Lawes, as well as the numerous movies shot there and its notorious inmates.

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/Budgie the Little Helicopter/Animal Antics 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Clangers/King Rollo/Wombles/Bod 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon
Archive favourites.
3.30 Pippi Longstocking
Schoolgirl fun.
4.00 Hey Arnold!
More adventures with the kid with the cool quiff.
4.30 Rugrats
Fun with the tousle-haireded nippers.
5.00 Sister Sister
Tia and Tamera and their respective single parents all try to live together.
5.30 Kenan & Kel
6.00 Sabrina
6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy following the life of a Beverly hills teenager.
7.30 Grace Under Fire
8.00 Roseanne
Sleeper
Which Conner woman did David dream about?
8.30 News Radio
The Negotiation
9.00 Cybill
True Confessions
Cybill takes to following and stalking Maryann.
9.30 Vic Reeves Big Night Out
10.00 Frasier
Roz's Turn
Roz applies for a job to host her own show.
10.30 Cheers
Bidding on the Boys
11.00 Seinfeld
The Contest
11.30 The Larry Sanders Show
The Gift Episode
Danny DeVito cancels.
12midnight Late Night with David Letterman
Pupular US chat show.
1.00am Taxi
1.30 The Critic
2.00 Dr Katz
2.30 Soap
3.00 Wings
3.30-4.00am Nightstand

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon Travels with Chuck Henry
12.30pm Getaway
1.00 Practical Guide to Europe
1.30 Islands in the Sun
2.00 Independent Travellers' Guide
Denmark
3.00 Around the World
3.30-4.00pm African Adventures

FOX KIDS
FAMILY PACK

6.00am Power Rangers Turbo 7.00 Mortal Kombat 7.25 Oggy and the Cockroaches 7.30 Donkey Kong Country 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 Incredible Hulk 10.15 Casper 10.30 Oggy 11.00 Mouse and the Monster 11.05 Eek!Stravaganza 11.30 Life with Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05 The Incredible Hulk
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
The warriors do battle.
4.00 Spiderman
Crime-fighting action.
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
5.00 Goosebumps
5.25 Eerie, Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong Country
6.25 Sam and Max
6.50-7.00pm Eek!Stravaganza
Trouble with Eek the Cat.

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection!
6.30 Bargain Shop!
7.30 The Gold Collection
8.30 The Clothes Line
9.30 Junior Sports Store
10.00 Branded!
11.00 Home Style
12noon Switched On
1.00pm Bargain Shop!
1.30 Shop Selection!
2.30 Good Hair Days
3.00 Shop! Feature
4.00 Jewellery Box
5.00 Shop Selection!
6.00 Spotlight on Sports
Great deals on club merchandise for Manchester United fans.
7.00 On Screen
Great deals on electronic games for kids of all ages.
8.00 Global Cuisine
Kitchen secrets to make Italian cooking simple.
9.00 Home Style
Fresh ideas for the kitchen.
10.00 Shop! Feature
Home office special.
11.00 Cook's Den
12midnight Bargain Shop!
12.30am Shop Selection!
1.30 Shop! Feature
2.30 Do it Yourself!
3.00 Switched On
4.00 Home Style
5.00-6.00am Beauty Secrets

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Hermle Anniversary Clocks at 8.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 9.30 World Today 10.00 News 11.00 News 12noon News 1.30pm UK Today 2.00 News 2.30 World Today 3.00 News 4.00 Newsday 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Correspondent 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American Edition 11.30 Biz Asia 12.30pm Fortune 1.15 Asian Edition 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Beat 5.00 Larry King 6.45 American Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.15 Asian Edition 1.30 Q&A 2.00 Larry King 4.15 American Edition 4.30-5.00am Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 The Book Show 4.30 CBS Evening News 5.30-6.00am Showbiz Weekly

INTERNATIONAL

TV5 5.30am Télématin 7.00 Infos 7.05 Journal Télévisé de Radio Canada 7.30 Découverte 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé 9.30 Cinéma: Ascenseur pour l'Échafaud 11.00 Infos 11.05 Voilà Paris 11.30 Journal Télévisé France 12noon Infos 12.05pm Documentaire 1.00 Journal Télévisé 1.30 Cinéma: Ascenseur pour l'Échafaud 3.00 Journal Télévisé 3.30 Bons Baisers d'Amérique 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.30 Cinéma: Ascenseur pour l'Échafaud 7.00 Journal Télévisé Suisse 7.30 Journal Télévisé France 8.00 Infos 8.05 Temps Présent 9.00 Journal 9.30 Les Grandes Marées 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Kabhi Yeh Kabhi Woh 12.30pm Golmaal 1.00 Zameen Aasman 1.30 FILM 4.00 Akbar Birbal 4.30 Gaurav 5.00 Dooriyan 6.00 Eurospice 6.30 Fauji 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am Eurospice 1.00 FILM 4.00 Music Box 4.30 Kabhi Yeh Kabhi Woh 5.00 Dooriyan 6.00 Akbar Birbal 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Aap Ki Farmaish 6.30 Usha Uthap 7.00 Faith 7.30 News 8.00 Out and About 8.30 Sailaab 9.00 Himalaya's Hasratein 10.00 Dhoop Mein Sawan 11.00 Khana Khazana 11.30 Parampara 12noon FILM: Dusmani Juttandi 3.00pm Bangla 3.30 Cine Magic 4.00 Campus 4.30 Top Ten 5.30 Aashirwad 6.00 1 to 10 6.30 Humm Tara Rum 7.00 Jee Sahab 7.30 Chalo Cinema 8.00 News 8.30 Daraar 9.00 Zee Addicts 10.00 Ikke Pe Ikka 10.30 Woh 11.00 Purushketra 12midnight News 12.30am Business 1.00 Bangla 1.30 Raahat 2.00 FILM: Mehboob Mera Mastana 4.30 Lolly-Pop 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Jack Van Impe Presents 5.30 Ashley McGuickan/Euro Spirit 6.00 Good News – Rick Renner 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is your Day – Benny Hinn 8.15 Good Morning Europe 8.30 Chronicles of Revival/Steve Penny 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 Derek Prince – Church on the Way 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports every half hour, plus: 2.45am Focus on Eastern Europe 3.45 Financial Goals 4.24am Sports

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am House of Lords 7.00 Record 7.30 Lords 2.30pm Commons 11.00 Record 11.30-12midnight European Focus

Low Cost Loans

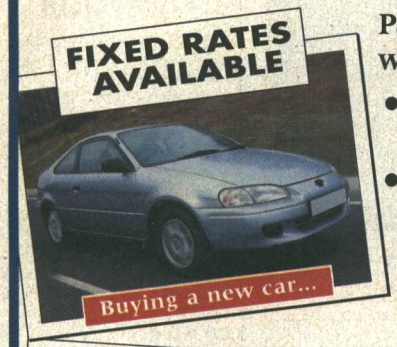
HOME OWNERS FREEFONE

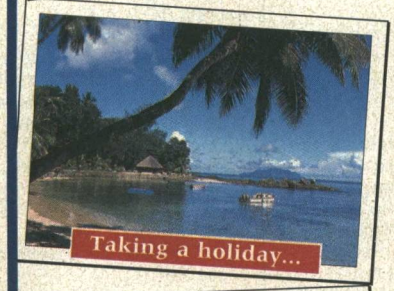
0800 269 315

TENANTS ONLY PHONE: 01252 367676

PERSONAL SERVICE 24hrs 7 DAYS A WEEK

£2,000 to £150,000 over 3-25 years...for ANY purpose!





Pay off all existing debts, loans, credit cards, H.P. etc. and leave yourself with cash to spare and one lower, easier to manage monthly repayment.

- OPTIONAL LIFE, SICKNESS, UNEMPLOYMENT COVER
- NO UP-FRONT FEES

VISIT OUR WEB SITE!
www.lowcostloans.co.uk

Loan Amount	300 mths	180 mths	120 mths	60 mths	INTEREST ONLY REPAYMENT	A.P.R. (variable)
£50,000	469.64	551.36	673.41	1073.51	435.90	10.9%
£30,000	282.15	330.68	403.81	643.87	261.30	
£25,000	235.02	275.38	336.41	536.46	217.65	
£20,000	187.90	220.19	269.01	429.05	174.01	
£17,000	170.72	196.77	237.36	372.42	160.55	11.9%
£15,000	150.62	173.61	208.43	328.59	141.65	
£12,000	120.48	138.87	167.52	262.85	113.40	
£10,000	100.38	115.71	139.59	219.03	94.40	
£8,500	91.17	103.43	123.22	190.17	86.86	12.9%
£7,500	80.43	91.25	108.71	167.79	76.63	
£6,000	64.33	72.98	86.95	134.21	61.28	
£5,000	53.54	60.77	72.42	111.82	51.05	

Typical example: £5,000 x 60 mths @ £111.82/mth. Total Cost £6709.20. APR 12.9% (VAR).

NO EQUITY? NO WORRIES!
Loans from £5,000 to £50,000 up to 125% of house value

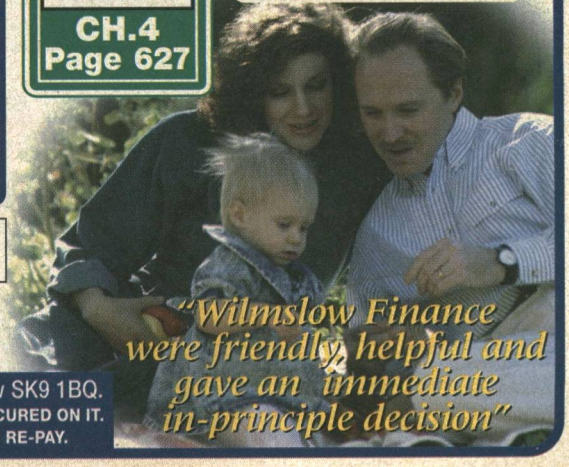
Secured Loans
Competitive rates, loans for any purpose over 3 years to 25 years.

Unsecured Loans
Paid out in a few days, no fees, any purpose – no security required.

Mortgages/Remortgages
Problems getting a mortgage/ remortgage? **Phone now!**

See us on Teletext CH.4 Page 627

Special plans for:
• Self-Employed
• Arrears • CCJ's



IMPORTANT ADVICE: Always check the small print on other adverts. We charge no fees on the advertised plans in the repayment box. We will match any genuine advertised rate. All loans are placed through National Banks & Finance Houses & dealt with by post – you're under no obligation when you phone.

We're in YELLOW PAGES

dfb

VFS

FISA registered

Wilmslow Financial Services Ltd. & Direct Mortgages Ltd., 9 Manchester Road, Wilmslow SK9 1BQ.

YOUR HOME IS AT RISK IF YOU DO NOT KEEP UP REPAYMENTS ON A MORTGAGE OR OTHER LOAN SECURED ON IT.
• SECURED LOANS ARE SECURED ON PROPERTY • LOANS SUBJECT TO STATUS AND ABILITY TO RE-PAY.

Wednesday 27 January

SKY PREMIER
PREMIUM CHANNEL

6.00am The Aviator
1985, rating Sky PG, 93 mins
8.00 Jitters
Joely Fisher, Brian Wimmer
1997, rating Sky PG, 88 mins
9.45 Who Framed Roger Rabbit
Bob Hoskins, Christopher Lloyd
1988, rating Sky PG, 100 mins
11.30 Amy
Jenny Agutter, Barry Newman
1981, rating Sky U, 96 mins
1.30pm The Aviator
Christopher Reeve, Rosanna Arquette, Jack Warden
1985, rating Sky PG, DS, 93 mins

3.30 Jitters
Joely Fisher, Brian Wimmer, James Acheson
Romantic drama about a woman suffering from pre-marital jitters. The situation takes a turn for the worse when the build-up to the wedding is filmed for a cable television show and her stress reaches fever pitch. *1997, rating Sky PG, 88 mins*
5.30
Who Framed Roger Rabbit
Bob Hoskins, Christopher Lloyd, Joanna Cassidy, Stubby Kaye, Alan Tilvern
Comedy mixing live action and animation. Framed for a murder he didn't commit, an animated rabbit teams up with a down-on-his-luck private eye to clear his name. Unfortunately the detective loathes cartoon characters. *1988, 100 mins*
7.30
Barry Norman's Film Night
Film reviews and previews.
8.00 Roseanna's Grave
Jean Reno, Mercedes Ruehl, Mark Frankel, Polly Walker
Quirky romantic comedy. A man is determined to carry out his terminally ill wife's last wish to be buried alongside their late daughter. However, there are only two vacant plots and he must keep them free as he tries to raise the burial fee. *1997, rating Sky 12, 94 mins*
10.00 The Crow: City of Angels
Vincent Perez, Mia Kirshner, Richard Brooks, Iggy Pop
Horror sequel in which the dark hero combats forces of evil and finds love with a young woman who shares his psychic powers. *1996, rating Sky 18, 91 mins*
11.35 The Star Maker
Sergio Castellitto, Tiziana Lodato
Italian drama about a con man who poses as a talent scout. *1995, rating Sky 18, 103 mins*
1.25am
How to Make an American Quilt
Winona Ryder, Ellen Burstyn
Romantic drama. Text *1995, rating Sky 12, 112 mins*
3.20-5.00am Empire Records
Text *1995, rating Sky 12, 86 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am UK Top Ten
7.30 Femmes Fatales: Whoopi Goldberg
8.15 Movie Magic: Mouthing Off
9.00 Sweet Revenge
1990, rating Sky PG, 84 mins
11.00 The Stupids
Text *1996, rating Sky PG, 89 mins*
1.00pm UK Top Ten
1.30 Femmes Fatales: Whoopi Goldberg
2.15 Movie Magic

3.00 McLeod's Daughters
Tammy MacIntosh, Jack Thompson, Kym Wilson
Drama set in the Australian outback, in which the eldest of the McLeod daughters returns to save the family farm after the death of her father. However, she finds her duty hampered by chauvinism and small town attitudes. *1996, rating Sky PG, DS, 95 mins*
5.00 Sweet Revenge
Carrie Fisher, Rosanna Arquette, François-Eric Gendron, John Sessions
Comedy in which a female lawyer is ordered to pay alimony to her ex-husband. She hatches a plan to marry him off to another woman, with the hope that he will stop demanding money from her. *1990, rating Sky PG, 84 mins*
7.00 The Stupids
Tom Arnold, Jessica Lundy, Bug Hall, Alex McKenna
Wacky comedy in which a brainless family inadvertently uncover a conspiracy involving aliens, international terrorists and the US police. The plot is masterminded by the evil Mr Sender, who is stealing the nation's mail. Text *1996, rating Sky PG, 89 mins*
9.00 Beavis and Butt-head Do America
Voices of Mike Judge, Robert Stack, Cloris Leachman
Animation adventure. Beavis and Butt-head are a moronic pair of teenagers who find that their lives fall apart when their TV is stolen. Text *1996, rating Sky 12, 78 mins*
10.30 Action Heroes: Sylvester Stallone
11.00 Bullet
Mickey Rourke, Tupac Shakur,
Drama in which a released convict tries to come to terms with the violence in his life. *1995, rating Sky 18, 91 mins*
12.40am
Return of the Living Dead II
1987, rating Sky 18, 85 mins
2.10 The Legend of Hell House
1973, rating Sky 15, 90 mins
3.45 A Self-Made Hero
1996, rating Sky 12, 101 mins
Widescreen
5.35-7.10am McLeod's Daughters
1996, rating Sky PG, 95 mins

Toshiro Mifune plays a Samurai for hire in Akira Kurosawa's classic 'Yojimbo'. FilmFour 6.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm Rebecca
Laurence Olivier, Joan Fontaine, George Sanders, Nigel Bruce
Thriller. A young bride finds that her new home in Cornwall appears to contain some dark secrets. The spirit of her new husband's first wife, who died the year before in a boating accident, seems to have a strange hold over everyone in the house, especially the housekeeper. *1940, rating Sky PG, 126 mins*
6.15 Monkey Business
Cary Grant, Ginger Rogers, Charles Coburn, Marilyn Monroe
Comedy in which an absent-minded professor and his wife find themselves regressing to a state of childhood when a laboratory monkey dumps an elixir-of-youth potion into their water supply. *1952, rating Sky U, 93 mins*
8.00 Battle Hymn
Rock Hudson, Anna Kashfi, Martha Hyer, Dan Duryea, Don DeFore
Drama directed by Douglas Sirk and set during the Korean War. A chaplain returns for duty in the armed services to train fighter pilots, and proves his worth both on and off the battlefield. *1957, rating Sky PG, 103 mins*

10.00 The Last Hard Men
Charlton Heston, James Coburn
Western in which a violent outlaw stages a prison break-out and then sets out for revenge against the sheriff who put him behind bars. *1976, rating Sky 18, 93 mins*
11.40
No Highway in the Sky
James Stewart, Marlene Dietrich
Thriller about a passenger plane with metal fatigue. *1951, rating Sky U, 94 mins*
1.20am The Glass Menagerie
Jane Wyman, Kirk Douglas
1950, rating Sky U, 103 mins
3.10 James Cagney
3.40-6.00am Joan of Arc – Part 2
Biopic. Widescreen
1993, rating Sky PG, 116 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm
The Great Ziegfeld
William Powell, Luise Rainer, Myrna Loy, Frank Morgan
Spectacular, Oscar-laden musical following the fluctuating fortunes of the legendary US showman. From his humble beginnings as a side-show barker, Florenz Ziegfeld went on to make and lose a tidy sum before he swept his first wife, Anna Held, off her feet. One divorce later, and his career had soared and dived once more. He ended his days a broken man following the stock market crash of 1929. *1936, 170 mins*
12.15am The Girl and the General
Rod Steiger, Virna Lisi, Toni Gaggia
War drama about a daring escape. *1967, 100 mins*
2.15 Arturo's Island
Reginald Kernan, Vanni De Maigret
Drama *1963, 90 mins*
4.00-5.00am The Divine Garbo
Documentary of Greta Garbo.

Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Yojimbo
Toshirô Mifune, Eijirô Tono, Kamatari Fujiwara
Akira Kurosawa's part comic, part dramatic tale in which an itinerant Samurai sells his services to both factions of a warring village and then sits back to watch the fun. The film was remade by Sergio Leone as *A Fistful of Dollars*. In Japanese with subtitles. *1961, 110 mins*
8.00 Panther
Kadeem Hardison, Marcus Chong, Courtney B Vance
Mario Van Peeble's fictional look at the rise of the Black Panthers movement in America in the late Sixties. Part history, part thriller, the film shows the disaffection of the Black American population at the time, while also portraying the FBI-fuelled white fear of the movement. *1995, 118 mins*
10.10 Melvin Van Peebles' Classified X
Documentary offering a telling insight into the work of Melvin Van Peebles, the man who changed the face of black cinema in America.

12midnight Sweet Sweetback's Baad Asssss Song
Violent drama. *1971, 93 mins*
1.35am Straight Out of Brooklyn
Drama. *1991, 83 mins*
3.00 King of New York
Thriller. *1989, 99 mins*
4.45-6.00am Godzilla's Revenge
Sci-fi thriller. *1969, 70 mins*

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
JACKIE CHAN'S FIRST STRIKE
High-energy action movie starring martial arts superstar Jackie Chan as a Hong Kong police officer. *1996, rating Sky 12, 80 mins*
PLAYS AT 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 2
Channel 52
THE BORROWERS
Comic adventure based on the novels by Mary Norton. Starring John Goodman. *1997, rating Sky U, 83 mins*
PLAYS AT 6.30am, 8.00am, 9.30am, 6.00pm, 7.30pm, 9.00pm, 10.30pm

Sky Box Office 2
Channel 53
WINGS OF THE DOVE
Period drama based on the novel by Henry James. *1997, rating Sky 15, 100 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
DEVIL'S ADVOCATE
PREMIERE Lavish drama of temptation, greed and redemption. *1997, rating Sky 18, 138 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
FATHER'S DAY
Comedy about two men convinced by an old flame that they are the father of a son they never knew they had. *1997, rating Sky 12, 94 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 27 January

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
Brad Pitt
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You
1.30 Jeopardy
2.00 Sally Jessy Raphael

3.00 Jenny Jones
Listen Sister, You Better Change Cuz Your Look is Strange
Guests ask Jenny to give their loved ones a makeover to improve their appearances.

4.00 Guilty!
Tackling the crimes and misdemeanors of friends, family, lovers and colleagues with a judge and jury on hand to pass sentence.

5.00 Star Trek: Deep Space Nine
Ferengi Love Songs
Quark sacrifices his mother's happiness in order to regain his standing in Ferengi society. Text

6.00 Married... With Children
Birthday Boy Toy
Al tries to cure Peggy. Text
6.30 Friends
The One with the Bullies Text

7.00 The Simpsons
The Principal and the Pauper
A stranger claims that Principal Skinner is an imposter. Text
7.30 The Simpsons
Bart Carny Text

8.00 Stargate SG-1
Show and Tell
Sci-fi adventure series continuing where the movie left off. The stargate is a portal to many alien worlds, both friendly and hostile.

9.00 The X-Files
The List
Enemies of a prison inmate who was executed in the electric chair begin dying one by one. Stars David Duchovny. Text

10.00 Naked in Westminster
Another chance to see the docu-soap about the opening of the first ever naked table dancing club in Westminster.

11.00 Friends
The One with the Bullies
Phoebe meets her family. Text
11.30 Star Trek: Deep Space Nine
Ferengi Love Songs Text
12.30am Highlander: The Series
Counterfeit – Part I
MacLeod doubts Wilder's claims that he saved Richie from Watcher thugs – until Wilder is murdered.
1.30-7.00am Long Play
It's a VJ-free music zone with something for everyone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Do Unto Others

3.25 The Bill
Mid-Life Crisis
Daly and Skase discover that a jeweller is fencing stolen goods.
3.55 EastEnders
More gossip from Albert Square.
4.30 Rhoda
Rhoda's Wedding – Part I
Rhoda and Joe's plans for a small wedding are foiled by Ida, who invites all her friends.
5.00 All Creatures Great and Small
Hair of the Dog
James has to perform an emergency operation. Stars Christopher Timothy.
6.00 Dynasty
American soap about the Carrington oil clan. Starring John Forsythe, Linda Evans, Pamela Sue Martin and Dale Robertson.
7.00 2point4 Children
Dirty Bowling
Bill finally decides to take her driving test. But what is the secret that Ben is keeping?
7.40 It Ain't Half Hot, Mum
Money Talks
8.20 Yes, Minister
The Moral Dimension
Third World politics are on the agenda for Jim Hacker.
9.00 One Foot in the Grave
Rearranging the Dust
Victor and Margaret visit their solicitor to discuss a separation.
9.40 Jonathan Creek
No Trace of Tracy
The crime writer and magician team up to investigate why a teenage girl vanished from a rock star's country house.
10.55 French and Saunders
11.35 The Bill
Do Unto Others
Loxton and Keane have to search for the truth in three conflicting stories.
12.05am The Bill
Mid-Life Crisis
12.35 Backup
Not Cricket
Charlie Serial are called to prevent trouble on a factory picket line.
1.30-2.45am Number 27

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
Anthology mystery series.
2.10 LA Law

3.10 Living Room
Jayne Irving and Amanda Cross host an upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.
4.00 Michael Cole
I Take My Clothes
Off for the Camera
With the one-time director of public affairs for Harrods.
4.50 Rolonda
Don't Sleep with Him
Until You Know This
Audience participation talk show from America, hosted by Rolonda Watts.
5.40 Ready, Steady, Cook
Today's guest cooks are Kevin Woodford and Valentina Harris.
6.15 The Jerry Springer Show
Outrageous American talk show hosted by Jerry Springer.
7.05 Rescue 911
William Shatner presents stories of real-life rescues by American emergency services.
7.35 Animal Rescue
More pets in distress are saved.
8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.
9.00 FILM: Inflammable
Marg Helgenberger, Kris Kristofferson
Suspense drama. When an inexperienced navy lawyer is sent aboard the *USS Laramie* to investigate a murder and attempted rape, the ship's captain at first attempts to have her removed from the case. But then the two team up and uncover a very dangerous intrigue. *1995*
11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 Doctor in the House 8.00 That's My Boy 8.30 Up the Garden Path 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Agony 2.00 thirtysomething

3.00 The Love Boat
Taking Sides
Two couples try to sort out their testy marriages, and an elderly man cheats at cards to pay for a cruise.
4.00 The Saint
The World Beater
Car rally racing mean dangerous bends ahead for The Saint – with a beautiful blonde involved in mysterious happenings.
5.00 Hawaii Five-0
Ring of Life
The reward offered for the return of five rare figurines sparks off a global trail of murder which leads directly to McGarrett's patch.
6.00 Emmerdale
Joe finally takes Zoe's advice.
6.30 Classic Coronation Street
Hilda entertains Eddie's young lady to tea at number 13.
7.00 Mission: Impossible
The Killing
Cinnamon lures a murder organisation into 'killing' Jim Phelps to gather incriminating evidence.
8.00 The Love Boat
Taking Sides
Two couples try to sort out their testy marriages, and an elderly man cheats at cards to pay for a cruise.
9.00 Classic Coronation Street
9.30 The Comedians
Stand-up comedy.
10.00 Jokers Wild
10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Talking Dirty
Celebrities and ordinary folk spill the beans about their most intimate thoughts and actions.
11.20 Snowgirls
11.50 Real Sex
12.20am The Hot House
Presented by Kim Hughes.
12.50 Lord Lust's Lovelies
This edition features more from the calendar shoot, this time with Miss July – Sharon Sinclair.
1.00 Elvis Has Just Left the Building
1.30-2.00am V.P.L.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Dragons 9.30 Bear 9.55 Toothbrush 10.00 Bite Size 10.10 Tots TV 10.30 Big Garage 10.45 PB & J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear 12.55 Toothbrush 1.00 Bite Size 1.15 Tots TV 1.30 Big Garage 1.45 PB & J Otter 2.00 Quack Pack 2.30 Winnie the Pooh

3.00 The Little Mermaid
The charming undersea adventures of the beautiful mermaid Ariel and her friends, Sebastian and Flounder. Text
3.30 Art Attack Text
4.00 101 Dalmatians
Frantic fun with canine capers and daring doggy deeds. Text
4.30 Hercules: The TV Show
Cartoon action adventure.
5.00 Recess Text
5.15 Pepper Ann
Pepper Ann tries to cope with the perils of teenage life, with the help of of friends. Text
5.30 Smart Guy
6.00 Teen Angel
Back to De Polo Text
6.30 Boy Meets World
Heartbreak Cory
Cory goes skiing and meets a girl called Lauren.
7.00 Honey, I Shrunk the Kids: The TV Show
Honey, They're After Me Lucky Charms
Wayne gets into trouble. Text
7.50 Classic Toons
8.00 FILM: Halloweentown
Debbie Reynolds
Marnie and her kids get a big shock when they follow grandma home to Halloweentown – and find out that they come from a family of witches. *1998* Text
9.30 Home Improvement
Tim Allen stars in this hit sitcom as a part-time loving husband and father, and part-time chauvinistic TV host.
10.00 Dinosaurs Text
10.30 The Wonder Years
The Powers That Be Text
11.00-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

WEDNESDAY CONTINUES OVERLEAF

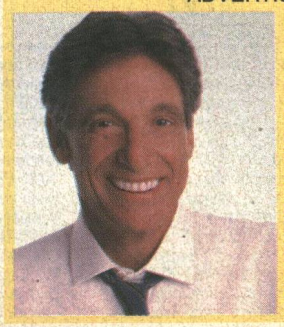
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
The Last Hard Men
Sky Cinema 10.00pm
Iconic old school action heroes James Coburn and Charlton Heston are pitted against each other in this relentlessly violent Western from 1976. Coburn is the escaped outlaw who embarks on a programme of cold-hearted vengeance against Heston, the sheriff who jailed him.

GENERAL
Jonathan Creek
UK Gold 9.40pm
It's good to see Caroline Quentin and comedian Alan Davies in this drama about a crime writer and a magician who team up to investigate mysteries. There's a nice degree of sexual tension between the pair in this episode, as a teenage girl vanishes from a rock star's house.

ADVERTISEMENT



MAURY POVICH 10.50AM

Maury's new talk show on *living* is compelling, fast-paced and deals with the emotional conflicts and problems facing his guests. Turning up the heat, Maury poses the type of intelligent and hard questions that other hosts avoid.

Wednesday 27 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

MORNING

6.00 AM
7.30am Bobsleigh
8.00 Nordic Combined Skiing
9.00 Nordic Combined Skiing – LIVE
The latest action from the World Cup in Italy.
10.00 Tennis – LIVE
The latest from the Australian Open mens singles quarter-finals in Melbourne.
12noon Tennis
The latest highlights from the mens singles quarter-finals of the Australian Open in Melbourne.

3.00 PM

4.00 PM

5.00 PM
5.30pm
Figure Skating – LIVE
All the latest action from the European Championships in Prague.

6.00 PM

7.00 PM

8.00 PM

9.00 PM
9.30 Figure Skating
Highlights from the European Championships in Prague.

10.00 PM
10.00 Tennis
The latest highlights from the mens singles quarter-finals of the Australian Open in Melbourne.

11.00 PM
11.00 Motorsports
Coverage from round five of the Andros Trophy in Lans en Vercors, France.

12.00 NIGHT TIME
12midnight-12.30am Bloopers
Featuring footage of hair-raising and comical sporting mishaps.

SKY SPORTS 1
PREMIUM CHANNEL

MORNING

7.00am Sky Sports Centre 7.15 Scottish Football 8.15 Sky Sports Centre 8.30 Racing News 9.00 Aerobics Oz Style 9.30 You're on Sky Sports! 10.00 Totalsport 10.30 Scottish Football 11.30 Fastrax 12noon Aerobics Oz Style 12.30pm Worthington Cup Football 2.00 Sports Unlimited

3.00 PM
3.00 Inside Scottish Football
All the goals, all the transfers, all the news and all the views from the new Scottish Premier Division.

4.00 PM
4.00 Superbouts: Leonard v Benitez
The WBC welterweight title fight from 1979 between Sugar Ray Leonard and Wilfred Benitez.

5.00 PM
5.00 Outdoor Quest
The venue is Dali in China for this event which offers a total of $200,000, making it the world's richest adventure race.

6.00 PM
6.00 Sky Sports Centre
All the major headlines.
6.30 Unbelievable Sports
Wacky sporting footage.

7.00 PM
7.00 European Tour Weekly
The essential roundup of Euro Tour Golf.
7.30 Spanish Football
Action from the Spanish top flight, the Prima Liga where two sides compete for crucial points.

8.00 PM

9.00 PM
9.30 Unbelievable Sports
Some of the lesser known and crazier sports.

10.00 PM
10.00 Sky Sports Centre
10.15 You're on Sky Sports!
Allowing the fans to speak.
10.45 World Pool League
Action from Warsaw, Poland, where the top players compete.
11.45 Sky Sports Centre

11.00 PM

12.00 NIGHT TIME
12midnight You're on !
The world of football.
12.30am Ringside
Presented by Paul Dempsey.
2.00 Spanish Football
Highlights from La Liga.
4.00-4.15am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

MORNING

7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 Fastrax 8.45 Sky Sports Centre 9.00 Fish TV 9.30 Fish TV 10.00 Premier Snooker League 12noon Outdoor Quest 1.00pm Totalsport 1.30 Fastrax 2.00 World Windsurfing 2.30 Snooker: Welsh Open
Day one of the 1999 Regal Welsh Open at the Cardiff International Arena, where the odds were dramatically upset in last year's competition by Yorkshireman Paul Hunter, who beat John Higgins in the final.

3.00 PM

4.00 PM

5.00 PM
5.30 Fastrax
A look at the unique lives and of competitors in the fast lane.

6.00 PM
6.00 Watersports World
From waterskiing to windsurfing and the all-new revolutionary wake-boarding.

7.00 PM
7.00 Snooker: Welsh Open – LIVE
Coverage from the opening day of the 1999 Regal Welsh Open from the Cardiff International Arena. Last year, 19-year-old Paul Hunter from Leeds pulled off a major surprise by beating world number two John Higgins 9-5 in the final to win his first professional title. He began the tournament an 80-1 outsider, but in the end he went away with the £60,000 winner's cheque.

8.00 PM

9.00 PM

10.00 PM
10.00 International Cricket: South Africa v West Indies
The best of the action from South Africa where the host nation meet the West Indies in their third one-day international.

11.00 PM

12.00 NIGHT TIME
12midnight Outdoor Quest
Coverage from Dali in China.
1.00am Watersports World
2.00 European Tour Weekly
2.30-2.45am Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

MORNING

12noon V-Max
The series that gives an insight into the world of speed on land, water and in the air from inside the cockpit.
12.30pm International Cricket: South Africa v West Indies – LIVE
Coverage of the third one day international between South Africa and the West Indies. Curtly Ambrose will be looking to upset his hosts with some ferocious bowling.

3.00 PM

4.00 PM
4.00 Second Innings: Mark Butcher – Headingley
4.30 International Cricket: South Africa v West Indies - LIVE
Live coverage of the third one-day International between South Africa and the West Indies.

5.00 PM

6.00 PM

7.00 PM

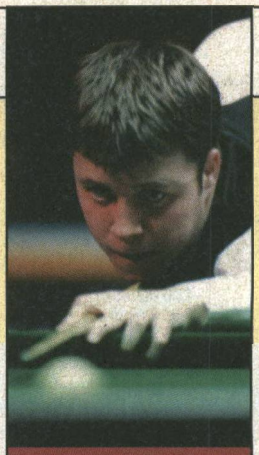
8.00 PM
8.00 Ringside
Boxers from up and down the country are featured in this comprehensive guide to the best British boxing action. Presented by Paul Dempsey.

9.00 PM
9.30 European Tour Weekly
The essential roundup of Euro Tour Golf.

10.00 PM
10.00 Dickie Davies's Sporting Heroes: Tony Jacklin
Dickie Davies conducts an in-depth one-to-one interview with Tony Jacklin.

11.00 PM
11.00-11.30pm The Entertainers
In the 1993/94 campaign both Norwich City and Aston Villa mounted serious championship challenges. Though both were ultimately overtaken by Manchester United, they did nevertheless contribute to an eventful season.

12.00 NIGHT TIME



Last year's runner-up John Higgins competes in the Welsh Open. Sky Sports 2 7.00pm – Live

MUTV
ADD-ON CHANNEL

MORNING

6.00pm Game On
6.15 The Insiders
Meet the unsung heroes.
6.30 F.A.N.
The magazine show for the modern fan.
7.00 Red Hot News
All the latest developments from Old Trafford.
7.30 Kids Clinic
The squad pass on top tips and technical advice.
8.00 Super Match – FA Cup Classic: Reading v Manchester United
Action from the archives as United travel to Reading to mete out a thrashing. Giggs, Parker and Cantona were all among the first team. But who will get on the scoresheet?
10.00 Talk of the Devils
The latest developments.
10.45 Junior Masterfan
Teams of under sixteens compete to be MUTV's Junior Masterfan.
11.15 Jump 'n' Pump
MUTV's aerobics show.
11.30-12midnight Red Hot News

SCI-FI
ACTION PACK

MORNING

7.30am Bloomberg TV 8.00 Sightings 9.00 Battlestar Galactica 10.00 Quantum Leap 11.00 Dark Shadows 11.30 The Ray Bradbury Theatre 12noon Twilight Zone 1.00pm Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic,and Miracles

3.00 PM
3.00 Battlestar Galactica
Saga of a Starworld
A 12-colony space mission is sabotaged and the home planets are destroyed.

4.00 PM
4.00 The Incredible Hulk
Ricky
Banner befriends a retarded young man in danger.

5.00 PM
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences.

6.00 PM
6.00 Time Trax
To Kill a Billionaire
Sahmbi starts a business getting rid of nuclear waste. But Darien knows what Sahmbi is doing.

7.00 PM
7.00 Quantum Leap
Nuclear Family
Sam leaps into the life of a 19-year-old during the height of the Cuban missile crisis.

8.00 PM
8.00 The Flash
The Trickster
With John Wesley Shipp, Amanda Pays and Alex Desert.

9.00 PM
9.00 PSI Factor – Chronicles of the Paranormal
The Light
Curtis Rollins has a near-death experience.

10.00 PM
10.00 FILM: Tank Girl
Lori Petty, Malcolm McDowell, Ice-T
Comic strip adventure. Living in extreme conditions outside the realm of Water and Power, Tank Girl and her side kick Jet Girl are attacked and taken prisoner by the evil overlord. *1995*

11.00 PM

12.00 NIGHT TIME
12midnight PSI Factor – Chronicles of the Paranormal
1.00am FILM: House III
Lewis Arquette, Thom Bray
Horror. *1989*
2.50 Sci-Focus
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Trisha Goddard shares heartwarming and hair-raising true stories with a studio audience.
4.50 Trailblaze
Tricia Williamson presents the travel show going beyond usual destinations.
5.10 Baywatch
The adventures of Mitch Buchannon's lifeguards in a glamorous Califonia setting.
6.00 Bedrock
An hour of fun with celebrity guests and music.
7.00 NBA Match
Highlights of an NBA game.
8.00 Duran Duran in Concert
Here's a chance to catch one of the most popular and successful British bands of the Eighties. Their songs include the hits *The Reflex, Wild Boys* and *Ordinary World* and other classics.
9.00 South Bank Show Awards
10.00 Coronation Street
The latest drama from the residents on the street.
10.30 Emmerdale
Soap set in the Yorkshire Dales.
11.00 The Vice
Documentary series following the lives of people who sell sex.
12midnight-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View
12.10 Peeping Tom
12.20 FILM: Hidden Desires
Erotic movie.
1.30 FILM: Fool Proof
2.40 FILM: Raquel in Paradise
3.50 FILM: Essex Girls
4.10-5.30am FILM: Flesh Palace

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day
12.10am New Model File
Erotic series.
12.35 Sex en France
12.50 Totty Try-Outs
1.05 FILM: Confessions of a Slutty Nurse
2.25 Adult Channel Roadshow
2.50-4.00am FILM: Waterbabies 2

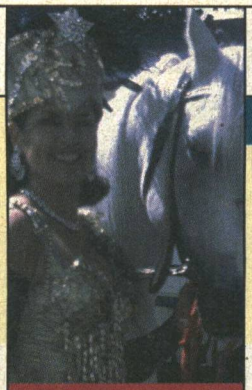
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm It Had to Be You
Eileen Brennan
Comedy in which an actress, tries to extricate herself from a prolonged losing streak.
9.45 One Such Night
Short film.
10.00 Classic Wets – Final 1995 11.10-midnight Electric Blue
Erotic series.

Wednesday 27 January



Yasmine Smart prepares her stallion Cartier for circus life in 'Horse Tales'. Animal Planet 8.30pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Games Room
5.15 Crosswits
Cryptic crossword quiz hosted by Tom O'Connor. With Sally Jones.
5.45 The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Max Bygraves
6.30 The Games Room
6.45 Catchphrase
Roy Walker hosts the hi-tech gameshow.
7.15 The Games Room
7.25 100 Per Cent
General knowledge quiz without a host.
7.55
The Crystal Maze
A team of contestants tackles a series of games and challenges in a giant fantasy world. Hosted by Ed Tudor Pole.
9.00 The Games Room
9.15 Strike it Lucky
Michael Barrymore hosts the fast-action gameshow.
9.45 The Games Room
Win big money prizes.
10.00
Candid Camera
10.30
Karaoke Challenge
From Coney Beach Amusements in Porthcawl.
11.00
Carnal Knowledge
The quiz show that reveals the most intimate secrets of contestants. Hosted by Graham Norton.
12midnight Strike it Lucky
12.30am Split Second
1.00 3-2-1
2.00 Love at First Sight
2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters
4.00 Fifteen to One
4.30 Don't Drink the Water
5.00-6.00am Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
More troubled souls recieve advice.
3.30 Lie Detector
Unmasking deception using modern methods.
4.00
Indecent Proposals
More brave dares.
4.30 Judge Judy
The feared American judge with another case.
5.00 Agony
More troubled souls recieve advice.
5.30 Why Files
Psychic investigations into all things spooky.
6.00
The Fashion Show
The latest trends.
6.30
Indecent Proposals
Embarassment for cash.
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
More troubled souls recieve advice.
8.00 The Why Files
Psychic investigations into all things spooky.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Grassroots Football
Soccer action.
9.57 Topless Darts
More sharp and shapely dart throwing.
10.00
Hollywood Uncovered
A look at the porn industry in LA.
10.30 Exotica Erotica
Adult entertainment.
11.30 Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasuredome 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh, and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 Feasts 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Kitchen College 12noon Network 12.30pm Retrospectives 1.00 Food for Thought 1.30 From the Ground Up 2.00 Caribbean 2.30 Network 3.00 Surprise Chefs 3.30 Coxon's Kitchen College 4.00 Thoroughly Modern British 4.30-5.00pm Chez Bruno

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Gridlock
Hosted by Simon Biagi.
6.00 London Bridge
Nick's funeral leaves emotions raw at Millhouse.
6.30 Home to Roost
Open House
It's party time at Henry's.
7.00 Boon
Trouble in the Fields
Ken is hired by an environmental group to investigate water pollution. Starring Michael Elphick.
8.00 Men of the World
Team Table
Lenny and Kendle fall out over a pub quiz contest.
8.30 Superchefs
Cookery contest.
9.00 Shine on, Harvey Moon
Lover, Come Back to Me
Nan is worried about Harvey's fling with Rita, and Maggie makes a date.
10.00 Soldier, Soldier
Hard Knocks
As the regiment's only woman, Kate wants to prove herself. Luke also has something to prove.
11.00
Hill Street Blues
Influential Eighties American police drama about Capt Frank Furillo and the Hill Street officers.
12midnight Home to Roost
Open House
Sitcom about a divorcee whose life is disrupted when his son comes to live with him. It's party time at Henry's.
12.30am-1.00am Gridlock
Simon Biagi hosts the fast-paced game show.

ANIMAL PLANET
WORLD PACK

12noon Totally Australia: MacQuarie Island
1.00pm Nature Watch with Julian Pettifer
On the Swirl of the Tide
1.30 Australia Wild
Hello Possums
2.00 All-Bird TV
2.30 Human/Nature
Reporters travel the world charting man's relationships with animals and the elements.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00 Jack Hanna's Animal Adventures
Saving Endangered Species
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
Following the fortunes of abandoned animals.
5.30 Australia Wild
Cat Wars
Cats pose a threat to wildlife.
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
Where's Timmy?
7.00 Rediscovery of the World: Madagascar
Island of Heart and Soul
More explorations with Jacques Cousteau.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Horse Tales
Big Top
Real-life stories of horses.
9.00 Going Wild
On Golden Ponds
9.30 Emergency Vets
Stories from Alameda East Veterinary Hospital in Denver.
10.00
Crocodile Hunter
Outlaws of the Outback – Part II
The Australian outback suffers attacks from pests.
11.00 Wildlife ER
The American based Wildlife Centre offers a special trauma centre.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.30 Esther 10.00 The Cruise 10.30 Children's Hospital – Special Edition 11.00 Clive James – Postcard from London 12noon Tomorrow's World Plus 1.00pm Crime Limited 1.30 The Great Egg Race 2.00 The Garden
3.00 Zoo's Company
Face to Face
Follow the rescue of a young seal and the breeding of frogs.
3.30 Vanessa
Vanessa Feltz tackles real-life issues with a studio audience.
4.30 Esther
Keep it in the Family
UK talk show.
5.00 Hotel
A group of retired soldiers arrive for a reunion.
5.30 Secrets of the Paranormal
Order from Chaos
6.00
The Ascent of Man
The Drive for Power
Jacob Bronowski looks at the redistribution of power in the 18th Century.
7.00 Einstein: Fame
The second programme in the portrait of Einstein charts the collapse of his personal life and his emotional isolation.
8.00 Life on Earth
Lords of the Air
The story of life from the first primitive cells to the plants and animals that now live around us.
9.00 Auschwitz, the Blueprints of Genocide
Investigating the role of those who built the gas chambers at Auschwitz.
10.00 The Clampers
Focusing on the wardens who enforce Britain's unpopular parking laws.
10.30
Hollywood Women
Stars reveal what they really think of the sex, money and power that drives Hollywood's system.
11.30 Top Gear GTi
Testing the latest models and casting an eye over the hottest motoring news.
12.30am-1.00am
Crime Limited
Nick Ross presents the series intended to help crime victims by telling their stories through interviews and reconstructions.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 The Zest Beauty Show 9.00 Sally Jessy Raphael 10.00 The View 11.00 The Good Housekeeping Show 11.30 Craftwork 12noon Great British Food 12.30pm Classic Interiors 1.00 Livetime 2.00 The View
3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00 Club Vegetarian
With guest vegetarian chef Rachel Markham.
4.30
Women of Substance
Nineities women's issues.
5.00-6.00pm Sally Jessy Raphael
Getting Pregnant
Got Me Fired
American talk show.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Wild Guardians
Wildlife preservation.
7.30
All Aboard Zaire's Amazing Bazaar
8.00
Monkeys in the Mist
The story of one group of Colobus monkeys who live among the mist shrouding Mount Meru.
9.00 Don Sergio
An Ecuadorian man who built a car from scrap to explore his nation.
9.30 Stock Car Fever
A look at the popular sport.
10.00 Wild Wheels
Harrod Blank drives across America to document various artists and their unconventional vehicles.
11.00 Hoverdoctors
Meet the doctors who travel deep into the jungles of Papua New Guinea by hovercraft to extend medical reach to tribes.
12midnight-1.00am
Extreme Earth: Vanuatu Volcano
A look at the volcanoes of the Vanuatu archipelago in the South Pacific. For the islanders they are a source of beliefs, taboos and passion.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

6.00am Kickstart
9.00 Mad for Hits
2.00pm European Top 20
The best-selling singles from across the continent.
3.00 Bytesize MTV
The best of MTV from around the world.
4.00 Select MTV
MTV's jukebox presented by Donna Air.
6.00
All Saints Access Most Areas
A look at the lives of the popular girl band.
6.30 MTV Live
More live sounds.
7.00 Non-Stop Hits
Continuous hits.
8.00 The Lick R&B Chart Show
9.00 Bytesize MTV
The best of MTV from around the world.
10.00 MTV Live
10.30 MTV Revue
11.00 Non-Stop Hits
12.00midnight Yo!
1.00am MTV Live
1.30 MTV Revue
2.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Scottish Artists NEW 1.00pm Greatest Hits of... Deacon Blue 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour with Toyah Willcox 7.00 VH1 Hits 8.55 Made in Scotland Week 9.00 Ten of the Best: Scottish Artists 10.00 Simple Minds Uncut 11.00 Revolver 12midnight The Nightfly 1.00am Around and Around 2.00-6.00am Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Dream Destinations 12.30pm A-Z Med 1.00 Holiday Maker 1.30 The Flavours of France 2.00 The Flavours of Italy 2.30 Voyage 3.00 O Canada! 4.00 Go Greece 4.30 Dominika's Planet 5.00 The Great Escape 5.30 Caprice's Travels 6.00 The Flavours of France 6.30 On Tour 7.00 Dream Destinations 7.30 A-Z Med 8.00 Travel Live 8.30 Go Greece 9.00 O Canada! 10.00 Voyage 10.30 Dominika's Planet 11.00 On Tour 11.30-12midnight Caprice's Travels

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 Real Rooms 8.00 Style Challenge 8.30 All Over the Shop 9.00 Ready, Steady, Cook 9.30 Change That 10.00 Rough Guide to the World 10.40 Holiday Outings 11.00 Looking Good 11.30 All the Right Moves 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Rick Stein's Taste of the Sea 2.30 Stefan's Garden Roadshow 3.00 Flower Show 3.30 Wilderness Walks 4.00 The House Detectives 4.30 Rough Guide to the World 5.30 All Over the Shop 6.00 Wonder Women 6.30 Off the Beaten Track 7.00 Antiques Roadshow 8.00 Style Challenge 8.30 Change That 9.00 All the Right Moves 9.30 Ready, Steady, Cook 10.00 Home Front 10.30 House in France 11.00 Peter Seabrook's Gardening Week 11.30 The Flower Show 12midnight The Terrace 12.30am-1.00am Travel Xpress

Wednesday 27 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM 6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 The Painted House 8.00 Wedding Story 8.30 A Baby Story 9.00 Simply Painting 9.30 The Great Garden Game 10.00 Bloom 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt's Fishing Adventures 12noon Our House Down Under 12.30pm Doing it Up 1.00 Our House 1.30 Hometime 2.00 New Yankee Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

DISCOVERY
WORLD PACK

3.00 PM

4.00 PM **4.00pm Rex Hunt's Fishing Adventures** Fishing tips from Rex Hunt. **4.30 Walker's World** Globetrotting Anna Walker explores Finland.

5.00 PM **5.00 Flightline** Aviation magazine show. **5.30 History's Turning Points** *The Incredible March* Looking at conflict in China.

6.00 PM **6.00 Animal Doctor** Follow RSPCA animal doctors on call. **6.30 Bear Attack** More than 40 people have been killed by bears this century. Take a look at how bear attacks occur and how to avoid them. **7.30 Beyond 2000** Looking at a plane powered by a rubber band.

7.00 PM

8.00 PM **8.00 Arthur C Clarke's Mysterious World** **8.30 Creatures Fantastic** *Mythical Cats*

9.00 PM **9.00 Revelation** Offering a possible explanation for crop circles. Are they regarded as messages from outer space or elaborate hoaxes?

10.00 PM **10.00 Intrigue in Istanbul** Stories of collusion and conspiracy throughout the centuries, as rulers sought for control of Istanbul.

11.00 PM **11.00 Ferrari** *The Great GT Cars* A look at the car which is thought by many to be the most desirable automobile on the planet.

12.00 **12midnight Sky Archaeology** Follow archaeologist Richard Hansen in the search for a Mayan city in Guatemala. **1.00am History's Turning Points** *The Incredible March* **1.30-2.00am Flightline**

NIGHT TIME

SKY SOAP
LIFESTYLE PACK

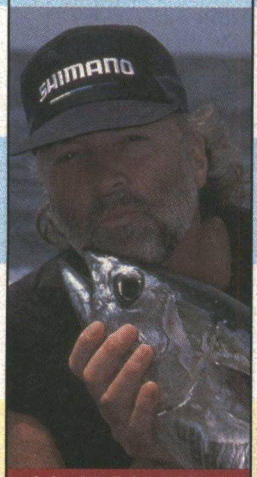
11.00am Take the High Road 11.30 Emmerdale Farm 12noon Emmerdale Farm 12.30pm As the World Turns 1.15 Albion Market 1.45 Guiding Light 2.30 Take the High Road 3.00 Emmerdale Farm 3.30-4.00pm Emmerdale Farm Alan's plans are disrupted.

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Ivanhoe 6.00 Fruitties 6.30 Tabaluga 7.00 Powerpuff Girls 7.30 Dexter's Laboratory 8.00 Sylvester 8.30 Tom and Jerry 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 Magic Roundabout 10.15 Thomas the Tank Engine 10.30 Fruitties 11.00 Tabaluga 11.30 Yo! Yogi! 12noon Tom and Jerry 12.30pm Bugs and Daffy 12.45 Road Runner 1.00 Popeye 1.30 Droopy 2.00 The Addams Family 2.30 The Jetsons

3.00 Taz-Mania Devilish antics from down under. **3.30 Scooby and Scrappy-Doo** More canine crime busting. **4.00 Powerpuff Girls** More crime-fighting action. **4.30 Dexter's Laboratory** Chemical chaos with the bedroom professor. **5.00 I am Weasel** More cartoon antics with much-loved weasel. **5.30 Cow and Chicken** Offbeat fun with the mismatched siblings. **6.00 Animaniacs** Frantic animated antics.

6.30 The Flintstones Prehistoric men behaving badly in Bedrock. **7.00 Tom and Jerry** Fun with the sparring cat and mouse who have been fighting for decades. **7.30 Looney Tunes** Animated action. **8.00 Cartoon Cartoons** The best in contemporary animation. **8.30-9.00pm Cultoon**



Join the fishing king in 'Rex Hunt's Fishing Adventures'. Discovery Home & Leisure 11.30am

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War *Morning* **5.00 Classic Cars** *Jeep* **6.00 The Riddle of the Maya** Follow archaeologist Alberto Ruz Lhuiller as he uncovers the temple city of Palenque. **7.00-8.00pm The Big House** *Eastern State Penitentiary* Visit the terrifying remains of this ungovernable prison.

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 The Magic School Bus 11.30 PB Bear/Budgie the Little Helicopter/Animal Antics 12noon Rugrats 12.30 Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Clangers/King Rollo/Wombles/Bod 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon **3.30 Pippi Longstocking** Animated adventures with the fun-loving schoolgirl. **4.00 Hey Arnold** More adventures with the kid with the coolest quiff in town. **4.30 Rugrats** Fun with the terrible tots. **5.00 Sister Sister** More mayhem with twins Tia and Tamera. **5.30 Kenan & Kel** American teen comedy with the funky friends. **6.00 Sabrina 6.30-7.00pm Driven Crazy**

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless Comedy following the life of a Beverly Hills teenager. **7.30 Grace Under Fire** **8.00 Roseanne** *Skeleton in the Closet* Roseanne learns about a dark secret in Fred's past. **8.30 News Radio** *The Cane* **9.00 Cybill** *Name That Tune* Cybill gets a job on a game show singing songs. **9.30 Vic Reeves Big Night Out** **10.00 Frasier** *The Unnatural* Frasier attempts to play on the station's baseball team. **10.30 Cheers** *Puddin' Head Boyd* **11.00 Seinfeld** *The Airport* **11.30 The Larry Sanders Show** *You're Having My Baby* Larry faces an accusation. **12midnight Late Night with David Letterman** Irreverent US chat show. **1.00am Taxi 1.30 The Critic 2.00 Dr Katz 2.30 Soap 3.00 Wings 3.30-4.00am Nightstand**

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries 11.30 Sky Destinations 12noon Travels with Chuck Henry 12.30pm Getaway 1.00 Practical Guide to Europe 1.30 Exotic Islands 2.00 Independent Travellers' Guide 3.00 Around the World 3.30-4.00pm World's Weirdest Places

FOX KIDS
FAMILY PACK

6.00am Power Rangers 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 Incredible Hulk 10.15 Casper 10.30 Oggy 10.55 Mouse and Monster 11.05 Eek!Stravaganza 11.30 Life with Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05 The Incredible Hulk Cartoon adventures. **3.30 Roy and Lisa's Big Ride** **3.35 Mortal Kombat** **4.00 Spiderman** Webbed capers. **4.25 Mowgli: The New Adventures of the Jungle Book** **4.50 Home to Rent** **5.00 Goosebumps** **5.25 Eerie, Indiana: The Other Dimension** **5.50 Oggy and the Cockroaches** **5.55 Donkey Kong Country** Wacky adventures. **6.25 Sam and Max** **6.50-7.00pm Eek!Stravaganza**

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection! 7.00 Bargain Shop! 7.30 Time Zone 8.30 On the High Street 9.30 Shop! Feature 10.00 Fitness Zone 11.00 The Early Years 12noon The Gold Collection 1.00pm Bargain Shop! 1.30 Shop Selection! 2.30 Fashion by Design 3.00 Labels 4.00 Character Collections 5.00 Shop Selection! 6.00 Fitness Zone 7.00 The Early Years 8.00 Character Collections Featuring the ever-popular Cherished Teddies. 9.00 The Gold Collection Show you care with these gift ideas for Valentine's Day. 10.00 Fitness Zone Advice and equipment for aerobic workouts. 11.00 Labels Make your Valentine's Day with a range of lingerie. 12midnight Bargain Shop! 12.30am Shop Selection! 1.30 The Early Years 2.30 Fashion by Design 3.00 The Gold Collection 4.00 Labels 5.00-6.00am Character Collections

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 11.00am.

CABLE CHECK
Some of the channels listed may not be available in your area

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 9.30 World Today 10.00 News 1.00pm News 1.30 UK Today 2.00 News 2.30 The World Today 3.00 News 4.00 Newsday 5.00 Newsday 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Reporters 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.30 World Sport 8.30 Showbiz Today 9.00 Larry King 10.30 Sport 11.15 Edition 11.30 Biz Asia 12.30pm Business 1.15 Asian Edition 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Style 5.00 Larry King 6.45 Edition 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q&A 2.00 Larry King 4.15 Edition 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm PHQs 4.30pm Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 Global Village 4.30 CBS Evening News 5.30-6.00am Fashion TV

INTERNATIONAL

TV5 5.30am Télématin 7.00 TV5 Infos 7.05 Journal Télévisé de Radio Canada 7.30 Funambule 8.00 TV5 Infos 8.05 Zig Zag Café 9.00 Journal TV5 9.30 Fiction: Les Grandes Marées 11.00 TV5 Infos 11.05 Voilà Paris 11.30 Journal France 3 12noon TV5 Infos 12.05pm Temps Présent 1.00 Journal TV5 1.30 Fiction: Les Grandes Marées 3.00 Journal TV5 3.30 Grands Gourmands 4.00 TV5 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal TV5 5.30 Fiction: Les Grandes Marées 7.00 Journal Suisse 7.30 Journal de France Télévision 8.00 TV5 Infos 8.05 Magazine 9.00 Journal TV5 9.30 Fiction: Urgences 10.00 Fiction: Michel Strogoff 11.00 Journal Belge 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Balcony 12.30pm Suzhal 1.00 Subah 1.30 FILM 4.00 Akbar Birbal 4.30 Nagar Pare Roopnagar 5.00 Grift 6.00 Edit 6.30 Asianet Aur Aap 7.00 Sankalp 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Spaghetti Junction 12.30am Asianet Aur Aap 1.00 FILM 4.00 Nagar Pare Roopnagar 4.30 A Mouthful of Sky 5.00 Subah 5.30 Sunghursh 6.00 Akbar Birbal 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Out and About 6.30 Yoodle-Ae-Oo 7.00 Faith 7.30 Daily News 8.00 India Business Report 8.30 Sailaab 9.00 Rishtey – The Love Stories 10.00 Sofia 11.00 Aashiana 11.30 Parampara 12noon FILM: Mehendi 3.00pm Zee Bangla 3.30 Hum Paanch 4.00 Campus 4.30 Ek Minute 5.00 Jungle Book 5.30 Gumrah 6.00 Top of the Tops 6.30 Banegi Apni Baat 7.00 Baat Ban Jaye 7.30 It's My Choice 8.00 News Bulletin 8.30 Amanat 9.00 Hawaain 10.00 Ikke Pe Ikka 10.30 Woh 11.00 Purushkhetra 12midnight News Bulletin 12.30am Tandoori Masala 1.00 Zee Bangla 1.30 Raahat 2.00 FILM: Satham Sundaram 4.30 Vat No Vatessar 5.00 Char Raasta 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzimi 5.00 Quentin Road Bible Hour 5.30 7 à Vivre – Patrick Vauclair 6.00 Life is for Living – Brian Houston 6.30 Changing Your World 7.00 Believers Voice of Victory 7.30 Kidz TV 7.45 This is Your Day – Benny Hinn 8.15 Good Morning Europe 8.30 Revival Now 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 Dr Bernard 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.15am Bloomberg Money 2.49am Kavanagh's Picks 3.24 Sports 3.27 Weather 4.49am Kavanagh's Picks

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 7.00 Record 7.30 Select 10.00 House of Commons 11.00pm Record 11.30-12midnight European Focus

FEAST YOUR EYES ON COUNTRY

AND REALLY CELEBRATE CHRISTMAS AND THE NEW MILLENNIUM

IRRESISTIBLE

GIFTS, TREATS & FOOD HAMPERS

everything you need to make the Millennium a party you'll never forget

UNBEATABLE

Top quality big name brands

PRICELESS

Claim a free gift when you start to save

SUPERB

Telephone ordering, buy for yourself or be an agent

EASY

Spread your payments over 45 weeks

INVALUABLE

Payments from 25p a week

SENSATIONAL

LEISURE AND SHOPPING VOUCHERS

HIGH STREET

New for '99

MARKS & SPENCER

Pizza Hut · THRESHER · TGI FRIDAY'S · travel inn capital

COUNTRY

making it easy

CALL NOW

0800 393 293

Quoting **A559** OR RETURN THE COUPON

Lines open 7am – 11pm 7 days a week

SEND FOR YOUR FREE 1999 CATALOGUE NOW

I want to enjoy the perfect Christmas in 1999.

Please rush me my FREE Country 1999 Catalogue and details of how I can claim my free gift.

A558

PLEASE TICK ONE

I'd like to be a Country Agent collecting orders from friends, family and work colleagues ☐

I'd like to place a direct order for myself ☐

Mrs/Miss/Ms/Mr Initial ___ Surname _____

Please delete as appropriate

I am over 18

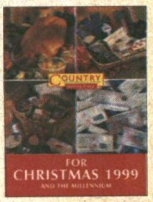
Address _____

_____

_____

_____

Postcode ☐☐☐☐☐☐ Tel. No. (INC. STD CODE) _____



Data Protection. From time to time we permit other companies, which must be registered under the Data Protection Act, to write to you about their products. If you would prefer not to hear from such companies, please tick this box ☐

A FOUNDER MEMBER OF HITA HAMPER INDUSTRY TRADE ASSOCIATION

Return today to: Country, FREEPOST 3520, Birkenhead, L41 7PP. **(No stamp required.)**

Thursday 28 January

SKY PREMIER
PREMIUM CHANNEL

6.00am Daddy Long Legs
Fred Astaire, Leslie Caron
1955, rating Sky U, 121 mins
8.10 A Change of Heart
1997, rating Sky PG, 86 mins
10.00 Pete's Dragon
Helen Reddy, Jim Dale
1977, rating Sky U, 123 mins
12.15pm The Directors: The Films of Norman Jewison
1.15 Femmes Fatales: Drew Barrymore
2.00 A Change of Heart
Andrew McCarthy, Teri Polo
1997, rating Sky PG, 86 mins

3.45 Pete's Dragon
Helen Reddy, Jim Dale, Mickey Rooney, Red Buttons
Fantasy combining live action and animation in which a young orphan boy befriends a giant dragon called Elliott. Together they flee Pete's adopted family and head for Passamaquoddy where they are taken in by the daughter of the local lighthouse keeper. But Elliott's existence cannot be kept secret for long and soon an evil doctor is after him. *1977, rating Sky U, 123 mins*

6.00
Little Girls in Pretty Boxes
Swoosie Kurtz, Philip Casnoff, Courtney Peldon, John Ashton
Family drama in which a junior gymnastic champ with Olympic potential develops a distaste for the professional scene. *1997, rating Sky PG, 88 mins*
7.30 Hollywood Buzz
Movie news and gossip about the stars from America.
8.00 Ghosts from the Past
Alec Baldwin, Whoopi Goldberg, James Woods, Craig T Nelson
PREMIERE Fact-based drama. In 1963 Myrlie Evers watched in horror as her civil rights activist husband was shot dead. The killer was not convicted. Thirty years later, a prosecutor reopens the case and, with the widow's help, tries to see justice done. *1996, rating Sky 15, 126 mins*
10.10 Absolute Power
Clint Eastwood, Gene Hackman, Laura Linney, Ed Harris
Thriller in which an aging thief decides to pull off one last heist only to accidentally witness a sexual assault and murder being carried out by the President. This sparks a deadly game of cat and mouse as the secret service try to silence him. *1997, rating Sky 15, 116 mins*
12.15am Copycat
Sigourney Weaver, Holly Hunter
Psychological thriller. Text *1995, rating Sky 18, 118 mins*
2.20 To Love, Honor and Deceive
1996, rating Sky PG, 91 mins
3.55-6.00am
The Great White Hype
Text *1996, rating Sky 15, 87 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

7.15am Son of Godzilla
Tadao Takashima, Akira Kubo
1967, rating Sky U, 82 mins
9.00 The Kid
Rod Steiger, Jeff Saumier
1997, rating Sky PG, 86 mins
11.00 Emma
Gwyneth Paltrow, Jeremy Northam
Text *1996, rating Sky U, 116 mins*
1.00pm A Message from Holly
Lindsay Wagner, Shelley Long
1992, rating Sky PG, 90 mins

3.00 The Kid
Rod Steiger, Jeff Saumier, Ray Aranha
Boxing drama in which a young man has a bright future in the ring ahead of him. He has to keep his career a secret from his disapproving parents, a fact that his chief rival uses to his advantage with violent and dramatic consequences. *1997, rating Sky PG, 86 mins*
5.00 Emma
Gwyneth Paltrow, Jeremy Northam, Toni Collette
Hit adaptation of the classic Jane Austen novel about a privileged young woman's attempts at match-making. Emma Woodhouse is pretty and clever, but naive about affairs of the heart, having never been in love herself. Text *1996, rating Sky U, 116 mins*
7.00
A Message from Holly
Lindsay Wagner, Shelley Long
Drama in which a free spirited artist learns that she is dying from cancer and convinces a friend to look after her six-year-old daughter when she dies. *1992, rating Sky PG, 90 mins*
8.30
E! News Week in Review
The latest news from Hollywood.
9.00 Murder at 1600
Wesley Snipes, Diane Lane, Alan Alda, Daniel Benzali
Thriller. When a young woman is found murdered at the White House, the detective assigned to the case soon finds himself embroiled in a world of missing documents, Secret Service agents and enigmatic government personnel. Text *1997, rating Sky 15, 102 mins*
11.00 Logan's War: Bound by Honor
Chuck Norris, Michael Parks, Al Waxman, Alberta Watson
PREMIERE Action adventure. A hot-tempered detective infiltrates the Seattle mafia. *1991, 88 mins*
12.40am The Killing Grounds
Text *1997, rating Sky 18, 89 mins*
2.15 Laws of Gravity
1992, rating Sky 18, 94 mins
3.55 Born Bad
1997, rating Sky 18, 89 mins
5.30-7.00am Son of Godzilla
1967, rating Sky U, 82 mins

SKY CINEMA
PREMIUM CHANNEL

4.00pm Sweet Charity
Shirley MacLaine, Ricardo Montalban, John McMartin
Musical in which a dancer in a run-down Manhattan nightclub falls in with an insurance worker with amusing consequences. She is a dancer who continues to hope for a better life but her naive swain has little idea about the sleaziness of her life and his incomprehension has hilarious consequences. *1969, rating Sky PG, 142 mins*
6.30 Africa Screams
Bud Abbott, Lou Costello, Max Baer, Hillary Brooke
Comedy in which two bumbling booksellers pretend to have expert knowledge of Africa which leads to their being abducted and ordered to lead an expedition on the continent. *1949, rating Sky U, 73 mins*
8.00 Breakout
Charles Bronson, Robert Duvall, Randy Quaid, John Huston, Jill Ireland, Sheree North
Action thriller in which a pilot is paid a princely sum to fly into Mexico and spring a wrongly-imprisoned man from jail. *1975, rating Sky 15, 93 mins*

10.00
The Name of the Rose
Sean Connery, Christian Slater, F Murray Abraham, Ron Perlman, Elya Baskin
Complex thriller set in medieval Italy and based on the novel by Umberto Eco. A sleuthing monk sets out to track down a serial killer who is stalking the hallowed cloisters of a monastery. *1986, rating Sky 18, 121 mins*
12.10am Cruising
Al Pacino, Paul Sorvino
1980, rating Sky 18, 96 mins
1.55 Beyond the Clouds
Fanny Ardant, Irene Jacob
Four short dramas. Widescreen *1995, rating Sky 18, 105 mins*
3.45-5.30am Tight Spot
1955, rating Sky PG, 92 mins

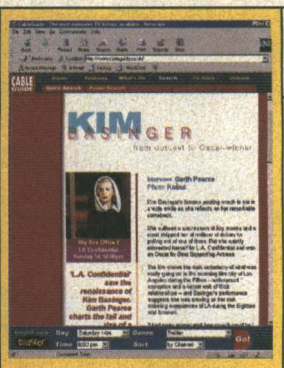
James Woods stars in the premiere of 'Ghosts from the Past'. Sky Premier 8.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm
An American in Paris
Gene Kelly, Leslie Caron, Oscar Levant, Nina Foch, Eugene Borden
A joyous, Oscar-laden musical built around a Gershwin score, set in early 20th-century Paris. An American painter living in Paris is loved by a rich and beautiful woman, but he falls in love with a poor orphan who is engaged to someone else. *1951, 113 mins*
11.15 Butterfield 8
Elizabeth Taylor, Laurence Harvey, Dina Merrill
Bitter melodrama about a high-class prostitute who stumbles across her ideal man. *1960, 108 mins*
1.15am One is a Lonely Number
Trish Van Devere, Monte Markham
1972, 97 mins
3.00-5.00am An American in Paris
Gene Kelly, Oscar Levant
Musical. *1951, 113 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm The Englishman Who Went Up a Hill and Came Down a Mountain
Hugh Grant, Tara Fitzgerald
Comedy drama in which residents of a Welsh village endeavour to convince a stuffy British official that they live in the shadow of a mountain and not a hill. Trouble begins when a cartographer is sent to map the area. *1995, 99 mins*
8.00 Four Weddings and a Funeral
Hugh Grant, Andie MacDowell, Kristen Scott Thomas
Popular romantic comedy observing a confirmed bachelor as he witnesses the marriages of his closest friends and falls hopelessly in love with an enigmatic and unobtainable American woman. *1994, 116mins*
10.00 Sirens
Hugh Grant, Tara Fitzgerald, Sam Neill, Elle Macpherson
This erotic Australian comedy is based on the life of a popular Australian artist and renaissance man. Norman Lindsay's proclivity for using nudes made him as controversial as he was popular. *1994, 94mins*
11.35 Bitter Moon
Peter Coyote, Hugh Grant, Kristin Scott Thomas
Dark humoured thriller in which a man is compelled to listen to sordid tales. *1992, 139mins*
1.50am-6.00am
The Last Emperor
John Lone, Joan Chen
Drama about the last ruler of China's Ching Dynasty. *1987, 220mins.*

SKY box office

A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
JACKIE CHAN'S FIRST STRIKE
High-energy action movie starring martial arts superstar Jackie Chan as a Hong Kong police officer. *1996, rating Sky 12, 80 mins*
PLAYS AT 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 2
Channel 52
THE BORROWERS
Comic adventure based on the novels by Mary Norton. Starring John Goodman. *1997, rating Sky U, 83 mins*
PLAYS AT 6.30am, 8.00am, 9.30am, 6.00pm, 7.30pm, 9.00pm, 10.30pm

Sky Box Office 2
Channel 53
WINGS OF THE DOVE
Period drama based on the novel by Henry James. *1997, rating Sky 15, 100 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
DEVIL'S ADVOCATE
Lavish drama of temptation, greed and redemption. Starring Al Pacino. *1997, rating Sky 18, 138 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
FATHER'S DAY
Comedy about two men convinced by an old flame that they are the father of a son they never knew they had. *1997, rating Sky 12, 94 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

7.00 Count Duckula
7.30
The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12.00noon Jenny Jones
1.00pm Mad About You
1.30 Jeopardy
2.00 Sally Jessy Raphael
US talk show.

3.00 Jenny Jones
Call Me Unique but I Wanna Date a Freak
Guests ask Jenny to fix them up with a date, however odd some may think their choices are.
4.00 Guilty!
Carole Malone dons her wig to play judge to a host of wrong-doing friends, families and colleagues. With a 100-strong jury deciding if they are guilty.
5.00 Star Trek: Deep Space Nine
Soldiers Of The Empire
On a mission for the Klingons, Worf realises that General Martok is unfit to lead. Text
6.00 Married... With Children
Damn Bundys Text
6.30 Dream Team
Soap drama about a reserve football team.
7.00 The Simpsons
All Singing, All Dancing Text
7.30 The Simpsons
The Joy of Sect
The family is brainwashed by a religious cult. Text
8.00 America's Dumbest Criminals
Foolish thieves get caught out by their own stupidity.
8.30 World's Weirdest TV
Hosted by Jenny Powell.
9.00 Friends
The One Where Phoebe Hates PBS
Rachel catches Monica waiting seductively in her bedroom.
9.30 ER
Vanishing Act
Stars Anthony Edwards.
10.30 Veronica's Closet
Veronica's Dog Day Afternoon
Stars Kirstie Alley and Ron Silver.
11.00 Dream Team
11.30 Star Trek: Deep Space Nine
Soldiers of the Empire
On a Klingon mission, Worf realises that General Martok is no longer fit to lead. Text
12.30am Highlander: The Series
Counterfeit: Part II of II
Joe Dawson arrives in Paris to let MacLeod know that Horton may still be alive and looking for him.
1.30-7.00am Long Play
It's a VJ-free music zone with something for everyone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads 7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
Performing

3.25 The Bill
Playing with Fire
A fire at a beauty salon looks like insurance fraud.
3.55 EastEnders
More drama from the residents of Albert Square.
4.30 Rhoda
Seventies American sitcom about a single Jewish woman living in New York.
5.00 All Creatures Great and Small
If Wishes were Horses
A miscreant vows to turn over a new leaf to pay for treatment when his dog has distemper.
6.00 Dynasty
More melodrama with the oil-rich Carrington clan. With John Forsythe, Linda Evans, Pamela Sue Martin, Bo Hopkins, Katy Kurtzman and Dale Robertson.
7.00 2point4 Children
Young at Heart
Domestic sitcom.
7.40 It Ain't Half Hot, Mum
Aquastars
Wartime sitcom.
8.20 Yes, Minister
The Bed of Nails
Jim has problems when he is given responsibility for implementing an integrated national transport policy.
9.00 Fawlty Towers
The Builders
Basil decides to have some alterations made to the hotel.
9.40 Fawlty Towers
The Kipper and the Corpse
Classic sitcom about a disastrous Torquay hotel.
10.20 Ivanhoe
Drama serial about Sir Walter Scott's swashbuckling 12th-century hero.
11.25 The Bill
Performing
A former porn star finds her past returning to haunt her.
11.55 The Bill
Playing with Fire
A case of arson at a beauty salon.
12.25am Backup
Something for the Weekend
Police drama series.
1.20-3.00am FILM: Devils of Darkness
William Sylvester, Hubert Noel
Supernatural chiller. *1965*

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Brookside
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
2.10 LA Law
Glamorous US soap.

3.10 Living Room
Jayne Irving and Amanda Cross host an upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.
4.00 Michael Cole
I'm Fat and Sexy
No-holds-barred talk show which tackles sensational subjects with a studio audience.
4.50 Rolonda
Secret Crushes
Audience participation talk show from America.
5.40 Ready, Steady, Cook
Ross Burden and Brian Turner create exciting new recipes from surprise ingredients.
6.15
The Jerry Springer Show
Outrageous US talk show in which guests engage in lively discussion about relationships.
7.05 Rescue 911
Series featuring the stories of real-life rescues by American emergency services. Hosted by William Shatner.
7.35 Animal Rescue
8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.
9.00
FILM: Family Rescue
George C Scott
A touching stry based on true-life events. A young girl is raped by her mother's boyfriend and later finds out that she is pregnant. To her horror, a judge rules that the man who raped her must have custody of the child.

11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 Doctor in the House 8.00 Beadle's About 8.30 Up the Garden Path 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Agony 2.00 thirtysomething

3.00 The Love Boat
Parents Know Best
A middle-aged man and a younger woman get a lesson in true love, and a shapely ex-showgirl stirs Doc's passions.
4.00 The Saint
Where The Money Is
When a film producer's daughter disappears, an unusual form of ransom note arrives. But has she really been kidnapped?
5.00 Hawaii Five-0
Study in Rage
McGarrett must untwist the psychotic mind depicted in a surreal painting to find a victim's killer. With Jack Lord.
6.00 Emmerdale
Frank advises Christopher not to give up Kathy without a fight.
6.30
Classic Coronation Street
Gail goes out on the town again.
7.00 Mission: Impossible
The Phoenix
The IMF must foil the attempts of a once-powerful Communist leader to return to power. With Peter Graves.
8.00 The Love Boat
Parents Know Best
A middle-aged man and a younger woman get a lesson in true love, and a shapely ex-showgirl stirs Doc's passions.
9.00
Classic Coronation Street
Mavis has a lonely birthday.
9.30 The Comedians
10.00 Jokers Wild
10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Motor Week
A look at the motoring industry.
11.30 4 Wheels
Motoring magazine. Mike Rutherford joins 200 drivers at this year's Jeep Jamboree.
12midnight Rally World
Rally action from around the globe.
12.30am Car File
A look at cars suited to the city.
1.00-2.00am Performance Power
Sarah Donohue introduces top sporting action from around the world.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof Troop 8.25 Toons 8.45 Winnie the Pooh 9.00 Spot 9.05 Animal Shelf 9.15 Pocket Dragons 9.30 Bear 9.55 Toothbrush Family 10.00 Bite Size 10.10 Tots TV 10.30 Big Garage 10.45 PB & J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Pocket Dragons 12.30 Bear 12.55 Toothbrush Family 1.00 Bite Size 1.15 Tots TV 1.30 Big Garage 1.45 PB & J Otter 2.00 Quack Pack 2.30 Winnie

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text
3.30 Art Attack
Award-winning innovative art show with Neil Buchanan. Text
4.00 101 Dalmatians
Animated canine capers and daring doggy deeds. Text
4.30 Hercules: The TV Show
Animated adventures.
5.00 Recess Text
5.15 Pepper Ann Text
5.30 Smart Guy
Comedy about a clever ten-year-old and the problems he faces when moved ahead in school.
6.00 Teen Angel
The Un-Natural Text
6.30 Boy Meets World
First Girlfriend's Club
Cory's love life gets more and more complicated.
7.00 Honey, I Shrunk the Kids
Honey, They Call Me the Space Cowboy
Madcap scientific antics. Text
7.50 Classic Toons
8.00 FILM: Under Wraps
Mario Yedidio, Adam Wylie
Three teenagers accidentally bring a Mummy back to life. But he needs to get back to his crypt before midnight. Can they pull off a Halloween rescue, or will he be ancient history? *1997* Text
9.30 Home Improvement
Award-winning sitcom about a local home improvement cable show. Stars Tim Allen.
10.00 Dinosaurs Text
10.30 The Wonder Years
She, My Friend and I – Pt 1 Text
11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

THURSDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

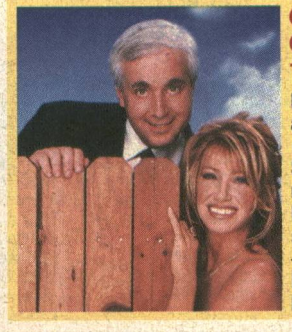
FILM

Ghosts from the Past
Sky Premier 8.00pm
Alec Baldwin and Whoopi Goldberg star in this fact-based drama premiere. Goldberg's civil rights activist husband is shot dead but the guilty man is set free after two juries fail to agree on a conviction. Now, after almost 30 years, prosecutor Baldwin reopens the case.

GENERAL

Wet Wet Wet
VH1 9.00pm
Why not join the Wets for a live performance in Celtic Park from last September? Marti Pellow and company were in good form for a homecoming gig at the stadium of their favourite football team. Hits include *Wishing I Was Lucky* and *Love Is All Around.*

ADVERTISEMENT



CANDID CAMERA 10.00PM

More unsuspecting victims are caught on *Candid Camera*, as Peter Funt and Suzanne Somers host the new series. Watch the boaters on a lake who don't seem to be going anywhere – we know it's because their boats are chained to the bottom of the lake!

Thursday 28 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM
7.30am Bobsleigh
Action from the World Cup in Igls, Austria.
8.00 Biathlon
Footage of the World Cup in Antholz, Italy.
9.00 Tennis
Footage of the women's semi-finals of the Australian Open in Melbourne.
12.30pm
Figure Skating – LIVE
All the original dance action from the European Championships in Prague, Czech Republic.

4.00 PM
4.00 Olympic Games
Magazine programme.
4.30 Tennis
Highlights of the Australian Open in Melbourne.

5.00 PM
5.30
Figure Skating – LIVE
Coverage of the men's free skating at the European championships in Prague, Czech Republic. The title holder in the men's category is Alexei Yagudin from Russia, ahead of Evgeny Plushenko and Alexander Abt, who are also both Russian.

9.30 Figure Skating
Highlights of the European championships in Prague.

10.00 PM
10.00 Tennis
Highlights from the Australian Open in Melbourne.

11.00 PM
11.00 Car on Ice
Looks at the Andros Trophy.
11.30 Snowboard
A look at the giant slalom action from the FIS World Cup in Switzerland.

12.00 NIGHT TIME
12midnight-1.00am Luge
A look at the action from the natural track World Cup in Bad Goisern, Austria.

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Euro Tour Golf: Heineken Classic – LIVE
Ball-by-ball coverage of the Heineken Classic from the Vines in Perth.
10.00 Spanish Football
12noon Aerobics Oz Style
12.30pm Euro Tour Golf: Heineken Classic
Highlights from the Heineken Classic, where some of the world's top players compete.

3.00 Ringside
Paul Dempsey presents the show that covers all the best boxing action from around the country.

4.30
Survival of the Fittest
A tournament that tests athlete's physical and mental strength.
5.00 Outdoor Quest
Coverage from Dali, China, of the event which is worth a total of $200,000 (US), making it the world's richest adventure race.
6.00
Sky Sports Centre
6.30 Football League Review
All of the action from the Nationwide League.
7.00 Futbol Mundial
Covering football from all over the globe.
7.30 Euro Tour Golf: Heineken Classic
Highlights from the Heineken Classic in Perth, where some of the world's top players compete in the latest tournament on the European Tour.

10.00
Sky Sports Centre
10.15
You're On Sky Sports!
10.45
Trans World Sport
The most eclectic mix of sport anywhere on television, from powerlifting to ice hockey.
11.45
Sky Sports Centre
12midnight
You're On Sky Sports!
12.30am
Football League Review
1.00 Futbol Mundial
1.30 Tight Lines
2.30 Trans World Sport
3.30-3.45am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 Unbelievable Sports
8.45 Sky Sports Centre
9.00 Fish TV: Fishing Texas
9.30 Fish TV: Tony Dean Outdoors
10.00 Ringside
11.30 Unbelievable Sports
12noon Outdoor Quest
1.00pm Snooker: Welsh Open – LIVE
Coverage from the Cardiff International Arena as the cream of the snooker world fights it out on day two.

4.00
World Pool League
Action from the first World Pool League from the Victoria Inter-Continental Hotel in Warsaw.
5.00
Inside the PGA Tour
Behind-the-scenes look at the PGA Tour.
5.30 Football League Review
6.00 What a Weekend
Take a look back to the very best of the action from the weekend's sporting programme.
6.30 Inside PGA Tour
7.00 Snooker: Welsh Open – LIVE
Coverage from the 1999 Welsh Open as some of the biggest names in world snooker battle it out at the Cardiff International Arena.

10.00 Ford Golf USA: Phoenix Open
Day one coverage from the Tournament Players Club of Scottsdale in Arizona as the $1.3million Phoenix Open swings into action.

12midnight Outdoor Quest
1.00am The Rugby Club
2.00 Ice Hockey
Repeat from Sky Sports 3
4.30 Futbol Mundial
5.00-5.15am
Sky Sports Centre
5.15-7.00am
International Cricket: England v Sri Lanka – LIVE

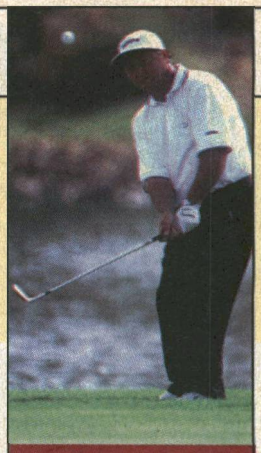
SKY SPORTS 3
PREMIUM CHANNEL

12noon World Pool League
1.00pm Fish TV: Fishing Texas
1.30 Dickie Davies' Sporting Heroes: Tony Jacklin
An interview with golfing supremo Tony Jacklin.
2.30 The Entertainers
A look at action from Norwich City and Aston Villa in the 1993/94 campaign.

3.00 Spanish Football
Highlights from La Liga in Spain, one of the most respected and prestigious leagues in world football.
Repeat from Sky Sports 1

5.00
Unbelievable Sports
Wild, wacky and weird sports from various parts of the globe.
5.30 The Rugby Club
A roundup of the latest news and match highlights.
6.30 Tight Lines
Bruno Brookes and Keith Arthur present the show that answers a multitude of angling questions.
7.30 Ice Hockey
Dominik Holyer presents action from a key match in the Sekonda Superleague. Commentary comes from Steve James while Nick Rothwell is at the rinkside providing expert analysis.

10.00-11.30pm
Bobby Charlton's Football Scrapbook: Mike Summerbee
Sixties forward Mike Summerbee joins Bobby Charlton and Dickie Davies for a look back over his impressive career at Manchester City.



Ian Woosman takes part in the Heineken Classic live from the Vines in Perth. Sky Sports 1 7.00am

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15
Megastore Megabuys
6.30
Junior Masterfan
Fun-packed quiz show.
7.00 Red Hot News
All the latest developments from Old Trafford.
7.30 Man-U Menu
Mark Simkin steps inside the Old Trafford kitchen.
8.00 Super Match – Reserve Match
Reserve team action from the men hoping to break into Alex Ferguson's all-star side.

10.00
Talk of the Devils
The show dedicated to those who love chatting about the Reds.
10.45 F.A.N.
With Nick Cochrane.
11.15 The Insiders
Meet the heroes behind the scenes of Old Trafford.
11.30-12midnight
Red Hot News

SCI-FI
ACTION PACK

7.30am Bloomberg 8.00 Sightings 9.00 Buck Rogers 10.00 Quantum Leap 11.00 Dark Shadows 11.30 Ray Bradbury Theatre 12.00 noon Twilight Zone 12.30pm Twilight Zone 1.00 Tales of the Unexpected 1.30 Tales of the Unexpected 2.00 Amazing Stories 2.30 Mysteries, Magic and Miracles

3.00 Buck Rogers in the 25th Century
Space Rockers
The adventures of an American astronaut transported to the 25th century.
4.00
The Incredible Hulk
Rainbow's End
Banner learns about a calming vitamin formula that may pacify the Hulk.
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. Hosted by Tim White.
6.00 Time Trax
Fire and Ice
Darien tries to capture two 22nd century thieves, who are now stealing the world's most precious gems.
7.00 Quantum Leap
Shock Theatre
Sam must fight for his life when he inhabits the life of an institutionalised manic depressive.
8.00 Mercy Point
Second Chances
As Rema and Grote treat a patient with two minds, Batung finds his opinions about a patient are wrong.
9.00 Babylon 5
Born to the Purple
Sinclair helps save Londo's political career when an exotic dancer steals his secret files.
10.00
FILM: Spaceballs
Bill Pulman, John Candy, Daphne Zuniga, Rick Moranis, Mel Brooks, Dick Van Patten
An anarchic and hilarious send up of George Lucas's *Star Wars. 1987*
11.55 Sci-Focus
Behind the scenes of a recent sci-fi blockbuster.
12midnight
New Alfred Hitchcock
In the Name of Science
12.30am
The Ray Bradbury Theatre
1.00 FILM: House IV
Thriller. *1992*
2.55 Sci-Focus
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Trisha Goddard shares heartwarming stories with a studio audience.
4.50 Trailblaze
Travel show with Tricia Williamson.
5.00 Heartbeat
Sixties police drama series set in a Yorkshire village.
6.00 Bedrock
Teenage magazine *programme* with celebrity guests.

7.00 The Locker
Gabby Yorath presents a fitness and health magazine programme.
7.30 The Lakes
8.00 Airline
8.30 Who, What, Why?
Current affairs programme.
9.00 Teen Spirit
Winners and Losers
A look at teenagers with drive and ambition, and others who have seen too much too young.

10.00 Emmerdale
Another chance to catch tonight's episode of the Yorkshire Dales soap starring Peter Amory and Tony Barton.
10.30 Taggart
A Few Bad Men
Gritty drama set in Glasgow. Jardine and Reid investigate a bizarre murder at an army camp. Stars James Macpherson and Blythe Duff.
11.30-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Suburban Tales 12.20 Unearthing Passions 12.45 FILM: Caged Beauty 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Erotic Visions 2.25 FILM: Blue Bayou 3.40 Girls in Uniform 4.10-5.30am FILM: Night Deposit

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Our First Time 12.35 Dungeon Dykes 1.00 Lesbian Fantasies 1.20 Madame Dominance – Part 2 1.45 Sorority Stewardesses
Erotic feature film.
2.55-4.00am
FILM: Dances with Foxes
Adult comedy.

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Wonderguy
Ann Osmon, Pilar Uribe
Action drama.
9.30 The Webbers
Robby Benson, Jennifer Tilly
Comedy.
11.15 Hang Up
Drama.
11.25 Bikini Beach
11.50-12midnight Passion Girls – Sammy Jane

Thursday 28 January

'Wet Wet Wet – Live in Celtic Park' presents the Scottish rockers in concert. VH1 9.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Games Room
5.15 Crosswits
Cryptic crossword quiz hosted by Tom O'Connor.
5.45 The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Max Bygraves.
6.30 The Games Room
6.45 Catchphrase
Hi-tech gameshow hosted by Roy Walker.
7.15 The Games Room
7.25 100 Per Cent
The general knowledge quiz show without a host.
7.55
The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world.
9.00 The Games Room
9.15 Strike it Lucky
Michael Barrymore hosts the fast-action gameshow.
9.45 The Games Room
Viewer's quiz.
10.00
Candid Camera
Hilarious wind-ups caught on camera.
10.30 Don't Feed the Gondolas
11.00
Carnal Knowledge
Contestants reveal their most intimate secrets.
12midnight Strike it Lucky
12.30am Split Second
1.00 3-2-1
2.00 Love at First Sight
2.30 Studs
3.00 Simply Irresistible
3.30 Blockbusters
4.00 Fifteen to One
4.30 Don't Drink the Water
5.00-6.00am Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
More helpful advice.
3.30 Lie Detector
Uncovering deceit the modern way.

4.00
Indecent Proposals
4.30 Judge Judy
The feared American judge with another case.

5.00 Agony
5.30 Why Files
Psychic investigators in search of the weird and the wonderful.

6.00
The Fashion Show
The latest update on the catwalk.
6.30
Indecent Proposals
7.00 Lie Detector
Unmasking deception using modern methods.
7.30 Agony
Advice for troubled souls.

8.00 The Why Files
Psychic investigators in search of the weird and the wonderful.
8.30 Judge Judy
Another tough case.
9.00 Sport at Nine: Dog Night LIVE
Greyhound racing action.
9.57 Topless Darts
More sharp and shapely dart throwing.
10.00
Hollywood Uncovered
Behind the scenes of LA's porn industry.
10.30 Exotica Erotica
Adult entertainment.
11.30 Blue Review
11.45 Janeycam
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasuredome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food for Thought 10.00 Who's Cooking Dinner? 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Kitchen College 12noon Network 12.30pm Better, Worse 1.00 Thought 1.30 Green Gourmet 2.00 Country Kitchen 2.30 Network 3.00 Retrospectives 3.30 Coxon's Kitchen College 4.00 From the Ground Up 4.30-5.00pm Caribbean Light

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.
6.00 London Bridge
Tensions run high between Liz and Isobel.
6.30 Home to Roost
Acting Out
Stars John Thaw.
7.00 Boon
Burning Ambition
Ken Boon finds himself being interrogated about a crime he did not commit. Stars Michael Elphick.
8.00 Animal SOS
More animals are rescued.
8.30
Goodnight Sweetheart
Goodnight Children Everywhere
9.00 St Elsewhere
A Wing and a Prayer
Hospital drama series. Dr Auschlander is weary from his battle against cancer.
10.00 The Other Side of Paradise
Chris has been cursed to die and is struck down by a mysterious illness that Doc Reid cannot treat.
11.00
Hill Street Blues
Influential Eighties American police drama series set in a tough urban area.
12midnight Home to Roost
Acting Out
Stars John Thaw.
12.30am-1.00am Gridlock
The quick-fire word puzzle quiz.

ANIMAL PLANET
WORLD PACK

12noon Horse Tales
Big Top
12.30pm Going Wild
On Golden Ponds
1.00 Nature Watch with Julian Pettifer
Manatees
1.30 Australia Wild
Cat Wars
2.00 Wildlife ER
2.30 Human/Nature
Reporters travel the world charting man's relationships with animals and the elements.

3.30 Harry's Practice
A look at the work of vet Harry Cooper.
4.00 Jack Hanna's Animal Adventures
Chimpanzees of Chambura Gorge
4.30 Animal Doctor
Follows the work of vets.
5.00 Pet Rescue
With Wendy Turner.
5.30 Australia Wild
Lizards of Oz
A wildlife feature on Australian lizards.
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
Lassie is Missing
7.00 Rediscovery of the World: South Africa – Part I
A Sanctuary for Life
Another of Jacques Cousteau's expeditions.
8.00 Animal Doctor
The vets deal with more emergencies.
8.30
Profiles of Nature
The Magic of Baby Animals
A look at how baby animals learn to survive in the wild.
9.30 Emergency Vets
Stories from Alameda East Veterinary Hospital in Denver.
10.00
Deadly Australians
Urban
10.30
The Big Animal Show
Hippos and Rhinos
11.00 Wild Rescues
Relates the stories of the men and women who protect animals.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 9.30 Esther 10.00 The Cruise 10.30 Children's Hospital – Special Edition 11.00 Clive James – Postcard from New York 12noon Tomorrow's World Plus 1.00pm Crime Limited 1.30 Now Get Out of That 2.00 To the Manor Bought

3.00 Animal Hospital Roadshow
With Rolf Harris.
3.30 Vanessa
Vanessa Feltz tackles more real-life issues.
4.30 Esther
Rock Bottom
Esther's guests include Heather Mills, the model who lost her leg in a road accident.
5.00 Hotel
The Adelphi becomes the target for terrorism.
5.30 Secrets of the Paranormal
Ghost Rescue
6.00
The Ascent of Man
The Ladder of Creation
Jacob Bronowski assesses the findings of two Victorian naturalists.
7.00 Geiger Sweet, Geiger Sour
Programme which marks the 50th anniversary of the bombing of Japan, and the discovery of radiation.
8.00 Life on Earth
The Rise of the Mammals
Show exploring the South American origins of marsupials, and their colonisation of Australia.
9.00
The Spoils of War
Traces back to the end of World War II when 11 French Impressionist paintings were stolen.
10.00 The Cruise
Break a Leg
Jane visits a medium.
10.30
Billy Connolly's World Tour of Australia
11.20
Top Gear Take 2
AC Cobra
11.30
Jeremy Clarkson's Extreme Machines
12midnight
The Power and the Glory
Those Red Cars
A look at the Italian domination of post-war Grand Prix racing.
12.30am-1.00am
Crime Limited
Hosted by Nick Ross.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 Healthbeat 9.00 Sally Jessy Raphael 10.00 The View 11.00 Wilde About Flowers 11.30 Rosemary Conley's Low-Fat Cookbook 12noon The Makeover Show 12.30pm Healthbeat 1.00 Livetime 2.00 The View

3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00 The Good Housekeeping Show
Magazine programme.
4.30 Rosemary Conley's Low Fat Cookbook
5.00-6.00pm
Sally Jessy Raphael
How to Protect Your Child
Audience participation chat show.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Big Guy – The Florida Panther
The story of one of America's rarest animals.
7.30
Bali: Island of Artists
8.00 African Rhinos: A Dilemma in Black and White
Documents this two ton beast, which can run faster than an Olympic sprinter.
9.00 Extreme Earth: Nature's Fury
Explores the powerful forces of nature through personal accounts and film footage.
10.00
On the Edge: On Hawaii's Giant Wave
Surfing in Hawaii.
10.30 On the Edge: Deep Diving
11.00 On the Edge: Windborn – A Journey into Flight
Follow the story of a family whose great passion it is to soar like the birds.
12midnight-1.00am
Icebound – 100 Years of Antarctic Discovery
Documentary celebrating 100 years of Antarctic discovery and exploration.

MTV
MUSIC & GAMES PACK

6.00am Kickstart MTV
MTV kick starts the day with a prime selection of hits.
9.00 Mad for Hits
2.00pm So 90s
With Armstrong and Miller.
3.00 Bytesize MTV
A one-hour melting pot of the best minutes of MTV.
4.00 Select MTV
6.00 Movie Special
6.30 Non-Stop Hits
8.00 European Top 20
9.00 Bytesize MTV
10.00
Biorhythm: Mike Tyson
This biography show presents the life of this top boxer.
10.30 Movie Special
11.00 Non-Stop Hits
12midnight The Late Lick
The latest videos and news from the R&B scene presented by Trevor Nelson.
1.00am
Biorhythm: Mike Tyson
1.30 Movie Special
2.00-6.00am
Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best – Del Amitri 1.00pm Greatest Hits of... Del Amitri 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Happy Hour 7.00 Greatest Hits of... Abba 8.55 Made in Scotland Week9.00 Wet Wet Wet – Live in Celtic Park 11.00 American Classic 12midnight The Nightfly 1.00am VH1 Spice 2.00-6.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Snow Safari 12.30pm On the Horizon 1.00 Travel 1.30 Rich Tradition 2.00 Flavours of Italy 2.30 Travelling Lite 3.00 Dominika 4.00 Go Portugal 4.30 Journeys Around the World 5.00 Reel World 5.30 Around Britain 6.00 Rich Tradition 6.30 On Tour 7.00 Snow Safari 7.30 On the Horizon 8.00 Travel 8.30 Go Portugal 9.00 Dominika 10.00 Travelling Lite 10.30 Journeys Around World 11.00 On Tour 11.30-12midnight Around Britain

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 Home Front 8.00 Style Challenge 8.30 All Over the Shop 9.00 Ready, Steady, Cook 9.30 Change That 10.00 How Does Your Garden Grow 11.00 The Terrace 11.30 Real Rooms 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Looking Good 2.30 How Does Your Garden Grow? 3.30 Off the Beaten Track 4.00 Travel Show Guides 4.30 Holiday in Style

5.30 All Over the Shop 6.00 Can Ski... Will Ski! 6.30 Wilderness Walks 7.00 Travel Xpress 7.30 Travel Show Guides 8.00 Style Challenge 8.30 Change That 9.00 Waterlines 9.30 Ready, Steady, Cook 10.00 Real Rooms 10.30 All the Right Moves 11.00 The Flower Show 11.30 Growing Places 12midnight Travel Xpress 12.30am-1.00am Travel Show Guides

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Thursday 28 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00 AM 6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 Painted House 8.00 Wedding Story 8.30 Baby Story 9.00 Simply Painting 9.30 Great Garden Game 10.00 Bloom 10.30 Cookabout with Greg and Max 11.00 Two's Country – Get Stuck in 11.30 Rex Hunt 12noon Our House 12.30pm Doing it Up 1.00 Our House 1.30 Hometime 2.00 Yankee Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

DISCOVERY
WORLD PACK

3.00 PM
4.00 PM **4.00pm Rex Hunt's Fishing Adventures** More fishing tips.
4.30 Walker's World *Namibia* With Anna Walker.
5.00 PM **5.00 Flightline** Aviation magazine show.
5.30 History's Turning Points *Napoleon Invades Russia* Creating a new empire.
6.00 PM **6.00 Animal Doctor** Follow vets from the RSPCA as they respond to reports of animal cruelty.
6.30 Alaska's Grizzlies Travelling the vast spaces of Alaska to observe the region's grizzly bears.
7.00 PM **7.30 Beyond 2000** Popular science magazine with the latest in technology.
8.00 PM **8.00 Discover Magazine** *Strange Memories* Searching out the bizarre stories from the world of science.
9.00 PM **9.00 Non-Lethal Weapons** How scientific research is used to create weapons to maintain peace, fight wars and prevent crime.
10.00 PM **10.00 Ocean Cities** In Japan, futuristic dreams of floating cities have become a reality thanks to the vision and expertise of engineers.
11.00 PM **11.00 Forensic Detectives** *Dead Wrong* Clues from a crime scene reveal the circumstances of the crime.
12.00 **12midnight This Old Pyramid** The challenges faced by an archaeologist and a stonemason when they try to reconstruct a pyramid.
1.00am History's Turning Points *Napoleon Invades Russia*
1.30-2.00am Flightline

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market Lynne talks to the solicitors about her divorce.
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm Emmerdale Farm

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 Ivanhoe 6.00 Fruitties 6.30 Tabaluga 7.00 Powerpuff Girls 7.30 Dexter's Laboratory 8.00 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 The Magic Roundabout 10.15 Thomas the Tank Engine 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm The Bugs and Daffy Show 12.45 Road Runner 1.00 Popeye 1.30 Droopy 2.00 The Addams Family 2.30 The Jetsons

3.00 Taz-Mania Devilish antics from down under.
3.30 Scooby and Scrappy-Doo Canine crime-busting.
4.00 Powerpuff Girls Crime-fighting schoolgirls.
4.30 Dexter's Laboratory Chemical chaos with the bedroom professor.
5.00 I am Weasel Meet an atypical weasel.
5.30 Cow and Chicken Fun and games with the mismatched siblings.
6.00 Animaniacs Animated antics with the three friends.
6.30 The Flintstones Prehistoric men behaving badly in Bedrock.
7.00 Tom and Jerry Comic antics with the sparring cat and mouse.
7.30 Looney Tunes Cartoon antics with your favourite characters.
8.00 Cartoon Cartoons The best of modern animation.
8.30-9.00pm Cultoon

Napoleon's invasion of Russia was one of 'History's Turning Points'. Discovery 5.30pm, 1.00am

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War *Occupation* Holland endures Nazi rule.
5.00 Four Years of Thunder *Winged Victory – 1918*
6.00 Secrets of the Romanovs For 300 years, the Romanov dynasty ruled the Russians until the tragic reign of Nicholas and Alexandra.
7.00-8.00pm The Big House *Leavenworth*

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 CatDog 7.30 Rugrats 8.00 The Wild Thornberrys 8.30 Arthur 9.00 Children's BBC 10.00 Wimzie's House 10.30 Babar 11.00 Magic School Bus 11.30 PB Bear/Budgie the Little Helicopter/Animal Antics 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas in Pyjamas 1.30 Little Bear Stories 2.00 Clangers/King Rollo/Wombles/ Bod 2.30 Children's BBC

3.00 Children's BBC on Nickelodeon Favourites from the BBC archives.
3.30 Pippi Longstocking
4.00 Hey Arnold! More adventures with the kid with the cool quiff.
4.30 Rugrats Fun and trouble with the imaginative toddlers.
5.00 Sister Sister Tia and Tamera and their respective single parents all try to live together.
5.30 Kenan & Kel Fun with the funky friends.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless Comedy following the life of a Beverly Hills teenager.
7.30 Grace Under Fire
8.00 Roseanne *Follow the Sun* DJ is growing up.
8.30 News Radio Jimmy plans to sell WYNX to an investment group.
9.00 Cybill *From Boca with Lova* Cybill has a disastrous date with a fan.
9.30 Vic Reeves Big Night Out
10.00 Frasier *Three Dates and a Breakup* Frasier goes on three dates with three women.
10.30 Cheers *A Kiss is Still a Kiss*
11.00 Seinfeld *The Pick*
11.30 The Larry Sander Show *Would You Do Me a Favour?*
12noon Late Night with David Letterman
1.00am Taxi
1.30 The Critic
2.00 Dr Katz
2.30 Soap Spoof daytime soap opera.
3.00 Wings
3.30-4.00am Nightstand

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon Travels with Chuck Henry 12.30pm Getaway
1.00pm Practical Guide to Europe
1.30 Was it Good for You?
2.00 Independent Travellers' Guide
3.00 Around the World
3.30-4.00pm Great Escapes *South Africa and New Zealand*

FOX KIDS
FAMILY PACK

6.00am Power Rangers Turbo 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong Country 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 Incredible Hulk 10.15 Casper 10.30 Oggy 11.00 The Mouse and the Monster 11.05 Eek!Stravaganza 11.30 Life with Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong Country 1.00 Mowgli 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05 The Incredible Hulk
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat The warriors do battle.
4.00 Spiderman Crime-fighting action.
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
5.00 Goosebumps
5.25 Eerie, Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong Country
6.25 Sam and Max
6.50-7.00pm Eek!Stravaganza More fun with Eek the cat.

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection!
7.00 Bargain Shop!
7.30 Silversmith
8.30 Branded!
9.30 Good Hair Days
10.00 Beauty Secrets
11.00 In the Kitchen with Susan Brookes
12noon Dress for Less
1.00pm Bargain Shop!
1.30 Shop Selection!
2.30 Do it Yourself!
3.00 Time Savers
4.00 Dimanti Designs
5.00 Shop Selection!
6.00 In the Kitchen with Susan Brookes
7.00 Beauty Secrets A Shop! viewer gets a beauty makeover from our experts.
8.00 Dress for Less Fashion for the weekends.
9.00 Dimanti Designs More sparkling diamond-look jewellery.
10.00 Time Savers Great ideas to make cleaning up quick and easy.
11.00 In the Kitchen with Susan Brookes Make cooking easier.
12midnight Bargain Shop!
12.30am Shop Selection!
1.30 Dress for Less
2.30 Good Hair Days
3.00 Dimanti Designs
4.00 Beauty Secrets
5.00-6.00am Time Savers

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Salon with Alison at 4.00pm.

CABLE CHECK
Some of the channels listed may not be available in your area

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 7.00 News 9.00 News 9.30 World Today 10.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 2.30 World Today 3.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 1.00 News 2.30 USA Direct 3.00 News 3.30 HARDtalk 4.00 News 4.30 Face in the Crowd 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.30 Sport 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American Edition 11.30 Biz Asia 12.30pm Science 1.15 Asian Edition 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Travel 5.00 Larry King 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q&A 2.00 Larry King 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 Fashion TV 4.30 CBS Evening News 5.30-6.00am Global Village

INTERNATIONAL

TV5 5.30am Télématin 7.00 Infos 7.05 Journal Télévisé de Radio Canada 7.30 A bon Entendeur 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé 9.30 Fiction: Quatre et Demie 10.00 Fiction: Michel Strogoff 11.00 Infos 11.05 Voilà Paris 11.30 Journal 12noon Infos 12.05pm Magazine 1.00 Journal 1.30 Fiction: Urgence 2.00 Fiction: Michel Strogoff 3.00 Journal Télévisé 3.30 Mediterraneo 4.00 Infos 4.05 Pyramide. 4.30 Questions pour un Champion 5.00 Journal 5.30 Fiction: Urgence 6.00 Fiction: Michel Strogoff 7.00 Journal Télévisé Suisse 7.30 Journal Télévisé de France 8.00 Infos 8.05 Le Point 9.00 Journal Télévisé 9.30 Fiction: Baldipata 11.00 Journal Télévisé Belge 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Balcony 12.30pm Galatnaama 1.00 Zameen Aasman 1.30 FILM 4.00 Krodpati Fokatlal 4.30 Nasal 5.00 Aashiana 6.00 Dekh Bhai Dekh 6.30 Dard 7.00 Zameen Aasman 7.30 News 8.00 A Mouthful of Sky 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am A Mouthful of Sky 1.00 FILM 4.00 Galatnaama 4.30 Balcony 5.00 Classical Music 6.00 Holy Quran 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Hero Kal Aaj Aur Kal 6.30 Awaaz Nayee Andaz Wohi 7.00 Faith 7.30 News 8.00 Karobari Duniya 8.30 Sailaab 9.00 Zanjeeren 9.30 Health 10.00 Hawaain 11.00 Pot Luck 11.30 Parampara 12noon FILM: Goral Garasani 3.00pm Zee Bangla 3.30 Public Demand 4.00 Campus 4.30 Fairdeal Antakshari 5.30 Daraar 6.00 Pop Time 6.30 Hip Hip Hurray 7.00 Gudgudee 7.30 Cine Magic 8.00 News 8.30 Chahat Aur Nafrat 9.00 Himalaya's Hasratein 10.00 Blunt 10.30 Anhonee 11.00 Mujhe Chaand Chahiye 11.30 About You 12midnight News 12.30am Business 1.00 Zee Bangla 1.30 Raahat 2.00 FILM: Pathar Ke Insaan 4.30 An Hour with 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Believer's Voice of Victory 4.30 Good Morning Europe 4.45 John Avanzini 5.00 Light and Life/Dynamic Gospel Ministries 5.30 Scott Webb 6.00 Voice of Faith – Waltar Hallam 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz T.V. 7.45 This is your Day – Benny Hinn 8.15 Good Morning Europe 8.30 Potters House 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 Rick Joyner 10.30 John Avanzini 10.40 Good Morning Europe 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports every half hour, plus: 2.19am Fund Manager's Corner 4.24 Sports 4.49am Technology

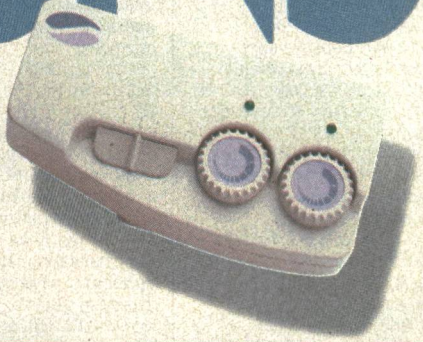
BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am House of Lords 7.00 The Record 7.30 House of Lords 2.30pm House of Commons 11.00 The Record 11.30-12midnight European Focus

SWITCH ON Shire TeNS

SWITCH OFF PAIN



Transcutaneous Electrical Nerve Stimulation (TeNS) control of pain relies on the "gate theory" first put forward in the 1950's by British neuroanatomist Patrick Wall and Canadian psycho physiologist Ronald Melzack. Following 10 years of research Wall and Melzack concluded that one type of nerve fibre carries the "hurt" or pain message to the brain, while a second thicker type of nerve fibre is capable of acting in a contradictory way by blocking out (or erecting a gate to) the "hurt" signal, thereby preventing its transmission to the brain.

Research studies show that TeNS produces an intense stimulation which activates an area of the brain which, in turn, inhibits the pathways that transmit pain signals. Although it is not a cure, TeNS is now accepted by the medical profession as being of significant benefit to many in controlling most kinds of physical pain, and is now employed with increasing success in NHS Hospitals and Clinics throughout the UK.

When pain cuts like a knife

For the countless millions suffering pain due to sports injuries, muscle strains, joint problems, period pains or other causes, the TeNS approach to pain management and control offers an ideal, non-invasive, drug free approach to living a normal life.

TeNS has a remarkably wide range of applications: Neck • Spine • Waist • Shoulders • Elbows • Wrists • Hips • Knees • Ankles • Feet

While it is important to stress that TeNS is not suitable for everyone (specifically those who suffer heart disease or who have a pacemaker fitted) TeNS has proved beneficial in alleviating pain for the vast majority of users.

Shire Design are one of the largest manufacturers of TeNS units in Europe and are at the forefront of research and development. Shire TeNS have a range of competitively priced (£50 to £100), easy to use, discreet, compact home units to suit every pocket and situation. Shire TeNS units are supplied to and used by Hospitals and Clinics.

These are genuine extracts from letter received from Shire Design customers. The originals are available for inspection in their offices, along with many others.

"I annually award my own New Year honour to the best thing that has happened to me during the previous year and without a shadow of doubt I award this to your magnificent TeNS apparatus for the outstanding – not to say "UP-STANDING" – improvement it has made to my life."

N. Richards, Merseyside.

"Reference the Sigma machine I purchased from you some time ago, I am pleased to say it has given me so much pain relief that I am now able to walk about, and cover several miles."

R. Whitton, Northampton.

"It works, it really works. When it arrived, I took one look at it and thought, what a waste of time. After 3 days I tried it out and it has transformed my life."

L.J. Davidson, Worcester.

"I am writing to let you know how delighted I am with my Sigma TeNS it has brought me great relief and I do not have to take pain tablets any more I just use my TeNS."

J.W. Whalley, Lancs.

Helps to block the pathway to pain

Shire SIGMA has two independently controlled outputs for treating those large areas of pain, or alternatively treat two completely different areas at the same time, choosing exactly the right level of stimulation for each. Shire SIGMA has 3 different types of computer controlled stimulation to suit all your needs – (1) Massage (2) Pulsing (3) Continuous.

Ergonomically styled with sturdy clothing clip, a cable grip to prevent accidental disconnection as well as large rotary controls Shire SIGMA offers the relief you require and performance you expect from Shire TeNS.

- Twin isolated outputs with pads
- 3 computer controlled programmes
- Low battery warning programme
- Clothing clip • Landscape design
- Cable grip for added safety • 5 year warranty
- Ergonomic shape

FREE ACUSET OFFER - Act now and we will include a SPECIAL VOUCHER with your information pack entitling you to claim our ACUSET normally costing £30 absolutely free of charge.

ACUSET-AcuSet is a hand held Acupuncture unit that simply plugs into the SIGMA and functions in the same way as an acupuncturists needle. Easy to handle and allowing precise treatment of the painful areas. AcuSet is an important addition to the range of treatment methods available to you.

FREE ACUSET ACUPUNCTURE UNIT OFFER WORTH £30

FOR A FREE INFORMATION PACK

FREE PHONE 0800 281 604

Overseas Customers call
+44 1926 484091
e-mail: shiretens@aol.com
website: –www.shiretens.co.uk

You can obtain a free information pack detailing the full Shire TeNS range by FREE PHONING 0800 281 604 anytime or write to:

Shire Design
(Dept CG3),
The Mill,
Mill Lane,
Little Shrewley,
Warwickshire,
CV35 7HN.

shire design

FREE ACUSET ACUPUNCTURE UNIT OFFER

Post coupon today to:
SHIRE DESIGN (Dept CG3), The Mill,
Mill Lane, Little Shrewley, Warwickshire,
Please send me your FREE SHIRE TeNS INFORMATION PACK AND FREE ACUSET OFFER VOUCHER. CV35 7HN.

Name Mr/Mrs/Miss/Ms _____

Address _____

_____

Post Code _____

Telephone No. _____

Co.Reg.No. 2868064.

Friday 29 January

SKY PREMIER
PREMIUM CHANNEL

6.00am The Borrowers
Eddie Albert, Judith Anderson
1974, rating Sky U, 77 mins
8.00 Napoleon and Samantha
1972, rating Sky PG, 88 mins
10.00 Green Card
Gerard Depardieu, Andie MacDowell
1990, rating Sky PG, 103 mins
12noon That Thing You Do!
Liv Tyler, Tom Hanks
Text *1996, rating Sky PG, 103 mins*
2.00pm Napoleon and Samantha
Michael Douglas, Jodie Foster
Heartwarming adventure.
1972, rating Sky PG, 88 mins

3.40 Green Card
Gerard Depardieu, Andie MacDowell, Bebe Neuwirth
Romantic comedy in which a French immigrant needs a work permit and a New Yorker needs a husband in order to take possession of an apartment, so they marry. But once the cursory ceremony is over, they have to separate.
1990, rating Sky PG, 103 mins
5.30 Moby Dick
Patrick Stewart, Henry Thomas Ted Levine, Gregory Peck
Epic adventure tale about an obsessive Captain. Ahab, whose determination it is to defeat his nemesis, a great white whale, brings his ship's crew into serious danger. And ignoring the warnings of a prophet, a young man named Ishmael joins Ahab on the mission to rid the sea of the leviathan. But should he have been so flippant? Text
1997, rating Sky PG, 144 mins
8.00 That Thing You Do!
Tom Everett Scott, Johnathon Schaech, Steve Zahn, Ethan Embry, Liv Tyler, Tom Hanks
Comedy drama set in the Sixties following the fortunes of a young pop band called The Wonders. After a successful appearance on a college talent show, the band set out on a nationwide tour to promote their single. Text
1996, rating Sky PG, 103 mins
10.00 The Glimmer Man
Steven Seagal, Keenan Ivory Wayans, Bob Gunton, Brian Cox, Michelle Johnson
Action thriller. A former covert government agent is sent to catch a serial murderer who appears to know all about his secret past. Text
1996, rating Sky 18, 87 mins
11.35 Frankie and Johnny
Al Pacino, Michelle Pfeiffer
1991, rating Sky 15, 113 mins
1.35am
While My Pretty One Sleeps
Connie Sellecca, Beau Starr
Text *1997, rating Sky 12, 89 mins*
3.10 The Glass Cage
1996, rating Sky 18, 91 mins
4.45-6.00am The Borrowers
1974, rating Sky U, 77 mins

SKY MOVIEMAX
PREMIUM CHANNEL

7.00am Godzilla Vs Megalon
1973, rating Sky PG, 78 mins
9.00 Return to Snowy River
Tom Burlingson, Sigrid Thornton
1988, rating Sky PG, 95 mins
11.00 Married to a Stranger
Jaclyn Smith, Robert Clohessy
1997, rating Sky PG, 88 mins
1.00pm Chasing the Deer
Brian Blessed, Iain Cuthbertson
Powerful drama. Widescreen
1994, rating Sky PG, 91 mins

3.00
Return to Snowy River
Tom Burlingson, Sigrid Thornton
Beautifully shot sequel to *The Man from Snowy River*. Jim has returned to Snowy River with a herd of mustangs with the hope that he can win back Jessica's heart. However, her father is against the match and will try anything to break them up.
1988, rating Sky PG, 95 mins
5.00 Bury Me in Niagara
Jean Stapleton, Geraint Wyn Davies, Shae D'Lyn
Supernatural comedy about a doctor who, while operating on a Japanese gangster, discovers a rare jewel which he passes on to his mother. She dies a few days later, and, in Heaven, realizes that she must return to earth as a ghost in order to help her son.
1993, rating Sky PG, 88 mins
7.00 Preview
Jessica Whittaker takes a look ahead at the coming week.
7.30 UK Top Ten
A countdown of the current greatest hits in the box office.
8.00 Femme Fatales: Geena Davis
Profile of the star of *The Long Kiss Goodnight*.
8.30 Movie Magic: Down and Out
9.00 Two Much
Antonio Banderas, Melanie Griffith, Daryl Hannah
PREMIERE Comedy in which an art dealer falls on hard times and in order to keep his gallery out of bankruptcy, he resorts to conning recently widowed women. His plan goes smoothly until he discovers who the father of one widow is.
1996, 113 mins
11.00 The Relic
Penelope Ann Miller, Tom Sizemore, Linda Hunt
Horror. A new exhibit is installed in a museum and unleashes a deadly creature. Text *1996, rating Sky 15, 105 mins*
12.50am Bad Moon
1997, rating Sky 18, 76 mins
2.10 House of Frankenstein Part 1
1997, rating Sky 15, 85 mins
3.40 House of Frankenstein Part 2
1997, rating Sky 15, 92 mins
5.20-7.00am Bury Me in Niagara
1993, rating Sky PG, 88 mins

Antonio Banderas and Daryl Hannah star in the premiere of 'Two Much'. Sky MovieMax 9.00pm

SKY CINEMA
PREMIUM CHANNEL

4.00pm Flying Tigers
John Wayne, Paul Kelly, John Carroll, Anna Lee
Romance set against the backdrop of World War II China, as two flying aces take a break from fighting the Japanese to vie for the affections of a military nurse. However, matters of the heart and romantic rivalries are set aside when the heroes are called into action. *1942, 95 mins*
6.00 Destination Moon
John Archer, Warner Anderson, Tom Powers, Dick Wesson
Drama about the first lunar landing, made almost two decades before the real-life event. The movie is filled with high drama, from the loss and rescue of one member of the crew in space to the perilous voyage back to earth.
1950, rating Sky U, 88 mins
8.00 The Hell with Heroes
Rod Taylor, Claudia Cardinale, Kevin McCarthy, Harry Guardino
World War II adventure in which two former pilots take to running an air-freight company in South Africa after the war. But they get mixed up with a dangerous crime boss, Harris, who aims to bring down their operation through whatever means.
1968, rating Sky PG, 98 mins
10.00 I Walk the Line
Gregory Peck, Tuesday Weld, Ralph Meeker, Estelle Parsons
Drama about a sheriff who enjoys sexual favours from the daughters of illegal moonshiners in return for overlooking the crimes of their fathers.
1970, rating Sky 15, 93 mins
11.40
The Notorious Landlady
Kim Novak, Fred Astaire, Jack Lemmon, Lionel Jeffries
Mystery thriller. *1962, rating Sky PG, 118 mins*
1.45am Bad Medicine
Steve Guttenberg, Julie Hagerty
1985, rating Sky 15, 94 mins
3.25 Vivien Leigh
3.55-5.15am Three Faces West
War drama. *1940, 76 mins*

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm
WCW Nitro on TNT
The latest WCW wrestling action from the US.

11.35 WCW Thunder
More wrestling action from the US.

1.30am The Haunting
Julie Harris, Claire Bloom
Classic horror tale about a mansion which comes terrifyingly to life for a group of researchers who arrive to investigate it. *1963, 112 mins*
3.30-5.00am The Karate Killers
Robert Vaughn, David McCallum
Thriller. *1967, 92 mins*

Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Short Attention Span Cinema
A series of short films.

8.00 The Net
Sandra Bullock, Jeremy Northern, Dennis Miller, Diane Baker
Thriller in which a reclusive hacker has her identity stolen. Angela Bennet is sent some new Internet software allowing her to access top secret government files. She soon discovers a plan to infect computers worldwide and is forced on the run.
1995, 112 mins
10.00 The Pillow Book
Vivian Wu, Ewan McGregor Yoshi Oida, Ken Ogata
Drama in which writer and calligrapher Nagiko meets her ideal soul mate Jerome, an English translator sent to Japan. Jerome asks Nagiko to write stories on his body and eventually she takes him to her father's publishers.
1995, 126 mins
12.10am Singles
Matt Dillon, Bridget Fonda
Drama. *1992, 100 mins*
1.50 Miami Rhapsody
Drama. *1995, 95 mins*
3.30 Mickey One
Thriller. *1965, 93 mins*
5.05-6.00am Cinema of Unease
Documentary. *1995, 52 mins*

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
JACKIE CHAN'S FIRST STRIKE
High-energy action movie starring martial arts superstar Jackie Chan as a Hong Kong police officer. *1996, rating Sky 12, 80 mins*
PLAYS AT 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 2
Channel 52
THE BORROWERS
Comic adventure based on the novels by Mary Norton. Starring John Goodman. *1997, rating Sky U, 83 mins*
PLAYS AT 6.30am, 8.00am, 9.30am, 6.00pm, 7.30pm, 9.00pm, 10.30pm

Sky Box Office 2
Channel 53
WINGS OF THE DOVE
Period drama based on the novel by Henry James. *1997, rating Sky 15, 100 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
DEVIL'S ADVOCATE
Lavish drama of temptation, greed and redemption. Starring Al Pacino. *1997, rating Sky 18, 138 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
FATHER'S DAY
Comedy about two men convinced by an old flame that they are the father of a son they never knew they had. *1997, rating Sky 12, 94 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Friday 29 January

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula
7.30 The Chris Evans Breakfast Show
8.30 Hollywood Squares
9.00 Sally Jessy Raphael
10.00 The Oprah Winfrey Show
11.00 Guilty!
12noon Jenny Jones
1.00pm Mad About You Text
1.30 Jeopardy
2.00 Sally Jessy Raphael
Update: Outrageous Couples!

3.00 Jenny Jones
Jenny Make My Slob
Look Like a Heart Throb
Guests ask Jenny to give their slobbish loved ones a stunning make-over.

4.00 Guilty!
Crimes and misdemeanours of family and friends judged by a 100-strong audience. Hosted by *Sunday Mirror* columnist Carole Malone.

5.00 Star Trek: Deep Space Nine
Children of Time
Sisko and the Defiant crew must choose between two alternative lives. Text

6.00 Married... With Children
Lez be Friends Text
6.30 Friends
The One with Two Parties
Rachel is in for a surprise. Text

7.00 The Simpsons
Trash of the Titans Text
7.30 The Simpsons
Dumbbell Indemnity
Moe enlists Homer in a money-making scheme. Text

8.00 Beat the Crusher
Anarchic, tumultous and chaotic gameshow hosted by comedian Freddie Starr and former Page Three stunner Melinda Messenger.

9.00 World's Most Incredible Animal Rescues 3
A combination of actual footage and reconstructions reveal some incredible animal rescues.

10.00 Cops
Officers converge upon a house that is a confirmed location for drug sales activity to minors.
10.30 Cops
Fly-on-the-wall series.

11.00 Friends
The One with Two Parties
Rachel is in for a surprise. Text
11.30 Star Trek: Deep Space Nine
Children of Time Text

12.30am Highlander: The Series
Avenging Angel
MacLeod must stop an Immortal serial killer obsessed with a crusade against 'perversion'. Text
1.30-7.00am Long Play
It's a VJ-free music zone with something for everyone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.30 Neighbours 7.55 EastEnders
8.30 The Bill
9.00 The Bill
9.30 The House of Eliott
10.30 Rhoda
11.00 Dallas
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Dallas
2.55 The Bill
No Guarantee

3.25 The Bill
Gentleman Jim
Blake is thrilled about her new attachment to CID.
3.55 EastEnders
More drama from Albert Square.
4.30 Rhoda
Honeymoon
Rhoda and Joe are in for a surprise as they set off on their Caribbean honeymoon cruise.
5.00 All Creatures Great and Small
Pig in the Middle
The vets all want an evening out – but it gets complicated when they all want the same night.
6.00 Dynasty
More melodrama with the oil-rich Carrington clan. Starring John Forsythe, Linda Evans, John James and Pamela Sue Martin.

7.00 2point4 Children
I'm Going Slightly Mad
Bill fills her time by reading problem pages, watching Aussie soaps and visiting the DSS.
7.40 It Ain't Half Hot, Mum
The Last Warrior
8.20 Yes, Minister
The Whisky Priest
MP Jim Hacker is in possession of some upsetting information.
9.00 The Thin Blue Line
Fire and Terror
DI Grim gets to deal with real-life terrorists.
9.40 Knowing Me, Knowing You... With Alan Partridge
Alan Partridge presents a special edition from Paris.
10.20 Ruby Wax Meets... Roseanne
A chat in the bathtub.
11.00 The Bill
No Guarantees
Local women are being terrorised by a loan shark.
11.30 The Bill
Gentleman Jim
12midnight Dr Who Omnibus
Planet of Giants
The Time Travellers find that they are only one inch tall.
1.20am Blake's Seven
2.15-3.00am Best of the Old Grey Whistle Test

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.00 Diet Show
9.30 The Roseanne Show
10.00 The Jerry Springer Show
10.50 Maury Povich
11.40 Living Issues
12.10pm Animal Rescue
12.40 Rescue 911
1.10 Special Babies
1.40 Beyond Belief
Anthology mystery series.
2.10 LA Law

3.10 Living Room
Jayne Irving and Amanda Cross host an upbeat and humorous magazine programme, featuring human interest stories, celebrities, fashion and beauty.
4.00 Michael Cole
Nude or Prude
The one-time director of public affairs for Harrods tackles sensational subjects.
4.50 Rolonda
I'm Fat and You're to Blame
5.40 Ready, Steady, Cook
Fern Britton hosts the show in which two chefs compete against the clock to create exciting recipes from a bag of mystery ingredients.
6.15 The Jerry Springer Show
Outrageous American talk show in which guests engage in lively, and sometimes heated, debate.
7.05 Rescue 911
William Shatner hosts the series featuring the stories of real-life rescues by American emergency services.
7.35 Animal Rescue
8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.
9.00 FILM: When He's Not a Stranger
Annabeth Gish, John Terlesky, Kevin Dillon, Paul Dooley, Kim Myers.
Date rape drama about a girl in her freshman year whose life is shattered when she is assaulted by a fellow student. However, their previous open friendship leads everyone to assume that she was a willing victim. *1989*
11.00-12midnight Sex Life Down Under
Exploring all the issues relating to sex, including relationships, contraception, teen sex and physical attraction.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Within These Walls 7.00 On the Buses 7.30 Doctor in the House 8.00 Beadle's About 8.30 Up the Garden Path 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 thirtysomething 11.00 Hawaii Five-0 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Nearest and Dearest 1.30 Agony 2.00 thirtysomething

3.00 The Love Boat
Musical Cabins
A young man must marry within the week to claim a $3m inheritance, and a reporter sets out to find material for a story.
4.00 The Saint
The Ex-King of Diamonds
The Saint runs into drama on the Riviera when an ex-king cheats at cards, and it's not merely for greed.
5.00 Hawaii Five-0
And the Horse Jumped Over the Moon
The 'perfect' crime goes undetected by the law until a member of the gang tries to sell out.
6.00 Emmerdale
Turner begs Wilks for help.
6.30 Classic Coronation Street
Alec discovers that Eddie is trying to sell him stolen goods.
7.00 Mission: Impossible
Trial by Fury
The IMF goes to the aid of a friendly South American government which has been overthrown by revolutionaries.
8.00 The Love Boat
Musical Cabins
A drab widow poses as a glamorous adventuress, and a confirmed male chauvinist angers his fiancée.
9.00 Classic Coronation Street
9.30 The Comedians
Stand-up showcase.
10.00 Jokers Wild
10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm The Hot House
11.30 Real Sex
A candid and intriguing look at the novel ways in which men and women explore their sexuality in today's society.
12midnight Weird!
12.20am Lady Lust
Task mistress Lady Lust puts a bevy of babes through their paces.
12.30 Undressed with Guest
12.50 Lord Lust's Lovelies
1.00 Battling Babes
1.30-2.00am Elvis Has Just Left the Building

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 Goof 8.25 Toons 8.45 Winnie 9.00 Spot 9.05 Animal Shelf 9.15 Dragons 9.30 Bear 9.55 Toothbrush Family 10.00 Bite Size 10.10 Tots TV 10.30 Big Garage 10.45 PB & J Otter 11.00 Sesame Street 12noon Spot 12.05pm Animal Shelf 12.15 Dragons 12.30 Bear 12.55 Toothbrush Family 1.00 Bite Size 1.15 Tots TV 1.30 Big Garage 1.45 PB & J Otter 2.00 Quack Pack 2.30 Winnie

3.00 The Little Mermaid
Undersea adventures. Text
3.30 Art Attack
Award-winning innovative art show packed with visual delights and irresistible ideas. Text
4.00 101 Dalmatians
Canine capers and doggy deeds make for fast frantic fun. Text
4.30 Hercules: The TV Show
Muscle-bound mayhem.
5.00 Recess Text
5.15 Pepper Ann
Pepper Ann wants to be cool at all costs – but her family seems determined to thwart her. Text
5.30 Smart Guy
6.00 Teen Angel
Marty Buys The Farm
Marty takes a bite out of a six-month old burger. Text
6.30 Boy Meets World
Brothers
7.00 Honey, I Shrunk the Kids: The TV Show
Honey, You're Living in the Past
Nick gets to relive his birth. Text
7.50 Classic Toons
8.00 FILM: Big and Hairy
Richard Thomas, Donnelly Rhodes
PREMIERE When Picasso Dewlap misses a free throw that costs his Spruce Island basketball team the game, he's upset – not only about losing, but because he's the new kid in town. But soon he finds something much more impressive. *1998*
9.35 Home Improvement
10.00 Dinosaurs Text
10.30 The Wonder Years
Kevin gets his girl. Text
11.00-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

FRIDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

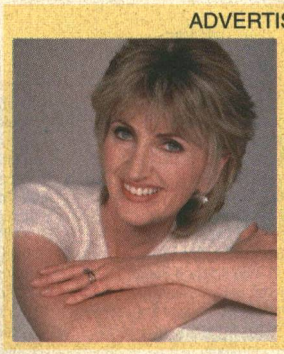
FILM

Two Much
Sky MovieMax 9.00pm
In this premiere, Antonio Banderas is an art dealer whose habit of conning widows into buying expensive works brings him into contact with Melanie Griffith, widow of a Mafia boss. She sees him as the perfect husband until he meets Melanie's sister, Daryl Hannah, and comic chaos ensues.

GENERAL

The Thin Blue Line
UK Gold 9.00pm
A fine comedy starring Rowan Atkinson as an inspector in a small-minded police station where uniformed officers and detectives are as much in confrontation as they are with the criminals. Tonight, terrorists are on the rampage while PC Habib falls in love with a fireman.

ADVERTISEMENT



THE LIVING ROOM 3.10PM
Settle yourself down with a cuppa and join Jayne Irving and Amanda Cross for *living*'s new afternoon magazine *The Living Room*. Celebrity guests will be popping in for a chat, plus there's beauty, fashion, style, film reviews and parenting advice.

Friday 29 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM
7.30am Snowboard
Highlight of the AFIS World Cup in Switzerland.
8.00 Car on Ice
Action from the Andros Trophy.
8.30 Olympic Games
Magazine programme.
9.00 Tennis
Action from the Australian Open in Melbourne.
1.00pm
Figure Skating – LIVE
All the latest action from the European Championships in Prague, Czech Republic.

4.00 PM
4.00 Tennis
Action from the 86th Australian Open in Melbourne, where contestants compete for a share of the prize of $A 11.75 million. Will last year's winners Petr Korda and Martina Hingis walk home with the title again?
5.30
Figure Skating – LIVE
Coverage of the European Championships in Prague, Czech Republic. The titleholders in the Dance category are the Russians Pasha Grishuk and Evegeny Platov, who are now professionals. They stand just ahead of Anjelika Krylova and Oleg Ovsyannikov, also Russians. Today sees the competitors attempt the Free Dance.

9.00 PM
9.30 Figure Skating
Highlights of the European Championships in Prague, Czech Republic.

10.00 PM
10.00 Tennis
The best of today's action from the Australian Open in Melbourne.

11.00 PM
11.00 Xtrem Sports
YOZ Mag

12.00 NIGHT TIME
12midnight-12.30am Snowboard
Coverage of the FIS World Cup in Madonna di Campiglio, Italy.

SKY SPORTS 1
PREMIUM CHANNEL

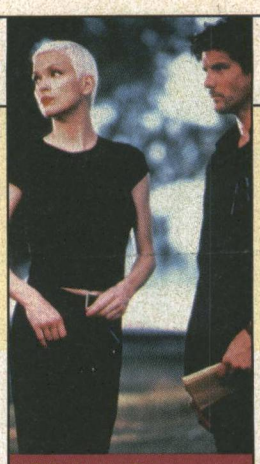
6.30am Futures in Sport
7.00 Euro Tour Golf: Heineken Classic – LIVE
10.00 Football League Review
10.30 Futbol Mundial
11.00 The Rugby Club
12noon Aerobics Oz Style
12.30pm Football League Review
1.00 What a Weekend
1.30 Euro Tour Golf: Heineken Classic
Highlights from Perth.
3.30 Football League Review
An account of all the recent league action.
4.00 Trans World Sport
Join the team on its foray into sports news and worldwide competitions.
5.00 Futbol Mundial
Reviews of all the action from the world game.
5.30 What a Weekend
A look at action packed sporting weekend.
6.00 Sky Sports Centre
Up-to-the-minute sports news.
7.00 Euro Tour Golf: Heineken Classic
Highlights from the Heineken Classic in Perth, where some of the world's top players compete in the latest tournament on the European Tour.
9.00 World Wrestling Federation – Raw
All the latest action and adventure from the World Wrestling Federation circuit. Jim Ross, Kevin Kelly and Michael Cole report on the classic matches and talk to the celebrity guests such as Iron Mike Tyson.
11.00 Sky Sports Centre
All the major headlines from the world of sport are featured on the fastest news service available.
12midnight Hold the Back Page
1.00am Sky Sports Centre
2.00 World Wrestling Federation – Raw
All the latest from the WWF world.
4.00 Hold the Back Page
5.00-6.00am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

6.00am International Cricket: England v Sri Lanka – LIVE
Coverage from the WACA ground in Perth.
10.00 International Cricket: England v Sri Lanka – LIVE
1.30pm What a Weekend
2.00 Trans World Sport
Including in-depth news and information from the world of sport.
3.00 Survival of the Fittest
Athletes are put to the test.
3.30 International Cricket: England v Sri Lanka
The best of the action from Perth where England meet Sri Lanka in this one-day international. Presented by Mark Nicholas with commentary from Ian Botham, Bob Willis, Paul Allott and Allan Border.
6.00 Moto-Plus
For those who like the fast lane.
6.30 H_2O
Sailing series presented by Nick Knowles.
7.00 Friday Night Football: Stoke City v Manchester City – LIVE
Marcus Buckland presents Nationwide League action from the Britannia Stadium as Brian Little's Stoke City take on Manchester City. Both teams surprised many when they were relegated from the first division last season. It was a massive blow for two clubs who are more associated with playing in the top flight.
9.45 Snooker: Welsh Open
Action from the third day of the 1999 Regal Welsh Open Championship, which this year comes from the Cardiff International Arena.
1.00am H_2O
Sailing series presented by Nick Knowles.
1.30 Hold the Back Page
2.30 Sky Sports Centre
All the latest sporting news.
3.30 Ford Golf USA
5.30 Gillette World Sport Special

SKY SPORTS 3
PREMIUM CHANNEL

11.30am Futures in Sport
Training people for sports business, management and sponsorship.
12noon Trans World Sport
All the latest sports stories.
1.00pm Snooker: Welsh Open 1999 – LIVE
Action from the third day of the 1999 Welsh Open at the Cardiff International Arena as a wealth of snooker talent battle for supremacy. With the broad cross-section of players on display, competitions can go either way.
4.00 Futbol Mundial
Reviews of all the action from the world game.
4.30 Ice Hockey
Dominik Holyer presents action from a key match in the Sekonda Superleague. Commentary comes from Steve James whilst Nick Rothwell is at the rinkside providing expert analysis.
7.00 Gillette World Sport Special
A report on different sports.
7.30 International Cricket: England v Sri Lanka
The best of the action from Perth where England meet Sri Lanka in this one day international. Presented by Mark Nicholas with commentary from Ian Botham, Bob Willis, Paul Allott and Allan Border.
Repeat from Sky Sports 2
10.00-12midnight Ford Golf USA: Phoenix Open
Action from the second day of the Phoenix Open Championship in Arizona. Last year, Steve Jones won the Open with a score of 258, just two short of the record set by Johnny Miller in 1975. Jesper Parnevik was runner-up, with a score of 269.



Elizabeth Gracen and Paul Johansson star in 'Highlander: The Raven'. Sci-Fi 8.30pm

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.15 The Insiders
Meet the unsung heroes behind the scenes at Man-U.
6.30 Kids Clinic
The team passes on tips.
7.00 Red Hot News Special
Show for football supporters.
7.30 The Boss
7.45 What the Players Say
8.00 Supermatch: Vintage Reds – Manchester City v Manchester United
Watch the Reds clash with their arch rivals.
9.00 Red Replays
From transfer news to controversial views, this is the show that reviews the week inside Old Trafford.
10.00 Red Legends
A journey through the Old Trafford archives.
10.30 Wild About United
With Man-U devotees.
11.00 The Boss
11.15 What the Players Say
11.30-12midnight Red Hot News Special

SCI-FI
ACTION PACK

7.30am Bloomberg Information Television 8.00 Sightings
9.00 Battlestar Galactica
10.00 Quantum Leap
11.00 Dark Shadows
11.30 The Ray Bradbury Theatre
12noon The Twilight Zone
12.30pm The Twilight Zone
1.00 Tales of the Unexpected
1.30 Tales of the Unexpected
2.00 Amazing Stories
2.30 Mysteries, Magic and Miracles
3.00 Battlestar Galactica
Lost Planet of the Gods
Space adventures of the last human colony in the galaxy.
4.00 The Incredible Hulk
Child in Need
Banner suspects child abuse when he finds refuge as a school gardener.
5.00 Sightings
Extraordinary real-life stories involving luck, superstition, UFOs or near-death experiences. Presented by Tim White.
6.00 The Ray Bradbury Theatre
The Martian
6.30 New Alfred Hitchcock
In the Name of Science
7.00 Quantum Leap
The Leap Back
It's 1999 and Al has jumped into the life of Captain Jarrett to prevent a double suicide.
8.00 Amazing Stories
The Mission
8.30 Highlander: The Raven
Passion Play
With Elizabeth Gracen and Paul Johansson.
9.30 The Hunger
Room 17
A salesman realises a provocative woman on the TV is talking to him.
10.00 FILM: Bill and Ted's Excellent Adventure
Keanu Reeves, Alex Winter, George Carlin, Tony Camilleri, Dan Shor
Comedy. A mysterious stranger takes teenagers Bill and Ted on a totally awesome voyage through time. *1989*
11.45 Sci-Focus
12midnight FILM: Wicked City
Animation feature. *1993*
1.35am Sci-Focus
2.00 The Guyver
Death of the Guyver
2.30 100 Years of Horror
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

4.00pm Trisha
Trisha Goddard shares heartwarming and hair-raising stories with a studio audience.
4.50 Trailblaze
Tricia Williamson presents the travel show that goes beyond the usual destinations, from climbing in the Austrian Alps to a safari in Botswana.
5.00 Don't Try This at Home!
6.00 Bedrock
An hour of fun with celebrity guests, music, bedroom webcams, e-mail activity and a daily Battle of the Sexes.
7.00 Futbol Mundial
All the latest news and action from the world of football.
7.30 Taking the Pitch
Bob Mills hosts a knockout soccer quiz featuring celebrities, players and fans of clubs from England and Scotland.
8.00 The Mix
A weekly rundown of charts, gossip and interviews. Presented by Shovell of M People.
9.00 The Bill
British police drama set in Sun Hill station.
10.00 Coronation Street
A chance to catch tonight's episode.
10.30 Widescreen on 2: McCallum
12.30am-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight Free View
12.10am Stripper of the Year
12.20 Adult Feature 12.45 FILM 1.00 Free View 1.05 FILM continues 2.00 Five Minute Free View 2.05 ..... Malone 2.30 FILM: Sin City 3.00 Free View 3.05 FILM continues 3.40 FILM: Suburban Wives 4.10-5.30am FILM: The Whore

ADULT CHANNEL
ADD-ON CHANNEL

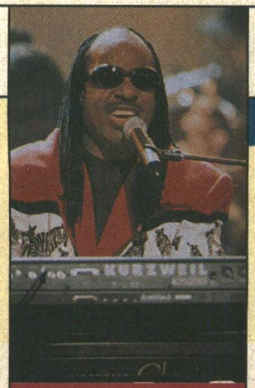
12midnight Dish of the Day
Another beauty reveals all.
12.10am Dr Anna St John
Erotic programme.
12.35 ...Mobile
Erotic comedy.
1.10 FILM: In Your Dreams
Erotic feature.
2.20 Electric Blue
3.20-4.00am Bra Busters
Erotic special.

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Dream Trap
Sasha Jenson, Jeanie Moore
Comedy. Daydreams become the key to sexual success at Hart University.
9.30 FILM: Body Count
Roger Lee, Joe Estevez
Action about a rookie cop from Thailand.
10.50 Consenting Adults
11.55-12midnight Private Moments



Enjoy some funk and soul classics in the 'Greatest Hits of ... Stevie Wonder'. VH1 1.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Games Room
5.15 Crosswits
Cryptic crossword quiz with Tom O'Connor.
5.45 The Games Room
Win big money prizes.
6.00 Family Fortunes.
Big money gameshow hosted by Max Bygraves.
6.30 The Games Room
6.45 Catchphrase
Gameshow hosted by Roy Walker.
7.15 The Games Room
Win big money prizes.
7.25 100 Per Cent
Quickfire quiz.
7.55
The Crystal Maze
A team of contestants tackles a series of games and challenges in a giant fantasy world. Hosted by Ed Tudor Pole.
9.00 The Games Room
9.15 Strike it Lucky
Michael Barrymore hosts the fast-action gameshow.
9.45 The Games Room
Win big money prizes.
10.00 Candid Camera
More camcorder mishaps.
10.30
Karaoke Challenge
Mike Read hosts from the Arena in Morecambe.
11.00
Carnal Knowledge
The quiz show that rips open the bedroom curtains hosted by Graham Norton and Maria McErlane.
12midnight Strike it Lucky 12.30am Split Second 1.00 Candid Camera 1.30 Through the Keyhole 2.00 Love at First Sight 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Fifteen to One 4.30 Don't Drink the Water 5.00-6.00am Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Agony 10.30 Fashion Show 11.00 Indecent Proposals 11.30 BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 The Fashion Show 2.00 Judge Judy 2.30 Canary Wharf

3.00 Agony
More helpful advice for troubled souls.
3.30 Lie Detector
Uncovering deceit the modern way.
4.00
Indecent Proposals
More foolish japes.
4.30 Judge Judy
More helpful advice for troubled souls.
5.00 Agony
More helpful advice for troubled souls.
5.30 Why Files
Psychic investigations into the weird and the spooky.
6.00
The Fashion Show
The latest trends.
6.30
Indecent Proposals
Hilarious dares for money.
7.00 Lie Detector
Uncovering deceit the modern way.
7.30 Agony
More helpful advice for troubled souls.
8.00 The Why Files
Psychic investigators travel in search of the weird, the wonderful and the spooky.
8.30 Judge Judy
Another case solved.
9.00 Sport at Nine: Dog Night LIVE
More action from the dog track.
9.57 Topless Darts
More shapely throwing.
10.00
Hollywood Uncovered
A behind-the-scenes look at the porn industry in LA.
10.30 Exotica Erotica
Adult entertainment.
11.30 Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasuredome 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30-6.00am BodyHeat

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 First Taste 10.30 Worrall Thompson 11.00 What's Cooking? 11.30 Kitchen College 12noon Network 12.30pm Newman Meets 1.00 Food for Thought 1.30 Gordon Ramsay 2.00 Can't Stand the Heat 2.30 Network 3.00 For Better, for Worse 3.30 Coxon's Kitchen College 4.00 New Chefs on the Block 4.30-5.00pm Tessa Bramley's Country Kitchen

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show.
5.30 Gridlock
Simon Biagi hosts the fast-paced gameshow.
6.00 London Bridge
Lucy decides to take up stripping to pay her debts.
6.30 Home to Roost
Test
Matthew learns to drive.
7.00 Boon
Undercover
Drama series about the investigations of an ex-fireman turned sleuth. Starring Michael Elphick.
8.00 Blue Heelers
Bewitched
An investigation into the strange demise of a preacher's daughter prompts Maggie to reflect.
9.00 Love Hurts
Blue Heaven
NEW SERIES Happily ensconced in their new house in Chiswick, Frank and Tessa await the birth of their child.
10.00 That's Love
Patsy and Donald consider a trial separation.
10.30 The Screen
Magazine programme looking at the latest movies.
11.00 Hill Street Blues
Influential Eighties American police drama series set in a tough urban area, with Daniel J Travanti and Veronica Hamel.
12midnight Home to Roost
Test
Matthew learns to drive.
12.30am Gridlock
1.00 Tales of the Unexpected
Parson's Pleasure
1.30-2.00am
Tales of the Unexpected
Vengeance is Mine, Inc

ANIMAL PLANET
WORLD PACK

12noon Profiles of Nature
The Magic of Baby Animals
1.00pm Nature
Watch with Julian Pettifer
Taking the Bite out of Sharks
1.30 Australia Wild
Lizards of Oz
2.00 Wild Rescues
Looking at the people who protect animals, and the animals that return the favour.
2.30 Human/Nature
Charting man's relationships with animals and nature.
3.30 Harry's Practice
A look at the work of vet Harry Cooper in his practice in northern Tasmania.
4.00 Jack Hanna's Animal Adventures
Safari Through Masai Mara
4.30 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
5.00 Pet Rescue
Helping pets in need.
5.30 Australia Wild
Wombats, Bulldozers of the Bush
A profile of the marsupial.
6.00
The New Adventures of Black Beauty
Children's drama series.
6.30 Lassie
Big Smoke
7.00 Animal Planet Classics: The Andaman Islands
Jacques Cousteau's expedition visits the islands in the Bay of Bengal.
8.00 Animal Doctor
A behind-the-scenes look at the work of RSPCA vets.
8.30 Animal X
What makes Australia's dingoes natural killers?
9.00 Ocean Wilds
Silver Bank
A look at North American humpback whales.
9.30 Emergency Vets
Helping sick animals.
10.00 Kenya's Killers
A focus on the animals that live in the Musiara Marsh.
10.30 Vet School
Follow students from the renowned Cambridge University vet school as they learn their trade.
11.30-12midnight Emergency Vets
Stories from Alameda East Veterinary Hospital in Denver.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons 8.30 Features 9.30 Esther 10.00 The Cruise 10.30 Children's Hospital – Special Edition 11.00 Clive James – Postcard from Berlin 12noon Tomorrow's World Plus 1.00pm Crime Limited 1.30 Now Get Out of That 2.00 Time of Their Lives

3.00 Animal Hospital Roadshow
With Rolf Harris, Shauna Lowry and Rhodri Williams.
3.30 Vanessa
Vanessa Feltz tackles real-life issues with a studio audience.
4.30 Esther
You are What You Wear
Esther Rantzen discusses the significance of fashion.
5.00 Hotel
Beatlemania hits the hotel as it fills with lookalikes.
5.30 Secrets of the Paranormal
In Search of Jane
6.00
The Ascent of Man
World within World
Jacob Bronowski retraces the discovery of the atom, electrons and neutrons.
7.00 Geiger
Sweet, Geiger Sour
Second of two programmes marking the 50th anniversary of the bombing of Japan.
8.00 Life on Earth
Themes and Variations
David Attenborough looks at some of the variety of mammals, contrasting bats, whales and moles.
9.00 Hitler's Bomb
Looking at how the American's overtook Nazi research during World War II and developed the atomic bomb first.
10.00 War and Piste
A Bombsite
10.30
Man Seeks Woman
Follow three single men in their search for Ms Right through small ads and dating agencies.
11.30 Top Gear GTi
Testing the latest models and casting an experienced eye over the hottest motoring news, with a specially extended edition of the show.
12.30am-1.00am
Crime Limited
Nick Ross presents the series intended to help crime victims by telling their stories through reconstructions.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am Livetime 7.00 Livetime 8.00 Diet and Fitness with Rosemary Conley 8.30 Psychic Zone 9.00 Sally Jessy Raphael 10.00 The View 11.00 Roddy Llewellyn's Indoor Garden 11.30 Flavours of the Orient 12noon More Calories, Please 12.30pm The DIY Show 1.00 Livetime 2.00 The View

3.00 Livetime with Julie Goodyear MBE
Popular TV star Julie Goodyear presents this daily magazine show with co-host Eammon O'Neal.
4.00 The Psychic Zone
With Derek Acorah.
4.30
Roddy Llewellyn's Indoor Garden
Horticultural advice.
5.00-6.00pm Sally Jessy Raphael
Please Stop Beating Me
Wife battering is the subject of today's debate.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Seal Hunter's Cave
Visit this isolated cave.
7.30
Wolves of the Air
The hawks of the desert.
8.00 The Shark Files: The Fox and the Shark
Follow shark expert Rodney Fox on his mission to explore the secluded world of these predators.
9.00 Night Wild: Mischievous Meerkats
Join Richard Goss as he investigates the fascinating social aspects of these mongooses.
10.00 Night Wild: Happy Trigger
Looking at marine life in Hong Kong.
10.30 Night Wild: Call of the Coyote
11.00 Night Wild: Wilds of Madagascar
How this island has become a conservation priority for many of the world's naturalists.
12midnight-1.00am Tiger!
Join actress Sarita Choudray on location as she meets the world's most fierce carnivore, the royal Bengal tiger. The survival of these magnificent big cats in the wild has become a personal crusade for the actress.

MTV
MUSIC & GAMES PACK

6.00am Kickstart
9.00 Mad for Hits
2.00pm Dancefloor Chart
3.00 Bytesize MTV
The best bits of MTV around the world.
4.00 Select MTV
MTV's jukebox presented by Donna Air.
6.00 News Weekend Edition
A roundup of the week's news from the music industry.
6.30 UK Singled Out
Outrageous dating gameshow.
7.00 Non-Stop Hits
8.00 Dancefloor Chart
9.00 Partyzone I
10.00 UK Singled Out
Outrageous dating gameshow.
10.30 Beavis and Butt-head
Animated antics with the moronic, television-addicted teenagers.
11.00 The Grind Double Bill
12midnight Partyzone II
1.00am UK Singled Out
1.30 Beavis and Butt-head
2.00 Club Mix
3.00 Partyzone I – The Megamix
4.00 Partyzone II
5.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast 8.00 Pop-Up Video 9.00 VH1 Upbeat 12noon Ten of the Best: Sharleen Spiteri 1.00pm Greatest Hits of... Stevie Wonder NEW 1.30 Pop-Up Video 2.00 Jukebox 5.00 Five@Five 5.30 Pop-Up Video 6.00 Something for the Weekend 7.00 Greatest Hits of... The Movies 8.00 Ed Sullivan's Rock'n'Roll Classics 8.30 VH1 Party Hits 10.00 Ten of the Best: Karen Ramirez 11.00 VH1 Spice 12midnight Friday Rock Show 2.00am-8.00am VH1 Late Shift

TRAVEL
FREE BONUS CHANNEL

12noon Snow Safari 12.30pm Ribbons of Steel 1.00 Travel Live 1.30 Gatherings 2.00 Flavours of Italy 2.30 Journeys Around the World 3.00 East Meets West 4.00 Go Greece 4.30 Wildest Africa 5.00 Ribbons of Steel 5.30 Snow Safari 6.00 Gatherings 6.30 On Tour 7.00 Widlake's Way 8.00 Holiday Maker 8.30 Go Greece 9.00 East Meets West 10.00 Journeys Around the World 10.30 Wildest Africa 11.00 On Tour 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Heaven in Your Hands 7.30 The Terrace 8.00 Style Challenge 8.30 All Over the Shop 9.00 Ready, Steady, Cook 9.30 Change That 10.00 Holiday in Style 11.00 The Air Show 11.30 Home Front 12noon All Over the Shop 12.30pm Style Challenge 1.00 Change That 1.30 Ready, Steady, Cook 2.00 Fat Man in France 2.30 Growing Places 3.00 Peter Seabrook's Gardening Week 3.30 Wilderness Walks 4.00 The Air Show 4.30 Antiques Roadshow
5.30 All Over the Shop 6.00 The Big Catch 6.30 Wonder Women 7.00 The House Detectives 7.30 Ready, Steady, Cook 8.00 Style Challenge 8.30 Change That 9.00 Ground Force 9.30 How Does Your Garden Grow? 10.30 Stefan's Garden Roadshow 11.00 Peter Seabrook's Gardening Week 11.30 Can Ski... Will Ski! 12midnight-1.00am Antiques Roadshow

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Friday 29 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Today's Gourmet 6.30 Graham Kerr 7.00 Craftwise 7.30 Painted House 8.00 Wedding Story 8.30 Baby Story 9.00 Simply Painting 9.30 Garden Game 10.00 Bloom 10.30 Cookabout 11.00 Two's Country 11.30 Rex Hunt 12noon Our House Down Under 12.30pm Doing it Up 1.00 Our House 1.30 Hometime 2.00 Workshop 2.30 Home Again 3.00 This Old House 3.30-4.00pm Go Fishing

DISCOVERY
WORLD PACK

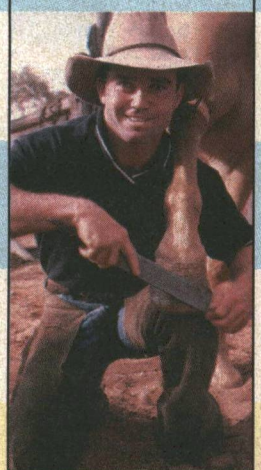
3.00 PM

4.00pm Rex Hunt's Fishing Adventures
Fishing tips from Rex Hunt.
4.30 Walker's World
New Zealand
Anna Walker goes caving.
5.00 Flightline
Looking at a solar-powered plane developed by NASA.
5.30 History's Turning Points
The Battle of Britain
6.00 Animal Doctor
Follow RSPCA animal doctors on call.
6.30 Wild Discovery: River of Bears
A look at the largest carnivores to walk on land, which can crush a skull with one bite.
7.30 Beyond 2000
Popular science magazine with the latest innovations.
8.00 Outback Adventures
Antipodean adventures.
8.30 Uncharted Africa
Mokolodi
With Ralph Bousfield.
9.00 The Fastest Car on Earth
Follows the Thrust Supersonic Car project through its attempt to break the sound barrier.
10.00 Barry Gray
Barry Gray, one of the greatest swindlers of his generation, reveals the secrets honed in a career spanning six decades.
11.00 Weapons of War
The Desert Fox
A look at Erwin Rommel's tactics in the desert war that bewildered most British commanders.
12midnight Top Banana
Scaffolders defend their reputations and explain how they often make up their structures as they go along.
1.00am History's Turning Points
The Battle of Britain
1.30-2.00am Flightline

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 Ivanhoe 6.00 The Fruitties 6.30 Tabaluga 7.00 Powerpuff Girls 7.30 Dexter's Laboratory 8.00 Sylvester and Tweety 8.30 Tom and Jerry Kids 9.00 Flintstone Kids 9.30 Blinky Bill 10.00 Magic Roundabout 10.15 Thomas the Tank Engine 10.30 The Fruitties 11.00 Tabaluga 11.30 Yo! Yogi 12noon Tom and Jerry 12.30pm Bugs and Daffy 12.45 Road Runner 1.00 Popeye 1.30 Droopy 2.00 Addams Family 2.30 Jetsons

3.00 Taz-Mania
Devilish antics from down under.
3.30 Scooby and Scrappy-Doo
Canine crime-busting.
4.00 Powerpuff Girls
Buttercup, Bubbles and Blossom save the world.
4.30 Dexter's Laboratory
Chemical chaos.
5.00 I am Weasel
More cartoon antics with the much-loved rodent.
5.30 Cow and Chicken
Fun with the siblings.
6.00 Animaniacs
Frantic animated antics with the three friends.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Tom and Jerry
Madcap comic antics with the sparring cat and mouse duo.
7.30 Looney Tunes
Crazy cartoon capers.
8.00 Cartoon Cartoons
Animated fun and games.
8.30-9.00pm Cultoon
Animated antics.



Troy Dann goes on a daredevil tour of Australia in 'Outback Adventures'. Discovery 8.00pm

NICKELODEON
FAMILY PACK

6.00am Muppet Babies 6.30 Rocko's Modern Life 7.00 CatDog 7.30 Rugrats 8.00 Wild Thornberrys 8.30 Arthur 9.00 Children's BBC: Teletubbies 10.00 Wimzie's House 10.30 Babar 11.00 Magic School Bus 11.30 PB Bear/Budgie/Animal Antics 12noon Rugrats 12.30pm Blue's Clues 1.00 Bananas 1.30 Little Bear Stories 2.00 Clangers/King Rollo/ Wombles/Bod 2.30 Children's BBC on Nickelodeon

3.00 Children's BBC on Nickelodeon
Favourites from archives.
3.30 Pippi Longstocking
Schoolgirl antics.
4.00 Hey Arnold!
More adventures with the kid with the cool quiff.
4.30 Rugrats
Fun with the tearaway nippers in nappies.
5.00 Sister Sister
More domestic disharmony with the identical twins.
5.30 Kenan & Kel
Starring Kenan Thompson and Kel Mitchell.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy following the life of a Beverly Hills teenager.
7.30 Grace Under Fire
8.00 Roseanne
Punch and Jimmy
DJ gets pushed around by the town bully.
8.30 News Radio
The Bitch Session
9.00 Cybill
All of Me
Love is in the air – or is it?
9.30 FILM: It's a Mad, Mad, Mad, Mad, World
Spencer Tracy, Mickey Rooney, Ethel Merman
Comedy in which a bank robber reveals the secret location of his hidden stash to a group of people who help him after a crash. His information sparks a madcap race as each person strives to find the loot for himself before the police arrive and confiscate it. *1963*

12.30am Late Night with David Letterman
Irreverent US chat show.
1.30 The Critic
Sophisticated animation.
2.00 Dr Katz
2.30 Soap
3.00 Wings
3.30-4.00am Nightstand

FOX KIDS
FAMILY PACK

6.00am Power Rangers Turbo 7.00 Mortal Kombat 7.25 Oggy 7.30 Donkey Kong Country 8.00 Goosebumps 8.25 Sam and Max 8.35 Spiderman 9.00 X-Men 9.25 Fantastic Four 9.50 The Incredible Hulk 10.15 Casper 10.30 Oggy 11.00 The Mouse and the Monster 11.05 Eek!Stravaganza 11.30 Louie 11.55 Home to Rent 12.05pm Sam and Max 12.30 Donkey Kong Country 1.00 Mowgli: The New Adventures of the Jungle Book 1.25 Ace Ventura 1.50 Spiderman 2.15 X-Men 2.40 Fantastic Four

3.05 The Incredible Hulk
3.30 Roy and Lisa's Big Ride
3.35 Mortal Kombat
Warrior animation.
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
Animated alien adventures.
5.00 Goosebumps
5.25 Eerie, Indiana: The Other Dimension
5.50 Oggy and the Cockroaches
5.55 Donkey Kong Country
6.25 Sam and Max
Freelance detective fun.
6.50-7.00pm Eek!Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop Selection!
7.00 Bargain Shop!
7.30 The Gold Collection
8.30 Labels
9.30 Fashion by Design
10.00 Junior Choice
11.00 The Gold Collection
12noon Cook's Den
1.00pm Bargain Shop!
1.30 Shop Selection!
2.30 Good Hair Days
3.00 On the High Street
4.00 Feel Good Factor
5.00 Shop Selection!
6.00 Junior Choice
Keep kids entertained with this range of indoor activities.
7.00 The Gold Collection
Jewellery range.
8.00 Cook's Den
Shop! recommends the best value kitchen equipment.
9.00 Feel Good Factor
Featuring Bharti Vyas' range of natural beauty products.
10.00 On the High Street
New season style from InWear and Matinique.
11.00 Dimanti Designs
Diamond-look jewellery.
12midnight Bargain Shop!
12.30am Shop Selection!
1.30 The Gold Collection
2.30 Fashion by Design
3.00 Cook's Den
4.00 Feel Good Factor
5.00-6.00am On the High Street

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am BBC News 24 9.00 News 9.30 The World Today 10.00 News 11.00 News 12noon News 1.00pm News 1.30 UK Today 2.30 The World Today 3.00 News 4.00 News 5.00 News 6.00 UK Tonight 7.00 News 7.30 Sportsday 8.00 News 8.30 HARDtalk 9.00 Europe Direct 10.00 News 10.30 Interactive 11.00 News 11.30 USA Direct 12midnight News 12.30am Zero 30 2.30 USA Direct 3.30 HARDtalk 4.30 Seven Days 5.30-6.00am Chronicles

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 Insight 6.00 Morning 6.30 Moneyline 7.00 Morning 7.30 Sport 8.00 Morning 8.30 Showbiz 9.00 Larry King 10.30 Sport 11.15 American 11.30 Biz Asia 12.30pm Science 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Travel 5.00 Larry King 6.45 American 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business Today 10.30 Sport 11.00 World View 11.30 Moneyline 12.30am Showbiz 1.15 Asian 1.30 Q&A 2.00 Larry King 4.15 American 4.30-5.00am World Report

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 12noon Sky News Today 2.30pm Your Call 3.00 Sky News Today 4.30 Sky World News 5.00 Live at Five 7.30 Sportsline 8.30 Sky Business Report 9.30 Sky World News 10.00 Prime Time 12.30am CBS Evening News 1.30 Sky World News 2.30 Sky Business Report 3.30 Week in Review 4.30 CBS Evening News 5.30-6.00am Fashion TV

INTERNATIONAL

TV5 5.30am Télématin 7.00 TV5 Infos 7.05 Journal Télévisé de Radio Canada 7.30 D 8.00 TV5 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé TV5 9.30 Fiction: Baldipata 11.00 TV5 Infos 11.05 Voilà Paris 11.30 Journal Télévisé France 3 12noon TV5 Infos 12.05pm Documentaire 1.00 Journal Télévisé TV5 1.30 Fiction: Baldipata 3.00 Journal Télévisé TV5 3.30 Les Carnets du Bourlingueurs 4.00 TV5 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé TV5 5.30 Fiction: Baldipata 7.00 Journal Télévisé Belge 7.30 Journal de France Télévision 8.00 Infos 8.05 Pulsations 9.00 Journal TV5 9.30 Débat de Société 11.00 Journal Suisse 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 7.45 Subah Aaj Tak 8.30 Bhakti Sagar 9.00 FILM 11.30 News 12noon Rajni 12.30pm Daal Mein Kala 1.00 Swabimaan 1.30 FILM 4.00 Akbar Birbal 4.30 Ghar, Galiyan Aur Raaste 5.30 Chidi Ka Ghulam 6.00 Tiger 6.30 Asianet Aur Aap 7.00 Swabimaan 7.30 News 8.00 A Mouthful of Sky 8.30 Aarzoo 9.00 FILM 11.30 News 12midnight Edit 12.30am Asianet Aur Aap 1.00 FILM 4.00 A Mouthful of Sky 4.30 Swabimaan 5.00 BPL Oye Countdown 6.00 Akbar Birbal 6.30 News 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Sorry Meri Lorry 6.30 Mast Must Show 7.00 Faith 7.30 News 8.00 Ghoomta Aaina 8.30 Sailaab 9.00 Adhikar 10.00 Anhoni 11.00 Zaike Ka Safar 11.30 Parampara 12noon FILM: Zamana Deewana 3.00pm Bangla 3.30 It's My Choice 4.00 Campus 4.30 Zone 5.30 Amanat 6.00 Artist of the Fortnight 6.30 Showcase 7.00 Chashme Baddoor 7.30 Entertainment 8.00 News 8.30 Aashirwad 9.00 FILM: Saajan Chale Sasural 12midnight News 12.30am Ru-Ba-Ru 1.00 X-Zone 2.00 FILM: Aurat Aurat Aurat 5.00 Filmi Baatein 5.30-6.00am Music

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Winnings Ways 4.30 Let the Fire Burn 5.00 Today with Marilyn 5.30 Paul Scanlon 6.00 Good News – Rick Renner 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 Kidz TV 7.45 This is Your Day – Benny Hinn 8.15 Good Morning Europe 8.30 The Messenger – John Bevere 9.00 Another Day of Victory 9.30 Life in the Word – Joyce Meyer 10.00 In Times Like These 10.55-11.00am CMTV

BLOOMBERG
WORLD PACK

Rolling business news with financial reports on the half hour, plus: 2.19am Boarding Pass 3.15 Clarke's Chronicle 4.19 Clips 4.24 Sports 4.45am Clarke's Chronicle

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 7.00 The Record 7.30 House of Lords 10.00 House of Commons 3.00pm House of Lords 11.00 The Record 11.30-12midnight Prime Minister's Questions

NIGHT TIME

SKY SOAP
LIFESTYLE PACK

11.00am Take the High Road
11.30 Emmerdale Farm
12noon Emmerdale Farm
12.30pm As the World Turns
1.15 Albion Market
1.45 Guiding Light
2.30 Take the High Road
3.00 Emmerdale Farm
3.30-4.00pm Emmerdale Farm
A romantic soiree turns sour.

THE HISTORY CHANNEL
WORLD PACK

4.00pm The World at War
Pincers
5.00 Television
Window to the World
6.00 The Curse of the Borgias
An investigation of the legacy of the House of Borgia which included poisoning, incest, corruption and intrigue.
7.00-8.00pm The Big House
Alcatraz
A look at the notorious maximum security prison.

SKY TRAVEL
LIFESTYLE PACK

11.00am Dales Diaries
11.30 Sky Destinations
12noon Travels with Chuck Henry 12.30pm Getaway
1.00 Practical Guide to Europe
1.30 Great Houses of Europe
2.00 Independent Travellers' Guide
3.00 Around the World
3.30-4.00pm Sky Destinations

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lifestyle at 9.00am.

CABLE CHECK
Some of the channels listed may not be available in your area

ACTION
HORROR
ADVENTURE
HVC
Plus
WHEN YOU
SUBSCRIBE TO HVC GET
the Adult CHANNEL FREE.
Call your cable operator NOW!!

Saturday 30 January

SKY PREMIER
PREMIUM CHANNEL

6.05am A Christmas Carol
1984, rating Sky U, 97 mins
8.00 Legend of the Ruby Silver
John Schneider, Rebecca Jenkins 1996, rating Sky PG, 89 mins
10.00 First Do No Harm
Meryl Streep, Fred Ward 1997, rating Sky PG, 90 mins
12noon Problem Child 2
John Ritter, Michael Oliver 1991, rating Sky PG, 86 mins
2.00pm
Legend of the Ruby Silver
John Schneider, Rebecca Jenkins
Adventure story of a man, a single mother, her son and a drunk who set off on a mining expedition in search of their fortune. *1996, rating Sky PG, 89 mins*

4.00 First Do No Harm
Meryl Streep, Fred Ward
Touching drama in which a mother is determined to find a cure for the debilitating disease afflicting her son. As his condition worsens, she realises that conventional medicine cannot help him, and takes his treatment into her own hands to save his life and her marriage. *1997, rating Sky PG, 90 mins*
6.00 Problem Child 2
John Ritter, Michael Oliver, Jack Warden, Laraine Newman
Comedy sequel. Beleaguered single father John Ritter moves to a new town, looking for a wife and mother for his adopted 'son-from-Hell', and meets a woman with an equally devilish daughter. *1991, 86 mins*
7.30 P:review
A look at the coming week.
8.00 The Lost World: Jurassic Park
Jeff Goldblum, Julianne Moore, Pete Postlethwaite
PREMIERE Fantasy sequel in which it is revealed that another island is inhabited by dinosaurs. A team of mercenaries is intent on transporting the dinosaurs back to the civilised world – the consequences of which could be disastrous. Text *1997 rating Sky 12 1997, DS, 123 mins*
10.10 Donnie Brasco
Al Pacino, Johnny Depp, Michael Madsen, Bruno Kirby
Drama. An ageing hit-man takes a young, would-be wise-guy under his wing, unaware that he is actually an FBI infiltrator assigned to tear down the empire in which the mobster has made his name. Text *1997, rating Sky 18, DS, 121 mins*
12.15am Lone Star
Chris Cooper, Kris Kristofferson
Modern day Western drama. Text *1996, rating Sky 15, 130 mins*
2.25 Riders of the Purple Sage
Ed Harris, Amy Madigan 1996, rating Sky 12, 93 mins
4.05-6.00am Carriers
1997, rating Sky 12, 89 mins

SKY MOVIEMAX
PREMIUM CHANNEL

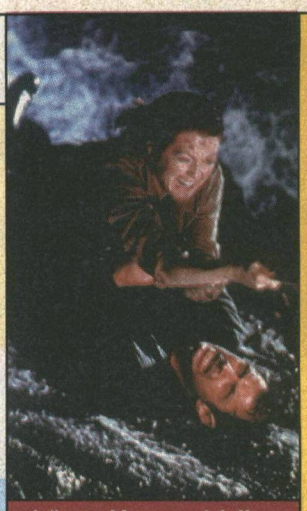
7.00am E! News Week in Review
7.30 Action Heroes: Mel Gibson
8.00 Movie Magic: Ghost Stories
9.00 Jules Verne's 800 Leagues Down the Amazon
1993, rating Sky PG, 83 mins
11.00 Spy Hard
Leslie Nielson, Nicollette Sheridan
Text *1996, rating Sky PG, 78 mins*
1.00pm E! News Week in Review
1.30 Action Heroes: Mel Gibson
2.15 Movie Magic: Ghost Stories

3.00 Jules Verne's 800 Leagues Down the Amazon
Daphne Zuniga, Adam Baldwin, Barry Bostwick, Tom Verica
Adventure. A young woman is travelling down the Amazon with her fiancé and her fugitive father. They meet a bounty hunter who claims that he can prove the man's innocence, but in return he wants his daughter. *1993, rating Sky PG, 83 mins*
5.00 Malaika
John Laughlin, RD Call
Family adventure about four young children and their mother who take on a greedy hunter who has captured and transported an elephant to America for sport. The beast escapes and is found by the children. However, they soon discover that the hunter has not lost scent of his prey. *1998, rating Sky PG, 90 mins*
7.00 Spy Hard
Leslie Nielsen, Nicollette Sheridan, Charles Durning, Marcia Gay Harden
Comic spoof about a secret agent on the trail of a master criminal. Agent Dick Steele sets out to stop the evil General Rancor from succeeding in his attempt to blow up the world using his colossal armory. Text *1996, rating Sky PG, 78 mins*
9.00 Youngblood
Rob Lowe, Cynthia Gibb, Patrick Swayze, Ed Lauter
Sporting romance. An aspiring young ice hockey team member falls in love with the daughter of his tough, no-nonsense coach, with far-reaching repercussions. Keanu Reeves makes an early screen appearance as the team's goalkeeper. *1986, rating Sky 15, 105 mins*
11.00 Hostile Intent
Rob Lowe, Ron Sarosiak, James Kidnie, Saul Rubinek
Action movie. A renegade computer programmer attracts the attention of the CIA. *1997, rating Sky 18, 86 mins*
12.30am Masquerade
Rob Lowe, Meg Tilly, Kim Cattrall 1988, rating Sky 18, DS, 88 mins
2.05 One Hot Summer Night
Erika Eleniak, Brian Wimmer 1997, rating Sky 12, 85 mins
3.35-5.45am Hanussen
1988, rating Sky 12, 111 mins

SKY CINEMA
PREMIUM CHANNEL

11.00am The Hustler
Paul Newman, Jackie Gleason, Piper Laurie, George C Scott
Acclaimed drama about a hot-shot young pool hustler. *1961, rating Sky PG, 129 mins*
1.15pm World for Ransom
Dan Duryea, Gene Lockhart
Thriller in which a man gets caught up in a plot to kidnap a top scientist. *1954, rating Sky PG 80 mins*
2.40 Abandon Ship
Tyrone Power, Mai Zetterling, Lloyd Nolan, Moira Lister
Dramatic adventure about the sinking of an ocean liner and the passengers' struggle for survival as they fight for the lifeboats. *1957, rating Sky PG, 93 mins*

4.15 Advise and Consent
Franchot Tone, Lew Ayres, Henry Fonda, Walter Pidgeon
Drama. The candidate for the post of Secretary of sSate appears to have a troubled political past which includes membership of the Communist party. However, he denies this to the Senate investigation, lying while under oath. Then he proceeds to protect his career by threatening to blackmail the leader of the Senate Committee. *1962, rating Sky PG, 132 mins*
6.30 Mr and Mrs Smith
Carole Lombard, Robert Montgomery, Gene Raymond
Alfred Hitchcock's screwball comedy. A couple embark upon a series of madcap incidents once they realise that their nuptials were invalid. *1941, rating Sky U, 90 mins*
8.00 The Man Who Would Be King
Sean Connery, Michael Caine, Christopher Plummer
Action adventure, based on a story by Rudyard Kipling, in which a pair of British soldiers abandon their platoon and attempt to convince the natives of a far-flung region that one of them is a god. *1975, rating Sky PG, 123 mins*
10.15 Crimes and Misdemeanors
Martin Landau, Woody Allen, Mia Farrow, Anjelica Huston
Comedy drama. A doctor is forced to take extreme actions when his mistress threatens to reveal their affair. Meanwhile, a highly principled film-maker is asked to do a documentary on his successful brother-in-law. *1989, rating Sky 12, 100 mins*
12midnight The Naked Runner
Frank Sinatra, Peter Vaughan
Thriller in which an American is sucked into a assassination plot. *1967, rating Sky PG, 101 mins*
1.45am Monsieur Beaucaire
1946, rating Sky PG, 90 mins
3.20-5.45am The Hustler
1961, rating Sky PG, 129 mins



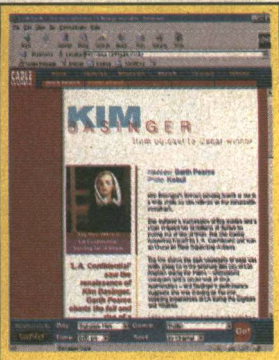
Julianne Moore and Jeff Goldblum in the premiere of 'The Lost World: Jurassic Park'. Sky Premier 8.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm
Welcome to Hard Times
Henry Fonda, Janice Rule, Keenan Wynn, Janis Paige
Dark Western fable. The mayor of a small frontier town is unable to stand up to a gunman who is terrorising the locals. When the killer returns after a brief respite, he finally finds the courage to challenge the outlaw. *1967, 96 mins*
11.00 Zigzag
George Kennedy, Anne Jackson
Thriller in which a dying insurance investigator plans his own murder, so his family will collect a large insurance settlement. *1970, 104 mins*
1.00am
The Fearless Vampire Killers
Jack MacGowran, Roman Polanski
Offbeat mix of horror and humour. Widescreen *1967, 103 mins*
3.00-5.00am
Welcome to Hard Times
Dark Western. *1967, 99 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm Godzilla
Akira Takarada, Raymond Burr, Momoko Kochi, Akihiko Mirata, Takashi Shimura, Kin Sugai
Cult Japanese action thriller in which the 400-foot-long reptile monster is revived, as a result of nuclear testing, and goes on a terrifying rampage around crowded Tokyo city, leaving havoc and destruction in his trail. *1955, 110 mins*
8.00 Before Sunrise
Ethan Hawke, Julie Delpy
Richard Linklater's romantic tale about a young American man and a French art student who cross paths in Vienna. Intrigued with each other, they decide to spend the next few hours together, until his plane leaves. What follows is a subtle, sweet love story and a cautious process of self-disclosure. *1994, 97 mins*
10.00 12 Monkeys
Bruce Willis, Madeline Stowe, Brad Pitt
Terry Gilliam's time-travelling film in which a convict is sent back from the future to try and discover the cause of a virus that wiped out five billion people. However, he arrives at too early a date and is promptly locked up in an asylum for the insane. *1995, 124 mins*
12.10am La Jetée
Jean Negroni, Etienne Becker
Science fiction short. *1962, 28 min*
12.40 Salon Kitty
Drama. *1976, 113 mins*
2.10 The Doors
Rock biopic. *1991, 135 mins*
4.45-6.00am
Short Attention Span Cinema

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
JACKIE CHAN'S FIRST STRIKE
High-energy action movie starring martial arts superstar Jackie Chan as a Hong Kong police officer. *1996, rating Sky 12, 80 mins*
PLAYS AT 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 2
Channel 52
THE BORROWERS
Comic adventure based on the novels by Mary Norton. Starring John Goodman. *1997, rating Sky U, 83 mins*
PLAYS AT 6.30am, 8.00am, 9.30am, 6.00pm, 7.30pm, 9.00pm, 10.30pm

Sky Box Office 2
Channel 53
WINGS OF THE DOVE
Period drama based on the novel by Henry James. *1997, rating Sky 15, 100 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
DEVIL'S ADVOCATE
Lavish drama of temptation, greed and redemption. Starring Al Pacino. *1997, rating Sky 18, 138 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
FATHER'S DAY
Comedy about two men convinced by an old flame that they are the father of a son they never knew they had. *1997, rating Sky 12, 94 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

7.00am Bump in the Night 7.30 Street Sharks 8.00 Adventures of Sinbad 9.00 The Simpsons 9.30 Garfield and Friends 10.00 Best of the Chris Evans Breakfast Show 11.00 World Wrestling Federation – Live Wire 12noon World Wrestling Federation – Shotgun 1.00pm New Adventures of Superman 2.00 America's Dumbest Criminals 2.30 America's Dumbest Criminals

3.00 Guilty!
Is John a pain because he always complains? Are Paris and Joe swinging out of control? Are they guilty? The 100-strong audience jury will decide.

4.00 Star Trek: Deep Space Nine
Blaze Of Glory
Sisko attempts to force his former crew member to stop a final Maquis attack. Text

5.00 Star Trek: Voyager
Sacred Ground
When Kes encounters trouble on an away mission, it is up to Janeway to do whatever she can to save her. Text

6.00 Xena: Warrior Princess
In Sickness and in Hell
Fantasy adventure with the sword-fighting princess. Starring Lucy Lawless.

7.00 The Simpsons
Animated antics with the yellow-tinged family.

7.30 The Simpsons
More fun with Homer and his dysfunctional family.

8.00 JAG
Innocence
Lieutenant 'Harm' Rabb Jr, the Judge Advocate General Corps' star prosecutor, investigates more military crimes.

9.00 Special Feature

11.00 Beat the Crusher
Gameshow in which people put up their own cars as a stake in the hope of winning a brand new one. Hosted by Freddie Starr and Melinda Messenger.

12midnight Showbiz Weekly

12.30am The Big Easy
The Gospel According to McSwain
Remy tries to stop an old friend from gambling, and is drawn into a Treasury Department investigation.

1.30 Fire
Responsibility Text

2.30-6.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Angels
Soap set in St Angela's Hospital.

7.30 Neighbours Omnibus
Catch up with the gossip from Ramsay Street.

9.25 Dallas Omnibus
All the drama from the Ewing family. Stars John Forsythe.

12.10pm EastEnders Omnibus
Another chance to catch up with all the drama from the residents of Albert Square.

3.00 The Bill Omnibus
Another chance to see all of the week's episodes in which Beech has trouble arresting a suspected forger, and Meadows tries to capture two jewel thieves at a family funeral. Loxton and Keane investigate the stabbing of a 15-year-old boy, Boyden and Page try to stop a young woman getting involved in the porn industry, and Carver is not thrilled about Blake's new attachment to CID.

5.25 Butterflies
Ria meets up with an old friend, but when she talks too much, her friend turns into an enemy.

6.05 FILM: North Sea Hijack
Roger Moore, James Mason, Anthony Perkins, Michael Parks
Adventure story about a group of terrorists who threaten to blow up two North Sea oil rigs by using a stolen ship as a floating bomb. A counterterrorist is hired by the British government to capture the ship and bring the villains to justice. *1980*

8.00 The Detectives
Twitchers
Briggs and Louis have to provide round-the-clock protection for a clutch of rare red kite eggs.

8.40 Carrott's Commercial Breakdown 3
Jasper Carrott casts another caustic eye over the world's weird and wonderful TV ads.

9.45 The Thin Blue Line
Honey Trap
Fowler's strategy for the pub quiz is sabotaged by DI Grim.

10.25 One Foot in the Grave
Hole in the Sky
Award-winning sitcom.

11.05 Monty Python

11.45 The Man from Auntie
More quickfire comedy and observations on life from Ben Elton.

12.25am French and Saunders
Sketches, songs and movie magic.

1.05 The Man from Auntie
Quickfire comedy from Ben Elton.

1.40 Yes, Minister
The Middle-Class Rip-Off

2.15am Open All Hours
Sitcom about a miserly shopkeeper.

3.00am-7.00am Screenshop

LIVING
LIFESTYLE PACK

6.00am Tiny Living

9.05 Can't Cook, Won't Cook

9.35 Ready, Steady, Cook

10.10 Maury Povich

11.00 Living Issues

11.30 The Roseanne Show

12noon Entertainment Now!
The latest gossip, lifestyles and showbiz news.

12.30pm LA Law
Drama about the lives and loves of lawyers in Los Angeles.

3.00 FILM: For the Love of Aaron
Meredith Baxter, Keegan MacIntosh, Joanna Gleason
Drama about an award-winning author who is schizophrenic but tries to stay sane for the sake of her son. As she tries to finish her latest book, debts go unpaid and, when she is taken into hospital, her ex-husband starts a fight for custody of the boy. *1994*

5.00 Special Babies
Documentary series on babies born with special needs, their parents, and the medical staff who care for them.

5.30 Animal Rescue

6.00 FILM: Million Dollar Babies
Beau Bridges, Roy Dupuis
First of a two-part drama based on the true story of the first surviving quintuplets on record, who were born to a French-Canadian couple in 1934. The girls grew up as the most famous children on the planet, but the family was torn apart by the attention. *1994*

8.00 Rescue 911
Stories of real-life rescues by American emergency services. Hosted by William Shatner.

8.30 Beyond Belief
Anthology mystery series.

9.00 Jerry Springer Double Bill
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

11.00-12midnight The Sex Files
Katrina Buchanan presents the talk show dealing with the interesting and imaginative side of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King

7.00 Bootsie & Snudge

7.30 Leave it to Charlie

8.00 Holding the Fort

8.30 Mind Your Language

9.00 Mission: Impossible

10.00 The Persuaders

11.00 Man in a Suitcase

12noon The Bounder

12.30pm Emmerdale Omnibus
A chance to catch up with the week's gossip from the village.

3.00 Bonanza
Enter Mark Twain
Mark Twain leads a newspaper fight against a corrupt judge to fight off a land-grab on the Ponderosa. With Lorne Greene.

4.00 The High Chaparral
The Doctor from the Dodge Blue is forced into a showdown with wanted gunfighters, and is saved by a wandering dentist who's also fast with a gun.

5.00 Hawaii Five-0
Hit Gun For Sale
McGarrett goes all out to keep the lid on a threatened organised crime war by tracking both an unknown hit man and his target.

6.00 The Persuaders
Someone Waiting
Brett receives macabre threats to his life after entering his new car into a race. With Tony Curtis and Roger Moore.

7.00 Mission: Impossible
Recovery
The IMF has to recover a secret fail-safe device which has fallen into the hands of a physicist who has defected to the Communists.

8.00 Return of Sherlock Holmes
The Second Stain
Holmes must recover a stolen missive from a foreign potentate which could lead Europe to war.

9.00 El C.I.D.
Thursday's Child
Bromley dreams of romance, hearts and flowers.

10.00 The Odd Couple

10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Snowgirls
Take a tour of life on the piste in St Anton, Austria. With Emma Harrison.

11.30 Jo Guest's Private Parts

12midnight Real Sex
A look at the ways in which people use their sexuality.

12.30am Weird!
Mixture of interviews and sketches.

12.50 Lady Lust

1.00 V.P.L.

1.30-2.00am Noddy's Electric Ladyland

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear in the Big Blue House 6.25 Classic Toons 6.35 Gummi Bears 7.00 Classic Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 The Little Mermaid 8.25 Classic Toons 8.30 Hercules 9.00 Double Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 11.30 Student Bodies 12noon Smart Guy 12.30pm Boy Meets World 1.55 New Adventures of Winnie the Pooh 2.10 Bite Size 2.30 Bear in the Big Blue House

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text

3.30 Goof Troop
Goofy's gone mad in his own cartoon series. Text

4.00 101 Dalmatians
More animated canine capers and daring doggy deeds. Text

4.30 Hercules
Animated adventures with the Greek demi-god.

5.00 Recess
Animated series. Text

5.15 Pepper Ann Text

5.30 Microsoap Text
Fun-filled kids' sitcom.

5.45 Smart Guy

6.10 Teen Angel
Sings Like an Angel Text

6.35 Boy Meets World
The Last Temptation of Cory
Now that Cory has a girlfriend, all the girls want him. Text

7.00 FILM: Cinderella
Whitney Houston, Brandy
Rodgers and Hammerstein's fabulous musical version of this classic fairy tale. A Fairy Godmother comes to the aid of down-trodden Cinderella so that, despite the evils plans of her Ugly Sisters, she may go to the ball. Text *1997, 90 mins*

8.30 Classic Toons

8.45 Honey, I Shrunk the Kids
Honey, You've Got Nine Lives
Wayne worries about the ethical implications of virtual reality. Text

9.30 Home Improvement
Award-winning sitcom.

10.00 Dinosaurs Text

10.30 The Wonder Years
Tree House Text

11.00-12midnight Dr Quinn: Medicine Woman

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

SATURDAY CONTINUES OVERLEAF...

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

CABLE CHOICE

FILM

The Lost World: Jurassic Park
Sky Premier 8.00pm

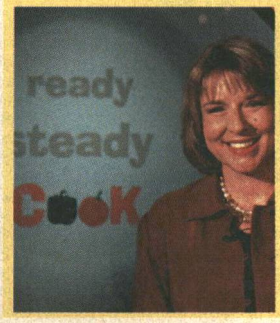
Another island occupied by dinosaurs is discovered in the premiere of this monster movie sequel. A documentary team who aim to study the creatures are swiftly followed to the island by a team of mercenaries intent on transporting dinosaurs back to the civilised world.

GENERAL

Supertramp – Sight and Sound in Concert
UK Arena 7.00pm

One of the biggest bands of the Seventies give a memorable performance from their 1977 tour which followed the release of the album *Even In the Quietest Moments*. The piano and organ-based band also give us *Dreamer* and *Give a Little Bit*.

ADVERTISEMENT



living

READY STEADY COOK 9.35AM

Today's celebrity chefs are Antony Worrall Thomson and Lesley Walters who team up with two contestants to cook a dish from chosen ingredients. It's a battle against the clock with the tastiest meal winning the show.

Saturday 30 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

MORNING

6.00 AM
7.30am Snowboard
8.00 Bobsleigh – LIVE
9.00 Ski Jumping
9.45 Bobsleigh – LIVE
Coverage from the World Cup in St Moritz, Switzerland.
10.30 Tennis
Coverage from the women's final of the Australian Open in Melbourne.
12.30pm
Figure Skating – LIVE
Coverage of the Ladies Free Skating event at the European Championships in Prague, Czech Republic. The titleholder in this event is the Russian Maria Butyrskaya.

3.00 PM

4.00 PM
4.00 Bobsleigh
Action from the World Cup in St Moritz, Switzerland.
4.30 Ski Jumping
Highlights from the World Cup in Willingen, Germany.

5.00 PM

6.00 PM
6.00 Luge
Highlights from the World Championships in Konigsee, Germany.

7.00 PM
7.00 Figure Skating
Highlights from the European Championships, held in Prague, Czech Republic.

8.00 PM

9.00 PM
9.00 Dancing – LIVE
Coverage from the Paris-Bercy's event.

10.00 PM

11.00 PM
11.00 Aerobics
Highlights from the World Amateur Championships from the Netherlands.

12.00
NIGHT TIME
12midnight Boxing
Action from an international contest.

SKY SPORTS 1
PREMIUM CHANNEL

6.00am
Hold the Back Page
7.00 Euro Tour Golf: Heineken Classic – LIVE
10.00 NFL: NFL Superbowl XXXIII Preview
10.30 Gillette World Sport Special
11.00 Max Power
12noon
Gillette Soccer Saturday
Jeff Stelling presents the fast and comprehensive football results service, including post-match interviews with the men that matter and detailed analysis from the Sky Sports pundits.

5.30pm Bobby Charlton's Football Scrapbook: Mike Summerbee
Sixties forward Mike Summerbee joins Bobby Charlton and Dickie Davies for a look back over his impressive career at Manchester City.

7.00 Basketball – LIVE
Coverage from the Budweiser Basketball league as two top sides go head to head in search of those vital points. Presented by Suzanne Dando with Kevin Cadle.

9.00 Fight Night – LIVE
Coverage of championship boxing featuring the best of British fighters. Presented by Paul Dempsey, with ringside analysis from Glenn McCrory and Ian Darke.

11.00 Spanish Football
Action from a top match in La Liga; one of Europe's finest leagues, showcasing a wealth of skilled players.

1.00am Euro Tour Golf: Heineken Classic
Coverage from day three of the Heineken Classic.
Repeat from Sky Sports 2
4.00-6.00am Fight Night
Another opportunity to catch the boxing action between two British fighters.

SKY SPORTS 2
PREMIUM CHANNEL

6.00am Moto-Plus
6.30 H_2O
7.00 Aerobics Oz Style
Daily workout.
7.30 Racing News
8.00 Soccer AM
12noon Tenpin Bowling: World Tenpin Masters
1.00pm NFL: NFL Superbowl XXXIII Preview
1.30 Rugby Union: Tetley's Bitter Cup – LIVE
Mark Durden-Smith presents coverage of a crucial fifth round tie in the Tetley's Bitter Cup. This is a highly respected tournament and one of the highlights of the Rugby Union calendar.

4.00 Max Power
Motorsports magazine programme, featuring touring cars, single seaters, road racing and off road events.

5.00 Euro Tour Golf: Heineken Classic – LIVE
Coverage from day three of the Heineken Classic from the Vines which sees some of Europe's finest golfers meeting on the fairway. *Repeat from Sky Sports 1*

8.00 Ford Golf USA: Phoenix Open – LIVE
Coverage from day three of the 1999 Phoenix Open, where the total prize money stands at $1.3 million. Last year Steve Jones won the event with a score of 258, which broke the course record of 260, set by Johnny Miller in 1975. Jesper Parnevik was runner-up with a score of 269.

11.00 International Cricket: South Africa v West Indies
Action from the fourth one-day international between South Africa and the West Indies.
1.00am Rugby Union Update: Tetley's Bitter Cup
Repeat from Sky Sports 3
2.30-6.00am International Cricket: Australia v Sri Lanka – LIVE
Coverage of the latest one-day international.

SKY SPORTS 3
PREMIUM CHANNEL

8.00am
Hold the Back Page
9.00 International Cricket: South Africa v West Indies – LIVE
12.30pm
Second Innings: Mark Ramprakash – West Indies v England – Barbados
1.00 International Cricket: South Africa v West Indies – LIVE
Coverage from South Africa's fourth one-day international against the West Indies. With both sides renowned for their fast bowlers the batsmen will be under pressure today.

4.30
NFL: NFL Superbowl XXXIII Preview
Preview of the events.

5.00 Snooker: Welsh Open 1999 – LIVE
Coverage from the second semi-final in the 1999 Welsh Open, held at the Cardiff International Arena. The tournament provides a platform for relatively new players who are yet to make an impression on the game, as well as veterans such as Jimmy White and Steve Davis MBE.

10.00 Rugby Union: Tetley's Bitter Cup
All the action from the fifth round of the Tetley's Bitter Cup. Last year, Saracens celebrated a Twickenham triumph over Wasps. Presented by Mark Durden-Smith.
11.30-12midnight NFL: NFL Superbowl XXXIII Preview

For a full run down of all the live sport on cable TV, BBC1, BBC2, ITV, Channel 4 and Channel 5, visit Cable Guide's new online programme guide. http://www.cableguide.co.uk

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.05 Watch This If You Love Man-U!
Post-match analysis from squad members, celebrity guests, stars from the past, journalists and fans.
7.15 Megastore Megabuys
7.30 Kids Clinic
Squad stars pass on top tips to aspiring players.
8.00 Super Match – Vintage Reds: Manchester United v Derby County
The Reds take on Derby in the 1977/78 season.
9.00 Did You See...?
Catch up with this week's highlights on MUTV, with behind-the-scenes looks at the world's most popular club.
10.00 Man U Menu
The culinary delights of Old Trafford.
10.30 F.A.N.
The magazine show for the modern fan.
11.00 Jump 'n' Pump
Aerobics programme.
11.15 Megastore Megabuys
11.30-12midnight Red Hot News

SCI-FI
ACTION PACK

7.30am Planet Mirth
8.00 Deepwater Black
8.30 Children of the Dog Star 9.00 The Invisible Man
10.00 The Cape 11.00 The Incredible Hulk 12noon-5.00pm The Twilight Zone
12noon *Of Late I Think of Cliffordville* 1.00pm *The Incredible World of Horace Ford* 2.00 *On Thursday We Leave for Home*

3.00 *Passage on the Lady Anne*
Another weird tale set in the fifth dimension where the unexpected becomes the norm.
4.00 *The Bard*
Another tale from the fifth dimension where the unexpected is the norm. Stars Jack Weston and John McGiver.
5.00 FILM: It Came from Outer Space
Richard Carlson, Barbara Rush, Charles Drake
Fifties sci-fi yarn about an astronomer's encounter with extraterrestrials, whose spaceship crash lands in the Arizona desert. *1953*
6.35 Sci-Focus
Looks at a sci-fi release.
7.00 The Cape
Just a Rumour
DB's politician father betrays the astronauts and his son with plans to shut down NASA.
8.00 FILM: James Herbert's Fluke
Samuel L Jackson, Matthew Modine
Fantasy. A workaholic dies in a car accident and comes back to life as a dog. He returns home to protect his wife and young son from the man who killed him. *1995*
9.50 Sci-Focus
10.00 FILM: Maximum Overdrive
Emilio Estevez, Pat Hingle.
Thriller. The Rhea-M comet starts to revolve round earth and provokes machinery to become their own masters and revolt against mankind. *1986*
11.55 Sci-Focus
A look behind the scenes of a sci-fi blockbuster.
12midnight Mystery Science Theatre 3000
The Devil Doll
1.50am Sci-Focus
2.00 Planet Mirth
2.30 100 Years of Horror
Phantoms
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

9.30am Videotech
The latest charts and gossip from the music world.
10.00 Extreme!
A look at extreme sports for youngsters.
10.30 Home and Away
Catch up with the week's news from Summer Bay.
12.20pm WWA Wrestling
1.30 CITV2
Children's programme.
1.45 The Locker
Health and fitness magazine.

2.15 Futbol Mondial
Football action from around the world.
2.45 Football First
Live updates of the latest football scores.
5.30 Animal Rescuers
A look at the work of the RSPCA inspectors at Blackberry Farm.
6.00 NBA Basketball
Highlights of a US game.
7.00 CD UK
Chart show with live bands.

8.00 Taking the Pitch
Knockout football quiz hosted by Bob Mills.
8.30 Maggie Winters
US sitcom with Faith Ford and Shirley Knight.
9.00 Widescreen on 2: Sharpe
Drama about the maverick 18th-century officer.
11.00 God's Gift
Five men try to impress the female studio audience.
12midnight-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am The A to Z of Fetish 12.25 .... Monkey 12.45 FILM 1.00 The Five Minute Free View 1.05 FILM continues 2.00 Free View 2.05 ..... Dan 2.30 FILM: Night Trip 2 3.00 Free View 3.05 FILM continues 3.40 Asian Babes 4.10-5.30am FILM: Bad Girls

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Neil Down – Sex Therapist 12.40 Lesbian Fantasies 1.00 Frisky Hot Fräuleins 1.15 FILM: Babearella 2.35 Girls About Town 2.50-4.00am FILM: Flying High
Taylor Wayne, Trinity Loren
Erotic comedy.

Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Marching Out of Time
Frederick Anderson
Comedy adventure.
9.15 FILM: The Pick Up
Jill Senter, Alan Long
Thriller. *1975*
10.35-12midnight FILM: Gator King
Jay Richardson
Action adventure.

Saturday 30 January

'Africa: The Big Game Auction' examines the sale of wild animals. Animal Planet 8.00pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Games Room
5.15 Candid Camera
More embarrasing footage of the general public.
5.45 The Games Room
6.00 Family Fortunes
Big money gameshow hosted by Max Bygraves.
6.30 The Games Room
6.45 Name That Tune
With Jools Holland and his Rhythm & Blues Orchestra.
7.15 The Games Room
7.25 Roll with It!
With Captain Sensible.
7.55
The Crystal Maze
A team of contestants tackles a series of ingenious games and fiendish challenges in a giant fantasy world. Hosted by Ed Tudor-Pole.
9.00 The Games Room
9.15 Strike it Lucky
Fast-action gameshow, hosted by Michael Barrymore.
9.45 The Games Room
10.00 Candid Camera
Comedy footage showing innocent members of the public being duped.
10.30 Don't Feed the Gondolas
11.00
Carnal Knowledge
Quiz show that reveals Britain's sexiest secrets.
12midnight Strike it Lucky 12.30am Name That Tune 1.00 Don't Feed the Gondolas 1.30 Roll with It! 2.00 Karaoke Challenge 2.30 Studs 3.00 Simply Irresistible 3.30 Blockbusters 4.00 Say the Word 4.30 Don't Drink the Water 5.00-6.00am Shopping with Screenshop

LIVE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 The Why Files 7.30 The Fashion Show 8.00 Agony 8.30 The Lie Detector 9.00 Grass Roots Football 10.00 Bangers and Smash 11.00 Indecent Proposals 11.30 BodyHeat 11.45 BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Agony 2.30 Indecent Proposals

3.00 Agony
More advice for troubled souls and moral dilemmas discussed.
3.30
Women's Wrestling
Leotard-clad grappling from inside the sporting ring.
4.30 Agony
More advice for troubled souls.
5.00 Agony
More advice for troubled souls.
5.30 The Why Files
Psychic investigators search for all things weird.
6.00
The Fashion Show
A look at the headlines among the hemlines.
6.30
Bangers and Smash
Stock car racing show hosted by Louise Brady.
7.30 Agony
More advice for troubled souls and moral dilemmas discussed.
8.00 The Why Files
Psychic investigators search for all things weird.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Women's Wrestling
Coverage of today's women's event.
9.57 Topless Darts
Darts with a difference.
10.00
Hollywood Uncovered
Behind the scenes of LA's porn industry.
10.30 Exotica Erotica
Raunchy tales of passion.
11.30 Blue Review
11.45 Janeycam
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasuredome 1.00 Exotica Erotica 2.00 Orgasmatron 2.15 Painted Ladies 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why 4.00 Fashion 4.30 Agony 5.00 Lie Detector 5.30-6.00am BodyHeat

● Birmingham, Edinburgh and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Food Network 9.30 Food for Thought 10.00 Retrospectives 10.30 Worrall Thompson 11.00 Vin Ordinaire 11.30 Coxon's Kitchen 12noon Network 12.30pm Lunch with... 1.00 Can't Stand Heat 1.30 Jenny Bristow 2.00 Newman Meets 2.30 Food Network 3.00 Winter Nosh 3.30 Coxon's Kitchen 4.00 Tessa Bramley's Country Kitchen 4.30-5.00pm For Better, For Worse

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm
What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Byker Grove
Hard-hitting teenage drama.
6.00 Byker Grove
Julie's new image shocks Gill and her dad.
6.30 Home to Roost
Protest
Sitcom about a divorcee.
7.00 Flying Start
Travel gameshow hosted by Emma B and Ed Sanders.
7.30
Birds of a Feather
Dead Loss
8.00 Lovejoy
Ducking and Diving
When Lovejoy gets lumbered with a giant side-board, he blames Eric as usual.
9.00 Pie in the Sky
New Leaf
Crabbe's powers of persuasion are in demand.
10.00 Stay Lucky
Trial by Marriage
The perfect marriage turns out to be nothing of the sort. Starring Dennis Waterman and Jan Francis.
11.00
Hill Street Blues
Influential Eighties American police drama series set in a tough urban area. With Bruce Weitz.
12midnight Home to Roost
Protest
12.30am
Let the Blood Run Free
Australian sitcom.
1.00 Tales of the Unexpected 1.30-2.00am
Tales of the Unexpected

ANIMAL PLANET
WORLD PACK

12noon Camouflage
A look at how animals use camouflage to protect themselves from predators.
1.00pm Calls of the Wild
A focus on the importance of communication to survival in the animal world.
2.00 The Super Predators
How some animals have evolved into efficient killing machines.
3.00 Lassie
Where's Timmy?
Canine adventures.
3.30 Lassie
Lassie is Missing
Lassie is nearly stolen.
4.00 Animal Doctor
Follow the vets from the RSPCA and other rescuers as they respond to reports of emergencies and animal cruelty.
5.00 Wildlife ER
A look at the US special trauma centre.
5.30
Breed all About it
Beagles
6.00 Hollywood Safari
Star Attraction
A beautiful actress, Margie Malone, is coming to Hollywood Safari compound for training.
7.00 Crocodile Hunter
Outlaws of the Outback – Part II
The Australian outback suffers attacks from plague proportion pests.
8.00 Africa: The Big Game Auction
A look at the system whereby South African park officials capture and sell wild animals.
9.00 Born to Be Free
Following three Kenyan lion cubs, nursed by famous conservationist George Adamson shortly before his murder.
10.00 The Last Jungles in Africa
Conservationist Bristol Foster observes the inhabitants of the remaining unspoilt jungles of Africa.
11.00
Deadly Australians
Urban
11.30-12midnight
The Big Animal Show
Hippos and Rhinos

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Get Going with UK Horizons
8.30 The Kon-Tiki Man
9.05 Armada
10.00 Armada
11.00 Top Gear GTi
12noon The Day the Universe Changed
1.00pm Airport
1.30 Vets in Practice
2.00 Rhino Rescue
2.30 Wolves in White
3.00
The Temple Troop
Roshan Seth narrates the story of a year in the life of the unruly group of macaque monkeys.
4.00
Rainbow Warriors
A focus on chameleons, the quick-change artists of the animal world.
4.30 Piranhas
5.00 Zoo's Company
Behind-the-scenes look at three very different Australian zoos.
5.30
Nerve Transplant
6.00 The House
High Hopes
Behind-the-scenes during a turbulent year at the Royal Opera House in Covent Garden
7.00 Great Railway Journeys
Mombasa to the Mountains of the Moon
Series in which celebrities talk about their journeys.
8.00 Born to Be Wild with Martin Clunes
Martin Clunes assists a team from the Born Free Foundation in the release of a 26-year-old elephant.
9.00 The Cruise
Lights, Camera, Action!
Singer Michelle has lost her voice.
9.30 Billy Connolly's World Tour of Scotland
10.00
Billy Connolly's World Tour of Scotland
10.30 Top Gear GTi
Testing the latest models and casting an experienced eye over the hottest motoring news.
11.30
Premier Passions
Following the fortunes of Sunderland Football Club.
12.30am-1.00am
UFO Diaries
Messages from Space
Captivating series exploring UFO mysteries of the 20th century.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am E! True Hollywood Story 7.00 E! in Focus 8.00 Good Housekeeping 8.30 Rosemary Conley's Low-Fat Cookbook 9.00 Sally Jessy Raphael 10.00 View 11.00 Psychic Zone 11.30 Fast Food Show 12noon Good Housekeeping 12.30pm Roddy Llewellyn's Indoor Garden 1.00 E! True Hollywood Story 2.00 View
3.00 Livetime
Lifestyle magazine programme which puts viewers in touch with the experts and celebrity guests on air.
4.00
Sally Jessy Raphael
I Can't Believe I Did That
American talk show in which host and guests engage in lively debate.
5.00-6.00pm Livetime
Magazine programme which puts viewers in touch with the experts and celebrity guests on air.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Extreme Earth: Storm Chasers
Track the men who trail these devastating storms through Tornado Alley, collecting information.
8.00 Nature's Nightmares: Rat Wars
A look at this hated rodent.
8.30
Nature's Nightmares: Ants from Hell
9.00 Survivors: Return to Everest
Sir Edmund Hillary visits the people who spend their lives in the shadows of the mountain he conquered.
10.00 Channel 4 Originals: Bugs
Join Sally Love and Terry Erwin, both entomologists, on a field trip to one of the virgin cloud forests.
11.00 Natural Born Killers: Side by Side
Predators who do the hunting are increasingly becoming victims themselves.
12midnight-1.00am
The Drifting Museum
Explore the mystery of the fate of Australia's dinosaurs and mega-marsupials.

MTV
MUSIC & GAMES PACK

7.00am Kickstart
9.00 So 90s
10.00 European Top 20
12noon News Weekend Edition
12.30pm Backstreet Boys: The Story So Far
1.00 Non-Stop Hits
1.30 Say What?
2.00 Hitlist UK
4.00 Select MTV
Presented by Richard Blackwood.
6.00 The Lick R&B Chart Show
Rundown of the latest R&B chart taken from record sales and MTV UK's playlist. With Trevor Nelson.
7.00 Partyzone Megamix
8.00 Dancefloor Chart
9.00 So 90s
9.30 News Weekend Edition
An indepth look at the week's music and celebrity events.
10.00 Beavis and Butt-head Double Bill
11.00 The Grind Double Bill
12midnight Oasis Unplugged
Performing some of their classics.
1.00am
Saturday Night Music Mix
3.00 Chill Out Zone
5.00-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Breakfast 9.00 Greatest Hits of... 10.00 Something for the Weekend 11.00 Classic Chart 12noon Ten of the Best 1.00pm Greatest Hits of... 1.30 Pop-Up 2.00 American Classic 3.00 Album Chart Show 3.55 Top Ten Weekend 4.00 Top 10 Soul 5.00 Top 10 80s 6.00 Top 10 Female 7.00 Top 10 Rock 8.00 Disco 9.00 New Years Honours 10.00 Big 80s 11.00 Spice 12midnight Special 12.30am Ed Sullivan's 1.00 Top 10 Male Artists 2.00 Top 10 Female Artists 3.00-6.00am Best of British Weekend

TRAVEL
FREE BONUS CHANNEL

12noon Go 2 12.30pm Secrets of India 1.00 Fork in the Road 1.30 Flavours of France 2.00 Floyd 2.30 Written in Stone 3.00 Transasia 4.00 Across the Line 4.30 Earthwalkers 5.00 Dream Destinations 5.30 Holiday Maker 6.00 Flavours of France 6.30 Go 2 7.00 Rolf's Indian Walkabout 8.00 Fork in the Road 8.30 Caprice's Travels 9.00 Transasia 10.00 Across the Line 10.30 Holiday Maker 11.00 Earthwalkers 11.30-12midnight Dream Destinations

UK STYLE
LIFESTYLE PACK

7.00am Women 7.30 Catch 8.00 Track 8.30 Walks 9.00 Can Ski... 9.30 Garden Grow? 10.30 Week 11.00 Places 11.30 Roadshow 12noon Flower 12.30pm Ground 1.00 Women 1.30 Catch 2.00 Track 2.30 Walks 3.00 Ski 3.30 Garden Grow? 4.30 Week 5.00 Growing 5.30 Roadshow 6.00 Flower 6.30 Ground 7.00 Women 7.30 Catch 8.00 Track 8.30 Walks 9.00 Ski 9.30 Garden Grow? 10.30 Week 11.00 Places 11.30 Roadshow 12midnight Flower 12.30am-1.00am Ground

UK ARENA
LIFESTYLE PACK

3.00pm Leonard Bernstein's New York 4.00 Sounds of the Eighties 4.30 Sounds of the Eighties 5.00 Later on Joan Baez, Matraca Berg, Grechen Peters Live 5.55 Later on Soul Queens 7.00 Supertramp 8.00 Dancing in the Street 8.55 Brass 9.30 Brass 10.00 Movie Club 10.05 FILM: La Haine 12midnight Dancing in the Street 1.00am Brass 1.30 Brass 2.00-3.00am Supertramp

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Saturday 30 January

MORNING

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Rex Hunt 6.30 Fishing Australia 7.00 Hooked on Fishing 7.30 These Four Walls 8.00 Gimme Shelter 8.30 In the Workshop 9.00 Rex Hunt 9.30 Fishing Australia 10.00 Hooked on Fishing 10.30 These Four Walls 11.00 Gimme Shelter 11.30 In the Workshop 12noon New Yankee Workshop 12.30pm Hammer it Home 1.00 Doing it Up 1.30 Home Again 2.00 Go Fishing 2.30 Two's Country 3.00-4.00pm Campaigns in History

DISCOVERY
WORLD PACK

4.00
Battle for the Skies
By Air, By Sea
A look at the RAF's many types of aircraft and early-warning devices.
5.00
A Century of Warfare
Aggression by Germany, Italy and Japan brought on the outbreak of another war.
6.00
A Century of Warfare
Germany's invasion of Poland sets off a chain of events, which engulf the European continent in war.
7.00 Ocean Cities
In Japan, futuristic dreams of floating cities have become a reality thanks to the vision and expertise of engineers.
8.00 Storm Force
Global Catastrophe
Documents the deadly force of the weather, witnessing the elements at their most extreme.
9.00 Snow Coaches
All look at off-roaders, which have evolved to help man develop and explore the formerly inaccessible regions of the world.
10.00
Forensic Detectives
Dead Wrong
Clues from a crime scene reveal the circumstances of the crime.
11.00
A Century of Warfare
Aggression by Germany, Italy and Japan brought on the outbreak of another war.
12midnight
A Century of Warfare
Germany's invasion of Poland set off a chain of events, which engulf the European continent in war.
1.00am-2.00am
Weapons of War
The Desert Fox

NIGHT TIME

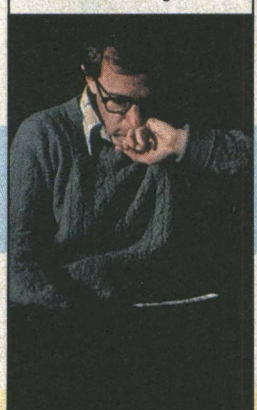
SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm
11.30 Emmerdale Farm
12noon Emmerdale Farm
Annie puts on a brave face.
12.30pm Emmerdale Farm
1.00 Emmerdale Farm
1.30 Take the High Road
Craig gets a nasty shock.
2.00 Take the High Road
2.30 Take the High Road
3.00 Take the High Road
3.30-4.00pm Take the High Road Glendarroch is unrecognisable.

CARTOON NETWORK
FAMILY PACK

5.00am Omer and the Starchild 5.30 The Magic Roundabout 6.00 The Fruitties 6.30 Blinky Bill 7.00 Tabaluga 7.30 Sylvester and Tweety 8.00 Powerpuff Girls 8.30 Animaniacs 9.00 Dexter's Laboratory 10.00 Cow and Chicken 10.30 I am Weasel 11.00 Beetlejuice 11.30 Tom and Jerry 12noon The Flintstones 12.30pm Bugs and Daffy Show 12.45 Road Runner 1.00 Freakazoid! 1.30 Batman 2.00 The Real Adventures of Jonny Quest 2.30 Mask

3.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
3.30 Scooby-Doo
More canine sleuthing.
4.00 Powerpuff Girls
Cute crime-fighting.
4.30
Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
The superego who thinks he's a superhero.
5.30
Cow and Chicken
Fun with the odd siblings.
6.00 Animaniacs
The animated adventures of three friends.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Batman
More caped crusading.
7.30 Fish Police
Underwater law and order is enforced by the scales of justice.
8.00 Droopy: Master Detective
Canine adventures.
8.30-9.00pm Inch High Private Eye
Miniature sleuthing.



Bittersweet: Woody Allen directed the romantic comedy 'The Purple Rose of Cairo'. Paramount Comedy 10.00pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm D-Day
Total Story D-1
5.00 D-Day
Total Story H-Hour
6.00 D-Day
Total Story Breakout
7.00-8.00pm Biography
Confucius
A profile of China's greatest philpsopher, who lived from 551 to 479 BC, and who believed in the value of hard work and education.

NICKELODEON
FAMILY PACK

7.00am Bruno the Kid 7.30 Stickin' Around 8.00 Aaahh!!! Real Monsters 8.30 Hey Arnold! 9.00 Rugrats 9.30 Doug 10.00 Angry Beavers 10.30 CatDog 11.00 The Wild Thornberrys 11.30 The Ren & Stimpy Show 12noon Wishbone 12.30pm Moesha 1.00 Sister Sister 1.30 The Journey of Allen Strange 2.00 The Secret World of Alex Mack 2.30 Kenan & Kel

3.00 Clarissa Explains it All
Educational comedy with the ever-so-practical Clarissa.
3.30 Kablam
4.00 Hey Arnold!
More adventures with the kid with the coolest quiff in town.
4.30 Rugrats
Baby fun.
5.00 Sister Sister
Tia, Tamera and their respective single parents all try to live together.
5.30 Kenan & Kel
Fun with the funky friends.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy following the life of rich teenager Cher.
7.30 Grace Under Fire
8.00 Roseanne
White Men Can't Kiss
8.30 News Radio
In Through the Out Door
Matthew longs to become a gambler.
9.00 Cybill
The Wedding
9.30 Seinfeld
The Movie
Jerry's show at the club is delayed.
10.00 FILM: The Purple Rose of Cairo
Mia Farrow, Jeff Daniels
Bittersweet comedy directed by Woody Allen in which a waitress's obsession with the movies leads to her screen idol walking off the screen and into her life. *1985*
11.30 The Larry Sanders Show
12midnight Duckman
Adult animation.
12.30am The Vacant Lot
1.00 Comedy Store
1.30 Club CLass
2.00 Dr Katz
2.30 Soap
3.00 Tibs and Fibs
3.30-4.00am Nightstand

CABLE CHECK
Some of the channels listed may not be available in your area

FOX KIDS
FAMILY PACK

6.00am Beetleborgs 6.25 Beetleborgs 6.50 Eek!Stravaganza 7.00 Power Rangers 7.25 Power Rangers 7.50 Thunderlizards 8.00 Oggy 8.25 Oggy 8.50 Casper 9.00 Donkey Kong 9.30 Donkey Kong 10.00 The Making of Turbo, A Power Rangers Movie 10.25 Power Rangers Wipeout: Part I 10.30 Fox Kids Behind the Scenes 10.55 Power Rangers Wipeout: Part II 11.00 The Making of A Night in Terror Tower 11.05 Goosebumps: A Night in Terror Tower 12noon Weekend Stacks: X-Men

3.30pm Roy and Lisa's Big Ride
3.35 Mortal Kombat
The group of chosen warriors do battle.
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
4.50 Home to Rent
Alien fun.
5.00 Goosebumps
Spooky stories.
5.25 Eerie, Indiana
5.55
Donkey Kong Country
Wacky adventures with the team from Congo Bongo.
6.25 Sam and Max
Freelance detectives.
6.50-7.00pm Eek!Stravaganza

SHOP!
LIFESTYLE/ SELECTION PACKs

6.00am Shop Selection!
7.00 Bargain Shop!
7.30 In the Kitchen with Susan Brookes
8.30 Time Savers
9.30 Junior Sports Store
10.00 Spotlight on Sports
11.00 Time Zone
12noon The Clothes Line
1.00pm Bargain Shop!
1.30 Switched On
2.30 Shop! Feature
3.00 Global Cuisine
4.00 Y-Zone
Teenage essentials at a price which parents can afford.
5.00 Shop Selection!
A roundup of the great offers on Shop!
6.00 Time Zone
The most wanted brands in watches and clocks.
7.00 Spotlight on Sports
A range of rugby merchandise.
8.00 The Clothes Line
Wardrobe basics for men.
9.00 Global Cuisine
10.00 Switched On
Handy TVs and audio.
11.00 Y-Zone
12midnight Bargain Shop!
12.30am Shop Selection!
1.30 Spotlight on Sports
2.30 Junior Sports Store
3.00 Switched On
4.00 Global Cuisine
5.00-6.00am Y-Zone

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Feel Good, Look Great at 1.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am BBC News 24 7.30 UK Direct 8.00 Weekend 24 9.30 Straight Talk 10.30 LifeWatch 11.30 Simpson's World 12noon News 12.30pm Face in the Crowd 2.30 Straight Talk 3.00 News 6.30 Scoreline 7.30 Scoreline 8.00 News 8.30 Simpson's World 9.00 News 9.30 Straight Talk 10.30 Correspondent 12.30am Seven Days 2.30 Simpson's World 3.30 Science Review 4.30 Reporters 5.30-6.00am Straight Talk

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am 5.30 Europe 6.30 Moneyline 7.30 Sport 8.30 Business 9.30 Pinnacle 10.30 Sport 11.30 7 Days 12.30pm Moneyweek 1.00 Report 2.30 Travel Now 3.30 Sport 4.30 Your Health 5.00 Larry King 6.30 Fortune 7.30 World Beat 8.30 Style 9.30 Artclub 10.30 Sport 11.00 Worldview 11.30 Global View 12.30am 7 Days 1.00 Today 1.30 Diplomatic Licence 2.00 Larry King 3.00 Today 3.30 Both Sides 4.30-5.00am Evans, Novak, Hunt & Shields

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Showbiz 10.30 Fashion 11.30 Week in Review 1.30 Global Village 2.30 Fashion TV 3.30 Westminster 4.30 Week in Review 5.00 Live at Five 7.30 Sportsline 8.30 Westminster Week 9.30 Global Village 10.00 Prime Time 11.30 Sportsline 12.30am Showbiz Weekly 1.30 Fashion TV 2.30 Book Show 3.30 Week in Review 4.30 Global Village 5.30-6.00am Showbiz Weekly

INTERNATIONAL

3SAT 6.00am Hablamos Español 6.30 Türkei – Land, Leute und Sprache 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 ORF – Magazine 10.30 Vor 30 Jahren 11.00 In Concert 11.15 Quer 12.15pm In Concert 1.00 Neues 1.30 Das Weite Land 2.30 Ungeschminkt 3.05 Geliebte Kleine Marie 4.35 Tips and Trends Sportiv 5.00 Alle Models Machen Muh 5.30 Ausland 6.00 Heute 6.20 Foyer 7.00 Tagesschau 7.15 Der Schwierige 10.10 Eintritt Frei 10.30 Boulevard Bio 11.30 Seitenblicke – Revue 11.55-12.20am Liebesg'schichten und Andere Sachen

TV5 6.00am TV5 Infos 6.05 Bus et Compagnie 7.00 TV5 Infos 7.05 Journal 7.30 Mission Pirattak 8.00 TV5 Infos 8.05 Bus et Compagnie 9.00 Journal 9.30 Génies en Herbe 10.00 Outremers 11.00 TV5 Infos 11.05 Images de Pub 11.30 Journal 12noon TV5 Infos 12.05pm Bus et Compagnie 1.00 Journal 1.30 Bouillon de Culture 2.30 Le Roman de l'Homme 3.00 Journal 3.30 Sport Africa 4.00 TV5 Infos 4.05 Reflets 5.00 Journal 5.30 Débat de Société 7.00 Journal 7.30 Journal et Le Journal 8.00 TV5 Infos 8.05 Thalassa 9.00 Journal 9.30 Envoyé Spécial 1.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 Variety Programme 10.00 Interactive 11.30 News 12noon Sankalp 12.30pm Pakistan This Week 1.00 Pakistan Business Update 1.30 FILM 6.00 Edit 6.30 Thekikaat 7.00 Kaala Daira 6.00 Ek Mulaqat 6.30 BPL Oye 7.30 Sansar 8.00 Junoon 8.30 Dard 9.00 FILM 11.30 Eurospice 12midnight Dard 12.30am Ek Mulaqat 1.00 FILM 4.30 Junoon 5.00 Vishwamitra 6.00 Chand Ghazlien 6.30 News 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Zee TV 6.30 Shabads 7.00 Faith 7.30 News 8.00 Pakistan Business 8.30 Jungle Book 9.00 Zee Addicts 9.30 Entertainment Express 10.00 About You 10.30 Big Debate 11.30 Khana Khazana 12noon FILM: Sazaa 3.00pm Lolly-Pop 4.00 Jaal 5.00 Public Demand 5.30 Rishtey – The Love Stories 6.30 Hum Paanch 7.00 Zee Top Ten 8.00 News 8.30 Jaan 9.00 FILM 12midnight News 12.30am Chalo Cinema 1.00 Zee Presents 2.00 FILM: Fateh 5.00 Mrs Madhuri Dixit 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 Just for Parents 4.30 This is Your Day 5.00 Agape Today 6.00 Pastor Ferdenandez 6.30 Global Harvest Force 7.00 Intelligence Briefing 7.30 Winning Ways 8.00 Kidz Club 8.30 McGee and Me 9.00 Highway to Heaven 9.30 Jesse Duplantis 10.00 In the House 10.30-11.00am This is Your Day

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.15am Euro 99 3.20 Ask the IFA 4.24 Sports 5.19am Clips

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 2.30pm Hearts and Minds 3.00-12midnight House of Lords

choice

Dresses to make waves

freephone 0500 224 334

anytime • anyday

quoting CTFEZ

For your free catalogue, complete the coupon & post to: Choice, FREEPOST, London Road, Preston PR11 1HA

Mr/Mrs/Miss/Ms Initials CTFEZ

Surname (I am over 18)

Address

Postcode (essential)

Tel. No.

SPRING SUMMER '99 OUT NOW! CATALOGUE

20% OFF YOUR FIRST ORDER

*INTEREST FREE CREDIT

FREE DELIVERY

Further offers may be made to you by us or other carefully selected companies. If you prefer not to receive offers from other companies please tick this box ☐. We will carry out searches using a Licensed Credit Reference Agency, which may be recorded. The right to refuse any application and/or change the offer is reserved. GUS Home Shopping Ltd, Registered Office: Universal House, Devonshire Street North, Manchester M60 6EL. Registered in England No. 739600. *Subject to status written quotations available on request.

yours Free!

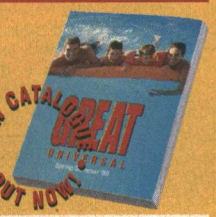
when you start shopping with Great Universal

Call FREE for your FREE catalogue now on

0500 487 487

Lines open 24 hours a day, 7 days a week quoting GTFFS

GREAT UNIVERSAL



Call FREE or fill in this advert ticking the gift of your choice and send to: Great Universal, Freepost, Adelaide Street, Preston PR11 1GA. GTFFS

Mrs/Miss/Mr Initial Surname (Block capitals please)

(I am over 18)

Address

Postcode (Essential)

Tel. No. (Inc. STD code)

Further offers may be made to you by us or other carefully selected companies. If you prefer not to receive offers from other companies please tick this box ☐. We will carry out searches using a Licensed Credit Reference Agency, which may be recorded. The right to refuse any application and/or change the offer is reserved. GUS Home Shopping Ltd, Registered Office: Universal House, Devonshire Street North, Manchester M60 6EL. Registered in England No. 739600.

20% DISCOUNT

Off your first order 20 | 24 Pce Dinner Service DS

Knife Block & Cheeseboard CX | Rechargeable Vac by Dirt Devil CD

Slumbalux Pck of 6 Pillows CB | 2 Slice Cool-wall Toaster CC

Double Sandwich Toaster CN | Household Tool Kit CS

4 Piece Pan Set CF | Praktica Camera Outfit DA

Mellerware Jug Kettle CU | 24 Piece Cutlery Set DT

FREE GIFT

A Parker pen as a thank you for looking at the catalogue

20% DISCOUNT off your first offer 20

4 piece non stick pan set CF

digital bathroom scales CM

double sandwich toaster CN

iron steam/spray CE

digital telephone/ answering machine CJ

double quilt CQ

Vidal Sassoon 1800w hairdryer CA

Alba midi system DH

Sharp microwave DF

hand held food mixer CW

30 pce car emergency kit CS

PLUS A free gift, special offer or 20% off your first order when you start shopping from your *NEW* Kays catalogue

BRIGHT IDEAS FROM kays

PLUS Interest free credit*

For your FREE catalogue phone or post FREE to: Kays, FREEPOST, Worcester, WR99 2FP KTFEY

BLOCK CAPITALS PLEASE Enter your choice of free gift or special offer code here

Mrs/Miss/Ms/Mr Initials

(I am over 18)

Surname

Address

Postcode

Home Tel Std Code No.

* Subject to status. Written quotations available on request. Further offers may be made to you by us or other carefully selected companies. If you prefer not to receive offers from other companies please tick this box ☐. We will carry out searches using a Licensed Credit Reference Agency, which may be recorded. The right to refuse any application and/or change the offer is reserved. GUS Home Shopping Ltd, Registered Office: Universal House, Devonshire Street, Manchester M60 6EL. Registered in London 739600.

Call FREE now for your NEW Kays catalogue

0800 056 3563

quoting KTFEY Lines open 24 hours, 7 days a week

Visit our website at www.kaysnet.com

Sunday 31 January

SKY PREMIER
PREMIUM CHANNEL

6.00am
Femmes Fatales: Julia Roberts
7.00 Frog and Wombat
1998, rating Sky PG, 92 mins
9.00
Phoenix and the Magic Carpet
1994, rating Sky U, 85 mins
10.30 Hello Again
1987, rating Sky PG, 92 mins
12.30pm Hollywood Buzz
1.00 Frog and Wombat
1998, rating Sky PG, 92 mins

3.00 Phoenix and the Magic Carpet
Dee Wallace Stone, Timothy Hegeman, Nick Klein
Children's adventure movie. Three children discover a mysterious egg in their grandfather's attic. When the egg accidentally falls into a fire, it hatches and reveals a magical bird, the Golden Phoenix. *1994, rating Sky U, 85 mins*

5.00 Hello Again
Shelley Long, Judith Ivey, Gabriel Byrne, Corbin Bernsen, Sela Ward, Thor Fields
Hilarious problems ensue when a suburban housewife dies, only to be resurrected by her spiritualist sister. However, on her return, she is alarmed to discover that her life has undergone a series of changes. *1987, rating Sky PG, 92 mins*

7.00 Nico the Unicorn
Anne Archer, Michael Ontkean, Kevin Zegers, Elisha Cuthbert
PREMIERE Family drama. A young boy and his mother who move to Vermont after a tragic accident, which left Billy disabled and his father dead. Billy finds it hard to adjust to his disability and make new friends until he befriends a magical pony. *1998, rating Sky PG, 96 mins*

9.00
Barry Norman's Film Night
Barry Norman delivers more movie news and reviews.
9.30 Dante's Peak
Pierce Brosnan, Linda Hamilton, Charles Hallahan, Grant Heslov
Special effects-filled disaster movie. Harry Dalton is a volcanologist who becomes convinced that the remote town of Dante's Peak is about to experience a massive volcanic eruption. But convincing the local townsfolk is quite another matter. **Text** *1997, rating Sky 12, 104 mins*
11.20 Sweet Nothing
Michael Imperioli, Mira Sorvino
1994, rating Sky 18, 85 mins
12.50am Diabolique
Sharon Stone, Isabelle Adjani
Text *1996, rating Sky 18, 103 mins*
2.35 The Last Supper
1996, rating Sky 15, 88 mins
4.10-6.00am Nico the Unicorn
1998, rating Sky PG, 96 mins

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Goddess of Love
1988, rating Sky PG, 88 mins
8.00 American Hot Wax
Tim McIntire, Fran Drescher
1978, rating Sky PG, 87 mins
10.00 Playing to Win
Shelley Fabares, Lisa Dean Ryan,
Gambling drama.
1997, rating Sky PG, 86 mins
12noon Goddess of Love
1988, rating Sky PG, 88 mins
2.00pm American Hot Wax
Tim McIntire, Fran Drescher, Carl Weaver, Laraine Newman
The true story of US disc jockey Alan Freed, who introduced teenage audiences in Fifties America to Rock 'n' Roll. *1978, rating Sky PG, 87 mins*

4.00 Heart Full of Rain
Rick Schroder, Richard Crenna, Carroll Baker, Kim Dickens
Moving drama about a prodigal son who returns to the family farm after a six year absence. But as the family home is threatened by flood waters, can they finally find it in their hearts to forgive their errant son? *1997, 88 mins*

6.00 Playing to Win
Shelley Fabares, Lisa Dean Ryan, David Lascher
Drama about a girl who develops a gambling addiction when she starts dating a similarly afflicted boy. As they spend more and more money on their addiction, the couple find themselves falling deeper into debt and finally resorting to crime. *1997, rating Sky PG, 86 mins*

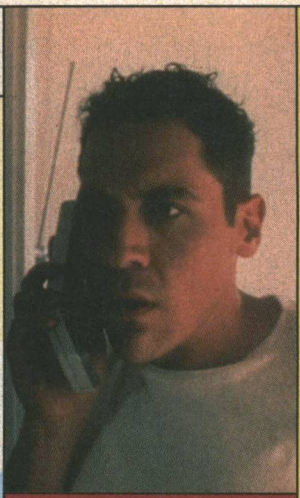
8.00 Independent's Day
PREMIERE Documentary about the boom in independent cinema, with interviews with some of the key players, including Kevin Smith and Steven Soderbergh.
9.00 Swingers
Jon Favreau, Vince Vaughn Ron Livingston, Deena Martin
PREMIERE Hip LA set comedy about five twentysomething guys who try to get to grips with life on the dating scene in the Nineties. Mike, an aspiring actor, is sad about the break-up with his girlfriend so his friends, headed by smooth talking Trent, set out to cheer him up. *1996, 96 mins*
11.00 Box of Moonlight
John Turturro, Sam Rockwell, Catherine Keener, Lisa Blount
Drama about a man undergoing a mid-life crisis . **Text** *1996, rating Sky 15, 107 mins*
1.00am Omega Doom
Rutger Hauer, Shanon Whiry
1996, rating Sky 15, 80 mins
2.30 The Addiction
Text *1997, rating Sky 18, 79 mins*
3.55 Terror of Mechagodzilla
1975, rating Sky 12, 80 mins
5.20 Heart Full of Rain
1997, rating Sky 12, 88 mins

SKY CINEMA
PREMIUM CHANNEL

11.00am Underwater!
Jane Russell, Richard Egan
Adventure about a team of divers hunting sunken treasures in the Caribbean. *1955, rating Sky U, 95 mins*
12.45pm Gunfight at the OK Corral
Burt Lancaster, Kirk Douglas, Rhonda Fleming, Jo Van Fleet
Epic Western. *1957, rating Sky PG, 118 mins*

3.00 The Magnificent Seven
Yul Brynner, Eli Wallach, Steve McQueen, James Coburn
Classic Western based on Japanese director Akira Kurosawa's magnus opus, *The Seven Samurai.* A diverse group of cowboys join together in an attempt to rid a Mexican farmers' settlement of a group of menacing bandits. *1960, rating Sky PG, 123 mins*
5.10 The Great Escape
Steve McQueen, Richard Attenborough, James Donald, James Garner, Charles Bronson, Donald Pleasence, James Coburn, Hannes Messenger
Classic adventure story based on a true story. A group of determined prisoners of war which have made repeated attempts to escape is put in a high security 'escape-proof' prison camp. Undaunted, the prisoners plan and execute one of the most ambitious escape attempts of World War II. *1963, rating Sky PG, 165 mins*

8.00 McQ
John Wayne, Eddie Albert, Colleen Dewhurst, David Huddleston
Thriller about corruption in the police force. Police Lieutenant Lon McQ investigates the death of his partner and uncovers corrupt elements of the police department who are dealing in confiscated drugs. *1974, rating Sky 15, 106 mins*
10.00 Frenzy
Jon Finch, Barry Foster, Barbara Leigh-Hunt, Anna Massey, Alec McCowen
Alfred Hitchcock thriller in which an innocent man finds himself suspected of a trail of murders being perpetrated by a serial killer. *1972, rating Sky 18, 111 mins*
11.55 The Magus
Anthony Quinn, Michael Caine
Fantasy tale about a magician. *1968, rating Sky 15, 111 mins*
1.55am The Effect of Gamma Rays on Man-in-the-Moon Marigolds
Joanne Woodward, Nell Potts, 1972, rating Sky 15, 97 mins
3.40-5.45am The Magnificent Seven
1960, rating Sky PG, 123 mins



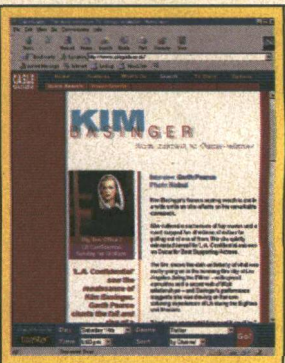
Jon Favreau is unlucky in love in the premiere of 'Swingers'. Sky MovieMax 9.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

TNT
FAMILY PACK

9.00pm The Champ
Jon Voight, Faye Dunaway Ricky Schroder, Arthur Hill
Drama in which a former boxing champion, turned gambler, finds his loving relationship with his young son threatened by the arrival of his ex-wife – now remarried and with a successful career. Desperate to provide his son with the kind of life his mother is able to offer, he decides to resume his fighting career. **Widescreen** *1979, 121 mins*
11.30 Guns for San Sebastian
Anthony Quinn, Silvia Pinal,
Wild West tale in which a bandit is mistaken for a priest. *1968, 111 mins*
1.45am The Hunger
Catherine Deneuve, David Bowie
Horror. **Widescreen** *1983, 97 mins*
3.30-5.00am The Golden Arrow
Tab Hunter, Rossana Podesta
Fantasy. *1964, 88 mins*



Want to know what Nicolas Cage movies are on this month? Our new online TV listings guide will tell you! http://www.cableguide.co.uk

FILMFOUR
ADD-ON CHANNEL

6.00pm
A River Runs Through It
Craig Sheffer, Brad Pitt Tom Skerritt, Brenda Blethyn
Robert Redford's drama follows Paul and Norman, sons of a Presbyterian minister living in Montana. Norman the college Professor and Paul the hard drinking rebel reporter, are brought together by their mutual love: fly fishing. *1992, 123mins*
8.05 Sunday
David Suchet, Lisa Harrow, Jared Harris, Fran Capo
Two lost souls meet against a backdrop of shelters and alienated existence in New York. Will either one know who is for real? *1997, 89 mins*
9.40 Sundance Festival
More of the latest news from Robert Redford's popular independent film festival.
10.00 Reservoir Dogs
Harvey Keitel, Tim Roth, Michael Madsen, Chris Penn
Quentin Tarantino's directorial debut. A well-planned robbery goes awry because an undercover cop infiltrates the gang. When two of the gang members are killed, they want to know who set them up. *1992, rating 18, 95 mins*
11.40 Sundance Festival
2.00am Poison
Drama. *1990, 85 mins*
1.30 Go Fish
Lesbian Drama. *1993, 80 mins*
2.55 Straight Out of Brooklyn
Drama. *1991, 91 mins*
4.20-6.00am
The Six O'Clock News
Documentary. *1996, 103 mins*

SKY box office
A movies on-demand service from Cable & Wireless

Sky Box Office 1
Channel 51
JACKIE CHAN'S FIRST STRIKE
High-energy action movie starring martial arts superstar Jackie Chan as a Hong Kong police officer. *1996, rating Sky 12, 80 mins*
PLAYS AT 12midnight, 1.30am, 3.00am, 4.30am

Sky Box Office 2
Channel 52
THE BORROWERS
Comic adventure with John Goodman. *1997, rating Sky U, 83 mins*
PLAYS AT 6.30am, 8.00am, 9.30am, 12noon, 1.30pm, 3.00pm, 4.30pm, 6.00pm, 7.30pm, 9.00pm, 10.30pm

Sky Box Office 2
Channel 53
WINGS OF THE DOVE
Period drama based on the novel by Henry James. *1997, rating Sky 15, 100 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm

Sky Box Office 3
Channel 53
DEVIL'S ADVOCATE
Lavish drama of temptation, greed and redemption. Starring Al Pacino. *1997, rating Sky 18, 138 mins*
PLAYS AT 8.00pm, 10.30pm, 1.00am, 3.30am

Sky Box Office 4
Channel 54
FATHER'S DAY
Comedy about two men convinced by an old flame that they are the father of a son they never knew they had. *1997, rating Sky 12, 94 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Sunday 31 January

SKY ONE
ACTION/ SELECTION PACKS

6.00am Hour of Power 7.00 Bump in the Night 7.30 Street Sharks 8.00 Double Dragon 8.30 Tattooed Teenage Alien Fighters from Beverly Hills 9.00 The Simpsons Text 9.30 Garfield and Friends 10.00 Dream Team Omnibus 11.00 WWF – Superstars 12noon Just Kidding 12.30pm Just Kidding 1.00 The New Adventures of Superman 2.00 Beverly Hills, 90210 Text

3.00 Guilty!
Julie is accused of tearing a family apart by having children with three brothers, and Rose accuses her daughter-in-law Lisa of being a fat lazy lump.

4.00 Star Trek: Deep Space Nine
Empoknor
O'Brien and Nog are stranded on a supposedly abandoned Cardassian space station. Text

5.00 Star Trek: Voyager
The Chute
Kim and Paris are falsely accused of committing acts of terrorism and are incarcerated in an horrific alien prison. Text

6.00 The Simpsons Text

6.30 The Simpsons
Homer Versus the 18th Amendment
A law is found in Springfield that makes drinking illegal. Text

7.00 King of the Hill
The Son That Got Away
Hank panics when Bobby and friends explore a cave. Text

7.30 3rd Rock from the Sun
Feeling Albright

8.00 Earth: Final Conflict
Sci-fi series set in an unnamed midwestern city early in the next millennium after the arrival on Earth of advanced aliens called Taelons.

9.00 Ultraviolet
Mea Culpa
The squad are called to a Catholic school to investigate the stabbing of a priest by a teenage student.

10.00 Naked in Westminster
Docu-soap about the opening of the first ever naked table dancing club in Westminster.

11.00 South Park
Chef Aid
Chef organises a benefit concert.

11.30 Forever Knight
Strings
A psychotherapist uses hypnosis and mind control to programme his patient for murder.

12.30am Tales from the Crypt
Fatal Caper
After the death of their father, two greedy brothers search for a banished sibling.

1.00 Sightings Text

2.00-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Angels
7.40 Blake's Seven
8.35 Dr Who Omnibus
10.20 Dr Who Omnibus
The Sontaran Experiment
11.20 Dallas Omnibus
1.10pm
FILM: The Magnificent Two
Eric Morecambe, Ernie Wise
Comedy about two salesmen who get caught up in a revolution while on business in South America. *1967*

3.00 The Bill Omnibus
A chance to catch up on the week's drama from the Sun Hill police station. Daly and Skase discover that a jeweller is fencing stolen goods. A former porn actress finds her past returning to haunt her when Boyden and Page fear her younger sister risks a similar fate, and Meadows and Lines suspect the owner of a beauty salon of insurance fraud when the salon burns to the ground.

5.20 Keeping Up Appearances
Hyacinth volunteers to help with a senior citizen's day trip.

6.00 Ballykissangel
Fallen Angel
For entirely different reasons, Ambrose and Quigley are both anxious to locate Ballykissangel's pirate radio station.

7.05 The Good Life
Pig's Lib
Margo is horrified when she hears of Tom and Barbara's idea to keep pigs in the garden.

7.45 To the Manor Born
DeVere moves his multinational grocery business to the manor.

8.25 Only Fools and Horses
The Second Time Around
Love comes into Del's life when an old flame returns to London.

9.05 Blackadder II
Bells
Blackadder is struck by Cupid's arrow when he takes on a new servant – a girl named Bob.

9.45 Blackadder II
Potato
Edmund announces that he will navigate the treacherous waters of the Cape of Good Hope.

10.25 Jonathan Creek
No Trace of Tracy
A teenage girl vanishes from a rock star's country house.

11.40 Whatever Happened to the Likely Lads?
Classic comedy about a couple of Geordie friends.

12.20am Ruby Wax Meets... Burt Reynolds
Ruby travels to Jupiter, Florida, where she visits Burt on his ranch.

12.55 Tears Before Bedtime

1.55 Minder
Arthur Is Dead, Long Live Arthur

3.00-6.00am Shopping with Screenshop

LIVING
LIFESTYLE PACK

6.00am Tiny Living
9.05 Can't Cook, Won't Cook
Two hopeless cooks create a family favourite while their long-suffering partners are on hand to judge the results.
9.40 Michael Cole
No-holds-barred talk show in which sensational subjects are tackled before a studio audience.
10.30 Brookside Omnibus
12.30pm LA Law Omnibus

3.00 FILM: The Last Best Year
Bernadette Peters, Kate Reid, Mary Tyler Moore, Brian Bedford, Dorothy McGuire
Moving drama about a young female executive who discovers that she has a terminal illness. A sympathetic psychiatrist, with a dark past, helps the young professional to come to terms with her impending death. *1990*

5.00 Special Babies
Documentary series on babies born with special needs.

5.30 Living Issues
Current affairs show hosted by Jayne Irving.

6.00 FILM: Million Dollar Babies
Beau Bridges, Roy Dupuis
The conclusion of the story of the Dionne quintuplets. The girls have now become a multimillion-dollar industry, and their little community is a bigger tourist attraction than Niagara Falls. But for the parents and the children themselves, life is far from happy. *1994*

8.00 Rescue 911
William Shatner presents more stories of real-life rescues by American emergency services.

8.30 Beyond Belief
Anthology mystery series.

9.00 Jerry Springer Double Bill
Double bill of the outrageous American talk show in which guests engage in lively – and sometimes heated – discussion about relationship issues.

11.00-12midnight The Sex Files
Sex Icons
Katrina Buchanan presents the talk show dealing with the imaginative side of sex.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King
7.00 Bootsie & Snudge
7.30 Nearest and Dearest
8.00 Doctor on the Go
8.30 Dharma and Greg
9.00 Dempsey & Makepeace
10.00 The Return of the Saint
11.00 Return of Sherlock Holmes
12noon The Professionals
1.00pm Nearest and Dearest
1.30 Please Sir
2.00 Poirot

3.00 Bonanza
The Magnificent Adah
A Wild West performer threatens the stability of the Cartwright family when the boys misinterpret her intentions with their father.

4.00 The High Chaparral
Sudden Country
The mistakes of an inexperienced eastern bank clerk threaten to wipe out the cattle industry in the territory. With Leif Erickson.

5.00 Classic Coronation Street – The Omnibus
Omnibus edition of the week's events in this classic soap set in the most famous street in Britain. Sharon reaches a decision about her future, Alec enlists Eddie's help in getting some new wheels for his van, and Mavis anticipates a lonely birthday. Meanwhile, Derek Wilton turns up, but Mavis declines his invitation for a drink, and Brian phones Gail with an explanation for his absence.

7.30 Dharma and Greg
He Ain't Heavy He's My Father
Greg discovers that his father never divorced his first wife.

8.00 Poirot
The Third Floor Flat
Bigamy is the issue when Poirot is disturbed one night in his flat by two young couples who have discovered a murdered body.

9.00 The Professionals
Killer with a Long Arm
There's a hired gun in town – but who is the intended victim?

10.00 The Odd Couple

10.30-11.00pm Hogan's Heroes

GRANADA MEN & MOTORS
ACTION PACK

11.00pm 2 Wheels
Weekly biking magazine, presented by Jeff Stone, Paul Johnston and Wayne Kershaw.

11.30 Pro-Superbike
Europe's top superbike riders.

12midnight Through the Gears
The weekly, topical international motoring and bike magazine.

12.30am 4 Wheels
Motoring magazine.

1.00 Biker's Night Off
Gameshow with Paul Kenny.

1.30-2.00am Motor Week
Motoring magazine.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Bear 6.25 Toons 6.35 Gummi Bears 7.00 Toons 7.10 Aladdin 7.35 101 Dalmatians 8.00 The Little Mermaid 8.25 Toons 8.30 Hercules 9.00 Art Attack 9.35 Doug 10.00 Recess 10.15 Pepper Ann 10.30 Ned's Newt 10.45 Microsoap 11.00 Teen Angel 11.30 Student Bodies 12noon Smart Guy 12.30pm Boy Meets World 1.00 Movie Surfers 1.30 FILM: Bad Baby *1997*

3.00 The Little Mermaid
The undersea adventures of Ariel and her friends. Text

3.30 Goof Troop
More mayhem with Goofy and his friends. Text

4.00 101 Dalmatians
Frantic fun with canine capers and daring doggy deeds. Text

4.30 Hercules: The TV Show
Adventures with the muscle-bound hero.

5.00 Recess Text

5.15 Pepper Ann
Cartoon capers. Text

5.30 Microsoap
Fun-filled kids' sitcom. Text

5.45 Smart Guy

6.10 Teen Angel
Wrestling with an Angel
Marty helps Steve get onto the wrestling team. Text

6.35 Boy Meets World
Truth and Consequences. Text

7.00 FILM: 101 Dalmatians
The original animated adventures of dalmatians Pongo and Perdita, their 15 pups and the sinisterly evil Cruella De Vil. *1961* Text

8.20 Classic Toons
Cartoon fun.

8.45 Honey, I Shrunk the Kids: The TV Show
Honey, I'm Streakin'
Wayne invents the Speed DMAN to help him with work and family commitments. Text

9.30 Home Improvement
American comedy starring Tim Allen as toolman Tim Taylor.

10.00 Dinosaurs Text

10.30 The Wonder Years
Glee Club Text

11.00-12midnight Touched by an Angel

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

SUNDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

Swingers
Sky MovieMax 9.00pm
A hip comedy premiere about a bunch of guys who try to get to grips with life on the LA and Las Vegas dating scene. The main character, played by Jon Favreau, is forced to leave his girlfriend behind when he heads to California to become an actor.

GENERAL

Ultimate Guide to Horses
Discovery Channel 9.00pm
If you thought you knew everything there is to know about horses, then watch this programme and think again. You'll see wild bareback riding from Mongolia to Africa and find out what makes a horse tick physically and mentally.

ADVERTISEMENT

living

JERRY SPRINGER DOUBLE BILL 9.00PM

What better way is there to end the weekend than with Jerry Springer? Featuring outrageous guests talking about outrageous subjects, Jerry referees the arguments and tries to get to the bottom of some revealing secrets.

Sunday 31 January

BRITISH EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM MORNING

7.30am Ski Jumping
8.00 Bobsleigh – LIVE
Action from the World Cup in St-Moritz, Switzerland.
9.00
Nordic Combined Skiing
9.45 Bobsleigh – LIVE
10.30 Tennis
1.30pm
Nordic Combined Skiing
2.00 Figure Skating – LIVE
Coverage from the European Championships in Prague.

4.30 Ski Jumping
Coverage from the World Cup in Willingen, Germany.

6.00 Luge
Action from the World Championships in Konigsee, Germany.

7.00 Figure Skating
Highlights of the European Championships in Prague.

9.00 Boxing
Coverage of an international contest.

10.00 News
Sunday's special edition of sporting news.
10.15 Football
Programme dedicated to English clubs's involvement in the Uefa Cup.

11.15-12.30pm
Ski Jumping
Action from the World Cup in Willingen, Germany.

NIGHT TIME

SKY SPORTS 1
PREMIUM CHANNEL

6.00am Watersports World
7.00 Euro Tour Golf: Heineken Classic – LIVE
10.00 Moto-Plus
10.30 H_2O
11.00 Goals on Sunday
12noon Euro Tour Golf: Heineken Classic
Golfing action from The Vines where the world's best golfers take up the Heineken Classic challenge.

3.00pm Ford Super Sunday: Arsenal V Chelsea – LIVE
Highbury is the destination for live premiership football action between championship hopefuls Arsenal and Chelsea. Earlier on this season, Chelsea came to the Gunners' ground and ran riot in the Worthington Cup against a team featuring many reserve team players. Their squad, packed with international talent, continues to provide a challenge for the best of teams. Presented by Richard Keys.
6.30
NFL: NFL Superbowl XXXIII Preview
Hosted by Kevin Cadle.
7.00 Cricket: Australia V Sri Lanka
The best of the action from the one-day-international between Australia and Sri Lanka. *Repeat from Sky Sports 2*

10.00 Moto-Plus
Motoring mayhem.
10.30-3.30am
NFL: NFL Superbowl XXXIII – LIVE
The best two teams in the NFL are pitted against one another in this Sky Sports exclusive. Can an NFC team regain the honours or will the AFC team again walk away with them? In the commentary box is Nick Halling and former Dallas Cowboys star Brian Baldinger, whilst Kevin Cadle is joined in Miami by some of the sport's biggest names.

SKY SPORTS 2
PREMIUM CHANNEL

6.00am Aerobics Oz Style
6.30 International Cricket: Australia v Sri Lanka – LIVE
10.00 Gillette World Sport Special
10.30 Rugby Union Update: Tetley's Bitter Cup
Repeat from Saturday
12noon Football League: Birmingham v Bradford – LIVE

3.00pm International Cricket: Australia v Sri Lanka
The best of the action from the one-day international between Australia and Sri Lanka.

6.00 Snooker : Welsh Open Final – LIVE
Action from the Cardiff International Arena as the 1999 Regal Welsh Open Championship continues on day five. The tournament features many old hands from the snooker world but also showcases the talents of younger, lesser known players.

9.00 Ford Golf USA: Phoenix Open
Action from day four of the Phoenix Open which comes from the Tournament Players Club in Scottsdale, Arizona.

12midnight Euro Tour Golf: Heineken Classic
Repeat from Sky Sports 1.
3.00am
Football League Review: Birmingham v Bradford
4.00-6.00am
Scottish Football: Celtic v St Johnstone

SKY SPORTS 3
PREMIUM CHANNEL

7.30am Futures in Sport
8.00 Soccer Extra
11.00 Fight Night
Presented by Paul Dempsey.
1.00pm Snooker: Welsh Open 1999 – LIVE
The Welsh Open reaches its climax with live action from the Cardiff International Arena. The final is played over a maximum of 17 frames and is a real battle.

3.30 Gillette World Sport Special
David Jensen presents a comprehensive report on the more alternative sports from across the globe.
4.00 Superbouts: Leonard v Benitez
The 1979 WBC welterweight title fight between Leonard and Benitez.
5.00 Triathlon – 1998 World Cup
Action from the competition that consists of long distance cycling, track and swimming events.
6.00 Scottish Football: Celtic v St Johnstone – LIVE
Action presented by Jim White as current Scottish Premier League champions Celtic take on St Johnstone at Celtic Park. Both teams have had their share of turmoil so far this season. Commentary is provided by Ian Crocker and Charlie Nicholas.
8.30 Spanish Football
Action from La Liga in Spain as two of the country's top flight teams aim for a place amongst the very best in the world.

10.30-12midnight Ford Football Special: Arsenal v Chelsea
Highlights from the Premier League clash at Highbury, where champions Arsenal entertain championship hopefuls Chelsea. Commentary from Martin Tyler and Andy Gray.

Marcel Desailly and Chelsea travel to Highbury for their clash with Arsenal. Sky Sports 1 3.00pm – Live

MUTV
ADD-ON CHANNEL

6.00pm Game On
6.05 Watch This If You Love Man-U
Post-match analysis from the men in the know, plus squad members, celebrity guests, stars from the past, journalists and fans.
7.30 Red Legends
Featuring a look through the Old Trafford archives with Denis Law.
8.00 Premier Classic: Coventry City v Manchester United
Classic action featuring the classic match between Manchester United and Coventry in 1995.

10.00 Red Replays
From transfer news to controversial views, this is the show that reviews the week inside Old Trafford.
11.00
Wild About United
11.30-12midnight
Red Hot News
All the latest developments from Old Trafford.

SCI-FI
ACTION PACK

7.30am Chocky's Challenge 8.00 Battlestar Galactica 9.00 Buck Rogers in the 25th Century 10.00 Quantum Leap 11.00 FILM: Fire from the Sky
12noon FILM: Missile to the Moon *1959*
1.30pm New Alfred Hitchcock
2.00 Mystery Science Theatre 3000
The Devil Doll

3.50 Sci-Focus
A fascinating look behind the scenes of a recent science fiction blockbuster movie.
4.00 The Flash
Beat the Clock
Starring John Wesley Shipp, Amanda Pays and Alex Desert.

5.00 Tales of the Unexpected
Series of stories with a twist in the tail.
5.30 New Alfred Hitchcock
6.00 Mercy Point
Drama series.

7.00 V
Breakout
Donovan and Ham are imprisoned in a Visitor work camp guarded by a hideous alien monster.
8.00 Quantum Leap
The Wrong Stuff
Sam Beckett rockets back to 1961 and finds himself as a chimpanzee in a space capsule.
9.00 Babylon 5
Infection
A scientist smuggles some artifacts aboard *Babylon 5* that transform his assistant into an killing machine.
10.00 Lexx
Lafftrak
The crew of the *Lexx* continues its exploration of the Dark Zone.

11.00 Highlander: The Raven
Passion Play
Starring Elizabeth Gracen and Paul Johansson.

12midnight
Battlestar Galactica
Fire in Space
1.00am Buck Rogers in the 25th Century
2.00 The Tomorrow People
2.30 The Tomorrow People
3.00 The Twilight Zone
3.30-4.00am Dark Shadows

ITV2
ACCESS PACK

9.30am
Best of This Morning with Richard and Judy
Highlight's from this week's editions of the show.
11.00 Emmerdale Omnibus
Catch up with the gossip from this week's episodes.
12.30pm WWA Wrestling
Entertainment and action.
1.20 CITV2
Children's programmes.
3.30
Nature Zone: Survival

4.40
Coronation Street Omnibus
6.30 Soap Fever
Liza Tarbuck presents the live show.
7.30 Who, What, Why?
Presented by John Suchet.
8.00
Trevor McDonald Meets...
The popular newscaster talks to a wide range of guests.
8.30 Dealer's Choice
An offbeat look at buying used cars.

9.00 Wide Angle
Katie Derham looks at media coverage of the week's news.
9.30 I Suppose You Think That's Funny
Liza Tarbuck hosts the panel game that pits comedians against comic newcomers.
10.00 The Knock
Drama series about HM Customs and Excise officers.
11.00 You're Only Human
Presented by Jeff Green.
12midnight-2.00am FILM

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Free View 12.10am Viewers' Wives 12.20 FILM: Merry Widows 1.00 The Five Minute Free View 1.05 FILM continues 1.30 FILM: Adult Feature 2.40 FILM: Babe Watch 3.50 Asian Babes 4.10-5.30am FILM: Pawn Broker

ADULT CHANNEL
ADD-ON CHANNEL

12midnight Dish of the Day 12.10am Totty Try-Outs! 12.25 FILM: Love in a Stranger's Arms 1.40 .... Mobile 2.10 FILM: Best Butt in the West
Erotic feature film.
3.25-4.00am In Loving Colour
Erotic mini series.

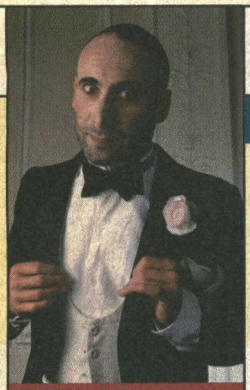
Adult Nightview is now available as a TV on-demand service between midnight and 4.00am at £3.95. See channel 50 for details

HVC
ADD-ON CHANNEL

CABLE EXCLUSIVE

8.00pm FILM: Where the Red Fern Grows – Part 2
Doug McKeon
Drama sequel sees the end of World War II.
9.30 Nightmare Maker
Jerry Walter, Dan Caldwell, John Cockram
Horror about a movie star who is a vampire.
11.05-12midnight Suburban Couples

Sunday 31 January



Antony Sher stars as a vengeful ghost in 'Genghis Cohn'. UK Arena 9.30pm

L!VE TV
ACTION PACK

CABLE EXCLUSIVE

6.00am Home Shopping 7.00 Why Files 7.30 The Fashion Show 8.00 Agony 8.30 Lie Detector 9.00 Why Files 9.30 Judge Judy 10.00 Women's Wrestling 11.00 Indecent Proposals 11.30 BodyHeat 12noon The Why Files 12.30pm Agony 1.00 Lie Detector 1.30 Agony 2.30 Indecent Proposals

3.00 Agony
Relationship advice for troubled souls.
3.30 Bangers and Smash
Stock car racing hosted by Louise Brady.
4.30 Judge Judy
The feared American judge with another case.
5.00 Judge Judy
Another tough ruling.
5.30 The Why Files
Psychic investigators go in search of the weird and the wonderful.
6.00 The Fashion Show
A look at the headlines among the hemlines.
6.30 Women's Wrestling
More action from the ring.
7.30 Agony
Relationship advice for troubled souls.
8.00 The Why Files
The weird, the wonderful and the plain spooky.
8.30 Judge Judy
The feared American judge with another case.
9.00 Sport at Nine: Bangers and Smash
Stock car racing hosted by Louise Brady.
9.57 Topless Darts
More shapely throwing.
10.00 Hollywood Uncovered
Behind the scenes of LA's porn industry.
10.30 Exotica Erotica
Adult entertainment.
11.30 Orgasmatron
11.45 Painted Ladies
11.57 Topless Darts
12midnight Hollywood Uncovered 12.30am Private Dancer 12.45 Pleasuredome 1.00 Exotica Erotica 2.00 Blue Review 2.15 Janeycam 2.30 Hollywood Uncovered 3.00 Agony 3.30 Why Files 4.00 The Fashion Show 4.30 Agony 5.00 Lie Detector 5.30 BodyHeat 5.45-6.00am Nation LIVE

● Birmingham, Edinburgh, and Manchester: local programmes at 12noon, 1.00pm, 5.00pm and 6.00pm. Two-minute local news every hour from 8.58am to 3.58pm

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Games Room
5.15 Candid Camera
Hysterical wind-ups caught on camera.
5.45 The Games Room
Viewer's quiz.
6.00 Family Fortunes
Big money gameshow hosted by Max Bygraves.
6.30 The Games Room
6.45 Name that Tune
Hosted by Jools Holland and his Rhythm & Blues Orchestra.
7.15 The Games Room
7.25 Roll with It
Celebrity pop quiz.
7.55 The Crystal Maze
A team of intrepid contestants tackles a series of ingenious games and challenges in a giant fantasy world.
9.00 The Games Room
9.15 Strike it Lucky
Michael Barrymore hosts the fast-action gameshow.
9.45 The Games Room
Viewer's quiz.
10.00 Candid Camera
10.30 Don't Feed the Gondolas
Celebrity quiz show hosted by Sean Moncrieff.
11.00 Carnal Knowledge
Contestants reveal their most intimate secrets to hosts Graham Norton and Maria McErlane.
12midnight Strike it Lucky 12.30am Name That Tune 1.00 Don't Feed the Gondolas 1.30 Roll with It! 2.00 Karaoke Challenge 2.30 Second Guess 3.00 Simply Irresistible 3.30 Give Us a Clue 4.00 Say the Word 4.30 Gladiators 5.00-6.00am Screenshop

CARLTON FOOD NETWORK
LIFESTYLE PACK

CABLE EXCLUSIVE

9.00am Network 9.30 Food for Thought 10.00 Who's Cooking Dinner? 10.30 What's Cooking? 11.00 Surprise Chefs 11.30 Kitchen College 12noon Network 12.30pm Vin Ordinaire 1.00 Feasts of the World 1.30 Modern British 2.00 From the Ground Up 2.30 Network 3.00 Superchefs 3.30 Coxon's Kitchen College 4.00 Passion for Flavour 4.30-5.00pm Chez Bruno
With chef Bruno Loubet.

CARLTON SELECT
LIFESTYLE PACK

CABLE EXCLUSIVE

5.00pm What's Cooking?
Culinary quiz show presented by Bill Dodds.
5.30 Our House
Suzi Becker presents the lifestyle series.
6.00 Pull the Other One
Celebrity gameshow hosted by Paul Coia.
6.30 Home to Roost
Any Questions
7.00 The Upper Hand
Common Entrance
7.30 Goodnight Sweetheart
Goodnight Children Everywhere
8.00 The Darling Buds of May
A Breath of French Air
The Larkins decide to escape the wet summer and head to France.
9.00 Under the Hammer
After Titian
Ben Glazier and Maggie Perowne visit New York for the auction of a Titian.
10.00 Always Afternoon
Romance between a local girl and a German internee causes trouble in the town of Arakoon.
11.00 Tanamera
In the final episode of this series set in Singapore in World War II, the Japanese surrender and John and Julie are reunited.
12midnight-1.00am The Ruth Rendell Mysteries: From Doon with Death
The arrival of a letter addressed to Margaret Parsons seems to set Wexford off on the right track to solving a mystery.

ANIMAL PLANET
WORLD PACK

12noon Eye of the Serpent
A look at snakes – one of the animals most feared by man.
1.00pm Crocodile Hunters
The Crocodile Hunter – Part I
With Steve Irwin.
1.30 Crocodile Hunters
The Crocodile Hunter – Part II
2.00 Venomous Snakes
A look at the different species of snakes indigenous to the American continent.
3.00 Crocodile Hunters
The Crocodile Hunter Goes West – Part I
3.30 Crocodile Hunters
4.00 Reptiles of the Living Desert
A documentary examining the relationship between man and beast in the Southern Morocco desert.
5.00 Crocodile Hunters
Sleeping with Crocodiles
5.30 Crocodile Hunters
Suburban Killers
6.00 River Dinosaur
A look at the Nile crocodile that inhabits nearly all of Africa's major rivers and actively targets humans as prey.
7.00 Crocodile Hunters
Dinosaurs Down Under
7.30 Crocodile Hunters
Hidden River
8.00 Wild, Wild Reptiles
Visit a place where dragons still walk the Earth, meet cobras, and stare into the jaws of a crocodile.
9.00 Crocodile Hunters
Travelling the Dingo Fence
9.30 Crocodile Hunter
Wild in the USA
With Steve Irwin.
10.00 Crocodile Hunter
Wildest Home Videos
Out-takes and a behind-the-scenes look at what makes a croc hunter.
11.00-12midnight Crocodile Hunter
Return to the Wild
Steve Irwin takes his father, Bob on a search for an injured rogue crocodile.

CABLE CHECK
Some of the channels listed may not be available in your area

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am It'll Never Work 7.30 The Great Egg Race 8.05 Pandora's Box 9.05 Armada 10.00 The Myth of the Spanish Inquisition 11.00 Top Gear GTI 12noon Tomorrow's World Plus 1.00pm Great Railway Journeys 2.00 Echo of the Elephants

3.00 Echo of the Elephants
The Next Generation
Following the developments of elephant calf Ely's next four years.
4.00 Africa's Forgotten Elephants
Accompany film-maker Cynthia Moss on her search for the unknown elephants of Africa.
5.00 Zoo's Company
Series following the lives of the keepers and animals at three very different zoos.
5.30 Crime Limited
Hosted by Nick Ross.
6.00 Vet School
It is final exams time for the students.
6.30 999 Lifesavers
More extraordinary true stories of heroism.
7.00 The House
Settling Scores
Series looking behind the scenes during a turbulent year at the Royal Opera House, Covent Garden.
8.00 Crocodile: A Wildlife Special
This film reveals crocodiles to be not only lethal hunters, but also eloquent and sociable creatures.
9.00 Airport
Behind the scenes at Heathrow airport.
9.30 War and Piste
They Obviously Didn't Like You
10.00 Hollywood Men
Vanity and Vulgarity
This series focuses on the men of Tinseltown, where appearance is the passport to sex and success.
11.00 The Birth of Horror
Dr Jekyll and Mr Hyde
Searching for the truth behind the tale of Dr Jekyll and Mr Hyde.
12midnight-1.00am Provos: IRA and Sinn Fein
Endgame
The last episode of the series tracing the history of the Irish Republican movement.

GRANADA BREEZE
LIFESTYLE/ SELECTION PACKS

6.00am E! Hollywood Story 7.00 E! Celebrity Profile 8.00 Good Housekeeping 8.30 Indoor Garden 9.00 Sally Jessy Raphael 10.00 View 11.00 Zest Beauty 11.30 Rosemary Conley's Low-Fat Cookbook 12noon Good Housekeeping 12.30pm Gorgeous Gardens 1.00 E! Hollywood Story 2.00 The View

3.00 Best of Livetime
Highlights from the past week's programmes, in which viewers are put in touch with experts and celebrities live on air.
4.00 Sally Jessy Raphael
We're Still Newlyweds... Is It Over?
American talk show about a wide range of issues.
5.00-6.00pm Best of Livetime
Highlights from the past week's programmes.

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Liquid Earth: Violent Volcano
A look at the deterioration of the island of Montserrat, torn apart by a volcano which remains a threat.
8.00 Liquid Earth: Tsunami – Killer Wave
A profile of the fast-moving, giant waves and the destruction they have caused around the world.
9.00 Liquid Earth: Flood!
A look at the most costly flood ever to strike America, which caused damage worth billions of dollars.
10.00 Mysterious World: Bigfoot Monster Mystery
Join in the search for the legendary Bigfoot in the forests of the US.
11.00 Islands in the Sky
A look at the work of Dr Tim Flannery who spent seven years searching for the Black Tree Kangaroo.
12midnight-1.00am Explorer
Follow photographer Mike Epstein as he searches for the perfect photographic moment, fly with tundra swans from the Atlantic states to Canada and Alaska and dive down 3000 feet to explore deep sea life.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

MTV
MUSIC & GAMES PACK

7.00am Kickstart
9.00 The Grind: Double Bill
10.00 Hitlist UK
UK chart rundown.
12noon News Weekend Edition
12.30pm Real World Seattle
Seven young people are thrown together in a shared house.
1.00 European Top 20
2.00 Hitlist UK
3.00 All Saints: Access Most Areas
A profile of the transatlantic chart toppers.
3.30 UK Singled Out
4.00 Select MTV
Viewers' request show.
6.00 Non Stop Hits
7.00 News Weekend Edition
7.30 Biorythm: Madonna
Musical biography of Madonna.
8.00 Bytesize MTV
9.30 News Weekend Edition
10.00 Biorythm: Mike Tyson
Biography of the notorious boxer.
10.30 MTV Live
11.00 MTV's Top Ten
12midnight The Late Lick
R&B show with Trevor Nelson.
1.00am-6.00am Night Videos

VH1
MUSIC & GAMES PACK

6.00am Breakfast in Bed 9.00 Pop-Up Video 10.00 Something for the Weekend 12noon Alan Freeman 1.00pm Human League 1.30 Rock'n'Roll Classics 2.00 Clare Grogan 3.00 New Year's Honours 3.55 Top Ten Weekend NEW 4.00 Top 10 of the 70s 5.00 Top 10 of Male Artists 6.00 Top 10 of Pop 7.00 Top 10 of the 90s 8.00 Album Chart Show 9.00 Cliff Richard 10.00 Phil Collins 11.00 Around & Around 12midnight Soul Vibration

TRAVEL
FREE BONUS CHANNEL

12noon Faces of Indonesia 12.30pm Reel World 1.00 Adventure Travels 1.30 Flavours of Italy 2.00 Gatherings and Celebrations 2.30 Voyage 3.00 Australian Train Journeys 4.00 Tales and Travels 5.00 Faces of Indonesia 5.30 Holiday Maker 6.00 Flavours of Italy 6.30 Voyage 7.00 Secrets of the Choco 8.00 Go 2 8.30 Adventure Travels 9.00 Tales and Travels 10.00 Flavours: France 10.30 Holiday Maker 11.00 Secrets of India 11.30-12midnight Reel World

UK STYLE
LIFESTYLE PACK

7.00am Gluck 7.30 Taste 8.00 Tour 8.30 Fat Man 9.00 Delia 9.30 Antiques 10.30 Rooms 11.00 Home 11.30 House 12noon Terrace 12.30pm Moves 1.00 Gluck 1.30 Taste 2.00 Cook's Tour 2.30 Fat Man 3.00 Delia 3.30 Antiques 4.30 Rooms 5.00 Home 5.30 House 6.00 Terrace 6.30 Moves 7.00 Gluck 7.30 Taste 8.00 Tour 8.30 Fat Man 9.00 Delia 9.30 Antiques 10.30 Rooms 11.00 Home 11.30 House 12midnight Terrace 12.30am-1.00am Moves

UK ARENA
LIFESTYLE PACK

3.00pm Dizzy Gillespie
4.00 FILM: Beyond a Reasonable Doubt *1956*
5.30 Elton John in Concert
6.00 Classic Albums
7.00 Reviews You Can Use
8.00 Dancing in the Street
9.00 Rutland Weekend Television
9.30 Playhouse: Genghis Cohn
11.10 Dizzy Gillespie
12.10am Rutland Weekend Television
12.40 Dancing in the Street
1.40 Reviews You Can Use
2.30-3.00am Rutland Television

Sunday 31 January

MORNING

6.00 AM

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Total Fishing 6.30 Rex Hunt 7.00 Hooked on Fishing 7.30 Hometime 8.30 Our House Down Under 9.00 Total Fishing 9.30 Rex Hunt 10.00 Hooked on Fishing 10.30 Hometime 11.30 Our House Down Under 12noon New Yankee Workshop 12.30pm Away with Words 1.00 The Car Show 1.30 The Road Show 2.00 Total Fishing 2.30 Two's Country 3.00-4.00pm Time Team

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM

4.00 Wings: Eagle Over Lebanon
The history of the F15's role in the Israeli Airforce and how the lessons learnt were used in Desert Storm.

5.00 PM

5.00 Flightline
A look at one of the last surviving B-17 Flying Fortresses.
5.30 Classic Bikes
Made in Germany

6.00 PM

6.00 Lonely Planet
Australia
Ian Wright's antipodean adventure begins at the huge international Country and Western festival.

7.00 PM

7.00 The Supernatural
Giant Snake
7.30 Creatures Fantastic
Aliens

8.00 PM

8.00 Revelation
Are crop circles messages from outer space or elaborate hoaxes? This programme attempts to solve the puzzle.

9.00 PM

9.00 Ultimate Guide to Horses
NEW A look at the endangered Przewalski's horse in the wild in its native Mongolia.

10.00 PM

10.00 Ultimate Guide to Octopus
A remarkable film of octopuses, featuring expert commentary and vivid graphics.

11.00 PM

11.00 Ultimate Guide to Whales
Profile of the whale and a look at the latest scientific research that is uncovering the mammal's secrets.

12.00

12midnight Discover Magazine
Strange Memories

NIGHT TIME

1.00am-2.00am Justice Files
Murder One
What happens when the wrong person is convicted of murder?

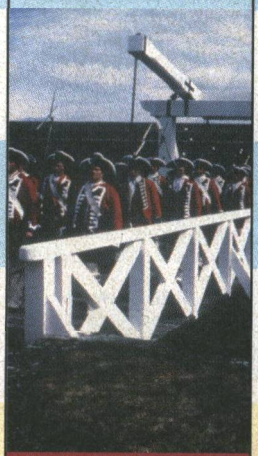
SKY SOAP
LIFESTYLE PACK

11.00am Emmerdale Farm 11.30 Emmerdale Farm 12noon Emmerdale Farm 12.30pm Emmerdale Farm 1.00 Emmerdale Farm 1.30 Albion Market 2.00 Albion Market 2.30 Albion Market 3.00 Albion Market
Lynne talks to the solicitors.
3.30-4.00pm Albion Market
Peggy sets about Oliver to bring out his true colours.

CARTOON NETWORK
FAMILY PACK

5.00am Omer 5.30 The Magic Roundabout 6.00 Fruitties 6.30 Blinky Bill 7.00 Tabaluga 7.30 Sylvester and Tweety 8.00 Powerpuff Girls 8.30 Animaniacs 9.00 Dexter's Laboratory 10.00 Cow and Chicken 10.30 I am Weasel 11.00 Beetlejuice 11.30 Tom and Jerry 12noon Flintstones 12.30pm Bugs and Daffy 12.45 Road Runner 1.00 Freakazoid! 1.30 Batman 2.00 Adventures of Jonny Quest 2.30 Mask

3.00 2 Stupid Dogs
Two toon hounds shuffle through life in a state of blissful stupidity.
3.30 Scooby-Doo
Canine adventures.
4.00 Powerpuff Girls
Girl-power animation.
4.30 Dexter's Laboratory
Chemical chaos with the bedroom professor.
5.00 Johnny Bravo
Animated comedy with the egocentric Johnny.
5.30 Cow and Chicken
Fun with the siblings.
6.00 Animaniacs
Crazy cartoon fun.
6.30 The Flintstones
Prehistoric men behaving badly – but they have big hearts in their loincloths.
7.00 Batman
Superhero action.
7.30 Fish Police
Underwater law and order is enforced by the scales of justice.
8.00 Droopy: Master Detective
Animation.
8.30-9.00pm Inch High Private Eye



'Bonnie Prince Charlie' profiles a romantic historical figure. The History Channel 7.00pm

THE HISTORY CHANNEL
WORLD PACK

4.00pm Scotland the Brave
Battle of the Clans
A look at how the Scottish Highland soldier was seen as a treacherous and barbaric savage 250 years ago.
6.00 Scotland the Brave
Bagpipes – Instruments of War
7.00-8.00pm Scotland the Brave
Bonnie Prince Charlie
Profile of the historical figure.

NICKELODEON
FAMILY PACK

7.00am Bruno the Kid 7.30 Stickin' Around 8.00 Aaahh!!! Real Monsters 8.30 Hey Arnold! 9.00 Rugrats 9.30 Doug 10.00 Angry Beavers 10.30 CatDog 11.00 The Wild Thornberrys 11.30 Ren & Stimpy Show 12noon Wishbone 12.30pm Moesha 1.00 Sister Sister 1.30 Journey of Allen Strange 2.00 Secret World of Alex Mack 2.30 Kenan & Kel

3.00 Clarissa Explains it All
Educational comedy with the ever-so-practical Clarissa.
3.30 Kablam
4.00 Hey Arnold!
Adventures with the quiffed king of cool.
4.30 Rugrats
Fun with the mischievous nappied-nippers.
5.00 Sister Sister
Domestic disharmony with the identical twins.
5.30 Kenan & Kel
Starring Kenan Thompson and Kel Mitchell.
6.00 Sabrina 6.30-7.00pm Driven Crazy

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Clueless
Comedy following the life of spoilt teenager Cher.
7.30 Grace Under Fire
8.00 Roseanne
Thanksgiving 94
The Conners receive an unexpected guest.
8.30 News Radio
Song Remains the Same
9.00 Cheers
My Fair Clavin
Cliff buys a new condo.
9.30 Cheers
Woody for Hire Meets Norman of the Apes
10.00 Taxi Double Bill
Emmy-award-winning comedy about Sunshine Cabs and the drivers behind the wheel. Starring Danny DeVito.
11.00 Dressing for Breakfast
Louise looks for Mr Right.
11.30 Larry Sanders Show
Hank's Night in the Sun
12midnight Duckman
Adult animation.
12.30am The Vacant Lot
1.00 Comedy Store
1.30 Club Class
2.00 Dr Katz
2.30 Soap
3.00 Tibs and Fibs
3.30-4.00am Nightstand

CABLE CHECK
Some of the channels listed may not be available in your area

FOX KIDS
FAMILY PACK

6.00am Beetleborgs Metallix 6.50 Eek!Stravaganza 7.00 Power Rangers Turbo 7.50 Terrible Thunderlizards 8.00 Oggy 8.50 Casper 9.00 Donkey Kong Country 10.00 Mowgli: The New Adventures of the Jungle Book 10.50 Home to Rent 11.00 Life with Louie 11.25 Life with Louie 11.50 Eek!Stravaganza 12noon Weekend Stacks: Mortal Kombat
Three-and-a-half hours of back-to-back episodes.

3.30pm Roy and Lisa's Big Ride
3.35 Mortal Kombat
The chosen warriors continue to fight against evil.
4.00 Spiderman
4.25 Mowgli: The New Adventures of the Jungle Book
Jungle fun.
4.50 Home to Rent
5.00 Goosebumps
Spooky stories.
5.25 Eerie, Indiana
Out-of-this-world series.
5.55 Donkey Kong Country
6.25 Sam and Max
6.50-7.00pm Eek!Stravaganza
Off-the-wall comedy animation.

SHOP!
LIFESTYLE/ SELECTION PACKs

6.00am Shop Selection! 7.00 Bargain Shop! 7.30 Feel Good Factor 8.30 Fitness Zone 9.30 Do it Yourself! 10.00 Home Style 11.00 Sporting Brands 12noon Jewellery Box 1.00pm Bargain Shop! 1.30 On Screen 2.30 Junior Sports Store 3.00 Silversmith 4.00 Branded!
Footwear and accessories from the hottest brands.
5.00 Shop Selection!
A glimpse of the best on offer in Shop!
6.00 Home Style
Fun ideas for kids' rooms which won't break the bank.
7.00 Sporting Brands
8.00 Silversmith
Stunning designs in Rennie Mackintosh style.
9.00 Switched on
10.00 Branded!
11.00 On Screen
12midnight Bargain Shop!
12.30am Shop Selection!
A round up of the great offers on Shop!
1.30 Silversmith
2.30 Do it Yourself!
3.00 Sporting Brands
4.00 On Screen
5.00-6.00am Branded!

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is DIY with Harry Greene at 10.00am.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am BBC News 24 9.30 Seven Days 10.30 Science Review 11.10 Dateline London 12.30pm Chronicles 2.30 Seven Days 3.30 Science Review 4.00 News 4.30 Newsround 5.00 News 7.30 Correspondent 8.00 News 8.30 Face in the Crowd 9.30 Reporters 10.00 News 10.10 Dateline London 11.30 USA Direct 12.30am Simpson's World 2.30 USA Direct 3.30 Chronicles 4.00 News 4.30 Dateline London 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 Global View 6.30 Business 7.30 Sport 8.30 World Beat 9.30 Artclub 10.30 Sport 11.30 Earth 12.30pm Science 1.00 Report 2.30 Europe 3.30 Sport 4.30 Showbiz 5.00 Late Edition 6.30 Business 7.30 Europe 8.30 Pinnacle 9.30 Best of Insight 10.30 Sport 11.00 Worldview 11.30 Style 12midnight World 2.30am World Beat 1.15 Asian 1.30 Diplomatic Licence 2.00 World 2.30 Artclub 3.00 CNN & Time 4.30-5.00am NBA

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Business 10.00 Adam Boulton 11.30 Book Show 12noon News Today 1.30pm Fashion TV 2.00 News Today 2.30 Showbiz 3.30 Review 4.30 Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 Book Show 9.30 Showbiz 10.00 Prime Time 11.30 Review 12.30am CBS News 1.30 Adam Boulton 2.30 Business 3.30 Book Show 4.30 CBS News 5.30-6.00am Global Village

INTERNATIONAL

3SAT 6.00am Tele-Akademie 6.45 Kunststreifzüge 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Europakonzert der Berliner Philharmoniker 1998 8.50 Europakonzert der Berliner Philharmoniker 1998 10.30 Beim Nächsten Kuß Knall ich Ihn Nieder 11.25 Offen 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Rückblende 12.45 Das Verborgene Paradies 1.30 Zu Gast bei Dagmar Koller 2.00 Jakob und Adele 3.00 Saat der Hoffnung 3.30 Vatikan 4.10 Offen 4.30 Teletips 5.00 Tagebuch 5.15 Die Schweiz im Januar 6.00 Heute 6.10 Markwort NeunzehnZehn 7.00 Tagesschau 7.15 China 8.14 Dokumentarfilmzeit 8.15 Mädchen am Ball 9.00 Nach dem Spiel 10.00 Gespräch mit Aysun Bademsoy 10.25 Der Kommissar 11.25-12midnight Kanada

TV5 6.00am Infos 6.05 Bus et Compagnie 7.00 Infos 7.05 Journal Télévisé de Radio Canada 7.30 Mission Pirattak 8.00 Infos 8.05 Bus et Compagnie. 9.00 Journal 9.30 Rince Ta baignoire 10.00 Thalassa 11.00 Infos 11.05 Télécinéma 11.30 Journal Télévisé France 12noon Infos 12.05pm Faut pas Rêver 1.00 Journal Télévisé 1.30 La Carte au Trésor 3.00 Journal Télévisé 3.30 Kiosque 4.05 Kiosque 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.30 Vivement Dimanche 7.00 Journal Télévisé Belge 7.30 Journal Télévisé France Télévision et Le Journal 8.00 Infos 8.05 Faut Pas Rêver 9.00 Journal Télévisé 9.30 Fiction 11.00 Journal Télévisé Suisse 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Bhakti Sagar 9.00 Vinobha Bhave 10.00 Holy Quran 10.30 Buddha 11.00 Variety 1.30pm Pakistan Business 1.30 FILM 6.00 BPL Oye 5.00 Spaghetti Junction 7.30 Fut a Fut 6.00 Paltan 6.30 Asianet Aur Aap 7.00 Daal Mein Kala 7.30 Golmaal 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight Main Anari Tu Anari 12.30am Asianet Aur Aap 1.00 FILM 4.00 Indipop 4.30 Balcony 5.00 Fut a Fut 5.30 Paltan 6.00 Chand Ghazalien 6.30 News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Kya Scene Hai 6.30 Shabads 7.00 Faith 7.30 News 8.00 Business Report 8.30 Sitaron Ka Karwan 9.00 Krishna 10.00 Out and About 10.30 Tandoori Masala 11.00 Aap Ki Adalat 11.30 Health 12noon FILM 3.00pm KTC Sa Re Ga Ma 4.00 You 4.30 Sofia 5.30 Hadd Kar Di 6.00 Adhikar 7.00 Fairdeal Antakshari 8.00 News 8.30 Daastan 9.00 Bheegi Palkein 12midnight News 12.30am World 1.00 Bangla 1.30 Raahat 2.00 FILM 5.00 Amar Kathayen 5.30-6.00am Music Time

CHRISTIAN CHANNEL EUROPE
WORLD PACK

4.00am Thought for the Day 4.05 The Sandfords 4.30 This is Your Day 5.00 Voice of Faith 5.30 Potters House 6.00 Praise the Lord 7.30 Taking Authority 8.00 Winning Ways 9.00 Life is for Living/Power for Living 9.30 Holy Ground 10.00 This Generation 10.30-11.00am This is Your Day

BLOOMBERG
WORLD PACK

Rolling business news with financial market reports on the half hour, plus: 2.19am Technology Report 4.24 Sports 5.45am Roundtable

BBC PARLIAMENT
NEWS & SPORT PACK

CABLE EXCLUSIVE

5.30am Select Committees 10.00 Welsh Lobby 10.30 Select Committees 12noon America This Week 3.00pm Scottish Lobby 3.30-12midnight Select Committees

Christmas on the streets — or safe at St Mungo's ?

pic: Bruce Tanner

It probably says a lot about St Mungo's that when we take people off the street, we find room for their best friend too. We make it our policy not to turn anyone away from our hostels if it can be avoided. Being in St Mungo's means a clean, warm bed in a safe haven. And once we accept people we do all we can to rehabilitate, retrain and resettle them. In providing accommodation for over 1000 people a night St Mungo's has set itself very high standards indeed. Will you help us to maintain those standards? We'd be grateful and so would homeless people in London, not to mention their dogs. Please send whatever you can afford, with the coupon below.

I would like to support St Mungo's work with homeless people and I enclose a cheque/po for £.....

or please debit my Visa/Access card no.....

Exp.date.....Signed.....

Name (please print).....

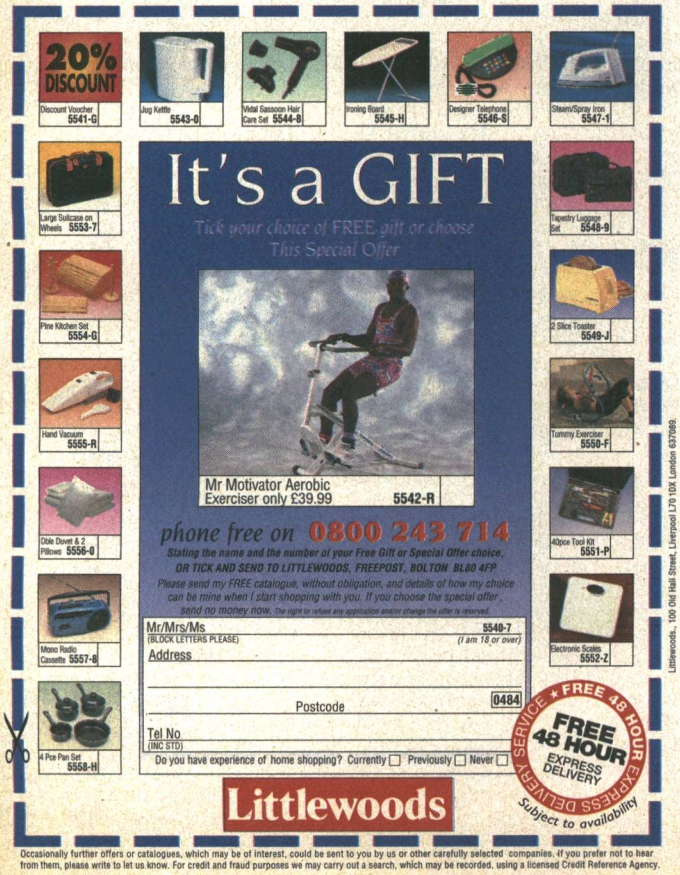
Address.....

.....

Please send to: St Mungo's, Freepost, Room 12, Atlantic House, 1-3 Rockley Road, London W14 ODJ

Charity exempt from registration (Friendly society No 20598R)

☐ please tick if you prefer us not to pass on your details to other charities

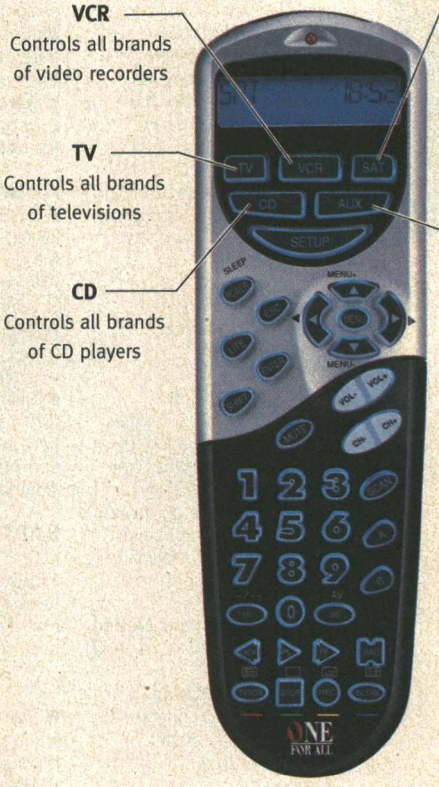

20% DISCOUNT
Discount Voucher 5541-G
Jug Kettle 5543-0
Metal Sassoon Hair Care Set 5544-B
Ironing Board 5545-H
Designer Telephone 5546-S
Steam/Spray Iron 5547-1
Large Suitcase on Wheels 5553-7
Tapestry Luggage Set 5548-9
Pine Kitchen Set 5554-G
2 Slice Toaster 5549-J
Hand Vacuum 5555-R
Tummy Exerciser 5550-F
Chile Duvet & 2 Pillows 5556-0
40pce Tool Kit 5551-P
Mono Radio Cassette 5557-8
Electronic Scales 5552-Z
4 Pce Pan Set 5558-H
It's a GIFT
Tick your choice of FREE gift or choose This Special Offer
Mr Motivator Aerobic Exerciser only £39.99 5542-R
phone free on 0800 243 714
Stating the name and the number of your Free Gift or Special Offer choice, OR TICK AND SEND TO LITTLEWOODS, FREEPOST, BOLTON BL80 4FP.
Please send my FREE catalogue, without obligation, and details of how my choice can be mine when I start shopping with you. If you choose the special offer, send no money now. The right to refuse any application and/or change the offer is reserved.
Mr/Mrs/Ms 5548-7
(BLOCK LETTERS PLEASE) (I am 18 or over)
Address
Postcode 0484
Tel No (INC STD)
Do you have experience of home shopping? Currently ☐ Previously ☐ Never ☐
FREE 48 HOUR EXPRESS DELIVERY SERVICE
FREE 48 HOUR EXPRESS DELIVERY
Subject to availability
Littlewoods
Littlewoods, 100 Old Hall Street, Liverpool L70 1DX London 637089.

Occasionally further offers or catalogues, which may be of interest, could be sent to you by us or other carefully selected companies. If you prefer not to hear from them, please write to let us know. For credit and fraud purposes we may carry out a search, which may be recorded, using a licensed Credit Reference Agency.

How many remote controls do you need?

You only need one: ONE for all!

ONE FOR ALL – a universal remote control that operates all brands of audio/video equipment.



Universal Remote No.1 Worldwide

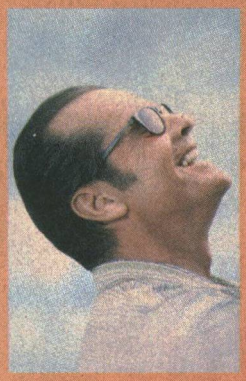
ONE FOR ALL®

Everything under control

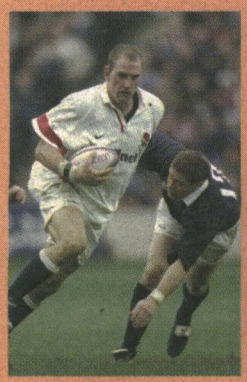
Available at all good retailers

ONE FOR ALL (UK) Ltd · P.O. Box 3332 · 7500 DH Enschede · Netherlands

NEXT MONTH IN CABLE GUIDE



'AS GOOD AS IT GETS' ON SKY BOX OFFICE



'WE'RE FEELING VERY CONFIDENT.' THE OPTIMISTIC ENGLAND RUGBY CAPTAIN LAWRENCE DALLAGLIO (ABOVE) TALKS ABOUT HIS TEAM'S CHANCES IN THEIR FIVE NATIONS CLASH AGAINST ARCH-RIVALS SCOTLAND

'FRIENDS' STAR LISA KUDROW BIDS FOR MOVIE SUCCESS

VIEWERS' VIEWS

Drop us a line! Write to: The Editor, *Cable Guide*, 172 Tottenham Court Road, London W1P 0JJ. Email: viewers@cablegde.demon.co.uk
There's a £5 prize for the best letter!

Indra Ové of 'Space Island One', a 'pretender to the throne of the best sci-fi programme on cable'

SPACE ISLAND TWO?

CAN you tell me when the new series of the excellent *Space Island One* will be shown on Sky One? I've missed my regular dose of the show's great storylines. It was so refreshing to see a sci-fi series that was thoroughly believable and that didn't rely on flashy computer-generated special effects to carry the story. *Babylon 5* finally has a pretender to the throne of best sci-fi programme on cable.

Andy Johnson
Nottingham

● *Sky replies: 'Space Island One will definitely be returning to Sky One, but there are no confirmed dates at the moment.'*

FIVE ALIVE

THANKS to Sci-Fi for showing *Babylon 5*. It's the first time I've managed to watch the whole series from start to finish. The story and the characters are portrayed so well that you can almost believe the situations are real. Congratulations on a brilliant series.

J Llewin
e-mail

FILMFOUR QUALITY

I WOULD like to congratulate FilmFour on the quality of the films it screens. I love the channel's taste in films such as *Trainspotting* and *Reservoir Dogs*. It provides a great change from the glamour and glitter of Hollywood. Well done!

Lindsey Bissett
South Shields
Tyne and Wear

BAD MARKETING SLEW BUFFY

I HAVE recently read with some concern that Sky One pulled the highly enjoyable *Buffy the Vampire Slayer* from the schedules because the ratings were unsatisfactory. I have also read that it is possible that the last six episodes of season two may not be shown and that Sky One has yet to commit to buying season three. I hope that Sky One will quickly re-evaluate its position with regard to *Buffy the Vampire Slayer* and possibly accept that any poor viewing figures could be down to the way the show was marketed. Advertising it in the same breaks as *Xena: Warrior Princess* and *Hercules*, both of which must appeal to a vastly different audience, was surely a mistake. The show has a growing fan base and is a huge hit in America. It deserves more than to be unceremoniously dropped.

Steve Damarell
e-mail

● *Sky replies: 'We will be broadcasting the last six episodes of* Buffy, *Steve, though we have no definite dates as yet. We haven't ruled out buying the next series of the show, so keep your eye on* Cable Guide *for further details.'*

ADDICTED TO ADRENALINE

I WOULD like to thank Living for screening the fabulous *Adrenaline Junkies* – I have to admit I am totally hooked. Will there be another series?

Mrs L Brookes
Warrington, Cheshire

● *Living replies: 'Unfortunately, we do not have any plans to make another series of* Adrenaline Junkies.'

BART'S SWANSONG?

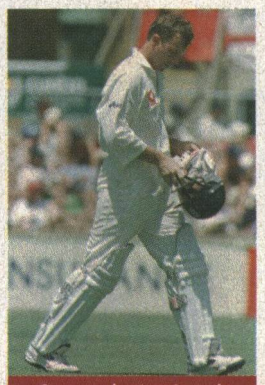
I LOVE Sky One's *The Simpsons* and look forward to every episode. Is it true that the last ever episode has been made?

J A Sumner
Preston

● *Sky replies: 'As far as we know,* The Simpsons *will continue to be made for the foreseeable future. However, the characters that were voiced by the late actor Phil Hartman will not be appearing in the series again.'*

BOWLED OVER BY SKY SPORTS

I WOULD like to congratulate Sky Sports on its excellent coverage of the Ashes series and the South Africa v West Indies Test. I get ready for cricket every night. I stay up very late to watch the Ashes, ready to see some action and



One reader 'can't wait until 'the first ball is bowled' on Sky Sports' coverage of cricket

plenty of runs. My friends and I visit each other's houses to watch it. We can't wait until the first ball is bowled.

Vijay Patel
Bilston, West Midlands

● *Congratulations, Mr Patel, you've won our £5 prize for best letter.*

SKY'S ABOVE AND BEYOND

I WOULD like to compliment Sky One on its wide range of programmes. My favourite is *Space: Above and Beyond* because I absolutely love Rodney Rowland who plays Cooper Hawkes.

Lakshmi Ware
York

BRING ON THE KNIGHT

WHILE flicking through the December issue of *Cable Guide*, I was pleased to find a feature on my favourite vampire series, *Forever Knight*. I have watched the show since I discovered it on Sky One in 1996, but articles on the series and its star, the extremely talented Geraint Wyn Davies, have been almost impossible to find in any of the British sci-fi and fantasy magazines. Thank you for giving this wonderful series a mention.

Kat Walker
e-mail

MORE VINTAGE MOVIES PLEASE

I AM 26 and a have been a huge fan of Abbott and Costello movies since the age of 13. I have been looking out for their films on cable, but they seem to be put on either very rarely or in the early hours of the morning. TNT are supposed to be devoted to showing classic films, but you don't see the films of Laurel and Hardy, Will Hay, George Formby or Bob Hope on the channel.

A Kumar
e-mail

THE ART OF DISCOVERY

I HAVE recently had cable television installed and I am pleased with the programmes on offer. I especially like *Joy of Painting* with Bob Ross on Discovery Home & Leisure. Looking at the episode numbers, it's clear that the series has been running for a considerable time. What a shame I have missed so many episodes! I was disappointed to see in the December *Cable Guide* that the series is not scheduled after New Year's Eve. Will it be returning in the near future? I do hope so. I am retired and the programme has prompted me to take up painting.

Mr R Smith
Stoke-on-Trent

● *Discovery Home & Leisure replies: 'There won't be any more new series of* Joy of Painting *as, sadly, the show's presenter, Bob Ross, passed away several years ago. However, we have a huge library of episodes and we plan to show them sometime in the New Year, although we have no confirmed dates at the moment.'*

TELEVISION FOR THE BRAINY

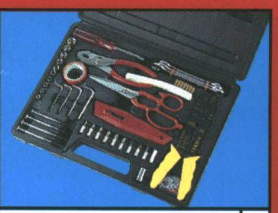
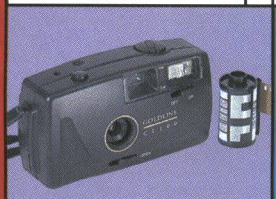
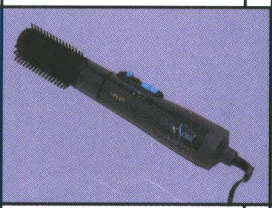
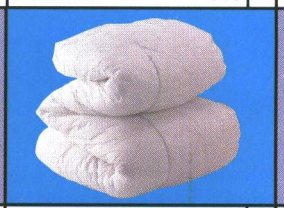
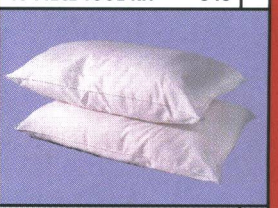
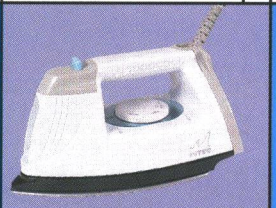
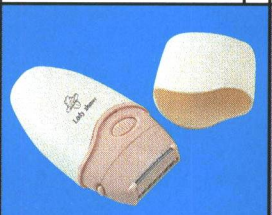
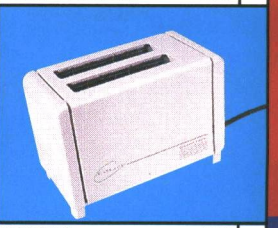
ROLL on the day of real TV choice for people with an IQ above 110. Could someone explain to me why *The Bill* is on [UK Gold] five times a day? I expect the answer would be, 'It's very popular'! It's time for elitist TV that makes the brain cells work! Has anyone considered a non-stop drama/science channel with wall-to-wall Ionesco, Camus, Molière, Beckett and Mann, interspersed with documentaries on linguistics, quantum theory, biological determinalism or late 20th-century philosophy? I would happily subscribe! Surely the potential advertising revenues alone make such a venture very attractive.

Matt Peck
Ealing, London

Inquiries about your Cable TV service should be directed to your local Cable TV company, while queries concerning future programmes should be sent to the relevant channel (addresses page 41). Letters appearing in 'Viewers' Views' may be edited for length.

PHOTOS: BSKYB, IDOLS, EMPICS

choose a fantastic free GIFT

		free £15 TO SPEND IN YOUR CATALOGUE Minimum Order Value £30		
5 PIECE LUGGAGE SET 783	10 PIECE TOWEL BALE 933	£15 VOUCHER 293	KEYBOARD 513	40 PIECE TOOL KIT 343
				
35mm CAMERA 423	RADIO ALARM 073	HOT AIR BRUSH 163	DOUBLE DUVET 443	PACK 2 PILLOWS 033
				
KETTLE 083	STEAM IRON 053	LADY TRIMMER 273	TELEPHONE 433	TOASTER 103

empire

CALL FREE

0800 777 000

QUOTING: EAL AND THE NUMBER OF YOUR FREE GIFT. LINES OPEN 8AM - 11PM

Choose the empire catalogue for everything you need.

PLUS

- Freefone ordering
- Fast FREE delivery
- 14 days FREE home approval

Simply tick your FREE gift choice, complete your details and post free to - **EMPIRE, FREEPOST, BRADFORD BD99 4BR.** Or phone Free! See details opposite.

Mr/Mrs/Miss/Ms_____ **Initials**_____ **EAL**

Surname_____

I am over 18. Block capitals please.

Address_____

_____

_____

_____ **Postcode**_____

Further offers may be sent to you by other companies. If you would prefer us not to use your information in this way please tick this box. ☐ For credit purposes we will carry out a search using a licensed credit reference agency, who will record it. We reserve the right to restrict or refuse applications and substitute gifts where necessary. Your Free gift will be dispatched when we receive your first payment. We welcome applications from the UK, Channel Islands and BFPO Germany. Written quotations on request.

Empire Stores Limited. Registered Office: 18 Canal Road, Bradford BD99 4XB Registered in England No. 110433

472 1995

OUR LOWEST EVER RATES

Lombard Direct

THE PERSONAL LOAN SERVICE

UP TO 3% OFF THE APR ON LOANS OF £5,000 AND OVER.

"A PERSONAL LOAN OVER THE PHONE? HERE'S A GUIDE."

WHY'S A LOMBARD DIRECT LOAN BETTER?

Let me take you on a guided tour:

- Our unsecured loans range from £800 to £15,000
- You can use one for almost anything you like
- Rates reflect your circumstances and loan amount
- For loans of £8,000 and over, our typical rate (the rate more of our customers pay than any other) is **10.9% APR**
- For loans of between £5,000 and £7,999, our typical **APR** is **11.9%**
- For loans of between £2,000 and £4,999, our typical **APR** is **13.9%**
- For loans under £2,000, our typical **APR** is **16.9%**
- You can repay over 2, 3, 4 or 5 years
- The interest rate stays fixed over the loan period
- Your repayments are guaranteed to remain the same
- There is no complicated paperwork
- We have no administration fees
- You can apply 24 hours a day - 7 days a week
- No-one beats our commitment to personal service and customer care.

HOW DO I APPLY?

You are welcome to apply for a loan if you:

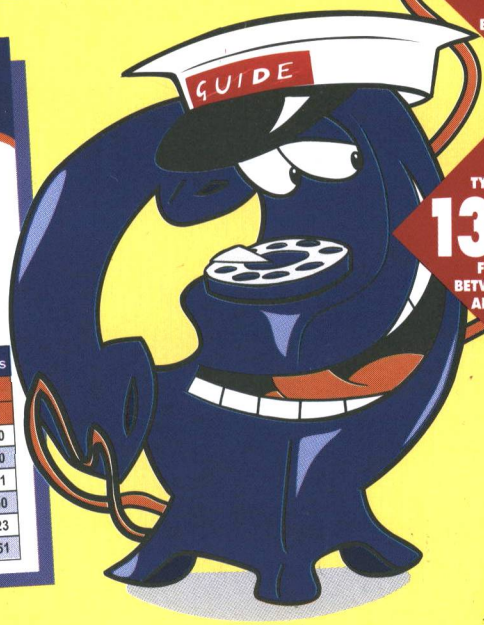
- do not have any County Court Judgments
- are aged between 22 and 65
- have a bank or building society current account
- are resident in the UK mainland.

Call us free on **0800•2•15000***. We'll ask a few more questions about your home, work, bank or building society, income and outgoings. And we'll usually give you a decision there and then. It's that simple.

TYPICAL DISCOUNTED APR **11.9%** FOR LOANS BETWEEN £5,000 AND £7,999

TYPICAL DISCOUNTED APR **10.9%** FOR LOANS OF £8,000 AND OVER

TYPICAL APR **13.9%** FOR LOANS BETWEEN £2,000 AND £4,999



WHAT'S A TYPICAL EXAMPLE?

For a loan of £4,000 repayable over 36 months, each monthly repayment would be £134.94. The total amount payable would be £4,857.84. **APR 13.9%.**

For your peace of mind, we offer a Repayment Protection Plan. The 'RPP'** covers your repayments in the event of accident, illness or even redundancy.

SELECTED MONTHLY REPAYMENTS AT OUR TYPICAL APRs

	AMOUNT	£1000	£2000	£5000	£8000
	TYPICAL APR	16.9%	13.9%	11.9%	10.9%
24 Months	With RPP**	£55.85	£108.45	£265.71	£420.80
	Without RPP**	£48.82	£95.16	£233.72	£370.60
36 Months	With RPP**	£41.82	£80.01	£194.04	£305.71
	Without RPP**	£35.01	£67.47	£164.39	£259.60
60 Months	With RPP**	–	£58.15	£138.09	£215.23
	Without RPP**	–	£45.59	£109.45	£171.51

WHAT DO I DO NEXT?

FOR A LOAN FROM

£800 TO £15,000

SIMPLY CALL

0800•2•15000*

AND QUOTE REFERENCE NO. 472 1995

FOR LOANS, SAVINGS AND INSURANCE SIMPLY CALL

0800•2•15000*

LINES OPEN 24 HOURS A DAY - 7 DAYS A WEEK

*Telephone calls may be monitored/recorded for staff training purposes.

**The Repayment Protection Plan is underwritten by either Pinnacle Insurance plc or London and Edinburgh Insurance Company Limited and London and Edinburgh Life Assurance Company Limited, for whom Lombard Bank acts as company agent and for whose conduct the insurers accept responsibility in relation to the insurance.

All information and rates correct at time of going to print. For loans taken out over a period of 48 or 60 months the amount you borrow should not be less than £2,000. A written quotation is available on request by writing to Lombard Direct, Lombard Bank Limited, Lombard House, 339 Southbury Road, Enfield, Middlesex EN1 1TW. Credit is available to anyone aged 22 to 65 subject to status and conditions. Lombard Direct and the telephone character are registered trademarks.